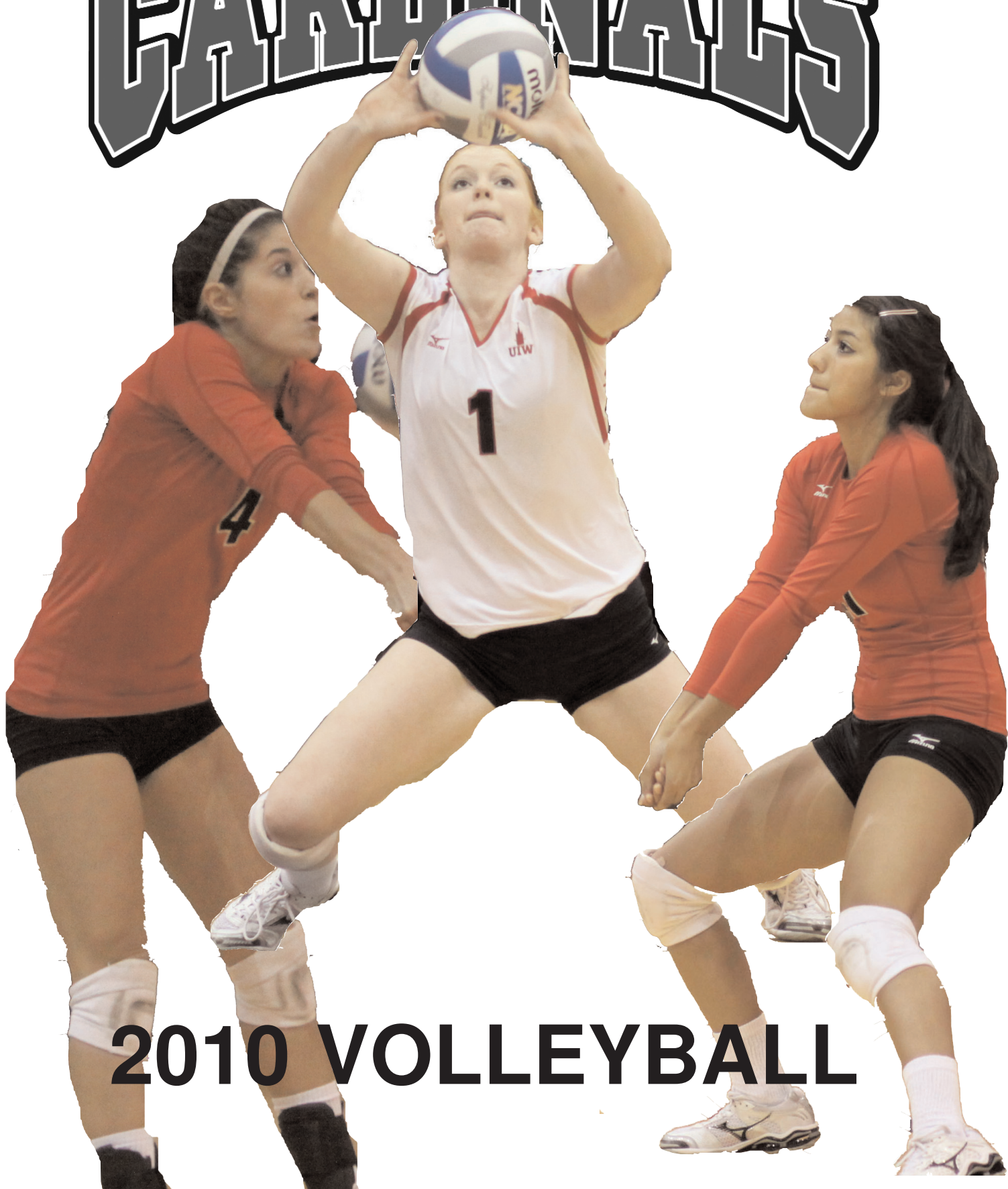


CARDINALS



2010 VOLLEYBALL

2010 CARDBINALS SCHEDULE

DATE	DAY	OPPONENT	SITE	TIME
September				
7	Tuesday	ST. MARY'S (Camper Night)	UIW	7 p.m.
10-11	Fri-Sat	at Angelo State Invitational	San Angelo	
		10th: vs Nebraska / Omaha		Noon
		vs Colorado Mines		3 p.m.
		11th: vs Lubbock Christian		9 a.m.
		vs Texas A&M International		3 p.m.
16	Thursday	CENTRAL OKLAHOMA (x)	UIW	7 p.m.
18	Saturday	SOUTHWESTERN OKLAHOMA (x) (Kids' Day)	UIW	2 p.m.
23	Thursday	at Midwestern State (x)	Wichita Falls	7 p.m.
25	Saturday	at Cameron (x)	Lawton, Okla.	2 p.m.
29	Wednesday	TEXAS A&M / KINGSVILLE (x) (Youth Day)	UIW	7 p.m.
October				
1	Friday	TEXAS A&M / COMMERCE	UIW	7 p.m.
5	Tuesday	at St. Edward's	Austin	7 p.m.
7	Thursday	EAST CENTRAL OKLAHOMA (x)	UIW	7 p.m.
9	Saturday	SOUTHEASTERN OKLAHOMA (x)	UIW	2 p.m.
12	Tuesday	at St. Mary's	San Antonio	7 p.m.
16	Saturday	at Tarleton State (x)	Stephenville	2 p.m.
21	Thursday	at West Texas A&M (x)	Canyon	7 p.m.
23	Saturday	at Eastern New Mexico (x)	Portales, N.M.	7 p.m.
28	Thursday	ANGELO STATE (x) (Trick or Treat Night)	UIW	7 p.m.
30	Saturday	ABILENE CHRISTIAN (x) (Homecoming)	UIW	11 a.m.
November				
2	Tuesday	ST. EDWARD'S (Senior Night)	UIW	7 p.m.
4	Thursday	at Texas Woman's (x)	Denton	7 p.m.
6	Saturday	at Texas A&M / Commerce	Commerce	2 p.m.
11-13	Thur0Sat	at Lone Star Conference Championships	TBD	
18-20	Thur-Sat	at NCAA D-II South Central Championships	TBD	

(x) Lone Star Conference Matches



I chose
Division II

UIW QUICK FACTS

Name	The University of the Incarnate Word
Address	4301 Broadway San Antonio, Texas 78209
Athletic Telephone	(210) 829-2722
Sports Information Telephone	(210) 829-3828
President	Dr. Louis J. Agnese Jr.
Enrollment	7,176
Founded	1881
Mascot	Cardinals
Colors	Red, Black and White
National Affiliation	NCAA Division II
Conference	Lone Star
Sports	19 teams, 13 sports (9 men, 10 women)
web site	www.cardinalathletics.com

ATHLETICS DEPARTMENT

Director of Athletics	Mark Papich 829-6053
Faculty Athletic Rep.	Dr. Lydia Andrade 829-3877
Asst. AD/Senior Woman Adm.	Angela Lawson 829-3827
Asst. AD/Compliance Coord.	Stacy Nordquist
Athletic Trainer	B. J. Lough 829-3834
	T. R. St. Charles (asst.) DomLouise Martens (asst.)
Sports Info. Director	Wayne Witt 829-3828
	Mark Turner (asst. director) Jackie Sova (grad. asst.)
Operations Manager	Ryan Eschenburg (grad. asst.) Kevin Rubel 829-6048
Administrative Assistant	Lisa Townzen 829-2722

UIW HEAD COACHES

Baseball	Danny Heep 829-3830
Basketball, Men	Ken Burmeister 829-6052
Basketball, Women	Angela Lawson 829-3827
Cheerleading / Dance	Audrey Brooks
Cross Country, M&W	Derek Riedel 805-3566
Football	Mike Santiago 805-3011
Golf, M&W	TBA 829-2795
Soccer, Men	John Smith 841-7396
Soccer, Women	Tina Patterson 829-3941
Softball	Todd Bradley 829-3969
Swimming, M&W	Phillip Davis 805-3078
Synchronized Swimming	Kim Wurzel-LoPorto 829-2796
Tennis, M&W	John Newman 283-5006
Volleyball	Jennifer Montoya 829-3567
Track and Field, M&W	Derek Riedel 805-3566

VOLLEYBALL FACTS

STAFF

HEAD COACH Jennifer Sanchez Montoya
Alma Mater U of Florida '02
Overall Record 117-118 (7 Years)
Record at UIW Same
Telephone (210) 805-3567
Fax (210) 805-3574

GRADUATE ASSISTANT TBD
Telephone (210) 805-3567
Fax (210) 805-3567

TRAINER DomLouise Martens
Telephone (210) 829-3834

2009 SEASON

Record 24-9
Home 8-3
Road 8-4
Neutral 8-2

Heartland Conference
10-3 (2nd)
Tournament Semi-finals

Rankings
South Central Regional None
National None

Honors
ESPN The Magazine Academic All-District Emily Kopecki, Sarah Nordman (2)
AVCA All-South Central Region Edie Weise (HM)

Heartland Player of the Year Edie Weise
All-Heartland Conference Edie Weise, Sarah Nordman, Emily Kopecki

Heartland President's Honor Roll Sarah Nordman, Emily Kopecki, Mary Beth Huber, Anna Herr, Chera Smith, Stephanie Tomasik
Heartland Commissioner's Honor Roll Edie Weise, Spencer Ladd, Chelsea Grayson, Danielle Vidaurri, Marisol Lopez

Heartland Player of the Week Edie Weise (3), Sarah Nordman (7), Spencer Ladd (4), Emily Kopecki

2010 SEASON

Players Returning / Lost	9 / 5
Starters Returning / Lost	3 / 3
Pre-Season Rankings	None

HISTORY

First Match	Tarleton State Tournament
First Recorded Win	1986, 2-0 vs McMurry
First Home Match	1986, d. McMurry 3-0
First Home Win	1986, d. McMurry 3-0
First Season Record	22-19
All-Time Record	428-412 (23 Yrs, 51.0%)
100th Win	2-0, 9/20/91 at Texas College
200th Win	3-0, 10/11/96 vs Aquinas (Mich) at Daniels Classic, Austin
300th Win	3-0, 8/30/03 vs Colorado Mines at Canyon
400th Win	3-0, 10/23/08 at Texas A&M International
NCAA Post-Season	None
NAIA Post-Season	5 (Last 1997)
NAIA Regional Titles	1 (Southwest, 1997)
NAIA National Tournament	1 (1997)
Heartland Conference Titles	1 (2007)
Heart of Texas Conf. Titles	2 (Last 1997)

INSIDE

All-Time Honors
All-Time Roster
All-Time Series
Athletic Department
Coaches by Wins
Gross, Marisa, Asst. Coach
Leaders By Year
Lone Star Conference
Martens, DonLouise, Trainer
Montoya, Jennifer, Coach
Players
Sports Information
Team Records
UIW Head Coaches
UIW Quick Facts
Volleyball at Home
Volleyball Facts
Year-by-Year Records
2010 Opponents
2010 Roster
By Class
By Height
By Location
2010 Schedule Inside Front
2009
Results
Statistics
Streaks



SPORTS INFORMATION

Director	Wayne Witt
Telephone	(210) 829-3828
Fax	(210) 829-3825
e-mail	witt@uiwtx.edu
Assistant Director	Mark Turner maturner@uiwtx.edu
Graduate Assistant	Jackie Sova
Graduate Assistant	Ryan Eschenburg
Mailing Address	4301 Broadway San Antonio, Texas 78209
Web Site	www.cardinalathletics.com

GENERAL

The goal at The University of the Incarnate Word is to provide fair and accurate services to members of the media and, in turn, the University's athletic programs ask for fair and accurate coverage. As a result UIW staff persons will strive to meet any and all reasonable requests. As the 2010-2011 athletic year progresses, new and updated information about UIW will be available. Please contact the Office of Sports Information at (210) 829-3828.

COACH JENNIFER MONTOYA

The season of 2009 was an interesting tour for Coach Jennifer Montoya and her Incarnate Word Cardinals volleyball team.



The end record of 24-9 was the best in her now seven years as head of the UIW program. She and the Cardinals opened the year by winning six of the first seven matches. In late September they ran off five in a row and matched that string in late October-early November leading up to the Heartland

Conference championship tournament.

There was one large, interesting fact. The longest losing streak of the season was one. That happened nine times as the Cardinals were able to always recover and not sustain any down times.

Seeded second in the tournament which would provide the automatic NCAA post-season bid, the Cardinals hit a bump in the road and lost in the first round.

That was the final hoorah for UIW and the Heartland. This fall Coach Montoya and her team will be competing in the ever-tough Lone Star Conference. It won't all be totally strange for the Cardinals as in 2009 UIW played 11 matches against LSC teams and went 6-5.

That final 24-9 record gave Coach Montoya three straight seasons of plus-.500 volleyball. Her cumulative mark at Incarnate Word has gotten to just one match below .500 at 117-118.

There is no question that the Cardinals are now her program. She is more comfortable with the fortunes of the program, a departure from her first days after being hired in the summer of 2003. It's history now but the story remains worth repeating about how, in the early days, she would work off tension by going to a local batting cage and taking out her aggression on the baseball.

Everywhere she has been, Jennifer Montoya has played for winning teams and she has garnered top individual awards. That includes

PERSONAL

Name Jennifer Sanchez Montoya
 Born February 4, 1978
 Hometown San Antonio
 Education Graduate,
 Providence High School
 BA in graphic design,
 University of Florida, 2002
 Family husband Adrian,
 children Maia (6), Derek (5)

COACHING CAREER

Head Volleyball Coach
 Incarnate Word, 2003 to present

COACHING RECORD

2003	Incarnate Word	18-20
2004	Incarnate Word	7-24
2005	Incarnate Word	17-17
2006	Incarnate Word	9-23
2007	Incarnate Word	23-9
2008	Incarnate Word	19-16
2009	Incarnate Word	24-9
		117-118, .498

POSTSEASON

2002	Portuguese League Championship
2003	Heartland Conference Tournament Semi-finals
2004	Heartland Conference Tournament Pool Play
2005	Heartland Conference Tournament Semi-finals
2007	Heartland Conference Champions
2008	Heartland Conference Tournament Runnerup
2009	Heartland Conference Tournament Semi-finals

HONORS

1996	Gatorade Southwest Region Player of the Year
1996	San Antonio EXPRESS-NEWS Player of the Year
1997	Academic All-Southeast Conference
1998	NCAA Division I All-American
1998	AVCA All-District
1998	Arthur Ashe Scholar-Athlete Award
1998	All-Southeast Conference
1998	Academic All-Southeast Conference
1999	AVCA All-District
1999	Arthur Ashe Scholar-Athlete Award
1999	All-Southeast Conference
1999	Academic All-Southeast Conference
2005	Heartland Conference Coach of the Year
2007	Heartland Coach of the Year

being voted the Heartland's coach of the year following 2005.

Immediately before UIW she played professionally in Maia, Portugal. Her team Castelo da Maia Ginasio Clube won the Portuguese League Championship and the Portuguese Cup.

Those successes were an extension of what she accomplished at the University of Florida where she was a 1998 All-American player. Three times her teams reached the NCAA Final Four and the other year the Gators were in the Elite Eight. She led Florida to four Southeastern Conference titles and three SEC tournament championships.

At Florida, she earned a bachelor's degree in graphic design in 2002.

Her list of individual accomplishments at Florida is extensive. She was AVCA all-district twice, she was All-SEC twice, and three times All-SEC academic. In 1999 alone, she was on five different all-tournament teams. She received the Arthur Ashe Scholar-Athlete Award and the Multicultural Recognition Award.

Her high school training came right here in San Antonio. She is a graduate of Providence High School where in 1996 she was the Gatorade Southwest Regional Player of the Year and was the San Antonio EXPRESS-NEWS Player of the Year. In addition to being the school's athlete of the year, she was the scholar-athlete of the year.

Coach Montoya and her husband Adrian are the parents of daughter Maia Lynn (6) and Derek (5).



DONLOUISE

★WEEZER★

MARTENS

ATHLETIC TRAINER

DonLouise "Weezer" Martens arrived on the Incarnate Word campus in August of 2008, just in time to go directly into the fall pre-seasons for Cardinals fall teams.



She is an assistant in the UIW athletic training department. Her principal areas of responsibility are volleyball, the water sports-swimming and synchro-and in the spring softball.

Weezer came to Incarnate Word directly from Texas Lutheran University where she had five years of service first as an intern in the athletic training area. In 2007 she moved to fulltime there along with being a clinical instructor.

A member of the National and Southwest athletic trainers associations, she is certified nationally and is licensed in the State of Texas. Her bachelor's degree in biology is from Bethel College and her master's in exercise science is from Texas State University.

A native of Kinsley, Kan., she and husband Jason are the parents of Jaden (4) and Alexis (2).

CARDINALS BY CLASS

SENIOR

Spencer Ladd
Marisol Lopez
Sarah Nordman

JUNIOR

Chelsea Grayson
Bailey Hanaway
Anna Herr
Mary Beth Huber
Chera Smith

SOPHOMORE

Stephanie Bonura
Daniella Vidaurri
Lydia Werchan

FRESHMAN

Sarah Cardenas
Elizabeth Soukup
Vanecia Spencer

CARDINALS BY HEIGHT

Sarah Cardenas	5-5
Spencer Ladd	5-5
Marisol Lopez	5-5
Mary Beth Huber	5-7
Vanecia Spencer	5-7
Elizabeth Soukup	5-8
Lydia Werchan	5-8
Stephanie Bonura	5-10
Chelsea Grayson	5-10
Sarah Nordman	5-10
Chera Smith	5-10
Daniella Vidaurri	6-0
Bailey Hanaway	6-1
Anna Herr	6-1

CARDINALS BY LOCATION

SAN ANTONIO

Spencer Ladd
Sarah Nordman
Daniella Vidaurri

BOERNE

Anna Herr

CONROE

Chera Smith

EAGLE PASS

Marisol Lopez

GRANDVIEW

Vanecia Spencer

HELOTES

Sarah Cardenas
Elizabeth Soukup

HOUSTON

Stephanie Bonura

MARTINDALE

Bailey Hanaway

NEW BRAUNFELS

Chelsea Grayson
Mary Beth Huber

SPRING BRANCH

Lydia Werchan

MARISA

GROSS

VOLUNTEER COACH

The fall of 2010 is Marisa Gross' second season of action with the Incarnate Word volleyball team. She is working as a volunteer coach while she studies for her master's degree in sports management.



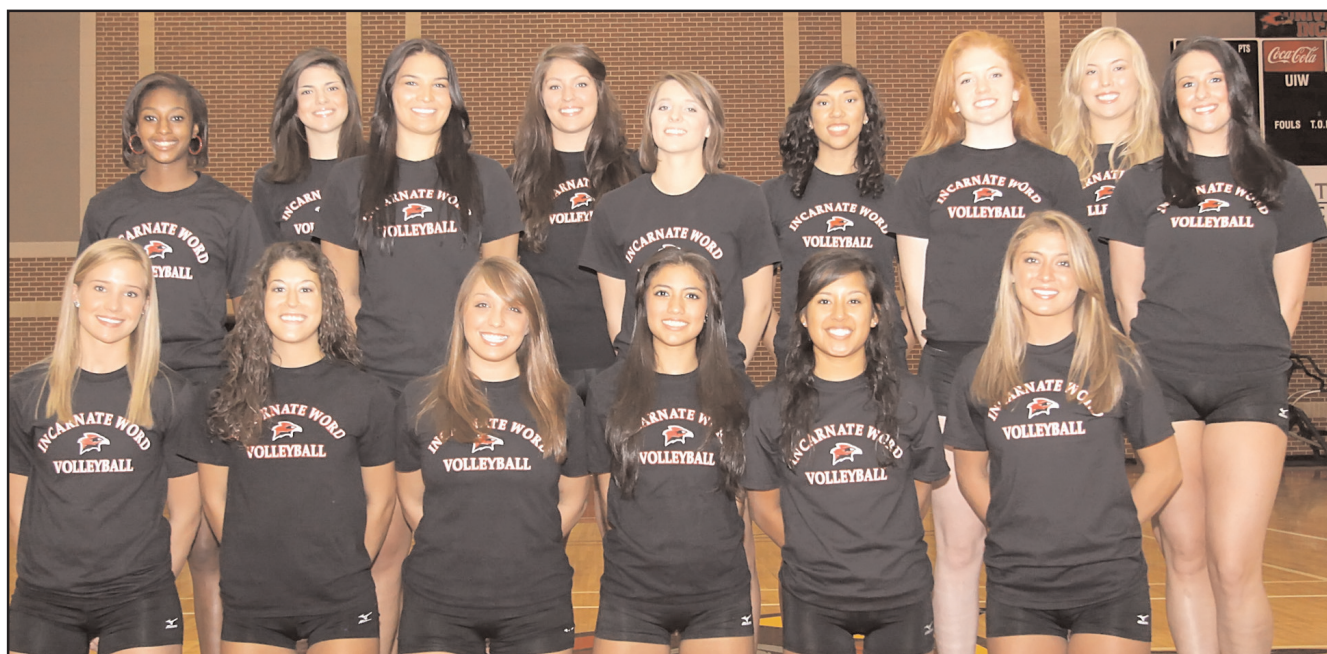
She is a graduate of the University of Maryland / Baltimore County where she was a three-year starter in volleyball. She once had 29 digs in a single match and that is

third on the all-time school list.

Prior to her collegiate days, she graduated from Forest Park High School in the Baltimore area. There, in 2003, she was the AAA state player of the year after being regional player of the year for the second consecutive year. She holds the school record for kills in a career.

Volleyball runs through the fiber of her family. Sister Megan played at UM Baltimore County and sister Morgan played at Sacred Heart University and was on the All-Army team.





No	PLAYER	Pos	HT	CLASS	HOMETOWN ★SCHOOL★
1	Sarah Nordman	S	5-10	SR	San Antonio (MacArthur)
2	Sarah Cardenas	S/DS	5-5	FR	Helotes (O'Connor)
3	Vanecia Spencer	MB	5-7	FR	Grandview (Grandview)
4	Spencer Ladd	DS	5-5	SR	San Antonio (Madison)
5	Mary Beth Huber	S	5-7	JR	New Braunfels (New Braunfels)
6	Chera Smith	OH	5-10	JR	Conroe (Conroe)
7	Anna Herr	MB	6-1	JR	Boerne (Boerne)
8	Bailey Hanaway	MB	6-1	JR	Martindale (Hill Country Christian)
9	Lydia Werchan	OH/DS	5-8	SO	Spring Branch (Smithson Valley)
10	Danielle Suarez	S/DS	5-5	SO	San Antonio (Antonian Prep)
15	Chelsea Grayson	OH	5-10	JR	New Braunfels (Canyon)
16	Beth Soukup	OH	5-8	FR	Helotes (O'Connor)
17	Daniella Vidaurri	MB	6-0	SO	San Antonio (Southwest)
19	Stephanie Bonura	OH	5-10	S	Houston (Lutheran North)
21	Marisol Lopez	DS	5-5	SR	Eagle Pass (Eagle Pass)

Coach: Jennifer Montoya
 Grad. Assistant: Marisa Gross
 Trainer: DonLouise Martens



★1

SARAH NORDMAN SETTER



SENIOR
5'10
SAN ANTONIO
MACARTHUR HS
BIRTHDATE★
6★9★89
MAJOR★ PSYCHOLOGY
★ ART

2009

- ESPN/The Magazine Academic All-District(2)
- All-Heartland Conference
- 7-time Heartland setter of the week
- 45th in the nation with 10.15 assists a set
- Her .304 hitting pct was 2nd in the Heartland
- She led the Heartland at 10.15 assists a set
- Heartland Conference President's Honor Roll

CAREER

- Now 4th all-time at UIW in assists
- 2007 Heartland freshman of the year
- Twice first team All-Heartland
- Twice led the Heartland in assists

HIGH SCHOOL

- Her coach was Margaret Mitchum
- All-District as a senior
- Team captain
- She also played basketball
- A-B Honor Roll all four years

PERSONAL

- Her parents are Sally and David Nordman
- Her brothers are Jacob and Jared
- Mother Sally played basketball at Texas Lutheran
- Father David played football at TLU
- She wears #1 to remind her of her goal of being number one
- She came to UIW for the balance of having fun and being serious about winning
- For advice she always turns to her parents
- UIW--she likes living on a smaller campus and playing volleyball close to home
- The thing she hasn't done yet is taking her mother backpacking in Europe
- She remembers a team bonding session, a jeopardy game and teammate Anna Herr drawing criticism for her technique on the buzzer
- A little known fact is she studied in Rome during the 2010 spring semester

SARAH'S UIW STATS

YEAR	SP	KILLS	K/G	PCT.	ASST	A/G
2007	117	124	1.06	.262	1330	11.37
2008	117	105	0.90	.180	1108	9.47
2009	124	161	1.30	.304	1259	10.15
TOTALS	358	390	1.09	.274	3697	10.33

YEAR	ACES	SA/G	DIGS	D/G	BLKS	B/G
2007	40	0.34	237	2.03	36	0.32
2008	24	0.21	174	1.49	17	0.15
2009	29	0.23	171	1.38	34	0.27
TOTALS	93	0.26	582	1.63	87	0.24

★2

SARAH CARDENAS SETTER ★



DEFENSIVE SPECIALIST
FRESHMAN
5'4
SAN ANTONIO
O'CONNOR HS
BIRTHDATE★
1★23★92
MAJOR★
MATHEMATICS

HIGH SCHOOL

- Her coach was Yamilet Garcia
- She was All-America HM
- In 2009 she was All-Texas
- She played in the TGHSCA all-star game
- She was academic all-state
- Four times she was unanimous all-district
- Three times she was EXPRESS-NEWS super team
- Three times she was the NISD tournament's best setter

PERSONAL

- Her parents are Denise and Javier Cardenas
- Her younger brother is Xavier
- Her family...mother Denise (volleyball at Edison HS, father Javier (football at White Middle and Roosevelt HS), Aunt Yamilet Garcia (volleyball at O'Connor HS), Uncle Alex (football at Edison HS), Uncles Oscar and Edward (football at Harlandale HS)
- She has worn jersey number 2 all through high school and now at UIW
- She chose UIW partly for the beautiful campus and because of the family atmosphere
- She thinks Michael Jordan is the greatest athlete
- She would like to meet Lucille Ball
- She hasn't yet but would like to sky dive
- She collects ear rings and fortune cookie fortunes
- She was a second base person in softball
- A funny moment was getting faced by Preslie Alexander in the regional quarterfinals
- A little known fact is every morning she eats banana nut Cheerios or Frosted Flakes with a cut up banana
- Call her "Sarita"

★3

VENECIA SPENCER MIDDLE



FRESHMAN
5'7
GRANDVIEW★
TEXAS
GRANDVIEW HS
BIRTHDATE★
1★12★92
MAJOR★
KINESIOLOGY

HIGH SCHOOL

- Her coaches were Stacy Bartosh and Kevin Pope
- As a senior she was All-County and hitter of the year
- In 2009 she was on the TGCA all-star team
- She was all-district and district hitter of the year
- As a senior in basketball she was both district and county defensive player of the year
- She was all-academic
- As a senior in track she was a regional qualifier in the 100, 200, 4x100 relay, triple jump and long jump
- In 2010 she was a state qualifier in the 4x100 and 4x400 relays

PERSONAL

- Her parents are Daphne and Jerry Young
- Her brothers are Charles and Daniel
- She has worn jersey number 3 forever and it's her favorite
- She thinks Florence Joyner is the greatest athlete
- About UIW she likes the overall atmosphere on campus
- She hasn't yet but she would like to bungee jump
- Her funny moment came on the track when she shot herself with the starter's gun
- A little known fact is she is a passionate person
- Call her "V"



**★4
SPENCER LADD
LIBERO**



SENIOR
5A5
SAN ANTONIO
MADISON HS
BIRTHDATE★
8A8A89
MAJOR★
COMMUNICATIONS

2009

- Heartland Commissioner's Honor Roll
- Four times conference libero of the week
- Was 27th in Division II with 5.0 digs a set
- She was 3rd in the Heartland in digs
- She played in all 127 sets
- Her 98 assists were 3rd on the team
- Her 22 service aces were 4th
- She set the school single season mark of 635 digs

CAREER

- Her 1419 career digs are now 3rd all-time
- She is UIW Dean's List
- She has played in 342 of a possible 373 in her three years

HIGH SCHOOL

- Her coaches were Matt Little and Renata Goebel
- She was all-district second team

PERSONAL

- Her parents are Debbie and Mark Ladd
- Her brother is Reis
- On campus she is a volunteer alumni photographer
- Father Mark played baseball at Texas Lutheran
- She wears jersey number 4 because she has worn it since she began volleyball
- She would like to meet Chris Berman and Stuart Scott
- She would like to meet Jennifer Aniston
- She likes UIW because it's small and family-based
- She would like to but hasn't yet skydived or whale watched
- She wants to be a sports journalist
- In softball she was a pitcher and second base person
- A little known fact is she loves marine life
- Call her "Spence" or "Spinner"

SPENCER'S UIW STATS

YEAR	SP	KILLS	K/B	PCT.	ASST	A/G
2007	101	0	0.00	.000	21	0.21
2008	114	2	0.02	-.211	46	0.40
2009	127	3	0.02	.000	98	0.77
TOTALS	342	5	0.01	-.205	165	0.48

YEAR	ACES	SA/G	DIGS	D/G	BLKS	B/G
2007	33	0.33	248	2.46	0	0.00
2008	32	0.28	536	4.70	0	0.00
2009	22	0.17	635	5.00	0	0.00
TOTALS	87	0.25	1419	4.15	0	0.00

**★5
MARY BETH HUBER
SETTER**



JUNIOR
5A7
NEW BRAUNFELS
NEW BRAUNFELS HS
BIRTHDATE★
12A7A89
MAJOR★
COMMUNICATIONS
ARTS

2009

- Heartland Conference President's Honor Roll
- She played in 102 of 127 total sets
- Her 130 assists were 2nd on the team
- Her 28 service aces were 3rd
- Her 189 digs were 4th

CAREER

- As a freshman she was 6th in the Heartland in service aces

HIGH SCHOOL

- Her coach was Phyllis Fowler
- Twice she was academic all-district
- She was all-district as a senior
- She also was all-state
- Her 2005 team won a state title

PERSONAL

- Her parents are Mary Kay and Burke Huber
- Her brothers are Burke, Matt, Jay
- She is UIW Business Club
- She came to UIW because of her teammate Spencer Ladd
- She thinks UIW AD Mark Papich is the greatest athlete ever
- She would like to meet musician Bob Marley
- To do, but hasn't yet-jump out of an airplane
- She wants a master's degree
- Little known about her-she has two different thumbs and takes more medications than most grandmothers
- Call her "Bob"

MARY BETH'S UIW STATS

YEAR	SP	KILLS	K/G	PCT.	ASST	A/G
2008	73	25	0.34	.184	170	2.33
2009	102	3	0.03	-.075	130	1.27
TOTALS	175	28	0.16	.163	300	1.71

YEAR	ACES	SA/G	DIGS	D/G	BLKS	B/G
2008	21	0.29	120	1.64	1	0.01
2009	28	0.27	189	1.85	1	0.01
TOTALS	49	0.28	309	1.77	2	0.01

**★6
CHERA SMITH
OUTSIDE HITTER**



JUNIOR
5A10
CONROE★ TEXAS
CONROE HS
BIRTHDATE★
5A5A90
MAJOR★
BIOLOGY ★ PREMED

2009

- Heartland President's Honor Roll
- She was in 54 of a possible 127 sets
- Her hitting pct. was 7th on the team

CAREER

- As a freshman her 128 kills were 5th
- She was in 80 sets as a freshman

HIGH SCHOOL

- Her coach was Erin Hubert
- She was first team all-county and all-district
- She graduated magna cum laude

PERSONAL

- Her parents are Connie and Chuck Smith
- Her sisters are Channing and Chelsea
- Sister Chelsea played volleyball at Northwestern State in Louisiana
- She has worn jersey number 6 since she was a high school freshman
- She chose UIW for its size and its science department
- Erin Andrews is her favorite sports personality
- She says Kerri Walsh is the greatest athlete
- She would like to meet Eric Northman
- She hasn't yet but would like to live in a foreign country and learn the language
- She wants to go to physician's assistants school
- Once as a basketball post player she fouled out in the second quarter
- A funny moment was when she lost a shoe in the middle of a play, picked it up and tossed away only to hit a woman in the stands
- A little known fact is she aced her organic chemistry class

CHERA'S UIW STATS

YEAR	SP	KILLS	K/S	PCT.	ASST	A/S
2008	80	128	1.60	.159	10	0.12
2009	54	79	1.46	.190	6	0.11
TOTALS	134	207	1.54	.168	16	0.12

YEAR	ACES	SA/SDIGS	D/SBLKS	B/S		
2008	6	0.08	46	0.57	15	0.19
2009	3	0.06	40	0.74	6	0.11
TOTALS	9	0.07	86	0.64	21	0.16

★7

ANNA HERR MIDDLE



JUNIOR
6'1
BOERNE★ TEXAS
BOERNE HS
BIRTHDATE★
5★12★89
MAJOR★
MARKETING

2009

- Heartland President's Honor Roll
- Third in Heartland with .248 hitting percentage
- Her 2.01 kills per set were 4th on the team
- She was 2nd on the team with 56 total blocks

CAREER

- She has been Heartland President's Honor Roll both years
- She is UIW Dean's List

High school

- Her coach was Troy Errington
- She was twice all-district

PERSONAL

- Her parents are Desy and Ben Herr
- Her siblings are Ashley, Alicia and Ben
- She is UIW Marketing Club
- She wears jersey number 7 because it's her favorite number
- Her favorite sports personality is "Bird Man" of the Denver Nuggets
- She plays the acoustic guitar
- When she needs advice she turns to Mom
- About UIW she likes the size and the campus, especially the landscaping
- Something she hasn't done yet is go outside the United States
- About collecting she says she has far too many clothes
- She once was a post player in basketball
- A little known fact is she has a real estate license and can find you a house

ANNA'S UIW STATS

YEAR	SP	KILLS	K/S	PCT.	ASST	A/S
2008	42	28	0.67	.000	4	0.10
2009	90	181	2.01	.248	9	0.10
TOTALS	132	209	1.58	.236	13	0.10

YEAR	ACES	SA/S	DIGS	D/S	BLKS	B/S
2008	6	0.14	20	0.48	25	0.90
2009	9	0.10	71	0.79	56	0.62
TOTALS	15	0.11	91	0.70	81	0.61

★8

BAILEY HANAWAY MIDDLE



SOPHOMORE
6'1
MARTINDALE★ TEXAS
HILL COUNTRY
CHRISTIAN HS
BIRTHDATE★
9★22★89
MAJOR★
ATHLETIC TRAINING

2009

- She was a medical redshirt

CAREER

- Her freshman year of 2008 she was in 108 of 129 sets
- Her 70 blocks were second on the team

High school

- Her coach was Jane Karnes
- Twice she was on the state all-star team
- Twice she was all-state
- Three times she was all-district
- She received the Pinnacle Award from Austin Performance Volleyball
- Her AIM Club team qualified for the Junior Olympics tournament

PERSONAL

- Her parents are Pam and Mike Hanaway
- Her siblings are Emily, Eben, Ashleigh, Lindsey
- Her grandfather Col. James Harding played football at Penn State
- Her favorite volleyball personality is Karch Kiraly
- She says Misty May is the greatest athlete ever
- At UIW she likes the strong athletics programs and the school spirit
- She hasn't yet but she would like to sky dive
- In basketball she played the post position
- A little known fact is she loves to sing

BAILEY'S UIW STATS

YEAR	SP	KILLS	K/S	PCT.	ASST	A/S
2008	108	160	1.48	.155	3	0.03

YEAR	ACES	A/S	DIGS	D/S	BLKS	B/S
2008	20	0.19	33	0.31	70	0.85

★9

LYDIA WERCHAN OUTSIDE HITTER ★ DEFENSIVE SPECIALIST



SOPHOMORE
5'8
BULVERDE★ TEXAS
SMITHSON VALLEY
HS
TEXAS STATE
UNIVERSITY
BIRTHDATE★
7★27★90
MAJOR★ NURSING

2009

- She was at Texas State
- She was in 62 of 125 sets
- She had 142 digs for 2.29 a set
- She was Southland Commissioner's Honor Roll

High school

- Her coach was Liana Gombert
- She was unanimous all-district
- She played in the Texas Girls Coaches Association all-star game
- She was academic all-district
- Three years she was team captain

PERSONAL

- Her parents are Terry and Paul Werchan
- Her siblings are Walter, Hannah, Emma, Arthur
- Sister Hannah played UIW volleyball and was all-conference
- All of the Werchan siblings were Smithson Valley letter-winners in either volleyball, basketball, track or swimming
- She came to UIW because of volleyball and the University's nursing program
- Her favorite sports personality is Manu Ginobili because of his hustle
- If advice is needed it comes from her parent or Coach Gombert
- She would like to meet Leonardo DiCaprio
- About UIW she likes the one-on-one assistance in the classroom
- She wants to be a nurse and a club volleyball coach
- She once was a guard in basketball
- A little known fact is she is an avid fisherperson and wants to go deep sea fishing

★10

DANIELLE SUAREZ
SETTER ★ DEFENSIVE
SPECIALIST



SOPHOMORE
5'5
SAN ANTONIO
ANTONIAN PREP HS
BIRTHDATE★
4/30/91
MAJOR★
REHABILITATION
SCIENCE ★
NUTRITION SCIENCE

2009

-- She was a redshirt and did not play

HIGH SCHOOL

-- Her coach was Samantha McLure
 -- Once she was first team all-state, once second team
 -- She was the setter of the year
 -- As a freshman she was newcomer of the year

PERSONAL

-- Her parents are Patricia and Michael Suarez
 -- Her siblings are Michelle and Carlos
 -- Her favorite sports personality is Muhammad Ali because of his "float like a butterfly..." quote
 -- She would like to meet Nelson Mandela
 -- He plays the piano
 -- She likes UIW partly because of the small classes
 -- She hasn't yet but she would like to travel to Alaska
 -- In basketball she was a point guard
 -- Her funny moment was being "bulldozed" by a big player out of the middle and making her look like a rag doll

★15

CHELSEA GRAYSON
OUTSIDE HITTER



JUNIOR
5'10
NEW BRAUNFELS★
TEXAS
CANYON HS
BIRTHDATE★
3/13/90
MAJOR★
BUSINESS MARKETING

2009

-- Heartland Conference Commissioner's Honor Roll
 -- Her hitting percentage of .223 was 6th in the Heartland
 -- Her 245 kills were 3rd on the team
 -- Her 2.29 kills per set were 2nd
 -- And her 41 blocks were 3rd

CAREER

-- In her two years she has played in 213 of a possible 256 sets
 -- At UIW she is National Leadership Honor Society
 -- She is a member of the Business Club

HIGH SCHOOL

-- Her coach was Heather Sanders
 -- She was National Honor Society
 -- Twice she was all-district
 -- Her senior year finished 3rd at the state tournament

PERSONAL

-- Her mother is Shanna Grayson
 -- She came to UIW for the smaller campus, private school, good business program and good volleyball program
 -- LaBron James is her favorite sports personality
 -- Kari Walsh is the greatest athlete
 -- She would like to meet Brittney Spears
 -- She plays the tambourine
 -- Sky diving is what she hasn't done yet but would like to
 -- She collects movies
 -- She wants to be a volleyball coach
 -- In basketball she was a post player
 -- A little known fact is she is Native American
 -- So, call her "Chels" or "Chief"

CHELSEA'S UIW STATS

YEAR	SP	KILLS	K/S	PCT.	ASST	A/S
2008	108	161	1.52	.130	28	0.26
2009	107	245	2.29	.223	34	0.32
TOTALS	213	406	1.91	.197	62	0.29

YEAR	ACES	A/S	DIGS	D/S	BLKS	B/S
2008	1	0.01	32	0.30	43	0.41
2009	0	0.00	69	0.64	41	0.38
TOTALS	1	0.01	101	0.47	84	0.39

★16

BETH SOUKUP
OUTSIDE HITTER



FRESHMAN
5'8
HELOTES★ TEXAS
O'CONNOR HS
BIRTHDATE★
2/15/92
MAJOR★
NURSING

HIGH SCHOOL

-- Her coach was Yamilet Garcia
 -- She was 2009 AAU All-America
 -- She was the O'Connor MVP two years
 -- She was on the San Antonio EXPRESS-NEWS Super Team
 -- Twice she was all-district
 -- Five times her Alamo Volleyball Club qualified for junior Olympics
 -- She received an academic excellence award
 -- She was National Honor Society and Mu Alpha Theta

PERSONAL

-- Her parents are Debra and Steve Soukup
 -- Her sisters are Amy, Sara, Katie; her brother is Joe
 -- She wears jersey 16 because it includes the number 6 which was her lucky number all through high school and club ball; plus when the team does the pre-match prayer six times she would squeeze the hand of the person on her left
 -- She is at UIW because of the campus, the campus life, the coaches and the teachers
 -- Her favorite sports personality is Colt McCoy
 -- The greatest ever was Michael Jordan
 -- She would like to meet Lee DeWyze
 -- She plays the piano
 -- She would change the volleyball rule about a service ball hitting the net-it should be a replay or the receiving team's point
 -- For advice she always contacts sister Katie
 -- She would, but hasn't yet, do a zip line in Jamaica
 -- She once collected turtles
 -- She was a softball pitcher in middle school
 -- A funny moment was as a freshman a teammate insisted a tooth was knocked out but it really was a contact
 -- Little know, she is "Aunt Beth" to 6 nieces and 4 nephews

★17
DANIELLA VIDAURRI
MIDDLE



SOPHOMORE
6'0
SAN ANTONIO
SOUTHWEST HS
BIRTHDATE★
4/13/90
MAJOR★
COMMUNICATION
ARTS

2009

- Heartland Commissioner's Honor Roll
- She was UIW Dean's List
- She was in 51 sets as a freshman
- Her hitting percentage of .194 was 6th on the team
- Her 0.33 blocks a set were 5th

HIGH SCHOOL

- Her coach was Shannon Wolfe
- Twice she was second team all-district
- Twice she was academic all-district
- As a senior she was academic all-state
- She also ran track

PERSONAL

- Her parents are Deborah and Joseph Vidaurri
- Her younger siblings are Angelique and Jonathan
- Cousin Stephen Vidaurri plays baseball at UIW
- Her jersey number has been 17 since she was five-years-old
- She came to UIW because it's close to home and many relatives graduated from here
- Her favorite sports personality is Mia Hamm
- She thinks Jackie Joyner-Kersey is the greatest athlete
- She would like to meet Ashton Kutcher
- She plays the flute and some piano
- In volleyball she would change the rule to allow players to touch the net below the tape
- She collects fortune cookie fortunes
- She wants to get a graduate degree and be a speech pathologist
- She once was a soccer midfielder
- Her funny memory is of scoring a basketball three-pointer for the other team her team still won
- A little known fact is she is ambidextrous
- Call her "Diddy"

DANIELLA'S UIW STATS

YEAR	SP KILLS	K/S	PCT.	ASST	A/S
2009	51	65	1.27	.194	10 0.20

YEAR	ACES	A/S	DIGS	D/S	BLKS	B/S
2009	5	0.10	25	0.49	33	0.65

★19
STEPHANIE BONURA
OUTSIDE



SOPHOMORE
5'10
HOUSTON
LUTHERAN HS
BIRTHDATE★
10/17/90
MAJOR★
ELEMENTARY
EDUCATION

2009

- She got into 30 sets as a freshman
- Her hitting percentage of .205 was 5th on the team
- Her 1.53 kills a set were 5th

HIGH SCHOOL

- Her coaches were Carlene Wolfram and Erick DeHaven
- As a senior she was all-state
- She also was academic all-state as a senior
- Three times she was all-district
- Her senior year she was the district MVP
- She also played basketball and ran track

PERSONAL

- Her parents are Jennifer and Tom Bonura
- Her older brothers are Thomas and Tony
- All through her earlier playing days her jersey was either 9 or 10 until she got to high school and combined the two for 19 which she also wears at UIW
- She came to UIW because of the size of the school plus she could be an athlete and study music which is her minor
- She is a singer, she plays the viola and a bit of piano and guitar
- She likes UIW because she adores and loves all the people she has met here
- She hasn't yet but she wants to actually finish writing a song
- Someday after UIW she might be a coach
- In basketball she was a center
- A little known fact is basketball is her passion

STEPHANIE'S UIW STATS

YEAR	SP KILLS	K/S	PCT.	ASST	A/S
2009	30	46	1.53	.205	5 0.17

YEAR	ACES	A/S	DIGS	D/S	BLKS	B/S
2009	1	0.03	8	0.27	10	0.33

★21
MARISOL LOPEZ
DEFENSIVE SPECIALIST



SENIOR
5'5
EAGLE PASS
EAGLE PASS HS
BIRTHDATE★
6/21/89
MAJOR★
KINESIOLOGY

2009

- Heartland Commissioner's Honor Roll
- UIW Dean's List
- Her 1.95 digs a set were 3rd on the team
- Her 109 total digs were 6th

CAREER

- Two years she has been Heartland Commissioner's Honor Roll

HIGH SCHOOL

- Her coaches were Lacy Hooper and Brenda Posty
- She was National Honor Society
- Two years she was all-district
- Twice she was all-district in softball
- She was honor roll and she had perfect attendance four years

PERSONAL

- Her parents are Elsa and Abundio Lopez
- Her younger brother is Anthony
- She wears number 21 because her birthday is on the 21st
- Her favorite sports personality is Javier Hernandez of Mexico who plays for Manchester United
- At UIW she likes the lights at Christmas time
- She hasn't yet but she would like to para-sail
- In softball she was a pitcher-second base person
- Her funny moment was middle school basketball before she got it and twice she tried to score on the opponents' basket
- A little known fact is in every movie she sees there is one moment when she breaks into tears

MARISOL'S UIW STATS

YEAR	SP KILLS	K/S	PCT.	ASST	A/S
2007	42	1	0.02	.143	2 0.05
2008	20	0	0.00	.000	2 0.10
2009	56	1	0.02	.143	4 0.07
TOTALS	118	2	0.02	.143	8 0.07

YEAR	ACES	A/S	DIGS	D/S	BLKS	B/S
2007	0	0.00	44	1.05	0	0.00
2008	3	0.15	31	1.55	0	0.00
2009	0	0.00	109	1.95	0	0.00
TOTALS	3	0.03	184	1.56	0	0.00

A REVIEW OF 2009



24 ★ 9

2009 RESULTS

DATE	OPPONENT	SITE	RESULT	RECORD	CONF
August					
28-29	at Angelo State Classic	San Angelo			
	28th: vs New Mexico Highlands		W 3-0	1-0	
	vs East Central Oklahoma		W 3-1	2-0	
	29th: vs Southern Arkansas		W 3-1	3-0	
	at Angelo State		L 3-1	3-1	
September					
4-5	at Abilene Christian Classic	Abilene			
	4th: vs Pittsburgh State (Kan)		W 3-2	4-1	
	vs Western State (Colo)		W 3-0	5-1	
	5th: vs Western New Mexico		W 3-0	6-1	
	at Abilene Christian		L 3-0	6-2	
7	at Midwestern State	Wichita Falls	W 3-2	7-2	
11-12	at Tarleton State Tournament	Stephenville			
	11th: vs Southwestern Oklahoma		W 3-1	8-2	
	vs East Central Oklahoma		L 3-0	8-3	
	12th: at Tarleton State		W 3-0	9-3	
	vs Texas Woman's		W 3-1	10-3	
18	OKLAHOMA PANHANDLE (x)	UIW	W 3-0	11-3	1-0
19	NEWMAN (x)	UIW	W 3-0	12-3	2-0
24	at Dallas Baptist (x)	Dallas	W 3-1	13-3	3-0
26	at Texas / Permian Basin (x)	Odessa	L 3-2	13-4	3-1
30	ST. MARY'S (x)	UIW	W 3-2	14-4	4-1
October					
2-3	UIW-ST. MARY'S TOURNAMENT	San Antonio			
	2nd: vs Texas Woman's	L 3-2	14-5		
	vs Midwestern State	W 3-0	15-5		
	3rd: vs Texas A&M / Kingsville	W 3-2	16-5		
8	ST. EDWARD'S (x)	UIW	L 3-1	16-6	4-2
10	TEXAS A&M INTERNATIONAL (x)	UIW	W 3-1	17-6	5-2
16	DALLAS BAPTIST (x)	UIW	L 3-1	17-7	5-3
17	TEXAS / PERMIAN BASIN (x)	UIW	W 3-1	18-7	6-3
22	at Oklahoma Panhandle (x)	Goodwell, Okla.	W 3-0	19-7	7-3
23	at West Texas A&M	Canyon	L 3-0	19-8	
24	at Newman (x)	Wichita, Kan.	W 3-0	20-8	8-3
28	at St. Mary's (x)	San Antonio	W 3-2	21-8	9-3
31	ARKANSAS / FORT SMITH	UIW	W 3-1	22-8	
November					
5	at St. Edward's (x)	Austin	W 3-2	23-8	10-3
7	at Texas A&M International (x)	Laredo	W 3-0	24-8	11-3
13-14	at Heartland Conference Championships	Austin			
	13th: #2 UIW vs #3 Dallas Baptist		L 3-1	24-9	

(x) Heartland Conference Matches



FINAL 2009 STATISTICS

24 - 9 ★ 10 - 3

No	PLAYER	ATTACK				SET	
		SETS	KILLS	KAS	PCT★	ASST	AAS
20	Eddie Weise	126	434	3.44	.357	10	0.08
1	Sarah Nordman	124	161	1.30	.304	1259	10.15
7	Anna Herr	90	181	2.01	.248	9	0.10
15	Chelsea Grayson	107	245	2.29	.223	34	0.32
19	Stephanie Bonura	30	46	1.53	.205	5	0.17
17	Daniella Vidaurri	51	65	1.27	.194	10	0.20
6	Chera Smith	54	79	1.46	.190	6	0.11
11	Emily Kopecki	121	264	2.18	.177	19	0.16
21	Marisol Lopez	56	1	0.02	.143	4	0.07
9	Nicole Morfin	120	228	1.90	.142	36	0.30
4	Spencer Ladd	127	3	0.02	.000	98	0.77
13	Lauren McCreless	6	0	0.00	.000	0	0.00
5	Mary Beth Huber	102	3	0.03	-.075	130	1.27
2	Stephanie Tomasik	47	1	0.02	-.214	13	0.28
	INCARNATE WORD	127	1711	13.47	.230	1633	12.86
	Opponents	127	1465	11.54	.174	1414	11.13



PLAYER	SERVE			DIG			BLOCKING		
	ACES	SAAS	RECP	DIGS	DAS	BLKS	BLK AST	TOTAL	BAS
Eddie Weise	0	0.00	0	31	0.25	33	72	105	0.83
Sarah Nordman	29	0.23	0	171	1.38	1	33	34	0.27
Anna Herr	9	0.10	2	71	0.79	17	39	56	0.62
Chelsea Grayson	0	0.00	3	69	0.64	3	38	41	0.38
Stephanie Bonura	1	0.03	1	8	0.27	1	9	10	0.33
Daniella Vidaurri	5	0.10	0	25	0.49	9	24	33	0.65
Chera Smith	3	0.06	10	40	0.74	2	4	6	0.11
Emily Kopecki	55	0.45	20	282	2.33	9	26	35	0.29
Marisol Lopez	0	0.00	8	109	1.95	0	0	0	0.00
Nicole Morfin	19	0.16	22	372	3.10	5	21	26	0.22
Spencer Ladd	22	0.17	27	635	5.00	0	0	0	0.00
Lauren McCreless	0	0.00	0	2	0.33	0	0	0	0.00
Mary Beth Huber	28	0.27	23	189	1.85	0	1	1	0.01
Stephanie Tomasik	1	0.02	3	71	1.51	0	0	0	0.00
TEAM			27						
INCARNATE WORD	172	1.35	146	2075	16.34	80	267	213.5	1.68
Opponents	146	1.15	172	1987	15.65	56	266	189.0	1.49

2009 STREAKS

Longest Winning	5 (Twice)
Longest Losing	9 (9 Times)
Longest Winning at Home	3 (Sept. 18 to Sept. 30)
Longest Losing at Home	1 (6 Times)
Longest Winning on Road	4 (Oct. 22 to Nov. 7)
Longest Losing on Road	2 (Aug. 29 to Sept. 5)
Longest Winning Neutral	3 (Twice)
Longest Losing Neutral	1 (Twice)

2009 MARGINS

When the score was 3-0 UIW was	10-3
When the score was 3-1 UIW was	8-4
When the score was 3-2 UIW was	6-2

ALL TIME ROSTER

PLAYER	YEARS	GAMES			
Alfaro, Cissy	1988		Littleton, Brittany	2007-	36
Amerson, Debbie	1986		Loocke, Kelly	1997	143
Arnold, Patrice	1995-1997	259	Lopez, Ida	1992-1993	124
Barraza, Angelica	1991		Lopez, Marisol	2007-	118
Benjamin, Tyraeia	2004-2005	95	Luna, Joni	1988	
Bennett, Sabrina	1996-1999	280	Lyssy, Shanna	1988-1991	
Birdson, April	1995-1997, 99	424	Machacek, Wendy	1997-1998	242
Bonura, Stephanie	2009-	30	Martineau, Adria	2000-2003	403
Burleson, Stephanie	1987		Martinez, Alma	1997	30
Bury, Meg	1991-1994	196	Martinez, Brittany	2005	81
Bustos, Tricia	1993-1996	457	Martinez, Jada	1991	
Butler, Meshelle	1986		Martinez, Rose Ann	1989-1992	57
Capik, Pam	1996-1999	431	McCreless, Lauren	2006-2009	35
Carrejo, Amanda	2003	135	Miller, Terri	1988-1989	
Carvajal, Christine	1986-1987		Milmont, Tara	1998-1999	171
Chapman, Kari	2003-2006	397	Montgomery, Alexis	2001	21
Colclasure, Jill	1998	96	Moody, Ivy	2005	34
Crayon, Melissa	1988-1991		Mora, Pat	1990-1991	
Dennis, DeeDee	1988-1989		Morales, Raquel	1989	
Denton, Dana	1994-1995	212	Moreno, Tinna	1989-1992	91
Delgado, Terry	1995-1997	387	Morfin, Nicole	2009	120
Diaz, Bianca	1988, 1990		Morris, Raissa	2005	34
Dworczyk, Leah	2000-2003	340	Nalley, Amanda	1993-1996	263
Dzuik, Carol	1986-1987		Napoles, Jackie	2002-2005	490
Elliot, Elizabeth	1986-1987		Nordman, Sarah	2007-	358
Farington, Tina	1996		Nottinham, Erin	1996-1998	306
Fife, Heather	1999-2000	229	Parsons, Janelle	1998-1999	156
Finley, Dana	1995	119	Pisek, Tonya	1992-1995	341
Flink, Carla	2005-2008	322	Pollock, Kym	1992-1994	257
Garcia, Brandie	2002-2005	401	Pruski, Betty	1986	
Garza, Virginia	1986-1987		Puente, Tara	1998	12
Gass, Francine	1987-1988		Pulliam, Candice	1999	44
Gerdes, Lisa	1992	110	Ramirez, Marci	1998	18
Giesek, Terry Lynn	1986		Rader, Keelie	1999-2001	353
Gilliam, Frenchellen	2004-2007	336	Rektorik, Lori	2001-2004	341
Goldoni, Juliana	2006	85	Richbourg, Diane	1988-1991	
Gonzalez, Monica	1997-1998	133	Richter, Kortni	2005-2007	321
Grace, Tammie	1993	9	Rodriguez, Anne	1987	
Grayson, Chelsea	2008-	213	Roemer, Alana	2001-2004	276
Gustafson, Ingrid	1991, 1993	114	Ruthstrom, Cori	1994	72
Haass, Lynsie	1997	21	Sanchez, Blanca	1987	
Hager, Cathy	1989-1992	99	Shea, Stephanie	2007	3
Hager, Christine	1989-1991		Skopal, Jenni (Fasan)	1998, 2000-02	425
Hanaway, Bailey	2008-	108	Settlemyer, Michaela	2000-2003	409
Heier, Katie	2002	117	Silva, Amy	2004-2005	226
Henneke, Kerri	1987-1990		Simpson, Tracye	2001	15
Hernandez, Cynthia	1987		Smith, Chera	2008-	134
Herr, Anna	2008-	132	Snook, Shelly	1996-1997	291
Higginbotham, Debbie	1986		Sodrok, Elisa	1988-1990	
Hinojosa, Patti	2002-2003	125	Stark, Lori	1991	
Huber, Mary Beth	2008-	175	Stone, Jenny	2000	58
Huerta, Maria	1991		Sweeney, Chandler	1996101	
Inman, Jessica	1999-2000	168	Tamez, Suzanne	1994-1996	305
Jacoby, Samantha	2004-2006	321	Tomasik, Stephanie	2006-2009	200
James, Julee	2000-2003	488	Tschoepe, Leah Gail	1987	
Johnson, Tkale	2008	75	Tuttle, Deborah	1988-1989	
Jones, Anna	1986-1987		Vaneczek, Amy	1992-1995	284
Kalisky, Tammy	1989, 1991		Vargas, Becky	1999-2000	16
Kernwein, Kathleen	2000-2003	488	Vargas, Laura	1994-1995	215
Kopecki, Emily	2006-2009	402	Vasquez, Catelyn	2005-2008	25
Kvapil, I Kim	2005-2008	475	Velasquez, Virginia	1991-1994	360
Ladd, Spencer	2007-	342	Vidaurri, Daniella	2008-	71
Lavine, Tara	1991-1993	238	Villanueva, Yvette	1999-2001	235
Lavighthouse, Sara	1998	46	Vosburg, Traci	1992-1993	154
Lebherz, Michelle	1999	79	Weise, Edie	2006-2009	417
LeFlore, Ebony	1992-1994	103	Werchan, Hannah	2004-2007	440
			Wilkinson, Emily	1993	16
			Ximenez, Teresa	1986	



DAKTRONICS ALL★AMERICA

Kim Kvapil, 2008 (2nd)

AVCA ALL★AMERICA

Kim Kvapil, 2008 (HM)

NAJA ALL★AMERICA

Lisa Gerdes, 1992 (3rd)
Terry Delgado, 1997 (3rd)
Shelly Snook, 1997

NAJA ALL★AMERICA SCHOLAR★ATHLETE

Diane Richbourg, 1991
Cathy Hager, 1992
Tonya Plsek, 1994, 1995
Meg Bury, 1994
Tricia Bustos, 1995, 1996
Amanda Nalley, 1995

AVCA NATIONAL PLAYER OF THE WEEK

Kim Kvapil, 2008

NAJA NATIONAL PLAYER OF THE WEEK

Shelly Snook, 1997

ESPNA★THE MAGAZINE

ACADEMIC ALL★DISTRICT

Brandie Garcia, 2005
Sarah Nordman, 2009 (2nd)
Emily Kopecki, 2009

COSIDA ACADEMIC ALL★REGION

Lori Rektorik, 2003 (3rd)
Carla Flink, 2007 (3rd)
Kim Kvapil, 2008 (3rd)

GTE ACADEMIC ALL★DISTRICT

Christine Hager, 1991
Diane Richbourg, 1991
Cathy Hager, 1992
Meg Bury, 1994
Tricia Bustos, 1996
Pam Capik, 1997, 1999 (2nd)

AVCA ALL★REGION

Kim Kvapil, 2008
Edie Weise, 2009 (HM)

DAKTRONICS REGION PLAYER OF YEAR

Kim Kvapil, 2008

DAKTRONICS ALL★REGION

Kim Kvapil, 2008
Edie Weise, 2008 (2nd)

NAJA ALL★REGION

Lisa Gerdes, 1992
Terry Delgado, 1997
Shelly Snook, 1997

NAJA REGION COACH OF THE YEAR

Laura Trevor-Wilson, 1992
Mark Papich, 1997

NAJA SW REGION PLAYER OF THE WEEK

Terry Delgado, 1997
Shelly Snook, 1997

AVCA★TACHIKARA REGION COACH OF YEAR

Mark Papich, 1997

NAJA DISTRICT PLAYER OF THE YEAR

Lisa Gerdes, 1992

NAJA ALL★DISTRICT

Elisa Sodrock, 1989
Christine Hager, 1990
Virginia Velasquez, 1991, HM 1993
Tara Lavine, HM 1992, HM 1993
Meg Gustafson, HM 1993

NAJA DISTRICT COACH OF THE YEAR

Laura Trevor-Wilson, 1992

ALL★TIME HONORS

NAJA DISTRICT ACADEMIC EXCELLENCE

Elisa Sodrock, 1990
Traci Vosburg, 1992
Cynthia Velasquez, 1992
Tinna Moreno, 1992
Amy Vanacek, 1992
Tonya Plsek, 1992
Cathy Hager, 1992
Meg Bury, 1992
Tara Lavine, 1992
Lisa Gerdes, 1992

HEARTLAND CONFERENCE

PRESIDENT★S HONOR ROLL ★3★5★

Lelah Dworaczyk, 2001, 2002, 2003
Adria Martineau, 2002, 2003
Amanda Carrejo, 2003
Lori Rektorik, 2003, 2004
Julee James, 2003
Brandi Garcia, 2003, 2004, 2005
Kari Chapman, 2004, 2005, 2006
Samantha Jacoby, 2004, 2005, 2006
Kim Kvapil, 2005, 2006, 2007
Carla Flink, 2005, 2006, 2007
Brittany Martinez, 2005
Kortni Richter, 2005, 2006, 2007
Catelyn Vasquez, 2005, 2006, 2007
Brittany Martinez, 2006
Frenchellen Gilliam, 2007
Emily Kopecki, 2007, 2009
Sarah Nordman, 2009
Mary Beth Huber, 2009
Anna Herr, 2009
Chera Smith, 2009
Stephanie Tomasik, 2009

HEARTLAND CONFERENCE

COMMISSIONER★S HONOR ROLL ★3★0★

Keelie Rader, 2000, 2001
Yvette Villanueva, 2000
Jessica Inman, 2000
Jenni Skopal, 2000
Adria Martineau, 2001
Michaela Settlemyer, 2001, 2002, 2003
Jenni Skopal, 2001, 2002
Julee James, 2001, 2002
Yvette Villanueva, 2001
Patti Hinojosa, 2002, 2003
Kathleen Kernwein, 2002, 2003
Frenchellen Gilliam, 2004, 2005, 2006
Hannah Werchan, 2005, 2006, 2007
Raissa Morris, 2005
Edie Weise, 2007, 2009
Spencer Ladd, 2009
Chelsea Grayson, 2009
Danielle Vidaurri, 2009
Marisol Lopez, 2009

HEARTLAND CONFERENCE PLAYER OF YEAR

Kim Kvapil, 2007, 2008
Edie Weise, 2009

HEARTLAND FRESHMAN OF THE YEAR

Jackie Napoles, 2002
Amy Silva, 2004
Sarah Nordman, 2007

HEARTLAND COACH OF THE YEAR

Jennifer Montoya, 2005, 2007

ALL★HEARTLAND CONFERENCE

Keelie Rader, 1999, 2000, 2001
Yvette Villanueva, 2nd, 1999
Heather Fife, 1999, 2000
Jackie Napoles, 2002, 2003 (2nd), 2004 (2nd)
Amanda Carrejo, 2003 (2nd)
Michaela Settlemyer, 2003
Kari Chapman, 2004, 2005, 2006 (2nd)
Brandie Garcia, 2005 (HM)
Hannah Werchan, 2005 (2nd), 2007 (HM)
Amy Silva, 2005 (2nd)
Kim Kvapil, 2007, 2008
Sarah Nordman, 2007, 2008 (2nd), 2009
Edie Weise, 2007 (HM), 2008, 2009
Emily Kopecki, 2007 (HM), 2009

HEARTLAND TOURNAMENT MVP

Kim Kvapil, 2007

HEARTLAND ALL★TOURNAMENT

Keelie Rader, 2000
Heather Fife, 2000
Kari Chapman, 2005
Kortni Richter, 2007
Kim Kvapil, 2008

HEARTLAND PLAYER OF THE WEEK

Jessica Inman, 2000
Heather Fife, 2000
Jackie Napoles, 2002, 2004, 2005 (2)
Kari Chapman, 2004, 2005, 2006
Brandie Garcia, 2005
Hannah Werchan, 2005 (2), 2007
Kim Kvapil, 2005, 2007 (2), 2008 (4)
Sarah Nordman, 2007 (7), 2008, 2009 (7)
Edie Weise, 2008, 2009 (3)
Spencer Ladd, 2008 (2), 2009 (4)
Emily Kopecki, 2009

HEART OF TEXAS ALL★CONFERENCE

Francine Gass, 1987, 1988
Cathy Hager, 1990, 1992
Christine Hager, 1990
Melissa Crayon, 1990
Tara Lavine, 1991, 1992 2nd, 1993
Virginia Velasquez, 1992, 1993, 1994
Meg Gustafson, 1993
Ida Lopez, 1993
Dana Denton, 1994
Dana Finley, 1995
Terry Delgado, 2nd 1995, 2nd 1996, 1997
Tonya Plsek, HM 1995
Laura Vargas, HM 1995
Shelly Snook, 1996, 1997
Kelly Loocke, 2nd 1997
April Birdson, 2nd 1997
Pam Capik, 2nd 1997
Wendy Mahacek, HM 1997, 2nd 1998
Jenny Fasan, 2nd, 1998

HEART OF TEXAS COACH OF THE YEAR

Laura Trevor-Wilson, 1992
Mark Papich, 1997

HEART OF TEXAS ALL★ACADEMIC

Christine Hager, 1991
Shanna Lyssy, 1991
Tinna Moreno, 1991
Diane Richbourg, 1991
Tricia Bustos, 1993, 1994, 1995, 1996
Kim Pollock, 1993
Virginia Velasquez, 1993
Traci Vosburg, 1993, 1994
Amanda Nalley, 1993, 1994, 1995
Amy Vanacek, 1993, 1994, 1995
Tonya Plsek, 1993, 1994, 1995
Meg Bury, 1993, 1994
Tara Lavine, 1993
Tammy Grace, 1993
Suzanne Tamez, 1994, 1995
April Birdsong, 1995
Dana Denton, 1995
Dana Finley, 1995
Erin Nottingham, 1995

GAMES PLAYED

1991	98	Tara Lavine
1992	114	Virginia Velasquez
1993	126	Tara Lavine
1994	123	Virginia Velasquez
1995	119	Dana Finley
1996	127	Shelly Snook
1997	165	April Birdsong
1998	104	Jenni Fasan
1999	110	April Birdsong
2000	133	Keelie Rader
2001	124	Adria Martineau
2002	132	Michaela Settlemeier Kathleen Kernwein
2003	135	Amanda Carrejo
2004	119	Samantha Jacoby
2005	127	Kari Chapman, Brandie Garcia
2006	110	Kari Chapman
2007	117	Sarah Nordman, Hannah Werchan
2008	129	Kim Kvapil
2009	127	Spencer Ladd

KILLS

1991	321	Christine Hager
1992	421	Lisa Gerdes
1993	397	Tara Lavine
1994	303	Lara Vargas
1995	391	Dana Finley
1996	431	Shelly Snook
1997	683	Terry Delgado
1998	278	Wendy Machacek
1999	356	Keelie Rader
2000	486	Keelie Rader
2001	503	Keelie Rader
2002	384	Michaela Settlemeier
2003	408	Michaela Settlemeier
2004	436	Kari Chapman
2005	393	Amy Silva
2006	328	Kim Kvapil
2007	479	Kim Kvapil
2008	495	Kim Kvapil
2009	434	Edie Weise

KILLS PER GAME

1991	.180	Christine Hager
1992	3.8	Lisa Gerdes
1993	3.2	Tara Lavine
1994	2.53	Lara Vargas
1995	3.29	Dana Finley
1996	3.4	Shelly Snook
1997	4.17	Terry Delgado
1998	2.73	Wendy Machacek
1999	3.56	Keelie Rader
2000	3.65	Keelie Rader
2001	4.19	Keelie Rader
2002	2.91	Michaela Settlemeier
2003	3.29	Michaela Settlemeier
2004	3.89	Kari Chapman
2005	3.42	Amy Silva
2006	3.01	Kim Kvapil
2007	4.17	Kim Kvapil
2008	3.84	Kim Kvapil
2009	3.44	Edie Weise

KILLS PERCENTAGE

1992	.247	Lisa Gerdes
1993	.250	Amanda Nalley
1994	.203	Dana Denton
1995	.222	Dana Finley
1996	.296	Amanda Nalley
1997	.305	Shelly Snook
1998	.203	Jenni Fasan
1999	.294	Keelie Rader
2000	.267	Keelie Rader
2001	.277	Keelie Rader
2002	.222	Michaela Settlemeier
2003	.256	Kathleen Kernwein
2004	.275	Jackie Napoles
2005	.267	Kari Chapman
2006	.353	Brittany Martinez
2007	.263	Kortni Richter
2008	.313	Edie Weise
2009	.357	Edie Weise

LEADERS BY YEAR SINCE 1991

ASSISTS

1991	856	Virginia Velasquez
1992	1342	Virginia Velasquez
1993	1202	Virginia Velasquez
1994	785	Virginia Velasquez
1995	799	Amanda Nalley
1996	968	Pam Capik
1997	1636	Pam Capik
1998	608	Pam Capik
1999	914	Pam Capik
2000	981	Julee James
2001	1195	Julee James
2002	1223	Jackie Napoles
2003	949	Jackie Napoles
2004	1093	Jackie Napoles
2005	1055	Jackie Napoles
2006	490	Samantha Jacoby
2007	1330	Sarah Nordman
2008	1108	Sarah Nordman
2009	1259	Sarah Nordman

ASSISTS PER GAME

1992	11.8	Virginia Velasquez
1993	9.8	Virginia Velasquez
1994	6.4	Virginia Velasquez
1995	8.5	Amanda Nalley
1996	10.2	Pam Capik
1997	11.1	Pam Capik
1998	6.4	Pam Capik
1999	9.62	Pam Capik
2000	8.38	Julee James
2001	9.96	Julee James
2002	9.34	Jackie Napoles
2003	7.36	Jackie Napoles
2004	10.41	Jackie Napoles
2005	8.44	Jackie Napoles
2006	4.90	Samantha Jacoby
2007	11.37	Sarah Nordman
2008	9.47	Sarah Nordman
2009	10.15	Sarah Nordman

SERVICE ACES

1991	41	Cathy Hager
1992	55	Virginia Velasquez
1993	74	Virginia Velasquez
1994	38	Virginia Velasquez
1995	63	Dana Finley
1996	45	Tricia Bustos
1997	85	April Birdsong
1998	27	Janelle Parsons
1999	43	April Birdsong
2000	47	Yvette Villanueva
2001	53	Adria Martineau
2002	31	Kathleen Kernwein, Julee James
2003	33	Kathleen Kernwein
2004	37	Kari Chapman
2005	51	Kari Chapman
2006	51	Kari Chapman
2007	40	Sarah Nordman
2008	32	Spencer Ladd
2009	55	Emily Kopecki

SERVICE ACES PER GAME

1994	0.31	Virginia Velasquez, Laura Vargas
1995	0.53	Dana Finley
1996	0.36	Tricia Bustos, Suzanne Tamez
1997	0.52	April Birdsong
1998	0.28	Janelle Parsons
1999	0.39	April Birdsong
2000	0.41	Yvette Villanueva
2001	0.43	Adria Martineau
2002	0.27	Adria Martineau, Julee James
2003	0.33	Kari Chapman
2004	0.33	Kari Chapman
2005	0.40	Kari Chapman
2006	0.46	Kari Chapman
2007	0.34	Sarah Nordman
2008	0.35	Emily Kopecki
2009	0.45	Emily Kopecki

Digs

1991	340	Virginia Velasquez
1992	549	Tara Lavine
1993	567	Tara Lavine
1994	445	Tonya Plsek
1995	405	Dana Finley
1996	346	Shelly Snook
1997	521	Terry Delgado
1998	263	Jill Colclasure
1999	353	Heather Fife
2000	517	Heather Fife
2001	421	Adria Martineau
2002	434	Katie Heier
2003	533	Adria Martineau
2004	458	Hannah Werchan
2005	601	Hannah Werchan
2006	497	Hannah Werchan
2007	475	Hannah Werchan
2008	536	Spencer Ladd
2009	635	Spencer Ladd

Digs PER GAME

1991	3.7	Virginia Velasquez
1992	3.5	Cathy Hager
1993	4.5	Tara Lavine
1994	3.97	Tonya Plsek
1995	3.40	Terry Delgado, Dana Finley
1996	2.80	Amanda Nalley
1997	3.18	Terry Delgado
1998	2.84	Tara Milmont
1999	3.64	Heather Fife
2000	3.93	Heather Fife
2001	3.40	Adria Martineau
2002	3.71	Katie Heier
2003	4.16	Adria Martineau
2004	4.16	Hannah Werchan
2005	5.62	Hannah Werchan
2006	4.69	Hannah Werchan
2007	4.06	Hannah Werchan
2008	4.70	Spencer Ladd
2009	5.00	Spencer Ladd

SOLO BLOCKS

1991	91	Christine Hager
1992	69	Lisa Gerdes
1993	13	Three Players
1994	35	Dana Denton
1995	40	Dana Finley
1996	30	April Birdsong
1997	28	April Birdsong
1998	21	Jenni Fasan
1999	44	Yvette Villanueva
2000	29	Kathleen Kernwein
2001	19	Kathleen Kernwein
2002	29	Michaela Settlemeier
2003	35	Michaela Settlemeier
2004	49	Kari Chapman
2005	63	Kari Chapman
2006	51	Kari Chapman
2007	26	Edie Weise
2008	38	Edie Weise
2009	33	Edie Weise

BLOCKS PER GAME

1992	3.2	Lisa Gerdes
1993	1.1	Megan Gustafsen
1994	0.94	Dana Denton
1995	0.67	Dana Finley
1996	0.72	Terry Delgado
1997	0.81	Kelly Loocke
1998	0.74	Jenni Fasan
1999	0.87	April Birdsong
2000	1.04	Kathleen Kernwein
2001	0.64	Kathleen Kernwein
2002	0.60	Michaela Settlemeier
2003	0.61	Kathleen Kernwein
2004	0.88	Kari Chapman
2005	1.24	Kari Chapman
2006	0.86	Kari Chapman
2007	0.96	Kortni Richter
2008	0.75	Edie Weise, Daniella Vidaurri
2009	0.83	Edie Weise

TEAM RECORDS

WINS

Most	31	1997
Fewest	7	1998, 2004
Consecutive	15	1997
	10	1990
	9	1992, 2007
	8	1992, 2000

LOSSES

Fewest	9	2009
Most	27	1991
Consecutive	12	2004
	10	1998
	10	2006

PERCENTAGE

Highest	.744 (29-10)	1992
Lowest	.226 (7-24)	1998, 2004

SERIES

Consecutive Wins	15	vs Schreiner, 1987-2001- vs Okla Panhandle, 2001-
Active	15	vs Schreiner 1987- vs Okla Panhandle, 2001-
Consec. Losses	17	vs St. Mary's, 1992-1997
Active	11	vs West Texas A&M, 2001-



INDIVIDUAL RECORDS

GAMES PLAYED

Season	165	April Birdsong	1997
Career	490	Jackie Napoles	2002-05
	488	Kathleen Kernwein	2000-03
		Julee James	2000-03
	475	Kim Kvpil	2005-08
	457	Tricia Bustos	1993-96
	440	Hannah Werchan	2004-07
Team Season	169		1997

KILLS

Season	683	Terry Delgado	1997
Career	1580	Kim Kvpil	2005-08
	1345	Keelie Rader	1999-01
	1241	Terry Delgado	1995-97
	1193	Kari Chapman	2003-06
	1135	Kathleen Kernwein	2000-03
Team Season	2403		1997

ASSISTS

Season	1636	Pam Capik	1997
Career	4320	Jackie Napoles	2002-05
	4185	Virginia Velasquez	1991-94
	4126	Pam Capik	1996-99
	3697	Sarah Nordman	2007-
	3159	Julee James	2000-03
Team Season	2007		1997

SERVICE ACES

Season	85	April Birdsong	1997
Career	167	Virginia Velasquez	1992-94
	155	Kari Chapman	2003-06
	139	April Birdsong	1994-97, 99
		Julee James	2000-03
	128	Tricia Bustos	1993-96
	127	Pam Capik	1996-99
Team Season	346		1997

DIGS

Season	635	Spencer Ladd	2007-
Career	2031	Hannah Werchan	2004-07
	1521	Virginia Velasquez	1991-94
	1429	Spencer Ladd	2007-
	1413	Adria Martineau	2000-03
	1377	Kim Kvpil	2005-08
Team Season	3072		1992

BLOCKS

Season	105	Edie Weise	2009
Career	295	Kathleen Kernwein	2000-03
	246	Edie Weise	2006-09
	220	Kari Chapman	2003-06
	190	Michaela Settlemyer	2000-03
	124	Lori Rektorik	2001-04
Team Season	230		1991

VOLLEYBALL AT HOME

The Alice P. McDermott Convocation Center came available for volleyball as played by the then-Crusaders in the fall of 1990. And, Incarnate Word won the first five matches played in the facility.

With that start, and over time, the Cardinals are better than even odds to win at home. The tally heading into the 2010 season, 216 home matches, 123 wins, a percentage of .637 favoring the Cardinals.

The longest consecutive winning string in the McDermott Center is nine which happened during the 1992 season. On the flip side, the Cardinals lost seven in a row at home in 1994 for the longest negative mark.

The best season mark at home for UIW was the 12-1 record from 1992 while the nadir in "The Mac" was 0-7 in 1998.

Over the 20 volleyball seasons when Incarnate Word has hosted teams in the McDermott Center, only six times have the Cardinals failed to reach the break-even mark of .500.

So, bring it onto the UIW campus. Play a match in the McDermott Center and you might go away a winner. But the percentages say the Cardinals will end up the victor.

COACHES BY WINS

COACH	W	L	PCT*
Mark Papich 7 Years (1996-2002)	124	124	.500
Jennifer Montoya 7 Years (2003-present)	117	118	.498
Laura Trevor-Wilson 5 Years (1991-1995)	96	92	.511
Lolly Saenz-Guenther 2 Years (1989-1990)	44	23	.657
Sandra Stein 2 Years (1987-1988)	25	36	.410
Rita Landez 1 Year (1986)	22	19	.537
23 YEARS	428	412	.510

SERIES SINCE 1987

OPPONENT	W	L	LAST	ACTIVE STREAKS
Abilene Christian	1	12	2009	Lost 1
Adams State (Colo)	1	1	2004	Lost 1
Alabama/Huntsville	0	2	1998	Lost 2
Angelo State	6	8	2009	Lost 2
Arkansas / Fort Smith	1	0	2009	Won 1
Arkansas Tech	3	0	2003	Won 3
Armstrong Atlantic (Ga)	1	0	2002	Won 1
Aquinas (Mich)	2	0	1996	Won 2
Austin College (Tex)	3	0	1999	Won 3
Azusa Pacific (Calif)	0	1	1993	Lost 1
Barry (Fla)	0	1	2006	Lost 1
Bentley (Mass)	2	0	2008	Won 2
Biola (Calif)	0	1	1993	Lost 1
Cal State/Hayward	0	1	1997	Lost 1
Cal State/San Francisco	0	1	1997	Lost 1
California State/Sonoma	0	1	1997	Lost 1
Cameron (Okla)	1	8	2008	Lost 6
Centenary (La)	1	0	1989	Won 1
Central Arkansas	1	0	2000	Won 1
Central Oklahoma	1	3	2004	Lost 1
Chadron State (Neb)	1	1	2008	Won 1
Chaminade (Hawaii)	0	1	2002	Lost 1
Christian Brothers (Tenn)	1	0	1994	Won 1
Claremont (Calif)	1	0	1989	Won 1
College of Southwest (NM)	5	1	2007	Won 2
College of St. Mary's (Neb)	1	1	2001	Lost 1
Colorado / Colo. Springs	1	0	2003	Won 1
Colorado Mines	1	1	2003	Lost 1
Colorado State / Pueblo	1	0	2003	Won 1
Concordia (Neb)	0	1	1998	Lost 1
Concordia (Tex)	16	13	2005	Won 1
Daeman (NY)	1	0	1999	Won 1
Dallas Baptist	13	4	2009	Lost 2
Doane (Neb)	0	1	1998	Lost 1
Drury (Mo)	6	7	2004	Lost 2
East Central Oklahoma	1	1	2009	Lost 1
East Field	2	0	1988	Won 2
East Texas Baptist	7	0	1999	Won 7
Eastern New Mexico	3	4	2007	Won 1
Emporia State (Kan)	1	3	2008	Lost 3

Ferris State (Mich)	0	1	2006	Lost 1
Findlay (Ohio)	0	1	2005	Lost 1
Fort Hays (Kan)	1	1	2008	Lost 1
Fresno Pacific (Calif)	0	2	1998	Lost 2
Georgetown (Ky)	2	4	1997	Won 1
Grand Canyon (Ariz)	0	1	2005	Lost 1
Guatemala	0	1	1987	Lost 1
Hardin Simmons	2	3	1998	Won 2
Harding (Ark)	0	3	2003	Lost 3
Hastings (Neb)	0	1	1997	Lost 1
Hawaii Pacific	0	1	1995	Lost 1
Henderson (Ark)	0	1	1992	Lost 1
Holy Names (Calif)	0	1	1998	Lost 1
Houston Baptist	12	10	2005	Lost 6
Howard Payne	5	0	1995	Won 5
Huntingdon (Ala)	3	0	1994	Won 3
Huston-Tillotson	8	0	2005	Won 8
Jarvis Christian	2	0	1989	Won 2
Kansas Wesleyan	1	0	1998	Won 1
Laredo College	2	0	1990	Won 1
Lee College	1	0	1991	Won 1
Louisiana Tech	1	0	1987	Won 1
Loyola (La)	1	0	1995	Won 1
Lubbock Christian	5	2	1999	Lost 2
Madonna (Mich)	1	3	1994	Lost 1
Mary Hardin-Baylor	8	17	1997	Won 1
McMurry (Tex)	1	0	1990	Won 1
Menlo (Calif)	0	1	1989	Lost 1
Merrimack (NY)	1	0	2002	Won 1
Mesa State (Colo)	0	1	2007	Lost 1
Metro State (Colo)	0	1	2004	Lost 1
Midwestern State (Tex)	7	7	2009	Won 2
Minnesota / Crookston	1	0	2004	Won 1
Minnesota State / Mankato	0	1	2006	Lost 1
Montana	1	1	1993	Won 1
Montana State / Billings	2	3	2006	Lost 3
Montevallo (Ala)	2	7	1995	Lost 5
Nebraska / Kearney	0	3	2008	Lost 3
Nebraska Wesleyan	1	0	1999	Won 1
New Mexico Highlands	2	1	2009	Won 2

Newman (Kan)	5	2	2009	Won 2
Northern Colorado	0	1	2001	Lost 1
Northern Michigan	0	1	2006	Lost 1
Northwest Nazarene (Ida)	0	1	1997	Lost 1
Nova Southeastern (Fla)	1	0	2006	Won 1
Oklahoma Panhandle	15	0	2009	Won 15
Ottawa (Neb)	1	0	1998	Won 1
Ouachita Baptist (Ark)	1	0	1998	Won 1
Palm Beach Atlantic (Fla)	1	1	1995	Lost 1
Park (Mo)	1	1	1999	Won 1
Paul Quinn (Tex)	3	0	1997	Won 3
Peru State (Neb)	1	1	1998	Lost 1
Pittsburg State (Kan)	1	1	2009	Won 1
Pomona-Pitzer (Calif)	1	0	1989	Won 1
Prairie View	2	0	2000	Won 2
Regis (Colo)	0	1	2000	Lost 1
Ripon (Wisc)	1	0	1996	Won 1
Rockhurst (Mo)	1	10	2004	Lost 3
San Jacinto	1	0	1990	Won 1
Schreiner	15	0	1998	Won 15
Southeast Oklahoma	2	0	2005	Won 2
Southeastern Louisiana	1	0	1988	Won 1
Southern Arkansas	5	8	2009	Won 1
Southern Colorado	0	1	1997	Lost 1
Southern Nazarene (Okla)	3	1	1995	Won 2
Southern Wesleyan (SC)	1	0	1995	Won 1
Southwest Baptist (Mo)	0	1	2008	Lost 1
St. Edward's	24	37	2009	Won 1
St. Mary (Neb)	0	1	1998	Lost 1
St. Mary's (Texas)	19	40	2009	Won 6
St. Olaf (Minn)	1	0	1999	Won 1
St. Phillips	0	2	1987	Lost 2
Schreiner	7	0	1995	Won 7
Southwest Baptist (Mo)	1	0	2000	Won 1
Southwestern (Tex)	2	4	1992	Won 1
Southwestern Minnesota	0	1	2005	Lost 1
Southwestern Oklahoma	1	0	2009	Won 1
Tarleton (Tex)	17	3	2009	Won 5
Texas A&M / Commerce	5	2	2007	Won 2
Texas A&M / Corpus Christi	1	1	2000	Won 1
Texas A&M International	9	3	2009	Won 7
Texas A&M / Kingsville	22	4	2009	Won 4
Texas College	1	0	1991	Won 1
Texas / Pan American	3	2	2003	Lost 1
Texas / Permian Basin	4	5	2009	Won 1
Texas / San Antonio	0	2	1988	Lost 2
Texas Lutheran	17	17	1999	Won 1
Texas Southern	4	1	1990	Won 4
Texas Southmost	1	0	1990	Won 1
Texas Wesleyan	11	21	2006	Lost 1
Texas Woman's	5	6	2009	Lost 1
The Masters (Calif)	0	1	1998	Lost 1
Trinity (Tex)	15	23	2007	Lost 2
Trinity Christian (Ill)	1	0	1995	Won 1
Truman State (Mo)	0	2	2008	Lost 2
University of Mary (ND)	1	0	2008	Won 1
Upper Iowa	0	1	2008	Lost 1
Washburn (Kan)	0	1	2008	Lost 1
Wayland Baptist (Tex)	6	0	1999	Won 6
West Georgia	1	0	2002	Won 1
West Texas A&M	0	11	2009	Lost 11
Western New Mexico	1	10	2009	Won 1
Western Oregon	1	0	2006	Won 1
Western State (Colo)	1	1	2009	Won 1
Westmont (Calif)	0	1	1997	Lost 1
Whittier (Calif)	1	0	1989	Won 1
Wiley (Tex)	2	0	1996	Won 2

YEAR★BY★YEAR RECORDS

YEAR	RECORD	★CONFERENCE★	COACH
1986	22-19		Rita Landez
1987	10-20	(0-10, sixth)	Sandra Stein
1988	15-16	(2-7, sixth)	Sandra Stein
1989	23-12	(5-5, third)	Lolly Saenz-Guenther
1990	21-11	(6-4, third)	Lolly Saenz-Guenther
1991	20-11	(3-7, fourth)	Laura Trevor-Wilson
1992	29-10	(10-0, first)	Laura Trevor-Wilson
1993	15-25	(0-10, sixth)	Laura Trevor-Wilson
1994	14-27	(4-10, sixth)	Laura Trevor-Wilson
1995	18-19	(7-7, fourth)	Laura Trevor-Wilson
1996	20-16	(8-8, fifth)	Mark Papich
1997	31-13	(12-2, T-1st)	Mark Papich
1998	7-24	(0-10, sixth)	Mark Papich
1999	15-16		Mark Papich
2000	21-15	(Tour. runnerup)	Mark Papich
2001	18-16	(Tour. 3rd)	Mark Papich
2002	12-24	(Tour. 6th)	Mark Papich
2003	18-20	(Tour. Semi's)	Jennifer Montoya
2004	7-24	(Tour. Pool Play)	Jennifer Montoya
2005	17-17	(Tour. Semi's)	Jennifer Montoya
2006	9-23		Jennifer Montoya
2007	23-9	(Champions)	Jennifer Montoya
2008	19-16	(Runnerup)	Jennifer Montoya
2009	24-9	(Tour. Semi's)	Jennifer Montoya

24 Years 428-412 .510



2010 OPPONENTS

ST★ MARY'S

Sept. 7, at UIW, 7 p.m.
 Oct. 12 at StM, 7 p.m.
 Coach Jenny Warmack-Chipman
 2009 7-21 (6th Heartland)
 2009 vs UIW 0-2
 All-Time vs UIW 40-19
 Last Played 10/28/09 at StM
 UIW won 3-2
 Current Streak vs UIW Lost 6
 Affiliation NCAA Division II
 Conference Heartland
 Location San Antonio
 Enrollment 3,800
 Colors Blue, Yellow
 Mascot Rattlers

NEBRASKA ★ OMAHA

Sept. 10, at Angelo State, Noon
 Coach Rose Shires
 2009 20-14 (6th MIAA)
 So. Cent. Region Tourn. (0-1)
 2009 vs UIW Did Not Play
 All-Time vs UIW First Meeting
 Current Streak vs UIW First Meeting
 Affiliation NCAA Division II
 Conference Mid-America
 Location Omaha, Neb.
 Enrollment 15,200
 Colors Crimson, Black
 Mascot Mavericks

COLORADO MINES

Sept. 10, at Angelo State, 3 p.m.
 Coach Jamie Skadeland
 2009 22-10 (3rd, RMAC East)
 Midwest Region Tourn. (0-1)
 2009 vs UIW Did Not Play
 All-Time vs UIW 1-1
 Last Played 9/5/03 at Pueblo, Colo.
 CMU won 3-0
 Current Streak vs UIW Won 1
 Affiliation NCAA Division II
 Conference Rocky Mountain
 Location Golden, Colo.
 Enrollment 4,650
 Colors Silver, Blue
 Mascot Orediggers

LUBBOCK CHRISTIAN

Sept. 11, at Angelo State, 9 a.m.
 Coach Jennifer Lawrence
 2009 25-6 (1st, Sooner Conf.)
 2009 vs UIW Did Not Play
 All-Time vs UIW 2-5
 Last Played 9/4/99 at Plainview, Texas
 LCU won 3-1
 Current Streak vs UIW Won 2
 Affiliation NAIA
 Conference Sooner
 Location Lubbock, Texas
 Enrollment 2,100
 Colors Blue, White
 Mascot Lady Chaps

TEXAS A&M INTERNATIONAL

Sept. 11 at Angelo State, 3 p.m.
 Coach Wendy McManus
 2009 3-28 (7th, Heartland)
 2009 vs UIW 0-2
 All-Time vs UIW 3-9
 Last Played 11/7/09 at TAMUI
 UIW won 3-0
 Current Streak vs UIW Lost 7
 Affiliation NCAA Division II
 Conference Heartland
 Location Laredo, Texas
 Enrollment 5,000
 Colors Maroon, Metallic Silver
 Mascot Dustdevils

CENTRAL OKLAHOMA

Sept. 16 at UIW, 7 p.m.
 Coach Jeff Boyland
 2009 16-16 (5th, Lone Star)
 2009 vs UIW Did Not Play
 All-Time vs UIW 3-1
 Last Played 9/17/05 at Edmond, Okla.
 UCO won 3-0
 Current Streak vs UIW 1
 Affiliation NCAA Division II
 Conference Lone Star
 Location Edmond, Okla.
 Enrollment 16,000
 Colors Bronze, Blue
 Mascot Bronchos

SOUTHWESTERN OKLAHOMA

Sept. 18 at UIW, 2 p.m.
 Coach Bo Pagliasotti
 2009 6-28 (13th Lone Star)
 2009 vs UIW 0-1
 All-Time vs UIW 0-1
 Last Played 9/11/09 at Stephenville
 UIW won 3-1
 Current Streak vs UIW Lost 1
 Affiliation NCAA Division II
 Conference Lone Star
 Location Weatherford, Okla.
 Enrollment 5,200
 Colors Navy Blue, White
 Mascot Bulldogs

MIDWESTERN STATE

Sept. 23 at MSU, 7 p.m.
 Coach Venera Flores-Stafford
 2009 10-25 (T6th, Lone Star)
 2009 vs UIW 0-2
 All-Time vs UIW 7-7
 Last Played 10/2/09 at UIW
 UIW won 3-0
 Current Streak vs UIW Lost 7
 Affiliation NCAA Division II
 Conference Lone Star
 Location Wichita Falls, Texas
 Enrollment 6,000
 Colors Maroon, Gold
 Mascot Mustangs

CAMERON ★OKLA★

Sept. 25 at CU, 2 p.m.
 Coach Brianne Smedley
 2009 17-12 (T10th, Lone Star)
 2009 vs UIW Did Not Play
 All-Time vs UIW 8-1
 Last Played 9/12/08 at San Antonio
 CU won 3-1
 Current Streak vs UIW Won 7
 Affiliation NCAA Division II
 Conference Lone Star
 Location Lawton, Okla.
 Enrollment 6,000
 Colors Black, Gold
 Mascot Aggies

TEXAS A&M ★ KINGSVILLE

Sept. 29 at UIW, 7 p.m.
 Coach Shannon Alvarado
 2009 17-13 (7th, Lone Star)
 2009 vs UIW 0-1
 All-Time vs UIW 4-22
 Last Played 10/3/09 at UIW
 UIW won 3-2
 Current Streak vs UIW Lost 4
 Affiliation NCAA Division II
 Conference Lone Star
 Location Kingsville, Texas
 Enrollment 5,904
 Colors Blue, Gold
 Mascot Javelinas

ST★ EDWARDS

Oct. 5 at SEU, 7 p.m.
 Nov. 2 at UIW, 7 p.m.
 Coach Sean Donahue
 2009 23-11 (2nd Heartland)
 2009 vs UIW 1-1
 All-Time vs UIW 37-24
 Last Played 11/5/09 at SEU
 UIW won 3-2
 Current Streak vs UIW Lost 1
 Affiliation NCAA Division II
 Conference Heartland
 Location Austin, Texas
 Enrollment 4,500
 Colors Navy, Gold
 Mascot Hilltoppers

EAST CENTRAL OKLAHOMA

Oct. 7 at UIW, 7 p.m.
 Coach Dave Thorn
 2009 14-21 (T10th, Lone Star)
 2009 vs UIW 1-1
 All-Time vs UIW 1-1
 Last Played 9/11/09 at Stephenville
 ECU won 3-0
 Current Streak vs UIW Won 1
 Affiliation NCAA Division II
 Conference Lone Star
 Location Ada, Okla.
 Enrollment 4,500
 Colors Orange, Black
 Mascot Tigers

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2010 OPPONENTS

SOUTHEASTERN OKLAHOMA

Oct. 9 at UIW, 2 p.m.
 Coach Jenn Corkum
 2009 22-14 (T6th, Lone Star)
 2009 vs UIW Did Not Play
 All-Time vs UIW 0-2
 Last Played 9/24/06 at Canyon
 UIW won 3-1
 Current Streak vs UIW Lost 2
 Affiliation NCAA Division II
 Conference Lone Star
 Location Durant, Okla.
 Enrollment 4,000
 Colors Blue, Yellow
 Mascot Savage Storm

TARLETON STATE

Oct. 16 at TSU, 2 p.m.
 Coach Mary Schindler
 2009 10-21 (12th Lone Star)
 2009 vs UIW 0-1
 All-Time vs UIW 4-17
 Last Played 9/12/09 at Stephenville
 UIW won 3-0
 Current Streak vs UIW Lost 5
 Affiliation NCAA Division II
 Conference Lone Star
 Location Stephenville, Texas
 Enrollment 9,500
 Colors Purple, White
 Mascot Texanns

WEST TEXAS A&M

Oct. 21 at WTAM, 7 p.m.
 Coach Jason Skoch
 2009 39-4 (1st Lone Star)
 2nd NCAA National Tourn.
 2009 vs UIW 1-0
 All-Time vs UIW 11-0
 Last Played 10/23/09 at WTAM
 WTAM won 3-0
 Current Streak vs UIW Won 11
 Affiliation NCAA Division II
 Conference Lone Star
 Location Canyon, Texas
 Enrollment 7,800
 Colors Maroon, White
 Mascot Lady Buffs

EASTERN NEW MEXICO

Oct. 23 at ENM, 7 p.m.
 Coach Mike McGuire
 2009 6-23 (14th, Lone Star)
 2009 vs UIW Did Not Play
 All-Time vs UIW 4-3
 Last Played 8/24/07 at Canyon
 UIW won 3-0
 Current Streak vs UIW Lost 1
 Affiliation NCAA Division II
 Conference Lone Star
 Location Portales, N.M.
 Enrollment 4,200
 Colors Green, Silver
 Mascot Greyhounds

ANGELO STATE

Oct. 28 at UIW, 7 p.m.
 Coach Chuck Waddington
 2009 19-14 (3rd, Lone Star)
 2009 vs UIW 1-0
 All-Time vs UIW 8-6
 Last Played 8/29/09 at ASU
 ASU won 3-1
 Current Streak vs UIW Won 2
 Affiliation NCAA Division II
 Conference Lone Star
 Location San Angelo, Texas
 Enrollment 6,400
 Colors Blue, Yellow
 Mascot Rambelles

ABILENE CHRISTIAN

Oct. 30 at UIW, 11 a.m.
 Coach Kellen Mock
 2009 29-6 (2nd, Lone Star)
 2009 vs UIW 1-0
 All-Time vs UIW 12-1
 Last Played 9/5/09 at ACU
 ACU won 3-0
 Current Streak vs UIW Won 1
 Affiliation NCAA Division II
 Conference Lone Star
 Location Abilene, Texas
 Enrollment 5,000
 Colors Purple, White
 Mascot Wildcats

TEXAS WOMANS

Nov. 4 at TWU, 7 p.m.
 Coach Shelly Barberee
 2009 16-17 (T6th, Lone Star)
 2009 vs UIW 1-1
 All-Time vs UIW 6-5
 Last Played 10/2/09 at UIW
 TWU won 3-2
 Current Streak vs UIW Won 1
 Affiliation NCAA Division II
 Conference Lone Star
 Location Denton, Texas
 Enrollment 13,338
 Colors Maroon, White
 Mascot Pioneers

TEXAS A&M ★ COMMERCE

Nov. 6 at TAMUC, 2 p.m.
 Coach Craig Case
 2009 25-10 (4th, Lone Star)
 2009 vs UIW Did Not Play
 All-Time vs UIW 2-5
 Last Played 9/7/07 at Abilene
 UIW won 3-2
 Current Streak vs UIW Lost 2
 Affiliation NCAA Division II
 Conference Lone Star
 Location Commerce, Texas
 Enrollment 5,000
 Colors Blue, Gold
 Mascot Lions





Incarnate Word officially became a member of the NCAA Division II Lone Star Conference on July 1, 2010. This comes after UIW for 11 years was a charter member of the NCAA Division II Heartland Conference.



I chose
Division II

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FINAL 2009 STANDINGS

TEAM	LSC	PCT.	2009	PCT.
West Texas A&M	13-0	1.000	39-4	.907
Abilene Christian	12-1	.923	29-6	.829
Angelo State	10-3	.769	19-14	.576
Texas A&M-Commerce	8-5	.615	25-10	.714
Central Oklahoma	7-6	.538	16-16	.500
Southeastern Okla.	6-7	.462	22-14	.611
Texas A&M-Kingsville	6-7	.462	17-13	.567
Texas Woman's	6-7	.462	16-17	.485
Midwestern State	6-7	.462	10-25	.286
Cameron	5-8	.385	17-12	.586
East Central	5-8	.385	14-21	.400
Tarleton State	4-9	.308	10-21	.323
Southwestern Okla.	3-10	.231	6-28	.176
Eastern New Mexico	0-13	.000	6-23	.207

UIW SIXTH IN PRESEASON POLL

Incarnate Word's volleyball team is expected to have a presence in its new home, the Lone Star Conference, when the dust settles next November.

The conference released its annual pre-season predictions and the Cardinals supposedly will finish above the halfway mark in the 15-team league. In a vote taken from among coaches, administrators and media persons, UIW is predicted to finish sixth, just barely behind Texas A&M-Commerce and just a bit ahead of Midwestern State.

To no one's surprise, the pre-season favorite is defending champion West Texas A&M, the squad which finished as the NCAA Division II runnerup in 2009. A year ago, in winning their fourth straight LSC title, the Buffs went 39-4 including a 3-0 match win over Incarnate Word.

Against Lone Star opponents a year ago, UIW was 7-5. The Cardinals open the 2010 season with a non-conference match September 7 at home against St. Mary's.

PLACE	SCHOOL	POINTS
1	West Texas A&M	584
2	Abilene Christian	567
3	Angelo State	487
4	Central Oklahoma	424
5	Texas A&M-Commerce	343
6	Incarnate Word	342
7	Midwestern State	336
8	Texas Woman's	321
9	Southeastern Oklahoma	320
10	Texas A&M-Kingsville	295
11	Cameron	242
12	Tarleton State	221
13	East Central Oklahoma	145
14	Southwestern Oklahoma	99
15	Eastern New Mexico	74

THE CONFERENCE

The LSC - founded on April 25, 1931 - has grown from a five-team conference of Texas-based schools to a 16-member league that spans three states (Texas, Oklahoma and New Mexico). The conference membership recently expanded by adding the University of the Incarnate Word in July 2010.

Throughout the league's 79-year history, various institutions have competed under the LSC banner. Today, only Texas A&M University-Commerce (then East Texas State) remains from the original group that was formed in 1931 when North Texas State, Southwest Texas State, Sam Houston State and Stephen F. Austin withdrew from the old Texas Intercollegiate Athletic Association.

The membership alignment has changed over the years, with current members having been added in each of the past five decades. Texas A&M-Kingsville (formerly Texas A&I) joined in 1954, followed by Angelo State in 1968 and Abilene Christian in 1973. Conference membership remained within the Texas borders until 1984 when Eastern New Mexico was admitted. Since then, the LSC has grown to include members from Arkansas and Oklahoma.

Central Oklahoma (1987) and Cameron (1988, 1996) were the next additions in the LSC's expansion phase, while Texas Woman's (1989) and previous members West Texas A&M (1986, 1993) and Tarleton State (1968, 1994) joined the league soon after.

Midwestern State was admitted early in 1995, and the league grew again later that year with the acceptance of four more Oklahoma schools - East Central, Northeastern State, Southeastern Oklahoma and Southwestern Oklahoma - along with Harding and Ouachita Baptist from Arkansas.

That brought the league membership to 17, but Harding and OBU departed the conference after the 1999-2000 academic year, while UIW was added in 2010 to bring about the LSC's current look.

Other past members of the LSC include Trinity, Houston, Lamar, Howard Payne, Sul Ross State and McMurry.

Beginning with the 1997-98 academic year, the league was formed into two divisions - North and South - in football, volleyball, basketball, baseball and softball. Divisional champions are crowned according to results among division teams, with an overall league championship also being decided either by crossover games or a postseason championship tournament. Volleyball and baseball returned to playing without divisions in 2007-08, making this the fourth straight year for division play to be utilized in only football, basketball and softball.

While the LSC has maintained a long-standing tradition of competitive athletic programs for its members, many teams and individuals have gone on to distinguish themselves on the national stage. Entering 2010-11, LSC member institutions have collected more than 100 team national championships, including 72 in NCAA Division II. Angelo State provided the most recent addition to that total, claiming the women's track and field championship this past spring.

The LSC conducts conference championships in 16 sports (eight men and eight women). Men's championships include football, soccer, cross country, basketball, baseball, track and field, tennis and golf. Women's titles are determined in volleyball, soccer, cross country, basketball, softball, track and field, tennis and golf.

The conference office is located in Richardson, Texas, a northern suburb of Dallas. Stan Wagnon serves as Commissioner, with assistance from Jay Poerner (Compliance) and Melanie Robotham (Media Relations).

LONE STAR CONFERENCE MEMBERSHIP

ABILENE CHRISTIAN

President Dr. Phil Schubert
Athletic Director Jared Mosley
Sports Information Director Lance Fleming
Location Abilene, Texas
Enrollment 5,000

ANGELO STATE

President Dr. Joseph C. Rallo
Athletic Director Kathleen Brasfield
Sports Information Director TBD
Location San Angelo, Texas
Enrollment 6,387

CAMERON ★OKLA★

President Dr. Cindy Ross
Athletic Directors James Jackson
Sports Information Director TBD
Location Lawton, Okla.
Enrollment 6,000

CENTRAL OKLAHOMA

President Dr. W. Roger Webb
Athletic Director Joe Muller
Sports Information Director Mike Kirk
Location Edmond, Okla.
Enrollment 15,500

EAST CENTRAL OKLAHOMA

President John R. Hargrave
Athletic Director Brian Deangelis
Sports Information Director Brian Johnson
Location Ada, Okla.
Enrollment 4,500

EASTERN NEW MEXICO

President Dr. Steven G. Gamble
Athletic Director Dr. Jeff Geiser
Sports Information Director Adam Pitterman
Location Portales, N.M.
Enrollment 4,685

INCARNATE WORD

President Dr. Louis J. Agnese Jr.
Athletic Director Mark Papich
Sports Information Director Wayne Witt
Location San Antonio
Enrollment 7,100

MIDWESTERN STATE

President Dr. Jesse W. Rogers
Athletic Director Charlie Carr
Sports Information Director Trey Reed
Location Wichita Falls, Texas
Enrollment 6,400

NORTHEASTERN OKLAHOMA

President Dr. Don Betz
Athletic Director Jeff Konya
Sports Information Director Scott Pettus
Location Tahlequah, Okla.
Enrollment 9,300

SOUTHEASTERN OKLAHOMA

President Dr. Larry Minks
Athletic Director Keith Baxter
Sports Information Director Matt Thomas
Location Durant, Okla.
Enrollment 4,000

SOUTHWESTERN OKLAHOMA

President Randy Beutler
Athletic Director Todd Thurman
Sports Information Director Justin Tinder
Location Weatherford, Okla.
Enrollment 5,200

TARLETON STATE

President Dr. F. Dominic Dottavio
Athletic Director Lonny Reisman
Sports Information Director Joey Roberts
Location Stephenville, Texas
Enrollment 9,450

TEXAS A&M ★ COMMERCE

President Dr. Dan Jones
Athletic Director Carlton Cooper
Sports Information Director Danny Kambel
Location Commerce, Texas
Enrollment 9,340

TEXAS A&M ★ KINGSVILLE

President Dr. Steven Tallant
Athletic Director Ken Oliver
Sports Information Director Shane Meling
Location Kingsville, Texas
Enrollment 5,904

TEXAS WOMAN★

President Dr. Ann Stuart
Athletic Director Chalese Connors
Sports Information Director Naveen Boppana
Location Denton, Texas
Enrollment 13,338

WEST TEXAS A&M

President Dr. Patrick O'Brien
Athletic Director Michael McBroom
Sports Information Director Kent Johnson
Location Canyon, Texas
Enrollment 7,770

INCARNATE WORD JOINS THE LSC

RICHARDSON, Texas -The Lone Star Conference membership has changed for the first time in a decade as the University of the Incarnate Word officially joined the league July 1, 2010.

"This is a great day for the Lone Star Conference. We are pleased to welcome such a fine institution. The entire conference will benefit by being associated with the Cardinal athletic department," said LSC Commissioner Stan Wagnon. "The quality of UIW athletics is evident with their overall finish (36th) in the 2009-10 Learfield Sports Directors' Cup standings."

UIW sponsors 19 sports (nine men's and 10 women's) including the recent addition of football in 2009. The Cardinals will play their first LSC game on the gridiron, when they travel to Southeastern Oklahoma on Sept. 11 for a crossover contest. Shortly after that the UIW volleyball, men's soccer and women's soccer teams will play their first conference games.

The Cardinals will compete in the South Division in football, men's basketball, women's basketball and softball.

In January 2009, the LSC Council of Presidents unanimously voted to extend an invitation to UIW. The expansion to include UIW represents the LSC's first membership change since 2000, when Harding (Ark.) and Ouachita Baptist (Ark.) departed the league. UIW will be the 28th institution to compete as a member of the 79-year-old LSC, and the second San Antonio school to play in the league. Trinity was a member from 1931-34 and 1946-49.

A former NAIA program, UIW joined the NCAA Division II ranks as a member of the Heartland Conference in June 1999. The Cardinals have seen 36 teams advance to NCAA postseason play since then.

The LSC, founded on April 25, 1931, started as a five-team conference of Texas-based schools and with UIW will become a 16-member league with nine members in Texas, six in Oklahoma and one in New Mexico.

