

# California

## CAL WOMEN'S GYMNASTICS

<b>196.540</b> RQS	<b>197.575</b> SEASON HIGH	<b>16</b> RANK		AT		<b>UCLA</b> #1 SEED	<b>UTAH</b> #2 SEED	<b>OSU</b> #3 SEED	<b>CAL</b> #4 SEED
<b>Justin Howell &amp; Liz Crandall-Howell</b> CO-HEAD COACHES						<b>UW</b> #5 SEED	<b>ASU</b> #6 SEED	<b>STAN</b> #7 SEED	<b>ARIZ</b> #8 SEED

 <b>SATURDAY, MARCH 23</b> 1 PM PT/6 PM PT	 <b>MAVERIK CENTER</b> West Valley City, Utah	 <b>BROADCAST</b> Pac-12 Networks	 <b>LIVE STREAM</b> www.Pac-12.com/live	 <b>LIVE STATS</b> CalBears.com
---	---	---	--	---

### SCHEDULE

Overall: 12-5 • Pac-12: 3-4

DATE	OPPONENT (TV)	TIME/RESULT
1/4	at #4 LSU	L, 196.775-195.650
1/12	at Collegiate Challenge%	196.075 (2nd)
	#2 UCLA	L, 197.700 (1st)
	Michigan St.	W, 194.900 (3rd)
	#14 UC Davis	W, 194.125 (4th)
<b>1/21</b>	<b>#24 STANFORD</b>	<b>W, 196.575-196.125</b>
1/26	at #23 Arizona	L, 195.975-194.450
<b>2/2</b>	<b>CAL TRI MEET</b>	<b>196.700 (1ST)</b>
	<b>#19 ARIZONA ST.</b>	<b>W, 195.700 (2ND)</b>
	<b>#14 BYU</b>	<b>W, 194.975 (3RD)</b>
2/9	at #4 Utah	L, 197.150-196.225
2/17	at #12 Oregon St.	L, 196.950-196.150
<b>2/23</b>	<b>#18 WASHINGTON</b>	<b>W, 196.650-196.350</b>
3/1	at Sac St. Tri Meet	196.975 (1st)
	UC Davis	W, 195.450
	Sacramento State	W, 192.625
3/8	at San Jose St.	W, 196.100-193.725
<b>3/17</b>	<b>CAL QUAD MEET</b>	<b>197.575 (1ST)</b>
	<b>ILLINOIS</b>	<b>W, 196.175 (2ND)</b>
	<b>SACRAMENTO ST.</b>	<b>W, 194.450 (3RD)</b>
	<b>SAN JOSE ST.</b>	<b>W, 192.100 (4TH)</b>
3/23	at Pac-12 Championships#	(P12N) TBD
4/4 - 4/6	at NCAA Regionals	TBD
4/19	at NCAA Semifinals&	TBD
4/20	at NCAA Four on the Floor&	4 PM

% Anaheim, Calif. | # West Valley City, Utah & Fort Worth, Texas  
\* indicates Pac-12 opponent  
Home meets in **BOLD**  
All times listed PT and subject to change

### FAST FACTS

#### COACHING STAFF

<b>Co-Head Coach</b>	Justin Howell
	San Jose State, 1999 • 7th season
<b>Co-Head Coach</b>	Liz Crandall-Howell
	BYU, 1997 • 7th season
<b>Assistant Coach</b>	Janelle McDonald
	Arizona State, 2011 • 1st season

#### 2019 TEAM INFORMATION

<b>Arena</b>	Haas Pavilion (11,877)
<b>2018 Overall Record</b>	17-6
<b>2018 Final Ranking</b>	9th
<b>2018 Pac-12 Record (Finish)</b>	9-5 (3rd)
<b>Returners/Newcomers</b>	12/5

#### UNIVERSITY OF CALIFORNIA

<b>Location:</b>	Berkeley, Calif.
<b>Nickname:</b>	Golden Bears
<b>Enrollment:</b>	41,910

### NUMBERS TO KNOW

## 39.450

In her all-around debut in the Cal quad meet, Maya Bordas posted a 39.450 – the highest all-around score by any Pac-12 freshman this season. Bordas won both the all-around and the beam titles, also setting a career-high 9.95 on beam.

## 2

The Golden Bears set two program-record scores in their regular-season finale. Cal won its quad meet with a school-record 197.575 overall total, and also upped the beam record for the second time this season to 49.475.

## 9.95

The Bears won every event title in the Cal quad meet with a score of 9.95 on each event. Four different gymnasts tallied career-high 9.95s to win her event: Milan Clausi (vault), Emi Watterson (bars), Maya Bordas (beam) and Chelsea Shu (floor).

### BEAR NECESSITIES

California's postseason is officially underway this weekend when the No. 16 Golden Bears take on a loaded Pac-12 Women's Gymnastics Championships field in West Valley City, Utah. The Bears, who are the No. 4 seed in the eight-team event, will compete with top-seeded UCLA, No. 2 Utah and No. 3 Oregon State in the evening session, beginning at 5 p.m. PT/6 p.m. MT from the Maverik Center.

The earlier afternoon session includes No. 5 seed Washington, No. 6 Arizona State, No. 7 Stanford and No. 8 Arizona.

The Bears are coming off two program-record scores in their regular-finale, with a 197.575 team total and 49.475 on balance beam. Individually, the Bears have seen 19 of their 37 unique competitive routines earn at least one 9.90 this season, coming from 10 different gymnasts this season. This is Cal's final opportunity to boost its Regional Qualifying Score before the NCAA Regional pairings are announced during Monday's NCAA Selection Show.

**HOW TO FOLLOW THE ACTION:** Both sessions of the Pac-12 Championships air live on the Pac-12 Networks, with Amanda Borden, Jim Watson and Samantha Peszek offering commentary and analysis. Fans can also tune in on the Pac-12 Now app or at www.Pac-12.com/live. A link to live stats, is available on the women's gymnastics schedule page on CalBears.com. Follow @CalWGym on Twitter and Instagram for scoring updates, behind-the-scenes photos and videos and the latest information, and like Facebook.com/CalWGym for more on the Bears.

#### ROTATION ORDER

Team seedings for Saturday's event were based on NCAA RQS. Teams in each session got to select the event they'll start on, with preference given to the highest seeds. Rotation order for Saturday is as follows:

Starting Event	Session I	Session II
Vault	#5 Washington	#1 UCLA
Uneven Bars	#6 Arizona State	#2 Utah
Balance Beam	#8 Arizona	#3 Oregon State
Floor Exercise	#7 Stanford	#4 Cal

## CAL IN THE NATIONAL RANKINGS

### TEAM EVENT

Road To Nationals - March 18

Event	Rank	RQS	High
V	12	49.195	49.350
UB	14	49.225	49.400
BB	12	49.250	49.475
FX	19	49.210	49.400

### INDIVIDUAL EVENT (Top 50)

Road To Nationals - March 11

#### Vault

Gymnast	Rank	RQS	Average
Clausi	28	9.880	9.843
George	40	9.865	9.836

#### Uneven Bars

Gymnast	Rank	RQS	Average
Watterson	28	9.895	9.775

#### Balance Beam

Gymnast	Rank	RQS	Average
Keelen	46	9.865	9.836

#### Floor Exercise

Gymnast	Rank	RQS	Average
--			

#### All-Around

Gymnast	Rank	RQS	Average
--			

### California Pac-12 Championship Individual Event Champions:

Event	Year	Gymnast	Score
Vault	1995	Lisa Washington	9.95
Uneven Bars	1992	Cindy Tom	9.90
Balance Beam	2004	My-Lan Dodd	9.95
Floor Exercise	2016	Toni-Ann Williams	9.925
	1997	Mindy Ornellas	9.90

### CAL AT THE PAC-12 CHAMPIONSHIPS

The Golden Bears have yet to claim a Pac-12 title, but have finished within the top three twice, finishing third when they hosted the event in Haas Pavilion in Berkeley. in 2014 as well as finishing third in 2018 at Tucson. Cal won the NorPac Conference title in 1984 before gymnastics joined the Pacific conference in 1987.

Individually, five Cal gymnasts have been crowned Pac-12 Champions, including one Bear currently on Cal's roster. Toni-Ann Williams won floor at the 2016 Pac-12 Championships with a 9.925, earning Cal's first conference floor title since 1997 and second floor title all-time. Williams became the first individual event champion on any apparatus since My-Lan Dodd's title-winning 9.90 on beam in 2004.

### LAST YEAR AT THE PAC-12 CHAMPIONSHIPS

Justin Howell earned his 100th career win as a head coach while the Bears turned in their highest score at a Pac-12 Championships event in program history. The Bears took third with a 196.950, finishing behind UCLA (197.500) and Utah (197.350). Cal topped Washington (196.750), Oregon State (196.575), Arizona State (196.425), Stanford (196.350) and Arizona (195.825). Cal set a program-record 49.400 on beam and scored 49.0+ on all four events.

### AWARDS SEASON HAS ARRIVED

The beginning of championship season also heralds in awards season, and this weekend Cal's gymnasts have the opportunity to pick up multiple awards. Among the yearly awards up for grabs this week are: Gymnast of the Year, Specialist of the Year, Freshman/Newcomer of the Year, Coach of the Year and Scholar-Athlete of the Year. The Bears have six awards from among those categories to date:

**Freshman/Newcomer of the Year:** Serena Leong (2013), Toni-Ann Williams (2015)

**Coach of the Year:** Alfie Mitchell (1994), Cari DuBois (2003), Justin Howell (2013, 2016)

**Scholar-Athlete of the Year:** Alicia Asturias (2014)

### PAC-12 PREDICTIONS

California women's gymnastics is projected to finish third in the Pac-12 this season, according to a vote by the league's gymnastics coaches. The exact breakdown of points is as follows:

1. UCLA (7 first-place votes) – 49 points
2. Utah (1 first-place vote) – 42 points
3. California – 36 points
4. Oregon State – 30 points
5. Washington – 27 points
6. Stanford – 17 points
7. Arizona State – 16 points
8. Arizona – 7 points

### WHAT'S AN RQS, AND WHY DOES IT

### MATTER?

Beginning on Feb. 25 this season, women's gymnastics programs around the country earn their rankings based on their Regional Qualifying Score, or RQS. The RQS is determined using a team's top six scores of the season, three of which must be from an away meet. Of the six, the highest score is dropped and the remaining five are averaged.

RQS determines seeding at conference championships and in NCAA postseason meets. In the Pac-12 Conference, the top four-seeded teams compete in the evening session of the Pac-12 Gymnastics Championships, while the lower four teams compete in the afternoon session.

Cal currently ranks 16th with an RQS of 196.460. The Bears' six scores factored into the RQS currently are:

- 197.575 – Cal quad meet, March 17
- 196.975 – at Sac State, March 1
- 196.700 – Cal tri meet, Feb. 2
- 196.650 – Washington, Feb. 23
- 196.225 – at Utah, Feb. 9
- 196.150 – at Oregon State, Feb. 17

### LAST TIME OUT: CAL SHATTERS

#### PROGRAM RECORDS

No. 16 Cal powered its way to a school record 197.575 total behind a program-best beam score.

- Cal topped Illinois (196.175), San Jose State (194.450) and Sacramento State (192.100).
- The Bears scored a program-record 49.475 on beam.
- In addition to a program-record beam total, Cal tied the fourth-best vault (49.350) and floor (49.400) scores in school history, and set season-highs on both events.
- Four different Bears won titles – Maya Bordas (beam, all-around), Milan Clausi (vault), Emi Watterson (bars) and Chelsea Shu (floor).

### ONE IN A MILAN

California freshman Milan Clausi has claimed a league-leading four Pac-12 Freshman of the Week honors this season, including three consecutive weeks to close the regular season on March 5, 12 and 19.

Her most recent weekly win came on March 19 after Clausi won the vault title in the Cal quad meet with a career-high 9.95, and added a career-best 9.90 on beam.

Clausi won the vault and floor titles at San Jose State and finished third on beam to earn her third Pac-12 Freshman of the Week honor. It marked the second consecutive week in which she finished in the top 3 on all of her events. On March 5, Clausi earned the weekly laurels after claiming the vault

title at the Sac State tri meet and finishing in the top three on all three of her events.

She collected her first Pac-12 weekly honor on Jan. 29, winning Pac-12 Freshman of the Week after posting a career-high 9.90 on vault at Arizona to win the title. Against the Wildcats, Clausi also earned a career-best 9.775 on beam and finished in the top four on floor with a 9.825.

**WILLIAMS FINALIST FOR AAI AWARD**

Fifth-year senior Toni-Ann Williams is one of six finalists for the prestigious American Athletic, Inc (AAI) Award, an honor bestowed upon the most outstanding senior female gymnast in the country. The award is equivalent to football's Heisman Trophy. Williams' collegiate trophy case includes several dozen honors, from one NCAA All-America and eight NACGC/W Regular-Season All-America titles to six All-Pac-12 selections. She owns 77 event titles in her career.

**BEAMING WITH BRILLIANCE**

Twice this season, the Golden Bears have set the school-record total on beam.

Cal first did it on Feb. 2, logging a 49.425 on beam in the Cal tri meet against Arizona State and BYU to top a less than one-year old record of 49.400 set at last year's Pac-12 Championships.

In the regular-season finale on March 17, the Bears upped their all-time record total to 49.475, aided by three scores of 9.90 or higher. Milan Clausi and Cassidy Keelen each scored career-high 9.90s before Maya Bordas anchored the event with a title-winning and career-high 9.95.

The Bears' beam brilliance is just one of a string of stellar performances on the event for the Bears since the arrival of co-head coaches Justin Howell and Liz Crandall-Howell. Under their tutelage, Cal gymnasts have recorded the top seven beam scores in program history -- all in a span of less than four years, since Feb. 2016.

**FANTASTIC FRESHMEN**

Freshman Milan Clausi has stood out among the nation's newcomers with a perfect 34-for-34 hit percentage and career-highs of 9.95 on vault, 9.90 on beam and 9.925 on floor, but Clausi is hardly the only freshman that the Bears are seeing major contributions from. Maya Bordas has upped her personal bests all season long, culminating with a 39.450 all-around debut in the regular-season finale. Her 39.450 was the highest all-around score of any Pac-12 freshman this year. The Bears also have another strong freshman in Talitha Jones, who consistently contributes scores of 9.80 or better across all three of her events. Together, the trio has contributed to 81 competitive routines for the Bears and owns a combined 95 percent hit rate (74-for-78).

**RANKED ON THE ROAD TO NATIONALS**

The Golden Bears opened 2019 at No. 8 in the Women's Collegiate Gymnastics Association preseason poll as voted on by WCGA coaches. Cal's No. 8 ranking is its highest preseason ranking in school history, and it is the second time the Bears start the season in the top 10 after

entering 2017 ranked No. 10 in the preseason poll. Last year, after earning a No. 11 preseason ranking the Bears finished at ninth overall after clinching their second NCAA Championship berth in the last three seasons.

**Cal's results against top 25 ranked opponents in 2019 (using rankings at time of competition):**

- No. 4 LSU – L, 196.775-195.650
- No. 2 UCLA – L, 197.700-196.075
- No. 14 UC Davis – W, 196.075-194.125
- No. 24 Stanford – W, 196.575-196.125
- No. 23 Arizona – L, 195.975-194.450
- No. 14 BYU – W, 196.700-194.975
- No. 19 Arizona State – W, 196.700-195.700
- No. 4 Utah – L, 197.150-196.225
- No. 12 Oregon State – L, 196.950-196.150
- No. 18 Washington – W, 196.650-196.350

**BAR NONE**

After a disastrous uneven bars rotation at Arizona that saw the Bears count three falls to earn a low 47.075, the Bears ranked outside of the top 25 on the event nationally. That all changed with the introduction of RQS rankings, and the Bears now rank in the top 20 of the event with solid performances on bars throughout the season. Their strong outings culminated with a 49.400 on bars at the Sac State tri meet, which matched the fourth-highest total on the event in school history and set a season-high for the Bears. Emi Watterson's 9.95 paced Cal as one of just eight scores of 9.95 or higher on the event in program history. Watterson has scored 9.95 on bars twice this season.

**WILLIAMS OUT FOR SEASON**

Toni-Ann Williams' fifth season as a Golden Bear came to a heartbreaking end when she ruptured her Achilles in her final floor pass at Oregon State. Williams, a team captain for the Golden Bears, was granted a fifth year of eligibility by the NCAA in 2019 after she was sidelined by an Achilles injury in 2017. She won four event titles, including the vault title earlier in the meet at Oregon State, before suffering her injury.

**CALIFORNIA PAIR INKS NLIS**

The Bears signed two California standouts in the early signing period with Fairfield, Calif. product Nevaeh DeSouza and Laguna Niguel, Calif. native Natalie Sadighi. DeSouza was the 2018 regional floor and all-around champion, and took fourth all-around and fifth on beam and floor at the 2018 JO Nationals. Sadighi turned in top-10 finishes at regionals, taking fourth on vault, sixth on bars and 10th on floor. She also competed at the 2016 JO National Championships.

**CRANDALL-HOWELL ELEVATED TO CO-HEAD COACH**

California gymnastics became the second team in the Pac-12 with co-head coaches this offseason after Liz Crandall-Howell was elevated to co-head coach in Oct. 2018. Together with husband Justin Howell, Crandall-Howell has helped skyrocket the Bears among the nation's elite programs since she joined the Cal staff in Sept. 2012. She was the 2016 National Assistant Coach of the Year.

**NEXT ROTATION**

Cal awaits the announcement of the NCAA Women's Gymnastics Championship field, which will take place at 2 p.m. PT on Monday, March 26. The show will air live on NCAA.com.

The championship field will be determined based on Regional Qualifying Scores and seeded by the NCAA Women's Gymnastics Committee. Regional qualifiers will compete at one of four regional sites. The four regional sites in 2019 are: Corvallis, Ore. (Oregon State), Ann Arbor, Mich. (Michigan), Baton Rouge, La. (LSU) and Athens, Ga. (Georgia). NCAA Regional competition will take place from April 4-6.

**ALL-ACCESS PASS**

Join Cal Women's Gymnastics in the social media realm for behind-the-scenes access to the Bears. Follow Cal on Facebook, Twitter and Instagram for meet scores, practice updates, exclusive photos, videos and more.

Find Cal at:

- Twitter: @CalWGYM
- Facebook: Facebook.com/CalWGYM
- Instagram: @CalWGYM

**2019 TROPHY CASE**

**AAI AWARD - TOP 6 FINALIST**

Toni-Ann Williams

**AAI AWARD - TOP 20 FINALIST**

Toni-Ann Williams

**PAC-12 FRESHMAN OF THE WEEK**

Milan Clausi  
March 19

Milan Clausi  
March 12

Milan Clausi  
March 5

Milan Clausi  
Jan. 29

**2019 TOP 3 FINISHES**

GYMNAST	1ST	2ND	3RD	TOTAL
Clausi	9	2	8	19
George	8	6	3	17
Williams	4	3	2	9
Bordas	4	2	2	8
So. Seilnacht	1	2	3	6
Watterson	4	2	-	6
Schank	2	1	2	5
Shu	2	1	2	5
Keelen	1	1	2	4
Mastrangelo	2	-	1	3
Sy. Seilnacht	-	1	2	3
Jones	-	2	-	2
<b>TOTALS</b>	<b>37</b>	<b>23</b>	<b>27</b>	<b>87</b>

## 2019 TEAM RESULTS (12-5 Overall, 3-4 Pac-12)

DATE	MEET	VAULT	BARS	BEAM	FLOOR	TOTAL	RECORD/ RESULT
1/4	<b>AT LSU</b>						<b>0-1, 0-0 PAC-12</b>
	#8 Cal	49.050	49.125	48.525	48.950	195.650	2nd
	#4 LSU	48.825	49.350	49.325	49.275	196.775	L, 1st
1/12	<b>AT UA COLLEGIATE CHALLENGE</b>						<b>2-2, 0-1 PAC-12</b>
	#9 Cal	49.200	49.000	48.825	49.050	196.075	2nd
	#2 UCLA	49.075	49.450	49.475	49.700	197.700	L, 1st
	Michigan State	48.750	48.350	48.775	49.025	194.900	W, 3rd
	#14 UC Davis	48.800	48.100	48.950	48.275	194.125	W, 4th
1/21	<b>STANFORD</b>						<b>3-2, 1-1 PAC-12</b>
	#12 Cal	49.075	49.200	49.150	49.150	196.575	1st
	#24 Stanford	49.150	48.800	49.000	49.175	196.125	W, 2nd
1/26	<b>AT ARIZONA</b>						<b>3-3, 1-2 PAC-12</b>
	#12 Cal	49.300	47.075	49.125	48.950	194.450	2nd
	#23 Arizona	48.850	49.000	48.925	49.200	195.975	L, 1st
2/2	<b>TRI MEET AT CAL</b>						<b>5-3, 2-2 PAC-12</b>
	#18 Cal	49.075	49.100	49.425	49.100	196.700	1st
	#19 Arizona St.	48.950	49.000	49.000	48.750	195.700	W, 2nd
	#14 BYU	48.825	48.225	48.950	48.975	194.975	W, 3rd
2/9	<b>AT UTAH</b>						<b>5-4, 2-3 PAC-12</b>
	#14 Cal	49.100	49.100	48.875	49.150	196.225	2nd
	#4 Utah	49.475	49.175	49.225	49.275	197.150	L, 1st
2/17	<b>AT OREGON ST.</b>						<b>5-5, 2-4 PAC-12</b>
	#14 Cal	49.100	49.200	49.100	48.750	196.150	2nd
	#12 Oregon State	49.125	49.200	49.350	49.275	196.950	L, 1st
2/23	<b>WASHINGTON</b>						<b>6-5, 3-4 PAC-12</b>
	#15 Cal	48.925	49.250	49.225	49.250	196.650	1st
	#18 Washington	48.925	49.150	49.125	49.150	196.350	W, 2nd
3/1	<b>AT SACRAMENTO ST.</b>						<b>8-5, 3-4 PAC-12</b>
	#14 Cal	49.175	49.400	49.175	49.225	196.975	1st
	UC Davis	48.725	48.475	49.150	49.100	195.450	W, 2nd
	Sacramento State	48.175	48.650	48.775	48.825	192.625	W, 3rd
3/8	<b>AT SAN JOSE ST.</b>						<b>9-5, 3-4 PAC-12</b>
	#14 Cal	49.200	48.325	49.300	49.275	196.100	1st
	San Jose State	48.175	48.700	48.525	48.325	193.725	W, 2nd
3/17	<b>QUAD MEET AT CAL</b>						<b>12-5, 3-4 PAC-12</b>
	#16 Cal	49.350	49.350	49.475	49.400	197.575	1st
	Illinois	49.125	48.850	49.125	49.075	196.175	W, 2nd
	San Jose State	48.650	48.550	48.250	49.000	194.450	W, 3rd
	Sacramento State	48.575	47.500	47.425	48.600	192.100	W, 4th
3/23	<b>AT PAC-12 CHAMPIONSHIPS</b>						
	#16 Cal	--	--	--	--	--	--
	#2 UCLA	--	--	--	--	--	--
	#6 Utah	--	--	--	--	--	--
	#14 Oregon State	--	--	--	--	--	--
	#18 Washington	--	--	--	--	--	--
	#21 Arizona State	--	--	--	--	--	--
	Stanford	--	--	--	--	--	--
Arizona	--	--	--	--	--	--	
<b>SEASON HIGH</b>	<b>Cal</b>	<b>49.350</b>	<b>49.400</b>	<b>49.475</b>	<b>49.400</b>	<b>197.575</b>	
	Opponent	49.475	49.450	49.475	49.700	197.700	

## 2019 INDIVIDUAL EVENT TITLES

<b>Milan Clausi (9)</b>		
EVENT	SCORE	MEET
V	9.90	at Collegiate Challenge, 1/12
V	9.90	at Arizona, 1/26
V	9.825	Washington, 2/23
V	9.875	at Sac State Tri Meet, 3/1
V	9.85	at San Jose State, 3/8
V	9.95	Cal Quad Meet, 3/17
FX	9.925	Stanford, 1/21
FX	9.90	at Utah, 2/9
FX	9.90	at San Jose State, 3/8

<b>Kyana George (8)</b>		
EVENT	SCORE	MEET
V	9.875	Stanford, 1/21
V	9.90	at Arizona, 1/26
V	9.875	at Sac State Tri Meet, 3/1
V	9.85	at San Jose State, 3/8
UB	9.90	Washington, 2/23
FX	9.90	at Sac State Tri Meet, 3/1
AA	38.750	at Arizona, 1/26
AA	39.275	at Oregon State, 2/17

<b>Maya Bordas (4)</b>		
EVENT	SCORE	MEET
UB	9.875	at Utah, 2/9
BB	9.90	at San Jose State, 3/8
BB	9.95	Cal Quad Meet, 3/17
AA	39.450	Cal Quad Meet, 3/17

<b>Emi Watterson (4)</b>		
EVENT	SCORE	MEET
UB	9.875	at Oregon State, 2/17
UB	9.95	at Sac State Tri Meet, 3/1
UB	9.925	at San Jose State, 3/8
UB	9.95	Cal Quad Meet, 3/17

<b>Toni-Ann Williams (4)</b>		
EVENT	SCORE	MEET
V	9.875	Stanford, 1/21
V	9.875	at Oregon State, 2/17
BB	9.90	Stanford, 1/21
FX	9.90	ASU and BYU, 2/2

<b>Rachael Mastrangelo (2)</b>		
EVENT	SCORE	MEET
V	9.825	Washington, 2/23
V	9.85	at San Jose State, 3/8

<b>Nina Schank (2)</b>		
EVENT	SCORE	MEET
UB	9.90	Stanford, 1/21
UB	9.875	ASU and BYU, 2/2

<b>Chelsea Shu (2)</b>		
EVENT	SCORE	MEET
BB	9.90	at Oregon State, 2/17
FX	9.95	Cal Quad Meet, 3/17

<b>Cassidy Keelen (1)</b>		
EVENT	SCORE	MEET
BB	9.90	at Arizona, 1/26

<b>Sofie Seilnacht (1)</b>		
EVENT	SCORE	MEET
BB	9.925	ASU and BYU, 2/2

## 2019 GYMNAST SUPERLATIVES (Top 10)

# Score Gymnast Meet

### VAULT

- 9.95 .....Milan Clausi .....Cal Quad Meet
- 9.90 .....Sylvie Seilnacht .....Cal Quad Meet  
.....Toni-Ann Williams .....Cal Tri Meet  
.....Milan Clausi .....at Arizona  
.....Kyana George .....at Arizona  
.....Milan Clausi .....at Col. Challenge
- 9.875 .....Kyana George .....Cal Quad Meet  
.....Kyana George .....at Sac St. Tri Meet  
.....Milan Clausi .....at Sac St. Tri Meet  
.....Toni-Ann Williams .....at Oregon State  
.....Milan Clausi .....Cal Tri Meet  
.....Toni-Ann Williams .....at Arizona  
.....Toni-Ann Williams .....Stanford  
.....Kyana George .....Stanford

### UNEVEN BARS

- 9.95 .....Emi Watterson .....Cal Quad Meet  
.....Emi Watterson .....at Sac St. Tri Meet
- 9.925 .....Emi Watterson .....at San Jose State
- 9.90 .....Maya Bordas .....at Sac St. Tri Meet  
.....Nina Schank .....at Sac St. Tri Meet  
.....Kyana George .....Washington  
.....Nina Schank .....Stanford
- 9.875 .....Maya Bordas .....Cal Quad Meet  
.....Talitha Jones .....Cal Quad Meet  
.....Emi Watterson .....at Oregon State  
.....Maya Bordas .....at Utah  
.....Nina Schank .....Cal Tri Meet  
.....Nina Schank .....at LSU  
.....Emi Watterson .....at LSU

### BALANCE BEAM

- 9.95 .....Maya Bordas .....Cal Quad Meet
- 9.925 .....Sofie Seilnacht .....Cal Tri Meet
- 9.90 .....Milan Clausi .....Cal Quad Meet  
.....Cassidy Keelen .....Cal Quad Meet  
.....Maya Bordas .....at San Jose State  
.....Chelsea Shu .....Washington  
.....Chelsea Shu .....at Oregon State  
.....Maya Bordas .....Cal Tri Meet  
.....Toni-Ann Williams .....Cal Tri Meet  
.....Cassidy Keelen .....at Arizona  
.....Toni-Ann Williams .....Stanford

### FLOOR EXERCISE

- 9.95 .....Chelsea Shu .....Cal Quad Meet
- 9.925 .....Milan Clausi .....Stanford
- 9.90 .....Sofie Seilnacht .....Cal Quad Meet  
.....Kyana George .....Cal Quad Meet  
.....Milan Clausi .....at San Jose State  
.....Kyana George .....at Sac St. Tri Meet  
.....Milan Clausi .....at Oregon State  
.....Milan Clausi .....at Utah  
.....Toni-Ann Williams .....Cal Tri Meet
- 9.875 .....Kyana George .....at San Jose State  
.....Milan Clausi .....at Sac St. Tri Meet  
.....Sofie Seilnacht .....Washington  
.....Kyana George .....at Oregon State

### ALL-AROUND

- 39.450 ..Maya Bordas .....Cal Quad Meet
- 39.300 ..Milan Clausi .....Cal Tri Meet
- 39.275...Kyana George .....at Oregon State
- 39.125 ..Kyana George .....at Sac St. Tri Meet
- 39.075...Kyana George .....Cal Tri Meet

## 2019 TEAM SUPERLATIVES (Top 5)

### TEAM TOTAL

- 197.575 .....Cal Quad Meet
- 196.975 .....at Sac State Tri Meet
- 196.700 .....Cal Tri Meet
- 196.650 .....Washington
- 196.575 .....Stanford

### VAULT

- 49.350 .....Cal Quad Meet
- 49.300 .....at Arizona
- 49.200 .....at San Jose State  
.....at Col. Challenge
- 49.175 .....at Sac State Tri Meet

### UNEVEN BARS

- 49.400 .....at Sac State Tri Meet
- 49.350 .....Cal Quad Meet
- 49.250 .....Washington
- 49.200 .....at Oregon State  
.....Stanford

### BALANCE BEAM

- 49.475 .....Cal Quad Meet
- 49.425 .....Cal Tri Meet
- 49.300 .....at San Jose State
- 49.225 .....Washington
- 49.175 .....at Sac State Tri Meet

### FLOOR EXERCISE

- 49.400 .....Cal Quad Meet
- 49.275 .....at San Jose State
- 49.250 .....Washington
- 49.225 .....at Sac State Tri Meet
- 49.150 .....at Utah  
.....Stanford

## PROGRAM BESTS (TEAM) Top 5

### TEAM TOTAL

- 197.575 .....CAL QUAD MEET (3/17/19)
- 197.500 .....vs. Utah (2/25/18)  
.....at UC Davis Tri (3/11/16)
- 197.325 .....vs. UC Davis (3/8/15)
- 197.225 .....vs. UCLA (2/10/18)
- 197.075 .....vs. Oregon State (2/18/17)

### VAULT

- 49.500 .....vs. UC Davis (3/8/15)
- 49.400 .....vs. UCLA (2/10/18)
- 49.375 ... vs. Washington, Sac St. (2/21/03)
- 49.350 .....CAL QUAD MEET (3/17/19)  
49.350 .....at UCLA (2/1/15)
- 49.325 .....at UC Davis (3/11/18)  
49.325 .....at Kentucky, Centenary (3/7/14)  
49.325 .....vs. Ball State (3/12/04)

### UNEVEN BARS

- 49.550 .....vs. Utah (2/25/18)  
.....vs. Ball State (3/12/04)
- 49.525 .....vs. UC Davis (3/8/15)
- 49.475 .....vs. Oregon State (2/18/17)  
.....at UC Davis Tri (3/11/16)
- 49.400 .....AT SAC STATE TRI MEET (3/1/19)  
.....at San Jose St. (2/26/00)
- 49.375 .....vs. Central Michigan (3/2/18)

### BALANCE BEAM

- 49.475 .....CAL QUAD MEET (3/17/19)
- 49.425 .....CAL TRI MEET (2/2/19)
- 49.400 at Pac-12 Championships (3/24/18)
- 49.350 .....vs. Central Michigan (3/2/18)  
.....vs. UCLA (2/10/18)  
.....at UC Davis Tri (3/11/16)
- 49.325 .....at UCLA (3/5/17)  
.....at Arizona State (2/15/16)

### FLOOR EXERCISE

- 49.550 .....vs. UC Davis (3/8/15)
- 49.525 .....vs. Utah (2/25/18)
- 49.450 .....at UC Davis Tri (3/11/16)
- 49.425 .....at Stanford (2/20/04)
- 49.400 .....CAL QUAD MEET (3/17/19)  
.....at NCAA Regional (4/7/18)  
.....vs. Arizona (2/4/18)
- 49.375.. 3x, last at Pac-12 Championships (3/19/16)

## PROGRAM BESTS (INDIVIDUAL)

### VAULT

- 10.0 .....2x, last Toni-Ann Williams, 3/8/15
- 9.975 .....Toni-Ann Williams, 2/1/15
- 9.95 .....13x, last Milan Clausi, 3/17/19

### UNEVEN BARS

- 10.0 .....Cindy Tom, 2/15/92
- 9.95 .....8x, last Watterson, 3/17/19
- 9.925 .....18x, Watterson, 3/8/19

### BALANCE BEAM

- 9.95 .....6x, last Maya Bordas, 3/17/19
- 9.925 .....9x, last Sofie Seilnacht, 2/2/19
- 9.90 .....56x, last Keelen and Clausi, 3/17/19

### FLOOR EXERCISE

- 9.975 .....4x, last Toni-Ann Williams, 2/25/18
- 9.95 .....12x, last Chelsea Shu, 3/17/19
- 9.925 .....28x, last Milan Clausi, 1/21/19

### ALL-AROUND

- 39.700 .... 3x, last Toni-Ann Williams, 2/25/18
- 39.675 .....My-Lan Dodd, 2/28/03
- 39.650 .....Stephanie Kim, 3/12/04
- 39.625 .....Toni-Ann Williams, 3/8/15
- 39.600 .....Toni-Ann Williams, 2/10/18

## CAL AT THE PAC-12 CHAMPIONSHIPS

### 2018

#### at Tucson, Ariz.

Place	Team	Score
1.	UCLA	197.500
2.	Utah	197.350
<b>3.</b>	<b>Cal</b>	<b>196.950</b>
4.	Washington	196.750
5.	Oregon State	196.575
6.	Arizona State	196.425
7.	Stanford	196.350
8.	Arizona	195.825

### 2017

#### at Stanford, Calif.

Place	Team	Score
1.	Utah	197.925
2.	Oregon State	197.400
T3.	UCLA	197.100
T3.	Washington	197.100
5.	Stanford	196.625
<b>6.</b>	<b>Cal</b>	<b>196.300</b>
7.	Arizona	196.275
8.	Arizona State	195.600

### 2016

#### at Seattle, Wash.

Place	Team	Score
1.	UCLA	197.250
T2.	Oregon State	196.925
T2.	Utah	196.925
<b>4.</b>	<b>Cal</b>	<b>196.725</b>
5.	Stanford	196.125
6.	Arizona	195.525
7.	Washington	195.300
8.	Arizona State	191.725

### 2015

#### at Salt Lake City, Utah

Place	Team	Score
1.	Utah	198.150
2.	UCLA	197.350
3.	Stanford	197.175
4.	Oregon State	196.900
5.	Arizona	196.225
<b>6.</b>	<b>Cal</b>	<b>196.150</b>
7.	Washington	196.000
8.	Arizona State	192.700

### 2014

#### at Berkeley, Calif.

Place	Team	Score
1.	Utah	197.925
2.	Stanford	197.175
<b>3.</b>	<b>Cal</b>	<b>196.550</b>
4.	UCLA	196.525
5.	Oregon State	196.275
6.	Arizona	196.250
7.	Arizona State	195.500
8.	Washington	195.125

### 2013

#### at Corvallis, Ore.

Place	Team	Score
1.	Oregon State	197.850
2.	UCLA	197.375
3.	Utah	197.075
4.	Stanford	196.062
5.	Washington	195.875
6.	Arizona	195.525
<b>7.</b>	<b>Cal</b>	<b>195.075</b>
8.	Arizona State	193.425

### 2012

#### at Salt Lake City, Utah

Place	Team	Score
1.	UCLA	197.425
2.	Utah	197.375
3.	Oregon State	197.025
4.	Stanford	196.825
5.	Arizona	195.900
6.	Arizona State	194.550
7.	Washington	194.125
<b>8.</b>	<b>Cal</b>	<b>193.525</b>

### 2011

#### at Los Angeles, Calif.

Place	Team	Score
1.	Oregon State	197.200
2.	UCLA	196.750
3.	Washington	196.025
4.	Stanford	195.975
5.	Arizona	195.475
<b>6.</b>	<b>Cal</b>	<b>191.575</b>
7.	ASU	190.450

### 2010

#### at Tucson, Ariz.

Place	Team	Score
1.	UCLA	196.350
2.	Stanford	196.550
3.	Oregon State	195.950
4.	Arizona	195.875
5.	Washington	193.825
<b>6.</b>	<b>Cal</b>	<b>191.475</b>
7.	ASU	190.675

### 2009

#### at Stanford Calif.

Place	Team	Score
1.	UCLA	196.625
2.	Oregon State	196.550
3.	Stanford	196.525
4.	Washington	194.375
5.	Arizona	194.325
6.	ASU	194.000
<b>7.</b>	<b>Cal</b>	<b>191.750</b>

### 2008

#### at Seattle, Wash.

Place	Team	Score
1.	Stanford	197.000
2.	Oregon State	196.550
3.	UCLA	196.200
4.	Arizona	195.725
<b>5.</b>	<b>Cal</b>	<b>193.400</b>
6.	Washington	193.375
7.	ASU	191.925

### 2007

#### at Tempe, Ariz.

Place	Team	Score
1.	UCLA	197.200
2.	Stanford	196.950
3.	Oregon State	196.300
4.	Arizona	196.000
5.	Washington	194.775
6.	ASU	194.550
<b>7.</b>	<b>Cal</b>	<b>193.650</b>

## CAL AT THE PAC-12 CHAMPIONSHIPS

### 2006

at Corvallis, Ore.

Place	Team	Score
1.	Stanford	197.100
2.	UCLA	196.800
3.	Oregon State	196.400
4.	ASU	193.900
5.	Arizona	193.750
6.	Washington	192.750
7.	<b>Cal</b>	<b>192.725</b>

### 2005

at Berkeley, Calif.

Place	Team	Score
1.	UCLA	197.100
2.	Arizona	195.925
3.	Oregon State	195.900
4.	Stanford	194.600
5.	Washington	194.425
6.	ASU	192.975
7.	<b>Cal</b>	<b>163.550</b>

### 2004

at Tucson, Ariz.

Place	Team	Score
1.	Stanford	197.900
2.	UCLA	197.875
3.	Oregon State	197.075
4.	Arizona	196.775
ASU	196.775	
6.	Washington	196.425
7.	<b>Cal</b>	<b>195.625</b>

### 2003

at Los Angeles, Calif.

Place	Team	Score
1.	UCLA	198.175
2.	Stanford	197.700
3.	ASU	197.075
4.	Washington	196.750
5.	Oregon State	196.650
6.	Arizona	195.950
7.	<b>Cal</b>	<b>195.925</b>

### 2002

at Stanford, Calif.

Place	Team	Score
1.	UCLA	197.625
2.	Arizona	197.050
3.	Stanford	196.150
4.	Oregon State	196.125
5.	Washington	195.425

6.	ASU	194.125
7.	<b>Cal</b>	<b>189.700</b>

### 2001

at Seattle, Wash.

Place	Team	Score
1.	Stanford	197.850
2.	UCLA	197.800
3.	Washington	197.475
4.	Oregon State	196.550
5.	ASU	195.725
6.	Arizona	195.525
7.	<b>Cal</b>	<b>193.750</b>

### 2000

at Tempe, Ariz.

Place	Team	Score
1.	UCLA	197.700
2.	Oregon State	196.575
3.	Washington	195.900
4.	ASU	195.875
5.	<b>Cal</b>	<b>194.675</b>
6.	Stanford	193.850
7.	Arizona	192.950

### 1999

at Corvallis, Ore.

Place	Team	Score
1.	UCLA	197.775
2.	Oregon State	197.400
3.	ASU	196.025
4.	Arizona	195.150
Stanford	195.150	
6.	Washington	194.425
7.	<b>Cal</b>	<b>192.475</b>

### 1998

at Los Angeles, Calif.

Place	Team	Score
1.	Stanford	195.275
2.	Oregon State	194.950
3.	ASU	194.900
4.	UCLA	194.700
5.	Washington	193.700
6.	Arizona	192.800
7.	<b>Cal</b>	<b>189.200</b>

### 1997

at Tucson, Ariz.

Place	Team	Score
1.	UCLA	196.550
2.	Stanford	196.325
3.	Washington	196.025

4.	Oregon State	195.000
5.	Arizona	194.950
6.	ASU	194.925
7.	<b>Cal</b>	<b>194.325</b>

### 1996

at Corvallis, Ore.

Place	Team	Score
1.	Oregon State	196.775
2.	ASU	195.525
3.	Arizona	195.175
4.	UCLA	194.625
5.	Washington	193.150
6.	Stanford	193.000
7.	<b>Cal</b>	<b>192.375</b>

### 1995

at Tempe, Ariz.

Place	Team	Score
1.	UCLA	195.400
2.	ASU	195.150
3.	Arizona	193.450
4.	Oregon State	193.400
5.	Stanford	191.825
6.	Washington	191.625
7.	<b>Cal</b>	<b>190.275</b>

### 1994

at Seattle, Wash.

Place	Team	Score
1.	Oregon State	194.825
2.	UCLA	193.850
3.	ASU	193.650
4.	Stanford	191.550
5.	Washington	190.950
6.	Arizona	189.875
7.	<b>Cal</b>	<b>186.925</b>

### 1993

at Stanford, Calif.

Place	Team	Score
1.	UCLA	194.550
2.	Oregon State	193.800
3.	Arizona	193.200
4.	ASU	192.900
5.	Washington	190.800
6.	<b>Cal</b>	<b>189.400</b>
7.	Stanford	189.000

**1992****at Tucson, Ariz.**

Place	Team	Score
1.	Oregon State	194.85
2.	Arizona	194.70
3.	UCLA	193.65
4.	ASU	192.55
5.	Stanford	191.20
<b>6.</b>	<b>Cal</b>	<b>189.95</b>
7.	Washington	189.15

**1991****at Los Angeles, Calif.**

Place	Team	Score
1.	Oregon State	194.65
2.	UCLA	191.15
3.	Arizona	189.95
4.	ASU	189.50
5.	Stanford	187.75
6.	Washington	187.55
<b>7.</b>	<b>Cal</b>	<b>186.90</b>

**1990****at Berkeley, Calif.**

Place	Team	Score
1.	UCLA	191.50
2.	Arizona	189.30
3.	ASU	188.90
4.	Oregon State	185.45
<b>5.</b>	<b>Cal</b>	<b>185.40</b>
6.	Washington	185.10
7.	Stanford	183.45

**1989****at Corvallis, Ore.**

Place	Team	Score
1.	UCLA	195.20
2.	Oregon State	193.65
3.	ASU	191.10
4.	Arizona	190.00
5.	Washington	188.70
6.	Stanford	186.55
<b>7.</b>	<b>Cal</b>	<b>185.00</b>

**1988****at Tempe, Ariz.**

Place	Team	Score
1.	UCLA	189.45
2.	ASU	187.05
3.	Oregon State	185.95
4.	Arizona	185.30
5.	Washington	184.20
6.	Stanford	182.55
<b>7.</b>	<b>Cal</b>	<b>179.55</b>

**1987****at Pullman, Wash.**

Place	Team	Score
1.	UCLA	188.45
2.	Arizona	187.65
3.	Washington	186.15
4.	ASU	186.10
5.	Oregon State	185.25
6.	Stanford	181.75
<b>7.</b>	<b>Cal</b>	<b>178.65</b>
8.	WSU	177.95

**CAL AT THE NORCAL CHAMPIONSHIPS****1986 (NORPAC)****at Seattle, Wash.**

1.	Washington	185.80
2.	Oregon State	185.70
<b>3.</b>	<b>Cal</b>	<b>183.15</b>
4.	Oregon	176.40
5.	San Jose State	175.90
6.	Washington State	157.15

**1985 (NORPAC)****at Unknown**

1.	Oregon State	184.45
2.	Washington	181.8
3.	Washington State	178.55
<b>4.</b>	<b>Cal</b>	<b>173.6</b>
5.	San Jose State	167.6
6.	Oregon	160.75

**1984 (NORPAC)****at Berkeley, Calif.**

<b>1.</b>	<b>Cal</b>	<b>183.9</b>
2.	Washington	179.40
3.	Oregon State	179.35
4.	San Jose State	167.00
5.	Oregon	165.85
6.	Washington State	154.50

**1983 (NORPAC)****at Pullman, Wash.**

1.	Oregon State	183.2
2.	Washington	180.0
<b>3.</b>	<b>Cal</b>	<b>177.6</b>
4.	Washington State	173.8

**1982 (NORCAL)****at Unknown**

1.	Stanford	143.15
<b>2.</b>	<b>Cal</b>	<b>136.85</b>
3.	Fresno State	130.7
4.	San Jose State	126.8

**1981 (NORCAL)****at Fresno, Calif.**

1.	Stanford	139.2
2.	Fresno State	133.85
<b>3.</b>	<b>Cal</b>	<b>130.8</b>
4.	San Jose State	115.55

**1980 (NORCAL)****at San Jose, Calif.**

1.	Stanford	134.80
2.	San Jose State	130.70
<b>3.</b>	<b>Cal</b>	<b>130.55</b>
4.	Fresno State	127.65

**1979 (NORCAL)****at San Jose, Calif.**

1.	San Jose State	130.55
2.	Stanford	127.25
<b>3.</b>	<b>Cal</b>	<b>119.15</b>
4.	Fresno State	110.35

**1978 (NORCAL)****at San Jose, Calif.**

1.	San Jose State	131.80
2.	Stanford	104.55
3.	Fresno State	99.65
<b>4.</b>	<b>Cal</b>	<b>68.9</b>

## 2019 ROSTER

NAME	YR	HT.	HOMETOWN (LAST SCHOOL/CLUB)
Maya Bordas	FR	5-3	Austin, Texas (Westlake/Capital)
Milan Clausi	FR	5-3	Salt Lake City, Utah (Skyline/Olympus)
Kyana George	SO	5-3	McKinney, Texas (McKinney Boyd/Metroplex)
Talitha Jones	FR	5-6	Los Angeles, Calif. (Rancho Cucamonga/Precision)
Cassidy Keelen	JR	5-1	Lucas, Texas (Laurel Springs/Texas Dreams)
Alma Kuc	SO	5-1	Los Angeles, Calif. (Laurel Springs/All Olympia)
Rachael Mastrangelo	JR	5-7	Waxhaw, N.C. (Marvin Ridge, Southeastern Gymnastics)
Maleah Pearson	SO	5-5	Maple Grove, Minn. (Maple Grove Senior/Twin City Twisters)
Grace Quinn	FR	5-1	Dallas, Texas (Spring Creek Acad./Texas Dreams)
Victoria Salem	SO	5-1	San Bruno, Calif. (Capuchino/San Mateo)
Nina Schank	SO	5-5	Oakland, Calif. (Head-Royce School/Head Over Heels)
Sofie Seilnacht	SR	5-7	Fremont, Calif. (American/California Gymnastics Acad.)
Sylvie Seilnacht	SR	5-6	Fremont, Calif. (American/California Gymnastics Acad.)
Chelsea Shu	SR	5-6	Manhattan Beach, Calif. (Mira Costa/All Olympia)
Abi Solari	FR	5-3	Portishead, England (Gordano School/Academy of Gymnastics Portishead)
Emi Watterson	SO	5-1	Brisbane, Australia (St. Margaret's Girls School/Delta)
Toni-Ann Williams	5-SR	5-1	Randallstown, Md. (Roland Park Country Day School/United Gymnastix)

## PRONUNCIATION GUIDE

<b>Kyana</b> George	.....	KYE-anna
Cassidy <b>Keelen</b>	.....	KEY-lenn
<b>Talitha</b> Jones	.....	tal-lee-thuh
Alma <b>Kuc</b>	.....	COOK
Nina <b>Schank</b>	.....	SHANK
<b>Sofie Seilnacht</b>	.....	so-FEE sile-KNOCKED
<b>Sylvie Seilnacht</b>	.....	sill-V sile-KNOCKED
Chelsea <b>Shu</b>	.....	SHOE
<b>Abi</b> Solari	.....	ABBY
<b>Emi</b> Watterson	.....	eh-ME
<b>Toni-Ann</b> Williams	.....	tony-ann

## COACHING STAFF

**Co-Head Coach:** Justin Howell (seventh season, San Jose State '99)

**Co-Head Coach:** Elisabeth Crandall-Howell (seventh season, BYU '97)

**Assistant Coach:** Janelle McDonald (first season, Arizona State '11)

### GOLDEN BEAR SEASON-HIGH MARKS

GYMNAST	V	UB	BB	FX	AA
Bordas	9.775	9.90	9.95	9.85	39.450
Clausi	9.95	9.725	9.90	9.925	39.300
George	9.90	9.90	9.825	9.90	39.275
Jones	9.825	9.875	9.875	--	--
Keelen	--	--	9.90	--	--
Kuc	--	9.85	--	--	--
Mastrangelo	9.85	--	--	9.85	--
Pearson	--	--	--	--	--
Quinn	--	--	--	--	--
Salem	--	--	--	--	--
Schank	--	9.90	--	9.85	--
So. Seilnacht	--	9.85	9.925	9.90	--
Sy. Seilnacht	9.90	--	--	9.80	--
Shu	--	9.80	9.90	9.95	--
Solari	9.70	--	--	9.80	--
Watterson	9.825	9.95	8.150	--	--
Williams	9.90	--	9.90	9.90	--

### GOLDEN BEAR CAREER-HIGH MARKS

V	UB	BB	FX	AA
9.775	9.90	9.95	9.85	39.450
9.95	9.725	9.90	9.925	39.300
9.90	9.90	9.90	9.925	39.500
9.825	9.875	9.875	--	--
9.85	--	9.90	9.775	--
--	9.925	--	--	--
9.825	--	--	9.85	--
--	--	--	--	--
--	--	--	--	--
9.65	9.925	--	9.85	--
--	9.90	9.95	9.90	--
9.90	--	9.80	9.90	--
--	9.90	9.90	9.95	--
9.70	--	--	9.80	--
9.825	9.95	8.150	--	--
10.0	9.95	9.925	9.975	39.700

## CO-HEAD COACH JUSTIN HOWELL



### AT A GLANCE

**At Cal:** Seventh season  
**Career Record:** 122-91

### COLLEGIATE COACHING HISTORY

- Cal Head Coach (June 2012-present)
- Cal Assistant Coach (June 2011-June 2012)

### EDUCATION

Graduated in 1999 with a bachelor's degree in kinesiology from San Jose State, which he attended on a men's gymnastics scholarship

### PERSONAL

Married to Elisabeth Crandall-Howell with three sons – Jacob, Noah and Greyson

### COACHING HONORS

- 2016 NACGC/W National Coach of the Year
- Four-time NACGC/W Regional Coach of the Year (2013, 2014, 2015, 2016)
- Two-time Pac-12 Coach of the Year (2013, 2016)

### BY THE NUMBERS

- 1 NCAA All-American
- 6 NACGC/W Regular-Season All-America Honors (1 gymnast)
- 3 NCAA Regional event champions (3 gymnasts)
- 3 NACGC/W Regional Gymnasts of the Year (2 gymnasts)
- 1 Pac-12 Individual Event Champion
- 17 All-Pac-12 honors (6 gymnasts)
- 2 Pac-12 Freshman of the Year winners
- 15 NACGC Scholastic All-Americans
- 40 Pac-12 All-Academic Selections (20 gymnasts)
- 1 CoSIDA Academic All-American
- 1 Pac-12 Scholar-Athlete of the Year

## A LOOK BACK AT 2018...

- Defeated No. 4 Utah 197.500-197.450, the first regular-season victory over the Utes in school history and just the second all-time.
- Ended the regular season with the highest RQS in school history and seven consecutive wins, going 12-4 in the regular season with five wins over Top 25 opponents.
- Finished third at the Pac-12 Championships with a championship-record 196.950, which was also the fifth-highest score in school history.
- Clinched a sixth consecutive berth to NCAA Regionals, where Cal posted a 196.725, the program's best score at a Regional in school history.
- Advanced to the National Championships for the second time in three seasons, where once again we put up a program-best 196.500.
- Turned in 109 Top 3 finishes, with 40 event titles across 2018.

## CO-HEAD COACH LIZ CRANDALL-HOWELL



### AT A GLANCE

**At Cal:** Seventh season  
**Career Record:** 12-5

### COLLEGIATE COACHING HISTORY

- Cal Co-Head Coach (Oct. 2018-present)
- Cal Associate Head Coach (July

2014-2018)

- Cal Assistant Coach (Sept. 2012-July 2014)
- Sacramento State Assistant Coach (2001-03)

### EDUCATION

Attended BYU on a full athletic scholarship in women's gymnastics and graduated in 1997 with a bachelor's degree in physical education and health promotion.

### ATHLETIC BACKGROUND

- 7x U.S. National Team Member (1987-92)
- 1991 World Championships silver medalist
- Four NCAA Championship appearances at BYU (three team, one individual)
- Two-time NCAA All-American (uneven bars)

- Three-time NCAA Regional bars champion

### PERSONAL

Married to Justin Howell with three sons – Jacob, Noah and Greyson

### COACHING HONORS

- 2016 NACGC/W National Assistant Coach of the Year
- Two-time NACGC/W Regional Assistant Coach of the Year (2015, 2016)

### BY THE NUMBERS

- 1 NCAA All-American
- 6 NACGC/W Regular-Season All-America Honors (1 gymnast)
- 3 NCAA Regional event champions (2 gymnasts)
- 3 NACGC/W Regional Gymnasts of the Year (2 gymnasts)
- 1 Pac-12 Individual Event Champion
- 17 All-Pac-12 honors (6 gymnasts)
- 2 Pac-12 Freshman of the Year winners
- 15 NACGC Scholastic All-Americans
- 40 Pac-12 All-Academic Selections (20 gymnasts)
- 1 CoSIDA Academic All-American
- 1 Pac-12 Scholar-Athlete of the Year

- Put up 14 team totals that rank among the Top 5 all-time in school history, including school-record scores overall, on bars and on beam.

- Ended the regular season ranked in the nation's top 25 on all four events – vault (8th), bars (15th), beam (12th) and floor (22nd).

- Had five different gymnasts ranked in the Top 50 on an event nationally at the conclusion of the regular season – Toni-Ann Williams (Floor - 7th, All-Around - 11th, Vault - 19th, Beam - 34th), Arianna Robinson (Vault - 19th), Nina Schank (Bars - 20th), Kyana George (All-Around - 32nd) and Sofie Seilnacht (Beam - 49th).

- Justin Howell became the first coach in school history to surpass 100 career wins, reaching 103 career victories with the third-place finish at the Pac-12 Championships.

- Crowned an NCAA All-American for the first time since 2014, with Toni-Ann Williams earning second team All-Around.

## GYMNAST BIOS

**MAYA BORDAS**

5-3 • FR • AA

Austin, Texas • Capital

Bests	V	UB	BB	FX	AA
Season	9.775	9.90	9.95	9.85	39.450
Career	9.775	9.90	9.95	9.85	39.450

**2019 HIGHLIGHTS:**

- 1-1 on V; 5-7 on UB; 4-5 on BB; 7-7 on FX
- Claimed two titles in her all-around debut in the Cal quad meet, winning the all-around with a 39.450. She also posted a career-high 9.95 on beam to win that event, and debuted on vault with a 9.775.
- Won beam at San Jose State with a 9.90, and set a career-high 9.90 on floor
- Earned a career-high 9.90 on bars at Sac State and took second
- Set a career-best 9.825 on floor against Washington
- In just her second bars appearance of her career, set a career-best 9.875 to take the beam title at Utah; matched her career-high 9.80 on floor
- Posted a career-high 9.90 on beam in the Cal tri meet to take second on the event
- Made her competitive bars debut at Arizona and matched her career-best 9.80 on floor
- First career floor routine saw her hit with a 9.80 at the Collegiate Classic
- Made her Cal debut at LSU and despite a shaky beam performance, exhibited grit in staying on the beam for an 8.95

**HIGH SCHOOL/CLUB:**

Qualified for the 2017 JO National Team and won the all-around at JO Nationals in 2017; also took second on bars and third on floor...Seventh all-around at 2016 JO Nationals...Member of Capital Gymnastics, coached by Barry Hyder...Five-time Gymnast of the Year for Capital (2016, 2015, 2013, 2009, 2008)...Attended Westlake High School

**PERSONAL:**

Hobbies include spending time with friends and family...Parents are Mark and Denise Bordas...Cousin, Lacey Olaff, played on the Fairfield softball team...Born in St. Louis, Missouri

**MAJOR:**

Undeclared – intends to major in Integrative Biology and pursue a career in the medical field

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	–	–	8.95	–	–
1/12	at UA Collegiate Challenge	–	–	–	9.80	–
1/21	STANFORD	–	–	–	–	–
1/26	at Arizona	–	9.050	–	9.80	–
2/2	ARIZONA ST., BYU	–	–	9.90	9.725	–
2/9	at Utah	–	9.875	–	–	–
2/17	at Oregon St.	–	9.85	8.875	–	–
2/23	WASHINGTON	–	9.80	–	9.825	–
3/1	at Sac St.	–	9.90	–	9.80	–
3/8	at San Jose St.	–	8.975	9.90	9.85	–
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	9.775	9.875	9.95	9.85	39.450
3/23	at Pac-12 Championships	–	–	–	–	–

**MILAN CLAUSI**

5-3 • FR • AA

Salt Lake City, Utah • Olympus

Bests	V	UB	BB	FX	AA
Season	9.95	9.725	9.90	9.925	39.300
Career	9.95	9.725	9.90	9.925	39.300

**CAREER HIGHLIGHTS:**

- 4x Pac-12 Freshman of the Week (1/29; 3/5, 3/12, 3/19)

**2019 HIGHLIGHTS:**

- 11-11 on V; 1-1 on UB; 11-11 on BB; 11-11 on FX
- Third consecutive Pac-12 Freshman of the Week win came after she won vault in the Cal quad meet with a 9.95 and posted a career-high 9.90 on beam.
- Made it back-to-back Pac-12 Freshman of the Week honors on March 12 after winning the vault and floor titles at San Jose State
- Picked up her second Pac-12 Freshman of the Week award after the Sac State Tri meet
- Vault champion at Sac State, and finished in the top 3 on all 3 of her events
- Won vault vs. Washington with a 9.825
- Set a career-high 9.875 on beam at Oregon State
- Won floor with a 9.90 at Utah in her hometown debut
- Made her Cal debut on bars as a last-minute substitution in the Cal tri meet and posted a 9.725; Also set a career-high 9.85 on beam and made her all-around debut with a 39.300 for third all-around
- Pac-12 Freshman of the Week on 1/29 after winning vault at Arizona
- Collected her second event title of the week with a 9.90 on vault at Arizona, and upped her career-high on bars to 9.775
- Took the floor title with a meet-high 9.925 vs. Stanford
- Won her first collegiate vault title with a career-high 9.90 at the Collegiate Classic
- Debuted on three events in season opener at LSU, taking third on vault with a 9.85

**PERSONAL:**

Hobbies include dance, music and reading...Parents are Joseph Clausi and Melissa Marlowe...Both parents attended Utah, where they were standout student-athletes...Joseph played football at Utah as well as for the Detroit Lions, Washington Redskins and CFL...Melissa was a member of the 1988 Olympic gymnastics team that competed in Seoul, as well as a four-year All-American for the Utes (1989-1992)...Brother, Joseph, played football for University of Colorado Mesa...Grandfather, Dana Carroll, received his PHD from Cal in 1970...Born in Salt Lake City

**MAJOR:**

Undeclared – intends to major in Business Administration and would like to become a forensic profiler

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	9.85	–	9.725	9.825	–
1/12	at UA Collegiate Challenge	9.90	–	9.70	9.80	–
1/21	STANFORD	9.65	–	9.725	9.925	–
1/26	at Arizona	9.90	–	9.775	9.825	–
2/2	ARIZONA ST., BYU	9.875	9.725	9.85	9.85	39.300
2/9	at Utah	9.85	–	9.85	9.90	–
2/17	at Oregon St.	9.75	–	9.875	9.90	–
2/23	WASHINGTON	9.825	–	9.80	9.75	–
3/1	at Sac St.	9.875	–	9.85	9.875	–
3/8	at San Jose St.	9.85	–	9.85	9.90	–
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	9.95	–	9.90	9.80	–
3/23	at Pac-12 Championships	–	–	–	–	–

## GYMNAST BIOS

**KYANA GEORGE***(KYE-anna George)***5-3 • SO • AA****McKinney, Texas • Metroplex**

Bests	V	UB	BB	FX	AA
Season	9.90	9.90	9.825	9.90	39.275
Career	9.90	9.90	9.90	9.925	39.500

**CAREER HIGHLIGHTS:**

- 2x Pac-12 Freshman of the Week (1/9; 3/6)

**2019 HIGHLIGHTS:**

- 11-11 on V; 8-9 on UB; 7-8 on BB; 10-11 on FX
- Matched a season-high 9.90 on floor in the Cal quad meet
- Vault winner at San Jose State
- Picked up both the vault and floor crowns at the Sac State tri meet
- Bars champion vs. Washington after matching a career-best 9.90; Also matched her season-high 9.875 on floor
- Won all-around with a season-high 39.275 total at Oregon State, including a season-high 9.875 on floor
- Season-best 9.85 on floor at Utah
- Picked up her second vault win of the week with a 9.90 at Arizona
- Won vault vs. Stanford with a 9.875 and set season-highs on vault, bars and beam as an all-arounder
- Made her all-around, bars and beam debut at the Collegiate Classic, turning a 39.000 all-around
- Season debut on 2 events at LSU

**AS A FRESHMAN (2018):**

Two-time Pac-12 Freshman of the Week (1/9 and 3/6)...An all-arounder in all 14 meets of the season, hitting 51 of 56 events (14-14 on vault, 11-14 on bars, 12-14 on beam, 14-14 on floor)... Second-most top-three finishes of any Golden Bear, placing in the Top 3 on an event 25 times with two titles...Finished 12th all-around at the NCAA Championships semifinal (4/20), with scores of 9.8125 or higher on all four of her events, including a team-high 9.8875 on bars...Ninth in the all-around at the NCAA Salt Lake City Regional (4/7) with a 39.325...Earned her second Pac-12 Freshman of the Week honor of the season after placing in the top 4 on four events against Central Michigan (3/2) and winning floor with a 9.825...Set career-highs in the all-around (39.500) and floor (9.925) in Cal's win over Utah (2/25)...Matched her then-career-high 39.400 all-around total at Stanford (2/17) with 9.85s across the boards...Career best 9.90 on vault vs. UCLA (2/10) to contribute to a 39.400 all-around total...Scored her first 9.90 on floor against Arizona (2/4)...Second on vault at ASU (1/28) with a 9.85...Won beam at Washington (1/20) with a career-high 9.90...Began her Golden Bear career by posting the highest score by any Pac-12 freshman in opening weekend, going 39.35 all-around en route to her first Pac-12 Freshman of the Week honors

**BEAR BITES:**

- Has a gymnastics skill named after her – The George – a Triple Wolf Turn on beam
- Almost gave up on the sport of gymnastics due to mental blocks and fears before 1996 Olympic Gold Medalist Jaycie Phelps helped her cope

**MAJOR:**

Undeclared – intended Social Welfare major

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	9.80	–	–	9.80	–
1/12	at UA Collegiate Challenge	9.80	9.725	9.725	9.75	39.000
1/21	STANFORD	9.875	9.85	9.825	9.325	38.875
1/26	at Arizona	9.90	9.25	9.775	9.825	38.750
2/2	ARIZONA ST., BYU	9.75	9.825	9.675	9.825	39.075
2/9	at Utah	9.85	–	9.675	9.85	–
2/17	at Oregon St.	9.85	9.80	9.75	9.875	39.275
2/23	WASHINGTON	9.775	9.90	9.275	9.875	38.825
3/1	at Sac St.	9.875	9.775	9.575	9.90	39.125
3/8	at San Jose St.	9.85	9.75	–	9.875	–
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	9.875	9.85	–	9.90	–
3/23	at Pac-12 Championships	–	–	–	–	–

**TALITHA JONES***(tal-lee-thuh Jones)***5-6 • FR • AA****Los Angeles, Calif. • Precision**

Bests	V	UB	BB	FX	AA
Season	9.825	9.875	9.875	–	–
Career	9.825	9.875	9.875	–	–

**2019 HIGHLIGHTS:**

- 10-10 on V; 9-10 on UB; 4-4 on BB
- Continued her career-high scoring streak by matching her personal best on vault (9.825) and setting a new best 9.875 on bars in the Cal quad meet
- Set career-best totals on all 3 of her events – vault (9.825), bars (9.85) and beam (9.875) – at San Jose State
- Matched her career-best totals on all three of her events at the Sac State tri meet
- Matched her career-high 9.825 on bars and made her debut on beam with a strong 9.825 in the anchor spot vs. Washington
- Career-highs on both vault (9.80) and bars (9.825) at Oregon State
- Set a career-best 9.80 on vault in the Cal tri meet
- Matched her career-best 9.775 on vault at Arizona
- Season highs in both her events – vault and bars – against Stanford
- First collegiate vault appearance came as a 9.725 at the Collegiate Classic, also scored a 9.80 on bars
- Made her Golden Bear debut at LSU, competing on bars to earn a 9.75

**HIGH SCHOOL/CLUB:**

All-Around, Bars and Floor Champion at 2018 Regionals...Five-time JO Nationals competitor (2018, 2017, 2016, 2015, 2013) who won fifth all-around in 2017...Also took eighth all-around in 2016...Trained with Precision Gymnastics under Trent and Jill Spaulding...Three-year honor roll member at Rancho Cucamonga High School...Also participated in track during her freshman year

**PERSONAL:**

Hobbies include running, shopping and spending time with friends... Parents are Tonia Ann Zanders and Greg Jones...Cousin, Derek Coleman, attended UCLA and plays in the NFL

**MAJOR:**

Undeclared – intended Sociology major who would like to study forensic science and work in the field of criminal justice

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	–	9.75	–	–	–
1/12	at UA Collegiate Challenge	9.725	9.80	–	–	–
1/21	STANFORD	9.775	9.80	–	–	–
1/26	at Arizona	9.775	9.000	–	–	–
2/2	ARIZONA ST., BYU	9.80	–	–	–	–
2/9	at Utah	9.725	9.80	–	–	–
2/17	at Oregon St.	9.80	9.825	–	–	–
2/23	WASHINGTON	9.775	9.825	9.825	–	–
3/1	at Sac St.	9.80	9.825	9.825	–	–
3/8	at San Jose St.	9.825	9.85	9.875	–	–
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	9.825	9.875	9.85	–	–
3/23	at Pac-12 Championships	–	–	–	–	–

## GYMNAST BIOS

**CASSIDY KEELAN***(Cassidy KEY-len)***5-1 · JR · AA****Lucas, Texas · Texas Dreams**

Bests	V	UB	BB	FX	AA
Season	--	--	9.90	--	--
Career	9.85	--	9.90	9.775	--

**2019 HIGHLIGHTS:**

- 11-11 on BB
- Matched her career-high 9.90 on beam in the Cal quad meet
- Set a career-best 9.90 on beam at Arizona to win her first collegiate event title
- Matched her then-career-best 9.85 total on beam to take third vs. Stanford
- Made her season debut with a 9.75 performance on beam at LSU

**AS A SOPHOMORE (2018):**

Team captain for 2018...Competed in every meet of the 2018 season, hitting 93 percent of her routines (25-27; 11-11 on vault, 12-13 on beam, 2-3 on floor)...Two Top 3 finishes...Vault and beam competitor in the NCAA Championships semifinal (4/20), scoring a 9.75 on beam...Hit both vault (9.80) and beam (9.775) at the NCAA Salt Lake City Regional (4/7)...Matched her career-high 9.85 on beam for the fourth time in 2018 at the Pac-12 Championships (3/24)...Matched career-high 9.85s on both vault and beam in the home opener against Arizona (2/4)

**AS A FRESHMAN (2017):**

Competed in three meets before dislocating her knee in week four of the season to sideline her for the remainder of the season...Runner-up on beam at Iowa (1/15) with a 9.85 and third on vault with a 9.775...Took third on beam in her Cal debut at the NorCal Classic (1/9), scoring a 9.825 and also competing on vault (9.85) and floor (9.60)

**MAJOR:**

Cognitive Science

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	--	--	9.75	--	--
1/12	at UA Collegiate Challenge	--	--	9.775	--	--
1/21	STANFORD	--	--	9.85	--	--
1/26	at Arizona	--	--	9.90	--	--
2/2	ARIZONA ST., BYU	--	--	9.85	--	--
2/9	at Utah	--	--	9.875	--	--
2/17	at Oregon St.	--	--	9.825	--	--
2/23	WASHINGTON	--	--	9.85	--	--
3/1	at Sac St.	--	--	9.85	--	--
3/8	at San Jose St.	--	--	9.775	--	--
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	--	--	9.90	--	--
3/23	at Pac-12 Championships	--	--	--	--	--

**ALMA KUC***(Alma COOK)***5-1 · SO · UB****Los Angeles, Calif. · All Olympia**

Bests	V	UB	BB	FX	AA
Season	--	9.85	--	--	--
Career	--	9.925	--	--	--

**2019 HIGHLIGHTS:**

- 5-5 on UB
- 2019 debut came at LSU with a 9.85 on bars

**AS A FRESHMAN (2018):**

An uneven bars specialist in 10 meets, going 8-10 on bars...Five Top 3 finishes, including two bars titles...Won bars against Utah (2/25) by setting a career-high 9.925...Earned a 9.90 on bars against UCLA (2/10)...Earned her first collegiate beam title with a 9.85 a BYU (1/12)...Made her collegiate debut at the NorCal Classic (1/8), earning a 9.875 on bars

**BEAR BITES:**

- Polish National Team member since 2013
- Has competed in European (2014, 2016, 2017) and World Championship (2014, 2015) events in locations including China, Bulgaria, Scotland, Switzerland and Romania
- 2016 Polish uneven bars champion
- Born in Toronto, Canada and also lived in Argentina and Brazil
- Father, Paul Kuc, was a collegiate swimmer in Poland

**MAJOR:**

Undeclared – intended Molecular Biology major

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	--	9.85	--	--	--
1/12	at UA Collegiate Challenge	--	9.80	--	--	--
1/21	STANFORD	--	9.775	--	--	--
1/26	at Arizona	--	9.825	--	--	--
2/2	ARIZONA ST., BYU	--	9.775	--	--	--
2/9	at Utah	--	--	--	--	--
2/17	at Oregon St.	--	--	--	--	--
2/23	WASHINGTON	--	--	--	--	--
3/1	at Sac St.	--	--	--	--	--
3/8	at San Jose St.	--	--	--	--	--
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	--	--	--	--	--
3/23	at Pac-12 Championships	--	--	--	--	--

## GYMNAST BIOS

**RACHAEL MASTRANGELO***(Rachael mass-tran-JELLO)***5-7 · JR · AA****Waxhaw, N.C. · SOUTHEASTERN**

Bests	V	UB	BB	FX	AA
Season	9.85	--	--	9.85	--
Career	9.85	--	--	9.85	--

**2019 HIGHLIGHTS:**

- 11-11 on V; 7-7 on FX
- Debuted her Yurchenko 1.5 at San Jose State and won vault with a career-high 9.85
- Won her first collegiate vault title by matching her career-best 9.825 against Washington
- Matched her career-high 9.825 on vault at Oregon State
- Third on floor vs. Stanford with a career-best 9.85
- Made her collegiate floor debut with a 9.825 at the Collegiate Classic, and matched her career high on vault for the second week in a row with a 9.825.
- Matched her career high on vault with a 9.825 in her season debut at LSU

**AS A SOPHOMORE (2018):**

Vault specialist for the Bears who competed in seven meets, going 6-7...Repeated her career-high 9.825 on vault vs. UCLA (2/10)...Tallied a career-high 9.825 on vault at Arizona State (1/28)

**AS A FRESHMAN (2017):**

Competed in two meets as a rookie, both on vault against Oklahoma and at the Pac-12 Championships...Posted a 9.725 on vault in her first Pac-12 Championships appearance (3/18)...Appeared in the competitive lineup for the first time all season on vault against Oklahoma (3/12), scoring a 9.775

**BEAR BITES:**

- Took four online classes along with balancing her gymnastics schedule during the summer of 2015 in order to attend Cal early
- Mother, Linda Jo, was a track and field athlete at Delaware

**MAJOR:**

Social Welfare

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	9.825	--	--	--	--
1/12	at UA Collegiate Challenge	9.825	--	--	9.825	--
1/21	STANFORD	9.775	--	--	9.85	--
1/26	at Arizona	9.775	--	--	9.75	--
2/2	ARIZONA ST., BYU	9.75	--	--	9.775	--
2/9	at Utah	9.80	--	--	9.80	--
2/17	at Oregon St.	9.825	--	--	9.75	--
2/23	WASHINGTON	9.825	--	--	9.825	--
3/1	at Sac St.	9.80	--	--	--	--
3/8	at San Jose St.	9.85	--	--	--	--
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	9.80	--	--	--	--
3/23	at Pac-12 Championships	--	--	--	--	--

**MALEAH PEARSON****5-5 · SO · AA****Maple Grove, Minn. · Twin City Twisters**

Bests	V	UB	BB	FX	AA
Season	--	--	--	--	--
Career	--	--	--	--	--

**2019 HIGHLIGHTS:**

- Has not competed this season.

**AS A FRESHMAN (2018):**

Did not compete during the 2018 season to recover from injury

**HIGH SCHOOL/CLUB:**

Three-time JO National competitor (2016, 2014 and 2013)...Two-time Minnesota State bar champion (2014, 2016)...Regional bar champion (2014) and floor champion (2013)...Took fifth on floor at JO Nationals (2013) and 13th on bars (2016)...Member of the Twin City Twisters, coached by Mike Hunger and Sami Wozney...Awarded Twin City's Best Floor Entertainer (2012, 2014), Best Bar Swinger (2015, 2016) and Most Improved (2013)...Won the Level 10 State Championship with Twin City...Attended Maple Grove Senior High School in Maple Grove, Minn....Honor Roll member every trimester of her high school career

**BEAR BITES:**

- Worked as a gymnastics coach for the Special Olympics
- Has suffered two ACL tears
- Uncle John Nalan was a gymnast at West Point

**MAJOR:**

Undeclared -intended Public Health major

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	--	--	--	--	--
1/12	at UA Collegiate Challenge	--	--	--	--	--
1/21	STANFORD	--	--	--	--	--
1/26	at Arizona	--	--	--	--	--
2/2	ARIZONA ST., BYU	--	--	--	--	--
2/9	at Utah	--	--	--	--	--
2/17	at Oregon St.	--	--	--	--	--
2/23	WASHINGTON	--	--	--	--	--
3/1	at Sac St.	--	--	--	--	--
3/8	at San Jose St.	--	--	--	--	--
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	--	--	--	--	--
3/23	at Pac-12 Championships	--	--	--	--	--

## GYMNAST BIOS

**GRACE QUINN****5-1 · FR · AA****Dallas, Texas · Texas Dreams**

Bests	V	UB	BB	FX	AA
Season	--	--	--	--	--
Career	--	--	--	--	--

**2019 HIGHLIGHTS:**

- Has not competed this season.

**HIGH SCHOOL/CLUB:**

A former international elite standout who qualified in 2013...Took bronze on vault at the 2015 Secret U.S. Classic, and ninth on beam in back-to-back years at the 2013 and 2014 Secret Classic...Finished in the top 10 all-around at the 2014 and 2015 P&G Championships; Also finished sixth on floor and seventh on vault at the 2015 championships...Ninth all-around at 2013 Junior Nationals, with top 10 finishes on floor (7th), vault (8th) and beam (9th)...Competed with club gym Texas Dreams, coached by Kim Zmeskal-Burdette and Chris Burdette...Attended Spring Creek Academy

**PERSONAL:**

Parents are William and Stacy Quinn

**MAJOR:**

Undeclared – intended Business Administration major

**VICTORIA SALEM****5-1 · SO · AA****San Bruno, Calif. · San Mateo**

Bests	V	UB	BB	FX	AA
Season	--	--	--	--	--
Career	--	--	--	--	--

**2019 HIGHLIGHTS:**

- Has not competed this season.

**AS A FRESHMAN (2018):**

Did not compete in her first season on campus after suffering a season-ending injury on the second day of practice

**HIGH SCHOOL/CLUB:**

Runner-up on bars at the 2017 NorCal State Championships...2016 JO Nationals beam champion, second on bars and seventh all-around...Bar champion, second all-around, third on vault and fourth on beam and floor at 2016 Regionals...2016 NorCal State vault, bars and all-around champion while collecting third on beam...Eighth on beam at the 2015 JO Nationals following a 2015 Regional beam championship and third-place all-around finish...Bar and beam champion at 2015 NorCal Stats, plus second all-around and third on vault...2014 JO NIT Bars specialist, Regional bars champion and NorCal State bars champion...Trained with San Mateo Gymnastics under Armen Astoian and Oksana Bystrova...Attended Capuchino High School in San Bruno, Calif

**BEAR BITES:**

- Was born with Klippel-Trenaunay Syndrome, a rare congenital vascular disorder that affects the development of blood vessels, skin, muscles and bones
- Had corrective surgery at age 13 after her right leg grew more rapidly than her left as a result of her syndrome, but continued to train and compete in gymnastics

**MAJOR:**

Undeclared – intended Molecular & Cell Biology major

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	--	--	--	--	--
1/12	at UA Collegiate Challenge	--	--	--	--	--
1/21	STANFORD	--	--	--	--	--
1/26	at Arizona	--	--	--	--	--
2/2	ARIZONA ST., BYU	--	--	--	--	--
2/9	at Utah	--	--	--	--	--
2/17	at Oregon St.	--	--	--	--	--
2/23	WASHINGTON	--	--	--	--	--
3/1	at Sac St.	--	--	--	--	--
3/8	at San Jose St.	--	--	--	--	--
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	--	--	--	--	--
3/23	at Pac-12 Championships	--	--	--	--	--

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	--	--	--	--	--
1/12	at UA Collegiate Challenge	--	--	--	--	--
1/21	STANFORD	--	--	--	--	--
1/26	at Arizona	--	--	--	--	--
2/2	ARIZONA ST., BYU	--	--	--	--	--
2/9	at Utah	--	--	--	--	--
2/17	at Oregon St.	--	--	--	--	--
2/23	WASHINGTON	--	--	--	--	--
3/1	at Sac St.	--	--	--	--	--
3/8	at San Jose St.	--	--	--	--	--
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	--	--	--	--	--
3/23	at Pac-12 Championships	--	--	--	--	--

## GYMNAST BIOS



### NINA SCHANK

(Nina SHANK)

**5-5 • SO • AA**

**Oakland, Calif. • Head-Royce School**

Bests	V	UB	BB	FX	AA
Season	--	9.90	--	9.85	--
Career	9.65	9.925	--	9.85	--

#### CAREER HIGHLIGHTS:

- All-Pac-12 Uneven Bars Second Team (2018)
- WCGA Scholastic All-American (2018)

#### 2019 HIGHLIGHTS:

- 9-11 on UB; 2-3 on FX
- Set a new career-best 9.85 on floor against Washington
- Collected her second bars title of the season with a 9.875 in the Cal tri meet
- Won bars with a 9.90 vs. Stanford and also turned in a 9.825 in her collegiate debut on floor
- Strong start in her season debut with a 9.875 at LSU

#### AS A FRESHMAN (2018):

All-Pac-12 Uneven Bars Second Team selection...Competed in every meet of the season, mostly as a bars specialist with one appearance on vault and exhibitions on both beam and floor...Went 12-14 on bars, and 1-1 on vault...Second among the Bears in event titles with five bars titles for the season, plus eight Top 3 finishes...9.825 on bars in the NCAA Championships semifinal (4/20)...Scored a 9.85 on bars at the NCAA salt Lake City Regional (4/7) and at Pac-12 Championships (3/24)...Rebounded for a miss at the Sac State quad (3/9) meet by posting a 9.90 to win bars at UC Davis (3/11) just two days later...Bar champion against Central Michigan (3/2) after matching a career-high 9.925...Won bars against Utah (2/25) with a career-best 9.925...Logged a 9.85 on bars against Arizona (2/4) to win the title...First collegiate event title came with a 9.925 bars win at Washington (1/20)...Made her Golden Bear debut on vault (9.65) and bars (9.875) in the season opener at the NorCal Classic (1/8)

#### BEAR BITES:

- Born in Chengdu, China
- Father, Richard, is a two-time Cal grad (BS '80, MS '82)

#### MAJOR:

Undeclared – intended Molecular & Cell Biology major

#### 2019 Meet-By-Meet Results

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	--	9.875	--	--	--
1/12	at UA Collegiate Challenge	--	9.85	--	--	--
1/21	STANFORD	--	9.90	--	9.825	--
1/26	at Arizona	--	9.825	--	9.50	--
2/2	ARIZONA ST., BYU	--	9.875	--	--	--
2/9	at Utah	--	8.975	--	--	--
2/17	at Oregon St.	--	9.85	--	--	--
2/23	WASHINGTON	--	9.85	--	9.85	--
3/1	at Sac St.	--	9.90	--	--	--
3/8	at San Jose St.	--	8.95	--	--	--
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	--	9.80	--	--	--
3/23	at Pac-12 Championships	--	--	--	--	--



### SOFIE SEILNACHT

(SO-fee sile-knocked)

**5-7 • SR • AA**

**Fremont, Calif. • California Gymnastics Academy**

Bests	V	UB	BB	FX	AA
Season	--	9.85	9.925	9.90	--
Career	--	9.90	9.95	9.90	--

#### CAREER HIGHLIGHTS:

- Pac-12 Specialist of the Week (3/6/18)

#### 2019 HIGHLIGHTS:

- 9-9 on UB; 11-11 on BB; 11-11 on FX
- Capped off her final regular season with a career-high 9.90 on floor in Cal's quad meet
- Beam champion in the Cal tri meet with a season-high 9.925, and added a season-high 9.85 on bars
- Third on beam with a season-best 9.85 vs Stanford
- Matched her career-best 9.85 on floor at the Collegiate Challenge, and added season-high totals on bars and beam
- Performed on three events in her season debut at LSU

#### AS A JUNIOR (2018):

Pac-12 Specialist of the Week (3/6)...Appeared in every single beam and floor lineup, plus 11 appearances on the uneven bars...Hit every floor routine (14-14)...Went 7-11 on bars and 11-14 on beam...Seven Top 3 finishes, including three event titles...Hit all three routines in the NCAA Championships semifinal (4/20), competing on bars, beam and floor...Matched her career-best 9.85 on floor at the NCAA Salt Lake City Regional (4/7)...Third on beam at the Pac-12 Championships (3/24) with a 9.90...Set a career-high 9.95 on beam at the Sac State quad meet (3/9) to win the event title...Earned the beam (9.925) and floor (9.825) titles against Central Michigan (3/2) to pick up Pac-12 Specialist of the Week honors for her performance...Season-best 9.875 on bars and a 9.85 on floor against Utah (2/25)...Matched her career-high 9.85 on floor against Arizona (2/4)

#### AS A SOPHOMORE (2017):

Winner of two events in her sophomore campaign, both on the balance beam...Five top three finishes...Went 23-25 in her routines, including a perfect record on bars (10-10) while going 11-12 on beam and 2-3 on floor...Contributed on three events at the NCAA Fayetteville Regional (4/1) – bars (9.725), beam (9.85) and floor (9.80)...Set a career-high 9.85 on floor at the Pac-12 Championships (3/18)...Made her collegiate floor debut against Oklahoma (3/12), earning a 9.025...Nebraska Masters Classic (2/25) All-America First Team on beam with a career-high 9.925 and the event title, recording just the fifth 9.925 on the apparatus in Cal history...Took third on bars against Arizona State (1/28) with a 9.775...Made her bars debut in the Cal tri meet (1/21) with a 9.775 while taking third on beam at 9.85...Earned her first collegiate beam title with a 9.875 in the season-opening NorCal Classic (1/9)

#### AS A FRESHMAN (2016):

Set a career-high 9.8875 on beam at the NCAA Championships...In only her third outing on bars, tallied a career-best 9.90 at the UC Davis tri meet...Collegiate debut on bars saw her earn a 9.875 against Utah...Career-high 9.85 on beam, taking third, against Arizona State...Debuted on beam at the NorCal Classic, scoring 9.20

#### BEAR BITES:

- Twin sister of Cal gymnast Sylvie (Senior)
- Had Tommy John surgery
- Father, Michael, graduated from Cal in 1986

#### MAJOR:

Astrophysics – would like to land a job in cosmology research after graduation, studying dark matter

#### 2019 Meet-By-Meet Results

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	--	9.775	9.70	9.675	--
1/12	at UA Collegiate Challenge	--	9.825	9.775	9.85	--
1/21	STANFORD	--	--	9.85	9.775	--
1/26	at Arizona	--	--	9.80	9.75	--
2/2	ARIZONA ST., BYU	--	9.85	9.925	9.75	--
2/9	at Utah	--	9.80	9.825	9.80	--
2/17	at Oregon St.	--	9.725	9.75	9.775	--
2/23	WASHINGTON	--	9.825	9.85	9.875	--
3/1	at Sac St.	--	9.825	9.85	9.80	--
3/8	at San Jose St.	--	9.825	9.825	9.775	--
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	--	9.80	9.775	9.90	--
3/23	at Pac-12 Championships	--	--	--	--	--

## GYMNAST BIOS

**SYLVIE SEILNACHT***(Sill-V sile-knocked)***5-6 • SR • AA****Fremont, Calif. • California Gymnastics Academy**

Bests	V	UB	BB	FX	AA
Season	9.90	--	--	9.80	--
Career	9.90	--	9.80	9.90	--

**CAREER HIGHLIGHTS:**

- 2x Pac-12 All-Academic Honorable Mention (2017, 2018)

**2019 HIGHLIGHTS:**

- 10-10 on V, 4-4 on FX
- Matched her career-best 9.90 on vault in the Senior Day finale of the Cal quad meet
- Matched her season-high 9.80 on floor at San Jose State
- Upped her season-best on floor to 9.80 at the Sac State tri meet
- Made her floor debut at Utah, earning a 9.70
- Matched her season-high 9.85 on vault at Arizona
- Season-high 9.85 on vault at the Collegiate Classic
- Competed on vault in 2019 debut at LSU

**AS A JUNIOR (2018)**

Pac-12 All-Academic Honorable Mention...Appeared in 13 of 14 meets, hitting every routine on both vault (13-13) and floor (11-11)...Went 3-4 on beam...Three Top 3 finishes and one event title...Competed on vault (9.85) and floor (9.7875) in the NCAA Championships semifinal (4/20)...9.85 on both vault and floor at the NCAA Salt Lake City Regional (4/7)...Set a career-high 9.90 on floor against Utah (2/25)...Took her first event title of the season by matching a career-high 9.90 on vault at Arizona State (1/28)

**AS A SOPHOMORE (2017):**

Pac-12 All-Academic Honorable Mention...fractured her foot after tripping over a backpack in class during week 9 of the season to miss the remainder of the year...One of the most consistent vaulters for the Bears, going a perfect 8-for-8 before her injury....Nebraska Masters Classic (2/25) Second Team All-American on vault (9.825) and floor (9.825)...Set a career-high 9.80 on floor against Arizona State (1/28)

**AS A FRESHMAN (2016):**

Earned a 9.025 in her collegiate debut on floor in the Cal quad meet... Claimed her first career event title with a career-high 9.90 vs. Arizona... Vault debut came at the Oklahoma tri meet, turning in a strong 9.825... Made her Cal debut on beam at the NorCal Classic, earning a 9.725 on beam

**BEAR BITES:**

- Twin sister of Cal gymnast Sofie (Senior)
- Overcame two ACL injuries
- Father, Michael, graduated from Cal in 1986

**MAJOR:**

Public Health

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	9.775	--	--	--	--
1/12	at UA Collegiate Challenge	9.85	--	--	--	--
1/21	STANFORD	9.775	--	--	--	--
1/26	at Arizona	9.85	--	--	--	--
2/2	ARIZONA ST., BYU	--	--	--	--	--
2/9	at Utah	9.80	--	--	9.70	--
2/17	at Oregon St.	9.75	--	--	--	--
2/23	WASHINGTON	9.725	--	--	--	--
3/1	at Sac St.	9.825	--	--	9.80	--
3/8	at San Jose St.	9.80	--	--	9.80	--
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	9.90	--	--	9.775	--
3/23	at Pac-12 Championships	--	--	--	--	--

**CHELSEA SHU***(Chelsea SHOE)***5-6 • SR • AA****Manhattan Beach, Calif. • All Olympia**

Bests	V	UB	BB	FX	AA
Season	--	9.75	9.90	9.95	--
Career	--	9.90	9.90	9.95	--

**CAREER HIGHLIGHTS**

- 2x Pac-12 All-Academic Honorable Mention (2017, 2018)
- 2016 NACGC/W Scholastic All-American

**2019 HIGHLIGHTS:**

- 1-2 on UB; 7-8 on BB; 4-5 on FX
- Set a career-high 9.95 in her final floor performance in Haas Pavilion in the Cal quad meet, winning the event title
- Matched her season-best 9.85 on floor at San Jose State
- Improved her season-high on floor to 9.85 at the Sac State tri meet
- Made it back-to-back weeks with a career-high 9.90 on beam by posting the same score against Washington for second place on the event
- Set a career-high 9.90 on beam at Oregon State in a clutch performance that saw her step up for injured teammate Toni-Ann Williams, winning the event title on beam
- Three-event competitor in her season debut at LSU

**AS A JUNIOR (2018)**

Pac-12 All-Academic Honorable Mention...Team captain for the Bears...Balance beam competitor in all 14 meets, with eight appearances on floor and three on bars...Went a perfect 14-14 on bars and 8-8 on floor, plus 2-3 on bars...Three Top 3 finishes... Earned a 9.85 on beam in her lone event at the NCAA Championships semifinal (4/20)...9.70 on beam at the NCAA Salt Lake City Regional (4/7)...Matched a career-high 9.875 on beam against Central Michigan (3/2)...Career-best 9.875 on floor and a then-season high 9.85 on beam against Utah (2/25)...Set a then-career-best 9.85 on floor at Stanford (2/17)

**AS A SOPHOMORE (2017):**

Pac-12 All-Academic Honorable Mention...Claimed one bars title with three top-three finishes...Hit every single bars routine of the season and contributed to seven beam lineups (6-7)...Contributed on two events at the NCAA Fayetteville Regional (4/1), scoring 9.85s on both bars and beam...Set a career-best 9.875 on beam against Oklahoma (3/12)...Nebraska Masters Classic All-America (2/25) Second Team honoree on beam after scoring a 9.85...Tallied her career-high 9.90 on bars against Oregon State (2/18) to finish as the runner-up on the event...Took home her first collegiate event title in a 9.825 showing on bars against Arizona State (1/28)...Made her Golden Bear debut in the NorCal Classic (1/9) by taking third on bars (9.875) and earning a 9.575 on beam.

**AS A FRESHMAN (2016):**

Did not compete while rehabbing from injury

**BEAR BITE:**

- Brother, Joshua, attended Cal and graduated in 2016.

**MAJOR:**

Cognitive Science

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	--	9.75	9.725	9.60	--
1/12	at UA Collegiate Challenge	--	--	9.575	--	--
1/21	STANFORD	--	--	9.225	--	--
1/26	at Arizona	--	9.175	--	--	--
2/2	ARIZONA ST., BYU	--	--	--	9.45	--
2/9	at Utah	--	--	--	--	--
2/17	at Oregon St.	--	--	9.90	--	--
2/23	WASHINGTON	--	--	9.90	--	--
3/1	at Sac St.	--	--	9.80	9.85	--
3/8	at San Jose St.	--	--	9.85	9.85	--
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	--	--	9.875	9.95	--
3/23	at Pac-12 Championships	--	--	--	--	--

## GYMNAST BIOS

**ABI SOLARI***(ABBY Solari)***5-3 • FR • AA****Portishead, England • Gordano School**

Bests	V	UB	BB	FX	AA
Season	9.70	--	--	9.80	--
Career	9.70	--	--	9.80	--

**2019 HIGHLIGHTS:**

- 1-1 on V; 1-1 on FX
- Hit both events in her Cal debut at LSU, competing on vault (9.70) and floor (9.80)

**HIGH SCHOOL/CLUB:**

Great Britain National Team member from 2012-2017...Participated in the 2014 Olympic Hopes Cup, winning second all-around and first as a team...Two-time competitor at the Rushmore Rosebowl, where she won second with England's team and first with Great Britain... Member of the Academy of Gymnastics Portishead, coached by Elizabeth Kincaid...Third All-Around at the English Championships and Third on vault at the British Championships in 2016...Espoir English Vault Champion in 2013...Claimed a team championship with her club in 2016...Attended Gordano School in Portishead

**PERSONAL:**

Hobbies include listening to music...Parents are Paul and Clare Solari

**MAJOR:**

Undeclared -- intended Integrative Biology major

**EMI WATTERSON***(EH-me Watterson)***5-1 • SO • AA****Brisbane, Australia • Delta**

Bests	V	UB	BB	FX	AA
Season	9.825	9.95	8.150	--	--
Career	9.825	9.95	8.150	--	--

**2019 HIGHLIGHTS:**

- 4-4 on V; 8-9 on UB, 0-1 on BB
- Took her second consecutive bars title with a 9.925 at San Jose State, and upped her career high once again to 9.825 on vault
- Produced a stunning 9.95 bar routine at the Sac State tri meet to take the event title, and set a career-high 9.775 on vault
- Matched her career-best 9.875 at Oregon State to win the uneven bars title
- Second on bars at Utah with a 9.85
- Made her collegiate debut on vault in the Cal tri meet, posting a 9.75
- Collegiate debut on balance beam came at Arizona
- Second on bars vs Stanford with a 9.85
- Started her sophomore season by matching her career-best 9.875 on bars at LSU

**AS A FRESHMAN (2018):**

Went 5-5 on bars after joining the Bears late in the preseason on Dec. 27, 2017...Contributed to the lineup at the NCAA Championships semifinal (4/20), registering a 9.8375 on bars...Scored a 9.825 in her first regional appearance at the NCAA Salt Lake City Regional (4/7)... Delivered a career-high 9.875 as the anchor of the bars lineup at Pac-12 Championships (3/24)...Made her Golden Bear debut on bars at the Sac State quad meet (3/9), recording a 9.80, then followed it up just two days later with a 9.85 at UC Davis (3/11)

**BEAR BITES:**

- Born in Brisbane, Australia
- Joined the Bears just two weeks before the 2018 season, in Dec. 2017

**MAJOR:**

Undeclared -- intended Public Health major

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	9.70	--	--	9.80	--
1/12	at UA Collegiate Challenge	--	--	--	--	--
1/21	STANFORD	--	--	--	--	--
1/26	at Arizona	--	--	--	--	--
2/2	ARIZONA ST., BYU	--	--	--	--	--
2/9	at Utah	--	--	--	--	--
2/17	at Oregon St.	--	--	--	--	--
2/23	WASHINGTON	--	--	--	--	--
3/1	at Sac St.	--	--	--	--	--
3/8	at San Jose St.	--	--	--	--	--
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	--	--	--	--	--
3/23	at Pac-12 Championships	--	--	--	--	--

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	--	9.875	--	--	--
1/12	at UA Collegiate Challenge	--	9.325	--	--	--
1/21	STANFORD	--	9.85	--	--	--
1/26	at Arizona	--	9.775	8.150	--	--
2/2	ARIZONA ST., BYU	9.75	9.30	--	--	--
2/9	at Utah	--	9.85	--	--	--
2/17	at Oregon St.	--	9.875	--	--	--
2/23	WASHINGTON	9.70	9.85	--	--	--
3/1	at Sac St.	9.775	9.95	--	--	--
3/8	at San Jose St.	9.825	9.925	--	--	--
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	--	--	--	--	--
3/23	at Pac-12 Championships	--	--	--	--	--

## GYMNAST BIOS

**TONI-ANN WILLIAMS****5-1 • 5TH-SR • AA****Randallstown, Md. • United Gymnastix**

Bests	V	UB	BB	FX	AA
Season	9.90	–	9.90	9.90	–
Career	10.0	9.95	9.925	9.975	39.700

**CAREER HIGHLIGHTS**

- 2016 Olympian (Jamaica)
- NCAA All-Around Second Team All-American (2018)
- 6x Regular-Season All-American (2015 - 1st team vault & floor, 2nd team all-around; 2016 - 1st team floor; 2018 – 1st team floor, 2nd team all-around)
- 2x NACGC/W West Region Gymnast of the Year (2015, 2016)
- Pac-12 Freshman of the Year (2015)
- 7x All-Pac-12 selection (2015 – 1st team all-around; 2016 – 1st team floor & vault, 2018 – 2nd team all-around, vault, beam & floor)
- 6x Pac-12 Freshman of the Week (2015)
- 4x Pac-12 Gymnast of the Week (1x 2015, 2x 2016, 1x 2018)
- 2x Pac-12 Specialist of the Week (1x 2016, 1x 2017)
- NCAA Regional Vault Champion (2015)
- Pac-12 Championships Floor Champion (2016)

**AS A FIFTH-YEAR SENIOR (2019):**

- 7-7 on V; 6-6 on BB; 4-5 on FX
- AAI Award Top 6 finalist
- Won the vault title at Oregon State before rupturing her Achilles in her final floor pass to end her collegiate career
- Season high 9.90s across the board on vault, beam and floor in the Cal tri meet, winning the floor title
- Won two titles vs. Stanford, taking vault and beam titles
- Debuted on 3 events at LSU despite dislocating her elbow in the Fall of 2018
- Granted a fifth year of eligibility by the NCAA this year

**AS A REDSHIRT SENIOR (2018):**

Contributed to 50 lineups, hitting all but one routine for a 98 percent hit rate (13-13 on vault, 12-13 on bars, 12-12 on beam, 12-12 on floor)... NCAA Second Team All-American in the all-around after finishing ninth in the NCAA Championships semifinal (4/20) with a 39.4250...Picked up two more NACGC/W Regular-Season All-America honors, earning first team floor and second team all-around honors...Hauled in a program-record four All-Pac-12 honors, taking second team selections as an all-arounder, on vault, beam and floor...Earned Pac-12 Gymnast of the Week (2/27), her fourth career Gymnast of the Week honor...Led the Bears with 21 event titles and 35 total Top 3 finishes in 2018...Team-high 9.8875 on bars, and 9.8625 on beam and floor at the NCAA Championships...Fifth all-around with a 39.400 at the NCAA Salt Lake City Regional (4/7) and fourth on floor with a 9.925...Third on vault and beam at the Pac-12 Championships (3/24) with a pair of 9.90s on the events...Won vault (9.85) and floor (9.925) at the Sac State quad meet (3/9)...Took four event titles (all-around, vault, bars and floor) and finished in the top three in all of her events against Central Michigan (3/2), setting season-highs on vault (9.925) and bars (9.925)...Won Gymnast of the Week on Feb. 27 for her efforts in Cal's upset of No. 4 Utah (2/25), where she matched a program-record 39.700 all-around total as well as a 9.975 on floor; Had originally anticipated missing floor for the second consecutive meet to rest a knee injury before powering the Bears to the win as the floor anchor... Won all-around against UCLA (2/10) with a season-best 39.600, as well as vault with a 9.925; Also matched a career-high 9.925 on beam...Won floor vs. Arizona (2/4) with a 9.95...Took three titles for the second consecutive week by winning all-around (39.575), beam (9.90) and floor (9.975) at Arizona State (1/28)...The week prior, hauled in three titles at Washington – all-around (39.325), vault (9.90) and floor (9.925)...Won beam at the NorCal Classic (1/8) with a 9.90, and added a 9.90 on floor in her first meet back since tearing her Achilles in 2017

**AS A JUNIOR (2017):**

Competed in the first four meets of the season before tearing her Achilles in week five, which sidelined her for the remainder of the year...Hit every single event (11-11) before her injury and picked up a team-best five event titles, including four on floor and one on vault, with eight top-three finishes...Winner of four consecutive floor titles to start the season, including a season-high 9.925 against Arizona State (1/28)...Voted Pac-12 Specialist of the Week on Jan. 24 after winning vault (9.875) and floor (9.90) in Cal's tri meet (1/21) with Washington and San Jose State...Won the NorCal Classic (1/9) floor title with her season-high 9.925

**AS A SOPHOMORE (2016):**

Competed at the 2016 Rio Olympics for Team Jamaica...Awarded NACGC/W Regular-Season All-America First Team honors on floor...All-Pac-12 First Team Floor honoree...Became Cal's first individual event champion at the Pac-12 Championships since 2004, winning floor with a 9.925...Won bars and floor at the UC Davis tri meet with season-highs on the event, including a new 9.925 on bars...Pac-12 Gymnast of the Week on Feb. 2 and Feb. 16...Won vault at Oregon State...Swept every title, including all-around, at Arizona State, including a career-best 9.925 on beam...Added another three titles – bars, beam and floor – against Arizona...Picked up vault, floor and all-around titles in Cal's historic upset of UCLA – the Bears' first win over the Bruins since 1985...Floor champion at the Stanford tri meet with a season-high 9.925; Also her first all-around competition of the season. ...Claimed the NorCal Classic vault title (9.85)

**AS A FRESHMAN (2015):**

Owens a conference-record six Pac-12 Freshman of the Week honors, including five consecutive titles on Jan. 19, Jan. 25, Feb. 2, Feb. 9 and Feb. 16...Vault champion of the NCAA Berkeley Regional (4/4)...Appeared in every single meet of 2015, including 11 of 13 as an all-arounder...Claimed 30 event titles as a freshman: 7 vault, 5 bars, 1 beam, 9 floor, 8 all-around...Only gymnast in Pac-12 history to be named Gymnast of the Week and Freshman of the Week concurrently (2/16)... Only Cal gymnast to record two 10.0s in her collegiate career – both on vault...Set a program record 10.0 on vault vs. Oregon State (2/13) – Cal's first 10.0 on the event and second in program history... Her second perfect 10 came against UC Davis (3/8)...Set a program -record 39.700 in the all-around vs. Oregon St...Finished 20th overall in the all-around at the NCAA Championships with a 39.225... Williams' 20th-place standing marks the best all-around finish for a Cal gymnast at the NCAA Championships in program history; Also finished 36th on floor (9.85), 44th on vault (9.825), 58th on beam (9.75) and 63rd on bars (9.80)

**BEAR BITES:**

- Member of the Jamaica National Team
- First gymnast to represent Jamaica in international competition
- Competed in Rio for 2016 Summer Olympics
- 2015, 2013 and 2011 World Championships participant
- 2010 JO National Invitational Tournament Champion
- Has competed in Brazil, Scotland, Montreal, Canada, Tokyo, Japan and Belgium

**MAJOR:**

Double major in Social Welfare and Legal Studies

**2019 Meet-By-Meet Results**

Date	Meet	Vault	Bars	Beam	Floor	AA
1/4	at LSU	9.80	–	9.625	9.85	–
1/12	at UA Collegiate Challenge	9.825	–	9.85	9.775	–
1/21	STANFORD	9.875	–	9.90	9.775	–
1/26	at Arizona	9.875	–	9.875	–	–
2/2	ARIZONA ST., BYU	9.90	–	9.90	9.90	–
2/9	at Utah	9.80	–	9.65	–	–
2/17	at Oregon St.	9.875	–	–	9.10	–
2/23	WASHINGTON	–	–	–	–	–
3/1	at Sac St.	–	–	–	–	–
3/8	at San Jose St.	–	–	–	–	–
3/17	ILLINOIS, SAC ST., SAN JOSE ST.	–	–	–	–	–
3/23	at Pac-12 Championships	–	–	–	–	–

## BROADCAST ROSTER



**MAYA BORDAS**  
AA | 5-3 | FR  
Austin, Texas



**MILAN CLAUSI**  
AA | 5-3 | FR  
Salt Lake City, Utah



**KYANA GEORGE**  
AA | 5-3 | SO  
McKinney, Texas



**TALITHA JONES**  
AA | 5-6 | FR  
Los Angeles, Calif.



**CASSIDY KEELAN**  
AA | 5-1 | JR  
Tyler, Texas



**ALMA KUC**  
AA | 5-1 | SO  
Los Angeles, Calif.



**RACHAEL MASTRANGELO**  
AA | 5-7 | JR  
Waxhaw, N.C.



**MALEAH PEARSON**  
AA | 5-5 | SO  
Maple Grove, Minn.



**GRACE QUINN**  
AA | 5-1 | FR  
Dallas, Texas



**VICTORIA SALEM**  
AA | 5-1 | SO  
San Bruno Calif.



**NINA SCHANK**  
AA | 5-5 | SO  
Oakland, Calif.



**SOFIE SEILNACHT**  
AA | 5-7 | SR  
Fremont, Calif.



**SYLVIE SEILNACHT**  
AA | 5-6 | SR  
Fremont, Calif.



**CHELSEA SHU**  
AA | 5-2 | SR  
Manhattan Beach, Calif.



**ABI SOLARI**  
AA | 5-3 | FR  
Portishead, England



**EMI WATTERSON**  
AA | 5-1 | SO  
Brisbane, Australia



**TONI-ANN WILLIAMS**  
AA | 5-1 | 5-SR  
Randallstown, Md.



**JUSTIN HOWELL**  
Co-Head Coach  
Seventh Season



**LIZ CRANDALL-HOWELL**  
Co-Head Coach  
Seventh Season



**JANELLE MCDONALD**  
Assistant Coach  
First Season