



ATHLETICS HISTORY

AS OF JANUARY 29, 2025

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BASEBALL HISTORY

Year By Year Record

Year	Record	Pct.	Conf.	Pct.	Place	Coach	Post Season
1982	7-17	.292	3-5	.375	T4th	Howard Wiseman	
1983	10-19	.345	2-6	.250	5th	Howard Wiseman	
1984	4-22	.154	1-7	.125	5th	Howard Wiseman	
1985	11-23	.324	3-5	.375	4th	Howard Wiseman	
1986	17-24	.415	0-8	.000	5th	Howard Wiseman	
1987	17-21	.447	3-5	.375	T3rd	Howard Wiseman	
1988	10-25	.286	2-10	.167	T4th	Howard Wiseman	
1989	6-25	.194	3-9	.250	4th	Howard Wiseman	
1990	20-14	.588	4-5	.444	T3rd	Howard Wiseman	
1991	21-18	.538	2-7	.222	4th	Howard Wiseman	
1992	14-22-1	.392	2-7	.222	4th	Howard Wiseman	
1993	17-14	.548	3-9	.250	T4th	Howard Wiseman	
1994	8-25-1	.250	3-8	.273	5th	Curt Long	
1995	21-16	.568	3-7	.300	5th	Curt Long	
1996	12-27	.308	0-12	.000	7th	Curt Long	
1997	22-19	.537	4-8	.333	6th	Curt Long	
1998	26-15	.634	4-8	.333	6th	Curt Long	
1999	21-20-1	.512	6-5	.545	4th	Curt Long	
2000	26-14	.650	6-6	.500	6th	Curt Long	
2001	25-11	.694	8-4	.667	T1st*	John Harvell	NCAA
2002	38-16	.704	10-4	.714	3rd*	John Harvell	NCAA World Series - 3rd Place
2003	35-9	.795	9-3	.750	2nd	John Harvell	NCAA World Series - 2nd Place
2004	25-16	.610	14-7	.667	2nd	John Harvell	
2005	25-16	.610	11-8	.579	3rd	John Harvell	
2006	19-20	.487	9-9	.500	5th	John Harvell	
2007	24-17	.585	6-6	.500	5th	John Harvell	
2008	29-14	.674	9-2	.818	1st*	John Harvell	NCAA
2009	26-13-2	.663	5-5	.500	T3rd	John Harvell	NCAA
2010	24-17	.585	7-5	.583	T4th	John Harvell	
2011	39-7	.848	10-2	.833	2nd*	John Harvell	NCAA
2012	34-10	.773	9-3	.750	1st*	John Harvell	NCAA World Series
2013	29-12-1	.702	18-6	.750	1st	John Harvell	
2014	23-17	.575	11-5	.688	4th	John Harvell	
2015	16-14	.533	8-10	.444	5th	John Harvell	
2016	25-14	.641	10-8	.556	5th	John Harvell	
2017	25-15	.625	15-3	.833	2nd	John Harvell	
2018	35-12	.745	15-3	.833	T1st	John Harvell	NCAA
2019	35-10	.778	17-3	.850	1st*	John Harvell	NCAA
2020	10-4	.714	0-0	.000	--	John Harvell	
2021	22-12	.647	11-5	.688	2nd	John Harvell	
2022	27-14	.659	4-2	.667	2nd	John Harvell	NCAA
2023	33-11	.750	3-1	.750	T1st	John Harvell	NCAA
2024	29-12	.707	3-1	.750	1st*	John Harvell	NCAA Super Regional

Total 942-693-6 .576 274-239 .534

*Conference Tournament champions

^Season Canceled on March 13 Following Decision by NCAA and CAC Regarding COVID-19 Pandemic

Conference Record in USA South Athletic Conference: 179-201 (.471)

Conference Record in Capital Athletic Conference: 97-41 (.703)

Coaching Records

Coach	Years	Seasons	Overall		Conf.		NCAA Appearances
			W-L	Pct.	W-L	Pct.	
Howard Wiseman	1982-93	12	154-244-1	.386	28-83	.252	
Curt Long	1994-00	7	136-136-2	.500	26-52	.325	
John Harvell	2001-	24	652-313-3	.675	221-104	.680	12

Major Honors

MLB DRAFT PICKS
2013 Austin Chrismon (P) 1st pick, 26th rd

ABCA ALL-AMERICAN
1990 Tab Pabst (P) 2nd team
Gary Malarkey (1B) 3rd team
2002 Matt Turner (Util) 2nd team
2003 Matt Turner (OF) 1st team
Jeremy Elliott (OF) 1st team
Chris Phaup (3B) 3rd team
2008 Kenny Moreland (P) 1st team
Trae Bailey (SS) 2nd team
2011 Connor Madden (OF) 2nd team
Matt Shoemaker (2B) 3rd team
2014 Billy Steel (SS) 2nd team
2016 Tommy Vitalize (OF) 2nd team
2018 Seth Woodard (3B) 1st team
2019 Nick DiNapoli (SS) 2nd team
2024 Dylan Weber (P) 1st team

D3BASEBALL.COM ALL-AMERICAN
2008 Kenny Moreland (P) 1st team
Trae Bailey (SS) 2nd team
2011 Connor Madden (OF) 2nd team
2013 Austin Chrismon (P) 3rd team
Justin Weaver (OF) 3rd team
Ryan Fleischmann (P) Hon. Men.
2016 Tommy Vitalize (OF) 3rd team
2018 Seth Woodard (3B) 3rd team
2019 Joseph Cutchins (2B) 3rd team
Seth Woodard (3B) 4th team
2022 Justin Bowers (1B) 5th team
2024 Dylan Weber (P) 1st team

D3BASEBALL.COM NATIONAL PITCHER OF THE YEAR
2008 Kenny Moreland

ABCA NATIONAL PITCHER OF THE YEAR
2008 Kenny Moreland

NCBWA NATIONAL PITCHER OF THE YEAR
2008 Kenny Moreland

NCBWA REGIONAL FIELD PLAYER OF THE YEAR
2008 Trae Bailey

ALL-DIVISION III WORLD SERIES
2002 Chris Phaup (3B)
2003 Scotty George (C)
Eben Brower (P)

ABCA ALL-SOUTH REGION
1982 Kenny Allison (OF) 1st team
1990 Tab Pabst (P) 1st team
Gary Malarkey (1B) 1st team
1994 Elly Bratten (SS) Hon. Men.
1999 Rob Robinson (OF) 1st team
2002 Matt Turner (OF) 1st team
2002 Chris Phaup (3B) 1st team
2003 Matt Turner (OF) 1st team
Chris Phaup (3B) 1st team
Jeremy Elliott (OF) 1st team
Mike Cosby (P) Hon. Men.
2008 Trae Bailey (SS) 1st team
Kenny Moreland (P) 1st team
2009 Trae Bailey (SS) 1st team
2011 Sean Chitsaz (P) 1st team
Connor Madden (OF) 1st team
Matt Shoemaker (2B) 1st team
Ryan Fleischmann (P) 2nd team
Greg Goldsmith (P) 2nd team
2012 Greg Goldsmith (P) 1st team
Connor Madden (OF) 3rd team
2013 Austin Christmon (P) 1st team
Ryan Fleischmann (P) 1st team
Justin Weaver (OF) 1st team
Bryan Bierlein (P) 3rd team
Billy Steel (SS) 3rd team
2014 Billy Steel (SS) 1st team
Nick Santalucia (SP) 2nd team
Tommy Vitalize (OF) 2nd team
Bryan Bierlein (P) 3rd team
2016 Tommy Vitalize (OF) 1st team
2017 Mike Thomas (P) 2nd team
2018 Seth Woodard (3B) 1st team
Brandon Ginch (DH) 2nd team
Joe Burris (RP) 3rd team

Thomas Packert (SP) 3rd team
2019 Nick DiNapoli (SS) 1st team
Nicholas Baham (1B) 1st team
Seth Woodard (3B) 1st team
Trey Hicks (OF) 1st team
Joseph Cutchins (2B) 2nd team
Jordan Mason (OF) 2nd team
Ryan Grubbs (C) 3rd team
Conner Clark (OF) 3rd team
2021 Jay Cassidy (UTIL) 3rd team
2022 Justin Bowers (1B) 2nd team
Daniel Elliott (UTIL) 3rd team
2023 Zach Dzarnowski (C) 1st team
Dylan Weber (SP) 3rd team
2024 Brandon Cassidy (SP) 1st team
Dylan Weber (SP) 1st team
Lincoln Lubsen (C) 2nd team
Kyle Lewis (RP) 3rd team
Josh Reinhold (SS) 3rd team

ABCA ALL-SOUTH PLAYER OF THE YEAR
2008 Trae Bailey

ABCA ALL-SOUTH PITCHER OF THE YEAR
2008 Kenny Moreland
2024 Dylan Weber

D3BASEBALL.COM ALL-SOUTH REGION

2012 Greg Goldsmith (P) 1st team
2013 Austin Chrismon (P) 1st team
Ryan Fleischmann (P) 1st team
Justin Weaver (OF) 1st team
Bryan Bierlein (P) 3rd team
Billy Steel (SS) 3rd team
2014 Billy Steel (SS) 1st team
Tommy Vitalize (OF) 2nd team
2016 Tommy Vitalize (OF) 1st team
2017 Joe Burris (RP) 2nd team
2018 Joe Burris (RP) 1st team
Seth Woodard (3B) 1st team
Brandon Ginch (DH) 2nd team
Thomas Packert (SP) 2nd team
2019 Nicholas Baham (1B) 1st team
Joseph Cutchins (2B) 1st team
Nick DiNapoli (SS) 1st team
Seth Woodard (3B) 1st team
Trey Hicks (OF) 1st team
Jordan Mason (OF) 2nd team
Tyler Jumper (RP) 2nd team
Ryan Grubbs (C) 3rd team
Josh Husby (SP) 3rd team
2021 Jay Cassidy (UTIL) 3rd team
2022 Justin Bowers (1B) 1st team
Daniel Elliott (UTIL) 1st team
2023 Zach Dzarnowski (C) 2nd team
Kyle Lewis (RP) 2nd team
Dylan Weber (SP) 3rd team
2024 Kyle Lewis (RP) 1st team
Dylan Weber (SP) 1st team
Lincoln Lubsen (C) 2nd team

D3BASEBALL.COM ALL-SOUTH PITCHER OF THE YEAR

2008 Kenny Moreland
2013 Austin Christmon
2024 Dylan Weber

ALL-SOUTH COACH OF THE YEAR

2002 John Harvell
2003 John Harvell
2011 John Harvell
2024 John Harvell

ALL-REGIONAL TOURNAMENT

2002 Jon Hurd (1B) (MVP)
Ted Tignor (SS)
Scotty George (C)
Jeremy Elliott (DH)
Rob Dye (P)
Cliff Wester (P)
2003 Eben Brower (P) (MVP)
Cary Bruner (P)
Chris Phaup (3B)
Matt Turner (OF)
2009 Ben Landa (C)
2012 Ben Landa (C)
Matt Shoemaker (P)
Steven Keener (1B) (MVP)
2018 Joe Burris (RP)
Craig Johnson (OF)
Brian Owens (RP)

2022 Brayden Hodges (3B)
Michael Martorano (OF)
Colin D'Arcy (RP)
Daniel Elliott (UTIL)
2023 Sam Benedict (3B)
Jack Braley (SP)
Justin Bowers (1B)
Alec Reilly (OF)
2024 Brandon Cassidy (P) (MVP)
Scott Crosson (OF)
Daniel Elliott (P)
Justin Liakos (2B)
Ayden Stuffer (OF)

NCAA REGIONAL TOURNAMENT MVP

2002 Jon Hurd (1B)
2003 Eben Brower (P)
2012 Steven Keener (1B)
2024 Brandon Cassidy (P)

CONFERENCE PLAYER OF THE YEAR

2001 Rob Dye (P)
2003 Matt Turner (OF)
2008 Trae Bailey (SS)
2009 Trae Bailey (SS)
2013 Justin Weaver (OF)
2014 Billy Steel (SS)
2018 Seth Woodard (3B)

CONFERENCE ROOKIE OF THE YEAR

2006 Mike Giarrizzi (OF)

CONFERENCE PITCHER OF THE YEAR

2008 Kenny Moreland
2013 Austin Christmon
2023 Dylan Weber
2024 Dylan Weber

CONFERENCE ROOKIE PITCHER OF THE YEAR

2005 Kenny Moreland
2013 Brandon Taylor

CONFERENCE COACH OF THE YEAR

1990 Howard Wiseman
2001 John Harvell
2008 John Harvell
2012 John Harvell
2018 John Harvell
2019 John Harvell
2023 John Harvell
2024 John Harvell

ALL-CONFERENCE TOURNAMENT MVP

2001 Stephen Hatcher
2008 Kenny Moreland
2011 Billy Steel
2024 Dylan Weber

ALL-VIRGINIA DIVISION II-III PLAYER OF THE YEAR

2002 Matt Turner
2003 Matt Turner
2008 Kenny Moreland
2009 Trae Bailey
2013 Justin Weaver
2018 Seth Woodard
2019 Nick DiNapoli

ALL-VIRGINIA DIVISION II-III PITCHER OF THE YEAR

2013 Austin Christmon
2024 Dylan Weber

ALL-VIRGINIA DIVISION II-III ROOKIE OF THE YEAR

2011 Billy Steel

ALL-VIRGINIA DIVISION II-III COACH OF THE YEAR

2001 John Harvell
2002 John Harvell
2008 John Harvell
2011 John Harvell
2012 John Harvell
2019 John Harvell

CONFERENCE MALE ATHLETE OF THE YEAR

2024 Dylan Weber

MEN'S BASKETBALL HISTORY

Year By Year Record

Year	Record	Pct.	Conf.	Pct.	Pos.	Coach	Post Season
1967-68	8-11	.421				Bev Vaughan	
1968-69	8-11	.421				Bev Vaughan	
1969-70	15-5	.750				Bev Vaughan	
1970-71	13-6	.684				Bev Vaughan	
1971-72	15-5	.750				Bev Vaughan	
1972-73	16-9	.640	11-3	.786	2nd	Bev Vaughan	
1973-74	17-9	.654	10-4	.714	T2nd	Bev Vaughan	
1974-75	12-11	.522	7-7	.500	5th	Bev Vaughan	
1975-76	13-13	.500	7-7	.500	4th	Bev Vaughan	
1976-77	16-10	.615	9-5	.643	3rd	Bev Vaughan	
1977-78	20-7	.741	10-4	.714	T2nd	Bev Vaughan	
1978-79	16-11	.593	9-5	.643	2nd	Bev Vaughan	
1979-80	19-8	.704	12-2	.857	1st	Bev Vaughan	
1980-81	16-12	.571	8-6	.571	4th	Bev Vaughan	
1981-82	8-18	.308	4-10	.286	7th	Glenn Russell	
1982-83	10-16	.385	8-6	.571	5th	Glenn Russell	
1983-84	11-16	.407	8-6	.571	3rd	Glenn Russell	
1984-85	13-14	.481	6-8	.429	5th	C.J. Woollum	
1985-86	19-11	.633	10-4	.714	2nd*	C.J. Woollum	NCAA
1986-87	16-11	.593	10-4	.714	3rd	C.J. Woollum	
1987-88	15-15	.500	6-8	.429	5th*	C.J. Woollum	NCAA
1988-89	17-12	.586	8-4	.667	2nd*	C.J. Woollum	NCAA
1989-90	19-9	.679	7-3	.700	T2nd	C.J. Woollum	NCAA
1990-91	24-5	.828	10-0	1.000	1st*	C.J. Woollum	NCAA Sweet 16
1991-92	17-10	.630	7-3	.700	T1st	C.J. Woollum	
1992-93	23-5	.821	8-2	.800	2nd*	C.J. Woollum	NCAA Sweet 16
1993-94	22-5	.815	11-1	.917	1st	C.J. Woollum	NCAA Second Round
1994-95	18-10	.643	7-5	.583	T2nd	C.J. Woollum	NCAA
1995-96	24-6	.800	9-3	.750	T1st*	C.J. Woollum	NCAA Sweet 16
1996-97	19-8	.704	9-3	.750	2nd	C.J. Woollum	NCAA Second Round
1997-98	26-2	.929	12-0	1.000	1st*	C.J. Woollum	NCAA Sweet 16
1998-99	22-5	.815	11-1	.917	1st*	C.J. Woollum	NCAA
1999-00	25-3	.893	10-2	.833	T1st*	C.J. Woollum	NCAA Second Round
2000-01	25-4	.828	10-2	.833	1st*	C.J. Woollum	NCAA Elite 8
2001-02	23-5	.821	11-3	.786	1st	C.J. Woollum	
2002-03	24-5	.828	12-2	.857	T1st*	C.J. Woollum	NCAA
2003-04	15-11	.577	9-5	.643	4th	C.J. Woollum	
2004-05	18-8	.692	8-4	.667	2nd	C.J. Woollum	
2005-06	20-8	.714	9-3	.750	T1st*	C.J. Woollum	NCAA
2006-07	15-11	.577	7-5	.583	3rd	C.J. Woollum	
2007-08	10-16	.385	6-6	.500	T3rd	C.J. Woollum	
2008-09	18-9	.667	10-2	.833	T1st	C.J. Woollum	
2009-10	15-13	.538	7-5	.583	T2nd*	C.J. Woollum	NCAA
2010-11	18-9	.667	9-3	.750	3rd	John Krikorian	
2011-12	23-5	.821	12-0	1.000	1st*	John Krikorian	NCAA
2012-13	22-6	.786	11-3	.786	1st*	John Krikorian	NCAA 2nd Round
2013-14	19-9	.679	9-7	.562	5th	John Krikorian	
2014-15	20-8	.714	13-5	.722	4th	John Krikorian	
2015-16	30-2	.938	18-0	1.000	1st*	John Krikorian	NCAA FINAL FOUR
2016-17	27-3	.900	17-1	.944	1st*	John Krikorian	NCAA Sweet 16
2017-18	22-7	.759	14-4	.778	T1st	John Krikorian	NCAA 2nd Round
2018-19	29-4	.879	12-2	.857	1st*	John Krikorian	NCAA FINAL FOUR
2019-20	23-6	.793	9-1	1.000	T1st	John Krikorian	NCAA Sweet 16 ^A
2021-22	27-3	.900	0-0	--	1st*	John Krikorian	NCAA Sweet 16
2022-23	30-3	.909	0-0	--	1st*	John Krikorian	NCAA NATIONAL CHAMPIONS
2023-24	24-7	.774	0-0	--	1st*	John Krikorian	NCAA Elite Eight

Totals 1049-471 .690 457-179 .719

*Conference Tournament Champions

Conference Record in USA South Athletic Conference: 365-159 (.697)

Conference Record in Capital Athletic Conference: 92-20 (.821)

^ANCAA Tournament Canceled on March 13 Following Decision by NCAA and CAC Regarding COVID-19 Pandemic

Coaching Records

Coach	Years	Seasons	Overall			Conf.		NCAA Appearances
			W-L	Pct.	W-L	Pct.		
Bev Vaughan	14	1967-81	204-128	.614	83-43	.659		
Glenn Russell	3	1981-84	29-50	.367	20-22	.476		
C.J. Woollum	26	1984-2010	502-221	.694	230-88	.723	17	
John Krikorian	13	2010-	314-72	.813	124-26	.827	10	

Major Honors

ALL-AMERICAN

1973-74	Carl Farris, NAIA Honorable Mention
1985-86	Buck Moore, NCAA Honorable Mention
1988-89	Lamont Strothers, NCAA 2nd team & Basketball Times 2nd team
1989-90	Lamont Strothers, NCAA Hon. Mention
1990-91	Lamont Strothers, NCAA 1st team; Basketball Times Player of the Year
1991-92	Steve Artis, NCAA Honorable Mention
1992-93	Steve Artis, NCAA 3rd team
1993-94	Ted Berry, NCAA 2nd team
1994-95	Jo-Jo Chambers, Basketball Times 2nd team
1995-96	Andre Bolton, Columbus Multi-Media, Honorable Mention
1997-98	Steve Butler, Columbus Multi-Media, Honorable Mention
1999-00	Antoine Sinclair, NCAA 2nd team, D3hoops.com 2nd team, Columbus MM, HM
2000-01	Antoine Sinclair, NCAA 1st team, Basketball Times 1st team, D3hoops.com 3rd team
2002-03	Terry Gray, 3rd team D3hoops.com
2011-12	Conley Taylor, 2nd team NABC
2015-16	Marcus Carter, NABC 1st team, d3hoops.com 4th team
2016-17	Tim Daly, NABC 1st team
2017-18	Aaron McFarland, NABC 1st team
2018-19	Marcus Carter, NABC 2nd team, D3hoops.com Honorable Mention
2021-22	Jahn Hines, NABC 3rd team
2022-23	Jahn Hines, D3hoops.com 4th team
	Trey Barber, D3hoops.com 5th team
2023-24	Jahn Hines, D3hoops.com 4th team

BASKETBALL TIMES NATIONAL PLAYER OF THE YEAR

1990-91 Lamont Strothers

ALL-SOUTH

1985-86	Buck Moore
1988-89	Lamont Strothers - No. 1 Vote-getter
1989-90	Lamont Strothers - No. 1 Vote-getter
1990-91	Lamont Strothers - No. 1 Vote-getter
	Steve Artis - 2nd team
1991-92	Steve Artis
1992-93	Steve Artis
	James Boykins - 2nd team
1993-94	Ted Berry
1994-95	Jo-Jo Chambers - 2nd team
1995-96	Andre Bolton - 2nd team
	Terry Thomas - 2nd team
1996-97	Matt Bryant - 2nd team
1997-98	Steve Butler
1998-99	Brandon Jones - 2nd team
1999-00	Antoine Sinclair - 1st team
	Brandon Jones - 1st team
2000-01	Antoine Sinclair - No. 1 Vote-getter
2001-02	Jermaine Woods - 2nd team
	Jermaine Woods - D3hoops.com 3rd team
2002-03	Terry Gray - 1st team
	Terry Gray - D3hoops.com 1st team
	Jermaine Woods - 2nd team
	Jermaine Woods - D3hoops.com 3rd team
2003-04	Otho Hampton - D3hoops.com 3rd team
2007-08	Davon Barton - D3hoops.com 2nd team
2010-11	Conley Taylor - D3hoops.com 3rd team
2011-12	Conley Taylor - D3hoops.com 1st team
2012-13	Tra Benefield - D3hoops.com 1st team
	Tra Benefield - NABC 2nd team
2013-14	Tra Benefield - D3hoops.com 3rd team
2014-15	Mike Cherry - NABC 2nd team
2015-16	Marcus Carter - D3hoops.com 1st team
	Marcus Carter - NABC 1st team
	Tim Daly - NABC 2nd team
2016-17	Tim Daly - D3hoops.com 1st team
	Marcus Carter - D3hoops.com 2nd team

	Marcus Carter - NABC 1st team
	Tim Daly - NABC 1st team
2017-18	Aaron McFarland - NABC 1st team
	Aaron McFarland - D3hoops.com 1st team
2018-19	Marcus Carter - NABC 1st team
	Marcus Carter - D3hoops.com 1st team
2019-20	Jason Aigner - NABC 2nd team
2021-22	Jahn Hines - NABC 1st team
	Jahn Hines - D3hoops.com 1st team
2022-23	Jahn Hines - NABC 1st team
	Jahn Hines - D3hoops.com 1st team
	Trey Barber - D3hoops.com 1st team
2023-24	Jahn Hines - NABC 1st team
	Jahn Hines - D3hoops.com 1st team

NABC DISTRICT PLAYER OF THE YEAR

2015-16	Marcus Carter
2016-17	Tim Daly
2017-18	Aaron McFarland

NABC DISTRICT COACH OF THE YEAR

1997-98	C.J. Woollum
2000-01	C.J. Woollum
2015-16	John Krikorian
2016-17	John Krikorian

D3HOOPS.COM REGION

COACH OF THE YEAR

2018-19	John Krikorian
2022-23	John Krikorian
2023-24	John Krikorian

D3HOOPS.COM REGION ROOKIE OF THE YEAR

2023-24 Toa Hollenbeck

NABC NATIONAL COACH OF THE YEAR

2022-23 John Krikorian

HOOPDIRT.COM NATIONAL COACH OF THE YEAR

2022-23 John Krikorian

GLENN ROBINSON DIII NATIONAL

COACH OF THE YEAR

2015-16 John Krikorian

CONFERENCE PLAYER OF THE YEAR

1988-89	Lamont Strothers
1990-91	Lamont Strothers
1991-92	Steve Artis
1992-93	Steve Artis
1993-94	Ted Berry
1999-00	Antoine Sinclair
2000-01	Antoine Sinclair
2002-03	Terry Gray
2011-12	Conley Taylor
2015-16	Marcus Carter
2016-17	Tim Daly
2017-18	Aaron McFarland
2021-22	Jahn Hines
2023-24	Jahn Hines

CONFERENCE DEFENSIVE

PLAYER OF THE YEAR

2021-22 Trey Barber

CONFERENCE ROOKIE OF THE YEAR

1997-98	Antoine Sinclair
2002-03	Mark Hepner
2005-06	Davon Barton

2010-11	Tra Benefield
2011-12	Mike Cherry
2014-15	Marcus Carter
2023-24	Toa Hollenbeck

CONFERENCE COACH OF THE YEAR

1979-80	Bev Vaughan
1983-84	Glenn Russell
1991-92	C.J. Woollum
1993-94	C.J. Woollum
1995-96	C.J. Woollum
1997-98	C.J. Woollum
1999-00	C.J. Woollum
2005-06	C.J. Woollum
2011-12	John Krikorian
2015-16	John Krikorian
2016-17	John Krikorian
2017-18	John Krikorian
2018-19	John Krikorian
2019-20	John Krikorian
2021-22	John Krikorian

CONFERENCE TOURNAMENT MVP

1985-86	Carl Haynes
1987-88	Lamont Strothers
1988-89	Troy Wright
1989-90	Lamont Strothers
1999-91	Lamont Strothers
1992-93	James Boykins
1995-96	Andre Bolton
1996-97	Matt Bryant
1998-99	Antoine Sinclair
1999-00	Antoine Sinclair
2000-01	Antoine Sinclair
2002-03	Jermaine Woods
2005-06	Dontá Selden
2009-10	Mark Blasingame
2011-12	Conley Taylor
2012-13	Nik Biberaj
2021-22	Jahn Hines
2022-23	Trey Barber
2023-24	Collin Hines

ALL-VIRGINIA DIV. II-III PLAYER OF THE YEAR

1990-91	Lamont Strothers
1992-93	Steve Artis
1999-00	Antoine Sinclair
2011-12	Conley Taylor

ALL-VIRGINIA DIV. II-III ROOKIE OF THE YEAR

2011-12	Mike Cherry
2023-24	Toa Hollenbeck

ALL-VIRGINIA DIV. II-III COACH OF THE YEAR

1997-98	C.J. Woollum
2000-01	C.J. Woollum
2015-16	John Krikorian
2016-17	John Krikorian
2017-18	John Krikorian
2018-19	John Krikorian
2022-23	John Krikorian

WOMEN'S BASKETBALL HISTORY

Year By Year Record

Year	Record	Pct.	Conf.	Pct.	Pos.	Coach	Post Season
1971-72	2-13	.133				Mary Lu Royall	
1972-73	No team					Mary Lu Royall	
1973-74	5-7	.416				Mary Lu Royall	
1974-75	3-7	.300				Mary Lu Royall	
1975-76	2-16	.111				Mary Lu Royall	
1976-77	4-15	.211				Terry Gooding	
1977-78	4-16	.200				Terry Gooding	
1978-79	5-21	.193				Terry Gooding	
1979-80	18-13	.582				Phil Lee	AIAW
1980-81	11-13	.458				Susan Walthall	
1981-82	16-10	.615	8-4	.667	T2nd	Susan Walthall	NCAA
1982-83	18-9	.667	8-4	.667	3rd	Susan Walthall	
1983-84	12-13	.480	9-5	.643	4th	Susan Walthall	
1984-85	16-9	.640	10-2	.833	T1st	Susan Walthall	
1985-86	20-9	.690	8-6	.571	4th*	Susan Walthall	NCAA
1986-87	19-8	.704	10-4	.714	T2nd	Susan Walthall	
1987-88	13-12	.520	8-6	.571	T3rd	Susan Walthall	
1988-89	13-12	.520	9-3	.750	T2nd	Cathy Parson	
1989-90	17-9	.654	8-2	.800	T1st*	Cathy Parson	
1990-91	20-7	.741	10-0	1.000	1st	Cathy Parson	
1991-92	22-6	.786	9-1	.900	T1st	Cathy Parson	NCAA Sweet 16
1992-93	19-9	.679	7-3	.700	T2nd*	Cathy Parson	NCAA
1993-94	15-10	.600	9-3	.750	T1st	Cathy Parson	
1994-95	17-9	.654	10-2	.833	1st	Cathy Parson	NCAA
1995-96	16-10	.615	10-2	.833	1st	Cathy Parson	
1996-97	20-7	.741	11-1	.917	1st	Cathy Parson	NCAA
1997-98	24-4	.857	11-1	.917	1st*	Cathy Parson	NCAA Second Round
1998-99	15-10	.562	10-2	.833	T1st	Carolyn Hunter	
1999-00	15-11	.577	9-3	.750	2nd	Carolyn Hunter	
2000-01	20-7	.714	10-2	.833	T1st*	Carolyn Hunter	NCAA
2001-02	24-5	.828	12-2	.857	1st	Carolyn Hunter	NCAA Second Round
2002-03	19-9	.679	10-4	.714	T1st	Carolyn Hunter	
2003-04	21-9	.700	12-4	.720	2nd*	Carolyn Hunter	NCAA Second Round
2004-05	10-16	.385	7-7	.500	T3rd	Carolyn Hunter	
2005-06	17-9	.654	11-3	.786	2nd	Carolyn Hunter	
2006-07	21-9	.700	11-3	.786	2nd*	Carolyn Hunter	NCAA Second Round
2007-08	21-7	.750	14-4	.778	T2nd	Carolyn Hunter	
2008-09	22-7	.759	14-4	.778	2nd*	Carolyn Hunter	NCAA
2009-10	30-1	.968	18-0	1.000	1st*	Carolyn Hunter	NCAA Sweet 16
2010-11	30-4	.882	16-2	.889	2nd*	Carolyn Hunter	NCAA FINAL FOUR
2011-12	22-6	.786	15-3	.833	T1st	Jon Waters	
2012-13	29-3	.906	16-2	.889	2nd	Bill Broderick	NCAA Elite Eight
2013-14	24-6	.800	13-3	.812	2nd	Bill Broderick	NCAA Sweet Sixteen
2014-15	17-9	.654	13-5	.722	4th	Bill Broderick	
2015-16	24-5	.828	15-3	.833	2nd	Bill Broderick	NCAA Sweet Sixteen
2016-17	29-3	.906	16-2	.889	1st*	Bill Broderick	NCAA FINAL FOUR
2017-18	25-5	.833	16-2	.889	T1st	Bill Broderick	NCAA Sweet Sixteen
2018-19	25-6	.806	11-3	.786	1st*	Bill Broderick	NCAA Sweet Sixteen
2019-20	25-4	.862	10-0	1.000	1st*	Bill Broderick	NCAA Sweet Sixteen [^]
2021-22	26-1	.963	0-0	--	1st*	Bill Broderick	NCAA Sweet Sixteen
2022-23	31-1	.969	0-0	--	1st*	Bill Broderick	NCAA NATIONAL RUNNER-UP
2023-24	27-2	.931	0-0	--	1st*	Bill Broderick	NCAA Second Round
Total	920-429	.682	434-112	.795			

*Conference Tournament Champions

Conference Record in USA South Athletic Conference: 340-94 (.783)

Conference Record in Capital Athletic Conference: 94-18 (.839)

[^]NCAA Tournament Canceled on March 13 Following Decision by NCAA and CAC Regarding COVID-19 Pandemic

Coaching Records

Coach	Years	Overall			Conf.		NCAA APPEARANCES
		Seas.	W-L	PCT.	W-L	PCT.	
Mary Lu Royall	1971-76	7	13-42	.236	--	--	
Terry Gooding	1976-79	3	13-52	.200	--	--	
Phil Lee	1979-80	1	18-13	.582	--	--	1
Susan Walthall	1980-88	8	125-83	.601	61-31	.663	2
Cathy Parson	1988-98	10	182-84	.684	94-18	.839	5
Carolyn Hunter	1998-2011	13	265-104	.718	154-40	.794	7
Jon Waters	2011-2012	1	22-6	.786	15-3	.833	
Bill Broderick	2012-	11	282-45	.862	110-20	.846	10

Major Honors

NATIONAL PLAYER OF THE YEAR

2010-11 Chelsie Schweers
(D3hoops.com &
Smallcollegehoops.com)

ALL-AMERICAN

1979-80 Linda Richardson
1985-86 Pam Stewart
1990-91 Karen Barefoot (HM)
1992-93 Karen Barefoot (HM)
1993-94 Karen Barefoot (First Team)
1996-97 Misty Hart (HM)
1997-98 Misty Hart
(WBCA HM)
(D3hoops.com 1st Team)
2007-08 Chelsie Schweers
(D3hoops.com HM)
2008-09 Chelsie Schweers
(WBCA HM)
2009-10 Chelsie Schweers
(D3hoops.com 1st team)
(WBCA 1st team)
2010-11 Chelsie Schweers
(D3hoops.com 1st team)
(WBCA 1st team)
2013-14 Tia Perry (WBCA HM)
2021-22 Sondra Fan
(WBCA 1st team)
(D3hoops.com 2nd team)
2022-23 Anaya Simmons
(WBCA 1st team)
(D3hoops.com 4th team)
Sondra Fan
(WBCA HM)
(D3hoops.com 4th team)

ALL-REGION

1985-86 Pam Stewart (1st team)
1988-89 Cathy Skinner (1st team)
1990-91 Karen Barefoot (1st team)
1992-93 Karen Barefoot (1st team)
1993-94 Karen Barefoot (1st team)
1996-97 Misty Hart (1st team)
1997-98 Misty Hart (1st team)
2001-02 Tia Moore (3rd team)
2002-03 Tia Moore (1st team)
2003-04 Amber Hallman (1st team)
2004-05 Candace Bryant (3rd team)
2005-06 Candace Bryant (3rd team)
2007-08 Colandra Rollins (1st team)
Chelsie Schweers (1st team)
Chelsie Schweers (1st team)
2009-10 Chelsie Schweers (1st team)
2010-11 Chelsie Schweers (1st team)
2012-13 Tia Perry (2nd team)
2013-14 Tia Perry (2nd team)
2016-17 Sam Porter (2nd team)
2017-18 Sam Porter (1st team)
2018-19 Kiana Kirkland (2nd team)
2019-20 Sondra Fan (2nd team)
2021-22 Sondra Fan (1st team)
Anaya Simmons (2nd team)
Natalie Terwilliger (3rd team)
2022-23 Sondra Fan (1st team)
Anaya Simmons (1st team)
2023-24 Hannah Kaloi (2nd team)
Alivia Giles (3rd team)

REGIONAL ROOKIE OF THE YEAR

2007-08 Chelsie Schweers (D3hoops.com)
2019-20 Anaya Simmons (D3hoops.com)

REGIONAL PLAYER OF THE YEAR

2008-09 Chelsie Schweers (D3hoops.com)
2009-10 Chelsie Schweers (D3hoops.com)
2010-11 Chelsie Schweers (D3hoops.com)
2021-22 Sondra Fan (D3hoops.com)
2022-23 Anaya Simmons (D3hoops.com)

REGIONAL COACH OF THE YEAR

2016-17 Bill Broderick (D3hoops.com)
2021-22 Bill Broderick (D3hoops.com)
2022-23 Bill Broderick (D3hoops.com)

CONFERENCE PLAYER OF THE YEAR

1988-89 Cathy Skinner
1989-90 Cathy Skinner
1991-92 Karen Barefoot
1992-93 Alice Streetman
1993-94 Karen Barefoot
1994-95 Dolmesha Stallings
1996-97 Misty Hart
1997-98 Misty Hart
2000-01 Tia Moore
2002-03 Tia Moore
2007-08 Chelsie Schweers
2009-10 Chelsie Schweers
2010-11 Chelsie Schweers
2021-22 Sondra Fan

CONFERENCE ROOKIE OF THE YEAR

1999-00 Tia Moore
2007-08 Chelsie Schweers
2008-09 Kimmy Hopkins
2011-12 Camry Green
2018-19 Sondra Fan
2019-20 Anaya Simmons

CONFERENCE COACH OF THE YEAR

1991-92 Cathy Parson
1994-95 Cathy Parson
1996-97 Cathy Parson
1997-98 Cathy Parson
2000-01 Carolyn Hunter
2009-10 Carolyn Hunter
2016-17 Bill Broderick
2018-19 Bill Broderick
2021-22 Bill Broderick
2022-23 Bill Broderick

CONFERENCE TOURNAMENT MVP

1984-85 Leanne Eyer
1985-86 Pam Stewart
1992-93 Alice Streetman
1997-98 Misty Hart
2000-01 Serita Jackson
2003-04 Tomorrow Lofton
2006-07 Dee Luck
2008-09 Chelsie Schweers
2009-10 Chelsie Schweers
2010-11 Chelsie Schweers
2012-13 Tia Perry
2019-20 Sondra Fan
2021-22 Anaya Simmons
2022-23 Gabbi San Diego
2023-24 Hannah Kaloi

ALL-VIRGINIA DIV. II-III

PLAYER OF THE YEAR
2007-08 Chelsie Schweers
2008-09 Chelsie Schweers
2009-10 Chelsie Schweers
2010-11 Chelsie Schweers
2021-22 Sondra Fan

ALL-VIRGINIA DIV. II-III

PLAYER OF THE YEAR
2021-22 Sondra Fan

ALL-VIRGINIA DIV. II-III

ROOKIE OF THE YEAR
2007-08 Chelsie Schweers
2019-20 Anaya Simmons

ALL-VIRGINIA DIV. II-III

COACH OF THE YEAR

2008-09 Carolyn Hunter
2009-10 Carolyn Hunter
2010-11 Carolyn Hunter
2012-13 Bill Broderick
2016-17 Bill Broderick
2018-19 Bill Broderick
2019-20 Bill Broderick
2021-22 Bill Broderick

NCAA CHAMPIONSHIP

ALL-TOURNAMENT TEAM

2010-11 Chelsie Schweers
2016-17 Devon Byrd
2022-23 Gabbi San Diego

MEN'S CROSS COUNTRY

Year By Year Record

	Conference Finish	NCAA Regionals	Coach	NCAA
1978	3rd	---		
1979	2nd	---		
1980	1st	5th		
1981	1st	---	Vince Brown	
1982	1st	7th	Vince Brown	Ron Borsheim
1983	1st	5th	Vince Brown	
1984	1st	2nd	Vince Brown	Team/Dan Pittman, Ron Borsheim, Phillip Harris, Keith Marshall, Steve Kast
1985	1st	NTS	Vince Brown	
1986	1st	6th	Vince Brown	
1987	1st	7th	Vince Brown	
1988	2nd	8th	Vince Brown	
1989	---	5th	Vince Brown	Des Proctor
1990	---	5th	Vince Brown	G.W. Dameron
1991	---	5th	Vince Brown	
1992	---	4th	Vince Brown	Mark Earnest
1993	---	2nd	Dave Sobal	Adam Rowland, James Ratcliff
1994	---	1st	Dave Sobal	Team/ Rich Schugeld. Adam Rowland, Lemuel Perasall, Kevin Allen, Nelson Roberson
1995	1st	5th	Winston Brown	James Ratcliff
1996	1st	10th	Keith Maurer	
1997	1st	---	Keith Maurer	
1998	1st	NTS	Keith Maurer	
1999	1st	3rd	Keith Maurer	
2000	1st	4th	Keith Maurer	Matt Sinclair
2001	1st	3rd	Keith Maurer	Matt Sinclair
2002	1st	3rd	Keith Maurer	Matt Sinclair, Jim Highsmith
2003	1st	2nd	Keith Maurer	
2004	1st	5th	Keith Maurer	
2005	1st	6th	Keith Maurer	
2006	1st	9th	Keith Maurer	
2007	1st	11th	Keith Maurer	David Woodson
2008	1st	11th	Keith Maurer	David Woodson
2009	1st	19th	George Seward	
2010	1st	8th	George Seward	
2011	1st	14th	Matthew Barreau	
2012	1st	7th	Matthew Barreau	Ray Gamache
2013	2nd	4th	Matthew Barreau	
2014	2nd	4th	Matthew Barreau	
2015	1st	2nd	Matthew Barreau	Team - 32nd place Andrew Benfer, Zach Campbell, Jeff Dover, Charlie Pruitt, Billy Rabil, Daniel Read, Grayson Reid
2016	1st	1st	Matthew Barreau	Team - 11th place Andrew Benfer, Jeff Dover, JJ LaPointe, Sam Murch, Daniel Read, Grayson Reid, Jason Putnam
2017	1st	1st	Sarah Lagasse	Team - 3rd place Jeff Dover, JJ LaPointe, Cav McGaw, Sam Murch, Billy Rabil, Daniel Read, Grayson Reid
2018	2nd	5th	Sarah Lagasse	
2019	2nd	8th	Danny Feldman	
2020	---	---	Danny Feldman	
2021	2nd	3rd	Danny Feldman	
2022	2nd	5th	Tyler Wingard	Daniel Ferrante
2023	2nd	8th	Tyler Wingard	Daniel Ferrante
2024	2nd	7th	Tyler Wingard	

Major Honors

ALL-AMERICAN

1984- Dan Pittman
 1989- Des Proctor
 1995- James Ratcliff
 2001- Matt Sinclair
 2017- Grayson Reid
 JJ LaPointe
 Jeff Dover

ALL-SOUTH-SOUTHEAST REGION

1982- Ron Borsheim
 Tom Berry
 1983- Ron Borsheim
 1984- Dan Pittman
 Ron Borsheim
 1988- G.W. Dameron
 1989- Des Proctor
 G.W. Dameron
 1990- G.W. Dameron
 1991- Gene Shum
 1992- Rich Schugeld
 Mark Earnest
 Adam Rowland
 Adam Rowland
 James Ratcliff
 Rich Schugeld
 Mark Earnest
 1993- James Ratcliff
 Rich Schugeld
 Mark Earnest
 Adam Rowland
 Lemuel Pearsall
 1995- James Ratcliff
 1998- Andy Riley
 1999- Andy Riley
 Jon Leggett
 Matt Sinclair
 2000- Matt Sinclair
 Steve Hinton
 2001- Matt Sinclair
 Jim Highsmith
 Mike Jensen
 2002- Matt Sinclair
 Jim Highsmith
 David Baer
 2003- Brandon Miles
 Jim Highsmith
 Cary Chaffee
 David Baer
 2004- Jim Highsmith 2nd team
 Daniel Swale 2nd team
 Cary Chaffee 2nd team
 Jay Wyss 2nd team
 2006- Nate Huffman 2nd team
 2007- David Woodson
 2008- David Woodson
 2010- Ray Gamache
 2012- Ray Gamache
 2013- Aaron Zook
 J.J. LaPointe
 2014- J.J. LaPointe
 Billy Rabil
 Grayson Reid
 2015- Grayson Reid
 Andrew Benfer
 Billy Rabil
 Daniel Read
 2016- Grayson Reid
 J.J. LaPointe
 Jeff Dover
 Andrew Benfer
 Daniel Read
 Sam Murch
 Zachary Witt
 2017- Grayson Reid
 J.J. LaPointe
 Jeff Dover
 Cavanaugh McGaw
 Billy Rabil
 Jason Putnam
 Peyton Artz
 2018- Cavanaugh McGaw
 Jason Putnam
 Joey Lightbody

2019- Jason Putnam
 2021- Daniel Ferrante
 Nathanael Ferrante
 Clark Edwards
 Eric Speeney
 Ryan Henderson
 2022- Daniel Ferrante
 Nathanael Ferrante
 Daniel Ferrante
 2023- Daniel Ferrante
 2024- Andrew Janetsky

ALL-SOUTH-SOUTHEAST

REGION CHAMPION

1994- James Ratcliff
 1995- James Ratcliffe
 2001- Matt Sinclair
 2016- Grayson Reid
 2017- Grayson Reid

USTFCCCA SOUTH/SOUTHEAST

REGION ATHLETE OF THE YEAR

2016- Grayson Reid
 2017- Grayson Reid

USTFCCCA SOUTH/SOUTHEAST

REGION COACH OF THE YEAR

2016- Matthew Barreau

NCAA NATIONAL QUALIFIERS

1982- Ron Borsheim
 1984- Men's team
 1989- Des Proctor
 1990- G.W. Dameron
 1992- Mark Earnest
 1993- Adam Rowland
 James Ratcliff
 1994- Men's team
 1995- James Ratcliff
 2000- Matt Sinclair
 2001- Matt Sinclair
 2002- Matt Sinclair
 Jim Highsmith
 2007- David Woodson
 2008- David Woodson
 2012- Ray Gamache
 2015- Men's team
 2016- Men's team
 2017- Men's team
 2022- Daniel Ferrante
 2023- Daniel Ferrante

ALL-CONFERENCE CHAMPION

1974- Randy Fields
 1981- Chris Przygocki
 1982- Tom Berry
 1983- Ron Borsheim
 1984- Ron Borsheim
 1985- Dan Pittman
 1986- Bob Harvey
 1993- Robert Allen
 1994- James Ratcliff
 1995- James Ratcliff
 1997- Jed Ward
 1998- Andy Riley
 1999- Andy Riley
 2000- Matt Sinclair
 2001- Matt Sinclair
 2002- Matt Sinclair
 2003- Cary Chaffee
 2008- David Woodson
 2011- Ray Gamache
 2012- Ray Gamache
 2015- Grayson Reid
 2016- Grayson Reid
 2017- Grayson Reid

ALL CONFERENCE RUNNER OF THE YEAR

(Prior to 2004 and beginning again in 2013, the Conference Runner of the Year was conference champion)

2004- Cary Chaffee
 2007- David Woodson
 2008- David Woodson
 2009- Corey Lofton
 2011- Ray Gamache
 2012- Ray Gamache
 2015- Grayson Reid
 2016- Grayson Reid
 2017- Grayson Reid

ALL CONFERENCE ROOKIE OF THE YEAR

(Starting in 2013, the Conference Rookie of the Year was highest placing rookie at conference championship)

1997- Alex Glenn
 1998- Chris Carter
 1999- Matt Sinclair
 2000- Steve Hinton
 2001- Jim Highsmith
 2002- Chris White
 2003- Brandon Miles
 2004- Jay Wyss
 2005- David Woodson
 2007- Jack Tierney
 2008- Corey Lofton
 2009- Aaron Zook
 2011- Brad Turner
 2012- Josh Showalter
 2013- J.J. LaPointe
 2014- Grayson Reid
 2018- Clark Edwards
 2024- Andrew Janetsky

ALL CONFERENCE COACH OF THE YEAR

1981- Vince Brown
 1982- Vince Brown
 1983- Vince Brown
 1984- Vince Brown
 1985- Vince Brown
 1986- Vince Brown
 1993- Dave Sobal
 1994- Dave Sobal
 1995- Winston Brown
 1996- Keith Maurer
 1997- Keith Maurer
 1998- Keith Maurer
 1999- Keith Maurer
 2001- Keith Maurer
 2002- Keith Maurer
 2003- Keith Maurer
 2004- Keith Maurer
 2005- Keith Maurer
 2006- Keith Maurer
 2007- Keith Maurer
 2008- Keith Maurer
 2011- Matthew Barreau
 2012- Matthew Barreau
 2015- Matthew Barreau
 2017- Sarah Lagasse

MASON-DIXON CONFERENCE CHAMPION

1993- Rich Schugeld
 1994- James Ratcliff
 2001- Matt Sinclair
 2002- Matt Sinclair
 2003- Brandon Miles

WOMEN'S CROSS COUNTRY

Year By Year Record

	CAC / USA South Finish	NCAA Regional	Coach	NCAA
1981	---	---	Vince Brown	
1982	---	5th	Vince Brown	
1983	---	NTS	Vince Brown	
1984	---	---	Vince Brown	
1985	---	4th	Vince Brown	
1986	---	NTS	Vince Brown	Leigh Anne Beale
1987	---	NTS	Vince Brown	Karen Humphrey
1988	---	NTS	Vince Brown	
1989	---	5th	Vince Brown	
1990	---	4th	Vince Brown	
1991	---	3rd	Vince Brown	
1992	---	4th	Vince Brown	
1993	---	8th	Dave Sobal	
1994	1st	7th	Dave Sobal	
1995	1st	NTS	Winston Brown	
1996	2nd	NTS	Keith Maurer	
1997	2nd	---	Keith Maurer	
1998	1st	---	Keith Maurer	
1999	1st	---	Keith Maurer	
2000	1st	4th	Keith Maurer	Aimee Gibbs
2001	1st	5th	Keith Maurer	Aimee Gibbs
2002	1st	8th	Keith Maurer	Aimee Gibbs
2003	1st	2nd	Keith Maurer	Aimee Gibbs
2004	1st	6th	Keith Maurer	
2005	1st	5th	Keith Maurer	Megan Fogarty
2006	1st	6th	Keith Maurer	
2007	1st	8th	Keith Maurer	Amy Wampler
2008	1st	5th	Keith Maurer	Amy Wampler
2009	1st	3rd	George Seward	
2010	2nd	3rd	George Seward	
2011	1st	5th	Matthew Barreau	Jade Zaharoff
2012	1st	12th	Matthew Barreau	
2013	1st	8th	Matthew Barreau	
2014	1st	2nd	Matthew Barreau	Team
2015	1st	5th	Matthew Barreau	Lydia Cromwell
2016	2nd	3rd	Matthew Barreau	
2017	4th	8th	Sarah Lagasse	
2018	3rd	8th	Sarah Lagasse	
2019	1st	5th	Danny Feldman	
2020	---	---	Danny Feldman	
2021	2nd	4th	Danny Feldman	Kaitlyn Ardrey, Logan Funk
2022	2nd	4th	Tyler Wingard	Madi Rawlings
2023	2nd	7th	Tyler Wingard	
2024	3rd	8th	Tyler Wingard	

Major Honors

ALL-SOUTH-SOUTHEAST REGION

1983-	Cindy Smith
1985-	Leigh Anne Beale
1986-	Karen Humphrey
1987-	Karen Humphrey
1988-	Maura McColgan
1989-	Maura McColgan
1991-	Maura McColgan
	Stephanie Baker
	Jennifer Freeburn
1992-	Maura McColgan
	Nicole Horn
	Jennifer Freeburn
1993-	Nicole Horn
1996-	Colleen Kunz
2000-	Aimee Gibbs
	Danielle Mahoney
2001-	Aimee Gibbs
	Lindsay Newell
	Laura Smith
2002-	Aimee Gibbs
2003-	Aimee Gibbs
	Emily Low
	Megan Fogarty
	Ashley Ezell
2004-	Emily Low 2nd team
	Megan Fogarty 2nd team
	Ashley Ezell 2nd team
2006-	Ashley Ezell 2nd team
	Amy Wampler 2nd team
2007-	Amy Wampler
	Liz Bissell
	Megan Roberts
2008-	Amy Wampler
2009-	Dira Hansen
	Liz Bissell
	Brooke Rowe
	Amy Wampler
2010-	Jade Zaharoff
	Erin Rolaf
	Dira Hansen
2011-	Jade Zaharoff
	Erin Rolaf
	Karen Bumiller
2013-	Jessica McClelland
2014-	Hannah Bullen
	Lydia Cromwell
	Logan Harrington
	Julie Machamer
	Emmie Schmitt
2015-	Lydia Cromwell
	Logan Harrington
	Abigail May
	Graciela Slyer
2016-	Jessica Lee
	Logan Harrington
	Briana Stewart
	Emmit Schmitt
2017-	Jessica Lee
2018-	Monica Lannen
	Jessica Lee
2019-	Monica Lannen
2021-	Logan Funk
	Kaitlyn Ardrey
	Maggie Ralston
	Madi Rawlings
2022-	Madi Rawlings
	Eliza Dana

NCAA NATIONAL QUALIFIERS

1986-	Leigh Anne Beale
1987-	Karen Humphrey
2000-	Aimee Gibbs
2001-	Aimee Gibbs
2002-	Aimee Gibbs
2003-	Aimee Gibbs
2005-	Megan Fogarty
2007-	Amy Wampler
2008-	Amy Wampler
	Dira Hansen
2011-	Jade Zaharoff
2014-	Women's Team
2015-	Lydia Cromwell
2021-	Kaitlyn Ardrey
	Logan Funk
2022-	Madi Rawlings

ALL-CONFERENCE CHAMPION

1994-	Nicole Horn
1995-	Nicole Horn
1996-	Colleen Kunz
1999-	Danielle Mahoney
2000-	Aimee Gibbs
2001-	Aimee Gibbs
2002-	Aimee Gibbs
2003-	Aimee Gibbs
2004-	Emily Low
2005-	Emily Low
2006-	Ashley Ezell
2007-	Amy Wampler
2008-	Amy Wampler
2009-	Dira Hansen
2016-	Emmie Schmitt
2021-	Logan Funk

ALL-CONFERENCE RUNNER OF THE YEAR

(Prior to 2004 and beginning again in 2013, the Conference Runner of the Year was conference champion)

2004-	Emily Low
2005-	Emily Low
2006-	Ashley Ezell
2007-	Amy Wampler
2008-	Amy Wampler
2016-	Emmie Schmitt
2021-	Logan Funk

ALL-CONFERENCE ROOKIE OF THE YEAR

1997-	Jen Watkins
1998-	Lisa Garner
1999-	Danielle Mahoney
2000-	Aimee Gibbs
2001-	Laura Smith
2002-	Emily Low
2003-	Ashley Ezell
2004-	Bridgett Dryer
2005-	Liz Bissell
2006-	Amy Wampler
2007-	Edie Nault
2010-	Erin Rolaf
2012-	Lydia Cromwell
2013-	Briana Stewart
2014-	Hannah Bullen
2016-	Jessica Lee

ALL-CONFERENCE COACH OF THE YEAR

1994-	Dave Sobal
1995-	Winston Brown
1998-	Keith Maurer
2001-	Keith Maurer
2003-	Keith Maurer
2004-	Keith Maurer
2005-	Keith Maurer
2006-	Keith Maurer
2007-	Keith Maurer
2008-	Keith Maurer
2012-	Matthew Barreau
2013-	Matthew Barreau
2014-	Matthew Barreau
2015-	Matthew Barreau
2019-	Danny Feldman

MASON-DIXON CONFERENCE CHAMPION

2001-	Aimee Gibbs
2003-	Aimee Gibbs
2004-	Emily Low

FIELD HOCKEY

Year By Year Record

Year	Record	Pct.	Conf.	Pct.	Pos.	Coach	Post Season
1967	1-3	.250	---	---	---	Lillian Seats	
1968	2-2	.500	---	---	---	Lillian Seats	
1969	2-2-1	.500	---	---	---	Lillian Seats	
1970	3-2-1	.583	---	---	---	Lillian Seats	
1971	Not available		---	---	---	Unknown	
2000	8-4	.667	---	---	---	Nancy Billger	
2001	9-5	.643	---	---	---	June Lugo	
2002	6-7	.462	---	---	---	Sue Mancha	
2003	6-8	.429	---	---	---	Carrie Moura	
2004	12-3	.800	---	---	---	Carrie Moura	
2005	12-4	.750	---	---	---	Carrie Moura	
2006	14-4	.778	---	---	---	Carrie Moura	NCAA Elite 8
2007	16-3	.842	---	---	---	Carrie Moura	NCAA Sweet 16
2008	14-6	.700	---	---	---	Carrie Moura	NCAA Sweet 16
2009	16-4	.800	---	---	---	Carrie Moura	NCAA Sweet 16
2010	15-4	.789	---	---	---	Carrie Moura	NCAA
2011	12-6	.667	---	---	---	Carrie Moura	NCAA
2012	17-2	.895	---	---	---	Carrie Moura	NCAA Sweet 16
2013	21-2	.913	6-0	1.000	1st	Carrie Moura	NCAA FINAL FOUR
2014	12-7	.632	3-3	.500	3rd	Carrie Moura	
2015	13-4	.765	5-1	.833	T1st	Carrie Moura	
2016	14-5	.737	4-2	.667	T2nd	Carrie Moura	
2017	17-2	.895	6-0	1.000	1st*	Carrie Moura	NCAA Sweet 16
2018	13-6	.684	3-2	.600	3rd	Carrie Moura	
2019	14-5	.737	4-1	.800	2nd	Carrie Moura	
2021	11-6	.647	2-0	1.000	1st	Carrie Moura	NCAA
2022	15-6	.714	1-1	.500	2nd	Carrie Moura	NCAA 2nd Round
2023	17-1	.944	2-0	1.000	1st*	Carrie Moura	NCAA Sweet 16
2024	16-3	.842	---	---	2nd	Carrie Moura	NCAA Elite 8
Total	320-107	.749	36-10	.783			

*Conference Tournament Champions

CNU Field Hockey was first formed in 1967 and the program lasted four years under the direction of Lillian Seats, but the first NCAA competition and recognized first season of CNU Field Hockey was the 2000 season. The overall W-L records from the original four seasons are not included in the all-time results.

Coaching Records

Coach	Years	Seasons	W-L	Pct.	Conf.		NCAA Appearances
					W-L	PCT.	
Lillian Seats	1967-70	4	8-9-2	.474	--	--	
Nancy Billger	2000	1	8-4	.667	--	--	
June Lugo	2001	1	9-5	.643	--	--	
Sue Mancha	2002	1	6-7	.462	--	--	
Carrie Moura	2003-	21	295-91	.764	36-10	.783	12

Major Honors

NFHCA ALL-AMERICAN

2006	Ashley Traylor	2nd team
	Jacque Mayer	2nd team
2007	Jacque Mayer	1st team
	Ashley Hay	2nd team
2008	Kim Tomlin	2nd team
2009	Kim Tomlin	2nd team
2010	Katelyn Yandle	3rd team
2011	Brianna Milne	2nd team
	Caitlin Cahill	3rd team
2012	Caitlin Cahill	1st team
	Marlene Lichty	3rd team
2013	Belle Tunstall	1st team
	Marlene Lichty	3rd team
2014	Belle Tunstall	3rd team
2017	Rachael Allhouse	1st team
2018	Courtney Fiest	2nd team
2019	Rachel Cooke	3rd team
2021	Abby Asuncion	1st team
2022	Abby Asuncion	2nd team
	Brooke Billhimer	2nd team
2023	Abby Asuncion	1st team
	Alexis Morales	1st team
2024	Brooke Billhimer	1st team
	Courtney Hughlett	3rd team

WFH.COM/SYNAPSE SPORTS

ALL-AMERICAN

2006	Ashley Traylor	1st team
	Jacque Mayer	3rd team
2007	Jacque Mayer	1st team
	Ashley Hay	2nd team
2008	Kim Tomlin	2nd team
2009	Kim Tomlin	2nd team
2011	Brianna Milne	3rd team
2012	Caitlin Cahill	1st team
	Marlene Lichty	2nd team
2013	Belle Tunstall	1st team
	Marlene Lichty	2nd team
2014	Belle Tunstall	2nd team
2016	Bailey Lien	2nd team
2017	Courtne Greene	2nd team
2018	Brittan Muir	2nd team
2019	Rachel Cooke	2nd team
2021	Abby Asuncion	1st team
	Izzy Diz	3rd team
2022	Brooke Billhimer	1st team
	Abby Asuncion	2nd team
2023	Alexis Morales	1st team
	Abby Asuncion	2nd team
	Lily Kerr	2nd team
2024	Brooke Billhimer	1st team
	Lily Kerr	3rd team

NFHCA ALL-REGION

2005	Jacque Mayer	2nd team
2006	Ashley Traylor	1st team
	Jacque Mayer	1st team
	Haylie Black	2nd team
	Diana Golden	2nd team
2007	Jacque Mayer	1st team
	Ashley Hay 1st team	
	Diana Golden	2nd team
	Haylie Black	2nd team
2008	Courtney Russ	1st team
	Kim Tomlin 1st team	
	Haylie Black	2nd team
2009	Kim Tomlin 1st team	
	Stephanie Bair	1st team
	Kylie Cale	2nd team
	Brianna Milne	2nd team
2010	Katelyn Yandle	1st team
	Caitlin Cahill	1st team
	Brianna Milne	2nd team
2011	Caitlin Cahill	1st team
	Brianna Milne	1st team
	Marlene Lichty	2nd team
2012	Caitlin Cahill	1st team
	Marlene Lichty	1st team
	Jamie Dowling	2nd team
	Shelby Judkins	2nd team
2013	Marlene Lichty	1st team
	Belle Tunstall	1st team
	Lauren Cheatham	2nd team
	Shelby Judkins	2nd team
2014	Allie Hackbarth	1st team
	Belle Tunstall	1st team
2015	Lauren Cheatham	1st team
	Brittan Muir	2nd team
2016	Bailey Lien	1st team
13	Rachael Allhouse	2nd team

2017	Brittan Muir	2nd team
	Rachael Allhouse	1st team
	Courtne Greene	1st team
	Courtney Fiest	2nd team
	Stephanie McKinney	2nd team
	Alexa Weaver	2nd team
2018	Courtney Fiest	1st team
	Brittan Muir	1st team
	Rachel Cooke	2nd team
	Olivia Davis	2nd team
	Courtne Greene	2nd team
2019	Abby Asuncion	1st team
	Rachel Cooke	1st team
	Courtney Fiest	2nd team
	Bailey Miller	2nd team
2021	Abby Asuncion	1st team
	Izzy Diz	1st team
	Marcella Sabbagh	2nd team
	Mauri Ware	2nd team
2022	Abby Asuncion	1st team
	Brooke Billhimer	1st team
	Marcella Sabbagh	1st team
	Alexis Morales	2nd team
2023	Abby Asuncion	1st team
	Brooke Billhimer	1st team
	Lily Kerr	1st team
	Alexis Morales	1st team
	Katie Abendschoen	2nd team
2024	Brooke Billhimer	1st team
	Caroline Hughlett	1st team
	Courtney Hughlett	1st team
	Katie Abendschoen	2nd team
	Lily Kerr	2nd team
	Maddison Steele	2nd team

NFHCA ALL-REGION PLAYER OF THE YEAR

2013	Belle Tunstall
2021	Abby Asuncion
2023	Abby Asuncion

SYNAPSE SPORTS NATIONAL

DEFENSIVE PLAYER OF THE YEAR

2022	Brooke Billhimer
2024	Brooke Billhimer

NFHCA ALL-REGION COACHING STAFF OF

THE YEAR

2023	Carrie Moura, Marlene Lichty, Yaphet Melendez, Jessica Wiggins
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ALL-VIRGINIA DIV. II-III

PLAYER OF THE YEAR

2006	Ashley Traylor
2007	Jacque Mayer
2013	Belle Tunstall
2016	Bailey Lien
2017	Courtne Greene
2018	Brittan Muir
2021	Abby Asuncion
2022	Abby Asuncion
2023	Abby Asuncion

ALL-VIRGINIA DIV. II-III

DEFENSIVE PLAYER OF THE YEAR

2022	Brooke Billhimer
2023	Alexis Morales
2024	Brooke Billhimer

ALL-VIRGINIA DIV. II-III

ROOKIE OF THE YEAR

2007	Elexa Nosonchuk
2013	Bailey Lien
2019	Abby Asuncion
2022	Lily Kerr
2024	Avery Mast

ALL-VIRGINIA DIV. II-III

COACH OF THE YEAR

2006	Carrie Moura
2007	Carrie Moura
2009	Carrie Moura
2013	Carrie Moura
2017	Carrie Moura
2018	Carrie Moura

CONFERENCE PLAYER OF THE YEAR

2013	Belle Tunstall
2023	Abby Asuncion

CONFERENCE OFFENSIVE PLAYER OF THE YEAR

2021	Abby Asuncion
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CONFERENCE DEFENSIVE PLAYER OF THE YEAR

2022	Brooke Billhimer
2023	Alexis Moales
2024	Brooke Billhimer

CONFERENCE ROOKIE OF THE YEAR

2015	Brittan Muir
2017	Courtney Fiest
2019	Abby Asuncion
2021	Brooke Billhimer
2024	Avery Mast

CONFERENCE COACH OF THE YEAR

2013	Carrie Moura
2017	Carrie Moura
2021	Carrie Moura
2023	Carrie Moura

WOMENSFIELDHOCKEY.COM

NATIONAL COACH OF THE YEAR

2006	Carrie Moura
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NCAA ALL-TOURNAMENT TEAM

2013	Marlene Lichty
	Belle Tunstall

NFHCA SCHOLARS OF DISTINCTION

2012	Kelsey Clark
2016	Rachel Cooke
2023	Katie Abendschoen
	Caroline Hughlett
	Lindsey Loar
	Sierra Pratzner

FOOTBALL

Year By Year Record

Season	Overall		Conf.		Conf. Finish	Coach	Post Season
	W-L	PCT.	W-L	PCT.			
2001	5-4	.556	5-1	.833	T1st	Matt Kelchner	NCAA 1st Round
2002	6-5	.545	5-1	.833	T1st	Matt Kelchner	NCAA 1st Round
2003	8-3	.727	5-1	.833	T1st	Matt Kelchner	NCAA 2nd Round
2004	9-3	.750	5-1	.833	T1st	Matt Kelchner	NCAA 2nd Round
2005	6-4	.600	5-2	.714	T3rd	Matt Kelchner	
2006	8-3	.727	6-1	.857	T1st	Matt Kelchner	NCAA 1st Round
2007	7-3	.700	6-1	.857	2nd	Matt Kelchner	
2008	8-2	.800	7-0	1.000	1st	Matt Kelchner	NCAA 1st Round
2009	5-5	.500	4-3	.571	T3rd	Matt Kelchner	
2010	6-5	.545	6-1	.857	T1st	Matt Kelchner	NCAA 1st Round
2011	8-3	.727	7-0	1.000	1st	Matt Kelchner	NCAA 1st Round
2012	6-5	.545	5-2	.714	T1st	Matt Kelchner	NCAA 1st Round
2013	8-2	.800	5-2	.714	3rd	Matt Kelchner	
2014	8-4	.667	7-1	.875	1st	Matt Kelchner	NCAA 2nd Round
2015	4-6	.400	4-5	.444	T7th	Matt Kelchner	
2016	7-3	.700	6-3	.667	T3rd	Matt Kelchner	
2017	5-5	.500	4-5	.444	T5th	Art Link	
2018	7-2	.778	6-2	.750	4th	Art Link	
2019	2-8	.200	2-5	.286	T5th	Art Link	
2020	0-2	.000	0-2	.000	6th	Art Link	
2021	5-5	.500	3-3	.500	3rd	Art Link	
2022	7-3	.700	5-1	.833	2nd	Paul Crowley	
2023	7-4	.636	5-1	.833	1st	Paul Crowley	NCAA
2024	7-3	.700	5-1	.833	2nd	Paul Crowley	
Career	149-92	.618	118-44	.728			

Conference Record in USA South Athletic Conference: 78-17 (.821)

Conference Record in New Jersey Athletic Conference: 40-28 (.588)

Coaching Records

Coach	Years	Seasons	Overall		Conf.		NCAA Appearances
			W-L	Pct.	W-L	Pct.	
Matt Kelchner	2001-16	16	109-60	.626	88-25	.779	10
Art Link	2017-21	5	19-22	.442	15-17	.469	
Paul Crowley	2022-	3	21-10	.677	15-3	.833	1

Major Honors

ALL-AMERICAN

2004	Tommy Fitzgerald (1st team (C) AFCA, 2nd team D3football.com)
2005	Justin Wood (1st team (LB) AFCA, 2nd team Football Gazette)
2006	Rob Rodriguez (1st team (KR) AFCA, 1st team (CB) D3football.com Hon. Men. Football Gazette) Roland Hilliard (Hon. Men. (RB) D3football.com, Hon. Men. Football Gazette) Matt Boykin (Hon. Men. C, Football gazette) Larry Broach (Hon. Men. OL, Football Gazette)
2008	Tunde Ogun (1st team (RB) AFCA, 1st team (RB) D3football.com, 2nd team (RB) AP Little All-America)
2010	Kentel Noel (3rd team (RET), D3football.com)
2014	Rudy Rudolph (2nd team (WR), AP Little All-America)
2017	Justus Drakeford (Hon. Men. (CB), D3football.com)
2019	Ben James (3rd team (DL), D3football.com)
2023	Josh Hartley (2nd team (OL), AFCA)
2024	Amaan Miller (3rd team (OL), D3football.com)

ALL-AMERICAN (PRE-SEASON)

2005	Kareem Morse (D3football.com)
2006	Rob Rodriguez (D3football.com)
2008	Tunde Ogun (Several Publications)
2009	Tunde Ogun (D3football.com)
2010	Adrin Diggs (D3 Senior Classic)
2014	Shaun Copening (D3football.com)
2019	Damian Jiggetts (D3football.com)
2020	Ben Garbarini (D3football.com)
2024	Trey Hayes (D3football.com)

AZTEC BOWL PARTICIPANT

2004	Tommy Fitzgerald
2005	Justin Wood
2006	Rob Rodriguez
2007	Leroy Harper

AZTEC BOWL RON SCHIPPER AWARD

2007	Leroy Harper
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TEAM USA

2007	Rob Rodriguez
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WORLD CHAMPIONSHIP OF AMERICAN FOOTBALL ALL-STAR TEAM

2007	Rob Rodriguez
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ALL-SOUTH REGION OFFENSIVE PLAYER OF THE YEAR (D3FOOTBALL.COM)

2008	Tunde Ogun
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ALL-SOUTH REGION (D3FOOTBALL.COM)

2005	Rob Rodriguez (2nd team DB) Justin Wood (3rd team LB)
2006	Rob Rodriguez (1st team CB) Roland Hilliard (1st team RB) Matt Boykin (2nd team C) Justin Long (2nd team S) Larry Broach (3rd team G) Matt Barcus (2nd team P)
2007	Jesse Bradshaw (3rd team WR) Jay Graham (3rd team K) Tunde Ogun (1st team RB)
2008	Kenneth Tappan (2nd team G) Jay Graham (2nd team K)
2009	Adrin Diggs (3rd team LB)
2010	Kentel Noel (1st team RS) Adrin Diggs (2nd team LB)
2011	Stephen Denuel (3rd team K)
2012	Tyshawn Harris (2nd team CB) Evan Moog (2nd team LB)
2013	Shaun Copening (2nd team DL) Cameron Barlow (3rd team CB) Mason Studer (3rd team K)
2014	Mason Studer (1st team K) Rudy Rudolph (1st team WR) Shaun Copening (3rd team DL)
2015	Taylor Loudan (3rd team WR)
2016	Taylor Loudan (2nd team WR)
2017	Justus Drakeford (1st team CB)
2018	Damian Jiggetts (3rd team DB)
2019	Ben James (1st team DL) Ben Garbarini (3rd team P)

2022	Ryan Castle (3rd team K) Kindrick Braxton (3rd team S)
2023	Baylor Gallagher (2nd team P) Josh Hartley (2nd team OL) Trey Hayes (3rd team RET) Gunner White (3rd team RB)
2024	Amaan Miller (1st team OL) Noah Martin (3rd team DB)

ALL-SOUTH REGION (FOOTBALL GAZETTE)

2004	Tommy Fitzgerald (2nd team C) Ian Vincent (2nd team DL) Pat Cavallario (3rd team OL) Orlando Holmes (3rd team DL)
2005	Justin Wood (2nd team LB) Rob Rodriguez (HM DB) Kareem Morse (HM LB)
2006	Rob Rodriguez (1st team DB) Roland Hilliard (1st team RB) Roland Hilliard (HM AP) Larry Broach (1st team OG) Matt Boykin (2nd team C) Maynard Henry (HM LB)

CONFERENCE OFFENSIVE PLAYER OF THE YEAR

2004	Roland Hilliard
2008	Tunde Ogun
2016	Taylor Loudan
2021	Matt Dzerski
2022	Matt Dzerski
2023	Gunner White

CONFERENCE DEFENSIVE PLAYER OF THE YEAR

2005	Rob Rodriguez
2019	Ben James

CONFERENCE OFFENSIVE ROOKIE OF THE YEAR

2001	Kaveh Conaway
2003	George Jones
2012	Paul Dukes
2017	Cole Blais

CONFERENCE DEFENSIVE ROOKIE OF THE YEAR

2001	Orlando Holmes
2007	Adrin Diggs
2022	Yasir Geter

CONFERENCE COACH OF THE YEAR

2001	Matt Kelchner
2002	Matt Kelchner
2006	Matt Kelchner
2008	Matt Kelchner
2010	Matt Kelchner
2011	Matt Kelchner
2014	Matt Kelchner
2022	Paul Crowley
2023	Paul Crowley

ALL- VIRGINIA DIV. II-III DEFENSIVE PLAYER OF THE YEAR

2012	Evan Moog
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ALL- VIRGINIA DIV. II-III OFFENSIVE PLAYER OF THE YEAR

2014	Rudy Rudolph
2016	Taylor Loudan

ALL- VIRGINIA DIV. II-III COACH OF THE YEAR

2008	Matt Kelchner
2011	Matt Kelchner

ALL- VIRGINIA DIV. II-III ROOKIE OF THE YEAR

2010	Kentel Noel
2012	Paul Dukes

MEN'S GOLF

Year By Year Record

Year	Record	Pct.	Conf.	Coach	NCAA Finish	NCAA Appearances
1970-71	8-4	.667				
1971-72	9-5	.643				
1972-73	3-13	.188				
1973-74	2-8-1	.227				
1974-75	0-15-2	.059	8th	Bob Kraft		
1975-76	6-10	.375		Jim Hubbard		
1976-77			7th	Jim Hubbard		
1977-78			8th	Jim Hubbard		
1978-79			7th	Jim Hubbard		
1979-80	5-1	.833	6th	Jim Hubbard		
1980-81	2-5	.286	6th	Jim Hubbard		
1981-82	4-3	.571	4th	Dick Ryther		
1982-83	1-2-1	.375	4th	Dick Ryther		
1983-84	7-7	.500	4th	Dick Ryther		
1984-85	4-15	.211	6th	C.J. Woollum		
1985-86	10-5	.667	4th	C.J. Woollum		Rick Bidnick
1986-87	11-6	.647	4th	C.J. Woollum		Rick Bidnick
1987-88	12-1	.923	3rd	C.J. Woollum		Jack Bizzell
1988-89	14-2-1	.853	3rd	C.J. Woollum		
1989-90	14-2	.875	2nd	C.J. Woollum	11th	Team/Joe Monk, Jack Bizzell, Paul Hebinck, R.G. Phillips, Jeff Holler
1990-91	14-1	.993	3rd	C.J. Woollum	19th	Team/Joe Monk, David Donovan, Jeff Holler, R.G. Phillips, Shawn Wood
1991-92	6-0	1.000	3rd	C.J. Woollum	21st	Team/Joe Monk, David Dreybus, Scott Simonsen, Mike Harvey, R.G. Phillips
1992-93	6-1	.857	3rd	C.J. Woollum		
1993-94	6-1	.857	2nd	C.J. Woollum	12th	Team/Scott Scovil*, Chad Houdashell, Mike Harvey, Mike Kuhns, Scott Simonsen
1994-95	7-0	1.000	3rd	C.J. Woollum	10th	Team/Scott Causby, Scott Scovil, Mike Kuhns, Scott Simonsen, Chad Houdashell
1995-96	4-0	1.000	3rd	C.J. Woollum	9th	Team/Scott Scovil, Scott Causby, Chad Houdashell, Danny Simonsen, Mike Kuhns
1996-97	6-1	.857	3rd	C.J. Woollum		Scott Causby
1997-98	5-0	1.000	3rd	Scott Causby		
1998-99	3-0	1.000	3rd	Scott Causby		
1999-00	0-0	.000	3rd	Scott Causby	15th	Team/Mike Hart, Robbie Craft, Ryan Greer, Mike Little, Mike Priddy
2000-01	4-0	1.000	4th	Rob Lussenhop		
2001-02	0-0	.000	4th	Rob Lussenhop		Mike Priddy
2002-03	0-0	.000	4th	Chad Wilson		
2003-04	0-0	.000	5th	Chad Wilson		
2004-05	0-0	.000	3rd	Chad Wilson		
2005-06	0-0	.000	2nd	Chad Wilson		
2006-07	0-0	.000	3rd	Chris Jones		
2007-08	0-0	.000	3rd	Tina Kihara		
2008-09	0-0	.000	3rd	Jamie Coleman		
2009-10	0-0	.000	4th	Jamie Coleman		
2010-11	0-0	.000	1st	Jamie Coleman	11th	Team/Chris Olson, Brian Jaeger, Joseph Evans, Jonathan Howard, Joseph Suarez
2011-12	0-0	.000	3rd	Jamie Coleman	15th	Team/Joseph Evans, Brian Jaeger, Tyler Horney, Jonathan Howard, Joseph Suarez
2012-13	0-0	.000	T2nd	Jamie Coleman		
2013-14	0-0	.000	1st	Jamie Coleman		Brian Jaeger
2014-15	0-0	.000	1st	Jamie Coleman		
2015-16	1-1	.500	1st	Jamie Coleman	20th	Team/Sam Robinson, Harry Nodwell, David Rabil, Joey Corlett, Charlie Peavley
2016-17	2-1	.667	1st	Jamie Coleman	21st	Team/Harry Nodwell, David Rabil, Joey Corlett, Kurt Funkhouser, Davis Topping
2017-18	0-4	.000	2nd	Jamie Coleman		
2018-19	0-0	.000	4th	Jamie Coleman		
2019-20^	0-0	.000	--	Jamie Coleman		
2020-21	0-0	.000	--	Jamie Coleman	MC	Team/Aidan Baron, Robb Kinder, Carrter Morris, Kevin Quinto, Alex Price
2021-22	0-0	.000	--	Jamie Coleman	17th	Team/Aidan Baron, Jack Gessaman, Robb Kinder, Carrter Morris, Alex Price
2022-23	0-0	.000	--	Jamie Coleman	6th	Team/Aidan Baron, Jack Gessaman, Robb Kinder, Alex Price, Michael Thomas
2023-24	0-0	.000	--	Jamie Coleman		
Total	176-114-5	.605				

*won individual national championship

^Season Canceled on March 13 following decision by NCAA and CAC Regarding COVID-19 Pandemic

Coaching Records

Coach	Years	Seasons	W-L	Pct.	NCAA Appearances
Bob Kraft	1975	1	0-15-2	.059	
Jim Hubbard	1976-81	6	Inc.		
Dick Ryther	1982-84	3	12-12-1	.500	
C.J. Woollum	1985-97	13	114-35-1	.763	6
Scott Causby	1998-00	3	8-0	1.000	1
Rob Lussenhop	2001-02	2	4-0	1.000	
Chad Wilson	2003-06	4	0-0	.000	
Chris Jones	2007	1	0-0	.000	
Tina Kihara	2008	1	0-0	.000	
Jamie Coleman	2009-	16	3-6	.333	8

Major Honors

ALL-AMERICA

1986 Rick Bidnick
 1990 Joe Monk
 1991 Joe Monk
 1994 Scott Scovil (1st team) #
 1995 Scott Causby (2nd team)
 Scott Scovil (Hon. Men.)
 1996 Scott Scovil (2nd team)
 Scott Causby (3rd team)
 2011 Chris Olson (2nd team)
 2012 Joseph Evans (3rd team)
 2013 Brian Jaeger (1st team)
 2014 Matt DiSalvo (Hon. Men.)
 2016 Sam Robinson (Hon. Men.)
 2017 David Rabil (1st team)
 Harry Nodwell (3rd team)
 2020 Alex Price (Hon. Men.)
 Kevin Quinto (Hon. Men.)
 2021 Alex Price (2nd team)
 Robb Kinder (Hon. Men.)
 2022 Alex Price (1st team)
 Robb Kinder (2nd team)
 2023 Alex Price (1st team)
 Robb Kinder (2nd team)
 #National Champion

NCAA-PARTICIPANTS

1986 Rick Bidnick
 1987 Rick Bidnick
 1988 Jack Bizzell
 1990 Joe Monk
 Jack Bizzell
 Paul Hebinck
 Jeff Holler
 R.G. Phillips
 1991 Joe Monk
 David Donovan
 Jeff Holler
 R.G. Phillips
 Shawn Wood
 1992 Joe Monk
 David Dreybus
 Mike Harvey
 Scott Simonsen
 R.G. Phillips
 1994 Scott Scovil
 Scott Simonsen
 Chad Houdashell
 Mike Harvey
 Mike Kuhns
 1995 Scott Causby
 Scott Scovil
 Mike Kuhns
 Scott Simonsen
 Chad Houdashell
 1996 Scott Scovil
 Scott Causby
 Chad Houdashell
 Mike Kuhns
 Danny Simonsen
 1997 Scott Causby
 2000 Mike Little
 Mike Priddy
 Ryan Greer
 Robbie Craft
 Mike Hart
 2002 Mike Priddy
 2011 Chris Olson
 Joseph Evans
 Joseph Suarez
 Brian Jaeger
 Jonathan Howard
 2012 Joseph Evans
 Joseph Suarez

Tyler Horney
 Brian Jaeger
 Jonathan Howard
 2013 Brian Jaeger
 2016 Sam Robinson
 Harry Nodwell
 David Rabil
 Joey Corlett
 Charlie Peavley
 2017 Harry Nodwell
 David Rabil
 Joey Corlett
 Kurt Funkhouser
 Davis Topping
 2021 Aidan Baron
 Robb Kinder
 Carrter Morris
 Kevin Quinto
 Alex Price
 2022 Aidan Baron
 Jack Gessaman
 Robb Kinder
 Carrter Morris
 Alex Price
 2023 Aidan Baron
 Jack Gessaman
 Robb Kinder
 Alex Price
 Michael Thomas

NCAA NATIONAL CHAMPION

1994 Scott Scovil

GCAA NATIONAL ALL-FRESHMAN TEAM

2020 Alex Price

CONFERENCE CHAMPION

1976 John Kokoruda
 2014 Jonathan Howard
 2015 Matt DiSalvo
 2016 Sam Robinson

CONFERENCE PLAYER OF THE YEAR

1976 John Kokoruda
 2014 Jonathan Howard
 2015 Matt DiSalvo
 2016 Sam Robinson
 2017 David Rabil

CONFERENCE ROOKIE OF THE YEAR

2004 Josh Meador
 2016 Joey Corlett

CONFERENCE COACH OF THE YEAR

2014 Jamie Coleman
 2015 Jamie Coleman
 2016 Jamie Coleman
 2017 Jamie Coleman

VASID ALL-STATE PLAYER OF THE YEAR

2017 David Rabil

VASID ALL-STATE COACH OF THE YEAR

2013 Jamie Coleman
 2015 Jamie Coleman
 2017 Jamie Coleman

DIVISION III PING ALL-REGION

2012 Joseph Evans
 2013 Brian Jaeger
 2014 Matt DiSalvo
 Jonathan Howard
 Sam Robinson
 2015 Matt DiSalvo
 2016 Sam Robinson
 Harry Nodwell
 Matt DiSalvo
 2017 Joey Corlett
 Kurt Funkhouser
 Harry Nodwell
 David Rabil
 2018 David Rabil
 2019 Will Snyder
 2020 Alex Price
 Kevin Quinto
 2021 Aidan Baron
 Robb Kinder
 Carrter Morris
 Alex Price
 2022 Robb Kinder
 Alex Price
 2023 Robb Kinder
 Alex Price

GCAA ALL-AMERICAN SCHOLAR

2012 Brian Jaeger
 2013 Brian Jaeger
 2016 Sam Robinson
 2018 Chris Brugge
 Kurt Funkhouser
 2020 William Snyder

JACK NICKLAUS AWARD WINNER

2023 Alex Price

JACK NICKLAUS AWARD SEMIFINALIST

2016 Harry Nodwell
 2017 David Rabil

WOMEN'S GOLF

Year By Year Record

Year	Record	Pct.	Conf.	Coach	NCAA Finish	NCAA Appearances
2017-18	0-0	.000	1st	Jamie Coleman		
2018-19	0-0	.000	2nd	Jamie Coleman	NTS	Erica Whitehouse
2019-20 [^]	0-0	.000	--	Jamie Coleman		
2020-21	0-0	.000	--	Jamie Coleman	NTS	Shreya Ganta
2021-22	0-0	.000	--	Jamie Coleman	NTS	Lauren Sims
2022-23	0-0	.000	--	Jonathan Howard		
2023-24	0-0	.000	--	Jonathan Howard		
Total	0-0	.000				

[^]Season Canceled on March 13 following decision by NCAA and CAC Regarding COVID-19 Pandemic

Coaching Records

Coach	Years	Seasons	W-L	Pct.	NCAA Appearances
Jamie Coleman	2017-22	5	0-0	.000	3
Jonathan Howard	2022-	2	0-0	.000	

Major Honors

ALL-AMERICA

2019 Erica Whitehouse (Hon. Mention)
2021 Shreya Ganta (Hon. Mention)

NCAA-PARTICIPANTS

2019 Erica Whitehouse

DIVISION III PING ALL-REGION

2019 Erica Whitehouse
2021 Shreya Ganta
Erica Whitehouse

CONFERENCE CHAMPION

2018 Erica Whitehouse
2019 Erica Whitehouse

CONFERENCE PLAYER OF THE YEAR

2018 Erica Whitehouse
2019 Erica Whitehouse

CONFERENCE ROOKIE OF THE YEAR

2018 Erica Whitehouse

CONFERENCE COACH OF THE YEAR

2018 Jamie Coleman
2019 Jamie Coleman

VASID ALL-STATE PLAYER OF THE YEAR

2019 Erica Whitehouse

VASID ALL-STATE ROOKIE OF THE YEAR

2019 Shreya Ganta

MEN'S LACROSSE

Year By Year Record

Year	Overall		Conference			Coach	NCAA
	Record	Pct.	Rec.	Pct.	Finish		
2007	4-9	.308	0-0	.000		Chris Swanenburg	
2008	8-7	.533	0-0	.000		Chris Swanenburg	
2009	8-7	.533	0-0	.000		Chris Swanenburg	
2010	7-9	.438	0-0	.000		Chris Swanenburg/Todd Boward	
2011	7-8	.467	0-0	.000		Todd Boward	
2012	6-9	.400	0-0	.000		Todd Boward	
2013	8-9	.471	0-0	.000		Todd Boward	NCAA 1st Round
2014	10-6	.625	3-4	.429	5th	Todd Boward	
2015	11-5	.688	6-2	.750	3rd	Todd Boward	
2016	13-5	.722	6-2	.750	3rd	Mikey Thompson	
2017	11-6	.647	5-3	.625	T3rd	Mikey Thompson	
2018	15-5	.750	6-2	.750	3rd	Mikey Thompson	NCAA 3rd Round
2019	12-7	.632	4-2	.667	2nd	Mikey Thompson	
2020^	5-1	.833	--	--	--	Mikey Thompson	
2021	13-6	.684	3-1	.750	2nd	Mikey Thompson	NCAA FINAL FOUR
2022	18-2	.900	2-0	1.000	1st	Mikey Thompson	NCAA Elite Eight
2023	19-3	.864	4-1	.800	2nd	Mikey Thompson	NCAA FINAL FOUR
2024	16-6	.727	4-1	.800	2nd	Mikey Thompson	NCAA Elite Eight
Total	191-110	.635	43-18	.705			

^Season Canceled on March 13 following decision by NCAA and CAC Regarding COVID-19 Pandemic

Coaching Records

Coach	Years	Seasons	Overall		Conference		NCAA Appearances
			W-L	Pct.	W-L	Pct.	
Chris Swanenburg	2007-10	4	25-26	.490	0-0	.000	
Todd Boward	2010-15	6	44-43	.506	9-6	.600	1
Mikey Thompson	2016-	9	122-41	.749	34-12	.739	5

Major Honors

PREMIER LACROSSE LEAGUE DRAFT PICK

2022 Max Wayne (3rd Rd, 21st pick - Atlas LC)

USILA NATIONAL PLAYER OF THE YEAR

2022 Max Wayne

USILA NATIONAL DEFENSEMAN OF THE YEAR

2022 Max Wayne
2023 Ryan Young

USILA NATIONAL SHORT STICK DEFENSIVE MIDFIELDER OF THE YEAR

2022 Campbell Pozin

ALL-AMERICAN (USILA)

2016 Randy Foster (Honorable Mention)
2017 Randy Foster (Honorable Mention)
Matt Hayden (Honorable Mention)
2018 Matt Crist (Honorable Mention)
Tony Cruz (Honorable Mention)
2019 Scott McAneney (Honorable Mention)
Dylan Rice (Honorable Mention)
Max Wayne (Honorable Mention)
2021 Brady Altobello (Honorable Mention)
Phoenix Hines (Honorable Mention)
Dylan Rice (Honorable Mention)
Max Wayne (Honorable Mention)
2022 Coby Auslander (1st team)
Campbell Pozin (1st team)
Dylan Rice (1st team)
Max Wayne (1st team)
Warner Cabaniss (2nd team)
Andrew Cook (2nd team)
Phoenix Hines (2nd team)
Burke Widhelm (2nd team)
Brady Altobello (Honorable Mention)
Zac Hanway (Honorable Mention)
2023 Andrew Cook (1st team)
Ryan Young (1st team)
Coby Auslander (2nd team)
Campbell Pozin (2nd team)
Alex Brendes (3rd team)
Warner Cabaniss (3rd team)
Zac Hanway (3rd team)
Brett Jackson (Honorable Mention)
Drew Miller (Honorable Mention)
Burke Widhelm (Honorable Mention)
2024 Andrew Cook (1st team)
Alex Brendes (2nd team)
Ryan Young (3rd team)
Coby Auslander (Honorable Mention)
Warner Cabaniss (Honorable Mention)
Drew Miller (Honorable Mention)

ALL-AMERICAN (USA LACROSSE)

2021 Max Wayne (2nd team)
2022 Phoenix Hines (1st team)
Campbell Pozin (1st team)
Max Wayne (1st team)
Andrew Cook (2nd team)
Dylan Rice (2nd team)
Coby Auslander (Honorable Mention)
Warner Cabaniss (Honorable Mention)
Burke Widhelm (Honorable Mention)
2023 Ryan Young (1st team)
Coby Auslander (2nd team)
Warner Cabaniss (Honorable Mention)
Campbell Pozin (Honorable Mention)
2024 Ryan Young (1st team)
Andrew Cook (2nd team)
Coby Auslander (3rd team)
Warner Cabaniss (Honorable Mention)

ALL-AMERICAN (IMLCA)

2022 Dylan Rice (1st team)
Max Wayne (1st team)
2023 Andrew Cook (1st team)
Ryan Young (1st team)
Warner Cabaniss (2nd team)
Campbell Pozin (2nd team)
2024 Andrew Cook (1st team)
Ryan Young (2nd team)

ALL-AMERICAN (INSIDE LACROSSE)

2020 Phoenix Hines (Honorable Mention)
Scott McAneney (Honorable Mention)
Dylan Rice (Honorable Mention)
Max Wayne (Honorable Mention)

INSIDE LACROSSE NATIONAL FRESHMAN OF THE YEAR

2020 Alex Brendes

INSIDE LACROSSE NATIONAL ALL-FRESHMAN TEAM

2020 Coby Auslander
Alex Brendes

ALL-REGION

2016 Randy Foster (Honorable Mention)
2017 Tony Cruz (1st team)
Randy Foster (1st team)
Matt Hayden (1st team)
2018 Matt Crist (2nd team)
Tony Cruz (Honorable Mention)
2021 Brady Altobello (2nd team)
Phoenix Hines (Honorable Mention)
Dylan Rice (Honorable Mention)
2022 Andrew Cook (1st team)
Dylan Rice (1st team)
Max Wayne (1st team)
Phoenix Hines (2nd team)
Coby Auslander (Honorable Mention)
Warner Cabaniss (Honorable Mention)
Zac Hanway (Honorable Mention)
Campbell Pozin (Honorable Mention)
Burke Widhelm (Honorable Mention)
2023 Coby Auslander (1st team)
Alex Brendes (1st team)
Warner Cabaniss (1st team)
Andrew Cook (1st team)
Campbell Pozin (1st team)
Ryan Young (1st team)
Zac Hanway (2nd team)
2024 Alex Brendes (1st team)
Warner Cabaniss (1st team)
Andrew Cook (1st team)
Ryan Young (1st team)
Drew Miller (2nd team)
Coby Auslander (Honorable Mention)

REGION OFFENSIVE PLAYER OF THE YEAR (IMLCA)

2022 Dylan Rice
2023 Andrew Cook

REGION COACHING STAFF OF THE YEAR (IMLCA)

2021 Thompson, Thomas, Hayden, Cogan
2022 Thompson, Thomas, Meyers

CONFERENCE DEFENSIVE PLAYER OF THE YEAR

2022 Max Wayne
2023 Ryan Young

CONFERENCE ROOKIE OF THE YEAR

2018 Dylan Rice
2022 Warner Cabaniss
2024 Kevin Miller

CONFERENCE COACHING STAFF OF THE YEAR

2022 Thompson, Thomas, Meyers

CONFERENCE MALE ATHLETE OF THE YEAR

2022 Dylan Rice

CONFERENCE MALE SCHOLAR-ATHLETE OF THE YEAR

2022 Dylan Rice

VASID ALL-STATE PLAYER OF THE YEAR

2017 Matt Hayden
2022 Max Wayne

VASID ALL-STATE DEFENSIVE PLAYER OF THE YEAR

2022 Max Wayne

VASID ALL-STATE ROOKIE OF THE YEAR

2018 Dylan Rice
2020 Alex Brendes
2022 Warner Cabaniss

VASID ALL-STATE COACH OF THE YEAR

2016 Mikey Thompson
2018 Mikey Thompson
2020 Mikey Thompson
2021 Mikey Thompson
2022 Mikey Thompson

USILA NORTH-SOUTH SENIOR ALL-STARS

2017 Matt Hayden
2018 Matt Crist
Jake O'Connell
2019 Drew Cornell

USILA SCHOLAR ALL-AMERICAN

2017 Randy Foster
2018 Matthew Crist
Jake O'Connell
2019 Drew Cornell
2021 Jack Cook
Dylan Rice
Will Stockhausen
Max Wayne
2022 Campbell Pozin
Dylan Rice
Will Stockhausen
Max Wayne
2023 Coby Auslander
Alex Brendes
Andrew Cook
Zac Hanway
Drew Miller
Aidan Wheeler
Ryan Young
2024 Luke Nardone
Brandon Young
Ryan Young

WOMEN'S LACROSSE

Year By Year Record

Year	Record	Pct.	Conf.	Pct.	Pos.	Coach	Post Season
2001	2-9	.182	1-2	.333	3rd	Nancy Billger	
2002	7-9	.438	4-0	1.000	1st	Kwame Lloyd	
2003	7-7	.500	4-1	.800	2nd	Kwame Lloyd	
2004	6-9	.400	4-1	.800	1st	Kwame Lloyd	
2005	7-9	.438	5-0	1.000	1st	Kwame Lloyd	
2006	11-8	.579	5-1	.833	2nd	Kwame Lloyd	NCAA
2007	12-5	.706	6-0	1.000	1st	Kwame Lloyd	NCAA
2008	13-6	.684	4-0	1.000	1st	Carolyn Raveia	NCAA
2009	13-7	.650	4-0	1.000	1st	Carolyn Raveia	NCAA
2010	13-7	.650	7-0	1.000	1st	Carolyn Raveia	NCAA 1st Round
2011	13-6	.684	7-0	1.000	1st	Carolyn Raveia	NCAA 1st Round
2012	15-4	.789	7-0	1.000	1st	Carolyn Raveia	NCAA 1st Round
2013	18-3	.857	8-0	1.000	1st	Carolyn Raveia	NCAA 2nd Round
2014	10-8	.556	3-4	.429	5th	Carolyn Raveia	
2015	9-8	.529	5-3	.625	4th	Carolyn Query*	
2016	11-5	.688	5-3	.625	4th	Lisa Valentine	
2017	11-8	.579	4-4	.500	5th	Lisa Valentine	
2018	10-9	.526	5-3	.625	4th	Lisa Valentine	
2019	9-10	.474	2-4	.333	5th	Lisa Valentine	
2020 [^]	3-4	.429	--	--	--	Lisa Valentine	
2021	11-7	.611	3-4	.429	3rd	Lisa Valentine	
2022	10-9	.526	1-1	.500	2nd	Lisa Valentine	
2023	12-9	.571	1-1	.500	2nd	Lisa Valentine	NCAA 2nd Round
2024	14-7	.667	1-1	.500	2nd	Lisa Valentine	NCAA Sweet 16
Total	247-173	.588	96-33	.744			

[^]Season Canceled on March 13 Following Decision by NCAA and CAC Regarding COVID-19 Pandemic

Conference Record in USA South Athletic Conference: 66-5 (.930)

Conference Record in Capital Athletic Conference: 30-28 (.517)

Coaching Records

Coach	Years	Seasons	W-L	Pct.	Conf.	Pct.	NCAA Appearances
Nancy Billger	2001	1	2-9	.182	1-2	.333	
Kwame Lloyd	2002-07	6	50-47	.515	28-3	.903	2
Carolyn Raveia*	2008-15	8	104-49	.680	45-7	.865	6
Lisa Valentine	2016-	9	91-68	.572	22-21	.512	2

*Married prior to 2015 season and changed name to Carolyn Query

Major Honors

ALL-AMERICAN (IWLCA)

2016	Meaghan Galvin	2nd team
2017	Meaghan Galvin	2nd team
2019	Sarah Culver	3rd team
2021	Kelsey Winters	2nd team
2022	Kelsey Winters	2nd team
2023	Kelsey Winters	1st team
	Julia Iapicca	2nd team
2024	Kelsey Winters	1st team
	Julia Iapicca	2nd team

ALL-AMERICAN (USA LACROSSE MAGAZINE)

2021	Kelsey Winters	3rd team
2022	Kelsey Winters	3rd team
	Kendall Krause	Hon. Mention
2023	Kelsey Winters	2nd team
	Emma Jackson	Hon. Mention
2024	Kelsey Winters	2nd team
	Julia Iapicca	Hon. Mention
	Brookelyn Morrison	Hon. Mention

ALL-AMERICAN (SYNAPSE SPORTS)

2013	Ashton Marshall	3rd team
2015	Meaghan Galvin	3rd team

ALL-REGION

2006	Kristen Conques	1st team
	Kristyn Hankins	2nd team
2007	Kristen Conques	2nd team
	Kristyn Hankins	2nd team
2008	Katie Doherty	2nd team
2009	Katie Quigley	1st team
	Katie Doherty	2nd team
2010	Kaitlin Quigley	1st team
	Meghan Harkey	2nd team
2011	Kaitlin Quigley	1st team
	Meghan Harkey	2nd team
2012	Lauren King	2nd team
	Ashton Marshall	2nd team
2013	Ashton Marshall	1st team
	Becca Geist	2nd team
2014	Meaghan Galvin	1st team
	Ashton Marshall	1st team
	Emily Johnson	2nd team
2015	Meaghan Galvin	1st team
	Mariah Ginebra	1st team
2016	Catie Chess	1st team
	Meaghan Galvin	1st team
	Emma Walsh	2nd team
2017	Catie Chess	1st team
	Meaghan Galvin	1st team
	Sarah Culver	2nd team
2018	Sarah Culver	1st team
	Julia Golden	2nd team
	Carly Wilson	2nd team
2019	Sarah Culver	1st team
	Julia Golden	1st team
2021	Sam Wettengel	1st team
	Kelsey Winters	1st team
	Kendall Krause	2nd team
	Cat Leighty	2nd team
2022	Kendall Krause	1st team
	Kelsey Winters	1st team
	Syd Guidi	2nd team
	Emma Jackson	2nd team
2023	Julia Iapicca	1st team
	Kelsey Winters	1st team
	Syd Guidi	2nd team
	Emma Jackson	2nd team
	Brookelyn Morrison	2nd team
	Riley Rafterry-Lee	2nd team
2024	Syd Guidi	1st team
	Julia Iapicca	1st team
	Brookelyn Morrison	1st team
	Kelsey Winters	1st team
22	Emma Jackson	2nd team
	Madi Rozgonyi	2nd team

IWLCA ALL-STAR GAME PARTICIPANT

2007	Kristen Conques
2011	Kaitlin Quigley
2016	Kirsten Mendelsohn
2017	Meaghan Galvin
2018	Colleen Bourgal
2019	Sarah Culver
	Julia Golden
2022	Joely Stevens
2023	Kendall Krause
	Riley Rafterry-Lee
2024	Syd Guidi
	Kelsey Winters

CONFERENCE WOMAN OF THE YEAR

2013	Stephanie Green
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CONFERENCE PLAYER OF THE YEAR

2008	Katie Doherty
2009	Kaitlin Quigley
2010	Kaitlin Quigley
2011	Kaitlin Quigley
2012	Ashton Marshall
2013	Ashton Marshall
2016	Meaghan Galvin

CONFERENCE OFFENSIVE PLAYER OF THE YEAR

2023	Kelsey Winters
2024	Kelsey Winters

CONFERENCE ROOKIE OF THE YEAR

2001	Wendy Wilson
2008	Meghan Harkey
2014	Meaghan Galvin
2022	Madi Rozgonyi
2023	Brookelyn Morrison
2024	Carys May

CONFERENCE SCHOLAR-ATHLETE OF THE YEAR

2022	Riley Rafterry-Lee
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CONFERENCE COACH OF THE YEAR

2002	Kwame Lloyd
2005	Kwame Lloyd
2007	Kwame Lloyd
2008	Carolyn Raveia
2009	Carolyn Raveia
2011	Carolyn Raveia
2012	Carolyn Raveia

VASID ALL-STATE PLAYER OF THE YEAR

2016	Meaghan Galvin
2017	Meaghan Galvin
2022	Kelsey Winters
2023	Kelsey Winters
2024	Kelsey Winters

VASID ALL-STATE ROOKIE OF THE YEAR

2014	Meaghan Galvin
2020	Kelsey Winters
2023	Brookelyn Morrison

VASID ALL-STATE COACH OF THE YEAR

2013	Carolyn Raveia
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MEN'S SOCCER

Year By Year Record

Year	Record	Pct.	Conf.	Pct.	Place	Coach	Post season
1974	1-9-2	.167	1-6-0	.143	7th	William Sneddon	
1975	7-4-0	.636	5-2-0	.714	T2nd	William Sneddon	
1976	5-7-0	.417	5-2-0	.714	T2nd	William Sneddon	
1977	10-6-1	.618	4-2-1	.643	4th	Robert Cummings	
1978	7-9-1	.441	5-1-1	.786	2nd	Robert Cummings	
1979	2-9-4	.267	1-3-2	.286	6th	Robert Cummings	
1980	1-13-1	.100	1-5-1	.214	7th	Robert Cummings	
1981	2-11-1	.179	1-4-1	.250	T7th	William Sneddon	
1982	3-11-1	.233	3-3-0	.500	4th	Seth Roland	
1983	9-8-1	.528	3-3-1	.500	T4th	Seth Roland	
1984	11-7-1	.605	5-2-0	.714	3rd	Seth Roland	
1985	12-6-2	.650	4-2-1	.643	T2nd	Seth Roland	
1986	18-5-0	.783	5-2-0	.714	T2nd	Seth Roland	NCAA First round
1987	8-8-3	.500	3-3-1	.500	5th	Alan Lindsay	
1988	11-10-0	.524	3-3-0	.500	T4th	Craig Reynolds	
1989	11-5-2	.667	3-2-0	.600	T3rd	Craig Reynolds	
1990	6-10-3	.395	1-3-1	.300	5th	Craig Reynolds	
1991	12-6-2	.650	2-2-1	.500	3rd	Craig Reynolds	
1992	7-8-4	.474	2-2-1	.500	T3rd	Craig Reynolds	
1993	9-9-0	.500	3-3-0	.500	4th	Craig Reynolds	
1994	8-7-1	.531	2-4-0	.333	T5th	Craig Reynolds	
1995	5-11-1	.324	1-5-0	.167	6th	Craig Reynolds	
1996	13-5-0	.722	4-2-0	.667	3rd	Steve Shaw	
1997	10-9-0	.526	4-2-0	.667	3rd	Steve Shaw	
1998	10-7-0	.588	4-2-0	.667	2nd	Steve Shaw	
1999	13-4-1	.750	5-1-0	.833	2nd	Steve Shaw	
2000	18-3-1	.841	6-0-0	1.000	1st	Steve Shaw	NCAA Elite 8
2001	15-5-0	.750	6-1-0	.857	2nd	Steve Shaw	
2002	10-8-1	.552	6-1-0	.857	T1st	Steve Shaw	
2003	12-5-3	.675	6-0-1	.929	1st	Steve Shaw	
2004	11-7-2	.600	3-2-1	.583	4th	Steve Shaw	
2005	12-7-0	.632	4-2-0	.667	3rd	Steve Shaw	
2006	15-5-2	.727	5-0-1	.917	1st	Steve Shaw	NCAA Second Round
2007	11-7-0	.611	5-1-0	.833	2nd	Steve Shaw	
2008	17-5-3	.740	5-0-1	.917	1st	Steve Shaw	NCAA Elite 8
2009	18-2-4	.833	6-0-0	1.000	1st	Steve Shaw	NCAA Elite 8
*2010	20-2-1	.891	5-1-0	.833	2nd	Steve Shaw	NCAA 2nd Round
2011	17-1-1	.921	6-0-0	1.000	1st	Steve Shaw	NCAA 1st Round
2012	15-4-2	.762	6-1-1	.813	1st	Steve Shaw	NCAA 1st Round
2013	13-5-2	.700	6-2-0	.750	3rd	Steve Shaw	
2014	19-3-5	.796	4-2-3	.611	5th	Steve Shaw	NCAA Elite Eight
2015	11-2-6	.737	4-2-3	.611	5th	Steve Shaw	
2016	18-3-1	.841	8-0-1	.944	1st*	Steve Shaw	NCAA 2nd Round
2017	14-3-1	.806	8-0-1	.944	1st	Steve Shaw	
2018	7-8-1	.469	3-4-0	.429	6th	Steve Shaw	
2019	14-2-5	.786	9-1-0	.900	1st	Justin Chezem	NCAA 2nd Round
2021	12-5-2	.684	--	--	1st*	Justin Chezem	NCAA Sweet 16
2022	13-4-2	.737	--	--	1st	Justin Chezem	NCAA 2nd Round
2023	11-5-2	.667	--	--	2nd	Justin Chezem	NCAA 2nd Round
2024	6-7-5	.472	--	--	2nd	Justin Chezem	
Total	540-312-84	.622	191-91-25	.663			

*Conference Tournament champions

Conference Record in USA South Athletic Conference: 149-80-17 (.640)

Conference Record in Capital Athletic Conference: 42-11-8 (.792)

Coaching Records

Coach	Years	Seasons	Overall		Conf.		NCAA Appearances
			W-L-T	Pct.	W-L-T	Pct.	
William Sneddon	1974-76, 81	4	15-31-3	.337	12-14-1	.463	
Robert Cummings	1977-80	4	20-37-7	.367	11-11-5	.500	
Seth Roland	1982-86	5	53-37-5	.584	20-12-2	.618	1
Alan Lindsay	1987	1	8-8-3	.500	3-3-1	.500	
Craig Reynolds	1988-95	8	69-66-13	.510	17-24-3	.420	
Steve Shaw	1996-18	23	319-110-37	.724	119-26-13	.794	9
Justin Chezem	2019-	5	56-23-16	.674	9-1-0	.900	4

Major Honors

NSCAA/UNITED SOCCER COACHES

ALL-AMERICAN

1985	Gerard Mosley	2nd team
1986	Gerard Mosley	1st team
2009	Winston Mattheisen	2nd team
2010	Winston Mattheisen	2nd team
2011	Brian Lybert	1st team
	Sean Moriarty	1st team
	Winston Mattheisen	2nd team
2012	Jalon Brown	1st team
2013	Jalon Brown	2nd team
2014	Jalon Brown	2nd team
2016	Jimmy Grace	1st team
	Harry Nodwell	3rd team
2017	Jimmy Grace	1st team
2019	Derek Cook	2nd team

D3SOCCER.COM ALL-AMERICAN

2010	Brian Lybert	2nd team
	Winston Mattheisen	3rd team
2011	Brian Lybert	1st team
	Sean Moriarty	2nd team
2013	Jalon Brown	3rd team
2014	Jalon Brown	1st team
2016	Jimmy Grace	2nd team
2017	Jimmy Grace	3rd team
2019	Derek Cook	1st team

NSCAA ALL-REGION

1983	Gerard Mosley	1st team
	Chris Frazier	2nd team
1984	Gerard Mosley	1st team
	Chris Frazier	2nd team
	Rick Longobardi	2nd team
1985	Junior Carter	1st team
	B.B. Carter	1st team
	Gerard Mosley	1st team
	Chris Frazier	2nd team
	Rick Longobardi	2nd team
1986	Rick Longobardi	1st team
	Gerard Mosley	1st team
	Chris Frazier	2nd team
	Lui Fiscella	2nd team
1987	Junior Carter	1st team
	Jon Schwartzman	2nd team
1988	Junior Carter	1st team
	John Fitzgerald	1st team
	Jon Schwartzman	2nd team
1989	Russell Rutter	1st team
	Jon Schwartzman	1st team
	John Fitzgerald	2nd team
1991	Dusty Scott	2nd team
	Geoff Meadows	2nd team
1992	Ian MacPherson	2nd team
1993	Steve Downes	2nd team
1996	Ian MacPherson	2nd team
1997	Brian Schwab	2nd team
	Oscar Gomez-Romero	3rd team
1999	Oscar Gomez-Romero	1st team
	Steve Sachs	1st team
2000	Shadi Abi-Saab	1st team
	Oscar Gomez-Romero	1st team
	Martin Zelada	3rd team
2001	Scott Sachs	2nd team
	Jason Farino	3rd team
2002	Joshua Shaw	2nd team
2003	Justin Chezem	2nd team
	Billy Lucas	2nd team
	Brian Shumate	2nd team
2004	Nick Yanitello	2nd team
	Justin Chezem	3rd team
	Billy Lucas	3rd team
	Brian Shumate	3rd team
2005	Daniel Fogarty	3rd team
	Galen Small	3rd team
2006	Daniel Fogarty	1st team
	Bryan Davis	2nd team
	Derek Shaw	2nd team
	Matt Page	3rd team
2007	Michael Caro	2nd team
2008	Bryan Davis	1st team
	Brian Tweed	2nd team

2009	Kyle Allan	3rd team
	Winston Mattheisen	1st team
	Kevin Greenberg	2nd team
	Nao Masuda	2nd team
	Justin Wolfe	2nd team
2010	Brian Lybert	1st team
	Winston Mattheisen	1st team
	Sean Moriarty	2nd team
2011	Brian Lybert	1st team
	Winston Mattheisen	1st team
	Sean Moriarty	1st team
	Justin Wolfe	1st team
	David Haas	2nd team
	Steven Farmer	3rd team
2012	Jalon Brown	1st team
	Alec Faulkner	2nd team
	Sean Moriarty	2nd team
2013	Jalon Brown	1st team
	Caleb Lewis	2nd team
	Alec Faulkner	3rd team
2014	Jalon Brown	1st team
	Alec Faulkner	2nd team
	Harry Nodwell	3rd team
2015	Harry Nodwell	1st team
	Sean Christein	3rd team
2016	Jimmy Grace	1st team
	Harry Nodwell	1st team
	Stephen Durbin	2nd team
2017	Jimmy Grace	1st team
	Stephen Durbin	2nd team
	Andrew Gogolin	2nd team
	Bobby Seifert	3rd team
2019	Derek Cook	1st team
	Will Collins	2nd team
2021	Davis Pillow	2nd team
	Will Collins	3rd team
2022	Kyle Stenzel	2nd team
2023	Mason Field	2nd team
	Kyle Stenzel	2nd team
	Barry Jones	3rd team
2024	Asher Kuzemka	4th team

REGION COACH OF THE YEAR

2000	Steve Shaw
2009	Steve Shaw
2011	Steve Shaw
2014	Steve Shaw

CONFERENCE PLAYER OF THE YEAR

2003	Billy Lucas
2004	Nick Yanitello
2006	Daniel Fogarty
2007	Michael Caro
2009	Winston Mattheisen
2010	Brian Lybert
2012	Jalon Brown
2013	Jalon Brown
2014	Jalon Brown
2016	Jimmy Grace
2017	Jimmy Grace
2019	Derek Cook (Defensive POY)

CONFERENCE ROOKIE OF THE YEAR

1996	Oscar Gomez-Romero
2002	Carlos Placencia
2008	Winston Mattheisen
2013	Jimmy Grace
2018	Tanner Dail
2024	Declan Karney

CONFERENCE COACH OF THE YEAR

1975	Bill Sneddon
1986	Seth Roland
1999	Steve Shaw
2000	Steve Shaw
2003	Steve Shaw
2006	Steve Shaw
2008	Steve Shaw
2009	Steve Shaw
2011	Steve Shaw
2012	Steve Shaw
2019	Justin Chezem
2021	Justin Chezem

VASID ALL-STATE PLAYER OF THE YEAR

1999	Oscar Gomez-Romero
2006	Daniel Fogarty
2010	Brian Lybert
2011	Brian Lybert
2012	Jalon Brown
2014	Jalon Brown
2016	Jimmy Grace
2017	Jimmy Grace

VASID ALL-STATE ROOKIE OF THE YEAR

2008	Winston Mattheisen
2011	Jalon Brown
2018	Tanner Dail

VASID ALL-STATE COACH OF THE YEAR

2008	Steve Shaw
2014	Steve Shaw
2016	Steve Shaw

WOMEN'S SOCCER

Year By Year Record

Year	Record	Pct.	CONF	Pct.	Place	Coach	Post Season
1997	5-11-0	.313	1-5-0	.167	6th	Emily Rice Randall	
1998	5-10-0	.333	2-4-0	.333	5th	Jen Clark	
1999	12-3-1	.781	5-1-0	.833	2nd	Jen Clark	
2000	12-4-1	.714	5-1-0	.833	1st	Melissa Mitchell	NCAA
2001	7-9-2	.444	4-2-1	.643	4th	Kwame Lloyd	
2002	12-4-1	.735	6-0-0	1.000	1st	Kwame Lloyd	
2003	15-6-0	.714	7-1-0	.875	T1st	Kwame Lloyd	
2004	16-4-3	.761	7-0-0	1.000	1st	Kwame Lloyd	NCAA Elite 8
2005	14-5-1	.725	6-0-0	1.000	1st	Kwame Lloyd	NCAA
2006	13-6-1	.675	5-2-0	.714	3rd	Kwame Lloyd	NCAA
2007	14-7-0	.667	8-1-0	.889	2nd	Kwame Lloyd	
2008	14-7-1	.659	9-0-0	1.000	1st	Ruth Keegan	
2009	12-8-3	.587	7-0-2	.889	2nd	Ruth Keegan	NCAA
2010	16-5-1	.750	9-0-0	1.000	1st	Ruth Keegan	NCAA 1st Round
2011	11-8-1	.575	6-1-1	.813	1st	Ruth Keegan	
2012	12-9-0	.750	8-3-0	.727	3rd	Ruth Keegan	
2013	14-4-2	.750	7-1-0	.875	1st	Dan Weiler	NCAA 1st Round
2014	12-4-4	.700	8-0-1	.944	1st	Dan Weiler	NCAA 1st Round
2015	14-5-1	.725	8-1-0	.889	1st	Dan Weiler	
2016	17-3-1	.833	8-0-1	.944	1st*	Dan Weiler	NCAA 2nd Round
2017	19-1-1	.929	9-0-0	1.000	1st*	Dan Weiler	NCAA 2nd Round
2018	21-2-0	.913	7-0-0	1.000	1st*	Dan Weiler	NCAA FINAL FOUR
2019	16-3-3	.795	8-1-1	.850	2nd	Dan Weiler	NCAA 2nd Round
2021	22-0-1	.978	--	--	1st*	Jamie Gunderson	NCAA NATIONAL CHAMPIONS
2022	19-0-3	.932	--	--	1st*	Jamie Gunderson	NCAA Quarterfinals
2023	19-0-3	.932	--	--	1st*	Jamie Gunderson	NCAA Quarterfinals
2024	19-2-2	.870	--	--	1st	Jamie Gunderson	NCAA FINAL FOUR
Total	382-130-37	.730	150-24-7	.849			

*Conference Tournament champions

Conference Record in USA South Athletic Conference: 95-21-4 (.808)

Conference Record in Capital Athletic Conference: 55-3-3 (.926)

Coaching Records

Coach	Years	Seasons	Overall		Conference		NCAA Appearances
			Record	Pct.	Record	Pct.	
Emily Rice Randall	1997	1	5-11-0	.313	1-5-0	.167	
Jen Clark	1998-99	2	17-13-1	.565	7-5-0	.583	
Melissa Mitchell	2000	1	12-4-1	.714	5-1-0	.833	1
Kwame Lloyd	2001-07	7	91-41-8	.679	43-6-1	.870	3
Ruth Keegan	2008-12	5	65-37-6	.630	39-4-3	.880	2
Dan Weiler	2013-19	7	113-22-12	.810	55-3-3	.926	6
Jamie Gunderson	2020-	4	79-2-9	.928	--	--	4

Major Honors

ALL-AMERICAN (NSCAA/UNITED SOCCER COACHES)

2002	Natalie Stallings	3rd team
2005	Emily Renkin	3rd team
2016	Victoria Perry	2nd team
2017	Gabby Gillis	1st team
2018	Gabby Gillis	1st team
	Riley Cook	1st team
2019	Riley Cook	2nd team
2021	Riley Cook	1st team
	Sarah Smith	3rd team
2022	Sarah Smith	1st team
	Jill McDonald	3rd team
2023	Reanna Slater	1st team
2024	Hanna Heaton	1st team
	Ellie Cox	3rd team
	Reanna Slater	4th team

ALL-AMERICAN (D3SOCCER.COM)

2010	Sam Ciaravino	2nd team
2017	Gabby Gillis	3rd team
2018	Gabby Gillis	1st team
	Riley Cook	1st team
2019	Riley Cook	1st team
2021	Riley Cook	1st team
	Haley Eiser	1st team
	Jill McDonald	2nd team
2022	Jill McDonald	1st team
	Jaya Daniel	3rd team

UNITED SOCCER COACHES

NATIONAL PLAYER OF THE YEAR

2021	Riley Cook
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D3SOCCER.COM NATIONAL

MIDFIELDER OF THE YEAR

2018	Gabby Gillis
2021	Riley Cook

D3SOCCER.COM NATIONAL

GOALKEEPER OF THE YEAR

2021	Haley Eiser
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D3SOCCER.COM NATIONAL

COACH OF THE YEAR

2018	Dan Weiler
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UNITED SOCCER COACHES NATIONAL

COACHING STAFF OF THE YEAR

2021	Jamie Gunderson, Sean Killion, Brian Lybert
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UNITED SOCCER COACHES REGIONAL

COACHING STAFF OF THE YEAR

2018	Dan Weiler, Jamie Gunderson, Erin Wojtkun
2021	Jamie Gunderson, Sean Killion, Brian Lybert
2022	Jamie Gunderson, Sean Killion, Brian Lybert
2023	Jamie Gunderson, Sean Killion, Brian Lybert, Abby Harrigan
2024	Jamie Gunderson, Sean Killion, Brian Lybert, Abby Harrigan

UNITED SOCCER COACHES NATIONAL

SCHOLAR PLAYER OF THE YEAR

2018	Gabby Gillis
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UNITED SOCCER COACHES

SCHOLAR ALL-AMERICAN

2017	Gabby Gillis	1st team
2018	Gabby Gillis	1st team
2022	Jill McDonald	2nd team
2024	Hanna Heaton	1st team
	Ellie Cox	2nd team

UNITED SOCCER COACHES

SCHOLAR ALL-REGION

2015	Victoria Perry
2017	Gabby Gillis
2018	Gabby Gillis
	Carson Pokorny
2019	Shaye Doherty
	Haley Eiser
	Carson Pokorny
2021	Haley Eiser
2022	Jill McDonald
	Nyah Savage
2023	Ellie Cox
2024	Ellie Cox
	Hanna Heaton
	Nyah Savage

ALL-SOUTH ATLANTIC REGION

1999	Laura McFerrin	3rd team
	Elke Reisdorph	3rd team
2002	Ashleigh Dota	1st team
	Natalie Stallings	1st team
2003	Paniz Asgari	1st team
	Ashleigh Dota	1st team
2004	Ashleigh Dota	2nd team
	Nikki Greenberg	3rd team
2005	Emily Renkin	1st team
	Ashleigh Dota	2nd team
2006	Hillary Carney	2nd team
2007	Sam Ciaravino	1st team
	Emily Chesbro	3rd team
2008	Emily Chesbro	3rd team
2010	Sam Ciaravino	3rd team
2012	Dani Gunderson	3rd team
2013	Bupe Okeowo	2nd team
	Joy Piirto	2nd team
2014	Victoria Perry	2nd team
	Joy Piirto	3rd team
2015	Victoria Perry	2nd team
	Kira Warner	2nd team
2016	Victoria Perry	1st team
	Danielle Pratt	1st team
	Gabby Gillis	1st team
2017	Riley Cook	1st team
	Gabby Gillis	1st team
	Danielle Pratt	1st team
	Keiley McCarthy	2nd team
2018	Riley Cook	1st team
	Gabby Gillis	1st team
	Keiley McCarthy	2nd team
	Haley Eiser	3rd team
2019	Riley Cook	1st team
	Keiley McCarthy	3rd team
	Sydney Rife	3rd team
	Emily Talotta	3rd team
2021	Riley Cook	1st team
	Sarah Smith	1st team
	Jill McDonald	1st team
	Abby Harrigan	2nd team
	Haley Eiser	3rd team
2022	Sarah Smith	1st team
	Jill McDonald	1st team
	Ellie Cox	1st team
	Nyah Savage	2nd team
	Jaya Daniel	3rd team
2023	Ellie Cox	1st team
	Hanna Heaton	1st team
	Reanna Slater	1st team
	Sarah Smith	1st team
	Amy Sidaway	2nd team
2024	Ellie Cox	1st team
	Hanna Heaton	1st team
	Amy Sidaway	1st team
	Reanna Slater	1st team
	Nyah Savage	2nd team

CONFERENCE PLAYER OF THE YEAR

2000	Amy Petko
2002	Natalie Stallings
2003	Ashleigh Dota
2004	Ashleigh Dota
2005	Emily Renkin
2008	Emily Chesbro
2010	Sam Ciarvino
2013	Bupe Okeowo
2014	Victoria Perry
2017	Gabby Gillis
2018	Gabby Gillis
2019	Riley Cook (Offensive POY)
	Keiley McCarthy (Defensive POY)
2021	Riley Cook (Offensive POY)
2023	Reanna Slater (Defensive POY)
2024	Hanna Heaton (Offensive POY)
	Reanna Slater (Defensive POY)

CONFERENCE ROOKIE OF THE YEAR

1999	Amy Petko
2013	Sam Rabinek
2014	Kira Warner
2016	Keiley McCarthy
2017	Riley Cook
2023	Amy Sidaway

CONFERENCE SCHOLAR-ATHLETE

OF THE YEAR

2019	Carson Pokorny
2023	Natalie Swarm

CONFERENCE COACH OF THE YEAR

2002	Kwame Lloyd
2004	Kwame Lloyd
2005	Kwame Lloyd
2007	Kwame Lloyd
2008	Ruth Keegan
2010	Ruth Keegan
2011	Ruth Keegan
2013	Dan Weiler
2016	Dan Weiler
2017	Dan Weiler
2023	Jamie Gunderson
2024	Jamie Gunderson

VASID ALL-STATE PLAYER OF THE YEAR

2002	Natalie Stallings
2010	Sam Ciarvino
2016	Victoria Perry
2017	Gabby Gillis
2018	Gabby Gillis
2021	Riley Cook
2024	Hanna Heaton

VASID ALL-STATE DEFENSIVE PLAYER OF

THE YEAR

2021	Jill McDonald
2022	Jill McDonald
2023	Reanna Slater

VASID ALL-STATE ROOKIE OF THE YEAR

2013	Sam Rabinek
2017	Riley Cook
2021	Emma Ricci
2023	Amy Sidaway

VASID ALL-STATE COACH OF THE YEAR

2004	Kwame Lloyd
2016	Dan Weiler
2017	Dan Weiler
2018	Dan Weiler
2021	Jamie Gunderson
2023	Jamie Gunderson
2024	Jamie Gunderson

SOFTBALL

Year By Year Record

Year	Overall		Conf.		Pos.	Coach	Postseason
	W-L	Pct.	W-L	Pct.			
1985	15-6	.714	7-4	.636	3rd	Seth Roland	
1986	11-22	.333	10-18	.357	6th	Seth Roland	
1987	11-12	.478	4-9	.308	6th	Seth Roland	
1988	3-20	.130	1-12	.077	8th	Bobby Wills	
1989	11-12	.478	3-7	.300	6th	Bobby Wills	
1990	28-7	.800	9-1	.900	1st	Bobby Wills	
1991	24-15	.615	7-1	.875	T1st	Bobby Wills	
1992	26-19-1	.576	7-1	.875	1st	Bobby Wills	
1993	29-8	.784	8-0	1.000	1st*	Bobby Wills	NCAA
1994	28-17	.622	7-3	.700	T1st*	Bobby Wills	
1995	34-9	.791	6-4	.600	T1st*	Tim Goodson	NCAA
1996	31-13	.704	8-2	.800	T1st	Paul Weiss	
1997	33-10	.767	8-2	.800	1st*	Paul Weiss	
1998	28-17	.622	9-1	.900	1st	Paul Weiss	NCAA
1999	26-16	.619	5-5	.500	3rd	Paul Weiss	
2000	32-11-1	.736	10-2	.833	T1st	Paul Weiss	
2001	35-9	.795	11-1	.917	1st*	Paul Weiss	NCAA
2002	33-11	.750	11-3	.786	T1st	Paul Weiss	
2003	31-7-1	.807	12-2	.857	T1st	Paul Weiss	
2004	36-7	.837	15-1	.938	1st	Keith Parr	
2005	24-18	.571	7-8	.467	T5th	Keith Parr	
2006	23-17	.575	6-8	.429	T4th	Keith Parr	
2007	34-10	.773	12-1	.923	1st	Keith Parr	NCAA
2008	33-10-1	.761	14-3-1	.938	1st*	Keith Parr	NCAA
2009	36-9	.800	17-1	.944	1st*	Keith Parr	NCAA
2010	42-10	.808	16-2	.889	1st	Keith Parr	NCAA Finals
2011	38-12	.760	15-1	.938	1st	Keith Parr	NCAA Runner-Up
2012	37-11	.771	15-3	.833	1st	Keith Parr	NCAA
2013	34-13	.723	18-3	.857	3rd*	Keith Parr	NCAA
2014	38-8	.826	11-1	.917	2nd*	Keith Parr	NCAA Super Regional
2015	30-9	.769	13-1	.929	1st*	Keith Parr	NCAA Super Regional
2016	35-9	.795	12-2	.857	2nd	Keith Parr	NCAA
2017	34-10	.773	13-1	.929	1st*	Keith Parr	NCAA
2018	37-10	.787	13-1	.929	1st*	Keith Parr	NCAA
2019	37-9	.804	9-3	.750	T1st*	Keith Parr	NCAA Super Regional
2020 ^A	12-1	.923	--	--	--	Keith Parr	
2021	28-14	.667	4-2	.667	2nd	Keith Parr	NCAA
2022	47-1	.979	0-0	.000	1st*	Keith Parr	NCAA NATIONAL CHAMPIONS
2023	31-13	.705	0-0	.000	2nd	Keith Parr	NCAA Finals
2024	34-7	.829	0-0	.000	1st*	Keith Parr	NCAA Super Regional
Totals	1,169-449-4	.722	353-120-1	.746			

*Conference Tournament champions

^ASeason Canceled on March 13 Following Decision by NCAA and CAC Regarding COVID-19 Pandemic

Conference Record in USA South Athletic Conference: 278-109-1 (.561)

Conference Record in Capital Athletic Conference: 75-11-0 (.872)

Coaching Records

Coach	Years	Seasons	Overall		Conference		NCAA Appearances
			Record	Pct.	Record	Pct.	
Seth Roland	1985-87	3	37-40	.481	21-31	.404	
Bobby Wills	1988-94	7	149-98-1	.603	42-25	.627	1
Tim Goodson	1995	1	34-9	.791	6-4	.600	1
Paul Weiss	1996-03	8	249-94-2	.725	74-18	.804	2
Keith Parr	2004-	21	700-208-1	.771	210-42-1	.832	17

Major Honors

NFCA NATIONAL PLAYER OF THE YEAR

2021 Kaitlyn Hasty (3B)

NFCA NATIONAL ROOKIE OF THE YEAR

2019 Kaitlyn Hasty (3B)

2022 Jamie Martin (P)

NFCA NATIONAL COACHING STAFF OF THE YEAR

2021 Keith Parr, Savannah Couch, Wayne Vick, Mary Kennedy

ALL-AMERICA

1995 Kerri Cobb (1B) 3rd team
 1998 Jill Owens (UTIL) 3rd team
 2004 Dallas Slosjarik (OF) 1st team
 Lauren Batson (OF) 2nd team
 2008 Katie Moyers (At-Large) 3rd team
 2009 Jessie Atkinson (3B) 1st team
 Taylor Morgan (DP) 1st team
 2011 Jessie Atkinson (3B) 1st team
 2012 Jen Falin (2B) 2nd team
 Chelsea Mitchell (C) 3rd team
 2013 Sabrina Hill (1B) 3rd team
 2014 Sabrina Hill (At-Large) 3rd team
 2016 Scoop Simon (OF) 1st team
 2017 Rachael Payne (SS) 2nd team
 2018 Leah Andrews (OF) 1st team
 Patty Maye Ohanian (DP) 1st team
 2019 Kaitlyn Hasty (3B) 1st team
 Patty Maye Ohanian (OF) 1st team
 2021 Kaitlyn Hasty (3B) 2nd team
 2022 Kaitlyn Hasty (1B) 1st team
 Jamie Martin (P) 2nd team
 Caitlin Abernethy (OF) 3rd team

ALL-REGION

1995 Kerri Cobb (1B) 1st team
 Cathy Riddick (C) 1st team
 1996 Cathy Riddick (C) 2nd team
 Jill Owens (P) 2nd team
 Lori Terry (OF) 3rd team
 1997 Jill Owens (P) 2nd team
 Heather Emerson (DP) 2nd team
 Heather Morris (C) 3rd team
 Dana Edwards (SS) 3rd team
 1998 Jill Owens (UTIL) 1st team
 Dana Edwards (SS) 1st team
 Dee Shults (OF) 2nd team
 Staci Dodd (P) 3rd team
 2000 Jen Harrell (1B) 2nd team
 Stacey Hundley (SS) 2nd team
 Jennifer Nowacki (OF) 2nd team
 Donna Cerami (P) 3rd team
 2001 Donna Cerami (P) 2nd team
 Jen Harrell (1B) 2nd team
 Stacey Hundley (SS) 2nd team
 Vanessa Gray (P) 3rd team
 Jennifer Nowacki (OF) 3rd team
 Renee Sigafoos (C) 3rd team
 2002 Dallas Slosjarik (OF) 1st team
 2003 Michelle Kass (P) 2nd team
 Dallas Slosjarik (OF) 2nd team
 Vanessa Gray (At-Large) 3rd team
 Jen Harrell (At-Large) 3rd team
 Renee Sigafoos (At-Large) 3rd team
 2004 Dallas Slosjarik (OF) 1st team
 Lauren Batson (OF) 1st team
 Vanessa Gray (P) 2nd team
 C.J. McQueen (SS) 2nd team
 Michelle Kass (P) 3rd team
 Andrea Rhode (C) 3rd team
 2008 Katie Moyers (2B) 1st team
 Margit Severin (C) 2nd team
 Mary Kennedy (At-Large) 3rd team
 2009 Jessie Atkinson (3B) 1st team
 Taylor Morgan (DP) 1st team
 Kristen Rowe (P) 2nd team
 Katie Moyers (2B) 2nd team
 Mary Kennedy (SS) 2nd team
 Ashley Mani (OF) 2nd team
 2010 Jessie Atkinson (3B) 3rd team
 Chelsea Mitchell (C) 3rd team
 Kristen Rowe (P) 3rd team
 2011 Jessie Atkinson (3B) 1st team
 Ashley Mani (OF) 3rd team
 Jen Falin (2B) 3rd team
 Whitney Haller (P) 3rd team
 2012 Jen Falin (2B) 1st team
 Whitney Haller (P) 2nd team
 Sabrina Hill (1B) 2nd team
 Kelley Foate (OF) 3rd team
 2013 Sabrina Hill (1B) 1st team
 Alexis Pope (3B) 2nd team

Chelsea Mitchell (C) 2nd team
 Kristina McLaughlin (OF) 3rd team
 Kelley Foate (OF) 3rd team
 2014 Sabrina Hill (1B) 1st team
 Meagan Jones (OF) 1st team
 Kristina McLaughlin (OF) 2nd team
 Krista Lewis (P) 3rd team
 2015 Meagan Jones (OF) 2nd team
 Sabrina Hill (At-Large) 2nd team
 Tori Clarke (At-Large) 3rd team
 Scoop Simon (At-Large) 3rd team
 Brittney Walters (At-Large) 3rd team
 2016 Scoop Simon (OF) 1st team
 2017 Rachael Payne (SS) 1st team
 Leah Andrews (OF) 2nd team
 Rachael Shiflett (OF) 3rd team
 Aubrey Bates (P) 3rd team
 Grace Wild (2B) 3rd team
 2018 Leah Andrews (OF) 1st team
 Patty Maye Ohanian (DP) 1st team
 Rachael Payne (SS) 2nd team
 Liz Andrews (1B) 3rd team
 Aubrey Bates (P) 3rd team
 Grace Wild (2B) 3rd team
 2019 Kaitlyn Hasty (3B) 1st team
 Patty Maye Ohanian (OF) 1st team
 Grace Wild (2B) 2nd team
 Aubrey Bates (P) 3rd team
 2021 Kaitlyn Hasty (3B) 1st team
 Caitlin Abernethy (OF) 3rd team
 Gracie Vallejos (P) 3rd team
 2022 Jamie Martin (P) 1st team
 Kaitlyn Hasty (1B) 1st team
 Maddie Hool (2B) 1st team
 Caitlin Abernethy (OF) 1st team
 Natalie Carmichael (SS) 2nd team
 Sarah Proctor (OF) 2nd team
 Bailey Roberts (C) 3rd team
 2023 Brooke Greaver (3B) 2nd team
 Kate Alger (P) 2nd team
 2024 Candace Slaw (OF) 1st team
 Jamie Martin (P) 2nd team

NCAA ALL-CHAMPIONSHIP TEAM

2010 Ashley Mani (OF)
 2011 Jessie Atkinson (3B)
 Jen Falin (2B)
 Chelsea Mitchell (2B)
 2022 Bailey Roberts (C) - Most Outstanding Player
 Jamie Martin (P) - Most Outstanding Pitcher
 Kaitlyn Hasty (1B)
 Kate Alger (P)
 Katie Currin (OF)

CONFERENCE TOURNAMENT MVP

1993 Jennifer Fields
 1994 Cathy Riddick
 1995 Cathy Riddick
 1997 Heather Morris
 2001 Donna Cerami
 2008 Mary Kennedy
 2009 Kristen Rowe
 2013 Krista Townsend
 2022 Jamie Martin
 2024 Brooke Greaver

CONFERENCE PLAYER OF THE YEAR

1992 Mary Carpenter
 1995 Kerri Cobb
 1997 Jill Owens
 1998 Jill Owens
 2000 Donna Cerami
 2001 Donna Cerami
 2003 Vanessa Gray
 2004 Dallas Slosjarik
 2009 Taylor Morgan
 2011 Jessie Atkinson
 2012 Sabrina Hill
 2013 Sabrina Hill
 2015 Sabrina Hill
 2018 Rachael Payne
 2019 Kaitlyn Hasty
 2023 Brooke Greaver

CONFERENCE PITCHER OF THE YEAR

2002 Vanessa Gray
 2003 Michelle Kass
 2004 Vanessa Gray
 2007 Janet Fairchild
 2010 Kristen Rowe
 2011 Whitney Haller
 2012 Whitney Haller
 2024 Jamie Martin

CONFERENCE ROOKIE OF THE YEAR

2006 Katie Moyers
 2012 Sabrina Hill
 2014 Krista Lewis
 2017 Liz Andrews
 2018 Patty Maye Ohanian
 2019 Kaitlyn Hasty
 2022 Jamie Martin
 2024 Candace Slaw

CONFERENCE COACH OF THE YEAR

1992 Bobby Willis
 1993 Bobby Willis
 1997 Paul Weiss
 1998 Paul Weiss
 2000 Paul Weiss
 2001 Paul Weiss
 2004 Keith Parr
 2007 Keith Parr
 2009 Keith Parr
 2011 Keith Parr
 2015 Keith Parr
 2018 Keith Parr
 2022 Keith Parr

VASID STATE PLAYER OF THE YEAR

1998 Jill Owens
 2009 Jessie Atkinson
 2010 Kristen Rowe (Co-Player)
 2011 Jessie Atkinson
 2022 Kaitlyn Hasty

VASID STATE PITCHER OF THE YEAR

2022 Jamie Martin

VASID STATE ROOKIE OF THE YEAR

2019 Kaitlyn Hasty
 2022 Jamie Martin

VASID STATE COACH OF THE YEAR

2004 Keith Parr
 2010 Keith Parr
 2011 Keith Parr
 2014 Keith Parr
 2020 Keith Parr
 2022 Keith Parr
 2023 Keith Parr

MEN'S TENNIS Year By Year Record

Year	Overall Record	Pct.	Conf. Record	Pct.	Tr. Finish	Coach	Post Season
1968	8-2	.800				Bev Vaughan	
1969	no record						
1970	no record						
1971	7-5	.583					
1972	4-9	.308					
1973	4-8	.333			5th		
1974	7-5	.583			4th		
1975	7-5	.583			2nd	Jack Armistead	
1976	9-3	.750			T1st	Jack Armistead	
1977	10-3	.769			1st	Jack Armistead	
1978	15-0	1.000	7-0	1.000	1st	Jack Armistead	
1979	10-6	.625	6-1	.857	1st	Bill Pollard	
1980	10-7	.588	7-0	1.000	1st	Bill Pollard	
1981	6-14	.300	3-4	.429	3rd	Bill Pollard	
1982	19-2	.905	7-0	1.000	1st	Bill Pollard	
1983	13-10	.565	7-0	1.000	1st	Bill Pollard	
1984	10-14	.487	5-2	.714	2nd	Bill Pollard	
1985	10-14	.487	6-1	.857	4th	Bill Pollard	
1986	5-16	.238	4-3	.571	th	Bob Doane	
1987	8-11	.421	5-2	.714	3rd	Bob Anderson	
1988	9-8	.529	5-2	.714	4th	Bob Doane	
1989	7-8	.467	4-1	.800	4th	Craig Reynolds	
1990	13-4	.765	3-0	1.000	1st	Craig Reynolds	
1991	10-9	.526	3-1	.750	2nd	Craig Reynolds	
1992	5-14	.263	2-2	.500	T4th	Craig Reynolds	
1993	8-2	.800	3-0	1.000	T1st	Craig Reynolds	
1994	9-5	.643	4-1	.800	3rd	Craig Reynolds	
1995	8-7	.533	3-2	.600	3rd	Craig Reynolds	
1996	11-7	.611	3-2	.600	3rd	Bob Cummings	
1997	9-8	.529	1-4	.200	5th	Rush Cole	
1998	12-4	.750	4-1	.800	3rd	Rush Cole	
1999	11-6	.647	4-1	.800	2nd	Rush Cole	
2000	10-7	.588	4-2	.667	3rd	Rush Cole	
2001	12-6	.667	4-2	.667	3rd	Rush Cole	
2002	11-6	.647	4-2	.667	3rd	Rush Cole	
2003	12-7	.632	4-2	.667	3rd	Rush Cole	
2004	7-7	.500	3-3	.500	3rd	Rush Cole	
2005	12-4	.750	4-2	.667	2nd	Rush Cole	
2006	14-6	.700	6-0	1.000	1st	Rush Cole	
2007	13-8	.619	5-1	.833	T1st	Rush Cole	
2008	20-4	.833	6-0	1.000	1st	Rush Cole	NCAA 2nd Rd
2009	10-12	.455	5-1	.833	2nd	Rush Cole	
2010	14-9	.609	5-1	.833	2nd	Rush Cole	
2011	14-7	.667	5-1	.833	2nd	Rush Cole	
2012	12-10	.545	4-2	.667	2nd	Rush Cole	
2013	16-5	.762	7-1	.875	2nd	Eric Christiansen	
2014	14-8	.636	5-1	.833	2nd	Eric Christiansen	
2015	13-11	.542	5-2	.714	3rd	Eric Christiansen	
2016	13-9	.591	6-1	.857	2nd	Eric Christiansen	
2017	15-10	.600	6-1	.857	2nd*	Eric Christiansen	NCAA 2nd Rd
2018	14-9	.609	6-1	.857	2nd	Eric Christiansen	
2019	13-9	.591	5-2	.714	3rd	Eric Christiansen	
2020 ^A	2-5	.289	--	--	--	Eric Christiansen	
2021	6-6	.500	2-2	.500	3rd	Eric Christiansen	
2022	10-9	.526	0-0	.000	3rd	Eric Christiansen	
2023	11-9	.550	0-0	.000	3rd	Eric Christiansen	NCAA 2nd Rd
2024	14-8	.636	0-0	.000	2nd	Eric Christiansen	NCAA 2nd Rd
Totals	576-407	.586	199-60	.768			

*Conference Tournament champions

^ASeason Canceled on March 13 Following Decision by NCAA and CAC Regarding COVID-19 Pandemic

Conference Record in USA South Athletic Conference: 162-50 (.764)

Conference Record in Capital Athletic Conference: 35-10 (.778)

Coaching Records

Coach	Years	Seasons	Overall		Conference		NCAA Appearances
			Record	Pct.	Record	Pct.	
*Bev Vaughan	1968	1	8-2	.800			
Jack Armistead	1975-78	4	41-11	.788	7-0	1.000	
Bill Pollard	1979-85	7	78-67	.538	41-8	.837	
Bob Doane	1986, 1988	2	14-24	.368	9-5	.643	
Bob Anderson	1987	1	8-11	.421	5-2	.714	
Craig Reynolds	1989-95	7	60-49	.550	22-7	.758	
Bob Cummings	1996	1	11-7	.611	3-2	.600	
Rush Cole	1997-2012	16	193-111	.635	68-25	.731	1
Eric Christiansen	2013-	12	141-98	.590	42-11	.792	3

Major Honors

ALL-AMERICA

1982	Detlef Scholz
1984	Detlef Scholz
1993	Holden Knight
2008	John Mook Eddie Glidewell / John Mook (Doubles)
2010	Eric Shulman
2011	Eric Shulman
2012	Eric Shulman Matt King / Eric Shulman (Doubles)

CONFERENCE PLAYER OF THE YEAR

2008	John Mook
2010	Eric Shulman
2011	Eric Shulman
2012	Eric Shulman
2023	Alec Strause
2024	Vincent Truong

CONFERENCE ROOKIE OF THE YEAR

2002	D.J. Blough
2005	Eddie Glidewell
2009	Eric Shulman
2015	David Reed
2018	Ryan Macy
2023	Vincent Truong

CONFERENCE COACH OF THE YEAR

1975	Jack Armistead
1977	Jack Armistead
1978	Jack Armistead
1982	Bill Pollard
1990	Craig Reynolds
1993	Craig Reynolds
1998	Rush Cole
1999	Rush Cole
2005	Rush Cole
2008	Rush Cole
2017	Eric Christiansen

VASID ALL-STATE PLAYER OF THE YEAR

2008	John Mook
2012	Eric Shulman

VASID ALL-STATE ROOKIE OF THE YEAR

2009	Eric Shulman
2015	David Reed

VASID ALL-STATE COACH OF THE YEAR

2008	Rush Cole
2017	Eric Christiansen

ITA REGIONAL COACH OF THE YEAR

2008	Rush Cole
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ITA REGIONAL MOST IMPROVED SENIOR

2018	Justin Cerny
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ITA NATIONAL COACH OF THE YEAR

2008	Rush Cole
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Individual NCAA Results

1981-82

1st Rd: Detlef Scholz wins (results unavailable)
2nd Rd: Detlef Scholz wins (results unavailable)
3rd Rd: Mark Nys (CMS) d. Detlef Scholz (CNU); 6-2, 6-0

1982-83

SINGLES

1st Rd: Alex Gaeta (Rochester) d. Detlef Scholz (CNU); 1-6, 6-1, 7-5
1st Rd: Lee Coillard (UW-Stout) d. John Mouring (CNU); 6-4, 3-6, 6-1

DOUBLES

1st Rd: Detlef Scholz/John Mouring (CNU) d. Eric Prothero/Rick VanDenBergh (Swarthmore); 6-3, 6-3.
2nd Rd: Rich Skanse/Bill Stenard (Gustavus Adolphus) d. Detlef Scholz/John Mouring (CNU); 5-7, 6-2, 6-4.

1983-84

SINGLES

1st Rd: Steve Paulsen (St. John's (Wisc.)) d. John Mouring (CNU); 6-4, 6-2
1st Rd: Detlef Scholz (CNU) d. Jeff Garner (CMS); 7-5, 6-2

2nd Rd: Scott Buss (UC Santa Cruz) d. Detlef Scholz (CNU); 3-6, 6-3, 7-6 (3)

DOUBLES

1st Rd: Karl Behring/Jeff Bubnack (Redlands) d. Detlef Scholz/John Mouring (CNU); 6-1, 6-3.

1991-92

1st Rd: Greg Schwartz (Binghamton) d. Holden Knight (CNU); 7-5, 1-6, 6-3.

1992-93

1st Rd: Holden Knight (CNU) d. Jon Turbett (Coe); 7-5, 6-1.

2nd Rd: Holden Knight (CNU) d. Trevor Hurd (Washington (Md.)); 6-2, 2-6, 6-1.

3rd Rd: Holden Knight (CNU) d. Carl Erikson (Oberlin); 6-4, 6-3.

Quarterfinals: Ryan McKee (CMS) d. Holden Knight (CNU); 6-3, 6-2.

1998-99

1st Rd: Eric Hasehauer (Williams) d. Hugh Spain (CNU); 6-2, 6-4.

1999-2000

1st Rd: Johnny Watson (Coe) d. Jason Martin (CNU); 7-6 (5), 6-4.

2000-01

1st Rd: Zack Meyers (CMS) d. Jason Martin (CNU); 6-4, 6-2.

2006-07

1st Rd: Charlie Cutler/Chris Hoeland (WashU) d. John Mook/Eddie Glidewell (CNU); 6-3, 6-2.

2007-08

SINGLES

1st Rd: John Mook (CNU) d. Lawrence Wang (CMS); 6-4, 7-5

2nd Rd: Michael Klimchak (TCNJ) d. John Mook (CNU); 6-2, 6-2

DOUBLES

1st Rd: John Mook/Eddie Glidewell (CNU) d. Michael Greenberg/Jeremy Polster (Kenyon); 7-6 (4), 7-5

2nd Rd: Jared Kamel/Marc Vartabedian (UC Santa Cruz) d. John Mook/Eddie Glidewell; 6-2, 7-6 (5).

2009-10

1st Rd: John Watts (WashU) d. Eric Shulman (CNU); 6-0, 0-6, 6-3

2010-11

1st Rd: Andy Peters (Middlebury) d. Eric Shulman (CNU); 6-3, 6-2.

2011-12

1st Rd: Eric Shulman (CNU) d. Patrick Lipscomb (Redlands); 7-6 (4), 0-6, 6-3

2nd Rd: Rod Crampton (Bates) d. Eric Shulman (CNU); 6-3, 6-1

2016-17

1st Rd: Herman Abban/Pawel Jaworski (Carthage) d. Justin Cerny/David Reed (CNU); 6-2, 3-6, 6-3

2017-18

1st Rd: Varun Shankar/James Wei (Caltech) d. Justin Cerny/David Reed (CNU); 4-6, 6-1, 6-4

2018-19

1st Rd: Grant Urken (Bowdoin) d. Dominic Lacombe (CNU); 6-1, 6-2

2020-21

SINGLES

1st Rd: Ethan Hillis (WashU) d. Scotty Hunter (CNU); 6-0, 6-3

DOUBLES

1st Rd: Jeff Chen/Adam Tzeng (Brandeis) d. Ryan Macy/Alec Strause (CNU); 6-0, 6-2

WOMEN'S TENNIS

Year By Year Record

Year	Overall Record	Pct.	Conf. Record	Pct.	Place	Tourn. Finish	Coach	Post Season
1978							Bob Doane	
1979	4-7	.364					Kerry O'Donnell	
1980	2-7	.222					Cec Nieminen	
1981	3-13	.188					Cec Nieminen	
1982	6-5	.545				2nd	Alex Vazquez	
1983	1-18	.053				3rd	Kim Davenport	
1984	7-8	.467				3rd	Vicki Nebinger	
1985	7-4	.636				2nd	Vicki Nebinger	
1986	10-6	.625				2nd	Vicki Nebinger	
1987	6-8	.429				2nd	Pat Accettola	
1988	5-9	.357				5th	Pat Accettola	
1989	10-7	.588				2nd	Pat Accettola	
1990	9-8	.529				2nd	Pat Accettola	
1991	7-8	.467				3rd	Pat Accettola	
1992	11-6	.647				2nd	Pat Accettola	
1993	6-8	.429				1st	Pat Accettola	
1994	8-8	.500				4th	Pat Accettola	
1995	8-11	.421				2nd	Pat Accettola	
1996	7-10	.412				4th	Pat Accettola	
1997	8-10	.444				3rd	Pat Accetola	
1998	11-5	.688				4th	Pat Accetola	
1999	13-5	.722				2nd	Pat Accettola	
2000	12-5	.706				2nd	Pat Accettola	
2001	8-10	.444				4th	Pat Accettola	
2002	6-8	.429				5th	Jenny Nuttycombe	
2003	10-2	.833				2nd	Jenny Nuttycombe	
2004	12-3	.800				2nd	Jenny Nuttycombe	
2005	11-2	.846				2nd	Jenny Nuttycombe	
2006	16-1	.941	6-1	.857		1st	Jenny Nuttycombe	
2007	21-1	.955	7-0	1.000		2nd	Jenny Nuttycombe	
2008	20-3	.870	8-1	.889		2nd	Jenny Nuttycombe	
2009	7-8	.467	5-4	.556		5th	Jenny Nuttycombe	
2010	18-3	.857	7-2	.778		3rd	Jenny Nuttycombe	
*2011	14-5	.737	6-2	.750		3rd	Jenny Nuttycombe	
2012	13-7	.650	4-2	.667		4th	Jenny Nuttycombe	
2013	17-7	.708	10-1	.909		2nd	Eric Christiansen	
2014	10-11	.476	5-1	.833		2nd	Eric Christiansen	
2015	14-6	.700	6-1	.857		2nd	Eric Christiansen	
2016	14-8	.636	6-1	.857		2nd	Eric Christiansen	
2017	14-7	.667	6-1	.857		2nd	Eric Christiansen	
2018	13-6	.684	6-1	.857		2nd	David Weiner	
2019	13-8	.619	6-1	.857		2nd	David Weiner	
2020 ^a	2-7	.222	--	--		--	David Weiner	
2021	7-7	.500	3-1	.750		2nd	David Weiner	
2022	8-8	.500	0-0	.000		2nd	David Weiner	
2023	5-11	.312	0-0	.000		2nd	David Weiner	
2024	13-6	.684	0-0	.000		1st*	David Weiner	NCAA 2nd Round
Total	447-321	.582	91-20	.820				

*Conference Tournament champions

^aSeason Canceled on March 13 Following Decision by NCAA and CAC Regarding COVID-19 Pandemic

Conference Record in USA South Athletic Conference: 53-13 (.803)

Conference Record in Capital Athletic Conference: 38-7 (.844)

Coaching Records

Coach	Years	Seasons	Overall Record	Pct.	Conference Record	Pct.	NCAA Appearances
Bob Doane	Unavailable						
Kerry O'Donnell	1979-80	1	4-7	.364			
Cec Nieminen	1980-81	2	5-20	.200			
Alex Vazquez	1981-82	1	6-5	.545			
Kim Davenport	1982-83	1	1-18	.053			
Vicki Nebinger	1983-86	3	24-18	.571			
Pat Accettola	1986-01	15	129-118	.522			
Jenny Nuttycombe	2001-12	11	148-43	.775	43-12	.782	
Eric Christiansen	2012-17	5	69-39	.639	33-5	.868	
David Weiner	2017-	7	61-53	.535	15-3	.833	1

Major Honors

ALL-AMERICA

2021 Reagan Delp

ITA REGIONAL ROOKIE OF THE YEAR

2015 McKinney Harwood
2017 Johanna Ranta-aho
2021 Tessa Trate

ITA REGIONAL ASSISTANT COACH OF THE YEAR

2017 David Weiner

CONFERENCE PLAYER OF THE YEAR

2018 Johanna Ranta-aho
2022 Raine Weis
2024 Raine Weis

CONFERENCE DOUBLES TEAM OF THE YEAR

2021 Tessa Trate/Amanda Yermal
2024 Tessa Trate/Raine Weis

CONFERENCE ROOKIE OF THE YEAR

2002 Krystal Caprio
2006 Lindsey Pantele
2007 Liz Thedford
2014 Logan Eldridge
2017 Johanna Ranta-aho
2021 Tessa Trate
2022 Raine Weis

CONFERENCE SCHOLAR-ATHLETE OF THE YEAR

2024 Tessa Trate

CONFERENCE COACH OF THE YEAR

1986 Vicki Nebinger
1993 Pat Accettola
2003 Jenny Nuttycombe
2007 Jenny Nuttycombe
2024 David Weiner

VASID ALL-STATE ROOKIE OF THE YEAR

2008 Lisa Dyke
2015 McKinney Harwood
2017 Johanna Ranta-aho
2022 Raine Weis

Individual NCAA Results

1981-82

1st Rd: Vicki Nebinger (CNU) d. Laura Saavedra (UC-San Diego), 6-4, 6-2.
2nd Rd: Mary Haverstick (Franklin & Marshall) d. Vicki Nebinger (CNU); 6-4, 6-3

1991-92

1st Rd: Tracy Peel (Washington (Mo.)) d. Amy Lawrence (CNU); 6-1, 6-1

Consolation

1st Rd: Amy Lawrence (CNU) d. Chantel denBroder (Middlebury); 1-6, 7-6, 6-2
2nd Rd: Kristin Poehner (Roanoke) d. Amy Lawrence (CNU); 6-0, 6-0

2017-18

1st Rd: Nicole Tan (Claremont-Mudd-Scripps) d. Johanna Ranta-aho (CNU); 7-6 (3), 6-3

2018-19

1st Rd: Lauren O'Malley (John Carroll) d. Johanna Ranta-aho (CNU); 6-3, 6-1

2020-21

1st Rd: Reagan Delp (CNU) d. Ally Persky (WashU); 6-1, 6-0
2nd Rd: Reagan Delp (CNU) d. Risa Fukushige (Skidmore); 6-3, 6-4
Quarterfinals: Ysabel Gonzalez-Rico (Emory) d. Reagan Delp (CNU); 6-4, 6-1

2021-22

1st Rd: Elle Christensen (Tufts) d. Raine Weis (CNU); 6-2, 6-1
1st Rd: Hannah Kassaie/Lily McCloskey (CWRU) d. Raine Weis/Tessa Trate (CNU); 6-1, 6-2

2023-24

1st Rd: Hannah Kassaie (CWRU) d. Raine Weis (CNU); 6-4, 7-6 (3)
1st Rd: Sahana Raman (Middlebury) d. Tessa Trate (CNU); 6-2, 6-1
1st Rd: Matia Cristiani/Olivia Soffer (Babson) d. Raine Weis/Tessa Trate (CNU); 6-3, 6-3

TRACK AND FIELD

NCAA National Scoring Performances

WOMEN - INDOORS

1985 at Lewiston, Me.

10th of 27 scoring teams (11 pts)

Shot put - 1st Claudia Stanley - 44-7
200M - 6th Silvia Douglas - no time

1986 at St. Paul, Minn.

3rd of 30 scoring teams (21 pts)

Shot put - 1st Claudia Stanley - 47-7.5
Long jump - 1st Michelle Dickens - 18-5.5
55M - 5th Michelle Dickens - 7.36

1987 at Chicago, Ill.

2nd of 31 scoring teams

55M - 1st Lisa Dillard - 7.01
55M - 3rd Michelle Dickens - 7.37
Shot put - 1st Claudia Stanley - 47-2/14
Long jump - 1st Lisa Dillard - 19-5 1/2
Long jump - 3rd Sandy Shelton - 18-2 1/2
Long jump - 5th Michelle Dickens - 17-10 1/2
1600MR - 2nd Michelle Dickens, Sheila Trice, Sandy Shelton, Lisa Dillard - 3:55.58

1988 at Northampton, Mass.

1st of 30 scoring teams (66 pts)

Long jump - 1st Sandy Shelton - 18-7.25
Long jump - 4th Michelle Dickens - 18-3.75
Long jump - 8th Anita Burley - 17-0.75
Long jump - 9th Sheila Trice - 17-0.25
Triple jump - 1st Sheila Trice - 37-7.75
Triple jump - 11th Anita Burley - 36-5
55 hurdles - 4th Sheila Trice - 8.21
55 hurdles - 5th Donna Green - 8.35
55M - 1st Sheila Trice - 7.03
55M - 2nd Tynesia Alston - 7.15
55M - 3rd Michelle Dickens - 7.21
400M - 4th Sandy Shelton - 57.52
400M - 5th Tina Walton - 57.94
1600MR - 3rd Sheila Trice, Terry Crumble, Tina Walton, Sandy Shelton 3:57.14

1989 at Brunswick, Me.

1st of 33 scoring teams (50 pts)

55M - 1st Sheila Trice - 7.09
55 hurdles - 1st Sheila Trice - 8.00
Long jump - 1st Sheila Trice - 19-1
Triple jump - 1st Sheila Trice - 39-1.25
400M - 3rd Tina Walton - 58.57
1600MR - 4th Jennifer Martin, Barbara Robb, Maura McColgan, Tina Walton - 4:00.5

1990 at Northampton, Mass.

1st of 30 scoring teams (59 pts)

Long Jump - 2nd Sheila Trice - 18-6
Long Jump - 10th Anita Burley - 17-3.25
Long Jump - 13th Jennifer Martin - 16-11.5
Triple Jump - 3rd Sheila Trice - 38-5
Triple Jump - 7th Anita Burley - 36-6.25
55M - 1st Sheila Trice - 7.07
55M - 2nd Michelle Dickens - 7.29
55M - 6th Jeannette Brown - 7.32
55 hurdles - 1st Sheila Trice - 8.06
400M - 2nd Barbara Robb - 58.53
1600 MR - 2nd Michelle Dickens, Sheila Trice, Barbara Robb, Jennifer Martin - 3:58.16

1991 at Middletown, Conn.

3rd of 34 scoring teams (35 pts)

Long Jump - 1st Sandy Shelton - 18-8.5
Triple Jump - 6th Antoinette Bass - 35-10
55M - 3rd Jennifer Martin - 7.37
400M - 3rd Sandy Shelton - 57.46
400M - 4th Barbara Robb - 58.52
1600MR - 2nd Sandy Shelton, Jennifer Martin, Candress Mitchell, Barbara Robb - 3:57.01

1992 at Stevens Point, Wisc.

1st of 30 scoring teams (46 pts)

55M - 2nd Antoinette Bass - 7.33
55M - 3rd Jennifer Martin - 7.36
55 hurdles - 1st Antoinette Bass - 8.35
Long Jump - 3rd Jennifer Martin - 18-0.25
Triple Jump - 2nd Antoinette Bass - 38-0.25
1600MR - 2nd Vandisha Wilder, Cusetta Corridon, Carey Foor, Candress Mitchell 3:57.16

1993 at Bowdoin, Me.

17th of 38 scoring teams (16 pts)

55M - 1st Vandisha Wilder - 7.24

1600MR - 3rd

Vandisha Wilder, Cusetta Corridon, Teresa Hudson, Sonia Archer - 3:59.17

1994 at Oshkosh, Wisc

2nd of 38 scoring teams (36 pts)

Long Jump - 3rd Antoinette Bass - 17-10.5
Long Jump - 5th Lai Madden - 17-8.5
Triple Jump - 2nd Lai Madden - 38-8.25
55 hurdles - 6th Antoinette Bass - 8.46
400M - 2nd Cusetta Corridon - 58.06
55M - 6th Vandisha Wilder - 7.34
1600MR - 1st Cusetta Corridon, Vanessa Lindsey, Dominique McLaughlin, Vandisha Wilder - 3:58.87

1995 at Ada, Ohio

7th of 35 scoring teams (14 pts)

55 M - 5th Vandisha Wilder - 7.44
Long Jump - 3rd Tamiko Patterson - 5.43M
1600 MR - 3rd Dominique McLaughlin, Bridget Cochran, Debbie Muckle, Vandisha Wilder - 4:00.77

1996 at Northampton, Mass.

T33rd of 45 scoring teams (3 pts)

55 hurdles - 5th Bridget Cochran - 8.37
55M - 6th Leema Madden - 7.33

1997 at Oshkosh, Wisc.

1st of 42 scoring teams (47 pts)

55M - 1st Meshailay Robinson - 7.16
55M - 3rd Tamiko Patterson - 7.27
55 hurdles - 1st Bridget Cochran - 8.21
55 hurdles - 6th Jennifer Gilmartin - 8.40
Long jump - 1st Tamiko Patterson - 18-2 1/2
Triple jump - 1st Tamiko Patterson - 40 - 1/2

1998 at Waltham, Mass.

1st of 51 scoring teams (31 pts)

55M - 1st Meshailay Robinson - 7.10
55 hurdles - 1st Bridget Cochran - 8.07
Long jump - 6th Denita Eason - 17-11 1/2
1600 MR - 2nd Denita Eason, Meshailay Robinson, Jenita Harris, Bridget Cochran - 3:54.35

1999 at Ada, Ohio

3rd of 38 scoring teams (27 pts)

55 hurdles - 5th Casey Taylor - 8.44
55 hurdles - 6th Denita Eason - 8.63
Long jump - 2nd Denita Eason - 18-7 3/4
Long jump - 3rd Casey Taylor - 18-7 1/4
Triple jump - 1st Casey Taylor - 39-4 1/2

2000 at Bloomington, Ill.

4th of 39 scoring teams (29 pts)

55 hurdles - 4th Casey Taylor - 8.17
Long jump - 2nd Casey Taylor - 19-0
Triple jump - 2nd Casey Taylor - 40-5
High jump - 3rd Casey Taylor - 5-7
1600 MR - 4th Stephanie Andrews, Tamika Lomax, Marilyn Cochran, Casey Taylor - 3:56.17

2002 at Ada, Ohio

T20th of 59 scoring teams (8 pts)

Triple jump - 2nd LaNeatra Johnson - 38-8 3/4

2003 at Greencastle, Ind.

T8th of 60 scoring teams (18 pts)

Triple jump - 1st LaNeatra Johnson - 40-7
55M - 2nd Happy Darcus - 7.12

2004 at Whitewater, Wisc.

T44th of 59 scoring teams (3 pts)

Long jump - 6th Marquitta Mines - 17-9 3/4

2005 at Bloomington, Ill.

T28th of 60 scoring teams (7 pts)

55M - 8th Happy Darcus - 7.23
Long jump - 3rd Marquitta Mines - 18-7 1/4

2006 at Northfield, Minn.

T36th of 53 scoring teams (4 pts)

Mile - 6th Megan Fogarty - 5:00.14
55 hurdles - 8th Karen Simon - 8.44

2007 at Terre Haute, Ind.

T16th of 56 scoring teams (10 pts)

Shot Put - 1st Rachael Clark - 46-8 1/2

2008 at Ada, Ohio

T64th of 67 scoring teams (1 pt.)

Shot put - 8th Rachael Clark - 43-8

2011 at Columbus, Ohio

54th of 58 scoring teams (2 pts)

800m - 7th Dira Hansen - 2:14.95

2015 at Winston-Salem, N.C.

T29th of 62 scoring teams (6 pts)

Pentathlon - 3rd Enuma Ezenwa - 3576 pts

2016 at Winston-Salem, N.C.

T49th of 76 scoring teams (6 pts)

Pentathlon - 5th Jennifer Westerholm - 3325 pts

2018 at Birmingham, Ala.

T50th of 66 scoring teams (3 pts)

Shot Put - 6th Hannah Shoemaker - 14.09m

2023 at Winston-Salem, N.C.

T64th out of 64 scoring teams (1 pt)

Long Jump - 8th Alyssa R
oach - 5.57m

WOMEN - OUTDOORS

1981 (AIAW) at Hayward, Calif.

6th of 53 scoring teams (20 pts)

200M - 1st Edna Davis - 24.70
400M - 1st Edna Davis - 54.2

1982 (AIAW) at Bloomsburg, Pa.

8th of 46 scoring teams (20 pts)

200M - 1st Edna Davis - 25.21
400M - 1st Edna Davis - 56.31

1983 at Naperville, Ill.

14th of 75 scoring teams (26 pts)

200M - 4th Silvia Douglas - 25.23
400M - 3rd Silvia Douglas - 55.99
1600MR - 6th Silvia Douglas, Karla Harmon, Maureen Gallagher, Cindy Smith - 3:57.68

1984 at Northfield, Minn.

52nd of 73 scoring teams (7 pts)

Shot put - 6th Claudia Stanley - 44-8.75

1985 at Granville, Oh.

12th of 66 scoring teams (16 pts)

200M - 6th Silvia Douglas - 25.31
400M - 5th Silvia Douglas - 56.68
400 hurdles - 8th Deanna Naylor - 1:04.62
Shot put - 3rd Claudia Stanley - 44-3.5
400MR - 7th Debi Hodges Maureen Gallagher, Deanna Naylor, Silvia Douglas - 50.84

1986 at LaCrosse, Wisc.

21st of 62 scoring teams (11 pts)

Shot put - 1st Claudia Stanley - 48-3.5
100M - 8th Michelle Dickens - 13.53

1987 at Naperville, Ill.

1st of 62 scoring teams (80 pts)

100M - 1st Lisa Dillard - 11.85
100M - 5th Michelle Dickens - 12.52
200M - 1st Lisa Dillard - 24.01
200M - 3rd Michelle Dickens - 25.28
400M - 2nd Sandy Shelton - 55.43
Shot put - 2nd Claudia Stanley - 45-2.5
Long jump - 1st Lisa Dillard - 19-6.5
Long jump - 3rd Michelle Dickens - 19-3
400MR - 1st Michelle Dickens, Sandy Shelton, Sheila Trice, Lisa Dillard - 46.44

1600MR - 2nd

Michelle Dickens, Sandy Shelton, Sheila Trice, Lisa Dillard - 3:51.04

1988 at Northfield, Minn.

1st of 51 scoring teams (95 pts)

100M - 1st Sheila Trice - 12.18
100M - 3rd Tynesia Alston - 12.46
100M - 4th Michelle Dickens - 12.57
200M - 3rd Tynesia Alston - 25.21
200M - 6th Tina Walton - 25.73
400M - 3rd Sandy Shelton - 55.83
100 hurdles - 5th Sheila Trice - 15.00
100 hurdles - 6th Donna Green - 15.13
400 hurdles - 3rd Sheila Trice - 1:00.68
400MR - 1st Sheila Trice, Sandy Shelton,

Anita Burley, Tynesia Alston - 46.84
 1600MR - 3rd Michelle Dickens, Tina Walton, Sandy Shelton, Terry Crumble - 3:50.55
 Triple jump - 3rd Sheila Trice - 38-8.75
 Long jump - 1st Sandy Shelton - 19-2
 Long jump - 2nd Sheila Trice - 18-7.5
 Long jump - 3rd Anita Burley - 18-5.25

1989 at Naperville, Ill.
1st of 57 scoring teams (58 pts)
 100M - 1st Sheila Trice - 12.46
 200M - 3rd Sheila Trice - 25.05
 200M - 6th Tina Walton - 25.42
 400M - 3rd Tina Walton - 56.16
 100MH - 4th Sheila Trice - 14.72
 Long jump - 4th Sheila Trice - 19-1.5
 Long jump - 7th Anita Burley - 18-3.75
 Triple jump - 5th Sheila Trice - 37-8
 400MR - 1st Sheila Trice, Anita Burley, Jennifer Martin, Tina Walton - 47.57
 1600MR - 3rd Jennifer Martin, Tina Walton, Barbara Robb, Maura McColgan - 3:54.30

1990 at Naperville, Ill.
T5th of 54 scoring teams (40 pts)
 Long jump - 3rd Sheila Trice - 18-4.5
 Long jump - 7th Jennifer Martin - 17-8.25
 Long jump - 12th Anita Burley - 16-5.25
 Triple jump - 11th Anita Burley - 35-2.5
 100M - 1st Sheila Trice - 11.99
 100M - 3rd Jeannette Brown - 12.37
 100MH - 8th Cynthia Bryant - 15.03
 200M - 1st Sheila Trice - 25.02
 1600MR - 4th Jeannette Brown, Cynthia Bryant, Jennifer Martin, Barbara Robb - 3:52.09

1991 at Berea, Ohio
7th of 60 scoring teams (28 pts)
 Long jump - 1st Sandy Shelton - 18-11.5
 Triple jump - 4th Antoinette Bass - 36-11.5
 400M - 5th Sandy Shelton - 56.79
 400MR - 2nd Sandy Shelton, Barbara Robb, Antoinette Bass, Candress Mitchell - 47.93
 1600MR - 8th Sandy Shelton, Barbara Robb, Antoinette Bass, Candress Mitchell - 3:55.40

1992 at Waterville, Me.
1st of 61 scoring teams (61 pts)
 100M - 7th Jennifer Martin - 12.37
 200M - 2nd Vandisha Wilder - 25.14
 200M - 7th Dominique McLaughlin - 25.67
 400M - 7th Vandisha Wilder - 56.44
 100MH - 4th Antoinette Bass - 14.93
 100MH - 8th Cynthia Bryant - 23.3
 Long jump - 1st Jennifer Martin - 19-7
 Triple jump - 3rd Lai Madden - 38-7.5
 Triple jump - 4th Antoinette Bass - 38-1.25
 400MR - 1st Cynthia Bryant, Vandisha Wilder, Dominique McLaughlin, Jennifer Martin - 46.78
 1600MR - 1st Candress Mitchell, Cusetta Corridon, Carey Foor, Vandisha Wilder - 3:49.53

1993 in Cleveland, Oh.
T12th of 67 scoring teams (16 pts)
 100M - 4th Vandisha Wilder - 12.19
 200M - 3rd Vandisha Wilder - 24.69
 Long jump - 7th Vandisha Wilder - 18-6.75
 400M - 7th Cusetta Corridon - 57.53

1994 in Naperville, Ill.
1st out of 66 scoring teams (73 pts)
 200M - 1st Vandisha Wilder - 24.41
 200M - 3rd Dominique McLaughlin - 24.82
 200M - 4th Cusetta Corridon - 24.83
 Long jump - 3rd Dominique McLaughlin - 18-4.5
 Long jump - 5th Antoinette Bass - 18-1.5
 Long jump - 6th Lai Madden - 18-1.5
 Triple jump - 4th Antoinette Bass - 37-8.75
 Triple jump - 5th Lai Madden - 37-3.25
 Triple jump - 7th Carolyn Hilliard - 37-2.5
 400M - 3rd Cusetta Corridon - 56.16
 400M - 5th Vandisha Wilder - 56.42
 400MR - 1st Sonia Archer, Kaystyle Madden, Dominique McLaughlin, Vandisha Wilder - 47.01
 1600MR - 2nd Vandisha Wilder, Dominique McLaughlin, Cusetta Corridon, Debbie Muckle - 3:49.33

1995 at Northfield, Mn.
3rd of 72 scoring teams (43 pts)
 100M - 1st Vandisha Wilder - 12.12
 100M - 6th Dominique McLaughlin - 12.47
 200M - 1st Vandisha Wilder - 24.62
 200M - 7th Dominique McLaughlin - 25.45
 100 hurdles - 3rd Bridget Cochran - 14.45
 Triple jump - 7th Tamiko Patterson - 35-11.5
 400MR - 1st Kaystyle Madden, Sonia Archer, Dominique McLaughlin, Vandisha Wilder - 47.32

1996 at Naperville, Ill.
4th of 71 scoring teams (43 pts)
 100 hurdles - 1st Bridget Cochran - 14.25
 Triple jump - 2nd Tamiko Patterson - 38-10
 Long jump - 5th Tamiko Patterson - 17-4
 100 M - 3rd Meshailay Robinson - 12.12
 200 M - 4th Meshailay Robinson - 24.55
 400 MR - 4th Jennifer Gilmartin, Meshailay Robinson, Bridget Cochran, Leema Madden - 47.66
 1600MR - 4th Jennifer Gilmartin, Bridget Cochran, Crystal Walker, Adjoa Taylor - 3:54.24

1997 at Lacrosse, Wisc.
6th of 73 scoring teams (32 pts)
 100 M - 1st Leema Madden - 12.01
 200 M - 5th Leema Madden - 25.02
 100 hurdles - 1st Bridget Cochran - 13.93
 400 MR - 2nd Meshailay Robinson, Bridget Cochran, Jenita Harris, Leema Madden - 47.52

1998 at St. Paul, Minn.
1st of 76 scoring teams (69 pts)
 100 hurdles - 1st Bridget Cochran - 13.60
 100 hurdles - 8th Jenita Harris - 14.72
 100 M - 1st Leema Madden - 12.19
 100 M - 4th Denita Eason - 12.28
 400 MR - 1st Leema Madden, Denita Eason, Meshailay Robinson, Bridget Cochran - 46.20
 400 hurdles - 1st Jenita Harris - 1:01.27
 200 M - 3rd Denita Eason - 25.18
 Long jump - 5th Casey Taylor - 18-6 1/2
 Triple jump - 4th Casey Taylor - 38-6 1/2
 1600 MR - 2nd Leema Madden, Denita Eason, Bridget Cochran, Jenita Harris - 3:46.05

1999 at Berea, Ohio
9th of 70 scoring teams (23 pts)
 100 hurdles - 7th Casey Taylor - 14.86
 100 hurdles - 8th Denita Eason - 15.09
 400 MR - 3rd Tamika Lomax, Casey Taylor, Denita Eason, Leema Madden - 47.08
 Long jump - 2nd Casey Taylor - 18-7 3/4
 Triple jump - 4th Casey Taylor - 38-6 3/4
 Triple jump - 8th Denita Eason - 37-9 1/4

2000 at Naperville, Ill.
2nd of 76 scoring teams (50 pts)
 100 hurdles - 2nd Casey Taylor - 14.10
 Long jump - 1st Casey Taylor - 19-5 1/4
 Long jump - 3rd Tamika Lomax - 18-9
 Long jump - 6th Denita Eason - 18-6
 Triple jump - 2nd Casey Taylor - 39-6 1/2
 Triple jump - 4th LaNeatra Johnson - 38-3 1/2
 High jump - 7th Casey Taylor - 5-5 3/4
 400 MR - 2nd Tamika Lomax, Casey Taylor, Denita Eason, Marilyn Cochran - 47.03

2001 at Decatur, Ill.
T31st of 72 scoring teams (8 pts)
 100M - 6th Stephanie Andrews - 12.44
 Triple jump - 5th LaNeatra Johnson - 38-9 3/4
 400MR - 8th Tamika Lomax, Stephanie Andrews, Antoinette Stowers, Marilyn Cochran - 50.68

2002 at St. Paul, Minn.
5th of 78 scoring teams (34 pts)
 100 M - 5th Stephanie Andrews - 11.95
 100 M - 6th Happy Darcus - 11.95
 200 M - 2nd Stephanie Andrews - 24.00
 400MR - 2nd Happy Darcus, Marilyn Cochran, Marquitta Mines, Stephanie Andrews - 47.09
 1600MR - 6th Marilyn Cochran, Marquitta Mines, Vanessa Tabor, Stephanie Andrews - 3:48.57
 Triple jump - 2nd LaNeatra Johnson - 40-6 1/4

2003 at Canton, N.Y.

4th of 83 scoring teams (32 pts)
 100 M - 6th Happy Darcus - 12.30
 100 M - 8th Stephanie Andrews - 12.45
 200 M - 6th Happy Darcus - 25.17
 200 M - 7th Stephanie Andrews - 25.23
 100 hurdles - 4th LaNeatra Johnson - 14.74
 400MR - 3rd Happy Darcus, Marilyn Cochran, Marquitta Mines, Stephanie Andrews - 46.64
 1600MR - 5th Happy Darcus, Vanessa Tabor, Marilyn Cochran, Stephanie Andrews - 3:49.28
 Triple jump - 2nd LaNeatra Johnson - 41-8

2004 at Decatur, Ill.
T45th of 70 scoring teams (4 pts)
 Pole vault - 4th Brandy King - 11-8 1/2

2005 at Waverly, Iowa
T29th of 76 scoring teams (9 pts)
 100 M - 6th Happy Darcus - 12.11
 200 M - 7th Happy Darcus - 24.87
 Long jump - 5th Marquita Mines - 18-8 3/4

2006 at Lisle, Ill.
T46th of 74 scoring teams (5 pts)
 Shot Put - 4th Rachael Clark - 45-10

2008 at Oshkosh, Wisc.
T67th of 83 scoring teams (3 pts)
 Shot put - 6th Rachael Clark - 45-3 1/2

2011 at Delaware, Ohio
T76th of 83 scoring teams (1 pt)
 400 hurdles - 8th Dira Hansen - 63.14

2012 at Claremont, Cali.
T63th of 80 scoring teams (3 pts)
 High Jump - 6th Jenna Elliott, Jr. - 5-6

2017 at Geneva, Ohio
T71st of 80 scoring teams (1 pt)
 Shot Put - 8th Hannah Shoemaker - 13.94m

2024 at Myrtle Beach, S.C.
T58th of 81 scoring teams (4 pts)
 Discus - 5th Katie Stevens - 46.58m

MEN-OUTDOORS

1982 at Naperville, Ill.
44th of 87 scoring teams (10 pts)
 Triple jump - 3rd Mark Clark - 49-5.75

1983 at Naperville, Ill.
23rd of 96 scoring teams (22 1/2 pts)
 Long jump - 3rd Jim Williams - 24-0.5
 400MR - 10th Randy Bungard, Steve Carroll, Mark Clark, William Washington - 42.36

1984 at Northfield, Minn.
51st of 85 scoring teams (9 pts)
 Long jump - 4th Jim Williams - 23-5.75

1986 at LaCrosse, Wisc.
56th of 72 scoring teams (3 pts)
 400MR - 6th Michael Kenny, Mike Pitts, Kevin Myers, Mike Franklin - 41.66

1988 at Northfield, Minn.
31st of 72 scoring teams (8 pts)
 400MR - 6th Michael Kenny, Stacey Proctor, Kevin Myers, Ed Milling - 41.64
 Discus - 7th William Sanderlin - 154-5
 Javelin - 11th Carl Braun - 187-10

1989 at Naperville, Ill.
T53rd of 76 scoring teams (3 pts)
 400MR - 6th Ed Milling, Stacey Proctor, Kevin Myers, Michael Kenny - 42.27

1990 at Naperville, Ill.
Did not score
 Triple jump - 9th Tony Rodriguez - 46-4.25

1991 at Berea, Ohio
T56th of 63 scoring teams (1 pt)
 800M - 8th Jerome Valree - 1:55.04

1992 at Waterville, Me.
T59th of 64 scoring teams (1 pt)
 Triple Jump - 8th David Bullock - 47-4.5

1994 at Naperville, Ill.

T57th of 73 scoring teams (3 pts)
400MR - 8th David Bullock, Clyde Lewis,
Tim Marshall,
Calvin Bunch - 42.14
Long Jump - 7th Mike Boucher - 22-7.25

1995 at Northfield, Mn.
T40th of 70 scoring teams (7 pts)
100M - 8th Calvin Bunch - 11.06
Triple Jump - 3rd Montez Kaufman - 47-4.25

1996 at Naperville, Ill.
T47th of 73 scoring teams (4 pts)
100H - 7th Franco Fox - 14.89
Triple Jump - 8th Leo Pinkard - 45-10
100M - 8th Russell Waller - 10.89

1997 at Lacrosse, Wisc.
T5th of 70 scoring teams (28 pts)
100 M - 5th Greg Boothe - 10.82
200 M - 7th Greg Boothe - NT
110 hurdles - 8th Jarmon Mayes - 14.67
400 hurdles - 2nd Tony Smith - 51.99
400 hurdles - 3rd Jarmon Mayes - 52.11
400 MR - 6th Tab Brown, Calvin Bunch,
Russell Waller,
Greg Boothe - 41.35
1600 MR - 5th Tony Smith, Dwayne Punter,
Prennis Page,
Jarmon Mayes - 3:15.56

1998 at St. Paul, Minn.
T14th of 68 scoring teams (14 pts)
400 MR - 3rd Russell Waller, Tab Brown,
Greg Boothe, Tony Smith - 40.98
1600 MR - 8th Tony Smith, Clyde Lewis, Greg
Boothe, Prennis Page - 3:16.20
100 M - 6th Greg Boothe - 10.79
200 M - 8th Greg Boothe - 21.79
400 hurdles - 7th Tony Smith - 53.21
110 hurdles - 8th Tony Smith - 14.73

2000 at Bloomington, Ill
9th of 41 scoring teams (14 pts)
Triple jump - 2nd Steven Roberts - 48-5 1/2
Triple jump - 3rd Damon Talley - 48-1 1/4

2001 at Decatur, Ill.
10th of 74 scoring teams (19 pts)
Long jump - 1st Damon Talley - 24-7 3/4
Triple jump - 4th Steven Roberts - 49-1
Triple jump - 5th Damon Talley - 48-8 3/4

2002 at St. Paul, Minn.
T72nd of 74 scoring teams (1 pt)
Triple jump - 8th Damon Talley - 47-2 1/4

2003 at Canton, N.Y.
T13th of 71 scoring teams (15 pts)
400 M - 7th Jarrell Warthen - 47.93
110 hurdles - 8th Greg Bolton - 14.95
1600MR - 5th Brandon Whitaker, Derrick
Faison, David Briggs, Jarrell
Warthen - 3:12.58

2005 at Waverly Iowa
T36th of 64 scoring teams (6 pts)
110 H - 3rd Greg Bolton - 14.42

2007 at Oshkosh, Wisc.
T37th of 79 scoring teams (7 pts)
200 M - 6th Leroy Harper - 21.74
400MR - 5th Matt Griffis, George Jones,
Leroy Harper, Charles
Washington - 41.09

2008 at Oshkosh, Wisc.
T13th of 81 scoring teams (19 pts)
200 M - 6th Charles Washington - 21.67
400 M - 6th Charles Washington - 47.91
High jump - 5th Joseph Owens - 6-8
Triple jump - 6th Isaac Bell - 47-6 1/2
400MR - 3rd Matt Griffis, Charles Washing
ton, Greg Jones, Leroy Harper -
40.78

2009 at Marietta, Ohio
T25th of 81 scoring teams (11 pts)
200 M - 4th Leroy Harper - 21.40
Triple jump - 3rd Isaac Bell - 49-11 3/4

2010 at Berea, Ohio
T47th of 85 scoring teams (6 pts)
Decathlon - 3rd Richard Roethel - 6989 pts

2011 at Cleveland, Ohio
T40th of 82 scoring teams (5 pts)
Decathlon - 4th Richard Roethel - 6935 pts

2012 at Claremont, Cali.

35

T68th of 84 scoring teams (2 pts)
Decathlon - 7th Richard Roethel - 6627 pts

2013 at Lacrosse, Wisc.
T53rd of 79 scoring teams (4 pts)
200 M - 5th Daulton Teaford - 21.58

2014 at Delaware, Ohio
T14th of 82 scoring teams (18 pts)
Triple Jump - 2nd Dominique Torres - 48-10 1/4
Decathlon - 1st Richard Roethel - 7086 pts

2015 at Canton, N.Y.
T39th of 82 scoring teams (7 pts)
200 M - 4th Daulton Teaford - 21.39
Triple Jump - 7th Dominique Torres - 48-1 3/4

2017 at Geneva, Ohio
T33rd of 86 scoring teams (9 pts)
High Jump - 4th Wesley Shrieves - 2.10m
1500M - 6th Jeffrey Dover - 3:54.47
1500M - 8th Zachary Campbell - 3:54.95

2018 at La Crosse, Wis.
T42nd of 90 scoring teams (8 pts)
Discus - 2nd Legend Hayes - 54.45m

2021 at Greensboro, N.C.
T67th of 77 scoring teams (2 pts)
Triple Jump - 7th C.J. Reeders - 48-0

MEN - INDOORS

1989 at Brunswick, Me.
T15th of 37 scoring teams (8 pts)
55M - 2nd Ed Milling - 6.41

1990 at Northampton, Mass.
11th of 39 scoring teams (10 pts)
55M - 1st Ed Milling - 6.42
Long Jump - 11th Bernard Wallace - 21-11

1991 at Middletown, Conn.
T13th of 35 scoring teams (10 pts)
55M - 2nd Ed Milling - 6.46
55M - 5th Anthony Mungin - 6.53

1992 at Stevens Point, Wisc.
T29th of 35 scoring teams (2 pts)
55M - 5th Warner Seay - 6.52

1994 at Oshkosh, Wisc.
T32nd of 40 scoring teams (2 pts)
Triple Jump - 6th David Bullock - 47-2.5

1995 at Ada, Ohio
T7th of 39 scoring teams (14 pts)
Triple Jump - 1st David Bullock - 47-1 3/4
55 M - 4th Calvin Bunch - 6.54

1997 at Oshkosh, Wisc.
T28th of 37 scoring teams (4 pts)
55M - 4th Calvin Bunch - 6.44

1998 at Waltham, Mass.
T3rd of 43 scoring teams (20 pts)
400M - 2nd Clyde Lewis - 49.35
55 hurdles - 4th Tony Smith - 7.60
1600MR - 2nd Tony Smith, Greg Boothe,
Prennis Page,
Clyde Lewis - 3:16.86

1999 at Ada, Ohio
T40th of 43 scoring teams (1 pt)
Triple jump - 6th Steven Roberts - 47-11 3/4

2000 at Naperville, Ill.
12th of 76 scoring teams (19 pts)
Long jump - 3rd Damon Talley - 24-7 1/4
Triple jump - 7th Steven Roberts - 49-4 1/2
Triple jump - 4th Damon Talley - 47-6 1/2

2001 at Oshkosh, Wisc.
T19th of 44 scoring teams (7 pts)
Long jump - 4th Damon Talley - 23-8 1/4
Triple jump - 5th Steven Roberts - 47-11
Triple jump - 6th Damon Talley - 47-10

2002 at Ada, Ohio
T35th of 54 scoring teams (4 pts)
Long jump - 6th Damon Talley - 22-8
Triple jump - 8th Damon Talley - 47-8 1/2

2003 at Greencastle, Ind.
T33rd of 52 scoring teams (6 pts)
Triple jump - 3rd Matt Mertz - 47-6 1/2

2005 at Bloomington, Ill.

T23rd of 52 scoring teams (8 pts)
55 hurdles - 2nd Greg Bolton - 7.46

2006 at Northfield, Minn.
T39th of 52 scoring teams (4.5 pts)
High Jump - T4th Joseph Owens - 6-7 1/2

2007 at Terre Haute, Ind.
T38th of 57 scoring teams (3 pts)
55M hurdles - 6th Greg Bolton - 7.58

2008 at Ada, Ohio
55th of 66 scoring teams (2.5 pts)
High jump - 6th Joseph Owens - 6-6 3/4

2009 at Terre Haute, Ind.
T25th of 74 scoring teams (8 pts)
Triple jump - 2nd Isaac Bell - 48-5 1/2

2011 at Columbus, Ohio
T29th of 67 scoring teams (6 pts)
Pentathlon - 3rd Richard Roethel - 3784 pts

2012 at Grinnell, Iowa
13th of 60 scoring teams (16 pts)
Heptathlon - 1st Richard Roethel - 5434 pts
High Jump - 3rd Richard Roethel - 6-9 3/4

2014 at Lincoln, Neb.
T58th of 68 scoring teams (2 pts)
Triple Jump - 7th Dominique Torres - 47-1 3/4

2015 at Winston-Salem, N.C.
T45th of 66 scoring teams (4 pts)
Triple Jump - 5th Dominique Torres - 47-1 3/4

2016 at Grinnell, Iowa
T47th of 70 scoring teams (4 pts)
Distance MR - 5th Zachary Campbell, Cullen
Monahan, Jeffrey Dover,
William Rabil - 10:04.20

2017 at Naperville, Ill.
T20th of 71 scoring teams (10 pts)
60M hurdles - 4th Ryan Scott - 8.16
200M - 6th Ryan Scott - 22.11
5000M - 7th Grayson Reid - 14:31.37

2018 at Birmingham, Ala.
8th of 66 scoring teams (19 pts)
200M - 7th Ryan Scott - 22.05
800M - 3rd Cullen Monahan - 1:52.67
Mile - 2nd Jeffrey Dover - 4:10.85
3000M - 6th Jeffrey Dover - 8:20.46

2023 at Birmingham, Ala.
T52nd of 58 scoring teams (1 pt)
Triple Jump - 8th C.J. Reeders - 48-7 1/2

Women's Track 377 All-Americans
(65 different women)
61 National Championships
(29 different women)
Men's Track 146 All-Americans
(56 different men)
5 National Champions
(4 different men)
Grand total 518 All-Americans
(121 different athletes)
66 National Champions
(33 different athletes)

TEAM NATIONAL CHAMPIONSHIPS

WOMEN (12 total)

-1987 Outdoor
-1988 Indoor
-1988 Outdoor
-1989 Indoor
-1989 Outdoor
-1990 Indoor
-1992 Indoor
-1992 Outdoor
-1994 Outdoor
-1997 Indoor
-1998 Indoor
-1998 Outdoor

VOLLEYBALL

Year By Year Record

Year	Record	Pct.	Conf.	Pct.	Place	Coach	Post Season
1977	No record avail.						
1978	6-16	.273				Bert Jones	
1979	8-18	.308				Bert Jones	
1980	2-23	.080				Bert Jones	
1981	No team						
1982	0-21	.000	0-10	.000	6th	Roe Russo	
1983	19-16	.543	5-7	.417	4th	Roe Russo	
1984	12-15	.444	4-8	.333	T5th	JohnBaumann	
1985	32-9	.780	9-3	.750	T1st	John Baumann	
1986	13-19	.406	3-9	.250	5th	John Baumann	
1987	1-35	.028	0-12	.000	7th	Coco Hofmann	
1988	9-20	.310	3-7	.300	T4th	Coco Hofmann	
1989	14-17	.452	5-5	.500	3rd	Coco Hofmann	
1990	10-21	.323	6-4	.600	T2nd	Coco Hofmann	
1991	6-22	.214	3-7	.300	5th	Coco Hofmann	
1992	4-25	.138	2-8	.200	5th	Coco Hofmann	
1993	3-24	.111	1-11	.083	T6th	Coco Hofmann	
1994	3-31	.088	2-10	.167	6th	Art Thatcher	
1995	14-19	.424	7-5	.583	4th	Art Thatcher	
1996	19-13	.594	7-5	.583	4th	Art Thatcher	
1997	18-18	.500	5-7	.417	T4th	Art Thatcher	
1998	7-26	.212	1-11	.083	7th	Ken Shibuya	
1999	20-13	.606	6-6	.500	3rd	Ken Shibuya	
2000	26-9	.743	8-4	.667	3rd	Ken Shibuya	
2001	24-11	.686	14-0	1.000	1st	Ken Shibuya	NCAA
2002	24-8	.750	13-1	.929	1st	Lindsay Sheppard	NCAA
2003	20-19	.513	13-3	.813	3rd	Lindsay Sheppard	
2004	32-8	.800	12-2	.857	T1st	Lindsay Sheppard	NCAA
2005	32-6	.842	13-1	.929	T1st	Lindsay Sheppard	NCAA
2006	27-10	.730	13-1	.929	T1st	Lindsay Birch	
2007	33-7	.825	18-0	1.000	1st	Lindsay Birch	NCAA
2008	33-7	.825	18-0	1.000	1st	Lindsay Birch	NCAA
2009	36-7	.837	18-0	1.000	1st	Lindsay Birch	NCAA Elite 8
2010	38-3	.927	18-0	1.000	1st	Lindsay Birch	NCAA Elite 8
2011	38-5	.884	18-0	1.000	1st	Lindsay Birch	NCAA Runner-Up
2012	40-3	.930	11-0	1.000	1st	Lindsay Birch	NCAA Final Four
2013	25-13	.658	8-0	1.000	1st*	Lindsay Birch	NCAA 2nd Round
2014	34-4	.895	9-0	1.000	1st*	Lindsay Birch	NCAA Elite 8
2015	30-3	.909	9-0	1.000	1st*	Lindsay Birch	NCAA 2nd Round
2016	25-10	.714	7-2	.778	T3rd	Lindsay Birch	NCAA
2017	28-4	.875	9-0	1.000	1st*	Lindsay Birch	NCAA 2nd Round
2018	26-6	.812	6-1	.857	2nd*	Lindsay Birch	NCAA 2nd Round
2019	27-9	.750	10-0	1.000	1st*	Lindsay Birch	NCAA 2nd Round
2021	22-10	.688	--	--	2nd*	Lindsay Birch	NCAA
2022	23-14	.622	--	--	3rd	Lindsay Birch	NCAA Round of 16
2023	22-13	.629	--	--	2nd	Lindsay Birch	NCAA Second Round
2024	26-10	.722	--	--	2nd*	Lindsay Birch	NCAA Round of 16
Total	911-620	.595	314-150	.677			

*Conference Tournament champions

^2020 Season Canceled Following Decision by NCAA and CAC Regarding COVID-19 Pandemic

Conference Record in USA South Athletic Conference: 256-147 (.635)

Conference Record in Capital Athletic Conference: 58-3 (.951)

Coaching Records

Coach	Years	Seasons	Overall		Conference		NCAA Appearances
			Record	Pct.	Record	Pct.	
Bert Jones	1977-80	4	16-57	.219	N/A		
Roe Russo	1982-83	2	19-37	.339	5-17	.227	
John Baumann	1984-86	3	57-43	.570	16-20	.444	
Coco Hofmann	1987-93	7	47-164	.223	20-54	.270	
Art Thatcher	1994-97	4	54-81	.400	21-27	.438	
Ken Shibuya	1998-01	4	77-59	.566	29-21	.580	1
Lindsay Birch	2002-	22	641-179	.782	223-11	.953	20

Major Honors

ALL-AMERICAN

2006	Brittany Collins	Hon. Men.
2007	Brittany Collins	Hon. Men.
2008	Liz Bush	Hon. Men.
	Allie Wolfe	Hon. Men.
2009	Caitlyn Jansen	1st team
	Kara Elder	Hon. Men.
	Abby Hogge	Hon. Men.
2010	Jessie Heavenrich	2nd team
	Caitlyn Jansen	2nd team
	Abby Hogge	3rd team
2011	Jessie Heavenrich	2nd team
	Abby Hogge	2nd team
	Bailey Jensen	3rd team
2012	Bailey Jensen	1st team
	Abby Hogge	2nd team
	Jessie Kolden	3rd team
	Alyssa Kidd	Hon. Men.
	Chastity Lacy	Hon. Men.
2014	Hannah Miller	1st team
	Rachel Conway	2nd team
	Briana Sutton	3rd team
	Eliza Fisher	Hon. Men.
2015	Briana Sutton	1st team
	Rachel Conway	2nd team
	Hannah Miller	Hon. Men.
2016	Hannah Miller	Hon. Men.
2017	Katelyn Newsome	Hon. Men.
2018	Megan O'Hara	Hon. Men.
	Katie Piper	Hon. Men.
2019	Sammy Carroll	Hon. Men.
	Riley Garrison	Hon. Men.
	Katie Piper	Hon. Men.
2021	Sammy Carroll	Hon. Men.
	Maddie Carter	Hon. Men.
2022	Mackenzie Wright	3rd team
	Sammy Carroll	Hon. Men.
2023	Alyssa Dozier	2nd team
	Sammy Carroll	Hon. Men.
2024	Alyssa Dozier	1st team
	Noelle Starr	Hon. Men.

NCAA CHAMPIONSHIP ALL-TOURNAMENT TEAM

2011	Abby Hogge
	Bailey Jensen
2012	Abby Hogge

NCAA REGIONAL ALL-TOURNAMENT TEAM

2009	Caitlyn Jansen*
	Cory Harris
	Abby Hogge
2010	Caitlyn Jansen*
	Jessie Heavenrich
	Abby Hogge
2011	Bailey Jensen*
	Jessie Heavenrich
	Abby Hogge
2012	Alyssa Kidd*
	Abby Hogge
	Bailey Jensen
2013	Hannah Miller
2014	Hannah Miller*
	Rachel Conway
2015	Abby McIntyre
2017	Katie Piper
2018	Riley Garrison
2019	Katie Piper
2022	Sammy Carroll
	Mackenzie Wright
2023	Sammy Carroll
2024	Alyssa Dozier
	Megan James

*Most Outstanding Player

ALL-SOUTH REGION

2006	Brittany Collins	AVCA 1st team
2007	Brittany Collins	AVCA 1st team
2008	Liz Bush	AVCA 1st team
	Allie Wolfe	AVCA 1st team
2009	Caitlyn Jansen	AVCA 1st team
	Kara Elder	AVCA 1st team
	Abby Hogge	AVCA 1st team
2010	Jessie Heavenrich	1st team
	Abby Hogge	1st team
	Caitlyn Jansen	1st team
	Bailey Jensen	Hon. Men
2011	Jessie Heavenrich	1st team
	Abby Hogge	1st team
	Bailey Jensen	1st team
	Christie Fellows	1st team
2012	Abby Hogge	1st team
	Bailey Jensen	1st team
	Alyssa Kidd	1st team
	Jessie Kolden	1st team
	Chastity Lacy	1st team
	Christie Fellows	Hon. Men.
2013	Chastity Lacy	Hon. Men.
2014	Rachel Conway	1st team
	Eliza Fisher	1st team
	Hannah Miller	1st team
	Briana Sutton	1st team
	Maddie McCann	Hon. Men.
2015	Rachel Conway	1st team
	Hannah Miller	1st team
	Briana Sutton	1st team
2016	Hannah Miller	1st team
2017	Katelyn Newsome	1st team
	Josie Lucernoni	Hon. Men.
2018	Megan O'Hara	1st team
	Katie Piper	1st team
	Riley Garrison	Hon. Men.
	Josie Lucernoni	Hon. Men.
2019	Sammy Carroll	1st team
	Riley Garrison	1st team
	Katie Piper	1st team
2021	Sammy Carroll	1st team
	Maddie Carter	Hon. Men.
	Mackenzie Wright	1st team
2022	Sammy Carroll	1st team
	Mackenzie Wright	1st team
2023	Sammy Carroll	1st team
	Alyssa Dozier	1st team
2024	Alyssa Dozier	1st team
	Noelle Starr	1st team
	Alyssa Vitale	Hon. Men.

AVCA ALL-REGION FRESHMAN OF THE YEAR

2009	Kara Elder
2022	Alyssa Dozier

AVCA ALL-REGION COACH OF THE YEAR

2010	Lindsay Birch
2014	Lindsay Birch

CONFERENCE PLAYER OF THE YEAR

2001	Lindsay Sheppard
2006	Brittany Collins
2007	Brittany Collins
2008	Ellen Koch
2009	Caitlyn Jansen
2010	Jessie Heavenrich
2011	Jessie Heavenrich
2012	Bailey Jensen
2013	Chastity Lacy
	Briana Sutton
2014	Rachel Conway
2015	Briana Sutton
2019	Sammy Carroll
2023	Alyssa Dozier
2024	Alyssa Dozier

CONFERENCE ROOKIE OF THE YEAR

2001	Amy Johnson
2004	Tricia Nelsen
2005	Liz Bush
2009	Kara Elder
2013	Briana Sutton
2019	Sammy Carroll
2022	Alyssa Dozier
2023	Samantha Dorn

CONFERENCE LIBERO OF THE YEAR

2005	Jenna Williams
2006	Jenna Williams
2010	Abby Hogge
2011	Abby Hogge
2012	Abby Hogge

CONFERENCE DEFENSIVE PLAYER OF THE YEAR

2023	Noelle Starr
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CONFERENCE COACH OF THE YEAR

1989	Coco Hofmann
1999	Ken Shibuya
2001	Ken Shibuya
2002	Lindsay Sheppard
2005	Lindsay Sheppard
2007	Lindsay Birch
2008	Lindsay Birch
2009	Lindsay Birch
2011	Lindsay Birch
2012	Lindsay Birch
2013	Lindsay Birch
2014	Lindsay Birch
2015	Lindsay Birch
2017	Lindsay Birch
2019	Lindsay Birch
2024	Lindsay Birch

CONFERENCE TOURNAMENT MVP

2001	Lindsay Sheppard
2002	Mary Whiting
2004	Brittany Collins
2005	Brittany Collins
2007	Brittany Collins
2008	Allie Wolfe
2009	Caitlyn Jansen
2010	Jessie Heavenrich
2011	Jessie Heavenrich
2012	Cory Harris
2019	Sammy Carroll
2021	Sammy Carroll
2024	Samantha Dorn

VASID ALL-STATE COACH OF THE YEAR

2004	Lindsay Sheppard
2005	Lindsay Sheppard
2007	Lindsay Birch
2008	Lindsay Birch
2009	Lindsay Birch
2010	Lindsay Birch
2011	Lindsay Birch
2012	Lindsay Birch
2013	Lindsay Birch
2014	Lindsay Birch
2015	Lindsay Birch

VASID ALL-STATE PLAYER OF THE YEAR

2006	Brittany Collins
2007	Brittany Collins
2008	Liz Bush
2009	Caitlyn Jansen
2010	Jessie Heavenrich
2011	Jessie Heavenrich
2012	Bailey Jensen
2014	Hannah Miller
2015	Briana Sutton

VASID ALL-STATE ROOKIE OF THE YEAR

2009	Kara Elder
2013	Briana Sutton
2019	Sammy Carroll
2022	Alyssa Dozier

CHRISTOPHER NEWPORT UNIVERSITY

YEARLY SPORTS RECORDS

Year	Football	MSoccer	WSoccer	Volleyball	MBKB	WBKB	Baseball	Softball	Wten	Wten	MGolf	WGolf	F Hock	WLax	MLax	Total	Pct.		
1967-68					8-11	2-7			8-2			2-6	1-3			19-22	.463		
1968-69					15-5	2-6						3-6	2-2			13-19	.406		
1969-70					13-6	8-4						5-5	2-2-1			22-12-1	.643		
1970-71					15-5	2-13					8-4		3-2-1			31-17-1	.643		
1971-72					16-9	Club					9-5				30-32	.484			
1972-73					17-9	5-7			4-8		3-13				23-30	.434			
1973-74					12-11	3-7			7-5		2-8-1				31-29-1	.516			
1974-75	1-9-2				13-13	2-16			7-5		0-15-2				23-47-4	.338			
1975-76	7-4				16-10	4-15			9-3		6-10				35-35	.500			
1976-77	5-7				20-7	4-16			15-0		0-0				49-29-1	.627			
1977-78	10-6-1				16-11	5-21			10-6		0-0				48-70-1	.408			
1978-79	7-9-1				18-13	18-13			10-7		5-1				64-63-4	.504			
1979-80	2-9-4				16-12	11-13			6-14		2-5				41-93-3	.307			
1980-81	1-13-1				No team				3-13		2-5				62-66-1	.307			
1981-82	2-11-1				8-18	16-10*			19-2		4-3				55-106-2	.484			
1982-83	3-11-1				10-16	18-9	9-19		13-10	1-18	1-2-1				79-104-1	.344			
1983-84	9-8-1				11-16	12-13	4-22		10-14	7-8	7-7				99-107-1	.432			
1984-85	11-7-1				16-9	16-9	11-23	15-6	10-14	7-4	4-15				136-108-2	.481			
1985-86	12-6-2				32-9	19-11*	20-9*	17-24	5-16	10-6	10-5				119-101	.557			
1986-87	18-5*				13-19	16-11	17-21	11-12	8-11	6-8	11-6				76-133-3	.541			
1987-88	8-8-3				1-35	15-15*	13-12	10-25	9-8	5-9	12-1				98-108-1	.366			
1988-89	11-10				9-20	17-12*	13-12	6-25	7-8	10-7	14-2-1				144-76-2	.476			
1989-90	11-5-2				14-17	19-9*	20-14	28-7	13-4	9-8	14-2*				136-94-3	.658			
1990-91	6-10-3				10-21	24-5*	21-18	24-15	10-9	7-8	14-1*				119-105-4	.590			
1991-92	12-6-2				6-22	17-10	22-6*	14-22-1	5-14	11-6	6-0*				119-80-4	.531			
1992-93	7-8-4				4-25	23-5*	19-9*	17-14	8-2	6-8	6-1				108-104-1	.596			
1993-94	9-9				3-24	22-5*	15-10	8-25-1	9-5	8-8	6-1*				124-100-1	.509			
1994-95	8-7-1				3-31	18-10*	17-9*	34-9*	8-7	8-11	7-0*				149-81	.553			
1995-96	5-11-1				14-19	24-6*	16-10	12-27	11-7	7-10	4-0*				124-103-1	.546			
1996-97	13-5				19-13	19-8*	20-7*	33-10	9-8	7-9	6-1				165-85	.648			
1997-98	10-9				18-18	26-2*	24-4*	28-17*	12-4	11-5	5-0				133-105-1	.660			
1998-99	10-5				7-26	22-5*	15-10	21-20-1	11-6	13-5	3-0				165-71-3	.559			
1999-00	13-4-1				20-13	25-3*	15-11	26-14	10-7	12-5	0-0*				195-76-2	.697			
2000-01	18-3-1*				26-9	25-4*	20-7*	35-9*	12-6	8-10	4-0				202-94-2	.718			
2001-02	5-4*				7-9-2	24-11*	23-5	24-5*	11-6	6-8	0-0				196-78-3	.681			
2002-03	6-5*				12-4-1	24-8*	24-5*	31-7-1	12-7	10-2	0-0				187-103-3	.713			
2003-04	8-3*				15-6	20-19	15-11	36-7	7-7	12-3	0-0				183-98-5	.653			
2004-05	9-3*				11-7-2	16-4-3*	18-8*	24-18	12-4	11-2	0-0				196-95-1	.673			
2005-06	6-4				12-7	14-5-1*	20-8	19-20	14-6	16-1	0-0				221-98-3	.691			
2006-07	8-3*				15-5-2*	13-6-1*	15-11	24-17	13-8	21-1	0-0				235-94-1	.691			
2007-08	7-3				11-7	14-7	10-16	29-14*	20-4*	20-3	0-0				226-99-6	.714			
2008-09	8-2*				17-5-3*	14-7-1	18-9	33-7*	10-12	7-8	0-0				250-95-7	.692			
2009-10	5-5				18-2-4	12-8-3*	15-13*	30-1*	14-9	18-3	0-0				268-77-2	.720			
2010-11	6-5*				20-2-1*	16-5-1*	18-9	39-7*	14-7	14-5	0-0*				248-85-3	.775			
2011-12	8-3*				17-1-1*	38-3*	38-5	37-12*	12-7	13-7	0-0*				263-81-2	.743			
2012-13	6-5*				15-4-2*	12-9	22-5*	34-10*	16-5	17-7	0-0				229-99-4	.762			
2013-14	8-2				13-5-2	14-4-2*	19-9	23-17	14-8	10-11	0-0				215-92-9	.696			
2014-15	8-4*				19-3-5*	12-4-4*	20-8	30-9*	13-11	14-6	0-0				249-87-2	.695			
2015-16	4-6				11-2-6	14-5-1	30-3*	35-9*	13-9	14-8	1-1*				238-78-7	.748			
2016-17	7-3				18-3-1*	17-3-1*	25-10*	29-3*	15-10*	14-7	2-1*				254-82-2	.740			
2017-18	5-5				14-3-1	19-1-1*	28-4*	34-10*	14-9	13-6	0-4				247-87-1	.754			
2018-19	7-2				7-8-1	21-2-0*	26-6*	37-9*	13-9	13-8	0-0				155-59-8	.739			
2019-20	2-8				14-2-5*	16-3-3*	27-9*	10-4	2-5	7-7	0-0				87-54-0	.716			
2020-21	0-2				0-0-0	0-0	0-0	22-12	6-6	7-7	0-0*				245-73-3	.617			
2021-22	5-5				12-5-2*	22-0-1*	22-10*	27-3*	10-9	8-8	0-0*				249-87-5	.768			
2022-23	7-3				13-4-2*	19-0-3*	23-14*	30-3*	11-9*	5-11	0-0*				247-78-5	.738			
2023-24	7-4*				11-5-2*	19-0-3*	22-13*	27-2*	14-8*	13-6*	0-0				191-110	.756			
Totals	142-89				534-305-79	363-128-35	885-610	1049-471	920-429	942-693-6	1169-449-4	576-407	447-321	304-104	247-173	7963-4429-131	.641		
Pct.	.615				.625	.723	.592	.690	.682	.576	.722	.586	.582	.605	.370	.745	.588	.635	.641

*Team participated in NCAA tournament (does not include two team appearances for men's cross country and one for women's cross country)

DIRECTORS' CUP

1995-96	57th
1996-97	62nd
1997-98	21st
1998-99	79th
1999-00	50th
2000-01	31st
2001-02	41st
2002-03	33rd
2003-04	117th
2004-05	51st
2005-06	89th
2006-07	34th
2007-08	44th
2008-09	31st
2009-10	31st
2010-11	20th
2011-12	23rd
2012-13	29th
2013-14	40th
2014-15	29th
2015-16	40th
2016-17	14th
2017-18	15th
2018-19	37th
2019-20	<i>canceled due to COVID-19 pandemic</i>
2021-22	18th
2022-23	7th
2023-24	14th

RICHARD C. COOK ALL-SPORTS AWARD

Overall

2013-14
2015-16 (co-winner with Salisbury)
2016-17
2017-18
2021-22
2022-23
2023-24

PRESIDENTS' AWARDS

Men's Sports

2016-17
2017-18
2021-22
2022-23
2023-24

Women's Sports

2013-14
2015-16
2016-17
2017-18
2021-22
2022-23
2023-24

USA SOUTH PRESIDENTS' CUP CHAMPIONSHIPS

Overall

1983-84
1984-85
1985-86
1986-87
1989-90
1994-95
1995-96
1996-97
1997-98
1998-99
1999-00
2000-01
2001-02
2002-03
2003-04
2004-05
2005-06
2006-07
2007-08
2008-09
2009-10
2010-11
2011-12
2012-13

Men's Sports begun 2004-05

2006-07
2007-08
2008-09
2009-10 tied
2010-11
2011-12
2012-13

Women's Sports begun 2004-05

2005-06
2006-07
2007-08
2008-09
2009-10
2010-11
2011-12
2012-13

VIRGINIA SPORTS HALL OF FAME VIRGINIA SPORTS INFORMATION DIRECTORS ALL-SPORTS AWARD

1997-98	1st
1998-99	2nd
1999-00	1st
2000-01	1st
2001-02	1st
2002-03	1st
2003-04	3rd
2004-05	1st
2005-06	2nd
2006-07	2nd
2007-08	2nd
2008-09	1st
2009-10	1st
2010-11	1st
2011-12	1st
2012-13	1st
2013-14	1st
2014-15	1st
2015-16	1st
2016-17	1st
2017-18	1st
2018-19	1st
2019-20	3rd
2020-21	4th
2021-22	1st
2022-23	2nd
2023-24	1st

CNU Retired Numbers

Football

None

Men's Soccer

Gerard Mosley 1983-86 (6) - 2-time All-American

Women's Soccer

Hillary Carney 2004-06 (13) - 1-time second team
All-Region

Ashleigh Dota 2002-05 (21) - 4-times all-region,
twice 1st team, twice second team

Volleyball

Lindsay Sheppard 1998-01 (11) - First
Conference Player of Year

Brittany Collins 2004-07 (13) - 2-time
All-American

Cross Country

Aimee Gibbs 2000-03 - 4-time nationals
participant

Emily Low 2002-05 - 2-time All-Region

Megan Fogarty 2002-05 - 2-time All-Region, once
nationals participant

Track & Field

Sheila Trice 1987-90 - greatest athlete in NCAA
history

Bridget Cochran 1995-98 - 5-time national
champion

Vandisha Wilder 1992-95 - 4-time national
champion

Casey Taylor 1997-00 - 2-time national champion

Men's Basketball

Buck Moore 1983-86 (32) - 1-time All-American

Antoine Sinclair 1997-01 (2) - 2-time All-American

Andy Waclawski 1967-71 (21) - First 4-year
athlete in school history

James Boykins 1989-93 (34) - 1-time All-Region,
first 1000-point, 1000-rebound

Steve Artis 1989-93 (23) - 2-time All-American

Lamont Strothers 1987-91 (42)- 3-time
All-American, NBA

Women's Basketball

Karen Barefoot 1990-94 (10) - 3-time
All-American

Misty Hart 1995-98 (12) - 2-time All-American

Pam Stewart 1984-87(13) - 1-time All-American

Chelsie Schweers 2007-11(11) - 4-time
All-American

Baseball

Mark Parnell 1984-88 (6) - 6-year minor league
career to AA level

Matt Turner 2000-03 (24) - 2-time All-American

Kenny Moreland 2005-08 (15) - 1-time
All-American, National Pitcher of the Year

Softball

Jill Owens 1995-98 (10)- 1-time All-American

Cathy Riddick 1993-96 (14) - 2-time All-Region

Dee Shults 1996-99 (21) - 1-time All-Region

Mary Kennedy 2007-10 (3) - 2-time All-Region

Vanessa Gray 2001-04 (23) - 3-time All-Region,
Conf. Player and Pitcher of the Year

Dallas Slosjarik 2001-04 (7) - 1-time All-American

Chelsea Mitchell 2010-13 (33) - 1-time All-American
Sabrina Hill 2012-15 (25) - 2-time All-American
3-time Conf. Player of the Year

Kaitlyn Hasty 2019-22 (27) - National Player of the
Year, 3-time All-American

Golf

Scott Scovil 1992-96- 3-time All-American -
National Champion

Joe Monk 1989-92 - 2-time All-American

Major Conference Honors

Don Scalf Award - USA South Athletic Conference

2003	Aimee Gibbs	Cross Country
2004	Aimee Gibbs	Cross Country
2007	Ashley Glover	Women's Soccer
2011	Caitlyn Jansen	Volleyball
2013	Brian Jaeger	Men's Golf

NCAA Woman of the Year Nominee

2000	Casey Taylor	Women's Track & Field	State Winner
2007	Ashley Glover	Women's Soccer	
2009	Erin Wojtkun	Women's Soccer	
2012	Stephanie Green	Women's Lacrosse	Top 30 Finalist
2014	Marlene Lichty	Field Hockey	
2018	Makenzie Fancher	Women's Basketball	
2019	Gabby Gillis	Women's Soccer	
2022	Riley Cook	Women's Soccer	
2024	Abby Asuncion	Field Hockey	

Coast-To-Coast Athletic Conference Scholar Athlete of the Year

2017	Zach Campbell	Men's Cross Country/Track & Field
2022	Dylan Rice	Men's Lacrosse
	Adrianna DeSantis	Women's Track & Field

Coast-To-Coast Athletic Conference Male Athlete of the Year

2018	Jeff Dover	Men's Cross Country/Track & Field
2022	Max Wayne	Men's Lacrosse
2023	Jahn Hines	Men's Basketball
2024	Dylan Weber	Baseball

Coast-To-Coast Athletic Conference Female Athlete of the Year

2016	Briana Sutton	Volleyball/Women's Track & Field
2019	Gabby Gillis	Women's Soccer
2022	Riley Cook	Women's Soccer
2023	Alyssa Roach	Women's Track & Field

Coast-To-Coast Athletic Conference Medal of Inspiration

2014	Krista Lewis	Softball
2015	Charlie Peavley	Men's Golf
2020	Natalie Terwilliger	Women's Basketball

USA South Hall of Fame Inductees

2010	Karen Barefoot	Women's Basketball
	Lamont Strothers	Men's Basketball
2011	Wayne Block	Administrator/Sports Information
2012	C.J. Woollum	Director of Athletics/Men's Basketball & Golf Coach
2013	Bev Vaughan	Track & Field Coach
2016	Steve Artis	Men's Basketball
2017	Chelsie Schweers	Women's Basketball
2018	Lindsay (Sheppard) Birch	Volleyball
	Abby Hogge	Volleyball
2019	Matt Kelchner	Football Coach
	Eric Shulman	Men's Tennis
2020	Rob Rodriguez	Football
	Scott Scovil	Men's Golf
	Antoine Sinclair	Men's Basketball
2021	Kenny Moreland	Baseball
	Matt Turner	Baseball
2023	Gerard Mosley	Men's Soccer
2024	Misty (Hart) Williams	Women's Basketball

Christopher Newport University All-Americans Other Than Track (as of January 29, 2025)

Women's Track - 61 Individual National Champions, 12 Team National Championships; 377 All-American honors / 65 athletes
Men's Track - 5 Individual National Champions; 146 All-American honors / 56 athletes

Grand Total All-Americans - 902

Individual National Champions - 67 (61 women's track & field, 5 men's track & field, 1 men's golf)

Team National Championships - 15 (12 women's track & field, 1 women's soccer, 1 men's basketball, 1 softball)

Baseball

(27 All-American honors / 19 athletes)

Tab Pabst	1
Gary Malarkey	1
Matt Turner	2
Jeremy Elliott	1
Chris Phaup	1
Kenny Moreland	2
Trae Bailey	2
Connor Madden	2
Matt Shoemaker	1
Austin Chrismon	1
Justin Weaver	1
Ryan Fleischmann	1
Billy Steel	1
Tommy Vitaletti	2
Seth Woodard	2
Nick DiNapoli	1
Joseph Cutchins	1
Seth Woodard	1
Justin Bowers	1
Dylan Weber	2

Men's Basketball

(31 All-American honors / 16 athletes)

Carl Farris	1
Buck Moore	1
Lamont Strothers	5
Steve Artis	2
Ted Berry	1
JoJo Chambers	1
Andre Bolton	1
Steve Butler	1
Antoine Sinclair	6
Terry Gray	1
Conley Taylor	1
Marcus Carter	4
Tim Daly	1
Aaron McFarland	1
Jahn Hines	3
Trey Barber	1

Women's Basketball

(21 All-American honors / 8 athletes)

Linda Richardson	1
Pam Stewart	1
Karen Barefoot	3
Misty Hart	3
Chelsie Schweers	6
Tia Perry	1
Sondra Fan	4
Anaya Simmons	2

Men's Cross Country

(7 All-American honors / 7 athletes)

Dan Pittman	1
Des Proctor	1
James Ratcliff	1
Matt Sinclair	1
Grayson Reid	1
JJ LaPointe	1
Jeff Dover	1

Field Hockey

(47 All-American honors / 21 athletes)

Ashley Traylor	2
Jacque Mayer	4
Ashley Hay	2
Kim Tomlin	4
Katelyn Yandle	1
Brianna Milne	2
Caitlin Cahill	3
Marlene Lichty	4
Belle Tunstall	4
Bailey Lien	1
Rachael Allshouse	1
Courtne Greene	1
Courtney Fiest	1
Brittan Muir	1
Rachel Cooke	2
Abby Asuncion	4
Izzy Diz	1
Brooke Billhimer	5
Alexis Morales	2
Lily Kerr	1
Courtney Hughlett	1

Football

(20 All-American honors / 13 athletes)

Tommy Fitzgerald	2
Justin Wood	2
Rob Rodriguez	3
Roland Hilliard	2
Matt Boykin	1
Larry Broach	1
Tunde Ogun	3
Kentel Noel	1
Rudy Rudolph	1
Justus Drakeford	1
Ben James	1
Josh Hartley	1
Amaan Miller	1

Men's Golf

(23 All-American honors / 14 athletes)

Rick Bidnick	1
Joe Monk	2
Scott Svoil	3
Scott Causby	2
Chris Olson	1
Joseph Evans	1
Brian Jaeger	1
Matt DiSalvo	1
Sam Robinson	1
David Rabil	1
Harry Nodwell	1
Alex Price	4
Kevin Quinto	1
Robb Kinder	3

Women's Golf

(2 All-American honors / 2 athletes)

Erica Whitehouse	1
Shreya Ganta	1

Men's Lacrosse

(63 All-American honors / 19 athletes)

Randy Foster	2
Matt Hayden	1
Matt Crist	1
Tony Cruz	1
Scott McAneney	2
Dylan Rice	6
Max Wayne	7
Phoenix Hines	4
Brady Altobello	2
Coby Auslander	5
Campbell Pozin	5
Warner Cabaniss	6
Andrew Cook	6
Burke Widhelm	2
Zac Hanway	2
Ryan Young	5
Alex Brendes	2
Brett Jackson	1
Drew Miller	2

Women's Lacrosse

(16 All-American honors / 7 athletes)

Ashton Marshall	1
Meaghan Galvin	3
Sarah Culver	1
Kelsey Winters	7
Kendall Krause	1
Julia Iapicca	2
Emma Jackson	1

Men's Soccer

(23 All-American honors / 8 athletes)

Gerard Mosley	2
Winston Mattheisen	4
Brian Lybert	3
Sean Moriarty	2
Jalon Brown	5
Jimmy Grace	4
Harry Nodwell	1
Derek Cook	2

Women's Soccer

(25 All-American honors / 13 athletes)

Natalie Stallings	1
Emily Renkin	1
Sam Ciaravino	1
Victoria Perry	1
Gabby Gillis	4
Riley Cook	6
Sarah Smith	3
Haley Eiser	1
Jill McDonald	2
Jaya Daniel	1
Reanna Slater	2
Ellie Cox	1
Hanna Heaton	1

Softball

(22 All-American honors / 17 athletes)

Kerri Cobb	1
Jill Owens	1
Dallas Slosjarik	1
Lauren Batson	1
Katie Moyers	2
Jessie Atkinson	1
Taylor Morgan	1
Jen Falin	1
Chelsea Mitchell	1
Sabrina Hill	2
Scoop Simon	1
Rachael Payne	1
Leah Andrews	1
Patty Maye Ohanian	2
Kaitlyn Hasty	3
Jamie Martin	1
Caitlin Abernethy	1

Men's Tennis

(11 All-American honors / 6 athletes)

Detlef Scholz	2
Holden Knight	1
John Mook	2
Eddie Glidewell	1
Eric Shulman	4
Matt King	1

Women's Tennis

(1 All-American honors / 1 athletes)

Reagan Delp	1
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Volleyball

(40 All-American honors / 24 athletes)

Brittany Collins	2
Liz Bush	1
Allie Wolfe	1
Kara Elder	1
Abby Hogge	4
Caitlyn Jansen	2
Jessie Heavenrich	2
Bailey Jensen	2
Alyssa Kidd	1
Jessie Kolden	1
Chastity Lacy	1
Rachel Conway	2
Eliza Fisher	1
Hannah Miller	3
Briana Sutton	2
Katelyn Newsome	1
Megan O'Hara	1
Katie Piper	2
Sammy Carroll	4
Riley Garrison	1
Maddie Carter	1
Mackenzie Wright	1
Alyssa Dozier	2
Noelle Starr	1

Major Academic Honors

CoSIDA Academic All-American

1998-99	Casey Taylor	3rd team	Women's Track & Field/XC (At-Large)
1999-00	Casey Taylor	3rd team	Women's Track & Field/XC (At-Large)
2012-13	Brian Jaeger	3rd team	Men's Golf (At-Large)
2013-14	Evan Moog	2nd team	Football
	Marlene Lichty	2nd team	Field Hockey (At-Large)
2017-18	Carson Pokorny	2nd team	Women's Soccer
2018-19	Carson Pokorny	1st team	Women's Soccer
2019-20	Carson Pokorny	1st team	Women's Soccer
	Ben James	2nd team	Football
	Grace Wild	3rd team	Softball
	Dylan Rice	3rd team	Men's Lacrosse (At-Large)
	Zoe Stauffer	3rd team	Women's Track & Field/XC
2020-21	Dylan Rice	2nd team	Men's Lacrosse (At-Large)
	Zoe Stauffer	2nd team	Women's Track & Field/XC
2021-22	Adrianna DeSantis	3rd team	Women's Track & Field/XC
	Dylan Rice	2nd team	Men's Lacrosse (At-Large)
	Max Wayne	2nd team	Men's Lacrosse (At-Large)
2022-23	Sondra Fan	3rd team	Women's Basketball
	Abby Asuncion	2nd team	Field Hockey (At-Large)
	Adrianna DeSantis	3rd team	Women's Track & Field/XC
	Campbell Pozin	3rd team	Men's Lacrosse (At-Large)
2023-24	Alyssa Dozier	1st team	Volleyball
	Hanna Heaton	3rd team	Women's Soccer
	Julia Iapicca	3rd team	Women's Lacrosse (At-Large)
	Emma Jackson	3rd team	Women's Lacrosse (At-Large)
	Abby Asuncion	1st team	Field Hockey (At-Large)
2024-25	Alyssa Dozier	1st team	Volleyball
	Hanna Heaton	1st team	Women's Soccer

CoSIDA Academic All-District

1989-90	Paula Hockster	1st team	Volleyball
2001-02	Aimee Gibbs	1st team	Women's T&F/XC
2002-03	Ashley Alston	2nd team	Women's Tennis (At-Large)
	Aimee Gibbs	1st team	Women's T&F/XC
2003-04	Aimee Gibbs	1st team	Women's T&F/XC
2004-05	Billy Lucas	2nd team	Men's Soccer
2010-11	Barbara Davis	2nd team	Women's Basketball
	Jacob Capin	2nd team	Men's Basketball
	Kenneth Hall	1st team	Football
	Dominik Taylor	1st team	Football
2011-12	Jarod Lindner	1st team	Football
2012-13	Brian Jaeger	1st team	Men's Golf (At-Large)
	Michael Zimmerman	1st team	Men's Soccer
	Evan Moog	1st team	Football
	A.J. Schmetzer	1st team	Football
2013-14	Evan Moog	1st team	Football
	Marlene Lichty	2nd team	Field Hockey (At-Large)
2014-15	David Furrow	1st team	Football
	Enuma Ezenwa	1st team	Women's T&F/XC
2015-16	Victoria Perry	1st team	Women's Soccer
	Garrett Van Nutt	1st team	Men's Soccer
	David Furrow	1st team	Football
	Hunter Wetherell	1st team	Men's Basketball
	Arttu Fiva	1st team	Men's Tennis (At-Large)
2016-17	Victoria Perry	1st team	Women's Soccer
	Jimmy Grace	1st team	Men's Soccer
	Bobby Seifert	1st team	Men's Soccer
	Drew Davidson	1st team	Football
	Colin Moog	1st team	Football
	Craig Johnson	1st team	Baseball
2017-18	Carson Pokorny	1st team	Women's Soccer
	Josie Lucernoni	1st team	Volleyball
	Craig Johnson	1st team	Baseball
2018-19	Carson Pokorny	1st team	Women's Soccer
	Josie Lucernoni	1st team	Volleyball
	Ben James	1st team	Football
	Nicholas Baham	1st team	Baseball

Major Academic Honors

CoSIDA Academic All-District (continued)

	Grace Wild	1st team	Softball
	Zoe Stauffer	1st team	Women's T&F/XC
2019-20	Davis Pillow	1st team	Men's Soccer
	Carson Pokorny	1st team	Women's Soccer
	Ben James	1st team	Football
	Jake Herzog	1st team	Football
	Dylan Rice	1st team	Men's Lacrosse
	Monica Lannen	1st team	Women's T&F/XC
	Zoe Stauffer	1st team	Women's T&F/XC
2020-21	Grace Wild	1st team	Softball
	Jake Herzog	1st team	Football
	Jason Aigner	1st team	Men's Basketball
	Conner Clark	1st team	Baseball
	Dylan Rice	1st team	Men's Lacrosse
	Max Wayne	1st team	Men's Lacrosse
	Shreya Ganta	1st team	Women's Golf
	Adrianna DeSantis	1st team	Women's T&F/XC
2021-22	Zoe Stauffer	1st team	Women's T&F/XC
	Davis Pillow	1st team	Men's Soccer
	Jessica Zimmermann	1st team	Women's Soccer
	Sondra Fan	1st team	Women's Basketball
	Maddie Hool	1st team	Softball
	Sarah Proctor	1st team	Softball
	Jay Cassady	1st team	Baseball
	Shreya Ganta	1st team	Women's Golf
	Abby Asuncion	1st team	Field Hockey
	Dylan Rice	1st team	Men's Lacrosse
	Max Wayne	1st team	Men's Lacrosse
	Adrianna DeSantis	1st team	Women's T&F/XC
2022-23	Daniel Ferrante	1st team	Men's T&F/XC
	Mason Field	1st team	Men's Soccer
	Ryan Kiely	1st team	Men's Soccer
	Ethan Larson	1st team	Men's Soccer
	Jonathon Leiding	1st team	Men's Soccer
	Trevor Smith	1st team	Men's Soccer
	Anna Dean	1st team	Volleyball
	Rebecca Frey	1st team	Volleyball
	Xander Jedlick	1st team	Football
	Carter Applewhite	1st team	Football
	Sondra Fan	1st team	Women's Basketball
	Hannah Kaloi	1st team	Women's Basketball
	Gabbi San Diego	1st team	Women's Basketball
	Katy Rader	1st team	Women's Basketball
	Ashton Legum	1st team	Men's Tennis
	Edvard Porsmyr Hansen	1st team	Men's Tennis
	Kiersten Chang	1st team	Women's Tennis
	Tessa Trate	1st team	Women's Tennis
	Raine Weis	1st team	Women's Tennis
	Jack Braley	1st team	Baseball
	Jay Cassady	1st team	Baseball
	Hope Hunter	1st team	Women's Lacrosse
	Emma Jackson	1st team	Women's Lacrosse
	Riley Rafferty-Lee	1st team	Women's Lacrosse
	Coby Auslander	1st team	Men's Lacrosse
	Brett Kropinski	1st team	Men's Lacrosse
	Campbell Pozin	1st team	Men's Lacrosse
	Aidan Wheeler	1st team	Men's Lacrosse
	Ryan Young	1st team	Men's Lacrosse
	Katie Abendschoen	1st team	Field Hockey
	Abby Asuncion	1st team	Field Hockey
	Sarah Anstice	1st team	Women's T&F/XC
	Adrianna DeSantis	1st team	Women's T&F/XC
	Mae Savoie	1st team	Women's T&F/XC
	Lindsey Stirling	1st team	Women's T&F/XC
	Casey Yenyo	1st team	Women's T&F/XC
	Cooper Albright	1st team	Men's T&F/XC

Major Academic Honors

CoSIDA Academic All-District (continued)

2023-24	Daniel Ferrante	1st team	Men's T&F/XC
	John Vogel	1st team	Men's T&F/XC
	Mason Field	1st team	Men's Soccer
	Asher Kuzemka	1st team	Men's Soccer
	Jonathon Leiding	1st team	Men's Soccer
	Matt Liss	1st team	Men's Soccer
	Trevor Smith	1st team	Men's Soccer
	Kyle Stenzel	1st team	Men's Soccer
	Ellie Cox	1st team	Women's Soccer
	Kyleigh Gough	1st team	Women's Soccer
	Hanna Heaton	1st team	Women's Soccer
	Corinne Kulik	1st team	Women's Soccer
	Nyah Savage	1st team	Women's Soccer
	Natalie Swarm	1st team	Women's Soccer
	Macy Burk	1st team	Volleyball
	Alyssa Dozier	1st team	Volleyball
	Xander Jedlick	1st team	Football
	Connor Kirley	1st team	Football
	Enzo Paradiso	1st team	Football
	Nicole Timko	1st team	Women's Basketball
	Jack Braley	1st team	Baseball
	Josh Reinhold	1st team	Baseball
	Jamie Martin	1st team	Softball
	Delaney Nuckols	1st team	Softball
	Caroline Pollock	1st team	Softball
	Daniel Ferrante	1st team	Men's T&F/XC
	Luke Hawkins	1st team	Men's T&F/XC
	Joe Negron	1st team	Men's T&F/XC
	Luke Tompkins	1st team	Men's T&F/XC
	Daniel Young	1st team	Men's T&F/XC
	Katie Stevens	1st team	Women's T&F/XC
	Robby Adams	1st team	Men's Lacrosse (At-Large)
	Aidan Baron	1st team	Men's Golf (At-Large)
Michael Brost	1st team	Men's Lacrosse (At-Large)	
Luke Nardone	1st team	Men's Lacrosse (At-Large)	
Aidan Wheeler	1st team	Men's Lacrosse (At-Large)	
Katie Abendschoen	1st team	Field Hockey (At-Large)	
Abby Asuncion	1st team	Field Hockey (At-Large)	
Eleanor Collins	1st team	Women's Lacrosse (At-Large)	
Hope Hunter	1st team	Women's Lacrosse (At-Large)	
Julia Iapicca	1st team	Women's Lacrosse (At-Large)	
Emma Jackson	1st team	Women's Lacrosse (At-Large)	
2024-25	Mason Field	1st team	Men's Soccer
	Asher Kuzemka	1st team	Men's Soccer
	Matt Liss	1st team	Men's Soccer
	Colin Skwirut	1st team	Men's Soccer
	Trevor Smith	1st team	Men's Soccer
	Katy Bronski	1st team	Women's Soccer
	Ellie Cox	1st team	Women's Soccer
	Kyleigh Gough	1st team	Women's Soccer
	Hanna Heaton	1st team	Women's Soccer
	Corinne Kulik	1st team	Women's Soccer
	Nyah Savage	1st team	Women's Soccer
	Macy Burk	1st team	Volleyball
Alyssa Dozier	1st team	Volleyball	
Megan James	1st team	Volleyball	

NCAA Elite 90 Award Winner

2018 Women's Soccer - Carson Pokorny

LONGEST CNU WINNING STREAKS BY SPORT

Baseball -	26 in 2011	7 in 2014
	18 in 2018	Women's Lacrosse -
	13 in 2019	17 in 2013
	13 in 2002	14 in 2012
Men's Basketball -	26 in 1997-98	Men's Soccer -
	24 in 2021-22	13 in 2011
	21 in 2016-17	12 in 2010
	21 in 2015-16	10 in 2017
Women's Basketball -	43 in 2019-22	10 in 1986
	31 in 2022-23	Women's Soccer -
	30 in 2010-11	17 in 2017
	19 in 2016-17	16 in 2018
	17 in 2015-16	Softball -
	16 in 2012-13	24 in 2022
Field Hockey -	19 in 2013	23 in 2022
	17 in 2023	19 in 2004
	15 in 2007	17 in 2014
	15 in 2012	15 in 2019
Football -	7 in 2003	Men's Tennis -
	7 in 2004	18 in 1982
	7 in 2011	15 in 1978
Men's Lacrosse -	16 in 2022	15 in 2013
	12 in 2023	Women's Tennis -
	9 in 2018	27 in 2006-07
	7 in 2017	Volleyball -
		32 in 2012
		22 in 2010
		20 in 2007
		18 in 2015

LONGEST CNU WINNING STREAKS IN SCHOOL HISTORY

43 - Women's Basketball (2019-22)	18 - Baseball (2018)
32 - Volleyball (2012)	18 - Volleyball (2015)
31 - Women's Basketball (2022-23)	18 - Men's Basketball (1999-00)
30 - Women's Basketball (2010-11)	18 - Men's Basketball (2002-03)
27 - Women's Tennis (2006-07)	18 - Men's Tennis (1982)
26 - Men's Basketball (1997-98)	17 - Field Hockey (2023)
26 - Baseball (2011)	17 - Women's Soccer (2017)
24 - Softball (2022)	17 - Women's Basketball (2015-16)
24 - Men's Basketball (2021-22)	17 - Women's Lacrosse (2013)
23 - Softball (2022)	17 - Softball (2014)
22 - Volleyball (2010)	16 - Men's Lacrosse (2022)
21 - Men's Basketball (2016-17)	16 - Volleyball (2017)
21 - Men's Basketball (2015-16)	16 - Men's Basketball (1990-91)
20 - Volleyball (2007)	16 - Volleyball (1985)
19 - Women's Basketball (2016-17)	16 - Volleyball (2002)
19 - Softball (2004)	16 - Women's Basketball (2012-13)
19 - Field Hockey (2013)	16 - Volleyball (2014)
	16 - Women's Soccer (2018)

* - CNU Women's Soccer had an 84-game streak of consecutive games without a loss starting on September 5, 2021 and spanning to November 10, 2024. The Captains were 75-0-9, setting an NCAA Division III record and posting the third longest unbeaten streak in NCAA Soccer history