



BUCKNELL UNIVERSITY TRACK & FIELD

BISON OUTDOOR CLASSIC

APRIL 13-14, 2019



MULTI EVENTS

(Times are approximate after first event)

SATURDAY		SUNDAY	
9:00 AM	Decathlon 100	9:00 AM	Decathlon 110 High Hurdles
9:15 AM	Heptathlon 100 Hurdles	9:45 AM	Decathlon Discus (Stadium)
9:40 AM	Decathlon Long Jump	10:00 AM	Heptathlon Long Jump
9:50 AM	Heptathlon High Jump	10:45 AM	Decathlon Pole Vault
10:40 AM	Decathlon Shot Put	11:00 AM	Heptathlon Javelin
11:15 AM	Heptathlon Shot Put	12:15 PM	Heptathlon 800
11:40 AM	Decathlon High Jump	12:45 PM	Decathlon Javelin
12:15 PM	Heptathlon 200	1:45 PM	Decathlon 1500
1:15 PM	Decathlon 400	1	

SATURDAY, APRIL 13

FIELD EVENTS		TRACK EVENTS	
1:00 PM	Men's Javelin	1:45 PM	Women's Unseeded 1500
	Women's Javelin to follow	2:30 PM	Men's Unseeded 1500
		3:20 PM	Women's 3K Steeplechase
1:00 PM	Men's Triple Jump followed by Women's Triple Jump	4:10 PM	Men's 3K Steeplechase
		4:55 PM	Women's 5K Unseeded
1:00 PM	Women's Discus (West Fields) followed by Men's Discus (West Fields)	5:40 PM	Men's 5K Unseeded
		6:45 PM	Women's 10K Unseeded
		7:25 PM	Men's 10K Unseeded
1:00 PM	Women's Pole Vault	8:05 PM	Women's 1500 Invitational
		8:25 PM	Men's 1500 Invitational
2:15 PM	Women's High Jump	8:50 PM	Women's 5K Invitational
		9:30 PM	Men's 5K Invitational
		10:00 PM	Women's 10K Invitational
		10:40 PM	Men's 10K Invitational

SUNDAY, APRIL 14

FIELD EVENTS		TRACK EVENTS	
11:00 AM	Women's Hammer (West Fields) followed by Men's Hammer (West Fields)	10:10 AM	Women's 3000
		10:35 AM	Men's 3000
		10:55 AM	Women's Mile
11:00 AM	Men's Long Jump followed by Women's Long Jump	11:10 AM	Men's Mile
		11:25 AM	Women's 4x100
		11:35 AM	Men's 4x100
11:00 AM	Men's Shot Put followed by Women's Shot Put	11:45 AM	Women's 800
		12:25 PM	Men's 800
12:00 PM	Men's High Jump	1:10 PM	Women's 100 HH
		1:30 PM	Men's 110 HH
1:15 PM	Men's Pole Vault	1:50 PM	Women's 400
		2:15 PM	Men's 400
		2:40 PM	Women's 100
		3:00 PM	Men's 100
		3:30 PM	Women's 400 Hurdles
		3:50 PM	Men's 400 Hurdles
		4:10 PM	Women's 200
		4:30 PM	Men's 200
		4:50 PM	Women's 4x800
		5:05 PM	Men's 4x800
		5:20 PM	Women's 4x400
		5:40 PM	Men's 4x400



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INFORMATION SHEET

ENTRY FEES

\$25 per individual (maximum of \$400 per men's team and \$400 per women's team). \$25 per individual if less than 16 per team. Please make checks payable to: BUCKNELL UNIVERSITY and deliver the day of the meet. This is an entry fee – not a participation fee so we will charge you based on your entries at closing time.

NOTES

1. Register online by WEDNESDAY, APRIL 10 at Noon at www.directathletics.com
2. Accepted entries posted on THURSDAY, APRIL 11. Heat sheets will be posted on FRIDAY, APRIL 12 by Noon at www.bucknellbison.com
3. Absolutely NO additions after Noon on THURSDAY, APRIL 12 and absolutely NO additions the day of the meet.
4. 5 entries in the running events but only 3 athletes per school maximum in the field events. No additional athletes beyond these limits.
5. No team scoring – open to invited collegiate teams, clubs and unattached athletes.
6. Running events will be from slowest to fastest.
7. There will be a maximum of 36 athletes in all field events.
8. We will not be accepting all entries – please double check accepted entries on THURSDAY, APRIL 11.
9. WEIGH-INS: SATURDAY: 12:00-1:30 PM; SUNDAY: 9:00-10:30 AM at concession stand near starting line of 100 meters.
10. Javelin Runway is new all-weather surface.
11. Please read minimum standard requirements on page 2.
12. This is not a participating type meet. Once again, we will not accept all entries. We have set it up so Direct Athletics will not accept entries below the listed standards. Please do not lie to get your athletes into the meet.
13. Pole Vault Runway – elevated
14. Multi Event fields are already set.

NOTE: Due to placement of javelin runway – we cannot conduct the discus or hammer during any of the javelin competitions. Men & Women's Discus and Hammer competition will be at Bucknell West Field; across Route 15 which is approximately 800 meters from Stadium.

1. We will try to follow the time schedule as closely as possible.
2. All athletes must check in with the clerk 30 minutes prior to the scheduled event start time or be scratched from the event. Hip numbers should also be picked up from the clerk.
3. All running events will be run in sections based on time from slow to fast.
4. All field events will be a final with the top eight (8) given three additional attempts. We will not be marking any performance below the minimum standards.

MINIMUM MEASUREMENTS AND STARTING HEIGHTS				
EVENT	MEN		WOMEN	
Long Jump	20-6	6.25	16-0	4.88
Triple Jump	42-7	13.00	35-1 ¼	10.70
Shot Put	45-0	13.70	36-1	11.00
Discus	131-3	40.00	114-10	35.00
Hammer	147-8	45.00	131-3	40.00
Pole Vault	13-9 ¼	4.20	10-8	3.25
High Jump	6-2 ½	1.89	5-1	1.55
Javelin	157-5	48.00	114-10	35.00

SUGGESTED STANDARDS FOR RUNNING EVENTS		
	MEN	WOMEN
100	11.60	13.3
200	22.9	26.9
400	52.0	62.0
800	1:59.0	2:25.0
1500	4:03	5:00
3000 Steeplechase	9:40	11:35
5000	15:20	18:30
10,000	31:20	38:00
110H / 100H	16.3	16.3
400 Hurdles	57.00	67.00
Mile	4:30	5:25

Please do not enter athletes in multiple events unless you are sure they plan to compete. It really affects the heats if you do this. (Example: 10K – 5K) Please do not bring your athletes if you know that they cannot hit these marks. This is NOT a participatory type meet. Only bring athletes who will hit the minimum standards. We will be verifying results from 2017 and 2018 as much as we can. I have a work study student who needs the hours. If it is obvious that a seed mark is off, we will not accept the entry. We are good at projecting times based on times of other events. We will try to be as fair as possible. Call me if there are extraordinary circumstances.