

March 22, 2003

[Recap](#)

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Hy-Tek's Meet Manager
2003 Aztec Track and Field Classic - 3/22/2003
3/22/2003
Results

Women 100 Meter Dash

Name	Year School	Finals	Wind	H#
1 Dyer, Tonette	San Diego State	11.74	0.8	6
2 McKelvy, Miesha	Sheffield Elite	11.76	0.8	6
3 Ireland, Nicole	San Diego State	11.87	0.8	6
4 Balogun, Nikelola	Split Second Tra	11.89	0.8	6
5 Smedley, Melinda	San Diego State	11.90	0.7	5
6 Perry, Tara	Sheffield Elite	11.91	0.8	6
7 McKinley, Akiba	High Performance	12.00	0.8	6
8 Edwards, Angel	Sheffield Elite	12.19	0.7	5
9 Swan, Lena	Stars and Stride	12.35	0.7	5
10 Horn-Nelson, Venetia	Paradise Valley	12.36	-1.3	4
11 Howell, Magnolia	Mt. Sac	12.50	-1.3	4
12 Schonery, Kelly	Southern Utah Un	12.53	0.7	5
13 McClendon, Miesha	Univ of Las Vega	12.61	-0.6	3
14 Ylonen, Jill	University of St	12.72	-0.6	3
15 Griffin, Jilita	San Diego State	12.85	0.7	5
15 Jackson, Andrea	Cal State San Ma	12.85	-0.6	3
17 Anderson, Jessica	Mt. Sac	12.90	-0.6	3
18 Houle, Heather	Southern Utah Un	12.94	-1.3	4
19 Williams, Raelene	Southern Utah Un	12.99	-0.6	3
20 Scott, Danelle	Riverside Commun	13.07	-0.6	3
21 Washington, Shante	El Camino Colleg	13.08	-1.3	4
22 Grigsby, Kristal	University of St	13.10	-0.5	2
23 Robbs, Laneta	Riverside Commun	13.11	-1.5	1
24 Tsu, Liz	UC San Diego	13.17	-0.6	3
25 McClinton-Polk, Okima	Mt. Sac	13.25	-0.6	3
26 Clark, Megan	Southern Utah Un	13.33	-0.6	3
27 Brown, Alicia	Mt. Sac	13.49	-0.5	2
28 Dublin, Lacey	Cuyamaca College	13.50	-1.5	1
29 Kasciewicz, Jess	Middlebury Colle	13.53	-0.5	2
30 Florence, Tammy	Riverside Commun	13.62	-1.5	1
31 Burgos, Damitria	Mt. Sac	13.66	-1.5	1
32 Runta, Erin	University of St	13.83	-1.5	1
33 Berkowitz, Sarah	Middlebury Colle	13.96	-1.5	1
33 Salek, Stephanie	Middlebury Colle	13.96	-0.5	2
35 James, Shana	Middlebury Colle	14.07	-0.5	2
36 Conerly, Vanessa	Cuyamaca College	14.18	-1.5	1
37 Seibel, Megan	University of St	14.34	-1.5	1
38 Ramseyer, Tiphany	Santiago Canyon	14.68	-1.5	1
39 Dinkins, Gracie	Split Second Tra	18.64	-0.5	2

Women 200 Meter Dash

Name	Year School	Finals	Wind	H#
1 Dyer, Tonette	San Diego State	24.07	-1.8	5
2 Balogun, Nikelola	Split Second Tra	24.18	-1.8	5
3 Dinkins, Gracie	Split Second Tra	24.21	-1.8	5
4 Perry, Tara	Sheffield Elite	24.36	-1.8	5

5	Smedley, Melinda	San Diego State	24.71	-1.8	5
6	Edwards, Angel	Sheffield Elite	25.09	1.4	4
7	Howell, Magnolia	Mt. Sac	25.28	1.4	4
8	Givens, Hollann	San Diego State	25.34	1.4	4
9	White, Teniko	Split Second Tra	25.56	0.5	3
10	Kanazawa, Yvonne	Sheffield Elite	25.69	-1.8	5
11	Houle, Heather	Southern Utah Un	25.79	1.4	4
12	Winters-Dixon, Anita	Southern Calif C	25.85	1.4	4
13	Smart, Krystle	Southern Utah Un	25.88	1.4	4
14	Vogel, Heidi	University of St	25.95	0.5	3
15	Griffin, Jilita	San Diego State	25.97	0.5	3
16	Ylonen, Jill	University of St	26.19	0.5	3
17	Whiting, Ashley	Southern Utah Un	26.36	1.4	4
18	Rice, Lasheena	San Diego Mesa	26.53	1.3	2
19	Tsu, Liz	UC San Diego	26.64	0.5	3
20	Grigsby, Kristal	University of St	26.93	1.3	2
21	Ossai, Ngozi	El Camino Alumni	27.00	0.5	3
22	Gray, Danelle	Southern Utah Un	27.29	0.5	3
23	Wolff, Alicia	University of St	27.49	1.3	2
24	Russell, Dalila	Univ of Las Vega	27.65	0.5	3
25	Ferguson, Danita	Riverside Commun	27.74	1.3	1
26	Joyce, Katie	University of St	27.83	1.3	2
27	Scott, Danelle	Riverside Commun	27.87	1.3	2
28	Brechtel, Stefanie	UC San Diego	28.00	1.3	1
29	Nagel, Kirsten	Middlebury Colle	28.06	1.3	2
30	Kasciewicz, Jess	Middlebury Colle	28.14	1.3	2
31	Parker, Meylonn	Univ of Las Vega	28.24	1.3	1
32	Salek, Stephanie	Middlebury Colle	28.41	1.3	2
33	Dublin, Lacey	Cuyamaca College	28.50	1.3	1
34	Newman, Erin	UC San Diego	28.64	1.3	1
35	Mitchell, Princess	Cuyamaca College	29.29	1.3	1
36	Ramseyer, Tiphany	Santiago Canyon	29.98	1.3	1
37	Lowery, Thelma	Cuyamaca College	30.14	1.3	1

Women 400 Meter Dash

Name	Year School	Finals	H#
1 Taylor, Brenda	Sheffield Elite	52.56	6
2 Megan, Addy	Sheffield Elite	53.24	6
3 Mills, Tanisha	Sheffield Elite	53.67	6
4 Danvers, Natasha	Nike	53.78	6
5 Wilson, Linetta	South Bay Track	53.87	6
6 Dyer, Tonette	San Diego State	55.02	6
7 Daigle, Angela	Southern Calif C	55.26	6
8 Smedley, Melinda	San Diego State	55.61	5
9 McNair, Bianca	San Diego State	55.89	6
10 Frary, Aja	High Performance	56.10	5
11 Titus, Jamillah	San Diego State	56.57	5
12 Givens, Hollann	San Diego State	56.82	5
13 Evans, Nicole	Split Second Tra	57.00	6
14 Carmier, Nicole	San Diego State	57.05	5
15 Lasswell, Alisha	San Diego State	57.28	4
16 Horn-Nelson, Venetia	Paradise Valley	57.39	4
17 Whiting, Ashley	Southern Utah Un	57.90	5
18 Richards, Kelly	Southern Utah Un	58.20	5
19 Downey, Luci	Cal State San Ma	58.38	4
20 Sharrieff, Tianikka	Univ of Las Vega	59.43	4
21 Brown, Arriane	Southern Utah Un	59.92	4
22 Porter, Maryanne	Middlebury Colle	1:00.15	3
23 Duncan, Jackie	San Diego State	1:00.55	2
24 Gray, Danelle	Southern Utah Un	1:00.63	4
25 Cendejas, Tassia	Mt. Sac	1:00.97	4
26 Ossai, Ngozi	El Camino Alumni	1:01.39	3

27	Perry, Kelsey	Paradise Valley	1:01.52	1
28	Goossens, Kristen	Mt. Sac	1:02.06	3
29	Clark, Megan	Southern Utah Un	1:02.50	2
30	Jimenez, Abril	Cal State San Ma	1:02.54	4
31	McKee, Mary	University of St	1:02.73	2
32	James, Shana	Middlebury Colle	1:03.09	2
33	Harns, Elizabeth	Cuyamaca College	1:03.35	3
34	Black, Chanel	El Camino Colleg	1:03.75	2
35	Parker, Meylonn	Univ of Las Vega	1:04.55	1
36	Ryan, Kelli	Concordia Univer	1:04.57	2
37	Thacker, Melissa	Middlebury Colle	1:04.83	3
38	Haynie, Gemita	Mt. Sac	1:05.69	1
39	Tingey, Amanda	Arizona Mesa Col	1:06.64	3
40	Lowery, Thelma	Cuyamaca College	1:07.99	1
41	Olvado, Alma	Southwestern	1:17.21	1

Women 800 Meter Run

Name	Year School	Finals	
1	Wilson, Linetta	South Bay Track	2:08.04
2	Ermeling, Genevieve	Puro Pro	2:13.23
3	Edwards, Kylie	San Diego State	2:13.81
4	Smock, Teresa	University of St	2:13.97
5	Titus, Jamillah	San Diego State	2:14.58
6	Dusich, Tish	University of St	2:14.69
7	Lasswell, Alisha	San Diego State	2:14.72
8	Nanista, Jennifer	Sheffield Elite	2:16.66
9	Hupp, Mollie	University of St	2:17.30
10	Carmier, Nicole	San Diego State	2:17.76
11	Richards, Kelly	Southern Utah Un	2:19.95
12	Montano, Melissa	Arizona Mesa Col	2:19.98
13	Brown, Arriane	Southern Utah Un	2:20.51
14	Perkins, Natalie	Concordia Univer	2:20.75
15	McNair, Bianca	San Diego State	2:22.57
16	Byrne, Ann Marie	Cal State San Ma	2:23.45
17	Marin, Carissa	Cal State San Ma	2:24.98
18	Harns, Elizabeth	Cuyamaca College	2:25.11
19	Hobson, Holly	Concordia Univer	2:25.30
20	Franczyk, Kassandra	Paradise Valley	2:25.42
21	Williams, Allie	Middlebury Colle	2:26.41
22	Duncan, Jackie	San Diego State	2:26.57
23	Klitzing, Anna	Concordia Univer	2:26.72
24	Gambino, Megan	Middlebury Colle	2:27.38
25	Bonano, Antoinette	Scottsdale Commu	2:28.71
26	Hammond, Erin	Univ of Las Vega	2:30.14
27	Harns, Meredith	Cuyamaca College	2:31.54
28	Walsh, Heather	Univ of Las Vega	2:31.88
29	Rheingold, Christina	Mt. Sac	2:33.43
30	Nicoll, Hallie	Middlebury Colle	2:36.10
31	Underwood, LataSha	Riverside Commun	2:37.16
32	Matute, Monica	Univ of Las Vega	2:39.17
33	Espinoza, Veronica	Cuyamaca College	3:00.09

Women 1500 Meter Run

Name	Year School	Finals	
1	Ermeling, Genevieve	Puro Pro	4:33.44
2	Sung, Audrey	UC San Diego	4:33.50
3	Bezanson, Alisha	Southern Utah Un	4:40.86
4	Edwards, Kylie	San Diego State	4:44.93
5	Ortega, Claudia	South Bay Track	4:47.11

6	Shartleff, Heather	Concordia Univer	4:47.37
7	Stalker, Lindsey	UC San Diego	4:47.88
8	Stewart, Alicia	San Diego State	4:48.37
9	Bair, Jenni	Unattached	4:48.53
10	Marley, Tiffany	Univ San Diego	4:49.32
11	Lara, Christina	Mt. Sac	4:51.33
12	Hart, Stephanie	Southern Utah Un	4:52.53
13	Power, Brigid	University of St	4:53.12
14	Quilter, Natalie	Southern Utah Un	4:53.57
15	Contreras, Alejandra	Mt. Sac	4:57.59
16	Hodgins, Mimi	UC San Diego	4:58.10
17	Perkins, Natalie	Concordia Univer	4:59.52
18	Castelazo, Valerie	Concordia Univer	4:59.58
19	Wilborn, Camille	Cal State San Ma	5:00.36
20	Byrne, Ann Marie	Cal State San Ma	5:00.37
21	Gardiner, Lillian	UC San Diego	5:00.95
22	Franczyk, Kassandra	Paradise Valley	5:01.40
23	Branson, Kate	UC San Diego	5:02.75
24	Pope, Julie	UC San Diego	5:04.01
25	Read, Kathy	UC San Diego	5:05.17
26	Ochoa, Claudia	Concordia Univer	5:05.31
27	Lugo, Jessica	El Camino Colleg	5:06.38
28	Schmutz, Megan	Southern Utah Un	5:08.04
29	Bunker, Katie	UC San Diego	5:09.39
30	Loughlin, Sarah	Scottsdale Commu	5:10.77
31	Klitzing, Anna	Concordia Univer	5:10.97
32	Acosta, Michelle	Mt. Sac	5:13.47
33	Quisenberry, Naomi	Mt. Sac	5:15.04
34	O'Brien, Colleen	Univ of Las Vega	5:15.06
35	Perez, Maria	San Diego Mesa	5:19.16
36	Hammond, Erin	Univ of Las Vega	5:19.69
37	Zahira, Macedo	Unattached	5:20.85
38	Johnson, Karen	San Diego Mesa	5:21.18
39	Matute, Monica	Univ of Las Vega	5:23.22
40	Walsh, Heather	Univ of Las Vega	5:24.74
41	Harns, Meredith	Cuyamaca College	5:25.84
42	O'Campo, Veronica	Unattached	5:27.80
43	Ditch, Debbie	Mt. Sac	5:32.15
44	Hughes, Katie	Univ of Las Vega	5:38.37
45	Gombo, Toni	Mt. Sac	5:39.01
46	Rivera, Brenda	Santiago Canyon	6:00.24
47	Sandoval, Lynette	Santiago Canyon	6:05.10

Women 5000 Meter Run

Name	Year School	Finals	
1	Bezanson, Alisha	Southern Utah Un	17:43.64
2	Hart, Stephanie	Southern Utah Un	17:44.60
3	Resendez, Michelle	Stapped Jock Rac	17:45.08
4	Zarnot, Jessica	Univ of Las Vega	17:54.21
5	Suszek, Michele	Univ of Las Vega	18:05.05
6	Cawley, Marisa	Middlebury Colle	18:17.26
7	Carbajal, Berenice	Concordia Univer	18:21.21
8	Caples, Mara	Split Second Tra	18:22.64
9	Palmer, Sharon	Paradise Valley	18:29.93
10	Serna, Rosa	Southwestern	18:32.49
11	Gurgel, Nicole	University of St	18:42.51
12	Fodor, Tira	San Diego State	18:49.63
13	Harvey, Ivette	Cuyamaca College	18:59.42
14	Hetter, Jessica	Paradise Valley	19:10.37
15	Niblett, Katherine	Cal State San Ma	19:15.62
16	Acothley, Kristina	Arizona Mesa Col	19:16.61
17	Rinehart, Kelsey	Middlebury Colle	19:17.51

18	Rumble, Cara	Unattached	19:35.18
19	Rameriz, Javkie	Mt. Sac	19:36.37
20	Cohen, Melissa	Middlebury Colle	19:36.48
21	Amster, Julie	San Diego State	19:42.15
22	Ojeda, Bertha	Alliant Internat	19:46.56
23	Preston, Laura	San Diego State	19:53.62
24	Magnuson, Beth	Unattached	19:57.02
24	Johnson, Karen	San Diego Mesa	19:57.02
26	Moreno, Maria	Unattached	20:01.00
27	Glover, Margery	Middlebury Colle	20:08.20
28	Fairing, Christian	San Diego State	20:09.51
29	Lugo, Liz	El Camino Colleg	20:10.85
30	Warnecke, Dennise	El Camino Colleg	20:15.66
31	Carrillo, Yolanda	Cal State San Ma	20:22.96
32	Arellano, Diana	El Camino Alumni	20:24.40
33	Reyes, Marissa	Arizona Mesa Col	20:30.85
34	Parry, Katie	San Diego State	20:41.45
35	Grimes, Erinn	Middlebury Colle	21:13.30
36	Sanders, Laura	Southwestern	21:43.14
37	Olavin, Olympin	Cal State San Ma	22:58.79
38	Youmans, Naomi	Concordia Univer	23:24.52

Women 100 Meter Hurdles

Name	Year School	Finals	Wind	H#	
1	Danvers, Natasha	Nike	13.52	-3.3	5
2	Stone, Felicia	Sheffield Elite	13.55	-3.3	5
3	Ladouceur, Brigitte	Univ of Las Vega	13.84	-3.3	5
4	O'Haeri, Chitua	High Performance	13.86	-3.3	5
5	Taylor, Brenda	Sheffield Elite	14.12	-3.3	5
6	Ireland, Nicole	San Diego State	14.13	-3.3	5
7	Neal, Natasha	Unattached	14.29	-3.3	5
8	Perry, Tara	Sheffield Elite	14.30	-1.9	4
9	Reed, Kiyota	Univ of Las Vega	14.37	-1.9	4
10	<u>Miller, Leslie</u>	San Diego State	14.45	-1.9	4
11	Escudero, Maggi	Nebraska	14.49	-1.9	4
12	Schonery, Kelly	Southern Utah Un	14.59	-1.9	4
13	McClendon, Miesha	Univ of Las Vega	14.80	-0.7	3
14	<u>Meyer, Shanon</u>	San Diego State	15.09	-0.7	3
15	Anderson, Jessica	Mt. Sac	15.15	-1.9	4
16	Brown, Alicia	Mt. Sac	15.61	-0.7	3
17	Caldwell, Lisa	UC San Diego	15.64	-1.0	2
18	Hunzeker, Pam	Arizona Mesa Col	15.65	-0.7	3
19	Fardley, Kandice	Southern Utah Un	15.81	-1.0	2
20	Kaylin, Siever	UC San Diego	15.83	-0.7	3
21	Oldroyd, Sara	Southern Utah Un	15.99	-0.7	3
22	Robertson, Shanna	Arizona Mesa Col	16.15	-1.0	2
23	<u>Smith, Lisa</u>	San Diego State	16.50	-0.7	3
24	Sims, Alex	Arizona Mesa Col	16.55	-1.0	2
25	Bauman, Molly	University of St	16.79	-1.0	2
25	McGhehay, Sarah	Concordia Univer	16.79	-1.0	2
27	Perry, Meredith	UC San Diego	17.17	-1.9	4
28	Asay, Erin	Cuyamaca College	17.47	-1.0	2
29	Florence, Tammy	Riverside Commun	18.27	0.5	1
30	Kroh, Kym	Riverside Commun	18.55	0.5	1
31	Lopez, Terri	Cuyamaca College	19.50	0.5	1

Women 400 Meter Hurdles

Name	Year School	Finals	H#	
1	Taylor, Brenda	Sheffield Elite	55.38	3

2	Megan, Addy	Sheffield Elite	56.34	3
3	Mills, Tanisha	Sheffield Elite	56.96	3
4	Smith, Le'gretta	Unattached	59.04	3
5	Ireland, Nicole	San Diego State	59.24	3
6	Meyer, Shanon	San Diego State	1:01.00	2
7	Horn-Nelson, Venetia	Paradise Valley	1:02.10	2
8	Peters, Ryan	San Diego State	1:02.44	3
9	Williams, Raelene	Southern Utah Un	1:03.21	2
10	Cendejas, Tassia	Mt. Sac	1:03.22	2
11	Miller, Leslie	San Diego State	1:03.30	3
12	Oldroyd, Sara	Southern Utah Un	1:03.83	3
13	Perry, Kelsey	Paradise Valley	1:04.48	2
14	Porter, Maryanne	Middlebury Colle	1:04.60	2
15	Fardley, Kandice	Southern Utah Un	1:04.70	2
16	Groupe, Shelley	Southern Calif C	1:05.85	3
17	Robertson, Shanna	Arizona Mesa Col	1:06.48	2
18	Schonery, Kelly	Southern Utah Un	1:06.56	2
19	Sims, Alex	Arizona Mesa Col	1:07.11	1
20	Bauman, Molly	University of St	1:09.43	1
21	Jones, Tanera	San Diego Mesa	1:09.56	1
22	Thacker, Melissa	Middlebury Colle	1:09.99	1
23	Williams, Allie	Middlebury Colle	1:10.34	1
24	Nguyen, Sheila	UC San Diego	1:10.37	1
25	McKee, Mary	University of St	1:10.90	1
26	Florence, Tammy	Riverside Commun	1:18.10	1

Women 3000 Meter Steeplechase

Name	Year School	Finals
1	Young, Krysta	Paradise Valley 11:06.63
2	Schmutz, Megan	Southern Utah Un 11:12.74
3	Douglas, Carma	Southern Utah Un 11:17.69
4	Quilter, Natalie	Southern Utah Un 11:19.43
5	Stewart, Alicia	San Diego State 11:28.21
6	Ortiz, Karina	Unattached 11:45.83
7	Bricker, Brianne	San Diego State 11:58.87
8	Lugo, Jessica	El Camino Colleg 12:00.20
9	Fitzpatrick, Angie	San Diego State 12:14.52
10	Nesvik, Jeanine	Paradise Valley 12:31.17
11	Lucio, Alana	University of St 12:52.73
12	Ditch, Debbie	Mt. Sac 13:17.46
13	Dominquez, Naomi	Mt. Sac 14:06.66
14	Froistad, Lisa	Cuyamaca College 14:30.46

Women 4x100 Meter Relay

School	Finals	H#
1	Univ of Las Vegas 'A'	46.81 2
2	Southern Calif Cheetahs 'A'	46.98 1
3	Southern Utah University 'A'	48.28 2
4	Mt. Sac 'A'	49.30 2
5	University of St. Thomas 'A'	49.80 2
6	Arizona Mesa College 'A'	50.55 2
7	University of St. Thomas 'B'	51.73 2
8	Riverside Community College 'B'	52.26 1
9	Middlebury College 'A'	52.75 2
--	Sheffield Elite TC 'A'	DQ 2

Women 4x400 Meter Relay

School	Finals	H#
1 Sheffield Elite TC 'A'	3:39.11	2
2 San Diego State Univ 'A'	3:45.08	2
3 Southern Calif Cheetahs 'A'	3:52.41	1
4 Southern Utah University 'A'	3:54.64	2
5 University of St. Thomas 'A'	3:55.41	2
6 Mt. Sac 'A'	4:03.26	2
7 Cal State San Marcos 'A'	4:03.99	2
8 El Camino College 'A'	4:04.38	2
9 Southern Utah University 'B'	4:04.76	2
10 Arizona Mesa College 'A'	4:08.80	1
11 Southern Utah University 'C'	4:10.46	1
12 Middlebury College 'A'	4:12.55	1
13 Concordia University 'B'	4:21.33	1
14 Middlebury College 'B'	4:29.83	1

Women High Jump

Name	Year School	Finals	
1 Laramee, Kristy	Mid-Vermont Tra	5-08.00	1.72m
2 Sharrieff, Tianikka	Univ of Las Vega	5-04.00	1.62m
2 Lasswell, Alisha	San Diego State	5-04.00	1.62m
4 McKinney, Annette	Unattached	5-02.00	1.57m
4 Titus, Jamillah	San Diego State	5-02.00	1.57m
4 Hamblin, Lauren	Arizona Mesa Col	5-02.00	1.57m
4 Carmier, Nicole	San Diego State	5-02.00	1.57m
4 Gavaldon, Patricia	San Diego Mesa	5-02.00	1.57m
4 Hinga, Briana	UC San Diego	5-02.00	1.57m
4 Canape, Kendra	UC San Diego	5-02.00	1.57m
11 Bartkiewicz, Kate	UC San Diego	5-00.00	1.52m
11 Ruiz, Sophia	El Camino Colleg	5-00.00	1.52m
11 Grigsby, Kristal	University of St	5-00.00	1.52m
11 Allen-Cuthbert, Jamie	Mt. Sac	5-00.00	1.52m
11 Miller, Leslie	San Diego State	5-00.00	1.52m
11 Malouf, Erica	UC San Diego	5-00.00	1.52m
11 Cendejas, Tassia	Mt. Sac	5-00.00	1.52m
-- Thames, Christie	University of St	NH	
-- Barrow, Caitlin	El Camino Colleg	NH	
-- Caswell, Lauren	Santiago Canyon	NH	
-- Logue, Joannel	Middlebury Colle	NH	
-- Dixon, Zita	UC San Diego	NH	
-- Fardley, Kandice	Southern Utah Un	NH	
-- Fey, Jania	Middlebury Colle	NH	

Women Pole Vault

Name	Year School	Finals	
1 Anderson, Erin	Paradise Valley	3.97m	13-00.25
2 Balentine, Shayla	San Diego State	3.87m	12-08.25
2 Englebretson, Jesika	San Diego State	3.87m	12-08.25
4 Bastiaens, K	University of St	3.77m	12-04.50
5 Taularioos, Angela	Arizona Mesa Col	3.53m	11-07.00
5 Asay, Erin	Cuyamaca College	3.53m	11-07.00
7 Vu, Jackie	UC San Diego	3.48m	11-05.00
8 Judd, Kendi	Arizona Mesa Col	3.38m	11-01.00
8 Berkowitz, Sarah	Middlebury Colle	3.38m	11-01.00
8 Passey, Kristi	Paradise Valley	3.38m	11-01.00
8 Vieira, Beth	Unattached	3.38m	11-01.00
8 Hamler, Sarah	Mt. Sac	3.38m	11-01.00
8 Hudlow, Julie	San Diego State	3.38m	11-01.00

14	Meyer, Shanon	San Diego State	3.23m	10-07.00
14	Perry, Meredith	UC San Diego	3.23m	10-07.00
14	Mah, Laren	Arizona Mesa Col	3.23m	10-07.00
14	Miltino, Juliana	UC San Diego	3.23m	10-07.00
14	Schow, Kristin	Arizona Mesa Col	3.23m	10-07.00
19	Hurtley, Melissa	Riverside Commun	3.08m	10-01.25
19	Chinn, Krystal	Unattached	3.08m	10-01.25
19	Thames, Christie	University of St	3.08m	10-01.25
22	MacBermes, Lindsay	Concordia Univer	2.78m	9-01.50
22	Lopez, Terri	Cuyamaca College	2.78m	9-01.50
22	Dvorak, Dawn	Southern Utah Un	2.78m	9-01.50
22	Lance, Heidi	Riverside Commun	2.78m	9-01.50

Women Long Jump

Name	Year School	Finals	Wind
1	Swan, Lena	Stars and Stride	6.09m NWI 19-11.75
2	Taylor, Lindsay	Sheffield Elite	6.00m NWI 19-08.25
3	Domico, Lisa	Unattached	5.86m NWI 19-02.75
3	David, Joni	Southern Calif C	5.86m NWI 19-02.75
5	Smith, Lisa	San Diego State	5.61m NWI 18-05.00
6	Rice, Lasheena	San Diego Mesa	5.43m NWI 17-09.75
7	Fardley, Kandice	Southern Utah Un	5.36m NWI 17-07.00
8	Allen-Cuthbert, Jamie	Mt. Sac	5.27m NWI 17-03.50
9	Johnson, Rachel	Arizona Mesa Col	5.04m NWI 16-06.50
10	Shaw, Ashiya	San Diego State	4.95m NWI 16-03.00
10	Delauany, Valerie	Mt. Sac	4.95m NWI 16-03.00
12	Hunzeker, Pam	Arizona Mesa Col	4.89m NWI 16-00.50
12	Brown, Alicia	Mt. Sac	4.89m NWI 16-00.50
14	Runta, Erin	University of St	4.85m NWI 15-11.00
15	Ylonen, Jill	University of St	4.83m NWI 15-10.25
16	Garcia, Dorthy	Mt. Sac	4.67m NWI 15-04.00
17	Seibel, Megan	University of St	4.63m NWI 15-02.25
17	Washington, Shante	El Camino Colleg	4.63m NWI 15-02.25
19	Ramirez, Claudia	Mt. Sac	4.60m NWI 15-01.25
20	Ramseyer, Tiphany	Santiago Canyon	4.50m NWI 14-09.25
21	McGhehay, Sarah	Concordia Univer	4.49m NWI 14-08.75
22	Dieter, Emily	Concordia Univer	4.47m NWI 14-08.00
23	Robbs, Laneta	Riverside Commun	4.45m NWI 14-07.25
24	Joyce, Katie	University of St	4.38m NWI 14-04.50
25	Barbour, Sam	Cal State San Ma	4.28m NWI 14-00.50
26	Clark, Michelle	San Diego Mesa	4.15m NWI 13-07.50
--	Schauermann, Megan	San Diego State	FOUL NWI

Women Triple Jump

Name	Year School	Finals	Wind
1	Ireland, Nicole	San Diego State	11.94m NWI 39-02.25
2	Smith, Lisa	San Diego State	11.73m NWI 38-06.00
3	Sheuevmann, Meg	San Diego State	11.72m NWI 38-05.50
4	Ihara, Fukuyo	Unattached	11.44m NWI 37-06.50
5	Rice, Lasheena	San Diego Mesa	11.28m NWI 37-00.25
6	Delauany, Valerie	Mt. Sac	11.23m NWI 36-10.25
7	Kaylin, Siever	UC San Diego	11.22m NWI 36-09.75
8	Johnson, Rachel	Arizona Mesa Col	10.74m NWI 35-03.00
9	Shaw, Ashiya	San Diego State	10.52m NWI 34-06.25
10	Garcia, Dorthy	Mt. Sac	10.41m NWI 34-02.00
11	Dieter, Emily	Concordia Univer	10.21m NWI 33-06.00
12	Brown, Alicia	Mt. Sac	10.16m NWI 33-04.00
13	Barbour, Sam	Cal State San Ma	9.70m NWI 31-10.00
14	Seibel, Megan	University of St	9.40m NWI 30-10.25

15 Ramseyer, Tiphany	Santiago Canyon	9.01m	NWI	29-06.75
15 Runta, Erin	University of St	9.01m	NWI	29-06.75

Women Shot Put

Name	Year School	Finals	
1 Hill, Candace	San Diego State	14.44m	47-04.50
2 Hernandez, Sagrario	UC San Diego	13.98m	45-10.50
3 Harrell, Kassandra	Southern Utah Un	13.29m	43-07.25
4 Turner, Angie	Univ of Las Vega	12.00m	39-04.50
5 Vavra, Michelle	UC San Diego	11.71m	38-05.00
6 Makihele, Brianna	San Diego Mesa	11.70m	38-04.75
7 Trout, Aimee	Riverside Commun	11.32m	37-01.75
8 Flores, Cynthia	Cal State San Ma	11.26m	36-11.50
9 Salas, Erica	Scottsdale Commu	11.06m	36-03.50
10 Crow, Ellen	University of St	10.98m	36-00.25
11 Creed, Whitney	Middlebury Colle	10.42m	34-02.25
12 Miller, Ashlee	Southern Utah Un	10.39m	34-01.25
13 Kunsman, Laura	San Diego Mesa	10.28m	33-08.75
14 Dawson, Christine	Cuyamaca College	10.03m	32-11.00
15 Downing, Dominique	Riverside Commun	9.89m	32-05.50
16 Trenault, Caroline	Middlebury Colle	9.82m	32-02.75
17 Hartley, Hilary	Unattached	9.48m	31-01.25
18 McGettigan, Maria	Arizona Mesa Col	9.27m	30-05.00
19 Roman, Ale	Mt. Sac	8.97m	29-05.25
20 Cosgriff-Hernandez, Megh	Unattached	8.84m	29-00.00
21 Duncan, Desiree	Cuyamaca College	8.13m	26-08.25
22 Meinhorer, Katie	Unattached	8.11m	26-07.25
23 Hislop, Stehanie	Scottsdale Commu	8.06m	26-05.50
24 Nelson, Kim	Middlebury Colle	7.99m	26-02.75
25 Davis, Taska	San Diego Mesa	7.83m	25-08.25
26 Anderson, Terina	Cuyamaca College	7.76m	25-05.50
27 Clark, Michelle	San Diego Mesa	7.32m	24-00.25

Women Discus Throw

Name	Year School	Finals	
1 Hill, Candace	San Diego State	45.42m	149-00
2 Makihele, Brianna	San Diego Mesa	41.76m	137-00
3 Harrell, Kassandra	Southern Utah Un	37.76m	123-11
4 Turner, Angie	Univ of Las Vega	34.62m	113-07
5 Courchesne, Renee	Unattached	34.58m	113-05
6 Azzara, Andrea	Univ of Las Vega	33.88m	111-02
7 Grant, Samantha	Concordia Univer	33.76m	110-09
8 Trout, Aimee	Riverside Commun	33.44m	109-08
9 McGettigan, Maria	Arizona Mesa Col	33.30m	109-03
9 Bolles, Heather	Cuyamaca College	33.30m	109-03
11 Hartley, Hilary	Unattached	32.40m	106-03
12 Downing, Dominique	Riverside Commun	32.06m	105-02
13 Creed, Whitney	Middlebury Colle	31.14m	102-02
14 Meinhorer, Katie	Unattached	31.02m	101-09
14 Flores, Cynthia	Cal State San Ma	31.02m	101-09
16 Trenault, Caroline	Middlebury Colle	30.12m	98-10
17 Benga, ?	Univ of Las Vega	28.70m	94-02
18 Ciulla, Victoria	Cal State San Ma	26.66m	87-06
19 Dawson, Christine	Cuyamaca College	25.92m	85-00
20 Duncan, Desiree	Cuyamaca College	24.26m	79-07
21 Hislop, Stehanie	Scottsdale Commu	23.20m	76-01
22 Gilbert, Alicia	Mt. Sac	22.32m	73-03

Women Hammer Throw

Name	Year School	Finals	
1 Hill, Candace	San Diego State	45.10m	147-11
2 Clove, Tasha	Southern Utah Un	43.18m	141-08
3 Munci, Jenny	Middlebury Colle	42.84m	140-07
4 Harrell, Kassandra	Southern Utah Un	41.62m	136-06
5 Miller, Ashlee	Southern Utah Un	39.64m	130-01
6 McGettigan, Maria	Arizona Mesa Col	38.74m	127-01
7 Turner, Angie	Univ of Las Vega	37.68m	123-07
8 Downing, Dominique	Riverside Commun	37.58m	123-03
9 Cosgriff-Hernandez, Megh	Unattached	35.62m	116-10
10 Azzara, Andrea	Univ of Las Vega	34.80m	114-02
11 Trenault, Caroline	Middlebury Colle	33.32m	109-04
12 Creed, Whitney	Middlebury Colle	33.16m	108-09
13 Beza, Autumn	Univ of Las Vega	32.60m	106-11
14 Nelson, Kim	Middlebury Colle	32.18m	105-07
15 Gilbert, Alicia	Mt. Sac	30.64m	100-06
16 Hartley, Hilary	Unattached	30.14m	98-11
17 Bolles, Heather	Cuyamaca College	30.12m	98-10
18 Dawson, Christine	Cuyamaca College	29.76m	97-08
19 Garcia, Heather	Mt. Sac	29.72m	97-06
20 Crow, Ellen	University of St	28.70m	94-02
21 Holmes, Monica	Southern Utah Un	27.88m	91-06
22 Duncan, Desiree	Cuyamaca College	21.28m	69-10
23 Trout, Aimee	Riverside Commun	3.08m	10-01
-- Lertorich, Casey	Univ of Las Vega	FOUL	

Women Javelin Throw

Name	Year School	Finals	
1 Lertorich, Casey	Univ of Las Vega	45.36m	148-10
2 Miller, Leslie	San Diego State	40.72m	133-07
3 Thayne, Selena	Southern Utah Un	37.92m	124-05
4 Meyer, Shanon	San Diego State	36.92m	121-01
5 Gooden, Tamera	Mt. Sac	35.48m	116-05
6 McNeal, Crysal	El Camino Colleg	35.30m	115-10
7 Caldwell, Lisa	UC San Diego	32.72m	107-04
8 Holmes, Monica	Southern Utah Un	32.68m	107-03
9 Landeros, Elsa	Mt. Sac	31.76m	104-02
10 Bringes, Lacey	Univ of Las Vega	31.64m	103-10
11 Kunsman, Laura	San Diego Mesa	30.52m	100-01
12 Schauermaann, Megan	San Diego State	30.30m	99-05
13 Cosgriff-Hernandez, Megh	Unattached	27.66m	90-09
14 Bonham, Bryn	Arizona Mesa Col	27.38m	89-10
15 Trout, Aimee	Riverside Commun	24.56m	80-07
16 Titus, Jamillah	San Diego State	22.32m	73-03
17 Brown, Georgianne	Scottsdale Commu	21.52m	70-07
18 Davis, Taska	San Diego Mesa	20.34m	66-09
19 Clark, Michelle	San Diego Mesa	12.24m	40-02

Men 100 Meter Dash

Name	Year School	Finals	Wind	H#
1 Grimes, Mickey	Nike	10.26	+0.0	7
2 Avery, Jerome	High Performance	10.49	+0.0	7
3 Cordileus, Mahasee	Split Second Tra	10.71	-0.5	5
4 Green, Tom	High Performance	10.73	+0.0	7
5 Ridley, B	Stephen Club	10.77	+0.0	7

6	Blanco, Rolando	Stars and Stride	10.99	+0.0	7
7	Kuoppamaki, Mike	Sheffield Elite	11.25	-0.5	5
8	Boyd, Travis	Riverside Commun	11.27	1.8	4
8	Contreras, Rufino	San Diego Mesa	11.27	-0.5	5
10	Tate, Jamal	Unattached	11.32	1.8	4
11	Garcia, PhilAm	Southwestern	11.33	NWI	1
12	Wilkens, Parrish	Mt. Sac	11.34	-0.9	6
13	Lazerus, Greg	Middlebury Colle	11.35	-0.5	3
13	Aiello, Liam	Middlebury Colle	11.35	-0.5	3
15	Britt, Phillip	Southern Utah Un	11.43	-0.5	5
16	Gonzalez, Steven	Riverside Commun	11.45	1.8	4
16	Robinson, Alvin	Riverside Commun	11.45	-0.9	6
18	Salcido, Mike	Mt. Sac	11.47	-0.9	6
19	Fowler, Elliott	Riverside Commun	11.48	1.8	4
20	Kozacek, Chris	Paradise Valley	11.49	1.8	4
21	Monrow, Yanta	Cal State San Ma	11.50	-0.5	5
21	Willies, Jeremiah	Riverside Commun	11.50	-0.5	5
23	Peterson, Jesse	Southern Utah Un	11.54	-0.5	3
24	Rose, Marques	Southern Utah Un	11.56	-0.9	6
25	Delco, Mike	Middlebury Colle	11.61	-0.5	3
26	Calvin, Emijah	Mt. Sac	11.64	-0.5	3
27	Dunn, Mike	San Diego Mesa	11.71	-1.0	2
28	Kohm, Brandyn	Riverside Commun	11.73	-1.0	2
29	Shirley, Marlon	High Performance	11.77	-0.5	5
29	Pittman, Craig	Middlebury Colle	11.77	-0.5	3
31	D'Silva, Jordan	Alliant Internat	11.84	-1.0	2
32	Williams, Emmett	San Diego Mesa	11.89	-1.0	2
33	Sikochi, Anywhere	Middlebury Colle	11.93	-1.0	2
34	Anderson, Lance	Southern Utah Un	12.00	1.8	4
35	Sullivan, Brendan	Middlebury Colle	12.03	-1.0	2
35	Peterson, Aaron	San Diego Mesa	12.03	NWI	1
37	Bryant, Andre	Southwestern	12.06	NWI	1
37	Denes, Sam	UC San Diego	12.06	-1.0	2
39	McGhee, Dan	Cuyamaca College	12.25	NWI	1
40	Rankin, James	Cal State San Ma	12.28	NWI	1
41	Engler, Matt	Middlebury Colle	12.45	-1.0	2
42	Reed, Darrell	Unattached	13.26	NWI	1
43	Goodman, Aaron	Florida FlashTC	13.27	-0.5	5
44	Johnson, Rodney	Unattached	13.62	NWI	1

Men 200 Meter Dash

Name	Year School	Finals	Wind	H#	
1	Ridley, B	Stephen Club	21.37	0.5	9
2	Cameron, Corey	Stars and Stride	21.66	0.5	9
3	Akili, Mike	Unattached	21.77	1.6	7
4	Hill, Ron	Mt. Sac	21.87	0.6	8
5	Blanco, Rolando	Stars and Stride	22.15	0.5	9
6	Robinson, Alvin	Riverside Commun	22.17	0.6	8
7	Jones, Mark	El Camino Colleg	22.45	1.6	7
8	Del Rincon, Richard	Unattached	22.57	-0.5	6
9	Lawrence, CJ	UC San Diego	22.64	1.6	7
10	Patton, Jon	UC San Diego	22.67	0.1	5
11	Hampton, James	Riverside Commun	22.69	0.6	8
12	Peterson, Jesse	Southern Utah Un	22.79	-0.6	4
13	Flores, Mark	Mt. Sac	22.81	0.6	8
14	Kozacek, Chris	Paradise Valley	22.83	0.1	5
15	Borzage, Matt	UC San Diego	22.86	-0.5	6
16	Kinrass, Brad	Southern Utah Un	22.88	1.6	7
17	Horner, Matt	UC San Diego	22.93	-0.5	6
17	Hundy, Sam	Riverside Commun	22.93	0.6	8
19	Bailey, James	Cuyamaca College	22.94	0.6	8
19	Ricks, Semaj	Riverside Commun	22.94	1.6	7

21	McInerney, Nick	Iowa State Univ	22.96	1.6	7
22	Smith, John	El Camino Colleg	22.97	-0.5	6
23	Gonzalez, Steven	Riverside Commun	22.98	1.6	7
23	Lazerus, Greg	Middlebury Colle	22.98	-0.9	3
25	Aiello, Liam	Middlebury Colle	23.12	-0.9	3
26	Rose, Marques	Southern Utah Un	23.13	-0.5	6
27	Jones, Jason	Arizona Mesa Col	23.17	0.1	5
28	Britt, Phillip	Southern Utah Un	23.21	-0.5	6
29	Cunningham, Mike	UC San Diego	23.22	0.1	5
30	Delco, Mike	Middlebury Colle	23.25	-0.9	3
30	Willies, Jeremiah	Riverside Commun	23.25	1.6	7
32	Baker, Matt	Arizona Mesa Col	23.34	0.1	5
33	Ries, David	Unattached	23.36	-0.5	6
34	Fowler, Elliott	Riverside Commun	23.39	-0.5	6
35	Powers, Vaughn	Arizona Mesa Col	23.47	0.1	5
36	Monrow, Yanta	Cal State San Ma	23.63	-0.6	4
37	Amado, Carlos	Unattached	23.81	-0.5	6
38	Trujillo, Adrain	Southwestern	23.84	0.6	8
39	Leyking, Randall	UC San Diego	24.12	-0.9	3
40	Salahye, Lavon	Scottsdale Commu	24.19	-0.6	4
41	Pittman, Craig	Middlebury Colle	24.20	-1.4	2
42	Dunn, Mike	San Diego Mesa	24.21	-0.9	3
43	Nero, Mikiel	San Diego Mesa	24.24	-1.4	2
44	Anderson, Lance	Southern Utah Un	24.31	0.1	5
45	Sikochi, Anywhere	Middlebury Colle	24.41	-1.4	2
46	Williams, Emmett	San Diego Mesa	24.43	-0.9	3
47	DiDorrenice, Domenick	Middlebury Colle	24.54	-0.9	3
48	D'Silva, Jordan	Alliant Internat	24.68	-0.9	3
49	McDuffrie, Allen	SD Flight Sprint	24.92	-1.4	2
50	Bell, Terrance	Southwestern	25.32	NWI	1
51	McFerran, Caleb	Concordia Univer	25.46	-1.4	2
52	Bryant, Andre	Southwestern	25.48	NWI	1
53	Bermani, Jordan	Santiago Canyon	25.83	-1.4	2
54	Reed, Darrell	Unattached	26.93	NWI	1
55	Johnson, Rodney	Unattached	28.38	NWI	1

Men 400 Meter Dash

Name	Year School	Finals	H#
1	Jordan, Navarro	Southern Calif C	46.78 6
2	Cameron, Corey	Stars and Stride	47.04 6
3	Mitchell, Mike	Southern Calif C	47.82 6
4	Williams, Tim	Unattached	49.00 6
5	Sherlock, Henry	Alliant Internat	49.09 5
6	Keetch, Robert	Cuyamaca College	49.27 5
7	Smith, John	El Camino Colleg	49.58 5
8	Jones, Mark	El Camino Colleg	50.59 6
9	Horner, Matt	UC San Diego	50.62 5
10	Smith, Chad	High Performance	50.65 6
11	McDuffrie, Allen	SD Flight Sprint	50.84 2
11	Haguchi, Take	Southern Calif C	50.84 4
13	Tooks, Al	Cuyamaca College	50.97 3
14	Taylor, Jeremy	Unattached	51.10 4
15	Peters, Kendall	Mt. Sac	51.11 2
16	Fechan, John	Unattached	51.21 4
17	McInerney, Nick	Iowa State Univ	51.46 6
18	Kozacek, Chris	Paradise Valley	51.47 5
19	Salarzana, Dax	Cal State San Ma	51.54 5
20	Jones, Tyree	San Diego Mesa	51.58 1
21	Borzage, Matt	UC San Diego	51.69 4
22	Trujillo, Adrain	Southwestern	51.79 2
23	McCusker, Damian	UC San Diego	52.00 3
24	Leyking, Randall	UC San Diego	52.60 3

25	Ries, David	Unattached	52.75	4
26	Brehm, Mark	Paradise Valley	52.95	3
27	Becker, Kristoph	Middlebury Colle	53.10	1
28	Rivera, Mario	Santiago Canyon	53.31	3
29	Heitkamp, Tom	Middlebury Colle	53.64	2
30	Nero, Mikiel	San Diego Mesa	53.80	1
31	Sullivan, Brendan	Middlebury Colle	54.19	2
32	Goins, Andrew	San Diego Mesa	55.12	1
33	Kelly, Richard	Arizona Mesa Col	56.00	2

Men 800 Meter Run

Name	Year School	Finals	H#
1	Abudu, Majeed	Southern Utah Un	1:53.56 6
2	Shaw, Brandon	Mt. Sac	1:53.58 6
3	Sampson, Aared	Southern Utah Un	1:54.32 6
4	Jodoin, Thomas	Alliant Internat	1:54.55 6
5	Schmidts, Brandon	Paradise Valley	1:54.87 6
6	Gausepohl, Chris	US Air Force	1:55.12 6
7	Parker, Brad	Southern Utah Un	1:55.52 6
8	Carr, Jeron	Mt. Sac	1:56.24 6
9	Lessal, Justin	Cal State San Ma	1:56.72 5
10	Mark, Deandre	El Camino Colleg	1:56.83 6
11	Alvarado, Marco	Cal State San Ma	1:57.71 5
12	Beetley-Hagler, Chris	UC San Diego	1:57.79 5
13	Moreno, Daniel	Paradise Valley	1:58.80 6
14	Wanyoike, Mboche	Alliant Internat	1:59.30 5
15	Ferrier, Chris	San Diego Mesa	1:59.32 3
16	Mariscal, Alex	Southwestern	2:00.69 4
17	Lemas-Lopez, Oscar	Unattached	2:00.92 4
18	Martinez, Filiberto	Cuyamaca College	2:00.95 4
19	Clayton, David	Riverside Commun	2:00.96 5
20	Fierro, Mario	San Diego Mesa	2:01.02 3
21	Mariscal, Polo	Cal State San Ma	2:01.43 4
22	Krawczyk, J.D.	Santiago Canyon	2:01.57 5
23	Spann, Ricky	Mt. Sac	2:01.58 4
24	Horesta, Matt	Middlebury Colle	2:01.90 4
25	Miller, Paul	Cuyamaca College	2:01.97 1
26	Irwin, Tim	Cal State San Ma	2:02.23 5
27	Brehm, Mark	Paradise Valley	2:02.42 3
28	Zindell, Kevin	Stapped Jock Rac	2:02.88 3
29	Tomlinson, Brian	Santiago Canyon	2:03.16 2
30	Mayne, Justin	Concordia Univer	2:03.51 3
31	Swaney, Dan	Unattached	2:03.71 4
32	Sanchez, Heladio	Riverside Commun	2:04.04 3
33	Cazares, Alex	Cuyamaca College	2:04.17 4
34	Brown, Richie	Unattached	2:04.44 3
35	Ruiz, Marlon	Alliant Internat	2:05.12 3
36	Cline, Brandon	Unattached	2:05.69 2
37	McCusker, Damian	UC San Diego	2:06.84 5
38	Rivera, Mario	Santiago Canyon	2:07.60 1
39	Riley, Regis	Alliant Internat	2:08.02 3
40	Valdez, David	Scottsdale Commu	2:08.23 2
41	Love, Trever	Southwestern	2:08.65 1
42	Rodriguez, Esteban	Alliant Internat	2:09.48 2
43	Summers, JonCarlo	Paradise Valley	2:12.53 2
44	Abduile, Mukhtar	Southwestern	2:12.95 1
45	Borga, David	Southwestern	2:16.84 1
46	Croshaw, Gary	Scottsdale Commu	2:18.04 1
47	Anaya, Ernest	Riverside Commun	2:23.87 1

Men 1500 Meter Run

Name	Year School	Finals
1 Parker, Brad	Southern Utah Un	3:56.88
2 Romero, Angel	Unattached	3:57.92
3 Mass, Jeff	Mt. Sac	3:58.49
4 Gomez, Chris	Scottsdale Commu	3:58.65
5 McClendon, Robby	Unattached	3:58.86
6 Morrison, John	UC San Diego	3:59.48
7 Carr, Jeron	Mt. Sac	4:00.75
8 Dunbar, Dave	UC San Diego	4:01.12
9 Michael, Junior	Paradise Valley	4:01.45
10 Sampson, Aared	Southern Utah Un	4:01.59
11 Wong, Jonathan	Unattached	4:02.71
12 Dominquez, David	Mizuno	4:02.97
13 Dougherty, Shane	Santiago Canyon	4:04.35
14 Gray, Richie	Cal State San Ma	4:04.47
15 Venegas, Eddie	Cal Coast	4:04.48
16 Avellan, Mike	Unattached	4:06.25
17 Mejia, Ben	Unattached	4:07.14
18 Herr, Tony	Cal State San Ma	4:07.26
19 Lefkowitz, Jonah	Mt. Sac	4:08.10
20 McLachlin, Sean	Southern Utah Un	4:08.78
21 Callister, Devin	UC San Diego	4:09.89
22 Krawczyk, J.D.	Santiago Canyon	4:09.92
23 Aradanas, Alan	San Diego Mesa	4:10.51
24 Zelones, Brandon	San Diego Mesa	4:10.65
25 Miano, Chris	Mt. Sac	4:10.93
26 Mayne, Justin	Concordia Univer	4:14.48
27 Erwin, Jon	Middlebury Colle	4:14.72
28 Horesta, Matt	Middlebury Colle	4:15.50
29 Gausepohl, Chris	US Air Force	4:16.60
30 Ruiz, Marlon	Alliant Internat	4:17.01
31 Thompson, Seth	Southern Utah Un	4:17.57
32 Lemas-Lopez, Oscar	Unattached	4:17.87
33 Zindell, Kevin	Stapped Jock Rac	4:20.61
34 Forehand, Sean	Unattached	4:21.01
35 Jodoin, Thomas	Alliant Internat	4:21.39
36 Martinez, Filiberto	Cuyamaca College	4:23.11
37 Lecky, Jamers	Santiago Canyon	4:24.66
38 Riley, Regis	Alliant Internat	4:24.90
39 Livingston, Koda	Southern Utah Un	4:24.94
40 Tomlinson, Brian	Santiago Canyon	4:29.27
41 Rodriguez, Esteban	Alliant Internat	4:29.46
42 Valdez, David	Scottsdale Commu	4:32.23
43 Garcia, Oscar	Southwestern	4:33.01
44 Ramirez, Francisco	Riverside Commun	4:44.48
45 Soriano, Israel	Unattached	4:45.32

Men 3000 Meter Run

Name	Year School	Finals
1 Dougherty, Shane	Santiago Canyon	8:37.88
2 Kalra, Neil	UC San Diego	8:41.22
3 Dominquez, David	Mizuno	8:47.89
4 Lesperance, Henry	UC San Diego	9:15.27
5 Thompson, Seth	Southern Utah Un	9:25.10
6 Lecky, Jamers	Santiago Canyon	9:49.76

Men 5000 Meter Run

Name	Year School	Finals
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1	Cholula, Jose	Concordia Univer	15:14.10
2	Campos, Jose	Paradise Valley	15:20.53
3	Cerecerez, Dave	Mt. Sac	15:22.32
4	Pina, Ozzie	Mt. Sac	15:27.58
5	Alvidrez, Ruben	El Camino Alumni	15:33.19
6	Robles, Joshua	Paradise Valley	15:40.31
7	Bastani, Darius	Unattached	15:40.86
8	Gonzales, Paul	Mt. Sac	15:43.34
9	Ceja, Juan	El Camino Colleg	15:46.38
10	Richey, Eric	Concordia Univer	15:55.03
11	Sanchez, Carlos	Cal State San Ma	15:56.50
12	Gomez, Jesus	Cuyamaca College	16:00.26
13	Ray, Kevin	El Camino Colleg	16:02.85
14	Lam, Simon	Mt. Sac	16:07.09
15	Perkey, Benjamin	Paradise Valley	16:07.83
16	Livingston, Mark	Scottsdale Commu	16:07.87
17	McCarron, Matt	Mt. Sac	16:08.97
18	Shannon, Mike	Cal State San Ma	16:10.94
19	Tsukano, Julian	Alliant Internat	16:11.31
20	Carrillo, Effrain	Cal State San Ma	16:14.48
21	Muzotta, Mike	Middlebury Colle	16:14.71
22	Mass, Jeff	Mt. Sac	16:15.36
23	Digane, Nick	Middlebury Colle	16:15.78
24	Miano, Chris	Mt. Sac	16:22.96
25	Reyes, R	Cal State San Ma	16:23.06
25	Machado, Jorge	Paradise Valley	16:23.06
27	Sandygren, Nolan	Middlebury Colle	16:28.83
28	Lara, Miguel	Mt. Sac	16:56.07
29	Vargas, Jose	Mt. Sac	16:56.39
30	Lefkowitz, Jonah	Mt. Sac	17:02.91
31	Pausch, Oliver	Unattached	17:18.66
32	Statton, Buck	Alliant Internat	17:25.96
33	Javiar, Hoil	Mt. Sac	17:37.23
34	Delgado, Michael	Arizona Mesa Col	17:42.13
35	Icard, Tom	Middlebury Colle	17:42.59
36	Berkman, Dan	Middlebury Colle	17:42.84
37	Fernando, Emesh	Mt. Sac	17:54.49
38	Cruz, Christian	Mt. Sac	18:26.58
39	Diaz, Ignacio	El Camino Alumni	18:42.19
40	Thompson, Joshua	Paradise Valley	18:45.74

Men 110 Meter Hurdles

Name	Year School	Finals	Wind	H#	Points
1	Harris, Micah	High Performance	14.11	-2.1	3
2	Ramsey, Bashir	High Performance	14.20	-2.1	3
3	Smith, Chad	High Performance	14.67	-2.1	3
4	Minyard, Ransom	Southern Utah Un	15.31	-3.0	2
5	Blacksher, Anthony	Cal State San Ma	15.53	-2.1	3
6	Knight, Ben	Cuyamaca College	15.59	-2.1	3
7	Pitts, Ryan	El Camino Alumni	15.75	-2.1	3
8	Peters, Kendall	Mt. Sac	15.99	-3.0	2
9	Nair, Harold	Mt. Sac	16.21	-2.1	3
10	Patton, Jon	UC San Diego	16.22	-3.0	2
11	Stults, Thomas	Paradise Valley	16.45	-3.0	2
12	Tsang, Chris	UC San Diego	16.49	-3.0	2
13	McCall, Elisha	Mt. Sac	16.51	-2.1	3
14	Owens, Keoni	Cuyamaca College	17.09	-3.0	2
15	Klein, Thomas	Southwestern	17.48	-2.4	1
16	Peterson, Aaron	San Diego Mesa	17.52	-2.4	1
17	Poyner, Dan	Cuyamaca College	17.74	-2.4	1
18	Engler, Matt	Middlebury Colle	18.63	-3.0	2

19 Kohm, Brandyn	Riverside Commun	19.67	-3.0	2
20 Thomson, Wayne	Southwestern	20.27	-2.4	1

Men 400 Meter Hurdles

Name	Year School	Finals	H#
1 Hutchinson, Orentheus	Stars and Stride	52.30	2
2 Knight, Ben	Cuyamaca College	54.18	2
3 Velasco, Robert	Cal State San Ma	54.40	2
4 Bright, Kevin	Middlebury Colle	54.42	2
5 McCall, Elisha	Mt. Sac	54.59	2
6 Minyard, Ransom	Southern Utah Un	55.26	1
7 Peters, Kendall	Mt. Sac	58.44	2
8 Johnson, Robert	Arizona Mesa Col	59.53	2
9 Owens, Keoni	Cuyamaca College	1:00.46	1
10 Christenson, Leo	Arizona Mesa Col	1:00.56	1
11 Klein, Thomas	Southwestern	1:01.03	1
12 De La Cruz, Mark	Cuyamaca College	1:06.18	1
13 Thomson, Wayne	Southwestern	1:06.99	1

Men 3000 Meter Steeplechase

Name	Year School	Finals
1 Moat, Cody	Southern Utah Un	9:10.93
2 McClendon, Robby	Unattached	9:23.07
3 McLachlin, Sean	Southern Utah Un	9:32.24
4 Armijo, Jesse	Cal State San Ma	9:33.24
5 Deng, Jany	Paradise Valley	9:42.12
6 Lostrom, Carl	UC San Diego	9:44.06
7 Ostler, Nathan	Arizona Mesa Col	9:45.33
8 Rohner, Jamison	Paradise Valley	9:49.12
9 Mut, Tut	Cuyamaca College	9:51.71
10 Dombrowski, Mark	UC San Diego	9:57.78
11 Dominguez, Fidel	Mt. Sac	9:59.79
12 Ponce de Leon, Andy	Unattached	10:14.73
13 Livingston, Koda	Southern Utah Un	10:20.81
14 King, Jeff	Middlebury Colle	10:24.40
15 Gomez, Rigo	Mt. Sac	10:37.65
16 Patino, Salvador	Paradise Valley	10:42.90
17 Pepin, Lucas	Cuyamaca College	10:48.42
18 Griesinger, Steve	Riverside Commun	11:17.52

Men 4x100 Meter Relay

School	Finals	H#
1 Mt. Sac 'A'	40.52	2
2 Riverside Community College 'A'	42.84	2
3 Mt. Sac 'B'	43.05	2
4 Southern Utah University 'A'	43.42	1
5 Middlebury College 'A'	43.52	1
6 Middlebury College 'B'	44.15	1
7 San Diego Mesa 'A'	44.40	2
8 Paradise Valley College 'A'	44.59	1
9 Santa Ana College 'A'	44.72	1
10 Mt. Sac 'C'	45.27	2
-- Riverside Community College Al 'A'	DQ	2

Men 4x400 Meter Relay

School	Finals	H#
1 Mt. Sac 'A'	3:16.13	3
2 El Camino College 'A'	3:16.63	3
3 Southern Calif Cheetahs 'A'	3:20.14	1
4 Cal State San Marcos 'A'	3:22.61	3
5 Southern Utah University 'A'	3:23.34	3
6 Cuyamaca College 'A'	3:24.73	2
7 Alliant International Univ 'A'	3:27.49	2
8 Paradise Valley College 'A'	3:28.41	2
9 Mt. Sac 'B'	3:29.80	3
10 Middlebury College 'A'	3:30.79	2
11 Scottsdale Community College 'B'	3:31.34	1
12 Mt. Sac 'C'	3:37.90	2

Men High Jump

Name	Year School	Finals	
1 Flax, D'Noir	Mt. Sac	7-00.00	2.13m
2 White, Urkeno	San Diego Mesa	6-10.00	2.08m
3 Weaver, Kevin	Unattached	6-08.00	2.03m
4 Allen, Matt	Southern Utah Un	6-04.00	1.93m
4 Williams, Marty	Scottsdale Commu	6-04.00	1.93m
4 Kuoppamaki, Mike	Sheffield Elite	6-04.00	1.93m
4 Baker, Jesse	Santiago Canyon	6-04.00	1.93m
-- Nair, Harold	Mt. Sac	NH	
-- Robinson, Aaron	Paradise Valley	NH	

Men Pole Vault

Name	Year School	Finals	
1 Davis, Jim	Unattached	5.35m	17-06.50
2 Davis, Jim	High Performance	5.25m	17-02.75
3 Morrison, Dustin	Unattached	4.90m	16-00.75
4 Powell, Blake	Arizona Mesa Col	J4.90m	16-00.75
5 Stary, Creed	Unattached	J4.90m	16-00.75
6 Morris, Brooks	Unattached	J4.90m	16-00.75
7 Spann, Ricky	Mt. Sac	4.75m	15-07.00
8 Hanna, Kurt	Unattached	J4.75m	15-07.00
8 Rogers, Hank	Paradise Valley	J4.75m	15-07.00
10 Halverson, Bill	Twins TC	4.60m	15-01.00
11 Burbka Brown, Clarks	Twins TC	J4.60m	15-01.00
11 O'Day, Kasey	Paradise Valley	J4.60m	15-01.00
13 Mays, Mike	Arizona Mesa Col	4.50m	14-09.00
14 Knight, Ben	Cuyamaca College	4.25m	13-11.25
14 Guffey, Brandon	Mt. Sac	4.25m	13-11.25
14 Poyner, Dan	Cuyamaca College	4.25m	13-11.25
14 Stephens, John	Mt. Sac	4.25m	13-11.25
14 Richards, Don	Southern Utah Un	4.25m	13-11.25
14 Lanier, Warren	Unattached	4.25m	13-11.25
20 Edquist, Eric	Mt. Sac	4.00m	13-01.50
20 Ploen, Darryl	El Camino Colleg	4.00m	13-01.50
20 Morales, Jimmy	Mt. Sac	4.00m	13-01.50
20 Hogan, Mike	Unattached	4.00m	13-01.50
20 Ehler, Ryan	Arizona Mesa Col	4.00m	13-01.50
20 Wright, Chris	Mt. Sac	4.00m	13-01.50
26 Loza, Moses	Cal State San Ma	3.75m	12-03.50
-- Pham, Huy	Unattached	NH	
-- Hull, Eric	Paradise Valley	NH	
-- Barbour, James	Cal State San Ma	NH	

-- Webb, Peter	Middlebury Colle	NH
-- Ruttinger, Pat	UC San Diego	NH
-- Kuoppamaki, Mike	Sheffield Elite	NH

Men Long Jump

Name	Year School	Finals	Wind
1 Bell, Kenta	High Performance	7.77m	NWI 25-06.00
2 Hill, Ron	Mt. Sac	7.12m	NWI 23-04.50
3 Stevenson, Thomas	El Camino Alumni	7.00m	NWI 22-11.75
4 Lerma, Butch	UC San Diego	6.84m	NWI 22-05.25
5 Ricks, Semaj	Riverside Commun	6.66m	NWI 21-10.25
6 Gray, Thomas	Mt. Sac	6.54m	NWI 21-05.50
7 Whitney, Stan	Southern Calif C	6.52m	NWI 21-04.75
8 Hundy, Sam	Riverside Commun	6.48m	NWI 21-03.25
9 Long, David	UC San Diego	6.38m	NWI 20-11.25
9 Carroll, Marcus	Cuyamaca College	6.38m	NWI 20-11.25
11 Shirley, Marlon	High Performance	6.36m	NWI 20-10.50
12 Erb, Steven	Paradise Valley	6.35m	NWI 20-10.00
13 Bright, Kevin	Middlebury Colle	6.18m	NWI 20-03.50
14 Stults, Thomas	Paradise Valley	6.13m	NWI 20-01.50
15 Primbs, Bill	Unattached	6.12m	NWI 20-01.00
16 Torres, Luis	Santa Ana Colleg	6.11m	NWI 20-00.50
17 Allen, Matt	Southern Utah Un	6.08m	NWI 19-11.50
18 Le, Manh	Riverside Commun	6.01m	NWI 19-08.75
19 Becker, Kristoph	Middlebury Colle	5.92m	NWI 19-05.25
20 Lung, Robert	Mt. Sac	5.89m	NWI 19-04.00
21 Poyner, Dan	Cuyamaca College	5.81m	NWI 19-00.75
22 McFerran, Caleb	Concordia Univer	5.80m	NWI 19-00.50
23 De La Cruz, Mark	Cuyamaca College	5.75m	NWI 18-10.50
24 Heitkamp, Tom	Middlebury Colle	5.47m	NWI 17-11.50

Men Triple Jump

Name	Year School	Finals	Wind
1 Ware, Von	High Performance	15.77m	NWI 51-09.00
2 Bryant, Damien	Unattached	15.28m	NWI 50-01.75
3 Howard, Demetre	Unattached	14.21m	NWI 46-07.50
4 Pitts, Ryan	El Camino Alumni	13.02m	NWI 42-08.75
5 Quon, Kevin	Unattached	12.87m	NWI 42-02.75
6 Lesenyie, Matt	Unattached	12.45m	NWI 40-10.25
7 Le, Manh	Riverside Commun	12.27m	NWI 40-03.25
8 De La Cruz, Mark	Cuyamaca College	11.54m	NWI 37-10.50
-- Lung, Robert	Mt. Sac	FOUL	NWI
-- Fox, Kristopher	Paradise Valley	FOUL	NWI
-- Carroll, Marcus	Cuyamaca College	FOUL	NWI

Men Shot Put

Name	Year School	Finals
1 Guerin, David	El Camino Colleg	17.04m 55-11.00
2 Battle, Sheldon	Arizona Mesa Col	16.52m 54-02.50
3 Dec, Marislav	Mt. Sac	16.47m 54-00.50
4 Young, Harold	El Camino Colleg	16.05m 52-08.00
5 Bugarin, Ed	Unattached	15.23m 49-11.75
6 Makihele, Vili	Unattached	15.04m 49-04.25
7 Banez, Ian	Riverside Commun	14.97m 49-01.50
8 Fergusion, James	Mt. Sac	14.56m 47-09.25
9 Chapman, Tommy	Scottsdale Commu	14.30m 46-11.00

10	Menteer, Chandler	Southern Utah Un	13.77m	45-02.25
11	Guerin, Darryl	El Camino Alumni	13.53m	44-04.75
12	Ott, Nate	Southern Utah Un	13.50m	44-03.50
13	Hanson, Clark	Cuyamaca College	13.40m	43-11.75
14	Austin, Joshua	Scottsdale Commu	13.27m	43-06.50
15	Osgood, Ryan	UC San Diego	11.67m	38-03.50
16	Parr, Dennis	Riverside Commun	11.50m	37-08.75
17	Blake, Matt	Cuyamaca College	11.49m	37-08.50
18	Duarte, Victor	Cuyamaca College	11.45m	37-06.75
19	Murray, Ozzie	UC San Diego	11.44m	37-06.50
20	Walknowski, Peter	Middlebury Colle	9.88m	32-05.00
21	Jones, Kyle	Mt. Sac	9.77m	32-00.75
22	Disney, Philip	Southwestern	9.50m	31-02.00
23	Sotelo, Mike	Mt. Sac	9.43m	30-11.25

Men Discus Throw

Name	Year School	Finals
1	San Filippo, Javar	Unattached 49.98m 164-00
2	Young, Harold	El Camino Colleg 49.32m 161-10
3	Battle, Sheldon	Arizona Mesa Col 49.16m 161-03
4	Hanson, Clark	Cuyamaca College 47.06m 154-05
5	Rochelle, Andre	El Camino Alumni 46.62m 152-11
6	Guerin, David	El Camino Colleg 46.04m 151-00
7	Makihele, Vili	Unattached 45.64m 149-09
8	Strickland, Troy	Unattached 45.60m 149-07
9	Smith, Chad	High Performance 45.26m 148-06
10	Aramburo, Abel	UC San Diego 44.92m 147-04
11	Chapman, Tommy	Scottsdale Commu 43.40m 142-05
12	Banez, Ian	Riverside Commun 42.64m 139-11
13	Cruikshank, Mike	Santa Ana Colleg 42.20m 138-05
14	Allred, Robert	Southern Utah Un 42.02m 137-10
15	Guerin, Darryl	El Camino Alumni 41.58m 136-05
16	Blake, Matt	Cuyamaca College 39.02m 128-00
17	Reyes, Tsais	Santa Ana Colleg 36.70m 120-05
18	Parr, Dennis	Riverside Commun 36.60m 120-01
19	Parker, Craig	Middlebury Colle 35.66m 117-00
20	Austin, Joshua	Scottsdale Commu 35.52m 116-06
21	Castro, Cesar	Unattached 34.44m 113-00

Men Hammer Throw

Name	Year School	Finals
1	Bustamante, Rene	Unattached 58.08m 190-07
2	Olson, Clay	Arizona Mesa Col 54.12m 177-07
3	Bugarin, Ed	Unattached 49.11m 161-01
4	Ferguson, James	Mt. Sac 48.65m 159-07
5	Battle, Sheldon	Arizona Mesa Col 47.81m 156-10
6	Van Dale, Hans	UC San Diego 46.64m 153-00
7	Reyes, Tsais	Santa Ana Colleg 44.89m 147-03
8	Menteer, Chandler	Southern Utah Un 43.76m 143-07
9	Ott, Nate	Southern Utah Un 43.19m 141-08
10	Parker, Craig	Middlebury Colle 40.58m 133-02
11	Duarte, Victor	Cuyamaca College 36.24m 118-11
12	Allred, Robert	Southern Utah Un 34.03m 111-08
13	Walknowski, Peter	Middlebury Colle 20.06m 65-10

Men Javelin Throw

Name	Year School	Finals
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Rank	Name	College	Score	Year
1	Rozborski, Tim	El Camino Colleg	63.18m	207-03
2	Black, Bryan	Middlebury Colle	61.24m	200-11
3	Maleki, ?	Southern Calif C	61.12m	200-06
4	Rozborski, Jon	El Camino Alumni	59.92m	196-07
5	Knight, Ben	Cuyamaca College	58.96m	193-05
6	Williams, Marty	Scottsdale Commu	57.56m	188-10
7	Becker, Kristoph	Middlebury Colle	57.54m	188-09
8	Norris, Stephen	Riverside Commun	57.06m	187-02
9	Wurtz, Ed	Cal State San Ma	52.38m	171-10
10	Bennett, Ryan	Riverside Commun	50.40m	165-04
11	Libuil, Brad	UC San Diego	49.88m	163-08
12	Chapman, Tommy	Scottsdale Commu	49.00m	160-09
13	Poyner, Dan	Cuyamaca College	46.50m	152-07
14	Durfey, Korey	Scottsdale Commu	45.22m	148-04
15	Atkinson, Steve	Middlebury Colle	45.20m	148-03
16	Cruikshank, Mike	Santa Ana Colleg	43.08m	141-04
17	Austin, Joshua	Scottsdale Commu	43.04m	141-02
18	Manning, Kyle	Mt. Sac	42.80m	140-05
19	Ramirez, Francisco	Riverside Commun	42.42m	139-02
20	Judd, Austun	Arizona Mesa Col	41.46m	136-00
21	Brown, Matt	Scottsdale Commu	40.18m	131-10
22	Calvin, Emijah	Mt. Sac	39.60m	129-11
23	Dunn, Mike	San Diego Mesa	37.68m	123-07
24	Williams, Emmett	San Diego Mesa	37.34m	122-06
25	Heitkamp, Tom	Middlebury Colle	36.84m	120-10