

California Golden Bears

2017 All-Comers Track & Field Meet Info

- Date:** Saturday, February 4th
- Divisions:** Junior High, High School, Open, Masters, Male and Female athletes
All participants must be 13 years of age or older to participate.
- Rules:** Meet will be conducted under USATF rulings
- Entry Fee:** **\$10 per athlete paid on arrival. *Spectators are free.*** This fee is for entry into the meet. It is not a participation fee. No refunds.
- Registration:** 7am to **12:30pm** ONLY. The registration table will close promptly at 12:30pm.
- Medical:** Please note that there will be no medical staff on the track during the meet. Participants are responsible for their own medical supplies. You are competing at your own risk.
- Waivers:** **All participants must sign Waiver of Liability, Assumption of Risk, and Indemnity Agreement. Parents must sign waivers for minors! No exceptions!**
Forms are online at Calbears.com on the Track & Field page under "Links".
- Field Events:** Throws: Weigh-ins are 7am to noon ONLY. ***Discus will be contested only as light allows as per safety ruling by meet management.** Jumps: LJs and TJs will have open pits – All jumps must be contested within the open pit windows.
- Facility:** In August 2012, the eight-lane track at George C. Edwards Stadium was resurfaced with Beynon BSS 2000 Hobart. **Spikes must be under 9mm. Needle spikes NOT allowed.**
- Field Access:** Only participating athletes, Cal staff and meet administration allowed on the field besides pole vault coaches. Pole vault coaches will need a wristband to be on field in the designated coach box. Wristbands can be obtained at registration. Once the vault competition has been completed, coaches must return to the stands.
- Questions:** Contact ChasDavis@Berkeley.edu.
- Results:** Posted at the conclusion of each event at www.recordtiming.com

TRACK & FIELD

Cal All-Comers

2.4.17 Time Schedule & Order of Events

Field Events

No hammer

Javelin & discus not open to high school

8am	Weight Throw
9am	Javelin *college/open only, no high school*
10am	High Jump
10:30 – 12:30	Open Long Jump (closes promptly at 12:30)
10:30am	Shot Put
11am	Discus *college/open only, no high school*
12pm	Pole Vault – Two mixed gender flights separated by opening heights of 7' and 10'
1:30 – 3:30	Open Triple Jump (closes promptly at 3:30)

TRACK EVENTS

400m; 800m & 200m only open to college/university athletes.

4x200; 600m; SMR; 4x800; 300m & DMR only open to high school athletes.

Male division, open to youngest competed first; female division, open to youngest follows.

11am start of rolling schedule

- 4x200m Relay ***high school only***
- 1500
- 60mHH
- 400m ***college/open only, no high school***
- 600m ***high school only***
- 60m Dash
- Sprint Medley Relay (100-100-200-400) ***high school only***
- 800m ***college/open only, no high school***
- 4x800m Relay ***high school only***
- 300m Dash ***high school only***
- 200m Dash ***college/open only, no high school***
- 3000m
- Distance Medley Relay (1200-400-800-1600) ***high school only***

