



CAL WOMEN'S SWIMMING & DIVING

SCHEDULE

Overall: 7-2 • Pac-12: 6-1

DATE	OPPONENT (TV)	TIME/RESULT
Sept. 21	at Queen of the Pool*	NTS
Oct. 5-6	at Chick-fil-A Invite^	1st of 6 teams
OCT. 10	UTAH	W, 184.5-111.5
Nov. 3	at Washington State	W, 158-95
NOV. 10	TEXAS%	L, 137-163
Nov. 29-1	at Georgia Fall Invite	3rd of 6 teams
DEC. 19	SAN JOSE STATE	W, 163-63
Jan. 18-20	at Bruin Diving Invitational+	All Day
Jan. 25	at Arizona State	W, 190-110
Jan. 26	at Arizona	W, 179-118
FEB. 1	USC	W, 170-129
FEB. 2	UCLA	W, 167-130
FEB. 16	STANFORD (PAC-12)	L, 107-192
Feb. 27-2	at Pac-12 Champs (Pac-12)=	All Day
Mar. 3	at Pac-12 Last Chance	9:30 a.m.
Mar. 11-13	at NCAA Zone E Champs!	All Day
Mar. 20-23	at NCAA Championships#	All Day

All times listed PT and subject to change
 Home meets (**bold**) at Spieker Aquatics Complex
 % at Legends Aquatic Center
 Pac-12 - televised by Pac-12 Network

* at San Luis Obispo, Calif. ^ at Fresno, Calif.
 ! at Flagstaff, Ariz. + at Los Angeles, Calif.
 = at Federal Way, Wash. # at Austin, Texas

FAST FACTS

COACHING STAFF

Head Coach	Teri McKeever (27th season)
Assistant Coach	Sarah Dunleavy (2nd season)
Diving Coach	Derek Starks (3rd season)

UNIVERSITY OF CALIFORNIA

Name	California or Cal
Location	Berkeley, Calif.
Nickname	Golden Bears
Chancellor	Carol T. Christ
Director of Athletics	Jim Knowlton
Facilities	Spieker Aquatics Complex Legends Aquatic Center

TEAM INFORMATION

2018 NCAA Finish	2nd
2018 Pac-12 Finish	2nd
All-time NCAA Team Championships	4
	2009, 2011, 2012, 2015
All-time NCAA Individual/Relay Champions	70
All-time NCAA Swimmers of the Year	8
All-time Pac-12 Team Championships	4
	2009, 2012, 2014, 2015
All-time Pac-12 Individual/Relay Champions	131
All-time Pac-12 Swimmers of the Year	11
All-time Olympians	38
All-time Olympic Medals	48

SOCIAL MEDIA

Twitter	@CalWswim
Instagram	/calwswim
Facebook	/CalWomensSwimmingandDiving

CALIFORNIA at PAC-12 CHAMPIONSHIPS



Date:Wed-Sat, Feb. 27-March 2
Time:Prelims: 10:30 a.m. / Finals: 6 p.m.
Location:Federal Way, Wash.
Site:Weyerhaeuser King County Aquatic Center



BROADCAST
 Pac-12 Networks



LIVE RESULTS
 CalBears.com

BEAR NECESSITIES

• CAL PRIMED FOR PAC-12 CHAMPIONSHIPS

Cal moves into the next phase of its season this week when the Bears travel to Federal Way, Wash., for the Pac-12 Championships set for Wednesday through Saturday. Prelims begin at 10:30 a.m. with finals starting at 6 p.m. each day, except for Wednesday when only finals will be contested.

Finals sessions Friday and Saturday will air live on the Pac-12 Networks, on Pac-12.com and through the Pac-12 Now app with Rich Burk, Amy Van Dyken and Cynthia Potter calling the action. Visit pac-12.com/swimdivchamps for the complete coverage details.

The Bears have captured the Pac-12 team title four times - 2009, 2012, 2014 and 2015 - and they were the runner-up the past two years. Cal is the defending champion in four relays - the 200, 400 and 800 free relays and the 200 medley relay. The Bears set school records in the 200 free relay (1:25.87, since broken), the 400 free relay (3:09.04, since broken) and the 400 medley relay (3:25.50) at the 2018 meet.

• WEITZEIL, NEUMANN. RELAYS LEAD PAC-12 ENTRIES

A look at the psych sheet for the Pac-12 Championships shows junior Abbey Weitzel atop the conference in both the 50 free (21.46) and 100 free (school-record 46.49), sophomore Robin Neumann is the No. 1 seed in the 200 free (1:43.38), and four of the Golden Bears' five relays rank first among the league schools. In addition, three individuals are seeded second - senior Katie McLaughlin in the 100 fly (52.01), freshman Alicia Wilson in the 200 IM (1:55.77) and Weitzel in the 200 free (1:43.85). Cal also paces the Pac-12 in the 200 free relay (1:26.94), the 400 free relay (3:11.14), the 200 medley relay (1:35.65) and the 400 medley relay (3:29.87). The Bears are second to USC in the 800 free relay with a best time of 6:59.25.

• ACADEMIC HONORS ROLL IN FOR BEARS

With a 3.43 GPA for the fall semester, Cal has been named a CSCAA Scholar All-America team for the 18th consecutive semester - every time the coaching association has presented the award. The announcement comes on the heels of a fall release that showed the Bears with a 100% Graduation Success Rate, according to the most recent NCAA data. The women's swimming & diving team also claimed the athletic department's Newmark Award for having the highest GPA among all 30 Golden Bear programs with a 3.429 GPA for the 2017-18 academic year.

• WEITZEIL SETS CAL POOL, DUAL-MEET RECORD IN 50 FREE, 100 FREE

Abbey Weitzel sprinted to a time of 21.92 in the 50 free vs. USC Feb. 1 to set the Spieker Aquatics Complex record as well as lower her own Cal dual-meet mark in the event. Weitzel's time broke the pool record of 21.97 by Simone Manual of Stanford in 2017. Last year, Weitzel established the Cal dual-meet record by swimming 22.04 at Stanford, and she matched the time earlier this season vs. Texas. Then against Stanford on Feb. 16, Weitzel covered the 100 free in 48.06, which tied Natalie Coughlin's 2003 school dual-meet record and lowered the pool mark of 48.17 set by Manual two years ago.

• KATIE MCLAUGHLIN TABBED PAC-12 SWIMMER OF THE WEEK FOR JAN. 21-27

Senior Katie McLaughlin was named Pac-12 Swimmer of the Week after leading Cal to a pair of dual-meet wins at Arizona State and Arizona Jan. 25-26. Over the two days of

swimming, she won five different individual events - the 200 fly and 500 free at ASU, and the 100 and 200 free, and 100 fly at Arizona - all by more than a full second. She also helped the Bears to three relay victories. Her splits on the 200 medley relay at Arizona State (23.42 fly) and 400 free relay at Arizona (48.86) were both the fastest of all swimmers.

• ABBEY WEITZEIL NAMED PAC-12 SWIMMER OF THE MONTH FOR NOVEMBER

After posting NCAA-leading times in the 50 (21.46) and 100 free (46.49), including a school record in the 100, at the Georgia Fall Invitational, junior Abbey Weitzel was named the Pac-12 Swimmer of the Month for November. In addition, she tied her own Cal dual-meet record in the 50 free (22.04) and won the 100 free in a meet with Texas on Nov. 10, and set a pool record in the 100 free (49.42) in a dual at Washington State Nov. 3.

• 2018 PAC-12 MEET RECAP

Cal finished second at the 2018 Pac-12 Championships and earned six event titles along the way. Kathleen Baker captured the 200 back and 200 IM, while the Bears won four of the five relays - 200, 400 and 800

free relay and 200 medley relay. In addition, Cal swimmers were runners up five more times - Abbey Weitzel in the 50 and 100 free, Kathleen Baker in the 100 back, and Sarah Darcel in the 200 IM and the 400 medley relay.

• NCAA AUTOMATIC QUALIFIERS

Heading into this week's action, junior Abbey Weitzel and all five relays have automatically qualified for the NCAA Championships in March. Weitzel has earned her berths in the 50 free with a best time of 21.46 and in the 100 free with a school-record 46.49, both from the Georgia Fall Invitational. In addition, the Bears qualified the 200, 400 and 800 free relays and the 200 and 400 medley relays in Georgia. Three other Cal swimmers rank among the nation's top 16 with NCAA "B" qualifying marks - Robin Neumann (9th, 200 free, 1:43.88), Weitzel (12th, 200 free, 1:43.85), Katie McLaughlin (11th, 200 fly, 1:54.63)

• TOP 10 CHANGES

So far this season, performances by the Bears have created 10 new entries on the school's all-time top-10 list, including school records from Abbey Weitzel in the 100 free (46.49) and Briana Thai on the 1-meter

springboard (319.58). Two freshmen have also made their marks, with Ema Rajic 10th in the 100 breast (1:00.96) and ninth in the 200 breast (2:11.72), and Alicia Wilson 10th in the 200 IM (1:55.77).

• GOLDEN BEAR TRIO ON WORLD CHAMPIONSHIPS TEAM

Three Golden Bears will be on the U.S. team for the 2019 World Championships in South Korea - Katie McLaughlin, Abbey Weitzel and Kathleen Baker. McLaughlin, who will swim the 100-meter fly, returns to Worlds for the first time since 2015 when she earned gold in the 800 free relay. Weitzel will be competing in her third World Championships, which included a bronze medal in the 400 free relay in 2015, and will swim the 50 free and on the 400 free relay. Baker is one of three swimmers on the roster to qualify in four events - 50, 100 and 200 back and 200 IM - and she will likely be on the medley relay. She earned three medals at the 2017 world meet - gold (400 medley relay), silver (100 back) and bronze (200 back).

• GOLDEN BEAR NOTES ...

Former Cal swimmer Kathleen Baker, who set a world record in the 100-meter back over the summer, earned a Golden Goggle Award for Female Race of the Year. Katie McLaughlin (Perseverance Award) and Teri McKeever (Coach of the Year) were also nominated ... Cal has finished among the top 3 at the NCAA Championships the last 10 consecutive years - the longest current streak in the country. Included in the stretch are NCAA titles in 2009, 2011, 2012 and 2015 ... head coach Teri McKeever was inducted into the Cal Athletic Hall of Fame this past fall ... Cal welcomed two mid-year enrollees to the roster in January - Isabel Ivey and Chloe Clark. While Clark is redshirting this season, Ivey has posted four NCAA "B" times - 100 free (49.48), 200 free (1:45.70), 100 back (53.07) and 100 fly (53.32).

ROSTER

Name	Events	Yr.	Ht.	Hometown/Last School
Elizabeth Bailey	Fly/IM	So	5-8	Atlanta, Ga./Marist HS
Cassidy Bayer	Fly/Free	Fr	5-5	Alexandria, Va./West Potomac HS
Amy Bilquist	Free/Back	Sr	6-2	Carmel, Ind./Carmel HS
Keaton Blovad	Back/IM	Jr	5-7	Lake Oswego, Ore./Lakeridge HS
Alexa Buckley	Breast/IM	Jr	5-7	Mountainside, N.J./The Pingry School
Alexa Cacao	Diving	Sr	5-2	Milpitas, Calif./Milpitas HS/USC
Jenna Campbell	Free/Fly	Sr	5-8	Palo Alto, Calif./Gunn HS
Chloe Clark	Back/IM	Fr	5-9	Granite Bay, Calif./Granite Bay HS
Sarah Darcel	IM	So	5-6	Grande Cache, Alberta/Claremont Secondary
Dannie Dilsaver	Breast/IM	So	5-10	Lincoln, Neb./Lincoln Southwest HS
Elise Garcia	Free/Fly	Fr	5-4	Whittier, Calif./Crean Lutheran HS
Ali Harrison	Breast	So	5-7	Ventura, Calif./Ventura HS
Isabel Ivey	Free/Fly/Back	Fr	5-6	Gainesville, Fla./Buchholtz HS
Sophie Krivokapic-Zhou	Back/Fly	So	6-0	Santa Clara, Calif./Santa Clara HS
Phoebe LaMay	Diving	Sr	5-6	Houston, Texas/Stratford HS
Aislinn Light	Free/Back	Jr	5-8	Irvine, Calif./Mater Dei HS
Katie McLaughlin	Fly/Free	Sr	5-10	Dana Point, Calif./Santa Margarita Catholic HS
Maddie Murphy	Free/Fly	Jr	5-6	Orinda, Calif./Carondelet HS
Courtney Mykkanen	Back/IM	Jr	5-10	Tustin, Calif./Foothill HS
Kathleen Navas	Diving	So	5-0	San Jose, Calif./Home Schooled
Robin Neumann	Free	So	5-8	Amsterdam, The Netherlands/Caland Lyceum
Ema Rajic	Breast/IM	Fr	5-11	Urbana, Ill./University Laboratory HS
Alexa Skoruz-Neely	Breast/IM	So	5-5	Canyon Country, Calif./Canyon HS
Alex Sumner	Back/IM	Fr	5-5	Swarthmore, Pa./Episcopal Academy
Briana Thai	Diving	So	5-3	Alhambra, Calif./Alhambra HS
Natalie Tuck	Free/Breast/IM	So	5-8	Palo Alto, Calif./Castilleja HS
Abbey Weitzel	Free	Jr	5-10	Saugus, Calif./Saugus HS
Alicia Wilson	Free/IM	Fr	5-7	Guildford, Surrey, UK/Charterhouse School

Coaching Staff

Head coach: Teri McKeever (27th year, USC '83)

Assistant Coach: Sarah Dunleavy (2nd year, Purdue '12)

Diving coach: Derek Starks (3rd year, Miami (FL) '07)

Strength & Conditioning Coach: Joel Smith

Athletic Trainer: Ann Caslin

Academic Advisor: Chris Grace



February 18, 2019

2018-19 California Season-Best List

Name Season Best Date Site Cal PR

50-yard Freestyle (Cal Record: 21.32, Farida Osman, 2017)

1. Abbey Weitzeil	*21.46	11/29	at Georgia Invite.....	21.40
	+21.92	2/1	vs. USC	21.40
2. Amy Bilquist	^22.35	11/29	at Georgia Invite.....	21.74
3. Maddie Murphy	^22.50	11/29	at Georgia Invite.....	21.76
4. Katie McLaughlin.....	^22.71	10/10	vs. Utah	22.71
5. Elise Garcia	23.06	11/29	at Georgia Invite.....	23.06
6. Aislinn Light	23.13	11/29	at Georgia Invite.....	22.99
7. Alicia Wilson	23.29	2/16	vs. Stanford.....	23.29
8. Robin Neumann	23.74	11/10	vs. Texas	23.37
9. Ali Harrison	23.78	11/29	at Georgia Invite.....	23.78
10. Keaton Blovad.....	23.82	10/10	vs. Utah	23.58

100-yard Freestyle (Cal Record: 46.49, Abbey Weitzeil, 2019)

1. Abbey Weitzeil	!46.49	12/1	at Georgia Invite.....	46.49
2. Katie McLaughlin.....	^48.07	12/1	at Georgia Invite.....	48.07
3. Robin Neumann	^48.09	12/1	at Georgia Invite.....	48.07
4. Keaton Blovad.....	^48.79	12/1	at Georgia Invite.....	48.79
5. Amy Bilquist	^49.35	2/2	vs. UCLA	47.45
6. Isabel Ivey	^49.48	2/16	vs. Stanford.....	49.48
7. Elise Garcia	49.88	12/1	at Georgia Invite.....	49.88
8. Maddie Murphy	50.07	12/1	at Georgia Invite.....	48.22
9. Ema Rajic	50.18	12/1	at Georgia Invite.....	50.18
10. Aislinn Light.....	50.56	12/1	at Georgia Invite.....	50.13

200-yard Freestyle (Cal Record: 1:39.10, Missy Franklin, 2015)

1. Robin Neumann	^1:43.38	11/30	at Georgia Invite.....	1:43.38
2. Abbey Weitzeil	^1:43.85	11/30	at Georgia Invite.....	1:43.85
3. Katie McLaughlin.....	^1:44.58	11/30	at Georgia Invite.....	1:43.17
4. Isabel Ivey	^1:45.70	2/16	vs. Stanford.....	1:45.70
5. Jenna Campbell	^1:46.90	11/30	at Georgia Invite.....	1:46.90
6. Alicia Wilson	1:47.70	11/30	at Georgia Invite.....	1:47.70
7. Sarah Darcel.....	1:49.50	10/10	vs. Utah	1:49.50
8. Cassidy Bayer	1:49.93	11/30	at Georgia Invite.....	1:49.93
9. Elise Garcia	1:50.12	11/10	vs. Texas	1:50.12
10. Keaton Blovad.....	1:51.81	11/3	at Washington St. ..	1:46.05

500-yard Freestyle (Cal Record: 4:31.90, Cierra Runge, 2015)

1. Robin Neumann	^4:39.90	11/29	at Georgia Invite.....	4:39.90
2. Jenna Campbell	4:47.51	11/29	at Georgia Invite.....	4:47.51
3. Katie McLaughlin.....	4:47.54	2/2	vs. UCLA	4:36.04
4. Cassidy Bayer	4:48.82	11/29	at Georgia Invite.....	4:48.82
5. Elizabeth Bailey.....	4:54.33	11/29	at Georgia Invite.....	4:54.33
6. Abbey Weitzeil	4:54.66	10/10	vs. Utah	4:53.54
7. Sarah Darcel.....	4:59.14	10/5	at Chick-fil A Invite..	4:59.14
8. Dannie Dilsaver.....	5:04.50	10/5	at Chick-fil A Invite..	5:02.19
9. Courtney Mykkanen	5:05.20	10/5	at Chick-fil A Invite..	4:49.37
10. S. Krivokapic-Zhou.....	5:15.31	10/5	at Chick-fil A Invite..	5:08.15

1000-yard Freestyle (Cal Record: 9:26.80, Cierra Runge, 2015)

1. Robin Neumann	10:03.58	10/10	vs. Utah	10:03.58
2. Jenna Campbell	10:13.43	11/10	vs. Texas	10:13.43
3. Cassidy Bayer	10:14.01	11/3	at Washington St. ..	10:14.01
4. Dannie Dilsaver.....	10:26.85	10/10	vs. Utah	10:22.55
5. Elizabeth Bailey.....	10:27.47	2/1	vs. USC	10:27.47

1650-yard Freestyle (Cal Record: 15:40.17, Cierra Runge, 2015)

NA

Name Season Best Date Site Cal PR

100-yard Backstroke (Cal Record: 49.80, Kathleen Baker, 2017)

1. Keaton Blovad.....	^51.95	11/30	at Georgia Invite.....	51.83
2. Amy Bilquist	^52.16	2/16	vs. Stanford.....	50.50
3. Isabel Ivey	^53.07	2/2	vs. UCLA	53.07
4. Sophie Krivokapic-Zhou.....	^53.56	11/30	at Georgia Invite.....	52.56
5. Alicia Wilson	^53.60	11/30	at Georgia Invite.....	53.60
6. Courtney Mykkanen	^53.61	11/30	at Georgia Invite.....	53.61
7. Aislinn Light	54.01	11/30	at Georgia Invite.....	53.59
8. Abbey Weitzeil	54.91	11/3	at Washington St. ..	54.91
9. Robin Neumann	56.31	10/5	at Chick-fil A Invite..	56.31
10. Elizabeth Bailey.....	58.03	10/5	at Chick-fil A Invite..	58.03

200-yard Backstroke (Cal Record: 1:47.30, Kathleen Baker, 2018)

1. Keaton Blovad.....	^1:53.79	12/1	at Georgia Invite.....	1:53.31
2. Amy Bilquist	^1:54.84	2/1	vs. USC	1:49.90
3. Courtney Mykkanen	^1:55.20	12/1	at Georgia Invite.....	1:54.36
4. Alicia Wilson	^1:56.64	12/1	at Georgia Invite.....	1:56.64
5. Aislinn Light.....	^1:56.88	12/1	at Georgia Invite.....	1:56.27
6. Sarah Darcel.....	1:57.67	12/1	at Georgia Invite.....	1:57.67
7. S. Krivokapic-Zhou.....	1:58.26	12/1	at Georgia Invite.....	1:55.87
8. Robin Neumann	2:00.82	2/2	vs. UCLA	1:58.86
9. Elizabeth Bailey.....	2:02.95	12/1	at Georgia Invite.....	2:02.95

100-yard Breaststroke (Cal Record: 59.20, Caitlin Leverenz, 2012)

1. Abbey Weitzeil	^1:00.43	11/30	at Georgia Invite.....	1:00.43
2. Ema Rajic	^1:00.96	11/30	at Georgia Invite.....	1:00.96
3. Alexa Buckley.....	^1:01.60	11/30	at Georgia Invite.....	1:01.60
4. Ali Harrison	1:02.14	11/30	at Georgia Invite.....	59.52
5. Dannie Dilsaver.....	1:03.03	11/30	at Georgia Invite.....	1:01.89
6. Natalie Tuck	1:04.41	2/16	vs. Stanford.....	1:04.17
7. Alexa Skorus-Neely	1:04.66	11/30	at Georgia Invite.....	1:04.47
8. Alicia Wilson	1:05.64	2/2	vs. UCLA	1:50.64
9. Keaton Blovad.....	1:05.90	9/21	at Queen of Pool	1:05.64

200-yard Breaststroke (Cal Record: 2:04.76, Caitlin Leverenz, 2012)

1. Ema Rajic	^2:11.72	12/1	at Georgia Invite.....	2:11.72
2. Alexa Buckley.....	^2:13.20	12/1	at Georgia Invite.....	2:13.20
3. Sarah Darcel.....	^2:14.98	2/16	vs. Stanford.....	2:14.91
4. Dannie Dilsaver.....	2:15.69	12/1	at Georgia Invite.....	2:14.02
5. Ali Harrison	2:16.93	12/1	at Georgia Invite.....	2:10.21
6. Natalie Tuck	2:18.05	12/1	at Georgia Invite.....	2:18.05
7. Alexa Skorus-Neely	2:19.51	12/1	at Georgia Invite.....	2:18.63
8. Sarah Darcel	2:19.70	10/10	vs. Utah	2:14.91
9. Katie McLaughlin.....	2:23.48	2/2	vs. UCLA	2:23.48
10. Keaton Blovad.....	2:25.52	10/6	at Chick-fil A Invite..	2:23.95

100-yard Butterfly (Cal Record: 50.01, Natalie Coughlin, 2002)

1. Katie McLaughlin.....	^52.01	11/30	at Georgia Invite.....	51.17
2. Isabel Ivey	^53.32	1/25	at Arizona State	53.32
3. Maddie Murphy	^53.60	11/30	at Georgia Invite.....	51.15
4. Elisa Garcia	53.89	11/30	at Georgia Invite.....	53.89
5. Ali Harrison	54.27	11/30	at Georgia Invite.....	53.32
6. Ema Rajic	54.46	11/30	at Georgia Invite.....	54.46
7. Sophie Krivokapic-Zhou.....	54.50	11/30	at Georgia Invite.....	53.79
8. Abbey Weitzeil	54.76	2/2	vs. UCLA	53.16
9. Sarah Darcel.....	54.98	2/2	vs. UCLA	54.95
10. Cassidy Bayer	55.09	11/30	at Georgia Invite.....	55.09

* NCAA A Standard

! Cal School Record

^ NCAA B Standard

Cal Pool Record

= NCAA Zone Qualifying Standard

% American Record

+ Cal Dual-Meet Record

NameSeason Best.....DateSiteCal PR

200-yard Butterfly (Cal Record: 1:51.91, Natalie)

1. Katie McLaughlin.....	^1:54.63.....12/1...at Georgia Invite.....	1:52.37
2. Cassidy Bayer.....	^1:57.29.....12/1...at Georgia Invite.....	1:57.29
3. Sarah Darcel.....	^1:57.63.....2/1.....vs. USC.....	1:55.26
4. Jenna Campbell.....	2:00.56.....12/1...at Georgia Invite.....	2:00.56
5. S. Krivokapic-Zhou.....	2:00.81.....12/1...at Georgia Invite.....	1:58.96
6. Elizabeth Bailey.....	2:01.43.....2/16...vs. Stanford.....	2:01.12
7. Elise Garcia.....	2:03.86.....10/6...at Chick-fil A Invite..	2:03.86
8. Keaton Blovad.....	2:04.38.....2/2.....vs. UCLA.....	2:04.38
9. Ali Harrison.....	2:06.12.....1/26...at Arizona.....	2:03.93
10. Dannie Dilsaver.....	2:08.87.....10/6...at Chick-fil A Invite..	2:08.87

200-yard Individual Medley (Cal Record: 1:51.25, Kathleen Baker, 2018)

1. Alicia Wilson.....	^1:55.77.....11/29.at Georgia Invite.....	1:55.77
2. Keaton Blovad.....	^1:56.41.....11/29.at Georgia Invite.....	1:55.72
3. Sarah Darcel.....	^1:56.51.....11/29.at Georgia Invite.....	1:54.50
4. Ema Rajic.....	^1:58.95.....11/29.at Georgia Invite.....	1:58.95
5. Dannie Dilsaver.....	2:00.83.....11/29.at Georgia Invite.....	1:58.59
6. Abbey Weitzel.....	2:00.86.....10/5...at Chick-fil A Invite..	2:00.86
7. Courtney Mykkanen.....	2:01.41.....11/29.at Georgia Invite.....	2:00.70
8. Amy Bilquist.....	2:02.25.....2/2.....vs. UCLA.....	2:02.25
9. Katie McLaughlin.....	2:02.48.....10/5...at Chick-fil A Invite..	2:02.48
10. Natalie Tuck.....	2:03.02.....11/29.at Georgia Invite.....	2:02.75

400-yard Individual Medley (Cal Record: 3:57.89, Caitlin Leverenz, 2012)

1. Sarah Darcel.....	^4:09.06.....11/30.at Georgia Invite.....	4:03.00
2. Dannie Dilsaver.....	4:17.61.....11/30.at Georgia Invite.....	4:12.46
3. Courtney Mykkanen.....	4:18.29.....11/30.at Georgia Invite.....	4:15.86
4. Katie McLaughlin.....	4:20.03.....11/3...at Washington St. ..	4:20.03
5. Natalie Tuck.....	4:23.89.....11/30.at Georgia Invite.....	4:23.85
6. Alicia Wilson.....	4:24.01.....11/3...at Washington St. ..	4:24.01
6. Elizabeth Bailey.....	4:24.47.....11/30.at Georgia Invite.....	4:19.58

1-meter Diving (Cal Recod: 319.58, Briana Thai, 2019)

1. Briana Thai.....	!=319.58.....1/25...at Arizona State.....	319.58
2. Phoebe LaMay.....	=314.25.....11/10.vs. Texas.....	317.63
3. Alexa Cacao.....	265.73.....11/10.vs. Texas.....	274.95
4. Kathleen Navas.....	258.60.....11/10.vs. Texas.....	258.60
5. Jackie Im.....	255.68.....11/10.vs. Texas.....	276.53

3-meter Diving (Cal Record: 335.80, Phoebe LaMay, 2017)

1. Briana Thai.....	=312.38.....10/10.vs. Utah.....	312.50
2. Kathleen Navas.....	=295.73.....2/1.....vs. USC.....	295.73
3. Phoebe LaMay.....	=293.03.....2/16...vs. Stanford.....	335.80
4. Alexa Cacao.....	=269.55.....11/10.vs. Texas.....	269.85
5. Jackie Im.....	263.93.....11/10.vs. Texas.....	270.90

Platform Diving (Cal Record: 330.35, Kahley Rowell, 2014)

1. Briana Thai.....	=226.20.....12/1...at Georgia Invite.....	256.60
2. Alexa Cacao.....	214.85.....12/19.at Bruin Invite.....	218.55
3. Kathleen Navas.....	205.65.....12/1...at Georgia Invite.....	239.60
4. Jackie Im.....	172.50.....12/1...at Georgia Invite.....	195.60

NameSeason Best.....DateSite

200-yard Free Relay (Cal Record: 1:25.50, 2018)

1. Murphy (22.55), McLaughlin (21.62), Bilquist (21.72), Weitzel (21.05)	*1:26.94.....11/29.at Georgia Invite
2. Garcia (23.47), McLaughlin (22.45), Murphy (22.44), Weitzel (21.89)	1:30.25.....11/10.vs. Texas
3. Ivey (23.17), McLaughlin (22.53), Bilquist (22.38), Weitzel (22.18)	1:30.26.....1/25...at Arizona State
4. Murphy (23.04), McLaughlin (22.81), Neumann (23.26), Weitzel (21.29)	1:30.40.....2/2.....vs. UCLA
5. Harrison (23.78), Light (22.40), Garcia (22.69), Krivokapic-Zhou (23.08)	1:31.95.....11/29.at Georgia Invite

400-yard Free Relay (Cal Record: 3:08.05, 2018)

1. Blovad (48.79), Neumann (48.26), McLaughlin (47.43), Weitzel (46.66)	*3:11.14.....12/1...at Georgia Invite
2. Neumann (50.31), McLaughlin (48.77), Bilquist (47.64), Weitzel (47.55)	*3:14.27.....2/16...vs. Stanford
3. Neumann (50.76), Murphy (49.92), Bilquist (48.58), Weitzel (47.85)	3:17.11.....2/1.....vs. USC
4. Rajic (50.18), Murphy (49.80), Garcia (50.06), Light (49.44)	3:19.48.....12/1...at Georgia Invite
5. Weitzel (48.89), Wilson (51.22), Bilquist (49.38), Garcia (51.13)	3:20.62.....1/26...at Arizona

800-yard Free Relay (Cal Record: 6:50.18, 2015)

1. Weitzel (1:44.61), Neumann (1:43.96), Darcel (1:46.89), McLaughlin (1:43.79).	*6:59.25 ... 11/30 at Georgia Invite
2. Wilson, Weitzel, Darcel (1:49.94), Neumann (1:50.07)	7:19.70 ... 10/5 .. at Chick-fil-A Invite
3. Mykkanen, Bayer, Blovad (1:52.32), Campbell (1:52.13)	7:34.91.....10/5...at Chick-fil-A Invite
4. Tuck (1:58.42), Harrison (1:55.55), Bailey (1:56.97), Garcia (1:55.78)	7:46.72.....10/5...at Chick-fil-A Invite
5. Krivokapic-Zhou (2:00.55), Rajic (1:59.16), Murphy (1:53.57), Light (1:54.71)	7:47.99.....10/5...at Chick-fil-A Invite

200-yard Medley Relay (Cal Record: 1:33.85, 2018)

1. Blovad (24.16), Rajic (27.55), McLaughlin (22.94), Weitzel (21.00)	*1:35.65.....11/30.at Georgia Invite
2. Bilquist (24.81), Rajic (28.13), Murphy (23.35), Weitzel (21.07)	^1:37.51.....2/16...vs. Stanford
3. Bilquist (25.20), Rajic (28.48), McLaughlin (23.39), Weitzel (21.35)	1:38.42.....2/1.....vs. USC
4. Blovad (25.56), Rajic (28.28), Murphy (23.76), Weitzel (21.52)	1:39.12.....11/10.vs. Texas
5. Light (25.13), Buckley (28.39), Garcia (23.76), Murphy (22.75)	1:40.03.....11/30.at Georgia Invite

400-yard Medley Relay (Cal Record: 3:25.50, 2018)

1. Blovad (52.08), Rajic (1:00.42), McLaughlin (50.87), Weitzel (46.50)	*3:29.87.....11/29.at Georgia Invite
2. Wilson (54.08), Harrison (1:01.85), Bayer (54.28), Neumann (48.01)	3:38.22.....11/29.at Georgia Invite
3. Light (56.57), Rajic (1:03.66), McLaughlin (54.02), Weitzel (50.11)	3:44.36.....10/6...at Chick-fil-A Invite
4. Blovad (56.16), Buckley (1:06.33), Garcia (54.40), Murphy (51.41)	3:48.30.....10/6...at Chick-fil-A Invite
5. Wilson (56.56), Harrison (1:06.58), Darcel (55.02), Neumann (50.54)	3:48.70.....10/6...at Chick-fil-A Invite

* NCAA A Standard

! Cal School Record

^ NCAA B Standard

Cal Pool Record

= NCAA Zone Qualifying Standard

+ Cal Dual-Meet Record