

PennWest California

2026 Early Bird Meet Schedule (Tentative)

<u>Time</u>	<u>Event</u>	<u>Field Events</u>
9:00 AM	Hammer	Men/Women to follow
11:00AM	Discus	Women (<i>Discus cage – beside Javelin runway</i>)/Men to follow
	Pole Vault	Women/Men to follow
	Long Jump	Women followed by Men's Long Jump & Women's Triple Jump followed by Men's Triple Jump
11:30 AM	Shot Put	Men/Women to follow
1:00 PM	Javelin	Men/Women to follow
	High Jump	Women will start after Women's TJ ends, and will be followed by Men's HJ

<u>Time</u>	<u>Event</u>	<u>Gender</u>
9:00 AM	10,000m	Women
10:00 AM	10,000m	Men

ROLLING SCHEDULE**

11:00 AM	3000mSC	Women
	3000mSC	Men
	4x100m	Women
	4x100m	Men
	1500m	Women
	1500m	Men
	100m H	Women
	110m H	Men
	400m	Women
	400m	Men
	100m	Women
	100m	Men
	800m	Women
	800m	Men
	400m H	Women
	400m H	Men
	200m	Women
	200m	Men
	5000m	Women
	5000m	Men
	4x400m	Women
	4x400m	Men