

California

CAL WOMEN'S GYMNASTICS

GOLDEN BEARS

4-0
OVERALL

195.475
SEASON HIGH

10
RANK

Justin Howell
HEAD COACH

Cal VS

BYU COUGARS

0-1
OVERALL

194.275
SEASON HIGH

21
RANK

Guard Young
HEAD COACH



FRIDAY, JAN. 12
6 p.m. PT



Smith Fieldhouse
Provo, Utah



BROADCAST
BYUtv



LIVE STREAM
BYUtv.org



LIVE STATS
CalBears.com

SCHEDULE

Overall: 4-0 • Pac-12: 1-0

DATE	OPPONENT (TV)	TIME/RESULT
Jan. 8	at NorCal Classic % No. 18 Stanford*	195.475 (1st) W, 194.925 (2nd)
	San Jose State	W, 194.475 (3rd)
	UC Davis	W, 194.400 (4th)
	Sacramento State	W, 192.875 (5th)
Jan. 12	at No. 21 BYU	6 p.m.
Jan. 20	at Washington*	12:30 p.m.
Jan. 28	at Arizona State*	11 a.m.
FEB. 4	ARIZONA*	2 P.M.
FEB. 10	UCLA*	11:30 A.M.
Feb. 17	at Stanford*	7:30 p.m.
FEB. 25	UTAH*	11 A.M.
MARCH 2	CENTRAL MICHIGAN	7 P.M.
March 9	at Sac State Quad Meet Sacramento State Minnesota Alaska Anchorage	7 p.m.
March 11	at UC Davis	2 p.m.
March 24	at Pac-12 Championships	TBD
April 7	at NCAA Regionals	TBA
April 20-21	at NCAA Championships #	TBA

% Stanford, Calif. | # St. Louis. Mo.

* indicates Pac-12 opponent

Home meets in **BOLD**

All times listed PT and subject to change

FAST FACTS

COACHING STAFF

Head Coach	Justin Howell San Jose State, 1999 • 6th season
Assoc. Head Coach	Liz Crandall-Howell BYU, 1997 • 6th season
Asst. Coach	Taylor Penzien Southeast Missouri, 2016 • 1st season

2018 TEAM INFORMATION

Arena	Haas Pavilion (11,877)
2017 Overall Record	14-14
2017 Final Ranking	16th
2017 Pac-12 Record (Finish)	6-8 (5th)
Returners/Newcomers	9/6

UNIVERSITY OF CALIFORNIA

Location:	Berkeley, Calif.
Nickname:	Golden Bears
Enrollment:	40,173

NUMBERS TO KNOW

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Two Golden Bears are ranked in the Top 10 on at least one event. Toni-Ann Williams is fourth on beam with a 9.90 average, and eighth on floor with a 9.90 average. Kyana George is 8th on bars with a 9.90 average, and 9th all-around with a 39.35 average.

39.35

Kyana George's 39.35 all-around total at the NorCal Classic was the second-highest score in the all-around by any freshman in opening weekend. It was also the highest score among Pac-12 freshmen, earning George her first Pac-12 Freshman of the Week award.

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California won the NorCal Classic for the fourth consecutive season. The five-team event also features Stanford, San Jost State, UC Davis and Sacramento State.

BEAR NECESSITIES

No. 10 California women's gymnastics hits the road for the second of four consecutive away meets to take on the No. 21 BYU Cougars Friday at 6 p.m. in Provo, Utah. The meet gets underway at Smith Fieldhouse, with a broadcast of the event available on BYUtv.

The meet marks Cal's second in five days, as the Bears opened the season by taking first in the five-team NorCal Classic. Cal's 195.575 was the 10th-highest score of the opening weekend of NCAA Gymnastics, and the program's second highest score in a season opener in school history.

The Bears are led by a pair of standout all-arounders in Toni-Ann Williams and newcomer Kyana George, who each rank among the nation's top 15 gymnasts in several events. Williams is fourth in the nation on beam and eighth on floor, while George is ninth all-around, eighth on bars and 13th on beam. Monday's action also saw the debut of freshmen Alma Kuc and Nina Schank, who each tallied 9.875s on bars to rank just outside of the top 15 at No. 16.

Friday's meet in Provo will also mark a homecoming for Golden Bear associate head coach Liz Crandall-Howell, a two-time first-team All-American on the uneven bars at BYU. Crandall-Howell helped the Cougars qualify to three NCAA Championships from 1994-96, and claimed an NCAA Regional bar title in three of her four seasons in Provo.

HOW TO FOLLOW THE ACTION: Friday's meet will air live on BYUtv, accessible at www.BYUtv.org, and a link to live stats will be available via the women's gymnastics schedule page on CalBears.com. Follow @CalWGYM on Twitter and Instagram for scoring updates, behind-the-scenes photos and videos and the latest information, and like [Facebook.com/CalWGYM](https://www.facebook.com/CalWGYM) for more on the Bears.

LAST TIME OUT: QUEENS OF NORCAL COLLECT FOURTH CROWN

California continued its season-opening dominance of the Northern California gymnastics programs with a fourth consecutive NorCal Classic title on Monday, Jan. 8. Cal topped its four NorCal counterparts with a 195.475. Stanford took second with a 194.925, followed by San Jose State (194.475), UC Davis (194.400) and Sacramento State (192.875).

CAL IN THE NATIONAL RANKINGS

Road To Nationals - Jan. 9

RANK	TEAM NAME	AVERAGE
1	LSU	197.150
2	Utah	197.000
3	Central Michigan	196.375
4	UCLA	196.250
5	Michigan	196.200
6	Kentucky	196.075
7	Florida	195.900
8	Denver	195.775
9	Alabama	195.675
10	CALIFORNIA	195.475
11	Arizona	195.425
12	Arkansas	195.350
13	Iowa State	195.175
14	Stanford	194.925
15	Temple	194.875
16	Arizona State	194.675
T17	Ball State	194.475
T17	San Jose State	194.475
19	West Virginia	194.425
20	UC Davis	194.400
T21	BYU	194.275
T21	Penn State	194.275
23	New Hampshire	194.175
24	Maryland	194.100
25	NC State	194.025

TEAM EVENT

Event	Rank	RQS	Average
V	22	N/A	48.600
UB	15	N/A	48.725
BB	5	N/A	49.050
FX	8	N/A	49.100

INDIVIDUAL EVENT (Top 50)

Vault

Gymnast	Rank	RQS	Average
Williams	43	N/A	9.80

Uneven Bars

Gymnast	Rank	RQS	Average
George	T8	N/A	9.90
Kuc	T16	N/A	9.875
Schank	T16	N/A	9.875
Shu	T45	N/A	9.825

Balance Beam

Gymnast	Rank	RQS	Average
Williams	T4	N/A	9.90
George	T13	N/A	9.875
Gallarzo	T21	N/A	9.85
Shu	T34	N/A	9.825

Floor Exercise

Gymnast	Rank	RQS	Average
Williams	T8	N/A	9.90
George	T29	N/A	9.85

All-Around

Gymnast	Rank	RQS	Average
George	T9	N/A	39.35

• Cal's score was the 10th-best score in the nation of opening weekend, and the program's second-highest in a season opener in school history, only behind 2016's 195.575.

- Toni-Ann Williams won beam with a 9.90. Williams also placed second on vault (9.80) and third on floor (9.90)
- Kyana George was the all-around runner-up with a 39.35, the best all-around total by any freshman in the Pac-12 this season.
- George took second on bars with a 9.90, and second on beam with a 9.875. She finished fifth on vault (9.725) and floor (9.85).
- Alma Kuc and Nina Schank each tallied 9.875s on bars to share third place.
- Alicia Gallarzo earned a 9.85 on beam to win third on the event.
- Sylvie Seilnacht tied a career-high 9.80 on floor.
- Cal tallied scores above 49.0 on two events – beam (49.050) and floor (49.100)

GEORGE WINS FRESHMAN OF THE WEEK

With the second-highest all-around score of any freshman in the nation, Kyana George was named the first Pac-12 Freshman of the Week of the 2018 season. George scored a 39.35 across her four events at the season-opening NorCal Classic to help lead the No. 11 Bears to a fourth consecutive title over No. 18 Stanford, San Jose State, UC Davis and Sacramento State. Her all-around total was the highest by any freshman in the opening weekend of Pac-12 competition, and the second-highest by any freshman in the nation.

RANKED ON THE ROAD TO NATIONALS

The Golden Bears opened 2018 at No. 11 in the Road to Nationals preseason coaches poll, the program's second-highest ranking in school history. Cal's No. 11 ranking is just one spot behind last season's best-ever No. 10 ranking.

Cal is set to face four opponents ranked in the Road to Nationals preseason top 25 this season, and nearly every single program the Bears will face this season is ranked or received votes in the preseason poll, including two top-three programs in Utah (No. 5) and UCLA (6), and seven top 30 programs, including Washington (15), Stanford (18), Arizona (26), Minnesota (27) and Central Michigan (30).

Cal's results against top 25 ranked opponents in 2018 (using rankings at time of competition): No. 18 Stanford – W, 195.475-194.925

PAC-12 PREDICTIONS

California women's gymnastics is projected to finish third in the Pac-12 this season, according to a vote by the league's gymnastics coaches. The exact breakdown of points is as follows:

1. UCLA (5 first-place votes) – 47 points
2. Utah (3 first-place votes) – 44 points
3. California – 30 points
4. Washington – 28 points
- T5. Oregon State – 27 points
- T5. Stanford – 27 points
7. Arizona – 12 points
8. Arizona State – 9 points

MEET THE NEWEST BEARS

California's 2018 squad includes five new faces

from a signing class named Top 10 in the country last year by CollegeGymFans.com. Among the newest Bears are:

- Kyana George, the 2017 Junior Olympic National floor champion who also took third all-around and third on beam.
- Alma Kuc, a member of the Polish National Team who competed at the 2015 World Gymnastics Championships and 2017 European Championships, Kuc was the 2016 Polish uneven bars champion and logged a bronze finish on floor at the Polish National Championships.
- Victoria Salem, who posted two top-three finishes at the 2016 JO Nationals, winning the balance beam title and taking silver on bars. She was seventh all-around at the prestigious event after winning the beam title and turning in top-four finishes on every event at Level 10 Regionals.
- Nina Schank, the 2017 JO Nationals uneven bars champion who also finished ninth all-around.
- Emi Watterson, an Australian standout who joined the Bears this December and took fourth on vault and seventh on bars at the 2016 Elite Gym Massilia in Marseille, France.

FAMILIAR FACES

California returns a strong core of gymnasts from the 2016 NCAA Championship squad. The Bears are led by the return of 2016 Olympian Toni-Ann Williams, who missed most of last season due to an Achilles tear, as well as two-time All-Pac-12 valter Arianna Robinson. Sylvie Seilnacht also suffered a season-ending injury in 2017 and is back in the lineup alongside sister Sofie Seilnacht, who contributed on three events last season. Sophomore Cassidy Keelen's rookie debut also ended prematurely with an injury last year, but the Bears are expecting heavier contributions from Keelen as she returns with Yuleen Sternberg, Alicia Gallarzo, Rachael Mastrangelo and Chelsea Shu.

WILLIAMS GRANTED ADDITIONAL YEAR OF ELIGIBILITY

The Bears received exciting news this fall when Toni-Ann Williams, one of the most decorated gymnasts in the history of California gymnastics, was awarded an additional year of eligibility by the NCAA. Williams, a 2016 Olympian a four-time NACGC Regular-Season All-American, tore her Achilles in February 2017, sidelining her for most of her junior season. A fifth year of gymnastics eligibility means Williams will be able to compete in both the 2018 and 2019 seasons while she pursues additional coursework at Cal.

NEXT ROTATION

California's third road trip of the season takes the Golden Bears to Seattle, Wash., where they'll face the Washington Huskies on Saturday, Jan. 20 at 12:30 p.m. The meet is set for the Alaska Airlines Arena and airs live on the Pac-12 Network.

California's home opener is Sunday, Feb. 4 against Arizona beginning at 2 p.m.

2018 TEAM RESULTS (4-0 Overall, 1-0 Pac-12)

DATE	MEET	VAULT	BARS	BEAM	FLOOR	TOTAL	RECORD/ RESULT
1/8	NORCAL CLASSIC AT STANFORD					4-0, 1-0 PAC-12	
	No. 11 Cal	48.600	48.725	49.050	49.100	195.475	W
	No. 18 Stanford	48.400	48.125	48.975	49.425	194.925	W, 2nd
	San Jose State	48.475	48.675	48.350	48.975	194.475	W, 3rd
	UC Davis	48.150	48.800	48.650	48.800	194.400	W, 4th
	Sacramento State	47.700	47.950	48.450	48.775	192.875	W, 5th
1/12	AT BYU						
	Cal	--	--	--	--	--	--
	BYU	--	--	--	--	--	--
1/20	AT WASHINGTON						
	Cal	--	--	--	--	--	--
	Washington	--	--	--	--	--	--
1/28	AT ARIZONA STATE						
	Cal	--	--	--	--	--	--
	Arizona State	--	--	--	--	--	--
2/4	VS. ARIZONA						
	Cal	--	--	--	--	--	--
	Arizona	--	--	--	--	--	--
2/10	VS. UCLA						
	Cal	--	--	--	--	--	--
	UCLA	--	--	--	--	--	--
2/17	AT STANFORD						
	Cal	--	--	--	--	--	--
	Stanford	--	--	--	--	--	--
2/25	VS. UTAH						
	Cal	--	--	--	--	--	--
	Utah	--	--	--	--	--	--
3/2	VS. CENTRAL MICHIGAN						
	Cal	--	--	--	--	--	--
	Central Michigan	--	--	--	--	--	--
3/9	AT SACRAMENTO STATE QUAD MEET						
	Cal	--	--	--	--	--	--
	Sacramento State	--	--	--	--	--	--
	Minnesota	--	--	--	--	--	--
	Alaska Anchorage	--	--	--	--	--	--
3/11	AT UC DAVIS						
	Cal	--	--	--	--	--	--
	UC Davis	--	--	--	--	--	--
3/24	AT PAC-12 CHAMPIONSHIPS						
	Cal	--	--	--	--	--	--
	UCLA	--	--	--	--	--	--
	Utah	--	--	--	--	--	--
	Oregon State	--	--	--	--	--	--
	Stanford	--	--	--	--	--	--
	Washington	--	--	--	--	--	--
	Arizona	--	--	--	--	--	--
	Arizona State	--	--	--	--	--	--

SEASON HIGH

Cal	48.600	48.725	49.050	49.100	195.475
Opponent	48.475	48.800	48.975	49.425	194.925

2018 INDIVIDUAL EVENT TITLES

Toni-Ann Williams (1)

EVENT	SCORE	MEET
BB	9.90	NorCal Classic, 1/8

2018 TOP 3 INDIVIDUAL EVENT FINISH TOTALS BY GYMNAST

GYMNAST	1ST	2ND	3RD	Total
Gallarzo	--	--	1	1
George	--	2	--	2
Kuc	--	--	1	1
Schank	--	--	1	1
Williams	1	1	1	3
TOTALS	1	3	4	8

2018 GYMNAST SUPERLATIVES (Top 10)

Score Gymnast Meet

VAULT

- 9.80Toni-Ann Williams at NorCal Classic
- 9.725.....Sylvie Seilnacht at NorCal Classic
.....Kyana George at NorCal Classic
- 9.70Alicia Gallarzo at NorCal Classic
- 9.65Nina Schank at NorCal Classic
- 9.625.....Arianna Robinson at NorCal Classic

UNEVEN BARS

- 9.90Kyana George at NorCal Classic
- 9.875.....Alma Kuc..... at NorCal Classic
.....Nina Schank at NorCal Classic
- 9.825.....Chelsea Shu at NorCal Classic
- 9.25Toni-Ann Williams at NorCal Classic
- 8.55Yuleen Sternberg at NorCal Classic

BALANCE BEAM

- 9.90Toni-Ann Williams at NorCal Classic
- 9.875.....Kyana George at NorCal Classic
- 9.85Alicia Gallarzo at NorCal Classic
- 9.825.....Chelsea Shu at NorCal Classic
- 9.60Sylvie Seilnacht at NorCal Classic
- 9.275.....Sofie Seilnacht at NorCal Classic

FLOOR EXERCISE

- 9.90Toni-Ann Williams at NorCal Classic
- 9.85Kyana George at NorCal Classic
- 9.80Sylvie Seilnacht at NorCal Classic
.....Arianna Robinson at NorCal Classic
- 9.75Sofie Seilnacht at NorCal Classic
- 9.125.....Cassidy Keelen at NorCal Classic

ALL-AROUND (TOP 5)

- 39.35.....Kyana George at NorCal Classic
- 38.85.....Toni-Ann Williams at NorCal Classic

2018 TEAM SUPERLATIVES (Top 5)

TEAM TOTAL

- 195.475..... at NorCal Classic

VAULT

- 48.600..... at NorCal Classic

UNEVEN BARS

- 48.725..... at NorCal Classic

BALANCE BEAM

- 49.050..... at NorCal Classic

FLOOR EXERCISE

- 49.100..... at NorCal Classic

PROGRAM BESTS (TEAM) Top 5

TEAM TOTAL

- 197.500..... at UC Davis Tri (3/11/16)
- 197.325..... vs. UC Davis (3/8/15)
- 197.075..... vs. Oregon State (2/18/17)
- 196.900..... at Arizona State (2/15/16)
- 196.800..... at UCLA (3/5/17)

VAULT

- 49.500 vs. UC Davis (3/8/15)
- 49.375..... vs. Washington, Sac St. (2/21/03)
- 49.350 at UCLA (2/1/15)
- 49.325 at Kentucky, Centenary (3/7/14)
49.325 vs. Ball State (3/12/04)

UNEVEN BARS

- 49.550 vs. Ball State (3/12/04)
- 49.525 vs. UC Davis (3/8/15)
- 49.475..... at UC Davis Tri (3/11/16)
..... vs. Oregon State (2/18/17)
- 49.400 at San Jose St. (2/26/00)
- 49.325 at UC Davis (3/23/07)

BALANCE BEAM

- 49.350 at UC Davis Tri (3/11/16)
- 49.325 at Arizona State (2/15/16)
..... at UCLA (3/5/17)
- 49.300 at Utah State (3/6/04)
- 49.275..... Pac-12 Championships (3/22/14)
..... at Masters Classic (2/25/17)

FLOOR EXERCISE

- 49.550 vs. UC Davis (3/8/15)
- 49.450 at UC Davis Tri (3/11/16)
- 49.425 at Stanford (2/20/04)
- 49.375.. 3x, last at Pac-12 Championships (3/19/16)

PROGRAM BESTS (INDIVIDUAL)

VAULT

- 10.0 2x, last Toni-Ann Williams, 3/8/15
- 9.975 Toni-Ann Williams, 2/1/15
- 9.95 11x, last Toni-Ann Williams, 4/4/15

UNEVEN BARS

- 10.0 Cindy Tom, 2/15/92
- 9.95 6x, last Owens & Williams, 3/8/15
- 9.925 11x, last Alicia Gallarzo, 2/18/17

BALANCE BEAM

- 9.95 4x, last Jessica Howe, 3/11/16
- 9.925 6x, last Alicia Gallarzo, 3/18/17
- 9.90 40x, last Toni-Ann Williams, 1/8/18**

FLOOR EXERCISE

- 9.975 2x, last Toni-Ann Williams, 3/8/15
- 9.95 10x, last Toni-Ann Williams, 3/11/16
- 9.925 23x, last Toni-Ann Williams, 1/28/17

ALL-AROUND

- 39.700 2x, last Toni-Ann Williams, 2/15/16
- 39.675 My-Lan Dodd, 2/28/03
- 39.650 Stephanie Kim, 3/12/04
- 39.625 Toni-Ann Williams, 3/8/15
- 39.575 My-Lan Dodd (2x), 3/12/04

2018 ROSTER

NAME	YR	HT.	HOMETOWN (LAST SCHOOL/CLUB)
Alicia Gallarzo	SR	5-3	Burbank, Calif. (Burbank/Wallers' GymJam)
Kyana George	FR	5-3	McKinney, Texas (McKinney Boyd/Metroplex)
Cassidy Keelen	SO	5-1	Lucas, Texas (Laurel Springs/Texas Dreams)
Alma Kuc	FR	5-1	Los Angeles, Calif. (Laurel Springs/All Olympia)
Rachael Mastrangelo	SO	5-7	Waxhaw, N.C. (Marvin Ridge, Southeastern Gymnastics)
Maleah Pearson	FR	5-5	Maple Grove, Minn. (Maple Grove Sr/Twin City Twisters)
Arianna Robinson	SR	5-2	Chantilly, Va. (Freedom/Hill's)
Victoria Salem	FR	5-1	San Bruno, Calif. (Capuchino/San Mateo Gymnastics)
Nina Schank	FR	5-5	Oakland, Calif. (Head-Royce School/Head Over Heels)
Sofie Seilnacht	JR	5-7	Fremont, Calif. (American/California Gymnastics Academy)
Sylvie Seilnacht	JR	5-6	Fremont, Calif. (American/California Gymnastics Academy)
Chelsea Shu	JR	5-6	Manhattan Beach, Calif. (Mira Costa/All Olympia)
Yuleen Sternberg	SR	5-3	Berkeley, Calif. (Berkeley/Head Over Heels)
Emi Watterson	FR	5-1	Brisbane, Australia (St. Margaret's Girls School/Delta)
Toni-Ann Williams	RSSR	5-1	Randallstown, Md. (Roland Park Country Day/United Gymnastix)

PRONUNCIATION GUIDE

Alicia Gallarzo.... uh-LEE-C-ah gull-R-zo
Kyana George KYE-anna
Cassidy KeelenKEY-lenn
Alma KucCOOK
Arianna Robinson R-E-onna
Nina Schank SHANK
Sofie Seilnacht . so-FEE sile-KNOCKED
Sylvie Seilnacht.....sill-V sile-KNOCKED
Chelsea ShuSHOE
Yuleen Sternberg.....you-LEAN
Emi Watterson..... E-ME
Toni-Ann Williams tony-ann

COACHING STAFF

Head Coach: Justin Howell (fifth season, San Jose State '99)

Associate Head Coach: Elisabeth Crandall-Howell (fifth season, BYU '97)

Assistant Coach: X

GOLDEN BEAR SEASON-HIGH MARKS

GYMNAST	V	UB	BB	FX	AA
Gallarzo	9.70	--	--	--	--
George	9.725	9.90	9.875	9.85	39.35
Keelen	--	--	--	9.125	--
Kuc	--	9.875	--	--	--
Mastrangelo	--	--	--	--	--
Pearson	--	--	--	--	--
Robinson	9.625	--	--	9.80	--
Salem	--	--	--	--	--
Schank	9.65	9.875	--	--	--
So. Seilnacht	--	--	9.275	9.80	--
Sy. Seilnacht	9.725	--	9.60	9.80	--
Shu	--	9.825	9.825	--	--
Sternberg	--	8.55	--	--	--
Watterson	--	--	--	--	--
Williams	9.80	9.25	9.90	9.90	38.85

GOLDEN BEAR CAREER-HIGH MARKS

V	UB	BB	FX	AA
9.875	9.925	9.925	--	--
9.725	9.90	9.875	9.85	39.35
9.85	--	9.85	9.70	--
--	9.875	--	--	--
9.775	--	--	--	--
--	--	--	--	--
9.90	--	--	9.95	--
--	--	--	--	--
9.65	9.875	--	--	--
--	9.90	9.925	9.85	--
9.90	--	9.75	9.80	--
--	9.90	9.875	--	--
--	9.90	--	9.825	--
--	--	--	--	--
10.0	9.95	9.925	9.975	39.700

BROADCAST ROSTER



ALICIA GALLARZO
AA | 5-3 | SR
Burbank, Calif.



KYANA GEORGE
AA | 5-3 | FR
McKinney, Texas



CASSIDY KEELEN
AA | 5-1 | SO
Tyler, Texas



ALMA KUC
AA | 5-1 | FR
Los Angeles, Calif.



RACHAEL MASTRANGELO
AA | 5-7 | SO
Waxhaw, N.C.



MALEAH PEARSON
AA | 5-5 | FR
Maple Grove, Minn.



ARIANNA ROBINSON
AA | 5-2 | SR
Chantilly, Va.



VICTORIA SALEM
AA | 5-1 | FR
San Bruno Calif.



NINA SCHANK
AA | 5-5 | FR
Oakland, Calif.



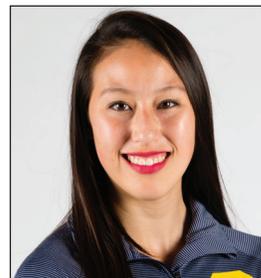
SOFIE SEILNACHT
AA | 5-7 | JR
Fremont, Calif.



SYLVIE SEILNACHT
AA | 5-6 | JR
Fremont, Calif.



CHELSEA SHU
AA | 5-2 | JR
Manhattan Beach, Calif.



YULEEN STERNBERG
AA | 5-3 | SR
Berkeley, Calif.



TONI-ANN WILLIAMS
AA | 5-1 | RS-SR
Randallstown, Md.



JUSTIN HOWELL
Head Coach
Fifth Season



LIZ CRANDALL-HOWELL
Associate Head Coach
Fifth Season



EMILY HOWE
Team Manager



ALEX DUDSCHUS
Team Manager