

Bloomsburg University  
Bucknell University  
Carnegie Mellon  
Frostburg State  
Lincoln University

# BUCKNELL UNIVERSITY

## TRACK AND FIELD

### BISON OPENER

Friday-Saturday, December 6-7, 2024

Lock Haven University  
Mansfield University  
Millersville Univ. (W)  
Mt. St. Mary's Univ.  
Penn State University  
Shippensburg Univ.  
St. Francis University

#### FRIDAY, DECEMBER 6

#### Pentathlon/Heptathlon

5:00 PM	60 Meters	Hept-M		apx. 7:45 PM	Shot Put	Pent-W
5:15 PM	60M Hurdles	Pent-W		apx. 7:45 PM	High Jump	Hept-M
5:30 PM	Long Jump	Hept-M		apx. 8:30 PM	Long Jump	Pent-W
5:45 PM	High Jump	Pent-W		apx. 9:30 PM	800 Meters	Pent-W
apx. 6:30 PM	Shot Put	Hept-M				

#### SATURDAY, DECEMBER 7

#### Heptathlon

8:30 AM	60M High Hurdles	Hept-M		9:05 AM	Pole Vault	Hept-M
TBA	1000 Meters	Hept-M				

#### Field Events

10:45 AM	Long Jump (men than women) FOLLOWED BY Triple Jump (men than women)					
11:00 AM	Weight Throw (women than men) FOLLOWED BY Shot Put (women than men)					
11:30 AM	High Jump Men					
12:00PM Est.	Pole Vault (women than men)		After Heptathlon Vault			
2:00pm	High Jump Women					

#### Running Events

1:00 PM	60 MHH Trials	men -women		3:40 PM	800 Meter Run	men -women
1:25 PM	60 M Dash Trials	men -women		3:55 PM	500 Meter Dash	men -women
2:00 PM	Mile Run	men -women		4:05 PM	300 Meter Dash	men -women
2:25 PM	60 MHH Final	women - men		4:35 PM	200 Meter Dash	men -women
2:35 PM	60 M Dash Final	women - men		5:20 PM	3000 Meter Run	men -women
2:45 PM	400 Meter Dash	men -women		5:50 PM	4 X 400	men -women
	OFFICIALS BREAK					

#### ENTRY FEES

\$35.00 per individual athlete. Maximum of \$500 per school per team (\$1000 for men's and women's teams of 15 or more people per team). Make checks payable to: BUCKNELL UNIVERSITY and deliver the day of the meet or pay online on direct athletics

#### NOTES

- 1 Entries due by **Wednesday, December 4 by 4:00pm**
- 2 Entries should be made via [www.directathletics.com](http://www.directathletics.com)
- 3 In all running events, **men first, then women; except hurdle Finals & 60 finals – women first, men second**
- 4 ¼" spikes allowed in all events, except throws
- 5 Maximum of **4** long jumpers and **4** triple jumpers, **4** shot putters, **4** weight throwers and **3** pole vaulters
- 6 **Fastest seeded sections will be run first in races around the track**
- 7 **There will be absolutely no additions on the day of the meet**
- 8 **Weigh-ins: 4:00-4:45 PM – FRIDAY; 9:30-10:45 AM - SATURDAY**
- 9 Decathlon and Heptathlon is by invitation only. Richard Alexander is in charge of fields. Call him if interested.
- 10 Revised time schedule will be send based on entries Friday, but we will not start meet earlier
- 11 We will not run ahead of schedule
- 12 **Contact Person Richard Alexander – 570-577-3060 – ralexand@bucknell.edu**

