



**Coe College Athletics and Recreation
Student Athlete Handbook**

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A letter from the Director of Athletics & Recreation

Welcome to Coe College and the Coe Athletic Department. Coe College sponsors 29 varsity athletic teams with 25 competing for American Rivers Conference championships.

As a student-athlete at Coe College you will have an opportunity to interact with a variety of individuals including other student-athletes, coaches, faculty members, support staff and administrators. This Athletic Handbook is designed to serve as a guide for your Coe experience.

We are ready to support you in any way we can – we want you to be successful and believe this Athletic Handbook serves as an important first step in being a member of our Coe College Athletic Program!

Sincerely,

A handwritten signature in black ink, appearing to read "Steve Cook". The signature is fluid and cursive, with the first name "Steve" written in a larger, more prominent script than the last name "Cook".

Steve Cook
Director of Athletics & Recreation

Coe College Athletics Philosophy Statement
(Approved April 7, 1996 – Amended March 1, 2022)

Coe College athletic programs prioritize the enhancement of the overall educational experience and support the successful completion of all student academic pursuits. Coe College seeks to establish and maintain an environment in which student-athlete athletic activities are conducted as an integral part of the educational experience, while establishing and maintaining an environment that values cultural diversity and gender equity among its student-athletes and athletic staff.

To achieve this end, Coe College:

1. Requires that its athletic programs support the institution's educational mission in all aspects;
2. Emphasizes that athletic participants strive for academic achievement and meet the same academic standards expected of the student body;
3. Does not award athletically related financial aid to any student-athlete;
4. Places priority on the impact of athletics on the physical and mental health and well-being of the participants rather than on the spectators;
5. Places greater emphasis on the internal constituency (students, alumni, institutional personnel) than on the general public and its entertainment needs;
6. Develops positive societal attitudes in all constituents, including athletes, coaches, administrative personnel and spectators;
7. Requires that all financing, staffing and controlling of the athletic programs use the same general procedures as other departments of the institution;
8. Requires that athletic participants are not treated differently from other members of the student body;
9. Encourages participation by maximizing the number and variety of athletic opportunities for its students;
10. Provides equitable support and opportunities for men's, women's, and co-ed athletic programs;
11. Requires that actions of coaches and administrators exhibit fairness, openness, and honesty in their relationships with student-athletes;
12. Encourages sportsmanship, fair play, ethical conduct and amateur athletic competition;
13. Gives primary emphasis to regional in-season competition and conference championships;
14. Supports student-athletes' efforts to reach high levels of athletic performance, including opportunities for participation in regional and national championships by providing all teams with adequate facilities, competent coaching and appropriate competitive opportunities;
15. Give student-athletes an opportunity for informal input to its athletic programs through student-athlete representatives on the Student Athlete Advisory Council (SAAC);
16. Allows students to address grievances by a hearing before the Director of Athletics and,
17. Endorses and abides by the principles, philosophies, and regulations of the American Rivers Conference and NCAA Division III, including recruiting and eligibility regulations.

The Coe College Athletics Committee, consisting of three faculty members, two student members, the senior woman administrator, and the director of athletics, regularly reviews athletic programs, athletic

schedules, and athletic policies and serves as liaison to their constituencies. One or more faculty members of the Athletics Committee shall serve as the faculty representative to the American Rivers Conference.

Athletic & Recreation Administration Directory

<u>Role</u>	<u>Contact</u>	<u>Phone</u>
Vice President of Facilities and Operations	Larry Lee	399-8673
Director of Athletics & Recreation	Steve Cook	399-8649
Director of Auxiliary Services/Assistant AD	Joelle Rummel	399-8041
Senior Woman Administrator	DeAnn Woodin	399-8233
Faculty Athletic Representative	Pamela Carstens	399-8690
Faculty Athletic Representative	Kent Herron	399-8681
Director of Athletic Training Services	Nick Long	399-8013
Sports Information Director	Hunter Yrigoyen	399-8570
Assistant of Operations	Dylan Hast	399-8415
Athletic Office Coordinator	Connie Van Winkle	399-8599
Strength & Conditioning	Matt Walter	399-8037
Campus Title IX Coordinator	Paula O'Loughlin	399-8616
Equipment Room Manager	Ashton Northern	399-8606
Team Physicians	Dr. David Hart, Dr. John Hart, Dr. Dustin Arnold	
Athletic Department General Line		399-8599

[Coe College Athletic Staff Directory](#)**[Coe College Faculty & Staff Directory](#)**

Health and Safety

Primary Health Insurance/Physical Policy

Prior to practice or play as a member of an intercollegiate team, every student athlete at Coe College must meet the following guidelines:

- 1) Have a record of physical examination on file with Coe College. Freshmen and transfers must have completed a physical examination during the six months prior to enrolling at Coe. Athletic physicals are available at [Physicians Clinic of Iowa \(PCI\) Walk In Care](#) for \$40. Please have this form completed and returned to the Director of Health Services prior to August 1st.
- 2) Complete a Demographics and Mandatory Verification of Medical Insurance form. Every student-athlete at Coe is required to have their medical insurance meet the listed requirements on this form. One of the requirements is to ensure that student athletes have enough insurance to meet the NCAA provided catastrophic insurance policy. The NCAA provides catastrophic insurance coverage to all NCAA student athletes in the event that an injury or illness exceeds \$90,000. In addition to completing this information each student athlete will be required to submit a copy of their insurance card. This will be placed on file in the event that medical assistance is needed.

Hosting of Prospective Student Athletes

Selected student-athletes may have the opportunity to serve as student hosts for prospective student-athletes. Selected hosts of student-athletes will be responsible for abiding by all college policies. When hosting a prospective student-athlete, student hosts are expected at all times to exhibit appropriate behaviors, as stated in the student handbook. Serving as a student host is an important responsibility and must be taken seriously. Campus and overnight hosts represent Coe College, their teammates, and their coaches. Hosts and prospective student-athletes are to abide by all college policies governing residence life and the student handbook. Hosts and prospects are not to be involved in the use of drugs and alcohol. Students who are of legal age to purchase and consume alcohol are not to do so while hosting or visiting with prospective student-athletes.

Lightning Policy

Decisions regarding whether to continue or stop practice will be made by Staff ATC on site.

Criteria for Evacuation of the Practice/Game Area

If lightning or severe weather is within 8-20 miles the athletic training staff/student should:

- Notify the head coach and/or their designee
- Notify the visiting team (if applicable)
- Notify the game officials (at break in action)

If lightning or severe weather is within 3-8 miles the athletic training staff/student should:

- Follow procedures outlined above
- Stop all games/practice activities immediately
- Evacuate all personnel to a safe structure or location

Safe Structure or Location

Ideally, any sturdy fully enclosed, substantial, and frequently inhabited building that has plumbing and/or electrical wiring that acts to electrically ground the structure. Examples of locations that do not routinely meet this criterion include:

- Baseball/softball dugouts
- Outside storage sheds
- Canopy/awning

Criteria for Safe Return to the Practice/Game Area

- Personnel should not return to the practice/game area until thirty (30) minutes after the last lightning flash or sound of thunder.
- Each time lightning is observed and/or thunder is heard, the “30-minute” clock is to be reset.
- Lightning can strike up to 10 miles away. Blue skies in the local area or lack of rainfall are not reasons to breach the 30-minute return-to-play rule.

Emergency Action Plans

For all of the following locations either the athletic training personnel or a person designated on the scene are responsible for calling for help. All athletic facilities have a copy of the appropriate emergency action plan displayed for reference. During a competition or event the game day administrator may be responsible for calling advanced medical care, to allow ATC to provide appropriate care. All coaches at Coe College undergo training in CPR, AED, and first aid and are able to provide care within their scope if ATC is not available.

Athletic Training Room Policies

- The Athletic Training Room is a healthcare facility and will be treated as such. Only those who have business with the athletic trainer should be in the Training Room. No rough housing or horseplay, and appropriate language and attire at all times.
- Athletes must schedule appointments using Coe College AT site- website information is located outside the AT room.
- Be on time for your appointments. Student-athletes that are late may be denied treatment that day.
- The Athletic Training staff decides what medical care will be administered for an injury.
- All treatments, medications, and consultations given after practice are taken care of after showering.
- Athletes injured and unable to practice should check with the athletic trainer each day for prescribed activities.
- Athletes in violation of policy and procedures, or individuals who habitually are late and/ or miss treatment may be denied services.

Athletic Injury Policy

Every Coe College NCAA Division III intercollegiate athletic team will have a certified athletic trainer (ATC) providing medical care and coverage for practices and contests during both the traditional and non-traditional seasons. When an injury or illness occurs, student-athletes should inform their respective ATC to ensure the proper care and management of the injury or illness.

The following policy will be followed:

- Athletes should report all injuries and their illness to their respective ATC first, to ensure appropriate care is coordinated, and athlete playing status will be reported to respective Coaches.
- A student-athlete suffering from an illness will be evaluated by the respective ATC and may then be referred to the Coe College Health Services or the Coe College Medical Director, Dr. Dustin Arnold at St. Luke's Hospital.
- All athletic injuries will be evaluated by the student-athlete's respective ATC. After the injury has been evaluated by the ATC, treatment and rehabilitation will begin immediately in the Coe College Athletic Training Room.
 - If the injury requires attention beyond the scope of the Coe College Athletic Training Staff, the student-athlete will be referred to Dr. David Hart or Dr. John Hart, Orthopedic Surgeons (Physicians Clinic of Iowa), Coe College Team Physicians.
- Athletes are not required to see one of the physicians listed above, however Coe College AT is limited in its ability to assist in scheduling outside of these groups. We will require all medical documentation be presented to AT following visits to ensure appropriate care.
- Treatment and Rehabilitation will be administered at Coe College and will be supervised by the Coe College Athletic Training Staff. Appropriate documentation will be required when services are needed outside of Coe College team physicians prior to return to sport or beginning therapy.
- Each injury/illness will be reviewed and administered on a case by case basis.

This policy will allow the Coe College Athletic Training Staff the ability to facilitate the proper care and management of all injuries/illnesses incurred by Coe College student-athletes in a timely manner. Referral and evaluation by our Team Physicians will allow for a direct line of communication, thus providing the best care possible for our student-athletes.

Sickle Cell Trait

The NCAA now requires that all athletes show lab results stating the student athlete sickle cell trait result. You will need to see your healthcare provider for a blood test and attach a copy of lab results to your Pre-Participation Physical Form or bring them to the Athletic Training Department. Coe College does have the ability to schedule a blood test, but fees may result which will be the sole responsibility of the student athlete. You will not be cleared without these blood test results, but please note that IF your test is positive you can still participate in athletics. For more information on sickle cell please refer to the document on your pre-participation forms.

ADHD Medications

Currently ADHD medications are on the banned substance list by the NCAA. Individuals who have been prescribed these medications are required to provide documentation confirming the diagnoses, and prescribed medication dosage. If you are taking these ADHD medications please reach out to your ATC for appropriate forms that will need to be completed. Failure to do so could result in loss of participation following an NCAA mandated drug test.

Additional Student Life Resources

For additional resources in the areas listed below visit the [Student Life Resources page](#):

- Student Success & Persistence
- College Policies & Student Handbook
- Diversity, Equity & Inclusion
- Health & Wellness
- Information Technology
- Print Center/Mailroom
- Safety & Security
- Student Financial Services
- Title IX
- Etc.

Coe College Equipment Room

To provide the student-athletes from select teams with clean and neat practice and game gear when they are in season. It is not meant to be a personal laundry facility.

Equipment Room Procedures:

- It is required for you to turn in your laundry after your practice/competition. Your laundry will be laundered and put in your locker.
- Each sport will have a documented check-in procedure at the start of a season and check-out procedure at the completion of a season.
- Student athletes may be billed for lost or intentionally altered/damaged clothing or equipment that were issued by the athletics department.

Proper Laundry Procedures:

After practice put all dirty clothing in the laundry chute, located to the upper right of the check-in window. Laundry must be labeled with the athlete's last name.

You may turn in ONE ITEM OF EACH TYPE:

- Short
- T-Shirt
- Compression Short
- COE ISSUED towel (ONLY)
- Etc.

Subject to variation based on individual sport needs.*

Academic Integrity

Missed Class Times

Faculty are understandably concerned, as are we in the Athletic department, about student-athletes missing classes for athletic events. By their nature, some sports must compete during daylight hours and all of our athletic schedules create away from campus contests which sometimes require travel time during class hours.

In an effort to better facilitate communication with professors, keep in mind the following:

- The first responsibility for student-athletes at Coe is academics;
- Student-athletes are never excused from a class for practice;
- Student-athletes should not schedule injury treatment sessions during any personal academic class time;
- It is the student-athlete's individual responsibility to confer, in advance of their absence, with the faculty member to determine the preferred way to make up any academic work missed because of an excused absence for an athletic event.
- Student-athletes who have been placed on academic probation (see below) may not miss a class to attend a competition. Those students placed on probation may miss a class for an American Rivers Conference or NCAA championship event, pending approval by the Academic Standing Committee (ASC). Communication with the ASC will be directed by an Athletics department administrator or coach.

Academic Standing

All students are expected to meet the college's standards for academic performance (see chart below). These are in place to keep students on track towards meeting the graduation requirements of the college (32 credits with a cumulative GPA of 2.0). Students who do not meet Coe's academic standards may be put on probation or suspended from the College. To make sure that students are aware when their academic standing is in jeopardy, a series of communications are issued throughout an academic term including D/F notices, academic warnings, and notices of academic probation. Unless otherwise stated, these communications will be sent to the student by email and by a letter to the student's Coe mailbox. Additionally, an email will be sent to the student's advisor.

D/F Notices

Academic notices are issued at midterm to students who earn a D, F, or NP in one or more courses. Students receiving these notices are expected to meet with their academic advisor to identify appropriate support.

Academic Warnings

Academic warnings will be issued to students who earn a term grade point average below 2.00. Students receiving academic warnings are strongly encouraged to re-evaluate their current approach to their studies and/or their academic plans. They are expected to meet with their academic advisor and/or a Learning Commons staff member.

Academic Probation

The Academic Standing Committee reviews academic records of all students at the conclusion of both the Fall and Spring Terms. A student is placed on academic probation if the cumulative GPA falls below the minimum GPA levels listed below:

Total Course Credits Attempted	Minimum GPA Levels
0.0 – 4.99	1.50
5.0 – 7.9	1.75
8.0 – 11.9	1.80
12.0 – 15.9	1.90
16.0+	2.00

To return to good standing and be removed from academic probation, a student shall earn a cumulative GPA greater than the threshold for academic probation as specified above. If the student's cumulative GPA decreases at the end of any term on probation, the student is subject to academic suspension. Students who are placed on academic probation have a maximum of two (2) consecutive terms, excluding May and Summer, to return to good standing before they are subject to academic suspension.

Students who are on academic probation:

- Are expected to comply with any requirements outlined by the Academic Standing Committee.
- May not elect P/NP grading in lieu of a letter grade.
- May not be excused from attending class to participate in extracurricular activities.

The status of academic probation is noted on a student's transcript. Students on probation who are not meeting the conditions of their probation and not performing at a passing level in their courses may be withdrawn from the college during the term on the recommendation of the Academic Standing Committee. If the student had previously appealed a suspension, the suspension is reinstated. Otherwise, the student will exit the college with a leave of absence and is eligible to return on probation the following term. Students may appeal this decision to the Provost.

Academic Suspension, Leave of Absence, Withdrawals, and Readmission

For more information on academic suspensions, leave of absence, withdrawals, and readmission, review the Academic Integrity Policy (pg. 43) in the [Coe College Academic Catalog](#).

NCAA & American Rivers Conference Compliance & Eligibility Expectations

Compliance with NCAA rules

Coe College makes every effort to be in compliance with all NCAA rules. Should a student athlete ever be concerned about a compliance or eligibility regulation contact the Director of Compliance (see staff directory, pg 6).

Student-athletes at Coe College are expected to abide by all NCAA and American Rivers Conference rules. Student-athletes are also expected to self-report violations of the same to the Director of Athletics or Director of Compliance. For more information about compliance or eligibility issues, click on the following:

- [Amateurism](#)
- [Banned Drugs](#)
- [Drug Testing](#)
- [Division III Eligibility Standards](#)
- [International Student Athletes](#)
- [Name Image and Likeness \(NIL\)](#)
- [NCAA Division III Bylaws 2021-22](#)
- [NCAA Eligibility Center](#)
- [Recruiting](#)
- [Sports Wagering](#)

Sportsmanship Statement

Following is the Sportsmanship Statement which is read prior to each athletic contest. It is also printed in athletics programs. Similar sentiments are expressed orally to members of teams by the coaches and to the coaches by the Director of Athletics.

Coe College Sportsmanship & Behavior Statement

Coe College, the NCAA and the American Rivers Conference promote good sportsmanship among its athletes and spectators. Poor sportsmanship will not be tolerated and is grounds for removal. We request your cooperation by supporting the participants and officials in a positive manner. Alcoholic beverages, tobacco products and artificial noisemakers are prohibited at all American Rivers Conference sporting venues. Thank you for helping to make sportsmanship a priority in Division III athletics.

Name Image and Likeness (NIL)

Student-athletes may permit the use of their name, image, or likeness (NIL) in non-institutional activities and receive compensation for such activities. However, A STUDENT-ATHLETE IS UNABLE TO RECEIVE COMPENSATION FOR:

- Athletics performance or participation, OR
- As an inducement for enrollment at the institution

College Marks and Logos

Student-athletes will only be allowed to use College or Athletic department-related marks and logos, including but not limited to, all aspects of the uniform and any apparel, photos, or videos containing College marks and logos, with prior approval from Athletic Administration.

College Facilities

Student-athletes will only be allowed to use College facilities for non-institutional name, image, or likeness (NIL) activities through a facility use agreement. Associated rental fees and waiver of liability agreements will be required prior to the activity.

College Involvement

The College will provide education and guidance to student-athletes in support of their non-institutional name, image, or likeness (NIL) activities but will not develop, operate, negotiate, or promote non-institutional name, image, or likeness (NIL) activities for student-athletes.

Professional Service Providers/Representation

Student-athletes may secure representation (agent or lawyer), ONLY for name, image, or likeness(NIL) for future professional athletic contract negotiations. A professional service provider representing a student-athlete for purposes of securing compensation for the student-athlete's name, image, or likeness (NIL) must be licensed as required by the State of Iowa.

Evaluation of Professional Service Providers

Upon request of the student-athlete, the College may provide education and guidance on best practices for evaluation of professional service providers.

Athletic Department Activities

Student-athletes may not receive compensation for their name, image, or likeness (NIL) while participating in Coe College Athletics Department activities. Name, image or likeness (NIL) compensation opportunities will not conflict with academic or athletic department or athletic team activities.

Prohibited Categories

Student-athletes may not participate in name, image, likeness (NIL) activities or enter into agreements regarding name, image, or likeness (NIL) that: (a) conflict with an existing institutional sponsorship agreement or contract, (b) extend beyond the student-athlete's participation in an athletic program at the College, (c) involve the sale or exchange of awards or any other item received for athletics participation, including, but not limited to, apparel, equipment shoes, or uniform, (d) involve compensation from the College or college employees (e) provide compensation for work not performed, or (f) involved businesses, products, or services within specific categories that conflict with the College's mission or would in any manner disparage or reflect adversely on the College.

Specific prohibited categories include:

- Gambling/sports wagering vendors
- CBD, beer/wine/spirits, tobacco
- Any vendors associated with NCAA banned athletic performance-enhancing drugs
- Illegal substances or activities
- Adult entertainment

International Student Athletes

To protect against any immigration issues, international student-athletes should not enter into any name, image, or likeness (NIL) agreements without first discussing with the International Student Affairs Office.

Disclosure Policy

To prevent conflicts with existing College agreements, student-athletes are required to disclose name, image, or likeness (NIL) activities to the Coe College Athletic Department. Student-Athletes can do so by submitting the [following document](#).

Financial Aid

Financial aid could be impacted based on compensation from name, image, or likeness (NIL) activities. Student-athletes should direct all financial-aid questions to the Coe College Financial Aid Office.

The College reserves the right to adjust these policies at any time based on institutional or NCAA policy changes or changes in applicable law, rules or regulations. Changes will be communicated through the Athletic Director's Office. The application of this policy in no way creates an employment relationship between the College and any student-athletes.

Athletic Facilities

Athletics & Recreation Center (ARC)

The Athletics & Recreation Center includes two courts for basketball and volleyball, wrestling room that boasts three over-sized mats, weight room with modern lifting equipment, and a fitness center with an array of cardio and weight equipment, and a cardio bridge that overlooks the campus. This is where our basketball, volleyball, and wrestling teams host their home events.

Clark Racquet Center

The Clark Racquet Center includes racquetball, squash courts and a triathlon training room. Six indoor and six outdoor tennis courts are used to host several tournaments as well as home matches. The Center boasts a six-lane 200-meter indoor track with a Mondo Track surface, which was replaced in 2021. Clark also offers a n aerobics room, sauna, classroom and conference room.

Moray L. Eby Fieldhouse

The Moray L. Eby Fieldhouse includes two full-sized basketball courts, one multi-purpose sport court, baseball and softball indoor batting cages, and numerous team locker rooms. The indoor rock climbing gym is located next to the athletic training facility on the ground floor of the building.

Coe Natatorium

The Coe Natatorium features a 40-meter eight-lane swimming pool with a 16-foot deep diving well. Equipped with a bulkhead, the pool can be configured in several ways, including an all-deep water racing course. The Natatorium's large gallery comfortably accommodates several hundred spectators.

Clark Fields

Located adjacent to the Racquet Center, the Clark Fields feature a 2,200-seat football/soccer stadium with a full-size press box, rooms for home and visiting teams, and a concession area. An eight-lane Balsam track surrounds the field, which hosts football and soccer contests. A softball diamond, constructed in the Northeast corner has seating available for 250 spectators. A track and field practice area fills out the space.

Daniels Park

Through a joint effort with the City of Cedar Rapids, Coe renovated the Daniels Park baseball field. Daniels Park, the home to Kohawk Baseball is only a couple of blocks from Coe's campus and has seating available throughout the park.

Athletic/Recreational Facility Use Policy for Alumni

As an alumnus of Coe College, you will be welcome to use the Coe College Athletic and Recreational facilities for a period of one semester immediately after graduation. After a period of one semester you will need to purchase a membership to the Coe Fitness Center, Natatorium or Clark Racquet Center. To obtain your complimentary membership card or purchase a membership please contact:

Joelle Rummel, Assistant Athletics and Recreation Director and Director of Auxiliary Services
E-mail: jrummel@coe.edu, Phone: 319-399-8041

Coe College Athletic Facility Policies

For the Coe College Fitness Center/Weight Room/Kohawk Arena/Eby Fieldhouse

1. All students, faculty, staff, and members must have Coe I.D. or membership cards to scan in at the front desk.
2. Members must enter through the main entrance at the southeast end of the ARC.
3. Users are required to use collars to secure weights on barbells.
4. Return dumbbells to the rack in their proper order.
5. Do not drop weight plates or dumbbells.
6. Do not lean weight equipment against walls.
7. Minimize chalk and powder on the floor.
8. Do not engage in horseplay, use loud or offensive language, or emotional outbursts.
9. Wipe off all equipment with provided sanitation wipes when finished.
10. All visitors and guests must get a pass from the athletic department office secretary or Athletic Facilities and Events Coordinator.
11. Understand that on-duty supervisors have authority over all fitness center and weight room conduct and use of equipment and may expel a member from the facility for failure to follow these instructions.
12. Phones cannot be connected to Bluetooth in the fitness center or weight room. Music will be played through radio stations. Phones will be taken off of Bluetooth.
13. Music in the gyms must be language appropriate and at a reasonable sound level. Staff will have the authority to ask you to turn off the music, switch the song, or turn it down.
14. In order to use Kohawk Arena you must get approval from athletics & recreation staff. If permission has not been granted you will be asked to leave the Arena.
15. Must have a Coe ID or membership card with you at all times while in the facilities. You may be asked to show your Coe ID. If you do not have your ID you will be asked to leave the facilities.
16. If hoops need to be put down in the Eby Fieldhouse please go to the main office and ask for help or find a staff member to assist.

Athletic Award Policy/ "C" CLUB**Coe College 2022-2023 Varsity Athletic Award Policy**

In order to receive a varsity letter, student athletes must meet the following criteria for their respective sport:

Archery

Participate in a tournament.

Baseball

Position Players: Average at least one plate appearance or play defensively on average one inning per game

Pitchers: Average one inning pitched per game, appear in 1/3 of total number of games, or accumulate five total decisions of win, loss, or save.

Basketball

Participate in at least half of all varsity games.

Bowling

Participate in at least half of all varsity matches.

Cheer

Cheer at all home football games and at least 3 home basketball games.

Clay Target

Make the travel team.

Cross Country

Place in the top ten on the team for 65% of all meets or participates all four years.

Dance

Participate in each team competition.

Esports

Participate in at least half of team matches for their season

Football

Play in 20 of the available 40 quarters.

Golf

Participate in one tournament.

Soccer

Participate in at least half of all varsity games.

Softball

Position Players: Hold a starting position for at least 70% of total varsity games

Pitchers: Hold a spot in the starting rotation for at least 70% of total varsity games.

Swimming & Diving

Based upon a special point system.

Tennis

Based upon match participation and practices.

Track & Field

Finish in the top 25% on the team based on total points meets accumulated throughout the season.

Triathlon

Compete in and complete an NCAA triathlon event.

Volleyball

Participate in 50% of all games.

Wrestling

Participate in 60% of all varsity matches.

**Note: Coaches may also take other criteria into consideration when deciding letter winners. For instance, other significant contributions to the team before an injury could earn an athlete a letter. In many sports, seniors who complete the season will be eligible to receive a letter.*

A student may earn up to four "Varsity Athletic Letter Awards" in each sport he/she qualifies (One "Varsity Athletic Letter Award" per sport per year). A student who does not meet the criteria to qualify for a "Varsity Athletic Letter Award" in a season may be awarded a "Certificate of Participation" if the coach wishes.

First "Varsity Athletic Letter Award" in one or more sports

The recipient receives a certificate for each sport, the first time he/she earns a Varsity Letter.

Second "Varsity Athletic Letter Award" in the same sport

The recipient receives a short sleeve Dri-Fit T-shirt. A student qualifies to earn a T-shirt only once even though he/she may letter four years in three different sports. A student or an alumnus/a may replace a lost or damaged T-shirt by paying the full cost of a new T-shirt.

Third "Varsity Athletic Letter Award" in the same sport

The recipient receives a Kohawk Athletics pullover. A student qualifies to earn a subsidized Pullover only once even though he/she may letter four years in three different sports. A student or an alumnus/a may replace a lost or damaged Fleece by paying the full cost of a new Fleece.

Fourth "Varsity Athletic Letter Award" in the same sport

The recipient receives a 4 year wooden letter box engraved with "Once a Kohawk, Always a Kohawk". A student qualifies to earn a subsidized 4 year wooden letter box only once even though he/she may letter four years in three different sports. A student or an alumnus/a may replace a lost or damaged 4 year wooden letter box by paying the unsubsidized cost of a new 4 year wooden letter box.

An alumnus/a who has earned a "Varsity Athletic Letter Award" during his/her athletic career at Coe, regardless of which year in school the award was earned, may purchase a T-shirt, Pullover or a 4 year wooden letter box.

American Rivers Conference Championship Ring Policy

In order to mark excellence in team and individual athletic achievement, Coe College will award coaches, individuals and certain members of conference championship teams with a commemorative championship ring. Each athlete is eligible to win one ring.

Qualifying Individuals and Team Members.

In conference sports that crown individual champions either by sport, event or weight class, any individual that is recognized in accordance to conference rules and protocols as an individual conference champion shall be eligible to receive a ring. In addition, athletes will be eligible for a ring as an “All-conference” athlete in accordance with the guidelines set forth by the Ring Committee.

In conference sports that recognize a team conference champion, all starters and key contributors shall be eligible to receive a ring. A key contributor is understood to be those non-starters who have earned an athletic letter in accordance with college athletic protocols.

- Conference rules and protocols shall be determinative in recognizing the team’s status of team conference champion. If a team is recognized as co-champions of the conference, the team will be eligible for rings if either there is no existing conference mechanism to distinguish between the teams or if the college team is favored by such conference mechanism. For example, if a conference rule is used to determine which co-champion team will represent the conference in national or regional championship play, that conference rule shall determine eligibility for rings.
- In sports that have more than one distinct season, teams shall only be entitled to one ring even if the team wins both seasons’ conference title.
- For conference sports that have a regular season and tournament conference champions, only the regular season champion shall qualify for a team ring.

In determining which individual athletes and coaches shall be eligible for a ring, a coach who believes his or her athlete(s) are eligible will assist the college’s Athletic Director in preparing a list of athletes in accordance with the terms of this Agreement. The list will then be submitted to the Rings Committee for final approval in the Awards Committee’s sole discretion. Under appropriate circumstances, and subject to the Awards Committee’s sole discretion, the Awards Committee may make limited exceptions to eligibility for teams or individuals not meeting the conference rules or standards for team championship.

The Rings Committee shall consist of the following three members:

- The Donor
- The Coe College Director of Athletics
- A current faculty or staff member of Coe College other than the then serving Director of Athletics.

Coe College shall make available to current team members and coaches who do not qualify for eligibility rings for purchase at a reasonable cost.

Student Athlete Advisory Committee (SAAC)

The mission of the Coe College Student Advisory Committee (SAAC) is to be of assistance to the director of athletics in all matters referred to the committee by the director. Some of these referrals, though not limited to these matters, may involve: sportsmanship of students, coaches and spectators; ethical conduct of students, coaches and spectators; conduct of sports programs academic and social concerns related to sports programs; review of athletics program needs of the College; review of pertinent American Rivers Conference and National Collegiate Athletic Association (NCAA) legislation.

Composition of the Committee

The Committee will consist of one or more members from each NCAA Division III Athletic team sponsored by Coe College.

Management Council

The committee shall elect two members (one male, one female) to serve on the Management Council. To be eligible for Management Council Service, at least one committee member shall have completed at least one year of service on the committee. SAAC Management Council members will not be chosen in the same year in order to ensure the continuity of Management Council representation.

Chair and Vice-Chair Terms of Office

The committee chair may not serve more than a two-year term and is not eligible for re- election. The vice-chair may not serve more than a two-year term. All eligible members for the position of chair and vice-chair will be considered nominees for the positions unless they decline the nomination.

Attendance Policy

As a Coe College SAAC member, you are encouraged to attend all SAAC meetings. If you are unable to attend a particular meeting, you are required to notify the committee chair one day prior to the meeting.

Communication Network

SAAC Members must stay in contact with their fellow committee members throughout the year. SAAC members should seek to gain a better overall understanding of the issues affecting NCAA Division III, the American Rivers Conference and in particular their institution. In addition, each member needs to maintain a working relationship with the Coe College Director of Athletics, the American Rivers Conference Commissioner and the American Rivers Conference. It is the responsibility of the SAAC members to become informed and educated about the various issues affecting Division III. At all times the SAAC members must keep their athletic teams educated about the issues at hand.

All matters considered by the advisory committee will be consistent with the overall Mission of the College.

Student-Athlete Discipline Policy

The Student-Athlete Discipline Policy (SADP) is in addition to the current Student Conduct Process for Coe College (see [Student Handbook](#)). The Coe College Student-Athlete Policy requires the following guidelines to be adhered to by all student-athletes:

- At the beginning of each academic year, each Coe College athletic team will formulate their own “team” rules and regulations. These rules and regulations, which will be in line with current local, state and national laws, must include specific penalties for non-compliance. The rules and regulations, along with penalties will be typed out & clearly stated, each team member is required to sign the document. A copy of the rules and regulations must be given to each athlete, coach, and the Director of Athletics.
- Incidents occurring on the Coe College campus involving student-athletes are subject to the Campus Judicial Procedures just as they are for all students. In addition the Athletic Director may impose additional sanctions as deemed appropriate while supporting team rules and/or Athletic Department expectations. Incidents occurring off- campus involving a student-athlete will be reviewed by the Director of Athletics and the Dean of Student Life – Campus policy
- Student-athletes may face immediate and indefinite suspension from all competition and practice if at any time the Athletic Department has been provided sufficient information proving that a student-athlete has been charged or arrested for a violation of law involving drugs, gambling, violence (e.g. rape, assault, destruction of property, etc.) or any felony. This policy and its penalties are set high and will be strictly enforced in order to deter illegal or negative behavior by student-athletes while encouraging a respectful and responsible representation of the Coe College Athletic Department.

This discipline policy permits student-athletes to appeal their suspension. Student appeals will be made to a committee chaired by the Director of Athletics and is composed of: the Senior Women’s Administrator, the Faculty Athletic Representatives and a student-athlete from the Student Athlete Advisory Committee. The coach of the suspended student-athlete has no involvement in the decision that is made about a suspension. Appeals must be typed, contain facts pertaining to the suspension, contact information of witnesses willing to appear on the student-athletes behalf, and an explanation of why the situation and its penalty deserve reconsideration. Appeals must be turned into the Director of Athletics within 72 hours of the suspension to be considered. The appeals committee reserves the right to let the indefinite suspension stand, modify the suspension (community service) based on the information it receives from the student-athlete or other persons who appear before the committee at the request of student-athlete, or decline the appeal based on the circumstances or the written appeal.

Policy on the Use of Social Media

The Athletic Department understands the popularity and usefulness of social networking platforms and supports the reasonable and appropriate use of such technologies by coaches and student-athletes. However, as with all avenues of media, inappropriate content reflects poorly on the entire College community. Therefore, athletics personnel such as coaches and athletic trainers, and any student associated with a College team shall observe the following policies and practices when utilizing social media of any type:

- No offensive, illegal or inappropriate comments, photographs or images are posted.
- Any information placed on the website(s) does not violate Coe College, Athletic Department, or the student-athlete codes of conduct.
- Comments, photographs or images on these sites related to student-athletes, teams or College-identifiable activities are appropriate, including wearing/using team uniforms or gear.
- No photographs or images of coaches, staff, or any other College personnel are used without the written permission of the person posted.

Students accessing "social networking services" such as Facebook, MySpace, Blogger, Twitter, Instagram, Snapchat and others should carefully read the terms and conditions set forth by such services. Students are solely responsible for the content of their sites. Coe College does not assume any responsibility for what students place there. Inappropriate material placed on social networking sites is subject to Coe College's Student Conduct Process and the College's Harassment policy. In addition to violation of College policy, the posting of inappropriate material may subject students to criminal and civil penalties. As referenced in the terms and conditions of these networking services, students should refrain from posting material that is deemed to be criminal; harassing; racially, sexually, ethnically or religiously objectionable; defamatory; obscene; invasive of another's privacy; or infringing of copyright.

Coaches, staff and student-athletes must remember that they are representatives of Coe College and are therefore in the public eye and held to a higher standard than other College employees and students. Coaches and student-athletes may face discipline and even suspension/dismissal for violations of team, Athletic Department, Coe College, and/or American Rivers Conference and National Collegiate Athletic Association (NCAA) policies.

Additional Resources

- [Student Success & Persistence](#)
- [College Policies & Student Handbook](#)
- [Diversity, Equity & Inclusion](#)
- [Health & Wellness](#)
- [Information Technology](#)
- [International Student Affairs](#)
- [Print Center/Mailroom](#)
- [Orientation](#)
- [Safety & Security](#)
- [Student Financial Services](#)
- [Title IX](#)
- [Bookstore](#)
- [Student Housing](#)
- [My.Coe.edu](#)
- [National Collegiate Athletics Association NCAA](#)
- [American Rivers Conference](#)
- [Kohawk Athletics](#)
- [Kohawk Athletics Twitter](#)
- [Kohawk Athletics Facebook](#)
- [Kohawk Athletics](#)