

Emergency Action Plan: Mental Health Emergency

In Case of an Emergency ON CAMPUS:

1. Activate Emergency Medical System (EMS)
 - a. Call 911 and inform them about the mental health component of the emergency
 - i. Campus police and Fort Collins PD are both equipped with mental health co-responders who are trained in managing mental health emergencies.
 - b. Provide the following information:
 - i. Your name
 - ii. Address (refer to location specific EAPs for exact address)
 - iii. Your telephone number
 - iv. Number of individuals involved, and other information as requested by dispatcher
 - v. **Be the last to hang up**
2. Do not leave the student-athlete alone.
3. Direct EMS to scene
 - a. If available, designate individual(s) to meet EMS and direct to scene
 - b. Open appropriate doors
 - c. Scene control: limit scene to emergency responders and move teammates, coaches, and bystanders away from the area
4. University Head Team Physician, Senior AD for Health and Performance, Director of Student-Athlete Mental Health and Performance, Athletic Director, and Sport Administrator will be notified.
5. Initial parental notification will be handled by the Senior AD for Health and Performance or designee.
6. The student-athlete's mental health provider, in conjunction with the Head Team Physician and Director of Student-Athlete Mental Health and Performance will determine a safe return to sport participation on an individual basis.

Emergency Action Plan: Mental Health Emergency

In Case of an Emergency OFF CAMPUS:

1. Call 911 and inform them about the mental health component of the emergency
 - a. Campus police and Fort Collins PD are both equipped with mental health co-responders who are trained in managing mental health emergencies.
 - b. Provide the following information:
 - i. Your name
 - ii. Address
 - iii. Your telephone number
 - iv. Number of individuals involved, and other information as requested by dispatcher
 - v. **Be the last to hang up**
2. Do not leave the student-athlete alone.
3. Direct EMS to scene
 - a. If available, designate individual(s) to meet EMS to scene
 - b. Open appropriate doors
 - c. Scene control: limit scene to emergency responders and move teammates, coaches, and bystanders away from the area
4. University Head Team Physician, Senior AD for Health and Performance, Director of Student-Athlete Mental Health and Performance, Athletic Director, and Sport Administrator will be notified immediately.
5. Initial parental notification will be handled by the Senior AD for Health and Performance or designee.
6. The student-athlete's mental health provider, in conjunction with the Head Team Physician and Director of Student-Athlete Mental Health and Performance, will determine a safe return to sport participation on an individual basis.

ACUTE NON-EMERGENT MENTAL HEALTH (Crisis)

1. Notify the Director of Student-Athlete Mental Health and Performance or the Senior AD for Health and Performance.
 - a) You may also contact the CSU Crisis Line at (970) 491-6053, or Tell Someone at (970) 491-1350
2. Ensure the student-athlete has been connected to one of the resources listed above.
3. The Director of Student-Athlete Mental Health and Performance, in conjunction with other relevant medical providers, will determine a course of action and intervention for the student-athlete on an individual basis.