

CHRISTOPHER NEWPORT UNIVERSITY FIELD HOCKEY



TM

Kylie
CALE

Emma
MEHRABI

Katelyn
YANDLE

Taylor
HARRELL

Stephanie
BAIR

2010 Media Guide

Host of the 2010 NCAA National Championship

CNU ATHLETIC FACILITIES



Captains Turf Field - Field Hockey/Lacrosse



The Freeman Center



Captains Field - Soccer



Captains Park - Baseball



POMOCO Stadium & Belk Track



CNU Courts



Captains Park - Softball



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CNU Quick Facts/Directory

Location	Newport News, Va.
Area Population	500,000 est.
Founded	1961
Enrollment	4,800
Nickname.....	Captains
Colors	Royal Blue and Silver
Conference	USA South Athletic Conference
President	Sen. Paul S. Trible, Jr.
Director of Athletics.....	C.J. Woollum
Athletic Department Phone.....	757-594-7025

2010 SCHEDULE

Date	Opponent	Location	Time
August			
22	Alumni Game	Captains Field	6:00 pm
28	Scrimmage Day	Fredericksburg, Va.	9:00 am

September

1	Randolph-Macon	Captains Field	6:00 pm
5	Rhodes	Captains Field	12:00 pm
8	Salisbury	Salisbury, Md.	6:00 pm
11	McDaniel	Virginia Beach, Va.	12:00 pm
12	Stevenson	Virginia Beach, Va.	1:00 pm
18	Lynchburg	Captains Field	2:00 pm
19	Frostburg State	Captains Field	1:00 pm
22	Virginia Wesleyan	Virginia Beach, Va.	5:00 pm
26	Washington & Lee	Lexington, Va.	3:00 pm
29	Mary Washington	Fredericksburg, Va.	4:30 pm

October

2	Wesley	Dover, Del.	12:00 pm
3	Washington	Chestertown, Md.	2:00 pm
8	Kenyon	Captains Field	6:00 pm
18	Johns Hopkins	Baltimore, Md.	6:00 pm
23	Eastern Mennonite	Harrisonburg, Va.	1:00 pm
24	Bridgewater	Captains Field	2:00 pm
30	Rowan	Arlington, Va.	TBA

November

6	Limestone College	Durham, N.C.	3:00 pm
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Home games in bold

Credits

The 2010 Field Hockey Media Guide is a publication of the Christopher Newport University Department of Athletic Communications.

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2010 FIELD HOCKEY CHAMPIONSHIP

DIVISION III - NEWPORT NEWS, VA - NOV. 20-21, 2010



Head Coach **Carrie Moura**



HEAD COACH

Eighth Year at CNU

90-32 Record (.738)

4 NCAA Appearances

COACHING HISTORY

Keene State College,

Lacrosse Head Coach, 1999-2001

Lynchburg College,

Assistant Coach, 2001-02

CNU, Head Coach, 2003-present

EDUCATION

Bachelors (Physical Education),
Keene State College

Masters (Educational Leadership),
Lynchburg College

HOMETOWN

Litchfield, Connecticut

Carrie Moura took over a struggling Christopher Newport field hockey team in 2003. Moura was the fourth coach in the program's short four-year existence.

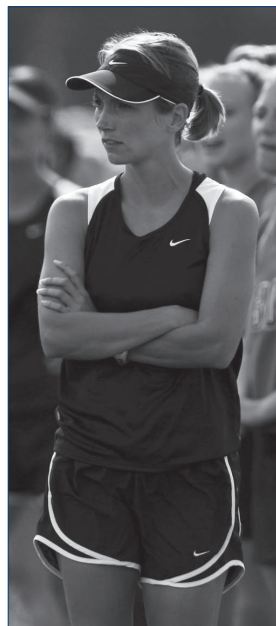
Moura has provided far more than consistency for CNU field hockey. She has brought a winning way that has propelled the program to national recognition. The first sign of that recognition came in 2006 when the team was ranked No. 18 in the nation early in the season for the program's first-ever national ranking. The 2006 Captains would later receive their first ever NCAA at-large bid, hosting the first round. They advanced to the Sweet 16 and eliminated 3 time defending National Champions Salisbury to move on to the Elite Eight.

At the end of the year the awards flowed in for Moura. She was named National Division III Coach of the Year by womensfieldhockey.com and Coach of the Year in Virginia. The program's first ever All-American, All-Region, and State Player of the Year were chosen from the 2006 squad.

Since then, CNU has appeared in the NCAA Tournament all four years capturing at large bids, reaching at least the Sweet 16. The list of All American and All Region players continues to grow along with the program's reputation.

Moura was voted the Virginia Sports Information Directors Coach of the Year in 2006, 2007 and 2009. She is currently ranked 11th among active coaches for win percentage with .738.

Moura is a native of Litchfield, Connecticut and a 1998 graduate of Keene State College in New Hampshire,



with a Bachelor of Science Degree in Physical Education. She also received her Master's Degree in Educational Leadership in May of 2003 from Lynchburg College.

As an assistant field hockey coach at Lynchburg College in 2001 and 2002, her squads went 39-6 overall and 23-1 in conference play. She also served as head coach of the lacrosse program at Keene State College in New Hampshire from 1999 to 2001.

Natalie Barrett

Barrett begins her first year as an assistant to Carrie Moura in 2010 and was hired as CNU's first full-time field hockey assistant coach.

Barrett received her Bachelor of Business Administration from Kent State University in 2009 and continued at Kent State to receive her Masters of Arts in Exercise/Leisure and Sport in 2010.

Barrett, a native of Glasgow, Scotland, was a member of the Scotland National U16 and U18 squads before playing for Kent State. As a senior captain in 2008 she scored the game-winning goal to win the MAC championship that helped the team advance to the NCAA play-in-game. She was also on the Division I national academic team for 3 years.

After a successful collegiate career, Barrett continued at Kent as an assistant coach for two years.



Ashley Hay

Hay, one of CNU's most outstanding players, begins her second year as an assistant in 2010.

Hay was named a second team All-American in her senior year by both the National Field Hockey Coaches Association and womensfieldhockey.com. She was also a first team all-region choice that year, as well as first team all-Virginia and a senior all-star selection.

She was CNU's fourth leading scorer in 2007 with five goals and four assists and, at the start of the 2009 season was ninth all-time for points (40) and goals scored (15).

She also serves as head coach of the U.S. Field Hockey Olympic Development Program, CNU site.

Hay graduated from CNU in 2008 with a Bachelors in Social Work with minors in Psychology and Sociology. She received her Masters in Clinical Social Work from VCU in 2009.



Jessica Morris

Morris begins her seventh year as an assistant to Carrie Moura. Morris played four years at Mary Washington College and graduated with a Bachelor's degree in Computer Science. In 2001, her senior year, Morris was the Capital Athletic Conference Player of the Year.

She also set several scoring records during her career at Mary Washington. Morris is the university's all-time leader in goals (59), assists (27) and total points (145). She was an All-American her junior and senior years and set a season record with 23 goals as a senior.

Morris was also recognized as one of the top 100 athletes in Virginia high school history in a Daily Press special section.

Morris is also the Assistant Director of Sports Information at CNU.



Jessica Weiss

Weiss enters her third year as the Assistant Women's Lacrosse Coach and begins her second year with CNU Field Hockey. She specifically works with the goalkeepers.

Weiss, a native of Huntingdon Valley, Pennsylvania, played three years of lacrosse and four years of field hockey at Susquehanna University. She graduated in 2008 with a Bachelor's degree in Business Administration with a concentration in Finance and a minor in Information Systems.

While at Susquehanna, she was named to the National Field Hockey Coaches Association Academic Squad, the Middle Atlantic Conference All-academic Team and the Landmark Conference Academic Honor Roll twice.

Following graduation she spent the summer with Penn Premier Lacrosse Club. She then joined the Susquehanna Field Hockey staff as an assistant coach for one season before coming to CNU.



2010 CAPTAINS



ALPHABETICAL ROSTER

No.	Name	Pos.	Ht.	Cl.	Hometown/ High School
19	Stephanie Bair*	M	5-6	Sr.	VA Beach, VA / Ocean Lakes
0	Brittany Bradsher	GK	5-1	Jr.	Hampton, VA / Bethel
15	Dana Brookover	D	5-8	So.	Yorktown, VA / Tabb
3	Caitlin Cahill	M	5-6	So.	Virginia Beach, VA / Bayside
14	Kylie Cale*	M	5-6	Sr.	Chester, VA / Thomas Dale
5	Lauren Cherry	M	5-1	Jr.	Yorktown, VA / Tabb
22	Paige Childers	A	5-4	Jr.	VA Beach, VA / First Colonial
7	Kelsey Clark	D	5-6	Fr.	Arlington, Va. / Washington-Lee
55	Julie Collins	GK	5-4	Fr.	Oxford, Pa. / St. Mark's
18	Taylor Harrell*	A	5-6	Sr.	VA Beach, VA / Cox
16	Lindsay Hendricks	A	5-7	So.	Chesapeake, VA / Hickory
13	Chelsea Hines	M	5-3	Fr.	Hampton, Va. / Kecoughtan
24	Marcy Hoath	D	5-7	Fr.	Alexandria, Va. / Mount Vernon
20	Shelby Judkins	A	5-3	Fr.	Hampton, Va. / Bethel
26	Tori Kelly	D	5-1	Fr.	Manassas, Va. / Osbourn Park
11	Chrissy Kurecki	A	5-0	So.	Richmond, VA / L.C. Bird
6	Marlene Lichty	A	5-3	Fr.	Chesapeake, Va. / Western Branch
8	Breanne Lowe	M	5-7	So.	Suffolk, VA / Nansemond River H.S.
2	Zoe McGee	D	5-2	So.	Virginia Beach, VA / Kellam
4	Emma Mehrabi	A	5-2	Sr.	Fredericksburg, VA / James Monroe
10	Brianna Milne	D	5-6	Jr.	VA Beach, VA / Cox
29	Corey Rigby	M	5-1	Jr.	Falmouth, MA / Falmouth
30	Kelsey Rigby	A	5-3	Jr.	Falmouth, MA / Falmouth
25	Sarah Smith	D	5-1	Fr.	Williamsburg, Va. / Walsingham
9	Jordan Snider	A	5-2	Fr.	Newport News, Va. / Menchville
27	Hilary St. Mary	M	5-6	Fr.	Yorktown, Va. / York
12	Meghan Sullivan	A	5-6	Fr.	Alexandria, Va. / Hayfield Secondary
21	Sarah Wister	D	5-4	So.	Yorktown, VA / Grafton
17	Katelyn Yandle	D	5-4	Sr.	Portsmouth, VA / Nansemond River

* Captains

2010 Numerical Roster



Brittany Bradsher
0 - Goalkeeper



Zoe McGee
2 - Defense



Caitlin Cahill
3 - Midfield



Emma Mehrabi
4 - Attack



Lauren Cherry
5 - Midfield



Marlene Lichty
6 - Attack



Kelsey Clark
7 - Defense



Breanne Lowe
8 - Midfield



Jordan Snider
9 - Attack



Brianna Milne
10 - Defense



Chrissy Kurecki
11 - Attack



Meghan Sullivan
12 - Attack



Chelsea Hines
13 - Midfield



Kylie Cale
14 - Midfield



Dana Brookover
15 - Defense



Lindsay Hendricks
16 - Attack



Katelyn Yandle
17 - Defense



Taylor Harrell
18 - Attack



Stephanie Bair
19 - Midfield



Shelby Judkins
20 - Attack



Sarah Wister
21 - Defense



Paige Childers
22 - Attack



Marcy Hoath
24 - Defense



Sarah Smith
25 - Defense



Tori Kelly
26 - Defense



Hilary St. Mary
27 - Midfield



Corey Rigby
29 - Midfield



Kelsey Rigby
30 - Attack



Julie Collins
55 - Goalkeeper



HEAD COACH CARRIE MOURA and the Captains field hockey squad begin the 2010 season ranked #12 in the country according to the Kookaburra/NFHA Division III National Coaches Poll. CNU has reached four straight NCAA Tournaments playing as an Independent, including four consecutive Sweet 16 appearances.

The Captains are set to play four teams also ranked in the pre-season poll. First they will travel to Salisbury, Maryland to take on top-ranked and defending national champion Salisbury University on the eighth of September. Their next game against a ranked opponent comes on September 18 as #13 Lynchburg College travels to Captains field. The Captains then venture up the East Coast to take on some top opponents. The University of Mary Washington Eagles host the Captains on September 29 in what is sure

to be a tough game. Rounding out the season, CNU travels to #15 Johns Hopkins University and #9 Rowan University in October.

The Captains will look to senior captain Taylor Harrell to take charge on the forward line as she led the 2009 team in scoring with 16 goals and four assists. Also competing for starting positions are veterans Chrissy Kurecki, Emma Mehrabi, Paige Childers and Lindsay Hendricks, joined by freshmen Marlene Lichty and Jordan Snider.

CNU will have an experienced midfield in senior captains Stephanie Bair and Kylie Cale and also sophomore Caitlin Cahill. The trio of returning starters will be relied on heavily while freshman Marcy Hoath and junior Corey Rigby should see considerable playing time.

Katelyn Yandle, a forward her first three seasons at CNU, has made the transition to defense for her senior season. Also expected to



Sophomore forward Chrissy Kurecki



Senior defender Katelyn Yandle

start for the Captains are veterans Brianna Milne and Sarah Wister. Other defenders vying for playing time are freshmen Kelsey Clark, Tori Kelly and Sarah Smith.

Junior goalkeeper Brittany Bradsher is looking to fill the shoes of graduated Emma Stout, who started every game for the Captains in 2009. Bradsher's quick feet and tenacity in the cage will be relied on to shut down opponents. Also competing for playing time will be freshman Julie Collins.

The coaching staff under Moura has expanded this year with the addition of full time assistant Natalie Barrett. "We are all elated about the addition of Natalie to the coaching staff," Moura said. "We believe her international and Division I experience will help the program reach even greater success for the 2010 season."

Also assisting Moura is former CNU All-American Ashley Hay (2nd Season), Jessica Morris (7th Season) and Jessica Weiss (2nd Season).



2010 seniors (l-r): Stephanie Bair, Emma Mehrabi, Katelyn Yandle, Taylor Harrell, Kylie Cale



Junior defender
Brianna Milne



Sophomore midfielder Caitlin Cahill



Sophomore defender Sarah Wister



MEET THE VETERAN CAPTAINS



23 Stephanie Bair

Sr., Virginia Beach, Va. (Ocean Lakes HS)

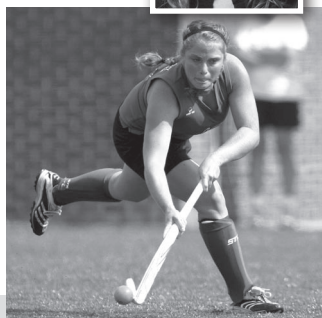
2009 (JUNIOR) - With one goal, four assists and one defensive save, Bair was named to both the 2nd team all-region and 2nd team all-state.

2008 (SOPHOMORE) - Played and started in 19 games for the Captains...Had the game-winning goal in the second overtime of a thrilling, 3-2, win over Lynchburg.

2007 (FRESHMAN) - Started 17 games...2 goals, 3 assists with a game winning goal against Gettysburg...USA South all-academic team

AT OCEAN LAKES - A first team all-region and first team all-Beach District selection playing for coach Sharpe... District all-tournament team...Team captain...A member of the National Honor Society, the Spanish Honor Society and SCA...Did church volunteer work.

PERSONAL - Stephanie Amelia Bair was born March 4, 1989 in Honolulu, Hawaii...She's a Psychology major and the daughter of William and Maria Bair...She has three sisters, Nicole, 26; Alicia, 18 and Briana, 18.



Year	Games	Starts	Goals	Assists	Points
2007	18	17	2	3	7
2008	19	19	1	0	2
2009	20	20	1	4	6
Career	57	56	4	7	15



0 Brittany Bradsher

Jr., Hampton, VA (Bethel HS)

2009 (SOPHOMORE) - Made appearances in four games...Allowed one goal and made one save.

2008 (FRESHMAN) - Saw action in two games...allowed only two goals.

AT BETHEL - Twice a 1st team all-Peninsula District choice playing for her father, coach Robert Bradsher...Team MVP and captain for three years...She was the MVP of the Bethel athletic program and made the Daily Press all-star team her last two years...Played in the national Futures Tournament as a rising sophomore and in the Elite Futures for three years.

PERSONAL - Brittany Marie Bradsher was born Dec. 20, 1990 in Hampton, Va...A communications major and daughter of Robert and Cathy Bradsher...Has two brothers, Joshua, 23 and Nick, 21.

Year	Games	Starts	Minutes	GA/Avg	Saves
2008	2	0	27:33	2/5.08	0
2009	4	0	113:21	1/0.62	1
Career	6	0	140:54	3/1.49	1



15 Dana Brookover

So., Yorktown, Va. (Tabb H.S.)

2009 (FRESHMAN) - Saw action in 6 contests.

AT TABB - Earned honorable mention all-state honors in her senior year playing for coach Wendy Wilson, a former CNU star...State champions with a 24-0 record...Also 2nd team all-region and 1st team all-Bay Rivers District...An AP Scholar Award winner and graduated with highest honors...A member of the National Honor Society and Editor-in-Chief of the school newspaper.

PERSONAL - Dana Lynn Brookover was born Jan. 12, 1991 in Willingboro, N.J...She is a Psychology major and the daughter of Dave and Donna Brookover...Has a sister Danielle, 18 and a brother David, 22. ...Her great-grandfather, Bucko Kilroy, played football for the Philadelphia Eagles of the NFL.

Year	Games	Starts	Goals	Assists	Points
2009	6	0	0	0	0



3 Caitlin Cahill

So., Virginia Beach, Va. (Bayside HS)

2009 (FRESHMAN) - Had 17 starts with a total of 20 games played... scored three goals and had two assists.

AT BAYSIDE - Named second team all-Tidewater as a senior as well as 1st team all-Beach District... In her junior and sophomore years she was 2nd team all-district... Played for coach Meredith Roguni... Also played soccer, ran track and was on the diving team.

PERSONAL - Caitlin Flowers Cahill was born Feb. 22, 1991 in Virginia Beach, Va... She is the daughter of Sharon Cahill and is majoring in Biology... Has a brother C. John, 16.

Year	Games	Starts	Goals	Assists	Points
2009	20	17	3	2	8



14 Kylie Cale

Sr., Chester, VA (Thomas Dale HS)

2009 (JUNIOR) - Had three goals, three assists, and one defensive save... Cale started in all 20 games of the season and earned a place on the 2nd team all-region team.

2008 (SOPHOMORE) - Fell just one short of the school record for assists in a season with 12... Chosen to 1st team all-state... Named to the USA South all-academic team.

2007 (FRESHMAN) - Earned five starts in her rookie year and played in all but one game... Had four goals and 1 assist... Named to the National Field Hockey Coaches Association all-academic team and was a Dean's List student in the Fall semester.

AT THOMAS DALE - Twice an all-Central District choice... Second team all-region player as a junior... Played for coach Beth Jaekle... Twice a member of the all-academic team... She was captain in her senior year when the team went 21-1... A National Honor Society, FCA and Spanish Club member... A Sunday school aide and teacher.

PERSONAL - Kylie Marie Cale was born Sept. 5, 1989 in Petersburg, Va... The daughter of Kevin and Debbie Cale is an English major and has a sister Lindsay, 23.



Year	Games	Starts	Goals	Assists	Points
2007	18	5	4	1	9
2008	20	20	2	12	16
2009	20	20	3	3	9
Career	58	45	9	16	34



5 Lauren Cherry

Jr., Yorktown, VA (Tabb HS)

2009 (SOPHOMORE) - Played in 18 games with two starts against Sweet Briar and Washington College.

2008 (FRESHMAN) - Started twice in the 17 games in which she played... One goal and one assist.

AT TABB - Twice 2nd team all-Bay Rivers District and once honorable mention... Captain for coach Wendy Wilson's team for two years and offensive MVP as a senior... A Maryland Future's Camp all-star... An alternate selection for the Future's National Tournament as a junior, chosen as a senior... Honors student... Member of the National Honor Society, First Priority, Tiger Friends and Club Earth.

PERSONAL - Lauren Hart Cherry was born Oct. 14, 1989 in Fairfax County, Va... She is the daughter of Jennings and Cindy Cherry and is an English major with a concentration in Literature... Has a sister Allison, 17.

Year	Games	Starts	Goals	Assists	Points
2008	20	2	1	1	3
2009	18	2	0	0	0
Career	38	4	1	1	3



MEET THE VETERAN CAPTAINS



22 Paige Childers

Jr., Virginia Beach, VA (First Colonial HS)

2009 (SOPHOMORE) - Started in four of 12 appearances...Scored four goals and had one assist.

2008 (FRESHMAN) - Started three times...Had an assist in the Morrisville St. contest.

AT FIRST COLONIAL - Earned 2nd team all-region and 1st team all-Beach District honors in her senior season playing for coach Wendy Gulden...Named Virginia Beach Sports Club Female Athlete of the Year...Team captain as a senior as well as 1st team all-Tidewater...An all-district basketball player as well...An Honor Roll member and honors graduate...Worked as an assistant athletic trainer.

PERSONAL - Paige Alexandra Childers was born Sept. 2, 1990 in Subic Bay, Phillipines...The daughter of Clarence and Pat Childers is majoring in Political Science.

Year	Games	Starts	Goals	Assists	Points
2008	16	3	0	1	1
2009	12	4	4	1	9
Career	28	7	4	2	10



18 Taylor Harrell

Sr., Virginia Beach, Va. (Cox HS)

2009 (JUNIOR) - Started all 20 games...Leading scorer with 16 goals and made 4 assists...Earned a spot on the 2nd team all-state team.

2008 (SOPHOMORE) - Made seven starts while playing in all 20 games...Scored a goal against Ursinus and had seven assists.

2007 (FRESHMAN) - Played in 16 contests in her rookie season...Had one goal and two assists.

AT COX - Earned second team all-region honors as well as first team all-Beach District playing for coach Julie Swain...The team won the state championship with a 23-0 record.

PERSONAL - Taylor Jordan Harrell was born March 22, 1989 in Virginia Beach, Va...She's majoring in Psychology and is the daughter of Timothy and Kimberly Harrell...Has three sisters: Kindel, 24; Brook, 22 and Morgan, 18.



Year	Games	Starts	Goals	Assists	Points
2007	16	0	1	2	4
2008	20	7	1	7	9
2009	20	20	16	4	36
Career	56	27	18	13	49



16 Lindsay Hendricks

So., Chesapeake, Va. (Hickory HS)

2009 (FRESHMAN) - Saw action in 16 games and contributed three goals and two assists.

AT HICKORY - Earned first team all-Southeastern District honors in her senior year and was second team as a junior...Led coach Hannah Jones' team in scoring both years.

PERSONAL - Lindsay Nicole Hendricks was born Aug. 3, 1991 in Vorhees, N.J...She is the daughter of Martha and Jerry Hendricks and has not yet selected a major...Has a sister Lauren, 22 and a twin brother Jared.

Year	Games	Starts	Goals	Assists	Points
2009	16	0	3	2	8



11 Chrissy Kurecki

So., Richmond, Va. (L.C. Bird HS)

Year	Games	Starts	Goals	Assists	Points
2009	19	16	4	0	8

2009 (FRESHMAN) - Earned 14 starts and scored four goals...Named CNU athlete of the week in October 2009 and was named honorable mention rookie of the week by womensfieldhockey.com.

AT L.C. BIRD - Named 1st team all-region and all-Dominion District as a senior...In her junior year she was 2nd team all-region and 1st team all-district and as a sophomore she was 2nd team all-district...1st team all-metro as a senior...On the all-academic team all four years...Played for coach Elaine Williamson...Also played soccer and was in the marching band.

PERSONAL - Christina Noel Kurecki was born April 1, 1990 in Fort Walton Beach, Fla...She is the daughter of Michael Kurecki and Theresa Noel and is majoring in Sociology...Has a sister Jackie, 22, who is also a field hockey player.



8 Breanne Lowe

So., Suffolk, Va. (Nansemond River HS)

Year	Games	Starts	Goals	Assists	Points
2009	15	1	0	1	1

2009 (FRESHMAN) - Saw action in 15 games with one start against Salisbury...had one assist.

AT NANSEMOND RIVER - Earned honorable mention all-region honors and was 1st team all-Southeastern District...She was coach Darryl Yandle's team captain for two years...An Honor Roll student and won VHSSL honors...A member of Beta Club and helped with the Adopt-a-Highway program.

PERSONAL - Breanne Elizabeth Lowe was born June 16, 1991 in Newport News, Va...She's a Psychology major and the daughter of Thomas and Caron Lowe...Has a brother Brandon, 16.



2 Zoe McGee

So., Virginia Beach, Va. (Kellam HS)

Year	Games	Starts	Goals	Assists	Points
2009	9	0	0	0	0

2009 (FRESHMAN) - Played in nine games.

AT KELLAM - Twice 2nd team all-Beach District and made the district all-tournament team once...Team captain as a senior...Won the Kellam Medallion for involvement in school...A member of SCA and was involved in community service.

PERSONAL - Zoe Elizabeth McGee was born Jan. 30, 1991 in Norfolk, Va...She is the daughter of Michael and Abbie McGee and has not yet chosen her major...Has a sister Grace, 22 and a brother Mark, 25.





MEET THE VETERAN CAPTAINS



4 Emma Mehrabi

Sr., Fredericksburg, Va. (James Monroe HS)



Year	Games	Starts	Goals	Assists	Points
2007	7	0	0	1	1
2008	18	1	0	0	0
2009	18	0	2	2	6
Career	43	1	2	3	7

2009 (JUNIOR) - Two goals and two assists in her 18 games played... One goal being the game winner against Frostburg.

2008 (SOPHOMORE) - Played in 18 games for the Captains, and started against Division II Catawba...Included on the USA South all-academic team.

2007 (FRESHMAN) - Played in seven games in her initial season at CNU...Had an assist against McDaniel...Included on the National Field Hockey Coaches Association all-academic team, the USA South all-academic team and the Dean's List in the Fall semester.

AT JAMES MONROE - Honorable mention all-state, 2nd team all-region and 1st team all-Battlefield District for coach Janie Tierney... She was also team captain and MVP as a senior...District, region and state in track for two years...Was a Monroe Scholar, won the Lowery Underclassman Award, was a Governor's Graduate and had a 4.0 GPA...Lieutenant Governor of the Key Club, and a National Honor Society member.

PERSONAL - Emma Ariana Mehrabi was born Sept. 20, 1988 in Fredericksburg, Va...The daughter of Shah Mehrabi and Martha Hutzell is a Psychology major and has two brothers, Chris, 26 and Joseph, 23.



10 Brianna Milne

Jr., Virginia Beach, VA (Cox HS)

2009 (SOPHOMORE) - Had two defensive saves, two assists, and one game winning goal...Earned a spot on both the 2nd team all-region and 2nd team all-state teams.

2008 (FRESHMAN) - Started all 19 games that she played...Scored the game-winning goal against Eastern Mennonite...A member of the USA South all-academic team.

AT COX - Earned 1st team all-state, all-region, all-Beach District and all-Tidewater in her senior season...Played for coach Julie Swain...Graduated with honors...Was Chairperson of the Miss Cox Pageant and a member of Virtual Enterprise Business...Did charity volunteer work.

PERSONAL - Brianna Linnae Milne was born April 4, 1990 in Oahu, Hawaii...She is the daughter of Michael Milne and Patrick and Melissa Connolly and is majoring in Biology...Has three brothers, Michael Connolly, 15 Jared Milne, 24 and Zachary Milne, 26 and a sister Katlin Milne, 22.

Year	Games	Starts	Goals	Assists	Points
2008	19	19	1	0	2
2009	19	19	1	2	4
Career	38	36	2	2	6



29 Corey Rigby

Jr., Falmouth, Mass. (Falmouth H.S.)

2009 (SOPHOMORE) - Played in eight games earning one assist against Washington and Lee.

2008 (FRESHMAN) - Saw action in five games.

AT FALMOUTH - An Atlantic Coast League all-star as a senior and named to the high school Best of 60...Scored 21 goals and was a Bay State Games selection...An honors graduate.

PERSONAL - Corey Joanne Rigby was born Feb. 20, 1990 in Newburyport, Mass...She is majoring in Political Science and is the daughter of Gerry and Diane Rigby...Her twin sister Kelsey also plays field hockey at CNU...Also has a sister Dawn, 22.

Year	Games	Starts	Goals	Assists	Points
2008	5	0	0	0	0
2009	8	0	0	1	1
Career	13	0	0	1	1



30 Kelsey Rigby

Jr., Falmouth, Mass. (Falmouth HS)

2009 (SOPHOMORE) - Saw action in 15 games and had two starts...contributed six goals and one assist.

2008 (FRESHMAN) - Played in five contests in her first year at CNU.

AT FALMOUTH - Earned all-star status from the Atlantic Coast League as a senior...Named to the MIAA Best of 60 and was a Bay State Games selection...Scored 19 goals...A member of the National Honor Society and Math Honor Society.

PERSONAL - Kelsey Nicole Rigby was born Feb. 20, 1990 in Newburyport, Mass...Majoring in Biology and is the daughter of Gerry and Diane Rigby...Also has a twin sister Corey who plays field hockey at CNU and another sister, Dawn, 22.

Year	Games	Starts	Goals	Assists	Points
2008	5	0	0	0	0
2009	15	2	6	1	13
Career	20	2	6	1	13



21 Sarah Wister

So., Yorktown, Va. (Grafton HS)

2009 (FRESHMAN) - Earned 15 game starts and contributed one defensive save.

AT GRAFTON - An all-state selection as well as all-region and 1st team all-Bay Rivers District playing for coach Donald Samuels...Also selection for the U-19 National Futures team...Earned highest academic honors...Was a member of the National Honor Society and worked with the Reading Ambassador's program.

PERSONAL - Sarah N. Wister was born March 5, 1991 in Honolulu, Hawaii...She's a Fine Studio Arts major and the daughter of Dale and Luci Wister...Has a sister Kiana, 16.

Year	Games	Starts	Goals	Assists	Points
2009	20	17	0	0	0



17 Katelyn Yandle

Sr., Suffolk, VA (Nansemond River HS)

2009 (JUNIOR) - Led the team in assists tallying up 9 in her third season with CNU along with 6 goals....Started all 18 games played.

2008 (SOPHOMORE) - Second on the team with eight goals...Added an assist in CNU's NCAA win at Johns Hopkins...Had four game winning goals.

2007 (FRESHMAN) - Played in 14 games...Had one goal and three assists.

AT NANSEMOND RIVER - Three times a 1st team all-Southeastern District choice for coach Darryl Yandle, her father...Also first team all-district as a freshman...All-region and honorable mention all-state as a senior...Team MVP twice and captain as a senior...MVP of the James Madison Camp in 2005...A member of the Beta Club, and Key Club and a volunteer tutor.

PERSONAL - Katelyn Elizabeth Yandle was born Oct. 14, 1988 in Portsmouth, Va...Her major is undecided and she is the daughter of Darryl and Patty Yandle...Has a brother Mathew, 23.

Year	Games	Starts	Goals	Assists	Points
2007	14	0	1	3	5
2008	20	15	8	1	17
2009	18	18	6	9	21
Career	52	33	15	13	43



MEET THE NEW CAPTAINS



7 Kelsey Clark

Defense
Fr., Arlington, Va.
(Washington-Lee HS)

AT WASHINGTON-LEE - The National District Player of the Year her senior year...First team all-National District for three years...First team all-region and selected to national district tournament team her junior and senior seasons...Played for coach Beth Prange...Received the Better Sports Club of Arlington field hockey sportsmanship award...Valedictorian of her senior class.

PERSONAL - Kelsey Marie Clark was born on February 29, 1992 in Arlington, Va...She's a mathematics major and aspires to be a math teacher...She is the daughter of Brian and Christina Clark...Has one sister Kirby, 16.



55 Julie Collins

Goalkeeper
Fr., Oxford, Pa.
(St. Mark's HS)

AT ST. MARK'S - Played field hockey for coach Bill Eichinger and were Conference Champions all four years...Was a Girls on the Run volunteer and volunteered at the CYO Field Hockey Program.

PERSONAL - Julie Nicole Collins was born on January 5, 1992 in Newark, Del....She's a Business major and aspires to own her own business...She is the daughter of Pam and Kevin Collins and has three sisters; Gabrielle, 13, Katie, 11, and Emily, 10.



13 Chelsea Hines

Midfield
Fr., Hampton, Va.
(Kecoughtan HS)

AT KECOUGHTAN - A four year midfielder for coach Scotty Tyson...Team was district champions...also played soccer all four years for coach Jen Mangus...Member of the National Honor Society and French Honor Society.

PERSONAL - Chelsea E. Hines was born October 8, 1991 in Clovis, N.M....She's a Biology: Pre-Pharmacy major and is the daughter of Anthony and Kelly Hines...Has one sister Kylie, 24.



24 Marcy Hoath

Midfield/Defense
Fr., Alexandria, Va.
(Mount Vernon HS)

AT MOUNT VERNON - A first team all-district and first team all-region selection...Chosen to the District Tournament Team...Played under coach Jessica Hebel...Graduated with a 4.2 GPA...Member of the National Honor Society.

PERSONAL - Marcy Kincaide Hoath was born on June 30, 1992 in Alexandria, Va....She's a biology major and the daughter of Bryan and Wanda Hoath...Has three sisters; Ashley, 22, Beverly, 20, and Shelley, 19.



20 Shelby Judkins

Attack
Fr., Hampton, Va.
(Bethel HS)

AT BETHEL - A two-time first team all-district selection for coach Robert Bradsher...A member of the National Honor Society.

PERSONAL - Shelby Snow Judkins was born on December 5, 1991 in Hampton, Va....She's a Biology/Pre-med major and the daughter of Kenny and Deanna Judkins...Has one brother K.C., 21.



26 Tori Kelly

Defense
Fr., Manassas, Va.
(Osborn Park HS)

AT OSBOURN PARK - A first team all-Cardinal District, first team All-Region and honorable mention all-state selection her senior year...A first team all-Cardinal District and second team All-State selection in lacrosse...playing for Kate Thomas who coached field hockey and lacrosse...Graduated Magna Cum Laude...Member of the National Honor Society...On the NFCA All-Academic team.

PERSONAL - Victoria Elizabeth Kelly was born October 9, 1991 in Woodbridge, Va....She's a Biology major who aspires to be an orthopedic surgeon...She's the daughter of James and Anita Kelly...Has one sister Courtenay, 20.



6 Marlene Lichty

Attack
Fr., Chesapeake, Va.
(Western Branch HS)

AT WESTERN BRANCH - A first team all-southeastern district and second team all-region selection her senior year...Winner of the Sportsmanship Award and Scholar Athlete Award...Played under coach Dawn Smith...Member of the National Honor Society and a student ambassador.

PERSONAL - Marlene Lydia Lichty was born on September 17, 1992 in Gloucester, Mass...She is a mathematics major and the daughter of Loren and Nancy Lichty...She has one brother Loren, Jr., 20, and two sisters Marion, 19, and Nicole, 16.



25 Sarah Smith

Defense
Fr., Williamsburg, Va.
(Walsingham Academy)

AT WALSINGHAM - A first team all-conference and all-state her senior year under coach Tess Ellis...A member of the National Honor Society, Key Club and the Operation Smile Club...A member of the President's Leadership Program at CNU.

PERSONAL - Sarah Marie Smith was born July 25, 1992 in Williamsburg, Va....She is the daughter of Nuria Smith and has not yet decided on a major.



9 Jordan Snider

Attack
Fr., Newport News, Va.
(Menchville HS)

AT MENCHVILLE - A first team all-district player all four years...Second team all-region her senior year...First team Daily Press all star...Broke the school record for goals scored...Member of the National Honor Society.

PERSONAL - Jordan Shay Snider was born on July 17, 1992 in Newport News, Va....She's a biology major and the daughter of Jody and Loyd Snider...Has one brother Zach, 21, and a sister Samantha, 16.



27 Hilary St. Mary

Midfield
Fr., Yorktown, Va.
(York HS)

AT YORK - A first team all-district, first team all-region and second team all-state selection her senior year...Played under coach Jacque Mayer, a two-time All-American 2008 graduate of CNU...A 4H Camp Counselor and a youth ministry worker at St. Joan of Arc Parish.

PERSONAL - Hilary Lynn St. Mary was born on July 23, 1992 in Omaha, Nebr....She is a Biology major and plans on becoming a physical therapist...She is the daughter of Kevin and Cathy St. Mary and has two sisters; Lauren, 20, and Hannah, 15...Her sister Lauren played field hockey at Virginia Wesleyan College for two years.



12 Meghan Sullivan

Attack
Fr., Alexandria, Va.
(Hayfield Secondary School)

AT HAYFIELD - A first team all-district selection as a senior...Offensive MVP her junior and senior years...Coached by Jihoon Shin and Lauren White...Also a four-year soccer player where she earned second team all-district honors as a senior...Volunteered as a soccer and field hockey coach.

PERSONAL - Meghan E. Sullivan was born on April 29, 1992 in Omaha, N.E....She's a biology major and the daughter of Tim and Brenda Sullivan...Has a sister Emma, 8, and a brother Jack, 6.



A LOOK BACK AT 2009

The 2009 field hockey team had another successful season under head coach Carrie Moura. CNU began the year ranked 14th in the nation in the Kookaburra / NFHCA Division III National Coaches Poll. Throughout the season, CNU faced a tough schedule and had big wins over nationally ranked Johns Hopkins (3-1) and Lynchburg (2-1) while only suffering four losses, with one being a 1-2 loss to the 2009 National Champion Salisbury University in only the third game of the season. With a final 16-4 record, CNU tied the program record for wins in a season, made a fourth consecutive NCAA Tournament appearance, and finished 11th in the nation.

The squad graduated four seniors, including two-time All-American Kim Tomlin.

NCAA Action

The Christopher Newport University field hockey team received a bid to the NCAA Tournament as an Independent for the fourth year in a row. CNU hosted Cabrini College in the first round. The game was played in a driving rainstorm and Taylor Harrell was able to put the lone goal of the game in for the Captains at 11:46 advancing them to the Sweet 16. The Captains met SUNY Cortland in the Sweet 16 where they lost 2-4 with Cortland scoring two goals late ending the Captains run.

Celebration after CNU's NCAA victory over Cabrini





Two-time All-American Kim Tomlin

Post-Season Honors

Senior Kim Tomlin was a 2nd team National Field Hockey Coaches Association (NFHCA) All-American selection for the second year in a row. She was also a WomensFieldHockey.com 2nd team All-American for two consecutive years. Stephanie Bair and Tomlin were named to the NFHCA All-South Region First Team while Kylie Cale and Brianna Milne were selected to the second team.

The Captains also placed four players on the Virginia Sports Information Directors (VaSID) All-State team. Tomlin was selected to the first team and Bair, Harrell and Milne were chosen to the second team. Head coach Carrie Moura was also selected as the VaSID Coach of the Year.

In the Record Book

Junior Taylor Harrell made her mark in four categories, moving up to fourth in both points in a season (36) and fourth in goals in a season (16). She is also tied for ninth in career goals with 19 and is tied at fifth in career assists with 13.

Junior Katelyn Yandle is tied for third in goals in a game with three and tied for fifth in career assists with 13 along with junior Kylie Cale who also has 13 career assists.

Annie Gehring ended her career at CNU in sixth places in career points with 64, fifth in career goals



2009 All-Region Selection Stephanie Bair



2009 Senior Annie Gehring

with 27 and tenth in career assists with 10. Senior Kim Tomlin leaves tenth in both career points (43) and career goals (7). Senior goalkeeper Emma Stout is now third for saves in a career with 192.



2009 Statistics

##	Name	GP-GS	G	A	Pts	Sh	Shot%	SOG	SOG%	YC-RC	GW	PS	DSv
18	HARRELL, Taylor	20-20	16	4	36	56	.286	44	.786	0-0	4	0	0
17	YANDLE, Katelyn	18-18	6	9	21	36	.167	21	.583	0-0	3	0	0
6	GEHRING, Annie	20-20	7	3	17	49	.143	28	.571	0-0	3	0	0
23	TOMLIN, Kim	20-20	5	4	14	33	.152	22	.667	0-0	1	0	6
30	RIGBY, Kelsey	15-2	6	1	13	16	.375	11	.688	0-0	1	0	0
22	CHILDERS, Paige	12-4	4	1	9	7	.571	5	.714	0-0	0	0	0
14	CALE, Kylie	20-20	3	3	9	27	.111	11	.407	0-0	2	0	1
11	KURECKI, Chrissy	19-16	4	0	8	31	.129	17	.548	0-0	0	0	0
3	CAHILL, Caitlin	20-17	3	2	8	25	.120	17	.680	1-0	0	0	0
16	HENDRICKS, Lindsay	16-0	3	2	8	12	.250	8	.667	0-0	0	0	0
4	MEHRABI, Emma	18-0	2	2	6	14	.143	13	.929	0-0	1	0	0
19	BAIR, Stephanie	20-20	1	4	6	19	.053	8	.421	0-0	0	0	1
1	STOUT, Anna	10-1	2	0	4	7	.286	6	.857	0-0	0	0	0
10	MILNE, Brianna	19-19	1	2	4	32	.031	21	.656	0-0	1	0	2
7	GAUTHIER, Alexandria	6-0	1	0	2	2	.500	2	1.000	0-0	0	0	0
29	RIGBY, Corey	8-0	0	1	1	3	.000	1	.333	0-0	0	0	0
8	LOWE, Breanne	15-1	0	1	1	2	.000	1	.500	0-0	0	0	0
13	KEENEHAN, Mary	10-0	0	0	0	7	.000	2	.286	0-0	0	0	0
2	McGEE, Zoe	9-0	0	0	0	2	.000	1	.500	0-0	0	0	0
21	WISTER, Sarah	20-17	0	0	0	1	.000	1	1.000	0-0	0	0	1
5	CHERRY, Lauren	18-2	0	0	0	1	.000	1	1.000	0-0	0	0	0
15	BROOKOVER, Dana	6-0	0	0	0	0	.000	0	.000	0-0	0	0	0
12	REDFEARN, Taylor	6-0	0	0	0	0	.000	0	.000	0-0	0	0	0
9	FREUDENBERG, Alexandria	12-3	0	0	0	0	.000	0	.000	0-0	0	0	2
Total.....		20	64	39	167	382	.168	241	.631	1-0	16	0	13
Opponents.....		20	25	11	61	177	.141	118	.667	0-0	4	2	19

##	Name	GP-GS	Min.	GA	GAAvg	Svs	Pct	W	L	T	ShO
0	BRADSHER, Brittany	4-0	113:21	1	0.62	1	.500	0	0	0	0.1
45	STOUT, Emma	20-20	1207:14	22	1.28	82	.788	11	3	0	3.1
Total.....		20	1390:35	23	1.22	83	.783	11	3	0	6
Opponents.....		20	1390:35	64	3.39	149	.700	3	11	0	1

2009 Results

Date	Opponent	W/L	Score	Record
Sept 1	Sweet Briar	W	9-0	1-0
Sept 6	Washington Col.	W	5-2	2-0
Sept 9	Salisbury	L	1-2	2-1
Sept 12	at Gettysburg	L	0-3	2-2
Sept 16	at Randolph-Macon	W OT	3-2	3-2
Sept 18	Washington & Lee	W	4-1	4-2
Sept 23	Va. Wesleyan	W	5-0	5-2
Sept 30	Mary Washington	W	4-3	6-2
Oct 4	Eastern Mennonite	W	2-0	7-2
Oct 7	Bridgewater	W	5-0	8-2
Oct 10	vs. Stevenson	W	2-1	9-2
Oct 12	vs. Rowan	L	0-2	9-3
Oct 17	St. Mary's	W	3-1	10-3
Oct 24	Johns Hopkins	W	3-1	11-3
Oct 25	Wesley	W	2-1	12-3
Oct 29	at Lynchburg	W	2-1	13-3
Oct 31	Limestone	W	9-1	14-3
Nov 7	at Frostburg St.	W	2-0	15-3
Nov 11	Cabrini (NCAA Tourn)	W	1-0	16-3
Nov 14	SUNY-Cortland (Sweet 16)	L	2-4	16-4

In the record book in 2009:

Taylor Harrell

- 4th in points in a season with 36
- 4th in goals in a season with 16
- 9th in career goals with 18
- Tied for 5th in career assists with 13

Katelyn Yandle

- Tied for 3rd in goals in a game with 3
- Tied for 5th in career assists with 13

Kylie Cale

- Tied for 5th in career assists with 13

Anne Gehring

- 6th in career points with 64
- 5th in career goals with 27
- 10th in career assists with 10

Kim Tomlin

- 10th in career points with 43
- 10th in career goals with 17

Emma Stout

- 3rd for saves in a career with 192

ALUMNI PROFILE: **Kim Tomlin**

TOMLIN FACTS

- Graduated in 2010 with a degree in Business Administration with a concentration in Marketing
- Played 3 years at CNU after transferring from Virginia Wesleyan
- 2010 Nominee for NCAA Woman of the Year

TOMLIN HONORS

2009

- 2nd team NFHCA All-America
- 2nd team Womensfieldhockey.com All-America
- 1st team NFHCA All-South Region
- 1st team Virginia Sports Information Director's All-State

2008

- 2nd team NFHCA All-America
- 2nd team Womensfieldhockey.com All-America
- 1st team NFHCA All-South Region
- 1st team Virginia Sports Information Director's All-State

TOMLIN Q&A

What are you doing now?

"I am now a graduate assistant working towards my M.B.A. at the University of Mary Washington for the field hockey team."

What is your best field hockey memory at CNU?

"My best memory with the team, on the field, would be beating Lynchburg my senior year. Off the field, I guess all of the hanging out with the team is always a good time!"

What advice would you give to current players and incoming freshmen?

"My advice would be to just work hard and have fun!"



TOMLIN STATS

Year	Games	Starts	Goals	Assists	Points	Def. Saves
2007	18	1	3	3	9	0
2008	20	20	9	2	20	1
2009	20	20	5	4	14	6
Career	58	41	17	9	43	7

CNU **PLAYER EXPECTATIONS**

To be a top team in Division III takes an immense amount of effort from the student-athletes. The following are qualities expected of the Christopher Newport University Field Hockey student-athletes.

- We want women who are **serious about their academic progress and futures**.
- We want women who have **loyalty, pride, and always carry an optimistic attitude** about Christopher Newport University and the Field Hockey program.
- We want women who **will work at EVERYTHING to be better** field hockey players.
- We want women who **embody the TEAM concept and will give themselves in an unselfish manner** for the best of the team.
- We want women who will **motivate and respect all their teammates** by sharing, contributing, and celebrating in their teammates' successes with a balance of healthy competition.
- We want women who **choose honesty and integrity** as a means of effective communication while observing empathy.
- We want women who will continue to **positively reflect the program** by displaying strong moral character on and off the field and cultivate positive relationships with the University and surrounding community.
- We want women who are **passionate** about the sport of field hockey!

INTERNATIONAL TRAVEL

The CNU field hockey team traveled to the Dominican Republic during the summer of 2008 to gain international experience by playing the Dominican national team and also coached field hockey clinics to young children who had never played field hockey. The team also donated equipment so the children could continue playing. The CNU field hockey program plans to take the team on an international trip every four years, ensuring that every student-athlete will have the opportunity to be a part of an overseas adventure.



NEXT TRIP: **LONDON, 2012** (During the London Olympics)



Yearly Leaders

Year	Goals		Assists		Points	
2000	Wendy Wilson	10	Wendy Wilson	4	Wendy Wilson	24
			Sarah Hastings	4		
2001	Wendy Wilson	21	Wendy Wilson	10	Wendy Wilson	52
2002	Wendy Wilson	10	Wendy Wilson	5	Wendy Wilson	25
2003	Megan McCreedy	8	Ashley Roberson	3	Megan McCreedy	18
			Jonelle Hanson	3		
2004	Megan McCreedy	15	Samantha Howard	9	Megan McCreedy	38
2005	Anne Gehring	13	Lynsi Matthews	5	Anne Gehring	29
2006	Ashley Traylor	20	Haylie Black	13	Ashley Traylor	46
2007	Haylie Black	10	Haylie Black	11	Haylie Black	31
	Diana Golden	10				
2008	Haylie Black	9	Kylie Cale	12	Haylie Black	24
	Kim Tomlin	9				
2009	Taylor Harrell	16	Katelyn Yandle	9	Taylor Harrell	36

Team Records

GOALS

Game 15 vs. Trinity (D.C.), 9/28/01
Season 67 in 2004 & 2006

ASSISTS

Game 12 vs. Trinity (D.C.), 9/28/01
Season 49 in 2006

POINTS

Game 42 vs. Trinity (D.C.), 9/28/01
Season 183 in 2006

SHUTOUTS

Season 10 in 2007

SAVES

Game 24 vs. Bridgewater, 9/15/00
Season 192 in 2001

GOALS AGAINST AVERAGE

Season 0.91 in 2005

Most Victories 16 in 2007
Fewest Victories 6 in 2002 and 2003
Most Losses 8 in 2003
Fewest Losses 3 in 2004 and 2007, 2009
Most Consecutive Wins 15 in 2007
Most Consecutive Losses 5 in 2002
Most Consecutive Shutouts 8 in 2007
Best Winning Percentage .842 in 2007
All-Time Home Record 61-13 (.824)
All-Time Road Record 46-30 (.605)
All-Time Neutral Record 6-5 (.545)
Most Goals in Single Game 15 vs. Trinity (D.C.), 2001
Most Goals Allowed in Single Game 11 vs. Salisbury, 2001

Points in a Game

22 Wendy Wilson vs. Trinity, 9/28/01
9 Megan McCreedy vs. Sweet Briar, 10/8/03
7 Wendy Wilson vs. Sweet Briar, 10/15/00
7 Ashley Traylor vs. Randolph-Macon, 9/13/06
6 Several times

Goals in a Game

9 Wendy Wilson vs. Trinity, 9/28/01
4 Megan McCreedy vs. Sweet Briar, 10/8/03
3 Wendy Wilson vs. Sweet Briar, 10/15/00
3 Wendy Wilson vs. Va. Wesleyan, 10/16/01
3 Megan McCreedy vs. Catawba, 9/4/04
3 Ashley Hay vs. Sweet Briar, 9/19/04
3 Megan McCreedy vs. Roanoke, 10/17/04
3 Ashley Traylor vs. Lynchburg, 9/20/06
3 Ashley Traylor vs. Bridgewater, 10/21/06
3 Kelsey Rigby vs. Sweet Briar, 9/1/09
3 Katelyn Yandle vs. Limestone, 10/31/09

Assists in a Game

4 Wendy Wilson vs. Trinity, 9/28/01
4 Haylie Black vs. Roanoke, 9/17/06
3 Samantha Howard vs. Mary Baldwin, 10/22/04

Saves in a Game

24 Samantha Pelstring vs. Mary Washington, 10/19/03
22 Elizabeth Werbiskis vs. Salisbury, 9/14/03
20 Elizabeth Werbiskis vs. Longwood, 10/18/02
18 Elizabeth Werbiskis vs. Bridgewater, 10/24/03
18 Elizabeth Werbiskis vs. Mary Washington, 10/20/02

Points in a Season

- 52 Wendy Wilson (21g, 10a) - 2001
- 46 Ashley Traylor (20g, 6a) - 2006
- 38 Megan McCreedy (15g, 8a) - 2004
- 36 Taylor Harrell (16g, 4a) - 2009**
- 34 Jennifer Byrum (17g) - 2001
- 33 Haylie Black (10g, 13a) - 2006
- 31 Haylie Black (10g, 11a), - 2007
- 30 Diana Golden (10g, 10a) - 2006
- 29 Anne Gehring (13g, 3a) - 2005
- 27 Ashley Traylor (12g, 3a) - 2005

Goals in a Season

- 21 Wendy Wilson - 2001
- 20 Ashley Traylor - 2006
- 17 Jennifer Byrum - 2001
- 16 Taylor Harrell - 2009**
- 15 Megan McCreedy - 2004
- 13 Anne Gehring - 2005
- 13 Haylie Black - 2006
- 12 Ashley Traylor - 2005
- 10 Diana Golden - 2006
- 10 Wendy Wilson - 2000
- 10 Wendy Wilson - 2002
- 10 Haylie Black - 2007
- 10 Diana Golden - 2007

Assists in a Season

- 13 Haylie Black - 2006
- 12 Kylie Cale - 2008**
- 11 Haylie Black - 2007
- 10 Wendy Wilson - 2001
- 10 Diana Golden - 2006
- 9 Samantha Howard - 2004
- 9 Katelyn Yandle - 2007**
- 8 Megan McCreedy - 2004
- 6 Ashley Traylor - 2006
- 5 Ashley Robertson - 2004
- 5 April Cullen - 2001
- 5 Wendy Wilson - 2002
- 5 Lynsi Matthews - 2005

Saves in a Season

- 127 Samantha Pelstring (26GA, 127 saves) - 2002
- 94 Elizabeth Werbiskis (20GA, 94 saves) - 2003
- 84 Emma Stout (25GA, 84 saves) - 2008
- 82 Emma Stout (22GA, 82 saves) - 2009
- 80 Amy Snead (11GA, 80 saves) - 2000
- 75 Jessica Trosclair (24GA, 75 saves) - 2001
- 72 Samantha Pelstring (21GA, 72 saves) - 2003
- 62 Courtney Seddon (12GA, 62 saves) - 2001
- 58 Ashley Whipple (20GA, 58 saves) - 2006
- 55 Elizabeth Werbiskis (6GA, 55 saves) - 2001
- 52 Samantha Pelstring (15GA, 52 saves) - 2004

Points in a Career

- 101 Wendy Wilson (41g, 19a) - 2000-02
- 92 Ashley Traylor (41g, 10a) - 2005-07
- 85 Megan McCreedy (33g, 19a) - 2001-04
- 94 Haylie Black (32g, 30a) - 2005-08
- 67 Diana Golden (25g, 17a) - 2004-07
- 64 Anne Gehring (27g, 10a) - 2005-09
- 49 Ashley Roberson (19g, 11a) - 2001-04
- 49 Taylor Harrell (18g, 13a) - 2007-**
- 47 Brittany Touchard (20g, 7a) - 2004-07
- 43 Kim Tomlin (17g, 9a) - 2007-09
- 43 Katelyn Yandle (15g, 13a) - 2007-**

Goals in a Career

- 41 Wendy Wilson - 2000-02
- 41 Ashley Traylor - 2005-07
- 33 Megan McCreedy - 2001-04
- 32 Haylie Black - 2005-08
- 27 Anne Gehring - 2005-09
- 25 Diana Golden - 2004-07
- 21 Brittany Touchard - 2004-07
- 19 Ashley Roberson - 2001-04
- 18 Taylor Harrell - 2007-**
- 17 Kim Tomlin - 2007-09

Assists in a Career

- 30 Haylie Black - 2005-08
- 19 Wendy Wilson - 2000-02
- 19 Megan McCreedy - 2001-04
- 17 Diana Golden - 2004-07
- 13 Kylie Cale - 2007-**
- 13 Taylor Harrell - 2007-**
- 13 Katelyn Yandle - 2007-**
- 11 Ashley Roberson - 2001-04
- 11 Rhiannon Thomasson - 2004-07
- 10 Ashley Traylor - 2005-07
- 10 Anne Gehring - 2005-09

Saves in a Career

- 318 Elizabeth Werbiskis (58GA, 318 saves) - 2000-03
- 144 Samantha Pelstring (42GA, 144 saves) - 2003-06
- 192 Emma Stout (57GA, 192 saves) 2006-09
- 80 Amy Snead (11GA, 80 saves) - 2000
- 75 Jessica Trosclair (24GA, 75 saves) - 2001
- 62 Courtney Seddon (12GA, 62 saves) - 2001
- 59 Alexa Nosonchuk (11GA, 59 saves) - 2007-08
- 58 Ashley Whipple (20GA, 58 saves) - 2006
- 53 Hannah Brown (12GA, 53 saves) - 2004-05



Record vs. All Opponents

Opponent	Record	Streak	First Met	Last Met	Last CNU Win	Last Opp. Win	Last Score
Alvernia	1-0	+1	2006	2006	2006	---	5-1
Bridgewater	8-1	+8	2000	2009	2009	2000	5-0
Cabrini	1-0	+1	2009	2009	2009	---	1-0
Catawba	5-0	+5	2003	2008	2008	---	4-2
Catholic	4-4	+3	2001	2008	2008	2005	3-1
Davidson	0-2	-2	2006	2007	---	2007	2-4
Denison	1-0	+1	2003	2003	2003	---	2-1
Eastern Mennonite	4-0	+4	2006	2009	2009	---	2-0
Frostburg St.	8-1	+7	2002	2009	2009	2003	2-0
Gettysburg	1-2	-2	2007	2009	2007	2009	0-2
Goucher	1-0	+1	2000	2000	2000	---	2-1
Hollins	1-0	+1	2000	2000	2000	---	4-0
Hood	1-0	+1	2002	2002	2002	---	6-0
Johns Hopkins	3-2	+1	2006	2009	2009	2008	3-1
Juniata	2-0	+2	2005	2006	2006	---	4-2
Kenyon	1-0	+1	2008	2008	2008	---	2-0
Lebanon Valley	0-1	-1	2006	2006	---	2006	0-3
Limestone	1-0	+1	2009	2009	2009	---	9-1
Longwood	0-1	-1	2002	2002	---	2002	2-3 OT
Lynchburg	4-6	+4	2000	2009	2009	2005	2-1
Mary Baldwin	3-0	+3	2000	2004	2004	---	7-1
Mary Washington	6-3	+6	2002	2009	2009	2004	4-3
McDaniel	2-0	+2	2007	2008	2008	---	5-0
Morrisville St.	1-0	+1	2008	2008	2008	---	5-0
New Jersey, College of	0-1	-1	2008	2008	---	2008	0-6
Notre Dame (Md.)	1-0	+1	2000	2000	2000	---	3-1
Randolph-Macon	9-0	+9	2001	2009	2009	---	3-2 OT
Randolph-Macon W.C.	1-0	+1	2000	2000	2000	---	1-0
Rhodes	1-0	+1	2005	2005	2005	---	2-1 PS
Roanoke	4-3	+4	2001	2006	2006	2003	8-0
Rowan	0-1	-1	2009	2009	---	2009	0-2
Salem	1-0	+1	2004	2004	2004	---	7-0
Salisbury	2-8	-2	2001	2009	2007	2009	1-2
Shenandoah	4-0	+4	2004	2007	2007	---	6-0
Springfield (Mass.)	0-1	-1	2007	2007	---	2007	1-2
Stevenson	1-0	+1	2009	2009	2009	---	2-1
St. Mary's	7-2	+3	2001	2009	2009	2006	3-1
SUNY-Cortland	0-1	-1	2009	2009	---	2009	2-4
Sweet Briar	6-1	+6	2000	2009	2009	2001	9-0
Trinity (D.C.)	1-0	+1	2001	2001	2001	---	15-0
Ursinus (Pa.)	0-2	-2	2007	2008	---	2008	3-4
Villa Julie	2-0	+2	2001	2005	2005	---	8-1
Virginia Wesleyan	4-3	+3	2000	2009	2009	2003	5-0
Washington College	1-0	+1	2009	2009	2009	---	5-2
Washington & Lee	7-1	+1	2000	2009	2009	2008	4-1
Wesley	1-1	+1	2003	2009	2009	2003	2-1
Western Maryland	0-1	-1	2000	2000	---	2000	3-5
Wilson	3-0	+3	2000	2008	2008	---	4-0

Coaching Records

Coach	Years (Seasons)	Record	Pct.
Lillian Seats	1967-70 (4)	8-9-2	.474
Nancy Billger	2000 (1)	8-4	.667
June Lugo	2001 (1)	9-5	.643
Sue Mancha	2002 (1)	6-7	.462
Carrie Moura	2003-09 (7)	90-32	.738



Nancy Billger



June Lugo



Sue Mancha



Carrie Moura

1967Record: 1-3 (.250)
Coach: Lillian Seats**1968**Record: 2-2 (.500)
Coach: Lillian Seats**1970**Record: 3-2-1 (.583)
Coach: Lillian Seats**1969**Record: 2-2-1 (.500)
Coach: Lillian Seats**1971**Record: not available
Coach: Unknown**2000**Record: 8-4 (.667)
gf/ga: 25/26
Coach: Nancy Billger**2001**Record: 9-5 (.643)
gf/ga: 46/42
Coach: June Lugo**2002**Record: 6-7 (.462)
gf/ga: 30/26
Coach: Sue Mancha

Year-by-Year Results

2000 (8-4)

Coach: Nancy Billger

Notre Dame (Md.)	9/3	H/W	3-1
Mary Baldwin	9/8	A/W	1-0*
Rand.-Mac. W.C.	9/9	A/W	1-0
Bridgewater	9/15	A/L	0-2
Washington & Lee	9/16	A/W	2-0
Wilson	9/23	H/W	3-0
Lynchburg	9/29	H/L	1-6
Hollins	9/30	H/W	4-0
Va. Wesleyan	10/3	A/L	1-9
Sweet Briar	10/15	H/W	4-2
Goucher	10/21	A/W	2-1
West. Maryland	10/22	A/W	3-5

2001 (9-5)

Coach: June Lugo

Randolph-Macon	9/5	A/W	6-4
Mary Baldwin	9/7	H/W	4-0
Sweet Briar	9/9	A/L	3-4*
Salisbury	9/20	A/L	0-11
Villa Julie	9/22	H/W	2-1
Lynchburg	9/23	A/L	1-6
Trinity (D.C.)	9/28	A/W	15-0
Catholic	9/29	A/L	0-7
Bridgewater	10/5	H/W	3-1
St. Mary's	10/14	H/W	3-2
Va. Wesleyan	10/16	H/W	5-2
Roanoke	10/20	A/L	0-2
Washington & Lee	10/21	A/W	2-1
Wilson	10/23	A/W	2-1

2002 (6-7)

Coach: Sue Mancha

Sweet Briar	9/1	H/W	5-0
Catholic	9/7	H/L	1-3
Salisbury	9/10	A/L	1-4
Frostburg St.	9/15	H/W	2-1
Randolph-Macon	9/20	H/W	3-1
Bridgewater	9/28	A/W	4-2
Va. Wesleyan	10/1	A/L	1-2*
Roanoke	10/6	H/L	1-2*
Longwood	10/8	A/L	2-3*
Lynchburg	10/19	H/L	0-4
Mary Washington	10/20	A/L	2-3*
St. Mary's	10/23	A/W	2-1**
Hood College	10/26	A/W	6-0

2003 (6-8)

Coach: Carrie Moura

Randolph-Macon	9/3	A/W	2-0
Catawba	9/7	H/W	2-1
Wesley	9/13	A/L	1-4
Denison	9/13	A/W	2-1
Salisbury	9/14	A/L	0-4
Catholic	9/28	A/L	0-4
Roanoke	9/30	A/L	0-7
Lynchburg	10/5	A/L	0-3
Sweet Briar	10/8	A/W	6-1
St. Mary's (Md.)	10/11	H/W	3-2
Virginia Wesleyan	10/17	H/L	0-4
Mary Washington	10/19	H/L	0-4
Bridgewater	10/24	H/W	3-2*
Frostburg St.	10/26	H/L	2-4

2004 (12-3)

Coach: Carrie Moura

Catawba	9/4	A/W	6-1
Salem	9/5	A/W	2-0
Salisbury	9/8	A/L	0-1
Randolph-Macon	9/15	H/W	7-1
Frostburg St.	9/18	H/W	3-2
Sweet Briar	9/19	H/W	7-0
Shenandoah	9/25	H/W	11-0
Catholic	9/26	H/W	3-2*
Bridgewater	10/1	A/W	3-1
Lynchburg	10/3	H/L	3-4
Mary Washington	10/6	A/L	0-3
St. Mary's (Md.)	10/9	A/W	3-0
Roanoke	10/17	H/W	6-2
Mary Baldwin	10/22	H/W	7-1
Washington & Lee	10/24	A/W	1-0

2005 (12-4)

Coach: Carrie Moura

Catawba	9/3	H/W	3-1
Salisbury	9/7	H/L	2-4
Bridgewater	9/11	H/W	2-1*
Lynchburg	9/16	A/L	1-2*
Sweet Briar	9/21	A/W	8-0
Catholic	9/25	A/L	1-2
Randolph-Macon	9/28	A/W	5-1
Frostburg St.	10/1	H/W	5-0
Washington & Lee	10/2	H/W	4-1
Mary Washington	10/5	H/W	4-0
Shenandoah	10/11	A/W	7-0
Rhodes	10/15	N/W	2-1*
Roanoke	10/16	A/W	4-0
Villa Julie	10/22	H/W	8-1
St. Mary's (Md.)	10/27	H/L	0-1
Juniata	10/29	A/W	1-0

2006 (14-4)

Coach: Carrie Moura

Davidson	9/2	N/L	0-3
Salisbury	9/6	A/L	1-2
Johns Hopkins	9/10	H/W	3-1
Randolph-Macon	9/13	H/W	8-0
Shenandoah	9/16	H/W	13-0
Roanoke	9/17	H/W	6-0
Lynchburg	9/20	H/W	7-3
E. Mennonite	9/28	A/W	2-1
Mary Washington	10/4	A/W	4-0
Catholic	10/9	A/W	2-1
St. Mary's (Md.)	10/14	A/L	0-1
Bridgewater	10/21	A/W	3-0
Washington & Lee	10/22	A/W	3-0
Juniata	10/28	H/W	4-2
Frostburg St.	11/4	A/W	4-2
Alvernia ¹	11/8	H/W	5-1
Salisbury ²	11/11	N/W	2-1*
Lebanon Valley ³	11/12	A/L	0-3

2007 (16-3)

Coach: Carrie Moura

Davidson	9/1	A/L	2-4
Catawba	9/2	A/W	3-0
Salisbury	9/5	H/W	2-1
Gettysburg	9/8	A/W	4-0
Randolph-Macon	9/12	A/W	7-0
Catholic	9/16	H/W	2-0
Shenandoah	9/23	A/W	6-0
Virginia Wesleyan	9/26	H/W	2-0
Lynchburg	9/29	A/W	2-0
Mary Washington	10/3	H/W	2-0
St. Mary's (Md.)	10/6	H/W	2-0
Johns Hopkins	10/8	A/W	3-0
McDaniel	10/9	A/W	3-2
Bridgewater	10/13	H/W	8-2
Washington & Lee	10/21	H/W	3-0
E. Mennonite	10/23	H/W	6-1
Ursinus	10/28	A/L	0-1
Va. Wesleyan	11/3	H/W	4-1
Springfield	11/10	N/L	1-2*

2008 (14-6)

Coach: Carrie Moura

Johns Hopkins ⁴	8/30	N/L	2-8
Morrisville St.5	8/31	N/W	5-0
Salisbury	9/10	A/L	1-2
Gettysburg	9/13	H/L	0-2
Catawba	9/14	H/W	4-2
Randolph-Macon	9/17	H/W	5-0
McDaniel	9/20	H/W	5-0
Virginia Wesleyan	9/24	A/W	4-0
Catholic	9/27	H/W	3-1
Mary Washington	10/1	A/W	2-1
Eastern Mennonite	10/4	A/W	1-0
Lynchburg	10/8	H/W	3-2
Kenyon	10/11	N/W	2-0
Ursinus	10/13	H/L	3-4
St. Mary's	10/19	A/W	2-0
Washington & Lee	10/26	A/L	2-3
Wilson ⁴	11/1	N/W	4-0
Frostburg St. ⁴	11/2	N/W	4-0
Johns Hopkins ¹	11/12	A/W	2-1
Col. of New Jersey ²	11/15	A/L	0-6

2009 (16-4)

Coach: Carrie Moura

Sweet Briar	9/1	H/W	9-0
Washington	9/6	H/W	5-2
Salisbury	9/9	H/L	1-2
Gettysburg	9/12	A/L	0-3
Randolph-Macon	9/16	A/W	3-2*
Washington & Lee	9/18	H/W	4-1
Virginia Wesleyan	9/23	H/W	5-0
Mary Washington	9/30	H/W	4-3
E. Mennonite	10/4	H/W	2-0
Bridgewater	10/7	H/W	5-0
Stevensen	10/10	A/W	2-1
Rowan	10/12	N/L	0-2
St. Mary's	10/17	H/W	3-1
Johns Hopkins	10/24	H/W	3-1
Wesley	10/25	H/W	2-1
Lynchburg	10/29	A/W	2-1
Limestone	10/31	H/W	9-1
Frostburg	11/7	A/W	2-0
Cabrin ¹	11/11	H/W	1-0
SUNY Cortland ²	11/14	N/L	2-4

*overtime

*penalty strokes

1NCAA First Round

2NCAA Sweet 16

3NCAA Elite 8

4Independent Schools Tr.

5Black-Eyed Susan Tr. - Owings Mills, Md.

2004

Record: 12-3 (.800)
 gf/ga: 65/18
 Coach: Carrie Moura

2006

Record: 14-4 (.778)
 gf/ga: 67/20
 NCAA Elite 8
 Coach: Carrie Moura

2008

Record: 14-6 (.700)
 gf/ga: 55/32
 NCAA Sweet 16
 Coach: Carrie Moura

2009

Record: 16-4 (.800)
 gf/ga: 64/25
 NCAA Sweet 16
 Coach: Carrie Moura

2003

Record: 6-8 (.429)
 gf/ga: 21/41
 Coach: Carrie Moura

2005

Record: 12-4 (.750)
 gf/ga: 56/15
 Coach: Carrie Moura

2007

Record: 16-3 (.842)
 gf/ga: 62/15
 NCAA Sweet 16
 Coach: Carrie Moura



National Field Hockey Coaches Association All-America

2006	Ashley Traylor Jacque Mayer	2nd team 2nd team
2007	Jacque Mayer Ashley Hay	1st team 2nd team
2008	Kim Tomlin	2nd team
2009	Kim Tomlin	2nd team

WomensFieldHockey.com All-America

2006	Ashley Traylor Jacque Mayer	1st team 3rd team
2007	Jacque Mayer Ashley Hay	1st team 2nd team
2008	Kim Tomlin	2nd team
2009	Kim Tomlin	2nd team



Jacque Mayer



Ashley Traylor



Kim Tomlin



Ashley Hay



National Field Hockey Coaches Association All-South Region

2005	Jacque Mayer	2nd team
2006	Ashley Traylor	1st team
	Jacque Mayer	1st team
	Diana Golden	2nd team
2007	Jacque Mayer	1st team
	Ashley Hay	1st team
	Diana Golden	2nd team
	Haylie Black	2nd team
2008	Kim Tomlin	1st team
	Courtney Russ	1st team
	Haylie Black	2nd team
2009	Stephanie Bair	1st team
	Kim Tomlin	1st team
	Kylie Cale	2nd team
	Brianna Milne	2nd team

Virginia Sports Information Directors Player of the Year

2006	Ashley Traylor
2007	Jacque Mayer

Virginia Sports Information Directors Rookie of the Year

2007	Elexa Nosunchuk
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Virginia Sports Information Directors Coach of the Year

2006	Carrie Moura
2007	Carrie Moura
2009	Carrie Moura

WomensFieldHockey.com Coach of the Year

2006	Carrie Moura
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Virginia Sports Information Directors All-State

2005	Hannah Brown	2nd team
	Anne Gehring	2nd team
	Jacque Mayer	2nd team
2006	Ashley Traylor	1st team
	Haylie Black	1st team
	Jacque Mayer	1st team
	Ashley Whipple	1st team
	Diana Golden	2nd team
2007	Jacque Mayer	1st team
	Ashley Hay	1st team
	Elexa Nosunchuk	1st team
	Haylie Black	2nd team
	Diana Golden	2nd team
2008	Courtney Russ	1st team
	Haylie Black	1st team
	Kylie Cale	1st team
	Kim Tomlin	1st team
2009	Kim Tomlin	1st team
	Stephanie Bair	2nd team
	Taylor Harrell	2nd team
	Brianna Milne	2nd team

National Statistical Leader Save Percentage

2007	Elexa Nosunchuk
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National Field Hockey Coaches Association All-Academic

2005	Amber March
	Amy Suddarth
2006	Amber Marsh
	Emma Stout
2007	Kylie Cale
	Katie Germain
	Natalie Gilbert
	Amber Marsh
	Emma Mehrabi
	Elexa Nosunchuk



2006

CNU 5, Alvernia 1

Playing the first post season game in CNU field hockey history, the 13th-ranked Captains jumped out to a 3-0 lead and coasted to a 5-1 victory over 17th-ranked Alvernia at Captains Field.

It was the first time in school history that a team had won its initial post season contest.

Getting two goals from All-American Ashley Traylor and one from Ashley Hay, CNU had a 3-0 not even 14 minutes into the contest. Alvernia's Janelle Lynch made the halftime margin 3-1 with a goal less than two minutes before the break.

But CNU put things out of reach as Courtney Russ tallied in the 41st minute and Diana Golden in the 46th. CNU goalie Ashley Whipple made ten saves.

- 6:23 CNU HAY, Ashley
TRAYLOR, Ashley - Penalty corner
- 11:09 CNU TRAYLOR, Ashley
(unassisted)
- 13:50 CNU TRAYLOR, Ashley
BLACK, Haylie; GOLDEN, Diana
- 33:17 AC Janelle Lynch
(unassisted)
- 40:09 CNU RUSS, Courtney
Penalty stroke
- 45:46 CNU GOLDEN, Diana
CYBULSKI, Ashley

CNU 2, Salisbury 1 OT Sweet 16

Facing the defending national champions for the second time in the season, CNU got a sudden-death overtime goal from Haylie Black to eliminate the Seagulls, 2-1.

The Captains grabbed a 1-0 lead in the 21st minute on a goal by Brittany Touchard. They then kept Salisbury off the board until the 55th minute when Ashley Twigg tied the score.

Black then got loose on a break-away and dodged the keeper for the winning goal with just 1:14 remaining in the overtime.

- 20:44 CNU TOUCHARD, Brittany
DUSCH, Kelsey
- 54:15 SAL Ashley Twigg
Megan Powell
- 78:46 CNU BLACK, Haylie
(unassisted)

Lebanon Valley 3, CNU 0 Elite 8

CNU's run through its first NCAA tournament ended as host Lebanon Valley took a 3-0 win in the Elite 8.

LVC scored just 12 minutes into the game, and then added second half goals at the 48th minute and 65th to secure the win.

- 11:20 LVC Steph Margوليو
(unassisted)
- 47:23 LVC Mimi Sullivan
Claire Behney
- 64:15 LVC Alex Wolfe
Steph Margوليو



2007

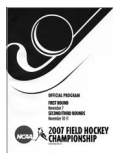
Springfield 2, CNU 1 OT Sweet 16

Playing on a neutral field at Salisbury, Md., CNU took a 1-0 halftime lead, but fell in overtime to the 14th ranked Pride.

The Captains' Ashley Cybulski tallied at 15:52 of the first half on an assist from Diana Golden.

Springfield tied it midway through the second half and got the winner about three minutes into overtime to advance in the tournament.

- 15:52 CNU CYBULSKI, Ashley
GOLDEN, Diana
- 45:22 SC Jane Kelleher
Emily Murray
- 73:02 SC Allie Eisele
Eileen Jenkins



2008

CNU 2, Johns Hopkins 1

Facing a team that had beaten them, 8-2, in the season, and doing so on the road and at night, the Captains responded with one of their best outings of the year and defeated Johns Hopkins, 2-1.

CNU led, 2-0, at halftime after a pair of goals by Haylie Black, coming barely a minute and a half apart late in the first half.

The Blue Jays cut the margin to one goal with less than a minute to play, but the Captains held on for the win.

- 28:59 CNU Haylie Black
Katelyn Yandle
- 30:35 CNU Haylie Black
Anne Gehring
- 69:16 JHU Leah Horton
Brittany Bland

College of New Jersey 6, CNU 0 Sweet 16

Coming off their exhilarating win over Johns Hopkins, the Captains battled fifth ranked College of New Jersey to a 1-0 deficit at halftime, but ran out of steam in the second half before falling, 6-0.

TCNJ scored twice in the first three minutes of the second half to dash CNU's hopes of a second trip to the Elite 8 in three years.

- 6:31 TCNJ Alex Okuniewicz
Penalty stroke
- 36:49 TCNJ Leigh Mitchell
Maggie ranch
- 37:55 TCNJ Jenny Lubin
Jackie Gelas
- 40:42 TCNJ Leigh Mitchell
Kelly Mitchell
- 44:49 TCNJ Leigh Mitchell
Alex Okuniewicz
- 54:03 TCNJ Kellyn Riley
Leigh Mitchell



2009

CNU 1, Cabrini 0

The Captains battled through a driving rainstorm to defeat the Cavaliers 1-0 at Captains Field. The lone goal of the game came at the 11:46 mark from junior Taylor Harrell.

1. 11:46 CNU Taylor Harrell (unassisted)



SUNY-Cortland 4, CNU 2

Sweet 16

Cortland struck first just 44 seconds into the game but CNU answered in the 16th minute of the game with a goal from sophomore Paige Childers.

Just 3:15 into the second half the Captains took the lead with a goal from Taylor Harrell. But a penalty stroke in the 41st minute for Cortland tied the game again.

The Red Dragons tallied in the 58th and 66th minutes to seal the win.

1. 0:44 CORT Christine McCabe (unassisted)
2. 16:10 CNU CHILDERS, Paige (unassisted)
3. 38:15 CNU HARRELL, Taylor YANDLE, Katelyn
4. 41:43 CORT Christine McCabe Penalty stroke
5. 58:49 CORT Brenda Semit Danielle Hand
6. 66:09 CORT Liz DeWaters Christine McCabe

All-Time Roster

Field hockey was one of the first sports started by the young Christopher Newport College. The team played from 1967 to 1971. Listed below are all the players who have played at CNU.

Alston, Ashley 00,01,02	Dawson, Chelsea 08	Huddleston, Rose Ann 70	Morris, Jaclyn 00	Slingerland, Amanda 00,01,02
Anderson, Lauren 02, 03, 04	Dingeldein, Linda 67	Hughes, Sandy 69,70,71	Murphy, Dinah 67,68	Snead, Amy 00
Bair, Stephanie 07,08,09	Dusch, Kelsey 06	Ireland, Mary 69	Newton, Mary 67	Spence, Dawn 70
Baker, Katie 04,05	Emery, Kay 70,71	Janczewski, Marcella 05	Nolan, Monica 03	Stills, Susan 67
Bass, Frances 67,68	Evans, Kate 03	Johnson, Amanda 03, 04	Nosonchuk, Elexa 07,08	Stout, Anna 06,07,08,09
Black, Haylie ,05,06,07,08	Fowler, Mary 67	Kelly, Lindsay 05	Outerbridge, Aleta 71	Stout, Emma 06,07,08,09
Bossieux, Anda 68	Fredo, Samantha 01	Keenehan, Mary 08,09	Pannocchia, Jennifer 06	Swisher, Katherine 00,01,02, 03
Bradsher, Brittany 08,09	Freudenberg, Alexandria 08,09	Kirby, Elaine 01,02	Parker, Kristi 00,01,02, 03	Therault, Pam 71
Brannan, Elizabeth 68,69,70,71	Gardner, Jean 68,69,71	Kurecki, Chrissy 09	Pelstring, Samantha 03, 04,05	Thomas, Pat 67
Broadhurst, Kelly Jo 04,05,06,07	Garrett, Diane 69	Kuykendall, Nicole 05,06,07,08	Personte, Pat 70	Thomasson, Rhiannon 04,05,06,07
Brookover, Dana 09	Garrett, Kimberly 00	LaCoy, Lori 69	Piarr, Megan 00,01,02, 03	Thompson, Krystle 03
Brown, Adele 69	Gauthier, Alexandria 09	Lawrence, Lynda 00	Phelps, Patsy 67,68	Thompson, Megan 02, 03
Brown, Hannah 04,05	Gehring, Anne 05,06,07,08,09	Lia, Shannon 00,01,02	Plott, Tena 71	Tomcheck, Sharon 70
Burnette, Brenda 67,68	Germain, Katie 07,08	Lovell, Kathy 69	Poole, Brenda 67	Tomlin, Kim 07,08,09
Burns, Abby 00	Gilbert, Natalie 06,07	Lowe, Breanne 09	Pryor-Graves, Zuri 06,07	Touchard, Brittney 04,05,06,07
Burns, Melissa 01,02, 03	Godfrey, Amber 00,01	Lugo, June 00	Rance, Amy 00	Traylor, Ashley 05,06,07
Byrum, Jennifer 01,02,03,04	Golden, Diana 04,05,06,07	Marsh, Amber 04,05,06,07	Rawley, Lindsay 06,07	Trosclair, Jessica 01
Cahill, Caitlin 09	Gooding, Terry 68,69,70	Matthews, Lynsi 05	Rawls, Mona 67	Turner, Jennifer 00
Cale, Kylie 07,08	Gray, Andrea 07	Mayer, Jacque 04,05,06,07	Redfearn, Taylor 08,09	Veach, Jennifer 00
Castano, Marge 71	Gray, Linda 67	McArthur, Abbey 03, 04	Reynolds, Katie 03,04,06	Walker, Lynn 68,69,70
Charles, Alicia 70	Gunnoe, Haylee 06	McCreedy, Megan 01,02, 03, 04	Richards, Crys 00	Waller, Beverly 04
Cherry, Lauren 08,09	Hall, Ashley 06	McGee, Zoe 09	Ricks, Suzanne 70	Watson, Carolyn 67
Childers, Paige 08,09	Hanson, Jonelle 01,02, 03, 04	McKinney, Annette 67	Rigby, Corey 08,09	Watson, Linda 67,68,69
Clinginpeel, Vicky 71	Harper, Laura 05	Meadows, Amanda 01	Rigby, Kelsey 08,09	Webster, Michele 67
Cocke, Carolyn 69,70,71	Harrell, Taylor 07,08,09	Mehrabadi, Emma 07,08,09	Roberson, Ashley 01,02, 03, 04	Werbiskis, Elizabeth 00,01,02, 03
Cooper, Courtney 00,01,02	Hastings 00	Meiklejohn, Amanda 03	Robinson, Kim 07	West, Carol 67
Cralle, Andrea 03	Hay, Ashley 04,05,06,07	Miller, Ashley 03	Rodgers, Maralyn 71	Whipple, Ashley 06
Crickenberger, Ashley 00,02, 03	Hendricks, Lindsay 09	Milne, Brianna 08,09	Russ, Courtney 06,07,08	Wilson, Wendy 00,01,02
Cullen, April 00,01,02, 03	Herr, Alicia 67,68,69	Moore, Carolyn 71	Schmidt, Colleen 03, 04	Wist, Laura 03, 04
Cybulski, Ashley 05,06,07,08	Hildson, Patty 67,68	Moran, Danielle 06	Seddon, Courtney 01	Wister, Sarah 09
	Howard, Samantha 04	Morgan, Karen 68,69	Shifflett, Kari 03	Yandle, Katelyn 07,08,09



Come watch a CNU game and then attend a field hockey clinic!

Saturday, September 18th

Sunday, October 24th

For Players:

Two-hour field hockey clinics for individuals or teams (goalkeepers included). Boys and girls ages 7-19 are welcome. Cost is \$20 for participants who arrive before the scheduled game, \$25 for participants who arrive during or after the game and a special of \$15 a person for teams of 10 or more.



For Coaches:

Free coaching clinic! Coaches will receive a copy of the curriculum/drills and shadow CNU coaching staff during the clinic.

Questions are welcomed and a thorough Q&A will be held during the last 10-15 minutes.

There is no pre-registration. Sign up the day of, just before/during the game at the sign-in table. Clinics will start 20-30 minutes following the conclusion of the game. Cash and checks, made payable to CNU Field Hockey, are accepted.



Bridgewater

Sun. Oct. 24 at Captains Field
CNU leads series 8-1

Location: Bridgewater, Va.
Enrollment: 1,500
President: George E. Cornelius
Athletic Director: Curt Kendall
Conference: Old Dominion A.C.
Nickname: Eagles
Colors: Crimson & Gold
Head Coach: Allison Kenyon
2009 Record: 9-9
SID: Steve Cox, 540-828-5360
e-mail: scox@bridgewater.edu
Website: www.bridgewater eagles.com



Limestone

Sat. Nov. 6 in Durham, Nc.
CNU leads series 1-0

Location: Gaffney, S.C.
Enrollment: 750
President: Walt Griffin
Athletic Director: Mike Cerino
Conference: Independent
Nickname: Saints
Colors: Blue and Gold
Head Coach: Lindsay Jackson
2009 Record: 1-14
SID: Fabian Fuentes, 864-489-8219
e-mail: ffuentes@limestone.edu
Website: www.golimestonesaints.com



Rhodes

Sun. Sept. 5 at Captains Field
CNU leads series 1-0

Location: Memphis, TN
Enrollment: 1,685
President: Bill Trout
Athletic Director: Mike Clary
Conference: Southern Collegiate
Nickname: Lynx
Colors: Red and Black
Head Coach: Jane Wells
2009 Record: 13-4
SID: Rob Schrier, 901-843-3518
e-mail: rschrier@rhodes.edu
Website: www.rhodeslynx.com



Washington (Md.)

Sun. Oct. 3 in Chestertown, Md.
CNU leads series 1-0

Location: Chestertown, Md.
Enrollment: 1,200
President: Mitchell B. Reiss
Athletic Director: Bryan Matthews
Conference: Centennial AC
Nickname: Shoremen
Colors: Maroon & Black
Head Coach: Rachel Boyle
2009 Record: 6-11
SID: Phil Tinknor, 410-778-7238
e-mail: ptinknor2@washcoll.edu
Website: www.washingtoncollegesports.com



Eastern Mennonite

Sat. Oct. 23 at Captains Field
CNU leads series 4-0

Location: Harrisonburg, Va.
Enrollment: 1,593
President: Loren Swartzendruber
Athletic Director: Dave King
Conference: Old Dominion A.C.
Nickname: Royals
Colors: Royal Blue & White
Head Coach: Brenda Bechler
2009 Record: 10-8
SID: James DeBoer, 540-432-4441
e-mail: james.deboer@emu.edu
Website: www.emu.edu/athletics



Lynchburg

Sat. Sept. 18 at Captains Field
LC leads series 6-4

Location: Lynchburg, Va.
Enrollment: 2,600
President: Kenneth Garren
Athletic Director: Jack Toms
Conference: Old Dominion AC
Nickname: Hornets
Colors: Crimson & Gray
Head Coach: Enza Steele
2009 Record:
SID: Mike Carpenter, 434-544-8495
e-mail: carpermt@lynchburg.edu
Website: www.lynchburg.edu/athletics



Rowan

Sat. Oct. 24 in Arlington, Va.

RU leads series 1-0
Location: Glassboro, N.J.
Enrollment: 11,006
President: Donald Farish
Athletic Director: Joy Solomon
Conference: New Jersey A.C.
Nickname: Profs
Colors: Brown & Gold
Head Coach: Penny Kempf
2009 Record: 14-5
SID: Sheila Stevenson, 856-256-4252
e-mail: stevenson@rowan.edu
Website: rowanathletics.com



Washington & Lee

Sun. Sept. 26 in Lexington, Va.
CNU leads series 7-1

Location: Lexington, Va.
Enrollment: 2,153
President: Ken Ruscio
Athletic Director: Jan Hathorn
Conference: Old Dominion AC
Nickname: Generals
Colors: Royal Blue & White
Head Coach: Wendy Orison
2009 Record: 10-7
SID: Brian Laubscher, 540-458-8676
e-mail: blaubsch@wlu.edu
Website: www.generalsports.com



Frostburg St.

Sun. Sept. 19 at Captains Field
CNU leads series 8-1

Location: Frostburg, Md.
Enrollment: 5,385
President: Jonathan Gilbratter
Athletic Director: Troy Dell
Conference: Allegheny Mountain CC
Nickname: Bobcats
Colors: Red & Black
Head Coach: Jennifer Johnstone
2009 Record: 9-11
SID: Noah Becker, 301-687-4371
e-mail: nzbecker@frostburg.edu
Website: www.frostburgsports.com



Mary Washington

Wed. Sept. 29 in Fredericksburg, Va.
CNU leads series 6-3

Location: Fredericksburg, Va.
Enrollment: 4,000
President: Richard V. Hurley
Athletic Director: Ed Hegmann
Conference: Capital AC
Nickname: Eagles
Colors: Navy Blue, Gray & White
Head Coach: Dana Hall
2009 Record: 12-8
SID: Clint Offert, 540-654-1743
e-mail: coffert@umw.edu
Website: www.umw eagles.com



Salisbury

Wed. Sept. 8 in Salisbury, Md.

SU leads series 8-2
Location: Salisbury, Md.
Enrollment: 8,204
President: Janet Dudley-Eshbach
Athletic Director: Michael Vienna
Conference: Capital AC
Nickname: Sea Gulls
Colors: Maroon & Gold
Head Coach: Dawn Chamberlain
2009 Record: 20-1
SID: Tim Brennan, 410-543-6016
e-mail: tmbrennan@salisbury.edu
Website: www.suseagulls.com



Wesley

Sat. Oct. 2 in Dover, Del.
Series tied 1-1

Location: Dover, Del.
Enrollment: 2,100
President: William Johnston
Athletic Director: Mike Drass
Conference: Capital AC
Nickname: Wolverines
Colors: Navy & White
Head Coach: Tracey Short
2009 Record: 12-10
SID: Geoff Goynne, 302-736-2450
e-mail: goynnego@wesley.edu
Website: athletics.wesley.edu



Johns Hopkins

Mon. Oct. 18 in Baltimore, Md.
CNU leads series 3-2

Location: Baltimore, Md.
Enrollment: 4,950
President: Ronald Daniels
Athletic Director: Tom Calder
Conference: Centennial
Nickname: Blue Jays
Colors: Columbia Blue & Black
Head Coach: Megan Callahan Fraser
2009 Record: 13-6
SID: Ernie Larossa, 410-516-0552
e-mail: elarossa@jhu.edu
Website: www.hopkinsports.com



McDaniel

Sat. Sept. 11 in Virginia Beach, Va.
CNU leads series 2-0

Location: Westminster, Md.
Enrollment: 1,700
President: Roger N. Casey
Athletic Director: Jamie Smith
Conference: Centennial
Nickname: Green Terror
Colors: Green and Gold
Head Coach: Melissa Miranda Jones
2009 Record: 7-10
SID: Luke Stillson, 410-857-2291
e-mail: sid@mcDaniel.edu
Website: www.mcdanielathletics.com



Stevenson

Sun. Sept. 12 in Virginia Beach, Va.
CNU leads series 1-0

Location: Owings Mill, Md.
Enrollment: 3,100
President: Kevin Manning
Athletic Director: Brett Adams
Conference: Capital AC
Nickname: Mustangs
Colors: Green, Black & White
Head Coach: Kathy Railey
2009 Record: 6-12
SID: Jason Eichelberger, 443-352-4253
e-mail: jreich1976@gmail.com
Website: www.gomustangsports.com



Kenyon

Fri. Oct. 8 at Captains Field
CNU leads series 1-0

Location: Gambier, Ohio
Enrollment: 1,600
President: S. Georgia Nugent
Athletic Director: Peter T.C. Smith
Conference: North Coast
Nickname: Lords and Ladies
Colors: Purple and White
Head Coach: Chrissy Needham
2008 Record: 8-12
SID: Marty Fuller, 740-427-5471
e-mail: fuller@kenyon.edu
Website: athletics.kenyon.edu



Randolph-Macon

Wed. Sept. 1 at Captains Field
CNU leads series 9-0

Location: Ashland, Va.
Enrollment: 1,250
President: Robert R. Lindgren
Athletic Director:
Conference: Old Dominion AC
Nickname: Yellow Jackets
Colors: Red, Lemon & Black
Head Coach: Crystal Carper
2009 Record: 11-10
SID: Chris Kilcoyne, 804-752-7387
e-mail: christopherkilcoyne@rmc.edu
Website: athletics.rmc.edu



Virginia Wesleyan

Wed. Sept. 22 in Virginia Beach, Va.
CNU leads series 4-3

Location: Norfolk, Va.
Enrollment: 1,400
President: William T. Greer, Jr.
Athletic Director: Joanne Renn
Conference: Old Dominion AC
Nickname: Marlins
Colors: Navy Blue & Silver
Head Coach: Joyce Anne Koubarouls
2009 Record: 4-13
SID: Joe Wasiluk, 757-455-3393
e-mail: jwasiluk@wvc.edu
Website: www.wvc.edu/athletics



CNU AT A GLANCE

- ❖ **ACCEPTANCE RATE**
48 percent of freshman applicants;
- ❖ **AVERAGE CLASS SIZE**
24 students. Fewer than 10 percent of classes are taught in lecture format.
- ❖ **AVERAGE HIGH SCHOOL GPA**
3.6 (4.0 scale)
- ❖ **AVERAGE SAT SCORE**
1200 (Critical Reading and Math)
- ❖ **CAMPUS**
260 acres, adjacent to the 550-acre Mariners' Museum and Park, the Noland Trail and the James River.
- ❖ **CAMPUS LOCATION**
Newport News, Virginia, between historic Williamsburg and Virginia Beach. Only a few blocks from the James River, which is nearly five miles wide.
- ❖ **CARS**
Freshmen may have cars on campus.
- ❖ **CLUBS & STUDENT ORGANIZATIONS**
More than 100
- ❖ **COMING SOON!**
\$500 million in new facilities
- ❖ **COMPUTERS & INTERNET ACCESS**
Online registration and services for all students. Labs abound on campus. Phone, cable and Internet connections in the residence halls. Wireless access in all public areas.
- ❖ **ENROLLMENT**
4,800 students; 1,200 freshmen
- ❖ **FACULTY**
Nearly 90 percent hold PhD or highest degree in their fields. Our professors were called "dedicated and caring" in a *Washington Post* survey.
- ❖ **GEOGRAPHIC DISTRIBUTION**
Students enroll from every region in Virginia, from 32 other states (10 percent out-of-state) and foreign countries.
- ❖ **INTERCOLLEGIATE ATHLETICS**
NCAA Div. III; USA South Conference
11 varsity men's teams (NCAA);
12 varsity women's teams (NCAA)
- ❖ **MALE-FEMALE RATIO**
41 percent male
59 percent female
- ❖ **RACIAL DIVERSITY**
81 percent Caucasian
11 percent African-American
5 percent Hispanic-Latino
4 percent Asian-American
2 percent American Indian/Alaskan Native
1 percent Native Hawaiian/Pacific Islander
- ❖ **RESIDENTIAL FACILITIES**
Four contemporary residence halls and two modern apartment complexes — all rated "best in the state" by students. (3,000 students reside on campus.)
- ❖ **SCHOLARSHIPS**
More than 300 renewable freshman scholarships offered each fall to Honors and Leadership students.
- ❖ **TYPE**
Four-year public university



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*C*hristopher Newport University has experienced a remarkable transformation over the past decade, and the results of the efforts of our students, faculty and staff have been dramatic:

- Our applications have exploded by 700%, growing from 1,000 to more than 8,000.
- The quality of our students is soaring — as measured by SAT critical reading and math scores. Average SATs have increased by 240 points to more than 1200.
- We have added more than one hundred Ph.D.s from the best schools to our faculty.
- CNU has completed more than \$500 million in capital construction and has built a beautiful campus with world-class facilities.
- Finally and most importantly, our 4,800 students love this school and bring our campus alive with their passion, energy, enthusiasm and intellect.

We continue to raise the bar by recruiting the best faculty, seeking the best students and creating an **exceptional college experience emphasizing leadership, civic engagement and honor.** ►



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2010 SCHEDULE

Date	Opponent	Location	Time
August			
22	Alumni Game	Captains Field	6:00pm
28	Scrimmage Day	Fredericksburg, VA	9:00 am
September			
1	Randolph-Macon	Captains Field	6:00 pm
5	Rhodes	Captains Field	12:00 pm
8	Salisbury	Salisbury, MD	6:00 pm
11	McDaniel	Virginia Beach, VA	12:00 pm
12	Stevenson	Virginia Beach, VA	1:00 pm
18	Lynchburg	Captains Field	2:00 pm
19	Frostburg State	Captains Field	1:00 pm
22	Virginia Wesleyan	Virginia Beach, VA	5:00 pm
26	Washington & Lee	Lexington, VA	3:00 pm
29	Mary Washington	Fredericksburg, VA	4:30 pm
October			
2	Wesley	Dover, DE	12:00 pm
3	Washington	Chestertown, MD	2:00 pm
8	Kenyon	Captains Field	6:00 pm
18	Johns Hopkins	Baltimore, MD	6:00 pm
23	Eastern Mennonite	Harrisonburg, VA	1:00 pm
24	Bridgewater	Captains Field	2:00 pm
30	Rowan	Arlington, VA	TBA
November			
6	Limestone College	Durham, NC	3:00 pm

Home games in bold