

Cabrini University Athletic Training Emergency Action Plan

Cabrini University has a written emergency plan that should be followed in the event of a medical emergency. All coaches should be familiar with this document and their role and responsibility in an emergency. Any questions should be directed to the athletic trainer.

Cabrini University is located at:

610 King of Prussia Road
Radnor, PA 19087

The closest intersections to the school are Upper Gulph Road & King of Prussia Road **OR King of Prussia Road & Eagle Road (depending upon location of emergency).

IMPORTANT PHONE NUMBERS:

Athletic Training Room: 610-902-8317

Public Safety – 610-902-8245

EMS: 911

Head Athletic Trainer – Rachael Flanders 484-467-1765 (cell)

Athletic Trainers: Samantha Maiorino 609-712-3233; Austin Klock 609-214-4947

An emergency is the need for Emergency Medical Services (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situations that coordination between the athletic trainer, coaches, administrators and student responders be effective. This guide is intended to delineate roles and outline the protocol to be followed, should an emergency occur.

Situations when 911 should be called are:

- an athlete/spectator is not breathing
- an athlete/spectator has lost consciousness
- it is suspected that an athlete/spectator may have a neck or back injury
- an athlete/spectator has a closed fracture of an extremity
- an athlete/spectator has an open fracture (bone has punctured through the skin)
- severe heat exhaustion or suspected heat stroke
- severe bleeding that cannot be stopped

Chain of Command

Team Physician
Certified Athletic Trainer
Public Safety Officer
Game Day On-Site Supervisor (OSS)
Head Coach
Assistant Coach
Sports Medicine Student Assistant
Athletic Director
Athletic Administrator
Other Athletes

The highest person in the chain of command who is present at a scene will be the designated person in charge, or leader. That person is responsible for deciding whether or not to call 911, instructing others how they may be of help and will be the person who stays with the athlete until EMS arrives.

Once it has been decided that EMS should be called, the following protocol should be followed (Depending upon the location of the emergency):

Edith Robb Dixon Turf Field
EMERGENCY ACTION PLAN

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid. If possible, someone else on the chain of command should also stay and assist. Public Safety should be notified if there is an emergency on campus.

2. The highest person on the chain of command will make the call to EMS or will designate another person to make the call. (911 from a cell phone or nearest landline). EMS should be told:

- What the emergency is
- The condition of the athlete
- How to get to where the athlete is.
- Also, tell EMS that someone will meet them at the closest intersection to aid in directing the ambulance. **DO NOT HANG UP UNTIL EMS HANGS UP FIRST.**
- Public Safety will be notified of the emergency 610-902-8245

3. The leader will send runners to direct the ambulance depending upon the location of the emergency.

- Entrance to Dixon Center parking lot from the Upper Gulph Road Entrance
- Entrance to "staff parking area" to the left when looking at the front entrance of the Dixon Center (point them towards the path to bring the ambulance on the field if necessary).

The runners should stay in their positions and wave the ambulance through the proper turns to get to the scene of emergency.

4. The leader will designate another person to attempt contact with the athlete's parents. Emergency contact information can be found in the athletic training room and in the team designated insurance binders.

5. If transport is deemed necessary by EMS, the athlete will be taken to Bryn Mawr Hospital unless the parent requests otherwise.

Bryn Mawr Hospital Emergency Room
130 South Bryn Mawr Avenue
Bryn Mawr, PA 19010
484-337-3000

Emergency Equipment: AED located on home-team sideline for competition, supplies and additional emergency equipment (splints, spine board, cervical collar) are maintained in Dixon Center athletic training room; AED also located in lobby of Dixon Center, next to front desk

Emergency Communication: Two-way radio, athletic training room 610-902-8317; Public Safety 610-902-8245

Tennis Courts
Emergency Action Plan

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid. If possible, someone else on the chain of command should also stay and assist. Public Safety should be notified if there is an emergency on campus.
2. The highest person on the chain of command will make the call to EMS or will designate another person to make the call. (911 from a cell phone or nearest landline). EMS should be told:
 - What the emergency is
 - The condition of the athlete
 - How to get to where the athlete is.
 - Also, tell EMS that someone will meet them at the closest intersection to aid in directing the ambulance. Direct them to enter campus via King of Prussia Road. **DO NOT HANG UP UNTIL EMS HANGS UP FIRST.**
 - Public Safety will be notified of the emergency 610-902-8245
3. The leader will send runners to direct the ambulance depending upon the location of the emergency.
 - Tennis Courts: Stop sign by the mansion

The runners should stay in their positions and wave the ambulance through the proper turns to get to the scene of emergency.

4. The leader will designate another person to attempt contact with the athlete's parents. Emergency contact information can be found in the athletic training room and in the team designated insurance binders.
5. If transport is deemed necessary by EMS, the athlete will be taken to Bryn Mawr Hospital unless the parent requests otherwise.

Bryn Mawr Hospital Emergency Room
130 South Bryn Mawr Avenue
Bryn Mawr, PA 19010
484-337-3000

Emergency Communication: Two-way radio, athletic training room 610-902-8317, cell phones, Public Safety 610-902-8245

Emergency Equipment: AED may be located at the courts during a match, if not supplies and additional emergency equipment (AED, splints, spine board, cervical collar) are maintained in Dixon Center athletic training room, AED also located in lobby of Dixon Center as well as Public Safety.

Cabrini College Grass Field
Emergency Action Plan

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid. If possible, someone else on the chain of command should also stay and assist. Public Safety should be notified if there is an emergency on campus.

2. The highest person on the chain of command will make the call to EMS or will designate another person to make the call. (911 from a cell phone or nearest landline). EMS should be told:

- What the emergency is
- The condition of the athlete
- How to get to where the athlete is.
- Also, tell EMS that someone will meet them at the closest intersection to aid in directing the ambulance. Direct them to enter campus via King of Prussia Road. **DO NOT HANG UP UNTIL EMS HANGS UP FIRST.**
- Public Safety will be notified of the emergency 610-902-8245

3. The leader will send runners to direct the ambulance depending upon the location of the emergency.

- Grass Field: Upper Gulph Road Entrance

The runners should stay in their positions and wave the ambulance through the proper turns to get to the scene of emergency.

4. The leader will designate another person to attempt contact with the athlete's parents.

Emergency contact information can be found in the athletic training room and in the team designated insurance binders.

5. If transport is deemed necessary by EMS, the athlete will be taken to Bryn Mawr Hospital unless the parent requests otherwise.

Bryn Mawr Hospital Emergency Room

130 South Bryn Mawr Avenue

Bryn Mawr, PA 19010

484-337-3000

Emergency Communication: Two-way radio, athletic training room 610-902-8317

Emergency Equipment: AED located on sideline for competition, supplies and additional emergency equipment (splints, spine board, cervical collar) are maintained in Dixon Center athletic training room

Dixon Center & Nerney Field House
Emergency Action Plan

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid. If possible, someone else on the chain of command should also stay and assist. Public Safety should be notified if there is an emergency on campus.

2. The highest person on the chain of command will make the call to EMS or will designate another person to make the call. (911 from a cell phone or nearest landline). EMS should be told:

- What the emergency is
- The condition of the athlete
- How to get to where the athlete is.
- Also, tell EMS that someone will meet them at the closest intersection to aid in directing the ambulance. Direct them to enter campus via King of Prussia Road. **DO NOT HANG UP UNTIL EMS HANGS UP FIRST.**
- Public Safety will be notified of the emergency 610-902-8245

3. The leader will send runners to direct the ambulance depending upon the location of the emergency.

- Dixon Center: entrance to Dixon Center parking lot from the Upper Gulph Road Entrance
- Front lobby/entrance to the Dixon Center

The runners should stay in their positions and wave the ambulance through the proper turns to get to the scene of emergency.

4. The leader will designate another person to attempt contact with the athlete's parents. Emergency contact information can be found in the athletic training room and in the team designated insurance binders.

5. If transport is deemed necessary by EMS, the athlete will be taken to Bryn Mawr Hospital unless the parent requests otherwise.

Bryn Mawr Hospital Emergency Room
130 South Bryn Mawr Avenue
Bryn Mawr, PA 19010
484-337-3000

Emergency Communication: Two-way radio, athletic training room 610-902-8317; phone located inside double doors across from women's locker room entrance on left hand side; Public Safety 610-902-8245

Emergency Equipment: AED located on home-team sideline for competition, supplies and additional emergency equipment (splints, spine board, cervical collar) are maintained in Dixon Center athletic training room; AED also located in lobby of Dixon Center, next to front desk

Dixon Center Pool
Emergency Action Plan

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid. If possible, someone else on the chain of command should also stay and assist. Public Safety should be notified if there is an emergency on campus.

2. The highest person on the chain of command will make the call to EMS or will designate another person to make the call. (911 from a cell phone or nearest landline). EMS should be told:

- What the emergency is
- The condition of the athlete
- How to get to where the athlete is.
- Also, tell EMS that someone will meet them at the closest intersection to aid in directing the ambulance. Direct them to enter campus via King of Prussia Road. **DO NOT HANG UP UNTIL EMS HANGS UP FIRST.**
- Public Safety will be notified of the emergency 610-902-8245

3. The leader will send runners to direct the ambulance depending upon the location of the emergency.

- entrance to Dixon Center parking lot from the Upper Gulph Road Entrance
- Front lobby/entrance to the Dixon Center

The runners should stay in their positions and wave the ambulance through the proper turns to get to the scene of emergency.

4. The leader will designate another person to attempt contact with the athlete's parents. Emergency contact information can be found in the athletic training room and in the team designated insurance binders.

5. If transport is deemed necessary by EMS, the athlete will be taken to Bryn Mawr Hospital unless the parent requests otherwise.

Bryn Mawr Hospital Emergency Room
130 South Bryn Mawr Avenue
Bryn Mawr, PA 19010
484-337-3000

Emergency Communication: Two-way radio, athletic training room 610-902-8317, pool deck phone 610-225-3912; Public Safety 610-902-8245

Emergency Equipment: AED, spine board, and cervical collar located on deck for competition, supplies and additional emergency equipment (splints, spine board, cervical collar) are maintained in Dixon Center athletic training room; AED also located in lobby of Dixon Center

Cabrini Softball Field
Emergency Action Plan

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid. If possible, someone else on the chain of command should also stay and assist. Public Safety should be notified if there is an emergency on campus.

2. The highest person on the chain of command will make the call to EMS or will designate another person to make the call. (911 from a cell phone or nearest landline). EMS should be told:

- What the emergency is
- The condition of the athlete
- How to get to where the athlete is.
- Also, tell EMS that someone will meet them at the closest intersection to aid in directing the ambulance. Direct them to enter campus via King of Prussia Road. **DO NOT HANG UP UNTIL EMS HANGS UP FIRST.**
- Public Safety will be notified of the emergency 610-902-8245

3. The leader will send runners to direct the ambulance depending upon the location of the emergency.

- Entrance to VFMAC on Eagle Road (0.1 miles past Cabrini College Eagle Road Entrance)
- Direct ambulance to the top of the hill towards the basketball courts and make the first right
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The runners should stay in their positions and wave the ambulance through the proper turns to get to the scene of emergency.

4. The leader will designate another person to attempt contact with the athlete's parents.

Emergency contact information can be found in the athletic training room and in the team designated insurance binders.

5. If transport is deemed necessary by EMS, the athlete will be taken to Bryn Mawr Hospital unless the parent requests otherwise.

Bryn Mawr Hospital Emergency Room
130 South Bryn Mawr Avenue
Bryn Mawr, PA 19010
484-337-3000

Emergency Communication: Two-way radio, athletic training room 610-902-8317, Public Safety 610-902-8245

Emergency Equipment: AED located on home-team sideline for competition, supplies and additional emergency equipment (splints, spine board, cervical collar) are maintained in Dixon Center athletic training room; AED also located in lobby of Dixon Center, next to front desk