

2023 Dutch Women's SOCCER



2023 roster

#	Name	Pos.	Ht.	Class	Hometown/High School	Award
18	*Katy Brown	D/MF	5-5	So.	St. Charles, Mo./Orchard Farm	First varsity letter
5	****Paige Cahill	MF	5-3	Sr.	Castle Rock, Colo./Castle View	Fourth varsity letter
18	Alyssa Castillo	MF	5-3	Fr.	Bonita, Calif./Bonita Vista	Freshman award
12	***Grace Coates	F	5-10	Jr.	Marion, Iowa/Marion	Third varsity letter
11	****Emmy Drake	F	5-5	Sr.	Wilton, Iowa/Wilton	Fourth varsity letter
6	*Piper Eighmy	F/D	5-6	Fr.	Birmingham, Ala./Briarwood Christian	First varsity letter
10	****Abby Frey	MF	5-3	Sr.	Mesa, Ariz./Desert Ridge	Fourth varsity letter
28	***Emma Garrett	D	5-2	Jr.	Mason City, Iowa/Mason City	Third varsity letter
8	Georgia Havlicek	D	5-6	Fr.	Solon, Iowa/Solon	Freshman award
15	**Bailey Huizenga	D	5-6	So.	Colona, Ill./Geneseo	Second varsity letter
3	****Hailey Hunter	F/MF	5-4	Sr.	Rockford, Ill./East	Fourth varsity letter
23	***Kaitlyn Isom	F	5-7	Sr.	Phoenix, Ariz./Horizon Honors	Third varsity letter
14	**Taylor Jones	F/MF	5-4	So.	Knoxville, Iowa/Knoxville	Second varsity letter
1	**Bailey Lester	GK	5-9	So.	Sioux Falls, S.D./Washington	Second varsity letter
16	*Kennedy Lind	D	6-0	Fr.	Aplington, Iowa/Aplington-Parkersburg	First varsity letter
21	*****Bridget Lynch	D	5-7	5th.	Northglenn, Colo./Jefferson Academy	Fifth varsity letter
24	**Annaliese Miller	F	5-10	So..	Indianola, Iowa/Indianola	Second varsity letter
2	*Josie Newton	F/MF	5-3	Fr.	Pleasant Hill, Iowa/Southeast Polk	First varsity letter
20	**MiMi Pavelka	MF	5-4	So.	Shakopee, Minn./Holy Family	Second varsity letter
33	***Amber Santana	MF	5-8	Jr.	Indio, Calif./Shadow Hills	Third varsity letter
7	*Alli Seegers	D/MF	5-5	Fr.	Waverly, Iowa/Waverly-Shell Rock	First varsity letter
22	**Nicole Sinclair	D	5-2	So.	Arvada, Colo./Jefferson Academy	Second varsity letter
0	*Zoey Sizemore	GK	5-4	Fr.	Omaha, Neb./Mercy	First varsity letter

*letters earned

Coach: Mike Kobylinski (13th year)

Assistants: Izzy Schmitt, Russ Goodman

Athletic trainer: Sadie Brown

Student managers: Aubrey Gibson, Jady Jacobs

2023 results

9-5-4 overall, 4-3-1 conference

Date	Opponent	Location	Result
Sept. 1	St. Mary's (Ind.)	Pella	W, 2-0
Sept. 2	Hope (Mich.)	Pella	T, 1-1
Sept. 6	Northwestern-St.Paul (Minn.)	St. Paul, Minn.	W, 5-0
Sept. 9	North Park (Ill.)	Pella	T, 2-2
Sept. 13	Augustana (Ill.)	Rock Island, Ill.	L, 2-0
Sept. 16	Westminster (Mo.)	Pella	W, 3-0
Sept. 17	Illinois College	Jacksonville, Ill.	W, 4-0
Sept. 20	Grinnell	Grinnell, Iowa	T, 0-0
Sept. 24	*Simpson	Indianola	L, 3-0
Sept. 26	Greenville (Ill.)	Pella	W, 3-0
Sept. 30	*Dubuque	Pella	T, 1-1
Oct. 4	*Buena Vista	Pella	W, 5-0
Oct. 10	*Luther	Decorah	L, 4-1
Oct. 14	*Wartburg	Pella	W, 1-0
Oct. 18	*Coe	Cedar Rapids	W, 3-0
Oct. 21	*Nebraska Wesleyan	Lincoln, Neb.	W, 2-1
Oct. 24	*Loras	Pella	L, 3-1

American Rivers Conference tournament

Oct. 28	No. 4 Dubuque	Dubuque	L, 2-1
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*American Rivers Conference match

2023 American Rivers Conference standings

	Conference				Overall		
	W	L	T	Pts.	W	L	T
Loras - No. 23/ C (1)	8	0	0	24	18	2	1
Simpson (2)	7	1	0	21	16	3	2
Luther (3)	4	3	1	13	8	7	4
Dubuque (4)	4	3	1	13	11	6	1
Central (5)	4	3	1	13	9	5	4
Wartburg (6)	4	4	0	12	6	11	1
Nebraska Wesleyan	1	5	2	5	2	12	2
Coe	1	6	1	4	6	9	2
Buena Vista	0	8	0	0	3	13	0

No. - United Soccer Coaches top 25/D3soccer.com top 25

C - American Rivers Conference Champion

T - American Rivers Conference AQ Tournament Champion

Q - Qualified for American Rivers Conference AQ Tournament

(#) - American Rivers Conference Tournament Seed

2023 individual awards and honors

College Sports Communicators Academic All-District

Grace Coates, kinesiology, 3.68
Kaitlyn Isom, psychology/political science, 3.61
Bridget Lynch, engineering/mathematics, 3.92
MiMi Pavelka, kinesiology, 4.00

United Soccer Coaches Scholar All-North/Central Region

Grace Coates, forward, second team

American Rivers Academic All-Conference

Grace Coates, kinesiology, 3.68
Emmy Drake, political science, 3.94
Emma Garrett, English/communication studies, 3.94
Bailey Huizenga, undeclared, 3.97
Kaitlyn Isom, psychology/political science, 3.61
Bailey Lester, undeclared, 3.58
Bridget Lynch, engineering/mathematics, 3.92
Annaliese Miller, undeclared, 3.55
MiMi Pavelka, kinesiology, 4.00

United Soccer Coaches All-Region IV

Paige Cahill, midfielder, second team
Grace Coates, forward, second team

American Rivers All-Conference team

Grace Coates, first team
Paige Cahill, first team
Bridget Lynch, honorable mention
Zoey Sizemore, honorable mention

American Rivers Female Athlete of the Week

Grace Coates (Sept. 11, 2023)

American Rivers Conference Performer of the Week

Zoey Sizemore (Defense - Sept. 5, 2023)
Grace Coates (Offense - Sept. 11, 2023)

United Soccer Coaches College Player Award of Distinction

Paige Cahill

TEAM AWARDS

Most Valuable Player - Paige Cahill and Grace Coates

Most Inspirational Player - Emma Garrett

Most Improved Player - Anna Miller

Newcomer of the Year - Zoey Sizemore

Hustle Award - Hailey Hunter and Nicole Sinclair

Captains - Paige Cahill, Emma Garrett, Kaitlyn Isom

2023 NCAA Division III top-100 statistical rankings

INDIVIDUAL

13. Total assists -- Paige Cahill, 11
11. Assists per game -- Paige Cahill, 0.65
29. Game-winning goals -- Grace Coates, 5
42. Total goals -- Grace Coates, 15
45. Total points -- Grace Coates, 36
40. Goals per game -- Grace Coates, 0.83
38. Points per game -- Grace Coates, 2.00
92. Goalie minutes played -- Zoey Sizemore, 1514:11
58. Shots per game -- Grace Coates, 4.28
58. Shots on goal per game -- Grace Coates, 2.28

TEAM

58. Assists per game -- 1.78
72. Shutout percentage -- 0.500
76. Total assists -- 32
98. Corner kicks per game -- 5.22

2023 American Rivers Conference statistical leaders

INDIVIDUAL (first only)

Total assists -- Paige Cahill, 11
Assists per game -- Paige Cahill, 0.65

TEAM (first only)

Individual records

Assists, season - 11, Paige Cahill, 2023

Assists, career - 22, Paige Cahill, 2020-23

Team season leaderboard updates

Assists - 5. 32, 2023

Wins - 10. (tie) 9, 2023

Shutouts - 5. (tie) 9, 2023

Fewest goals allowed - 5. (tie) 19, 2023

Goalkeeping leaderboard updates

SEASON

Goals against average - 6. (tie) 1.13 (19 GA, 1,514 min.), Zoey Sizemore, 2023

Wins - 7. (tie) 9, Zoey Sizemore, 2023

Shutouts - 10. (tie) 4, Zoey Sizemore, 2023

CAREER

Wins - 9. (tie) 9, Zoey Sizemore, 2023-present

Shutouts - 10. (tie) 4, Zoey Sizemore, 2023-present

Individual leaderboard updates

SEASON

Points - 4. 36 (15 G, 1 A), Grace Coates, 2023

Goals - 5. (tie) 15, Grace Coates, 2023

Game-winning goals - 4. (tie) 5, Grace Coates, 2023

Assists - 1. 11, Paige Cahill, 2023

Shots - 9. 77, Grace Coates, 2023

Shots on goal - 4. (tie) 41, Grace Coates, 2023

CAREER

Points - 5. 78 (35 G, 8 A), Grace Coates, 2021-present

Goals - 5. 35, Grace Coates, 2021-present

Game-winning goals - 3. (tie) 11, Grace Coates, 2021-present

Game-winning goals - 8. (tie) 6, Abby Frey, 2020-present

Assists - 1. 22, Paige Cahill, 2020-23

Assists - 10. (tie) 13, Abby Frey, 20220-present

Shots - 4. 213, Grace Coates, 2021-present

Shots on goal - 4. 105, Grace Coates, 2021-present

2023 multi-point matches

Paige Cahill - 4

4 points - 1 goal, 2 assists - vs. Westminster (Mo.) (Sept. 16, 2023)

3 points - 1 goal, 1 assist - at Illinois College (Sept. 17, 2023)

3 points - 1 goal, 1 assist - at Nebraska Wesleyan (Oct. 21, 2023)

2 points - 0 goals, 2 assists - vs. Buena Vista (Oct. 4, 2023)

Grace Coates - 6

7 points - 3 goals, 1 assist - vs. Northwestern-St.Paul (Minn.) (Sept. 6, 2023)

4 points - 2 goals, 0 assists - vs. St. Mary's (Ind.) (Sept. 1, 2023)

4 points - 2 goals, 0 assists - vs. Buena Vista (Oct. 4, 2023)

3 points - 1 goal, 1 assist - at Illinois College (Sept. 17, 2023)

3 points - 1 goal, 1 assist - vs. Greenville (Ill.) (Sept. 26, 2023)

3 points - 1 goal, 1 assist - at Coe (Oct. 18, 2023)

Abby Frey - 1

2 points - 0 goals, 2 assists - at Illinois College (Sept. 17, 2023)

Kaitlyn Isom - 1

2 points - 0 goals, 2 assists - vs. Buena Vista (Oct. 4, 2023)

Amber Santana - 1

2 points - 0 goals, 2 assists - vs. Northwestern-St.Paul (Minn.) (Sept. 6, 2023)

Team season statistics - game highs and lows

Most shots

Opponent	No.	Date
1. Buena Vista	39	Oct. 4
2. Northwestern-St. Paul	27	Sept. 6
3. Westminster (Mo.)	21	Sept. 16
4. North Park (Ill.)	20	Sept. 9
Dubuque	20	Sept. 30

Most shots on goal:

Opponent	No.	Date
1. Buena Vista	17	Oct. 4
2. North Park (Ill.)	14	Sept. 9
3. Northwestern-St. Paul	11	Sept. 6
Illinois College	11	Sept. 17
5. Westminster (Mo.)	10	Sept. 16

Shot on goal percentage (min. 5 shots):

Opponent	Pct.	Date
1. North Park (Ill.)	.700	Sept. 9
2. St. Mary's (Ind.)	.692	Sept. 1
Coe	.692	Oct. 18
4. Illinois College	.688	Sept. 17
5. Loras	.667	Oct. 24

Most corner kicks:

Opponent	No.	Date
1. St. Mary's (Ind.)	12	Sept. 1
2. North Park (Ill.)	9	Sept. 9
3. Westminster (Mo.)	7	Sept. 16
4. Illinois College	6	Sept. 17
Simpson	6	Sept. 24
Coe	6	Oct. 18
Dubuque	6	Oct. 28

Saves:

Opponent	No.	Date
1. Hope (Mich.)	17	Sept. 2
2. Dubuque	7	Sept. 30
3. Northwestern-St. Paul	6	Sept. 6
Loras	6	Oct. 24
5. St. Mary's (Ind.)	5	Sept. 1
Grinnell	5	Sept. 20

Most points:

Opponent	No.	Date
1. Buena Vista	16	Oct. 4
2. Northwestern-St. Paul	15	Sept. 6
3. Illinois College	12	Sept. 17
4. Greenville (Ill.)	9	Sept. 26
5. Westminster (Mo.)	8	Sept. 16
Coe	8	Oct. 18

Fewest shots allowed:

Opponent	No.	Date
1. Buena Vista	2	Oct. 4
2. Greenville (Ill.)	4	Sept. 26
3. Coe	5	Oct. 18
4. Illinois College	6	Sept. 17
5. Nebraska Wesleyan	7	Oct. 21

Fewest shots on goal allowed:

Opponent	No.	Date
1. Buena Vista	1	Oct. 4
Illinois College	1	Sept. 17
3. Nebraska Wesleyan	2	Oct. 21
4. Greenville (Ill.)	3	Sept. 26
Wartburg	3	Oct. 14

Season goals per game: 1.94

Season shots per game: 15.4

Season assists per game: 1.77

Season points per game: 5.67

Shutouts:

Opponent	Date
Saint Mary's (Ind.)	Sept. 1
Northwestern-St. Paul	Sept. 6
Westminster (Mo.)	Sept. 16
Illinois College	Sept. 17
Grinnell	Sept. 20
Greenville (Ill.)	Sept. 26
Buena Vista	Oct. 4
Wartburg	Oct. 14
Coe	Oct. 18

Letterwinners

KATY BROWN

so., defender/midfielder
St. Charles, Mo./Orchard Farm HS

One varsity letter

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2023	18	0	0	0	0	.000	0	0.000	0	0-0
Total	18	0	0	0	0	.000	0	0.000	0	0-0

PAIGE CAHILL

sr., forward/midfielder
Castle Rock, Colo./Catle View HS

Four varsity letters

United Soccer Coaches All-Region IV, second team (2023)
American Rivers All-Conference, first team (2023)
Conference offensive player of the week (Sept. 19, 2022)
United Soccers Coaches College Player of Distinction (2023)
Co-Most Valuable Performer Award (2023)
Hustle Award (2022)
Captain (2023)

School leaderboard:

- (tie) Most assists, game -- 3, at Monmouth (Ill.), Sept. 14, 2022
- Most assists, season -- 11, 2023
- Most assists, career -- 22, 2020-23
- Most assists, season -- 10, 2022

Multi-point games (9)

0 goals, 3 assists - at Monmouth (Ill.) (Sept. 14, 2022)
2 goals, 0 assists - vs. Cornell (Sept. 17, 2022)
1 goal, 2 assists - vs. Coe (Oct. 8, 2022)
0 goals, 2 assists - at Buena Vista (Oct. 19, 2022)
1 goal, 1 assist - vs. Nebraska Wesleyan (Oct. 25, 2022)
1 goal, 2 assists - vs. Westminster (Mo.) (Sept. 16, 2023)
1 goal, 1 assist - at Illinois College (Sept. 17, 2023)
0 goals, 2 assists - vs. Buena Vista (Oct. 4, 2023)
1 goal, 1 assist - at Nebraska Wesleyan (Oct. 21, 2023)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021S	6	0	0	0	7	.000	2	.286	0	0-0
2021	17	2	1	5	20	.100	9	.450	0	0-0
2022	18	5	10	20	44	.114	24	.545	0	0-0
2023	17	6	11	23	38	.158	20	0.526	0	0-0
Total	58	13	22	48	109	.119	55	.505	0	0-0

ALYSSA CASTILLO

fr., midfielder
Bonita, Calif./Bonita Vista HS

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2023	5	0	0	0	0	.000	0	.000	0	0-0
Total	5	0	0	0	0	.000	0	.000	0	0-0

GRACE COATES

jr., forward
Marion, Iowa/Marion HS

Three varsity letters

College Sports Communicators Academic All-District (2022, 2023)
United Soccer Coaches Scholar All-North/Central Region, second team (2023)
American Rivers Academic All-Conference (2022, 2023)
United Soccer Coaches All-Region IV, second team (2023); third team (2022)
American Rivers All-Conference, first team (2022, 2023)
Conference female athlete of the week (Sept. 11, 2023)
Conference offensive player of the week (Sept. 13, 2021; Sept. 11, 2023)
Co-Most Valuable Performer Award (2023)
Newcomer of the Year Award (2021)

School leaderboard:

- (tie) Most game-winning goals, career -- 11, 2021-present
- Most points, season -- 36, 2023
- (tie) Most game-winning goals, season -- 5, 2023
- Most shots, career -- 213, 2021-present
- (tie) Most shots on goal, season -- 37, 2022
- Most shots on goal, career -- 41, 2023
- Most points, career -- 78, 2021-present
- Most goals, season -- 15, 2023
- Most goals, career -- 35, 2021-present
- (tie) Most shots, season -- 81, 2022
- (tie) Most game-winning goals, season -- 4, 2021
- (tie) Most goals, season -- 12, 2022
- (tie) Most shots, season -- 77, 2023
- Most shots on goal, season -- 37, 2022

Multi-point games (10)

2 goals, 1 assist - vs. Monmouth (Ill.) (Sept. 15, 2021)
3 goals, 0 assists - vs. Coe (Oct. 8, 2022)
2 goals, 0 assists - at Buena Vista (Oct. 19, 2022)
2 goals, 1 assist - vs. Nebraska Wesleyan (Oct. 25, 2022)
2 goals, 0 assists - vs. St. Mary's (Ind.) (Sept. 1, 2023)
3 goals, 1 assist - vs. Northwestern-St. Paul (Minn.) (Sept. 6, 2023)
1 goal, 1 assist - at Illinois College (Sept. 17, 2023)
1 goal, 1 assist - vs. Greenville (Ill.) (Sept. 26, 2023)
2 goals, 0 assists - vs. Buena Vista (Oct. 4, 2023)

1 goal, 1 assist - at Coe (Oct. 18, 2023)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021	17	8	1	17	55	.145	27	.491	4	0-0
2022	18	12	1	25	81	.148	37	.457	2	0-0
2023	18	15	6	36	77	.195	41	.532	5	0-0
Total	53	35	8	78	213	.164	105	.493	11	0-0

EMMY DRAKE

sr., forward

Wilton, Iowa./Wilton HS

Four varsity letters

American Rivers Academic All-Conference (2021, 2022, 2023)

Most Improved Player Award (2021)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021S	1	1	0	2	1	1.000	1	1.000	0	0-0
2021	2	0	0	0	0	.000	0	.000	0	0-0
2022	10	0	0	0	1	.000	1	1.000	0	0-0
2023	8	0	0	0	0	.000	0	.000	0	0-0
Total	21	1	0	2	2	.500	2	1.000	0	0-0

PIPER EIGHMY

fr., forward/defender

Birmingham, Ala./Briarwood Christian HS

One varsity letter

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2023	18	0	1	1	13	.000	4	.308	0	0-0
Total	18	0	1	1	13	.000	4	.308	0	0-0

ABBY FREY

sr., midfielder

Mesa, Ariz./Desert Ridge HS

Four varsity letters

American Rivers All-Conference, first team (2021 spring); honorable mention (2022)

Co-Newcomer of the Year Award (2021 spring)

School leaderboard:

8. (tie) Most game-winning goals, career -- 6, 2021-present

10. (tie) Most assists, career -- 13, 2020-present

Multi-point games (5)

2 goals, 0 assists - vs. Simpson (Apr. 7, 2021)

2 goals, 0 assists - at Buena Vista (Apr. 21, 2021)

0 goals, 2 assists - vs. Buena Vista (Oct. 26, 2021)

1 goal, 1 assist - vs. Wis.-Platteville (Sept. 24, 2022)

0 goals, 2 assists - at Illinois College (Sept. 17, 2023)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021S	7	4	1	9	19	.211	10	.526	0	0-0
2021	14	4	5	13	32	.125	18	.563	3	0-0
2022	18	6	3	15	60	.100	25	.417	2	0-0
2023	9	2	4	8	13	.314	7	.538	1	0-0
Total	48	16	13	45	124	.129	60	.484	6	0-0

EMMA GARRETT

jr., defender

Mason City, Iowa./Mason City HS

Three varsity letters

College Sports Communicators Academic All-District (2022)

American Rivers Academic All-Conference (2022, 2023)

Most Inspirational Player Award (2022, 2023)

Most Improved Player Award (2022)

Captain (2023)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021	5	0	0	0	0	.000	0	.000	0	0-0
2022	15	0	0	0	0	.000	0	.000	0	0-0
2023	11	0	0	0	0	.000	0	.000	0	0-0
Total	31	0	0	0	0	.000	0	.000	0	0-0

GEORGIA HAVLICEK

fr., defender

Solon, Iowa/Solon HS

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2023	6	0	0	0	0	.000	0	.000	0	0-0
Total	6	0	0	0	0	.000	0	.000	0	0-0

BAILEY HUIZENGA

so., defender

Calona, Ill./Geneseo HS

Two varsity letters

American Rivers Academic All-Conference (2023)

Newcomer of the Year Award (2022)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022	18	0	1	0	9	.000	4	.444	0	0-0
2023	8	0	0	1	3	.000	2	.667	0	0-0
Total	26	0	1	1	12	.000	6	.500	0	0-0

HAILEY HUNTER

sr., forward/midfielder
Rockford, Ill./East HS

Four varsity letters

Hustle Award (2021 spring, 2023)

Most Improved Player Award (2022)

Multi-point games

1 goal, 1 assist - vs. Coe (Oct. 8, 2022)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021S	4	0	1	1	2	.000	2	1.000	0	0-0
2021	6	0	0	0	5	.000	3	.600	0	0-0
2022	16	1	3	5	7	.143	3	.429	0	0-0
2023	18	1	0	2	13	.077	8	.615	0	0-0
Total	44	2	4	8	27	.074	16	.593	0	0-0

KAITLYN ISOM

sr., forward
Phoenix, Ariz./Horizon Honors HS

Three varsity letters

College Sports Communicators Academic All-District (2023)

American Rivers Academic All-Conference (2021, 2022, 2023)

American Rivers All-Conference, honorable mention (2021)

Most Valuable Player Award (2021)

Captain (2023)

Multi-point games (1)

0 goals, 2 assists - vs. Buena Vista (Oct. 4, 2023)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021S	7	1	0	2	11	.091	4	.364	0	0-0
2021	18	2	0	4	36	.056	13	.361	0	0-0
2022	2	1	0	2	8	.125	6	.750	0	0-0
2023	17	2	3	7	31	.065	16	.516	2	0-0
Total	44	6	3	15	86	.070	39	.453	2	0-0

TAYLOR JONES

so., midfielder/forward
Knoxville, Iowa/Knoxville HS

Two varsity letters

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022	10	1	1	3	8	.125	5	.625	0	0-0
2023	12	0	0	0	4	.000	2	.500	0	0-0
Total	22	1	1	3	12	.083	7	.583	0	0-0

BAILEY LESTER

so., goalkeeper
Sioux Falls, S.D./Washington HS

Two varsity letters

American Rivers Academic All-Conference (2023)

	GP	Min	GA	GAAvg	Saves	Save%	W	L	T	SO
2022	1	18:56	0	0.00	0	0.00	0	0	0	0
2023	5	105:49	0	0.00	4	1.000	0	0	0	0
Total	6	124:45	0	0.00	4	1.000	0	0	0	0

KENNEDY LIND

fr., defender
Aplington, Iowa/Aplington-Parkersburg HS

One varsity letter

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2023	6	0	0	0	1	.000	1	1.000	0	0-0
Total	6	0	0	0	1	.000	1	1.000	0	0-0

BRIDGET LYNCH

5th., defender
Northglenn, Colo./Jefferson Academy

Five varsity letters

College Sports Communicators Academic All-District (2022, 2023)

American Rivers Academic All-Conference (2020, 2021, 2022, 2023)

United Soccers Coaches College Player of Distinction (2022)

American Rivers All-Conference, honorable mention (2023)

Newcomer of the Year Award (2019)

Captain (2021, 2022)

Multi-point games (1)

2 goals, 0 assists - vs. Coe (Oct. 8, 2022)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2019	18	1	0	2	21	.048	7	.333	0	0-0
2021S	7	1	0	2	4	.250	4	1.000	0	1-1
2021	13	1	0	2	4	.250	2	.500	0	1-1
2022	15	2	0	4	9	.222	6	.667	0	1-2
2023	18	1	0	2	10	.100	2	.200	0	0-0
Total	71	6	0	12	48	.125	21	.438	0	3-4

ANNALIESE MILLER

so, forward
 Indianola, Iowa/Indianola

Two varsity letters
 American Rivers Academic All-Conference (2023)
 Most Improved Player Award (2023)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022	12	0	0	0	2	.000	2	1.000	0	0-0
2023	12	0	0	0	3	.000	2	0.667	0	0-0
Total	24	0	0	0	5	.000	4	.800	0	0-0

JOSIE NEWTON

fr., forward/midfielder
 Pleasant Hill, Iowa/Southeast Polk HS

One varsity letter

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2023	18	1	1	3	14	.071	5	.357	0	0-0
Total	18	1	1	3	14	.071	5	.357	0	0-0

MIMI PAVELKA

so., midfielder
 Shakopee, Minn./Holy Family

Two varsity letters
 College Sports Communicators Academic All-District (2023)
 American Rivers Academic All-Conference (2023)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022	18	1	0	2	14	.071	8	.571	1	0-0
2023	18	2	0	4	6	.333	3	.500	0	0-0
Total	36	3	0	6	20	.150	11	.550	1	0-0

AMBER SANTANA

jr., forward/midfielder
 Indio, Calif./Shadow Hills HS

Three varsity letters

Multi-point games (4)

2 goals, 0 assists - vs Buena Vista (Oct. 26, 2021)
 2 goals, 0 assists - at Monmouth (Ill.) (Sept. 14, 2022)
 1 goal, 2 assists - vs. Nebraska Wesleyan (Oct. 25, 2022)
 0 goals, 2 assists - vs. Northwestern-St.Paul (Minn.)
 (Sept. 6, 2023)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021	16	3	1	7	15	.200	8	.533	0	0-0
2022	18	7	2	6	25	.280	15	.600	3	0-0
2023	18	3	3	9	26	.115	10	.385	1	0-0
Total	52	13	6	32	66	.197	33	.500	4	0-0

ALLI SEEGBERS

fr., defender
 Waverly, Iowa/Waverly-Shell Rock HS

One varsity letter

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2023	18	1	0	2	17	.059	8	.471	0	0-0
Total	18	1	0	2	17	.059	8	.471	0	0-0

NICOLE SINCLAIR

so., defender
 Arvada, Colo./Jefferson Academy

Two varsity letters
 Co-Hustle Award (2023)

	GP	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022	11	0	0	0	3	.000	2	.667	0	0-0
2023	15	1	1	3	7	.143	3	.429	0	0-0
Total	26	1	1	3	10	.143	5	.500	0	0-0

ZOEY SIZEMORE

fr., goalkeeper
 Omaha, Neb./Mercy HS

One varsity letter
 American Rivers All-Conference, honorable mention (2023)
 Conference defensive player of the week (Sept. 5, 2023)
 Newcomer of the Year Award (2023)

School leaderboard:

- (tie) Goals against average, season -- 1.13 (19 GA, 1,514 min.), 2023
- (tie) Most wins, season - 9, 2023
- Most wins, career - 9, 2023-present
- (tie) Most shutouts, season - 10, 2023
- (tie) Most shutouts, season - 10, 2023-present

	GP	Min	GA	GAAvg	Saves	Save%	W	L	T	SO
2023	18	1514:11	19	1.13	76	.800	9	5	4	4
Total	18	1514:11	19	1.13	76	.800	9	5	4	4



**2023-24 Central (IA) Women's Soccer
Overall Team Statistics
All games**

Game Records

Overall	Conference	Home	Away	Neutral
9 - 5 - 4	4 - 3 - 1	5 - 1 - 3	4 - 4 - 1	0 - 0 - 0

Team statistics

	CENT	OPP
SHOT STATISTICS		
Goals-Shot attempts	35-278	19-195
Goals scored per game	1.94	1.06
Shot pct.	.126	.097
Shots on goal-Attempts	134-278	101-195
SOG pct.	.482	.518
Shots/Game	15.4	10.8
Assists	32	16
GOAL BREAKDOWN		
Total Goals	35	19
Penalty	0	0
Unassisted	-	-
Overtime	0	0
Goals scored average	1.94	1.06
CORNER KICKS	94	74
PENALTY KICKS	0-1	0-0
OFFSIDES	15	25
PENALTIES		
Fouls	111	109
Yellow cards	1	3
Red cards	0	0
ATTENDANCE		
Total	1000	707
Dates/Avg Per Date	9/111	9/79
Neutral Site #/Avg	0/0	-

Goals by Periods

Team	1st	2nd	OT1	OT2	TOTAL
Cent	17	18	0	0	35
Opponents	8	11	0	0	19

Corners by Periods

Team	1st	2nd	OT1	OT2	TOTAL
Cent	46	48	0	0	94
Opponents	35	39	0	0	74

Shots by Periods

Team	1st	2nd	OT1	OT2	TOTAL
Cent	139	139	0	0	278
Opponents	88	107	0	0	195

Fouls by Periods

Team	1st	2nd	OT1	OT2	TOTAL
Cent	42	69	0	0	111
Opponents	50	59	0	0	109

Saves by Periods

Team	1st	2nd	OT1	OT2	TOTAL
Cent	40	42	0	0	82
Opponents	50	49	0	0	99

Offsides by Periods

Team	1st	2nd	OT1	OT2	TOTAL
Cent	8	7	0	0	15
Opponents	11	14	0	0	25



**2023-24 Central (IA) Women's Soccer
Individual Statistics
All games**

Game Records

Overall	Conference	Home	Away	Neutral
9 - 5 - 4	4 - 3 - 1	5 - 1 - 3	4 - 4 - 1	0 - 0 - 0

Team Box Score

No.	Player	GP-GS	MIN	G	A	PTS	SH	SH%	SOG	SOG%	YC	RC	GWG	PK-ATT	FG	OT	HAT	GTG	FOUL
12	Coates, Grace	18-18	1365	15	6	36	77	.195	41	.532	0	0	5	0-0	5	0	1	1	10
5	Cahill, Paige	17-16	1108	6	11	23	38	.158	20	.526	0	0	0	0-0	3	0	0	0	3
33	Santana, Amber	18-18	1034	3	3	9	26	.115	10	.385	0	0	1	0-0	1	0	0	0	3
10	Frey, Abby	9-9	508	2	4	8	13	.154	7	.538	0	0	1	0-0	1	0	0	0	3
23	Isom, Kaitlyn	17-16	1140	2	3	7	31	.065	16	.516	1	0	2	0-0	2	0	0	0	7
20	Pavelka, Mimi	18-18	1497	2	0	4	6	.333	3	.500	0	0	0	0-0	0	0	0	0	11
7	Seegers, Alli	18-18	1478	1	1	3	19	.053	8	.421	0	0	0	0-1	0	0	0	0	9
2	Newton, Josie	18-4	785	1	1	3	14	.071	5	.357	0	0	0	0-0	0	0	0	0	5
22	Sinclair, Nicole	15-15	1165	1	1	3	7	.143	3	.429	0	0	0	0-0	0	0	0	0	12
3	Hunter, Hailey	18-0	553	1	0	2	13	.077	8	.615	0	0	0	0-0	0	0	0	0	6
21	Lynch, Bridget	18-18	1601	1	0	2	10	.100	2	.200	0	0	0	0-0	0	0	0	1	5
6	Eighmy, Piper	18-12	1116	0	1	1	13	.000	4	.308	0	0	0	0-0	0	0	0	0	11
0	Sizemore, Zoey	18-18	1515	0	1	1	0	.000	0	.000	0	0	0	0-0	0	0	0	0	0
14	Jones, Taylor	12-0	291	0	0	0	4	.000	2	.500	0	0	0	0-0	0	0	0	0	3
15	Huizenga, Bailey	8-0	262	0	0	0	3	.000	2	.667	0	0	0	0-0	0	0	0	0	1
24	Miller, Annaliese	12-0	146	0	0	0	3	.000	2	.667	0	0	0	0-0	0	0	0	0	3
16	Lind, Kennedy	8-0	107	0	0	0	1	.000	1	1.000	0	0	0	0-0	0	0	0	0	1
1	Lester, Bailey	6-0	113	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	0
18	Brown, Katy	18-18	1587	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	11
28	Garrett, Emma	11-0	226	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	4
19	Castillo, Alyssa	5-0	65	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	1
8	Havlicek, Georgia	6-0	49	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	0
11	Drake, Emmy	8-0	120	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	1
Total		18	-	35	32	102	278	.126	134	.482	1	0	-	0-1	12	0	1	-	111
Opponents		18	-	19	16	54	195	.097	101	.518	3	0	-	0-0	5	0	0	-	109

No.	Goalie	GP-GS	Goal Average			Saves		Record			
			MINS	GA	GA AVG	SAVES	PCT	W	L	T	SHO/CBO
0	Sizemore, Zoey	18-18	1514:11	19	1.13	76	.800	9	5	4	4/5
1	Lester, Bailey	6-0	105:49	0	0.00	4	1.000	0	0	0	0/5
TM	TEAM	-	00:00	0	0.00	2	1.000	0	0	0	5/0
Total		18	1620:00	19	1.06	82	.812	9	5	4	9
Opponents		18	1620:00	35	1.94	99	.739	5	9	4	3

Goals by Periods

Team	1st	2nd	OT1	OT2	TOTAL
Cent	17	18	0	0	35
Opponents	8	11	0	0	19

Corners by Periods

Team	1st	2nd	OT1	OT2	TOTAL
Cent	46	48	0	0	94
Opponents	35	39	0	0	74

Shots by Periods

Team	1st	2nd	OT1	OT2	TOTAL
Cent	139	139	0	0	278
Opponents	88	107	0	0	195

Fouls by Periods

Team	1st	2nd	OT1	OT2	TOTAL
Cent	42	69	0	0	111
Opponents	50	59	0	0	109



2023-24 Central (IA) Women's Soccer
Individual Statistics
All games

Saves by Periods

Team	1st	2nd	OT1	OT2	TOTAL
Cent	40	42	0	0	82
Opponents	50	49	0	0	99

Attendance Summary

	CENT	Opponents
Total	1000	707
Dates/Avg Per Date	9 / 111	9 / 79
Neutral Site #/Avg	0 / 0	



**2023-24 Central (IA) Women's Soccer
Team Game-by-Game
All games**

Date	Opponent	Score	G	A	Pts	Sh	Sh%	Sog	Sog%	GW	GT	UA	OT	PK-Att	YC	RC	MIN
09/01/2023	St. Mary's (IN)	2-0	2	2	6	13	.154	9	.692	1	0	-	0	0-0	0	0	136
09/02/2023	Hope	1-1	1	0	2	5	.200	2	.400	0	0	-	0	0-0	0	0	114
09/06/2023	at Northwestern-St. Paul	5-0	5	5	15	27	.185	11	.407	1	0	-	0	0-0	0	0	133
09/09/2023	North Park	2-2	2	2	6	20	.100	14	.700	0	1	-	0	0-0	0	0	119
09/13/2023	at Augustana (IL)	0-2	0	0	0	18	.000	8	.444	0	0	-	0	0-0	0	0	109
09/16/2023	Westminster (MO)	3-0	3	2	8	21	.143	10	.476	1	0	-	0	0-0	0	0	174
09/17/2023	at Illinois Col.	4-0	4	4	12	16	.250	11	.688	1	0	-	0	0-0	0	0	110
09/20/2023	at Grinnell	0-0	0	0	0	14	.000	6	.429	0	0	-	0	0-0	0	0	109
09/24/2023	at Simpson	0-3	0	0	0	5	.000	2	.400	0	0	-	0	0-0	0	0	121
09/26/2023	Greenville	3-0	3	3	9	14	.214	7	.500	1	0	-	0	0-0	0	0	112
09/30/2023	Dubuque	1-1	1	1	3	20	.050	8	.400	0	1	-	0	0-0	0	0	106
10/04/2023	Buena Vista	5-0	5	6	16	39	.128	17	.436	1	0	-	0	0-0	0	0	118
10/10/2023	at Luther	1-4	1	1	3	9	.111	3	.333	0	0	-	0	0-1	0	0	119
10/14/2023	Wartburg	1-0	1	1	3	17	.059	8	.471	1	0	-	0	0-0	0	0	110
10/18/2023	at Coe	3-0	3	2	8	13	.231	9	.692	1	0	-	0	0-0	0	0	111
10/21/2023	at Neb. Wesleyan	2-1	2	2	6	13	.154	6	.462	1	0	-	0	0-0	0	0	110
10/24/2023	Loras	1-3	1	0	2	3	.333	2	.667	0	0	-	0	0-0	1	0	115
10/28/2023	at Dubuque	1-2	1	1	3	11	.091	1	.091	0	0	-	0	0-0	0	0	113
Totals		35-19	35	32	102	278	.126	134	.482	-	-	-	0	0-1	1	0	2139
Opponents			19	16	54	195	.097	101	.518	-	-	-	0	0-0	3	0	-

TEAM PER-GAME

Games played	Shots per game	Goals per game	Assists per game	Points per game
18	15.44	1.94	1.78	5.67

Date	Opponent	Score	Minutes	GA	GAAvg	Saves	Save%	W	L	T	SHO
09/01/2023	St. Mary's (IN)	2-0	90:00	0	0.00	5	1.000	1	0	0	1
09/02/2023	Hope	1-1	90:00	1	1.00	18	.947	0	0	1	0
09/06/2023	at Northwestern-St. Paul	5-0	90:00	0	0.00	6	1.000	1	0	0	1
09/09/2023	North Park	2-2	90:00	2	2.00	4	.667	0	0	1	0
09/13/2023	at Augustana (IL)	0-2	90:00	2	2.00	2	.500	0	1	0	0
09/16/2023	Westminster (MO)	3-0	90:00	0	0.00	4	1.000	1	0	0	1
09/17/2023	at Illinois Col.	4-0	90:00	0	0.00	1	1.000	1	0	0	1
09/20/2023	at Grinnell	0-0	90:00	0	0.00	5	1.000	0	0	1	1
09/24/2023	at Simpson	0-3	90:00	3	3.00	3	.500	0	1	0	0
09/26/2023	Greenville	3-0	90:00	0	0.00	3	1.000	1	0	0	1
09/30/2023	Dubuque	1-1	90:00	1	1.00	8	.889	0	0	1	0
10/04/2023	Buena Vista	5-0	90:00	0	0.00	1	1.000	1	0	0	1
10/10/2023	at Luther	1-4	90:00	4	4.00	3	.429	0	1	0	0
10/14/2023	Wartburg	1-0	90:00	0	0.00	3	1.000	1	0	0	1
10/18/2023	at Coe	3-0	90:00	0	0.00	4	1.000	1	0	0	1
10/21/2023	at Neb. Wesleyan	2-1	90:00	1	1.00	1	.500	1	0	0	0
10/24/2023	Loras	1-3	90:00	3	3.00	6	.667	0	1	0	0
10/28/2023	at Dubuque	1-2	90:00	2	2.00	5	.714	0	1	0	0
Totals		35-19	1620:00	19	1.06	82	.812	9	5	4	9
Opponents			1620:00	35	1.06	99	.739	5	9	4	3

NCAA Statistics

Central (IA) - 2023-24 Women's Soccer Ranking Summary thru games 12/02/2023

Statistic	National Rank	Conference Rank	Value	National Leader	Value	Conference Leader	Value
Assists Per Game (420 ranked)	58	2	1.78	North Central (IL)	3.81	Loras	2.67
Corner Kicks Per Game (429 ranked)	98	4	5.22	JWU (Providence)	8.71	Loras	7.57
Fouls Per Game (429 ranked)	109	3	6.17	Warren Wilson	1.14	Buena Vista	3.00
Goals-Against Average (429 ranked)	140	4	1.056	Chris. Newport	0.221	Loras	0.326
Penalty Kicks (297 ranked)	297	8	0.000	194 teams tied	1.000	4 teams tied	1.000
Points Per Game (427 ranked)	100	4	5.67	North Central (IL)	12.48	Loras	8.76
Red Cards (20 ranked)				Elms	3	Loras	1
				Rutgers-Newark	3	Luther	1
Save Pct (429 ranked)	111	3	0.812	St. Catherine	0.917	Loras	0.885
Saves Per Game (429 ranked)	262	6	4.56	Wells	18.33	Buena Vista	7.81
Scoring Offense (427 ranked)	132	4	1.94	John Jay	4.64	Loras	3.05
Shot Accuracy (429 ranked)	323	6	0.482	Trinity Washington	0.800	Buena Vista	0.605
Shots Per Game (429 ranked)	134	4	15.44	JWU (Providence)	25.83	Loras	20.10
Shots on Goal Per Game (429 ranked)	169	4	7.44	Wilson	14.30	Loras	9.62
Shutout Percentage (414 ranked)	76	2	0.500	Chris. Newport	0.818	Loras	0.714
Total Assists (419 ranked)	72	3	32	North Central (IL)	80	Loras	56
Total Goals (425 ranked)	132	4	35	JWU (Providence)	95	Loras	64
Total Points (425 ranked)	112	4	102	North Central (IL)	262	Loras	184
Won-Lost-Tied Percentage (422 ranked)	120	4	0.611	Chris. Newport	0.932	Loras	0.881
Yellow Cards (411 ranked)	411	8	1	New Jersey City	32	Loras	12
						Luther	12

Statistic	Player	National Rank	Conference Rank	Value	National Leader	Value	Conference Leader	Value
Assists Per Game (164 ranked)	Paige Cahill	11	1	0.65	Josephine Sorce, Marywood	0.94	Paige Cahill, Central (IA)	0.65
	Grace Coates	164	8	0.33				
Game-Winning Goals (128 ranked)	Grace Coates	29	3	5	Victoria D'Imperio, TCNJ	8	Emma Kober, Dubuque	7
					Kathryn Kresse, Carleton	8		
					Elle Sutter, North Central (IL)	8		
Goalie Minutes Played (250 ranked)	Zoey Sizemore	92	3	1514:11	Madeline Martin Kosier, John Carroll	2090:00	Kyndal Kells, Loras	1841:32
Goals Against Average (250 ranked)	Zoey Sizemore	153	4	1.129	Amy Sidaway, Chris. Newport	0.222	Kyndal Kells, Loras	0.342
Goals Per Game (249 ranked)	Grace Coates	40	4	0.83	Alyse Then, Old Westbury	1.88	Savannah Johnson, Loras	1.14
Penalty Kicks (1 ranked)					379 players tied	1.000	7 players tied	1.000
Points Per Game (200 ranked)	Grace Coates	38	4	2.00	Alyse Then, Old Westbury	4.31	Savannah Johnson, Loras	2.81
	Paige Cahill	152	6	1.35				
Red Cards (2 ranked)					Carson Warfield, Lewis & Clark	2	Kyndal Kells, Loras	1
							Emma Lin, Luther	1
Save Pct (250 ranked)	Zoey Sizemore	148	3	0.800	Andreanna Wilke, Ripon	0.929	Kyndal Kells, Loras	0.881
Saves Per Game (250 ranked)	Zoey Sizemore	240	7	4.22	Mya Chickering, Wells	18.80	Trisha Westphal, Buena Vista	7.00
Shot Accuracy (144 ranked)					Siena Sujitno, Pratt	0.796	Lauren Kirkle, Wartburg	0.719
Shots Per Game (150 ranked)	Grace Coates	58	4	4.28	Halley Shaffer, Wilson	7.60	Maggie Haller, Luther	4.74
Shots on Goal Per Game (249 ranked)	Grace Coates	58	3	2.28	Alyse Then, Old Westbury	4.63	Cassie Nash, Simpson	2.86
Shutouts (121 ranked)					Sidney Conner, WashU	16	Kyndal Kells, Loras	10
Total Assists (153 ranked)	Paige Cahill	13	1	11	Josephine Sorce, Marywood	17	Paige Cahill, Central (IA)	11
	Grace Coates	153	9	6			Savannah Johnson, Loras	11
Total Goals (183 ranked)	Grace Coates	42	4	15	Alyse Then, Old Westbury	30	Savannah Johnson, Loras	24
Total Points (247 ranked)	Grace Coates	45	4	36	Alyse Then, Old Westbury	69	Savannah Johnson, Loras	59
	Paige Cahill	181	6	23				
Total Saves (246 ranked)	Zoey Sizemore	178	6	76	Angel Lockett, Wesleyan (GA)	206	Trisha Westphal, Buena Vista	105
Yellow Cards (56 ranked)					Carson Warfield, Lewis & Clark	7	Maggie Haller, Luther	3
							Emerson Wilson, Dubuque	3