



4.14.19

FIELD EVENTS: 10:00 AM, RUNNING EVENTS: 11:00 AM





## GENERAL MEET INFORMATION

### FACILITY:

Jack Christiansen Track at Colorado State University in Fort Collins, Colorado (Elevation 5051 - altitude conversions for qualifying standards) which is a brand new NCAA and IAAF Certified Beynon 2000 Track! Located at the corner of Pitkin and College. If there is inclement weather, Glenn Morris Indoor Track, located directly north of the track, will be available for team camps and warm-ups after 10 A.M. ¼" or shorter spikes are required.

### ENTRY PROCEDURE:

Entries are open to collegiate teams. Unattached athletes affiliated with team may enter to compete. All entries will be taken through [www.DirectAthletics.com](http://www.DirectAthletics.com). No entries will be accepted by email or phone. Entries will close on Wednesday, April 10, at 5:00 PM MST. Please email scratches only to [John.Riese@colostate.edu](mailto:John.Riese@colostate.edu) by 12:00 Noon on Thursday, April 11, 2019. No additions or changes may be made at meet.

### ENTRY FEE:

\$200/Gender

### RULES:

NCAA rules will be used in all cases. Fully automatic timing system will be used.

### SCORING:

This is a scored meet. There are no awards. Unattached athletes will be removed from results to determine scoring.

### SCHEDULE:

The time schedule is tentative and could change based on entries. The meet may be run on a rolling schedule but will run no more than 15 minutes ahead of the final schedule, to be posted Thursday, April 11, 2019 on [www.csurams.com](http://www.csurams.com).

### WEIGH-INS:

Implement weigh-ins will take place under the press box only during the following times:

**SUNDAY: 8:30AM – 2:00PM**

### CHECK-IN:

All competitors in track events should check-in with the clerk of course at table near the finish line 10 minutes prior to the start of the event. All field event athletes should check-in with the field event judge 30 minutes prior to the scheduled start of the event.

### ADMISSION:

Admission is free to the public.

### STARTING HEIGHTS:

Triple jump boards are at W-34' and M-40'. There will not be any other takeoff boards available. Bar progressions in the high jump and pole vault will be adjusted to hit Division I National marks. Opening minimum heights in the vertical jumps will be determined based on entries.

### SUGGESTED:

High Jump: 1.83/1.88/1.93/1.98/2.03/2.08/2.11/2.14/2.17

Women: 1.56/1.61/1.66/1.71/1.76/1.79/1.82/1.84/1.87

Pole Vault: 4.27/4.42/4.57/4.72/4.87/5.02/5.17

Women: 3.15/3.30/3.45/3.60/3.75/3.85/3.95/4.05/4.15

### RESULTS:

Meet results will be available approximately 30 minutes after the last event. Results will be posted at [www.csurams.com](http://www.csurams.com) and at [www.directathletics.com](http://www.directathletics.com).

### PARKING:

We will supply a limited number of passes for Friday teams. Parking is enforced until 4 p.m. on weekdays. Spots are also available in "Pay to Park" Parking spots in the lot north of the track or street parking across College Ave. Parking Services does not enforce parking on Saturday's.

### SHOWERS:

Showers are available at the Glenn Morris Indoor Track, north of the outdoor track. Please bring your own towel.

### TRAINERS:

Colorado State University trainers will be available on the south side of the press box. For special requests, please contact: Anne Bradley at [Anne.Bradley@colostate.edu](mailto:Anne.Bradley@colostate.edu).

### For additional information, including meet cancellation and weather info, please call:

John Riese at (315) 480-8932 or [John.Riese@colostate.edu](mailto:John.Riese@colostate.edu)

### Meet official's information:

Andrew Epperson

Phone: (713) 206-9974

Email: [Andrew.Epperson@colostate.edu](mailto:Andrew.Epperson@colostate.edu)

### FOR ADDITIONAL INFORMATION

**JOHN RIESE**

Phone: (315) 480-8932

Email: [John.Riese@colostate.edu](mailto:John.Riese@colostate.edu)

### MEET CANCELLATION & WEATHER INFORMATION

**JOHN RIESE**

Phone: (315) 480-8932

Email: [John.Riese@colostate.edu](mailto:John.Riese@colostate.edu)

### MEET OFFICIAL'S & VOLUNTEER INFORMATION

**ANDREW EPPERSON**

Phone: (713) 206-9974

Email: [Andrew.Epperson@colostate.edu](mailto:Andrew.Epperson@colostate.edu)

DOUGLAS INVITATIONAL



## FIELD EVENTS

### SUNDAY, APRIL 14TH

#### **Field Events - Top 9 collegiate athletes to Finals**

|                 |                             |
|-----------------|-----------------------------|
| <b>10:00 AM</b> | Men's Hammer Throw          |
| (followed by)   | Women's Hammer Throw        |
|                 | Men's Discus                |
| (followed by)   | Women's Discus              |
|                 | Women's Javelin             |
| (followed by)   | Men's Javelin               |
| <b>10:00 AM</b> | Women's Shot Put            |
| (followed by)   | Men's Shot Put              |
| <b>12:00 PM</b> | Men's & Women's High Jump   |
| <b>12:00 PM</b> | Women's Pole Vault          |
| (followed by)   | Men's Pole Vault            |
| <b>1:30 PM</b>  | Men's & Women's Long Jump   |
| (followed by)   | Men's & Women's Triple Jump |

\*TJ boards are W-11m/M-12.5m (We may decide to do a taped board if necessary...)

\*Weigh-ins: 8:30am – 02:00pm on Saturday

\*TJ will begin immediately after the completion of LJ

\*Javelin will begin immediately after the completion of discus

## RUNNING EVENTS

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|                 |                              |
|-----------------|------------------------------|
| <b>11:45 AM</b> | National Anthem              |
| <b>12:00 PM</b> | Women's 5000m                |
| <b>12:20 PM</b> | Men's 5000m                  |
| <b>12:40 PM</b> | Women's 400m Relay           |
| <b>12:45 PM</b> | Men's 400m Relay             |
| <b>12:50 PM</b> | Women's 1500m Run            |
| <b>12:55 PM</b> | Men's 1500m Run              |
| <b>1:05 PM</b>  | Women's 100m Hurdles Prelims |
| <b>1:15 PM</b>  | Men's 110m Hurdles Prelims   |
| <b>1:20 PM</b>  | Women's 100m Dash Prelims    |
| <b>1:25 PM</b>  | Men's 100m Dash Prelims      |
| <b>1:30 PM</b>  | Women's 400m Dash            |
| <b>1:35 PM</b>  | Men's 400m Dash              |
| <b>1:40 PM</b>  | Women's 800m Run             |
| <b>1:45 PM</b>  | Men's 800m Run               |
| <b>2:55 PM</b>  | Women's 400m Hurdles         |
| <b>2:05 PM</b>  | Men's 400m Hurdles           |
| <b>2:10 PM</b>  | Women's 200m Dash            |
| <b>2:15 PM</b>  | Men's 200m Dash              |
| <b>2:25 PM</b>  | Women's 3,000m Steeplechase  |
| <b>2:40 PM</b>  | Men's 3,000m Steeplechase    |

\*All events and times are subject to change depending on the number of athletes competing.

\*Final schedule posted on day before meet will be a rolling schedule and will not run more than 15 minutes ahead.

**Ducks/MX INVITATIONAL**





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