



EVENT
Hornet Invitational



DATES
March 14



LOCATION
Hornet Stadium



WATCH LIVE
N/A



LIVE STATS
Red Cap Timing

2019 SCHEDULE

DATE	EVENT	LOCATION
Jan. 25-26	UW Invitational	Seattle
Feb. 8-9	Husky Classic - Canceled	Seattle
Feb. 15	Last Chance College Elite	Seattle
Feb. 22-23	MPSF Championship	Seattle
MAR. 2	CAL OUTDOOR OPENER	BERKELEY
Mar. 8-9	NCAA Championship	College Station
Mar. 15-16	Hornet Invitational/Open	Sacramento
Mar. 29-30	SF State Distance Carnival	Hayward
Mar. 29-30	Stanford Invitational	Stanford
April 6	The Big Meet	Stanford
April 17-19	Bryan Clay Invitational	Azusa
April 18-20	Mt. Sac Relays	Torrance
April 19-20	Cardinal Classic	Stanford
APRIL 26-27	BRUTUS HAMILTON	BERKELEY
May 4	Sacramento Open	Sacramento
May 4-5	Pac-12 Combined Events	Tucson
May 11-12	Pac-12 Championship	Tucson
May 23-25	NCAA West Prelims	Sacramento
June 5-8	NCAA Championship	Austin

Home events in **BOLD**

FAST FACTS

COACHING STAFF

Director of Track & Field/Cross Country

Tony Sandoval 37th season

Associate Head Coach (Sprints, Hurdles, Relays)

Mike Gipson 12th season

Assistant Coach (Distance)/Head Cross Country Coach

Shayla Houlihan 7th season

Assistant Coach (Distance)

Chas Davis 6th season

Assistant Coach (Distance)

Mohamad Saatara 6th season

Assistant Coach (Jumps/Multis)

Nick Newman 3rd season

Volunteer Assistant Coach (Pole Vault)

Chris Smith 5th season

CAL OUTDOOR OPENER SCHEDULE

WOMEN'S RESULTS

100m: 1. Maisie Stevens, 11.85; 3. Ezinne Abba, 12.00; 6. Jackie Patterson, 12.11; 7. Deshae Wise, 12.17; 9. Sara East, 12.33; 15. Windy Margerum, 12.96
 200m: 1. Zion Corrales Nelson, 24.25; 3. Jackie Patterson, 24.74; 4. Maisie Stevens, 24.76; 5. Ezinne Abba, 24.87; 8. Jenna Mencarelli, 25.19; 10. Sara East, 25.79; 11. Jacqueline Chandler, 25.92
 400m: 1. Zion Corrales Nelson, 56.73; 2. Jacqueline Chandler, 57.92; 3. Jenna Mencarelli, 58.51; 7. Kalea Ibarra, 62.58
 800m: 2. Mina Anglero, 2:09.04; 3. Rebecca Croft, 2:09.25; 4. Jordyn Colter, 2:09.62
 1500m: 1. Jessica Nye, 4:39.74; 2. Ariane Arndt, 4:42.38; 3. Meredith Corda, 4:43.82
 3000m: 5. Kenna Clawson, 10:11.86; 8. Sydney Vandegrift, 10:16.00
 100m Hurdles: 1. Deshae Wise, 13.69; 3. Windy Margerum, 14.74
 400m Hurdles: 1. Schantell Williams, 1:03.28
 2000m Steeplechase: 1. Annie Boos, 6:51.10
 4x100m Relay: 1. California (Deshae Wise, Zion Corrales Nelson, Maisie Stevens, Jackie Patterson), 45.37
 4x400m Relay: 2. California A (Jacqueline Chandler, Mina Anglero, Zion Corrales Nelson, Rebecca Croft), 3:54.83; 3. California B (Jenna Mencarelli, Deshae Wise, Maisie Stevens, Jackie Patterson), 4:00.52
 Pole Vault: 3. Tess Callen, 3.20m/10-6.00
 Long Jump: 1. Noelle Scholler, 6.08m/19-11.50; 2. Sydney Reid, 5.74m/18-10.00; 3. Windy Margerum, 5.66m/18-7.00
 Javelin: 1. Francesca Macias, 35.70m/117-1

MEN'S RESULTS

100m: 1. Diab Davis, 10.56; 4. Jasher Foster, 10.85; 6. Misana Viltz, 11.64
 200m: 3. Diab Davis, 22.29
 400m: 2. Nico Bland, 48.63; 3. Blaise Carson, 49.57
 800m: 1. Ben Micallef, 1:53.77; 2. Marshall Brooker, 1:54.07; 4. Nikolaus Moore, 1:55.80; 7. Jaden Rosenthal, 1:58.91; 10. Adam Saleh, 2:01.94
 1500m: 1. Garrett Corcoran, 3:44.73; 2. Andrew Burkhardt, 3:48.57; 8. Ben Harper, 3:54.77; 9. Moises Medrano, 3:57.68; 11. Colin FitzGerald, 4:02.32; 16. Shyam Kumar, 4:33.57
 3000m: 19. Trevor Woodward, 9:00.83; 23. Xavier Court, 9:09.79
 110m Hurdles: 1. Jasher Foster, 13.82; 2. Misana Viltz, 14.11; 5. Hakim McMorris, 14.76
 400m Hurdles: 1. Connor Meech, 54.52
 2000m Steeplechase: 1. Takeshi Okada, 5:41.89
 4x100m Relay: 2. California (Diab Davis, Paramveer Chohan, Connor Meech, Jasher Foster), 41.87
 4x400m Relay: 1. California A (Connor Meech, Jasher Foster, Benjamin Micallef, Nicolas Bland), 3:19.51; California B (Blaise Carson, Nikolaus Moore, Moises Medrano), DNF
 High Jump: 1. Jack Phillips, 1.88m/6-2.00
 Pole Vault: 2. Hakim McMorris, 3.95m/12-11.50
 Long Jump: 1. Hakim McMorris, 7.09m/23-3.25; 4. Jared Geredes, 6.88m/22-7.00
 Triple Jump: 1. Jalyn Jackson, 15.48m/50-9.50
 Shot Put: 1. Joshua Johnson, 18.44m/60-6.00; 2. Iffy Joyner, 57-1.50
 Discus: 1. Iffy Joyner, 55.83m/183-2; 2. Joshua Johnson, 49.81m/163-5
 Hammer: 4. Terrence Wilson, 44.33m/145-5
 Javelin: 2. Hakim McMorris, 43.36m/142-3

CALIFORNIA OUTDOOR RECORDS

MEN

Event	Mark	Athlete	Site/Meet	Year
100 meters	10.18a	Atlee Mahorn	Provo, Utah	1990
200 meters	20.20	Atlee Mahorn	Eugene, Ore./NCAA Championships	1988
400 meters	45.46	Peter Howard	Tucson, Ariz./Pac-10 Championships	1985
800 meters	1:45.4	Rick Brown	Eugene, Ore./Final Olympic Trials	1972
1500 meters	3:39.43	Thomas Joyce	Stanford, Calif./Big Meet	2015
Mile	3:56.18	Michael Coe	Berkeley, Calif./Brutus Hamilton Invite	2009
3000m	8:00.50	Thomas Joyce	Stanford, Calif./Big Meet	2015
5000 meters	13:31.88	Bolota Asmerom	Walnut, Calif./Mt. SAC Relays	2001
10,000 meters	28:32.27	Yosef Ghebray	Stanford, Calif./Stanford Invitational	2009
110-meter Hurdles	13.39	Larry Cowling	Provo, Utah/NCAA Championships	1982
400-meter Hurdles	48.46	Larry Cowling	Provo, Utah/NCAA Championships	1982
3000-meter Steeplechase	8:35.37	Kevin Davis	Indianapolis, In./USATF Championships	2007
4x100-meter Relay	39.14	Strickland, Burns, Nichols, Walker	Provo, Utah/NCAA Championships	1975
4x400-meter Relay	3:03.9	Wallace, Walker, Mosley, Robinson	Philadelphia, Pa./NCAA Championships	1976
High Jump	7-5.75 (2.27m)	Jeff Rogers	Kauhajoki, Finland	1990
Pole Vault	18-8.25 (5.69m)	Brent Burns	Austin, Texas/NCAA Championships	1992
Long Jump	26-6.25 (8.08m)	Curtis Rogers	Fresno, Calif./Fresno Relays	1990
Triple Jump	55-0.00 (16.76m)	Ken Williams	Tucson, Ariz./Pac-10 Championships	1985
Shot Put	66-3.00 (20.19m)	Dave Porath	Stanford, Calif./Pac-10 Championships	1981
Discus	210-11 (64.28m)	Ramon Jimenez-Gaona	Eugene, Ore./Pac-10 Championships	1992
Hammer	229-0 (69.79m)	Jari Matinolli	Stanford, Calif./Stanford Relays	1986
Javelin (new)	250-10 (76.45m)	Ryan Young	Los Angeles, Calif./Joyner-Kersee Invite	2009
Javelin (old)	267-4 (81.48m)	Bruce Kennedy	Berkeley, Calif./Kennedy Games	1973
Decathlon	8118	Mike Morrison	Des Moines, Iowa/NCAA Championships	2011

WOMEN

Event	Mark	Athlete	Site/Meet	Year
100 meters	11.33	Antonette Carter	Provo, Utah/NCAA West Regional	2006
200 meters	22.72a	Antonette Carter	Sacramento, Calif./NCAA Championships	2006
400 meters	52.53	Latasha Gilliam	Los Angeles, Calif./Pac-10 Championships	1996
800 meters	1:59.29	Alysia Johnson	Sacramento, Calif./NCAA Championships	2007
1500 meters	4:09.23	Louise Romo	Los Angeles, Calif./Olympic Trials Final	1984
3000 meters	9:18.25	Bethan Knights	Berkeley, Calif./Big Meet	2016
5000 meters	15:37.31	Deborah Maier	Eugene, Ore./Olympic Trials	2012
10,000 meters	32:12.47	Deborah Maier	Stanford, Calif./Payton Jordan Invitational	2012
100-meter Hurdles	13.02	Kimyon Broom	Eugene, Ore./Pac-10 Championships	2009
400-meter Hurdles	57.61	Helga Halldorsdottir	Corvallis, Ore./NorPac Championships	1986
3000-meter Steeplechase	10:14.94	Rowena Tam	Eugene, Ore./NCAA Regional	2011
4x100-meter Relay	44.28	Omwanghe, T. Johnson, Hawes, Carter	Tucson, Ariz./Pac-10 Championships	2004
4x400-meter Relay	3:35.46	Turner, Pierce, E. Smith, A. Johnson	Berkeley, Calif./Calif. Coll. Challenge	2007
High Jump	6-1.25 (1.86m)	Kristen Meister	Stanford, Calif./Payton Jordan Invitational	2011
Pole Vault	14-1.25 (4.30m)	Lauren Martinez	Eugene, Ore./NCAA Championship	2018
Long Jump	22-1.00 (6.73m)	Sheila Hudson	Durham, N.C./NCAA Championships	1990
Triple Jump	46-0.75 (14.03m)	Sheila Hudson	Durham, N.C./NCAA Championships	1990
Shot Put	54-4.75 (16.57m)	Kristin Heaston	Tempe, Ariz./Pac-10 Championships	1999
Discus	188-11 (57.58m)	Kelechi Anyanwu	Sacramento Calif./NCAA Championships	2007
Hammer	215-3 (65.61m)	Camryn Rogers	Berkeley, Calif./Brutus Hamilton Challenge	2018
Javelin (new)	164-0 (50.00m)	Chrissy Glasmann	Tempe, Ariz./Pac-12/Big 10 Challenge	2018
Javelin (old)	170-7 (51.99m)	Kristen Engle	College Station, Texas/AIAW Championships	1982
Heptathlon	5624	Ifeoma Ozoeze	Tucson, Ariz./Pac-10 Championships	1995

a - altitude

FRESHMAN RECORDS

MEN				WOMEN			
Event	Mark	Athlete	Year	Event	Mark	Athlete	Year
100 meters	10.26	Atlee Mahorn	1986	100 meters	11.44	Cherrelle Garrett	2008
200 meters	20.34	Atlee Mahorn	1986	200 meters	23.50	Kelia Bolton	1979
400 meters	45.62	Atlee Mahorn	1986	400 meters	52.53	Latasha Gilliam	1996
800 meters	1:47.09	Mike White	1979	800 meters	2:03:00	Louise Romo	1982
1500 meters	3:43.62	David Torrence	2004	1500 meters	4:21.18	Bethan Knights	2015
3000 meters	8:05.25	Yosef Ghebray	2007	3000 meters	9:21.59	Bethan Knights	2015
5000 meters	14:02.27	Bolota Asmerom	1998	5000 meters	15:46.80	Kirsten O'Hara	1985
10,000 meters	29:28.05	Kari Karlsson	2008	10,000 meters	33:44.19	Kirsten O'Hara	1985
110-meter Hurdles	13.80	Carl Florant	1974	3000m Steeplechase	10:17.77	Annie Boos	2018
400-meter Hurdles	51.21	Monte Corley	2011	100-meter Hurdles	13.60	Osarhiemen Omwanghe	2003
3000m Steeplechase	8:52.68	Kai Benedict	2016	400-meter Hurdles	58.45	Roslyn Mack	1990
4x100-meter Relay	41.10	Adams, Brinksworth, Gould, Beaty	1963	4x100-meter Relay	44.28	Omwanghe, T. Johnson, Hawes, Carter	2004
4x400-meter Relay	3:09.10	Courchesne, Fishback, Brown, Archibald	1962	4x400-meter Relay	3:52.84	Weems, E. Smith, Bonty, Holmes	2006
High Jump	7-3.75 (2.22m)	Teak Wilburn	2003	High Jump	6-0.00 (1.82m)	Beth Vidakovits	1986
Pole Vault	17-5.75 (5.32m)	Brent Burns	1988	Pole Vault	13-5.75 (4.10m)	Allison Stokke	2008
Long Jump	25-6.75 (7.79m)	Walt Jones IV	2015	Long Jump	20-0.25 (6.10m)	Malaina Payton	2010
Triple Jump	54-4.00 (16.56m)	Ken Williams	1983	Triple Jump	44-3.50 (13.50m)	Sheila Hudson	1986
Shot Put	61-4.75 (18.71m)	McKay Johnson	2017	Shot Put	53-0.75 (16.17m)	Missy Faubus	2005
Discus	184-8 (56.28m)	Nate Rolfe	2006	Discus	177-11 (54.22m)	Emilee Strot	2006
Hammer	229-0 (69.79m)	Jari Matinolli	1986	Hammer	215-3 (65.61m)	Camryn Rogers	2018
Javelin	232-10 (70.96m)	Ryan Young	2006	Javelin	152-10 (46.58m)	Emilee Strot	2006
				Heptathlon	5235	Allison Eades	1984

EDWARDS STADIUM RECORDS

MEN				WOMEN			
Event	Mark	Athlete	Year	Event	Mark	Athlete	Year
100 meters	9.98	Derrick Atkins (Bahamas)	2007	100 meters	11.14	Evelyn Ashford (Medalist T.C.)	1982
200 meters	20.44	Eric Brown (UCLA)	1982	200 meters	22.69	Evelyn Ashford (USA)	1978
400 meters	45.0	Lee Evans (San Jose State)	1968	400 meters	50.76	Keshia Baker (Oregon)	2010
800 meters	1:43.73	Emmanuel Korir (UTEP)	2017	800 meters	1:59.0	Tatanya Providokhina (USSR)	1978
1500 meters	3:36.1*	Jim Ryun (Kansas)	1966	1500 meters	4:04.5	Mary Decker (Athletics West)	1983
Mile	3:51.3	Jim Ryun (Kansas)	1966	3000 meters	8:42.6	Svetlana Ulmasova (USSR)	1978
3000 meters	7:54.31	Chris Derrick (Stanford)	2012	5000 meters	15:12.95	Shannon Rowbury (Nike)	2009
5000 meters	13:08.4	Henry Rono (WSU)	1978	10,000 meters	31:53.46	Philes Moraa Ongori (Kenya)	2009
10,000 meters	27:28.48	Sam Chelanga (Liberty)	2009	100-meter Hurdles	12.93	Stephanie Hightower (LA Naturite)	1982
110-meter Hurdles	13.29	Greg Foster (Wilt's AC)	1982	400-meter Meters	56.53	Latanya Sheffield (Maccabi T.C.)	1984
400-meter Hurdles	48.59	Edwin Moses (Unattached)	1981	3000m Steeplechase	10:11.70	Claire Michel (Oregon)	2010
3000m Steeplechase	8:28.33	Peter Renner (New Zealand)	1985	4x100-meter Relay	42.88	USA	1984
4x100-meter Relay	38.91	USA	1984	4x400-meter Relay	3:25.99	USA	1984
4x400-meter Relay	3:00.11	USA	1984	High Jump	6-3.50 (1.91m)	Sue Rembao	1991
High Jump	7-7.00 (2.31m)	Jim Howard (Mazda TC)	1985	Pole Vault	14-4.00 (4.36m)	Katerina Stefanidi (Stanford)	2011
Pole Vault	18-6.50 (5.65m)	Brent Burns (California)	1992	Long Jump	22-3.75 (6.80m)	Grace Upshaw (unattached)	2009
Long Jump	26-3.50 (8.01m)	Arnie Robinson (Maccabi TC)	1978	Triple Jump	45-3.00 (13.79m)	Erica McLain (Stanford)	2008
Triple Jump	56-4.25 (17.17m)	Mike Conley (Arkansas)	1984	Shot Put	64-9.25 (19.74m)	Gael Martin (Australia)	1984
Shot Put	71-4.25 (21.74m)	Randy Matson (Texas Striders)	1970	Discus	213-10 (65.17m)	Meg Ritchie (Great Britain)	1981
Discus	233-5 (71.14m)	Ben Plucknett (4C TC)	1983	Hammer	240-3 (73.22m)	Sophie Hitchon (Great Britain)	2018
Hammer	252-5 (76.93m)	Balazs Kiss (USC)	1996	Javelin	207-1 (63.11m)	Sherry Calvert (USA)	1978
Javelin	253-4 (77.21m)	Cyrus Hostetler (Oregon)	2010	Heptathlon	6299	Sheila Burrell (Nike)	2002
Decathlon	8398	Tom Pappas (Adidas)	2002				

*converted (mile divided by 1.08)

2018 CALIFORNIA OUTDOOR SEASON BESTS

MEN'S BEST MARKS

Name.....Mark.....DateSite PR 100 meters (10.18a, Atlee Mahorn, 1990)

Diab Davis.....	10.563/2.....	Berkeley.....	10.56
Jasher Foster.....	10.853/2.....	Berkeley.....	10.85
Misana Viltz.....	11.643/2.....	Berkeley.....	11.20
Brannndon Marion.....				10.70
Jared Geredes.....				10.75
Tyler Brendel.....				10.80
Paramveer Chohan.....				11.09

200 meters (20.20, Atlee Mahorn, 1988)

Diab Davis.....	22.293/2.....	Berkeley.....	21.66
Paramveer Chohan.....				21.66
Brannndon Marion.....				21.75
Connor Meech.....				21.76
Connor Meech.....				22.00

400 meters (45.46, Peter Howard, 1985)

Nico Bland.....	48.633/2.....	Berkeley.....	48.63
Blaise Carsn.....	49.573/2.....	Berkeley.....	49.57
Paramveer Chohan.....				47.27
Tyler Brendel.....				49.12
Connor Meech.....				50.72

800 meters (1:45.40, Rick Brown, 1972)

Garrett Corcoran.....				1:51.15
Benjamin Micallef.....	1:53.773/2.....	Berkeley.....	1:51.20
Marshall Brooker.....	1:54.073/2.....	Berkeley.....	1:54.07
Nikolaus Moore.....	1:55.803/2.....	Berkeley.....	1:51.59
Jaden Rosenthal.....	1:58.913/2.....	Berkeley.....	1:58.91
Adam Saleh.....	2:01.943/2.....	Berkeley.....	2:01.94

1500 meters (3:39.43, Thomas Joyce, 2015)

Garrett Corcoran.....	3:44.733/2.....	Berkeley.....	3:44.73
Andrew Burkhardt.....	3:48.573/2.....	Berkeley.....	3:48.57
Ben Harper.....	3:54.773/2.....	Berkeley.....	3:58.40
Moises Medrano.....	3:57.683/2.....	Berkeley.....	3:57.68
Colin FitzGerald.....	4:02.323/2.....	Berkeley.....	4:02.32
Shyam Kumar.....	4:33.573/2.....	Berkeley.....	4:33.57
Kai Benedict.....				3:49.88
Nikolaus Moore.....				3:55.05
Takeshi Okada.....				3:54.08
Paul Zeiss.....				4:00.16
Tyler Brendel.....				4:16.28

Mile (3:56.18, Michael Coe, 2009)

Garrett Corcoran.....				3:59.79
Andrew Burkhardt.....				4:07.55
Paul Zeiss.....				4:10.14
Steven Khan.....				4:21.89

3000 meters (7:48.05i, Michael Coe, 2009)

Trevor Woodward.....	9:00.833/2.....	Berkeley.....	9:00.83
Xavier Court.....	9:09.793/2.....	Berkeley.....	9:09.79
Garrett Corcoran.....				7:52.10
Paul Zeiss.....				8:19.93
Steven Khan.....				8:35.76
Andrew Burkhardt.....				8:24.77

5000 meters (13:31.88, Bolota Asmerom, 2001)

Garrett Corcoran.....				13:54.64
Paul Zeiss.....				14:13.30
Steven Khan.....				14:28.74
Andrew Burkhardt.....				14:25.17
Ben Harper.....				15:17.12

10,000 meters (28:32.27, Yosef Ghebray, 2009)

Paul Zeiss.....				30:04.59
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110-meter hurdles (13.39, Larry Cowling, 1982)

Jasher Foster.....	13.823/2.....	Berkeley.....	13.82
Misana Viltz.....	14.113/2.....	Berkeley.....	13.75
Hakim McMorris.....	14.763/2.....	Berkeley.....	14.76
Brannndon Marion.....				14.73
Tyler Brendel.....				14.06
Paramveer Chohan.....				15.58

400-meter hurdles (48.46, Larry Cowling, 1982)

Connor Meech.....	54.523/2.....	Berkeley.....	51.01
Paramveer Chohan.....				51.75
Brannndon Marion.....				54.23

2000-meter steeplechase

Takeshi Okada.....	5:41.893/2.....	Berkeley.....	5:41.89
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3000-meter steeplechase (8:35.37, Kevin Davis, 2007)

Takeshi Okada.....				8:53.35
Kai Benedict.....				8:52.68
Ben Harper.....				9:49.78

4x100-meter Relay (39.14, Strickland/Burns/Nichols/Walker, 1975)

DDavis/Chohan/Meech/Foster.....	41.873/2.....	Berkeley.....	41.87
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4x400-meter Relay (3:03.90, Wallace/Walker/Mosley/Robinson, 1976)

Meech/Foster/Micallef/Bland.....	3:19.513/2.....	Berkeley.....	3:19.51
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High Jump (7-5.75, Jeff Rogers, 1990)

Jack Phillips.....	6-2.003/2.....	Berkeley.....	6-8.75
Tyler Brendel.....				6-2.00

Pole Vault (18-8.25, Brent Burns, 1992)

Hakim McMorris.....	12-11.503/2.....	Berkeley.....	12-11.50
Andrew Lind.....				16-0.75
Tyler Brendel.....				15-7.00

Long Jump (26-6.25, Curtis Rogers, 1990)

Hakim McMorris.....	23-3.253/2.....	Berkeley.....	23-3.25
Jared Geredes.....	22-7.003/2.....	Berkeley.....	23-4.75
Tuomas Kaukolahti.....				24-1.50
Sanjay Kettles.....				24-3.75
Tyler Brendel.....				22-10.75

Triple Jump (55-0.00, Ken Williams, 1985)

Jalyn Jackson.....	50-9.503/2.....	Berkeley.....	50-9.50
Tuomas Kaukolahti.....				52-4.50

Shot Put (66-3.00 (Dave Porath, 1981)

Joshua Johnson.....	60-6.003/2.....	Berkeley.....	60-6.00
Iffy Joyner.....	57-1.503/2.....	Berkeley.....	57-1.50
McKay Johnson.....				64-11.50
Malik McMorris.....				59-3.00
Tyler Brendel.....				41-1.50

Discus (210-11, Ramon Jimenez-Gaona, 1992)

Iffy Joyner.....	183-23/2.....	Berkeley.....	184-3
Joshua Johnson.....	163-53/2.....	Berkeley.....	163-5
McKay Johnson.....				183-3
Malik McMorris.....				182-11
Silviu Bocancea.....				161-5
Tyler Brendel.....				123-2

Hammer (229-0, Jari Matinoli, 1986)

Terence Wilson.....	145-53/2.....	Berkeley.....	145-5
Silviu Bocancea.....				215-11

Javelin (250-10, Ryan Young, 2009)

Hakim McMorris.....	142-33/2.....	Berkeley.....	142-3
Terence Wilson.....				202-5
Tyler Brendel.....				167-4

Decathlon (8,118, Mike Morrison, 2011)

Tyler Brendel.....				7413
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^ Cal School Record

Cal Record in Parentheses

d Earned Mark in Decathlon

2018 CALIFORNIA OUTDOOR SEASON BESTS

WOMEN'S BEST MARKS

Name.....Mark ..DateSite PR

100 meters (11.33, Antonette Carter, 2006)

Maisie Stevens 11.85.....3/2.....Berkeley 11.85
 Ezinne Abba 12.00.....3/2.....Berkeley 12.00
 Jackie Patterson 12.11.....3/2.....Berkeley 11.84
 Deshae Wise..... 12.173/2.....Berkeley 12.00
 Sara East 12.33.....3/2.....Berkeley 12.33
 Windy Margerum 12.96.....3/2.....Berkeley 12.96
 Jenna Mencarelli 12.08
 Noelle Schiller 12.34
 Zion Corrales-Nelson.....11.77

200 meters (22.72, Antonette Carter, 2006)

Zion Corrales Nelson..... 24.25.....3/2.....Berkeley 23.74
 Jackie Patterson 24.74.....3/2.....Berkeley 24.19
 Maisie Stevens 24.76.....3/2.....Berkeley 24.76
 Ezinne Abba 24.87.....3/2.....Berkeley 24.87
 Jenna Mencarelli 25.19.....3/2.....Berkeley 24.90
 Sara East 25.79.....3/2.....Berkeley 24.79
 Jackie Chandler 25.92.....3/2.....Berkeley 25.92
 Deshae Wise..... 24.11
 Schantell Williams.....25.31

400 meters (52.53, Latasha Gilliam, 1996)

Zion Corrales-Nelton 56.73.....3/2.....Berkeley 55.04
 Jackie Chandler 57.92.....3/2.....Berkeley 55.46
 Jenna Mencarelli 58.51.....3/2.....Berkeley 56.09
 Kalea Ibarra 62.58.....3/2.....Berkeley 62.58
 Schantell Williams.....56.51
 Rebecca Croft..... 55.83
 Ariane Arndt..... 57.33

800 meters (1:59.29, Alysia Johnson, 2007)

Mina Anglero..... 2:09.04.....3/2.....Berkeley 2:09.04
 Rebecca Croft..... 2:09.25.....3/2.....Berkeley 2:05.81
 Jordyn Colter 2:09.62.....3/2.....Berkeley 2:05.46
 Ariane Arndt..... 2:09.82
 Annie Boos..... 2:17.47
 Meredith Corda 2:19.43

1500 meters (4:09.23, Louise Romo, 1984)

Jessica Nye 4:39.74.....3/2.....Berkeley 4:39.74
 Ariane Arndt..... 4:42.38.....3/2.....Berkeley 4:42.38
 Meredith Corda 4:43.82.....3/2.....Berkeley 4:43.82
 Jordyn Colter 4:21.33
 Brie Oakley..... 4:26.80
 Annie Boos..... 4:29.39
 Rebecca Croft..... 4:24.59
 Meredith Corda 4:40.68
 Lochryn Howe 5:13.05
 Bethan Knights..... 4:19.60

3000 meters (9:18.25, Bethan Knights, 2016)

Kenna Clawson..... 10:11.86.....3/2.....Berkeley 10:11.86
 Sydney Vandegrift 10:16.00.....3/2.....Berkeley 10:16.00
 Brie Oakley..... 9:29.79
 Marissa Dobry 9:57.76
 Meredith Corda 10:29.18

5000 meters (15:29.24i, Deborah Maier, 2012)

Brie Oakley..... 16:08.53
 Marissa Dobry 17:14.99
 Bethan Knights..... 15:52.91

10000 meters (32:12.37, Deborah Maier, 2012)

Brie Oakley..... 34:25.21
 Bethan Knights..... 33:30.13

100-meter hurdles (13.02, Kimyon Broom, 2009)

Deshae Wise..... 13.69.....3/2.....Berkeley 13.69
 Windy Margerum 14.74.....3/2.....Berkeley 14.66
 Schantell Williams..... 15.09

400-meter hurdles (57.61, Helga Holldorsdottir, 1986)

Schantell Williams..... 1:03.28.....3/2.....Berkeley 1:00.34

2000-meter steeplechase

Annie Boos..... 6:51.103/2.....Berkeley 5:41.89

3000-meter steeplechase (10:14.94, Rowena Tam, 2011)

Annie Boos..... 10:17.77
 Chloe Hansel 11:14.91

4x100-meter Relay (44.28, Omwanghe/T. Johnson/Hawes/Carter, 2004)

Wise/Corrales Nelson/Stevens/Patterson.... 45.37.....3/2.....Berkeley45.37

4x400-meter Relay (3:35.46, Turner/Pierce/E. Smith/A. Johnson, 2007)

Chandler/Anglero/Corrales Nelson/Croft ..3:54.83.....3/2.....Berkeley 3:54.83
 Mencarelli/Wise/Stevens/Patterson.....4:00.52.....3/2.....Berkeley 4:00.52

High Jump (6-1.25, Kristen Meister, 2011)

Pole Vault (13-11.75, Katie Morgan, 2008)

Tess Callan..... 10-6.00.....3/2.....Berkeley 10-6.00
 Lauren Martinez..... ^14-1.25

Long Jump (22-1.00, Sheila Hudson, 1990)

Noelle Schiller 19-11.50.....3/2.....Berkeley 19-11.50
 Sydney Reid 18-10.00.....3/2.....Berkeley 18-10.00
 Windy Margerum 18-7.00.....3/2.....Berkeley 18-8.00

Triple Jump (46-0.75, Sheila Hudson, 1990)

Shot Put (54-4.75, Kristin Heaston, 1999)

Discus (188-11, Kelechi Anyanwu, 2007)

Kendall Mader 174-7
 Emma Desilva 162-11

Hammer (214-0, Jennifer Joyce, 2002)

Camryn Rogers..... ^215-3
 Kendall Mader 166-4

Javelin (152-10, Emilee Strot, 2006)

Francesca Macias 117-1.....3/2.....Berkeley 117-1
 Chrissy Glassmann ^164-00

Heptathlon (5,624, Ifeoma Ozoeze, 1995)

^ Cal School Record

h Earned Mark in Heptathlon

Cal Record in Parentheses

ALL-TIME TOP OUTDOOR PERFORMERS

MEN'S TRACK

100 METERS

(* 100m hand time + 0.24)

1. Atlee Mahorn.....	10.18	1990
2. Mike Farmer.....	10.33	1978
3. Leamon King.....	10.34*	1956
4. Chris Huffins.....	10.39	1991
5. Tom Blocker.....	10.41	2014
6. Khalfani Muhammad.....	10.44	2015
Eddie Hart.....	10.44*	1970
8. Kellan Patterson.....	10.45	2009
9. Roy Mosely.....	10.46	1983
10. Jason Manley.....	10.47	1999
Phillip Pipersburg.....	10.47	1999

200 METERS

(* 220y hand time + 0.24)

1. Atlee Mahorn.....	20.20	1988
2. Roy Mosely.....	20.65	1983
3. Eddie Hart.....	20.74*	1970
4. Larry Cowling.....	20.78	1982
5. Khalfani Muhammad.....	20.80	2016
6. Keith Taylor.....	20.82	1977
7. Dave Masters.....	20.84*	1970
8. Peter Howard.....	20.92	1986
9. Jim Williams.....	21.01	1984
Derek Robins.....	21.01	1981

400 METERS

(* 400m hand time + 0.14)

1. Peter Howard.....	45.46	1985
2. Atlee Mahorn.....	45.62	1986
3. Grover Klemmer.....	46.14*	1941
Jack Yerman.....	46.14*	1960
Dave Archibald.....	46.14*	1962
Forrest Beaty.....	46.14*	1965
7. Archie William.....	46.24*	1936
Dave Timmon.....	46.24*	1982
9. Paul Wallace.....	46.39	1977
10. Walt Jones.....	46.45	1986

800 METERS

(* 880y hand time - 0.6)

1. Rick Brown.....	1:45.40	1972
2. James Robinson.....	1:45.86	1976
3. Don Bowden.....	1:46.60*	1957
4. Mike White.....	1:46.78	1981
5. Jerry Siebert.....	1:46.80	1960
Lon Spurrier.....	1:46.80	1955
7. Eugene Hamilton III.....	1:47.24	2016
8. Andy Clifford.....	1:47.30	1979
9. John Drew.....	1:48.00*	1971
10. Dave Ottaway.....	1:48.19	1988

1500 METERS

(*Mile to 1500m divide by 1.08)

1. Thomas Joyce.....	3:39.43	2015
2. Mark Matusak.....	3:39.59	2010
3. Andy Clifford.....	3:39.9h	1979
4. Michael Coe.....	3:40.13*	2009
5. David Torrence.....	3:40.80	2007
6. Don Bowden.....	3:41.0h*	1957
7. Steve Sodaro.....	3:41.85*	2010
8. Bolota Asmerom.....	3:41.97	2000
9. Yosef Ghebray.....	3:42.14	2009
10. Jay Marden.....	3:42.1h*	1984

MILE

1. Michael Coe.....	3:56.18	2009
2. David Torrence.....	3:58.62	2007
3. Thomas Joyce.....	3:58.69	2015
4. Don Bowden.....	3:58.7h	1957
5. Steve Sodaro.....	3:59.42	2010
6. Andy Clifford.....	3:59.59	1979
7. Jay Marden.....	4:00.1h	1986
8. Mark Matusak.....	4:00.59	2008
9. Garrett Corcoran.....	4:00.83	2018
10. Leland Later.....	4:01.33	2015

3000 METERS

1. Thomas Joyce.....	8:00.50	2015
2. Giliat Ghebray.....	8:04.54	2007
3. Collin Jarvis.....	8:05.88	2012
4. Chris Walden.....	8:06.18	2014
5. Michael Coe.....	8:07.28	2010
6. Robert Brandt.....	8:07.80	2017
7. Yosef Ghebray.....	8:08.11	2007
8. Kari Karlsson.....	8:10.29	2010
9. Matt Miller.....	8:13.43	2012
10. Girmay Guangul.....	8:15.16	2003

5000 METERS

1. Bolota Asmerom.....	13:31.88	2001
2. Thomas Joyce.....	13:34.42	2015
3. Tom Downs.....	13:40.39	1982
4. Giliat Ghebray.....	13:42.16	2007
5. Collin Jarvis.....	13:42.31	2012
6. Yosef Ghebray.....	13:44.75	2009
7. Robert Brandt.....	13:45.45	2017
8. Jay Marden.....	13:47.78	1986
9. Michael Coe.....	13:48.64	2010
10. Richie Boulet.....	13:49.47	1996

10,000 METERS

1. Yosef Ghebray.....	28:32.27	2009
2. Robert Brandt.....	28:48.39	2017
3. Girmay Guangul.....	29:17.78	2003
4. Trent Brendel.....	29:20.52	2017
5. J.P. Slater.....	29:22.10	2014
6. Rich McCann.....	29:24.30	1981
7. Kari Karlsson.....	29:28.05	2008
8. Matt H. Miller.....	29:30.92	2012
9. Peter Gilmore.....	29:37.24	2000
10. Steve Moreno.....	29:43.56	1999

110-METER HURDLES

1. Larry Cowling.....	13.39	1982
2. Ray Stewart.....	13.43	2013
3. Ashtyn Davis.....	13.50	2017
4. Tim Bogdanof.....	13.51	2003
5. Milan Ristic.....	13.63	2014
6. Rod Jett.....	13.64	1988
7. Jordan Paul.....	13.66	2009
8. Thomas Mack.....	13.74	2008
9. Jasher Foster.....	13.82	2019
10. Carl Florant.....	13.85	1976

400-METER HURDLES

(*400m hand time + 0.14)

1. Larry Cowling.....	48.46	1982
2. Leonard Robinson.....	49.55	1983
3. Quentin Wheeler.....	49.64*	1979
4. Paddy McCrary.....	49.74*	1968
5. Jake Hanson.....	49.82	2008
6. Lloyd Guss.....	49.98	1982
7. Jim Scannella.....	50.09	1984
8. Dave Chesarek.....	50.35	1986
Ahmad Wright.....	50.35	2004
10. Rod Jett.....	50.47	1987

3000-METER STEEPLECHASE

1. Kevin Davis.....	8:35.37	2007
2. Gary Blume.....	8:36.67	1979
3. Steve Sodaro.....	8:40.60	2010
4. Jason Flamm.....	8:44.77	1987
5. Bob Price.....	8:44.8h	1967
6. Mike Dyer.....	8:46.6h	1981
7. Collin Jarvis.....	8:47.82	2013
8. Mark LaBonte.....	8:49.0h	1982
9. Kai Benedict.....	8:49.13	2016
10. Sam Skinner.....	8:51.38	1985

4X100-METER RELAY

(* 4x110y auto timing -.23; + 4x110y hand time -.06)

1. Strickland, Burns, Nichols, Walker.....	1975	39.11*
2. Jett, Gonsolin, Howard, Mahorn.....	1986	39.43
3. Jett, Gonsolin, Rogers, Mahorn.....	1987	39.50
4. Smyth, Richards, Smith, Masters.....	1969	39.74+
Couser, Curtis, Masters, Hart.....	1970	39.74+
6. Smith, Wallace, Walker, Taylor.....	1977	39.76*
7. Davis, Blocker, Oliver, Muhammad.....	2014	39.91
8. Walker, Mosely, Stickland, Burns.....	1974	39.94+
Jones, Gonsolin, Howard, Mahorn.....	1986	39.94
10. Mathis, Cowling, Williams, Robinson.....	1981	39.97

4X200-METER RELAY

(* 880y - 0.6)

1. Strickland, Burns, Nichols, Walker.....	1975	1:22.5*
2. Smith, Wallace, Walker, Taylor.....	1977	1:22.8*
3. Kelly, Rachal, Wright, Robinson.....	1980	1:23.6*

ALL-TIME TOP OUTDOOR PERFORMERS

MEN'S FIELD

4X400-METER RELAY

(* Mile Relay -1.1)

- Wallace, Walker,
Mosely, Robinson..... 1976 3:03.91
- Scannella, Guss,
Cowling, Timmons..... 1982..... 3:04.46
- Grasha, Burns,
Walker, Robinson..... 1975..... 3:04.48*
- Chesarek, Howard,
Jones, Mahorn 1986..... 3:05.77
- Scannella, Bonner,
Guss, Timmons 1982..... 3:05.7h
- Jett, Jones,
Timmons, Howard..... 1985..... 3:06.11
- Scannella, Smith,
Howard, White..... 1983..... 3:06.1h
- Kelly, Cowling,
Guss, White..... 1980..... 3:06.2*
- Courchesne, Fishback,
Beaty, Archibald 1964..... 3:06.3*
- Glenn, Fishback,
Beaty, Archibald 1965..... 3:06.4*
- J. Smith, D. Smith,
Hengl, Weddle..... 1968..... 3:06.4*

4X800-METER RELAY

(* 2-mile Relay - 2.5)

- Orme, Siebert,
Yerman, Bowden..... 7:18.4* 1958
- Bay, Clifford,
Morgan, Robinson 7:19.9* 1976
- Byers, Diehl,
McCray, Smith..... 7:28.5 1954
- Beata, Wilson,
Simpson, Spurrier..... 7:29.0 1957
- Torrente, Maoz,
Harper, Gaziano 7:32.82 1988

SPRINT MEDLEY RELAY

(* yards - 1.2)

- Yerman, White,
Upshaw, Bowden 3:17.6* 1958
- Solis, Karl,
Suddaby, McClary 3:23.09 2005

HIGH JUMP

- Jeff Rogers 7-5.75 1990
- John Morris 7-5.25 1984
- Teak Wilburn 7-5.00 2004
- Greg Walker..... 7-4.50 1997
- Mike Harris..... 7-4.50 1987
- Kevin Keane..... 7-3.50 1994
- Clarence Johnson 7-3.25 1967
- Ed Wright..... 7-3.25 2007
- Harrison Steed 7-2.50 2012
- Mike Nelson 7-2.25 1981
- David Glasgow 7-2.25 2004
- Brian Carmichael 7-2.25 2012

POLE VAULT

- Brent Burns 18-8.25 1992
- Clarence Phelps..... 18-5.25 1997
- Robert McLean 18-0.50 2002
- Bevan Hart 17-9.25..... 2000
- Ross McAlexander 17-5.50..... 1982
- Amit Barken..... 17-5.50..... 1996
- Connor Landry 17-3.75..... 2010
- Donny Appanaitis..... 17-1.00..... 2008
- Ryan Shuler..... 17-0.75..... 2010
- Larry Hintz..... 17-0.25..... 1976

LONG JUMP

- Curtis Rogers 26-6.25 1985
- Chris Huffins..... 26-3.50 1993
- Lee Adkins..... 26-0.75 1994
- Hammed Suleman..... 25-11.50 2013
- Floyd Eddings..... 25-6.50 1978
- Chris Ferreira 25-6.25 1996
- Ken Smith 25-6.00 1984
- Paul Bates 25-4.25 1981
- Walt Jones IV..... 25-4.25 2015
- Alonzo Levingston 25-4.00 1990
- Robert Kennedy..... 25-4.00 2000

TRIPLE JUMP

- Ken Williams 55-0.00 1985
- Michael Marlow 54-6.75 1979
- Paul Bates 54-4.50 1981
- Mike Harris..... 54-2.50 1990
- Lenards Ozolinis 54-2.50 1995
- Hammed Suleman..... 53-4.50 2013
- Jim Fraser..... 53-0.25 1971
- Chris Huffins..... 52-11.50 1991
- Harold Rucker 52-11.00 1990
- Dmitry Piterman..... 52-10.00 1986
- Bruce Giron 52-10.00 2004

SHOT PUT

- Dave Porath..... 66-3.00 1981
- McKay Johnson..... 64-11.50..... 2018**
- Rhuben Williams..... 64-9.75 2004
- Peter Simon..... 64-9.25 2017
- Dave Maggard, Jr. 63-9.00 1985
- Bruce Parker 62-5.25 1981
- Amin Nikfar 61-11.00 2004
- Nate DeSomber 61-7.00 2001
- Ethan Cochran 61-0.75 2015
- Joshua Johnson..... 60-6.00 2019**

DISCUS

- Ramon Jimenez-Gaona .. 210-11 1992
- Dave Porath..... 209-4 1981
- Kari Nisula..... 202-2 1986
- Martin Maric 201-10 2009
- Jim Penrose..... 201-3 1972
- Scott Overton 200-1 1977
- Dave Maggard Jr. 198-7 1985
- Derek White 194-11 2014
- John Wirtz..... 193-8 1993
- Ethan Cochran 190-3 2015

HAMMER THROW

- Jari Matinoli..... 229-0 1986
- Travis Nutter..... 225-6 1997
- Silviu Bocancea 216-0 2018**
- Derek White 211-9 2014
- Scott Esparza 211-9 2015
- Isaac Dan 210-10 2016
- Demien Luper 210-4 1993
- Nate Rolfe 207-3 2006
- John Ludden..... 206-0 2007
- Rhuben Williams..... 205-2 2004

JAVELIN

- Ryan Young 250-10 2009
- Paul Teinert 236-0 2006
- J. Hallgrimsson..... 231-6 2006
- Joe Berro 229-0 2002
- Scott Chiesa 225-5 2015
- Ilpo Poutianen..... 222-0 1986
- Marin Maric..... 220-5 2008
- John Cummings 215-7 1992
- Adam Burgh 215-6 2005
- Andrew Kearns..... 202-8 1996

DECATHLON

- Mike Morrison 8118 2001
- Chris Huffins..... 8007 1993
- Bevan Hart 8002 2000
- Ross Bomben..... 7808 1998
- Dave Steen 7778 1980
- Steve Denger..... 7472 1987
- Ed Miller 7443 1976
- Tyler Brendel..... 7413 2017**
- Bob Clark..... 7353 1934
- Greg Canfield 7276 1978

ALL-TIME TOP OUTDOOR PERFORMERS

WOMEN'S TRACK

100 METERS

1. Antonette Carter	11.33	2006
2. Cherrelle Garrett	11.38	2009
3. Charnell Price	11.46	2013
4. Kelia Bolton	11.64	1979
5. Carisma Lyday	11.67	2013
6. Latasha Gilliam	11.70	1996
7. Jayla Scholis	11.71	2016
8. Zhauntel Holman	11.74	2000
9. Shannan Hawes	11.75	2005
10. Zion Corrales-Nelson	11.77	2017

200 METERS

(* 220y hand time + 0.14)

1. Antonette Carter	22.72 (A)	2006
2. Kelia Bolton	23.50	1979
3. Tiffany Johnson	23.52 (A)	2006
4. Kim White	23.54*	1982
5. Charnell Price	23.55	2013
6. Latasha Gilliam	23.62	1996
7. Cherrelle Garrett	23.63	2009
8. Zion Corrales-Nelson	23.77	2017
9. Elaine Parker	23.81	1979
10. Alima Kamara	23.91	2012

400 METERS

(* 400m hand time + 0.14)

1. Latasha Gilliam	52.53	1996
2. Alima Kamara	52.75	2010
3. Marian Franklin	52.90	1980
4. Marilyn Neufville	52.93	1976
5. Alysia Johnson	53.01	2006
6. Brook Turner	53.34	2009
7. Kim White	53.54*	1982
8. Chantal Reynolds	53.59	1996
9. Kandi Bonty	53.70	2009
10. Connie Culbert	53.86	1983

800 METERS

1. Alysia Johnson	1:59.29	2007
2. Louise Romo	2:01.59	1984
3. Sofia Oberg	2:03.99	2011
4. Erin Belger	2:04.39	2002
5. Chloe Jarvis	2:04.53	2005
6. Mackenzie Pierce	2:04.78	2007
7. Elissa Riedy	2:05.37	1998
8. Jordyn Colter	2:05.46	2017
9. Laura Baker	2:05.57	1992
10. Rebecca Croft	2:05.81	2017

1500 METERS

1. Louise Romo	4:09.29	1984
2. Alice Trumbly	4:17.58	1980
3. Sofia Oberg	4:17.72	2011
4. Elissa Riedy	4:17.90	1997
5. Marilyn Davis	4:18.58	1987
6. Georgia Bell	4:18.89	2016
7. Bethan Knights	4:19.60	2015
8. Marissa Williams	4:19.77	2017
9. Taylor Bryson	4:20.35	2012
10. Jordyn Colter	4:21.33	2017

3000 METERS

1. Bethan Knights	9:18.25	2016
2. Marilyn Davis	9:21.43	1986
3. Marissa Williams	9:21.65	2017
4. Sydney Gray	9:23.96	2016
5. Sally Wood	9:24.00	1986
6. Cindy Schmandt	9:25.90	1981
7. Magdalena Lewy	9:25.93	1997
8. Deborah Maier	9:26.60	2010
9. Kristen O'Hara	9:28.70	1985
10. Brie Oakley	9:28.79	2018

5000 METERS

1. Deborah Maier	15:37.31	2012
2. Kirsten O'Hara	15:46.80	1985
3. Kelsey Santisteban	15:50.18	2013
4. Bethan Knights	15:52.91	2016
5. Chelsea Reilly	15:57.53	2012
6. Magdalena Lewy	16:04.86	1997
7. Taylor Bryson	16:05.72	2012
8. Marissa Williams	16:06.86	2017
9. Brie Oakley	16:08.53	2018
10. Sally Wood	16:16.85	1986

10,000 METERS

1. Deborah Maier	32:12.47	2012
2. Kirsten O'Hara	32:40.76	1985
3. Bethan Knights	33:30.13	2017
4. Kelsey Santisteban	33:31.85	2014
5. Jan Oehm	33:55.59	1980
6. Sabrina Han	34:00.20	1990
7. Janet Bowie	34:03.20	1993
8. Brie Oakley	34:25.21	2018
9. Alison Greggor	34:37.01	2009
10. Tenaya Soderman	35:01.48	1994

100-METER HURDLES

1. Kimyon Broom	13.02	2009
2. Osarhiemen Omwanghe	13.43	2004
3. Laurie Smith	13.58	1992
4. Emani Truluck	13.62	2012
5. Deshae Wise	13.69	2019
6. April Holliverse	13.82	2000
7. Cheryl Hawthorne	13.86	1980
8. Helga Halldorsdottir	13.91	1985
9. Golde Ibia	13.94	2013
10. LaShawn McBride	14.03	1991

400-METER HURDLES

1. Helga Halldorsdottir	57.61	1986
2. Angelica Weaver	57.85	2012
Deanna Slaton	57.85	2004
4. Roslyn Mack	58.45	1990
5. Michelle Hawthorne	58.86	1979
6. Evelyn Smith	59.07	2008
7. Roberta Eccles	59.12	1985
8. April Holliverse	59.22	2000
9. Lavinia Henlon	59.52	1996
10. Beth Vidakovits	59.55	1989

3000-METER STEEPLECHASE

1. Rowena Tam	10:14.94	2011
2. Annie Boos	10:17.77	2018
3. Taylor Bryson	10:19.73	2012
4. Megan Bordes	10:22.94	2017
5. Marielle Schlueter	10:22.38	2002
6. Christine Bowlus	10:37.77	2013
7. Abby Parker	10:40.37	2003
8. Molly Babcock	11:08.26	2013
9. A. Thornberry	11:11.00	2005
10. Chloe Hansel	11:14.91	2017

4X100-METER RELAY

1. Omwanghe, T. Johnson, Hawes, Carter	44.28	2004
2. Broom, Bonty, Holmes, Garrett	44.32	2008
3. Dixon, Bonty, Lewis, Garrett	44.56	2009
4. Broom, Bonty, Dixon, Garrett	44.66	2009
5. Omwanghe, T. Johnson, Picott, Carter	44.73	2006
6. Price, Stewart, Dixon, Garrett	44.75	2011
7. Lyday, Price, Weaver, Kamara	44.89	2012
8. Payton, Dixon, Holmes, Garrett	44.97	2010
9. Omwanghe, T. Johnson, Holmes, Carter	44.99	2006
10. Earls, Omwanghe, Hawes, Carter	45.01	2003

4X400-METER RELAY

1. Turner, Pierce, E. Smith, A. Johnson	3:35.46	2007
2. Reynolds, Greene, Henlon, Gilliam	3:35.56	1996
3. Turner, Pierce, E. Smith, Bonty	3:36.10	2007
4. Bonty, Pierce, Turner, A. Johnson	3:36.62	2007
5. Joseph, Weaver, Dixon, Kamara	3:36.81	2010
6. Huxtable, Pierce, Holmes, Garrett	3:36.93	2008
7. Turner, Pierce, Holmes, A. Johnson	3:37.04	2006
8. Schmucker, A. Johnson, Hawes, Jarvis	3:37.62	2005
9. Huxtable, Weems, Smith, Bonty	3:38.09	2008
10. Cowling, Jarvis, Omwanghe, Slaton	3:38.38	2003

4X200-METER RELAY

1. Holmes, Bonty, T. Johnson, Carter	1:35.79	2006
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4X800-METER RELAY

1. California	8:53.20	1980
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SPRINT MEDLEY RELAY

1. T. Johnson, Carter, Turner, A. Johnson	3:47.04	2006
2. Hawes, Carter, Johnson, Jarvis	3:49.51	2005

ALL-TIME TOP OUTDOOR PERFORMERS

WOMEN'S FIELD

HIGH JUMP

- Kristen Meister 6-1.25 2011
- Beth Vidakovits 6-0.75 1989
- Inika McPherson 6-0.50 2007
- Gianna Fernandez 5-10.50 2013
- Kathy Raugust 5-10.50 1982
- Kristin Rimbach 5-10.00 2011
- Ifeoma Ozoze 5-10.00 1995
- Chi Johnson 5-10.00 1996
- Tiffany Barnett 5-10.00 2001
- Jamila Churchill 5-9.75 1997

POLE VAULT

- Lauren Martinez 14-1.25 2018**
- Katie Morgan 13-11.75 2008
- Allison Stokke 13-5.25 2011
- Cyrena Giordano 13-4.25 2009
- Maria Lopez 13-2.50 2001
- Theresa Raub 13-0.25 2010
- Leora Ward 13-0.25 2002
- Victoria Rische 13-1.50 2015
- Nicole Larson 12-11.50 2012
- Kira Costa 12-11.50 2004

LONG JUMP

- Sheila Hudson 22-1.00 1990
- Antonette Carter 21-4.00 2005
- Malaina Payton 21-1.50 2013
- Rosalyn Mitchell 20-10.00 1989
- Mona Simmons 20-9.25 1990
- Tracey Stewart 20-6.50 2011
- Crystal Hayes 20-5.75 1995
- Grace Upshaw 20-5.75 1997
- Reynda King 20-2.50 2001
- Elzunia Lamb 20-2.50 2005

TRIPLE JUMP

- Sheila Hudson 46-0.75 1990
- Amy Littlepage 44-0.50 1997
- Tracey Stewart 43-9.75 2011
- Isabella Marten 43-8.00 2016
- Ashley Anderson 43-7.75 2018
- Amanda Hunter 43-3.25 2013
- Cassandra Strickland 42-7.00 2007
- Artensia Young 42-3.50 2009
- Reynda King 42-0.75 2000
- Aziza Baker 41-8.75 2012

SHOT PUT

- Kristin Heaston 54-4.75 1999
- Dana Lawson 53-6.00 2001
- Missy Faubus 53-0.75 2005
- Chioma Amaechi 52-11.00 2014
- Kelechi Anyanwu 50-7.50 2007
- Jenna Johnson 50-2.75 2004
- Emilee Strot 49-11.25 2007
- Missy Maloata 49-11.00 1994
- Victoria Owers 49-9.75 2013
- Destiny Parker 48-8.00 2017

DISCUS

- Kelechi Anyanwu 188-11 2007
- Emilee Strot 181-4 2007
- Sheni Russell 181-2 2004
- Kim Kesler 178-10 1987
- Jennifer Joyce 178-3 2002
- Gale Zaphiropoulos 177-2 1980
- Dana Lawson 175-11 2001
- Kendall Mader 174-7 2017**
- Amarie Bremel 174-6 2018
- Annette Kailihiwa 173-9 1995

HAMMER

- Camryn Rogers 215-3 2018**
- Jennifer Joyce 214-0 2002
- Carrie Johnson 211-5 2007
- Shelby Ashe 206-1 2014
- Destiny Parker 202-4 2017
- Ilse Kaaja 200-7 2017
- Linda Oseso 199-6 2012
- Giulia Orlando 190-6 2005
- Dana Lawson 189-11 2001
- Chioma Amaechi 189-2 2011

JAVELIN

- Chrissy Glasmann 164-0 2018**
- Emilee Strot 152-10 2006
- Dana Hoolko 149-9 2011
- Brooke Meredith 148-0 2004
- Jaci Powell 145-4 2013
- Cheri Chan 142-7 2015
- Missy Vanek 142-5 2002
- Trinety White 142-1 2004
- Elzunia Lamb 142-1 2005
- Maja Ahmann 141-0 2018

HEPTATHLON

- Ifeoma Ozoze 5624 1995
- Missy Vanek 5614 2000
- Brooke Meredith 5611 2004
- Kathy Raugust 5514 1982
- Laura Baker 5377 1990
- Tiffany Janssen 5354 1995
- Jaci Powell 5351 2013
- Shawna Adkins 5259 2002
- Allison Eades 5235 1984
- LaShawn McBride 5219 1989