

Cross-Country History



Arturs Medveds
at 2023 XC Nationals

MEN'S TOP-25 TIMES

Men's Top 8K (5 miles) Performances

1.	Valentin Soca	So.	22:45.2	2024	Joe Plane Invite
2.	Zouhair Redouane	Fr.	22:45.7	2024	Joe Plane Invite
3.	Said Mechaal	Jr.	22:58.6	2022	WAC Championships
4.	Zouhair Redouane	Fr.	23:05.4	2024	Pre-Nationals
5.	Giedrius Valincius	Sr.	23:08.1	2022	WAC Championships
6.	Valentin Soca	So.	23:09.6	2024	Pre-Nationals
7.	Arturs Medveds	Sr.	23:12.4	2022	WAC Championships
8.	Pedro Marin	So.	23:13.5	2024	Joe Plane Invite
9.	Florian Le Pallec	Sr.	23:18.5	2021	WAC Championships
10.	Daniel Abdala	Gr.	23:19.3	2024	Joe Plane Invite
11.	Florian Le Pallec	Sr.	23:19.7	2022	WAC Championships
12.	Zouhair Redouane	Fr.	23:20.77	2024	WAC Championships
13.	Valentin Soca	So.	23:21.69	2024	WAC Championships
14.	Adam Trefecanty	Sr.	23:26.7	2024	Joe Plane Invite
15.	Florian Le Pallec	Sr.	23:29.1	2021	Florida State Invite/Pre-Nationals
16.	Zouhair Redouane	Fr.	23:33.0	2024	UCR Invitational
17.	Valentin Soca	So.	23:33.5	2024	UCR Invitational
18.	Ivo Balabanov	Jr.	23:33.5	2020	Battle Born Challenge
19.	Ivo Balabanov	Sr.	23:35.6	2021	WAC Championships
20.	Daniel Abdala	Gr.	23:36.21	2024	WAC Championships
21.	Pedro Marin	So.	23:36.25	2024	WAC Championships
22.	Arturs Medveds	Sr.	23:37.9	2023	2023 WAC Championships
23.	Giedrius Valincius	Gr.	23:38.0	2023	2023 WAC Championships
24.	Valentin Soca	Fr.	23:38.1	2023	2023 WAC Championships



Matias Reynaga

MEN'S TOP-25 TIMES

Men's Top 10K (6.2 miles) Performances

1.	Giedrius Valincius	Sr.	28:48.8	2022	NCAA Division I West Region XC Championship
2.	Florian Le Pallec	Sr.	28:53.6	2022	NCAA Division I West Region XC Championship
3.	Arturs Medveds	Sr.	28:59.8	2022	NCAA Division I West Region XC Championship
4.	Valentin Soca	Fr.	29:02.8	2023	2023 DI West Regionals
5.	Valentin Soca	So.	29:09.1	2024	DI West Regionals
6.	Zouhair Redouane	Fr.	29:18.2	2024	DI West Regionals
7.	Zouhair Redouane	Fr.	29:18.8	2024	DI Nationals
8.	Arturs Medveds	Sr.	29:21.2	2023	2023 DI West Regionals
9.	Valentin Soca	So.	29:22.0	2024	DI Nationals
10.	Said Mechaal	Jr.	29: 29.0	2022	NCAA Division I West Region XC Championship
11.	Mathias Reynaga	So.	29:29.2	2022	NCAA Division I West Region XC Championship
12.	Daniel Abdala	Gr.	29:30.2	2024	DI West Regionals
13.	Giedrius Valincius	Gr.	29:44.7	2023	2023 DI West Regionals
14.	Adam Trefecanty	Sr.	29:52.5	2024	DI West Regionals
15.	Daniel Abdala	Gr.	29:52.8	2024	DI Nationals
16.	Pedro Marin	So.	29:53.1	2024	DI West Regionals
17.	Pedro Marin	So.	29:59.3	2024	DI Nationals
18.	McMarshal Hartzenberg	Fr.	29:59.90	2017	NCAA Division II West Region XC Championship
19.	Arturs Medveds	Sr.	30:01.2	2023	2023 DI National Championships
20.	Massimiliano Berti	So.	30:09.6	2022	NCAA Division I West Region XC Championship
21.	Rikus Van Niekerk	Jr.	30:11.9	2023	2023 DI West Regionals
22.	Rikus Van Niekerk	Jr.	30:13.3	2022	NCAA Division I West Region XC Championship
23.	Matias Reynaga	So.	30:13.8	2023	2023 DI West Regionals
24.	Simon Bedard	Jr.	30:21.60	2017	NCAA Division II West Region XC Championship
25.	Pierre-Louis Detourbe	Jr.	30:23.90	2017	NCAA Division II West Region XC Championship



McMarshal Hartzenberg

WOMEN'S TOP-25 TIMES

Women's Top 5K (3.1 miles) Performances

1.	Yasna Petrova	Sr.	16:58.8	2204	Joe Piane Invite
2.	Katie Deimling	Jr.	17:07.95	2016	Biola Invitational
3.	Ava Dyck	Fr.	17:09.6	2024	Joe Piane Invite
4.	Berenice Cleyet-Merle	So.	17:11.57	2016	Biola Invitational
5.	Greta Karinauskaite	Fr.	17:15.3	2021	Joe Piane Invitational
6.	Fruzsina Ladanyi	Fr.	17:15.49	2016	Biola Invitational
7.	Emilia Mikszuta	Jr.	17:22.1	2023	Mark Covert Classic
8.	Emeline Delanis	So.	17:24.16	2016	Biola Invitational
9.	Yasna Petrova	Fr.	17:25.8	2021	Joe Piane Invitational
10.	Anna Mate	Sr.	17:27.0	2021	Joe Piane Invitational
11.	Maja Dzialoszewska	Jr.	17:27.6	2023	Mark Covert Classic
12.	Kim Rabenstein	Jr.	17:35.41	2016	Biola Invitational
13.	Ceyda Pinar	Fr.	17:35.8	2024	Joe Piane Invite
14.	Caroline Barkechir	So.	17:40.23	2014	TBD
15.	Liza Hazuchova	Fr.	17:41.0	2021	Joe Piane Invitational
16.	Charlie Davidson	Jr.	17:41.26	2016	Biola Invitational
17.	Karolina Bliujute	Fr.	17:41.8	2024	Joe Piane Invite
18.	Jennifer Mallen	Jr.	17:43.20	2012	TBD
19.	Sini-Sofia Rajaniemi	Fr.	17:47.2	2024	Joe Piane Invite
20.	Cynthia Martin	Jr.	17:48.9	2021	UC Riverside Invitational (Open)
21.	Eleonara Visnevskyte	Fr.	17:49.2	2024	Joe Piane Invite
22.	Anneken Viljoen	Fr.	17:49.7	2021	Joe Piane Invitational
23.	Anna Mate	Fr.	17:52.50	2018	Mark Covert Classic
24.	Anett Somogyi	Jr.	17:54.00	2018	Mark Covert Classic
25.	Mia Cabrera	So.	17:54.2	2023	Mark Covert Classic

**Yasna Petrova**

WOMEN'S TOP-25 TIMES

Women's Top 6K (3.7 miles) Performances

1.	Greta Karinauskaite	Sr.	19:12.4	2023	2023 DI West Regionals
2.	Yasna Petrova	So.	19:27.6	2022	NCAA Division I West Region XC Championship
3.	Greta Karinauskaite	Sr.	19:39.4	2023	2023 DI National Championships
4.	Yasna Petrova	Jr.	19:34.1	2023	2023 DI West Regionals
5.	Greta Karinauskaite	Sr.	19:49.8	2023	2023 WAC Championships
6.	Greta Karinauskaite	Fr.	19:50.9	2021	WAC Championships
7.	Maelle Porcher	Fr.	19:55.3	2022	NCAA Division I West Region XC Championship
8.	Anna Mate	Gr.	20:01.2	2022	NCAA Division I West Region XC Championships
9.	Greta Karinauskaite	Jr.	20:01.4	2022	NCAA Division I West Region XC Championships
10.	Yasna Petrova	So.	20:03.5	2022	WAC Championships
11.	Maja Dzialoszewska	Fr.	20:04.9	2022	NCAA Division I West Region XC Championships
12.	Yasna Petrova	Jr.	20:08.2	2023	2023 DI National Championships
13.	Ava Dyck	Fr.	20:09.2	2024	UCR Invitational
14.	Ava Dyck	Fr.	20:10.4	2024	DI West Regionals
15.	Emilia Mikszuta	Jr.	20:12.9	2023	2023 DI West Regionals
16.	Yasna Petrova	Sr.	20:19.7	2024	UCR Invitational
17.	Greta Karinauskaite	Fr.	20:19.7	2021	UC Riverside Invitational
18.	Marina Trave	So.	20:19.7	2023	2023 DI West Regionals
19.	Anett Somogyi	Jr.	20:19:80	2018	UC Riverside Invitational
20.	Yasna Petrova	Fr.	20:22.1	2021	WAC Championships
21.	Yasna Petrova	So.	20:22.3	2022	Weis-Crockett Invitational
22.	Emilie Renaud	So.	20:25.20	2019	UC Riverside Invitational
23.	Anna Mate	So.	20:26.04	2019	UC Riverside Invitational
24.	Carlota Rodes	So.	20:26.6	2022	WAC Championships
25.	Greta Karinauskaite	Sr.	20:27.6	2023	Roy Griak Invitational



MEN'S TOP-25 INDIVIDUALS

Men's Top 8K (5 miles) Individuals

1.	Valentina Soca	So.	22:45.2	2024	Joe Piane Invite
2.	Zouhair Redouane	Fr.	22:45.8	2024	Joe Piane Invite
3.	Said Mechaal	Jr.	22:58.6	2022	WAC Championships
4.	Giedrius Valincius	Jr.	23:08.1	2022	WAC Championships
5.	Arturs Medveds	Jr.	23:12.4	2022	WAC Championships
6.	Pedro Marin	So.	23:13.5	2024	Joe Piane Invite
7.	Florian Le Pallec	Sr.	23:18.5	2021	WAC Championships
8.	Daniel Abdala	Gr.	23:19.3	2024	Joe Piane Invite
9.	Adam Trefecanty	Sr.	23:26.7	2024	Joe Piane Invite
10.	Ivo Balabanov	Sr.	23:33.5	2020	Battle Born Challenge
11.	Joaquin Campos	Fr.	23:44.3	2023	Highlander Invitational
12.	Victor Rosas	Jr.	23:47.9	2024	Joe Piane Invite
13.	Massimiliano Berti	Sr.	23:48.0	2024	UCR Invite
14.	Rikus Van Niekerk	Jr.	23:49.9	2022	WAC Championships
15.	Gabriel Guzman	Fr.	23:57.2	2024	UCR Invite
16.	Roman Zozulia	Jr.	23:57.4	2023	Highlander Invitational
17.	Tyler Tickner	Sr.	23:58.1	2023	Highlander Invitational
18.	Valentin Robert	Sr.	23:59.8	2016	Capitol Cross Challenge
19.	Matias Reynaga	Fr.	24:02.2	2021	Highlander Invitational
20.	Ernesto Ruiz	Jr.	24:02.2	2024	UCR Invite
21.	Zlatko Kozuhar	Jr.	24:04.6	2022	WAC Championships
22.	Manuel Peris Bruno	So.	24:04.6	2019	Arturo Barrios Invitational
23.	Bryton Reim	So.	24:09.30	2013	Santa Clara Bronco Invite
24.	Manuel Rojas	Fr.	24:10.40	2024	Joe Piane Invite
25.	McMarshal Hartzenberg	Jr.	24:10.60	2019	Arturo Barrios Invitational



Ivo Balabanov

MEN'S TOP-25 INDIVIDUALS

Men's Top 10K (6.2 miles) Performances

1.	Giedrius Valincius	Sr.	28:48.8	2022	NCAA Division I West Regional
2.	Florian Le Pallec	Sr.	28:53.6	2022	NCAA Division I West Regional
3.	Arturs Medveds	Sr.	28:59.8	2022	NCAA Division I West Regional
4.	Valentin Soca	Fr.	29:02.0	2023	NCAA DI West Regionals
5.	Zouhair Redouane	Fr.	29:18.2	2024	DI West Regionals
6.	Said Mechaal	Jr.	29:29.0	2022	NCAA Division I West Regional
7.	Mathias Reynaga	So.	29:29.2	2022	NCAA Division I West Regional
8.	Daniel Abdala	Gr.	29:30.2	2024	DI West Regionals
9.	Adam Trefecanty	Sr.	29:52.5	2024	DI West Regionals
10.	Pedro Marin	Fr.	29:53.1	2024	DI West Regionals
11.	McMarshall Hartzenberg	Fr.	29:59.90	2017	NCAA Division II West Regional
12.	Massimiliano Berti	So.	30:09.6	2022	NCAA Division I West Regional
13.	Rikus Van Niekerk	Jr.	30:11.9	2023	NCAA Division I West Regional
14.	Simon Bedard	Jr.	30:21.60	2017	NCAA Division II West Regional
15.	Pierre-Louis Detourbe	Jr.	30:23.90	2017	NCAA Division II West Regional
15.	Gabriel Guzman	Fr.	30:29.0	2024	DI West Regionals
16.	Victor Rosas	Fr.	30:32.0	2024	DI West Regionals
17.	Valentin Robert	Jr.	30:38.89	2015	NCAA Division II West Regional
18.	Joaquin Campos	Fr.	30:58.6	2023	NCAA DI National Championships
19.	Dennis Messmer	Jr.	31:02.50	2017	NCAA Division II West Regional
20.	Ken Kipkorir	So.	31:03.63	2016	NCAA Division II West Regional
21.	Jayden Emerson	So.	31:05.46	2016	NCAA Division II West Regional
22.	Michael Lowrie	So.	31:06.80	2017	NCAA Division II West Regional
23.	Taylor Guske	Sr.	31:10.36	2014	NCAA Division II West Regional
24.	Anthony Lozano	Jr.	31:17.23	2016	NCAA Division II West Regional



Valentin Soca

WOMEN'S TOP-25 INDIVIDUALS

Women's Top 5K (3.1 miles) Individuals

1.	Yasna Petrova	Sr.	16:58.8	2024	Joe Plane Invite
2.	Katie Deimling	Jr.	17:07.95	2016	Biola Invitational
3.	Ava Dyck	Fr.	17:09.6	2024	Joe Plane Invite
4.	Berenice Cleyet-Merle	So.	17:11.57	2016	Biola Invitational
5.	Greta Karinauskaite	Fr.	17:15.3	2021	Joe Plane Invitational
6.	Fruzsina Ladanyi	Fr.	17:15.49	2016	Biola Invitational
7.	Emilia Mikszuta	Jr.	17:22.1	2023	Mark Covert Classic
8.	Emeline Delanis	So.	17:24.16	2016	Biola Invitational
9.	Yasna Petrova	Fr.	17:25.8	2021	Joe Plane Invitational
10.	Anna Mate	Sr.	17:27.0	2021	Joe Plane Invitational
11.	Maja Dzialoszewska	So.	17:27.6	2023	Mark Covert Classic
12.	Kim Rabenstein	Jr.	17:35.41	2016	Biola Invitational
13.	Ceyda Pinar	Fr.	17:35.8	2024	Joe Plane Invite
14.	Caroline Barkechir	So.	17:40.23	2014	TBD
15.	Liza Hazuchova	Fr.	17:41.0	2021	Joe Plane Invitational
16.	Charlie Davidson	Jr.	17:41.26	2016	Biola Invitational
17.	Karolina Bliujute	Fr.	17:41.8	2024	Joe Plane Invite
18.	Jennifer Mallen	Jr.	17:43.20	2012	TBD
19.	Sini-Sofia Rajaniemi	Fr.	17:47.2	2024	Joe Plane Invite
20.	Cynthia Martin	Jr.	17:48.9	2021	UC Riverside Invitational (Open)
21.	Eleonara Visnevskyte	Fr.	17:49.2	2024	Joe Plane Invite
22.	Anneken Viljoen	Fr.	17:49.7	2021	Joe Plane Invitational
23.	Anett Somogyi	Jr.	17:54.00	2018	Mark Covert Classic
24.	Mia Cabrera	So.	17:54.2	2023	Mark Covert Classic
25.	Veronica Hall	Jr.	17:56.92	2014	TBD



Katie Deimling

WOMEN'S TOP-25 INDIVIDUALS

Women's Top 6K (3.7 miles) Individuals

1.	Greta Karinauskaite	Sr.	19:12.4	2023	NCAA DI West Regionals
2.	Yasna Petrova	So.	19:27.9	2022	NCAA Division I West Regional
3.	Maelle Porcher	Fr.	19:55.3	2022	NCAA Division I West Regional
4.	Anna Mate	Gr.	20:01.2	2022	NCAA Division I West Regional
5.	Maja Dzialoszewska	Fr.	20:04.9	2022	NCAA Division I West Regional
6.	Ava Dyck	Fr.	20:09.2	2024	UCR Invitational
7.	Emilia Mikszuta	Jr.	20:12.9	2023	NCAA Division I West Regional
8.	Marina Trave	Fr.	20:19.7	2023	NCAA Division I West Regional
9.	Anett Somogyi	Jr.	20:19:80	2018	UC Riverside Invitational
10.	Emilie Renaud	So.	20:25.20	2019	UC Riverside Invitational
11.	Carlota Rodes	So.	20:26.6	2022	WAC Championships
12.	Grace McLaughlin	Gr.	20:32.3	2023	Nuttycombe Invitational
13.	Fruzsí Ladanyi	Sr.	20:34.83	2019	UC Riverside Invitational
14.	Abir Reffas	Fr.	20:35.1	2023	Highlander Invitational
15.	Lara Orrock	Fr.	20:38:30	2018	UC Riverside Invitational
16.	Liza Hazuchova	Fr.	20:39.0	2021	WAC Championships
17.	Marta Afonso	Fr.	20:41.71	2019	UC Riverside Invitational
18.	Caroline Barkechir	So.	20:42:11	2014	TBD
19.	Andrea Kolbeinsdottir	Fr.	20:42.43	2019	UC Riverside Invitational
20.	Anneken Viljoen	Fr.	20:44.7	2021	UC Riverside Invitational
21.	Ceyda Pinar	Fr.	20:45.5	2024	UCR Invite
22.	Karolina Bliujute	Fr.	20:48.0	2024	UCR Invitational
23.	Sini-Sofia Rajaniemi	Fr.	20:51.0	2024	WAC Championships
24.	Karolina Iznerowicz	Fr.	20:57:40	2018	WAC Championships
25.	Emeline Delanis	Jr.	20:57:60	2017	NCAA Division II Championships



Greta Karinauskaite

TOP TEAM PERFORMANCES

All-Time Men's Top Team Performances (8K)

1:55:30	2024 @ Joe Piane Invite Soca 22:45.2, Redouane 22:45.7, Marin 23:13.5, Abdala 23:19.3, Trefecanty 23:26.7 Coach: Sean Smith
1:56:28	2022 @ Nacogdoches, TX (WAC Championships) Mechaal 22:58.6, Valincius 23:08.1, Medveds 23:12.4, Le Pallec 23:19.7, Van Niekerk 23:49.9 Coach: Adam Tribble
1:57:47	2024 @ WAC Championships (Orem, UT) Redouane 23:20.77, Soca 23:21.69, Abdala 23:36.21, Marin 23:36.25, Rosas 23:52.57 Coach: Sean Smith
1:57:54	2024 @ Pre-Nationals (Madison, WI) Redouane 23:05.4, Soca 23:09.6, Abdala 23:40.3, Trefecanty 23:41.2, Rosas 24:17.8 Coach: Sean Smith
2:01:33	2024 @ UCR Invitational Redouane 23:33.0, Soca 23:33.5, Abdala 23:38.7, Trefecanty 23:42.1, Marin 23:46.5 Coach: Sean Smith
1:58:31	2023 @ WAC Championships (Abilene, TX) Medveds 23:37.9, Valincius 23:38.0, Soca 23:38.1, Reynaga 23:42.7, Van Niekerk 23:54.8 Coach: Adam Tribble
1:58:41	2021 @ Riverside, CA (WAC Championships) Le Pallec 23:18.5, Balabanov 23:35.6, Valincius 23:51, Medveds 23:57.8, Mechaal 23:58.1 Coach: Adam Tribble
1:59:22	2022 @ Stillwater, OK (Weis-Crockett Invite) Mechaal 23:39.3, Valincius 23:46.8, Le Pallec 23:51.1, Medveds 23:58.5, Reynaga 24:07.1 Coach: Adam Tribble
2:00:00	2020 @ Las Vegas, NV (Battle Born Challenge) Balabanov 23:33.5, Le Pallec 23:43.3, Valincius 24:08.4, Bruno 24:10.8, Chavez 24:24.1 Coach: Adam Tribble
2:00:06.8	2021 @ Tallahassee, FL (Florida State Invitational) Le Pallec 23:29.1, Balabanov 23:56.2, Mechaal 24:03.1, Valincius 24:04.2, Van Niekerk 24:34.2 Coach: Adam Tribble
2:00:34	2021 @ Riverside, CA (UC Riverside Invitational) Le Pallec 23:40.7, Balabanov 23:50.6, Van Niekerk 24:16.6, Medveds 24:21.6, Zozulia 24:23.9 Coach: Adam Tribble
2:00:39	2023 @ Nuttycombe Inv. (Madison, WI) Medveds 23:53.8, Valincius 24:06.8, Reynaga 24:09.8, Van Niekerk 24:13.2, Soca 24:16.1 Coach: Adam Tribble

All-Time Women's Top Team Performances (5K)

1:26:34	2016 @ La Mirada, CA (Biola Invitational) Deimling 17:07.95, Cleyet-Merle 17:11.57, Ladanyi 17:15.49, Delanis 17:24.16, Rabenstein 17:35.41 Coach: Ben Gall
1:27:13	2024 @ Joe Piane Invite Petrova 16:58.8, Dyck 17:09.6, Pinar 17:35.8, Bliujute 17:41.8, Visnevskyte 17:49.6 Coach: Sean Smith
1:27:38.8	2021 @ South Bend, IN (Joe Piane Invitational) Karinauskaite 17:15.3, Petrova 17:25.8, Mate 17:27.0, Hazuchova 17:41.0, Viljoen 17:49.7 Coach: Adam Tribble
1:28:56	2023 @ Mark Covert Classic Emilia Mikszuta 17:22.1, Maja Dzialoszewska 17:27.6, Mia Cabrera 17:54.2, Karin Gosek 17:58.2, Liliana Mlynarczyk 18:13.2 Coach: Adam Tribble
1:30:26	2018 @ Brea, CA (Mark Covert Classic) Mate 17:52.5, Somogyi 17:54.0, Sharp 17:57.7, Orrock 18:08.6, Ladanyi 18:31.3 Coach: Adam Tribble
1:31:38	2013 @ Novato, CA (PacWest Championships) Ball 18:00.5, Rabenstein 18:04.6, Van Setten 18:23.8, Vukov 18:28.4, Malagon 18:41.2 Coach: Ben Gall
1:32:01	2019 @ Brea, CA (Mark Covert Classic) Mate 18:23.9, Renaud 18:24.2, Kolbeinsdottir 18:24.2, Brink 18:24.4, Ladanyi 18:24.9 Coach: Adam Tribble
1:32:53	2024 @ Mark Covert Invite Rajaniemi 17:56.4, Pinar 18:21.3, Acuna 18:41.0, Visnevskyte 18:49.1, A. Mees 19:04.3 Coach: Sean Smith
1:33:24	2010 @ San Marcos, CA (Cougar Challenge) Lutz 18:22, Perez 18:33, Cervantes 18:44, Van Setten 18:49, Richeri 18:56 Coach: Wade Watkins
1:33:30	2011 @ Salem, OR (Charles Bowles Invitational) Cervantes 18:24, Bilton 18:36, Sjoerdsma 18:40, Alexander 18:45, Van Setten 19:03 Interim Coach: Sean Henning
1:33:37	2011 @ San Marcos, CA (Cougar Challenge) Cervantes 18:28, Sjoerdsma 18:36, Alexander 18:50, Van Setten 18:51, Bilton 18:52 Interim Coach: Sean Henning
1:33:50	2010 @ Fullerton, CA (Titan Invitational) Lutz 18:04, Cervantes 18:42, Richeri 18:52, Van Setten 19:03, Ana Mendoza 19:07 Coach: Wade Watkins
1:34:07	2011 @ Phoenix, AZ (PacWest Championships) Cervantes 18:30, Sjoerdsma 18:44, Alexander 18:48, Lutz 19:02, Bilton 19:03 Interim Coach: Sean Henning

TOP TEAM PERFORMANCES

All-Time Men's Top Team Performances (10K)

2:25:40	2022 @ Seattle, WA (NCAA D-I West Regional) Valincius 28:48.8, Le Pallec 28:53.6, Medveds 28:59.8, Mechaal 29:29.0, Reynaga 29:29.2 Coach: Adam Tribble
2:27:43	2024 @ DI West Regionals (Colfax, WA) Soca 29:09.1, Redouane 29:18.2, Abdala 29:30.2, Trefecanty 29:52.5, Marin 29:53.1 Coach: Sean Smith
2:28:34	2023 @ NCAA D-I West Regional (Sacramento, CA) Soca 29:02.0, Medveds 29:21.2, Valincius 29:44.7, Van Niekerk 30:11.9, Reynaga 30:13.8 Coach: Adam Tribble
2:29:03	2024 @ DI Nationals (Madison, WI) Redouane 29:18.8, Soca 29:22.0, Abdala 29:52.8, Marin 29:59.3, Guzman 30:30.3 Coach: Sean Smith
2:32:55	2016 @ Billings, MT (NCAA D-II West Regional) Hartzenberg 29:59.9, Bedard 30:21.6, Detourbe 30:23.9, Messmer 31:02.5, Lowrie 31:06.8 Coach: Ben Gall
2:28:34	2023 @ DI Nationals (Charlottesville, VA) Medveds 30:01.2, Soca 30:26.7, Valincius 30:31.8, Reynaga 30:57.5, Campos 30:58.6 Coach: Adam Tribble
2:35:25	2016 @ Billings, MT (NCAA D-II West Regional) Robert 30:41.09, Kipkorir 31:03.63, Emerson 31:05.46, Lozano 31:17.23, Ernst 31:18.46 Coach: Ben Gall
2:37:14	2014 @ Monmouth, OR (NCAA D-II West Regional) Robert 30:38.89, Perillat 31:27.86, El-Hajjami 31:32.12, Emerson 31:38.83, Hines 31:56.65 Coach: Ben Gall
2:40:39	2016 @ St. Leo, FL (NCAA D-II Championship) Robert 31:00.7, Emerson 32:06.3, Lowrie 32:19.2, Messmer 32:36.6, Ernst 32:36.9 Coach: Ben Gall
2:40:47	2017 @ Evansville, IN (NCAA D-II Championship) Hartzenberg 31:32.8, Bedard 31:48.3, Detourbe 32:10.8, Messmer 32:33.1, Lowrie 32:42.9 Coach: Ben Gall
2:41:02	2014 @ Billings, MT (NCAA D-II West Regional) Guske 31:10.36, El-Hajjami 31:57.75, Reim 32:11.06, Robert 32:48.35, Hernandez 32:54.83 Coach: Ben Gall
2:45:24	2014 @ Louisville, KY (NCAA D-II Championship*) El-Hajjami 32:19.0, Robert 32:58.0, Reim 33:10.5, Guske 33:13.2, Hernandez 33:44.0 Coach: Ben Gall

All-Time Women's Top Team Performances (6K)

1:39:30	2022 @ Seattle, WA (NCAA D-I West Regional) Petrova 19:27.9, Porcher 19:55.3, Mate 20:01.2, Karinauskaite 20:01.4, Dzialoszewska 20:04.9 Coach: Adam Tribble
1:40:01	2023 @ DI West Regionals (Sacramento, CA) Karinauskaite 19:12.4, Petrova 19:34.1, Mikszuta 20:12.9, Trave 20:19.7, Dzialoszewska 20:41.4 Coach: Adam Tribble
1:41:56	2022 @ Nacogdoches, TX (WAC Championships) Petrova 20:03.5, Karinauskaite 20:13.2, Rodes 20:26.6, Porcher 20:33.6, Mate 20:39.6 Coach: Adam Tribble
1:42:42.3	2021 @ Riverside, CA (WAC Championships) Karinauskaite 19:50.9, Petrova 20:22.1, Hazuchova 20:39, Viljoen 20:55.1, Mate 20:55.2 Coach: Adam Tribble
1:42:50	2019 @ Riverside, CA (UCR Invitational) Renaud 20:25.2, Mate 20:26.04, Ladanyi 20:34.83, Afonso 20:41.71, Kolbeinsdottir 20:42.43 Coach: Adam Tribble
1:42:57	2024 @ UCR Invite Dyck 20:09.2, Petrova 20:17.7, Pinar 20:45.5, Bliujute 20:48.0, Visnevskyte 20:56.4 Coach: Sean Smith
1:42:58	2023 @ DI Nationals (Charlottesville, VA) Karinauskaite 19:39.4, Petrova 20:08.2, Mikszuta 20:49.3, Trave 21:04.9, Refas 21:16.6 Coach: Adam Tribble
1:43:09	2023 @ WAC Championships (Abilene, TX) Karinauskaite 19:49.8, McLaughlin 20:24.2, Trave 20:47.1, Petrova 20:58.5, Mikszuta 21:09.2 Coach: Adam Tribble
1:43:22	2021 @ Riverside, CA (UC Riverside Invitational) Karinauskaite 20:19, Mate 20:38.9, Petrova 20:44.3, Viljoen 20:44.7, Hazuchova 20:54.7 Coach: Adam Tribble
1:43:44	2018 @ Riverside, CA (UC Riverside Invitational) Somogyi 20:19.8, Orrock 20:38.3, Mate 20:39.2, Renaud 21:03.8, Iznerowicz 21:03.8 Coach: Adam Tribble
1:44:13.1	2022 @ Stillwater, OK (Weis-Crockett Invite) Petrova 20:22.3, Karinauskaite 20:38.4, Porcher 21:01.4, Rodes 21:10.8, Mate 21:22.2 Coach: Adam Tribble
1:44:34	2023 @ Nuttycombe Inv, (Madison, WI) McLaughlin 20:32.3, Petrova 20:36.6, Karinauskaite 20:45.0, Mikszuta 20:54.8, Gosek 21:24.6 Coach: Adam Tribble

2014 NCAA Championship was a 9.65K

YEAR-BY-YEAR RESULTS

		Women			Men		
Year	Coach	Conf. Finish	Region Finish	National Finish	Conf. Finish	Region Finish	National Finish
1995	Jeff Potter	--	--	--	6th	--	--
1996	Jeff Potter	7th	--	--	7th	--	--
1997	Irv Ray	--	--	--	--	--	--
1998	Irv Ray	1st	--	9th	5th	--	23rd
1999	Irv Ray	1st	--	10th	5th	--	10th
2000	Irv Ray	1st	--	8th	3rd	--	16th
2001	Irv Ray	1st	1st	3rd	7th	8th	--
2002	Bill Donald	--	--	--	8th	--	--
2003	Bill Donald	9th	14th	--	7th	11th	--
2004	Bill Donald/Mark Campbell	10th	--	--	9th	--	--
2008	Wade Watkins	--	--	--	7th	--	--
2009	Wade Watkins	2nd	--	--	7th	--	--
2010	Wade Watkins	3rd	--	--	5th	--	--
2011	Sean Henning	1st	--	3rd*	1st	--	2nd*
2012	Ben Gall	1st	--	3rd*	2nd	--	4th*
2013	Ben Gall	1st	5th	22nd	3rd	9th	--
2014	Ben Gall	1st	6th	9th	1st	5th	24th
2015	Ben Gall	1st	4th	26th	1st	8th	--
2016	Ben Gall	1st	6th	9th	1st	5th	15th
2017	Ben Gall	1st	1st	3rd	1st	2nd	5th
2018	Adam Tribble	1st	--	--	5th	--	--
2019	Adam Tribble	1st	--	--	2nd	--	--
2020 [^]	Adam Tribble	1st	--	--	1st	--	--
2021	Adam Tribble	2nd	--	--	1st	--	--
2022	Adam Tribble	1st	5th	29th	1st	5th	--
2023	Adam Tribble	2nd	4th	17th	1st	4th	16th
2024	Sean Smith	2nd	10th	--	1st	4th	13th

Note: CBU also field a men's cross country team in the late 1960s. However, results from those teams do not currently exist. There was no NAIA Region II meet after 2007.

*CBU competed in the National Christian College Athletic Association during its transition to the NCAA from NAIA in 2011 and 2012, and was ineligible for regional and national championships as it transition to Division I from 2018-21.

[^]The 2020 cross country season took place in the winter of 2021 after the season was postponed due to the COVID-19 pandemic.



DII NATIONAL/REGIONAL CHAMPIONSHIP HISTORY (NCAA ERA)

MEN**WOMEN****INDIVIDUAL NCAA DIVISION II ALL-AMERICANS (4)****2017 (2)**

Place	Individual	Time
20th	McMarshal Hartzenberg	31:32.08
31st	Simon Bedard	31:48.30

2016 (1)

Place	Individual	Time
24th	Valentin Robert	31:00.70

2013 (1)

Place	Individual	Time
36th	Bryton Reim	31:12.30

NATIONAL NCAA DIVISION II TEAM FINISHES

2017	5th of 32	229 points
2016	15th of 32	377 points
2014	24th of 32	655 points
2013	22nd of 32	561 points

INDIVIDUAL NCAA DIVISION II ALL-WEST REGION (8)**2017 (3)**

Place	Individual	Time
3rd	McMarshal Hartzenberg	29:59.89
9th	Simon Bedard	30:21.56
11th	Pierre-Louis Detourbe	30:23.81

2016 (1)

Place	Individual	Time
18th	Valentin Robert	30:41.09

2015 (1)

Place	Individual	Time
22nd	Valentin Robert	30:38.89

2014 (1)

Place	Individual	Time
9th	Taylor Guske	31:10.36

2013 (2)

Place	Individual	Time
7th	Bryton Reim	31:56.00
13th	Tyler Dutchover	32:25.00

NCAA DIVISION II WEST REGIONAL FINISHES

2017	2nd of 27	84 points
2016	5th of 25	156 points
2015	8th of 23	243 points
2014	5th of 23	208 points
2013	5th of 18	150 points

INDIVIDUAL NCAA DIVISION II ALL-AMERICANS (4)**2017 (3)**

Place	Individual	Time
5th	Emeline Delanis	20:57.60
17th	Anett Somogyi	21:27.00
30th	Caroline Barkechir	21:36.80

2016 (1)

Place	Individual	Time
39th	Katie Deimling	21:30.10

NATIONAL NCAA DIVISION II TEAM FINISHES

2017	3rd of 32	148 points
2016	9th of 32	274 points
2015	26th of 32	625 points

INDIVIDUAL NCAA DIVISION II ALL-WEST REGION (10)**2017 (4)**

Place	Individual	Time
2nd	Anett Somogyi	21:04.41
3rd	Emeline Delanis	21:08.55
11th	Fruzsina Ladanyi	21:32.68
24th	Caroline Barkechir	21:49.94

2016 (2)

Place	Individual	Time
19th	Katie Deimling	22:00.51
22nd	Leanda du Bruyn	22:02.89

2015 (1)

Place	Individual	Time
12th	Caroline Barkechir	21:35.59

2014 (2)

Place	Individual	Time
2nd	Caroline Barkechir	21:12.11
9th	Veronica Hall	21:37.99

2013 (1)

Place	Individual	Time
15th	Natalie Ball	22:41.00

NCAA DIVISION II WEST REGIONAL FINISHES

2017	1st of 30	68 points
2016	6th of 30	185 points
2015	4th of 28	203 points
2014	8th of 24	196 points
2013	9th of 23	265 points

NATIONAL/REGIONAL CHAMPIONSHIP HISTORY (DI ERA)

MEN**INDIVIDUAL NCAA DIVISION I ALL-AMERICANS (2)**
2024 (2)

Place	Individual	Time
26th	Zouhair Redouane	29:18.8
33rd	Valentin Soca	29:22.0

NATIONAL NCAA DIVISION I TEAM FINISHES

2024	13th of 31	387 points
2023	16th of 31	430 points

INDIVIDUAL NCAA DIVISION I ALL-WEST REGION (7)**2024 (3)**

Place	Individual	Time
3rd	Valentin Soca	29:09.1
12th	Zouhair Redouane	29:18.2
19th	Daniel Abdala	29:30.2

2023 (3)

Place	Individual	Time
3rd	Valentin Soca	29:02.0
9th	Arturs Medveds	29:21.2
23rd	Giedrius Valincius	29:44.7

2022 (1)

Place	Individual	Time
14th	Giedrius Valincius	28:48.8

NCAA DIVISION I WEST REGIONAL FINISHES

2024	4th of 31	99 Points
2023	2nd of 27	84 points
2022	4th of 29	125 points

WEST REGION MEN'S COACH OF THE YEAR

2024	Sean Smith
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WOMEN**INDIVIDUAL NCAA DIVISION I ALL-AMERICANS (1)**
2023 (1)

Place	Individual	Time
17th	Greta Karinauskaite	19:39.4

NATIONAL NCAA DIVISION I TEAM FINISHES

2022	29th of 31	659 points
2023	17th of 31	414 points

INDIVIDUAL NCAA DIVISION I ALL-WEST REGION (4)**2024 (1)**

Place	Individual	Time
24th	Ava Dyck	20:10.4

2023 (2)

Place	Individual	Time
2nd	Greta Karinauskaite	19:12.4
8th	Yasna Petrova	19:34.1

2022 (1)

Place	Individual	Time
5th	Yasna Petrova	19:27.9

NCAA DIVISION I WEST REGIONAL FINISHES

2022	5th of 35	150 points
2023	4th of 37	126 points
2024	10th of 39	317 points

NATIONAL CHAMPIONSHIP HISTORY (NCCAA ERA)

MEN**INDIVIDUAL NCCAA ALL-AMERICANS (5)****2012 (2)**

Place	Individual	Time
7th	Talal Khan	25:22.44
12th	Chris Cline	26:01.94

2011 (3)

Place	Individual	Time
9th	Mitchell Moore	26:13.83
14th	Sergio Rodriguez	26:27.02
15th	Chris Cline	26:31.46

NATIONAL NCCAA TEAM FINISHES

2012	3rd of 39	84 points
2011	3rd of 30	82 points



Talal Khan
7th Place at 2012 NCCAAs

WOMEN**INDIVIDUAL NCCAA CHAMPIONS (1)**

2012	Jennifer Mallen	17:43.20
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INDIVIDUAL NCCAA ALL-AMERICANS (5)**2012 (2)**

Place	Individual	Time
1st	Jennifer Mallen	17:43.20
13th	Natalie Ball	18:41.90

2011 (3)

Place	Individual	Time
6th	Ashlee Cervantes	18:46.57
11th	Malaysia Alexander	18:58.19
13th	Naomi Van Setten	18:59.67

NATIONAL NCCAA TEAM FINISHES

2012	4th of 35	121 points
2011	2nd of 25	75 points



Jennifer Mallen
2012 NCCAA Champion

CBU AT THE NAIA CHAMPIONSHIPS

Men's NAIA Championship Meet Appearances

1998	Kenosha, Wisc.	9th
	Champion - Life (Ga.)	
	James Adams 25:53, Ricardo Valenzuela 26:03, Ricky Etheridge 26:16, Eric Shirley 26:29, Jayson Swigart 26:35	
	Time: 2:11.16	Coach: Irv Ray
1999	Kenosha, Wisc.	10th
	Champion - Life (Ga.)	
	Ricky Etheridge 25:07, Ricardo Valenzuela 25:09, Ricardo Godoy 25:55, Eric Shirley 26:42, Brian Wardell 27:14	
	Time: 2:10.07	Coach: Irv Ray
2000	Kenosha, Wisc.	8th
	Champion - Life (Ga.)	
	Gabriel Hernandez 26:03, Ricardo Godoy 26:21, Albar Inzunza 26:27, Eric Shirley 27:11, Irving Moreno 27:22	
	Time: 2:13.24	Coach: Irv Ray
2001	Kenosha, Wisc.	3rd
	Champion - Life (Ga.)	
	Gabriel Hernandez 25:19, Brian Wardell 26:02, Albar Inzunza 26:26, Irving Moreno 26:47, Tyler Jones 26:58	
	Time: 2:11.33	Coach: Irv Ray
2009	Fort Vancouver, Wash.	
	Champion - Malone (Ohio)	
	Javier Madrid (27:09) - 174th	Coach: Wade Watkins

Women's NAIA Championship Meet Appearances

1998	Kenosha, Wisc.	23rd
	Champion - Simon Fraser (B.C.)	
	Crystal Ricardez 19:08, Lorita Leonhardt 19:35, Andrea Craddick 19:50, Gelina Hall 20:50, Angela Evans 21:05	
	Time: 1:40.28	Coach: Irv Ray
1999	Kenosha, Wisc.	10th
	Champion - Malone (Ohio)	
	Lorita Leonhardt 19:02, Michelle Umana 19:12, Crystal Ricardez 19:33, Tawny Halverson 19:34, Andrea Craddick 19:35	
	Time: 1:36.56	Coach: Irv Ray
2000	Kenosha, Wisc.	16th
	Champion - Concordia (Calif.)	
	Lorita Leonhardt 19:14, Crystal Ricardez 19:57, Kelly Sill 20:48, Amber Tarango 20:54, Tawny Halverson 20:55	
	Time: 1:41.48	Coach: Irv Ray

All-Americans

2001	Gabriel Hernandez
	Brian Wardell
2000	Gabriel Hernandez
1999	Ricardo Etheridge
	Ricardo Valenzuela



Javier Madrid

CONFERENCE HONORS & AWARDS

MEN

COACHES OF THE YEAR (13)

WAC

2024-- Sean Smith
2023-- Adam Tribble
2021 -- Adam Tribble
2020 -- Adam Tribble

PACWEST

2017 -- Ben Gall
2016 -- Ben Gall
2015 -- Ben Gall
2014 -- Ben Gall
2013 -- Ben Gall
2012 -- Ben Gall
2011 -- Sean Henning

GSAC

2000 -- Irv Ray
1999 -- Irv Ray

ATHLETES/RUNNERS OF THE YEAR (6)

WAC

2023- Arturs Medveds
2021 -- Florian Le Pallec
2020 -- Giedrius Valincius

PACWEST

2017 -- McMarshal Hartzenberg
2014 -- Talyor Guske
2013 -- Bryton Reim

FRESHMEN OF THE YEAR (6)

WAC

2024- Zouhair Redouane
2023- Valentin Soca
2019 -- Zlatko Kozuhar

PACWEST

2017 -- McMarshal Hartzenberg
2015 -- Ken Kipkorir
2011 -- Trevor Henson

NEWCOMERS OF THE YEAR (4)

PACWEST

2017 -- Pierre-Louis Detourbe
2013 -- Bryton Reim
2012 -- Talal Khan
2011 -- Mitchell Moore

WOMEN

COACHES OF THE YEAR (7)

WAC

2020 -- Adam Tribble
2019 -- Adam Tribble
2018 -- Adam Tribble

PACWEST

2017 -- Ben Gall
2016 -- Ben Gall (co)
2015 -- Ben Gall
2014 -- Ben Gall

ATHLETES/RUNNERS OF THE YEAR (6)

WAC

2023- Greta Karinauskaite
2020 -- Anna Mate
2019 -- Anett Somogyi
2018 -- Anett Somogyi

PACWEST

2017 -- Emeline Delanis
2016 -- Anett Somogyi

FRESHMEN OF THE YEAR (7)

WAC

2021 -- Greta Karinauskaite
2020 -- Greta Karinauskaite
2019 -- Andrea Kolbeinsdottir
2018 -- Karolina Iznerowicz

PACWEST

2016 -- Anett Somogyi
2013 -- Kim Rabenstein
2012 -- Bethany Bilton

NEWCOMERS OF THE YEAR (2)

PACWEST

2012 -- Jennifer Mallen
2011 -- Ashlee Cervantes

CONFERENCE CHAMPIONSHIP HISTORY (WAC ERA)

MEN**INDIVIDUAL WAC CHAMPIONS (4)**

2023	Arturs Medveds.....	23:38.0
2022	Said Mechaal.....	22:58.6
2021	Florian Le Pallec.....	23:18.50
2020	Giedrius Valincius.....	24:28.40

INDIVIDUAL ALL-WAC FINISHES (35)

2024 (8) Place	Individual.....	Time
<i>First Team</i>		
3rd	Zouhair Redouane.....	23:20.77
4th	Valentin Soca.....	23:21.69
5th	Daniel Abdala.....	23:36.21
6th	Pedro Marin.....	23:36.25
<i>Second Team</i>		
11th	Victor Rosas.....	23:52.57
15th	Gabriel Guzman.....	24:05.59
16th	Massimiliano Berti.....	24:06.34
19th	Ernesto Ruiz.....	24:15.48

2023 (7) Place	Individual.....	Time
<i>First Team</i>		
1st	Arturs Medveds.....	23:37.9
2nd	Giedrius Valincius.....	23:38.0
3rd	Valentin Soca.....	23:38.1
4th	Matias Reynaga.....	23:42.7
7th	Rikus Van Niekerk.....	23:54.8
<i>Second Team</i>		
13th	Pedro Marin.....	24:23.6
17th	Joaquin Campos.....	24:36.4

2022 (7) Place	Individual.....	Time
<i>First Team</i>		
1st	Said Mechaal.....	22:58.6
2nd	Giedrius Valincius.....	23:08.1
3rd	Arturs Medveds.....	23:12.4
5th	Florian Le Pallec.....	23:19.7
<i>Second Team</i>		
12th	Rikus Van Niekerk.....	23:49.9
16th	Zlatko Kozuhar.....	24:04.6
19th	Massimiliano Berti.....	24:13.6

2021 (8) Place	Individual.....	Time
<i>First Team</i>		
1st	Florian Le Pallec.....	23:18.50
2nd	Iyo Balabanov.....	23:35.60
3rd	Giedrius Valincius.....	23:51.00
4th	Arturs Medveds.....	23:57.80
5th	Said Mechaal.....	23:58.1
<i>Second Team</i>		
13th	Rikus Van Niekerk.....	24:23.80
17th	Matias Reynaga.....	24:35.70
18th	Tyler Tickner.....	24:36.90

2020 (8) Place	Individual.....	Time
<i>First Team</i>		
1st	Giedrius Valincius.....	24:28.40
2nd	Luis Chavez.....	24:39.30
4th	Florian Le Pallec.....	24:46.40
7th	Cameron Hylton.....	24:50.20
<i>Second Team</i>		
9th	Rikus Van Niekerk.....	25:01.70
11th	Zlatko Kozuhar.....	25:07.80
12th	McMarshall Hartzenberg.....	25:11.50
13th	Roman Zozulia.....	25:12.80

2019 (4) Place	Individual.....	Time
<i>First Team</i>		
4th	McMarshall Hartzenberg.....	25:15.35
5th	Zlatko Kozuhar.....	25:15.39
6th	Manuel Peris Bruno.....	25:15.44
7th	Giedrius Valincius.....	25:17.39

WAC TEAM FINISHES

2024	1st of 9.....	29 points
2023	1st of 11.....	17 points
2022	1st of 13.....	23 points
2021	1st of 13.....	15 points
2020	1st of 8.....	23 points
2019	2nd of 8.....	47 points
2018	5th of 8.....	106 points

WOMEN**INDIVIDUAL WAC CHAMPIONS (4)**

2023	Greta Karinauskaite.....	19:49.9
2020	Anna Mate.....	20:53.20
2019	Anett Somogyi.....	21:18.00
2018	Anett Somogyi.....	20:52.00

INDIVIDUAL ALL-WAC FINISHES (35)

2023 (8) Place	Individual.....	Time
<i>First Team</i>		
8th	Yasna Petrova.....	20:32.62
10th	Ava Dyck.....	20:42.42
<i>Second Team</i>		
12th	Sini-Sofia Rajaniemi.....	20:51.75
15th	Karolina Bluijute.....	21:15.06
19th	Ceyda Pinar.....	21:31.70
20th	Eleonara Visnevskyte.....	21:33.0

2023 (8) Place	Individual.....	Time
<i>First Team</i>		
1st	Greta Karinauskaite.....	19:49.9
3rd	Grace McLaughlin.....	20:24.2
8th	Marina Trave.....	20:47.1
<i>Second Team</i>		
11th	Yasna Petrova.....	20:58.5
13th	Emilia Mikszuta.....	21:09.2
15th	Carlota Rodes.....	21:15.4
17th	Abir Refas.....	21:18.6
18th	Maja Dzialoszewska.....	21:23.1

2022 (6) Place	Individual.....	Time
<i>First Team</i>		
2nd	Yasna Petrova.....	20:03.5
3rd	Greta Karinauskaite.....	20:13.2
5th	Carlota Rodes.....	20:26.6
6th	Maele Porcher.....	20:33.6
8th	Anna Mate.....	20:39.6
<i>Second Team</i>		
13th	Maja Dzialoszewska.....	20:51.6
20th	Emilia Mikszuta.....	21:07.5

2021 (5) Place	Individual.....	Time
<i>First Team</i>		
2nd	Greta Karinauskaite.....	19:50.90
5th	Yasna Petrova.....	20:22.1
7th	Liza Hazuchova.....	20:39.0
<i>Second Team</i>		
13th	Anneken Viljoen.....	20:55.10
14th	Anna Mate.....	20:55.20

2020 (6) Place	Individual.....	Time
<i>First Team</i>		
1st	Anna Mate.....	20:53.20
3rd	Greta Karinauskaite.....	21:07.20
6th	Emilie Renaud.....	21:27.00
7th	Emilia Mikszuta.....	21:30.80
<i>Second Team</i>		
9th	Cynthia Martin.....	21:51.90
10th	Daan Haven.....	21:52.50

2019 (6) Place	Individual.....	Time
<i>First Team</i>		
1st	Anett Somogyi.....	21:18.00
2nd	Anna Mate.....	21:28.66
3rd	Andrea Kolbeinsdottir.....	21:31.46
4th	Fruzsina Ladanyi.....	21:34.04
5th	Emilie Renaud.....	21:35.02
<i>Second Team</i>		
12th	Karolina Iznerowicz.....	21:58.79

2018 (4) Place	Individual.....	Time
<i>First Team</i>		
1st	Anett Somogyi.....	20:52.00
3rd	Karolina Iznerowicz.....	20:57.40
5th	Fruzsina Ladanyi.....	21:00.00
<i>Second Team</i>		
8th	Anna Mate.....	21:02.10

WAC TEAM FINISHES

2024	2nd of 9.....	63 points
2023	2nd of 11.....	36 points
2022	1st of 13.....	24 points
2021	2nd of 13.....	41 points
2020	1st of 7.....	25 points
2019	1st of 9.....	15 points
2018	1st of 9.....	33 points

CONFERENCE CHAMPIONSHIP HISTORY (PACWEST ERA)

MEN**INDIVIDUAL PACWEST CHAMPIONS (4)**

2017	McMarshal Hartzenberg.....	24:53.70
2014	Taylor Guske.....	24:49.98
2013	Bryton Reim.....	26:00.40
2012	Talal Khan.....	25:39.10

INDIVIDUAL ALL-PACWEST FINISHES (49)**2017 (8)****Place Individual.....Time**

<i>First Team</i>		
1st	McMarshal Hartzenberg.....	24:53.70
4th	Pierre-Louis Detourbe.....	25:19.80
5th	Simon Bedard.....	25:34.40
6th	Jayden Emerson.....	25:39.00
<i>Second Team</i>		
8th	Dennis Messmer.....	25:43.60
9th	Michael Lowrie.....	25:44.80
<i>Third Team</i>		
16th	Jacob Boatman.....	26:12.50
17th	Micro Zenzen.....	26:15.30

2016 (8)**Place Individual.....Time**

<i>First Team</i>		
2nd	Valentin Robert.....	27:09.51
5th	Ken Kipkorir.....	27:35.48
6th	Dennis Messmer.....	27:48.32
7th	Jayden Emerson.....	28:02.58
<i>Second Team</i>		
8th	Anthony Lozano.....	28:03.09
10th	Michael Lowrie.....	28:11.47
13th	Micro Zenzen.....	28:23.45
<i>Third Team</i>		
19th	William Ernst.....	28:42.14

2015 (9)**Place Individual.....Time**

<i>First Team</i>		
2nd	Valentin Robert.....	24:36.54
6th	Abdel El-Hajjami.....	25:05.11
<i>Second Team</i>		
8th	Ken Kipkorir.....	25:19.77
10th	Tyre Hines.....	25:21.41
12th	Bismarck Kipkilach.....	25:28.00
13th	Jayden Emerson.....	25:29.99
14th	Dennis Messmer.....	25:31.11
<i>Third Team</i>		
17th	Anthony Lozano.....	25:33.32
19th	William Ernst.....	25:36.24

2014 (6)**Place Individual.....Time**

<i>First Team</i>		
1st	Taylor Guske.....	24:49.98
2nd	Abdel El-Hajjami.....	24:59.71
6th	Valentin Robert.....	25:27.56
<i>Second Team</i>		
10th	Bryton Reim.....	25:40.24
11th	Hector Hernandez.....	25:41.04
<i>Third Team</i>		
17th	Lucas Graham.....	26:00.56

2013 (5)**Place Individual.....Time**

<i>First Team</i>		
1st	Bryton Reim.....	26:00.40
2nd	Sergio Rodriguez.....	26:31.50
4th	Tyler Dutchover.....	26:50.00
<i>Second Team</i>		
9th	Mitchell Moore.....	27:23.00
<i>Third Team</i>		
21st	Taylor Guske.....	27:47.30

2012 (6)**Place Individual.....Time**

<i>First Team</i>		
1st	Talal Khan.....	25:39.10
5th	Chris Cline.....	26:21.65
7th	Mark Langworthy.....	26:29.45
<i>Second Team</i>		
12th	Joshua Massey.....	26:51.70
<i>Third Team</i>		
15th	Trevor Henson.....	27:05.10
20th	Lucas Graham.....	27:31.20

2011 (7)**Place Individual.....Time**

<i>First Team</i>		
5th	Mitchell Moore.....	24:54.10
7th	Mark Langworthy.....	25:05.00
<i>Second Team</i>		
8th	Victor Delgado.....	25:10.50
10th	Sergio Rodriguez.....	25:21.20
11th	Trevor Henson.....	25:22.30
13th	Chris Cline.....	25:39.30
14th	Javier Madrid.....	25:42.20

PACWEST TEAM FINISHES

2017	1st of 12.....	24 points
2016	1st of 11.....	28 points
2015	1st of 12.....	30 points
2014	1st of 11.....	30 points
2013	1st of 11.....	37 points
2012	1st of 13.....	40 points
2011	1st of 9.....	41 points

CONFERENCE CHAMPIONSHIP HISTORY (PACWEST ERA)

WOMEN**INDIVIDUAL PACWEST CHAMPIONS (2)**

2017	Emeline Delanis.....	21:11.30
2016	Anett Somogyi.....	23:08.31

INDIVIDUAL ALL-PACWEST FINISHES (44)**2017 (9)****Place Individual Time**

<i>First Team</i>		
1st	Emeline Delanis.....	21:11.30
2nd	Anett Somogyi.....	21:28.80
5th	Kate Robinson.....	21:50.80
6th	Fruzsina Ladanyi.....	21:50.90
<i>Second Team</i>		
8th	Katie Deimling.....	21:54.00
10th	Leanda du Bruyn.....	21:57.80
12th	Caroline Barkechir.....	22:12.90
14th	Berenice Cleyet-Merle.....	22:17.40
<i>Third Team</i>		
21st	Kim Rabenstein.....	22:32.80

2016 (9)**Place Individual Time**

<i>First Team</i>		
1st	Anett Somogyi.....	23:08.31
3rd	Katie Deimling.....	23:24.70
4th	Fruzsina Ladanyi.....	23:33.60
7th	Claire Rainey.....	24:22.00
<i>Second Team</i>		
8th	Emeline Delanis.....	24:24.00
11th	Leanda du Bruyn.....	24:32.90
12th	Berenice Cleyet-Merle.....	24:33.40
<i>Third Team</i>		
15th	Kate Robinson.....	24:40.00
18th	Charlie Davidson.....	25:02.70

2015 (7)**Place Individual Time**

<i>First Team</i>		
2nd	Caroline Barkechir.....	21:21.99
6th	Berenice Cleyet-Merle.....	21:43.10
<i>Second Team</i>		
9th	Claire Rainey.....	21:54.83
11th	Emeline Delanis.....	22:01.91
<i>Third Team</i>		
16th	Kim Rabenstein.....	22:23.02
17th	Katie Deimling.....	22:23.86
20th	Alana Enabnit.....	22:32.84

2014 (4)**Place Individual Time**

<i>First Team</i>		
2nd	Caroline Barkechir.....	21:29.81
3rd	Veronica Hall.....	21:32.10
<i>Second Team</i>		
12th	Alicia Williams.....	22:32.78
<i>Third Team</i>		
17th	Katie Deimling.....	23:05.57

2013 (5)**Place Individual Time**

<i>First Team</i>		
5th	Natalie Ball.....	18:00.50
6th	Kim Rabenstein.....	18:04.60
<i>Second Team</i>		
10th	Naomi Van Setten.....	18:23.80
11th	Alexandra Vukov.....	18:28.40
<i>Third Team</i>		
19th	Jessica Malagon.....	18:41.20

2012 (4)**Place Individual Time**

<i>First Team</i>		
3rd	Jennifer Mallen.....	18:32.00
<i>Second Team</i>		
14th	Rebecca Asplund.....	19:37.70
<i>Third Team</i>		
15th	Natalie Ball.....	19:37.95
20th	Bethany Bilton.....	19:41.00

2011 (6)**Place Individual Time**

<i>First Team</i>		
4th	Ashlee Cervantes.....	18:30.70
5th	Lynnea Sjoerdsma.....	18:44.70
6th	Malaysia Alexander.....	18:48.50
7th	Jacquie Lutz.....	19:02.00
<i>Second Team</i>		
8th	Bethany Bilton.....	19:03.10
10th	Naomi Van Setten.....	19:09.60

PACWEST TEAM FINISHES

2017	1st of 12.....	22 points
2016	1st of 14.....	23 points
2015	1st of 14.....	44 points
2014	1st of 13.....	56 points
2013	3rd of 13.....	51 points
2012	2nd of 14.....	74 points
2011	1st of 9.....	30 points

ALL-TIME GSAC CHAMPIONS

**Men's GSAC Champions**

Year	Team Champion	CBU Place	Individual Champ	Time
2010	The Master's	3rd	Abednego Magut, Azusa Pacific	24:11
2009	Westmont	2nd	Abednego Magut, Azusa Pacific	24:38
2008	Azusa Pacific	--	Aron Rono, Azusa Pacific	23:57
2007	Concordia	--	Aron Rono, Azusa Pacific	24:11
2006	Concordia	--	Aron Rono, Azusa Pacific	24:21
2005	Concordia	--	Humberto Rojas, Vanguard	26:01
2004	Azusa Pacific	10th	Brian Baker, Biola	25:28
2003	Azusa Pacific	9th	Brian Baker, Biola	25:25
2002	Azusa Pacific	--	Jason Finch, Westmont	24:57
2001	CBU	1st	Gabriel Hernandez, CBU	24:43
2000	CBU	1st	Carlos Verez, Point Loma Nazarene	24:24
1999	CBU	1st	Oliver Mintzlafl, Concordia	25:01
1998	CBU	1st	Ricardo Etheridge, CBU	25:59
1997	Westmont	--	Jaime Martinez, Azusa Pacific	25:10
1996	Azusa Pacific	7th	Jaime Martinez, Azusa Pacific	25:27
1995	Azusa Pacific	--	John Gachau, Azusa Pacific	24:19
1994	Azusa Pacific	--	John Gachau, Azusa Pacific	25:40
1993	Azusa Pacific	--	Tony Bergman, Azusa Pacific	25:40
1992	Point Loma Nazarene	--	Robert Keter, Point Loma Nazarene	26:05
1991	Point Loma Nazarene	--	Robert Keter, Point Loma Nazarene	25:45
1990	Point Loma Nazarene	--	Sean O'Hara, Point Loma Nazarene	25:41
1989	Point Loma Nazarene	--	Goshu Tadese, Point Loma Nazarene	26:23
1988	Point Loma Nazarene	--	Ronny Anderson, Point Loma Nazarene	27:16
			Goshu Tadese, Point Loma Nazarene	27:16
1987	Westmont	--	Jess Llanez, Fresno Pacific	24:33
1986	Westmont	--	Art Castle, Cal Lutheran	25:23

Women's GSAC Champions

Year	Team Champion	CBU Place	Individual Champ	Time
2010	Biola	5th	Poppy Lawman	17:31
2009	Azusa Pacific	7th	Jacky Kipwambok, Azusa Pacific	17:14
2008	Azusa Pacific	7th	Jacky Kipwambok, Azusa Pacific	17:00
2007	Azusa Pacific	--	Jacky Kipwambok, Azusa Pacific	17:47
2006	Concordia	--	Grace Jepngetich, Vanguard	17:30
2005	Concordia	--	Natalie Perkins, Concordia	18:17
2004	Azusa Pacific	9th	Brianna Carstensen, Azusa Pacific	18:26
2003	Azusa Pacific	7th	Brianna Carstensen, Azusa Pacific	18:18
2002	Azusa Pacific	8th	Brianna Carstensen, Azusa Pacific	18:25
2001	Azusa Pacific	7th	Berenice Carbajal, Concordia	18:36
2000	Concordia	3rd	Latesha Jones, Azusa Pacific	17:40
1999	Concordia	5th	Chrystall DeNaeyer, Azusa Pacific	18:18
1998	Westmont	5th	Autumn Glynn, Westmont	18:26
1997	Westmont	--	Heather McDowell, Westmont	18:38
1996	Westmont	7th	Julie Hassan, Westmont	18:28
1995	Westmont	6th	Miriam Niednagel, Westmont	17:41
1994	Azusa Pacific	--	Miriam Niednagel, Westmont	18:58
1993	Westmont	--	Genevieve Graff-Ermeling, Concordia	17:51
1992	Westmont	--	Guadalupe Ambriz, Point Loma Nazarene	19:25
1991	Westmont	--	Michelle Lubinsky, Westmont	18:35
1990	Westmont	--	Sherri Hall, So. California College	18:16
1989	Westmont	--	Genevieve Graff, Concordia	18:37
1988	Point Loma Nazarene	--	Sherri Hall, So. California College	19:40
1987	Westmont	--	Marie Carmen, Westmont	18:13
1986	Fresno Pacific	--	Judy Thomas, Azusa Pacific	18:31

AWARDS

MEN**GSAC CHAMPIONS**

1998	Ricky Etheridge (25:59)
2001	Gabriel Hernandez (24:43)

GSAC COACH OF THE YEAR

1999	Irv Ray
2000	Irv Ray

ALL-GSAC

1998	James Adams
	Ricky Etheridge
	Eric Shirley
	Ricardo Valenzuela
1999	James Adams
	Ricky Etheridge
	Ricardo Godoy
	Ricardo Valenzuela
2000	Ricardo Godoy
	Gabriel Hernandez
	Irving Moreno
	Eric Shirley
	Brian Wardell
2001	Gabriel Hernandez
	Albar Inzunza
	Irving Moreno
	Brian Wardell
2009	Javier Madrid
	Patrick Mynes
2010	Josh Massey
	Mitchell Moore
	Sergio Rodriguez

WOMEN**ALL-GSAC**

1998	Crystal Ricardez
1999	Andrea Craddick
	Lorita Leonhardt
2000	Lorita Leonhardt
	Crystal Ricardez
	Kelly Sill
2001	Francisca Flores

MEN**--- A ---**

Abdala, Daniel 2024
 Adam, Nate 2002
 Adams, James 1998, 99, 01
 Aguilar, David 2012, 13, 14, 15, 16
 Alukunyang, Mike 2017, 18
 Anderson, Dale 1960
 Atwell, James 2014, 15, 16
 Avila, Anthony 2014, 15, 16, 17

--- B ---

Balabanov, Ivo 2019, 20, 21
 Barajas, Adriel 2017, 18, 19, 20
 Barnes, Chuck 1960
 Beckett, John 1963
 Bedard, Simon 2017, 18
 Beese, Tom 1998
 Beeson, Cody 2018, 19, 20, 21
 Beimford, Zach 2012, 13, 14, 15
 Berti, Massimiliano 2021-
 Blackford, Bud 1960
 Blackie, Charles 1967
 Boatman, Jacob 2017, 18
 Brown, Maynard 1960
 Browne, Milton 1997, 98
 Browne, Nathan 1996, 97, 98, 99
 Buchanan, Stan 1968

--- C ---

Callaway, Michael 2017
 Camacho, Alberto 2011
 Campos, Joaquin 2023-
 Chavez, Luis 2020, 21
 Chism, Duane 1963
 Choe, Elliot 2014, 15, 16, 17
 Click, Adam 1999
 Cline, Chris 2009, 10, 11, 12
 Cook, Charles 1963
 Curtis, Bryan 2012

--- D ---

Davis, Scott 2016
 Delgado, Victor 2009, 10, 11, 12
 Detourbe, Pierre-Louis 2017
 Dillard, Jonathan 2011
 Donald, Bill 1996, 98
 Dowell, Mason 2018
 Dutchover, Tyler 2013, 14

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El-Hajjami 2014, 15
 Emerson, Jayden 2015, 16, 17, 18
 Ernst, William 2015, 16, 17, 18
 Etheridge, Ricardo 1997, 98, 99
 Estrada, Jorge 2013, 14, 15

--- F ---

Fletcher, Allen 2017
 Fry, Matt 2013

--- G ---

Garcia, Eric 2008, 09, 10
 Gee, Sam 1968
 Ghadery, Koby 2018, 19
 Gill, Adam 2004
 Godoy, Ricardo 1999, 2000
 Gonzales, Eduardo 2004
 Goodwin, Mike 1964
 Gordon, Alex 2014
 Gotts, Jeremiah 2013, 14, 15, 16
 Graham, Lucas 2012, 13, 14, 15
 Guske, Taylor 2013, 14
 Guzman, Gabriel 2024-

--- H ---

Hansen, Ron 1966
 Hartzenberg, McMarshall 2017, 18, 19, 20, 21
 Hawkins, Richard 1965

Heflin, John 1963, 64
 Henson, Trevor 2011, 12
 Hernandez, Gabriel 2000, 01
 Hernandez, Hector 2014
 Hernandez, Jonathan 2010
 Hernandez, Julian 2012, 13, 14, 15
 Herr, Tony 2001
 Hines, Jonathan 2003, 04
 Hines, Tyre 2014, 15
 Hisquierdo, Bob 1963
 Hite, Dave 1967
 Hodge, Howard 1965
 Horton, Rob 1967
 Hylton, Cameron 2019, 20, 21

--- I ---

Inzunza, Albar 2000, 01

--- J ---

Jones, Tyler 2001

--- K ---

Kaneversky, Townsend 2014
 Khan, Talal 2012
 Kipkilach, Bismarck 2015, 16
 KipKorir, Ken 2015, 16, 17, 18
 Knauer, Daniel 2009
 Kobz, Phil 1965, 66
 Koech, Collins 2018
 Koop, Frank 1967
 Kozuhar, Zlatko 2019-22
 Kuipers, Brenton 2008

--- L ---

Langworthy, Mark 2009, 10, 11, 12
 Le Pallec, Florian 2019, 20, 21
 Legemet, Timothy 2019
 Lockhart, Justin 1997
 Lowrie, Michael 2016, 17, 18
 Lozano, Anthony 2015, 16, 17

--- M ---

Madrid, Javier 2008, 09, 10, 11
 Marin, Pedro 2023-
 Martin, Daylon 2015
 Massey, Josh 2010, 11, 12, 13
 Mavhera, Gray 2022-
 McCall, Darrel 1967
 McCreary, Brandon 2013
 McReynolds, Evan 2022-
 Mechaal, Said 2021
 Medveds, Arturs 2019-23
 Mendoza, Johnmark 2020, 21
 Melnik, Igor 2002
 Messmer, Dennis 2015, 16, 17, 18
 Monroe, Jaren 2002, 03
 Monteon, Jonathan 2009, 10
 Moody, Bill 1967
 Moore, Mitchell 2009, 10, 11, 12, 13
 Morales, Armando 1997, 98
 Moreno, Irving 2000, 01
 Moss, Andre 1996
 Mynes, Patrick 2009

--- N ---

Napierla, Grant 2022-
 Netherton, Don 1964
 Neves, Henrique 2019, 20
 Niemi, Robert 1998, 99, 2000, 01
 Ninavia, David 2022

--- O ---

Orta, Jacob 2024-
 Ostrus, David 1998, 99
 Ostrus, Jonathan 1998, 99

--- P ---

Peralta, Hector 2018, 19
 Perez, Emilio 2004
 Perillat, Duncan 2015, 16
 Peris Bruno, Manuel 2019
 Peterson, Kody 2009, 10
 Purnell, Dick 1960

--- R ---

Redouane, Zouhair 2024
 Reim, Bryton 2012, 13, 14
 Reiser, Derek 2021
 Reynaga, Matias 2021-24
 Rhodes, Carl 1967, 68
 Rhodes, James 1965, 66, 67, 68
 Riba, Lorenzo 2024-
 Ricketts, Christian 2022
 Robert, Valentin 2014, 15, 16
 Roberts, Dale 1966
 Rodriguez, Sergio 2009, 10, 11, 12, 13
 Rojas, Alex 2009, 10
 Rojas, Manuel 2024-
 Romero, Angel 2000, 01
 Romero, Juan 2009, 10
 Rosas, Victor 2024-
 Ross, Jonah 2015, 16, 17, 18
 Rotich, Hillary 2003
 Royal, Ken 1996
 Ruiz, Ernesto 2024-

--- S ---

Sabido, Dominic 2011, 12
 Sanquist, Jeremy 2002
 Shields, Ted 1968
 Shirley, Eric 1998, 99, 2000
 Shook, B.J. 2008
 Smith, Ashley 2016
 Smith, Stephen 2003
 Soca, Valentin 2022-
 Solass, Larry 1960
 Spencer, John 1968
 Stager, Andy 2003
 Stinson, Matt 2003
 Sustayta, Miles 2012, 13
 Swann, Daniel 2012, 13, 14
 Swigart, Jason 1998

--- T ---

Taylor, Hunter 2010
 Thompson, Patrick 1996
 Tickner, Tyler 2020-23
 Tiemlinson, Don 1965
 Trefecanty, Adam 2024

--- V ---

Valenzuela, Ricardo 1997, 98, 99
 Valerio, Aris 2019
 Valincius, Giedrius 2019-23
 van der Hock, Dylan 2021-23
 Van Niekerk, Rikus 2020-23
 Voges, Josh 2004

--- W ---

Walker, Mike 1968
 Wallace, Joe 1965
 Walton, Tobin 2004
 Wardell, Brian 1999, 2000, 01
 Webb, Ken 1968
 Wilkinson, Brian 1999
 Williams, Chase 2009, 10, 11, 12
 Williams, Dennis 1963
 Williams, Garrett 2012, 13
 Wong, Nathaniel 2017, 18

--- Y ---

Young, David 1967

--- Z ---

Zenzen, Mirco 2015, 16, 17
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ALL-TIME ROSTER

Zubia, Josh.....2008, 09

WOMEN**--- A ---**

Acuna, Laura.....2024-
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Alegre, Melissa.....2004
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Andrews, Mary.....2018, 19, 20, 21
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Brown, Natasha.....2009, 10
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--- G ---

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Spencer, Lisa.....2004
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Trave, Marina.....2022-23
Trevino, Beatriz.....1995, 96, 97
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Washington, Leah.....2003, 04
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Zetsch, Kayla.....2009, 11

ACADEMIC HONORS/AWARDS

WOMEN**USTFCCAA INDIVIDUAL ALL-ACADEMIC**NCAA Division I

2023 -- Greta Karinauskaite, Yasna Petrova

2020 -- Greta Karinauskaite, Anna Mate

NCAA Division II

2017 -- Caroline Barkechir, Katie Deimling, Emeline Delanis, Leanda du Bruyn, Fruzsina Ladanyi, Kate Robinson

2016 -- Katie Deimling, Emeline Delanis, Leanda du Bruyn, Fruzsina Ladanyi, Kim Rabenstein, Kate Robinson, Anett Somogyi

2015 -- Alana Enabnit, Kim Rabenstein, Katie Deimling, Emeline Delanis

2014 -- Veronica Hall, Katie Deimling, Alicia Williams

2013 -- Natalie Ball

NAIA SCHOLAR-ATHLETES

2010 -- Jacquie Lutz

2009 -- Kristin Mellin

2001 -- Juleann Mutka

1999 -- Andrea Craddick, Michele Umana

USTFCCAA ALL-ACADEMIC TEAMSNCAA Division I

2023 -- 3.343 GPA

2020 -- 3.689 GPA

2019 -- 3.62 GPA

2018 -- 3.58 GPA

NCAA Division II

2017 -- 3.35 GPA

2016 -- 3.53 GPA

2015 -- 3.367 GPA

2014 -- 3.47 GPA

2013 -- 3.39 GPA

NCCAA SCHOLAR TEAMS

2012 -- 3.42 GPA

2011 -- 3.55 GPA

WAC ALL-ACADEMIC

2024 --- Olissa Onley, Yasna Petrova

2023 -- Maja Dzialoszewska, Karin Gosek, Greta Karinauskaite, Yasna Petrova, Marina Trave, Liliana Mlynarczyk

2022 -- Silvia De La Pena, Karin Gosek, Paige Haynes, Greta Karinauskaite, Nadia Martinez, Anna Mate, Emilia Mikszuta, Yasna Petrova, Emilie Renaud, Carlota Rodes, Anneken Viljoen

2021 -- Paige Haynes, Greta Karinauskaite, Nadia Martinez, Anna Mate, Emilie Renaud, Anneken Viljoen

2020 -- Greta Karinauskaite, Anna Mate, Emilie Renaud

2019 -- Marta Afonso Lourenco, Elin Brink, Chloe Beedy, Karolina Iznerowicz, Wiktoria Klebowska, Luz Karen Olivera, Andrea Kolbeinsdottir, Fruzsina Ladanyi, Anna Mate, Emilie Renaud, Anett Somogyi

2018 -- Mary Andrews, Karolina Iznerowicz, Fruzsina Ladanyi, Anna Mate, Natalia Novak, Emilie Renaud, Anett Somogyi

PACWEST SCHOLAR-ATHLETE OF THE YEAR

2013 -- Jennifer Mallen

PACWEST ALL-ACADEMIC

2017 -- Caronline Barkechir, Jennifer Buettner, Amelia

Czerwinska, Charlie Davidson, Katie Deimling, Emeline

Delanis, Leanda du Bruyn, Tori Dutchover, Fruzsina Ladanyi,

Natalie Novak, Micaela Pulliam, Kim Rabenstein, Kate

Robinson, Anett Somogyi, Morgan Spurlock, Alicia Williams

2016 -- Alysa Avila, Jennifer Buettner, Charlie Davidson, Katie Deimling, Emeline Delanis, Leanda du Bruyn, Tori Dutchover, Patsy Hurley, Fruzsina Ladanyi, Cammy Linger, Micaela Pulliam, Kim Rabenstein, Ashtyn Rubidoux, Kate Robinson, Anett Somogyi, Morgan Spurlock

2015 -- Alysa Avila, Caronline Barkechir, Jennifer Buettner, Charlie Davidson, Katie Deimling, Emeline Delanis, Tori Dutchover, Alana Enabnit, Emily Enns, Veronica Hall, Patsy Hurley, Millie Leitich, Cammy Linger, Kim Rabenstein, Claire Rainey, Ashtyn Rubidoux, Morgan Spurlock, Alicia Williams

2014 -- Alysa Avila, Natalie Ball, Caroline Barkechir, Charlie Davidson, Katie Deimling, Tori Dutchover, Veronica Hall, Madison Hiatt, Cammy Linger, Jessica Malagon, Ester Mueller, Georgina Pena, Kim Rabenstein, Claire Rainey, Ashtyn Rubidoux, Bethany Scherer, Morgan Spurlock, Alicia Williams

2013 -- Alysa Avila, Natalie Ball, Marisa Benson, Bethany Bilton, Kimberly Carter, Veronica Hall, Millie Leitich, Cammy Linger, Jessica Malagon, Georgina Pena, Kim Rabenstein, Ashtyn Rubidoux, Megan Smedley, Naomi Van Setten, Alexandra Vukov

2012 -- Malaysia Alexander, Natalie Ball, Kayla Beaudoin, Marisa Benson, Bethany Bilton, Kimberly Carter, Ashlee Cervantes, Hanna Ingulsrud, Jacquie Lutz, Jennifer Mallen, Georgina Pena, Jessica Reeder, Raizah Signh, Megan Smedley, Naomi Van Setten, Alexandra Vukov

2011 -- Malaysia Alexander, Kayla Beaudoin, Bethany Bilton, Kimberly Carter, Ashlee Cervantes, Hanna Ingulsrud, Jacquie Lutz, Alyssa Neimeyer, Amanda Newell, Erika Newell, Brenda Perez, Natalia Richeri, Bailee Sawyer, Lynnea Sjoerdsma, Megan Smedley, Rebecca Trupp, Naomi Van Setten, Alexandra Vukov, Kayla Zetsch

GSAC SCHOLAR-ATHLETES

2010 -- Jacquie Lutz

2009 -- Kristin Mellin

2004 -- Lydia McGinn, Leah Washington

2003 -- Melissa Garcia

2002 -- Juleann Mutka

2001 -- Juleann Mutka

1999 -- Andrea Craddick, Michele Umana

ACADEMIC HONORS/AWARDS

MEN**USTFCCAA INDIVIDUAL ALL-ACADEMIC**NCAA Division I

- 2023 — Giedrius Valincius, Arturs Medveds
 2020 — Giedrius Valincius

NCAA Division II

- 2017 — Micro Zenzen
 2016 — Anthony Lozano, Valentin Robert
 2015 — Abdel El-Hajjami, William Ernst
 2013 — Tyler Dutchover, Sergio Rodriguez, Mitchell Moore

NAIA SCHOLAR-ATHLETES

- 2001 — Rob Niemi, Brian Wardell

USTFCCAA ALL-ACADEMIC TEAMSNCAA Division I

- 2023 — 3.545 GPA
 2020 — 3.249 GPA
 2019 — 3.11 GPA
 2018 — 3.06 GPA

NCAA Division II

- 2017 — 3.2 GPA
 2016 — 3.10 GPA
 2014 — 3.07 GPA
 2013 — 3.19 GPA

WAC ALL-ACADEMIC

- 2024 --- Massimiliano Berti

- 2023 — Arturs Medveds, Giedrius Valincius, Rikus Van Niekerk

- 2022 — Massimiliano Berti, Zlatko Kozuhar, Florian Le Pallec, Said Mechaal, Arturs Medveds, Derek Reiser, Giedrius Valincius, Rikus Van Niekerk, Roman Zozulia

- 2021 — Ivo Balabanov, Cameorn Hylton, Zlatko Kozuhar, Florian Le Pallec, Giedrius Valincius, Rikus Van Niekerk, Roman Zozulia.

- 2020 — Ivo Balabanov, McMarshall Hartzenberg, Cameron Hylton, Zlatko Kozuhar, Florian Le Pallec, Giedrius Valincius, Rikus Van Niekerk

- 2019 — Cameron Hylton, Henrique Neves, Giedrius Valincius, Zlatko Kozuhar

- 2018 — Simon Bedard, Jacob Boatman, Mason Dowell, Dennis Messmer

PACWEST ALL-ACADEMIC

- 2017 — Mike Alukunyang, Simon Bedard, Jacob Boatman, Elliot Choe, Michael Lowrie, Anthony Lozano, Dennis Messmer, Jonah Ross, Micro Zenzen

- 2016 — David Aguilar, James Atwell, Elliot Choe, Jeremiah Gotts,

- Bismarck Kipkilach, Anthony Lozano, Valentin Robert, Jonah Ross, Micro Zenzen

- 2015 — David Aguilar, James Atwell, Zach Beimford, Abdel El-Hajjami, William Ernst, Jorge Estrada, Jeremiah Gotts, Lucas Graham, Bismarck Kipkilach, Anthony Lozano, Daylon Martin, Valentin Robert, Jonah Ross, Micro Zenzen

- 2014 — David Aguilar, Zach Beimford, Tyler Dutchover, Abdel El-Hajjami, Jorge Estrada, Alex Gordon, Jeremiah Gotts, Taylor Guske, Bryton Reim, Daniel Swann

- 2013 — David Aguilar, Zach Beimford, Tyler Dutchover, Jorge Estrada, Matthew Fry, Jeremiah Gotts, Taylor Guske, Mitchell Moore, Sergio Rodriguez, Daniel Swann, Garrett Williams

- 2012 — Zach Beimford, Chris Cline, Mark Langworthy, Mitchell Moore, Sergio Rodriguez, Daniel Swann, Garrett Williams
 2011 — Chris Cline, Trevor Henson, Mark Langworthy, Javier Madrid, Joshua Massey, Mitchell Moore, Sergio Rodriguez

GSAC SCHOLAR-ATHLETES

- 2002 — Jeremy Sanquist
 2001 — Rob Niemi, Brian Wardell
 2000 — Rob Niemi