

# CAL STATE L.A. TWILIGHT OPEN MEET SCHEDULE

## **Field Events**

*April 13<sup>th</sup>*

### ***Cerritos***

9:00 a.m. Javelin (women's followed by men's)  
11:00 a.m. Hammer (women's followed by men's)

## **Field Events**

*April 14<sup>th</sup>*

### ***Cal State LA***

8:30 a.m. Discus (women's followed by men's)  
12:00 p.m. Shot Put (women's followed by men's)  
1:00 p.m. Long Jump (women south pit, men north pit)  
1:30 p.m. Pole Vault (women's followed by men's)  
3:00 p.m. Triple Jump (women south pit, men north pit)  
5:30 p.m. High Jump (women's followed by men's)

## **Running Events**

3:00 p.m.	M/W	CCAA Hall of Fame Induction Ceremony for Sherri Howard
3:30 p.m.	W	3000 Steeplechase
	M	3000 Steeplechase
	W	100 H
	M	110 H
	W	4 x 100m Relay
	M	4 x 100m Relay
	W	1500m
	M	1500m
	W	400m
	M	400m
	W	100m
	M	100m
	W	800m
	M	800m
	W	400mLH

M	400mIH
W	200m
M	200m
W	5000m
M	5000m
W	4x400m Relay
M	4x400m Relay

**\*Schedule is tentative and subject to change! An updated schedule will be posted once all of the entries have been submitted. THE RUNNING EVENTS WILL BE ON A ROLLING SCHEDULE**