



Bucknell
Women's Track & Field/Cross
Country Record Book

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Bucknell Women's Track & Field/Cross Country Record Book

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LETTER WINNERS

A

Abraham, Gina 1990-91-92
 Abrecht, Cindy 1993-94-95-96
 Accettura, Linda 1979-80-81
 Acre, Kelsey 2010-11-12
 Adams, Nora 2013-14-15-16
 Agege, Efe 2015
 Allen, Lisa 1994-95-96
 Allen, Lori 1997-98-99-00
 Allen, Mary Beth 1987-88
 Amaddio, Kate 2019
 Anderson, Haley 2012-13-14-15
 Ando, Emily 2011-12-13-14
 Appel, Lindsay 2008-09-10
 Asimoglou, Andrea 2009
 Augeri, Vanessa 2002
 Auman, Alexis 2016-17-18-19
 Avila, Kelly 2001-02
 Avilleria, Ashley 2009
 Ayala, Nicole 2005-06-07-08

B

Babcock, Kimberly 1986-89
 Bak, Jolene 1979
 Baldwin, Cindy 1994-95
 Bain, Sarah 2017-18-19
 Bango, Stephanie 1999-00-01-02
 Barnabeo, Susan 1979
 Barnes, Tanya 1993-94-95
 Barrow, Jennifer 1999
 Barrow, Lindsay 1998-99
 Baylor, Michelle 2000
 Baytop, Alison 1978-79-81
 Beebe, Riley 2019
 Beer, Hanna 2016-17-18-19
 Behre, Ashley 2006-07-08-09
 Beisser, Andrea 2000-01
 Beland, Brittany 2008-09-11
 Bella, Sarah 2009-10-11-12
 Bellofiore, Lisa 1995-96
 Bellucci, Mia 2019
 Bendzinski, Christine 2015-16-17-18
 Bennett, Nora 2018-19
 Benson, Shannon 2001-02
 Benson, Trudi 1985-86-87-88
 Bettner, Leah 2010-11-12-13
 Beyer, Hope 2016-17-18-19
 Bickerton, Andrea 1982
 Bielitz, Sara 1994-95
 Bierly, Stephanie 1994
 Bigley, Tacy 1985-86-87-88
 Bikis, Katrina 1979-80-81-82
 Billas, Alison 2013-14-15-16
 Bischoff, Ann 1977-78-79-80
 Bittel, Beth 1980-81
 Bittner, Katherine 1980
 Bjorkeson, Isabella 2016-17-18-19
 Black, Anna 2015-16
 Black, Kerri 1996-97-98-99

Blair, Ashley 2017-18-19
 Blank, Kate 1998-99-00
 Blondy, Rachael 2012-13
 Blumberg, Phoebe 2019
 Bogulski, Mykayla 2012
 Bordash, Kelsey 2017-18-19
 Bourgal, Andrea 2013-14-15-16
 Bourgeois, Lea 2019
 Bourn, Edwina 2000
 Bowen, Hanna 2012
 Bower, Samantha 2009-10
 Bracken, Michaela 2018-19
 Bradley, Kenzie 2018
 Brady, Charity 2000
 Brandenburg, Susan 1979
 Braunegg, Beth 2011-12-13
 Brennan, Sharkey 2016
 Bretscher, Kristin 2008-09-10-11
 Bridle, Jess 2013-14-15-16
 Brooks, Darlene 1979
 Brooks, Jessica 2001
 Brown, Chloe 2015-16-17
 Brown, E. Michelle 1978-79-80-81
 Brown, Joylyn 1995-96-97-98
 Brundage, Abigail 2013-14-15-16
 Bruns, Kris 1982
 Bryan, Stephanie 2011-12-13-14
 Bryant, Nisa 1995-96-97
 Buckley, Colleen 2016-17-18-19
 Burke, Jenny 1982
 Burke, Molly 2007-08
 Burrell, Joann 1980
 Burston, Abby 1979
 Butz, Alexandra 2017-18-19
 Byrd, Paula 1991-92

C

Calandro, Jenna 2015-16-17
 Cameron, Laura 1982
 Canfield, Sarah 2011-12-13
 Capes, Payton 2017-18
 Caragher, Joan 1979
 Cardamone, Denise 1997-98-00
 Cardillo, Alyssa 2011-12-13-14
 Carnahan, Monica 1992
 Carroll, Amber 2013-14-15-16
 Carroll, Meghan 2013-14-15-16
 Casalnova, Hana 2011-12-13-14
 Castellano, Jessie 2019
 Cavanaugh, Caitlin 2009-10-11-12
 Cerney, Makenna 2017
 Chakos, Julia 2019
 Chandler, Sarah 2014-15-16
 Chapman, Alexandra 2010-11-12-13
 Chiodo-Ortiz, Anna 2016-17-18-19
 Chodoff, Alaina 2008-09-10-11
 Christian, Sara 2015-16-17
 Cipolla, Kimberly 1987
 Cluzel, Susan 1977-78

Cobb, Alyson 2006-07-08-09
 Cochrane, Mikayla 2016-17-18 -
 Coffin, Kelcey 2007-08-09
 Coletti, Michele 1985
 Colvin, Kim 1984-85
 Conboy, Kathleen 1981
 Conboy, Mary 1979
 Conover, Adele 1994-95-96-97
 Constantino, Emily 2013
 Cosulich, Jeanne 1983
 Contrino, Sydney 2016-17-18-19
 Cousins, Emma 2015-16-17
 Cranmer-Hart, Erin 2005-06-07-08
 Crossman, Julia 1980-81-82-83
 Crowe, Christina 1999-00-01-02
 Cundey, Laura 2007-08-09-10
 Cunneen, Bethlyn 1978-79-80
 Curry, Ashley 2005-06-07-08
 Cutrufello, Lisa 2002
 Czaja, Gabi 1982-83-84-85

D

Dahl, Heather 1986
 Daigneault, Jessica 2008
 Daley, Allison 2013
 Dalzell, Jenny 2006-07-08-09
 Daniels, Liz 2013-14-15-16
 Daniels, Yetunde 1998-99-00
 Davidian, Maddie 2015-16
 Davis, Hanna 2019
 Dean, Bridget 1992-93-94-95
 Deardorff, Kris 1989-90-91
 DeBiasi, Clara 1991
 Debraggio, Mara 1981
 DeBrun, Sarah 1996-97-98-99
 Decker, Sarah 2014-15-16
 Del Rio, Pamela 1982-83-84-85
 Delfs, Kimberly 1996
 Dempsey, Kati 2006-08-09
 Dennis, Theresa 1998-00
 Dennison, Ginna 1999-00
 DeRonde, Jodi 1994-95-96-97
 Deschler, Emily 2018-19
 Desharnais, Kelly 2009
 DeYoung, Kristen 2008-09-10
 Dibb, Eileen 1988
 DieCas, Kate 1994-95-96-97
 Dietrich, Jennifer 2017
 Diehl, Leighann 2008-09
 Diercks, Julie 1991-92
 Dignazio, Lisa 1982-83
 DiGregorio, Alexa 2015-16
 Dillon, Alison 2012-13-14
 Dinardo 1985
 Dinardo, Corinne 1987
 DiPietrantonio, Montana 2012-13-14-15
 Dittman, Diana 1989-90-91
 Dolen, Emma 2016-17-18-19
 Donaghy, Allison 2009-10-11-12
 Donaghy, Erin 2009-10-11

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Donovan, Elizabeth 1982-84
Doty, Ann 2004-05-06-07
Downey, Sophie 2019
Douglass, Jane 1978
Drake, Megan 1997
Dulac, Maddie 2012-13-14-15
Dunnaway, Tanya 1977
Dunne, Abigail 2019
Dyer, Olivia 2018-19

E

Easse, Stephanie 2014-15-16
Eastman, Karen 1994-95-96-97
Eckles-Shehadi, Gabrielle 2012-13
Edinger, Betsey 2012-13-14-15
Edwards, Patricia 1981
Ellery, Dawn 1991-92
Ellis, Molly 1995
Emons, Lesley 2005-06-07-08
Episcopo, Ella 1989-90-91-92
Eppleman, Rebecca 2006-07-08-09
Evans, Stephanie 2007-08-09-10

F

Fahey, Shaylyn 2015-2016-18-19
Falcaro, Nicole 2006-07-08-09
Falla, Jamie 2018-19
Fantauzzo, Katie 2000-01-02-03
Farmer, Jenna 2016-17-18-19
Fayanjuola, Tolu 2002-03-04-05
Feddern, Lynn 1981-82
Ferrell, Kristin 1999-00-01-02
Fertik, Lonnie 1980-81-82-83
Fiamoncini, Maura 2017-18
Fink, Mariel 2004-05-06-07-08
Fischman, Elizabeth 2011
Fischer, Valerie 2019
Fisher, Emily 2015-16
Fisher, Margaret 1981
Fitzgerald, Kathleen 2014-15-16
Flanagan, Karen 1981-82-83-84
Flanders, Jen 1995-96-97-98
Florio, Olivia 2017
Foley, Eileen 2008-09-10-11
Folger, Kat 2009-10-11-12
Forer, Chessa 2005-06-07
Forker, Karly 2018-19
Forrestal, Lexy 2016-17-18-19
Foster, Kathy 1980-81-82
Fraleigh, Jackie 2018
Frate, Meghan 2009-10-11-12
Frederick, Megan 2003-04
Frey, Rebecca 2008-09-10-11
Fulmer, Stephanie 2009-10-11-12
Funk, Taylor 2009-10-11-12

G

Gambrell, Ariana 2019
Garcia, Maria 2001-02-03-04

Garretson, Laura 1982
Garth, Cheryl 1978-79-80
Gaston, Zoe 2012-13-14-15
Gavigan, Colleen 2008-09
Gaydos, Laura 1980-81-82-83
Getkin, Kasey 2016-17-18-19
Ghiggeri, Meg 1998-99-00-01
Ghlhaus, Kelly 2006
Gilbert, Victoria 2005-06-07-08
Glew, Cayleigh 2016
Godby, Deanna 2013-14-15-16
Goeke, Leah 2010-11-12-13
Golden, Michelle 2012-13-14-15
Gouger, Liz 1985
Gow, Jamie 2003-04
Grant, Jennifer 2007-08
Grap, Marjorie 2004-05-06-07
Gray, Dawn 1985
Gray, Lexi 2019
Graytock, Carly 1997-98-99-00
Greenfield, Hanna 2014-15-16
Greenspan, Betsey 1978
Gregg, Susan 1979
Greiner, Jesselyn 2002
Grele, Lisa 1978-79
Griffiths, Alexa 2008-09-10-11
Groman, Sarah 2004-05-06-07
Gronbeck, Lauren 2016-17-18-19
Grosskurth, Kelly 2009-10-11-12

H

Haas, Sarah 2019
Haas, Stacey 2006-07-08-09
Haberfield, Meredith 2019
Hafer, Jennifer 1994-95-96
Haggard, Scott 1982
Hall, Angie 2004-05-06-07
Hall, Connie 1986-87-88-89
Hall, Tina 1994-95-96-97
Halloran, Kayla 2003-04-05
Hamlin, Annie 1996-97-98-99
Hamlin, Connie 1996-97-98-99
Haney, Chrissy 2013-14-15-16
Hansco, Colleen 2016-17
Hanns, Chanell 2002
Hanson-Hall, Offeibea 2005-06-07-08
Harbst, Dana 1990-91-92
Hardenstine, Stephanie 2008-09-10-11
Harkrader, Deborah 1984
Harms, Mollie 2004-05-06-07
Harper, Kathryn 1984
Harris, Emma 2015-16-17
Hart, Jennifer 1998-99-00
Hart, Kathleen 2006-07
Hassett, Kim 2006-07-08-09
Hathaway, Megan 2006-07-08-09
Hazzard, Lauren 2016-17-18-19
Healy, Erin 1997-98-99-00
Heck, Mary Kate 2003-04

Hecker, Suzanne 1979-80-81
Heidecker, Erin 2007-08-09-10
Helm, Jackie 2018
Henry, Lynne 1982
Hexter, Melissa 2013
Hibbert, Jessica 2006-07-08-09
Hile, Kelly 1998-99
Hinton, Tameka 1992-93-94-95
Hixson, Karen 1980
Hoch, Emily 1997-98-99
Holbrook, Erin 2011-12-13
Hollister, Holly 1987-88-89-90
Holroyd, Bethany 1999
Hooper, Alysha 2009-10-11-12
Horleman, Erin 2012-13
Horn, Karen 1994-95-96-97
Horner, Jennifer 2014
Hornock, Sasha 2010-11-12
Horvath, Mikayla 2019
Hoskins, Kelly 1983-84
Houseknecht, Heather 1994-95-96-97
Hudson, Lauren 2015-16-17
Hughes, Mary-Lynne 1986
Hunt, Madeleine 2017-18-19
Hykes, Danielle 1999

I

Ibenana, Yvonne 1999
Idell, Megan 1993-94
Ievers, Lisa 1999
Irion, Hannah 2004-05
Irvine, Michaela 2014

J

Jakoboski, Julie 2003-04
James, Jennifer 1990-91
James-Wintjen, Kalle 2007-08-09-2010
Janda, Allison 2007-08-09-10
Jardine, Suzanne 1978
Jensen, Kathleen 1986
Jessee, Katie 2012-13-14-15
Johansson, Paulina 2016
Johnson, Amy 1994
Johnson, J. Leah 1992-93-94-95
Johnson, Leah 1993
Jones, Hannah 2011-12
Judkins, Melanie 1995

K

Kalnins, Ellen 2014-15-16
Katila, Lee Ann 1987
Kavalus, Meghan 1997
Keiser, Jennette 2000
Keller, Stephanie 2001-02-03-04
Kender, Anna 2019
Kennedy, Taylor 2016-17-18-19
Kenney, Jamie 2015-16-17
Kent, Jennifer 1987
Kernisan, Geri 1989-90-91-92

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Kerr, Olivia 2010-11-12-13
 Kesler, Margaret 1994-95-96
 Killen, Erin 1998
 Killiany, Samantha 2018-19
 Kim, Hee Hyun 2002
 King, Lauren 1997-98
 Kinsey, Lauren 2003-04-05-06
 Kirk, Megan 2013-14-15-16
 Kirschner, Jen 1997-98-99-00
 Klotz, Samantha 1999-00-01-02
 Knapp, Karen 1984
 Kobielski, Sarah 1998-99
 Kobielski-Edwards, Sarah 1997
 Kobza, Cathrine 2012-13-14
 Koch, Sue 1982
 Kodak, Kelsey 2012-13
 Kokulis, Kim 1982
 Korhammer, Heather 1987-89
 Korrell, Gena 1987-88
 Krause, Casey 2008-09-10-11
 Koumas, Alexandra 2016-17-18-19
 Kretz, Lisa 1978-80
 Kronquist, Amanda 2007
 Krout, Jan 1979-80
 Kubinski, Lucie 2018-19
 Kyzmir, Kristin 1999-00-01-02

L

Labate, Leigh Ann 2013-14-15-16
 Ladany, Susan 1981-82
 Lalonde, Bridget 2019
 Lamoureux Laruen 2014-15-16
 Lancto, Elizabeth 1994
 Lanewala, Rehana 2002-03-04-05
 Lapszynski, Kimberly 2014-15-16
 Leacock, Jamie 2008-09-10-11
 Lebda, Melissa 1994
 LeCates, Joan 1979-80-81
 Lederman, Sara 2010-11-12-13
 Lee, Erin 2001-02-03-04
 Lee, Tara 2013-14-15-16
 Leo, Teresa 1982-83
 Leonard, Karen 1995-96-97-98
 Leopold, Roberta 1978-79-80
 Levin, Michelle 1985-87
 Liggett, Emily 2009-10-11-12
 Lilien, Jamie 2001-03-04
 Lilien, Jamie 2002
 Line, Danielle 2017-18-19
 Lockwood, Alison 2012-13-14-15
 Lodato, Chelsea 2011-12-13-14
 Loh, Grace 2014-15-16
 Lommerin, Paige 2013-14-15-16
 Londregan, Melissa 1998-99
 Lopez, Miriam 1997
 Lopes, Samantha 2018-19
 Lorch, Susan 1985-86
 Lucke, Carli 2015-16-17
 Luderer, Emily 2004-05-06

Ludwigson, Elizabeth 1984-85-86-87
 Lutzker, Laura 2011-12-13-14
 Lussier, Camille 2019
 Lynch, Courtney 2005-06-07-08
 Lynn, Nicole 2000-01-02-03
 Lyons, Paula 1992-93-94-95
 Lyons, Tara 2018-19

M

MacDonald, Diane 1978
 MacDonald, Kiley 2002-03
 Macones, Gianna 2018-19
 Magovern, Meg 1997
 Maher, Shannon 1999-0001-02
 Maier, Alyssa 2008
 Malcolm, Jennifer 2001-02-03-04
 Malone, Cherie 2010
 Malsky, Lauren 2009
 Manero, Denise 2005-06-07-08
 Mangan, Linda 1997-98-99-00
 Manikowski, Michele 1997-98-99
 Mantush, Amy 2007-08-09-10
 Marsden, Catherine 1983-84
 Marsh, Jennifer 2002-03-04-05
 Marsh, Kelly 1988-89-90-91
 Marshall, Becki 2000-01-02
 Martin, Stephanie 2002
 Massey, Olivia 2010-11-12-13
 Mateja, Michele 1980
 Mateskon, Carolyn 2002-03
 Mathieson, Jessica 1995
 Matsinger, Jessica 2012-13-14-15
 Matta, Danielle 1995
 Maxwell, Kim 1990
 Mayer, Bridgette 1993-94
 McBride, Lynenette 1988-89-90-91
 McCormack, Ally 2018-19
 McGann, Caroline 2018-19
 McGrath, Kaitlin 2017-18
 McCalmann, Candacy 2001-02
 McConnell, Kelly 1999-00-01-02
 McCullough, Jessica 2005
 McDonald, Devon 2013-14-15-16
 McFarland, Angela 2002-03-04-05
 McGann, Caroline 2018
 McGee, Juliet 1990
 McGrath, Kate 2018-19
 McGrath, Kim 1997-98-99-00
 McSwain, LaTonya 1999-00-01002
 McTavish, Mandy 1997
 McVicker, Darby 1995
 Mears, Amy 1993-94
 Meeker, Karen 1989-90
 Meling, Dawn 2003
 Meling, Robin 2001-02-03-04
 Menapace, Joanne 1986-87-88-89
 Mendygral, Michaela 2016
 Mestre, Yanelis 2012-13-14-15
 Middleton, Karen 1997-98-99-00

Miller, Christine 2005-06-07-08
 Miller, Taylyn 2016-17
 Mincone, Michaela 2015-2016-17-18
 Mincone, Gianna 2016-17-18-19
 Misko, Rebecca 2009-10-11-12
 Misler, Daija 2017-18-19
 Mitchell, Amy 1995
 Mitchell, Montana 2012-13
 Mockbee, Amanda 2005-06-07-08
 Mold, Victoria 2012-13-14-15
 Moles, Emily 2008-09-10-11
 Monaghan, Abby 2010-11-12-13
 Moniz, Sarah 2008-09-10-11
 Montalvo, Molly 2016-17-18-19
 Moriarty, Heather 2013-14
 Morrell, Katherine 2001-02
 Moyer, Arianna 2016
 Muccio, Christina 2009-10-11-12
 Muehl, Elizabeth 1991-92-93-94
 Murphy, Nancy 1979
 Musante, Chelsey 2007-08-09-10
 Myers, Audrey 1997-98-99-00

N

Nadeau, Norine 1993-94-95-96
 Nagotko, Kim 2012-13-14-15
 Nagy, Laura 2002-03-04-05
 Narr, Madison 2015-2016-17-18
 Nastase, Leanna 2004-05-06-07
 Nelson, Nancy 1981-82-83-84
 Newsome, Dawn 1989-90
 Nicholson, Stacey 1983-84
 Nnadi, Sophia 2013-14-15-16
 Noll, Jennifer 1996
 Nordquist, Gillian 2006-07-08-09
 Norris, Erin 2012-13-14-15
 Nyce, Andrea 1999-00-01-02
 Nykamp, Nancy 1981

O

O'Brien, Taylor 2019
 O'Connor, Jennifer 2003-04-05-06
 Odell, Deborah 1981
 O'Doherty, Meredith 1998-99-00
 O'Kane, Christine 2016-17-18-19
 Oladiran, Kafilat 2015-16-17
 O'Leary, Janet 1994
 Olson, Judy 1982-83-84
 Olson, Kimberly 1982-83-84
 O'Mahen, Colleen 1988-89-90-91
 O'Malley, Jennifer 1994
 Opdyke, Kristen 1990-91-92
 O'Reilly, Sharon 2013
 Orzechowski, Renee 2001
 Overturf, Kristen 1993-94-95-96
 Oxley, Taylor 2017-18-19

LETTER WINNERS

P

Paciello, Rachel 2016-17-18
 Papili, Laura 2014-15-16
 Pandolfo, Olivia 2016-17
 Park, Jeessoo 2006-07
 Pasco, Hayden 1994
 Passmore, Debbie 1981-82-83-84
 Pavoni, Carly 2018
 Paz, Jackie 1989-90
 Pearse, Kylie 2012-13-14-15
 Pendleton, Elizabeth 2002-03-04-05
 Penson, Elyssa 2017-18-19
 Perazinni, Elise 2012
 Perry, Judy 1987-88-89-90
 Petermann, Jessica 1998-99-00-01
 Peterson, Mara 1998
 Pettaway, Elyse 2014-15-16
 Pfeifer, Katherine 2003-04-05
 Pierce, Jennifer 2007-08-09-10
 Pierotti, Rebecca 2004-05-06
 Piper, Nicki 2000-01-02-03
 Phillips, Jenna 2016-17-18-19
 Phillips, Katie 2018-19
 Plasko, Tricia 1990-91-92
 Potts, Holly 2001
 Precht, Leslie 1978
 Price, Morgan 2016-17-18
 Prince, Ivy 2017
 Prybella, Lisa 2005-06-07-08

Q

Quackenboss, Dawne 1984-85-86
 Quintana, Jessica 1996-97-98-99

R

Rafferty, Erin 2006-08-09
 Raffety, Kelly 2002-03-04
 Rasmussen, Jaime 2010-11-12
 Rasmussen, Karen 1979
 Ramos, Ashlyn 2018-19
 Read, Felisa 1994
 Read, Michaela 2013
 Reilly, Patti 1981-82
 Reiner, Carly 2014-15-16
 Reinhardt, Nina 2004-05-06-07
 Reynolds, Chelsea 2016-17
 Ricciuti, Emilia 2014
 Rice, Emma 2012-13-14
 Rice, Jennifer 1995-96-97-98
 Richardson, Pamela 1996-97-98
 Rinehart, Elizabeth 1982
 Rizzo, Bailie 2018-19
 Robinson, Samantha 1983
 Roche, Morgan 2012-13-14-15
 Rodgers, Mary 1977-78
 Rogers, Beverly 2005-07-08
 Rohrig, Mary 1977-78
 Romanelli, Alexandra 2010-11-12-13
 Rooney, Becca 2016-17-18-19

Rose, Lynda 1988-89-90-91
 Rowan, Elizabeth 2002
 Rowland, Sue 1987-88-89
 Rudd, Kirsten 2010-11-12
 Runkle, Barbara 1978-79
 Ruppert, Debbie 1979
 Russell-Brown, Debbie 1982
 Russo, Lauren 2017
 Russo, Nancy 1981-82-83-84
 Rustad, Asta 2019
 Ryan, Caitlyn 2011
 Ryan, Emily 2015-16-17
 Ryan, Erin 1990
 Ryan, Kaitlin 2017-18-19
 Ryan, Laura 1998-99-00-01
 Ryan, Maria 1993-94
 Rycek, Laura 2008-09-10-11

S

Sabatino, Katie 2015-16-17
 Saeger, Alison 1988-89-90-91
 Sagers, Meredith 2003-04
 Salisbury, Kaitlin 2016-17-18-19
 Sanders, Linda 2004
 Sangimino, Meg 2015-16
 Sans, Valerie 2012-13
 Sawka, Carolyn 1991
 Sawko, Christa 2004-05-06-07
 Saxby, Paige 1998-99
 Scaramuzza, Amy 1977-78
 Schafer, Lindsay 2015-16-17
 Schaffer, Laura 2001-02-03-04
 Schellenberger, Autumn 2011-12-13-14
 Schilling, Sharon 1992
 Schipani, Meredith 1997-99
 Schmidt, Sharon 1994-95-96-97
 Schmidt, Victoria 2011-12-13-14
 Schnell, Justine 2012-13-14-15
 Schnitzer, Kathleen 1985
 Schoen, Mary 2000
 Schollenberger, Megan 2003
 Schulte, Kirsten 2012-13
 Schultz, Ella 2016-17
 Schultze, Amanda 2011
 Scott, Jen 2000-01
 Scott, Jennifer 2019
 Scott, Kate 2014-15-16
 Seaborn, Paige 2009
 Segall, Ruth 2017-18-19
 Selonick, Emily 2007-08-09
 Sement, Defne 2016-17-18-19
 Sepe, Allison 2006
 Seward, Amy 1995-96
 Shafer, Julie 1994-95-96-97
 Shambaugh, Braidy 2004-05-06-07
 Shapelow, Rachel 2008
 Shapiro, Abby 2018
 Shapiro, Chloe 2015-16
 Shariff, Khadija 2000-01-02

Sharkey, Allison 2014-15-16
 Sharkey, Beth 1999
 Sharkey, Brenna 2017
 Shaw, Anna 1999
 Sheprow, Elizabeth 2014-15-16
 Shepstone, Ellen 2004
 Shewbrooks, Meaghan 2017-18-19
 Shilling, Sharon 1992-93-94-95
 Shimomura, Karen 1988-89-90-91
 Shurell, Charlotte 1996-97-98-99
 Siegrist, Tayler 2010-11-12-13
 Sipe, Delia 2017-18-19
 Silvestri, Jen 2013-14-15-16
 Simmons, Wandra 1982
 Simon, Kim 2000-01
 Simone, Dayna 2013-14-15-16
 Skovira, Gabrielle 2008-09-10
 Skovira, Rebecca 2014-15-16
 Slowly, Janiel 2016-17-18-19
 Smith, Melissa 2009-10-11-12
 Smith, Nichole 2006-07-08-09
 Snelson, Becky 2012-13-14-15
 Sollenberger, Julie 1988
 Soult, Gwendolyn 2002-03-04-05
 Souter, Amie 1993-94
 Sovira, Gabrielle 2007
 Sowinski, Kathryn 2010-11-12
 Spanfeller, Stefanie 2011-12-13
 Stamoollis, Christina 2001-02-03-04
 Staubitz, Melissa 1986
 Steele, Kristin 2007-08-09-10
 Steinke, Amanda 2008-09-10
 Sterner, Sara 1979-80-81
 Stettinius, Isabel 2002-03
 Stevens, Jennifer 2004-05-06-07
 Stewart, Harper 2016-17-18-19
 Stewart, Kyle 2014-15-16
 Stockwell, Lynda 1984
 Stoyer, Nicole 2004-05-06
 Strunk, Caroline 2006-07-08-09
 Summers, Barbara 2008
 Sundy, Kristen 2013-14-15
 Sweitzer, Julie 1996-97-98-99

T

Talarico, Lauren 2001
 Tambaro, Julia 2019
 Tan-Torres, Seline 2014-15-16
 Tardy, Tia 2017-18-19
 Tharp, Amy 2000
 Thomas, Beth 1977-79-80
 Thomas, Jennifer 1991-92-93-94
 Thomas, Lisa 1979
 Thomson, Margaret 2016-17-18-19
 Thompson, Mary Clare 1992-93-94-95
 Tipton, Corey 2013
 Tobin, Rebecca 1992-93-94-95
 Todd, Mackenzie 2016-17
 Todman, Danielle 2003-04-05-06

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Townsend, Kat 2016
Trahan, Sarah 2009-10-11-12
Travers, Rebecca 1995-96-97-98
Trentacoste, Catherine 2004-05-06-07
Turco, Abby 2018
Turner, Emily 2018
Turner, Mackenzie 2019
Turner-Byfield, Erin 2002-03-04-05
Tutmaher, Rachel 2003-04
Tutuska, Brianna 2016-17-18
Tyler, Tria 1996-97-98-99
Tyrrell, Lynn 1995-96

V

Vanden Broek, Sarah 2004-05-06-07
VanNess, Kate 2012-13-14-15
VanWyck, Lauren 1980-81-82-83
Varano, Alison 2015-16-17
Vargo, Sara 1997-98-99-00
Vaughters, Julia 1981
Veenhof, Lizzie 2019
Vogt, Brittany 2005-06
Vuojolainen, Rebekka 2012-13-14-15

W

Wagner, Becky 1994
Wagner, Rebecca 1993
Wahls, Kathryn 2010-11-12-13
Waksmunski, Emily 2011-12-13-14
Walker, Michelle 2005
Wallace, Kimberly 1979
Wallace, Susan 1985-86-87-88
Wallach, Tracy 1977
Ward, Katie 2018
Ward, Patty 1982
Warfel, Ava 2018-19
Wasileski, Lura 2001
Waterhouse, Natalie 2016-17-18
Weber, Chan 1996
Weichler, Kara 2009-10-11-12
Weicko, Eva 1997-99
Weidman, Rachel 2009-2010
Weisner, Kady 2011-12
Weiss, Megan 1999
Weiss, Victoria 1985-86
Westerman, Kearah 2004
Wheeler, Emily 2013
Whitaker, Abby 2018-19
Wiecko, Eva 1998
Wieloch, Marcie 1985
Wiemken, Lauren 2008-09-10-11
Wieting, Helene 1988-89-90-91
Wildeman, Marion 1977
Wilhelm, Jessica 1992
Wilkes, Margaret 1987-88-89-90
Williams, Tona 1985-87-88
Williams-Doyle, Joy 2001
Wilson, Audra 1991-92
Winkler, Juli 1987-88-89-90
Wisotsky, Katie 2016-17

Wirt, Marla 1979
Wise, Jill 1986-87-88
Wismer, Tabitha 2016-17-18
Wisotsky, Katie 2018
Wissolik, Laura 1996
Wolfgang, Christie 1999-00-01-02
Wondra, Eden 2012-13
Worth, Delaney 2015-16-17
Wright, Andrea 2006-07-08
Wurster, Kathy 19991-2-93-94

Y

Yarussi, Megan 1996-97
Youmell, Mandy 1998-99-00-01

Z

Zakrewski, Colleen 1988
Zavattaro, Lia 2018-19
Zemanian, Susan 1984
Zieman, Nancy 1979-82
Zimbal, Kim 1999-00-01-02
Zymet, Jennifer 2011-12-13-14

CROSS COUNTRY AWARDS

AIAW NATIONAL CHAMPIONSHIP QUALIFIERS

1979 Ann Bischoff	33rd
1980 Judy Olson	79th

NCAA QUALIFIERS

1997 Julie Sweitzer	84th
1999 Becki Marshall	96th
Andrea Beisser	126th
Theresa Dennis	143rd
Jennifer Hart	153rd
Carly Graytock	181st
Mandy Youmell	229th
Linda Mangan	DNF
2001 Theresa Dennis	73rd
2006 Leanna Nastase	94th
2016 Kate Scott	201st
2017 Christine Bendzinski	143rd
2020 Ashlyn Ramos	141st

* - Team qualified for NCAAs

ALL-EAST/ECAC

1984 Gabrielle Czaja	19th
1986 Judy Perry	18th
1989 Judy Perry	9th
Holly Hollister	18th
Kelly Marsh	24th
1990 Kelly Marsh	9th
Kristen Opdyke	12th
1991 Kristen Opdyke	1st
1993 Kathy Wurster	13th
Jessica Wilhelm	20th
Maria Ryan	23rd
1994 Jessica Wilhelm	1st
Leah Johnson	4th
1995 Julie Sweitzer	12th
Annie Hamlin	15th
1996 Julie Sweitzer	7th
Annie Hamlin	10th
2000 Becki Marshall	2nd
Andrea Beisser	6th
Theresa Dennis	8th
Chris Crowe	15th
2001 Chris Crowe	2nd
Becki Marshall	7th
Kristin Ferrell	21st
2002 Theresa Dennis	4th
Nicole Piper	19th
2003 Katie Pfeifer	22nd
2006 Leanna Nastase	9th
2014 Elizabeth Sheprow	15th

ECC/PL CHAMPIONS

1984 Gabrielle Czaja
1986 Judy Perry
1987 Judy Perry
1997 Julie Sweitzer
1998 Julie Sweitzer
1999 Becki Marshall
2000 Becki Marshall
2001 Becki Marshall
2006 Leanna Nastase
2016 Christine Bendzinski
2017 Christine Bendzinski

ALL-PATRIOT LEAGUE

1991 Kristen Opdyke
1992 Kristen Opdyke
1994 Jessica Wilhelm
Leah Johnson
1996 Julie Sweitzer
Annie Hamlin

1997 Julie Sweitzer
Carly Graytock
Annie Hamlin
1998 Julie Sweitzer
Carla Graytock
Becki Marshall
Charlotte Shurrell
1999 Becki Marshall
Andrea Beisser
Jennifer Hart
Carla Graytock
Theresa Dennis
2000 Becki Marshall
Andrea Beisser
Theresa Dennis
Chris Crowe
Mandy Youmell
2001 Becki Marshall
Chris Crowe
Theresa Dennis
Kelly McConnell
2002 Theresa Dennis (1)
Nicole Piper (1)
Allison Cole (1)
Katie Pfeifer (2)
Jamie Gow (2)
Kayla Halloran (2)
2003 Katie Pfeifer (1)
Lauren Bricker (2)
Jamie Gow (2)
Kayla Halloran (2)
2004 Leanna Nastase (2)
2005 Jennifer Stevens (1)
Leanna Nastase (1)
Erin Cranmer-Hart (2)
Lauren Bricker (2)
Kayla Halloran (2)
2006 Leanna Nastase (1)
Erin Cranmer-Hart (1)
Jenny Stevens (1)
Nicole Falcaro (2)
Gillian Nordquist (2)
Christine Totten (2)
2007 Erin Cranmer-Hart (1)
Christy Totten (2)
Gillian Nordquist (2)
2008 Stephanie Fulmer (1)
Caitlin Cavanaugh (2)
2009 Stephanie Fulmer (1)
Sarah Moniz (1)
Alexa Griffiths (2)
2010 Stephanie Fulmer (1)
Sarah Moniz (1)
Alysha Hooper (2)
2011 Stephanie Fulmer (1)
Caroline Tolli (1)
Emily Liggett (2)
2012 Caroline Tolli (1)
Deanna Godby (2)
Katie Jessee (2)
2014 Katie Jessee (1)
M. DiPietrantonio (2)
Catherine Scott (2)
Sarah Chandler (2)
2015 Christine Bendzinski (1)
Sarah Chandler (1)
Kate Scott (1)
Deanna Godby (2)
Nora Adams (2)
Christine O'Kane (2)
2016 Christine Bendzinski (1)
Colleen Buckley (1)
Sarah Chandler (1)
Kate Scott (1)
Elizabeth Sheprow (2)

2017 Christine Bendzinski (1)
Colleen Buckley (1)
Jenna Farmer (2)
2018 Colleen Buckley (1)
Ashley Blair (1)
Margaret Thomson (1)
Payton Capes (2)
Nora Bennett (2)
Jenna Farmer (2)
2019 Olivia Dyer (1)
Ashley Blair (1)
Ashlyn Ramos (1)
Nora Bennett (2)
2020 Ashlyn Ramos (1)
Ashley Blair (1)
Emily Deschler (2)
2021 Ashlyn Ramos (1)
2022 Mia Bellucci (2)
2023 Abby Paczewski (2)
2024 Kailey Granger (2)
Caryn Rippey (2)

FOUR-TIME ALL-PATRIOT LEAGUE

Theresa Dennis (1999-2002)
Stephanie Fulmer (2008-11)
Becki Marshall (1998-2001)

THREE-TIME ALL-PATRIOT LEAGUE

Carly Graytock (1997-99)
Kayla Hollaron (2002-03, 05)
Leanne Nastase (2004-06)
Julie Sweitzer (1996-98)
Christine Bendzinski (2015-17)
Ashley Blair (2017-20)
Ashlyn Ramos (2019-2021)

PL COACH OF THE YEAR

1996 Art Gulden
1998 Art Gulden
1999 Art Gulden
2001 Kevin Donner
2005 Kevin Donner
2006 Kevin Donner
2009 Kevin Donner
2015 Kevin Donner
2016 Kevin Donner
2017 Kevin Donner
2018 Kevin Donner

ACADEMIC ALL-PATRIOT LEAGUE

2010 Alysha Hooper
Sarah Moniz
2011 Caroline Tolli
2012 Caroline Tolli
2014 Katie Jessee
Nora Adams
Christine Bendzinski
Kate Scott
2016 Christine Bendzinski
2017 Christine Bendzinski
Colleen Buckley
Jenna Farmer
2018 Colleen Buckley
Jenna Farmer
2020 Ashley Blair
2022 Mia Bellucci
2023 Keeley Misutka
2024 Sarah Policano

PL SCHOLAR ATHLETE OF THE YEAR

2014 Katie Jessee
2015 Nora Adams
2017 Christine Bendzinski
2018 Colleen Buckley

CROSS COUNTRY YEAR-BY-YEAR RESULTS

Bucknell Women's Track & Field ~ 8

Cross Country Year-By-Year Results

Over the past 37 years, the Bison women's cross country team has been one of Bucknell's most successful programs. Bucknell's women dominated their time in the East Coast Conference, winning the conference title in each of the eight years they participated in the league. After adjusting to the higher level of competition within the Patriot League, the Bison have come nearly full circle, from fifth place in 1991 to league champion in 10 of the past 16 seasons. The women made their first-ever team appearance in the NCAAs in 2000, finishing 24th in the nation.

Year Dual Record Conference* ECAC EIAIW* NCAA

1976	2-0	--	--	7th	--
1977	1-1	--	--	20th	--
1978	5-1	--	--	25th	--
1979	6-1	--	--	7th	--
1980	5-0	--	--	6th	--
1981	No Dual Meets	--	--	7th	--

NCAA District II

1982	3-0	1st	--	6th	--
1983	9-0	1st	--	6th	--
1984	4-3	1st	17th	10th	--
1985	4-3	1st	20th	11th	--
1986	8-0	1st	12th*	7th*	--
1987	4-0	1st	12th	6th	--
1988	5-3	1st	19th	10th --	--
1989	2-2	1st	4th	--	--
1990	2-3	5th	3rd	--	--

Patriot League

1991	2-4	5th	9th	--	--
1992	3-2	3rd	27th	16th	--
1993	8-5	4th	2nd	--	--
1994	4-2	2nd	2nd	--	--
1995	10-3	3rd	3rd	--	--
1996	8-1	2nd	3rd	--	--

Mid-Atlantic Reg.

1997	15-0	2nd	--	4th	--
1998	7-0	1st	--	9th	--
1999	6-0	1st	--	3rd	24th
2000	2-0	1st	--	1st	4th --
2001	2-0	1st	3rd	3rd	--
2002	No Dual Meets	2nd	4th	6th	--
2003	No Dual Meets	4th	8th	13th	--
2004	No Dual Meets	4th	10th	10th	--
2005	No Dual Meets	1st	12th	5th	--
2006	No Dual Meets	1st	2nd	5th	--
2007	No Dual Meets	T-1st	8th	9th	--
2008	No Dual Meets	2nd	7th	8th	--
2009	0-1	1st	--	12th	--
2010	No Dual Meets	2nd	8th	7th	--
2011	No Dual Meets	2nd	9th	12th	--
2012	No Dual Meets	2nd	--	12th	--
2013	No Dual Meets	4th	--	11th	--
2014	No Dual Meets	2nd	6th	8th	--
2015	No Dual Meets	1st	--	8th	--
2016	No Dual Meets	1st	--	6th	--
2017	No Dual Meets	1st	--	8th	--
2018	No Dual Meets	1st	--	8th	--
2019	No Dual Meets	2nd	--	11th	--
2020	No Dual Meets	3rd	--	--	--
2021	No Dual Meets	4th	--	14th	--
2022	No Dual Meets	5th	--	12th	--
2023	No Dual Meets	4th	5th	10th	--

Totals 123-35 (.778) 19 titles 1 ECAC title 1 trip

* Bucknell competed in the EIAIW through the 1981 season; in the East Coast Conference (ECC) from 1982-1989; and in the Patriot League from 1990-present.

** ECACs combined with NCAA District II Regional from 1986-1996. As of 1997, Mid-Atlantic Regionals and ECACs were separated into two competitions.

OUTDOOR TRACK & FIELD AWARDS

ALL-AMERICANS

1982	Lonnie Fertik	4th	heptathlon
2011	Laura Rycek (HM)	23rd	javelin
2018	Maura Fiamoncini	13th	javelin
2019	Maura Fiamoncini	9th	javelin
2021	Maura Fiamoncini	3rd	javelin
2024	Evelyn Bliss	13th	javelin

NCAA CHAMPIONSHIP QUALIFIERS

2004	Melanie Buczek	11th	pole vault
	Maria Garcia	20th	hammer
2011	Laura Rycek	23rd	javelin
2018	Maura Fiamoncini	13th	javelin
2019	Maura Fiamoncini	9th	javelin
2021	Maura Fiamoncini	3rd	javelin
2024	Evelyn Bliss	13th	javelin

NCAA REGIONAL QUALIFIERS

2003	Nicole Piper	30th	800m
	Maria Garcia	20th	hammer
2004	Melanie Buczek	4th	pole vault
	Maria Garcia	8th	hammer
	Angie Hall	9th	pole vault
	Ann Doty	29th	triple jump
	Tolu Fayanjuaola	34th	long jump
2005	Melanie Buczek	7th	pole vault
2006	Christa Sawko	13th (Prelims)	800m
	Catherine Trentacoste	26th	400m
	Melanie Buczek	12th	pole vault
	Marjorie Grap	17th	hammer
	Marjorie Grap	20th	discus
2007	Christa Sawko	14th	800m
	--	--	1,500m
	Christine Totten	13th	steeple
	Amy Mantush	20th	high jump
	Melanie Buczek	10th	pole vault
	Beverly Rogers	13th	javelin
	Marjorie Grap	6th	hammer
		24th	discus
2008	Amanda Mockbee	16th	discus
	Beverly Rogers	9th	javelin
	Laura Rycek	19th	javelin
2009	Sarah Bella	19th	shot put
		26th	discus
	Rebecca Frey	19th	pole vault
	Stephanie Fulmer	27th	1,500m
	Megan Hathaway	21st	800m
	Amy Mantush	--	high jump
		--	triple jump
2010	Laura Rycek	30th	javelin
2011	Kat Folger	45th	javelin
	Laura Rycek	11th	javelin
	Taylor Siegrist	42nd	javelin
2012	Kat Folger	31st	javelin
	Taylor Siegrist	32nd	javelin
2015	Sophia Nnadi	37th	shot put
2016	Christine Bendzinski	27th	1,500m
	Kate Scott	34th	5,000m
	Dayna Simone	20th	javelin
2017	Christine Bendzinski	35th	1,500m
	Colleen Buckley	42nd	5,000m
	Sarah Chandler	31st	Steeple
	Meg Sangimino	26th	javelin
	Rebecca Skovira	28th	javelin
	Kate Scott	37th	10,000m
2018	Christine Bendzinski	14th	5,000m
		24th	1,500m
	Colleen Buckley	13th	10,000m
	Maura Fiamoncini	5th	javelin
2019	Maura Fiamoncini	2nd	javelin
2021	Maura Fiamoncini	5th	javelin
	Ashlyn Ramos	37th	10k
2023	Karen Hull	43rd	high jump
	Brylee Tereska	38th	javelin
2024	Evelyn Bliss	5th	javelin
	Karen Hull	24th	high jump
	Brylee Tereska	26th	javelin
	Justley Sharp	38th	shot put
		42nd	discus

PATRIOT LEAGUE CHAMPIONS

1991	Dawn Ellery		high jump
	Lynnette McBride		long jump
	Lynda Rose		triple jump
	Karen Shimomura		100m H
	Tricia Plasko		100m, 200m
	Carla DeBiasi		400m H
	Dana Harbst		4x100m
	Tricia Plasko		relay
	Audra Wilson		

	Lynnette McBride		
	Audra Wilson	4x400m	
	Tricia Plasko	relay	
	Gina Abraham		
	Lynnette McBride		
1992	Kristen Opdyke	10K	
	Dawn Ellery	high jump	
	Tameka Hinton	100m	
	Tricia Plasko	200m	
	Julie Diercks	4x100m	
	Tricia Plasko	relay	
	Audra Wilson		
	Tameka Hinton		
1993	Bridget Dean	100m H	
	Tameka Hinton	100m	
	Sharon Shilling	4x100m	
	Dana Harbst	relay	
	Bridget Dean		
	Tameka Hinton		
1994	Kristen Overturf	discus	
	Norine Nadeau	high jump	
	Tameka Hinton	100m, 200m	
	Becky Tobin	4x800m	
	Kathy Wurster	relay	
	Leah Johnson		
	Maria Ryan		
1995	Tameka Hinton	100m, 200m,	
		shot put	
	Bridget Dean	400m H	
	Norine Nadeau	high jump, long jump	
1996	Norine Nadeau	high jump, long jump	
	Tria Tyler	discus	
1997	Jennifer Rice	long jump	
	Tria Tyler	discus	
	Yetunde Daniels	200m, 400m	
	Julie Sweitzer	1,500m	
1998	Yetunde Daniels	200m	
	Carly Graytock	10K	
	Kim McGrath	triple jump	
	Tria Tyler	discus	
1999	Yetunde Daniels	200m	
	Stephanie Bango	800m	
	Julie Sweitzer	1,500m	
	Annie Hamlin	3,000m, 5,000m	
	Carly Graytock	10K	
	LaTonya McSwain	4x400m	
	Jessica Quintana	relay	
	Yetunde Daniels		
	Stephanie Bango		
	Stephanie Bango	4x800m	
	Meg Ghiggeri	relay	
	Kelly McConnell		
	Julie Sweitzer		
2000	Stephanie Bango	800m	
	Yetunde Daniels	200m, 400m	
	Becki Marshall	1,500m	
	Carly Graytock	10K	
	Linda Mangan	4x800m	
	Laura Ryan	relay	
	LaTonya McSwain		
	Stephanie Bango		
2001	Becki Marshall	5,000m	
	Khadija Shariff	400m, 400m H	
	Maria Garcia	hammer	
	Dionne Bonds	triple jump	
	Laura Ryan	4x400m	
	Kristin Kyzmir	relay	
	Khadija Shariff		
	LaTonya McSwain		
	Laura Ryan	4x800m	
	Kelly McConnell	relay	
	LaTonya McSwain		
	Stephanie Bango		
2002	Stephanie Bango	800m	
	Maria Garcia	hammer	
	Nicole Piper	4x800m	
	LaTonya McSwain	relay	
	Stephanie Bango		
2003	Charity Brady	200m	
	Nicole Piper	800m	
	Maria Garcia	hammer	
2004	Tolu Fayanjuaola	100m, long jump	
	Maria Garcia	hammer	
	Ann Doty	triple jump	
	Angie Hall	pole vault	
2005	Christa Sawko	800m	
	Angela McFarland	hammer	
	Marjorie Grap	discus, shot put	
	Ann Doty	triple jump	

	Melanie Buczek	pole vault	
	Amy Calvo	4x800m	
	Lauren Bricker	relay	
	Jennifer Marsh		
	Christa Sawko		
2006	Melanie Buczek	pole vault	
	Marjorie Grap	discus, hammer	
	Catherine Trentacoste	400m	
	Christa Sawko	800m	
	Lauren Bricker	steeple	
	Kerryann Branker	4x800m	
	Lauren Bricker	relay	
	Christa Sawko		
	Erin Cranmer-Hart		
2007	Christa Sawko	800m, 1,500m	
	Christine Totten	steeple	
	Marjorie Grap	discus	
	Amy Mantush	high jump	
	Erin Cranmer-Hart	4x800m	
	Offeibe Hanson-Hall	relay	
	Victoria Gilbert		
	Christa Sawko		
2008	Amanda Mockbee	discus	
	Beverly Rogers	javelin	
2009	Sarah Bella	discus, shot put	
	Rebecca Frey	pole vault	
	Stephanie Fulmer	1,500m	
	Megan Hathaway	800m	
	Jamie Leacock	400m H	
	Amy Mantush	high jump,	
		triple jump	
	Jenny Dalzell	4x400m	
	Jennifer Pierce	relay	
	Kalle James-Wintjen		
	Megan Hathaway		
	Amanda Steinke	4x800m	
	Stephanie Fulmer	relay	
	Jenny Dalzell		
	Megan Hathaway		
2010	Casey Krause	triple jump	
	Amy Mantush	long jump	
	Rebecca Misko	discus	
	Chelsey Musante	hammer,	
		shot put	
	Allison Janda	4x800m	
	Caroline Tolli	relay	
	Stephanie Fulmer		
	Sarah Moniz		
2011	Leah Goeke	steeple	
	Jamie Leacock	400m H	
	Laura Rycek	javelin	
	Jennifer Zymet	400m	
	Jennifer Zymet	4x100m	
	Taylor Funk	relay	
	Christina Muccio		
	Sasha Hornock		
2012	Emily Ando	pole vault	
	Sarah Bella	shot put	
	Kat Folger	javelin	
	Taylor Funk	400m H	
	Emily Waksmunski	4x800m	
	Beth Brauneegg	relay	
	Caroline Tolli		
	Hana Casalnova		
	Jennifer Zymet	400m	
2013	Beth Brauneegg	1,500m	
	Alyssa Cardillo	long jump	
	Chrissy Haney	400m H	
	Sophia Nnadi	shot put	
	Jennifer Zymet	400m	
	Jennifer Zymet	4x100m	
	Sasha Hornock	relay	
	Jess Bridle		
	Kim Nagotko		
	Emily Waksmunski	4x800m	
	Erin Horleman	relay	
	Beth Brauneegg		
	Caroline Tolli		
2015	Efe Agege	triple jump	
	Sophia Nnadi	shot put	
	Kate Scott	10,000m	
	Jess Bridle	4x100	
	Kafilat Oladiran	relay	
	Kim Lapszynski		
	Kim Nagotko		
2016	Sarah Chandler	1,500m	
	Sophia Nnadi	hammer	
	Kate Scott	10,000m	
	Jen Silvestri	400m H	
2017	Colleen Buckley	10,000m	

	Stephanie Easse		Discus
	Rebecca Skovira		javelin
	Christine Bendzinski		4x800m
	Sarah Chandler		
	Jenna Farmer		
	Kathleen Fitzgerald		
2018	Maura Fiamoncini		javelin
	Colleen Buckley		10,000m
			5,000m
	Christine Bendzinski		1,500m
2019	Lexy Forrestal		high jump
	Maura Fiamoncini		javelin
2021	Maura Fiamoncini		javelin
	Ashlyn Ramos		10k
	Alex Butz		High Jump
2023	Lila Gaughan		
	Karen Hull		
	Bridget Lalonde		
	Meghan Quinn		4x100
	Meghan Quinn		100m
2024	Evelyn Bliss		javelin
	Karen Hull		high jump
	Meghan Quinn		200m

MOST CONFERENCE CHAMPIONSHIPS

Tameka Hinton	1992-95	9
Stephanie Bango	1999-2002	8
Susan Rowland	1986-89	8
Yetunde Daniels	1997-2000	7
Tricia Plasko	1989-92	7
Christa Sawko	2004-07	7
Lynnette McBride	1988-91	6
Christine Bendzinski	2015-18	6
Marjorie Grap	2004-07	5
LaTonya McSwain	1999-2002	5
Norine Nadeau	1993-96	5
Jill Wise	1986-88	5
Jennifer Zymet	2011-2015	5

ALL-EAST/ECAC

1984	Kelly Hoskins	2nd	10K
	Corinne Dinardo	5th	javelin
1985	JoAnne Skinner	2nd	hammer
1986	Heather Korhammer	3rd	javelin
	Sue Lorch	6th	400m H
1987	Judy Perry	2nd	10K
	Jill Wise	5th	triple jump
1988	Jill Wise	2nd	triple jump
	Connie Hall	8th	4x800m
	Alison Saeger		relay
	Sue Wallace		
	Gena Korrell		
1989	Judy Perry	5th	10K
	Alison Saeger	6th	4x400m
	Connie Hall		relay
	Lynnette McBride		
	Susan Rowland		
1993	Norine Nadeau	6th	javelin
1994	Norine Nadeau	4th	heptathlon
	Leah Johnson	6th	4x800m
	Becky Tobin		relay
	Maria Ryan		
	Kathy Wurster		
1995	Norine Nadeau	6th	heptathlon
1996	Norine Nadeau	7th	heptathlon
1999	Emily Hoch	6th	discus
	Emily Hoch	6th	hammer
	Julie Sweitzer	8th	3,000m
	Sara Vargo	8th	heptathlon
2000	Carly Graytock	4th	10K
	Theresa Dennis	7th	10K
2001	Maria Garcia	8th	hammer
	Stephanie Bango	7th	4x800m
	Kristin Kyzmir		relay
	Kelly McConnell		
	LaTonya McSwain		
2003	Maria Garcia	5th	hammer
2004	Melanie Buczek	1st	pole vault
	Maria Garcia	2nd	hammer
	Jennifer Marsh	5th	4x800m
	Laura Nagy		relay
	Lauren Bricker		
	Christa Sawko		
2005	Beverly Rogers	6th	javelin
	Jennifer Marsh	1st	4x800m
	Amy Calvo		relay
	Lauren Bricker		
	Christa Sawko		
2006	Marjorie Grap	3rd	hammer
	Melanie Buczek	2nd	pole vault
	Christa Sawko	4th	800m

OUTDOOR TRACK & FIELD AWARDS

2007	Marjorie Grap	2nd	hammer
	Marjorie Grap	8th	discus
	Leanna Nastase	6th	10K
	Offeibea Hanson-Hall	4th	4x800m
	Erin Cranmer-Hart		relay
	Allison Janda		
	Christa Sawko		
2008	Beverly Rogers	8th	javelin
	Laura Rycak	7th	javelin
	Megan Hathaway	7th	4x800m
	Allison Janda		relay
	Jenny Dalzell		
	Jenn Pierce		
2009	Gillian Nordquist	5th	10K
2010	Chelsey Musante	6th	shot put
	Laura Rycak	6th	javelin
2011	Laura Rycak	6th	javelin
	Hana Casanova	4th	4x800m
	Emily Waksmundski		relay
	Erin Holbrook		
	Caroline Tolli		
2012	Kat Folger	2nd	javelin
2013	Katie Jessee	6th	3,000m
2015	C. Bendzinski	2nd	1500m
	Sophia Nnadi	4th	shot put
	Kate Scott	5th	10,000m
	Dayana Simone	4th	javelin
2016	C. Bendzinski	1st	1,500m
	Abigail Brundage	4th	shot put
	Deanna Godby	7th	10,000m
	Sophia Nnadi	6th	shot put
	Meg Sangimino	5th	javelin
	Kate Scott	1st	10,000m
	Dayna Simone	6th	javelin
	Rebecca Skovira	8th	javelin
2017	Colleen Buckley	7th	10,000m
	Sarah Chandler	2nd	steeple
	Jenna Farmer	1st	3,000
	Kaitlin Salisbury	4th	long jump
	Meg Sangimino	5th	javelin
	Rebecca Skovira	2nd	javelin
2018	Maura Fiamoncini	1st	javelin
	Taylor Oxley	7th	javelin
	Kasey Getkin	8th	javelin
	Kaitlin Salisbury	6th	long jump
	Margaret Thomson	7th	steeple
	Christine Bendzinski	2nd	4x800
	Madeleine Hunt		
	Tia Tardy		
	Jenna Farmer		
	Lauren Hudson	7th	high jump
2019	Maura Fiamoncini	2nd	javelin
	Kaitlin Salisbury	6th	100
2021	Bridget Lalonde	4th	
	Meghan Quinn		
	Gianna Macones		
	Karen Hull		4x100
	Emily Deschler	6th	10k
	Abby Kates	4th	High Jump
	Meghan Quinn	6th	100
	Gianna Macones	6th	Long Jump
	Michaela Bracken	2nd	400H
2022	Ashlyn Ramos	1st	10k
	Michaela Bracken	2nd	high jump
	Mia Bellucci	5th	5k
	Bridget Lalonde	6th	
	Meghan Quinn		
	Gianna Macones		
	Michaela Bracken		4x100
	Siobhan O'Sullivan	6th	shot put
	Michaela Bracken	8th	400m H
2023	Karen Hull	1st	high jump
	Brylee Tereska	2nd	javelin
	Abby Kates	4th	high jump
	Meghan Smith	4th	10k
2024	Justley Sharp	2nd	shot put
		6th	discus
	Evelyn Bliss	2nd	javelin
	Meghan Rentner	2nd	3000m
	Brylee Tereska	4th	javelin
	Kailey Granger	4th	3000m
	Madison McGloin	5th	hammer
	Margaret McLoughlin	5th	10000m
	Megan Baggetta	6th	triple jump
	Elizabeth Bryant	7th	pole vault
	Lauren Shaffer	7th	
	Kailey Granger		
	Aidan Smith		
	Laura Posh		4x800
	Lauren Joyce	8th	10000m

EIAIW, ECC CHAMPIONS

1981	Nancy Russo	long jump
1983	Lonnie Fertik	high jump
1984	Judy Olson	800m
	Corinne Dinardo	javelin
	Kelly Hoskins	10K
	Debbie Passmore	1,500m
1985	JoAnne Skinner	discus
	Liz Ludwigson	800m
	Tracy Bigley	1,500m
	Gabrielle Czaja	5,000m
1986	Dawne Quackenboss	10K
	Tracy Bigley	3,000m
	Vicki Weiss	800m
	Heather Korhammer	javelin
	Jill Wise	triple jump
1987	Jill Wise	triple jump
	Judy Perry	10K, 5,000m
	Susan Rowland	100m
	Heather Korhammer	javelin
1988	Jill Wise	long jump, triple jump
	Heather Korhammer	javelin
	Susan Rowland	100m, 200m
	Susan Rowland	4x100m
	Alison Saeger	relay
	Jill Wise	
	Margaret Wilkes	
	Alison Saeger	4x400m
	Connie Hall	relay
	Sue Wallace	
	Susan Rowland	
1989	Judy Perry	10K
	Helene Wieting	5,000m, 10K
	Juli Winkler	shot put
	Heather Korhammer	javelin
	Susan Rowland	200m, 400m
	Alison Saeger	4x400m
	Connie Hall	relay
	Lynnette McBride	
	Susan Rowland	
1990	Judy Perry	10K
	Juli Winkler	shot put
	Lynnette McBride	long jump
	Margaret Wilkes	100m H
	Kelly Marsh	5,000m
	Erin Ryan	4x400m
	Tricia Plasko	relay
	Alison Saeger	
	Lynnette McBride	

EAST COAST CONFERENCE AWARDS

1988	Jill Wise	Outstanding Athlete
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ECAC CHAMPIONS

ALL-PATRIOT LEAGUE*

1994	Adele Conover, Bridget Dean, Jodi DeRonde, Jennifer Hater, Tameka Hinton, Leah Johnson, Beth Muehl, Norine Nadeau, Janet Oleary, Kristen Overturf, Hayden Pasco, Maria Ryan, Sharon Shilling, Becky Tobin, Kathy Wurster	long jump
1995	Bridget Dean, Tameka Hinton, Norine Nadeau	
1996	Adele Conover, Kate DeiCas, Jodi DeRonde, Tina Hall, Karen Horn, Norine Nadeau, Jessica Quintana, Tria Tyler	
1997	Yetunde Daniels, Kate DeiCas, Jennifer Rice, Tria Tyler	
1998	Yetunde Daniels, Jen Flanders, Carly Graytock, Annie Hamlin, Emily Hoch, Karen Leonard, Kim McGrath, Jen Middleton, Jessica Quintana, Jennifer Rice, Laura Ryan, Julie Sweitzer, Tria Tyler, Sara Vargo	
1999	Stephanie Bango, Yetunde Daniels, Meg Ghiggeri, Carly Graytock, Annie Hamlin, Kelly McConnell, Kim McGrath, LaTonya McSwain, Jessica Quintana, Julie Sweitzer, Tria Tyler	
2000	Yetunde Daniels, Edwina Bourn, Sara Vargo, Kim McGrath, Kristin Kyzmir, Carly Graytock, Theresa Dennis, Linda Mangan, Laura Ryan, LaTonya McSwain, Stephanie Bango, Jennifer Hart, Becki Marshall, Andrea Nyce, Khadija	

	Shariff, Lori Allen	
2001	Stephanie Bango, Dionne Bonds, Edwina Bourn, Chris Crowe, Theresa Dennis, Maria Garcia, Kristin Kyzmir, Shannon Maher, Becki Marshall, Kelly McConnell, LaTonya McSwain, Andrea Nyce, Laura Ryan, Khadija Shariff	
2002	Stephanie Bango, Edwina Bourn, Chris Crowe, Kristin Ferrell, Maria Garcia, Rehana Lanewala, Becki Marshall, Kelly McConnell, LaTonya McSwain, Nicole Piper	
2003	Monique Boley, Dionne Bonds, Edwina Bourn, Charity Brady, Amy Calvo, Theresa Dennis, Maria Garcia, Rehana Lanewala, Kiley MacDonald, Nicole Piper	
2004	First Team: Ann Doty, Tolu Fayanjuola, Maria Garcia, Angie Hall Second Team: Lauren Bricker, Melanie Buczko, Amy Calvo, Megan Frederick, Jennifer Marsh, Katie Pfeifer, Christa Sawko, Jenny Stevens	
2005	First Team: Lauren Bricker, Melanie Buczko, Amy Calvo, Ann Doty, Marjorie Grap, Jennifer Marsh, Angela McFarland, Christa Sawko Second Team: Kat Allen, Monique Boley, Lauren Bricker, Tolu Fayanjuola, Marjorie Grap, Jennifer Marsh, Amanda Mockbee, Nina Reinhardt, Beverly Rogers, Christa Sawko	
2006	First Team: Kerryann Branker, Lauren Bricker, Melanie Buczko, Erin Cranmer-Hart, Marjorie Grap, Christa Sawko, Catherine Trentacoste Second Team: Nicole Ayala, Megan Hathaway, Kathleen Hart, Leanna Nastase, Nina Reinhardt, Beverly Rogers, Christa Sawko, Catherine Trentacoste, Sarah Vanden Broek	
2007	First Team: Christa Sawko, Christine Totten, Marjorie Grap, Amy Mantush, Erin Cranmer-Hart, Offeibea Hanson-Hall, Victoria Gilbert Second Team: Melanie Buczko, Erin Cranmer-Hart, Ann Doty, Marjorie Grap, Kathleen Hart, Megan Hathaway, Allison Janda, Jennifer Pierce, Nina Reinhardt, Beverly Rogers, Catherine Trenacoste	
2008	First Team: Amanda Mockbee, Beverly Rogers Second Team: Lindsay Appel, Erin Cranmer-Hart, Jenny Dalzell, Rebecca Frey, Offeibea Hanson-Hall, Megan Hathaway, Allison Janda, Amy Mantush, Jennifer Pierce, Laura Rycak, Andrea Wright	
2009	First Team: Sarah Bella, Jenny Dalzell, Rebecca Frey, Stephanie Fulmer, Megan Hathaway, Kalle James-Wintjen, Jamie Leacock, Amy Mantush, Jennifer Pierce, Amanda Steinke Second Team: Chelsey Musante, Laura Rycak	
2010	First Team: Stephanie Fulmer, Allison Janda, Casey Krause, Amy Mantush, Rebecca Misko, Sarah Moniz, Chelsey Musante, Caroline Tolli Second Team: Lindsay Appel, Sarah Bella, Kristin Bretscher, Sasha Hornock, Amy Mantush, Sarah Moniz, Christina Muccio, Chelsey Musante, Laura Rycak	
2011	First Team: Taylor Funk, Leah Goeke, Sasha Hornock, Jamie Leacock, Christina Muccio, Laura Rycak, Jennifer Zymet Second Team: Beth Braunegg, Hana Casanova, Kelly Grosskurth, Sasha Hornock, Rebecca Misko, Sarah Moniz, Caroline Tolli, Jennifer	

Zymet

2012	First Team: Emily Ando, Sarah Bella, Beth Braunegg, Hana Casanova, Kat Folger, Taylor Funk, Caroline Tolli, Emily Waksmundski, Jennifer Zymet Second Team: Leah Goeke	
2013	First Team: Beth Braunegg, Jess Bridle, Alyssa Cardillo, Chrissy Haney, Erin Horleman, Sasha Hornock, Kim Nagotko, Sophia Nnadi, Caroline Tolli, Emily Waksmundski, Jennifer Zymet Second Team: Emily Ando, Kim Nagotko, Alexandra Romanelli, Caroline Tolli	
2014	Second Team: Hana Casanova, Kim Nagotko, Sophia Nnadi, Elyse Pettaway, Jenn Silvestri, Jennifer Zymet	
2015	First Team: Efe Agega, Jess Bridle, Catherine Scott, Kim Lapszynski, Kim Nagotko, Sophia Nnadi, Kafilat Oladiran Second Team: Christine Bendzinski, Stephanie Easse	
2016	First Team: Sarah Chandler, Sophia Nandi, Kate Scott, Jen Silvestri Second Team: Jess Bridle, Christine Bendzinski, Colleen Buckley, Sarah Chandler, Kathleen Fitzgerald, Dayna Simone	
2017	First Team: Christine Bendzinski, Colleen Buckley, Sarah Chandler, Stephanie Easse, Jenna Farmer, Kathleen Fitzgerald, Rebecca Skovira Second Team: Christine Bendzinski, Colleen Buckley, Sarah Chandler, Molly Montalvo, Kaitlin Salisburry, Meg Sangimino, Ella Schultz, Kate Scott	
2018	First Team: Colleen Buckley, Maura Fiamoncini, Christine Bendzinski Second Team: Kaitlin Salisburry, Molly Montalvo, Lauren Hudson	
2019	First Team: Maura Fiamoncini, Lexy Forrestal Second Team: Jenna Farmer, Tia Tardy, Taylor O'Brien, Kaitlin Salisburry	
2021	First Team: Maura Fiamoncini, Alex Butz, Ashlyn Ramos Second Team: Ashlyn Ramos, Karly Forker	
2022	Second Team: Michaela Bracken, Karen Hull, Bridget Lalonde, Gianna Macones, Meghan Quinn, Ashlyn Ramos	
2023	First Team: Lila Gaughan, Karen Hull, Bridget Lalonde, Meghan Quinn Second Team: Olivia Boyce, Jessie Castellano, Karen Hull, Bridget Lalonde, Katherine Loew, Meghan Quinn	
2024	First Team: Evelyn Bliss, Karen Hull, Meghan Quinn Second Team: Abby Eisold, Meghan Quinn, Justley Sharp	

* - All-Patriot League teams began in 1994. First and second team designation began in 2004.

PATRIOT LEAGUE AWARDS

1988	Jill Wise	Outstanding Athlete
1995	Tameka Hinton	Athlete of Meet
1996	Norine Nadeau	Athlete of Meet
1999	Art Gulden	Coach of Year
2000	Art Gulden	Coach of Year
2001	Art Gulden	Coach of Year
2002	Kevin Donner	Coach of Year
2004	Kevin Donner	Coach of Year
	Maria Garcia	Field Athlete of Meet
2005	Kevin Donner	Coach of Year
	Marjorie Grap	Field Athlete of Meet
	Beverly Rogers	Rookie of Meet
2006	Catherine Trentacoste	Track Athlete of Meet
2007	Kevin Donner	Coach of Year
2009	Amy Mantush	Field Athlete of Meet
	Sarah Bella	Rookie of Meet
2010	Chelsey Musante	Field Athlete of Meet
	Kevin Donner	Coach of Year
2011	Kevin Donner	Coach of Year

OUTDOOR TRACK & FIELD AWARDS

2013	Chrissy Haney	Rookie of Meet
	Kevin Donner	Coach of Year
2015	Kevin Donner	Coach of Year
	Sophia Nnadi	Field Athlete of Meet
	Efe Agege	Rookie of Meet
2016	Kevin Donner	Coach of the Year
2017	Kevin Donner	Coach of the Year
2023	Meghan Quinn	Women's Highest Point Scorer
2024	Evelyn Bliss	Women's Rookie of the Meet

PATRIOT LEAGUE MEET

RECORD HOLDERS

2004	Maria Garcia	hammer
2006	Melanie Buczeko	Pole Vault
2012	Emily Wakszynski	4x800m
	Beth Braunegg	
	Caroline Tolli	
	Hana Casalnova	
2015	Efe Agege	Triple Jump
	Sophia Nnadi	Shot Put
	Kate Scott	10,000m
2021	Maura Fiamoncini	Javelin
2024	Meghan Quinn	200m

INDOOR TRACK & FIELD AWARDS

NCAA CHAMPIONSHIP QUALIFIERS

1988	Jill Wise	11th	triple jump
2005	Melanie Buczko	14th	pole vault
PATRIOT LEAGUE CHAMPIONS			
1991	Lynnette McBride		long jump
	Lynda Rose		triple jump
	Dawn Ellery		high jump
	Karen Shimomura		55m H
	Tricia Plasko		55m, 200m
1992	Dawn Ellery		high jump
	Tameka Hinton		55m, 200m
	Becky Tobin		4x880y
	Gina Abraham		relay
	Leah Johnson		
	Kristen Opdyke		
1993	Dawn Ellery		high jump
	Tameka Hinton		55m, 200m,
			shot put
	Bridget Dean		500m
	Kristen Opdyke		3,000m
	Kelly Peet		triple jump
1994	Adele Conover		55m H
	Tameka Hinton		55m, 200m
	Becky Tobin		4x800m
	Leah Johnson		relay
	Maria Ryan		
	Kathy Wurster		
1995	Tameka Hinton		55m, 200m
	Bridget Dean		4x440y
	Karen Leonard		relay
	Tameka Hinton		
	Sharon Shilling		
1996	Tina Hall		55m H
	Norine Nadeau		long jump
1997	Kate DeiCas		long jump
	Yetunde Daniels		200m, 400m
	Jessica Quintana		4x400m
	Karen Leonard		relay
	Connie Hamlin		
	Yetunde Daniels		4x800m
	Julie Sweitzer		relay
	Connie Hamlin		
	Annie Hamlin		
	Pamela Richardson		
1998	Julie Sweitzer		800m, mile
	Jennifer Rice		long jump,
			triple jump
	Yetunde Daniels		200m, 400m
	Pamela Richardson		1,000m
	Laura Ryan		500m
	Yetunde Daniels		4x400m
	Jessica Quintana		relay
	Karen Leonard		
	Laura Ryan		
	Connie Hamlin		4x800m
	Annie Hamlin		relay
	Pamela Richardson		
	Julie Sweitzer		
1999	Kim McGrath		long jump
	Stephanie Bango		4x400m
	LaTonya McSwain		relay
	Jessica Quintana		
	Laura Ryan		
	Stephanie Bango		4x800m
	Meg Ghiggeri		relay
	Julie Sweitzer		
	Meredith O'Doherty		
	Annie Hamlin		3,000m, 5,000m
	Stephanie Bango		800m
	Julie Sweitzer		1,000m, mile
2000	Kim McGrath		triple jump
	Yetunde Daniels		200m, 400m
	Jennifer Hart		5,000m
	Stephanie Bango		800m
	Christie Wolfgang		4x400m
	LaTonya McSwain		relay
	Yetunde Daniels		
	Meg Ghiggeri		4x800m
	Kelly McConnell		relay
	LaTonya McSwain		
	Stephanie Bango		
	Linda Mangan		distance
	Kristin Kyzmir		medley relay

	Stephanie Bango		
	Becki Marshall		
2001	Stephanie Bango	400m, 800m	
	Jamie Lilien	55m H	
	Stephanie Bango	4x400m	
	LaTonya McSwain	relay	
	Christie Wolfgang		
	Khadija Shariff		
	Stephanie Bango	4x800m	
	Kelly McConnell	relay	
	LaTonya McSwain		
	Laura Ryan		
	Michelle Baylor	distance	
	Kelly McConnell	medley relay	
	Nicole Piper		
	Laura Ryan		
2002	Rehana Lanewala	200m	
	Stephanie Bango	800m	
	Amy Calvo	4x400m	
	Rehana Lanewala	relay	
	LaTonya McSwain		
	Stephanie Bango		
	Nicole Piper	4x800m	
	LaTonya McSwain	relay	
	Kelly McConnell		
	Stephanie Bango		
2003	Nicole Piper	800m	
	Theresa Dennis	5,000m	
	Amy Calvo	400m	
	Dionne Bonds	triple jump	
2004	Tolu Fayanjuola	long jump,	
		60m	
	Melanie Buczko	pole vault, 60m H	
	Ann Doty	triple jump	
	Amy Calvo	400m	
	Christa Sawko	800m	
2005	Nina Reinhardt	pentathlon	
	Lauren Bricker	800m	
	Kayla Halloran	5,000m	
	Christa Sawko	1,000m	
	Ann Doty	triple jump	
	Marjorie Grap	shot put, 20-lb. wt.	
2006	Melanie Buczko	pole vault	
	Lauren Bricker	800m	
	Kati Dempsey	high jump	
	Ann Doty	triple jump	
	Marjorie Grap	20-lb. wt.	
	Christa Sawko	1,000m	
	Catherine Trentacoste	4x400m	
	Megan Hathaway	relay	
	Christa Sawko		
	Kat Allen		
	Christa Sawko	4x800m	
	Victoria Gilbert	relay	
	Offeibea Hanson-Hall		
	Lauren Bricker		
2007	Melanie Buczko	pole vault	
	Erin Cranmer-Hart	mile	
	Marjorie Grap	20-lb. wt.	
	Amy Mantush	high jump	
	Leanna Nastase	5,000m	
	Christa Sawko	800m	
	Catherine Trentacoste	400m	
	Mariel Fink	4x800m	
	Victoria Gilbert	relay	
	Offeibea Hanson-Hall		
	Christa Sawko		
2008	Nicole Ayala	long jump	
	Erin Cranmer-Hart	mile	
	Megan Hathaway	500m	
	Jenny Dalzell	4x800m	
	Victoria Gilbert	relay	
	Allison Janda		
	Offeibea Hanson-Hall		
	Offeibea Hanson-Hall	distance	
	Jenny Dalzell	medley relay	
	Victoria Gilbert		
	Erin Cranmer-Hart		
2009	Rebecca Frey	pole vault	
	Stephanie Fulmer	mile	
	Megan Hathaway	500	
	Chelsey Musante	20-lb. wt.	
	Lindsay Appel	4x400m	
	Jenny Dalzell	relay	
	Jennifer Pierce		

	Megan Hathaway		
2010	Lindsay Appel	400m	
	Casey Krause	triple jump	
	Amy Mantush	heptathlon,	
		high jump	
	Chelsey Musante	20-lb. wt.,	
		shot put	
	Stephanie Fulmer	4x800	
	Allison Janda	relay	
	Caroline Tolli		
	Jennifer Pierce		
2011	Sarah Bella	shot put	
	Sasha Hornock	60m	
2012	Emily Ando	pole vault	
	Sarah Bella	shot put	
	Caroline Tolli	1,000m	
	Jennifer Zymet	4x400m	
	Hana Casalnova		
	Kim Nagotho		
	Sasha Hornock		
2013	Olivia Massey	long jump	
	Sophia Nnadi	shot put	
	Alexandra Romanelli	triple jump	
	Caroline Tolli	mile	
	Jennifer Zymet	500m	
2015	Christine Bendzinski	1000m, mile	
	Efe Agege	triple jump	
	Abigail Brundage	shot put	
	Kim Nagotho	400m	
	Jen Silvestri	500m	
	Allison Sharkey	4x400	
	Reagan Cerney	relay	
	Jen Silvestri		
	Kim Nagotho		
	Reagan Cerney	4x800	
	Emma Harris	relay	
	Sarah Chandler		
	Christine Bendzinski		
	Sarah Chandler	distance medley	
	Laura Papilli	relay	
	Emma Cousins		
	Katie Jessee		
	Alison Varano	pentathlon	
2016	Christine Bendzinski	mile	
	Sarah Chandler	1,000m	
	Emma Harris	4x800	
	Seline Tan-Torres	relay	
	Christine Bendzinski		
	Sarah Chandler		
	Sophia Nnadi	20-lb. wt.	
2017	Christine Bendzinski	mile	
		3,000m	
	Sarah Chandler	1,000m	
	Kaitlin Salisbury	60m	
	Emma Harris	4x800	
	Margaret Sliney		
	Christine Bendzinski		
	Sarah Chandler		
	Emma Harris	DMR	
	Emily Ryan		
	Margaret Sliney		
	Sarah Chandler		
2018	Christine Bendzinski	mile	
	Colleen Buckley	3,000m	
		5,000m	
	Lauren Hudson	high jump	
	Jenna Farmer	4x800	
	Gianna Mincone		
	Tia Tardy		
	Christine Bendzinski		
2019	Ashley Blair	3,000m	
	Kaitlin Salisbury	60m	
2020	Kaitlin Salisbury	60m	
2022	Meghan Quinn	60m	

MOST CONFERENCE CHAMPIONSHIPS

Stephanie Bango.....	1999-2002.....	13
Tameka Hinton.....	1992-95.....	10
Yetunde Daniels.....	1997-2000.....	9
LaTonya McSwain.....	1999-2002.....	7
Christa Sawko.....	2004-07.....	7
Julie Sweitzer.....	1996-99.....	7
Susan Rowland.....	1986-89.....	6
Laura Ryan.....	1998-2001.....	6
Alison Saeger.....	1988-91.....	5

Nine tied with.....4

ALL-EAST/ECAC

1985	Gabrielle Czaja	5th	5,000m
1987	Judy Perry	3rd	5,000m
1988	Jill Wise	2nd	triple jump
1989	Gena Korrell	2nd	1,000m
1994	Norine Nadeau	7th	pentathlon
1997	Julie Sweitzer	2nd	4x800m
	Connie Hamlin		relay
	Annie Hamlin		
	Pamela Richardson		
1998	Jean Rice	6th	long jump
	Julie Sweitzer	6th	mile
1999	Stephanie Bango	5th	4x800m
	LaTonya McSwain		relay
	Julie Sweitzer		
	Meredith O'Doherty		
2000	Kim McGrath	7th	triple jump
	Stephanie Bango	5th	4x400m
	LaTonya McSwain		relay
	Christie Wolfgang		
	Yetunde Daniels		
2001	Laura Ryan	3rd	4x800m
	Kelly McConnell		relay
	LaTonya McSwain		
	Stephanie Bango		
2002	Stephanie Bango	8th	800m
	Stephanie Bango	6th	distance
	Rehana Lanewala		medley relay
	LaTonya McSwain		
	Kelly McConnell		
2003	Theresa Dennis	4th	5,000m
2004	Melanie Buczko	7th	pole vault
	Jennifer Marsh	5th	4x800m
	Amy Calvo		relay
	Lauren Bricker		
	Christa Sawko		
2005	Melanie Buczko	1st	pole vault
	Angie Hall	6th	pole vault
2006	Melanie Buczko	3rd	pole vault
	Marjorie Grap	3rd	20-lb. wt.
	Lauren Bricker	2nd	4x800m
	Offeibea Hanson-Hall		relay
	Victoria Gilbert		
	Christa Sawko		
	Erin Cranmer-Hart	7th	distance
	Catherine Trentacoste		medley relay
	Christa Sawko		
	Jenny Stevens		
2007	Erin Cranmer-Hart	4th	mile
	Christa Sawko	3rd	800m
	Melanie Buczko	2nd	pole vault
	Angie Hall	6th	pole vault
	Marjorie Grap	1st	20-lb. wt.
2008	Rebecca Frey	8th	pole vault
2009	Chelsey Musante	5th	20-lb. wt.
		7th	shot put
2010	Amy Mantush	7th	high jump
	Chelsey Musante	8th	20-lb. wt.
2011	Beth Brauneegg	7th	distance
	Jennifer Zymet		medley relay
	Erin Horleman		
	Emily Liggett		
2013	Beth Brauneegg	8th	1,000m
	Hana Casalnova	3rd	1,000m
	Caroline Tolli	3rd	mile
2014	Hana Casalnova	4th	800m
	Jennifer Zymet	3rd	500m
	Jess Bridle	4th	4x400m
	Jennifer Zymet		relay
	Jenn Silvestri		
	Kim Nagotho		
	Sarah Chandler	8th	4x800m
	Seline Tan-Torres		relay
	Kylie Pearse		
	Morgan Roche		
2015	Abigail Brundage	7th	shot put
	Allison Sharkey	7th	4x400m
	Elyse Pettaway		relay
	Kim Nagotho		
2016	Christine Bendzinski	8th	5,000m
	Sarah Chandler	3rd	1,000m
	Kate Scott	7th	3,000m
	Allison Sharkey	5th	4x400

INDOOR TRACK & FIELD AWARDS

	Jess Bridle		relay
	Laura Papili		
	Jen Silvestri		
2017	Sarah Chandler	7th	mile
	Christine Bendzinski	3rd	3,000m
	Colleen Buckley	4th	3,000m
	Allison Sharkey	6th	4x400
	Emily Ryan		
	Margaret Sliney		
	Elyse Pettaway		
	Kathleen Fitzgerald	8th	DMR
	Laura Papili		
	Jenna Farmer		
	Margaret Thomson		
2018			
2019	Colleen Buckley	7th	5,000m
	Alexandra Butz	8th	high jump
	Kaitlin Salisbury	1st	60m
2020	Ashlyn Ramos	6th	5000
	Lexy Forrestal	5th	High Jump
	Alexandra Butz	7th	High Jump
		6th	Pole Vault
	Gianna Macones	8th	Long Jump
	Kaitlin Salisbury	4th	60m
	Karly Forker	5th	1000m
2022	Mackenzie Turner	3rd	4x400 Relay
	Jessie Castellano		
	Mikayla Horvath		
	Bridget Lalonde		
	Karen Hull	5th	High Jump
	Gianna Macones	6th	Long Jump
	Siobhan O'Sullivan	4th	Shot Put
2023	Olivia Boyce	8th	High Jump
	Abby Kates	8th	High Jump
	Meghan Quinn	5th	200m
	Bridget Lalonde	3rd	400m
	Katherine Loew	3rd	500m
	Siobhan O'Sullivan	1st	Shot Put
	Mariana Engleby	4th	4x800 Relay
	Hailey Tabar		
	Meredith Haberfield		
	Eva Lindner		
	Caryn Rippey	4th	DMR
	Alison Cooke		
	Anna Posh		
	Ally Clarke		
	Katherine Loew	2nd	4x400 Relay
	Jessie Castellano		
	Meghan Quinn		
	Bridget Lalonde		
2024	Anna Posh	7th	500m
	Elizabeth Bryant	5th	Pole Vault
	Madeline Lehker	5th	High Jump
	Avery Rebar	5th	Shot Put
	Abby Paczewski	4th	3000m
	Abby Eisold	4th	High Jump
	Abby Eisold	4th	Long Jump
	Karly Renn	4th	Pole Vault
	Lila Gaughan	3rd	Long Jump
	Prizila Negrete	3rd	Shot Put
	Grace Vives	3rd	4x800 Relay
	Eva Lindner		
	Lauren Shaffer		
	Sarah Policano		
	Mariana Engleby	2nd	DMR
	Anna Posh		
	Hailey Tabar		
	Anna Posh	3rd	500m
	Caryn Rippey	1st	3000m

EIAIW CHAMPIONS

1982	Lonnie Fertik	60y H
	Elizabeth Donovan	distance
	Lisa Dignazio	medley relay
	Debbie Passmore	
	Stacey Nicholson	

EAST COAST CONFERENCE CHAMPIONS

1983	Stacey Nicholson	3-mile
	Lonnie Fertik	high jump
	Nancy Nelson	2-mile
	Judy Olson	distance
	Lisa Dignazio	medley relay

	Gabrielle Czaja	
	Stacey Nicholson	
1984	Debbie Passmore	mile
	Gabrielle Czaja	2-mile
	Kelly Hoskins	3-mile
1985	Pam Del Rio	high jump
	Gabrielle Czaja	mile, 2-mile
1986	Liz Ludwigson	1,000m
	Marcie Wieloch	distance
	Dawn Gray	medley relay
	Joanne Menapace	
	Kathleen Jensen	
	Liz Ludwigson	4x800m
	Connie Hall	relay
	Vicki Weiss	
	Sue Wallace	
1987	Jill Wise	long jump, triple jump
	Judy Perry	3-mile
	Susan Rowland	60m, 220y
	Joanne Menapace	2-mile relay
	Colleen Zakrewsky	
	Liz Ludwigson	
	Jennifer Kent	
1988	Alison Saeger	600y
	Kelly Marsh	2-mile
	Jill Wise	triple jump
	Gena Korrell	2-mile relay
	Mary Beth Allan	
	Colleen Zakrewsky	
	Kelly Marsh	
	Alison Saeger	mile relay
	Connie Hall	
	Sue Wallace	
	Susan Rowland	
1989	Susan Rowland	200m, 400m
	Alison Saeger	500m
	Gena Korrell	1,000m
	Alison Saeger	4x400m
	Tricia Plasko	relay
	Connie Hall	
	Susan Rowland	
	Connie Hall	distance
	Alison Saeger	medley relay
	Helene Wieting	
	Gena Korrell	
1990	Juli Winkler	shot put
	Judy Perry	3-mile
	Margaret Wilkes	60yH
	Kelly Marsh	2-mile

ECAC CHAMPIONS

2005	Melanie Buczko	pole vault
2007	Marjorie Grap	weight throw
2019	Kaitlin Salisbury	60m
2023	Siobhan O'Sullivan	Shot Put
2025	Caryn Rippey	3000m

EAST COAST CONFERENCE AWARDS

1989	Susan Rowland	Outstanding Athlete
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ALL-PATRIOT LEAGUE*

1994	Adele Conover, Bridget Dean, Tameka Hinton, Leah Johnson, Norine Nadeau, Maria Ryan, Sharon Shilling, Becky Tobin, Kathy Wurster
1995	Kate DeiCas, Tina Hall, Tameka Hinton, Norine Nadeau
1996	Lisa Allen, Joylyn Brown, Tina Hall, Annie Hamlin, Connie Hamlin, Pamela Richardson, Julie Sweitzer
1997	Yetunde Daniels, Kate DeiCas, Tina Hall, Annie Hamlin, Connie Hamlin, Karen Leonard, Jessica Quintana, Pamela Richardson, Julie Sweitzer
1998	Lori Allen, Yetunde Daniels, Annie Hamlin, Connie Hamlin, Karen Leonard, Michelle Manikowski, Kim McGrath, Jessica Quintana, Jennifer Rice, Pamela Richardson, Laura Ryan, Julie Sweitzer
1999	Stephanie Bango, Kerri Black, Yetunde Daniels, Meg Ghiggeri, Annie Hamlin, Jennifer Hart, Kim McGrath, LaTonya McSwain, Becki

	Marshall, Meredith O'Doherty, Jessica Quintana, Laura Ryan, Julie Sweitzer, Tria Tyler, Christie Wolfgang
2000	Stephanie Bango, Yetunde Daniels, Meg Ghiggeri, Carly Graytock, Jennifer Hart, Kristin Kyzmir, Linda Mangan, Becki Marshall, Kelly McConnell, Kim McGrath, LaTonya McSwain, Laura Ryan, Christie Wolfgang
2001	Stephanie Bango, Michelle Baylor, Andrea Beisser, Jamie Lilien, Becki Marshall, Kelly McConnell, LaTonya McSwain, Andrea Nyce, Nicole Piper, Laura Ryan, Khadija Shariff, Christie Wolfgang
2002	Stephanie Bango, Amy Calvo, Chris Crowe, Samantha Klotz, Rehana Lanewala, Kelly McConnell, LaTonya McSwain, Nicole Piper, Kim Zimbal
2003	Monique Boley, Dionne Bonds, Charity Brady, Keryann Branker, Amy Calvo, Theresa Dennis, Tolu Fayanjuola, Maria Garcia, Jennifer Marsh, Nicole Piper
2004	First Team: Melanie Buczko, Amy Calvo, Ann Doty, Tolu Fayanjuola, Christa Sawko Second Team: Monique Boley, Lauren Bricker, Sarah Groman
2005	First Team: Lauren Bricker, Ann Doty, Marjorie Grap, Kayla Halloran, Nina Reinhardt, Christa Sawko Second Team: Monique Boley, Lauren Bricker, Melanie Buczko, Amy Calvo, Tolu Fayanjuola, Kayla Halloran, Elizabeth Pendleton, Christa Sawko, Danielle Todman
2006	First Team: Kat Allen, Lauren Bricker, Melanie Buczko, Kati Dempsey, Ann Doty, Marjorie Grap, Victoria Gilbert, Offeibea Hanson-Hall, Megan Hathaway, Christa Sawko, Catherine Trentacoste Second Team: Kat Allen, Lauren Bricker, Kati Dempsey, Marjorie Grap, Nina Reinhardt
2007	First Team: Melanie Buczko, Erin Cranmer-Hart, Mariel Fink, Victoria Gilbert, Marjorie Grap, Offeibea Hanson-Hall, Amy Mantush, Leanna Nastase, Christa Sawko, Catherine Trentacoste Second Team: Erin Cranmer-Hart, Jenny Dalzell, Megan Hathaway, Jennifer Pierce, Nina Reinhardt, Jenny Stevens, Catherine Trentacoste
2008	First Team: Nicole Ayala, Erin Cranmer-Hart, Jenny Dalzell, Victoria Gilbert, Offeibea Hanson-Hall, Megan Hathaway, Allison Janda Second Team: Mariel Fink, Rebecca Frey, Victoria Gilbert, Megan Hathaway, Offeibea Hanson-Hall, Allison Janda, Amy Mantush, Jennifer Pierce
2009	First Team: Lindsay Appel, Jenny Dalzell, Rebecca Frey, Stephanie Fulmer, Megan Hathaway, Chelsey Musante, Jennifer Pierce Second Team: Jenny Dalzell, Meghan Frate, Stephanie Fulmer, Megan Hathaway Allison Janda, Chelsey Musante, Jennifer Pierce
2010	First Team: Lindsay Appel, Stephanie Fulmer, Allison Janda, Casey Krause, Amy Mantush, Chelsey Musante, Jennifer Pierce, Caroline Tolli Second Team: Lindsay Appel, Sarah Bella, Sasha Hornock, Allison Janda, Jamie Leacock, Sarah Moniz, Jennifer Pierce

2011	First Team: Sarah Bella, Sasha Hornock Second Team: Rebecca Misko, Jennifer Zymet
2012	First Team: Emily Ando, Sarah Bella, Hana Casanova, Sasha Hornock, Kim Nagotko, Caroline Tolli, Jennifer Zymet Second Team: Hana Casanova, Taylor Funk, Sasha Hornock, Alexandra Romanelli, Autumn Schellenberger
2013	First Team: Olivia Massey, Sophia Nnadi, Alexandra Romanelli, Caroline Tolli, Jennifer Zymet Second Team: Beth Braunnegg, Alyssa Cardillo, Hana Casanova, Erin Holbrook, Chelsea Lodato, Michaela Read, Caroline Tolli, Emily Waksmunski
2014	Second Team: Jess Bridle, Hana Casanova, Kylie Pearse, Allison Sharkey, Jenn Silvestri, Seline Tan-Torres, Emily Waksmunski, Jennifer Zymet
2015	First Team: Efe Agege, Christine Bendzinski, Abigail Brundage, Sarah Chandler, Reagan Cerney, Emily Cousins, Emma Harris, Katie Jessee, Kim Natogko, Laura Papili, Jen Silvestri
2016	First Team: Christine Bendzinski, Sarah Chandler, Emma Harris, Sophia Nnadi, Seline Tan-Torres Second Team: Jess Bridle, Sarah Chandler, Emma Harris, Sophia Nnadi, Grace Loh, Kafilat Oladiran, Laura Papili, Elyse Pettaway, Kate Scott, Alison Sharkey, Jen Silvestri
2017	First Team: Christine Bendzinski, Sarah Chandler, Kaitlin Salisbury, Emma Harris, Emily Ryan, Margaret Sliney, Kathleen Fitzgerald Second Team: Colleen Buckley, Molly Montalvo, Lauren Hudson, Carli Lucke, Ella Schultz, Jenna Farmer
2018	First Team: Christine Bendzinski, Colleen Buckley, Lauren Hudson Second Team: Kaitlin Salisbury, Kafilat Oladiran, Alexandra Butz, Christine Bendzinski, Alexa DiGregorio
2019	First Team: Kaitlin Salisbury, Ashley Blair Second Team: Colleen Buckley
2020	First Team: Kaitlin Salisbury Second Team: Alexandra Butz, Delia Sipe
2022	First Team: Meghan Quinn
2023	Second Team: Meghan Quinn, Siobhan O'Sullivan
2024	First Team: Karen Hull, Meghan Quinn Second Team: Olivia Boyce, Lila Gaughan, Meghan Quinn

* - All-Patriot League teams began in 1994. First and second team designation began in 2004.

PATRIOT LEAGUE AWARDS

1992	Art Gulden	Coach of Year
1993	Art Gulden	Coach of Year
1994	Art Gulden	Coach of Year
	Tameka Hinton	Athlete of Meet
1995	Art Gulden	Coach of Year
	Tameka Hinton	Athlete of Meet
1996	Art Gulden	Coach of Year
1998	Art Gulden	Coach of Year
	Julie Sweitzer	Athlete of Meet
1999	Art Gulden	Coach of Year
2000	Art Gulden	Coach of Year
2001	Stephanie Bango	Track Athlete of Meet
2002	Kevin Donner	Coach of Year
2003	Kevin Donner	Coach of Year
2004	Kevin Donner	Coach of Year
2005	Kevin Donner	Coach of Year
2006	Kevin Donner	Coach of Year
	Christa Sawko	Track Athlete of Meet
	Marjorie Grap	Field Athlete

INDOOR TRACK & FIELD AWARDS

2007	Kevin Donner	Coach of Year
2009	Chelsey Musante	Co-Field Athlete
	Stephanie Fulmer	of Meet Rookie
2010	Amy Mantush	of Meet Field Athlete
2012	Kevin Donner	of Meet Coach of Year
2015	Kevin Donner	Coach of Year
	Christine Bendzinski	Rookie of Meet
2017	Kaitlin Salisbury	Rookie of the Meet
	Kevin Donner	Coach of the Year
2018	Kevin Donner	Coach of the Year
	Colleen Buckley	Athlete of the Meet
2024	Alex Lea	Rookie of the Meet

PATRIOT LEAGUE MEET RECORD HOLDERS

1995	Tameka Hinton	55m
2000	Stephanie Bango	800m
2002	Amy Calvo	4x400m relay
	Rehana Lanewala	
	LaTonya McSwain	
	Stephanie Bango	
2006	Melanie Buczko	pole vault
	Christa Sawko	4x800m relay
	Victoria Gilbert	
	Offeibea Hanson-Hall	
	Lauren Bricker	
2007	Marjorie Grap	20-lb. wt.
	Amy Mantush	high jump
2015	Harris, Bendzinski	4x800 relay
	Cerney, Chandler	
2016	Harris, Tan-Torres	
	Bendzinski, Chandler	4x800 Relay
2017	Christine Bendzinski	3,000m
	Christine Bendzinski	3,000m
	Sarah Chandler	
	Emma Harris	
	Margaret Sliney	
	Kathleen Fitzgerald	DMR
	Emily Ryan	
	Margaret Sliney	
	Sarah Chandler	

WOMEN'S CROSS COUNTRY/TRACK & FIELD ACADEMIC HONORS

ACADEMIC ALL-AMERICANS

1984	Kelly Hoskins	Second Team
1990	Kelly Marsh	First Team
1991	Kelly Marsh	First Team
1999	Julie Sweitzer	Third Team
2002	Becki Marshall	Third Team
2002	Kelly McConnell	Third Team
2007	Melanie Buczko	Third Team
2013	Caroline Tolli	Second Team
2018	Christine Bendzinski	Third Team

ACADEMIC ALL-DISTRICT

1983	Lonnie Fertik	
1984	Kelly Hoskins	
1990	Kelly Marsh	
1991	Kelly Marsh	
1999	Julie Sweitzer	
2000	Julie Sweitzer	
2001	Becki Marshall	First Team
2002	Stephanie Bango	Second Team
	Becki Marshall	First Team
	Kelly McConnell	First Team
2006	Melanie Buczko	Second Team
	Catherine Trentacoste	Second Team
2007	Lauren Bricker	First Team
	Melanie Buczko	First Team
	Christa Sawko	First Team
2008	Gillian Nordquist	First Team
	Beverly Rogers	First Team
2009	Megan Hathaway	Second Team
	Gillian Nordquist	First Team
2010	Allison Janda	First Team
2011	Kristin Bretscher	First Team
	Sarah Moniz	First Team
	Caroline Tolli	First Team
2012	Caroline Tolli	First Team
2013	Caroline Tolli	First Team
	Emily Waksmunski	First Team
2016	Christine Bendzinski	First Team
2017	Christine Bendzinski	First Team
2018	Christine Bendzinski	First Team
2019	Jenna Farmer	First Team

PATRIOT LEAGUE FEMALE SCHOLAR-ATHLETE OF THE YEAR

2001	Becki Marshall	Cross Country/Track
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PATRIOT LEAGUE SCHOLAR-ATHLETES

1990	Kelly Marsh	Cross Country
1991	Lynette McBride	Indoor
1996	Julie Sweitzer	Cross Country
1997	Lisa Allen	Outdoor
	Julie Sweitzer	Cross Country
1998	Julie Sweitzer	Indoor
	Julie Sweitzer	Cross Country
1999	Julie Sweitzer	Indoor
	Julie Sweitzer	Outdoor
	Becki Marshall	Cross Country
2000	Carly Graytock	Outdoor
	Becki Marshall	Cross Country
2001	Becki Marshall	Indoor
	Becki Marshall	Cross Country
2002	Kelly McConnell	Indoor
2005	Melanie Buczko	Indoor
2006	Melanie Buczko	Indoor
2007	Gillian Nordquist	Cross Country

2012	Caroline Tolli	Indoor
	Caroline Tolli	Outdoor
2014	Emily Waksmunski	Indoor
	Katie Jessee	Cross Country
2015	Nora Adams	Cross Country
	Sophia Nnadi	Outdoor
2016	Sophia Nnadi	Outdoor
2017	Christine Bendzinski	Indoor
	Christine Bendzinski	Outdoor
	Christine Bendzinski	Cross Country
2018	Colleen Buckley	Cross Country
	Christine Bendzinski	Indoor

OUTDOOR ACADEMIC ALL-PATRIOT LEAGUE

2011	Kristin Bretscher	
	Kelly Grosskurth	
	Jamie Leacock	
	Sarah Moniz	
2012	Sarah Bella	
	Hana Casalnova	
	Sasha Hornock	
	Caroline Tolli	
	Emily Waksmunski	
2013	Caroline Tolli	
	Emily Waksmunski	
	Jennifer Zymet	
2014	Emily Waksmunski	
2015	Sophia Nnadi	
2016	Christine Bendzinski	
	Jess Bridle	
	Sophia Nnadi	
2017	Christine Bendzinski	
	Colleen Buckley	
2018	Christine Bendzinski	
	Colleen Buckley	
2019	Jenna Farmer	
	Harper Stewart	
2021	Alex Butz	
2022	Alex Butz	
2023	Katherine Loew	
	Meghan Quinn	
2024	Abby Eisold	
	Abby Kates	
	Meghan Quinn	

INDOOR ACADEMIC ALL-PATRIOT LEAGUE

2011	Sarah Bella	
	Kristin Bretscher	
	Caroline Tolli	
2012	Sarah Bella	
	Sasha Hornock	
	Caroline Tolli	
	Emily Waksmunski	
2013	Olivia Massey	
	Caroline Tolli	
	Emily Waksmunski	
	Jennifer Zymet	
2014	Emily Waksmunski	
	Jennifer Zymet	
2015	Kim Nagotko	
2016	Nora Adams	
	Christine Bendzinski	
	Sophia Nnadi	
2017	Christine Bendzinski	
	Sarah Chandler	
	Lauren Hudson	

2018	Christine Bendzinski	
	Colleen Buckley	
	Lauren Hudson	
	Alexa DiGregorio	
2019	Colleen Buckley	
2020	Alexandra Butz	
2022	Karly Forker	
2023	Siobhan O'Sullivan	
	Meghan Quinn	
2024	Lila Gaughan	
	Abby Kates	
	Katherine Loew	
	Anna Posh	
	Meghan Quinn	
2025	Anna Posh	

NCAA POSTGRADUATE SCHOLARSHIPS

1984	Kelly Hoskins
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ECC SCHOLAR-ATHLETES

1983	Kelly Hoskins	Cross Country
1984	Kelly Hoskins	Outdoor
1987	Judy Perry	Cross Country
1988	Judy Perry	Outdoor
1989	Margaret Wilkes	Indoor
1989	Judy Perry	Outdoor
1990	Kelly Marsh	Indoor

ECAC MEDALLION

1984	Kelly Hoskins
1990	Kelly Marsh
1999	Amanda Youmell

NACDA/DISNEY SCHOLARSHIP

1991	Kelly Marsh
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OUTDOOR TOP 10s

100-Meter Dash

1.	11.56	Meghan Quinn	2024
2.	11.84	Kaitlin Salisbury	2018
3.	11.99	Carli Lucke	2017
4.	12.05	Kim Nagotko	2013
5.	12.07	Tricia Plasko	1990
6.	12.09	Tameka Hinton	1995
7.	12.10	Yetunde Daniels	1999
8.	12.12	Tolu Fayanjuola	2004
9.	12.17	Sue Rowland	1988
10.	12.19	Sasha Hornock	2013

200-Meter Dash

1.	23.83	Meghan Quinn	2024
2.	24.42	Jess Bridle	2016
3.	24.59	Kim Nagotko	2013
4.	24.60	Yetunde Daniels	2000
5.	24.66	Gianna Macones	2022
6.	24.74	Tricia Plasko	1992
7.	24.75	Kaitlin Salisbury	2019
8.	24.85	Tameka Hinton	1995
9.	24.91	Jennifer Zymet	2011
10.	24.93	Charity Brady	2003

400-Meter Dash

1.	54.67	Jess Bridle	2016
2.	54.74	Alexandra Lea	2025
3.	54.82	Jessie Castellano	2023
4.	54.94	Meghan Quinn	2024
5.	54.98	Jennifer Zymet	2013
6.	55.50	Yetunde Daniels	2000
7.	55.87	Bridget Lalonde	2022
8.	56.06	Katherine Loew	2023
9.	56.16	Jennifer Dietrich	2018
10.	56.41	Stephanie Bango	2002

800-Meter Run

1.	2:08.76	Christine Bendzinski	2017
2.	2:08.98	Christa Sawko	2006
3.	2:09.33	Stephanie Bango	2002
4.	2:09.90	Hana Casanova	2012
5.	2:10.21	Tia Tardy	2019
6.	2:10.34	Karly Forker	2022
7.	2:11.17	Megan Hathaway	2009
8.	2:11.46	Sarah Chandler	2016
9.	2:11.74	Beth Braunegg	2012
10.	2:12.02	Caroline Tolli	2012

1,500-Meter Run

1.	4:16.54	Christine Bendzinski	2018
2.	4:25.55	Caroline Tolli	2013
3.	4:26.07	Sarah Chandler	2016
4.	4:27.68	Karly Forker	2022
5.	4:28.28	Christa Sawko	2006
6.	4:28.45	Beth Braunegg	2013
7.	4:29.63	Sarah Moniz	2010
8.	4:29.81	Hana Casanova	2014
9.	4:30.14	Lauren Bricker	2006
10.	4:30.49	Kathleen Fitzgerald	2017

3,000-Meter Run

(No longer competed in Division I)

1.	9:40.32	Julie Sweitzer	1999
2.	9:40.36	Colleen Buckley	2017
3.	9:41.15	Sarah Moniz	2010
4.	9:45.55	Emily Liggett	2012
5.	9:45.91	Caroline Tolli	2013
6.	9:48.98	Jenna Farmer	2017
7.	9:54.30	Stephanie Fulmer	2010
8.	9:55.31	Mia Bellucci	2023
9.	9:55.93	Meghan Rentner	2024
10.	9:58.24	Leanna Nastase	2007

3,000 Steeplechase

1.	10:24.71	Sarah Chandler	2017
2.	10:37.96	Margaret Thomson	2018
3.	10:41.91	Payton Capes	2019
4.	10:41.98	Chris Crowe	2002
5.	10:44.01	Ally Clarke	2023
6.	10:49.29	Elizabeth Sheprow	2016
7.	10:52.97	Lauren Bricker	2006
8.	10:54.06	Meghan Rentner	2024
9.	10:54.50	Kailey Granger	2024
10.	10:55.07	Leah Goeke	2013

Mile

1.	4:58.41	Karly Forker	2021
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5,000-Meter Run

1.	16:17.66	Christine Bendzinski	2018
2.	16:22.42	Ashlyn Ramos	2022
3.	16:29.83	Colleen Buckley	2017
4.	16:38.21	Kate Scott	2016
5.	16:51.14	Mia Bellucci	2023
6.	16:51.95	Emily Liggett	2012
7.	16:52.68	Lauren Gronbeck	2017
8.	16:55.18	Jenna Farmer	2017
9.	16:56.23	Sarah Moniz	2011
10.	16:59.98	Becki Marshall	2001

10,000-Meter Run

1.	34:04.76	Ashlyn Ramos	2021
2.	34:25.04	Colleen Buckley	2018
3.	34:46.48	Kate Scott	2017
4.	35:05.14	Judy Perry	1987
5.	35:36.01	Mia Bellucci	2023
6.	35:58.00	Lauren Gronbeck	2017
7.	35:59.62	Carly Graytock	2000
8.	36:03.24	Kelly Hoskins	1984
9.	36:08.26	Lauren Trapani	2024
10.	36:18.28	Theresa Dennis	2003

100-Meter High Hurdles

1.	14.13	Noelani Sadler	2025
2.	14.14	Catherine Trentacoste	2007
3.	14.20	Kafilat Oladiran	2018
4.	14.26	Karen Hull	2022
5.	14.37	Abby Eisold	2024
6.	14.41	Taylor Funk	2012
7.	14.44	Edwina Bourn	2002
8.	14.48	Kiley MacDonald	2003
9.	14.54	Jenn Silvestri	2015
10.	14.56	Margaret Wilkes	1990

400-Meter Int. Hurdles

1.	1:00.52	Michaela Bracken	2022
2.	1:00.63	Jen Silvestri	2016
3.	1:00.75	Khadija Shariff	2001
4.	1:01.17	Catherine Trentacoste	2006
5.	1:01.19	Chrissy Haney	2013
6.	1:01.95	Taylor Funk	2012
7.	1:02.31	Laura Papili	2017
8.	1:02.59	Ella Derstine	2024
9.	1:02.81	Edwina Bourn	2000
10.	1:02.84	Bridget Dean	1995

Long Jump

1.	19-9 1/2	Kaitlin Salisbury	2018
2.	19-8 1/4	Tolu Fayanjuola	2004
3.	19-2 1/4	Karen Hull	2024
4.	19-0 1/4	Jill Wise	1988
	19-0 1/4	Lynette McBride	1990
6.	19-0	Kate Dei Cas	1997
	19-0	Jen Rice	1997
8.	18-11.25	Gianna Macones	2021
9.	18-10 3/4	Kimberley Lapszynski	2016
	18-10 3/4	Alexis Auman	2018

Triple Jump

1.	41-3 1/4	Jill Wise	1988
2.	40-9	Efe Agege	2015
3.	39-10 1/2	Kaitlin Salisbury	2018
4.	39-7 3/4	Gianna Macones	2021
5.	39-7	Carly Reiner	2017
6.	39-5 1/4	Megan Baggetta	2024
7.	39-1	Amy Mantush	2008
8.	39-0 1/2	Ann Doty	2005
9.	38-10 1/4	Kim McGrath	2000
	38-10 1/4	Casey Krause	2010

High Jump

1.	5-9 1/4	Karen Hull	2023
2.	5-7 3/4	Olivia Boyce	2023
	5-7 3/4	Abby Kates	2023
4.	5-7 1/4	Taylor O'Brien	2019
5.	5-7	Amy Mantush	2007
	5-7	Lauren Hudson	2018
	5-7	Michaela Bracken	2022
8.	5-6 1/2	Karen Middleton	1998
	5-6 1/2	Alex Butz	2021
10.	5-6	Norine Nadeau	1996

Shot Put

1.	51-2 3/4	Justley Sharp	2024
2.	49-10 1/2	Sophia Nnadi	2015
3.	47-4 1/2	Ella Schultz	2017
4.	46-10 1/4	Chelsey Musante	2010
5.	46-9	Siobhan O'Sullivan	2024
6.	46-8 1/4	Christine Ajao	2024
7.	46-7 1/2	Delia Sipe	2019
8.	46-4	Sarah Bella	2009
9.	45-4 1/2	Abigail Brundage	2015
10.	45-0 1/2	Lori Allen	2000

Hammer Throw

1.	202-8	Maria Garcia	2004
2.	192-0	Marjorie Grap	2007
3.	180-8	Sophia Nnadi	2016
4.	179-0	Molly Montalvo	2018
5.	177-7	Madison McGloin	2024
6.	175-7	Chelsey Musante	2010
7.	173-1	Angie McFarland	2004
8.	171-0	Madison Fowler	2025
9.	170-3	Tria Tyler	1999
10.	167-5	Annie Glanning	2024

Discus

1.	165-10	Justley Sharp	2024
2.	159-10	Tria Tyler	1999
3.	157-8	Amanda Mockbee	2008
4.	156-10	Stephanie Easse	2017
5.	153-6	Sophia Nnadi	2014
6.	152-11	Rebecca Misko	2011
	152-11	Delia Sipe	2019
8.	151-9	Abby Monaghan	2012
9.	151-4	Christine Ajao	2024
10.	151-3	Marjorie Grap	2007

Javelin (1999-pres.)

1.	185-4	Maura Fiamoncini	2021
2.	183-2	Evelyn Bliss	2024
3.	158-10	Brylee Tereska	2024
4.	158-7	Laura Ryccek	2011
5.	158-4	Meg Sangimino	2017
6.	157-3	Beverly Rogers	2008
7.	156-6	Kat Folger	2012
8.	153-2	Rebecca Skovira	2017
9.	149-8	Dayna Simone	2016
10.	144-1	Taylor Siegrist	2011

OUTDOOR TOP 10s

Javelin (old implement)

1.	152-9	Heather Korhammer	1986
2.	143-11	Corinne Dinardo	1984
3.	139-10	Norine Nadeau	1993
4.	137-1	Jen Hafer	1994
5.	134-8	Sarah Vargo	1998
6.	127-10	Miriam Lopez	1996
7.	127-7	Juli Winkler	1987
8.	126-0	Tona Williams	1986

Pole Vault

1.	13-3 1/2	Melanie Buczek	2004
2.	12 5-1/2	Alex Butz	2021
3.	12-4	Angie Hall	2004
4.	12-2 1/2	Karly Renn	2023
	12-2 1/2	Emily Ando	2013
6.	12-1 1/2	Elizabeth Bryant	2025
	12-1 1/2	Jennifer Scott	2022
8.	12-0	Rebecca Frey	2009
9.	11-11 3/4	Andrea Nyce	2001
10.	11-7 3/4	Chloe Brown	2018
	11-7 3/4	Autumn Schellenberger	2012

Heptathlon

1.	4,943	Abby Eisold	2024
2.	4,816	Lonnie Fertik	1983
3.	4,807	Norine Nadeau	1995
4.	4,640	Sara Vargo	1999
5.	4,630	Nina Reinhardt	2007
6.	4,540	Harper Stewart	2019
7.	4,434	Amy Mantush	2007
8.	4,258	Kristin Bretscher	2011
9.	4,208	Kat Allen	2007
10.	4,195	Alison Varano	2015

4x100-Meter Relay

1.	45.92	Lalonde, Quinn Gaughan, Hull	2023
2.	46.57	Agambire, Quinn Gaughan, Hull	2024
3.	46.68	Zymet, Hornock, Bridle, Nagotko	2013
4.	46.89	Lalonde, Quinn, Macones, Hull	2022
5.	47.01	Lucke, Reiner Sharkey, Salisbury	2017
6.	47.09	Lucke, Salisbury Dietrich, Oladiran	2018
7.	47.12	Bridle, Oladiran Lapszynski, Nagotko	2015
8.	47.37	Oladiran, Lapszynski Reiner, Bridle	2016
9.	47.45	Funk, Zymet, Rice, Hornock	2012
10.	47.52	Zymet, Lapszynski Reiner, Nagotko	2014

4x200-Meter Relay

1.	1:39.34	Zymet, Haney, Hornock, Nagotko	2013
2.	1:41.35	Zymet, Hornock, Bridle, Nagotko	2013
3.	1:41.40	Zymet, Rice, Hornock, Nagotko	2012
4.	1:43.42	Bourn, McDonald, Lanewala, Brady	2003
5.	1:43.54	Evans, James-Wintjen, Steele, Muccio	2009
6.	1:43.68	Dean, Plasko, Wilson, Hinton	1992
7.	1:43.84	Harbst, Plasko, Wilson, Hinton	1992
8.	1:44.08	Daniels, Quintana, Wolfgang, Vargo	1999

9.	1:44.15	Daniels, Nyce, Wolfgang, Bourn	2000
10.	1:44.52	Appel, James-Wintjen, Krause, Leacock	2010

4x400-Meter Relay

1.	3:41.21	Loew, Castellano, Quinn, Lalonde	2023
2.	3:45.69	Zymet, Hornock, Bridle, Nagotko	2013
3.	3:46.39	Silvestri, Nagotko Pettaway, Zymet	2014
4.	3:46.96	Sharkey, Silvestri Papili, Bridle	2016
5.	3:47.09	Calvo, McSwain, Lanewala, Bango	2002
6.	3:47.24	Zymet, Nagotko Silvestri, Pettaway	2014
7.	3:47.46	Bracken, Castellano, Quinn, Lalonde	2022
8.	3:47.87	Linko, Loew Posh, Quinn	2024
9.	3:47.91	Castellano, Turner Horvath, Lalonde	2022
10.	3:48.51	McSwain, Quintana, Daniels, Bango	1999

4x800-Meter Relay

1.	8:44.94	Waksmunski, Braunegg, Tolli, Casalnova	2012
2.	8:47.89	Fitzgerald, Farmer Chandler, Bendzinski	2017
3.	8:53.63	Bango, Kyzmir, McConnell, McSwain	2001
	8:53.63	Calvo, Bricker, Marsh, Sawko	2005
4.	8:53.90	Forker, Mincone Hunt, Tardy	2019
5.	8:54.40	Steinke, Fulmer, Dalzell, Hathaway	2009
6.	8:56.96	Hanson-Hall, Wright, Janda, Dalzell	2008
7.	8:57.00	Hanson-Hall, Cranmer-Hart, Janda, Sawko	2007
8.	8:57.80	Cranmer-Hart, Hanson-Hall, Gilbert, Sawko	2007
9.	8:53.67	Waksmunski, Horleman, Braunegg, Tolli	2013
10.	8:58.01	Tolli, Holbrook, Waksmunski, Casalnova	2011

Sprint Medley Relay

1.	3:58.98	Daniels, Bourn, McSwain, Bango	2000
2.	4:00.33	Zymet, Nagotko Silvestri, Casalnova	2014
3.	4:05.84	Lomberto, Vogel McGrath, Wright	2025
4.	4:07.11	Vanden Broek, Lanewala, Boley, Bricker	2005

Distance Medley Relay

1.	11:36.32	Forker, Horvath Turner, Ramos	2022
2.	11:38.54	Chandler, Sharkey Farmer, Bendzinski	2017
3.	11:41.57	Cranmer-Hart, Trentacoste, Sawko, Stevens	2006
4.	11:44.12	Blair, Stewart, Tardy, Capes	2019
5.	11:45.88	Tolli, Nagotko, Casalnova, Liggett	2012
6.	11:46.77	Liggett, Zymet,	2011

7.	11:48.03	Waksmunski, Zymet Chandler, Casalnova	2014
8.	11:51.68	Sweitzer, Quintana, Bango, A. Hamlin	1999
9.	11:55.58	Kubinski, Quinn	2022
10.	11:55.68	Turner, Ramos Sweitzer, Richardson, Ryan, A. Hamlin	1998

The Top-10 lists represent the 10 best performers in Bucknell history in each event. Therefore, while a single person may hold 10 (or more) best performances in any given event, that person is listed only once, with her personal-best mark.

INDOOR TOP 10s

55-Meter Dash

1.	7.12	Tameka Hinton	1994
2.	7.24	Lynnette McBride	1990
3.	7.28	Sue Rowland	1987
	7.28	Yetunde Daniels	2000
5.	7.31	Tricia Plasko	1991
	7.31	Christina Muccio	2009
7.	7.34	Tolu Fayanjuola	2003
8.	7.35	Chessa Forer	2006
9.	7.38	Danielle Todman	2006
10.	7.41	Stephanie Evans	2008

55-Meter HH

1.	8.24	Karen Shimomura	1991
2.	8.25	Catherine Trentacoste	2007
3.	8.32	Melanie Buczko	2006
4.	8.37	Kiley MacDonald	2003
5.	8.38	Danielle Todman	2006
6.	8.40	Jamie Lilien	2003
7.	8.43	Tina Hall	1996
8.	8.47	Edwina Bourn	2003
9.	8.52	Margaret Wilkes	1989
	8.52	Sara Vargo	1999

60-Meter Dash (run since 2002)

1.	7.49	Meghan Quinn	2024
2.	7.50	Kaitlin Salisbury	2019
3.	7.70	Carli Lucke	2018
4.	7.74	Jess Bridle	2016
	7.74	Sasha Hornock	2013
6.	7.75	Tolu Fayanjuola	2004
7.	7.77	Kim Nagotko	2015
8.	7.80	Kafilat Oladiran	2016
9.	7.87	Camdin Burnett	2025
	7.87	Carly Reiner	2017

60-Meter Hurdles (run since 2002)

1.	8.68	Kafilat Oladiran	2018
2.	8.69	Karen Hull	2023
3.	8.70	Noelani Sadler	2025
4.	8.78	Catherine Trentacoste	2007
5.	8.84	Taylor Funk	2012
6.	8.89	Melanie Buczko	2005
7.	8.91	Jenn Silvestri	2014
8.	8.98	Chrissy Haney	2015
9.	9.02	Jamie Leacock	2011
10.	9.04	Noel Fullman	2023
	9.04	Gianna Macones	2020

200-Meter Dash

1.	23.73	Meghan Quinn	2024
2.	24.37	Jess Bridle	2016
3.	24.65	Kim Nagotko	2014
4.	24.69	Kaitlin Salisbury	2020
5.	24.73	Alex Lea	2025
6.	24.89	Jennifer Zymet	2013
7.	24.92	Bridget Lalonde	2023
8.	24.94	Yetunde Daniels	2000
9.	24.95	Tameka Hinton	1994
10.	25.46	Allison Sharkey	2017

300-Meter Dash

(No longer competed in Division I)

1.	39.55	Meghan Quinn	2023
2.	39.75	Jess Bridle	2015
3.	40.25	Kim Nagotko	2015
4.	40.65	Jennifer Zymet	2012
5.	40.88	Alexandra Lea	2024
6.	40.95	Alison Cooke	2024
7.	41.52	Jenn Silvestri	2013
8.	41.54	Tameka Hinton	1992
9.	41.57	Jessie Castellano	2022
10.	41.59	Bridget Lalonde	2022

400-Meter Dash

1.	54.57	Meghan Quinn	2024
2.	54.75	Bridget Lalonde	2023
3.	55.33	Alex Lea	2025
	55.33	Jess Bridle	2016
5.	55.93	Jennifer Zymet	2014
6.	56.05	Jessie Castellano	2023
7.	56.19	Kim Nagotko	2015
8.	56.74	Yetunde Daniels	2000
9.	56.85	Katherine Loew	2023
10.	56.89	Stephanie Bango	2002

500-Meter Dash

1.	1:12.92	Jennifer Zymet	2014
2.	1:13.78	Margaret Sliney	2017
3.	1:14.24	Katherine Loew	2023
4.	1:14.25	Megan Hathaway	2009
5.	1:14.65	Anna Posh	2024
6.	1:15.00	Jen Silvestri	2016
7.	1:15.01	Amy Calvo	2003
8.	1:15.12	Becca Rooney	2019
9.	1:15.27	LaTonya McSwain	2000
10.	1:15.37	Stephanie Bango	2002

800-Meter Run

1.	2:09.08	Stephanie Bango	2002
2.	2:09.18	Christa Sawko	2005
3.	2:10.27	Tia Tardy	2018
4.	2:10.59	Hana Casalnova	2014
5.	2:12.13	Megan Hathaway	2009
6.	2:12.81	Tara Lyons	2020
7.	2:12.83	Anna Posh	2023
8.	2:13.17	Katie Moncavage	2025
	2:13.17	Caroline Tolli	2013
10.	2:13.42	LaTonya McSwain	2002

1,000-Meter Run

1.	2:46.21	Sarah Chandler	2016
2.	2:49.81	Hana Casalnova	2013
3.	2:50.68	Christine Bendzinski	2015
4.	2:50.79	Beth Braunnegg	2013
5.	2:50.88	Caroline Tolli	2013
6.	2:51.31	Tia Tardy	2018
7.	2:52.52	Jenna Farmer	2017
8.	2:52.62	Karly Forker	2020
9.	2:53.90	Christa Sawko	2006
10.	2:54.21	Jennifer Marsh	2005

1,500-Meter Run

(No longer competed in Division I)

1.	4:39.63	Julie Sweitzer	1997
2.	4:39.93	Kathy Wurster	1994
3.	4:40.37	Gena Korrell	1989
4.	4:40.66	Gabi Czaja	1985
5.	4:41.74	Gina Abraham	1991
6.	4:42.44	Liz Ludwigson	1987
7.	4:44.74	Katrina Bikis	1983
8.	4:46.14	Tracey Bigley	1985
9.	4:46.88	Debbie Passmore	1983
10.	4:47.22	Mary Beth Allen	1988

Mile

1.	4:43.12	Christine Bendzinski	2018
2.	4:49.99	Caroline Tolli	2013
3.	4:50.04	Sarah Chandler	2017
4.	4:51.61	Caryn Rippey	2024
5.	4:52.41	Julie Sweitzer	1997
6.	4:53.35	Abigail Paczewski	2024
7.	4:53.78	Erin Cranmer-Hart	2007
8.	4:54.02	Sarah Policano	2025
9.	4:54.54	Ashlyn Ramos	2022
10.	4:55.74	Kelly McConnell	2002

3,000-Meter Run

1.	9:27.37	Christine Bendzinski	2017
2.	9:35.59	Ashlyn Ramos	2022
3.	9:36.18	Colleen Buckley	2017
4.	9:44.56	Caryn Rippey	2025
5.	9:44.67	Abby Paczewski	2024
6.	9:45.62	Kailey Granger	2024
7.	9:46.27	Gabi Czaja	1985
8.	9:48.82	Payton Capes	2019
9.	9:49.37	Ashley Blair	2019
10.	9:50.01	Becki Marshall	2001

5,000-Meter Run

1.	16:39.00	Ashlyn Ramos	2022
2.	16:47.79	Kate Scott	2016
3.	16:49.04	Colleen Buckley	2019
4.	16:56.76	Gabi Czaja	1985
5.	16:59.78	Judy Perry	1987
6.	17:01.16	Lauren Gronbeck	2017
7.	17:06.26	Kailey Granger	2024
8.	17:10.10	Margaret McLoughlin	2024
9.	17:11.15	Katie Jesse	2015
10.	17:12.57	Theresa Dennis	2003

Long Jump

1.	19-6	Karen Hull	2024
2.	19-5 1/2	Lila Gaughan	2024
3.	19-3 1/2	Kaitlin Salisbury	2018
	19-1 1/2	Jen Rice	1998
5.	19-0 1/2	Tolu Fayanjola	2005
6.	19-0	Gianna Macones	2020
7.	18-10 3/4	Lynnette McBride	1991
	18-10 3/4	Alexa DiGregorio	2018
9.	18-8 1/2	Kim McGrath	2000
10.	18-8	Nina Reinhardt	2006

Triple Jump

1.	41-1 1/2	Jill Wise	1988
2.	40-9 3/4	Efe Agege	2015
3.	40-3 1/4	Kaitlin Salisbury	2019
4.	39-7	Carly Reiner	2017
5.	39-3 1/4	Kim McGrath	2000
	39-3 1/4	Samantha Lopes	2019
7.	39-2 1/2	Megan Baggetta	2024
8.	38-11 1/2	Lexi Gray	2023
9.	38-11 1/4	Gianna Macones	2022
10.	38-10 1/2	Ann Doty	2004

High Jump

1.	5-10 1/2	Karen Hull	2024
2.	5-8	Amy Mantush	2010
	5-8	Michaela Bracken	2022
4.	5-7 1/4	Heather Dahl	1986
5.	5-7	Abby Kates	2023
	5-7	Alexandra Butz	2019
	5-7	Lauren Hudson	2017
8.	5-6 1/2	Jen Rice	1998
9.	5-6	Olivia Boyce	2024
10.	5-5 1/2	Lonnie Fertik	1980

Shot Put

1.	51-10 1/4	Justley Sharp	2025
2.	49-10	Siobhan O'Sullivan	2023
3.	48-6	Delia Sipe	2020
4.	47-10 3/4	Chelsey Musante	2010
5.	47-10	Sophia Nnadi	2016
6.	47-2 1/2	Christine Ajao	2025
7.	47-0 3/4	Sarah Bella	2012
8.	46-6 1/4	Madison Fowler	2025
9.	46-3 1/2	Abigail Brundage	2015
10.	46-3 1/4	Ella Schultz	2017

INDOOR Top 10s

20-Pound Weight Throw

1.	65-7 1/2	Marjorie Grap	2007
2.	60-3	Christine Ajao	2025
3.	59-7	Madison Fowler	2025
	59-7	Chelsey Musante	2009
5.	57- 4 1/4	Molly Montalvo	2019
6.	56-5 3/4	Prizila Negrete	2025
	56-5 3/4	Abby Monaghan	2012
8.	54-11 1/2	Amanda Mockbee	2008
9.	54-11 1/4	Sarah Bella	2012
10.	54-3 3/4	Sophia Nnadi	2016

Pole Vault

1.	13-5 1/2	Melanie Buczko	2005
2.	12-5 1/2	Karly Renn	2024
	12-5 1/2	Elizabeth Bryant	2024
4.	12-3 1/2	Angie Hall	2005
5.	12-1 1/2	Rebecca Frey	2009
	12-1 1/2	Jennifer Scott	2022
7.	12-1	Andrea Nyce	2002
8.	11-11 3/4	Emily Ando	2013
	11-11 3/4	Chloe Brown	2018
	11-11 3/4	Alexandra Butz	2020

Pentathlon

1.	3,750	Michaela Bracken	2021
2.	3,504	Nina Reinhardt	2007
3.	3,460	Lonnie Fertik	1982
4.	3,449	Amy Mantush	2010
5.	3,403	Sara Vargo	1999
6.	3,400	Norine Nadeau	1994
7.	3,367	Harper Stewart	2019
8.	3,365	Lea Bourgeois	2023
9.	3,315	Alexis Auman	2017
10.	3,311	Isabella Bjorkeson	2018

4x400-Meter Relay (Mile Relay+1.2)

1.	3:40.56	Loew, Castellano Quinn, Lalonde	2023
2.	3:42.68	Bridle, Nagotko, Silvestri, Zymet	2014
3.	3:43.03	Sharkey, Bridle Papili, Silvestri	2016
4.	3:45.38	Sharkey, Pettaway Silvestri, Bridle	2016
5.	3:45.80	Turner, Castellano Horvath, Lalonde	2022
6.	3:46.28	Zymet, Bridle, Hornock, Nagotko	2013
7.	3:46.68	A. Sharkey, E. Ryan Sliney, Pettaway	2017
8.	3:47.13	McSwain, Daniels, Wolfgang, Bango	2000
9.	3:47.64	Bango, McSwain, Wolfgang, Daniels	2000
10.	3:47.75	Sharkey, Bridle Papili, Silvestri	2016

4x800-Meter Relay (Two-mile-3.0)

1.	8:50.58	Harris, Sliney Bendzinski, Chandler	2017
2.	8:53.10	Forker, Mincone, Hunt, Tardy	2019
2.	8:53.53	Harris, Tan-Torres Bendzinski, Chandler	2016
3.	8:55.51	R. Cerney, Harris Chandler, Bendzinski	2015
4.	8:55.57	Farmer, G. Mincone Tardy, Bendzinski	2018
5.	8:57.71	Ryan, McConnell, McSwain, Bango	2001
6.	8:58.26	Bricker, Hanson-Hall, Gilbert, Sawko	2006
7.	8:59.38	Ryan, McConnell, McSwain, Bango	2001
8.	9:00.10	Bango, McSwain, Sweitzer, O'Doherty	1999
9.	9:00.22	Bango, McSwain, Sweitzer, O'Doherty	1999
10.	9:00.87	Tan Torres, Pearse, Chandler, Roche	2014

Distance Medley Relay (DMR metric+5.0)

1.	11:27.11	Chandler, A. Sharkey Sliney, Bendzinski	2017
2.	11:34.61	Bendzinski, Bridle Chandler, Harris	2016
3.	11:35.10	Bango, Lanewala, McSwain, McConnell	2002
4.	11:36.05	Cranmer-Hart, Sawko, Trentacoste, Stevens	2006
5.	11:41.76	Braunegg, Zymet, Casalnova, Liggett	2012
6.	11:42.17	Fitzgerald, E. Ryan Sliney, Chandler	2017
7.	11:45.51	Rippey, Cooke	2023
8.	11:45.55	Engleby, A. Posh	2024
9.	11:46.66	Vives, Wright	2025
10.	11:47.92	McGrath, O'Day Paczewski, Linko A. Posh, Rippey	2024

Sprint Medley Relay

1.	4:05.44	Trentacoste, James- Wintjen, Forer, Sawko	2007
2.	4:08.7	Hinton, Harbst, Plasko, Abraham	1992
3.	4:09.25	Allen, Lanewala, Vanden Broek, Bricker	2005
4.	4:10.90	Waterhouse, Reynolds M. Mincone, Sliney	2017
5.	4:11.46	Hathaway, Pierce, Evans, Janda	2008
6.	4:11.52	Dietrich, Shewbrooks Glew, Tardy	2018
7.	4:11.91	Zymet, Bretscher, Hornock, Casalnova	2011
8.	4:13.18	Hathaway, James- Wintjen, Appel, Fulmer	2009
9.	4:14.18	Allen, Emons, Vanden Broek, Sawko	2006
10.	4:14.51	Rooney, Kennedy Salisbury, G. Mincone	2018

Shuttle Hurdles Relay

1.	32.0	Wilkes, Shimomura, Kernisan, James	1990
	32.0	Conover, Nadeau, Hall, Dean	1995
3.	32.3	Unknown	1991
4.	33.23	Buczko, Trentacoste, Reinhardt, Todman	2006
5.	33.42	Buczko, Trentacoste, Allen, Todman	2005

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* - Indicates time converted from yards

STADIUM RECORDS

Gerhard Fieldhouse Records (Indoor)

55m	S. Patterson (G. Mason)	6.89	1998
60m	D. Franklin (California University of PA)	7.28	2023
200m	D. Franklin (California University of PA)	23.87	2023
300m	M. Quinn (Bucknell)	39.55	2023
400m	L. McNary (Howard)	55.07	2006
500m	J. Helms (Navy)	1:13.22	2000
600m	T. Hart (Penn St.)	1:31.7	1982
800m	T. Hart (Penn St.)	2:09.64	1984
1000m	D. Startare (Penn St.)	2:50.14	1983
1500m	B. Leddy (Villanova)	4:29.14	1980
	D. Startare (Penn St.)	4:29.14	1982
Mile	R. Donaahue (Unattached)	4:42.13	2006
3000m	C. Ihrig (Penn St.)	9:26.6	1980
5000m	K. Spratford (Shippensburg)	16:34.71	2012
55m HH	V. Johnson (Unattached)	7.57	2006
60m H	L. Buckley (Howard)	8.42	2009
4x200	UMBC	1:44.26	2007
4x400	Maryland "A"	3:46.32	2000
4x800	George Mason	8:59.06	1997
DMR	George Mason	11:55.2	1996
SMR	George Mason	4:04.87	1998
SHR	Mount St. Mary's	32.54	2006
LJ	A. Brown (G. Mason)	20-8	1997
TJ	S. Felix (Alvernia)	41-7	2024
HJ	K. Gaito (Open)	5-10	1982
Shot	M. Kauffman (PSU)	56-4	2023
WT	J. Leatherman (Unattached)	68-6 1/2	2006
Pent.	M. Holmberg (Penn State)	4,075	2019
PV	H. Zurich (Penn State)	13-7 1/4	2023

Christy Mathewson-Memorial Stadium (Outdoor)

55m	S. Patterson (G. Mason)	6.89	1998
100m	J. Bowers (Youngstown State)	11.26	2023
200m	D. Franklin (California Pa.)	23.13	2023
400m	F. Dorr (Penn State)	53.61	2010
800m	T. Schein-Becker (Rider)	2:04.44	2024
1500m	T. Schein-Belker (Rider)	4:14.33	2024
Mile	L. Young (West Chester)	5:14.4	1983
3000m	L. Gubicza (Fordham)	9:19.7	1993
5000m	J. Culley (Unattached)	16:08.08	2007
10000m	K. Kellner (Cornell)	34:02.54	2013
100m HH	A. Barber (Penn State)	13.52	2007
400m IH	A. Barber (Penn State)	58.54	2007
Steeple	T. Gerlach (Penn State)	9:50.60	2017
HJ	E. Siuciak (Buffalo)	5-10 3/4	2014
LJ	J. Maduka (Cornell)	20-6 1/4	2007
TJ	V. Kadiri (Johns Hopkins)	44-0 3/4	2024
Shot Put	R. O'Brien (Unattached)	57-8 1/2	2012
Discus	M. Kimmel (Unattached)	171-5	2023
PV	M. Gardner (West Virginia)	14-2	2019
Javelin	M. Fiamoncini (Bucknell)	178-2 1/2	2018
Hammer	N. Clunis (Unattached)	203-9 3/4	2022
4x100	Penn State	45.34	2014
4x400	Cornell	3:36.26	2015
4x800	Lehigh	8:47.64	2024
Hept.	S. Benussi (Buffalo)	5,135	2023

BUCKNELL ATHLETICS HALL OF FAMERS

Stephanie Bango '02: Track & Field - Inducted in 2012 - Bango graduated with 21 Patriot League gold medals, which still stands as the school record, 15 of which came in the 800 meters or 4x800. She also led her team to seven titles and one runner-up finish. Bango broke the six-year-old indoor record in the 800 by more than four seconds, a record that still stands. A six-time All-East performer, she was named to the Patriot League All-Decade Team and was the recipient of the Christy Mathewson Award.

Gabrielle L. Czaja '85: Cross Country/Track - Inducted in 2000 - Czaja won 12 letters as a standout for the cross country and track & field teams. She led the cross country team to three ECC crowns and improved her individual finish at the championship meet each season, capping her career with an individual title in 1984.

Yetunde Daniels Rubinstein '00: Track & Field - Inducted in 2012 - Daniels graduated with six school track & field records and 16 Patriot League gold medals. A member of the Patriot League All-Decade Team, she was named the Athlete of the Meet at the 1997 PL Indoor Championships and four won league titles in the outdoor 200 meters. The co-winner of the 2000 Christy Mathewson Award, Daniels still holds the Bucknell records in the indoor 200, 400 and 4x400 relay as well as the outdoor 200, 400 and sprint medley relay.

Lonnie Fertik Williard '83: Track & Field - Inducted in 1994 - The first woman to earn All-America honors in track & field at Bucknell, Williard set seven indoor and outdoor school records and finished fourth in the heptathlon at the AIAW Division II National Championships in 1982.

Tameka Hinton '95: Track & Field - Inducted in 2005 - Hinton graduated with 19 conference track & field gold medals, including four straight in the 55-meter dash, 100-meter dash and 200-meter dash. Proving her versatility and incredible athleticism, she also earned a league title in the shot put. Hinton was named Outstanding Performer of the Patriot League Championships three times and was elected to the Patriot League All-Decade Team.

Becki Marshall '02: Cross Country/Track - Inducted in 2013 - Marshall won the Patriot League Women's Cross Country Championship in 1999, 2000 and 2001 and was named to the Patriot League Women's Cross Country All-Decade Team in 2000 - following her sophomore year. She was an All-Region honoree in 1999. Marshall was also a Patriot League champion in the 1,500 and 5,000 meters as well as the distance medley relay and was a part of seven Patriot League championship squads in track and field. Marshall was a national Academic All-America Third Team selection in 2002.

Lynnette McBride '91: Track & Field - Inducted in 2010 - A superior athlete who helped set the stage for the championship-caliber program of today, McBride won Patriot League long jump titles both indoors and outdoors as a senior and was the East Coast Conference outdoor long jump champion in 1990. McBride also ran the anchor leg of Bucknell's victorious 4x400-meter relay that clinched the team title for the Bison at the inaugural Patriot League Outdoor Championships in 1991 and won the Patriot League Scholar-Athlete of the Year award for indoor track and field as a senior.

Susan Rowland Miller '89: Track & Field - Inducted in 1999 - Rowland was a four-year letterwinner in both indoor and outdoor track and served as a co-captain of the track teams during her junior and senior seasons. She became one of the premier sprinters in Bucknell history and continues to rank in the program's top-10 lists for the 100 and 200.

Maria Garcia Harkley '04: Inducted in 2017 - Maria Garcia Harkley made her mark as the top hammer thrower in Bucknell history and the first Bison ever to top 200 feet. Her top mark of 202 feet, 8 inches was the school record by more than 29 feet when she graduated, and she captured Patriot League gold medals in the hammer throw in each of her four years at Bucknell.

Marjorie Grap Goedel '07: Inducted in 2019 - Will go down as one of the top woman throwers in Bucknell track and field history. She was a big part of the stellar Class of 2007 that went 8-for-8 at the Patriot League Championships, winning all four indoor titles and all four outdoor crowns. Grap piled up

points for the Bison by claiming nine career league titles. Indoors, she won gold in the 20-pound weight throw in each of her final three years and also claimed the shot put in 2005. Outdoors, Grap captured three league titles in the discus throw (2005, 2006, 2007) and one each in the shot put (2005) and hammer throw (2006). She was the 2005 Patriot League Outdoor Field Athlete of the Meet.

Norine Nadeau-Brown '96: Inducted in 2019 - Nadeau won five career Patriot League outdoor gold medals and one more indoors. The Norwich, Conn., native was an All-East performer in the heptathlon and also placed fifth in the heptathlon at Penn Relays, Bucknell's best finish at that prestigious meet. Nadeau, who was a Christy Mathewson Award winner, graduated as the school-record holder in the outdoor high jump, and her personal best of 4,807 points in the heptathlon ranked second all-time to fellow Hall-of-Famer Lonnie Fertik. When she departed Bucknell, her name appeared on top-10 lists in nine different individual events.

Tricia Plasko Rocchino '92: Inducted in 2018 - Plasko earned 10 conference gold medals and graduated with school records in the 100- and 200-meter dashes and 4x100- and 4x200-meter relays. Her time of 12.07 seconds in the 100-meter dash held up as the Bucknell record for 23 years, outlasting three more Hall-of-Fame sprinters, and her record of 24.74 in the 200 stood for eight years before being eclipsed by fellow Hall-of-Famer Yetunde Daniels.

Christa Sawko '07: Inducted in 2020 - Won at least one individual gold medal in seven of her eight Patriot League Championships appearances. In her indoor career, she won the 800-meter title as a freshman, the 1,000 as a sophomore, and then exploded as a junior, claiming Track Athlete of the Meet honors after winning the 1,000 and the 4x400 and 4x800 relays. Sawko was also a four-time All-East honoree indoors, highlighted by a runner-up finish in the 4x800 relay as a junior and a third-place finish in the open 800 as a senior. Outdoors, Sawko captured both the 800 and 4x800 Patriot League titles in each of her final three seasons, and she added the 1,500-meter title to the list in 2007.

Judy Perry West '90: Cross Country/Track - Inducted in 2008 - Earned 12 career varsity letters in cross country, indoor and outdoor track and field, and she was the No. 1 runner on four East Coast Conference champion cross country teams. She was also part of three ECC track championship teams and five others that finished second. At the 1987 Penn Relays, she ran 35:05.14 in the 10,000-meter run. That smashed the previous school record by 58 seconds, and today her time still holds up as the Bucknell record by more than 54 seconds.

Julie Sweitzer Granger '99: Cross Country/Track & Field - Inducted in 2011 - In cross country, Sweitzer became Bucknell's first NCAA Championship qualifier in 1997 and was the Patriot League individual champion in 1997 and 1998. Sweitzer was also All-East in the indoor mile and outdoor 3,000 meters. She was named Patriot League Athlete of the Meet at the 1998 PL Indoor Championships, and her seven indoor gold medals are tied for fourth-most in program history. A part of four PL Championship teams, Sweitzer was a six-time PL Scholar-Athlete of the Year and a Third Team Academic All-American in 1999.

Jill Wise Smith '89: Track & Field - Inducted in 2001 - Wise became the first Bucknell woman to compete in an NCAA Track & Field Championship when she qualified for the indoor meet in the triple jump in 1988. She continues to hold both program triple jump marks by wide margins.

Coach Art Gulden: Legendary Bucknell cross country and track and field coach Art Gulden passed away in May of 2001. Gulden was at the helm of the Bucknell cross country and track and field programs for 31 years. Gulden led Bucknell to 68 conference titles and was named the Patriot League Coach-of-the-Year 20 times in the 11 years he coached in the conference.

He served in many positions in the world of cross country and track and field including stints as the president of the IC4A Cross Country and Track and Field Coaches Association and the U.S. Cross Country Coaches Association. Gulden was inducted into the USTFCCA Hall of Fame in 2009.

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Melanie Buczko Lincoln '07 - Inducted in 2017 - was a standout performer for the Bison track and field team. She completed the rare double of winning Patriot League gold medals in the pole vault and 60-meter hurdles. Best known as Bucknell's all-time greatest woman pole vaulter, Buczko Lincoln captured three indoor and two outdoor championships in the event. Her top marks of 13 feet, 5.5 inches indoors and 13-3.5 outdoors remain the school records by a wide margin, and they were also Patriot League records at the time. She is the only Bison ever to clear 13 feet, and her indoor record is by 14 inches over the next-best performer.

Theresa Dennis Simko '03 - Inducted in 2020 - became one of the top distance runners in Bucknell history during her days at Bucknell. She ran in two NCAA Cross Country Championships, first in 1999 when Bucknell qualified as a team for the first time in program history, and again in 2001, when she qualified individually and turned in the best finish (73rd out of 249 competitors) in school history. Dennis also starred on the track, where she earned four more All-Patriot League citations, three outdoors and one indoors.
