



# BUCKNELL

## 2012-13 XC/TRACK & FIELD



# WHAT IT MEANS TO BE A BISON

"... THE PURSUIT OF ATHLETICS IN COLLEGE NEED NOT INTERFERE WITH A FELLOW'S STUDIES, AND IF YOU GIVE A BOY A WELL DEVELOPED BODY HIS BRAIN WILL GET THE BENEFIT OF IT."

— CHRISTY MATHEWSON, IN HIS BOOK WON IN THE NINTH, WRITTEN IN 1910

The term "student-athlete" signifies something extraordinary on the campus of Bucknell University.

**Being a Bison** means that you have the rare blend of physical skills along with the drive and passion needed to succeed at the highest level of collegiate athletics.

**Being a Bison** also means that you are a scholar first and foremost. You believe that values associated with Division I athletics, such as time management, leadership, teamwork and grace under pressure, are but a part of a well-rounded college experience.

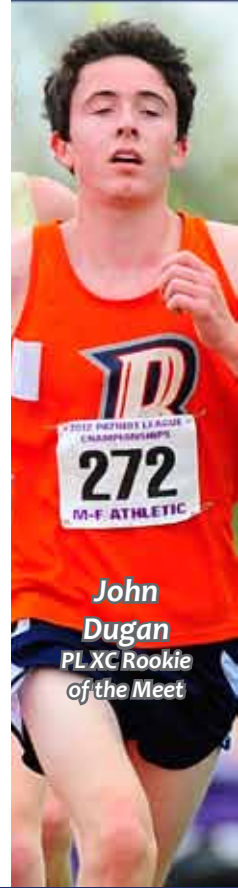
At Bucknell, our students, faculty and staff pride themselves as national leaders in upholding the scholar-athlete ideal that balances a challenging academic program with the demands of successful Division I athletics. **Being a Bison** means that you have pledged to be a student-athlete in the purest sense. In doing so, you will be rewarded for a lifetime.



**CAROLINE TOLLI**  
2011-12 PATRIOT LEAGUE  
INDOOR & OUTDOOR TRACK & FIELD  
SCHOLAR-ATHLETE OF THE YEAR



**Maddie Dulac**



**John Dugan**  
PLXC Rookie  
of the Meet



2011-12  
Academic All-District  
2x PL Outdoor Track MVP  
ROB ARENT



2011-12  
PL All-Academic Team  
MALLORY SMITH



2011-12  
Academic All-American  
PL Scholar-Athlete of Year  
Campbell Trophy Semifinalist  
TIM BOLTE



2011-12  
PL All-Academic Team  
Mid-Major All-American  
MIKE MUSCALA



2011-12  
ECAC Champion  
U.S. Olympic Trials Qualifier  
MIKE NICHOLSON



2011-12  
Academic All-District  
ANNE ELLENBERGER



2011-12  
Academic All-District  
MIKE HUFFNER

## BUCKNELL BISON ATHLETICS

### SETTING THE STANDARD OF EXCELLENCE

Bucknell takes great pride in its commitment to excellence on and off the playing fields. From Presidents' Cups to Academic All-Americans to graduation rates that are ranked annually in the national top-10, Bucknell is clearly at the head of the class when it comes to upholding the scholar-athlete ideal.

- According to federal data released by the NCAA each fall, Bucknell's student-athlete graduation rate annually ranks in the top 10 among all Division I institutions. Bucknell has led the nation in graduation rates twice, and in the most recent survey in the fall of 2011, Bucknell ranked No. 4 in the nation.
- Bucknell has claimed a league-high 127 Patriot League Scholar-Athletes of the Year since the league's inception as an all-sports conference in 1990-91.
- A total of 390 Bison appeared on the Patriot League Academic Honor Roll in 2011-12 after recording a GPA of 3.2 or better during their sport's competition season. Among all BU student-athletes, 252 made the Dean's List with GPAs of 3.5 or better in the fall 2011 semester.
- In addition to the 121 Capital One Academic All-Americans produced since 1970, Bucknell has also claimed 329 Academic All-District honorees over the same span, including 15 in 2011-12.
- Bucknell has earned 91 Patriot League championships in 22 years in the league. In addition, Bucknell has had 113 conference players of the year, 99 PL coaches of the year and a whopping 533 individual league champions from sports such as cross country, track & field, swimming & diving, tennis and golf.

- 24 of Bucknell's 27 varsity squads posted team GPAs of 3.0 or better in the spring of 2012.
- Bucknell has captured the Patriot League Presidents' Cup, signifying the league's all-sports champion, 17 times in the 22-year history of the affiliation, including 13 of the last 15 years.
- Bucknell ranks FIFTH in the nation (to Nebraska, Notre Dame, Penn State and Stanford) in total number of Capital One Academic All-America selections with 121.
- A major element in ensuring Bucknell's commitment to athletics excellence is the Kenneth G. Langone Athletics & Recreation Center, which opened fully in 2003. One of the finest collegiate athletics facilities of its kind, the center includes the 4,000-seat Sojka Pavilion, the Olympic class Kinney Natatorium, the Krebs Family Fitness Center and the Berger Family Weight Room. A Hall of Fame area, a display of Bucknell's Medal of Honor recipients, a new Academic All-America wall, a sports medicine suite, modern offices for coaches and staff, and locker room and classroom space are also included in the facility's layout.



2011-12  
Academic All-District  
2x PL Scholar-Athlete of Year  
CAROLINE TOLLI



2011-12  
ABCA All-East  
BOB DONATO



2011-12  
Lightweight All-American  
CAITLIN VOGELSANG



2011-12  
Academic All-District  
JORDAN DONALDSON



2011-12  
Academic All-District  
TARA CORT



2011-12  
ECAC Champion  
U.S. Olympic Trials Qualifier  
MATTHEW SEGAR



2011-12  
PL Scholar-Athlete of Year  
KATELYN MILLER



2011-12  
PL All-Academic Team  
NCAA Qualifier  
EVAN ZIMMER



2011-12  
NCAA Qualifier  
COREY LEAR



2011-12  
Big South All-Academic  
MINJOO LEE



2011-12  
PL Scholar-Athlete of Year  
CHRISTIAN TREAT



2011-12  
Academic All-District  
JILLIAN O'MARA



2011-12  
NCAA Qualifier  
LEONARD JOSEPH



2011-12  
PL All-Academic Team  
RACHEL VOSS

## BUCKNELL BISON ATHLETICS

### A NATIONAL MODEL IN PROMOTING THE SCHOLAR-ATHLETE IDEAL

Bucknell Athletics is first and foremost a student-centered organization, one that strives to be a national leader when it comes to operating by a true scholar-athlete model. At Bucknell, student-athletes' academic programs are their first priority, and providing a competitive Division I athletics program only advances the mission, values and residential learning goals of the university. To that end, the Department of Athletics and Recreation proactively seeks ways to assist student-athletes in their daily academic pursuits. Below are just some of the student-athlete support programs currently in place.

**FACULTY ATHLETICS REPRESENTATIVE:** The faculty athletics representative (FAR) is a member of the faculty or administrative staff who is designated to represent Bucknell in its relationships with the NCAA and the Patriot League. Bucknell's FAR is Mitch Chernin, Professor of Biology. The FAR can enhance the student-athlete experience by promoting a balance between academics, athletics and the social lives of student-athletes, which affords them opportunities to enjoy the full range of collegiate experiences available to students generally.

**SIDELINE COACH PROGRAM:** This program is a truly unique initiative in Division I college athletics, and it involves the invitation of a member of the faculty, administration, staff or community by one of Bucknell's 27 varsity teams. The participant has the opportunity to discuss the overall program with the respective coaching staff, including practice preparation and strategy for the upcoming contest. The sideline coach attends a practice session and an actual intercollegiate competition, where he/she is introduced to the team and gains rarely seen insight into the relationships that exist between player-coach and player-player. The purpose of the Sideline Coaches Program is to foster a better understanding by the faculty and administration of the roles played by coaches and athletes in the university's competitive intercollegiate athletic arena.

**ACADEMIC ENHANCEMENT CENTER:** In the Fall of 2005, the Department of Athletics opened a study/computer lab for student-athletes on the concourse level of Sojka Pavilion. The center is outfitted with computers, a laser printer, four television monitors and a projection unit with computer, VCR and DVD player. Additionally, the study lab can be used as a meeting place for group projects, tutorial area or just a secluded and quiet study space before or after practice.

**LAPTOP PROGRAM:** The Department of Athletics owns a number of laptop computers that may be signed out by student-athletes for use on away trips.

**STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC):** Representatives from each varsity team comprise the SAAC, which is designed to enhance the total student-athlete experience by promoting opportunity, protecting student-athlete welfare, and fostering a positive student-athlete image. The Committee is an invaluable resource for promoting communication between athletics administration and student-athletes; promoting communication between athletics and campus-wide administration; providing feedback and insight, as well as soliciting responses into department issues and proposed NCAA legislation; building a sense of community within the athletics program involving all athletics teams; organizing community service projects and efforts; creating a vehicle for student-athlete representation on campus-wide committees; serving as a collective voice of campus student-athletes; and disseminating information to the student-athlete body.

**BUCKNELL BISON LEADERSHIP ACADEMY:** In 2011-12, the Department of Athletics launched the Bucknell Bison Leadership Academy. As part of a Patriot League-wide leadership initiative, this program is designed to help student-athletes learn how to be effective leaders on and off the playing fields. The Leadership Academy features programming and instruction that bridge theory, development and real experiences in an interactive learning environment. Through this endeavor, team leaders can enhance their impact on their teammates' and their program's performance immediately and for years to come.



2011-12  
PL Scholar-Athlete of Year  
Academic All-District  
J.J. SZMADZINSKI



2011-12  
PL All-Academic Team  
MEREDITH DICKSON



2011-12  
All-American  
BILLY EISENREICH



2011-12  
All-American  
PL All-Academic Team  
BRYCE ROBERTSON



2011-12  
Academic All-District  
BRYSON JOHNSON



2011-12  
Academic All-District  
BRENDAN BURGDORF



2011-12  
PL All-Academic Team  
ELIZABETH PORCELLIO

# This is Bucknell

**Bucknell University is one of the top liberal arts colleges in the nation. Our academic programs encompass:**

- ▶ The traditional liberal arts disciplines—arts, humanities, natural sciences and social sciences.
- ▶ Professional programs in accounting, management, education, engineering and music.
- ▶ Preprofessional programs in law and medicine.

*With more than 3,500 undergraduates and nearly 150 graduate students, we combine the personal attention of a small college with the resources of a large university.*

## **THE CAMPUS: BEAUTIFUL AND CENTRALLY LOCATED**

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- ▶ More than 100 facilities for learning, living and recreation.
- ▶ Recent additions: music building, residence hall, geology/psychology building, engineering building and athletics center. Phase III of the West Fields Complex features an all-chairback-seat covered grandstand, press box and support facility for Graham Field and Varsity Soccer Field.
- ▶ Approximately three hours from Baltimore, New York, Philadelphia and Washington, D.C.

## **ACADEMICS: BROAD LEARNING OPPORTUNITIES**

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- ▶ More than 50 majors leading to bachelor of arts, bachelor of science, bachelor of engineering, bachelor of science in education, bachelor of science in business administration or bachelor of music.
- ▶ **Arts & Sciences Departments and Programs:** Animal Behavior, Art and Art History, Biology, Cell Biology/Biochemistry, Chemistry, Classics, Comparative Humanities, Computer Science, East Asian Studies, Economics, Education, English, Environmental Geology, Environmental Studies, French, Geography, Geology, German, History, Humanities, International Relations, Latin American Studies, Management, Mathematics, Music, Neuroscience, Philosophy, Physics and Astronomy, Political Science, Psychology, Religion, Russian, Sociology and Anthropology, Spanish, Theatre and Dance, Women's and Gender Studies.
- ▶ **Engineering Departments:** Biomedical, Chemical, Civil and Environmental Engineering, Computer Science and Engineering, Electrical, Mechanical.

## **THE FACULTY: FOCUSED ON STUDENTS**

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- ▶ More than 330 full-time faculty.
- ▶ More than 95% of faculty members hold doctoral degrees.
- ▶ Undergraduate learning is highest priority.
- ▶ Faculty members are active scholars who conduct research, produce creative works and publish their findings, often in collaboration with students.

## **UNDERGRADUATE RESEARCH**

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- ▶ Students conduct research in the lab and off campus in conjunction with faculty mentors.
- ▶ High degree of independence.
- ▶ Great preparation for graduate school and career.

## **CAMPUS LIFE: NEVER A DULL MOMENT**

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- ▶ Learning outside of class: academically oriented student organizations, guest lecturers, campus publications, concerts, art exhibitions, theater, trips off campus and more.
- ▶ More than 150 student-run organizations to suit nearly every interest, from a capella singing to Zen Buddhist meditation.
- ▶ Volunteer and service projects on- and off-campus, including abroad.
- ▶ 13 fraternities and 8 sororities.
- ▶ Diverse religious life programs.
- ▶ Athletics: Division I varsity intercollegiate program, club sports for both men and women, and intramural programs.

## **RESIDENTIAL COLLEGES: HOUSING OPTIONS WITH AN ACADEMIC TWIST**

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- ▶ Seven themed programs open to first-year students: arts, environment, global, humanities, languages and culture, social justice and society and technology.
- ▶ Students take a course together, live together, and participate in out-of-class activities such as informal discussions, guest lectures and off-campus trips.

## **CAREER SERVICES: PREPARATION FOR THE FUTURE**

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- ▶ Full- or part-time internships at companies, non-profits or governmental agencies.
- ▶ Resume writing and interviewing guidance.
- ▶ Two-day job shadowing externships.
- ▶ On-campus employment expos and off-campus networking nights.

## **VISIT CAMPUS: SEE BUCKNELL FOR YOURSELF**

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- ▶ Tours are offered five times daily on weekdays and three times on Saturdays.
- ▶ No appointment is necessary for tours; other options may require reservations.
- ▶ Please go to [www.bucknell.edu/admissions/calendar](http://www.bucknell.edu/admissions/calendar) or call (570) 577-1101 for more information about visit options.
- ▶ See award-winning virtual tour at <http://community.bucknell.edu>.

# Bucknell Athletics Facilities

Christy Mathewson-Memorial Stadium: The home of Bison track & field, football and lacrosse.



## Bucknell Athletics Facilities

### THE KENNETH LANGONE ATHLETICS & RECREATION CENTER

The Bucknell University Department of Athletics and Recreation prides itself on setting the standard of excellence when it comes to success both on the playing fields and in the classroom. With 17 Patriot League Presidents' Cups in 22 years, national leadership in graduation rates, 121 Academic All-Americans since 1970 and 127 Patriot League Scholar-Athletes in 22 years, Bucknell is clearly at the head of the class in terms of upholding the scholar-athlete model.

The Kenneth G. Langone Athletics and Recreation Center, one of the finest collegiate athletics and recreation venues of its kind, ensures the continuation of that success.

The facility enhances each of Bucknell's 27 varsity programs and greatly expands the scope of its growing intramural and recreational sports offerings. A visually appealing structure located along Moore Avenue on the "downhill" side of campus, the Langone Athletics and Recreation Center was designed to reach out to all members of the campus community, including the student body, varsity student-athletes, faculty, staff and alumni.

Three primary venues lie within the facility: the Arthur D. Kinney Jr. Natatorium, the 4,000-seat Gary A. Sojka Pavilion and the Krebs Family Fitness Center. Other features include a new location for the Bucknell Athletics Hall of Fame, a display of Bucknell's Congressional Medal of Honor recipients, a brand new display highlighting Bucknell's all-time Academic All-Americans, a sports medicine and athletic training suite, classrooms, modern offices for coaches and staff and increased locker room space for varsity and recreational athletes.

The facility is named in honor of Ken Langone, a 1957 Bucknell graduate who, along with his wife Elaine, pledged \$11 million toward the center's construction. Langone was a member of the university Board of Trustees from 1980 to 1996.

One of the special qualities of the Langone Athletics and Recreation Center is the manner in which it supplements the pre-existing facilities. The construction surrounds Gerhard Fieldhouse and historic Davis Gymnasium, which has been restored as a competition venue for the Bison wrestling and volleyball teams, as well as intramural, recreation and other varsity practice activities.

As Bucknell continues to strive toward its mission of setting the standard of excellence in college athletics, the Langone Athletics and Recreation Center becomes the centerpiece in an already impressive cache of athletics facilities that includes the 13,100-seat Christy Mathewson-Memorial Stadium and its newly installed FieldTurf and 8-lane track surface; the scenic Bucknell Golf Club and new Instructional Golf Center; Depew Field, the home of the Bison baseball team; the spacious Charles & Karen Becker Field for softball, and Emmitt Field and Graham Field at Holmes Stadium, including the new Phase III portion of the West Fields project that includes covered grandstand seats, ticket and concession areas, team rooms, a training room and a press box area for soccer, field hockey and women's lacrosse.

*Please see p. 53 for more on Bucknell's cross country and track & field facilities, including stadium records.*



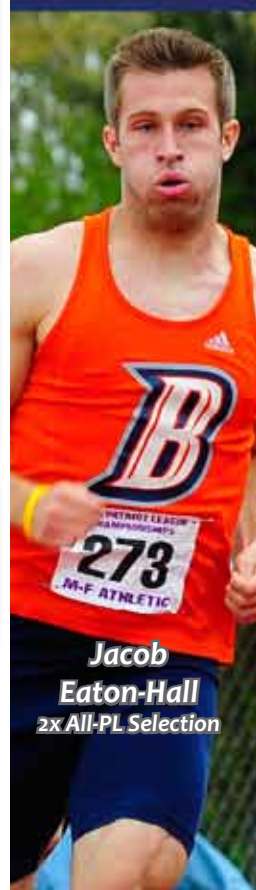
### OTHER ATHLETICS VENUES



1. Sojka Pavilion (M/W basketball); 2. Kinney Natatorium (M/W swimming & diving, M/W water polo); 3. Davis Gym (volleyball, wrestling); 4. Gerhard Fieldhouse (M/W indoor track & field); 5. Graham Field (field hockey, W lacrosse); 6. Emmitt Field (M/W soccer); 7. Fieldhouse Courts (M/W Tennis); 8. Becker Field (softball); 9. Depew Field (baseball); 10. Bison River Complex (rowing); 11. Bucknell Golf Club; 12. Krebs Fitness Center.



**Leah Goeke**  
2011 PL Steeplechase Champion



**Jacob Eaton-Hall**  
2x All-PL Selection

# Men's Cross Country Preview/Roster



**Dustin Horning**  
3x All-East Selection



**Olivia Massey**



## MEN'S CROSS COUNTRY PREVIEW



**D.J. KRYTEK**

Two words – youth and depth – best describe Bucknell men's cross country heading into the 2012 campaign, and both are expected to be what push the Bison back into the mix in the Patriot League race come October. Bucknell has not placed higher than third in the conference standings since 2001. With continuous improvement and a deceptively experienced group of underclassmen, however, head coach Kevin Donner is looking for that to change.

"Our men's distance runners made tremendous progress last year, which we are expecting to carry over into this year. I am projecting our strongest year in recent

memory," said Donner, who is heading into his 12th season at the team's helm. "Although the critical mass is still relatively young, we do have some big-meet experience and we do have a few seniors who are ready for a big breakthrough."

Six of Bucknell's top seven finishers at last year's Patriot League Championships are back this fall, and four of those returners are still only sophomores. The key loss there is former captain Dave Brown, who graduated last spring after earning the Bison's top finishing spot in each of the last two seasons. Back from that group, however, are sophomores John Dugan, the Patriot League Rookie of the Meet, Michael McGowan, Andrew Garcia-Garrison and Andrew Kirna. D.J. Krystek and Dustin Horning were also among the top seven and will provide some of the senior leadership for the unit.

Krystek joins Brian Charland as the official leaders of the Bison squad as both were named captains prior to the season. Krystek was fifth on the team and 32nd overall at the league championships last fall. He continued his success as the year wore on and eventually scored with a sixth-place finish at the Patriot League Outdoor Track & Field Championships in the 10,000 meters. His season concluded with his first career trip to the IC4A Championships where he took 13th in the 10K.

Horning saw similar results. The native of Elizabethtown, Pa., placed among the team's top five in three of his five cross country meets. One of those was at the Patriot League Championships, where he was third among Bison and 27th overall. Like Krystek, Horning went on to score in multiple events at the track league meets and qualified for the IC4A Championships during both indoor and outdoor seasons. Highlighting his resume was a third-place finish in the outdoor 4x800 relay, which set a school record at the Patriot League meet.

Looking to make an impact again this year will be senior Robert Yamnicky who struggled with health problems last fall. As a sophomore, Yamnicky took 28th overall and was second on the team behind Brown at the Patriot League Championships.

"He can really be the link that pulls our team together," said Donner.

Few freshmen made themselves heard more last year than Dugan. A two-time conference Rookie of the Week during cross country season, he ultimately earned Second Team All-Patriot League honors to go along with his Rookie of the Meet citation. Showing off his consistency for the Bison, Dugan placed among the team's top five in all six of his races during his debut campaign and was second on the squad and 13th overall at the Patriot League Championships.

Another Rookie of the Week honoree during cross country season, McGowan rounded out Bucknell's top seven at the Patriot League Championships. He also took fourth on the team and 81st overall at the NCAA Mid-Atlantic Regional Championships to complete his

fall campaign.

Track season treated both Dugan and McGowan well. Dugan kicked off his outdoor campaign with a win in the steeplechase at the Susquehanna Jim Taylor Invitational, while McGowan also won his collegiate debut in the mile. Both qualified for the IC4A Championships as well with Dugan in the steeplechase, the same event in which he ultimately competed at the USATF Junior National Championships in June, and McGowan in the 10,000 meters.

Adding to the depth for the Bison will be sophomore Kirna, who will be joined on the roster by younger brother John this season, as well as juniors Tyler Erhard and Eric Balaban. Andrew Kirna was sixth on the team and 41st overall at last fall's league meet. Erhard struggled with injuries during the 2011 cross country season but bounced back on the track. In his final three indoor meets, he won the mile and the 1,000 meters, then scored with a season-best in the 1,000 at the Patriot League Championships as the Bison won their first indoor league title since 1993.

Balaban has been steadily increasing his role on the cross country squad during his career. After racing just three times as a freshman, he made the lineup at seven meets last fall, including the conference meet where he was eighth among Bison and 56th overall.

Bucknell will also look to freshmen Andrew Kuchta and Harrison Brakewood in 2012. Donner considers the duo among some of his best-ever recruits as both ran 9:10 in the 3,200 meters during their high school careers.

As usual, Bucknell will begin its 2012 campaign by hosting the Bison Open on Aug. 31 before heading to Colgate on Sept. 1 for the Harry Lang Invitational in what will be a preview of the Patriot League Championships course. Stops at the University of Detroit Mercy and Saint Francis (Pa.) invitationals, followed by Pre-Nationals and the Gettysburg Invitational will take the Bison up to the league meet in Hamilton, N.Y., on Oct. 27.



## MEN'S CROSS COUNTRY ROSTER

Name	Cl.	Hometown/High School
Chris Applegate	Sr.	Marlton, N.J./Cherokee
Eric Balaban	Jr.	Wexford, Pa./North Allegheny
Harrison Brakewood	Fr.	Lebanon, N.J./Voorhees
Ryne Carney	Sr.	Dimock, Pa./Elk Lake
Brian Charland	Sr.	Webster, N.Y./Webster Thomas
Cole Conte	Fr.	Port Jefferson, N.Y./Earl L. Vandermeulen
Dylan Cowell	So.	Kutztown, Pa./Kutztown
John Dugan	So.	Ramsey, N.J./Ramsey
Tyler Erhard	Jr.	Millerstown, Pa./East Juniata
Andrew Garcia-Garrison	So.	Detroit, Mich./Catholic Central
Dustin Horning	Sr.	Elizabethtown, Pa./Elizabethtown Area
Alex Jagelsky	So.	Rutland, Mass./Wachusett
Michael Johnson	Fr.	Phoenix, Md./Loyola Blakefield
Andrew Kirna	So.	Westfield, N.J./Westfield
John Kirna	Fr.	Westfield, N.J./Westfield
D.J. Krystek	Sr.	Pitcairn, Pa./Gateway Senior
Andrew Kuchta	Fr.	Pittsburgh, Pa./Baldwin
Dennis Logan	Jr.	Pittsburgh, Pa./Baldwin
Cameron McConnell	Sr.	Allentown, Pa./Parkland
Michael McGowan	So.	Ardmore, Pa./Lower Merion
Zachary Moon	Fr.	Lewistown, Pa./Mifflin County
Peter Murray	Fr.	Medford, Pa./Shawnee
Chris Oesterlin	Jr.	Nahant, Mass./St. John's Prep
Charles Seigneur	Sr.	Allison Park, Pa./Allison Park
David Strauss	Jr.	Orefield, Pa./Parkland
John Westwood	Fr.	Sewickley, Pa./Quaker Valley
Glen Williams	So.	Landenberg, Pa./Kennett
Robert Yamnicky	Sr.	Shelton, Conn./Shelton

# Women's Cross Country Preview/Roster



## WOMEN'S CROSS COUNTRY PREVIEW

It's hard to imagine that development would be the biggest challenge of a team that was just three points shy of a ninth Patriot League Championship, but that is the case for Bucknell women's cross country in 2012. The Bison return many of their top runners, including First Team All-League selection and two-time Patriot League Track & Field Scholar-Athlete of the Year Caroline Tolli. Where development comes into play, however, will be the team's reliance on middle-distance runners who have proved themselves in spades on the track.

"Although we graduated five of our top seven runners, we do have a tremendous amount of depth and there are a lot of good young runners coming through the pipeline," said Kevin Donner, who is entering his 12th season as Bucknell's head coach. "Many of our top runners are very good middle-distance runners on the track, so our biggest challenge will be developing a plan to prepare them for the variables of cross country."

"I do believe that we will be a factor within the Patriot League as well as the Mid-Atlantic Region."

Bucknell captured three All-Patriot League citations last fall, including four-time first-team honoree Stephanie Fulmer, but only Tolli returns in 2012. She led the Bison with a fifth-place finish overall at the championships, making her the team's top runner in the field, and placed among the top 10 at two other meets. Even with this success the senior, who will be sharing captain's duties with classmate Leah Goeke, is still known primarily as a key member of Bucknell's middle-distance unit. Tolli claimed Patriot League titles in the 1,000 and outdoor 4x800 relay in which the Bison set school and conference records.

Hana Casalnova and Beth Braunegg, who made up half of the record-setting 4x800 team, will also be called upon to step up to the longer distances and hilly courses featured on Bucknell's 2012 schedule. The top 1,000-meter runners in program history – Braunegg broke the school record in January only to be bested by Casalnova a week later – both claimed top-40 finishes at last year's Patriot League Cross Country Championships. Casalnova was the faster of the two, placing seventh on the team and 23rd overall. She was later Bucknell's No. 1 finisher a few weeks later at the ECAC Championships, jump-starting her successful track campaign that included two conference titles, points in six events at league meets and two trips to the ECACs.

Braunegg posted similar credentials, scoring at the Patriot League Championships in the 1,000 and 4x800 indoors and the 800 and 4x800 outdoors. She capped off her year with trips to the ECAC meets in the 1,000 meters, distance medley relay and 4x800.

Goeke, Betsy Edinger, Maddie Dulac and Katie Jessee bring depth and a variety of success stories to the cross country course. Although Goeke has not raced at a Patriot League Championship meet in the fall since her freshman campaign, the senior has solidified her place as one of the top steeplechase runners in the conference by earning all-league honors in the event each of the last two years.

Edinger and Jessee were among Bucknell's top seven at the conference cross country meet as freshmen last fall. Both took some time to get warmed up in their rookie campaign. After winning at Saint Francis (Pa.), Edinger just missed out on all-league honors with a 15th-place finish and eventually took 78th at the NCAA Mid-Atlantic Regionals. Jessee, who was sixth on the team and 21st overall at the Patriot League Championships, finished among the team's varsity seven in three meets at the end of the year and went on to a solid 11th-place performance in the 5,000 meters at the outdoor league meet.

The Bison will also look for good things from the return of Dulac. A Baltimore, Md., native, Dulac was 51st at the Patriot League Cross Country Championships before going on to a very strong indoor track season. She saw her year cut short by injury, however, missing

all of the spring season.

Joining the Bison will be a group of seven newcomers. Highlighting the incoming freshmen will be Alison Billas of nearby Danville Area High School and Meghan Carroll.

The 2012 season will get underway with the Bison Open on Aug. 31. One day later, Bucknell will make the trip to Colgate for the Harry Lang Invitational, giving it a preview of the course scheduled to host this year's Patriot League Championships. To prepare for the postseason, the Bison will also make trips to invitationals hosted by the University of Detroit Mercy and Saint Francis (Pa.) and Pre-Nationals hosted by Louisville as well as the Gettysburg Invitational.



CAROLINE TOLLI & BETH BRAUNEGG



Chelsea Lodato



## WOMEN'S CROSS COUNTRY ROSTER

Name	Cl.	Hometown/High School
Nora Adams	Fr.	Boalsburg, Pa./State College Area
Haley Anderson	So.	Hopkinton, Mass./Hopkinton
Alison Billas	Fr.	Danville, Pa./Danville
Rachael Blondy	Jr.	Durham, N.C./Cary Academy
Beth Braunegg	Jr.	Williamsport, Pa./Loyalsock Twp.
Stephanie Bryan	Jr.	Frederick, Md./Gov. Thomas Johnson
Amber Carroll	Fr.	Tamaqua, Pa./Tamaqua
Meghan Carroll	Fr.	Phillipsburg, N.J./Phillipsburg
Hana Casalnova	Jr.	Grove City, Pa./Grove City
Alexandra Chapman	Sr.	Fayetteville, N.Y./Fayetteville Manlius
Alison Dillon	So.	McKean, Pa./General McLane
Montana DiPietrantonio	So.	Mount Laurel, N.J./Bishop Eustace
Maddie Dulac	So.	Baltimore, Md./McDonough School
Betsy Edinger	So.	Greenwich, N.Y./Greenwich Central
Zoe Gaston	So.	Wilton, Conn./Wilton
Deanna Godby	Fr.	Cleveland, Ohio/Mayfield
Leah Goeke	Sr.	Garnet Valley, Pa./Garnet Valley
Michelle Golden	So.	West Pittston, Pa./Wyoming
Melissa Hexter	Fr.	Bel Air, Md./Byrn Mawr
Erin Holbrook	Jr.	East Aurora, N.Y./East Aurora
Katie Jessee	So.	Concord, Mass./Concord Carlisle
Catherine Kobza	Jr.	Pt. Lookout, N.Y./Holy Trinity
Leigh Ann Labate	Fr.	Rexford, N.Y./Niskayuna
Sara Lederman	Sr.	Livingston, N.J./Livingston
Alison Lockwood	So.	Geneva, N.Y./Geneva
Chelsea Lodato	Jr.	Matawan, N.J./Old Bridge
Paige Lommerin	Fr.	Pleasanton, Calif./Amador Valley
Heather Moriarty	Fr.	Fairfield, Conn./Fairfield Ludlow
Kylie Pearse	So.	Malverne, N.Y./Kellenburg Memorial
Morgan Roche	So.	West Hartford, Conn./Hall
Justine Schnell	So.	Ho-Ho-Kus, N.J./Northern Highlands
Becky Snelson	So.	Randolph, N.J./Randolph
Stefanie Spanfeller	Jr.	New York, N.Y./Nightingale-Bamford
Caroline Tolli	Sr.	Lockport, N.Y./Lockport
Kate VanNess	So.	Alexandria, Ohio/Granville
Emily Waksmunski	Jr.	Carrolltown, Pa./Bishop Carroll



Alex Jagelsky  
2012 All-East

# Men's Track & Field Preview/Roster



**Dennis Logan**  
2x All-East Selection



**Rebekka Vuojolainen**

## MEN'S TRACK & FIELD ROSTER

Name	Event	Cl.	Hometown/High School
Chris Applegate	Distance	Sr.	Marlton, N.J./Cherokee
Eric Balaban	Distance	Jr.	Wexford, Pa./North Allegheny
David Blaides	Mid-Distance	So.	Boston, Mass./Concord Carlisle
Harrison Brakewood	Distance	Fr.	Lebanon, N.J./Voorhees
Sam Brandstadt	Multi	So.	Utica, N.Y./Whitesboro
Christian Brandstetter	Distance	Sr.	McMurray, Pa./Peter's Township
Jason Brown	Jumps/Hurdles	Sr.	Plainville, Mass./Bishop Feehan
Ben Burgess	Jumps	So.	New Lebanon, N.Y./New Lebanon
Slade Capasso	Sprints	Sr.	Eastchester, N.Y./Eastchester
Ryne Carney	Distance	Sr.	Dimock, Pa./Elk Lake
Brian Charland	Distance	Sr.	Webster, N.Y./Webster Thomas
Cole Conte	Distance	Fr.	Port Jefferson, N.Y./Earl L. Vandermeulen
Dylan Cowell	Distance	So.	Kutztown, Pa./Kutztown
Matt Deyscher	Hurdles	So.	Lebanon, Pa./Cedar Crest
Sean Dougherty	Jumps	So.	Warrington, Pa./Central Bucks South
John Dugan	Distance	So.	Ramsey, N.J./Ramsey
Jacob Eaton-Hall	Sprints/Mid-Distance	Jr.	Elmira, N.Y./Elmira Free Academy
Tyler Erhard	Distance	Jr.	Millerstown, Pa./East Juniata
Jack Fellows	Throws	So.	Cumberland Center, Maine/Greely
Ian Ferguson	Pole Vault	Sr.	Springfield, Pa./Springfield
Andrew Garcia-Garrison	Distance	So.	Detroit, Mich./Catholic Central
Justin Hicks	Sprints	Sr.	Wilmington, Del./Tower Hill School
Ray Holmes	Jumps	Jr.	Campbell, N.Y./Campbell-Savona Central
Dustin Horning	Distance	Sr.	Elizabethtown, Pa./Elizabethtown Area
Jon Hunsberger	Throws	Fr.	Lykens, Pa./Upper Dauphin Area
Alex Jagelsky	Sprints/Mid-Distance	So.	Rutland, Mass./Wachusett
Michael Johnson	Mid-Distance	Fr.	Phoenix, Ariz./Loyola Blakefield
Leonard Joseph	Throws	Sr.	Whitesboro, N.Y./Clinton
Kevin Keller	Sprints/Jumps	So.	Darien, Conn./Darien
Andrew Kirna	Distance	So.	Westfield, N.J./Westfield
John Kirna	Distance	Fr.	Westfield, N.J./Westfield
Stephen Koullias	Throws	Sr.	Wyomissing, Pa./Wyomissing Area
D.J. Krystek	Distance	Sr.	Pitcairn, Pa./Gateway Senior
Andrew Kuchta	Distance	Fr.	Pittsburgh, Pa./Baldwin
Peter Lanzani	Pole Vault	So.	Haddonfield, N.J./Haddonfield Memorial
Dennis Logan	Mid-Distance	Jr.	Pittsburgh, Pa./Baldwin
Christian Lupica	Hurdles	So.	Newtown, Pa./Holy Ghost Prep
Quinten Marcott	Throws	Sr.	Wayland, Mich./Wayland
Daniel Markwalter	Pole Vault	Sr.	Vienna, Va./Thomas Jefferson S&T
Cameron McConnell	Mid-Distance	Sr.	Allentown, Pa./Parkland
Michael McGowan	Distance	So.	Ardmore, Pa./Lower Merion
Anthony Menza	Sprints	Fr.	Englishtown, N.J./Manalapan
Brian Monahan	Throws	So.	Gettysburg, Pa./Delone Catholic
Zachary Moon	Distance	Fr.	Lewistown, Pa./Mifflin County
Ted Mottola	Throws	Sr.	Valhalla, N.Y./Iona Prep
Pat Mulrooney	Javelin	Fr.	Somerville, N.J./Somerville
Peter Murray	Distance	Fr.	Medford, N.J./Shawnee
Chris Oesterlin	Mid-Distance	Jr.	Nahant, Mass./St. John's Prep
Patryk Najbar	Sprints	Jr.	Lodi, N.J./Lodi
Matt Pozo	Hurdles	So.	Farmingdale, N.J./Christian Brothers Acad.
Alex Prieto	Jumps	Jr.	Princeton Junction, N.J./West Windsor Plainsboro South
Brandon Reynolds	Throws	So.	Kings Park, N.Y./Kings Park
Grant Reynolds	Hurdles	Fr.	Maitland, Fla./Trinity Prep School
Kamal Riley	Sprints	Jr.	Hyde Park, Mass./Charlestown
Griffin Robertson	Sprints	Fr.	Mansfield, Mass./Mansfield
Nigel Robinson	Throws	Jr.	East Boston, Mass./John D. O'Bryant
Charles Seigneur	Distance	Sr.	Allison Park, Pa./Allison Park
Mark Stafurik	Throws	Fr.	Englishtown, N.J./Christian Brothers Acad.
David Strauss	Distance	Jr.	Orefield, Pa./Parkland
Kevin Tapper	Sprints/Jumps	So.	Elkridge, Md./Calvert Hall
Laddie Trees	Javelin	So.	Washington, D.C./Deerfield Academy (Mass.)
Luke Webster	Throws	Sr.	Pataskala, Ohio/Newark Catholic
Scott Weismiller	Pole Vault	Jr.	Mahwah, N.J./Don Bosco Prep
John Westwood	Mid-Distance	Fr.	Sewickley, Pa./Quaker Valley
Glen Williams	Distance	So.	Landenberg, Pa./Kennett
Zach Winters	Pole Vault	Fr.	Medford, Pa./Shawnee
Nathaniel Witter	Pole Vault	Jr.	Mercersburg, Pa./James Buchanan
Matt Wyman	Throws	Fr.	South Amboy, N.J./Saint Joseph's
Robert Yamnicky	Distance	Sr.	Shelton, Conn./Shelton

Women's track and field has gotten much of the attention in Lewisburg in the last 15 years, but the Bucknell men are doing their best to change that. The three-time defending Patriot League Outdoor Track & Field Champions, the Bison captured their first indoor conference title since 1993 last winter. The secret to Bucknell's success in recent years has been equal contribution from both the track and field events, a trend that is expected to continue through 2012-13.

"Our men will have very good balance in all event areas, which should put us in position for another championship season," said 12th-year head coach Kevin Donner, who claimed his third consecutive Patriot League Coach of the Year honor on the men's side last spring. "We are now in a position where championships are attainable goals."

Of Bucknell's 10 individual conference titles last year, Justin Hicks and Leonard Joseph each earned two, and Joseph became the second Bison to qualify for the NCAA Championships in as many years. Both return to the squad for their senior campaign this year.

**SPRINTS**.....  
Hicks is coming off a strong year in which he was named Patriot League Indoor Track & Field Runner of the Meet thanks in part to double wins in the 60 and 200 meters. He also set a school record in the 60 and a Patriot League record in the 200 at the meet. Just below him on the podium in both events was Christian Lupica, who is also Bucknell's main force in the hurdles.

Kamal Riley, who posted some of the top times in program history last year and advanced to the IC4A Championships more than once, will add depth in the short sprints. An IC4A qualifier in the 500, Jacob Eaton-Hall will help anchor the long sprints. Notable Newcomer: Anthony Menza

**HURDLES**.....  
Bucknell loses one of the most decorated athletes in program history in Rob Arent, but sophomore Lupica is poised to make up the difference. Lupica scored at the Patriot League Championships in all three hurdles races, taking third at 60 meters, second at 110 and sixth at 400. He is also ranked in the program top 10 in all three races, including the 60 hurdles where he is just .04 seconds off Arent's school record.

**MID-DISTANCE**.....  
Five All-East performers from last year will anchor the middle-distance unit in 2013. Among them are senior Dustin Horning and juniors Dennis Logan, Chris Oesterlin and Tyler Erhard. The quartet made up the 4x800 at the outdoor IC4A Championships shortly after Horning, Logan and Oesterlin helped the relay to a school record weeks earlier at the league meet.

Alex Jagelsky made a splash with an All-East citation in the 1,000. Now a sophomore, he also owns the ninth-fastest outdoor 800 time in program history. Notable Newcomer: John Westwood

**DISTANCE**.....  
Although Bucknell scored in just two races longer than one mile at a Patriot League Championship last year, the Bison have noticeable depth at the long distances. John Dugan took fifth in the 3,000 steeplechase and D.J. Krystek was sixth in the 10,000. Both are returning in 2012-13 along with standouts Michael McGowan and Andrew Garcia-Garrison from the sophomore class and senior Robert Yamnicky. Dugan (steeplechase), Krystek (10K) and McGowan (10K) were also IC4A qualifiers a year ago. Notable Newcomers: Harrison Brakewood, Andrew Kuchta

**THROWS**.....  
Few event areas have enjoyed constant success like the throws. Joseph defended his PL title in the hammer and added a weight throw win to the mix as well. That brought Bucknell throwers' PL gold medal count to eight over the last three years. Also included in that group is Joseph's senior classmate Luke Webster, who has become more of a threat in the shot put and hammer since winning his discus title in 2011.

Stephen Koullias also broke onto the shot put scene last year, placing fourth indoors and second outdoors after having never competed at a league meet previously. He and Quinten Marcott, a Second Team All-League honoree last winter, should maintain the Bison's shot prowess despite the graduation of multi-year champion Tom Barr.

Ted Mottola became a first-time IC4A qualifier in the hammer and Laddie Trees crashed into the record books in javelin last spring, giving Bucknell even more depth.

**JUMPS**.....  
Bucknell's jumpers often got overlooked at recent league meets, but that doesn't mean they weren't producing. Just over 10 percent of the Bison's points at the championships last year came from the high jump, long jump and triple jump alone.

Jason Brown anchored the high jumpers, taking third indoors and fourth outdoors a year ago. Depth was the name of the game in the horizontal jumps. At least two Bison scored in the triple and long jump at both the indoor and outdoor championships. Ray Holmes, Alex Prieto and Kevin Tapper went 4-5-6 in the indoor triple jump, making them the deepest contingent. Holmes was also third in the triple jump outdoors, while Kevin Keller was a key player in the long jump.

**POLE VAULT**.....  
One of the most veteran groups on the squad, Bucknell will turn to seniors Daniel Markwalter and Ian Ferguson and juniors Nathaniel Witter and Scott Weismiller in the pole vault. Witter was last year's only two-time scorer at Patriot League Championships, tying with Markwalter for third indoors and placing fifth outdoors. Markwalter and Witter are neck-and-neck in the program record books as well. The two are tied for third (15-9) indoors and separated by six inches outdoors with Markwalter tied for fourth (15-9) and Witter sixth (15-3).

**MULTIS**.....  
Bucknell has some big shoes to fill with the graduation of Andrew Powell, a two-time champion and school record-holder in both the decathlon and heptathlon. Ready to step up to the challenge, however, is Sam Brandstadt. The sophomore was sixth at the indoor and outdoor championships in his debut campaign and added IC4A qualifier to his resume in the spring. Notable Newcomer: Grant Reynolds

# Women's Track & Field Preview/Roster

"We have a very well-balanced track and field team returning as well as a few freshmen who can contribute immediately," said 13-time Patriot League Coach of the Year Kevin Donner, who is entering his 12th season with Bucknell. "Our expectations are always Patriot League championships and it will be up to our captains and upperclassmen to develop a team culture that will allow us to achieve those goals."

The winning culture has been present for many years with the Bison women's track and field team. Bucknell has 14 indoor league titles and a dozen more on the outdoor track. Although the Orange and Blue graduated several key players from those most recent championship teams, including perennial All-League distance runner Stephanie Fulmer and 2012 indoor and outdoor shot put champion Sarah Bella, a solid majority of Bucknell's points from the league meets return for the 2012-13 campaign.

## SPRINTS

Leading an impressive group of sprinters this season will be Sasha Hornock. In addition to racking up 23 points in individual events at the two 2012 Patriot League Championships, Hornock also had a hand in three school records during the year. The senior tied the top 60-meter mark at the PL indoor meet and also took down the 4x100 and 4x200 records outdoors. Joining her on the record-setting relays were Taylor Funk, Kim Nagotko, Emma Rice and Jennifer Zymet. Only Funk graduated from that group, promising another strong year in both the short sprints and relays.

Zymet will continue to anchor the longer sprints. The junior is a two-time defending conference champion in the 400 meters and has her name inked in the program record books a total of 16 times after just two years.

## HURDLES

With Funk's graduation, the hurdle experience falls to Allison Daley, who placed sixth in the 400 hurdles at last spring's Patriot League Championships. Chelsea Lodato also got some races with the relatively inexperienced group while also spending some time at the middle distances.

Notable Newcomer: Jen Silvestri

## MID-DISTANCE

Like the sprints, middle distance is another area that has been tested and come through with flying colors. Hana Casalnova and Beth Braunnegg both set a school record in the 1,000 last winter, but it was Caroline Tolli to take the Patriot League title in the event. Casalnova, Lodato and Emily Waksmunski scored in the 800 at the PL indoor meet, while Casalnova and Braunnegg were the point-getters in the outdoor 800.

While individuals do not also combine to make a good team, things worked in Bucknell's favor with the 4x800 relay. Braunnegg, Waksmunski, Tolli and Casalnova posted the sixth-best time in program history at the Patriot League Indoor Championships. They teamed up again at the outdoor meet a few months later, setting both a school and a Patriot League record with the win.

## DISTANCE

Bucknell's distance runners are relatively young, led by sophomores Maddie Dulac, Katie Jessee and Betsy Edinger and senior Leah Goeke, but each enjoyed their own success at varying times throughout the 2011-12 season.

Edinger kicked things off with a strong cross country season, missing an All-League citation by just five seconds. Dulac shined indoors where she scored at the PL meet in both the mile and 3,000 meters, making her the only Bison distance runner to score in more than one individual event. Jessee settled in at the 5,000 meters late last spring and earned her way on to the Patriot League roster where she was 11th in the event. The veteran of the group, Goeke narrowly missed defending her conference title in the steeplechase and placed second with the best time of her career.

Notable Newcomers: Meghan Carroll, Allison Billas

## THROWS

It sounds strange to say considering the returning firepower, but graduation may have hit Bison throws the hardest, taking former Patriot League champions Bella, Rebecca Misko and Kat Folger out of the mix. Back, however, is senior Abby Monaghan has put up top-four finishes in the weight throw each of the last two years and scored in the discus multiple times as well. Kathryn Wahls also made strides in the hammer throw, cracking the program top 10 for the first time in her career late in the season.

Taylor Siegrist continued her run as one of the team's top javelin throwers. The senior earned her second consecutive trip to the NCAA East Preliminaries last spring and maintained her No. 4 spot on the program record list. Sophomore Erin Norris also became a contender in the javelin.

Notable Newcomer: Sophia Nnadi

## JUMPS

Alexandra Romanelli literally jumped to the front of the pack last year when she surprised even herself with second-place finishes in the triple and long jump at the indoor league championships. She also moved herself into the top six in the program record books in both events indoors and scored in both outdoors.

Romanelli had company in the scoring columns. Jessica Matsinger established herself as one of the top triple jumpers in the league, placing fourth indoors and fifth outdoors, while Hornock maintained her status as a factor in the long jump. Rebekka Vuojolainen split her time between pole vault and triple jump and should continue to make an impact in both throughout the upcoming year as will Alyssa Cardillo and Olivia Massey.

## POLE VAULT

Emily Ando catapulted to the top of the podium in the pole vault last year winning the Patriot League titles both indoors and outdoors. She was not alone at the top. Autumn Schellenberger cleared an identical height of 11-9 3/4 at the indoor league meet but took second in a jump off with her teammate. The duo is tied for fifth in indoor program annals, while Ando is third outdoors.

Depth will be a strength for the Bison at pole vault. Close on Ando's and Schellenberger's heels are Vuojolainen, Yanelis Mestre and Kristin Sundy. Like her older teammates, Mestre moved into the program top 10 last season for both the indoor and outdoor pole vault, while Vuojolainen earned the distinction indoors and Sundy outdoors.

## WOMEN'S TRACK & FIELD ROSTER

Name	Event	Cl.	Hometown/High School
Nora Adams	Distance	Fr.	Boalsburg, Pa./State College Area
Haley Anderson	Distance	So.	Hopkinton, Mass./Hopkinton
Emily Ando	Pole Vault	Jr.	Weston, Conn./Weston
Leah Bettner	Sprints/Jumps	Sr.	Lewisburg, Pa./Lewisburg Area
Allison Billas	Distance	Fr.	Danville, Pa./Danville Area
Rachael Blundy	Distance	Jr.	Durham, N.C./Cary Academy
Andrea Bourgal	Sprints	Fr.	Massapequa Park, N.Y./Massapequa
Beth Braunnegg	Mid-Distance	Fr.	Williamsport, Pa./Loyalsock Twp.
Jess Bridle	Sprints	Fr.	Tewksbury, Mass./Tewksbury
Abigail Brundage	Throws	Fr.	Red Bud, Ill./Red Bud Community
Stephanie Bryan	Distance	Jr.	Frederick, Md./Gov. Thomas Johnson
Sarah Canfield	Jumps	Jr.	Scotch Plains, N.J./Scotch Plains
Alyssa Cardillo	Jumps	Jr.	Bath, Pa./Bethlehem Catholic
Amber Carroll	Distance	Fr.	Tamaqua, Pa./Tamaqua
Meghan Carroll	Distance	Fr.	Phillipsburg, N.J./Phillipsburg
Hana Casalnova	Mid-Distance	Jr.	Grove City, Pa./Grove City
Alexandra Chapman	Distance	Sr.	Fayetteville, N.Y./Fayetteville Manlius
Emily Costantino	Distance	Fr.	Providence, R.I./Moses Brown School
Allison Daley	Hurdles	So.	Menlo Park, Calif./Burlingame
Liz Daniels	Sprints	Fr.	Pipersville, Pa./Central Bucks East
Alison Dillon	Distance	So.	McKean, Pa./General McLane
Montana DiPietrantonio	Distance	So.	Mount Laurel, N.J./Bishop Eustace
Maddie Dulac	Distance	So.	Baltimore, Md./McDonough School
Gabrielle Eckles-Shehadi	Jumps	So.	Skaneateles, N.Y./Skaneateles
Betsy Edinger	Distance	So.	Greenwich, N.Y./Greenwich Central
Zoe Gaston	Distance	So.	Wilton, Conn./Wilton
Deanna Godby	Distance	Fr.	Cleveland, Ohio/Mayfield
Leah Goeke	Distance	Sr.	Garnet Valley, Pa./Garnet Valley
Michelle Golden	Distance	So.	West Pittston, Pa./Wyoming
Christy Haney	Sprints	Fr.	Stone Mountain, Ga./George School
Melissa Hexter	Distance	Fr.	Bel Air, Md./Byrn Mawr
Erin Holbrook	Mid-Distance	Jr.	East Aurora, N.Y./East Aurora
Erin Horleman	Mid-Distance	Jr.	Beach Haven, N.J./Southern Regional
Sasha Hornock	Sprints/Jumps	Sr.	Dover, Pa./Dover
Katie Jessee	Distance	So.	Concord, Mass./Concord Carlisle
Olivia Kerr	Hurdles	Sr.	State College, Pa./State College Area
Megan Kirk	Jumps	Fr.	Pittsburgh, Pa./Fox Chapel
Catherine Kobza	Distance	Jr.	Pt. Lookout, N.Y./Holy Trinity
Kelsey Kodak	Distance	So.	Hershey, Pa./Hershey
Leigh Ann Labate	Distance	Fr.	Rexford, N.Y./Niskayuna
Sara Lederman	Distance	Fr.	Livingston, N.J./Livingston
Tara Lee	Throws	Sr.	Wallingford, Conn./Mark T. Sheehan
Alison Lockwood	Distance	So.	Geneva, N.Y./Geneva
Chelsea Lodato	Mid-Distance	Jr.	Matawan, N.J./Old Bridge
Paige Lommerin	Distance	Fr.	Pleasanton, Calif./Amador Valley
Laura Lutzker	Jumps	Jr.	Scarsdale, N.Y./Scarsdale
Olivia Massey	Jumps	Sr.	Westport, Conn./Staples
Jessica Matsinger	Jumps	So.	Frazer, Pa./Great Valley
Devon McDonald	Jumps	Fr.	Orinda, Calif./Miramonte
Yanelis Mestre	Pole Vault	So.	Westborough, Mass./Noble and Greenough
Montana Mitchell	Sprints	So.	Chalfont, Pa./Christopher Dock Mennonite
Victoria Mold	Sprints	So.	Mahwah, N.J./Mahwah
Abby Monaghan	Throws	Sr.	La Plata, Md./La Plata
Heather Moriarty	Distance	Fr.	Fairfield, Conn./Fairfield Ludlow
Kim Nagotko	Sprints	So.	Mahwah, N.J./Mahwah
Sophia Nnadi	Throws	Fr.	Columbus, Ohio/Saint Francis DeSales
Erin Norris	Javelin	So.	Skillman, N.J./Montgomery
Sharon O'Reilly	Sprints	Fr.	Northvale, N.J./Northern Valley Regional
Kylie Pearse	Distance	So.	Malverne, N.Y./Kellenburg Memorial
Michaela Read	Hurdles/Sprints	Fr.	Manasquan, N.J./Manasquan
Emma Rice	Sprints	So.	West Roxbury, Mass./Boston Latin School
Morgan Roche	Distance	So.	West Hartford, Conn./Hall
Alexandra Romanelli	Jumps	Sr.	Galloway, N.J./Absegami
Valerie Sans	Sprints	Sr.	Littleton, Mass./Acton-Boxboro Regional
Autumn Schellenberger	Pole Vault/Hurdles	Jr.	Bethel, Ohio/Bethel-Tate
Victoria Schmidt	Multi	Jr.	Rochester, N.Y./Hilton
Justine Schnell	Distance	So.	Ho-Ho-Kus, N.J./Northern Highlands
Kirsten Schulte	Sprints	So.	Perkiomenville, Pa./Pope John Paul
Taylor Siegrist	Throws	Sr.	Madison, N.J./Madison
Jenn Silvestri	Hurdles	Fr.	Sparta, N.J./Sparta
Dayna Simone	Throws	Fr.	Huntington Valley, Pa./Lower Moreland
Becky Snelson	Distance	So.	Randolph, N.J./Randolph
Stefanie Spanfeller	Distance	Jr.	New York, N.Y./Nightingale-Bamford
Kristin Sundy	Pole Vault	So.	Chapel Hill, N.C./Durham Academy Upper School
Corey Tipton	Mid-Distance	Jr.	Loveland, Ohio/Gincinnati Country Day
Caroline Tolli	Distance	Sr.	Lockport, N.Y./Lockport
Kate VanNess	Distance	So.	Alexandria, Ohio/Granville
Rebekka Vuojolainen	Pole Vault/Jumps	So.	Cranberry, N.J./Princeton HS
Kathryn Wahls	Throws	Sr.	Spencerport, N.Y./Brookport
Emily Waksmunski	Mid-Distance	Jr.	Carrolltown, Pa./Bishop Carroll
Emily Wheeler	Mid-Distance	Fr.	Boxford, Mass./Masconomet Regional
Eden Wondra	Pole Vault	So.	Perry, N.Y./Perry
Jennifer Zymet	Sprints	Jr.	Paramus, N.J./Paramus



**Autumn Schellenberger**  
2012 All-PL Selection



**Quinten Marcott**  
2012 All-PL Selection



**Sasha Hornock**  
3x PL Champion



**Ray Holmes**



**Kevin Donner**  
Head Coach  
12th Season  
University of Detroit '84

Twenty-one-time Patriot League Coach of the Year Kevin Donner returns for his 12th season at the helm of the Bucknell men's and women's cross country and track and field program. During his successful tenure in Lewisburg, Donner has kept the Bison among the elite programs in the East.

Donner's men's team continued its recent resurgence in 2009-10, winning its first Patriot League Outdoor Championship title in 19 years in a thrilling three-point victory over Army before repeating as team champions in 2010-11 and 2011-12. The men also claimed their first indoor league title since 1993 during the 2011-12 season.

Donner led the Bucknell women to another Patriot League "Triple Crown" in 2009-10, earning league championships in cross country, indoor and outdoor track and field. That excellent season marked the third time in five years that Donner's women's squad claimed a trio of titles in the same campaign (2005-06, 2006-07). The Bison also won Patriot League Championships in cross country and indoor track in 2007-08. More recently, Bucknell earned its third consecutive team trophy in outdoor track in 2010-11 and reclaimed its indoor team trophy on its home track in 2011-12.

Numerous athletes qualified for IC4A/ECAC berths. Three Bison qualified for the 2012 NCAA Championship East Preliminaries in Jacksonville, Fla., with Leonard Joseph becoming the second consecutive Bison man to advance to the national finals in Des Moines, Iowa, last June.

Donner's Gerhard Fieldhouse office is ringed with 26 Patriot League championship team trophies — five in women's cross country, nine (in 11 tries) in women's indoor track and field, eight in women's outdoor track and field, three in men's outdoor track and field and one in men's indoor track and field.

The list of individual accomplishments among Bucknell's cross country and track and field athletes during Donner's first 11 years with the Orange and Blue is staggering. Including all three seasons of competition, his Bison women's teams have crowned 116 Patriot League champions, 56 All-East performers and eight NCAA qualifiers. On the men's side, Bucknell has claimed 72 conference champions, 58 All-East citations, five NCAA qualifiers and one All-American under Donner.

In his very first season at Bucknell in 2001, Donner helped Theresa Dennis and Greg Costello qualify for the NCAA Cross Country Championships, and two more Bison returned to the national meet in 2006 when Leanna Nastase and Matt Forys earned bids.

The following spring, Forys went back to the NCAA Championships in outdoor track, where he qualified in the steeplechase. Record-setting pole vaulter Melanie Buczko made two NCAA appearances, first indoors in 2005 and then outdoors in 2006, and Maria Garcia made it to NAAs in the hammer throw in 2006. Laura Rycek and Ted Heitzman joined the list in the javelin in 2011, and Joseph advanced in the hammer in 2012.

Before arriving at Bucknell in 2001, Donner, a native of Detroit, Mich., and a 1984 graduate of the University of Detroit, successfully transformed the Saint Francis (Pa.) program into one of the elite squads in the Northeast Conference. It was a banner campaign in 2000-01 for the Red Flash men's teams, as Saint Francis captured its second straight NEC cross country title, followed by indoor and outdoor track and field titles as well. The cross country unit placed third at the Mid-Atlantic Regional and vaulted to a Division I national ranking of 26th.

Donner also guided the Red Flash women to an NEC cross country title in 1997 and the men's and women's cross country teams to All-Academic Team honors in five consecutive seasons. He was cited as the conference coach of the year in cross country and track and field seven times, and in 2000, he was honored as the top men's cross country mentor in the Mid-Atlantic Region. All 81 men's and women's indoor and outdoor track and field school records were shattered under Donner's watch.

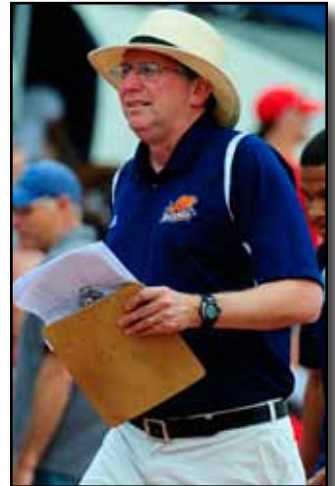
Among the stellar individual achievements by his Red Flash student-athletes were a cross country All-American, 40 men's and women's NEC titles, 27 all-conference performers, nine U.S. Junior National qualifiers, two Canadian National qualifiers and six CoSIDA Academic All-Americans. One of his top distance athletes, Brian Sell, competed in the Olympic marathon in Beijing in 2008.

Prior to his stint at Saint Francis, Donner served as assistant women's cross country and track and field coach at Central Michigan University from 1993-95. There, Donner coached eight All-Mid-American Conference performers and one NCAA qualifier.

Following his graduation from Detroit, Donner established a new varsity program at his alma mater, becoming the school's first-ever women's coach. He served a nine-year stint at Detroit, where he coached 20 All-Midwestern Collegiate Conference student-athletes and guided the women's cross-country program to back-to-back MCC titles in 1986 and 1987.

A member of the NCAA Division I Coaches Associations for cross country and track and field, Donner took over the reins of a Bucknell program that has listed among the elite in the East for the better part of two decades. Bucknell's women's cross country team has captured eight of the past 14 Patriot League titles, while the men's team won three straight championships from 1990-92 and again from 1997-99. Similarly successful on the track, the Bison women have earned 11 of the last 14 Patriot League outdoor titles and 12 of the last 15 indoor championships. All told, the Bucknell men's and women's indoor and outdoor track and field squads have captured 35 Patriot League championships in 22 years.

Donner currently resides in Lewisburg with his wife Amy, a statistics and mathematics instructor at Bucknell, and their six-year-old daughter, Jillianne.



## DONNER BY THE NUMBERS

### Education

University of Detroit, B.A., 1984

### Collegiate Coaching

- Bucknell University, 2001-pres. (Head Coach)
- Saint Francis (Pa.), 1995-2001 (Head Coach)
- Central Michigan University, 1993-95 (Assistant Coach)
- University of Detroit, 1984-93 (Head Coach)

### Coaching Awards

- USTFCCCA Women's Indoor Track Mid-Atlantic Region Coach of the Year (2006 & 2007)
- Women's Cross Country Patriot League Coach of the Year (2001, 2005, 2006, 2009)
- Women's Indoor Track & Field Patriot League Coach of the Year (2002, 2003, 2004, 2005, 2006, 2007, 2012)
- Women's Outdoor Track & Field Patriot League Coach of the Year (2002, 2004, 2005, 2007, 2010, 2011)
- Men's Indoor Track & Field Patriot League Coach of the Year (2012)
- Men's Outdoor Track & Field Patriot League Coach of the Year (2010, 2011, 2012)
- Bucknellian Men's Coach of the Year (2002)
- Mid-Atlantic Region Men's Cross Country Coach of the Year (2000)
- Seven-time Northeast Conference Coach of the Year
- Three-time Midwestern Collegiate Conference Coach of the Year

### Other Accomplishments

- Coached Saint Francis men's cross country to No. 26 national ranking, 2001
- Five NEC Championships at Saint Francis
- Coached three NCAA track & field provisional qualifiers and one automatic qualifier at Saint Francis
- Coached 11 NCAA track & field qualifiers at Bucknell
- Coached one NCAA Cross Country All-American, 2000
- Coached 2008 Olympic marathoner Brian Sell at Saint Francis
- All 81 men's and women's indoor and outdoor track & field records broken while at Saint Francis
- Coached 11 CoSIDA Academic All-Americans (six at Saint Francis, five at Bucknell)
- NCAA regional representative for cross country



**Danielle Lynch**  
Assistant Coach  
Eighth Season  
Rutgers '03

Danielle Lynch begins her eighth season with the Bison, working with the sprinters, middle distance runners and hurdlers. She also directs the program's community service initiatives and Sideline Coaches Program, serves as an academic advisor, plays a large role in the recruiting process, works with the Spiked Shoe Club that connects the program's alumni and edits the Bison Express.

Recently Lynch has coached 2012 graduate Rob Arent, an eight-time gold medalist at the Patriot League Championships and a two-time Outstanding Track Athlete of the Meet at the league's outdoor championships who currently holds all three Bucknell hurdling records. She also led former Bison Kerry Boyle to four individual Patriot League titles — three in the 400 and one in the 200 — and three school records. Boyle was also an IC4A and NCAA regional qualifier.

Lynch's list of athletes also includes the 2012 Patriot League Indoor Track Athlete of the Meet Justin Hicks, who holds a share of the 60, 200 and 4x100 relay school records, as well as Christian Lupica, an IC4A qualifier and current 200-meter record holder who enters his sophomore season already with an All-East and two All-Patriot League citations.

On the women's side Lynch coached the 4x100 relay to a Patriot League championship in 2011 and school records in each of the last two seasons. Current junior Jennifer Zymet claimed her second consecutive 400-meter league title last spring under Lynch's guidance, and 2009 graduate Megan Hathaway also won three individual Patriot League titles in both the indoor 500 and outdoor 800. Hathaway was an ECAC and NCAA regional qualifier and school record-holder in the 500.

Lynch made her coaching debut at The United States Military Academy at West Point where she worked with the men and women sprinters and hurdlers for two seasons. While on the staff for the Black Knights, she helped the men's team win two Patriot League outdoor titles as well as an IC4A outdoor title.

Lynch has attained USATF Level I and II Certifications in Sprints, Hurdles & Relays, Combined Events and Endurance Running and is also a Women's Coaching Academy graduate, a member of the Black Coaches Association and a charter member of the Alliance for Women Coaches.

A graduate of Rutgers, Lynch competed in the sprints, hurdles and multi events and was elected co-captain and MVP as a senior. She clocked a 400 hurdle time of 58.28 and competed at the NCAA Championships, USATF National Championships and in the 2004 US Olympic Trials. While at Rutgers, Lynch double majored in anthropology and geography.

In her spare time, Lynch is the basileus of the local alumnae chapter of Sigma Gamma Rho Sorority Incorporated. She helps to organize community service projects to support victims of domestic violence and promote women's health and civil treatment education.

Lynch completed her master's degree in education at Bucknell in 2010. She resides in Harrisburg, Pa., with her husband, Tony Lynch, and a daughter and son, Olivia and Anthony.



**KEVIN DONNER AND HIS STAFF AFTER BEING NAMED PATRIOT LEAGUE COACH OF THE YEAR IN 2012.**



**Richard Alexander**  
Assistant Coach  
Third Season  
Bucknell '03

Now in his third season, Richard Alexander returned to Bucknell as an assistant coach in 2010 after completing his own successful student-athlete career as a Bison from 1999-2003. In his current position, Alexander works with Bucknell's jumpers and the multi events.

Alexander's impact since rejoining the team can be seen most readily by the success of recent graduate Andrew Powell, who won the Patriot League title in the heptathlon in 2011 and 2012. He also reclaimed his decathlon title last spring and set program records in both multi events.

As a member of the Bucknell track and field team, Alexander was a four-year letterwinner and served as a two-year captain. In 2002, he earned All-Patriot League recognition after finishing runner-up in the 110 hurdles at the league championships. As a senior in 2003, Alexander broke the program record in the 60 hurdles (8.42). Away from the track, he was a member of the Student-Athlete Advisory Committee in addition to acting as president of the Bucknell Chapter of the NAACP and secretary of the university's chapter of Brothers and Sisters Empowered.

After graduating from Bucknell with a degree in accounting, Alexander moved to Wagner College where he served as a graduate assistant coach and earned his MBA in 2005. He then took a position as an assistant with Fairleigh Dickinson, where he coached the Knights to conference titles in the outdoor long jump and 400 hurdles in addition to ECAC/IC4A qualifying marks in five events.

More recently, Alexander completed a turn as an assistant and recruiting coordinator at the University of Detroit Mercy where he continued his success with league champions, helping his team to titles in the 60, 100, 400 and 400 hurdles. A total of 14 school records also fell under Alexander's watch.

Alexander is married to fellow Bucknellian and former All-Patriot League sprinter Monique Boley Alexander '05. The couple has a son, Richard III.



**Bob Schanbacher**  
Assistant Coach  
22nd Season  
East Stroudsburg '73

Bob Schanbacher enters his 22nd season working with the Bison throwers. This is his 14th season back with the Bucknell coaching staff after taking a three-year sabbatical from the program. His first stint with the Bison lasted eight seasons, from 1988-1996. During that time, his athletes captured most of the school records in the men's and women's throwing events.

Schanbacher is responsible for shaping the reputation and tradition of success in the throwing events at Bucknell. He has coached 74 individual conference champions, athletes who have set 41 school records, a number of ECAC/IC4A scorers as well as NCAA All-Americans in the hammer throw (James Heizman, Leonard Joseph) and javelin (Ted Heitzman). He also coached two female athletes to the NCAA outdoor championships – Maria Garcia in the hammer in 2004 and Laura Rycek in the javelin in 2011. In the last five seasons, Schanbacher's athletes have posted 21 NCAA Regional qualifying performances, including all three of Bucknell's qualifiers last season.

In his more than two decades as a member of the Bison coaching staff, Schanbacher has helped coach Bucknell to 36 East Coast Conference and Patriot League Championships.

A 1973 graduate of East Stroudsburg University and the recipient of a master's degree from Wisconsin-La Crosse, Schanbacher has been the head



**Justin Hicks**  
2012 PL Indoor  
Runner of the Meet



**Katie Jessee**  
2012 PATRIOT LEAGUE CHAMPIONSHIPS  
50  
M-F Katie J.



**Kevin Keller**



**Jessica Matsinger**

coach of track and field at Lewisburg High School since 1973 and was the head coach of cross country from 1980-1987. He led teams to 14 conference championships and two District 4 AA titles. Schanbacher is also a USATF Level II certified coach.

Schanbacher resides in Cogan Station with his wife Kathleen. They have two children, a daughter and a son, Amy and Chris.



**QUINTEN MARCOTT, BOB SCHANBACHER AND KEVIN DONNER**



**Rob Guissanie**  
Volunteer Assistant Coach  
12th Season  
Penn State '90

Rob Guissanie is back with the Bison team for his 12th year as volunteer assistant coach. He works primarily with the distance runners throughout the season and serves as the head timer for the FinishLynx system at all home meets. Guissanie coordinates the women's cross country team's strength program and is instrumental in the development of the Bison women's long distance runners.

Guissanie is a 1990 Naval ROTC graduate of Penn State University where he competed in cross country. He coached track and cross country at Penns Valley Area High School from 1998-2001, including four individual state qualifiers in the distance events. Guissanie is currently a Senior Technology Support Specialist at Bucknell and resides in Lewisburg with his spouse, Karen, and two sons, Kyle and Derek.



**Kip Hoffman**  
Volunteer Assistant Coach  
Seventh Season  
Bloomsburg '99

Kip Hoffman enters his seventh season with the Bison as a volunteer assistant coach and mainly works with the distance runners and coordinates the men's cross country team's strength program. Recently, Hoffman was the head coach of the Warrior Run High School boys and girls cross country and track and field teams in nearby Turbotville, Pa., and was in charge of the distance and mid-distance runners from 2000-06.

In cross country, Hoffman coached six individual state qualifiers, a girl's division team championship and a two-time state qualifier, while also leading the Defenders to a 14-1 record, which was the most victories in school history. In track and field, Hoffman's girl's team produced eight records in mid-distance and distance, while the boys added one. He helped coach six state qualifiers and three state medalists on the boys' side.



Hoffman is a 1999 graduate of Bloomsburg University, where he was a member of the cross country and track teams. He was a three-time All-PSAC honoree in the 1,500 and placed second in the ECAC in the 3,000.

Hoffman teaches science at Warrior Run and resides in Watsontown with his wife, Tam, two daughters, Alyssa and Kara, and son, Aiden.



**Jim Knight**  
Volunteer Assistant Coach  
12th Season  
Bucknell '80

A two-year letterwinner and member of Bucknell Class of 1980, Jim Knight begins his 12th season this spring working with the current Bison steeplechase runners. Much of Knight's own collegiate success came in the steeplechase as he placed second in 1979 and third in 1980 in the event at the East Coast Conference Championships.

Knight also had his share of success on the cross country course. In the fall of 1979, one year after taking 22nd at the ECC Championships, the Vestal, N.Y., native won the individual title at the conference meet besting teammate and second-place finisher Rick Sayre by 18 seconds. Knight went on to finish 31st at the NCAA District Two Championship later that season.

Knight currently works at Bucknell as the Senior Associate Director of Energy and Utilities.



**Jason Pelletier**  
Volunteer Assistant Coach  
First Season  
Penn State '12

Jason Pelletier became the newest addition to the Bucknell coaching staff, joining the Bison in the summer of 2012. Pelletier is a 2012 graduate of Penn State University, where he specialized in the pole vault while completing his degree in kinesiology.

In addition to his competitive experience, which includes a career-best ninth-place finish at the 2009 Big Ten Outdoor Track & Field Championships and five state titles at the high school level, Pelletier has built his coaching resume as a pole vault counselor at Penn State Track and Field camps and as a personal trainer at One-on-One Fitness. The native of Beton, Ark., was also a participant in the Athletic Directors Leadership Institute and the NCAA Career in Sports Forum while with the Nittany Lions.

Most recently before joining the Bison, Pelletier interned with Penn State Orthopedics where he studied recovery from orthopedic injuries and guided patients through exercise programs.



## MEN'S PROFILES

### Eric Balaban

Junior  
Cross Country/Distance  
Wexford, Pa.  
North Allegheny



**2011-12: [Cross Country]** At the Patriot League Championships placed eighth on the team and 56th overall (27:06 at 8K) ... finished fifth among Bison and 99th overall at the NCAA Mid-Atlantic Regional Championships (33:04 at 10K) ... placed seventh at the Bucknell Open (15:11 at 3 miles) and the Father Bede Invitational (16:34 at 5K) ... **[Indoors]** Raced just once in the winter ... took 15th in the 3,000 (9:03.44) at the Bucknell Winter Classic ... **[Outdoors]** Placed second in the 5,000 at the Maroon & Gold Invitational with a time of 15:30.62 ... also earned a top-10 finish in the 3,000 at the Bucknell Team Challenge (8:58.00) ... **2010-11: [Cross Country]** Raced three times in his debut season ... placed 27th overall at the Bucknell Open (15:44 at 3 miles) ... also competed in the Duquesne/Pittsburgh Tri-Meet and in the open race at the Paul Short Invitational ... **[Indoors]** Opened track campaign with a sixth-place finish in the mile (4:38.36) at the Gulden Invitational ... also competed at 3,000 and 5,000 ... **[Outdoors]** Did not compete ... **Personal:** Biomedical engineering major ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

#### ★ CAREER BESTS ★

Indoor	
3,000	9:03.44
5,000	15:55.44
Outdoor	
3,000	8:58.00
5,000	15:30.62
10,000	31:42.07

### Sam Brandstadt

Sophomore  
Multi  
Utica, N.Y.  
Whitesboro



**\*\*Ranks fifth all-time at Bucknell in the heptathlon (4,482) and decathlon (5,902).\*\***

**2011-12: [Indoors]** At the Patriot League Championships placed sixth in the heptathlon ... 4,482 points at the league meet ranks fifth in program annals ... marks in all seven heptathlon events at the Patriot League meet were career bests ... also placed sixth in the heptathlon at the Bison Open & Multi with 4,176 points, which ranked eighth at Bucknell at the time ... **[Outdoors]** Placed sixth in the decathlon at the Patriot League Championships with 5,902 points ... total ranks fifth all-time at Bucknell ... recorded personal-best marks in the 100 (11.90), 400 (52.90), 110 hurdles (16.25), discus (100-4), pole vault (10-10) and 1,500 (4:35.07) at the league meet ... finished 10th in the decathlon at the IC4A Championships ... **Personal:** Majoring in computer science ... member of Patriot League Academic Honor Roll.

#### ★ CAREER BESTS ★

Indoor	
Heptathlon	4,482
60	7.58
60 Hurdles	9.07
1,000	2:54.36
Long Jump	20-7 1/4
Shot Put	38-6 3/4
High Jump	6-0 1/2
Pole Vault	10-11 3/4
Outdoor	
Decathlon	5,902
100	11.90
400	52.90
110 Hurdles	16.25
1,500	4:35.07
Long Jump	19-9
Shot Put	38-4
High Jump	5-9 3/4
Discus	100-4
Pole Vault	10-10
Javelin	151-1



### Jason Brown

Senior  
Jumps/Hurdles  
Plainview, N.Y.  
Bishop Feehan



**\*\*Ranks eighth in Bucknell history in the heptathlon (4,242) and in the 60m hurdles (8.45); Holds school record in 4x60 shuttle hurdle relay (32.79); Tied for fourth all-time in outdoor high jump (6-8 1/4).\*\***

**2011-12: [Indoors]** At the Patriot League Championships placed third in the high jump with a career-best-tying 6-6 1/4 ... also cleared 6-6 1/4 for the win at the Youngstown State Invitational ... placed eighth in the 60 hurdles (8.59) at the Patriot League Championships ... ran a career-best 8.45 in the prelims, giving him the eighth-fastest time in program history ... had previously set program top-10 times in the 60 hurdles in both the prelims and finals at Youngstown State ... earned first high jump win of the season at the Gulden Invitational, tying his previous career best (6-4 3/4) ... **[Outdoors]** Scored at the Patriot League Championships with a fourth-place finish in the high jump, clearing a career-best 6-8 1/4 ... height is tied for fourth-best in Bucknell history and gave him his first career meet at better than 6-7 ... tied for 10th in the event at the IC4A Championships (6-8) ... also competed in the 110 hurdles ... **2010-11: [Indoors]** Placed seventh in 60 hurdles at the Patriot League Championships ... ran a season-best 8.54 in the prelims ... tied for second in the high jump (6-4 1/4) and took fourth in the 60 hurdles (8.64) at the Bison Open & Multi ... cleared a season-best 6-4 1/4 in the high jump at the Bucknell Heptagonal ... **[Outdoors]** At the Patriot League Championships placed ninth in the high jump with a season-best 6-2 1/4 ... ran a career-best 15.16 in the 110 hurdles for second place at the Bloomsburg Open ... tied for first in the high jump (6-2 1/4) at the Bucknell Outdoor Classic ... **2009-10: [Indoors]** Placed eighth in the heptathlon at the Patriot League Championships ...

#### ★ CAREER BESTS ★

Indoor	
Heptathlon	4,242
60 Hurdles	8.45
High Jump	6-6 1/4
Long Jump	21-0
Outdoor	
110 Hurdles	15.16
High Jump	6-8 1/4
Long Jump	20-2 1/4

... set season-best marks in the pole vault (10-2), shot put (32-3) and 1,000 (3:09.27) in the PL heptathlon ... broke into the top 10 in the 60 hurdles (8.53) at the Bucknell Heptagonal ... **[Outdoors]** Won the 110 hurdles (16.56) and placed third in the triple jump (41-10 1/2) at the Bloomsburg Invitational ... earned a career-best 42-3 1/4 in the triple jump at the Bucknell Team Challenge ... also recorded a season-best 15.40 in the 110 hurdles at the Team Challenge ... **Personal:** Son of Craig and Patty Brown ... has three siblings, Craig, Celest and Derrick ... brother, Craig, plays football at Columbia ... lettered in football and indoor and outdoor track at Bishop Feehan High School ... captained all three squads ... named All-League for indoor and outdoor track ... All-America honoree in indoor shuttle hurdle relays ... member of football and outdoor track teams that won Division 3 state championship titles ... majoring in comparative humanities and philosophy ... member of the Bucknell Dean's List and Patriot League Academic Honor Roll.

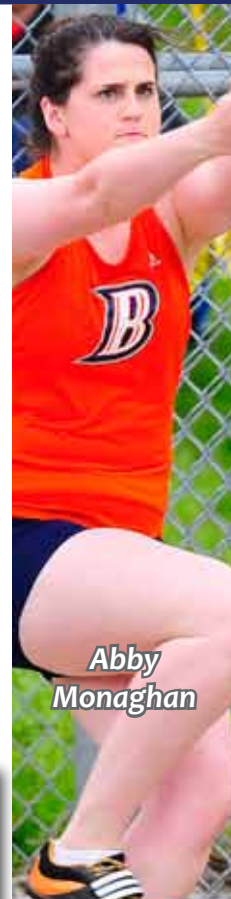


### Brian Charland

Senior  
Cross Country/Distance  
Webster, N.Y.  
Webster Thomas



**2011-12: [Cross Country]** Co-captain ... began season by placing 15th at the Bison Open (15:30 at 3 miles) ... at the IC4A Championships, finished 41st with a five-mile time of 27:08 ... also competed at the Duquesne/Pittsburgh Tri-Meet, Paul Short Invitational open race and Princeton Invitational ... **[Indoors]** Competed in the mile, 1,000 and 3,000 ... placed fourth in the mile at the Bucknell Mini Meet with a career-best 4:27.55 ... ran a career best in the 1,000 (2:32.27) at the Bucknell Winter Classic, placing second ... **[Outdoors]** Posted a career-best 9:36.42 for the steeplechase win at the Bloomsburg Maroon & Gold Invite ... also competed in the 1,500 and 5,000 during the season ... **2010-11: [Cross Country]** At the IC4A Championships, placed 109th overall, finishing the five-mile course in 28:02 ... placed 26th in season debut at the Bison Opener (15:43 at 3 miles) ... also earned a top-50 finish in tri-meet with Duquesne and Pittsburgh (29:25 at 8K) ... **[Indoors]** Placed fourth in the mile (4:33.32)



Abby Monaghan



Leonard Joseph  
2012 NCAA  
Championships  
Qualifier

# Student-Athlete Profiles



**Tyler Erhard**

at the Gulden Relays ... recorded best 3,000 time of the season at the Bucknell Winter Classic, finishing in 8:53.05 ... also competed in the 800 and 5,000 ... **[Outdoors]** Competed in 1,500m, 5,000m and 10,000m ... best 5,000 time came at Bloomsburg Open ... finished seventh in 15:42.93 at Bloomsburg ... was also 11th in the 1,500 (4:09.35) at the Bucknell Team Challenge ... **2009-10: [Cross Country]** Raced four times in debut campaign ... placed among top 50 in three of four races ... took 15th at the Bloomsburg Open (25:56 at 7K) ... **[Indoors]** Did not compete ... **[Outdoors]** Did not compete ... **Personal:** Son of Michael and Lisa Charland ... has one sister, Alissa ... lettered in cross country, Nordic skiing and outdoor track & field ... captained track and skiing squads ... named First Team All-League in cross country in 2008 ... majoring in civil engineering ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

### ★ CAREER BESTS ★

Indoor	
800	2:00.56
3,000	8:49.71
5,000	15:41.83
Outdoor	
1,500	4:07.39
Steeplechase	9:36.42
5,000	15:26.35
10,000	32:15.55



**John Dugan**  
Sophomore  
Cross Country/Distance  
Ramsey, N.J.

**2011-12: [Cross Country]** Placed second on the team and 13th overall at the Patriot League Championships with an 8K time of 25:36 ... performance earned him Second Team All-Patriot League and Patriot League Rookie of the Meet honors ... two-time Patriot League Rookie of the Week (Oct. 3, Oct. 17) ... placed among team's top five in all six of his meets ... placed third on the squad and 69th overall at the NCAA Mid-Atlantic Regional Championships (32:18 at 10K) ... **[Indoors]** Opened indoor career by placing second in the mile (4:26.86) at the Bucknell Mini Meet ... ran a career-best 4:24.29 in the mile at the Bison Open & Multi, placing sixth ... also earned top-five finishes in the 3,000 at the Gulden Invitational (fourth, 8:46.06) and Bucknell Winter Classic (third, 8:36.38) ... **[Outdoors]** At the Patriot League Championships, placed fifth in the steeplechase with a career-best 9:14.02 ... time qualified him for the IC4A Championships, where he placed 16th (9:14.44) ... also placed 13th in the 5,000 at the Patriot League meet ... won the steeplechase at the Jim Taylor Invitational, his outdoor collegiate debut ... also took third in the event at the Bucknell Team Challenge ... posted a personal-best 14:56.93 in the 5,000 at the Bison Outdoor Classic ... **Personal:** Son of John and Bobbie Dugan ... has a younger brother, Danny ... father played lacrosse and ice hockey at Fairleigh Dickinson ... three-time letterwinner in cross country and indoor and outdoor track ... team captain for all three sports ... six-time First Team All-League selection ... twice named First Team All-State in cross country ... also named First Team All-Suburban twice and First Team All-Bergen County three times in cross country ... NJ Group 2 Section I Champion ... New Jersey Meet of Champions and Eastern States Championships medalist ... competed in freestyle skiing for Mount Snow Ski Club ... trained at the Olympic Training Center in Lake Placid, N.Y., from 2008-11 ... also trained in Mount Hood, Ore., during summers from 2010-11 ... placed sixth in moguls and seventh combined in moguls, aerials and slopestyle at Toyota Eastern Freestyle Championships ... Commended National Merit Scholar ... also a member of National Honor Society and World Language Honor Society ... competed at the 2012 U.S. Track & Field Junior National Championships, placing sixth in the steeplechase ... major is undeclared ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

### ★ CAREER BESTS ★

Indoor	
Mile	4:24.29
3,000	8:36.38
5,000	15:04.83
Outdoor	
Steeplechase	9:14.02
5,000	14:56.93



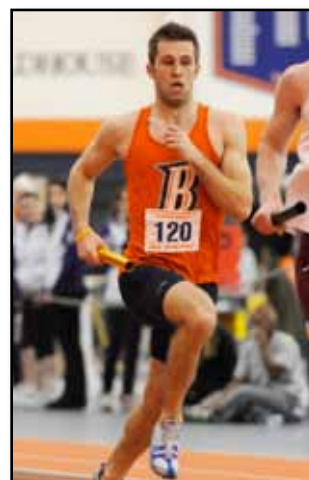
**Jacob Eaton-Hall**  
Junior  
Sprints/Mid-Distance  
Elmira, N.Y.  
Elmira Free Academy

**\*\*Ranks No. 2 (3:15.79), No. 6 (3:17.73) and No. 10 (3:19.29) all-time at Bucknell in indoor 4x400 relay; Ranks No. 4 in outdoor 4x400 (3:14.58) and 4x100 (41.44).\*\***  
**2011-12: [Indoors]** At the Patriot League Championships scored in the 4x400 and 500 ... placed fourth with the relay (3:21.41) ... took fifth in the 500 with a career-best 1:05.76 ... placed fifth or better in the 500 in four of six races on the year ... took third in the event at the Gulden Invitational (1:07.09) and Youngstown State Invitational (1:05.93) ... competed in the 4x400 relay at the IC4A Championships ... **[Outdoors]** Placed eighth in the 400 at the Patriot League Championships with a career-best 49.06 ... also helped the 4x100 relay to a second-place finish and the 4x400 to a fourth-place finish at the league meet ... 4x100's time of 41.44 and 4x400's 3:14.58 both rank fourth in program history ... competed

### ★ CAREER BESTS ★

Indoor	
200	22.56
400	51.06
500	1:05.76
Outdoor	
400	49.06
800	2:00.96

in the 4x400 at the IC4A Championships ... earned top-10 finishes in the 400 at the Towson Invitational (sixth, 50.79), Bucknell Team Challenge (eighth, 49.98), Maroon & Gold Invitational (third, 51.17) and the PL Championships ... **2010-11: [Indoors]** At the Patriot League Championships helped 4x400 relay to a second-place finish, earning Second Team All-League honors ... ran a career-best 51.06 in the 500 at the league meet, finishing seventh ... member of the 4x400 relay that placed 11th in the prelims at the IC4A Championships ... relay's time of 3:15.79 ranks second in program history ... led off the 4x400 relay that placed fourth at the Millrose Games in 3:25.45 ... at Saturday Night at the Armory, posted a personal-best 1:06.63 in the 500 ... **[Outdoors]** Competed primarily in the 400 meters ... twice earned top-10 finishes in the 400 ... took ninth in the 400 with a career-best 50.51 at the Bucknell Team Challenge and fifth at the Bloomsburg Open (51.84) ... **Personal:** Son of Eric and Kersten Hall ... has two brothers, Jensen and Simon ... high school record holder in the indoor 4x200 and 600 and outdoor 400 ... named Elmira Free Academy Athlete of the Year in 2010 ... captained track team as a senior ... major is economics.

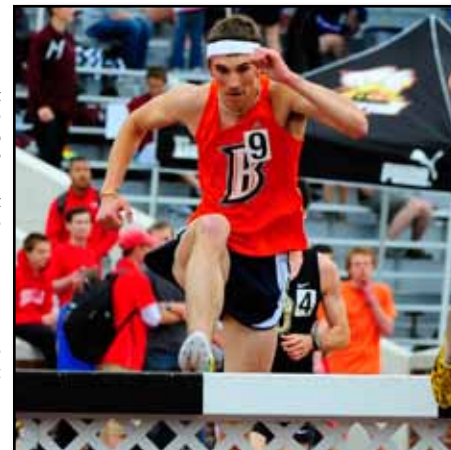


**Tyler Erhard**  
Junior  
Cross Country/Distance  
Millerstown, Pa.  
East Juniata

**2011-12: [Cross Country]** Competed three times ... placed 67th at the IC4A Championships with a five-mile time of 27:49 ... also took third at the Father Bede Invitational (16:28 at 5K) ... finished 113th at Princeton Invitational (27:21 at 8K) ... **[Indoors]** Scored at the Patriot League Championships, placing fifth in the 1,000 ... PL Championships time of 2:30.17 was a career best ... also placed fourth at the league meet in the distance medley relay (10:10.75) ... earned two wins on the season, taking the mile title at Youngstown State Invitational (4:15.11) and the 1,000-meter title at the Bucknell Winter Classic (2:31.24) ... **[Outdoors]** Competed primarily in the steeplechase in his first outdoor season ... placed 10th in the event at the Patriot League Championships (9:39.77) ... earned All-East honors as anchor of the 4x800 at the IC4A Championships ... relay finished eighth in 7:38.32 ... ran a career-best 9:22.93, placing second in the steeplechase at the Bucknell Team Challenge ... **2010-11: [Cross Country]** Raced just three times in the fall ... began career by finishing the 8K open race at the Paul Short Invitational in 27:45 ... placed 32nd at the Lock Haven River Run (26:33 at 10K) ... also finished 106th at the IC4A Championships (28:00 at 5 miles) ... named Patriot League Rookie of the Week (Oct. 25) ... **[Indoors]** Placed sixth in the 3,000 at the Bison Open & Multi ... time of 8:47.81 was a career best ... also finished eighth in the mile (4:24.41) at the Bucknell Heptagonal ... **[Outdoors]** Did not compete ... **Personal:** Son of Shawn and Beth Miller and Ryan Erhard ... has four siblings, Cody, Ashlyn and Clayton Erhard and Laurana Miller ... lettered in football, basketball and track & field at East Juniata ... two-time state medalist in track ... also a two-time league MVP and district champion ... two-time state medalist in cross country ... league champion and MVP in cross country as well ... captained both track and cross country teams ... mechanical engineering major ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

### ★ CAREER BESTS ★

Indoor	
1,000	2:30.17
Mile	4:15.11
3,000	8:44.40
Outdoor	
1,500	4:08.33
Steeplechase	9:22.93



**Haley Anderson**



**Andrew Garcia-Garrison**  
 Sophomore  
 Cross Country/Distance  
 Detroit, Mich.  
 Catholic Central

**2011-12: [Cross Country]** Scored for the Bison in Patriot League Championships debut ... placed 28th overall at the league meet (26:14 at 8K) ... also among the team's top five at the Duquesne/Pitt Tri-Meet (11th, 25:55 at 8K) and Paul Short Invitational (271st, 26:40 at 8K) ... **[Indoors]** Won the 5,000 at the Bison Open & Multi (15:31.80) ... also competed in the mile and 3,000 ... **[Outdoors]** Competed in races from 800 to 5,000 meters ... ran best 1,500 time at Bucknell Team Challenge, placing third in 3:56.43 ... took seventh in the 3,000 at Colonial Relays (8:36.37) ... also ran 14:50.12 for 22nd place in the 5,000 at the Bison Outdoor Classic ... member of the winning 4x800 relay at the Bucknell Team Challenge ... **Personal:** Son of Linda and Jim Garrison ... lettered three times in both cross country and track ... captained both teams as a senior ... named All-League in the 3,200 as a junior and senior ... also an All-League and All-State selection in the 4x800 as a senior ... member of cross country team that won two state championship titles ... member of cross country and track teams that were league champions all four years ... named All-League and All-State in cross country as a junior and senior ... high school coach, Tony Magni, was also Bucknell head coach Kevin Donner's high school coach ... major is undeclared.

**↑ CAREER BESTS ↓**

Indoor	
Mile	4:25.86
3,000	8:54.13
5,000	15:31.80
Outdoor	
800	1:59.48
1,500	3:56.43
3,000	8:36.37
5,000	14:50.12



**Justin Hicks**  
 Senior  
 Sprints  
 Wilmington, Del.  
 Tower Hill School

**\*\*Member of 4x100 relay that holds the school record (40.95); Member of a 4x100 relays that rank third (41.37) and fourth (41.44); Holds school record in 60m (6.84); Ranks third in indoor 200m (21.88) and 300m (35.43); Member of indoor 4x400 relays that rank fourth (3:16.82) and seventh (3:18.54); Ranks seventh in 100m (10.67) and outdoor 200m (21.59); Member of outdoor 4x400 relays that rank fourth (3:14.58) and ninth (3:15.73).\*\***  
**2011-12: [Indoors]** Named Patriot League Track Athlete of the Meet and First Team All-League after winning league titles in the 60 (6.88) and 200 (21.88) and helping 4x400 relay (3:21.41) to a fourth-place finish ... first in league history to be named both Track Athlete and Rookie of Meet in his career ... 200 time of 21.88 at the league championships was a Patriot League record ... set school record in the 60 prelims (6.84) at the Patriot League Championships ... also named Bison Athlete of the Week after league meet (Feb. 20) ... competed in the 60 and 200 at the IC4A Championships ... won both sprints at the Bucknell Mini Meet ... helped 4x400 to a win at the Youngstown State Invitational ... time of 3:18.54 ranks seventh in program annals ... **[Outdoors]** Claimed Second Team All-Patriot League honors ... at the Patriot League Championships placed second in the 100 and third in the 200 ... 100 time of 10.78 and 200 time of 21.77 were both season bests ... also placed second at the league meet in the 4x100 and fourth in the 4x400 ... 4x100's time of 41.44 and 4x400's 3:14.58 both rank fourth in program history ... qualified for IC4A Championships in 100, 200, 4x100 and 4x400 but only competed in the 100 meters ... won the 100 at the Towson Invitational (11.02) and Bucknell Team Challenge (10.96) ... **2010-11: [Indoors]** Competed at only the Bison Opener during the winter ... took second in the 300 with the second-fastest time in program history (35.43) ... also placed third in the 60 with the then-third-fastest time at Bucknell (6.89) ... helped 4x400 relay to a victory in 3:20.81 ... **[Outdoors]** Earned First Team All-League honors after winning the 100 (10.67) and the 4x400 (3:16.64) at the Patriot League Championships ... helped 4x100 relay to a second-place finish and the school record (40.95) at the league meet, earning Second Team All-League accolades ... also placed third in the 200 (21.59) ... topped his then-career-best 21.76 in the 200 prelims with 21.59 in the league finals, giving him the seventh-fastest mark at Bucknell ... also set the program's seventh-fastest time in the 100 (10.67) in the championships' prelims ... named Susquehanna Valley Limousine Bison Athlete of the Week for his performance ... became the second Bison in program history (joining Noel Powell) to earn All-East in two events at the same IC4A Championships ... finished fourth in the 100 (10.71) and seventh with the 4x100 (41.02) at IC4As ... won the 100 and 200 at the Bucknell Team Challenge ... **2009-10: [Indoors]** At the Patriot League Championships helped 4x400 relay to a win in 3:22.46, earning First Team All-League honors ... also finished third in the 60 (6.95) and 200 (22.24) at the league meet ... 200 time was a season-best and ranked sixth all-time at Bucknell ... named Patriot League Rookie of the Meet ... broke into the program top 10 in his first collegiate 60-meter race, running 7.05 in the prelims at the Bison Opener ... improved time to a then-career-best 6.91 in the finals, taking fourth ... time would

**↑ CAREER BESTS ↓**

Indoor	
60	6.84
200	21.88
300	35.43
400	50.58
Outdoor	
100	10.67
200	21.59

have been a school record had teammates Marlon Woods and Isaih Bell not finished 1-2 in the race ... trio became first Bison to run sub-7.0 in the 60 ... placed third in the 300 at the Bison Opener with the then-fourth-fastest time in Bucknell history (35.92) ... ran 22.37 in the 200 at the IC4A Championships ... also helped 4x400 relay to a time of 3:16.82, then ranking third at Bucknell, at the championships meet ... three-time Patriot League Rookie of the Week (Dec. 8, Jan. 11, Feb. 16) ... three single-season honors is a Patriot League record ... **[Outdoors]** Scored in all three of his events at the Patriot League Championships ... took third as part of the 4x100 relay (41.37) and fourth in the 200 (22.10) and 100 (11.08) ... 4x100 relay's time at the league meet ranked second all-time at Bucknell and 200 time was a season best ... helped 4x400 team to the then-eighth-fastest time in Bucknell history (3:15.73) at the IC4A Championships ... also competed as part of the 4x100 relay at IC4As ... opened season at the Maryland Invitational with a season-best 10.90 in the 100 prelims ... finished fifth (10.97) in the finals at Maryland ... also helped 4x100 relay to a win (42.63) at Maryland ... won the 200 (23.06) at the Bloomsburg Invitational ... finished fourth (10.97) in the 100 at the Bucknell Team Challenge ... **Personal:** Parents are Joseph and Zina Hicks ... has three brothers, Kyle, Tylor and Iann ... lettered in football, basketball, track & field, baseball and golf at Tower Hill School ... served as captain for football, track and basketball teams as a senior ... 2008 state champion in 100 and 200 ... repeated as state champion in 100 in 2009 ... two-time First Team All-Conference in football and track ... named All-State in track as a senior ... earned McDonald's All-America nomination in basketball in 2009 ... major is neuroscience.



D.J. Krystek



**Ray Holmes**  
 Junior  
 Jumps  
 Campbell, N.Y.  
 Campbell-Savona Central

**\*\*Ranks third at Bucknell in outdoor triple jump (48-8) and seventh in indoor triple jump (47-0 3/4).\*\***

**2011-12: [Indoors]** Placed fourth in the triple jump at the Patriot League Championships with a mark of 46-9 ... competed in the triple jump at the IC4A Championships, finishing 22nd (45-10 1/2) ... set a career best in the event at the Bison Open & Multi ... distance of 47-0 3/4 is third in program history and earned him second at the meet ... recorded a career-best 22-7 1/4 in the long jump at the Youngstown State Invitational to place sixth at the meet ... also took third in the triple jump (46-6 3/4) at Youngstown State ... won the triple jump at the Bucknell Mini meet (46-8 3/4) ... **[Outdoors]** At the Patriot League Championships took third in the triple jump (48-5 1/2) ... placed 16th in the event at the IC4A Championships (47-4 1/4) ... career-best of 48-8 in the triple jump came at the Bison Outdoor Classic ... mark ranks third all-time at Bucknell and was nearly two feet better than his previous personal best of 46-8 3/4, which came a week earlier at the Colonial Relays ... finished fourth in the university division of the triple jump at the Towson Invitational ... competed in the triple jump at the IC4A Championships, placing 16th (47-4 1/4) ... **2010-11: [Indoors]** Placed fifth in the triple jump at the Patriot League Championships (46-6 3/4) ... recorded a season-best 46-6 3/4 the previous week to win the Bucknell Winter Classic ... mark ranked 10th all-time at Bucknell ... recorded a season-best 20-7 in the long jump at the Gulden Relays, placing fifth ... also took sixth in the triple jump (44-4 3/4) at the home meet ... **[Outdoors]** Competed in just two meets in the spring ... placed fourth in the triple jump (43-7) at the Bloomsburg Open ... also took 10th in the long jump (20-2 1/4) at the Bucknell Team Challenge ... **Personal:** Son of Carl and Carol Holmes ... lettered six times in track & field ... also lettered four times in cross country and basketball ... named track team's MVP three times ... won the New York State Championship title in the triple jump in 2009 ... earned 12 New York State Scholar-Athlete awards ... mathematics major ... Patriot League Academic Honor Roll member.

**↑ CAREER BESTS ↓**

Indoor	
Triple Jump	47-0 3/4
Long Jump	22-7 1/4
Outdoor	
Triple Jump	48-8
Long Jump	21-0



Erin Norris

# Student-Athlete Profiles



Emma Rice



Andrew Kirna



## Dustin Horning

Senior  
Cross Country/Distance  
Elizabethtown, Pa.  
Elizabethtown Area

**\*\*Member of outdoor 4x800 relay that holds school record (7:30.63); Member of indoor distance medley relay that ranks fourth at Bucknell (9:56.63); Ranks eighth in indoor 4x800 relay (7:35.14).\*\***

**2011-12: [Cross Country]** Placed 27th overall and third on the team in Patriot League Championships debut (26:13 at 8K) ... was among team's top five finishers in three of five meets ... placed seventh overall at the Duquesne/Pittsburgh Tri-Meet (25:45 at 8K) ... took 60th at the Princeton Invitational ... **[Indoors]** Scored in all three of his events at the Patriot League Championships ... placed second with the 4x800, fifth in the mile and sixth in the 1,000 ... 4x800 relay's time of 7:35.14 ranks eighth in program history ... ran a career-best 4:11.86 in the mile to place third at the Penn State National Invitational ... also posted a career best in the 1,000 for second at the Youngstown State Invite (2:28.59) ... won the 800 at the Gulden Invitational ... qualified for the IC4A Championships in the mile and 1,000 ... **[Outdoors]** Set the school record and placed third overall in the 4x800 relay (7:30.63) at the Patriot League Championships ... also placed eighth in the 1,500 at the league meet ... earned All-East honors with an eighth-place finish in the 4x800 relay at the IC4A Championships ... ran a career-best 1:55.40 for the 800 win at the Towson Invitational ... also had a career best in the 1,500 at the Bison Outdoor Classic (3:52.18) ... **2010-11: [Cross Country]** Raced three times at the beginning of the season ... took 11th at the Bucknell Open, finishing the three-mile course in 15:18 ... finished 8K tri-meet with Duquesne and Pittsburgh in 27:17, placing 35th overall ... **[Indoors]** Led off for the fourth-place distance medley relay (10:05.92) at the Patriot League Championships ... earned All-East honors with the seventh-place distance medley at the IC4A Championships ... team ran 9:56.63 in the IC4A prelims, giving it the fourth-fastest time in program history ... individually competed in the 1,000 and mile ... ran an IC4A-qualifying 4:16.64 in the mile, placing seventh at the Penn State National Invitational ... top 1,000 time (2:30.50) came at Yale's Giegengack Invitational ... **[Outdoors]** In his final meet of the season, won the 1,500 at the Bloomsburg Open ... time of 3:56.46 was a season best ... also placed fourth in the event (3:59.59) at the Bucknell Team Challenge ... took sixth in both the 1,500 (4:07.37) and 800 (2:00.34) at the Towson Invitational ... **2009-10: [Indoors]** At the Patriot League Championships helped the distance medley relay to a sixth-place finish in 10:28.08 ... anchored the DMR to an eighth-place finish at the IC4A Championships (10:18.11) ... team ran 10:01.23 in the IC4A prelims ... individually, competed primarily in the mile ... placed fourth in the event at the Bucknell Winter Classic in a season-best 4:18.74 ... was also sixth in the mile (4:25.71) at the Bison Open & Multi ... **[Outdoors]** Placed seventh in the 1,500 at the Bucknell Team Challenge ... time of 4:01.60 was a season best ... top 800 time of season came at the Bloomsburg Open where he finished second ... **Personal:** Son of Kim and Kathy Horning ... has two siblings, Alex and Gavin ... lettered four times in cross country, three times in outdoor track and twice in indoor track ... placed fifth in the 1,600 at the PIAA State AAA Championships ... took fourth in the mile in the PTFCA indoor state championship ... named a 2008 Lancaster Lebanon League First Team All-Star in cross country ... majoring in economics and political science ... member of Patriot League Academic Honor Roll.

### ← CAREER BESTS →

Indoor	
800	1:56.65
1,000	2:28.59
Mile	4:11.86
Outdoor	
800	1:55.40
1,500	3:52.18



## Alex Jagelsky

Sophomore  
Sprints/Mid-Distance  
Rutland, Mass.  
Wachusett

**\*\*Member of indoor 4x800 relay that ranks eighth (7:35.14) all-time at Bucknell; Ranks ninth in outdoor 800m (1:52.60).\*\***

**2011-12: [Cross Country]** Competed three times during his debut season ... placed 31st at the Bucknell Open (16:05 at 3 miles) and 30th at the Duquesne/Pittsburgh Tri-Meet (27:31 at 8K) and Father Bede Invitational (18:12 at 5K) ... **[Indoors]** Placed third in the 1,000 (2:29.74), second in the 4x800 (7:35.14) and fourth in the distance medley relay (10:10.75) at the Patriot League Championships ... 4x800 time at the league meet ranks eighth in program history ... earned All-East honors with a sixth-place finish in the 1,000 (2:28.11) at the IC4A Championships ... ran a career-best 2:27.09 in the IC4A prelims ... won the 1,000 and placed sixth in the 800 at the Youngstown State Invitational ... 800 time of 1:54.09 was a personal best and an IC4A-qualifying mark ... performance earned him Patriot League Rookie of the Week honors (Feb. 6) ... also won the 500 at the Bucknell Winter Classic ... **[Outdoors]** Raced in the 800 three times during the spring ... ran a career-best 1:52.60 for second place at the Bucknell Team Challenge ... time ranks ninth in Bucknell history ... also a member of the winning 4x800 relay at the Bucknell Team Challenge ... **Personal:** Chemical engineering major ... member of Patriot League Academic Honor Roll.

### ← CAREER BESTS →

Indoor	
800	1:54.09
1,000	2:27.09
Outdoor	
800	1:52.60



## Leonard Joseph

Senior  
Throws  
Whitesboro, N.Y.  
Clinton

**\*\*Ranks No. 2 in program history in hammer throw (206-3); Ranks No. 4 in weight throw (63-0); Ranks No. 7 in discus (157-10).\*\***

**2011-12: [Indoors]** Patriot League champion in the weight throw, earning First Team All-League honors ... PL Championships ... never placed lower than eighth ... finished eighth at the Penn State National Invitational with a then-personal-best 60-1 1/4 ... **[Outdoors]** Earned Honorable Mention All-America accolades in the hammer after placing 17th at the NCAA Championships with a throw of 202-1 ... threw a career-best-tying 206-3 at the NCAA East Regionals to place 12th and qualify for national championships ... distance ranks second in program annals ... won second consecutive Patriot League title in the hammer throw (206-3) ... also placed fifth in the discus at the league meet with a personal-record 157-10, which ranks seventh at Bucknell ... earned All-East honors after placing third (204-4) in the hammer throw at the IC4A Championships ... won the hammer throw at the Bucknell Team Challenge with a then-career-best 204-5 ... set or tied a career best in the hammer throw in five of eight meets ... placed fifth or better in the hammer throw in each of season's first six meets ... placed fifth in the championship division of the hammer throw at the Penn Relays ... three-time Patriot League Field Athlete of the Week (Apr. 16, Apr. 23, Apr. 30) ... three consecutive weekly honors tied a league record ... **2010-11: [Indoors]** Placed third in the weight throw at the Patriot League Championships with a mark of 56-0 1/2 ... also took 11th in the event (56-1 1/4) at the IC4A Championships ... threw a then-career-best 57-5 3/4 for the win at the Bucknell Winter Classic ... mark ranked fifth all-time at Bucknell ... also won the weight throw at the Gulden Relays and Bucknell Heptagonal and took second at the Bison Opener, Saturday Night at the Armory and Bison Open & Multi ... named Most Valuable Men's Field Athlete of the Meet at the Gulden Relays ... four-time Patriot League Field Athlete of the Week (Jan. 10, Jan. 17, Jan. 24, Feb. 14) ... four single-season honors tied former Bison Tyler Hoffman for Patriot League record ... **[Outdoors]** Earned First Team All-League honors with the win in the hammer throw (187-10) at the Patriot League Championships ... also placed seventh in the discus at the league meet with a season-best 144-11 ... named All-East in the hammer after placing seventh at the IC4A Championships ... throw of 193-9 at IC4As was a season best and ranked fifth in program history ... qualified for the NCAA East Preliminaries in the hammer where he placed 37th ... also won the hammer at the Towson Invitational (182-1), Bison Outdoor Classic (184-6) and Bucknell Team Challenge (193-1) ... earned top-10 finishes in the discus in four of five meets ... Patriot League Field Athlete of the Week (Apr. 25) ... **2009-10: [Indoors]** Specialized in the weight throw ... placed eighth at the Bucknell Heptagonal with a season-best 43-7 1/4 ... also cleared 40 feet at the Bison Open & Multi (18th, 40-0 3/4) and Bucknell Winter Classic (23rd, 40-3 1/2) ... **[Outdoors]** At the Patriot League Championships placed third in the discus (150-5) and fourth in the hammer (168-4) ... hammer mark ranked 10th all-time at Bucknell ... threw 141-8 in the discus at the IC4A Championships ... set a then-career best in the discus at the Bison Outdoor Classic with a throw of 156-11, placing fourth ... won the discus (155-0) and took second in the hammer (162-1) at the Bloomsburg Invitational ... also finished in the top 10 in both events that the Maryland Invitational and Bucknell Team Challenge ... **Personal:** Son of Cynthia and Kevin Joseph ... has a sister, Jennifer ... earned three letters in track & field, two in football and one in wrestling at Clinton Senior High School ... captain of track team as a junior and senior ... placed third in the discus at the state championships as a senior and eighth as a junior ... named All-State as a senior ... holds school record in discus at Whitesboro and Clinton high schools ... named track team's MVP as a senior ... placed seventh in the hammer throw at the 2010 USATF Junior National Championships ... major is psychology ... Dean's List and Patriot League Academic Honor Roll member ... 2011 and 2012 member of the USTFCCA All-Academic Track and Field Team.

### ← CAREER BESTS →

Indoor	
Weight Throw	63-0
Outdoor	
Discus	157-10
Hammer Throw	206-3





**Kevin Keller**  
Sophomore  
Sprints/Jumps  
Darien, Conn.  
Darien

**2011-12:** [Indoors] Placed fourth in the long jump at the Patriot League Championships ... distance of 22-9 ¼ was a personal best ... also took 16th in the 400 at the league meet ... career best in the 400 came at the Penn State National Invitational where he placed 27th in 50.73 ... competed in the 4x400 at the IC4A Championships ... [Outdoors] At the Patriot League Championships placed sixth in the long jump (22-1 ¾) and 13th in the 400 (51.13) ... best long jump mark (22-7) came at the Bucknell Team Challenge and tied him for first at the home meet ... also won the long jump at the Maroon & Gold Invitational ... placed seventh in the 400m (50.79) and fourth in the long jump (20-5 ¼) at the Towson Invitational ... **Personal:** Son of Tom and Laura Keller ... has two brothers, Scott and Jeff ... lettered in track & field and rugby at Darien High School ... named All-FCIAC, All-State and All-New England ... set school records in indoor long jump, triple jump, 200, 300, 400 and 4x200 ... served as track team captain as a senior ... mathematics major ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

★ CAREER BESTS ★

Indoor	
400	50.73
500	1:07.83
Long Jump	22-9 1/4
Outdoor	
400	50.79
Long Jump	22-7



**Andrew Kirna**  
Sophomore  
Cross Country/Distance  
Westfield, N.J.  
Westfield

**2011-12:** [Cross Country] Placed 41st overall and sixth on the team at the Patriot League Championships ... finished the 8K course in 26:40 ... placed fourth overall in collegiate debut at Bucknell Open (15:05 at 3 miles) ... scored for Bison at Princeton Invitational, placing 78th overall (26:20 at 8K) ... finished 133rd at NCAA Mid-Atlantic Regional Championships (33:49 at 10K) ... [Indoors] Placed third with a career-best 2:35.54 in the 1,000 at the Bucknell Winter Classic ... top mile time (4:27.66) came at Gulden Invitational ... also competed at 3,000 ... [Outdoors] Did not compete ... **Personal:** Son of Oliver and Robin Kirna ... has two siblings, John and Jaclyn ... brother, John '16, is also a member of the Bucknell cross country and track teams ... father, Oliver, is a member of the Bucknell Class of 1986 and sister, Jaclyn, is Class of 2012 ... father also ran cross country and track at Bucknell ... four-year letterwinner in cross country and indoor and outdoor track at Westfield High School ... earned Westfield HS Boosters Presidents Award as the school's top athlete/leader ... named Union County Runner of the Year and Cross Country Most Valuable Senior in 2010 ... also named Cross Country All-Union County First Team, All-Northeast Region Third Team and All-State Third Team in 2010 ... Union County First Team selection in indoor and outdoor 3,200 ... placed fourth in 1,600 and 10th in 3,200 in NJ Group IV ... placed 13th in the 5,000 at the New Balance Indoor Track Nationals ... set school record in 4x1,600 ... captained cross country team in 2010 ... major is undeclared ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

★ CAREER BESTS ★

Indoor	
1,000	2:35.54
Mile	4:27.66
3,000	9:02.57



**Stephen Koullias**  
Senior  
Throws  
Wyomissing, Pa.  
Wyomissing Area

**\*\*Ranks fifth at Bucknell in outdoor shot put (51-4 ½) and sixth in indoor shot put (52-7 ¼).\*\***  
**2011-12:** [Indoors] Placed fourth in the shot put at the Patriot League Championships, throwing 51-0 ¼ ... recorded a career-best 48-6 ¾ for 11th place in the weight throw at the league meet ... finished 28th (49-11) in the shot put at the IC4A Championships ... career-best throw of 51-4 ¼ in the shot put came at the Youngstown State Invitational ... mark earned him fourth at the meet and sixth all-time at Bucknell ... was the first program top-10 mark of his career ... placed fifth or higher in the shot put

in each of the season's first seven meets ... [Outdoors] At the Patriot League Championships placed second in the shot put ... throw of 52-7 ¼ was a career best and ranks fifth all-time at Bucknell ... also placed 11th in the hammer throw at the league meet with a career-best 159-3 ... placed 17th (51-7 ¾) in the shot put at the IC4A Championships ... threw a then-career-best 51-11 ¼ in the shot put in the first meet of the spring, taking fourth at the Towson Invitational ... mark put him in the program top 10 for the first time in his outdoor career ... also placed seventh in the hammer at Towson ... **2010-11:** [Indoors] Placed eighth in the shot put at the Patriot League Championships with a season-best 47-8 ... placed eighth or better in the shot put in five of his six meets ... best weight throw mark of the season (41-10 ¾) came at the Bison Open & Multi where he finished 13th ... [Outdoors] Finished season by placing fourth in the shot put (49-9) and fifth in the hammer throw (146-5) at the Bloomsburg Open ... both marks were his best of the season ... also placed sixth in the shot put at the Towson Invitational (47-0 ¼) and Bucknell Team Challenge (46-6) ... took seventh in the hammer (137-7) at Towson ... **2009-10:** [Indoors] Earned two top-10 finishes in the shot put, placing ninth at the Gulden Relays (42-2 ¾) and Bucknell Heptagonal (43-1) ... posted best shot put throw of the season (44-2 ½) at the Bucknell Winter Classic ... also competed in the weight throw ... [Outdoors] Debuted in the spring by placing third in the shot put (43-9 ¾) and fifth in the hammer throw (111-6) at the Susquehanna Invitational ... best shot put performance of the season came with a throw of 47-1 ½ at the Bucknell Team Challenge ... placed sixth at the home meet ... also placed sixth in the shot put (43-6) at the Bloomsburg Invitational ... **Personal:** Son of Iconomos and Cynthia Koullias ... has two siblings, Anthony and Cassandra ... four-time letterwinner in indoor and outdoor track & field at Wyomissing Area High School ... named PIAA All-District in the shot put and discus ... also a PIAA All-District selection in the shot put and discus ... majoring in mechanical engineering and management for engineers.

★ CAREER BESTS ★

Indoor	
Shot Put	51-4 1/4
Weight Throw	48-6 3/4
Outdoor	
Shot Put	52-7 1/4
Hammer Throw	159-3



**D.J. Krystek**  
Senior  
Cross Country/Distance  
Pitcairn, Pa.  
Gateway Senior

**2011-12:** [Cross Country] Placed among team's top six in all six meets and was among the Bison's top three on four occasions ... placed fifth on the team and 32nd overall at the Patriot League Championships (26:20 at 8K) ... led Bucknell at the Paul Short Invitational (26:06 at 8K) and NCAA Mid-Atlantic Regional Championships (31:59 at 10K) ... finished third overall at the Bucknell Open (15:00 at 3 miles) ... [Indoors] Placed fourth as anchor of the distance medley relay at the Patriot League Championships (10:10.75) ... relay qualified for the IC4A Championships ... won the 5,000 at Youngstown State Invitational ... time of 14:56.48 was a career best ... placed third in the mile (4:19.82) at the Bison Open & Multi and 3,000 (8:36.50) at the Gulden Invitational ... [Outdoors] At the Patriot League Championships placed sixth in the 10,000 ... time of 30:49.32 was a career best ... also took 10th in the 5,000 at the league meet ... posted a career-best 14:40.49 in the 5,000 at the Bison Outdoor Classic ... **2010-11:** [Cross Country] Placed among Bucknell's scoring five at three meets ... led the team at the IC4A Championships, placing 32nd overall in 26:36 over five miles ... placed fourth overall at the Bucknell Open (15:06 at 3 miles) ... also placed fifth on the team and 66th overall in the open race at the Pre-National Invitational (26:34 at 8K) ... at the Patriot League Championships, placed 50th in 26:44 over 8K ... [Indoors] Raced twice at both 3,000 and 5,000 meters ... placed third in the 5,000 at the Bucknell Winter Classic with a season-best 15:14.98 ... ran a season-best 8:45.16 in the 3,000 the previous week at Yale's Giegengack Invitational ... [Outdoors] Won the 5,000 at the Bloomsburg Open in 15:14.36 ... ran best 5,000 time of the season (15:06.86) at the Bison Outdoor Classic ... **2009-10:** [Cross Country] Raced four times during his debut season ... placed 14th at the Bloomsburg Open (25:54 at 7K) for his best finish of the season ... claimed 53rd at the Harry Lang Invitational, running 23:10 over 6,400m ... [Indoors] Placed in the top five in both his 5,000 races during the season ... ran a season-best 15:40.91 in the event at the Bucknell Winter Classic, placing fifth ... claimed fourth (15:58.98) at the Bucknell Heptagonal ... ran a season-best 9:02.46 in the 3,000 at the Bison Open & Multi ... [Outdoors] Competed primarily at 5,000 meters ... ran a season-best 15:34.04 in the 5,000 at the Bloomsburg Invitational, placing fifth ... also took third (8:52.97) in the 3,000 at the Bucknell Team Challenge ... **Personal:** Parents are Dan and Marci Krystek ... has a sister, Amanda ... lettered in cross country and outdoor track & field at Gateway Senior High School ... named First Team All-State in cross country as a senior ... two-time qualifier for the PIAA State Cross Country Championships ... finished fourth at the championship meet as a senior ... state qualifier in the 1,600 during junior year ... majoring in accounting ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

★ CAREER BESTS ★

Indoor	
Mile	4:19.82
3,000	8:36.50
5,000	14:56.48
Outdoor	
1,500	4:00.91
3,000	8:31.15
5,000	14:40.49
10,000	30:49.32



**Kim Nagotko**  
2012 All-PL Selection



**Stephen Koullias**  
2012 All-PL Selection

# Student-Athlete Profiles



**Christian Lupica**  
2x All-PL Selection



**Alexandra Romanelli**  
2012 PL  
Triple Jump &  
Long Jump  
Runner-Up



**Dennis Logan**  
Junior  
Mid-Distance/Cross Country  
Pittsburgh, Pa.  
Baldwin

**\*\*Member of outdoor 4x800 relay that holds school record (7:30.63); Member of indoor distance medley relays that rank second (9:55.24) and fourth (9:56.63) at Bucknell; Ranks eighth in indoor 4x800 (7:35.14).\*\***  
**2011-12:** [Indoors] At the Patriot League Championships, helped 4x800 relay to a second-place finish ... time of 7:35.14 ranks eighth in program history and earned him Second Team All-Patriot League honors for the first time in his career ... also finished fourth in the distance medley relay (10:10.75) and sixth in the 800 (1:57.06) at the league meet ... competed in the distance medley relay at the IC4A Championships ... won the 500 at the Bucknell Mini Meet ... top 500 time of the season (1:06.47) came at the Youngstown State Invitational where he placed fifth ... also ran a career-best 1:55.60 in the 800 at Youngstown State, placing eighth ... [Outdoors] At the Patriot League Championships placed third in the 4x800 relay and set a school record of 7:30.63 ... also placed 12th in the 800 at the league meet ... earned All-East honors with an eighth-place finish in the 4x800 at the IC4A Championships ... relay finished in 7:38.32 ... member of the winning 4x800 at the Bucknell Team Challenge ... also placed ninth in the 800 at the home meet ... top 800 time of his career (1:54.60) came at the Bison Outdoor Classic ... [Cross Country] Competed three times in his first fall season ... placed 22nd overall at the Bucknell Open (15:50 at 3 miles) ... also competed at the Duquesne/Pittsburgh Tri-Meet (28:55 at 8K) and the Father Bede Invitational (17:21 at 5K) ... **2010-11:** [Indoors] At the Patriot League Championships, helped the distance medley relay to a fourth-place finish in 10:05.92 ... earned All-East honors with the distance medley, helping the relay to a seventh-place finish ... team's prelim time of 9:56.63 ranks fourth in program history ... won the distance medley relay at the Penn State National Invitational with a time of 9:55.24 that ranks second at Bucknell ... individually, competed primarily at 800 meters ... ran career-best 1:56.70 to place 19th at the Penn State National Invitational ... [Outdoors] Ran a season-best 1:56.84 in the 800 for third place at the Bloomsburg Open ... also helped the 4x400 relay to a win at Bloomsburg ... top 1,500 time of 4:08.53 came at Bucknell Team Challenge ... **Personal:** Son of Dennis and Dayle Logan ... has two sisters, Demytra and Da'keya ... earned eight letters in track & field, three in cross country and one in football at Baldwin-Whitehall High School ... three-time All-American ... selected all-state four times ... WPIAL champion ... three-year team captain ... cousin, Mike Logan, played football for the Jacksonville Jaguars and Pittsburgh Steelers ... cousin, Eric Wicks, also plays professional football ... cousin, Lenny Wicks, played football at Youngstown State ... major is psychology.

**▲ CAREER BESTS ▲**

Indoor	
500	1:06.47
800	1:55.60
Outdoor	
800	1:54.17



**Christian Lupica**  
Sophomore  
Hurdles/Sprints  
Newtown, Pa.  
Holy Ghost Prep

**\*\*Holds Bucknell school record in indoor 200m (21.58); Ranks second in 60m hurdles (8.11); Ranks fourth in 60m (6.97); Member of 4x100 relay that ranks fourth (41.44); Ranks ninth in outdoor 200m (21.69); Ranks fourth in 110m hurdles (14.45) and eighth in 400m hurdles (54.93).\*\***  
**2011-12:** [Indoors] At the Patriot League Championships placed second in the 200 (22.05), claiming Second Team All-League accolades, and third in the 60 (6.97) and 60 hurdles (8.17) ... set program top-10 marks five times at the league meet - 60 semis (6.99) and finals (6.97), 200 prelims (22.12) and finals (22.05) and 60 hurdle prelims (8.14) ... 60 final time still stands as fourth-fastest in program history ... earned All-East honors with a seventh-place finish in the 60 hurdles at the IC4A Championships ... ran a career-best 8.11 in the hurdle semis as IC4As ... set a school record of 21.58 in the 200 prelims at the IC4As ... eventually placed ninth (21.80) in the final ... set or tied program top-10 marks 17 times in the 60, 200 and 60 hurdles over eight meets ... tied with former teammate Robert Arent for first in the 60 hurdles (8.31) at the Bucknell Mini Meet ... won the event outright (8.24) his following meet, the Gulden Invitational ... three-time Patriot League Rookie of the Week (Dec. 5, Jan. 9, Jan. 23) ... three single-season honors ties teammate Justin Hicks for the league record ... also named Bison Athlete of the Week Jan. 23 after his performance at the Gulden Invite, winning the 60 hurdles and placing fourth in the 200 and seventh in the 60 ... [Outdoors] Earned Second Team All-Patriot League honors again after taking second in the 110 hurdles behind former teammate Robert Arent ... ran a career-best 14.45 in the league final, giving him the fourth-fastest time in Bucknell history ... also placed sixth in the 400 hurdles at the PL Championships with a career-best 54.93 ... time ranks eighth in program annals ... placed second with the 4x100 relay at the league meet with the fourth-fastest time in program history (41.44) ...

**▲ CAREER BESTS ▲**

Indoor	
60	6.97
60 Hurdles	8.11
200	21.58
Outdoor	
110 Hurdles	14.45
400H	54.93
200	21.69

competed in the 110 hurdles at the IC4A Championships, placing 18th in the prelims (14.67) ... named Patriot League Rookie of the Week after winning the 110 hurdles (14.70) at the Bucknell Team Challenge ... placed seventh in the 110 hurdles (14.47) and ninth in the 200 (21.69) at the Colonial Relays with then-personal-best times in both events ... **Personal:** Son of John and Barb Lupica ... has three younger sisters, Gina, Jane and Kate ... three-year letterwinner in indoor and outdoor track ... named Bi-Centennial Athletic League First Team in 2010 and 2011 ... also named BAL Athlete of the Meet as a senior ... earned All-State Honorable Mention as a senior ... competed in the 110 hurdles at the 2012 USATF Junior National Championships ... major is undeclared ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.



**Quinten Marcott**  
Senior  
Throws  
Wayland, Mich.  
Wayland

**\*\*Ranks No. 3 in Bucknell history in indoor (53-1 3/4) and outdoor (52-7 1/4) shot put.\*\***  
**2011-12:** [Indoors] Placed second in the shot put and 12th in the weight throw at the Patriot League Championships ... shot put mark of 53-1 3/4 was a career best and ranks third all-time at Bucknell ... placed 32nd in the shot put at the IC4A Championships ... placed second in the shot put five times (Bison Opener, Bucknell Mini Meet, Gulden Invitational, Bison Open & Multi, PL Championships) in nine meets, each time behind former teammate Tom Barr ... recorded a career-best 50-5 1/2 in the weight throw for 11th place at the Bison Opener ... also broke 50 feet at the Youngstown State Invitational (50-1 3/4) ... [Outdoors] At the Patriot League Championships placed fourth in the shot put (51-3 1/2) ... also took 13th in the hammer throw (148-10) ... finished 19th in the shot put at the IC4A Championships with a throw of 51-3 ... won the shot put at the Colonial Relays with a personal record of 52-4 1/2, which ranks third all-time at Bucknell ... set a then-career best in the hammer throw (147-11) at first meet of the season, taking sixth at the Towson Invitational ... improved that career best to 151-2 at the Bison Outdoor Classic ... **2010-11:** [Indoors] Specialized in the shot put ... finished ninth at the Patriot League Championships (44-3 1/4) ... began season with a win at the Bison Opener with a throw of 51-3 ... was his first career performance at better than 50 feet ... improved then-personal-best to 51-6 1/2 for the win at the Bison Open & Multi ... mark ranked fourth in program history ... [Outdoors] Took fourth in the shot put (51-5 1/2) at the Patriot League Championships ... also placed 16th in the hammer (131-4) at the league meet ... qualified for the IC4A Championships in the shot put, finishing 33rd ... earned a then-career-best 52-2 1/2 in the shot put at the Bloomsburg Open for his second win of the season ... also won the shot put at the Bucknell Team Challenge (50-11 1/2) ... threw a season-best 142-9 in the hammer for ninth at the Team Challenge ... **2009-10:** [Indoors] Debuted at the Bison Opener with a season-best 47-11 in the shot put, finishing third ... placed in the top 10 in the shot put in all six of his meets ... posted a season-best 44-6 in the weight throw at the Bison Open & Multi ... finished ninth in the weight throw (43-0 1/4) at the Akron Quad ... placed fifth in the shot put (47-1) at the Bucknell Heptagonal ... performance earned him Patriot League Rookie of the Week honors ... [Outdoors] At the Patriot League Championships placed sixth in the shot put ... mark of 51-5 3/4 ranked seventh all-time at Bucknell ... also took 14th in the hammer at the league meet with a season-best 147-2 ... posted a mark of 49-1 in the shot put at the IC4A Championships ... won the shot put (51-0 1/4) and took third in the hammer (138-8) at the Bloomsburg Invitational ... also claimed top-10 finishes in the shot at the Maryland Invitational (eighth, 47-3 1/2) and Bucknell Team Challenge (fourth, 50-6 1/4) ... **Personal:** Parents are Alan and Lorie Marcott ... has two siblings, Colin and Jackie ... lettered in football, wrestling and track & field at Wayland High School ... two-time Academic All-State selection ... also named All-State, All-County and All-Conference twice in track & field ... served as high school's track captain ... named All-Conference twice and All-Area once in football ... majoring in chemical engineering ... member of Dean's List and Patriot League Academic Honor Roll.

**▲ CAREER BESTS ▲**

Indoor	
Shot Put	53-1 3/4
Weight Throw	50-5 1/2
Outdoor	
Shot Put	52-4 1/2
Hammer Throw	151-2



## Daniel Markwalter

Senior  
Pole Vault  
Vienna, Va.

Thomas Jefferson S&T

**\*\*Tied for third in program history in indoor pole vault (15-9); Tied for fourth in outdoor pole vault (15-9).\*\***

**2011-12: [Indoors]** Tied for third in the pole vault at the Patriot League Championships ... set a career best of 15-9 at the league meet, placing him third in program history ... previous career best had been 15-3, cleared four times during the season ... competed at the IC4A Championships ... won the pole vault four times, including each of his first three meets, with titles at the Bison Opener, Bucknell Mini Meet, Gulden Invitational and Bucknell Winter Classic ... **[Outdoors]** Placed eighth in the pole vault at the Patriot League Championships, clearing 14-9 ... also cleared 14-9 for the win at the Towson Invitational ... won the pole vault at the Maroon & Gold Invitational for second title of the season ... topped his career best for 15-9 at the Bison Outdoor Classic ... height is tied for fourth-best in program history ... **2010-11: [Indoors]** Tied for seventh in the pole vault at the Patriot League Championships, clearing 14-9 ... also tied for first at 14-9 at the Bucknell Heptagonal and Bucknell Winter Classic ... cleared 14-9 in five of seven meets, tying a career best ... **[Outdoors]** Tied for fifth in the pole vault (14-9) at the Patriot League Championships ... 14-9 was a season best at meets contested outdoors ... twice cleared 15-3 indoors ... **2009-10: [Indoors]** Placed seventh in the pole vault (14-3 ¼) at the Patriot League Championships ... set a season best of 14-9 in the event at the Bison Open & Multi, placing third ... took fourth in the pole vault (14-3 ¼) at the Gulden Relays ... **[Outdoors]** Tied for fifth in the pole vault at the Patriot League Championships, clearing 14-9 ... set a season best in the event at the Bucknell Team Challenge, clearing 15-1 for sixth place ... earned Patriot League Rookie of the Week honors after the home meet ... won the collegiate division of the pole vault (14-9) at the Bison Outdoor Classic ... also finished in the top five in the event at the Maryland Invitational (third, 14-0), Colonial Relays (fifth, 13-3 ½) and Bloomsburg Invitational (fourth, 13-9) ... **Personal:** Parents are Holly and Brian Markwalter ... has a twin brother, Kyle ... has two other siblings, Chet and Teace ... two-year letterwinner in outdoor track & field ... also lettered once in indoor track & field and diving ... began track & field career in spring of junior year in high school ... holds indoor pole vault record and is tied for outdoor record at Thomas Jefferson High School for Science and Technology ... joined Bison as a walk-on ... majoring in biomedical engineering with a minor in history ... Dean's List and Patriot League Academic Honor Roll member ... 2012 Academic All-Patriot League Team selection for indoor track & field.

### ✦ CAREER BESTS ✦

Indoor	
Pole Vault	15-9
Outdoor	
Pole Vault	15-9



## Ted Mottola

Senior  
Throws  
Valhalla, N.Y.

Iona Prep

**2011-12: [Indoors]** Continued as a weight throw specialist ... placed fifth at the Bucknell Winter Classic ... recorded a career best of 50-11 at the home meet ... was his first competition at better than 50 feet ... placed among the top 10 in all five meets on the season ... **[Outdoors]** At the Patriot League Championships placed eighth in the hammer throw (170-4) and 13th in the discus (136-1) ... discus mark was a season best ... placed 20th in the hammer throw (166-2) at the IC4A Championships ... set a then-career best of 169-0 for ninth in the hammer at the Bison Outdoor Classic ... improved that to 174-4 for sixth at the Bucknell Team Challenge the following week ... **2010-11: [Indoors]** Competed exclusively in the weight throw ... placed 10th at the Bucknell Winter Classic with a season-best 47-1 ¾ ... placed as high as sixth in the event at the Gulden Relays (44-4 ¾) ... **[Outdoors]** Competed in the hammer (ninth, 162-2) and the discus (11th, 135-3) at the Patriot League Championships ... recorded career bests in both the hammer (165-7) and the discus (147-8) at the Bloomsburg Open ... won the hammer and the placed second in the discus at Bloomsburg ... **2009-10:** Did not compete ... **Personal:** Son of Ted and Bianca Mottola ... has a younger brother, Matt, who plays baseball at the University of Tampa ... three-year letterwinner in track & field ... also lettered twice in football and basketball ... captained all three teams ... member of Westchester County indoor track championship team ... member of two-time Westchester County outdoor track championship team ... also a member of CHSAA undefeated New York state champion football team and CHSAA Catholic state champion basketball team ... five-time First Team All-Westchester County selection in track ... competed in the hammer throw at the 2009 U.S. Track & Field Junior National Championships ... received Westchester Chapter National Football Foundation Golden Dozen Scholar-Athlete Award ... New Rochelle Hall of Fame inductee ... accounting and economics major ... member of Bucknell Dean's List and Patriot League Academic Honor Roll ... received Bucknell's Award of Excellence for exceptional leadership for the Class of 2013 ... vice president of Bucknell Student Government Class of 2013 and Sigma Chi Fraternity ... member of Alpha Lambda Honor Society, Delta Mu Delta Honor Society and Mortar Board Honor Society ... also a member of several campus organizations, including the Student-Athlete Advisory Committee, Diversity Issue Committee, Committee on Athletics and Residential Affairs Committee.

### ✦ CAREER BESTS ✦

Indoor	
Weight Throw	50-11
Outdoor	
Hammer Throw	174-4
Discus	147-8



Daniel Markwalter  
Academic All-PL  
Team Selection



## Michael McGowan

Sophomore  
Cross Country/Distance  
Ardmore, Pa.  
Lower Merion

**2011-12: [Cross Country]** At the Patriot League Championships placed seventh on the team and 42nd overall, finishing the 8K course in 26:42 ... named Patriot League Rookie of the Week after taking eighth overall at the Father Bede Invitational (16:36 at 5K) ... placed fourth among Bison and 81st overall at the NCAA Mid-Atlantic Regional Championships (32:39 at 10K) ... was among Bucknell's top seven finishers in five of six meets in debut campaign ... **[Indoors]** Won the mile (4:24.85)

### ✦ CAREER BESTS ✦

Indoor	
Mile	4:24.85
3,000	8:38.91
Outdoor	
10,000	30:22.55

at the Bucknell Mini Meet, his collegiate debut ... first Bison freshman since 2006 to win in his first collegiate meet ... placed fifth in the 5,000 (15:08.91) at the Youngstown State Invitational ... also placed fifth in the 3,000 at the Bucknell Winter Classic with a career-best 8:38.91 ... **[Outdoors]** Placed 14th in the 10,000 at the Patriot League Championships (32:00.22) ... ran a career-best 30:22.55 in the event for second place at the Colonial Relays ... performance earned him Patriot League Rookie of the Week honors and an IC4A Championship berth ... also placed ninth in the 1,500 at the Jim Taylor Invitational ... **Personal:** Majoring in biology.



## Chris Oesterlin

Sophomore  
Mid-Distance  
Nahant, Mass.  
St. John's Prep

**\*\*Member of outdoor 4x800 relay that holds school record (7:30.63).\*\***

**2011-12: [Indoors]** Competed primarily at 800 and 1,000 meters ... ran a season-best 2:01.29 in the 800 at the Bucknell Winter Classic to finish the season ... season best in the 1,000 (2:39.17) came at the Bison Open & Multi, earning him eighth place ... also competed in the mile ... **[Outdoors]** At the Patriot League Championships set the school record in the 4x800 with a time of 7:30.63 ... relay finished third at the league meet ... also competed in the 1,500 (12th) and the 800 (22nd) at the PL Championships ... time of 1:55.90 in the 800 was a career best ... earned All-East honors with an eighth-place finish in the 4x800 at the IC4A Championships ... won the 800 (1:57.40) at the Maroon & Gold Invitational ... career-best 1,500 time (3:56.54) came at Bison Outdoor Classic ... took second in the event at the season-opening Towson Invitational ... **[Cross Country]** Raced just once in the fall, at the IC4A Championships ... placed 115th (29:38 at 5 miles) ... **2010-11: [Indoors]** Ran a career-best 1:58.63 for sixth in the 800 at the Bucknell Winter Classic ... finished 11th in the 500 at the Penn State National Invitational with a personal-record 1:06.76 ... placed fourth in lone 1,000 race of the season, finishing in 2:38.50 at the Bison Opener ... **[Outdoors]** Competed primarily at 1,500 ... placed second in the 1,500 and seventh in the 800 at the Bloomsburg Open ... top 1,500 time of the season (4:00.38) came at the Bison Outdoor Classic ... finished eighth in the 1,500 (4:05.60) at the Bucknell Team Challenge ... **Personal:** Son of Pam and Phil Oesterlin ... father played college football ... three-time letterwinner in cross country and indoor and outdoor track ... served as captain of all three teams ... 2009 state champion in the 4x800 ... 2010 state champion in the 1,000 ... named all-league in 4x800 and North Shore All-Star as a junior ... also named an all-league and North Shore All-Star performer as a senior ... set school records in 4x800 and 4x400 relays ... 2010 indoor track team MVP ... majoring in political science.

### ✦ CAREER BESTS ✦

Indoor	
500	1:06.76
800	1:58.63
1,000	2:38.50
Outdoor	
800	1:55.90
1,500	3:56.54



Tayler Siegrist  
2x NCAA East  
Prelims Qualifier

# Student-Athlete Profiles



Kristin Sundry



**Alex Prieto**  
Junior  
Jumps  
Princeton, N.J.  
West Windsor Plainsboro South

**\*\*Ranks No. 7 at Bucknell in indoor (47-0 3/4) and No. 9 in outdoor (47-1) triple jump.\*\***

**2011-12: [Indoors]** At the Patriot League Championships placed fifth in both the long jump (22-7 3/4) and triple jump (46-4 1/4) ... long jump mark was a career best ... placed 16th in the triple jump (46-10 3/4) at the IC4A Championships ... won the triple jump at the Youngstown State Invitational with a career-best mark ... distance of 47-0 3/4 is tied for seventh all-time at Bucknell ... also took seventh in the long jump (21-8 1/4) at Youngstown State ... at the Gulden Invitational placed third in the high jump and sixth in the long jump and triple jump ... did not place lower than seventh in any event through his first seven meets of the season ... **[Outdoors]** Placed fourth in the triple jump (47-1) and fifth in the long jump (22-2 1/2) at the Patriot League Championships ... triple jump mark was a career best and ranks ninth in program history ... tied teammate Kevin Keller for the long jump win at the Bucknell Team Challenge with a career-best 22-7 ... was first career meet at better than 22 feet ... also placed sixth in the triple jump at the Team Challenge ... won the triple jump at the Maroon & Gold Invitational the following week ... **2010-11: [Indoors]** Recorded season bests in the triple jump (45-5 3/4) and the long jump (22-9) at the Patriot League Championships ... placed seventh in the triple jump and 12th in the long jump at the league meet ... placed among the top five in the triple jump four times ... finished second in the event at the Bison Open & Multi with a then-career-best 44-11 3/4 ... named Patriot League Rookie of the Week after placing fourth in the long jump and fifth in the triple jump at the Gulden Relays ... **[Outdoors]** At the Patriot League Championships, took fifth in the triple jump (45-10 3/4) ... also placed seventh in the long jump with a career-best 21-6 ... won the triple jump at the Bloomsburg Open ... mark of 46-8 at Bloomsburg was a season best and ranked ninth in program history ... placed third in the triple jump at the Bison Outdoor Classic and Bucknell Team Challenge ... two-time Patriot League Rookie of the Week (Apr. 25, May 4) ... **Personal:** Majoring in civil engineering.

**↑ CAREER BESTS ↑**

Indoor	
Long Jump	22-7 3/4
Triple Jump	47-0 3/4
Outdoor	
Long Jump	22-7
Triple Jump	47-1



Michael McGowan



**Kamal Riley**  
Junior  
Sprints  
Hyde Park, Mass.  
Charlestown

**\*\*Member of 4x100 relay that holds Bucknell record (40.95); Ranks fourth in 4x100 (41.44); Ranks fifth in 60m (7.00); Ranks 10th in 100m (10.77).\*\***

**2011-12: [Indoors]** Placed fifth in the 60 (7.05) at the Patriot League Championships ... ran a career-best 7.00 in the 60 semis at the league meet ... time ranks fifth in Bucknell history ... was the second consecutive meet in which he set a new program top-10 mark in the event ... ran a career-best 22.59 in the 200 prelims at the IC4A Championships ... tied for sixth in the 60 (7.10) and placed seventh in the 200 (22.85) at the Bucknell Winter Classic ... **[Outdoors]** Earned Second Team All-Patriot League honors with a second-place finish in the 4x100 ... relay's time of 41.44 ranks fourth in Bucknell history ... also placed third in the 100 (10.82) at the league meet ... ran a career-best 22.43 in the 200 prelims at the PL Championships ... best 100 time of his career (10.77) came in the prelims at the IC4A Championships ... time ranks 10th in program annals ... opened spring with a third-place finish in the 200 at the Towson Invitational ... claimed second place in the 100 at the Colonial Relays and Bucknell Team Challenge ... also a member of the winning 4x100 relay at the Bucknell Team Challenge ... **2010-11: [Indoors]** Ran the best times of the season in his debut ... recorded 7.17 in the 60 prelims at the Bison Opener, good for 10th in program history ... also ran 22.93 for fourth in the 200 at the Bison Opener ... tied for seventh in the 200 (23.24) at the Bucknell Winter Classic ... **[Outdoors]** At the Patriot League Championships helped 4x100 relay to second place and the school record (40.95) ... earned Second Team All-League honors ... also competed in the 100 and 200 at the league meet ... named All-East in the 4x100 at the IC4A Championships ... team finished seventh in 41.02 at IC4As ... ran a season-best 11.12 in the 100 at the

**↑ CAREER BESTS ↑**

Indoor	
60	7.00
200	22.59
Outdoor	
100	10.77
200	22.43

Towson Invitational and Bucknell Team Challenge ... best 200 time of 22.80 came at the Colonial Relays ... **Personal:** Son of Oleathia Prescod and Jeffrey Riley ... seventh Boston Public School League Champion ... Division 2 State Champion ... earned individual and team all-state honors ... All-American selection ... named Runner of the Year ... Boston Globe All-Scholastic honoree ... born in Barbados ... majoring in management.



**Kevin Tapper**  
Sophomore  
Sprints/Jumps  
Elkridge, Md.  
Calvert Hall

**\*\*Member of indoor 4x400 relay that ranks seventh at Bucknell (3:18.54); Member of outdoor 4x400 relay that ranks fourth (3:14.58); Ranks fifth in 300m (35.98).\*\***

**2011-12: [Indoors]** Scored in the triple jump at the Patriot League Championships, placing sixth (45-6 1/4) ... also competed in the long jump (eighth) and 500 (10th) ... long jump mark of 22-2 1/4 was a career best ... best triple jump mark of the season came at the Gulden Invitational ... cleared 45-11 3/4 for third place at the home meet ... also claimed second in the 400 and 11th in the long jump at the Gulden Invite ... broke on to the program top-10 lists in his collegiate debut with a third-place finish in the 300 (35.98) at the Bucknell Mini Meet ... placed second in the triple jump at the Mini Meet ... led off for the winning 4x400 at the Youngstown State Invitational ... relay's time of 3:18.54 ranks seventh in Bucknell history ... **[Outdoors]** At the Patriot League Championships helped the 4x400 to a fourth-place finish ... time of 3:14.58 ranks fourth in program history ... also placed seventh in the triple jump (44-11 3/4) and 12th in the long jump (21-0 3/4) at the league meet ... competed in the 4x400 at the IC4A Championships ... best triple jump mark of the season (45-9 1/4) came at the Bucknell Team Challenge ... placed fifth at the home meet ... career-best 21-10 in the long jump earned him second place at the Maroon & Gold Invitational ... **Personal:** Son of Phillip and Debby Tapper ... has a brother, Bryan ... lettered in indoor and outdoor track ... also earned freshman letters in baseball and soccer ... named All-Conference in track & field ... captained track team ... majoring in biomedical engineering ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

**↑ CAREER BESTS ↑**

Indoor	
400	50.51
500	1:05.70
Long Jump	22-2 1/4
Triple Jump	45-11 3/4
Outdoor	
400	49.88
Long Jump	21-10
Triple Jump	45-9 1/4



**Laddie Trees**  
Sophomore  
Javelin  
Washington, D.C.  
Deerfield Academy (Mass.)

**\*\*Ranks seventh at Bucknell in javelin (208-7).\*\***

**2011-12: [Outdoors]** Javelin specialist ... placed third at the Patriot League Championships with a mark of 192-7 ... won his first two collegiate meets - the Towson and Jim Taylor invitationals ... career-best throw of 208-7 came at Towson ... mark ranks seventh all-time at Bucknell ... placed 12th (192-7) in the college division of the Penn Relays ... earned an IC4A-qualifying mark in all six meets ... two-time Patriot League Rookie of the Week (Apr. 2, Apr. 30) ... **Personal:** Major is undeclared.

**↑ CAREER BESTS ↑**

Outdoor	
Javelin	208-7





**Luke Webster**  
Senior  
Throws  
Pataskala, Ohio  
Newark Catholic

**\*\*Ranks No. 2 at Bucknell in discus (168-6)\*\***

**2011-12: [Indoors]** Placed ninth in the shot put (48-8) and 13th in the weight throw (46-0 ½) at the Patriot League Championships ... best weight throw mark of his career (50-4 ½) came at the Bison Open & Multi ... was first career meet at better than 50 feet ... recorded a personal record of 49-6 ½ in the shot put at the Bucknell Winter Classic for fifth place ... placed fourth in the shot put and fifth in the weight throw at the Bucknell Mini Meet ... **[Outdoors]** At the Patriot League Championships placed third in the discus with a throw of 166-5 ... also placed seventh in the shot put (47-10) and hammer throw (170-6) ... hammer throw mark was a career best ... placed 16th in the discus at the IC4A Championships ... recorded a career-best 168-6 in the discus at the Bucknell Team Challenge, placing second overall ... mark ranks second all-time at Bucknell ... also placed seventh in the shot put and eighth in the hammer at the Bucknell Team Challenge ... broke 50 feet in the shot put for the first time in his career at the Colonial Relays ... finished second at 50-9 ¼ ... placed eighth or better in the discus in six of seven meets ... **2010-11: [Indoors]** Threw a season-best 44-9 ½ in the weight throw at the Bucknell Heptagonal ... mark of 42-9 ½ in the shot put at the Bucknell Winter Classic was a personal record ... earned top-20 finishes in both the weight throw (seventh, 43-6 ½) and shot put (10th, 42-0 ½) at the Gulden Relays ... **[Outdoors]** Patriot League Champion in the discus with a throw of 160-4 ... earned First Team All-Patriot League honors ... career best of 162-2 in the discus came at the Bucknell Team Challenge ... mark ranked fourth all-time at Bucknell ... won the discus in four of seven meets, including the Towson Invitational, Bucknell Team Challenge, Bloomsburg Open and PL Championships ... finished 21st in the discus at the IC4A Championships ... threw a then-career-best 158-5 in the hammer at the Bloomsburg Open, placing third ... **2009-10: [Indoors]** Weight throw specialist ... posted best performance of the winter at the Gulden Relays ... finished seventh with season-best mark of 44-6 at the home meet ... also took 10th in the event at the Akron Quad (41-3 ¾) and Bucknell Heptagonal (41-7 ¼) ... **[Outdoors]** At the Patriot League Championships, finished sixth in the discus with a throw of 148-8 ... also competed in the hammer (17th, 144-10) ... placed fifth in the discus at the Bison Outdoor Classic with a season-best 153-4 ... posted his top hammer throw of the season (145-7) at the Bucknell Team Challenge ... **Personal:** Son of Steve and Cheryl Webster ... lettered four times in track & field and twice in football ... earned First Team All-Ohio as a senior ... also named Newark Catholic MVP in his final season ... First Team Academic All-Ohio selection in 2009 ... member of football team that won the 2007 Division VI State Championship ... honored as 2008 MSL Ohio Division League Scholar-Athlete ... cousin, John Paul Keller, played football at St. Joseph's (Ind.) ... major is chemical engineering ... Dean's List and Patriot League Academic Honor Roll member ... selected to 2011 Academic All-Patriot League Team for outdoor track & field.

**↑ CAREER BESTS ↑**

Indoor	
Weight Throw.....	50-4 1/2
Shot Put.....	49-6 1/2
Outdoor	
Discus.....	168-6
Hammer Throw.....	170-6
Shot Put.....	50-9 1/4



**Nathaniel Witter**  
Junior  
Pole Vault  
Mercersburg, Pa.  
James Buchanan

**\*\*Tied for third at Bucknell in indoor (15-9) and sixth in outdoor (15-3) pole vault.\*\***

**2011-12: [Indoors]** Tied for third at the Patriot League Championships with a career-best 15-9 ... height qualified him for IC4A Championships and tied him for third all-time at Bucknell ... was second consecutive week of at least tying a career-best mark ... cleared 15-3 to tie for first at the Bucknell Winter Classic a week before the league meet ... also tied for first at the Bison Opener with a height of 15-3 ... **[Outdoors]** At the Patriot League Championships took fifth with a career-best-tying 15-3 ... also cleared 15-3 at the Bucknell Team Challenge, earning the win and giving him the sixth-best mark in program history ... **2010-11: [Indoors]** At the Patriot League Championships placed 13th (14-3) ... took second at the Bison Open & Multi, clearing a career-best 15-3 ... mark is tied for ninth in program history ... tied for fourth (14-9) in the pole vault at the Bison Opener ... **[Outdoors]** Placed fourth in the pole vault (14-9) at the Patriot League Championships ... tied for first at the Bloomsburg Open ... cleared 15-1 at Bloomsburg, then his best height at meets contested outdoors ... cleared 15-3 indoors at the Bucknell Team Challenge, placing fourth ... **Personal:** Son of Tim and Linda Witter ... has a sister, Leah ... lettered in soccer and track & field ... captained both squads ... finished third at PIAA State Championships in pole vault as a junior ... Mid-Penn Conference champion in the pole vault ... named to Mid-Penn Conference First Team in soccer ... also a *Public Opinion* Tri-State Area Senior All-Star in soccer ... majoring in civil engineering ... Patriot League Academic Honor Roll member.

**↑ CAREER BESTS ↑**

Indoor	
Pole Vault.....	15-9
Outdoor	
Pole Vault.....	15-3



**Robert Yamnicky**  
Senior  
Cross Country/Distance  
Shelton, Conn.  
Shelton

**2011-12: [Cross Country]** Won the Father Bede Invitational (16:09 at 5K) and earned Patriot League Runner of the Week honors for the performance ... placed 73rd overall at the Patriot League Championships (28:17 at 8K) ... **[Indoors]** At the Patriot League Championships took 22nd in the 3,000 ... won the event a week earlier in 8:31.06 at the Bucknell Winter Classic ... also took second in the 3,000 at the Bucknell Mini Meet to start his season ... also competed in the mile and 5,000 ... **[Outdoors]** Raced just three times in the spring ... in the steeplechase, placed third at the Maroon & Gold Invitational (9:48.67) and eighth at the Bucknell Team Challenge (9:42.55) ... also competed in the 1,500 at the Colonial Relays ... **2010-11: [Cross Country]** At the Patriot League Championships finished third on the team and 28th overall (25:58 at 8K) ... was also Bucknell's third finisher at the NCAA Mid-Atlantic Regional Championships, taking 89th overall (32:34 at 10K) ... scored for the Bison at three other meets - Duquesne/Pittsburgh, Paul Short Invitational and Pre-National Invitational ... team's second finisher at Pre-Nationals (26:02 at 8K) ... **[Indoors]** Competed primarily in the 3,000 meters ... placed 11th in the 3,000 (8:38.05) at the Patriot League Championships ... took third in the event with a season-best 8:32.91 at the Bucknell Winter Classic ... placed sixth in the mile (4:20.16) at Saturday Night at the Armory ... **[Outdoors]** At the Patriot League Championships placed seventh in the steeplechase (9:28.58) and 15th in the 5,000 (15:25.39) ... won the steeplechase at the Bucknell Team Challenge in 9:29.2 ... also took second (9:43.35) in the event at the Susquehanna Invitational ... ran a career-best 9:25.80 in the steeplechase at the Bison Outdoor Classic ... **2009-10: [Cross Country]** Won the Bloomsburg Open, completing the 7K course in 24:27 ... finish earned him Patriot League Rookie of the Week honors ... placed 43rd at Patriot League Championships (28:04 at 8K) ... drew top-30 finishes at Colgate's Harry Lang Invitational (24th, 22:00 at 6,400m) and Duquesne (21st, 27:01 at 8K) ... **[Indoors]** Finished in top five in first two career mile races, taking fourth (4:26.72) at the Gulden Relays and fifth (4:21.03) at the Akron Quad ... performance at Akron Quad earned him Patriot League Rookie of the Week honors ... took fifth in the 3,000 (8:52.84) at the Bison Open & Multi ... **[Outdoors]** Competed primarily in the steeplechase ... ran a season-best 9:42.6 in the event to take sixth at the Bucknell Team Challenge ... finished fourth in the steeplechase at the Susquehanna Invitational with a time of 9:59.57 ... placed third in the 5,000 (15:28.02) at the Bloomsburg Invitational ... **Personal:** Son of Bob and Maureen Yamnicky ... four-year letterwinner in indoor and outdoor track ... also earned three letters in cross country ... named All-SCC and All-State in all three sports ... served as captain for outdoor track squad ... majoring in accounting ... member of Patriot League Academic Honor Roll.

**↑ CAREER BESTS ↑**

Indoor	
1,000.....	2:33.48
Mile.....	4:20.16
3,000.....	8:31.06
Outdoor	
1,500.....	4:08.72
Steeplechase.....	9:25.80
5,000.....	14:49.50



**Scott Weismiller**  
Junior  
Pole Vault  
Mahwah, N.J.  
Don Bosco Prep

**2011-12: [Indoors]** Cleared a season-best 14-9 at the Patriot League Championships to place 10th ... finished fourth in the pole vault at the Bucknell Mini Meet (13-11 ¼), Youngstown State Invitational (14-7 ¼) and Bucknell Winter Classic (14-3 ¼) ... **[Outdoors]** Tied for fifth at the Bison Outdoor Classic with a career-best 14-9 ... placed third the following week at the Bucknell Team Challenge, clearing 14-3 ¼ ... also took fifth at the Towson Invitational ... **2010-11: [Indoors]** Placed sixth in the pole vault at the Patriot League Championships ... cleared 15-3 at the league meet for a career best and the then-ninth-best vault in program history ... was also his first career performance at better than 15 feet ... tied for first in the pole vault (14-9) at the Bucknell Heptagonal ... **[Outdoors]** Competed just twice in the spring ... tied for second (13-5 ¼) at the Towson Invitational ... tied for third at the Colonial Relays with a career-best 14-7 ¼ ... **Personal:** Son of Mark and Linda Weismiller ... has two sisters, Melanie and Julie ... lettered in indoor and outdoor track at Don Bosco Prep ... served as team captain ... named First Team All-League and Second Team All-Country ... earned Finish Line Club and Ironman awards ... named MVP of indoor track team ... set Bergen County freshman pole vault record ... majoring in biology ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

**↑ CAREER BESTS ↑**

Indoor	
Pole Vault.....	15-3
Outdoor	
Pole Vault.....	14-9



**Ted Mottola**



**Victoria Schmidt**

# Student-Athlete Profiles

## WOMEN'S PROFILES



### Emily Ando

Junior  
Pole Vault  
Weston, Conn.  
Weston

**\*\*Ranks third at Bucknell in outdoor pole vault (12-1 1/2); Ranks fifth in indoor (11-9 3/4) pole vault; Tied for sixth in indoor high jump (5-5).\*\***

**2011-12: [Indoors]** Patriot League Champion in the pole vault with a career-best-tying 11-9 3/4 ... performance earned First Team All-League honors ... also placed fourth in the high jump at the league meet, clearing a career-best 5-5 ... height ties her for sixth all-time at Bucknell ... competed in the pole vault at the ECAC Championships ... won the pole vault at the Bucknell Mini Meet (10-8) and Bucknell Winter Classic (11-9 3/4) ...

cleared 11 feet for the first time of the season at the Bison Open & Multi, tying for fourth (11-3 3/4) ... **[Outdoors]** Won second Patriot League title of the year, clearing 12-1 1/2 in the pole vault ... height was a career best and ranks third in program history ... was first career meet at better than 12 feet ... also tied for fifth in the high jump at the Patriot League Championships ... height of 5-3 tied her career best ... also won the pole vault at the Bucknell Team Challenge (11-7 3/4) and the Maroon & Gold Invitational (11-1 3/4) ... competed in the pole vault at the ECAC Championships ... **2010-11: [Indoors]** Placed fourth at the Patriot League Championships in the pole vault (11-3 3/4) ... earned top-three finishes in the pole vault at the Bison Opener, Gulden Relays,



Bison Open & Multi and Bucknell Winter Classic ... cleared 11-5 3/4 at the Winter Classic, then ranking fifth all-time at Bucknell ...

**[Outdoors]** Scored in the pole vault (fourth, 11-1 3/4) and the high jump (t-sixth, 5-3) at the Patriot League Championships ... league meet was her first high jump competition ... broke into the program top 10 with a win at the Towson Invitational, clearing 10-6 in the pole vault ... improved her career best to 11-3 3/4 at the Bloomsburg Open, then ranking fifth in program history ...

**Personal:** Daughter of Sara and Bruce Ando ... has a brother, Bruce ... lettered in track and soccer at Weston High School ... named All-State four years ... also a New England, state and SWC Conference champion ... held the Connecticut state record for two years ... also holds Weston school record in pole vault and high jump ... majoring in international relations.

#### ➤ CAREER BESTS ➤

Indoor	
Pole Vault	11-9 3/4
High Jump	5-5
Outdoor	
Pole Vault	12-1 1/2
High Jump	5-3



Caroline Tolli  
4x PL Champion



Alex Prieto



### Beth Brauneegg

Junior  
Mid-Distance/Cross Country  
Williamsport, Pa.  
Loyalsock Twp.

**\*\*Member of outdoor 4x800 relay that holds school record (8:44.94); Ranks No. 2 at Bucknell in 1,000m (2:53.33); Ranks No. 9 in mile (4:59.50); Ranks No. 5 in outdoor 800m (2:11.74); Member of indoor 4x800 relay that ranks sixth (9:01.92); Member of indoor distance medley relays that rank No. 3 (11:41.76), No. 4 (11:51.47) and No. 9 (11:59.78).\*\***

**2011-12: [Indoors]** Placed third in the 1,000 (2:57.11) and the 4x800 (9:01.92) at the Patriot League Championships ... relay's time ranks sixth in program history ... also placed seventh in the mile at the league meet (5:03.68) ... set the then-school record in the 1,000 at 2:53.73 at the Penn State National Invitational ... held record for one week ... named Bison Athlete of the Week (Jan. 30) after breaking the record ... improved her career best in the event to 2:53.33, one second shy of teammate Hana Casalnova's new school record, in the ECAC Championships prelims ... won the 1,000 (3:02.33) at the Bucknell Mini Meet and the 800 (2:14.84) at the Youngstown State Invitational ... ran a career-best mile of 4:59.50, which ranks ninth all-time at Bucknell, at the Gulden Invitational ... also anchored the winning 4x800 at the Gulden Invite ... led off for the sixth-place distance medley relay at the Colonial Relays ... relay finished in 11:41.76, which ranks third in program history and qualified it for the ECAC Championships ... **[Outdoors]** Member of the winning 4x800 relay that set Bucknell and Patriot League records

#### ➤ CAREER BESTS ➤

Indoor	
800	2:14.84
1,000	2:53.53
Mile	4:59.50
Outdoor	
800	2:11.74
1,500	4:35.93

(8:44.94) at the Patriot League Championships ... earned First Team All-League honors ... also placed fifth in the 800 (2:12.30) at the league meet ... ran a career-best 2:11.74 for second place in the 800 at the Bucknell Team Challenge ... time at the home meet ranks fifth in program history ... also took second in the 800 to open the season at the Towson Invitational ... ran a career-best 4:35.93 in the 1,500 at the Bison Outdoor Classic ... member of the winning 4x800 at the Bucknell Team Challenge ... competed in the 4x800 at the ECAC Championships ... **[Cross Country]** At the Patriot League Championships placed 40th overall (23:48 at 6K) ... earned first top-10 finish of her career at the Bison Open (10th, 18:19 at 3 miles) ... finished 15th overall at the Duquesne/Pittsburgh Tri-Meet (18:58 at 5K) ... placed third on the team and 49th overall at the ECAC Championships (19:23 at 5K) ... **2010-11: [Indoors]** Finished fifth in the 1,000 (2:58.44) at her debut Patriot League Championships ... also led off the distance medley that placed third (12:19.52) at the league meet ... earned All-East honors as part of the seventh-place distance medley relay at the ECAC Championships ... time of 11:51.47 at ECACs ranked third at Bucknell ... ran a then-career-best 2:54.75 in the 1,000 at the Bucknell Winter Classic ... time ranked sixth in program history and qualified her for the ECAC Championships ... named the Patriot League Rookie of the Week following the Winter Classic ... also competed in the mile, posting a season-best 5:10.91 at the Bucknell Heptagonal ... **[Outdoors]** Helped the 4x800 relay to a second-place finish at the Patriot League Championships in 9:04.04 ... also competed in the 1,500 (seventh, 4:04.82) and the 800 (12th, 2:18.35) at the league meet ... ran a season-best 2:16.13 in the 800 at the Bucknell Team Challenge, placing second ... **[Cross Country]** Competed three times in the fall ... finished 71st at the ECAC Championships, completing the 5K course in 19:55 ... also placed 48th in the open race at the Paul Short Invitational ... ran 23:49 over 6K in the race ... **Personal:** Daughter of Paul and Patricia Brauneegg ... has two sisters, Emily and Ali ... lettered in soccer and track ... two-time Class AA state qualifier in the 1,600 ... District 4 AA bronze medalist in the 1,600 and 800 in 2009 ... placed second in 1,600 and fourth in 800 in District 4 AA in 2010 ... also finished 10th in the state in the 1,600 in 2010 ... team captain ... member of soccer team that won PIAA Class AA state title in 2009 ... 2008 soccer team was PIAA District 4 Class AA champions ... majoring in biology ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.



### Sarah Canfield

Junior  
Jumps/Multi  
Scotch Plains, N.J.  
Scotch Plains

**2011-12: [Indoors]** Competed in the pentathlon (10th), triple jump (13th) and long jump (17th) at the Patriot League Championships ... pentathlon total of 2,691 points was a career best ... broke 35 feet in the triple jump for the first time in her career at the Bison Opener ... finished eighth with a mark of 35-2 at the home meet ... best long jump mark of her career (17-3 1/2) earned fourth place at the Bison Open & Multi ... also placed 11th in the triple jump (34-7) at the Open & Multi ...

**[Outdoors]** At the Patriot League Championships placed eighth in the heptathlon (3,543) ... recorded a season-best 17-4 in the heptathlon long jump at the league meet ... also posted a season best in the 100 hurdles ... tied for ninth in the high jump (5-1) at the Bison Outdoor Classic ... **2010-11: [Indoors]** Recorded a then-career-best 16-9 3/4 in the long jump at the Bison Open & Multi, taking fourth place ... also finished fourth in the triple jump at the Gulden Relays with a then-career-best 34-1 1/2 ... **[Outdoors]** Placed fifth in the long jump at the Patriot League Championships ... recorded a career-best jump of 18-3 to move into the program top 10 ... performance was the first of her career at better than 17 feet ... also finished ninth in the triple jump (35-8) at the league meet ... earned a season-best 36-3 1/2 to win the triple jump at the Bloomsburg Open ... **Personal:** Daughter of Lynn and Jim Canfield ... has two brothers, Bryan and Matt ... lettered in soccer and indoor and outdoor track & field ... captained all three sports ... named NJSIAA Scholar-Athlete ... state sectional champion in track & field ... All-State selection in soccer ... neuroscience major ... member of Patriot League Academic Honor Roll and Bucknell Dean's List.

#### ➤ CAREER BESTS ➤

Indoor	
Pentathlon	2,691
60 Hurdles	10.26
800	2:51.75
High Jump	5-0 1/4
Shot Put	23-6
Long Jump	17-3 1/2
Triple Jump	35-2
Outdoor	
Heptathlon	3,543
100 Hurdles	17.21
200	28.28
800	2:52.21
Javelin	80-4
High Jump	5-1
Long Jump	18-3
Triple Jump	36-3 1/2



**Alyssa Cardillo**  
 Junior  
 Jumps  
 Bath, Pa.  
 Bethlehem Catholic

**2011-12: [Indoors]** Placed seventh in the long jump at the Patriot League Championships ... mark of 17-10 3/4 tied a career best ... also cleared 17-10 3/4 to tie for the win at the Bison Open & Multi and for fifth place at the Youngstown State Invitational ... took second in the long jump (17-8 1/4) at the Bucknell Winter Classic ... placed fourth in the long jump (17-3 1/4) and the 60 (8.41) at the Bucknell Mini Meet ... ran a season-best 8.22 in the 60 prelims at the Bison Opener ... **[Outdoors]** Competed just once in the spring ... took fourth in the long jump (17-0) at the Maroon & Gold Invite ... **2010-11: [Indoors]** Placed third in the long jump at the Bison Opener with a career-best 17-2 3/4 ... also took sixth in the event at the Golden Relays and seventh at the Bucknell Winter Classic ... **[Outdoors]** Finished ninth in the long jump at the Patriot League Championships, clearing 17-10 1/4 ... also competed in the triple jump at the league meet ... recorded a career-best 17-11 1/2 in the triple jump to place second at the Bloomsburg Open ... also finished second in the long jump at the Bucknell Team Challenge and third at the Towson Invitational ... **Personal:** Daughter of Jim and Lorri Cardillo ... has two siblings, James and Marissa ... lettered four times in outdoor track, three times in cross country, twice in indoor track and once in field hockey at Bethlehem Catholic High School ... conference long jump champion and PIAA District XI 2A 200 champion in 2009 ... placed eighth with 4x400 relay at 2009 State Championships ... state qualifier in indoor and outdoor long jump in 2010 ... All-League selection in long jump in 2009 ... named All-Area *Express Times* First Team in the 200 in 2009 ... also named All-Area *Express Times* First Team in the long jump in 2010 ... selected high school's outdoor team's Most Valuable Field Athlete as a freshman and junior ... also a team MVP indoors and outdoors as a senior ... majoring in political science and Classics ... member of the Bucknell Dean's List and Patriot League Academic Honor Roll.

**★ CAREER BESTS ★**

Indoor	
Long Jump	17-10 3/4
Outdoor	
Long Jump	17-11 1/2
Triple Jump	33-3



history ... also scored with a sixth-place finish in the 4x400 (3:57.51) at the league meet ... broke into the program's top 10 in the 800 at Saturday Night at the Armory, placing second (2:14.57) ... also moved into 10th at Bucknell in the 500 at the Bucknell Heptagonal (1:16.81) ... two-time Patriot League Rookie of the Week (Jan. 17, Jan. 31) ... **[Outdoors]** Competed primarily at 800 meters ... scored at the Patriot League Championships in the 800 (fourth, 2:11.29) and 4x400 (third, 3:54.01) ... also earned Second Team All-Patriot League honors in the 4x800 (second, 9:04.04) ... named All-East in the 4x800 with a fourth-place finish at the ECAC Championships ... set program top-10 times in the prelims (8:58.01) and finals (8:58.04) of ECACs ... **[Cross Country]** Earned top-30 finishes in each of her first two races ... finished 24th at the Bucknell Open (19:02 at 3 miles) and 28th in tri-meet with Duquesne and Pittsburgh (19:53 at 5K) ... **Personal:** Daughter of Etta and Charlie Casanova ... has two younger sisters, Abby and Claire ... lettered four times in track and twice in tennis ... captained both squads as a senior ... named All-State in the 800 in 2009 ... state medalist in the 400 once and the 800 three times ... set school records in the 400, 800, 1,600 and 4x800 and 4x400 relays ... three-time District 10 champion in the 800 and 400 ... also a District 10 champion in the 4x400 in 2009 ... 2010 Tennis District 10 Finalist in singles ... competed in the 800 at the 2011 USA Junior Track & Field Championships, placing 12th ... majoring in biomedical engineering ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List ... 2012 Academic All-Patriot League Team selection in outdoor track & field.



**Kamal Riley**  
 2x All-PL Selection



**Hana Casanova**  
 Junior  
 Mid-Distance/Cross Country  
 Grove City, Pa.  
 Grove City

**\*\*Holds Bucknell school record in 1,000m (2:52.33); Member of outdoor 4x800 relays that hold school record (8:44.94) and rank No. 8 (8:58.01) and No. 9 (8:58.04); Ranks No. 6 in indoor 800m (2:13.88); Ranks No. 3 in outdoor 800m (2:09.90); Ranks No. 4 in 1,500m (4:31.14); Ranks No. 10 in 500m (1:16.81); Member of indoor 4x800 relay that ranks No. 6 (9:01.92); Member of indoor distance medley relays that rank No. 3 (11:41.76) and No. 7 (11:56.72); Member of indoor sprint medley relay that ranks No. 5 (4:11.91); Member of outdoor distance medley relays that rank No. 2 (11:45.88), No. 3 (11:46.77) and No. 10 (12:02.10).\*\***  
**2011-12: [Indoors]** Earned Second Team All-Patriot League honors with a second-place finish in the 800 at the league championships ... ran a career-best 2:13.88 at the league meet, giving her the sixth-fastest time in program history ... also claimed First Team All-League accolades as a member of the winning 4x400 (3:54.43) at the PL Championships ... anchored the 4x800 to a third-place finish (9:01.92) at the league meet ... time ranks sixth in program history ... broke teammate Beth Braunegg's one-week-old school record in the 1,000 at the Youngstown State Invitational, taking second in 2:52.96 ... was first career 1,000-meter race ... improved the 1,000 record to 2:52.33 in the prelims at the ECAC Championships ... ultimately finished ninth at ECACs ... won the mile (5:01.25) at the Bison Opener and the 500 (1:17.35) at the Bucknell Winter Classic ... 500 time at the Winter Classic was a season best ... helped distance medley relay to a sixth-place finish at the Penn State National Invitational ... relay's time of 11:41.76 ranks third in program history ... **[Outdoors]** Named First Team All-Patriot League after anchoring the winning 4x800 relay at the league championships ... team finished in 8:44.94, setting Bucknell and Patriot League records ... also finished third in the 800 with a career-best 2:09.90, which ranks third in program history, and sixth in the 4x400 (3:56.23) at the league meet ... competed in the 800 at the ECAC Championships ... won the 1,500 at the season-opening Towson Invitational and the 800 at the Bucknell Team Challenge with a then-career-best 2:10.70 ... ran a personal record in the 1,500 (4:31.14) for 12th place at the Bison Outdoor Classic ... 800 time of 2:10.95 at the Outdoor Classic was also a then-career-best ... helped distance medley relay to a third-place finish in 11:45.88 at the Colonial Relays, giving it the second-fastest mark in program history ... **[Cross Country]** At the Patriot League Championships placed 23rd with a 6K time of 23:22 ... finished among the team's top seven on three occasions - Gettysburg Invitational, PL Championships and ECAC Championships ... team's top finisher at ECACs (25th, 19:03 at 5K) ... placed among top 20 in three varsity races ... **2010-11: [Indoors]** Placed fourth at the Patriot League Championships in the 500 (1:17.42) and as part of the 4x800 (9:05.27) ... relay's time was then the 10th-fastest in program

**★ CAREER BESTS ★**

Indoor	
400	59.66
500	1:16.81
800	2:13.88
1,000	2:52.33
Outdoor	
800	2:09.90
1,500	4:31.14

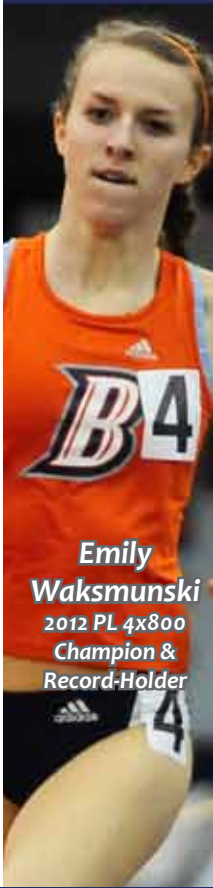


**Allison Daley**  
 Sophomore  
 Hurdles  
 Menlo Park, Calif.  
 Burlingame

**2011-12: [Indoors]** Competed twice during the winter ... tied for 12th in the 200 (29.60) at the Susquehanna Crusader Classic ... took 17th in the 800 (2:29.15) at the Bucknell Winter Classic ... **[Outdoors]** Competed almost exclusively in the 400 hurdles ... placed sixth in the event at the Patriot League Championships with a career-best 1:04.31 ... won the hurdles at the Maroon & Gold Invitational the previous week ... improved her time in the event in each of the first four meets of the season ... led off 4x400 relay that finished fifth (4:03.64) at the Bucknell Team Challenge ... **Personal:** Daughter of Peter and Holly Daley ... has a sister, Lauren, who graduated from Bucknell in 2012 ... lettered in track, soccer and tennis at Burlingame High School ... four-time All-County selection in track ... also a four-time Central Coast Section top-six finisher in the 300 hurdles ... qualified for the CIF State Championships as a junior and senior ... named team's MVP all four years ... also named All-County and All-League three times in soccer ... member of soccer teams that were PAL and Central Coast Section Champions as a freshman and sophomore ... major is undeclared ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

**★ CAREER BESTS ★**

Indoor	
800	2:29.15
Outdoor	
400 Hurdles	1:04.31



**Emily Waksmunski**  
 2012 PL 4x800  
 Champion &  
 Record-Holder

# Student-Athlete Profiles



**Chris Oesterlin**  
2012 All-East Selection



**Maddie Dulac**  
Sophomore  
Cross Country/Distance  
Baltimore, Md.  
McDonough School

**\*\*Ranks fourth at Bucknell in the mile (4:57.26); Ranks sixth in the indoor 3,000m (9:55.00).\*\***

**2011-12: [Cross Country]** Scored by placing fifth on the team and 109th overall at the Penn State National Invitational (23:45 at 6K) ... finished sixth among Bison at the Paul Short Invitational (23:23 at 6K) ... placed 51st overall in Patriot League Championships debut (24:12 at 6K) ... **[Indoors]** At the Patriot League Championships placed fourth in the mile (4:57.26) and sixth in the 3,000 (9:57.79) ... both times were ECAC-qualifying marks ... mile time at the league meet is also the fourth-fastest in program history ... competed in the mile at the ECAC Championships ... finished third in the 3,000 at the Youngstown State Invitational ... time of 9:55.00 ranks sixth at Bucknell ... also took third place in the 3,000 at the Gulden Invitational and in the 1,000 at the Bucknell Mini Meet ... **[Outdoors]** Did not compete ... **Personal:** Daughter of Ane Lintvedt-Dulac and Marc Dulac ... four-year letterwinner in cross country and indoor and outdoor track ... captained all three teams as a senior ... named *Baltimore Sun* All-Metro First and Second Team at the McDonough School ... *Baltimore Sun* Performer of the Year in cross country and indoor track as a senior ... major is undeclared ... Patriot League Academic Honor Roll member.

**↑ CAREER BESTS ↑**

Indoor	
Mile	4:57.26
3,000	9:55.00



**Betsy Edinger**  
Sophomore  
Cross Country/Distance  
Greenwich, N.Y.  
Greenwich Central

**2011-12: [Cross Country]** At the Patriot League Championships scored with a 15th-place finish (23:09 at 6K) ... won the Father Bede Invitational with a 19:42 time over 5K ... was named Patriot League Rookie of the Week for the performance ... placed 78th overall and fourth on the team at the NCAA Mid-Atlantic Championships (20:41 at 6K) ... completed 6K course at Penn State National Invitational in 24:21 ... **[Indoors]** Debuted at the Bucknell Mini Meet with a second-place finish in the 1,000 (3:03.96) ... ran a career-best 2:56.85 in the 1,000 for third place at the Penn State National Invitational ... placed sixth in the 1,000 (3:02.80) and seventh in the mile (5:10.29) at the Gulden Invitational ... competed in the 4x800 at the ECAC Championships ... **[Outdoors]** Ended the season with a win in the 1,500 (4:48.57) at the Maroon & Gold Invitational ... ran a career best in the 1,500 (4:42.02) for ninth place at the Bucknell Team Challenge ... took third in the 3,000 at the Bison Outdoor Classic ... anchored the winning 4x800 at the Bucknell Team Challenge ... **Personal:** Daughter of Darcy May and Gregory Edinger ... has a sister, Virginia May ... earned 13 letters at Greenwich Jr./Sr. High School ... member of four-time Wasaren League Championship team in cross country ... squad also won three Section 2 titles and four state titles ... Wasaren League individual champion in cross country as a senior ... placed fourth as an individual at

**↑ CAREER BESTS ↑**

Indoor	
800	2:19.44
1,000	2:56.85
Mile	5:10.29
Outdoor	
1,500	4:42.02
3,000	10:30.30



**Kathryn Wahls**



the New York State Championships ... also won league titles in 3,000m, 1,500m, 800m and 4x400 as a senior ... team won league title in 2011 ... received Bemus Track and Field Award, Scholar-Athlete Award and Sean French Memorial Sportsmanship Award ... major is undeclared ... Patriot League Academic Honor Roll member.



**Leah Goeke**  
Senior  
Cross Country/Distance  
Garnet Valley, Pa.  
Garnet Valley

**\*\*Ranks No. 3 at Bucknell in steeplechase (11:02.70).\*\***

**2011-12: [Cross Country]** Began season with back-to-back top-10 finishes ... placed eighth at the Bucknell Open (18:10 at 3 miles) and seventh at the Duquesne/Pittsburgh Tri-Meet (18:36 at 5K) ... finished 61st at the ECAC Championships with a 5K time of 19:30 ... **[Indoors]** Competed primarily in the mile ... ran a career-best 5:12.68 for fifth place at the Bucknell Winter Classic ... also took fourth in the event at the Bucknell Mini Meet ... placed fifth in the 3,000 (10:18.63) at the Youngstown State Invitational ... **[Outdoors]** At the Patriot League Championships earned Second Team All-League honors in the steeplechase, placing second in 11:02.70 ... time was a career best and ranks third in Bucknell history ... also competed in the 5,000 (23rd) at the league meet ... took second in the steeplechase at the Bucknell Team Challenge ... ran a career-best 4:46.17 in the 1,500 at the Bison Outdoor Classic ... **2010-11: [Cross Country]** Competed in each of the first three races of the season ... finished 10th at the Bucknell Open, completing the three-mile course in 18:21 ... also placed 16th vs. Duquesne and Pittsburgh (19:22 at 5K) ... earned a top-30 finish in the open race at the Paul Short Invitational ... **[Indoors]** Raced just twice during the winter ... placed second in the 3,000 at the Bucknell Winter Classic in 10:25.55 ... also finished ninth in the mile (5:19.54) at the Bucknell Heptagonal ... **[Outdoors]** Won the Patriot League steeplechase title with a then-career-best 11:03.44 ... time ranked third in program history ... earned First Team All-Patriot League accolades for the first time in her career ... placed second in the event at the Susquehanna Invitational (11:26.54) and the Bucknell Team Challenge (11:20.7) ... **2009-10: [Cross Country]** Posted best finish of the season at Duquesne, placing 12th with a 5K time of 19:08 ... finished 18th at the season-opening Harry Lang Invitational (17:29 at 5K) ... claimed 78th at the Patriot League Championships (26:19 at 6K) ... **[Indoors]** Competed primarily in the 3,000 ... ran a season-best 10:33.18 at the Bison Open & Multi to finish sixth ... also competed in the mile at the Bucknell Heptagonal, placing seventh in 5:17.72 ... **[Outdoors]** Won the 3,000 steeplechase at the Bloomsburg Invitational ... time of 11:34.73 was a season best ... placed seventh in the event at the Patriot League Championships (11:45.8) ... also earned top-10 finishes in the 3,000 (ninth, 10:42.08) and 800 (10th, 4:55.71) at the Bucknell Team Challenge ... **Personal:** Parents are Rick and Kathy Goeke ... has a brother, Ian ... lettered four times in both cross country and track ... three-year captain of cross country team at Hudson and Garnet Valley high schools ... also served as captain of track team at Garnet Valley for two years ... two-year Scholar-Athlete in both sports at Hudson ... named All-Ohio in cross country in 2005 ... three-time MVP in cross country and track ... named Academic All-Ohio for cross country in 2006 ... selected as Hudson's Rookie of the Year for track in 2006 ... two-time All-Delaware County selection for cross country ... All-Delaware County Honorable Mention in the 1,600 in 2008 and 2009 ... Pennsylvania state qualifier in cross country as a senior ... also qualified for state championships in the 1,600m, 3,200m and 4x400 in 2008 ... 2009 state qualifier in the 800m, 1,600m, 3,200m and 4x800 relay ... set Garnet Valley school record in the 800 ... member of National Honor Society ... majoring in biology ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

**↑ CAREER BESTS ↑**

Indoor	
Mile	5:12.68
3,000	10:18.63
Outdoor	
1,500	4:46.17
Steeplechase	11:02.70
5,000	19:05.75



## Erin Holbrook

Junior  
Mid-Distance/Cross Country  
East Aurora, N.Y.  
East Aurora

**\*\*Member of outdoor 4x800 relays that rank eighth (8:58.01) and ninth (8:58.04) in Bucknell history.\*\***

**2011-12: [Indoors]** Ran a season-best 2:19.98 in the 800 for sixth place at the Youngstown State Invitational ... also took eighth in the event at the Gulden Invitational and Bucknell Winter Classic ... placed third in the 1,000 at the Bison Opener, clocking a career-best 3:03.76 ... competed in the 4x800 at the ECAC Championships ... member of 4x400 relay that finished second at the Bucknell Mini Meet ... **[Outdoors]** Did not compete ... **[Cross Country]** Raced four times in her second season ... began fall with a 31st-place finish at the Bison Open (19:22 at 3 miles) ... placed 92nd overall at the ECAC Championships (19:53 at 5K) ... also competed at the Duquesne/Pittsburgh Tri-Meet and Gettysburg Invitational ... **2010-11: [Indoors]** Scored in the 800 (fourth, 2:17.95) and the distance medley relay (third, 12:19.52) at the Patriot League Championships ... ran a career-best 2:17.95 in the 800 at the league meet ... placed third in the 800 at the Bison Open & Multi (2:21.01) and the Bucknell Winter Classic (2:20.63) ... named Patriot League Rookie of the Week after running a then-career-best 2:20.63 in the 800 at Yale's Giegengack Invitational ... **[Outdoors]** Earned All-East honors as part of the fourth-place 4x800 relay at the ECAC Championships ... relay ran program top-10 times in the prelims (8:58.01) and finals (8:58.04) of the ECACs ... ran a career-best 2:15.86 in the 800 at the Bloomsburg Open, placing third ... also finished third (2:16.86) in the event at the Bucknell Team Challenge ... **[Cross Country]** Competed three times ... finished 43rd at the Bucknell Open (20:14 at 3 miles) ... **Personal:** Major is political science ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

### ✦ CAREER BESTS ✦

Indoor	
800	2:17.95
1,000	3:03.76
Outdoor	
800	2:15.86
1,500	4:57.05

## Sasha Hornock

Senior  
Sprints/Jumps  
Dover, Pa.  
Dover

**\*\*Tied for school record in 60m (7.75); Member of 4x100 relays that hold the Bucknell school record (47.45) and rank second (47.70); Also a member of the 4x200 relays that hold the school record (1:41.40) and rank ninth (1:45.70); Ranks seventh at Bucknell in 100m (12.25); Ranks eighth in outdoor 200m (25.22); Ranks 10th in indoor 200m (25.84); Member of sprint medley relay that ranks fifth (4:11.91); Tied for ninth in outdoor long jump (18-4 ¼); Seven-time All-Patriot League selection.\*\***

**2011-12: [Indoors]** Named First Team All-Patriot League with a win in the 4x400 (3:54.43) ... also earned Second Team honors in the 60 (7.78) ... tied the Bucknell school record in the 60 prelims at the league meet with a time of 7.75 ... ran a career-best 25.84 in the 200 prelims at the Patriot League Championships, which ranks 10th in program history ... cleared a season-best 17-11 in the long jump for fifth place at the league meet ... won the 60 (7.92) and the 200 (27.07) and placed third in the long jump (17-4 ¼) at the Bucknell Mini Meet ... also won the 60 at the Youngstown State Invitational (7.78) ... competed in the 4x400 at the ECAC Championships ... anchored the winning 4x400 at the Youngstown State Invitational (3:55.56) ... **[Outdoors]** At the Patriot League Championships placed fourth with the 4x100 relay that set the school record at 47.45 ... also placed third in the 100 (12.38) and long jump (18-4 ¼) and fifth in the 200 (25.50) at the league meet ... long jump mark at the PL Championships was her first at better than 18 feet and is tied for ninth all-time at Bucknell ... ran 12.25 in the 100 prelims at the league meet, giving her the seventh-fastest time in program history ... competed in the 4x100 at the ECAC Championships ... placed fifth in the 100 at the Bison Outdoor Classic with a then-career-best 12.31 ... took second in the 100 and fourth in the long jump at the Bucknell Team Challenge ... placed third in the long jump at the Maroon & Gold Invitational ... **2010-11: [Indoors]** Earned First Team All-Patriot League honors with a win in the 60 (7.86) at the Patriot League Championships ... also placed in the long jump (fifth, 17-7 ½), 200 (eighth, 25.91) and 4x400 (sixth, 3:57.51) at the league meet ... 200 preliminary time of 25.85 at the PL Championships ranked ninth in program history ... won the 60 at the Bison Open & Multi in 7.77, which ranks second all-time at Bucknell ... won the long jump with a career-best 18-1 in season debut at the Bison Opener ... also won the long jump at the Bison Open & Multi (18-0 ¼) ... performances in the long jump and 60 at the Open & Multi earned her Susquehanna Valley Limo Bison Athlete of the Week accolades ... placed 16th in the 60 prelims at the ECAC Championships ... **[Outdoors]** Anchored winning 4x100 relay that also set the then-school record (47.70) at the Patriot League Championships and earned First Team All-League honors ... also named Second Team All-League with a second-place finish in the 100 (12.37) and finished fourth in the 200 (25.22) ... 200 time at the league meet ranked eighth in program history ... 100 prelim time (12.33) at the PL Championships ranked seventh in program history ... recorded a season-best 17-5 ½ at the Bison Outdoor Classic and Bucknell Team Challenge ... **2009-10: [Indoors]** Finished second in the 60 at the Patriot League Championships, earning Second Team All-League honors ... time of 7.91 at the championship meet ranked third in Bucknell history ... also scored in the long jump, placing sixth (17-4 ¼) ... first broke onto the program's top-10 list in the 60 with a fourth-place finish at the Gulden Relays (8.02) ... recorded a season-best 17-8 ¼ in the long jump for the win at the Bison Open & Multi ... earned back-to-back Patriot League Rookie of the Week nods (Jan. 26, Feb. 2) ... **[Outdoors]** At the Patriot League Championships helped the 4x100 relay to a second-place finish, earning Second Team All-League honors ... time of 48.42 was tied for ninth all-time at Bucknell ... finished sixth in the 100 at the Patriot League Championships (12.80) ... set a season-best 12.57 in the 100 prelims at the championship meet ... also competed in the 200 (ninth, 26.20) and the long jump (eighth, 17-0) at the Patriot League Championships ... posted a season-best 17-8 in the long jump for 12th at the William & Mary Colonial Relays ... performance helped earn her Patriot League Rookie of the Week honors ... also placed fifth in the long jump (17-6 ¼) and eighth in the 200 (26.13) at the Bucknell Team Challenge ... **Personal:** Daughter of Mark and Diana Hornock ... has a sister, Jamie ... lettered four times in outdoor track & field and six times in cheerleading ... team captain in both track and cheerleading ... three-time all-league selection in track ... named Player of the Year in 2009 ... biology major ... Bucknell Dean's List and Patriot League Academic Honor Roll member ... 2012 Academic All-Patriot League Team selection in indoor and outdoor track & field.

### ✦ CAREER BESTS ✦

Indoor	
60	7.75
200	25.84
Long Jump	18-1
Outdoor	
100	12.25
200	25.22
Long Jump	18-4 ¼

## Erin Horleman

Junior  
Mid-Distance/Cross Country  
Beach Haven, N.J.  
Southern Regional

**\*\*Member of indoor distance medley relay that ranks No. 4 (11:51.47) at Bucknell.\*\***

**2011-12: [Indoors]** At the Patriot League Championships placed third with the distance medley relay (12:15.23) ... also placed 11th in the 500 (1:19.50) at the league meet ... competed in the 4x400 at the ECAC Championships ... took third in the 500 at the Bucknell Winter Classic with a season-best 1:18.59 ... finished second in the 500 (1:21.51), sixth in the 300 (45.38) and seventh in the 200 (29.52) at the Bucknell Mini Meet ... **[Outdoors]** Ran a personal-best 2:16.45 in the 800 at the Bison Outdoor Classic ... also competed in the 400 and 400 hurdles ...

**2010-11: [Indoors]** Earned All-East accolades at the ECAC Championships, helping the distance medley relay to a seventh-place finish in 11:51.47 ... mark ranked third all-time at Bucknell ... helped DMR to a third-place finish (12:19.52) at the Patriot League Championships ... also placed seventh in the 500 at the league meet with a career-best 1:17.91 ... **[Outdoors]** Competed primarily at 400 and 800 meters ... ran a career-best 59.35 in the 400 at the Bucknell Team Challenge, taking seventh ... career-best 800 time of 2:20.10 came at the Bison Outdoor Classic ... **[Cross Country]** Competed twice during the fall ... opened season by placing 54th at the Bucknell Open (20:43 at 3 miles) ... also placed 69th at the Lock Haven River Run (26:19 at 6K) ... **Personal:** Daughter of Susan Walls and Thomas Horleman ... has two siblings, Kerry and Meghan ... lettered in track & field and volleyball at Southern Regional High School ... was a three-time All-American and national relay champion in high school ... major is geography ... member of Patriot League Academic Honor Roll and Bucknell Dean's List.

### ✦ CAREER BESTS ✦

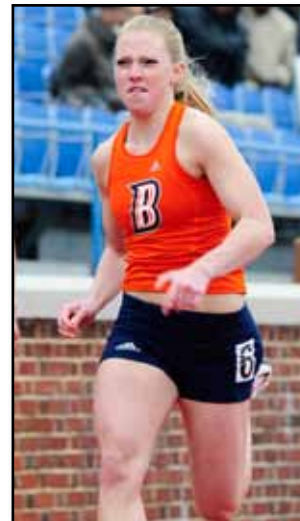
Indoor	
400	1:01.62
500	1:17.91
800	2:21.71
Outdoor	
400	59.35
800	2:16.45



Charles Seigneur



Jennifer Zymet  
4x PL Champion



# Student-Athlete Profiles



Eden Wondra



Kevin Tapper

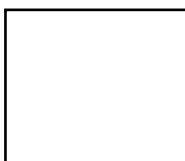


**Katie Jessee**  
Sophomore  
Cross Country/Distance  
Concord, Mass.  
Concord Carlisle

**2011-12: [Cross Country]** At the Patriot League Championships placed sixth on the team and 21st overall (23:19 at 6K) ... finished among the team's top seven on three occasions - Father Bede Invitational, Gettysburg Invitational and PL Championships ... team's top finisher and sixth overall at Gettysburg (24:16 at 6K) ... placed 87th at ECAC Championships (19:50 at 5K) ... **[Indoors]** Competed primarily in the mile ... won the mile (5:13.58) at the Bison Open & Multi ... recorded a career-best time of 5:09.38 in the event at the Bucknell Winter Classic, placing second ... **[Outdoors]** Placed 11th in the 5,000 at the Patriot League Championships ... earned two wins on the season ... took the 3,000 title (10:16.86) at the Bucknell Team Challenge and the 5,000 title (17:34.62) at the Maroon & Gold Invitational ... **Personal:** Daughter of Jim and Kim Jessee ... has three older siblings, Megan, Ryan and Meredith, and a twin brother, Nick ... lettered four times in cross country and indoor and outdoor track ... two-time MVP in all three sports ... three-year Dual County League All-Star in cross country and indoor track ... set school record in mile, 4x800 and 4x1-mile relays ... placed fifth in the mile at the All-State Outdoor Championships ... won the mile at the Eastern Division II Outdoor Championships ... New England Track and Field Championships qualifier in the mile ... served as team captain of indoor and outdoor squads as a senior ... named to *Boston Globe* All-Scholastic Team in cross country and indoor and outdoor track as a senior ... member of the National Honor Society ... major is undeclared ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

▲ CAREER BESTS ▲

Indoor	
Mile	5:09.38
Outdoor	
1,500	4:44.86
3,000	10:16.86
5,000	17:34.62



**Chelsea Lodato**  
Junior  
Mid-Distance/Cross Country  
Matawan, N.J.  
Old Bridge

**2011-12: [Indoors]** At the Patriot League Championships placed fourth in the 800 (2:17.48) ... also helped the distance medley relay to a third-place finish in 12:15.23 at the league meet ... competed in the 4x800 at the ECAC Championships ... ran a career-best 2:16.57 in the 800 for fourth place at the Bucknell Winter Classic ... won the 500 and took fifth in the 200 and 300 at the Bucknell Mini Meet ... **[Outdoors]** Competed primarily in the 400 hurdles for the first time in her career ... ran a career-best 1:05.87 for seventh place at the Bucknell Team Challenge ... placed second at the Maroon & Gold Invitational ... led off the third-place 4x800 at the Bison Outdoor Classic ... also competed in the 4x800 at the ECAC Championships ... helped the 4x400 relay to a fifth-place finish at the Bucknell Team Challenge ... **[Cross Country]** Raced four times ... placed 10th overall at the Father Bede Invitational (20:54 at 5K) ... began season with a 23rd-place finish at the Bucknell Open and a 26th-place finish at the Duquesne/Pittsburgh Tri-Meet ... **2010-11: [Indoors]** Placed fifth in the 800 at the Bucknell Winter Classic ... ran a season-best 2:20.96 at the home meet ... ran the best 1,000 time of her career at the Penn State National Invitational (3:00.22), placing eighth ... earned a fourth-place finish in the 800 (2:23.80) in collegiate debut at the Bison Opener ... **[Outdoors]** Earned top-10 finishes in the 800 (third, 2:20.59) and 1,500 (10th, 4:53.21) at the Towson Invitational ... won the 800 (2:17.95) at the Bison Outdoor Classic ... best time in the 800 came at the Bloomsburg Open in 2:15.92 ... **[Cross Country]** Team's seventh finisher and 93rd overall at the ECAC Championships ... finished 5K race in 20:13 ... placed 21st at the Bucknell Open (18:57 at 3 miles) ... also earned top-30 finishes at the tri-meet with Duquesne and Pittsburgh (27th, 19:53 at 5K) and the Lock Haven River Run (24th, 23:20 at 6K) ... **Personal:** Daughter of Victor Lodato ... has one brother, Victor, who attends the U.S. Naval Academy ... four-year letterwinner in indoor and outdoor track ... also lettered twice in cross country and once in soccer ... member of 2009 Nike Indoor Nationals All-American sprint medley relay ... placed sixth in the Emerging Elite 800 at 2009 Nike Outdoor Nationals ... placed third in the 800 at the indoor Meet of Champions in 2010 and fifth in 2009 ... four-time All-Area and All-Conference First Team selection in the 800 ... three-time All-Area and All-Conference First Team selection in the 4x400 relay ... twice named All-Area and All-Conference First Team in cross country ... major is management ... member of Patriot League Academic Honor Roll.

▲ CAREER BESTS ▲

Indoor	
800	2:16.57
1,000	3:00.22
Outdoor	
400 Hurdles	1:05.87
800	2:15.92



**Laura Lutzker**  
Junior  
Jumps  
Scarsdale, N.Y.  
Scarsdale

**2011-12: [Indoors]** Finished ninth in the high jump at the Patriot League Championships with a height of 5-1 ... tied for first, the first win of her career, at the Bucknell Mini Meet, clearing a career-best 5-3 1/4 ... took fourth at the Gulden Invitational (5-2 1/2) ... **[Outdoors]** Tied for ninth in the high jump at the Patriot League Championships, tying a career best at 5-3 ... cleared 5-1 in four of her previous five meets of the season ... finished second at the Maroon & Gold Invitational ... also competed in the long jump at the Towson Invitational, placing 13th ... **2010-11: [Indoors]** High jump specialist ... placed sixth at the Patriot League Championships, clearing 5-1 ... cleared 5-1 in six of seven meets ... earned a season-best second-place finish at the Gulden Relays ... also tied for third at the Bucknell Winter Classic ... **[Outdoors]** Placed eighth at the Patriot League Championships with a career-best clearance of 5-3 ... tied for first in the high jump at the Bloomsburg Open ... also earned top-five finishes at the Towson Invitational, Bison Outdoor Classic and Bucknell Team Challenge ... **Personal:** Daughter of Sandy and Andy Lutzker ... lettered three times in track & field ... named All-County in indoor and outdoor high jump as a junior and senior ... league high jump champion indoors and outdoors as a senior ... also captained track teams as a senior ... major is management ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

▲ CAREER BESTS ▲

Indoor	
High Jump	5-3 1/4
Outdoor	
High Jump	5-3



**Olivia Massey**  
Senior  
Jumps/Sprints  
Westport, Conn.  
Staples

**\*\*Ranks No. 10 at Bucknell in 60m (8.04).\*\***  
**2011-12: [Indoors]** Competed primarily in the long jump ... competed at the Patriot League Championships but did not place ... posted a season-best 17-4 for seventh place in the event at the Youngstown State Invitational ... also competed in the 60 once ... **[Outdoors]** Competed exclusively in the long jump ... placed sixth at the Patriot League Championships with a season-best 17-8 3/4 ... took second place (17-3 3/4) at the Maroon & Gold Invitational ... **2010-11: [Indoors]** Earned a fourth-place finish in the long jump (17-8 3/4) at the Patriot League Championships ... also competed in the 60 ... recorded a career-best jump of 17-9 at Saturday Night at the Armory, placing ninth ... began the season with a career-best 8.04 in the 60 at the Bison Opener ... time ranked ninth in program annals ... **[Outdoors]** Finished 12th in the long jump at the Patriot League Championships ... earned a career-best in the event at the Bloomsburg Open, winning with a mark of 18-1 3/4 ... top 100 time (13.07) came at the Towson Invitational ... **2009-10: [Indoors]** Opened career with a third-place finish in the long jump at the Bison Opener ... posted a season-best 17-2 3/4 in her debut ... competed in the long jump at the Patriot League Championships, placing 12th (16-10 3/4) ... also competed in the 60 ... **[Outdoors]** At the Patriot League Championships, placed fourth in the long jump with a season-best 17-11 1/2 ... won the long jump at the Bloomsburg Invitational (17-9 3/4) ... took sixth in the event at the Bucknell Team Challenge (17-6) ... **Personal:** Parents are Peter and Pamela Massey ... has a younger sister, Charlotte ... lettered in soccer and track & field at Staples High School ... served as team captain ... named All-FCIAC, All-State and All-New England in long jump ... major is psychology ... Dean's List and Patriot League Academic Honor Roll member.

▲ CAREER BESTS ▲

Indoor	
60	8.04
Long Jump	17-9
Outdoor	
Long Jump	18-1 3/4



KATIE JESSEE & CHELSEA LODATO



## Jessica Matsinger

Sophomore  
Jumps  
Frazer, Pa.  
Great Valley

**2011-12: [Indoors]** Placed fourth in the triple jump at the Patriot League Championships ... mark of 37-0 1/2 was a career best ... also placed ninth in the long jump with a career-best 17-6 at the league meet ... named Patriot League Rookie of the Week after taking second in the triple jump (36-7 1/2) at the Bison Opener ... placed third in both the long jump (17-4) and triple jump (36-10 1/2) at the Bison Open & Multi ... finished fourth in the triple jump at the Youngstown State Invitational (36-0 3/4) and the Bucknell Winter Classic (35-11 1/4) ... **[Outdoors]** At the Patriot League Championships placed fifth in the triple jump (36-9 3/4) ... also competed in the long jump (17th) at the league meet ... recorded career bests in both events at the Bison Outdoor Classic ... cleared 36-11 for 10th place in the triple jump and 17-1 1/4 for 15th in the long jump at the home meet ... was her first meet at better than 16 feet in the long jump and better than 36 feet in the triple jump ... **Personal:** Daughter of Darlene and Mark Matsinger ... has a brother, Mark ... four-year letterwinner in indoor and outdoor track ... also earned two junior varsity letters in soccer and cross country ... served as team captain ... major is undeclared.

### CAREER BESTS

<b>Indoor</b>	
Long Jump	17-6
Triple Jump	37-0 1/2
<b>Outdoor</b>	
Long Jump	17-1 1/4
Triple Jump	36-11



## Yanelis Mestre

Sophomore  
Pole Vault  
Westborough, Mass.  
Noble and Greenough

**\*\*Tied for seventh in outdoor (11-1 3/4) and for 10th in indoor (10-10) pole vault.\*\***

**2011-12: [Indoors]** Placed eighth in the pole vault at the Patriot League Championships, tying her career best of 10-10 ... also cleared 10-10 for eighth at the Youngstown State Invitational ... height places her 10th all-time at Bucknell ... tied for fourth in the pole vault at the Bucknell Mini Meet ... **[Outdoors]** At the Patriot League Championships placed ninth in the pole vault (10-8) ... debuted in the spring by clearing a career-best 11-1 3/4 at the Towson Invitational ... also cleared 11-1 3/4 at the Bison Outdoor Classic and Maroon & Gold Invitational ... height is tied for seventh in program history ... **Personal:** Daughter of Ray Mestre and Katie Curtin-Mestre ... has one sibling, Camilo ... lettered in softball at Noble and Greenough ... high school did not sponsor a track team ... major is undeclared ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

### CAREER BESTS

<b>Indoor</b>	
Pole Vault	10-10
<b>Outdoor</b>	
Pole Vault	11-1 3/4



## Abby Monaghan

Senior  
Throws  
La Plata, Md.  
La Plata

**\*\*Ranks No. 3 at Bucknell in weight throw (56-5 3/4) and No. 4 in discus (151-9).\*\***

**2011-12: [Indoors]** At the Patriot League Championships took third in the weight throw with a career best of 56-5 3/4 ... mark ranks third all-time at Bucknell ... also placed 12th in the shot put (37-6 1/2) at the league meet ... recorded an ECAC-qualifying mark in the weight throw in each of her last three meets of the season ... won the weight throw at the Bison Open & Multi (50-6 3/4) and the Bucknell Winter Classic (53-2 1/4) ... also recorded a career-best 38-11 3/4 in the shot put for fourth place at the Bison Open & Multi ... was first career meet at better than 37 feet in the shot put ... **[Outdoors]** Placed seventh in the discus at the Patriot League Championships (144-7) ... also placed 10th in the hammer throw with a career-best 151-3 at the league meet ... finished 25th in the discus at the ECAC Championships (138-7) ... won the discus at the Colonial Relays and Bucknell Team Challenge ... mark at the Team Challenge was a career best of 151-9 and ranks fourth in program history ... finished second in the

### CAREER BESTS

<b>Indoor</b>	
Weight Throw	56-5 3/4
Shot Put	38-11 3/4
<b>Outdoor</b>	
Discus	151-9
Hammer Throw	151-3

discus behind former teammate Rebecca Misko by .01 meters at the season-opening Towson Invitational (135-11) ... also took sixth in the hammer at Towson ... **2010-11: [Indoors]** Competed primarily in the weight throw ... finished fourth in the event at the Patriot League Championships ... throw of 50-11 was a career-best and ranked ninth in program history ... was her first mark at better than 50 feet ... won the weight throw at the Bucknell Winter Classic ... **[Outdoors]** Placed fourth in the discus at the Patriot League Championships with a then-career-best 144-8 ... mark ranked eighth all-time at Bucknell ... also finished 14th in the hammer (135-8) at the league meet ... placed 22nd in the discus (133-11) at the ECAC Championships ... threw a season-best 147-2 in the hammer for second place at the Bloomsburg Open ... also finished second behind teammate Rebecca Misko in the discus at Bloomsburg ... **2009-10: [Indoors]** Specialized in the weight throw ... recorded her best finish with a second-place throw of 49-0 1/4 at the Gulden Relays ... also took fifth (48-2) at the Bison Open & Multi ... threw 45-3 at the Patriot League Championships, good for 15th ... **[Outdoors]** At the Patriot League Championships took third (133-7) in the discus behind teammates Rebecca Misko and Chelsey Musante ... also finished 13th in the hammer throw with a season-best 142-0 ... recorded season's best discus throw of 137-5 at the Bloomsburg Invitational, taking second ... at the Bucknell Team Challenge finished third in the discus (133-2) and eighth in the hammer (132-4) ... **Personal:** Daughter of James and Stephanie Monaghan ... has four siblings, Meghan, Jackie, Molly and Jimmy ... sister, Meghan, is a member of the Bucknell Class of 2008 ... sister, Jackie, competed in rowing at Rochester University ... lettered in track & field and volleyball at La Plata High School ... captained both teams ... state champion in discus ... earned Varsity Letter Award in track & field ... received Warrior Career Award and Leadership and Service Award in track & field ... All-Conference selection ... majoring in elementary education ... member of Patriot League Academic Honor Roll and Bucknell Dean's List.



Stephanie Bryan



## Kim Nagotko

Sophomore  
Sprints  
Mahwah, N.J.  
Mahwah

**\*\*Member of 4x200 relay that holds school record (1:41.40); Member of outdoor distance medley relay that ranks second (11:45.88); Ranks fourth at Bucknell in indoor 200m (25.61); Ranks third in 300m (41.97).\*\***

**2011-12: [Indoors]** Earned First Team All-Patriot League honors by helping 4x400 to the win in 3:54.43 at the league meet ... also placed third in the 400 (58.46) and fifth in the 200 (25.70) at the Patriot League Championships ... 400 time was a career best ... ran a career-best 25.61 in the 200 prelims at the league meet ... time ranks fourth in program history ... won the 300 at the Bucknell Mini Meet in 41.97, which ranks third all-time at Bucknell ... also won the 400 at the Bison Open & Multi (59.59) ... took second in the 200 at the Bucknell Winter Classic with a then-career-best 25.80 ... helped 4x400 team to the win at the Youngstown State Invitational (3:55.56) ... also competed in the 4x400 at the ECAC Championships ... **[Outdoors]** At the Patriot League Championships placed fourth in the 200 (25.46) and fifth in the 100 (12.42) ... also helped 4x400 relay to a sixth-place performance at the league meet ... ran a career-best 25.41 in the 200 prelims at the PL Championships ... anchored the 4x200 relay that took third at the Colonial Relays and set a school record in 1:41.40 ... performance earned her Patriot League Rookie of the Week honors (Apr. 9) ... best 100 time of the season came at Maroon & Gold Invitational where she placed second in 12.37 ... also competed in the 400 with a career-best 59.13 at the Bison Outdoor Classic ... **Personal:** Daughter of Gene and Janet Nagotko ... has five siblings, Jessie, Jaclyn, Erica, Brian and James ... four-year letterwinner in indoor and outdoor track at Mahwah High School ... named First Team All-League in the 55 meters in 2009 and 2011 ... also named First Team All-League All Around and 100 meters in 2010 ... First Team All-League selection in the 200 meters in 2011 ... First Team All-County in the 55 and 100 meters in 2010 and in the 200 and 300 in 2011 ... member of team that won league and state sectional championships from 2009-11 ... team also won county championship title in 2009 and 2010 ... set six individual records (indoor 55, 200 and 300 meters and outdoor 100, 200 and 400) ... also a member of five record-setting relays (indoor 4x400 and sprint medley, outdoor 4x400, 4x100 and 4x200) ... served as captain of indoor team as a junior and senior ... major is undeclared.

### CAREER BESTS

<b>Indoor</b>	
200	25.61
300	41.97
400	58.46
<b>Outdoor</b>	
100	12.37
200	25.41
400	59.13



Laddie Trees

# Student-Athlete Profiles



**Betsy Edinger**



**Glen Williams**



## Erin Norris

Sophomore  
Javelin  
Skillman, N.J.  
Montgomery

**2011-12: [Outdoors]** Javelin specialist ... finished ninth at the Patriot League Championships (118-0) ... threw a career-best 126-10 for 10th place at the Bison Outdoor Classic ... won the javelin (123-4) at the Maroon & Gold Invitational ... opened career at the Towson Invitational with a fourth-place finish (125-8) ... **Personal:** Daughter of Patty and Jim Norris ... has a brother, Ryan ... lettered in outdoor track & field, basketball and soccer at Montgomery High School ... named All-Skyland Conference and All-Somerset County as a junior and senior ... also an All-Central Jersey selection as a junior and senior ... set high school's javelin record ... served as captain of outdoor track team ... majoring in biology ... Patriot League Academic Honor Roll member.

### ✦ CAREER BESTS ✦

Outdoor	
Javelin	126-10



## Kylie Pearce

Sophomore  
Cross Country/Distance  
Malverne, N.Y.  
Kellenburg Memorial

**2011-12: [Indoors]** At the Patriot League Championships placed 10th in the 1,000 (3:01.10) ... ran a career best in the event for the win at the Bucknell Winter Classic, clocking in at 2:57.64 ... also won the 1,000 at the Bison Open & Multi ... placed third in the 800 at the Gulden Invitational with a personal-best 2:19.93 ... led off for the winning distance medley relay (12:21.16) at the Bison Open & Multi ... also helped 4x400 team to a second-place finish at the Gulden Invitational ... **[Outdoors]** Did not compete ... **[Cross Country]** Raced three times in the fall ... began career with a 36th-place finish at the Bucknell Open (19:34 at 3 miles) ... also competed at the Father Bede Invitational and Gettysburg Invitational ... **Personal:** Daughter of Diane and Steve Pearce ... has a brother, Stephen ... All-League selection in cross country in 2010 ... captained cross country team ... named All-League in indoor track in the 600 as a freshman ... All-League indoors in the 1,500m, 3,000m and 4x800 as a sophomore and junior ... also named All-League indoors in the 1,000m, 3,000m and 4x800 as a senior ... earned All-League honors in the outdoor 3,000 all four years ... All-League selection in the steeplechase sophomore through senior seasons ... also named All-League in 1,500 as a freshman and 4x800 as a junior ... major is undeclared.

### ✦ CAREER BESTS ✦

Indoor	
800	2:19.93
1,000	2:57.64



## Emma Rice

Sophomore  
Sprints  
West Roxbury, Mass.  
Boston Latin School

**\*\*Member of 4x100 (47.45) and 4x200 (1:41.40) relays that hold the school record; Ranks No. 3 at Bucknell in 60m (7.88); Ranks No. 8 in 100m (12.32).\*\***

**2011-12: [Indoors]** At the Patriot League Championships placed eighth in the 60 (8.02) ... ran a career-best 7.88 in the 60 prelims at the league meet, giving her the third-fastest time in Bucknell history ... was first career race under 8 seconds ... also competed in the 200 at the PL Championships ... ran a personal-best 26.16 in the 200 at the Youngstown State Invitational ... also took seventh in the 60 with a then-career-best 8.02 at Youngstown State ... tied for fifth in the 60 and placed sixth in the 200 at the Bison Open & Multi ... **[Outdoors]** Helped 4x100 relay to a fourth-place finish and the Bucknell school record (47.45) at the Patriot League Championships ... also finished sixth in the 100 (12.42) at the league meet ... ran a career-best 12.32 in the 100 prelims at the league meet, giving her the eighth-fastest time at Bucknell ... also ran a personal best (25.89) in the 200 prelims at the PL Championships ... helped 4x200 to a third-place showing and the school record at the Colonial Relays, clocking in at 1:41.40 ... earned top-10 finishes in the 100 (fourth) and 200 (seventh) at the Bucknell Team Challenge ... also placed third in the 100 at the Maroon & Gold Invitational (12.43) ... competed in the 4x100 at the ECAC Championships ... helped 4x100 relay to the win at the Towson Invitational ... **Personal:** Daughter of Ann and Peter Rice ... has a brother, Peter, who runs track at Muhlenberg College ... father also competed in track & field at St. Lawrence University ... four-year letterwinner in indoor and outdoor track at Boston Latin School ... state champion in the 100 as a senior ... also won a state title as part of the indoor 4x200 in 2010 ... twice named team MVP in both indoor and outdoor track ... named *Boston Globe* All-Scholastic in winter 2010 and spring 2011 ... also a three-time *Boston Herald* All-Scholastic selection ... team captain as a junior and senior ... major is undeclared ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

### ✦ CAREER BESTS ✦

Indoor	
60	7.88
200	26.16
Outdoor	
100	12.32
200	25.89



## Alexandra Romanelli

Senior  
Jumps  
Galloway, N.J.  
Absegami

**\*\*Ranks fourth at Bucknell in indoor (38-9 3/4) and 10th in outdoor (38-0 1/4) triple jump; Tied for sixth in indoor long jump (18-3 1/4).\*\***

**2011-12: [Indoors]** Earned Second Team All-Patriot League honors with second-place showings in the long jump and triple jump at the Patriot League Championships ... recorded career bests in both events ... cleared 18-3 1/4 in the long jump, which is tied for sixth all-time at Bucknell, at the league meet ... first career meet at better than 18 feet ... cleared 38-9 3/4 in the triple jump, which ranks fourth in program history at the PL Championships ... won the triple jump at the Bison Open & Multi (37-6 3/4) and the Bucknell Winter Classic (38-7 1/2) with then-personal bests ... also won the long jump at the Bison Open & Multi (17-10 3/4) ... never placed lower than second in the triple jump winning twice and placing second three times ... **[Outdoors]** At the Patriot League Championships finished fourth in the triple jump (37-1 1/4) and fifth in the long jump (17-9) ... recorded a career-best 38-0 1/4 in the triple jump for sixth place at the Bison Outdoor Classic ... mark also ranks 10th all-time at Bucknell ... tied her career best (17-10 3/4) in the long jump at the Colonial Relays ... finished third in the long jump and eighth in the triple jump at the season-opening Towson Invitational ... **2010-11: [Indoors]** Finished fourth in the triple jump with a career-best 37-4 at the Patriot League Championships ... also placed seventh in the long jump (17-7) at the league meet ... recorded a season-best 17-11 in the long jump at the Bucknell Heptagonal ... earned top-10 finishes in both events in four meets ... won the triple jump and took third in the long jump at the Gulden Relays ... **[Outdoors]** Earned another fourth-place finish in the triple jump (37-7 3/4) at the Patriot League Championships ... placed 10th in the long jump (17-10 1/4) at the league meet ... marks in both events were then-career bests ... triple jump performance was the first of her career at better than 37 feet ... earned a season-best third-place finish in the triple jump at the Bucknell Team Challenge ... was also sixth in the long jump at the meet ... **2009-10: [Indoors]** Placed sixth in the triple jump in debut Patriot League Championships ... mark of 36-2 was a season best ... also placed 10th in the long jump with a season-best 17-0 at the league meet ... placed in the top 10 in the long jump at each of the four meets in which she competed in the event and never placed worse than 11th in the triple jump ... also competed in the 60 meters ... **[Outdoors]** Earned a sixth-place finish in the triple jump (36-4 3/4) at the Patriot League Championships ... also took 11th in the long jump with a mark of 16-8 ... set season-best marks in both horizontal jumps at the Bison Outdoor Classic, posting a 36-5 for 10th place in the triple jump and 16-8 3/4 for 17th in the long jump ... **Personal:** Daughter of Teresa and Richard Romanelli ... has a brother, Christopher ... lettered three times in field hockey and twice in indoor and outdoor track & field ... served as captain of all three teams ... named First Team Cape Atlantic League All-Star in high jump in 2008 ... received First Team Cape Atlantic League All-Star honors in long jump and triple jump in 2009 ... also named All Group IV NJ First Team and All-South Jersey First Team in triple jump in 2009 ... 2009 All Group IV NJ Second Team in multi-event ... twice named Honorable Mention Cape Atlantic League All-Star in field hockey ... majoring in interdisciplinary studies ... Dean's List and Patriot League Academic Honor Roll member.

### ✦ CAREER BESTS ✦

Indoor	
Long Jump	18-3 1/4
Triple Jump	38-9 3/4
Outdoor	
Long Jump	17-10 1/4
Triple Jump	38-0 1/4



**EMMA RICE**



**ALEXANDRA ROMANELLI**



## Autumn Schellenberger

Junior  
Pole Vault  
Bethel, Ohio  
Bethel-Tate

**\*\*Ranks sixth in Bucknell history in outdoor pole vault (11-7 3/4); Tied for fifth in indoor pole vault (11-9 3/4).\*\***

**2011-12: [Indoors]** Earned Second Team All-Patriot League honors by taking second place in the pole vault behind teammate Emily Ando at the Patriot League Championships ... cleared a career-best 11-9 3/4 at the league meet ... broke 11 feet for the first time in her career to take fifth at the Youngstown State Invitational (11-3 3/4) ... tied for second at the Bucknell Winter Classic (10-11 3/4) ... competed in the pole vault at the ECAC Championships ... **[Outdoors]** Placed fourth in the pole vault at the Patriot League Championships, tying her personal best of 11-7 3/4 ... also cleared 11-7 3/4 to tie for first at the Bucknell Team Challenge ... height ranks sixth all-time at Bucknell ... tied for seventh at the Bison Outdoor Classic (11-1 3/4), breaking 11 feet for the first time in her outdoor career ... **2010-11: [Indoors]** Cleared 10-9 3/4 in the pole vault to tie for third at the Bucknell Heptagonal ... height ranked 10th in program history ... placed 12th in the pole vault at the Patriot League Championships ... also placed third at the Gulden Relays ... **[Outdoors]** Cleared 10-8 in the pole vault at the Colonial Relays, then ranking 10th all-time at Bucknell ... placed third in the event at the Towson Invitational and Bloomsburg Open ... cleared 10-11 3/4 indoors at the Bison Outdoor Classic ... **Personal:** Daughter of David and Diana Schellenberger ... has two siblings, Krista Morsbach and David Schellenberger ... lettered four times in track and soccer at Bethel-Tate High School ... captained both teams as a junior and senior ... selected First Team All-League in track & field all four seasons ... named Track Runner of the Year and All-City as a senior ... named Second Team All-League in soccer as a freshman and First Team All-League sophomore through senior years ... Soccer Player of the Year as a junior and senior ... majoring in chemistry ... member of the Bucknell Dean's List and Patriot League Academic Honor Roll.



### ✦ CAREER BESTS ✦

Indoor	
Pole Vault	11-9 3/4
Outdoor	
Pole Vault	11-7 3/4



## Tayler Siegrist

Senior  
Javelin  
Madison, N.J.  
Madison

**\*\*Ranks fourth all-time at Bucknell in javelin (144-1).\*\***

**2011-12: [Outdoors]** Javelin specialist ... finished 32nd at the NCAA East Regional Preliminaries with a throw of 133-2 ... also placed 14th at the ECAC Championships (134-10) ... placed eighth at the Patriot League Championships (134-10) ... posted a season-best 141-8 for third place at the Bison Outdoor Classic ... opened season with a throw of 137-8 for second place at the Towson Invitational ... **2010-11: [Outdoors]** Javelin specialist ... earned a third-place finish at the Patriot League Championships with a career-best mark of 144-1 ... mark ranks fourth all-time at Bucknell ... qualified for the NCAA East Preliminaries for the first time in her career, placing 42nd (126-9) ... took 13th at the ECAC Championships with a throw of 135-8 ... took third place at the Towson Invitational (135-5) and the Bucknell Team Challenge (139-9) ... **2009-10: [Outdoors]** Javelin specialist ... placed seventh at the Patriot League Championships with a throw of 126-7 ... posted the then-third-best javelin throw in Bucknell history in first collegiate meet ... throw of 139-10 also earned her the win and Patriot League Rookie of the Week honor ... took fourth at the Bison Outdoor Classic (130-2) ... **Personal:** Parents are Debra and Scott Siegrist ... set Madison High School's javelin record (137-7) in 2009 ... also set Bridgewater-Raritan's javelin record (121-3) in 2006 ... won the javelin at the Group II State Championships in 2009 ... selected All-Morris County, All-Area and All-Daily Record First Team in javelin in 2009 and Second Team in 2008 ... also named Northern Hill Conference First Team as a junior and senior ... selected All-Somerset County First Team in javelin freshman and sophomore years ... also named Second Team All-Area and All-Skyland Conference in 2006 and 2007 ... placed fourth in the javelin at the 2009 Penn Relays ... also a starting defender and 2010 Second Team All-Patriot League field hockey player for the Bison in the fall ... 2012 Bucknell field hockey team captain ... named Second Team All-North Hill Conference, All-Morris County and All-Daily Record in 2007 and Third Team in 2008 for field hockey ... chosen to the All-Morris Third Team for field hockey by the *Star Ledger* as a junior ... member of the two-time Morris County and North Hill Conference field hockey champions ... member of the two-time Group IV state championship and Skyland Conference championship teams while playing at Bridgewater-Raritan High School ... Skyland Conference Second Team in 2006 ... helped team to Somerset County field hockey title in 2006 ... played in United States Field Hockey Association's (USFHA) National Futures Tournament from 2006-08 and USFHA Futures AAU Junior Olympics in 2006 and 2007 ... member of National Honor Society and German National Honor Society ... uncle, Kenneth Kovac, was a member of the track & field team at VMI ...



### ✦ CAREER BESTS ✦

Outdoor	
Javelin	144-1



Luke Webster  
2011 PL Discus Champion



## Victoria Schmidt

Junior  
Multi  
Rochester, N.Y.  
Hilton

**2011-12: [Indoors]** Finished ninth in the pentathlon at the Patriot League Championships ... 2,738 points was a season high ... also competed in the high jump at the league meet but did not place ... recorded a season best in the pentathlon's 800 at the PL Championships ... took third in the multi-event (2,677) at the Youngstown State Invitational ... placed fifth in the pentathlon at the Bison Open & Multi ... **[Outdoors]** Completed season by finishing fourth in the 100 hurdles with a career-best 16.29 and eighth in the javelin at the Maroon & Gold Invitational ... posted a season-best mark of 15-8 3/4 in the long jump at the Bison Outdoor Classic ... **2010-11: [Indoors]** At the Patriot League Championships placed ninth in the pentathlon (2,702) ... also competed in the high jump and triple jump at the league meet ... recorded 2,926 points for a career best in the pentathlon at the Bison Open & Multi ... set career bests in the pentathlon 60 hurdles (9.70), high jump (5-2 1/4), long jump (16-0 1/2) and 800 (2:35.41) at the home meet ... **[Outdoors]** Tied for first in the high jump at the Bloomsburg Open, clearing a career-best 5-0 1/2 ... best triple jump mark (32-9 1/2) of the year earned 12th place at the Bucknell Team Challenge ... also placed eighth in the high jump at the Team Challenge ... **Personal:** Majoring in early childhood education.

### ✦ CAREER BESTS ✦

Indoor	
Pentathlon	2,926
60 Hurdles	9.70
800	2:35.41
High Jump	5-2 1/4
Long Jump	16-0 1/2
Shot Put	21-1 1/4
Triple Jump	32-11
Outdoor	
100 Hurdles	16.29
High Jump	5-0 1/2
Long Jump	15-8 3/4
Triple Jump	32-9 1/2



## Caroline Tolti

Senior  
Cross Country/Distance  
Lockport, N.Y.  
Lockport

**\*\*Member of outdoor 4x800 relays that hold the school record (8:44.94) and rank eighth (8:58.01) and ninth (8:58.04) at Bucknell; Member of indoor 4x800 relay that ranks sixth (9:01.92); Ranks fifth in 1,500m (4:31.18); Ranks sixth in outdoor 800m (2:12.02); Ranks fifth in 1,000m (2:54.30); Ranks sixth at Bucknell in mile (4:58.62); Member of indoor distance medley relay that ranks ninth (11:59.78); Member of outdoor distance medley relays that rank second (11:45.88) and 10th (12:02.10).\*\***

**2011-12: [Cross Country]** Earned First Team All-Patriot League honors with a fifth-place finish to lead the team at the Patriot League Championships ... completed 6K league course in 22:38 ... also scored for Bison with an 86th-

### ✦ CAREER BESTS ✦

Indoor	
800	2:15.48
1,000	2:54.30
Mile	4:58.62
Outdoor	
800	2:12.02
1,500	4:31.18



Alyssa Cardillo

# Student-Athlete Profiles



Corey Tipton



place finish at the NCAA Mid-Atlantic Regional Championships (20:48 at 6K) ... began season by placing fifth at Bison Open ... took 10th in Duquesne/Pittsburgh Tri-Meet (18:39 at 5K) ... **[Indoors]** Claimed First Team All-Patriot League accolades by winning the 1,000 at the Patriot League Championships in 2:56.37 ... also placed fifth in the mile at the league meet ... time of 4:58.62 was a career best and ranks sixth in program history ... member of 4x800 and distance medley relays that finished third at the PL Championships ... 4x800's time of 9:01.92 is the sixth-fastest at Bucknell ... competed in the mile at the ECAC Championships ... won the 1,000 (2:54.30) at the Penn State National Invitational for fifth-fastest time in program history ... also won the mile at the Youngstown State Invitational with a then-career-best 4:58.69 ... did not place worse than second in any individual event through first five meets ... **[Outdoors]** First Team All-Patriot League honoree for the third time in 2011-12 with a win in the 4x800 at the Patriot League Championships ... relay's time of 8:44.94 set Bucknell and Patriot League records ... also placed fifth in the 1,500 (4:35.29) and 17th in the 800 (2:18.66) at the league meet ... competed in the 4x800 at the ECAC Championships ... best 800 time of her career (2:12.02) came at Bucknell Team Challenge, giving her the sixth-fastest mark in program history ... moved up the top 10 in the 1,500 a week earlier, finishing in 4:31.18 at the Bison Outdoor Classic ... time now ranks fifth in program history ... led off for the winning 4x800 at the Bucknell Team Challenge ... also led off for the distance medley relay that took third at the Colonial Relays with the second-fastest time in program annals (11:45.88) ... **2010-11: [Cross Country]** Scored at the Patriot League Championships, finishing fifth on the team and 19th overall ... completed the 6K league course in 21:28 ... also scored at the Pre-National Invitational, finishing the 6K course in 22:49 ... earned a top-10 finish at the Bucknell Open (eighth, 18:12 at 3 miles) ... **[Indoors]** Scored at the Patriot League Championships as part of the 4x800 relay that placed fourth ... team's time of 9:05.27 ranked 10th in program annals ... also placed 10th in the 800 (2:22.57) at the league meet ... ran a career-best 2:57.06 in the 1,000 at the Penn State National Invitational, taking third place ... time ranked in the program's top 10 ... won the 800 at the Bucknell Heptagonal in 2:18.00, her best time of the season ... **[Outdoors]** Earned Second Team All-Patriot League honors after leading off the 4x800 and helping the team to a second-place finish (9:04.04) ... earned All-East honors with a fourth-place finish in the 4x800 at the ECAC Championships ... team ran the seventh- (8:58.01) and eighth-fastest (8:58.04) times in program history at ECACs ... placed 13th in the 800 at the Patriot League Championships ... won the event at the Bloomsburg Open with a then-personal-best 2:13.93 ... broke into the program's top 10 in the 1,500 at the Bucknell Team Challenge, taking second place in 4:37.26 ... **2009-10: [Cross Country]** Competed in four varsity races for the Bison ... finished a season-best seventh place at the Bloomsburg Open (21:20 at 5K) ... **[Indoors]** At the Patriot League Championships helped the 4x800 relay to a victory with an ECAC-qualifying time of 9:13.73 ... named First Team All-Patriot League ... also placed sixth in the 1,000 (3:03.50) at the Patriot League Championships ... made first career ECAC Championships appearance as part of the 4x800 relay, finishing ninth (9:25.23) ... won the 800 at the Bucknell Winter Classic with a season-best 2:18.45 ... performance earned her Patriot League Rookie of the Week honors ... ran a season-best 2:59.37 in the 1,000, taking sixth place at the Penn State Invitational ... **[Outdoors]** Helped 4x800 relay to a first-place finish at the Patriot League Championships, earning First Team All-League honors ... relay's time of 8:59.33 ranked eighth in Bucknell history ... also finished third in the open 800 at the Patriot League Championships with a time of 2:15.90 ... placed second in the event at the Bloomsburg Invitational and fifth at the Bucknell Team Challenge ... competed as part of 4x800 team at the ECAC Championships (9:09.95) ... **Personal:** Parents are Tim and Karen Tolli ... has an older sister, Karissa, and an older brother, Lyle ... earned six letters in outdoor track & field and five in swimming at Lockport High School ... four-year state qualifier in swimming and three-year qualifier in track ... placed ninth in the NYS Outdoor Track Meet in 800 ... named All-League and Sectional Champion ... All-WNY Scholar Athlete ... father was an All-American in track at Division III Buffalo State ... brother ran track at Colgate and was the 2008 Patriot League Indoor Track & Field Scholar-Athlete of the Year and Track Athlete of the Meet ... major is early childhood education ... Dean's List and Patriot League Academic Honor Roll member ... 2010-11 Capital One/CoSIDA Academic All-District First Team selection ... 2011-12 Capital One/CoSIDA Academic All-District First Team selection ... named to 2011 Academic All-Patriot League Team in indoor track & field ... also named to 2012 Academic All-Patriot League Team in cross country and indoor and outdoor track & field ... 2012 Patriot League Women's Track & Field Scholar-Athlete of the Year for indoor and outdoor track & field.

Scott Weismiller



**Rebekka Vuojolainen**  
Sophomore  
Pole Vault/Jumps  
Cranberry, N.J.  
Princeton

**\*\*Tied for eighth all-time at Bucknell in indoor pole vault (10-11 3/4).\*\***

**2011-12: [Indoors]** At the Patriot League Championships placed seventh in the triple jump ... mark of 35-6 was a career best ... also took 11th in the pole vault at the league meet ... cleared a career-best 10-11 3/4 in the pole vault at the Bucknell Winter Classic, tying for second ... height is tied for the eighth-best in program history ... broke into the top 10 a week earlier with a 10-10 clearance at the Youngstown State Invitational ... placed second in the pole vault and fifth in the triple jump at the Bucknell Mini Meet ... **[Outdoors]** Opened spring with a seventh-place finish in the pole vault at the Towson Invitational, clearing a career-best 10-8 ... posted a career best in the triple jump at the Bucknell Team Challenge, finishing ninth with a mark of 35-7 3/4 ... also took fourth in the triple jump at the Maroon & Gold Invitational ... **Personal:** Daughter of Mikko and Minna Vuojolainen ... has two sisters, Rosa and Raakel ... born in Tampere, Finland ... lettered four times in outdoor track & field and twice in indoor track & field at Princeton High School ... captained both teams as a junior and senior ... Indoor Track All-Group 3 Second Team in triple jump in 2010 ... also All-Group 3 Second Team in outdoor triple jump in 2010 ... in indoor pole vault, named All-South Jersey Second Team in 2010 and Third Team in 2011 ... major is undeclared ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.

**★ CAREER BESTS ★**

<b>Indoor</b>	
Pole Vault	10-11 3/4
Triple Jump	35-6
<b>Outdoor</b>	
Pole Vault	10-8
Triple Jump	35-7 3/4



**Kathryn Wahls**  
Senior  
Throws  
Spencerport, N.Y.  
Brockport

**\*\*Tied for 10th in Bucknell history in hammer throw (162-5).\*\***

**2011-12: [Indoors]** Began season with a career-best 49-0 1/4 in the weight throw at the Bison Opener ... was first career meet at better than 48 feet ... at the Bison Open & Multi took second in the weight throw (47-10) and sixth in the shot put (36-5 1/2) ... recorded a career-best shot put mark of 37-0 1/2 for seventh place at the Bucknell Winter Classic ... **[Outdoors]** Specialized in the hammer throw ... competed in the hammer at the Patriot League Championships but did not place ... threw a career-best 162-5 for second place at the Maroon & Gold Invitational ... mark is tied for 10th all-time at Bucknell ... was first career throw at better than 160 feet ... placed third in the hammer at the Towson Invitational and sixth at the Bucknell Team Challenge ... **2010-11: [Indoors]** Specialized in the weight throw ... placed third at the Bucknell Winter Classic with a season-best 47-1 ... also took third at the Bison Open & Multi (45-10 1/2) ... **[Outdoors]** At the Patriot League Championships, finished seventh in the hammer throw (146-3) ... also placed 13th in the shot put at the league meet (31-10) ... won the hammer and took third in the shot put at the Bloomsburg Open ... recorded season bests in both events at the Bucknell Team Challenge, throwing 159-0 in the hammer and 37-6 1/2 in the shot put ... **2009-10: [Indoors]** Set season records in shot put and weight throw in collegiate debut at the Bison Opener ... finished seventh in the weight throw with a mark of 44-8 3/4 and 18th in the shot put at 36-7 1/2 at the home meet ... also earned top-10 finishes in both events at the Gulden Relays ... **[Outdoors]** Opened spring with a season-best 32-3 1/2 in the shot put at the Maryland Invitational ... also threw 126-7 for 12th in the hammer at Maryland ... recorded a then-personal-best 142-8 in the hammer at the Bison Outdoor Classic ... won the hammer at the Bloomsburg Invitational (141-8) ... **Personal:** Daughter of Lacey and Tim Wahls ... has one brother, Andrew ... lettered four times in both indoor and outdoor track & field ... served as team captain of the indoor squad as a sophomore ... named Most Improved during junior outdoor season ... received Coaches Award and Scholar-Athlete Award as a freshman ... named to Scholar-Athlete Team seven of eight seasons ... physics major ... Patriot League Academic Honor Roll member.

**★ CAREER BESTS ★**

<b>Indoor</b>	
Weight Throw	49-0 1/4
Shot Put	37-0 1/2
<b>Outdoor</b>	
Hammer Throw	162-5
Shot Put	37-6 1/2



## Emily Waksmunski

Junior  
Mid-Distance/Cross Country  
Carrolltown, Pa.  
Bishop Carroll

**\*\*Member of outdoor 4x800 relays that hold school record (8:44.94) and rank No. 8 (8:58.01) and No. 9 (8:58.04); Member of indoor 4x800 relay that ranks No. 6 (9:01.92).\*\***

### ✦ CAREER BESTS ✦

Indoor	
500	1:19.59
800	2:16.31
1,000	2:05.02
Outdoor	
800	2:15.68
1,500	4:38.80

**2011-12: [Indoors]** At the Patriot League Championships helped 4x800 to a third-place finish ... relay's time of 9:01.92 ranks sixth in Bucknell history ... also placed fifth in the 800 at the league meet (2:17.72) ... ran a season-best 2:16.31 for third place at the Bucknell Winter Classic ... also placed third in the 800 at the Bison Opener and fourth at the Gulden Invitational and Youngstown State Invitational ... led off for the 4x800 at the ECAC Championships ... **[Outdoors]** Led off for the winning 4x800 relay with a Bucknell and league record of 8:44.94 ... earned First Team All-Patriot League honors ... also placed 13th in the 800 and 1,500 at the league meet ... competed in the 4x800 at the ECAC Championships ... ran a season-best 2:16.20 to win the 800 at the Maroon & Gold Invitational ... best 1,500 time of her career (4:38.20) came at the Bison Outdoor Classic ... placed fourth in the 1,500 at the Towson Invitational with a then-personal-record 4:43.46 ... **[Cross Country]** Competed three times in second fall season ... began with a 26th-place finish at the Bucknell Open (19:10 at 3 miles) ... also competed at the Duquesne/Pittsburgh Tri-Meet and Gettysburg Invitational ...



**2010-11: [Indoors]** Scored at the Patriot League Championships in the 800 (fifth, 2:18.10) and the 4x800 (fourth, 9:05.27) ... 4x800's time at the league meet ranked 10th in program history ... placed 12th in the 4x800 prelims at the ECAC Championships ... ran a season-best 2:17.90 in the 800 at the Penn State National Invitational ... also competed in the 500 and ran a personal-record 1:19.59 at Saturday Night at the Armory ... **[Outdoors]** Earned All-East honors with a fourth-place finish in the 4x800 at the ECAC Championships ... team's prelim time of 8:58.01 ranked seventh in program annals while its finals time of 8:58.04 ranked eighth ... earned top-five finishes in the 800 at the Bison Outdoor Classic (fifth, 2:19.86) and Bloomsburg Open (second, 2:15.68) ... **[Cross Country]** Raced four times in the fall ... earned a top-30 finish in her debut at the Bucknell Open (28th, 19:12 at 3 miles) ... also finished 35th vs. Duquesne and Pittsburgh (20:26 at 5K) and 39th at the Lock Haven River Run

(24:03 at 6K) ... **Personal:** Daughter of Mike and Carrie Waksmunski ... has one sibling, Kellie ... lettered four years in track, three years in soccer and one year in cross country at Bishop Carroll High School ... three-time selection to Laurel Highlands Athletic Conference all-conference team in track ... also named All-Conference in soccer ... captain of both track and soccer teams ... majoring in civil engineering ... Patriot League Academic Honor Roll and Bucknell Dean's List member ... 2012 Academic All-Patriot League Team in indoor and outdoor track & field.



## Jennifer Zymet

Junior  
Sprints  
Paramus, N.J.  
Paramus

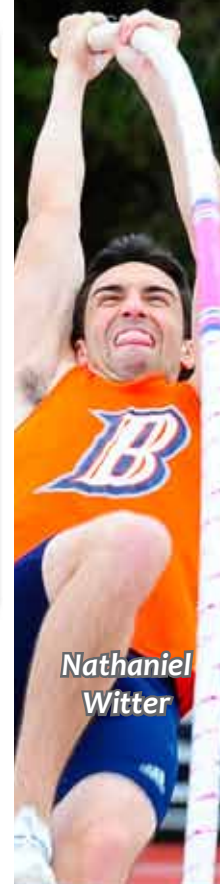
**\*\*Member of 4x100 (47.45) and 4x200 (1:41.40) relays that hold school records; Member of 4x100 relay that ranks second (47.70); Member of 4x200 relay that ranks ninth (1:45.70); Ranks second at Bucknell in outdoor 400m (55.72); Ranks third in indoor 200m (25.22); Ranks fourth in outdoor 200m (24.91); Ranks fifth in indoor 400m (57.49); Ranks sixth in 300m (42.45) and 500m (1:15.58); Member of indoor distance medley relays that rank third (11:41.76), fourth (11:51.47), seventh (11:56.72) and ninth (11:59.78); Member of outdoor distance medley relay that ranks third (11:46.77); Member of sprint medley relay that ranks fifth (4:11.91).\*\***

### ✦ CAREER BESTS ✦

Indoor	
200	25.22
300	42.45
400	57.49
500	1:15.58
Outdoor	
100	12.64
200	24.91
400	55.72

**2011-12: [Indoors]** Earned First Team All-Patriot League honors by helping the 4x400 relay to a first-place finish at the league meet in 3:54.43

... also placed third in the 200 and 500 at the Patriot League Championships ... 200 time of 25.33 was then a career best and ranked third in program history ... improved her 200 career best to 25.22 in the prelims at the ECAC Championships ... 500 time of 1:15.58 at the PL Championships was also a personal record and ranks sixth at Bucknell ... earned three wins on the season - the 400 at the Gulden Invitational, the 500 at the Youngstown State Invitational and the 200 at the Bucknell Winter Classic ... also led off for the winning 4x400 relay at Youngstown State and anchored the winning 4x400 at the Bucknell Mini Meet ... helped distance medley relay to a sixth-place finish, an ECAC-qualifying mark and the third-fastest time in program history (11:41.76) in the invitational division of the Penn State National Invite ... ran the sixth-fastest 300 time in program history (42.45) for third place overall at the Bison Opener ... **[Outdoors]** Named First Team All-Patriot League after defending her 400 title at the Patriot League Championships ... time of 55.72 ranks second in program history ... also helped set school record at the league meet with the fourth-place 4x100 (47.75) ... anchored the sixth-place 4x400 (3:56.23) and placed seventh in the 200 (25.67) at the PL Championships ... led off for the 4x200 relay that set the school record and placed third at the Colonial Relays (1:41.40) ... competed in the 4x100 and 400 at the ECAC Championships ... member of the winning 4x100 relays at the Towson Invitational and Maroon & Gold Invitational ... in the 400 placed second at the Bucknell Team Challenge, third at the Towson Invitational and fifth at the Colonial Relays ... **2010-11: [Indoors]** Scored in the 400 (second, 57.49), 200 (third, 25.54) and 4x400 (sixth, 3:57.51) at the Patriot League Championships ... 400 time at the league meet was a personal record and ranks fifth in program annals ... ran 25.51 in the 200 prelims at the championships, then ranking third all-time at Bucknell ... also broke onto the program's top-10 list in the 500 at Saturday Night at the Armory, running 1:16.53 ... earned All-East honors with a seventh-place finish in the distance medley relay at the ECAC Championships ... team's time of 11:51.47 was third in program history ... also placed 12th in the 4x800 prelims at ECACs ... helped distance medley relay to a sixth-place finish in the invitational heat at the Penn State National Invitational ... time of 11:56.27 was sixth in program history ... named Patriot League Rookie of the Week after taking third in the 400 (58.28) and ninth in the 200 (26.16) at the Bucknell Heptagonal ... **[Outdoors]** Earned First Team All-Patriot League honors after winning the 400 and the 4x100 at the Patriot League Championships ... 4x100 relay's win came in a then-school-record 47.70 ... also won the 400 in a then-career-best 56.12 ... improved to 55.78 at the ECAC Championships, placing 14th in the race and moving into second in program annals in the 400 ... also earned Second Team All-Patriot League accolades in the 200 with a career-best 24.91 and placed third as the anchor of the 4x400 (3:54.01) ... 200 time ranks fourth in Bucknell history ... won the 400 (57.78) at the Bison Outdoor Classic and the 200 (25.08) at the Bloomsburg Open ... 4x100 finished 21st in the prelims at the ECAC Championships ... **[Cross Country]** Competed once, at the Lock Haven River Run ... finished the 6K course in 25:58 ...



Nathaniel Witter

**Personal:** Daughter of Eric and Margaret Zymet ... has two siblings, Scott and Merissa ... four-year letterwinner in soccer and softball ... also lettered in indoor track and basketball ... named First Team All-League and First Team All-County in indoor track ... also a Second Team All-State honoree ... First Team All-League in soccer and softball ... also named First Team All-County and Second Team All-State in softball ... captained both soccer and softball squads ... majoring in psychology and education ... member of the Patriot League Academic Honor Roll and Bucknell Dean's List.



Victoria Mold



# Cross Country Results & Honors

## MEN'S CROSS COUNTRY YEAR-BY-YEAR RESULTS

Over the past 40 years, the Bison men's cross country team has been Bucknell's most successful program on the national level. The Bison won 18 straight conference titles between 1975-92, and have appeared as a team in the NCAA Championships in nine of the last 33 years. The Bison had one of the most impressive winning streaks in all of collegiate sports snapped in 1990, when Connecticut handed Bucknell a dual-meet defeat. That halted a string of 167 consecutive dual-meet victories spanning 16 seasons. Since that loss to the Huskies, the Bison have gone 93-6 in dual-meet competition.

Year	Dual Record	Conference*	IC4A's	NCAA District II	NCAA
1970	9-1	9th	--	--	--
1971	13-0	7th	10th	--	--
1972	15-1	3rd	2nd	--	--
1973	11-2	Tie-1st	1st	--	--
1974	12-3	2nd	2nd	**	--
1975	14-0	1st	1st	--	--
1976	13-0	1st	10th	--	--
1977	13-0	1st	12th	--	--
1978	9-0	1st	--	3rd	17th
1979	9-0	1st	--	5th	17th
1980	9-0	1st	1st	3rd	16th
1981	13-0	1st	3rd	4th	20th
1982	7-0	1st	2nd	1st	12th
1983	10-0	1st	9th	6th	--
1984	9-0	1st	13th	6th	--
1985	16-0	1st	8th	4th	--
1986	11-0	1st	3rd	1st	19th
1987	8-0	1st	5th	3rd	16th
1988	13-0	1st	6th	3rd	22nd
1989	7-0	1st	7th	4th	--
1990	5-2	1st	13th	6th	--
1991	8-0	1st	5th	5th	13th
1992	6-0	1st	12th	8th	--
1993	9-2	2nd	20th	15th	--
1994	7-0	2nd	10th	7th	--
1995	12-0	2nd	18th	10th	--
1996	13-0	2nd	16th	10th	--
<b>Mid-Atlantic Reg.</b>					
1997	14-0	1st	--	6th	--
1998	8-1	1st	--	3rd	--
1999	7-0	1st	--	9th	--
2000	3-0	2nd	5th	10th	--
2001	3-0	2nd	1st	7th	--
2002	No Dual Meets	3rd	5th	10th	--
2003	No Dual Meets	4th	4th	8th	--
2004	No Dual Meets	5th	8th	13th	--
2005	No Dual Meets	5th	13th	15th	--
2006	No Dual Meets	3rd	4th	11th	--
2007	No Dual Meets	4th	4th	11th	--
2008	No Dual Meets	5th	11th	12th	--
2009	0-1	3rd	--	11th	--
2010	No Dual Meets	6th	14th	17th	--
2011	0-1	5th	12th	10th	--
<b>Totals</b>	<b>316-14 (.958)</b>	<b>22 titles</b>	<b>4 IC4A titles</b>	<b>2 Dist. II titles</b>	<b>9 trips</b>

\* - Bucknell competed in the MAC from 1970-73; in the East Coast Conference (ECC) from 1974-89; and in the Patriot League from 1990-present.  
 \*\* - USTFF Nationals, second.  
 - IC4A's combined with NCAA District II Regional from 1982-1996.  
 - As of 1997, Mid-Atlantic Regionals and IC4A's were separated into two competitions.

## WOMEN'S CROSS COUNTRY YEAR-BY-YEAR RESULTS

Over the past 36 years, the Bison women's cross country team has been one of Bucknell's most successful programs. Bucknell's women dominated their time in the East Coast Conference, winning the conference title in each of the eight years they participated in the league. After adjusting to the higher level of competition within the Patriot League, the Bison have come nearly full circle, from fifth place in 1991 to league champion in eight of the past 14 seasons. The women made their first-ever team appearance in the NCAAs in 2000, finishing 24th in the nation.

Year	Dual Record	Conference*	ECAC	EIAIW*	NCAA
1976	2-0	--	--	7th	--
1977	1-1	--	--	20th	--
1978	5-1	--	--	25th	--
1979	6-1	--	--	7th	--
1980	5-0	--	--	6th	--
1981	No Dual Meets	--	--	7th	--
<b>NCAA District II</b>					
1982	3-0	1st	--	6th	--
1983	9-0	1st	--	6th	--
1984	4-3	1st	17th	10th	--
1985	4-3	1st	20th	11th	--
1986	8-0	1st	12th*	7th*	--
1987	4-0	1st	12th	6th	--
1988	5-3	1st	19th	10th	--
1989	2-2	1st	4th	--	--
1990	2-3	5th	3rd	--	--
1991	2-4	5th	9th	--	--
1992	3-2	3rd	27th	16th	--
1993	8-5	4th	2nd	--	--
1994	4-2	2nd	2nd	--	--
1995	10-3	3rd	3rd	--	--
1996	8-1	2nd	3rd	--	--
<b>Mid-Atlantic Reg.</b>					
1997	15-0	2nd	--	4th	--
1998	7-0	1st	--	9th	--
1999	6-0	1st	--	3rd	24th
2000	2-0	1st	1st	4th	--
2001	2-0	1st	3rd	3rd	--
2002	No Dual Meets	2nd	4th	6th	--
2003	No Dual Meets	4th	8th	13th	--
2004	No Dual Meets	4th	10th	10th	--
2005	No Dual Meets	1st	12th	5th	--
2006	No Dual Meets	1st	2nd	5th	--
2007	No Dual Meets	T-1st	8th	9th	--
2008	No Dual Meets	2nd	7th	8th	--
2009	0-1	1st	--	12th	--
2010	No Dual Meets	2nd	8th	7th	--
2011	No Dual Meets	2nd	9th	12th	--
<b>Totals</b>	<b>123-35 (.778)</b>	<b>16 titles</b>	<b>1 ECAC title</b>		<b>1 trip</b>

\* - Bucknell competed in the EIAIW through the 1981 season; in the East Coast Conference (ECC) from 1982-1989; and in the Patriot League from 1990-present.  
 \*\* - ECACs combined with NCAA District II Regional from 1986-1996.  
 - As of 1997, Mid-Atlantic Regionals and ECACs were separated into two competitions.

## MEN'S 2011 PATRIOT LEAGUE CHAMPIONSHIPS RESULTS

Lehigh University - Bethlehem, Pa.  
 Oct. 29, 2011 - 8K

### TEAM RESULTS

1. Navy	.....38
2. American	.....49
3. Lehigh	.....78
4. Army	.....94
<b>5. Bucknell</b>	<b>..... 108</b>
6. Colgate	.....167
7. Lafayette	.....211
8. Holy Cross	.....215

### INDIVIDUAL RESULTS

1. Christopher Johnson, Colgate	.....24:53
2. Josh Olsen, American	.....25:12

3. James Pearson, Navy	.....25:14
4. Evans Kosgei, Lehigh	.....25:15
5. Ken Bunnell, Navy	.....25:18
6. Ryan Williams, American	.....25:21
7. Mark Allen, American	.....25:23
8. Cody Rome, Navy	.....25:26
9. John Pope, American	.....25:31
10. John Satterwhite, Navy	.....25:34
<b>11. Dave Brown, Bucknell</b>	<b>.....25:35</b>
12. Robbie Patterson, Navy	.....25:35
<b>13. John Dugan, Bucknell</b>	<b>.....25:36</b>
14. Dan Jester, Army	.....25:38
15. Sam Bernitt, Lehigh	.....25:38
16. Ricky Galindo, Army	.....25:40
17. Lyle O'Brien, Lehigh	.....25:41
18. Jimmy Miller, Lehigh	.....25:41

19. Chris Galvin, Navy	.....25:42
20. Barrett LeHardy, Army	.....25:42
21. James Hodgen, Army	.....25:45
22. Dean Black, Navy	.....25:47
23. Mike Mitchell, Army	.....25:50
24. Sean Rynning, Navy	.....25:52
25. Tyler Mueller, Lehigh	.....25:56
26. Mark Leininger, American	.....26:13
<b>27. Dustin Horning, Bucknell</b>	<b>.....26:13</b>
<b>28. Andrew Garcia-Garrison, Bucknell</b>	<b>.....26:14</b>
29. Cory Loftis, Holy Cross	.....26:16
30. Kendall Ward, Army	.....26:17
31. Dan Nix, Army	.....26:17
<b>32. D.J. Krystek, Bucknell</b>	<b>.....26:20</b>
33. John Sweeney, Navy	.....26:22
34. Daniel Altenau, Holy Cross	.....26:23

35. CJ Horvath, American	.....26:24
36. Will Volkmann, Lafayette	.....26:28
37. Ian Lutz, American	.....26:31
38. Mike Burns, Army	.....26:38
39. Cody Barger, Army	.....26:39
40. Thomas Hedges, Colgate	.....26:40
<b>41. Andrew Kirna, Bucknell</b>	<b>.....26:40</b>
<b>42. Michael McGowan, Bucknell</b>	<b>.....26:42</b>
43. Alex Merral, Navy	.....26:42
44. Simon Voorhees, Lehigh	.....26:42
45. Timothy Phelps, Colgate	.....26:42
46. Zach Lizmi, Lafayette	.....26:43
47. Josh Sadlock, Lafayette	.....26:47
48. Evan Flach, Lehigh	.....26:50
49. Kevin Russell, Army	.....26:51
50. Eamonn McCarry, Navy	.....26:52

Gillian Nordquist  
 2x All-PL XC Team Selection

Andrew Huebner  
 2009 All-PL XC Team Selection

# Cross Country Results & Honors

## MEN'S PATRIOT LEAGUE CROSS COUNTRY CHAMPIONSHIPS: 1990-2011

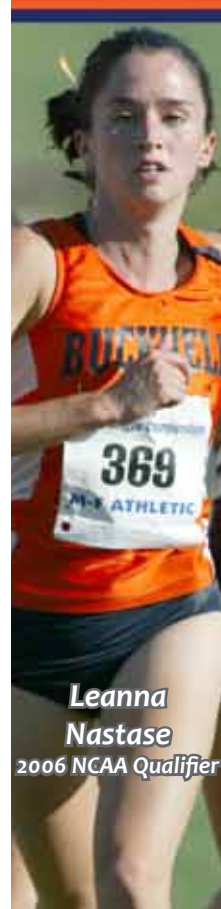
1990		1998		2006	
1. Bucknell	15	1. Bucknell	23	1. American	25
2. Colgate	67	2. Army	42	2. Navy	69
3. Fordham	102	3. Lafayette	79	3. Bucknell	80
4. Lafayette	106	4. Lehigh	103	4. Army	99
5. Lehigh	106	5. Holy Cross	160	5. Lehigh	119
6. Holy Cross	135	6. Colgate	162	6. Colgate	169
				7. Lafayette	203
				8. Holy Cross	205
1991		1999		2007	
1. Bucknell	15	1. Bucknell	30	1. American	47
2. Colgate	63	2. Army	50	2. Navy	48
3. Lehigh	72	3. Lehigh	71	3. Army	78
4. Fordham	107	4. Colgate	105	4. Bucknell	95
5. Holy Cross	136	5. Lafayette	120	5. Lehigh	121
6. Lafayette	138	6. Holy Cross	152	6. Colgate	158
				7. Lafayette	188
				8. Holy Cross	221
1992		2000		2008	
1. Bucknell	30	1. Army	20	1. Army	47
2. Lehigh	51	2. Bucknell	55	2. Navy	47
3. Colgate	80	3. Colgate	86	3. Lehigh	77
4. Lafayette	88	4. Lehigh	113	4. American	86
5. Holy Cross	142	5. Lafayette	134	5. Bucknell	122
6. Fordham	162	6. Holy Cross	139	6. Holy Cross	169
				7. Colgate	177
				8. Lafayette	245
1993		2001		2009	
1. Army	23	1. Army	36	1. Navy	34
2. Bucknell	67	2. Bucknell	54	2. American	57
3. Lehigh	68	3. American	62	3. Bucknell	78
4. Colgate	114	4. Colgate	101	4. Lehigh	98
5. Fordham	141	5. Lehigh	105	5. Army	107
6. Lafayette	154	6. Holy Cross	182	6. Holy Cross	160
7. Holy Cross	173	7. Lafayette	199	7. Colgate	181
				8. Lafayette	251
1994		2002		2010	
1. Army	24	1. American	28	1. Navy	43
2. Bucknell	33	2. Army	46	2. American	52
3. Colgate	94	3. Bucknell	82	3. Army	86
4. Lehigh	119	4. Colgate	108	4. Lehigh	98
5. Fordham	155	5. Holy Cross	145	5. Army	107
6. Holy Cross	162	6. Lehigh	147	6. Holy Cross	160
7. Lafayette	164	7. Lafayette	224	7. Colgate	181
				8. Lafayette	251
1995		2003		2011	
1. Army	19	1. American	26	1. Navy	38
2. Bucknell	64	2. Navy	50	2. American	49
3. Colgate	96	3. Army	79	3. Lehigh	78
4. Lafayette	109	4. Bucknell	98	4. Army	94
5. Holy Cross	120	5. Lehigh	123	5. Bucknell	108
6. Lehigh	137	6. Colgate	155	6. Colgate	167
		7. Holy Cross	207	7. Lafayette	211
		8. Lafayette	239	8. Holy Cross	215
1996		2004			
1. Army	21	1. American	19		
2. Bucknell	52	2. Navy	71		
3. Colgate	94	3. Army	78		
4. Lafayette	104	4. Lehigh	89		
5. Lehigh	107	5. Bucknell	136		
6. Holy Cross	163	6. Colgate	173		
		7. Lafayette	187		
		8. Holy Cross	233		
1997		2005			
1. Bucknell	29	1. American	22		
2. Army	56	2. Army	71		
3. Lafayette	69	3. Navy	79		
4. Colgate	105	4. Lehigh	85		
5. Lehigh	134	5. Bucknell	147		
6. Holy Cross	153	6. Lafayette	165		
		7. Colgate	165		
		8. Holy Cross	256		

## WOMEN'S PATRIOT LEAGUE CROSS COUNTRY CHAMPIONSHIPS: 1990-2011

1990		1998		2006	
1. Fordham	22	1. Bucknell	32	1. Bucknell	28
2. Holy Cross	65	2. Army	53	2. Navy	79
3. Lafayette	79	3. Colgate	70	3. Colgate	82
4. Lehigh	94	4. Holy Cross	93	4. Lehigh	92
5. Bucknell	106	5. Lafayette	131	5. Army	119
6. Colgate	133	6. Lehigh	126	6. American	148
				7. Lafayette	184
				8. Holy Cross	224
1991		1999		2007	
1. Fordham	20	1. Bucknell	17	1. Bucknell	58
2. Holy Cross	81	2. Army	51	2. Navy	58
3. Colgate	82	3. Colgate	106	3. Colgate	67
4. Lehigh	86	4. Holy Cross	107	4. American	114
5. Bucknell	101	5. Lafayette	114	5. Army	128
6. Lafayette	111	6. Lehigh	126	6. Lehigh	139
				7. Holy Cross	140
				8. Lafayette	230
1992		2000		2008	
1. Lehigh	39	1. Bucknell	21	1. Navy	23
2. Fordham	81	2. Lehigh	55	2. Bucknell	62
3. Bucknell	69	3. Army	60	3. Lehigh	93
4. Holy Cross	75	4. Holy Cross	120	4. Army	96
5. Lafayette	147	5. Colgate	122	5. American	154
6. Colgate	164	6. Lafayette	155	6. Holy Cross	161
				7. Colgate	183
				8. Lafayette	204
1993		2001		2009	
1. Lafayette	56	1. Bucknell	28	1. Colgate	42
2. Lehigh	57	2. Army	77	2. Bucknell	64
3. Fordham	79	3. Lehigh	106	3. Army	93
4. Bucknell	83	4. Holy Cross	106	4. Navy	109
5. Army	108	5. American	113	5. Holy Cross	120
6. Colgate	143	6. American	118	6. American	136
7. Navy	173	7. Lafayette	142	7. Lehigh	140
8. Holy Cross	182			8. Lafayette	170
1994		2002		2010	
1. Army	38	1. American	42	1. Colgate	42
2. Bucknell	83	2. Bucknell	43	2. Bucknell	64
3. Holy Cross	93	3. Army	55	3. Army	93
4. Colgate	96	4. Lehigh	120	4. Navy	109
5. Lafayette	96	5. Lafayette	128	5. Holy Cross	120
6. Fordham	100	6. Colgate	151	6. American	136
7. Lehigh	149	7. Holy Cross	181	7. Lehigh	140
				8. Lafayette	170
1995		2003		2011	
1. Army	31	1. American	30	1. Navy	53
2. Colgate	40	2. Army	57	2. Bucknell	56
3. Bucknell	84	3. Navy	63	3. Colgate	98
4. Lehigh	109	4. Bucknell	82	4. Army	111
5. Holy Cross	126	5. Lehigh	152	5. Lehigh	128
6. Lafayette	130	6. Lafayette	171	6. American	139
		7. Colgate	186	7. Lafayette	173
		8. Holy Cross	200	8. Holy Cross	178
1996		2004			
1. Army	38	1. Army	46		
2. Bucknell	55	2. Navy	56		
3. Lafayette	65	3. American	65		
4. Colgate	99	4. Bucknell	89		
5. Lehigh	120	5. Colgate	127		
6. Holy Cross	173	6. Lehigh	155		
		7. Lafayette	186		
		8. Holy Cross	212		
1997		2005			
1. Army	32	1. Bucknell	42		
2. Bucknell	41	2. Army	67		
3. Lafayette	90	3. Lehigh	77		
4. Colgate	96	4. American	102		
5. Holy Cross	139	5. Navy	105		
6. Lehigh	147	6. Lafayette	132		
		7. Colgate	152		
		8. Holy Cross	246		



**Mark Hulme**  
4xNCAA Qualifier



**Leanna Nastase**  
2006 NCAA Qualifier

## WOMEN'S 2011 PATRIOT LEAGUE CHAMPIONSHIPS RESULTS

Lehigh University - Bethlehem, Pa.  
Oct. 29, 2011 - 6K

### TEAM RESULTS

1. Navy	53
2. Bucknell	56
3. Colgate	98
4. Army	111
5. Lehigh	128
6. American	139
7. Lafayette	173
8. Holy Cross	178

### INDIVIDUAL RESULTS

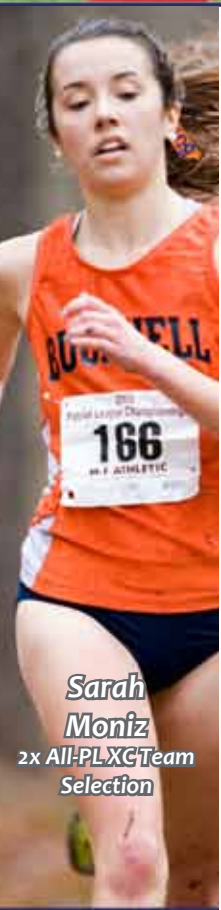
1. Jess Palacio, Navy	21:56
2. Katherine Pierce, Lehigh	22:05

3. Elise DeRoo, Colgate	22:08
4. Sarah Welsh-Huggins, Lafayette	22:29
5. Caroline Tolti, Bucknell	22:38
6. Chelsea Prahl, Army	22:39
7. Stephanie Fulmer, Bucknell	22:40
8. Octavia Rinehardt, American	22:40
9. Brigid Byrne, Navy	22:41
10. Annie-Norah Beveridge, Navy	22:45
11. Emily Liggett, Bucknell	22:45
12. Paige Sutherland, Holy Cross	22:46
13. Marcie Nordt, Army	22:48
14. Kendall Lyons, Colgate	23:04
15. Betsy Edinger, Bucknell	23:09
16. Shannon Cuthbert, Navy	23:09
17. Katie Taylor, Navy	23:10
18. Melissa Smith, Bucknell	23:14

19. Christina Blair, Navy	23:15
20. Megan Keane, Colgate	23:18
21. Katie Jessee, Bucknell	23:19
22. Chelsea Burns, Colgate	23:20
23. Hana Casalnova, Bucknell	23:22
24. Ali Tyburski, American	23:24
25. Kelly Grosskurth, Bucknell	23:27
26. Mollie Hebda, Navy	23:29
27. Carly Birkhold, American	23:29
28. Alysha Hooper, Bucknell	23:31
29. Amanda Waldron, Holy Cross	23:31
30. Marissa Galante, Lehigh	23:31
31. Liz O'Donnell, Army	23:33
32. Katherine Howley, Lehigh	23:33
33. Katie Collins, Army	23:37
34. Mary Prakel, Army	23:38

35. Jessica Kendzor, Lehigh	23:42
36. Leah Gellineau, American	23:42
37. Shannon Wright, Lehigh	23:43
38. Jacqueline Blackburn, Navy	23:45
39. Liz Milewski, Navy	23:46
40. Beth Braunneg, Bucknell	23:48
41. Dayna Cline, Army	23:50
42. Samantha Andersen, Lehigh	23:55
43. Lauren Kelly, Lafayette	23:56
44. Maria Arnone, Navy	23:57
45. Kelly Cattano, Colgate	23:58
46. Sarah Mellea, Holy Cross	24:00
47. Kady Weisner, Bucknell	24:00
48. Amanda Gosselin, Lehigh	24:01
49. Erika Stasakova, Lafayette	24:05
50. Lisa Juna, Army	24:05

# Cross Country All-Time Postseason Honors



**Sarah Moniz**  
2x All-PLXC Team Selection

## BUCKNELL MEN'S CROSS COUNTRY POSTSEASON HONORS

### USTFF ALL-AMERICANS

Year	Athlete	Place
1975	Dan Davis	7th
	Lou Calvano	14th

### ALL-AMERICANS

1981	Bill Reifsnyder	38th
1982	Bill Reifsnyder	20th
1983	Bill Reifsnyder	15th

### NCAA QUALIFIERS

1976	George Buckheit	131st
	Robert Braille	247th
1977	George Buckheit	56th
1978*	George Buckheit	55th
	Bob Bickel	91st
	Lee Edmonds	98th
	Jim O'Shea	136th
	John Eichenberg	180th
	Chet Palesko	218th
	Karnik Seferian	220th
1979*	Rick Sayre	69th
	Jim O'Shea	111th
	John Eichenberg	119th
	Jim Knight	130th
	Mike Debraggio	145th
	Mark Hulme	173rd
	Rich Coffin	196th
1980*	Steve Bigotto	80th
	Mark Hulme	90th
	Rick Sayre	94th
	Bill Reifsnyder	136th
	Mike Debraggio	161st
	Jim O'Shea	209th
	Jeff Hines	213th
1981*	Bill Reifsnyder	38th
	Mark Hulme	105th
	Rick Sayre	116th
	Jeff Hines	148th
	Robert Murdock	149th
	Rich Coffin	156th
	Steve Bigotto	181st

1982*	Bill Reifsnyder	20th
	Mark Hulme	62nd
	Mike Deckert	94th
	Dave Hawes	104th
	Jerry Jurick	107th
	Brian Harshman	121st
	Tom Richardson	169th
1983	Bill Reifsnyder	15th
1985	Charles Cole	94th
1986*	Mark Floyd	86th
	Charles Cole	91st
	Joe Cresko	124th
	Ken Sevensky	131st
	Rich Stark	132nd
	Carl Kemmerer	146th
	Steve West	156th
1987*	Steve West	87th
	Rich Stark	94th
	Charles Cole	107th
	John Floyd	113th
	Ted Neu	121st
	Mike Krafczyk	122nd
	Jeff Morganti	161st
1988*	Mike Krafczyk	98th
	John Floyd	104th
	Steve West	112th
	Mike Spambelluri	115th
	Pete O'Brien	121st
	Norbert Berenyi	
	Mike Hayes	
1991*	Tom Wuchenich	52nd
	Matt Deardorff	60th
	Bob Kelly	85th
	Jason Cahilly	99th
	Judd Jarden	104th
	Tom Eagleson	116th
	Jeff Loomis	128th
1994	Steve Clarke	DNF
2001	Greg Costello	127th
2006	Matthew Forsys	75th

\* - Team qualified for NCAAs

### ALL-EAST/CAA

1972	Scott Bartram	10th
	Lou Calvano	18th
	Bruce Hyde	24th
1973	Lou Calvano	9th
	Frank Carroll	11th
	Pat Hannon	13th
	Bruce Hyde	14th
	Scott Bartram	17th
	Bill Ledgerwood	19th
1974	Frank Carroll	5th
	Lou Calvano	10th
	Dan Davis	20th
	Rich Stark	1st
1975	Robert Braille	1st
	Dan Davis	2nd
	Lou Calvano	4th
	George Buckheit	9th
	Larry Hager	11th
1976	George Buckheit	17th
1977	George Buckheit	7th
1980	Bill Reifsnyder	3rd
	Steve Bigotto	9th
	Rick Sayre	12th
	Jim O'Shea	13th
	Mark Hulme	18th
	Jeff Hines	22nd
1981	Bill Reifsnyder	6th
	Mark Hulme	15th
	Jeff Hines	19th
1982	Bill Reifsnyder	3rd*
	Mike Deckert	20th
	Mark Hulme	23rd
1983	Bill Reifsnyder	15th
	Brian Harshman	17th
1984	Brian Harshman	25th
1985	Charles Cole	17th
1986	Carl Kemmerer	21st
	Mark Floyd	23rd
	Charles Cole	24th
1987	Steve West	19th
1988	Steve West	16th
1989	Pete O'Brien	21st

1991	Matt Deardorff	20th
1992	Tom Eagleson	25th
1994	Steve Clarke	17th
	Chris Preistaf	20th
2001	Bryan Johnston	5th
	P.J. Ward	16th
	Wes Reinhardt	21st
2002	Bryan Johnston	10th
2003	Greg Costello	4th
	Aaron Hanlon	20th
2007	Joe Foley	20th

\* - District II champion

### ECC/PL CHAMPIONS

1975	Dan Davis
1977	George Buckheit
1978	George Buckheit
1979	Jim Knight
1980	Bill Reifsnyder
1981	Bill Reifsnyder
1982	Bill Reifsnyder
1983	Bill Reifsnyder
1986	Charles Cole
1987	Charles Cole
1988	Steve West
1989	Pete O'Brien
	John Floyd
	Tom Wuchenich
	Norbert Berenyi
1990	Norbert Berenyi
1991	Matt Deardorff
1999	Dave Bronfenbrenner
2002	Bryan Johnston

### ALL-PATRIOT LEAGUE

1990	Norbert Berenyi
	Matt Deardorff
	Jeff Loomis
	Bob Kelly
	Jason Cahilly
	Tom Wuchenich

1991	Todd Vincent
	Judd Jarden
	David Howard
1992	Matt Deardorff
	Tom Wuchenich
	Bob Kelly
	Jason Cahilly
	Jeff Loomis
	Chris Preistaf
1992	Tom Eagleson
	Judd Jarden
	John Lewis
	Chris Preistaf
	Jim Farrer
1993	Steve Clarke
	Chris Preistaf
1994	Steve Clarke
	Chris Repasky
	Jamie DeFinnis
	Kevin Schilling
1995	Kevin Schilling
1996	Matt Kodak
	Wally Dietrich
1997	Matt Kodak
	Ron Hess
	Greg Colbrun
	Dave Bronfenbrenner
1998	Matt Kodak
	Jon Dietrich
	Ron Hess
	Chris Kearney
	Dave Bronfenbrenner
	Brad Wertz
1999	Dave Bronfenbrenner
	Brad Wertz
	Chris Nowakowski
	Rick Roundtree
	Steve Troisi
2000	Greg Costello
	Kevin Weatherill
	Brad Wertz

2001	Bryan Johnston
	Greg Costello
2002	Bryan Johnston (1)
	Stephen Schaefer (2)
2003	Greg Costello (1)
	Dan Lounsbury (2)
	Wes Reinhardt (2)
2006	Matthew Forsys (1)
	Wallace Campbell (2)
2007	Wallace Campbell (1)
	Clinton Orloski (2)
2009	Andrew Huebner (1)
	Kevin McGoldrick (1)
2011	Dave Brown (2)
	John Dugan (2)

### PL COACH OF THE YEAR

1992	Art Gulden
1997	Art Gulden
1998	Art Gulden
1999	Art Gulden

### NCAA DISTRICT II

1973	Art Gulden
1976	Art Gulden
1980	Art Gulden
1982	Art Gulden
1986	Art Gulden

### COACH OF THE YEAR



**Bill Reifsnyder**  
4x ECCXC Champion & 3x All-American

## BUCKNELL WOMEN'S CROSS COUNTRY POSTSEASON HONORS

### AIAW NATIONAL CHAMPIONSHIP QUALIFIERS

1979	Ann Bischoff	33rd
1980	Judy Olson	79th

### NCAA QUALIFIERS

1997	Julie Sweitzer	84th
1999*	Becki Marshall	96th
	Andrea Beisser	126th
	Theresa Dennis	143rd
	Jennifer Hart	153rd
	Carly Graytock	181st
	Mandy Youmell	229th
	Linda Mangan	DNF
2001	Theresa Dennis	73rd
2006	Leanna Nastase	94th

\* - Team qualified for NCAAs

### ALL-EAST/ECAC

1984	Gabrielle Czaja	19th
1986	Judy Perry	18th
1989	Judy Perry	9th
	Holly Hollister	18th
	Kelly Marsh	24th
1990	Kelly Marsh	9th
	Kristen Opdyke	12th
1991	Kristen Opdyke	1st
1993	Kathy Wurster	13th
	Jessica Wilhelm	20th
	Maria Ryan	23rd
1994	Jessica Wilhelm	1st
	Leah Johnson	4th
1995	Julie Sweitzer	12th
	Annie Hamlin	15th
1996	Julie Sweitzer	7th
	Annie Hamlin	10th

2000	Becki Marshall	2nd
	Andrea Beisser	6th
	Theresa Dennis	8th
	Chris Crowe	15th
2001	Chris Crowe	2nd
	Becki Marshall	7th
	Kristin Ferrell	21st
2002	Theresa Dennis	4th
	Nicole Piper	19th
2003	Katie Pfeifer	22nd
2006	Leanna Nastase	9th

### ECC/PL CHAMPIONS

1984	Gabrielle Czaja
1986	Judy Perry
1987	Judy Perry
1997	Julie Sweitzer
1998	Julie Sweitzer
1999	Becki Marshall
2000	Becki Marshall
2001	Becki Marshall
2006	Leanna Nastase

### ALL-PATRIOT LEAGUE

1991	Kristen Opdyke
1992	Kristen Opdyke
1994	Jessica Wilhelm
	Leah Johnson
1996	Julie Sweitzer
	Annie Hamlin
1997	Julie Sweitzer
	Carly Graytock
	Annie Hamlin
1998	Julie Sweitzer
	Carla Graytock
	Becki Marshall
	Charlotte Shurrell

1999	Becki Marshall
	Andrea Beisser
	Jennifer Hart
	Carla Graytock
	Theresa Dennis
2000	Becki Marshall
	Andrea Beisser
	Theresa Dennis
	Chris Crowe
	Mandy Youmell
2001	Becki Marshall
	Chris Crowe
	Theresa Dennis
	Kelly McConnell
2002	Theresa Dennis (1)
	Nicole Piper (1)
	Allison Cole (1)
	Katie Pfeifer (2)
	Jamie Gow (2)
	Kayla Halloran (2)
2003	Katie Pfeifer (1)
	Lauren Bricker (2)
	Jamie Gow (2)
	Kayla Halloran (2)
2004	Leanna Nastase (2)
2005	Jennifer Stevens (1)
	Leanna Nastase (1)
	Erin Cranmer-Hart (2)
	Lauren Bricker (2)
	Kayla Halloran (2)
2006	Leanna Nastase (1)
	Erin Cranmer-Hart (1)
	Jenny Stevens (1)
	Nicole Falcaro (2)
	Gillian Nordquist (2)
	Christine Totten (2)

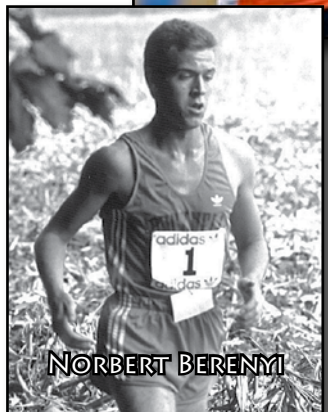
2007	Erin Cranmer-Hart (1)
	Christy Totten (2)
	Gillian Nordquist (2)
2008	Stephanie Fulmer (1)
	Caitlin Cavanaugh (2)
2009	Stephanie Fulmer (1)
	Sarah Moniz (1)
	Alexa Griffiths (2)
2010	Stephanie Fulmer (1)
	Sarah Moniz (1)
	Alysha Hooper (2)
2011	Stephanie Fulmer (1)
	Caroline Tolti (1)
	Emily Ligggett (2)

### PL COACH OF THE YEAR

1996	Art Gulden
1998	Art Gulden
1999	Art Gulden
2001	Kevin Donner
2005	Kevin Donner
2006	Kevin Donner
2009	Kevin Donner



**STEPHANIE FULMER**



**NORBERT BERENYI**

# Men's Track & Field Championship Results

## MEN'S PATRIOT LEAGUE INDOOR TRACK & FIELD CHAMPIONSHIPS: 1991-2012

Year	1st	2nd	3rd	4th	5th	6th	7th	8th
<b>1991</b>	<b>1. Bucknell</b> 205	2. Fordham 117	3. Colgate 106	4. Lehigh 68	5. Lafayette 63	6. Holy Cross 29		
<b>1992</b>	<b>1. Bucknell</b> 164.25	2. Lehigh 129.25	3. Fordham 110.5	4. Lafayette 72	5. Colgate 64	6. Holy Cross 48		
<b>1993</b>	<b>1. Bucknell</b> 170.5	2. Lehigh 108	3. Lafayette 101	4. Colgate 88	5. Fordham 84.5	6. Holy Cross 37		
<b>1994</b>	1. Army 216	2. Navy 121.33	<b>3. Bucknell</b> 93	4. Lafayette 63	5. Lehigh 30.33	6. Fordham 28	7. Colgate 27	8. Holy Cross 10.33
<b>1995</b>	1. Army 200	<b>2. Bucknell</b> 113	3. Navy 95	4. Lafayette 50.5	5. Lehigh 44	6. Colgate 29	7. Holy Cross 28.5	8. Fordham 28
<b>1996</b>	1. Army 238	<b>2. Bucknell</b> 158	3. Lafayette 62	4. Lehigh 44	5. Colgate 36	6. Navy 34	7. Holy Cross 17	
<b>1997</b>	1. Army 203	<b>2. Bucknell</b> 133	3. Lafayette 108	4. Lehigh 55	5. Colgate 35	6. Navy 33	7. Holy Cross 22	
<b>1998</b>	1. Army 212.5	<b>2. Bucknell</b> 139	3. Lafayette 80	4. Lehigh 71.5	5. Navy 70	6. Colgate 20	7. Holy Cross 6	
<b>1999</b>	1. Army 238	<b>2. Bucknell</b> 170	3. Lafayette 66	4. Lehigh 60	5. Colgate 48	6. Holy Cross 33		
<b>2000</b>	1. Army 230	<b>2. Bucknell</b> 120	3. Colgate 83	4. Lehigh 70	5. Navy 68	6. Lafayette 38	7. Holy Cross 11	
<b>2001</b>	1. Army 212	<b>2. Bucknell</b> 126.5	3. Lehigh 81	4. Navy 79.5	5. Colgate 64	6. Lafayette 43	7. Holy Cross 14	
<b>2002</b>	1. Army 210.5	<b>2. Bucknell</b> 86	3. Lafayette 79.5	4. Colgate 66	5. Lehigh 56	6. Navy 54	7. American 50	8. Holy Cross 18
<b>2003</b>	1. Army 191	2. Lafayette 109	<b>3. Bucknell</b> 99	4. American 69	5. Lehigh 61	6. Colgate 56	7. Holy Cross 21	8. Navy 14
<b>2004</b>	1. Navy 177.75	2. Army 175.75	<b>3. Bucknell</b> 68.75	4. American 61	5. Lehigh 59.75	6. Lafayette 54	7. Colgate 20	8. Holy Cross 3
<b>2005</b>	1. Navy 196	2. Army 152	3. American 92	4. Lehigh 68	5. Lafayette 49	<b>6. Bucknell</b> 35	7. Colgate 19	8. Holy Cross 9
<b>2006</b>	1. Army 188	2. Navy 141	3. American 73	4. Lehigh 67	5. Lafayette 58	<b>6. Bucknell</b> 57	7. Colgate 26	8. Holy Cross 10
<b>2007</b>	1. Army 154.50	2. Navy 140.50	<b>3. Bucknell</b> 122	4. American 82	5. Lafayette 46	6. Lehigh 43	7. Colgate 28	8. Holy Cross 4
<b>2008</b>	1. Navy 188.5	<b>2. Bucknell</b> 138	3. Army 108	4. Colgate 55.5	5. American 51			
<b>2009</b>	1. Army 188	<b>2. Bucknell</b> 129	3. Navy 103	4. Lehigh 93	5. Lafayette 48	6. American 40	7. Colgate 12	8. Holy Cross 7
<b>2010</b>	1. Army 165	<b>2. Bucknell</b> 159	3. Navy 115	4. Lafayette 76	5. American 42	6. Lehigh 41	7. Colgate 20	8. Holy Cross 2
<b>2011</b>	1. Navy 171	2. Army 165	<b>3. Bucknell</b> 151	4. Lehigh 46.5	5. American 29.5	6. Lafayette 29	7. Colgate 20	8. Holy Cross 8
<b>2012</b>	<b>1. Bucknell</b> 185	2. Navy 176.25	3. Army 106	4. Lehigh 65	5. Lafayette 41.25	6. Colgate 29.5	7. American 10	8. Holy Cross 7



**Thomas McLean**  
1976 NCAA 800m  
Champion



**2012 PATRIOT LEAGUE CHAMPIONS**

## MEN'S PATRIOT LEAGUE OUTDOOR TRACK & FIELD CHAMPIONSHIPS: 1991-2012

Year	1st	2nd	3rd	4th	5th	6th	7th	8th
<b>1991</b>	<b>1. Bucknell</b> 206.5	2. Fordham 188.5	3. Lehigh 107	4. Lafayette 83	5. Colgate 57	6. Holy Cross 46		
<b>1992</b>	1. Army 274	<b>2. Bucknell</b> 142	3. Lafayette 63	4. Lehigh 60	5. Fordham 50	6. Colgate 45	7. Holy Cross 16	
<b>1993</b>	1. Army 214	2. Navy 106	<b>3. Bucknell</b> 92	4. Lehigh 89	5. Lafayette 60	6. Fordham 53	7. Colgate 35	8. Holy Cross 2
<b>1994</b>	1. Army 273	<b>2. Bucknell</b> 159	3. Lehigh 67	4. Lafayette 54	5. Fordham 47	6. Colgate 35	7. Holy Cross 15	
<b>1995</b>	1. Army 282	<b>2. Bucknell</b> 156	3. Lafayette 79	4. Fordham 64	5. Lehigh 40	6. Holy Cross 15	7. Colgate 14	
<b>1996</b>	1. Army 309	<b>2. Bucknell</b> 175	3. Lafayette 84	4. Lehigh 62	5. Holy Cross 10	6. Colgate 8		
<b>1997</b>	1. Army 271	2. Lafayette 108	<b>3. Bucknell</b> 96	4. Lehigh 66	5. Navy 47	6. Colgate 39	7. Holy Cross 24	
<b>1998</b>	1. Army 253.5	<b>2. Bucknell</b> 148.5	3. Lafayette 76	4. Lehigh 72	5. Navy 57	6. Holy Cross 33	7. Colgate 10	
<b>1999</b>	1. Army 271	<b>2. Bucknell</b> 171	3. Lafayette 77	4. Lehigh 67	5. Holy Cross 40	6. Colgate 22		
<b>2000</b>	1. Army 228	<b>2. Bucknell</b> 149	3. Navy 91	4. Colgate 68	5. Lehigh 66	6. Lafayette 50	7. Holy Cross 30	
<b>2001</b>	1. Army 244.5	<b>2. Bucknell</b> 149.5	3. Lehigh 104	4. Navy 74	5. Lafayette 54	6. Holy Cross 25		
<b>2002</b>	1. Army 216	<b>2. Bucknell</b> 124.5	3. Lafayette 86.5	4. Lehigh 73	5. American 57	6. Holy Cross 33	7. Navy 31	8. Colgate 30
<b>2003</b>	1. Army 188	<b>2. Bucknell</b> 105	3. American 84	4. Colgate 80	5. Lafayette 75	6. Lehigh 75	7. Holy Cross 44	
<b>2004</b>	1. Army 228	2. Navy 169	<b>3. Bucknell</b> 75	4. American 69	5. Lafayette 66	6. Lehigh 43	7. Holy Cross 24	8. Colgate 5
<b>2005</b>	1. Army 226	2. Navy 194	3. American 74	4. Lafayette 68	5. Lehigh 52	<b>6. Bucknell</b> 38	7. Colgate 23	8. Holy Cross 7
<b>2006</b>	1. Army 219.5	2. Navy 130	3. Lehigh 95	4. Lafayette 76	5. American 68	<b>6. Bucknell</b> 62.5	7. Holy Cross 17	8. Colgate 12
<b>2007</b>	1. Army 162	<b>2. Bucknell</b> 144	3. Navy 141	4. Lehigh 79	5. American 74	6. Lafayette 50	7. Colgate 19	8. Holy Cross 13
<b>2008</b>	1. Navy 199	2. Army 179	<b>3. Bucknell</b> 137	4. Lehigh 51.5	5. Colgate 41.5	6. American 35	7. Lafayette 23	8. Holy Cross 16
<b>2009</b>	1. Army 234	<b>2. Bucknell</b> 151.5	3. Navy 93	4. Lafayette 81	5. Lehigh 58	6. Holy Cross 24	7. American 22.5	8. Colgate 17
<b>2010</b>	<b>1. Bucknell</b> 181	2. Army 178	3. Navy 105	4. Lafayette 89	5. Lehigh 72	6. American 37	7. Colgate 16	8. Holy Cross 4
<b>2011</b>	<b>1. Bucknell</b> 186	2. Army 157	3. Navy 132.5	4. Lehigh 91	5. Lafayette 49	6. American 36.5	7. Colgate 16	8. Holy Cross 14
<b>2012</b>	<b>1. Bucknell</b> 167	2. Navy 153	3. Army 149	4. Lehigh 98	5. Lafayette 72	6. Colgate 20	7. American 12	8. Holy Cross 10



**Kristen Opdyke**  
2x All-East  
XC Selection

# Women's Track & Field Championship Results



**Matthew Forsy**  
2007 NCAA Steeplechase Qualifier

## WOMEN'S PATRIOT LEAGUE INDOOR TRACK & FIELD CHAMPIONSHIPS: 1991-2012

Year	1st	2nd	3rd	4th	5th	6th	7th	8th
<b>1991</b>	1. Fordham 166	2. <b>Bucknell</b> 148	3. Lafayette 128	4. Holy Cross 74	5. Lehigh 25	6. Colgate 15		
<b>1992</b>	1. <b>Bucknell</b> 178	2. Lafayette 134	3. Fordham 80	4. Holy Cross 70	5. Lehigh 53	6. Colgate 42		
<b>1993</b>	1. <b>Bucknell</b> 205	2. Fordham 114	3. Holy Cross 71	4. Lafayette 67	5. Colgate 52	6. Lehigh 49		
<b>1994</b>	1. Army 176	2. Navy 121	3. <b>Bucknell</b> 118	4. Lafayette 42	5. Holy Cross 36	6. Lehigh 31	7. Fordham 20	8. Colgate 14
<b>1995</b>	1. Army 169	2. Navy 115	3. <b>Bucknell</b> 108	4. Fordham 46	5. Holy Cross 43	6. Lafayette 39	7. Colgate 21	8. Lehigh 17
<b>1996</b>	1. Army 141.5	2. <b>Bucknell</b> 136	3. Navy 125.5	4. Lehigh 50	5. Lafayette 37	6. Colgate 35	7. Holy Cross 33	
<b>1997</b>	1. Army 149	2. Navy 142	3. <b>Bucknell</b> 125	4. Lafayette 70.5	5. Lehigh 47	6. Colgate 18	7. Holy Cross 5.5	
<b>1998</b>	1. <b>Bucknell</b> 175.5	2. Army 150	3. Navy 106	4. Lafayette 83	5. Lehigh 37	6. Colgate 34	7. Holy Cross 3	
<b>1999</b>	1. <b>Bucknell</b> 225.33	2. Army 146.83	3. Lafayette 104.5	4. Lehigh 70	5. Colgate 53	6. Holy Cross 17.33		
<b>2000</b>	1. <b>Bucknell</b> 212	2. Navy 176	3. Army 84	4. Lafayette 63	5. Lehigh 45	6. Colgate 38	7. Holy Cross 2	
<b>2001</b>	1. Navy 196	2. <b>Bucknell</b> 132	3. Lehigh 92	4. Army 87	5. Colgate 56	6. Lafayette 47	7. Holy Cross 10	
<b>2002</b>	1. <b>Bucknell</b> 167	2. Army 123.16	3. Navy 112	4. Lehigh 81.48	5. Lafayette 59.32	6. Colgate 51	7. American 18	8. Holy Cross 8
<b>2003</b>	1. <b>Bucknell</b> 180	2. Army 120	3. Navy 114	4. Lehigh 90	5. American 48	6. Colgate 34	7. Lafayette 26	8. Holy Cross 8
<b>2004</b>	1. <b>Bucknell</b> 198	2. Navy 104	3. Army 100	4. Lehigh 62	5. American 56	6. Lafayette 44	7. Colgate 41	8. Holy Cross 15
<b>2005</b>	1. <b>Bucknell</b> 211.5	2. Navy 130	3. Army 115	4. Lehigh 53	5. American 48	6. Lafayette 30	7. Colgate 29	8. Holy Cross 3.5
<b>2006</b>	1. <b>Bucknell</b> 190	2. Army 122	3. Navy 117	4. Lafayette 83	5. American 40	6. Lehigh 32	7. Colgate 22	8. Holy Cross 14
<b>2007</b>	1. <b>Bucknell</b> 192	2. Navy 139.75	3. Army 81	4. Lafayette 76.75	5. Holy Cross 47.75	6. Lehigh 47.75	7. Colgate 34	8. American 1
<b>2008</b>	1. <b>Bucknell</b> 173	2. Lafayette 146	3. Navy 87	4. Army 75	5. Lehigh 49	6. Holy Cross 46	7. Colgate 28	8. American 16
<b>2009</b>	1. Navy 151	2. <b>Bucknell</b> 142	3. Army 94	4. Holy Cross 79	5. Lehigh 64	6. Colgate 52	7. Lafayette 30	8. American 8
<b>2010</b>	1. <b>Bucknell</b> 168	2. Navy 96	3. Lehigh 92	4. Holy Cross 80	5. Army 79	6. Colgate 60	7. Lafayette 30	8. American 15
<b>2011</b>	1. Navy 157	2. <b>Bucknell</b> 117	3. Lehigh 95	4. Army 67	5. Colgate 58	6. Lafayette 50	7. Holy Cross 48	8. American 28
<b>2012</b>	1. <b>Bucknell</b> 164	2. Navy 124	3. Lehigh 108	4. Holy Cross 70	5. Colgate 56	6. Army 56	7. Lafayette 42	8. American 0

## WOMEN'S PATRIOT LEAGUE OUTDOOR TRACK & FIELD CHAMPIONSHIPS: 1991-2012

Year	1st	2nd	3rd	4th	5th	6th	7th	8th
<b>1991</b>	1. <b>Bucknell</b> 168	2. Lafayette 159	3. Fordham 118	4. Holy Cross 109	5. Lehigh 33	6. Colgate 7		
<b>1992</b>	1. Army 178	2. <b>Bucknell</b> 115	3. Lafayette 108	4. Fordham 81	5. Holy Cross 63	6. Lehigh 49	7. Colgate 25	
<b>1993</b>	1. Army 167	2. Navy 129	3. <b>Bucknell</b> 123	4. Fordham 65	5. Colgate 44	6. Lafayette 43	7. Holy Cross 30	8. Lehigh 19
<b>1994</b>	1. Army 237	2. <b>Bucknell</b> 169	3. Lafayette 65	4. Fordham 60	5. Holy Cross 41	6. Lehigh 35	7. Colgate 13	
<b>1995</b>	1. Army 225	2. <b>Bucknell</b> 136.5	3. Colgate 59.5	4. Holy Cross 48	5. Lafayette 48	6. Lehigh 46	7. Fordham 27	
<b>1996</b>	1. Army 219	2. <b>Bucknell</b> 161	3. Lafayette 124	4. Lehigh 45	5. Colgate 36	6. Holy Cross 32		
<b>1997</b>	1. Army 175	2. <b>Bucknell</b> 128	3. Navy 128	4. Lafayette 84	5. Lehigh 61	6. Colgate 27	7. Holy Cross 17	
<b>1998</b>	1. Army 226	2. <b>Bucknell</b> 166	3. Navy 122	4. Lafayette 93	5. Lehigh 22	6. Holy Cross 28	7. Colgate 1	
<b>1999</b>	1. <b>Bucknell</b> 190.5	2. Army 162.5	3. Lehigh 116	4. Lafayette 113	5. Colgate 49	6. Holy Cross 17		
<b>2000</b>	1. <b>Bucknell</b> 212	2. Navy 154.25	3. Army 102.25	4. Lehigh 94.25	5. Lafayette 66.25	6. Holy Cross 14	7. Colgate 8	
<b>2001</b>	1. <b>Bucknell</b> 212	2. Army 102.25	3. Lehigh 94.25	4. Lafayette 66.25	5. Holy Cross 14	6. Colgate 8		
<b>2002</b>	1. <b>Bucknell</b> 159	2. Army 129	3. Navy 103	4. Lafayette 89	5. Lehigh 75	6. Colgate 58	7. Holy Cross 20	8. American 18
<b>2003</b>	1. Navy 139	2. Army 128	3. <b>Bucknell</b> 126	4. Lehigh 118	5. Lafayette 70	6. American 38	7. Colgate 19	8. Holy Cross 13
<b>2004</b>	1. <b>Bucknell</b> 182	2. Army 160	3. Navy 144	4. Lehigh 56	5. Lafayette 56	6. American 42	7. Colgate 36	8. Holy Cross 6
<b>2005</b>	1. <b>Bucknell</b> 209.5	2. Army 154	3. Navy 136.5	4. Lehigh 78	5. Lafayette 54.5	6. Colgate 24	7. American 16	8. Holy Cross 9.5
<b>2006</b>	1. <b>Bucknell</b> 187.5	2. Navy 132.5	3. Lafayette 128	4. Army 123	5. Colgate 47	6. Lehigh 38	7. American 21	8. Holy Cross 5
<b>2007</b>	1. <b>Bucknell</b> 207	2. Navy 187	3. Army 108	4. Lafayette 65.50	5. Lehigh 48.50	6. Colgate 42	7. Holy Cross 22	8. American 2
<b>2008</b>	1. Army 148	2. <b>Bucknell</b> 146	3. Lafayette 137	4. Holy Cross 78	5. Navy 70.33	6. Lehigh 68.67		
<b>2009</b>	1. <b>Bucknell</b> 188.5	2. Navy 119	3. Colgate 94	4. Army 84	5. Holy Cross 80	6. Lehigh 54.5	7. Lafayette 42	8. American 16
<b>2010</b>	1. <b>Bucknell</b> 191	2. Navy 120	3. Army 97	4. Holy Cross 80	5. Lehigh 76	6. Colgate 56	7. Lafayette 56	8. American 8
<b>2011</b>	1. <b>Bucknell</b> 189.5	2. Navy 164	3. Lehigh 84	4. Lafayette 64	5. Holy Cross 62	6. Army 60.4	7. Colgate 31	8. American 26
<b>2012</b>	1. Navy 156.5	2. <b>Bucknell</b> 133.5	3. Lehigh 118	4. Army 83	5. Lafayette 79	6. Holy Cross 55	7. Colgate 51	8. American 6



**Theresa Dennis**  
2x NCAA Qualifier



PATRIOT LEAGUE TRIPLE CROWN WINNERS  
2005-06, 2006-07, 2009-10

# Track & Field Championship Results

## MEN'S TRACK & FIELD CHAMPIONSHIP MEET RESULTS 1921-1990

Year	Conference	Rank	Year	Rank	Year	Conference	Rank
1921	First	Third	1924	Third	1927	Second	Second
1922	First	First	1925	First	1928	Second	Second
1923	First	Second	1926	Second	1929	--	--
		Third	1927	Second	1930	Fourth	Fourth
		Fourth	1928	Second	1931	Fifth	Fifth
		Fifth	1929	--	1932	Fourth	Fourth
		Sixth	1930	Fourth	1933	Third	Third
		Seventh	1931	Fifth	1934	Third	Third
		Eighth	1932	Fourth	1935	Third	Third
		Ninth	1933	Third	1936	Second	Second
		Tenth	1934	Third			
		Eleventh	1935	Third			
		Twelfth	1936	Second			
		Thirteenth					
		Fourteenth					
		Fifteenth					
		Sixteenth					
		Seventeenth					
		Eighteenth					
		Nineteenth					
		Twentieth					
		Twenty-first					
		Twenty-second					
		Twenty-third					
		Twenty-fourth					
		Twenty-fifth					
		Twenty-sixth					
		Twenty-seventh					
		Twenty-eighth					
		Twenty-ninth					
		Thirtieth					
		Thirty-first					
		Thirty-second					
		Thirty-third					
		Thirty-fourth					
		Thirty-fifth					
		Thirty-sixth					
		Thirty-seventh					
		Thirty-eighth					
		Thirty-ninth					
		Fortieth					
		Forty-first					
		Forty-second					
		Forty-third					
		Forty-fourth					
		Forty-fifth					
		Forty-sixth					
		Forty-seventh					
		Forty-eighth					
		Forty-ninth					
		Fiftieth					

## WOMEN'S EAST COAST CONFERENCE CHAMPIONSHIP MEET RESULTS 1983-1990

Year	Rank	Year	Rank
1983	Second	1984	Fourth
1984	Third	1985	Third
1985	Third	1986	Second
1986	Third	1987	Second
1987	Second	1988	Second
1988	Second	1989	First
1989	First	1990	--
1990	Second		

## ALL-TIME CROSS COUNTRY/TRACK & FIELD TEAM CAPTAINS

### MEN

**1935-36** William "Bud" Wilkinson  
**1936-37** Edwin Stebbins  
**1937-38** --  
**1938-39** Charles Eyer  
**1939-40** Victor Cannestro  
**1941-42** Bob Shaffer  
**1942-43 to 1950-51** --  
**1951-52** James LePard  
**1952-53** --  
**1953-54** Red Macauley, Larry Patz  
**1954-55** Frank Vanderhoof  
**1955-56** Ed Burg  
**1956-57** Al Larrabee, Art Saunders  
**1957-58** Willie Clowe, Chuck Wagner  
**1958-59** --  
**1959-60** Clint Gilkey, Dave Lynch  
**1960-61** Dick Boddie, Marty Holmes  
**1961-62** Ron Andreuzzi, Bob DeCamp  
**1962-63** Alan Holmes, Jeff Martin  
**1963-64** Daniel Harris, Thomas Harris  
**1964-65** Don Horning  
**1965-66** --  
**1966-67** --  
**1967-68** Edward Hoffman  
**1968-69** Evan Davis, Robert Simons  
**1969-70** Joseph Cost, Gary Metzger  
**1970-71** Richard Francel, Thomas Hagerty  
**1971-72** Richard Francel, Thomas Hagerty, John Larner, Kevin MacCartney  
**1972-73** Scott Bartram, W. Leonard Dillinger, Mitchell Farbstein, John Larner, J. Douglas Nauman  
**1973-74** Scott Bartram, Paul Brant, William Ledgerwood, Glenn McLaughlin  
**1974-75** Frank Carroll, James Carty, Bruce Hyde  
**1975-76** Louis Calvano, R. Daniel Davis, Edward Dzurinko, J. Lawrence Hager  
**1976-77** Wayne Bargiel, Bob Braile, Mike McCoy, Robert Scott  
**1977-78** George Buckheit, Steve Fillebrown, Roger Gary, Bill Stillwell  
**1978-79** Robert Bickel, George Buckheit, Lee Edmunds  
**1979-80** Pete Legan, James O'Shea, Chet Palesko  
**1980-81** Mike Debraggio, Jim O'Shea, Rick Sayre, Al Wegener  
**1981-82** Gary Bartlett, Steve Bigotto, Rick Sayre, Mike Ward  
**1982-83** Mark Hulme, Dave White  
**1983-84** Mike Deckert, Mike Geraghty, David Hawes, Jeff Hines, Jerry Jurick, Bill Reifsnnyder

**1984-85** Brian Harshman, Dean Malatino, Chocky Spadafore  
**1985-86** Steve Branch, Brian Fullem, Ray Sullivan, Bill Wilson  
**1986-87** Carl Kemmerer, Mark Floyd, Vince O'Boyle  
**1987-88** Charles Cole, Antwan Minter, Ted Neu, Ken Sevensky, Ray Wood  
**1988-89** Bob Gift, Tim Henkel, Mike Kraczyk, Steve West  
**1989-90** John Floyd, Tim Henkel, Greg Keller, Pete O'Brien, Rich Reback, Mike Sgambelluri  
**1990-91** Paul Austin, Norbert Berenyi, John Daniels, Frank Hammer, Paul Houchens, Gary Serbent  
**1991-92** Jim Bock, Matt Deardorff, Bob Kelly, Jeff Schild, Tom Wuchenich  
**1992-93** Tom Eagleson, Pete Gregory, Judd Jarden, John Lewis, Jean Simon  
**1993-94** Sam Bijelic, Stephen Clarke, Christopher Priestaf, Jean Simon, Eitan Tabak, Rick Van Emburgh  
**1994-95** Stephen Clarke, Christopher Priestaf, Rick Van Emburgh  
**1995-96** Karim Abdul-Matin, Dan Akwei, Ed Loges, Kevin Schilling, Terry Shea, Erik Stieler  
**1996-97** Andrew Bullard, Bob Chandler, Dave Granger, Mike Pistella, Steve Roser, Brett Warner  
**1997-98** Jon Dietrich, Mike Ditzel, Peter Kelly, Matt Kodak, Todd Malligan, Darryl Volpicelli  
**1998-99** Jon Dietrich, Ron Hess, Matt Kodak, Dave Pomfret, Stephen Williamson  
**1999-00** David Bronfenbrenner, Ron Hess, Dave Pomfret, Bryan Schiding, Brad Wertz, Stephen Williamson  
**2000-01** James Hollins, Nate Kraft, Brad Wertz  
**2001-02** Richard Alexander, Greg Costello, Dave Gabriel, Bryan Johnston, Adam Kaufman, Matt Solomon  
**2002-03** Richard Alexander, Greg Costello, Bryan Johnston, Adam Kaufman, Lou Palma, Matt Solomon  
**2003-04** Greg Costello, Nick Moussetis, Christopher Edwards, Justin McKnight, Mike Mellas, Noel Powell, Kevin Walsh  
**2004-05** Doug Creveling  
**2005-06** Matt Bonelli, Kevin Brown, Matt Corbetta, Ryan Delaney, Matt Forrys, Dan Frake, Ryan Whitfield  
**2006-07** Matt Bonelli, Mark Caroleo, Matt Forry

**2007-08** Andrew Corral, Michael Gibney, David Mante, James Meyer, William Holleran  
**2008-09** Kyle Anthony, Kerry Boyle, Andrew Huebner, Kevin MacLeod, Clinton Orloski  
**2009-10** Kyle Anthony, Gregory Baxter, Drew Fitzgerald, Andrew Huebner, Kevin McGoldrick  
**2010-11** Rob Arent, Isaih Bell, Christopher Boyd, Joshua Clark, Drew Fitzgerald, Justin O'Brien, John Picardo, Zachary Shapiro  
**2011-12** Rob Arent, Tom Barr, Dave Brown, Brian Charland, Dan Dillon, Jordan Donaldson, Ted Heitzman, Andrew Powell  
**2012-13** Brian Charland, D.J. Krystek, Daniel Markwalter, Ted Motolla, Luke Webster

### WOMEN

**1976-77** Marion "Mimi" Wildeman  
**1977-78** Susan Cluzel, Mary Rohrig  
**1978-79** Ann Bischoff, Susan Cluzel, Barbara Runkle  
**1979-80** Ann Bischoff, Roberta Leopold, Beth Thomas  
**1980-81** Linda Accetura, Suzanne Hecker, Jean LeCates  
**1981-82** Katrina Bikis, Julie Crossman, Lonnie Fertik, Jean LeCates  
**1982-83** Lonnie Fertik, Laura Gaydos, Stacey Nicholson  
**1983-84** Gabi Czaja, Kelly Hoskins, Stacey Nicholson, Nancy Russo  
**1984-85** Gabi Czaja, Pam del Rio  
**1985-86** Liz Ludwigson, Dawne Quackenbush  
**1986-87** Corinne Dinardo, Liz Ludwigson  
**1987-88** Trudi Benson, Tracy Bigley, Susan Roland, Jill Wise  
**1988-89** Connie Hall, Judy Perry, Sue Rowland  
**1989-90** Holly Hollister, Judy Perry, Margaret Wilkes, Juli Winkler  
**1990-91** Kelly Marsh, Lynette McBride, Colleen O'Mahen, Alison Saeger  
**1991-92** Gina Abraham, Ella Episcopo, Geri Kernisan, Kristen Opdyke, Tricia Plasko  
**1992-93** Julie Eiercks, Dana Harbst, Kristen Opdyke  
**1993-94** Bridget Dean, Beth Muehl, Kathy Wurster

**1994-95** Bridget Dean, Tameka Hinton, Megan Idell, Leah Johnson, Mary Clare Thompson, Becky Tobin  
**1995-96** Heather Houseknecht, Norine Nadeau, Kristen Overturf, Julie Shafer  
**1996-97** Lisa Allen, Adele Conover, Kate Dei Cas, Heather Houseknecht, Julie Shafer  
**1997-98** Annie Hamlin, Karen Leonard, Jen Rice, Julie Sweitzer, Rebecca Traversers  
**1998-99** Annie Hamlin, Connie Hamlin, Jessica Quintanna, Julie Sweitzer  
**1999-00** Carly Graytock, Jennifer Hart, Kim McGrath, Karen Middleton, Audrey Myers  
**2000-01** Becki Marshall, Andrea Nyce, Mandy Youmell, Kim Zimbal  
**2001-02** Stephanie Bango, Becki Marshall, Kelly McConnell, LaTonya McSwain, Christie Wolfgang, Kim Zimbal  
**2002-03** Edwina Bourn, Charity Brady, Theresa Dennis, Jennifer Malcolm, Nicki Piper  
**2003-04** Abigail Bouzan-Kaloustian, Jennifer Malcom, Jennifer Marsh, Katie Pfeifer, Laura Schaffer  
**2004-05** Tolu Feyanjuola, Jennifer Marsh, Katie Pfeifer, Kelly Raffety, Danielle Todman  
**2005-06** Kat Allen, Kerryann Branker, Lauren Bricker, Melanie Buczko, Leanna Nastase, Jennifer O'Connor, Nina Reinhardt, Danielle Todman  
**2006-07** Melanie Buczko, Marjorie Grap, Leanna Nastase, Jenny Stevens  
**2007-08** Erin Cranmer-Hart, Ashley Curry, Offeeba Hanson-Hall, Amanda Mockbee  
**2008-09** Jenny Dalzell, Kati Dempsey, Megan Hathaway, Jessica Hibbert, Gillian Nordquist  
**2009-10** Allison Janda, Amy Mantush, Sarah Moniz, Chelsey Musante, Jennifer Pierce, Gabrielle Skovira  
**2010-11** Kristin Bretscher, Stephanie Hardenstine, Casey Krause, Jamie Leacock, Sarah Moniz, Laura Rycyk  
**2011-12** Kat Folger, Meghan Frate, Stephanie Fulmer, Taylor Funk, Kelly Grosskurth, Alysha Hooper, Rebecca Misko, Christina Muccio  
**2012-13** Leah Goeke, Sasha Hornock, Abby Monaghan, Caroline Tolli



Noel Powell  
7x PL Champion



Tolu Feyanjuola  
4x PL Champion

# 2012 Patriot League Championship Results

## 2012 MEN'S PATRIOT LEAGUE INDOOR TRACK & FIELD CHAMPIONSHIPS + FEB. 17-19 GERHARD FIELDHOUSE + BUCKNELL

### Final Team Scores

1. Bucknell .....	185
2. Navy .....	176.25
3. Army .....	106
4. Lehigh .....	65
5. Lafayette .....	41.25
6. Colgate .....	29.5
7. American .....	10
8. Holy Cross .....	7

### Heptathlon

1. Powell, Bucknell .....	5,143
2. Forrest, Lehigh .....	4,932
3. Paquin, Lehigh .....	4,814
4. Fowler, Navy .....	4,721
5. Kittle, Army .....	4,649
6. Brandstadt, Bucknell .....	4,482

### 60-Meter Dash

1. Hicks, Bucknell .....	6.88
2. Rudolph, Lafayette .....	6.96
3. Lupica, Bucknell .....	6.97
4. Fenner, Holy Cross .....	7.04
5. Riley, Bucknell .....	7.05
6. Wilkes, Army .....	7.07

### 200-Meter Dash

1. Hicks, Bucknell .....	21.88*
2. Lupica, Bucknell .....	22.05
3. DeRosa, Lafayette .....	22.17
4. Monroe, Lehigh .....	22.31
5. Hepp, Lafayette .....	22.31
6. Otieno, Lehigh .....	22.38

### 400-Meter Dash

1. Arent, Bucknell .....	49.39
2. Hutchins, Army .....	49.41
3. Gallien, Navy .....	49.68
4. Mahoney, Lehigh .....	50.06
5. Donaldson, Bucknell .....	50.07
6. Green, Army .....	50.38

### 500-Meter Dash

1. Evers, Navy .....	1:04.26
2. Metivier, Colgate .....	1:05.05
3. Kensey, Army .....	1:05.35
4. Smith, Army .....	1:05.51
5. Eaton-Hall, Bucknell .....	1:05.76
6. Shaw, Navy .....	1:05.94

### 800-Meter Run

1. Connelly, Navy .....	1:55.49
2. Donaldson, Bucknell .....	1:55.61
3. Kennedy, Navy .....	1:55.65
4. Parker, Lafayette .....	1:56.07
5. Kingsland, Navy .....	1:56.60
6. Logan, Bucknell .....	1:57.06

### 1,000-Meter Run

1. DellaPelle, Navy .....	2:28.23
2. Russell, Army .....	2:29.34
3. Jagelsky, Bucknell .....	2:29.74
4. Thompson, Navy .....	2:29.77
5. Erhard, Bucknell .....	2:30.17
6. Horning, Bucknell .....	2:30.20

### 60-Meter Hurdles

1. Simmonds, Navy .....	8.11
2. Arent, Bucknell .....	8.14
3. Lupica, Bucknell .....	8.17
4. Ryan, Army .....	8.31
5. Taylor, Colgate .....	8.44
Mularz, Bucknell .....	8.44

### 1-Mile

1. Bunnell, Navy .....	4:11.72
2. DellaPelle, Navy .....	4:12.41
3. Johnson, Colgate .....	4:13.02
4. Bernitt, Lehigh .....	4:14.63
5. Horning, Bucknell .....	4:16.74
6. Satterwhite, Navy .....	4:16.96

### 3,000-Meter Run

1. Rome, Navy .....	8:17.13
2. Pearson, Navy .....	8:25.26
3. Galindo, Army .....	8:26.45
4. Burns, Navy .....	8:27.29
5. Rynning, Navy .....	8:27.75
6. Olsen, American .....	8:29.45

### 5,000-Meter Run

1. Rome, Navy .....	14:14.43
2. Olsen, American .....	14:25.72
3. Johnson, Colgate .....	14:27.20
4. Satterwhite, Navy .....	14:31.20
5. Kosgei, Lehigh .....	14:32.32
6. Allen, American .....	14:34.16

### High Jump

1. Wagner, Army .....	6-10 1/4
2. Powell, Bucknell .....	6-8 1/4
3. Brown, Bucknell .....	6-6 1/4
Houston, Navy .....	6-6 1/4
5. Rumizen, Lehigh .....	6-6 1/4
6. Holland, Army .....	6-4 1/4

### Long Jump

1. Tutunjian, Lehigh .....	23-3 1/2
2. Rudolph, Lafayette .....	23-2
3. Wagner, Army .....	22-10
4. Keller, Bucknell .....	22-9 1/4
5. Prieto, Bucknell .....	22-7 3/4
6. Hutchins, Army .....	22-7

### Triple Jump

1. Tutunjian, Lehigh .....	48-3 1/4
2. Wagner, Army .....	47-7
3. Beebe, Army .....	47-4 1/4
4. Holmes, Bucknell .....	46-9
5. Prieto, Bucknell .....	46-4 1/4
6. Tapper, Bucknell .....	45-6 1/4

### Pole Vault

1. Vetere, Navy .....	15-9
2. Quinn, Army .....	15-9
3. Markwalter, Bucknell .....	15-9
Witter, Bucknell .....	15-9
Henderson, Lafayette .....	15-9
Neidhardt, Navy .....	15-9

### Shot Put

1. Barr, Bucknell .....	55-6 1/4
2. Marcott, Bucknell .....	53-1 3/4
3. Geary, Army .....	52-6
4. Koullias, Bucknell .....	51-0 1/4
5. Boniwell, Navy .....	50-8 1/4
6. Buck, Lehigh .....	49-2 1/2

### Weight Throw

1. Joseph, Bucknell .....	63-0
2. Barr, Bucknell .....	62-8 1/2
3. Ricks, Navy .....	59-8 1/2
4. Snoad, Army .....	57-6 1/2
5. Duncavage, Navy .....	57-2
6. Davis, Army .....	56-1 1/2

### 4x400-Meter Relay

1. Army .....	3:18.59
2. Navy .....	3:18.73
3. Lehigh .....	3:19.07
4. Bucknell .....	3:21.41
5. Lafayette .....	3:22.94
6. Holy Cross .....	3:29.23

### 4x800-Meter Relay

1. Navy .....	7:34.81
2. Bucknell .....	7:35.14
3. Lafayette .....	7:39.93
4. Army .....	7:42.51
5. Holy Cross .....	7:45.05
6. Lehigh .....	7:45.78

### Distance Medley Relay

1. Navy .....	10:05.28
2. Colgate .....	10:06.39
3. Lehigh .....	10:10.31
4. Bucknell .....	10:10.75
5. Lafayette .....	10:12.83
6. Army .....	10:17.31

## 2012 MEN'S PATRIOT LEAGUE OUTDOOR TRACK & FIELD CHAMPIONSHIPS + MAY 4-5 HART TURF COMPLEX + HOLY CROSS

### Final Team Scores

1. Bucknell .....	167
2. Navy .....	153
3. Army .....	149
4. Lehigh .....	98
5. Lafayette .....	72
6. Colgate .....	20
7. American .....	12
8. Holy Cross .....	10

### Decathlon

1. Powell, Bucknell .....	6,667*
2. Forrest, Lehigh .....	6,531
3. Maurer, Lehigh .....	6,285
4. Paquin, Lehigh .....	6,220
5. Kittle, Army .....	5,993
6. Brandstadt, Bucknell .....	5,902

### 100-Meter Dash

1. Rudolph, Lafayette .....	10.50
2. Hicks, Bucknell .....	10.78
3. Riley, Bucknell .....	10.82
4. DeRosa, Lafayette .....	10.86
5. Otieno, Lehigh .....	10.91

### 200-Meter Dash

1. Rudolph, Lafayette .....	21.57
2. DeRosa, Lafayette .....	21.67
3. Hicks, Bucknell .....	21.77
4. Hepp, Lafayette .....	21.88
5. Monroe, Lehigh .....	21.94
6. Otieno, Lehigh .....	22.14

### 400-Meter Dash

1. Hepp, Lafayette .....	48.00
2. Arent, Bucknell .....	48.17
3. Monroe, Lehigh .....	48.45
4. Mahoney, Lehigh .....	48.47
5. Jackson, Army .....	48.50
6. Taylor, Army .....	48.89

### 800-Meter Run

1. Donaldson, Bucknell .....	1:50.52
2. Jones, Army .....	1:51.35
3. Evers, Navy .....	1:51.49
4. Parker, Lafayette .....	1:51.78
5. Kingsland, Navy .....	1:51.87
6. Connelly, Navy .....	1:52.02

### 1,500-Meter Run

1. DellaPelle, Navy .....	3:51.06
2. Rome, Navy .....	3:51.62
3. Kennedy, Navy .....	3:51.72
4. Russell, Army .....	3:52.16
5. Haney, Navy .....	3:52.66
6. Satterwhite, Navy .....	3:53.95

### 3,000-Meter Steeplechase

1. Bunnell, Navy .....	9:04.14
2. Kosgei, Lehigh .....	9:05.73
3. O'Brien, Lehigh .....	9:11.94
4. Lehardy, Army .....	9:12.30
5. Dugan, Bucknell .....	9:14.02
6. Altenau, Holy Cross .....	9:14.58

### 5,000-Meter Run

1. Johnson, Colgate .....	14:13.86
2. Rome, Navy .....	14:23.72
3. Allen, American .....	14:32.32
4. Kosgei, Lehigh .....	14:34.97
5. Mueller, Lehigh .....	14:42.28
6. Satterwhite, Navy .....	14:43.92

### 10,000-Meter Run

1. Johnson, Colgate .....	30:04.92*
2. Kosgei, Lehigh .....	30:16.81
3. Olsen, American .....	30:34.02
4. Galindo, Army .....	30:40.41
5. Mueller, Lehigh .....	30:40.75
6. Krystek, Bucknell .....	30:49.32

### 110-Meter High Hurdles

1. Arent, Bucknell .....	14.39
2. Lupica, Bucknell .....	14.45
3. Ryan, Army .....	14.54
4. Simmonds, Navy .....	14.60
5. Robinson, Lehigh .....	14.96
6. Mularz, Bucknell .....	15.13

### 400-Meter Int. Hurdles

1. Arent, Bucknell .....	53.08
2. Robinson, Lehigh .....	53.40
3. Kensey, Army .....	53.64

4. Smith, Army .....	53.84
5. Mularz, Bucknell .....	54.17
6. Lupica, Bucknell .....	54.93

### High Jump

1. Wagner, Army .....	6-10 1/4
2. Houston, Navy .....	6-10 1/4
3. Rumizen, Lehigh .....	6-10 1/4
4. Brown, Bucknell .....	6-8 1/4
5. Drozd, Army .....	6-6 1/4
6. Adesida, Lehigh .....	6-6 1/4

### Pole Vault

1. Vetere, Navy .....	16-2 3/4
2. Kochert, Navy .....	15-9
3. Henderson, Lafayette .....	15-3
4. Neidhardt, Navy .....	15-3
5. Witter, Bucknell .....	15-3
6. Harris, Army .....	15-3

### Long Jump

1. Hutchins, Army .....	23-4
2. Wagner, Army .....	22-8 1/2
3. Tutunjian, Lehigh .....	22-7
4. Knotts, Army .....	22-3 1/2
5. Prieto, Bucknell .....	22-2 1/2
6. Keller, Bucknell .....	22-1 3/4

### Triple Jump

1. Wagner, Army .....	49-9
2. Beebe, Army .....	49-1 1/2
3. Holmes, Bucknell .....	48-5 1/2
4. Prieto, Bucknell .....	47-1
5. Orzol, Lafayette .....	45-2 1/4
6. Martin, Holy Cross .....	45-0 1/4

### Hammer

1. Joseph, Bucknell .....	206-3
2. Snoad, Army .....	194-1
3. Ricks, Navy .....	186-5
4. Barr, Bucknell .....	179-8
5. Grammer, Navy .....	178-1
6. Maguire, Lafayette .....	171-9

### Discus

1. Duncavage, Navy .....	177-5
2. Davis, Army .....	166-10
3. Webster, Bucknell .....	166-5
4. Barr, Bucknell .....	160-5
5. Joseph, Bucknell .....	157-10
6. Jones, Army .....	157-6

### Javelin

1. Snelgrove, Navy .....	215-9
2. Zack, Navy .....	200-0
3. Trees, Bucknell .....	192-7
4. Drozd, Army .....	185-4
5. Bradford, Holy Cross .....	180-2
6. Seery, Lafayette .....	178-10

### Shot Put

1. Boniwell, Navy .....	53-1 3/4
2. Koullias, Bucknell .....	52-7 1/4
3. Geary, Army .....	51-8 1/2
4. Marcott, Bucknell .....	51-3 1/2
5. Barr, Bucknell .....	50-3 1/4
6. Jones, Army .....	48-8 3/4

### 4x100-Meter Relay

1. Lafayette .....	41.37
2. Bucknell .....	41.44
3. Army .....	41.79
4. Lehigh .....	41.91
5. Navy .....	41.91
6. Holy Cross .....	45.16

### 4x400-Meter Relay

1. Army .....	3:13.70
2. Navy .....	3:14.10
3. Lehigh .....	3:14.38
4. Bucknell .....	3:14.58
5. Lafayette .....	3:16.79
6. Holy Cross .....	3:26.77

### 4x800-Meter Relay

1. Army .....	7:27.65*
2. Navy .....	7:27.87
3. Bucknell .....	7:30.63
4. Holy Cross .....	7:38.83
5. Lehigh .....	7:39.53

\*Patriot League Record



Emily Liggett  
2011 All-East Selection



Rob Arent  
9x PL Champion

# 2012 Patriot League Championship Results

## 2012 WOMEN'S PATRIOT LEAGUE INDOOR TRACK & FIELD CHAMPIONSHIPS + FEB. 17-19 GERHARD FIELDHOUSE + BUCKNELL UNIVERSITY

### Final Team Scores

1. Bucknell	164
2. Navy	124
3. Lehigh	108
4. Holy Cross	70
5. Colgate	56
6. Army	56
7. Lafayette	42
8. American	0

### Pentathlon

1. Astor, Lehigh	3,450
2. Hazlett, Lafayette	3,331
3. Johnson, Army	3,323
4. Dahlstrom, Holy Cross	3,187
5. Sluzewicz, Navy	3,159
6. Davis, Navy	3,063

### 60-Meter Dash

1. Okpoebo, Holy Cross	7.68
2. Hornock, Bucknell	7.78
3. Ffrench, Navy	7.79
4. Doersam, Lehigh	7.88
5. Ridgway, Navy	7.90
6. Christian, Army	7.97

### 200-Meter Dash

1. Okpoebo, Holy Cross	25.15
2. Minella, Colgate	25.32
3. Zymet, Bucknell	25.33
4. Doersam, Lehigh	25.57
5. Nagotko, Bucknell	25.70
6. Ffrench, Navy	25.82

### 400-Meter Dash

1. Littlejohn, Navy	57.96
2. Minella, Colgate	58.30
3. Nagotko, Bucknell	58.46
4. Donarski, Army	59.00
5. Carter, Lehigh	59.29
6. McFadden, Navy	59.54

### 500-Meter Dash

1. King-Prunty, Colgate	1:14.69
2. Murph, Navy	1:15.03
3. Zymet, Bucknell	1:15.58
4. Druggan, Navy	1:16.30
5. Johnson, Holy Cross	1:18.21
6. Gorski, Holy Cross	1:18.31

### 800-Meter Run

1. Kendzor, Lehigh	2:13.46
2. Casalnova, Bucknell	2:13.88
3. Hartnett, Holy Cross	2:16.78
4. Lodato, Bucknell	2:17.48
5. Waksunski, Bucknell	2:17.72
6. Perry, Lehigh	2:17.85

### 1,000-Meter Run

1. Tulli, Bucknell	2:56.37
2. Brekka, Holy Cross	2:56.73
3. Braunneg, Bucknell	2:57.11
4. Comfort, Army	2:57.70
5. Beveridge, Navy	2:57.78
6. Pietrosch, Lehigh	2:58.95

### 60-Meter Hurdles

1. Linnehan, Holy Cross	8.83
2. Funk, Bucknell	8.84
3. Aitken, Navy	8.86
4. Astor, Lehigh	8.94
5. Love, Army	9.16
6. Johnson, Army	9.19

### 1-Mile

1. Burns, Colgate	4:54.57
2. Perry, Lehigh	4:54.72
3. Plombon, Lehigh	4:55.46
4. Dulac, Bucknell	4:57.26
5. Tulli, Bucknell	4:58.62
6. Prah, Army	4:59.55

### 3,000-Meter Run

1. Burns, Colgate	9:49.05
2. Plombon, Lehigh	9:49.36
3. Pierce, Lehigh	9:49.85
4. Junta, Army	9:53.53
5. Byrne, Navy	9:55.04
6. Dulac, Bucknell	9:57.79

### 5,000-Meter Run

1. Bryne, Navy	17:08.16
2. Pierce, Lehigh	17:13.00
3. O'Donnell, Army	17:30.55
4. Fulmer, Bucknell	17:42.41
5. Taylor, Navy	17:48.29
6. Nordt, Army	18:00.50

### High Jump

1. Ffrench, Navy	5-7
2. Majchrzak, Army	5-5
3. Smith, Navy	5-5
4. Ando, Bucknell	5-5
5. Miller, Army	5-3
6. Johnson, Army	5-3

### Long Jump

1. Neilson, Lafayette	18-11 1/4
2. Romanelli, Bucknell	18-3 1/4
3. Scales, Navy	18-0 1/2
4. Barnum, Navy	17-11 3/4
5. Christian, Army	17-11
6. Hornock, Bucknell	17-11

### Triple Jump

1. Neilson, Lafayette	39-10 1/2
2. Romanelli, Bucknell	38-9 3/4
3. Powell, Lafayette	37-5 3/4
4. Matsinger, Bucknell	37-0 1/2
5. Polite, Lehigh	36-4 1/4
6. Penge, Lehigh	36-1 1/4

### Pole Vault

1. Ando, Bucknell	11-9 3/4
2. Schellenberger, Bucknell	11-9 3/4
3. Buffinton, Lafayette	11-3 3/4
4. Kronsage, Navy	11-3 3/4
5. Neuposchlan, Army	10-10
6. Jerwick, Lehigh	10-10

### Shot Put

1. Bella, Bucknell	47-0 3/4
2. Brown, Navy	46-2
3. Phelps, Navy	44-7 1/2
4. Onyema, Army	43-3 3/4
5. Misko, Bucknell	40-11 1/2
6. Pena, Lafayette	40-3 1/2

### Weight Throw

1. Phelps, Navy	58-9 1/4
2. Lemon, Lehigh	57-9 3/4
3. Monaghan, Bucknell	56-5 3/4
4. Bella, Bucknell	54-11 1/4
5. Culkeen, Holy Cross	52-1 1/2
6. Guynn, Navy	52-2 1/2

### 4x400-Meter Relay

1. Bucknell	3:54.43
2. Colgate	3:54.45
3. Navy	3:55.15
4. Lehigh	3:56.78
5. Army	3:58.24
6. Holy Cross	3:58.79

### 4x800-Meter Relay

1. Lehigh	8:59.60
2. Holy Cross	9:00.43
3. Bucknell	9:01.92
4. Navy	9:05.17
5. Lafayette	9:23.17
6. Army	9:26.85

### Distance Medley Relay

1. Lehigh	12:02.21
2. Holy Cross	12:02.32
3. Bucknell	12:15.23
4. Army	12:19.15
5. Colgate	12:19.73
6. Navy	12:21.30

## 2012 WOMEN'S PATRIOT LEAGUE OUTDOOR TRACK & FIELD CHAMPIONSHIPS + MAY 4-5 HART TURF COMPLEX + HOLY CROSS

### Final Team Scores

1. Navy	156.50
2. Bucknell	133.50
3. Lehigh	118
4. Army	83
5. Lafayette	79
6. Holy Cross	55
7. Colgate	51
8. American	6

### Heptathlon

1. Astor, Lehigh	4,794*
2. Sluzewicz, Navy	4,556
3. Hazlett, Lafayette	4,513
4. Johnson, Army	4,511
5. Bates, Lehigh	4,214
6. Danilack, Army	4,077

### 100-Meter Dash

1. Okpoebo, Holy Cross	12.00
2. Ridgway, Navy	12.28
3. Hornock, Bucknell	12.38
4. Ffrench, Navy	12.40
5. Nagotko, Bucknell	12.42
6. Rice, Bucknell	12.42

### 200-Meter Dash

1. Okpoebo, Holy Cross	24.71
2. Minella, Colgate	24.97
3. Slotnick, Lehigh	25.10
4. Nagotko, Bucknell	25.46
5. Hornock, Bucknell	25.50
6. Tabin, Holy Cross	25.59

### 400-Meter Dash

1. Zymet, Bucknell	55.72
2. Minella, Colgate	55.86
3. Albergo, Lehigh	57.01
4. Murph, Navy	57.32
5. Druggan, Navy	57.38
6. Snell, Colgate	57.38

### 800-Meter Run

1. Palacio, Navy	2:08.69*
2. Kendzor, Lehigh	2:09.48
3. Casalnova, Bucknell	2:09.90
4. Harnett, Holy Cross	2:11.58
5. Braunneg, Bucknell	2:12.30
6. Comfort, Army	2:12.56

### 1,500-Meter Run

1. Palacio, Navy	4:25.36
2. Burns, Colgate	4:26.08
3. Perry, Lehigh	4:30.70
4. Liggett, Bucknell	4:34.58
5. Tulli, Bucknell	4:35.29
6. Beveridge, Navy	4:35.76

### 3,000-Meter Steeplechase

1. Stasakova, Lafayette	10:52.78
2. Goeke, Bucknell	11:02.70
3. Prake, Army	11:06.68
4. Cline, Army	11:07.74
5. Pierce, Lehigh	11:10.92
6. Grosskurth, Bucknell	11:16.23

### 5,000-Meter Run

1. Burns, Colgate	16:45.36
2. Junta, Army	16:58.16
3. Rinehardt, American	17:10.41
4. Plombon, Lehigh	17:20.74
5. DeRo, Colgate	17:22.74
6. Pierce, Lehigh	17:28.41

### 10,000-Meter Run

1. Junta, Army	36:40.68
2. Pierce, Lehigh	36:43.92
3. Byrne, Navy	36:54.78
4. DeRo, Colgate	37:03.66
5. Kelly, Lafayette	37:17.37
6. Berard, Lehigh	37:33.46

### 100-Meter High Hurdles

1. Love, Army	14.40
2. Aitken, Navy	14.47
3. Funk, Bucknell	14.50
4. Astor, Lehigh	14.61
5. Belluche, Colgate	15.33
6. Polite, Lehigh	15.42

### 400-Meter Int. Hurdles

1. Funk, Bucknell	1:01.95
2. Gorski, Holy Cross	1:03.01

3. Smith, Navy	1:03.22
4. Marone, Lafayette	1:03.42
5. Love, Army	1:03.84
6. Daley, Bucknell	1:04.31

### High Jump

1. Ffrench, Navy	5-7
2. Smith, Navy	5-5
3. Majchrzak, Army	5-5
4. Johnson, Army	5-5
5. Scales, Navy	5-3
Ando, Bucknell	5-3

### Pole Vault

1. Ando, Bucknell	12-1 1/2
2. Arndt, Holy Cross	12-1 1/2
3. Buffinton, Lafayette	12-1 1/2
4. Schellenberger, Bucknell	11-7 3/4
5. Jerwick, Lehigh	11-7 3/4
6. Graham, Navy	11-7 3/4

### Long Jump

1. Neilson, Lafayette	19-4
2. Doersam, Lehigh	18-5 3/4
3. Hornock, Bucknell	18-4 1/4
4. Christian, Army	18-3 3/4
5. Romanelli, Bucknell	17-9
6. Massey, Bucknell	17-8 3/4

### Triple Jump

1. Neilson, Lafayette	38-0 3/4
2. Polite, Lehigh	37-5
3. Powell, Lafayette	37-4 1/2
4. Romanelli, Bucknell	37-1 1/4
5. Matsinger, Bucknell	36-9 3/4
6. Onyema, Army	36-6 3/4

### Hammer

1. Pena, Lafayette	180-8
2. Lemon, Lehigh	180-2
3. Ataman, Lehigh	176-5
4. Phelps, Navy	175-1
5. Steckel, Lafayette	166-2
6. Guynn, Navy	157-10

### Discus

1. Waggoner, Army	157-7
2. Allam, Navy	151-9
3. Guynn, Navy	150-8
4. Steckel, Lafayette	147-7
5. Misko, Bucknell	146-11
6. Brown, Navy	146-1

### Javelin

1. Folger, Bucknell	145-7
2. Membreno, Navy	139-9
3. Bradway, Army	139-7
4. Hunsberger, Lafayette	135-5
5. Romero, Lehigh	130-9
6. Trahan, Bucknell	129-10

### Shot Put

1. Bella, Bucknell	44-11 1/2
2. Phelps, Navy	43-10 3/4
3. Brown, Navy	43-2 1/2
4. Allam, Navy	41-7 3/4
5. Pena, Lafayette	40-11 1/2
6. Duhamel, Lehigh	40-9

### 4x100-Meter Relay

1. Lehigh	46.98
2. Holy Cross	47.02
3. Navy	47.17
4. Bucknell	47.45
5. Colgate	47.99
6. Army	49.07

### 4x400-Meter Relay

1. Navy	3:48.86
2. Lehigh	3:48.95
3. Colgate	3:51.11
4. Holy Cross	3:52.36
5. Lafayette	3:54.16
6. Bucknell	3:56.23

### 4x800-Meter Relay

1. Bucknell	8:44.94*
2. Navy	8:45.45
3. Lehigh	8:46.32
4. Army	8:47.36
5. Holy Cross	8:57.38
6. Lafayette	9:32.23

\* Patriot League Record



Tom Barr  
2012 IC4A Weight  
Throw Champion



Taylor  
Funk  
2012 PL 400 Hurdle  
Champion

# Men's Track & Field Postseason Honors

## MEN'S INDOOR POSTSEASON HONORS

### ALL-AMERICANS

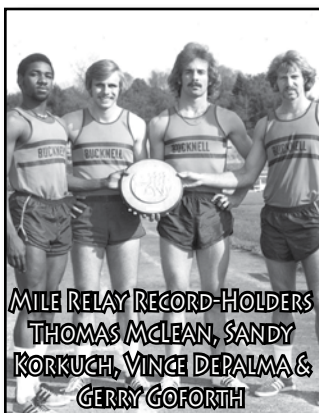
Year	Athlete	Place	Event
1976	Doug Butler	3rd	4x880 relay
	Gary Bonasorte		
	Ted Williamson		
	Thomas McLean		
1977	Thomas McLean	4th	880y
1979	George Buckheit	3rd	3-mile
1984	Bill Reifsnnyder	--	3,000m

### NCAA QUALIFIERS

1973	Glenn McLaughlin	12th	600y
1974	Glenn McLaughlin	11th	distance
	Gerry Gofort		medley relay
	Doug Butler		
	Frank Carroll		
1976	Doug Butler	3rd	4x880 relay
	Gary Bonasorte		
	Ted Williamson		
	Thomas McLean		
1977	Thomas McLean	4th	880y
1979	George Buckheit	3rd	3-mile
1982	Mike Geraghty	prelim	600y
	Mark Hulme	prelim	mile
	Dave White	prelim	1,000y
1984	Mike Geraghty	--	500m
	Bill Reifsnnyder	prelim	3,000m

### USA INDOOR NATIONAL CHAMPIONSHIPS

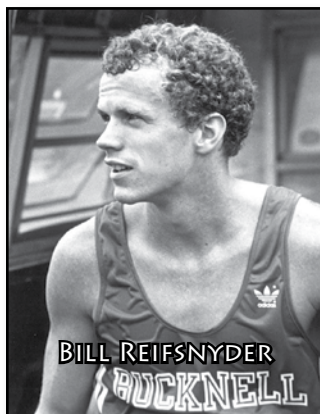
2003	Noel Powell	6th	long jump
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**MILE RELAY RECORD-HOLDERS**  
**THOMAS MCLEAN, SANDY KORKUCH, VINCE DEPALMA & GERRY GOFORTH**

### ALL-EAST/IC4A

1977	Bill Gravely	2nd	triple jump
	George Buckheit	3rd	3-mile
1978	George Buckheit	2nd	3-mile
	Jerry Katz	1st	mile walk^
1979	Bob Bickel	6th	3-mile
	John McAndrew	5th	distance
	Jeff Lockett		medley relay
	Mike DeBraggio		
	George Buckheit		
	Jerry Katz	1st	mile walk^
1980	Rick Sayre	5th	5,000m
	Jerry Katz	1st	mile walk^
1981	Rick Sayre	5th	5,000m
1982	Bill Reifsnnyder	4th	5,000m
1984	Brian Harshman	6th	3,000m
1988	Ken Sevensky	6th	mile
	Ted Neu	7th	mile
	Mike Smith	5th	distance
	Ray Wood		medley relay
	Mike Sgambelluri		
	Steve West		
1989	Steve West	7th	mile
1990	Mike Sgambelluri	6th	distance
	Jim Bock		medley relay
	Jeff Loomis		
	Norbert Berenyi		



**BILL REIFSNYDER**  
**BUCKNELL**

1992	Matt Deardorff	3rd	5,000m
	Bob Kelly	5th	5,000m
	Tom Eagleson	8th	mile
1994	Erik Stieler	7th	shot put
	Mark Beaver	6th	distance
	Daniel Akwei		medley relay
	Kevin Schilling		
	Michael Bronson		
1995	Chris Priestaf	4th	5,000m
	Erik Stieler	7th	shot put
1996	Darryl Volpicelli	4th	35-lb. wt.
	Jim Heizman	8th	35-lb. wt.
	Mark Beaver	6th	4x880y relay
	Brian Torres		
	Kevin Schilling		
	Steve Roeser		
1997	Steve Roeser	5th	4x800m relay
	Mark Beaver		
	Peter Kelly		
	Brian Torres		
	Ron Hess	7th	distance
	Brian Cagno		medley relay
	Adam Seavey		
	Bob Chandler		
1998	Darryl Volpicelli	4th	35-lb. wt.
	Dave Pomfret	6th	pole vault
1999	Dave Pomfret	5th	pole vault
2000	Ron Hess	2nd	1,000m
	Bryan Schiding	8th	long jump
2003	Eric Furst	4th	1,000m
2004	Aaron Hanlon	8th	800m
2006	Wallace Campbell	7th	3,000m
	Mark Caroleo	6th	distance
	Matthew Bonelli		medley relay
	Adam Syty		
	Kevin Brown		
2007	Matthew Forsy	1st	3,000m
	Tyler Hoffman	2nd	35-lb. wt.
	Kyle Anthony	3rd	triple jump
		7th	long jump
	David Mante	8th	pole vault
2008	Drew Fitzgerald	7th	high jump
	Brian Mooney	8th	4x800 relay
	John Picardo		
	Clayton Smith		
	Kyle Ramer		
2009	Nicholas Hruch	3rd	high jump
	Ryan White	7th	heptathlon
2010	Kyle Anthony	6th	triple jump
	Andrew Yehl	5th	55m H
	Conor McNamara	8th	distance
	Greg Baxter		medley relay
	Evan Novakowski		
	Dustin Horning		

2011	Rob Arent	6th	400m
	Christopher Boyd	7th	distance
	Dennis Logan		medley relay
	Clayton Smith		
	Dustin Horning		
2012	Rob Arent	4th	400m
	Tom Barr	1st	35-lb. wt.
	Alex Jagelsky	6th	1,000m
	Leonard Joseph	4th	35-lb. wt.
	Christian Lupica	7th	60m H
	Andrew Powell	8th	heptathlon

^ - Non-scored event

### EAST COAST CONFERENCE CHAMPIONS

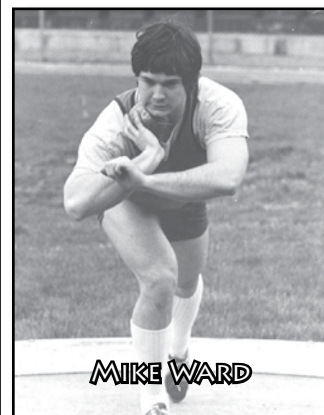
1978	Jeff Scott	35-lb. wt.
	Ron Sherry	shot put
	Bob Bickel	3-mile
	Lee Edmonds	3-mile
	George Buckheit	mile
	Peter Acquavella	distance
	Bill Stillwell	medley relay
	Steve Goodell	
	George Buckheit	
1979	George Buckheit	mile,
		2-mile
	Lee Edmonds	3-mile
	Tom Madigan	distance
	Jeff Lockett	medley relay
	Mike DeBraggio	
	Bob Bickel	
1980	Rick Sayre	3-mile
	Steve Goodell	2-mile
	Doug Pickell	distance
	Mark Kaplan	medley relay
	Rick Sayre	
	Jim O'Shea	



**RICK SAYRE**

1981	Rick Sayre	3-mile
	Steve Bigotto	1,000y
1982	Bill Reifsnnyder	3-mile
	Mark Hulme	mile
	Mark Kaplan	880y
	Mike Ward	shot put
1983	Bill Reifsnnyder	3-mile
	Mark Hulme	mile,
		1,000y
	Mike Jackson	880y
	Brian Harshman	2-mile
	Steve Bigotto	distance
	Mike Geraghty	medley relay
	Bill Reifsnnyder	
	Jeff Hines	
1984	Bill Reifsnnyder	3-mile
	Brian Harshman	mile,
		1,000y
	Chocky Spadafore	long jump
	Tom Maehl	880y
	Oliver Kirna	distance

	Chocky Spadafore	medley relay
	Mike Deckert	
	Carl Kemmerer	
1985	Ray Sullivan	3-mile
	Brian Harshman	mile,
		1,000y
	Dean Malatino	triple jump
	Sean Walsh	distance
	Tom Matz	medley relay
	Steve Branch	
	Ray Sullivan	
1986	Bob Gift	long jump
	Bill Wilson	35-lb. wt.
	Ray Sullivan	5,000m
	Tom Farrell	distance
	Tom Matz	medley relay
	Steve West	
1987	Dan Koebel	pole vault
	Rich Stark	3-mile
	Ray Wood	440y
	Vince O'Boyle	600m
	Ken Sevensky	1,000y
	Mike Smith	2-mile
	Ted Neu	relay
	Allen Keup	
	Ken Sevensky	
1988	Charles Cole	3-mile
	Greg Keller	shot put
	Ted Neu	mile,
		1,000y
	Ray Wood	440y
	Ken Sevensky	880y
	Tim Henkel	long jump
	Mike Smith	2-mile
	Steve West	relay
	Ted Neu	
	Ken Sevensky	
1989	Kirk Luther	500m
	Mike Sgambelluri	1,000y
	Steve West	1,500m
	Gary Serbent	3,000m
	Mike Krafczyk	5,000m
	Paul Austin	35-lb. wt.
	Greg Keller	shot put
	Jeff Loomis	distance
	Mark Forster	medley relay
	Jason Cahilly	
	Matt Deardorff	
1990	Paul Austin	35-lb. wt.
	Mark Campbell	pole vault
	Greg Keller	shot put
	Pete O'Brien	3-mile
	Norbert Berenyi	1,000y
	Jeff Loomis	distance
	Norbert Berenyi	medley relay
	Matt Deardorff	
	Mike Sgambelluri	



**MIKE WARD**

**Lauren Bricker**  
 6x PL Champion

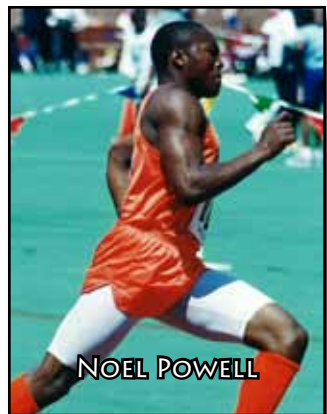
**Jeff Lockett**  
 1979 All-East Selection

# Men's Track & Field Postseason Honors

## MEN'S INDOOR POSTSEASON HONORS

### PATRIOT LEAGUE CHAMPIONS

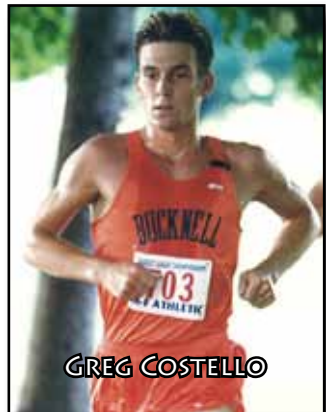
1991 Paul Austin	35-lb. wt., shot put	5,000m
Jason Cahilly	55m	
Jim Bock	mile	
Norbert Berenyi	800m	
Jeff Schild	pole vault	3,000m
Matt Deardorff	5,000m	
1992 Bob Kelly	pole vault	5,000m
Joe LaBarge	pole vault	55m
1993 Mike Bronson	high jump	long jump
Brett Karcher	3,000m	
Brad Bernardini	long jump	5,000m
John Plante	500m	
1994 Ed Loges	distance	medley relay
Stephen Clarke	55m	
1995 Karim Abdul-Matin	shot put	4x400m
Chris Priestaf	4x400m	relay
Rick Van Emburgh	500m	
Jaime Silva	4x800m	relay
Mike Ditzel	4x800m	relay
Kevin Schilling	4x800m	relay
Chris Priestaf	4x800m	relay
1996 Michael Pistella	55m	
Erik Stieler	shot put	4x400m
Mike Ditzel	4x400m	relay
Brian Cagno	4x400m	relay
Brett Warner	4x400m	relay
Dan Akwei	4x800m	relay
Kevin Schilling	4x800m	relay
Brian Torres	4x800m	relay
Steve Roeser	4x800m	relay
Mark Beaver	4x800m	relay



**NOEL POWELL**

1997 Brian Torres	800m
Dave Granger	5,000m
Mark Beaver	4x800m
Steve Roeser	relay
Peter Kelly	relay
Brian Torres	relay
1998 Darryl Volpicelli	35-lb. wt.
Dave Pomfret	pole vault
Steve Williamson	400m
Brian Torres	800m
Mike Ditzel	500m
Ron Hess	mile
Ron Hess	4x800m
Peter Kelly	relay
Adam Seavey	relay
Brian Torres	relay
1999 Dave Pomfret	pole vault
Bryan Schiding	long jump
Ron Hess	1,000m,
	mile
Scott Sehon	5,000m
Matt Murdock	high jump

Bill Bartsch	4x800m
Matt Davis	relay
Ron Hess	
Doug Yarosz	
2000 Ron Hess	mile
Bryan Schiding	long jump,
	triple jump
Dave Pomfret	pole vault



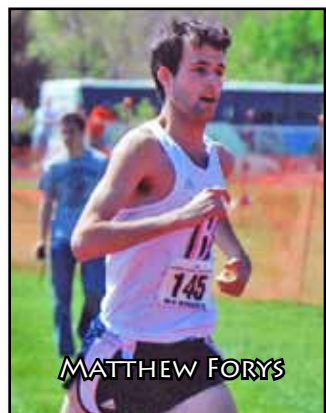
**GREG COSTELLO**

2001 Greg Costello	3,000m
Dave Gabriel	200m
Ryan Stairs	35-lb. wt.
James Hollins	triple jump
2002 Greg Costello	3,000m
Noel Powell	long jump
2003 Noel Powell	long jump
2006 Tyler Hoffman	35-lb. wt.
2007 Kerry Boyle	200m,
	400m
Matthew Forys	3,000m,
	5,000m
Kyle Anthony	triple jump
Tyler Hoffman	35-lb. wt.
2008 Kerry Boyle	400m
Nicholas Hruch	high jump
David Mante	pole vault
2009 Kyle Anthony	triple jump
Drew Fitzgerald	high jump
Timothy Medlock	shot put
Andrew Yehl	60m H
2010 Kyle Anthony	triple jump
Rob Arent	400m
Ryan White	heptathlon
Rob Arent	4x400m
John Picardo	relay
Evan Novakowski	
Justin Hicks	
2011 Rob Arent	400m
Tom Barr	shot put
Andrew Powell	heptathlon
Chris Sacks	1,000m
Christopher Boyd	4x800m
Jordan Donaldson	relay
Chris Sacks	
Clayton Smith	
2012 Tom Barr	shot put
Justin Hicks	60m,
	200m
Leonard Joseph	35-lb. wt.
Andrew Powell	heptathlon

### ALL-PATRIOT LEAGUE\*

1994 Steve Clarke, Ed Loges, Rick Van Emburgh	
1995 Karim Abdul-Martin, Brian Preputnik, Chris Priestaf, Erik Stieler, Rick Van Emburgh, Darryl Volpicelli	
1996 Karim Abdul-Matin, Dan Akwei,	

Mark Beaver, Brian Cagno, Mike Ditzel, Dave Granger, Jim Heizman, Ed Loges, Todd Malligan, Michael Pistella, Steve Roeser, Kevin Schilling, Brian Torres, Brett Warner, Steve Roeser, Timothy Schnurr, Brian Torres, Darryl Volpicelli	
1997 Mark Beaver, Brian Cagno, Dave Granger, Peter Kelly, Dave Pomfret, Steve Roeser, Timothy Schnurr, Brian Torres, Darryl Volpicelli	
1998 Bill Bartsch, Mike Ditzel, Vinnie Guandolo, Artie Gulden, Ron Hess, Peter Kelly, Dave Pomfret, Adam Seavey, Brian Torres, Darryl Volpicelli, Steve Williamson, Doug Yarosz	
1999 Bill Bartsch, Matt Davis, Dave Gabriel, Ron Hess, Matt Kodak, Matt Murdock, Dave Pomfret, Bryan Schiding, Scott Sehon, Doug Yarosz	
2000 Bill Bartsch, Eric Furst, Ron Hess, James Hollis, Chris Nowakowaki, Dave Pomfret, Bryan Schiding, Scott Sehon, P.J. Ward, Steve Williamson	
2001 Greg Costello, Matt Davis, Eric Furst, Dave Gabriel, Aaron Hanlon, James Hollins, Noel Powell, Ryan Stairs, P.J. Ward	
2002 Greg Costello, Michael Euell, Eric Furst, Noel Powell, Tom Prochilo, P.J. Ward	
2003 Bryan Johnston, Noel Powell, Wes Reinhardt, Emory Strother, John Trotta Jr., Micah Wright	
2004 <b>Second Team:</b> Greg Costello, Aaron Hanlon, Noel Powell	
2005 <b>Second Team:</b> Faizal Asumda, K.C. Brown, Wallace Campbell, Mike Mellas, James Redmond	
2006 <b>First Team:</b> Tyler Hoffman	
<b>Second Team:</b> Kerry Boyle, Matt Corbetta, Matt Bonelli, Kevin MacLeod, Ryan Robinson	
2007 <b>First Team:</b> Kyle Anthony, Kerry Boyle, Matthew Forys, Tyler Hoffman, David Mante	
2008 <b>First Team:</b> Kerry Boyle, Nicholas Hruch, David Mante	
<b>Second Team:</b> Kyle Anthony, Kerry Boyle, Drew Fitzgerald, Guy Castranova, Tim Medlock	
2009 <b>First Team:</b> Kyle Anthony, Drew Fitzgerald, Timothy Medlock, Andrew Yehl	
<b>Second Team:</b> Kerry Boyle, Drew Fitzgerald, Nicholas Hruch, Ryan White	



**MATTHEW FORYS**

2010 <b>First Team:</b> Kyle Anthony, Rob Arent, Justin Hicks, Evan Novakowski, John Picardo, Ryan White	
<b>Second Team:</b> Kyle Anthony, Timothy Medlock, Clayton Smith, Andrew Yehl	
2011 <b>First Team:</b> Rob Arent, Tom Barr, Christopher Boyd, Jordan Donaldson, Andrew Powell, Chris Sacks, Clayton Smith	
<b>Second Team:</b> Rob Arent, Isaih Bell, Jordan Donaldson, Jacob Eaton-Hall, John Picardo	
2012 <b>First Team:</b> Tom Barr, Justin Hicks, Leonard Joseph, Andrew Powell	
<b>Second Team:</b> Rob Arent, Tom Barr, Jordan Donaldson, Dustin Horning, Alex Jagelsky, Dennis Logan, Christian Lupica, Quinten Marcott, Andrew Powell	

\* - All-Patriot League teams began in 1994. First and second team designation began in 2004.

### EAST COAST CONFERENCE AWARDS

1983 Mark Hulme	Outstanding Athlete
1985 Brian Harshman	Outstanding Athlete
1988 Ted Neu	Outstanding Athlete

### PATRIOT LEAGUE AWARDS

1993 Art Gulden	Coach of the Year
1999 Ron Hess	Athlete of the Meet
2000 Dave Pomfret	Field Athlete of the Meet
2007 Matthew Forys	Track Athlete of the Meet
Kyle Anthony	Rookie of the Meet
2009 Drew Fitzgerald	Field Athlete of the Meet
2010 Justin Hicks	Rookie of the Meet
2011 Chris Sacks	Rookie of the Meet
2012 Justin Hicks	Track Athlete of the Meet
Kevin Donner	Coach of the Year

### PATRIOT LEAGUE MEET RECORD HOLDERS

2000 Dave Pomfret	pole vault
2007 Kyle Anthony	triple jump
Kerry Boyle	400m
Matthew Forys	3,000m
2012 Justin Hicks	60m,
	200m

### MOST CONFERENCE CHAMPIONSHIPS

Athlete	Years Competed	Titles
Ron Hess	1997-2000	6
Brian Harshman	1982-85	5
Paul Austin	1988-91	4
Norbert Berenyi	1988-91	4
George Buckheit	1978-79	4
Ted Neu	1985-88	4
Bill Reifsnnyder	1981-84	4
Ken Sevinsky	1985-88	4
Ray Sullivan	1983-86	4
Brian Torres	1995-98	4
Rob Arent	2009-12	4



**Jim O'Shea**  
4x ECC Champion



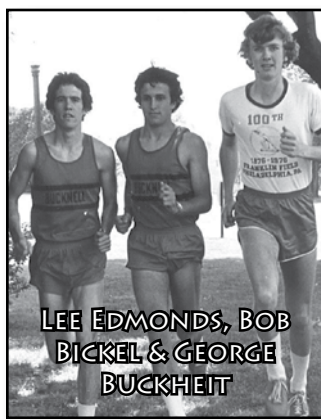
**Tria Tyler**  
3x PL Discus Champion

# Men's Track & Field Postseason Honors

## MEN'S OUTDOOR POSTSEASON HONORS

**ALL-AMERICANS**

Year	Athlete	Place	Event
1975	Thomas McLean	3rd	800m
1976	Thomas McLean	1st	800m
1977	Thomas McLean	4th	800m
1979	George Buckheit	6th	10K
1981	Rick Sayre	12th	steeple
1982	Bill Reifsnnyder	17th	10K
1996	Jim Heizman	13th	hammer
2011	Ted Heitzman	6th	javelin
2012	Leonard Joseph (HM)	17th	hammer



**NCAA CHAMPIONSHIP QUALIFIERS**

1975	Thomas McLean	3rd	800m
1976	Thomas McLean	1st	800m
1977	Thomas McLean	4th	800m
	George Buckheit	--	5,000m
	Wayne Bargiel	--	10K
1978	Bob Bickel	17th	10K
	Lee Edmonds	20th	10K
	George Buckheit	injured	10K
1979	Bob Bickel	19th	10K
	Lee Edmonds	14th	10K
	George Buckheit	6th	10K
1980	Rick Sayre	6th (semis)	steeple
1981	Rick Sayre	12th	steeple
1982	Bill Reifsnnyder	17th	10K
1984	Brian Harshman	--	5,000m
1996	Jim Heizman	13th	hammer
2007	Matthew Forsy	17th	steeple
2011	Ted Heitzman	6th	javelin
2012	Leonard Joseph	17th	hammer

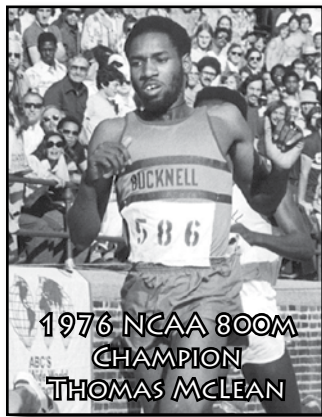
**NCAA REGIONAL QUALIFIERS**

2003	Noel Powell	19th (Prelims)	100m
	Noel Powell	18th	long jump
	Lou Palma	25th (Prelims)	1,500m
	Bryan Johnston	10th	steeple
	Justin McKnight	29th	javelin
2004	Noel Powell	14th	long jump
2006	Dan Frake	21st	hammer
	Tyler Hoffman	25th	hammer
	Joshua Kaehler	16th	javelin
2007	Matthew Forsy	7th	steeple
	--	--	5,000m
	--	--	10K
	David Mante	15th	pole vault
	Joshua Kaehler	16th	javelin
	Tyler Hoffman	27th	hammer
	Kevin MacLeod	--	400m IH
	Steven Pierce	--	400m IH
2008	Kerry Boyle	30th	400m
	Kevin MacLeod	--	400m IH
2009	Kyle Anthony	15th	triple jump
	Drew Fitzgerald	--	high jump
	--	--	pole vault
	Ted Heitzman	27th	javelin
	Andrew Huebner	10th	steeple

	Timothy Medlock	32nd	shot put
	Steven Pierce	24th	javelin
2010	Kyle Anthony	18th	triple jump
	Rob Arent	27th	400m IH
	Ted Heitzman	17th	javelin
	Andrew Huebner	43rd	steeple
	Steven Pierce	36th	javelin
2011	Ted Heitzman	6th	javelin
	Leonard Joseph	37th	hammer
2012	Leonard Joseph	12th	hammer

**ALL-EAST/IC4A**

1974	Glenn McLaughlin	5th	440y
	Thomas McLean	7th	880y
1976	Thomas McLean	1st	800m
	Bill Gravely	5th	triple jump
	George Buckheit	6th	10K
1977	Thomas McLean	1st	800m
	George Buckheit	4th	10K
1978	Lee Edmonds	2nd	10K
1979	George Buckheit	2nd	10K
	Lee Edmonds	3rd	10K
	Bob Bickel	4th	10K
1980	Rick Sayre	4th	steeple
	Jerry Katz	1st	10K walk^
1981	Rick Sayre	4th	steeple
	Bill Reifsnnyder	6th	10K
1982	Bill Reifsnnyder	3rd	10K
	Mike Geraghty	5th	400m
	Martin Carter	6th	100m
1983	Bill Reifsnnyder	3rd	10K
	Mark Hulme	4th	1,500m
1984	Bill Reifsnnyder	4th	10K
	Mike Deckert	5th	10K
1986	Carl Kemmerer	6th	steeple
1987	Carl Kemmerer	5th	steeple
1989	Pete O'Brien	5th	10K
1990	Pete O'Brien	2nd	10K
	Rich Rebuck	5th	javelin
1992	Bob Kelly	1st	10K
	Matt Deardorff	3rd	10K
1993	Blaine Fawcett	3rd	javelin
1994	Steve Clarke	8th	steeple
1995	Erik Stieler	8th	shot put
1997	Wally Dietrich	8th	10K
1998	Dave Pomfret	6th	pole vault
1999	Dave Bronfenbrenner	4th	steeple
2000	Dave Bronfenbrenner	4th	steeple
	Ron Hess	7th	1,500m
	Jonathan	8th	10K
	Bryan Schiding	6th	long jump
2001	Shawn Matthews	5th	discus
	Ryan Stairs	6th	hammer
	Noel Powell	6th	long jump
	Matt Solomon	7th	4x100m relay
	Noel Powell		relay
	Doug Coen		
	Dave Gabriel		
2002	Greg Costello	4th	10K



2003	Ryan Newberger	3rd	200m
	Noel Powell	4th	long jump
	Noel Powell	8th	200m
2004	Noel Powell	4th	long jump
2006	Dan Frake	3rd	hammer
	Joshua Kaehler	5th	javelin
2007	Tyler Hoffman	5th	hammer
	Joshua Kaehler	4th	javelin
2008	Kevin Macleod	4th	400m IH
	Ryan White	7th	decathlon
2010	Rob Arent	4th	400m IH
	Ted Heitzman	4th	javelin
	Andrew Huebner	4th	steeple
	Steven Pierce	5th	javelin
2011	Ted Heitzman	3rd	javelin
	Justin Hicks	4th	100m
	Leonard Joseph	7th	hammer
	Marlon Woods	7th	4x100m relay
	Justin Hicks		relay
	Kamal Riley		
	Isaih Bell		
2012	Jordan Donaldson	3rd	800m
	Leonard Joseph	3rd	hammer
	Dustin Horning	8th	4x800m
	Chris Oesterlin		
	Dennis Logan		
	Tyler Erhard		

^ - Non-scored event

### CENTRAL PENNSYLVANIA TRACK CONFERENCE CHAMPIONS

1931	Henry Coates	880y,
		mile
	Norman Mackenzie	high jump



### MIDDLE ATLANTIC CONFERENCE CHAMPIONS

1954	Harold Smith	high jump
1971	Bob Smith	triple jump
	Mitchell Farbstein	discus
1973	Doug Nauman	javelin
1974	Bruce Hyde	6-mile
	Frank Carroll	mile
	Thomas McLean	880y

### EAST COAST CONFERENCE CHAMPIONS

1975	Bill Gravely	triple jump
	Lou Calvano	6-mile
	Thomas McLean	880y
	Thomas McLean	mile relay
	Gerry Goforth	
	Sandy Korkuc	
	Vince DePalma	
1976	Bob Scott	100y,
		220y
	Thomas McLean	880y
	George Buckheit	3-mile

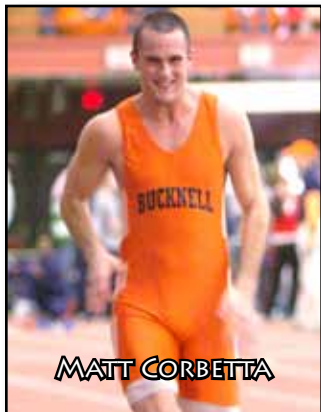
	Gracian Mack	mile relay
	Bill Stillwell	
	Ted Williamson	
	Thomas McLean	
1977	George Buckheit	3-mile,
		6-mile
	Wayne Bargiel	6-mile
	Bob Braile	6-mile
	Bill Gravely	triple jump
	Mike McCoy	steeple
	Thomas McLean	880m
	Jeff King	mile relay
	Bill Stillwell	
	Ted Williamson	
1978	Lee Edmonds	10K
1979	George Buckheit	1,500m,
		5,000m
	Jim O'Shea	10K
	Bob Bickel	10K
	Lee Edmonds	10K
	Rick Sayre	steeple
1980	Jim O'Shea	10K,
		5,000m
1981	Bill Reifsnnyder	10K
	Rick Sayre	steeple
	Gary Bartlett	discus
1982	Bill Reifsnnyder	10K
	Mike Deckert	steeple
	Gary Bartlett	discus
	Mike Geraghty	400m
	Martin Carter	100m,
		200m
	Tom Richardson	5,000m
	Gary Thompson	4x100m
	Shawn Smith	relay
	Mike Geraghty	
	Martin Carter	
1983	Bill Reifsnnyder	10K
	Mark Hulme	1,500m
	Mike Geraghty	200m,
		400m
1984	Chocky Spadafore	long jump
	Bill Reifsnnyder	10K
	Mike Deckert	steeple
	Mike Geraghty	400m
	Eric Droof	400m IH
	Chocky Spadafore	4x100m
	Steve Gercken	relay
	Mike Geraghty	
	Scott Peairs	
1985	Chocky Spadafore	long jump
	Dean Malatino	triple jump
	Brian Harshman	1,500m
	Steve Branch	10K
	Tom Schmidt	steeple
1986	Carl Kemmerer	steeple
	Ray Wood	200m
	Charles Cole	5,000m
1987	Sudanshu Kairab	10K
	Carl Kemmerer	steeple
	Rich Rebuck	javelin
	Greg Keller	shot put
	Bob Gift	triple jump
	Ray Wood	200m
	Rich Stark	5,000m
	Mark Forster	mile relay
	Tim Henkel	
	Vince O'Boyle	
	Ray Wood	
1988	Charles Cole	10K
	Rick Stark	10K,
		5,000m
	Tim Henkel	long jump
	Bob McCormick	javelin
	John Floyd	steeple
	Ken Sevensky	1,500m
	Greg Keller	discus
	Antwan Minter	200m

**Christa Sawko**  
14x PL Champion

**Kyle Anthony**  
6x PL Champion

# Men's Track & Field Postseason Honors

## MEN'S OUTDOOR POSTSEASON HONORS



**MATT CORBETTA**

1989	Frank Hamer	10K
	Pete O'Brien	10K
	Paul Austin	hammer
	Tim Henkel	long jump
	Greg Keller	discus,
		shot put
1990	Pete O'Brien	10K,
		5,000m
	Paul Austin	hammer
	Rich Rebeck	javelin
	Mike Sgambelluri	800m,
		1,500m
	Greg Keller	shot put
	Mark Barolo	400m IH

### PATRIOT LEAGUE CHAMPIONS

1991	Frank Hamer	10K
	Paul Austin	hammer,
		shot put,
		discus
	Norbert Berenyi	1,500m
	Matt Deardorff	5,000m
1992	Bob Kelly	10K
	Jim Bock	100m
	Rick Van Emburgh	400m IH
	Matt Deardorff	5,000m
	Hank Ramsey	4x100m
	Jean Simon	relay
	Brad Bernardini	
	Jim Bock	
1993	Blaine Fawcett	javelin
	Pete Gregory	discus
	Dan Akwei	4x400m
	Michael Keogh	relay
	Jean Simon	
	Rick Van Emburgh	
1994	Steve Clarke	steeple
	Karim Abdul-Matin	triple jump
	Rick Van Emburgh	400m IH
1995	Karim Abdul-Matin	long jump
	Steve Clarke	steeple
	Chris Priestaf	10K
	Erik Stieler	shot put
1996	Dave Granger	steeple
	Karim Abdul-Matin	long jump
	Jim Heizman	discus
	Erik Stieler	shot put
1998	Brian Torres	800m
	Dave Pomfret	javelin
	Ron Hess	4x800m
	Peter Kelly	relay
	Brian Torres	
	Doug Yarosz	
1999	Dave Gabriel	200m
	Ron Hess	800m
	Wally Dietrich	10K
	Dave Bronfenbrenner	steeple
	Dave Pomfret	javelin

2000	Ron Hess	800m
	Dave Bronfenbrenner	steeple
	James Hollins	long jump,
		triple jump
	Dave Pomfret	javelin
	Scott Sehon	10K
2001	Dave Gabriel	100m
	Brad Wertz	10K
	Greg Costello	5,000m
	Ryan Stairs	hammer
2002	Greg Costello	10K
	Noel Powell	100m,
		200m,
		long jump
	Noel Powell	4x100m
	Matt Solomon	relay
	David Gabriel	
	Ryan Newberger	
2003	Noel Powell	long jump,
		100m
2006	Dan Frake	hammer
	Joshua Kaehler	javelin
2007	Matthew Forsy	10K
	Kevin MacLeod	400m IH
	Tyler Hoffman	hammer
	Joshua Kaehler	javelin
	David Mante	pole vault
2008	Kerry Boyle	400m
	Kevin MacLeod	400m IH
2009	Kyle Anthony	triple jump
	Drew Fitzgerald	pole vault
	Andrew Huebner	steeple
	Timothy Medlock	shot put
	Kevin McGoldrick	4x800m
	Christopher Boyd	relay
	Clayton Smith	
	Kyle Ramer	
2010	Kyle Anthony	triple jump,
		long jump
	Rob Arent	400m,
		400m IH
	Steven Pierce	javelin
	Andrew Powell	decathlon
2011	Rob Arent	400m,
		400m IH
	Jordan Donaldson	800m
	Ted Heitzman	javelin
	Justin Hicks	100m
	Leonard Joseph	hammer
	Luke Webster	discus
	John Picardo	4x400m
	Dan Mularz	relay
	Justin Hicks	
	Jordan Donaldson	
2012	Rob Arent	110m HH,
		400m IH
	Jordan Donaldson	800m
	Leonard Joseph	hammer
	Andrew Powell	decathlon

### ALL-PATRIOT LEAGUE\*

1994	Karim Abdul-Matin, Brad Bernardini, Steve Clarke, Brian Preputnik, Chris Priestaf, Erik Swartz, Rick Van Emburgh
1995	Karim Abdul-Matin, I.B. Brown, Steve Clarke, Vinnie Guandolo, Jim Heizman, Brian Preputnik, Chris Priestaf, Erik Stieler, Eric Swartz
1996	Karim Abdul-Matin, Dan Akwei, Brian Cagno, Mike Ditzel, Dave Granger, Vinnie Guandolo, Jim Heizman, Ed Loges, Mike Pistella, Erik Stieler, Erik Swartz, Brian Torres, Brett Warner
1997	Mark Beaver, Brian Cagno, Bob Chandler, Mike Ditzel, Dave Granger, Peter Kelly, Steve Roeser,

1998	Dave Bronfenbrenner, Mike Ditzel, Vinnie Guandolo, Ron Hess, Peter Kelly, Dave Pomfret, Scott Sehon, Bryan Schiding, Brian Torres, Daryl Volpicelli, Doug Yarosz
1999	Bill Bartsch, Dave Bronfenbrenner, Matt Davis, Wally Dietrich, Michael Euell, Dave Gabriel, Ron Hess, Matt Kodak, Shawn Matthews, Dave Pomfret, Bryan Schiding, Don Schump, Ryan Stairs
2000	Bill Bartsch, Dave Bronfenbrenner, Greg Costello, Eric Furst, Ron Hess, James Hollins, Dave Pomfret, Bryan Schiding, Scott Sehon, P.J. Ward
2001	Doug Coen, Greg Costello, David Gabriel, Justin McKnight, Noel Powell, Matt Solomon, Ryan Stairs, Kevin Weatherhill, Brad Wertz
2002	Richard Alexander, Greg Costello, David Gabriel, Adam Kaufmann, Ryan Newberger, Noel Powell, Matt Solomon
2003	Bryan Johnston, Ryan Newberger, Noel Powell, Matt Solomon, Micah Wright
2004	<b>Second Team:</b> Greg Costello, Justin Crane, Mike Mellas, Ryan Newberger, Nicholas Novotny, Noel Powell
2006	<b>First Team:</b> Dan Frake, Josh Kaehler <b>Second Team:</b> Matt Bonelli, Kerry Boyle, Wallace Campbell, Matt Corbetta, Eric Guja



**ROB ARENT**

2007	<b>First Team:</b> Matthew Forsy, Tyler Hoffman, Joshua Kaehler, Kevin MacLeod, David Mante <b>Second Team:</b> Kyle Anthony, Kerry Boyle, Wallace Campbell, Matthew Forsy, Ryan White
2008	<b>First Team:</b> Kerry Boyle, Kevin MacLeod <b>Second Team:</b> Kerry Boyle, Wallace Campbell, David Mante, Kevin MacLeod, Nicholas Hruh, Andrew Yehl, Andrew Huebner, Clement Gyan, Guy Castranova
2009	<b>First Team:</b> Kyle Anthony, Christopher Boyd, Drew Fitzgerald, Andrew Huebner, Timothy Medlock, Kevin McGoldrick, Clayton Smith, Kyle Ramer <b>Second Team:</b> Ryan White, Andrew Yehl

2010	<b>First Team:</b> Kyle Anthony, Rob Arent, Steven Pierce, Andrew Powell <b>Second Team:</b> Jordan Donaldson, Ted Heitzman, Andrew Huebner, Dan Mularz, John Picardo, Andrew Powell, Thomas Vogler, Andrew Yehl
2011	<b>First Team:</b> Rob Arent, Jordan Donaldson, Ted Heitzman, Justin Hicks, Leonard Joseph, Dan Mularz, John Picardo, Luke Webster <b>Second Team:</b> Rob Arent, Isaih Bell, Drew Fitzgerald, Justin Hicks, Kamal Riley, Marlon Woods
2012	<b>First Team:</b> Rob Arent, Jordan Donaldson, Leonard Joseph, Andrew Powell <b>Second Team:</b> Rob Arent, Jacob Eaton-Hall, Justin Hicks, Stephen Koullias, Christian Lupica, Kamal Riley

\* - All-Patriot League teams began in 1994. First and second team designation began in 2004.

### PATRIOT LEAGUE AWARDS

1991	Art Gulden	Coach of the Year
1999	Ron Hess	Athlete of the Meet
2000	Ron Hess	Track Athlete of the Meet
2002	Noel Powell	Track Athlete of the Meet
2007	Joshua Kaehler	Field Athlete of the Meet
	Kyle Anthony	Rookie of the Meet
2010	Kyle Anthony	Field Athlete of the Meet
	Rob Arent	Track Athlete of the Meet
	Kevin Donner	Coach of the Year
2011	Rob Arent	Track Athlete of the Meet
	Kevin Donner	Coach of the Year
2012	Kevin Donner	Coach of the Year

### PATRIOT LEAGUE MEET RECORD HOLDERS

1994	Rick Van Emburgh	400m IH
2003	Noel Powell	100m
2011	Ted Heitzman	javelin
2012	Andrew Powell	decathlon

### MOST CONFERENCE CHAMPIONSHIPS

Athlete	Years Competed	Titles
Mike Geraghty	1981-84	6
Thomas McLean	1974-77	6
Noel Powell	2001-04	6
Rob Arent	2009-12	6
Paul Austin	1988-91	5
George Buckheit	1976-79	5
Greg Keller	1987-90	5
Ron Hess	1997-2000	4
Bill Reifsnnyder	1981-84	4



**Bill Gravely**  
**Bucknell**  
**Triple Jump**  
**Record Holder**



**Melanie Buczko**  
**2x NCAA Qualifier**

# Women's Track & Field Postseason Honors

## WOMEN'S INDOOR POSTSEASON HONORS

### NCAA CHAMPIONSHIP QUALIFIERS

Year	Athlete	Place	Event
1988	Jill Wise	11th	triple jump
2005	Melanie Buczko	14th	pole vault

### ALL-EAST/ECAC

1985	Gabrielle Czaja	5th	5,000m
1987	Judy Perry	3rd	5,000m
1988	Jill Wise	2nd	triple jump
1989	Gena Korrell	2nd	1,000m
1994	Norine Nadeau	7th	pentathlon
1997	Julie Sweitzer	2nd	4x800m
	Connie Hamlin		relay
	Annie Hamlin		
	Pamela Richardson		
1998	Jean Rice	6th	long jump
	Julie Sweitzer	6th	mile
1999	Stephanie Bango	5th	4x800m
	LaTonya McSwain		relay
	Julie Sweitzer		
	Meredith O'Doherty		
2000	Kim McGrath	7th	triple jump
	Stephanie Bango	5th	4x400m
	LaTonya McSwain		relay
	Christie Wolfgang		
	Yetunde Daniels		
2001	Laura Ryan	3rd	4x800m
	Kelly McConnell		relay
	LaTonya McSwain		
	Stephanie Bango		
2002	Stephanie Bango	8th	800m
	Stephanie Bango	6th	distance
	Rehana Lanewala		medley relay
	LaTonya McSwain		
	Kelly McConnell		
2003	Theresa Dennis	4th	5,000m
2004	Melanie Buczko	7th	pole vault
	Jennifer Marsh	5th	4x800m
	Amy Calvo		relay
	Lauren Bricker		
	Christa Sawko		
2005	Melanie Buczko	1st	pole vault
	Angie Hall	6th	pole vault
2006	Melanie Buczko	3rd	pole vault
	Marjorie Grap	3rd	20-lb. wt.
	Lauren Bricker	2nd	4x800m
	Offeibea Hanson-Hall		relay
	Victoria Gilbert		
	Christa Sawko		
	Erin Cranmer-Hart	7th	distance
	Catherine Trentacoste		medley relay
	Christa Sawko		
	Jenny Stevens		
2007	Erin Cranmer-Hart	4th	mile
	Christa Sawko	3rd	800m
	Melanie Buczko	2nd	pole vault
	Angie Hall	6th	pole vault
	Marjorie Grap	1st	20-lb. wt.
2008	Rebecca Frey	8th	pole vault
2009	Chelsey Musante	5th	20-lb. wt.
		7th	shot put
2010	Amy Mantush	7th	high jump
	Chelsey Musante	8th	20-lb. wt.
2011	Beth Braunnegg	7th	distance
	Jennifer Zymet		medley relay
	Erin Horleman		
	Emily Liggett		

### EIAIW CHAMPIONS

1982	Lonnie Fertik	60y H
	Elizabeth Donovan	distance
	Lisa Dignazio	medley relay
	Debbie Passmore	
	Stacey Nicholson	

### EAST COAST CONFERENCE CHAMPIONS

1983	Stacey Nicholson	3-mile
	Lonnie Fertik	high jump
	Nancy Nelson	2-mile
	Judy Olson	distance
	Lisa Dignazio	medley relay
	Gabrielle Czaja	
	Stacey Nicholson	
1984	Debbie Passmore	mile
	Gabrielle Czaja	2-mile
	Kelly Hoskins	3-mile
1985	Pam Del Rio	high jump
	Gabrielle Czaja	mile,
		2-mile
1986	Liz Ludwigson	1,000m
	Marcie Wieloch	distance
	Dawn Gray	medley relay
	Joanne Menapace	
	Kathleen Jensen	
	Liz Ludwigson	4x800m
	Connie Hall	relay
	Vicki Weiss	
	Sue Wallace	
1987	Jill Wise	long jump,
		triple jump
	Judy Perry	3-mile
	Susan Rowland	60m,
		220y
	Joanne Menapace	2-mile relay
	Colleen Zakrewsky	
	Liz Ludwigson	
	Jennifer Kent	
1988	Alison Saeger	600y
	Kelly Marsh	2-mile
	Jill Wise	triple jump
	Gena Korrell	2-mile relay
	Mary Beth Allan	
	Colleen Zakrewsky	
	Kelly Marsh	
	Alison Saeger	mile relay
	Connie Hall	
	Sue Wallace	
	Susan Rowland	
1989	Susan Rowland	200m,
		400m
	Alison Saeger	500m
	Gena Korrell	1,000m
	Alison Saeger	4x400m
	Tricia Plasko	relay
	Connie Hall	
	Susan Rowland	
	Connie Hall	distance
	Alison Saeger	medley relay
	Helene Wieting	
	Gena Korrell	

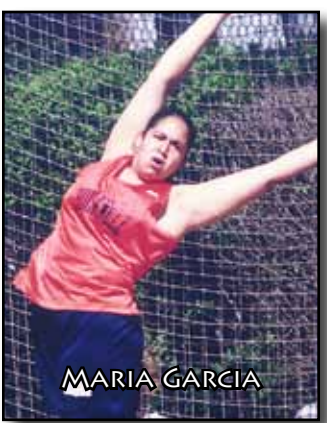


DEBBIE PASSMORE

1990	Juli Winkler	shot put
	Judy Perry	3-mile
	Margaret Wilkes	60yH
	Kelly Marsh	2-mile

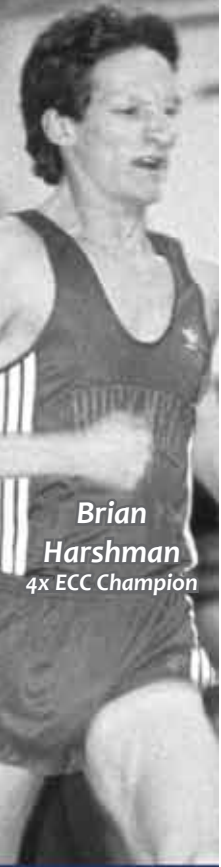
### PATRIOT LEAGUE CHAMPIONS

1991	Lynnette McBride	long jump
	Lynda Rose	triple jump
	Dawn Ellery	high jump
	Karen Shimomura	55m H
	Tricia Plasko	55m,
		200m
1992	Dawn Ellery	high jump
	Tameka Hinton	55m,
		200m
	Becky Tobin	4x880y
	Gina Abraham	relay
	Leah Johnson	
	Kristen Opdyke	
1993	Dawn Ellery	high jump
	Tameka Hinton	55m,
		200m,
		shot put
		500m
	Bridget Dean	3,000m
	Kristen Opdyke	triple jump
	Kelly Peet	triple jump
1994	Adele Conover	55m H
	Tameka Hinton	55m,
		200m
	Becky Tobin	4x800m
	Leah Johnson	relay
	Maria Ryan	
	Kathy Wurster	
1995	Tameka Hinton	55m,
		200m
	Bridget Dean	4x440y
	Karen Leonard	relay
	Tameka Hinton	
	Sharon Shilling	
1996	Tina Hall	55m H
	Norine Nadeau	long jump
1997	Kate Deicas	long jump
	Yetunde Daniels	200m,
		400m
	Jessica Quintana	4x400m
	Karen Leonard	relay
	Connie Hamlin	
	Yetunde Daniels	
	Julie Sweitzer	4x800m
	Connie Hamlin	relay
	Annie Hamlin	
	Pamela Richardson	
1998	Julie Sweitzer	800m,
		mile
	Jennifer Rice	long jump,
		triple jump
	Yetunde Daniels	200m,
		400m
	Pamela Richardson	1,000m
	Laura Ryan	500m
	Yetunde Daniels	4x400m
	Jessica Quintana	relay
	Karen Leonard	
	Laura Ryan	
	Connie Hamlin	4x800m
	Annie Hamlin	relay
	Pamela Richardson	
	Julie Sweitzer	
1999	Kim McGrath	long jump
	Stephanie Bango	4x400m
	LaTonya McSwain	relay
	Jessica Quintana	
	Laura Ryan	
	Stephanie Bango	4x800m
	Meg Ghiggeri	relay
	Julie Sweitzer	
	Meredith O'Doherty	



MARIA GARCIA

	Annie Hamlin	3,000m,
		5,000m
	Stephanie Bango	800m
	Julie Sweitzer	1,000m,
		mile
2000	Kim McGrath	triple jump
	Yetunde Daniels	200m,
		400m
	Jennifer Hart	5,000m
	Stephanie Bango	800m
	Christie Wolfgang	4x400m
	LaTonya McSwain	relay
	Laura Ryan	
	Yetunde Daniels	
	Meg Ghiggeri	4x800m
	Kelly McConnell	relay
	LaTonya McSwain	
	Stephanie Bango	
	Linda Mangan	distance
	Kristin Kyzmir	medley relay
	Stephanie Bango	
	Becki Marshall	
2001	Stephanie Bango	400m,
		800m
	Jamie Lilien	55m H
	Stephanie Bango	4x400m
	LaTonya McSwain	relay
	Christie Wolfgang	
	Khadija Shariff	
	Stephanie Bango	4x800m
	Kelly McConnell	relay
	LaTonya McSwain	
	Laura Ryan	
	Michelle Baylor	distance
	Kelly McConnell	medley relay
	Nicole Piper	
	Laura Ryan	
2002	Rehana Lanewala	200m
	Stephanie Bango	800m
	Amy Calvo	4x400m
	Rehana Lanewala	relay
	LaTonya McSwain	
	Stephanie Bango	
	Nicole Piper	4x800m
	LaTonya McSwain	relay
	Kelly McConnell	
	Stephanie Bango	
2003	Nicole Piper	800m
	Theresa Dennis	5,000m
	Amy Calvo	400m
	Dionne Bonds	triple jump
2004	Tolu Fayanjuola	long jump,
		60m
	Melanie Buczko	pole vault,
		60m H
	Ann Doty	triple jump
	Amy Calvo	400m
	Christa Sawko	800m



Brian Harshman  
4x ECC Champion



Gabrielle Czaja  
5x ECC Champion

# Women's Track & Field Postseason Honors

## WOMEN'S INDOOR POSTSEASON HONORS

2005	Nina Reinhardt Lauren Bricker Kayla Halloran Christa Sawko Ann Doty Marjorie Grap	pentathlon 800m 5,000m 1,000m triple jump shot put, 20-lb. wt.	Caroline Tolli Jennifer Pierce	
2006	Melanie Buczko Lauren Bricker Kati Dempsey Ann Doty Marjorie Grap Christa Sawko Catherine Trentacoste Megan Hathaway Christa Sawko Kat Allen Christa Sawko Victoria Gilbert Offeibe Hanson-Hall Lauren Bricker	pole vault 800m high jump triple jump 20-lb. wt. 1,000m 4x400m relay 4x800m relay	2011 Sarah Bella Sasha Hornock	shot put 60m
2007	Melanie Buczko Erin Cranmer-Hart Marjorie Grap Amy Mantush Leanna Nastase Christa Sawko Catherine Trentacoste Mariel Fink Victoria Gilbert Offeibe Hanson-Hall Christa Sawko	pole vault mile 20-lb. wt. high jump 5,000m 800m 400m 4x800m relay	2012 Emily Ando Sarah Bella Caroline Tolli Jennifer Zymet Hana Casalnova Kim Nagotko Sasha Hornock	pole vault shot put 1,000m 4x400m
2008	Nicole Ayala Erin Cranmer-Hart Megan Hathaway Jenny Dalzell Victoria Gilbert Allison Janda Offeibe Hanson-Hall Offeibe Hanson-Hall Jenny Dalzell Victoria Gilbert Erin Cranmer-Hart	long jump mile 500m 4x800m relay relay medley relay	<b>ALL-PATRIOT LEAGUE*</b>	
2009	Rebecca Frey Stephanie Fulmer Megan Hathaway Chelsey Musante Lindsay Appel Jenny Dalzell Jennifer Pierce Megan Hathaway	pole vault mile 500 20-lb. wt. 4x400m relay relay	1994 Adele Conover, Bridget Dean, Tameka Hinton, Leah Johnson, Norine Nadeau, Maria Ryan, Sharon Shilling, Becky Tobin, Kathy Wurster	
2010	Lindsay Appel Casey Krause Amy Mantush Chelsey Musante Stephanie Fulmer Allison Janda	400m triple jump heptathlon, high jump 20-lb. wt., shot put 4x800 relay	1995 Kate DeiCas, Tina Hall, Tameka Hinton, Norine Nadeau	
			1996 Lisa Allen, Joylyn Brown, Tina Hall, Annie Hamlin, Connie Hamlin, Pamela Richardson, Julie Sweitzer	
			1997 Yetunde Daniels, Kate DeiCas, Tina Hall, Annie Hamlin, Connie Hamlin, Karen Leonard, Jessica Quintana, Pamela Richardson, Julie Sweitzer	
			1998 Lori Allen, Yetunde Daniels, Annie Hamlin, Connie Hamlin, Karen Leonard, Michelle Manikowski, Kim McGrath, Jessica Quintana, Jennifer Rice, Pamela Richardson, Laura Ryan, Julie Sweitzer	
			1999 Stephanie Bango, Kerri Black, Yetunde Daniels, Meg Ghiggeri, Annie Hamlin, Jennifer Hart, Kim McGrath, LaTonya McSwain, Becki Marshall, Meredith O'Doherty, Jessica Quintana, Laura Ryan, Julie Sweitzer, Tria Tyler, Christie Wolfgang	
			2000 Stephanie Bango, Yetunde Daniels, Meg Ghiggeri, Carly Graytock, Jennifer Hart, Kristin Kyzmir, Linda Mangan, Becki Marshall, Kelly McConnell, Kim McGrath, LaTonya McSwain, Laura Ryan, Christie Wolfgang	
			2001 Stephanie Bango, Michelle Baylor, Andrea Beisser, Jamie Lilién, Becki Marshall, Kelly McConnell, LaTonya McSwain, Andrea Nyce, Nicole Piper, Laura Ryan, Khadija Shariff, Christie Wolfgang	
			2002 Stephanie Bango, Amy Calvo, Chris Crowe, Samantha Klotz, Rehana Lanewala, Kelly McConnell, LaTonya McSwain, Nicole Piper, Kim Zimbal	
			2003 Monique Boley, Dionne Bonds, Charity Brady, Keryann Branker, Amy Calvo, Theresa Dennis, Tolu Fayanjuola, Maria Garcia, Jennifer Marsh, Nicole Piper	
			2004 <b>First Team:</b> Melanie Buczko, Amy Calvo, Ann Doty, Tolu Fayanjuola, Christa Sawko <b>Second Team:</b> Monique Boley, Lauren Bricker, Sarah Groman	
			2005 <b>First Team:</b> Lauren Bricker, Ann Doty, Marjorie Grap, Kayla Halloran, Nina Reinhardt, Christa Sawko <b>Second Team:</b> Monique Boley, Lauren Bricker, Melanie Buczko, Amy Calvo, Tolu Fayanjuola, Kayla Halloran, Elizabeth Pendleton, Christa Sawko, Danielle Todman	
			2006 <b>First Team:</b> Kat Allen, Lauren	



MARJORIE GRAP



CHELSEY MUSANTE

2011	<b>First Team:</b> Sarah Bella, Sasha Hornock <b>Second Team:</b> Rebecca Misko, Jennifer Zymet
2012	<b>First Team:</b> Emily Ando, Sarah Bella, Hana Casalnova, Sasha Hornock, Kim Nagotko, Caroline Tolli, Jennifer Zymet <b>Second Team:</b> Hana Casalnova, Taylor Funk, Sasha Hornock, Alexandra Romanelli, Autumn Schellenberger

	Bricker, Melanie Buczko, Kati Dempsey, Ann Doty, Marjorie Grap, Victoria Gilbert, Offeibe Hanson- Hall, Megan Hathaway, Christa Sawko, Catherine Trentacoste <b>Second Team:</b> Kat Allen, Lauren Bricker, Kati Dempsey, Marjorie Grap, Nina Reinhardt
2007	<b>First Team:</b> Melanie Buczko, Erin Cranmer-Hart, Mariel Fink, Victoria Gilbert, Marjorie Grap, Offeibe Hanson-Hall, Amy Mantush, Leanna Nastase, Christa Sawko, Catherine Trentacoste <b>Second Team:</b> Erin Cranmer-Hart, Jenny Dalzell, Megan Hathaway, Jennifer Pierce, Nina Reinhardt, Jenny Stevens, Catherine Trentacoste
2008	<b>First Team:</b> Nicole Ayala, Erin Cranmer-Hart, Jenny Dalzell, Victoria Gilbert, Offeibe Hanson- Hall, Megan Hathaway, Allison Janda <b>Second Team:</b> Mariel Fink, Rebecca Frey, Victoria Gilbert, Megan Hathaway, Offeibe Hanson-Hall, Allison Janda, Amy Mantush, Jennifer Pierce
2009	<b>First Team:</b> Lindsay Appel, Jenny Dalzell, Rebecca Frey, Stephanie Fulmer, Megan Hathaway, Chelsey Musante, Jennifer Pierce <b>Second Team:</b> Jenny Dalzell, Meghan Frate, Stephanie Fulmer, Megan Hathaway Allison Janda, Chelsey Musante, Jennifer Pierce
2010	<b>First Team:</b> Lindsay Appel, Stephanie Fulmer, Allison Janda, Casey Krause, Amy Mantush, Chelsey Musante, Jennifer Pierce, Caroline Tolli <b>Second Team:</b> Lindsay Appel, Sarah Bella, Sasha Hornock, Allison Janda, Jamie Leacock, Sarah Moniz, Jennifer Pierce

\* - All-Patriot League teams began in 1994.  
First and second team designation began  
in 2004.

### EAST COAST CONFERENCE AWARDS

1989 Susan Rowland Outstanding Athlete

### PATRIOT LEAGUE AWARDS

1992	Art Gulden	Coach of the Year
1993	Art Gulden	Coach of the Year
1994	Art Gulden	Coach of the Year
	Tameka Hinton	Athlete of the Meet
1995	Art Gulden	Coach of the Year
	Tameka Hinton	Athlete of the Meet
1996	Art Gulden	Coach of the Year
1998	Art Gulden	Coach of the Year
	Julie Sweitzer	Athlete of the Meet
1999	Art Gulden	Coach of the Year
2000	Art Gulden	Coach of the Year
2001	Stephanie Bango	Track Athlete of the Meet
2002	Kevin Donner	Coach of the Year
2003	Kevin Donner	Coach of the Year
2004	Kevin Donner	Coach of the Year
2005	Kevin Donner	Coach of the Year
2006	Kevin Donner	Coach of the Year
	Christa Sawko	Track Athlete of the Meet
	Marjorie Grap	Field Athlete of the Meet
	Kati Dempsey	Rookie of the Meet
2007	Kevin Donner	Coach of the Year
2009	Chelsey Musante	Co-Field Athlete of the Meet
	Stephanie Fulmer	Rookie of the Meet
2010	Amy Mantush	Field Athlete of the Meet
2012	Kevin Donner	Coach of the Year

### PATRIOT LEAGUE MEET RECORD HOLDERS

1995	Tameka Hinton	55m
2000	Stephanie Bango	800m
2002	Amy Calvo	4x400m relay
	Rehana Lanewala	
	LaTonya McSwain	
	Stephanie Bango	
2006	Melanie Buczko	pole vault
	Christa Sawko	4x800m relay
	Victoria Gilbert	
	Offeibe Hanson-Hall	
	Lauren Bricker	
2007	Marjorie Grap	20-lb. wt.
	Amy Mantush	high jump

### MOST CONFERENCE CHAMPIONSHIPS

Athlete	Years Competed	Titles
Stephanie Bango	1999-2002	13
Tameka Hinton	1992-95	10
Yetunde Daniels	1997-2000	9
LaTonya McSwain	1999-2002	7
Christa Sawko	2004-07	7
Julie Sweitzer	1996-99	7
Susan Rowland	1986-89	6
Laura Ryan	1998-2001	6
Alison Saeger	1988-91	5
Nine tied with		4



Susan  
Rowland  
14x ECC Champion



David  
Mante  
2008 PL Pole Vault  
Champion

# Women's Track & Field Postseason Honors

## WOMEN'S OUTDOOR POSTSEASON HONORS

### ALL-AMERICANS

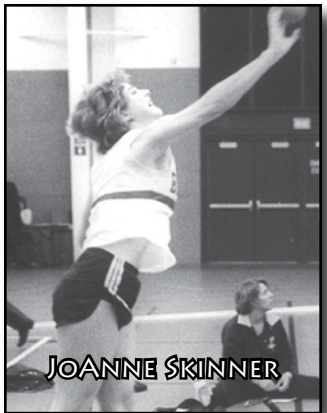
Year	Athlete	Place	Event
1982	Lonnie Fertik	4th	heptathlon
2011	Laura Rycek (HM)	23rd	javelin

### NCAA CHAMPIONSHIP QUALIFIERS

2004	Melanie Buczko	11th	pole vault
	Maria Garcia	20th	hammer
2011	Laura Rycek	23rd	javelin

### NCAA REGIONAL QUALIFIERS

2003	Nicole Piper	30th	800m
	Maria Garcia	20th	hammer
2004	Melanie Buczko	4th	long jump
	Maria Garcia	8th	hammer
	Angie Hall	9th	pole vault
	Ann Doty	29th	triple jump
	Tolu Fayanjuola	34th	long jump
2005	Melanie Buczko	7th	pole vault
2006	Christa Sawko	13th (Prelims)	800m
	Catherine Trentacoste	26th	400m
	Melanie Buczko	12th	pole vault
	Marjorie Grap	17th	hammer
	Marjorie Grap	20th	discus
2007	Christa Sawko	14th	800m
		--	1,500m
	Christine Totten	13th	steeple
	Amy Mantush	20th	high jump
	Melanie Buczko	10th	pole vault
	Beverly Rogers	13th	javelin
	Marjorie Grap	6th	hammer
		24th	discus
2008	Amanda Mockbee	16th	discus
	Beverly Rogers	9th	javelin
	Laura Rycek	19th	javelin
2009	Sarah Bella	19th	shot put
		26th	discus
	Rebecca Frey	19th	pole vault
	Stephanie Fulmer	27th	1,500m
	Megan Hathaway	21st	800m
	Amy Mantush	--	high jump
		--	triple jump
2010	Laura Rycek	30th	javelin
2011	Kat Folger	45th	javelin
	Laura Rycek	11th	javelin
	Taylor Siegrist	42nd	javelin
2012	Kat Folger	31st	javelin
	Taylor Siegrist	32nd	javelin



JOANNE SKINNER

### ALL-EAST/ECAC

1984	Kelly Hoskins	2nd	10K
	Corinne Dinardo	5th	javelin
1985	JoAnne Skinner	2nd	hammer
1986	Heather Korhammer	3rd	javelin
	Sue Lorch	6th	400m H
1987	Judy Perry	2nd	10K
	Jill Wise	5th	triple jump

1988	Jill Wise	2nd	triple jump
	Connie Hall	8th	4x800m relay
	Alison Saeger		relay
	Sue Wallace		relay
	Gena Korrell		relay
1989	Judy Perry	5th	10K
	Alison Saeger	6th	4x400m relay
	Connie Hall		relay
	Lynnette McBride		relay
	Susan Rowland		relay
1993	Norine Nadeau	6th	javelin
1994	Norine Nadeau	4th	heptathlon
	Leah Johnson	6th	4x800m relay
	Becky Tobin		relay
	Maria Ryan		relay
1995	Norine Nadeau	6th	heptathlon
1996	Norine Nadeau	7th	heptathlon
1999	Emily Hoch	6th	discus
	Emily Hoch	6th	hammer
	Julie Sweitzer	8th	3,000m
	Sara Vargo	8th	heptathlon
2000	Carly Graytock	4th	10K
	Theresa Dennis	7th	10K
2001	Maria Garcia	8th	hammer
	Stephanie Bango	7th	4x800m relay
	Kristin Kyzmir		relay
	Kelly McConnell		relay
	LaTonya McSwain		relay
2003	Maria Garcia	5th	hammer
2004	Melanie Buczko	1st	pole vault
	Maria Garcia	2nd	hammer
	Jennifer Marsh	5th	4x800m relay
	Laura Nagy		relay
	Lauren Bricker		relay
	Christa Sawko		relay
2005	Beverly Rogers	6th	javelin
	Jennifer Marsh	1st	4x800m relay
	Amy Calvo		relay
	Lauren Bricker		relay
	Christa Sawko		relay
2006	Marjorie Grap	3rd	hammer
	Melanie Buczko	2nd	pole vault
	Christa Sawko	4th	800m
2007	Marjorie Grap	2nd	hammer
	Marjorie Grap	8th	discus
	Leanna Nastase	6th	10K
	Offeibea Hanson-Hall	4th	4x800m relay
	Erin Cranmer-Hart		relay
	Allison Janda		relay
	Christa Sawko		relay
2008	Beverly Rogers	8th	javelin
	Laura Rycek	7th	javelin
	Megan Hathaway	7th	4x800m relay
	Allison Janda		relay
	Jenny Dalzell		relay
	Jenn Pierce		relay
2009	Gillian Nordquist	5th	10K
2010	Chelsey Musante	6th	shot put
	Laura Rycek	6th	javelin
2011	Laura Rycek	6th	javelin
	Hana Casalnova	4th	4x800m relay
	Emily Waksmundski		relay
	Erin Holbrook		relay
	Caroline Tolli		relay
2012	Kat Folger	2nd	javelin

### EAIW, ECC CHAMPIONS

1981	Nancy Russo		long jump
1983	Lonnie Fertik		high jump
1984	Judy Olson		800m
	Corinne Dinardo		javelin
	Kelly Hoskins		10K
	Debbie Passmore		1,500m
1985	JoAnne Skinner		discus
	Liz Ludwigson		800m
	Tracy Bigley		1,500m
	Gabrielle Czaja		5,000m

1986	Dawne Quackenboss		10K
	Tracy Bigley		3,000m
	Vicki Weiss		800m
	Heather Korhammer		javelin
	Jill Wise		triple jump
1987	Jill Wise		triple jump
	Judy Perry		10K
			5,000m
	Susan Rowland		100m
	Heather Korhammer		javelin
1988	Jill Wise		long jump
			triple jump
	Heather Korhammer		javelin
	Susan Rowland		100m
			200m
	Susan Rowland		4x100m relay
	Alison Saeger		4x400m relay
	Connie Hall		400m
	Sue Wallace		4x400m relay
	Susan Rowland		4x400m relay
1989	Judy Perry		10K
	Helene Wieting		5,000m, 10K
	Juli Winkler		shot put
	Heather Korhammer		javelin
	Susan Rowland		200m, 400m
	Alison Saeger		4x400m relay
	Connie Hall		4x400m relay
	Lynnette McBride		4x400m relay
	Susan Rowland		4x400m relay
1990	Judy Perry		10K
	Juli Winkler		shot put
	Lynnette McBride		long jump
	Margaret Wilkes		100m H
	Kelly Marsh		5,000m
	Erin Ryan		4x400m relay
	Tricia Plasko		4x400m relay
	Alison Saeger		4x400m relay
	Lynnette McBride		4x400m relay

### PATRIOT LEAGUE CHAMPIONS

1991	Dawn Ellery		high jump
	Lynnette McBride		long jump
	Lynda Rose		triple jump
	Karen Shimomura		100m H
	Tricia Plasko		100m, 200m
	Carla DeBiasi		400m H
	Dana Harbst		4x100m relay
	Tricia Plasko		4x100m relay
	Audra Wilson		4x400m relay
	Lynnette McBride		4x400m relay
	Audra Wilson		4x400m relay
	Tricia Plasko		4x400m relay
	Gina Abraham		4x400m relay
	Lynnette McBride		4x400m relay
1992	Kristen Opdyke		10K
	Dawn Ellery		high jump
	Tameka Hinton		100m
	Tricia Plasko		200m
	Julie Diercks		4x100m relay
	Tricia Plasko		4x100m relay
	Audra Wilson		4x100m relay
	Tameka Hinton		4x100m relay
1993	Bridget Dean		100m H
	Tameka Hinton		100m
	Sharon Shilling		4x100m relay
	Dana Harbst		4x100m relay
	Bridget Dean		4x100m relay
	Tameka Hinton		4x100m relay
1994	Kristen Overturf		discus
	Norine Nadeau		high jump
	Tameka Hinton		100m, 200m

	Becky Tobin		4x800m relay
	Kathy Wurster		4x800m relay
	Leah Johnson		4x800m relay
	Maria Ryan		4x800m relay
1995	Tameka Hinton		100m, 200m, shot put
	Bridget Dean		400m H
	Norine Nadeau		high jump, long jump
1996	Norine Nadeau		high jump, long jump
	Tria Tyler		discus
1997	Jennifer Rice		long jump
	Tria Tyler		discus
	Yetunde Daniels		200m, 400m
	Julie Sweitzer		1,500m
1998	Yetunde Daniels		200m
	Carly Graytock		10K
	Kim McGrath		triple jump
	Tria Tyler		discus
1999	Yetunde Daniels		200m
	Stephanie Bango		800m
	Julie Sweitzer		1,500m
	Annie Hamlin		3,000m, 5,000m
	Carly Graytock		10K
	LaTonya McSwain		4x400m relay
	Jessica Quintana		4x400m relay
	Yetunde Daniels		4x400m relay
	Stephanie Bango		4x800m relay
	Meg Ghiggeri		4x800m relay
	Kelly McConnell		4x800m relay
	Julie Sweitzer		4x800m relay
2000	Stephanie Bango		800m
	Yetunde Daniels		200m, 400m
	Becki Marshall		1,500m
	Carly Graytock		10K
	Linda Mangan		4x800m relay
	Laura Ryan		4x800m relay
	LaTonya McSwain		4x800m relay
	Stephanie Bango		4x800m relay
2001	Becki Marshall		5,000m
	Khadija Shariff		400m, 400m H
	Maria Garcia		hammer
	Dionne Bonds		triple jump
	Laura Ryan		4x400m relay
	Kristin Kyzmir		4x400m relay
	Khadija Shariff		4x400m relay
	LaTonya McSwain		4x400m relay
	Laura Ryan		4x800m relay
	Kelly McConnell		4x800m relay
	LaTonya McSwain		4x800m relay
	Stephanie Bango		4x800m relay
2002	Stephanie Bango		800m
	Maria Garcia		hammer
	Nicole Piper		4x800m relay
	LaTonya McSwain		4x800m relay
	Kelly McConnell		4x800m relay
	Stephanie Bango		4x800m relay
2003	Charity Brady		200m
	Nicole Piper		800m
	Maria Garcia		hammer
2004	Tolu Fayanjuola		100m, long jump
	Maria Garcia		hammer
	Ann Doty		triple jump
	Angie Hall		pole vault
2005	Christa Sawko		800m
	Angela McFarland		hammer
	Marjorie Grap		discus, shot put
	Ann Doty		triple jump
	Melanie Buczko		pole vault



Kelly McConnell  
7x PL Champion



Ted Heitzman  
2011 All-American

# Women's Track & Field Postseason Honors

## WOMEN'S OUTDOOR POSTSEASON HONORS



STEPHANIE BANGO

	Amy Calvo	4x800m relay
	Lauren Bricker	
	Jennifer Marsh	
	Christa Sawko	
2006	Melanie Buczko	pole vault
	Marjorie Grap	discus, hammer
	Catherine Trentacoste	400m
	Christa Sawko	800m
	Lauren Bricker	steeple
	Kerryann Branker	4x800m relay
	Lauren Bricker	
	Christa Sawko	
	Erin Cranmer-Hart	
2007	Christa Sawko	800m, 1,500m steeple
	Christine Totten	discus
	Marjorie Grap	
	Amy Mantush	high jump
	Erin Cranmer-Hart	4x800m relay
	Offeibea Hanson-Hall	
	Victoria Gilbert	
	Christa Sawko	
2008	Amanda Mockbee	discus
	Beverly Rogers	javelin
2009	Sarah Bella	discus, shot put
	Rebecca Frey	pole vault
	Stephanie Fulmer	1,500m
	Megan Hathaway	800m
	Jamie Leacock	400m H
	Amy Mantush	high jump, triple jump
	Jenny Dalzell	4x400m relay
	Jennifer Pierce	
	Kalle James-Wintjen	
	Megan Hathaway	
	Amanda Steinke	4x800m relay
	Stephanie Fulmer	
	Jenny Dalzell	
	Megan Hathaway	
2010	Casey Krause	triple jump
	Amy Mantush	long jump
	Rebecca Misko	discus
	Chelsey Musante	hammer, shot put
	Allison Janda	4x800m relay
	Caroline Tolli	
	Stephanie Fulmer	
	Sarah Moniz	
2011	Leah Goeke	steeple
	Jamie Leacock	400m H
	Laura Rycek	javelin
	Jennifer Zymet	400m
	Jennifer Zymet	4x100m relay
	Taylor Funk	
	Christina Muccio	
	Sasha Hornock	

2012 Emily Ando pole vault  
Sarah Bella shot put  
Kat Folger javelin  
Taylor Funk 400m H  
Emily Waksmunski 4x800m  
Beth Braunegg  
Caroline Tolli  
Hana Casalnova  
Jennifer Zymet 400m

### ALL-PATRIOT LEAGUE\*

1994 Adele Conover, Bridget Dean, Jodi DeRonde, Jennifer Hater, Tameka Hinton, Leah Johnson, Beth Muehl, Norine Nadeau, Janet Oleary, Kristen Overturf, Hayden Pasco, Maria Ryan, Sharon Shilling, Becky Tobin, Kathy Wurster

1995 Bridget Dean, Tameka Hinton, Norine Nadeau

1996 Adele Conover, Kate DeiCas, Jodi DeRonde, Tina Hall, Karen Horn, Norine Nadeau, Jessica Quintana, Tria Tyler

1997 Yetunde Daniels, Kate DeiCas, Jennifer Rice, Tria Tyler

1998 Yetunde Daniels, Jen Flanders, Carly Graytock, Annie Hamlin, Emily Hoch, Karen Leonard, Kim McGrath, Jen Middleton, Jessica Quintana, Jennifer Rice, Laura Ryan, Julie Sweitzer, Tria Tyler, Sara Vargo

1999 Stephanie Bango, Yetunde Daniels, Meg Ghiggeri, Carly Graytock, Annie Hamlin, Kelly McConnell, Kim McGrath, LaTonya McSwain, Jessica Quintana, Julie Sweitzer, Tria Tyler

2000 Yetunde Daniels, Edwina Bourn, Sara Vargo, Kim McGrath, Kristin Kyzmir, Carly Graytock, Theresa Dennis, Linda Mangan, Laura Ryan, LaTonya McSwain, Stephanie Bango, Jennifer Hart, Becki Marshall, Andrea Nyce, Khadija Shariff, Lori Allen

2001 Stephanie Bango, Dionne Bonds, Edwina Bourn, Chris Crowe, Theresa Dennis, Maria Garcia, Kristin Kyzmir, Shannon Maher, Becki Marshall, Kelly McConnell, LaTonya McSwain, Andrea Nyce, Laura Ryan, Khadija Shariff

2002 Stephanie Bango, Edwina Bourn, Chris Crowe, Kristin Ferrell, Maria Garcia, Rehana Lanewala, Becki Marshall, Kelly McConnell, LaTonya McSwain, Nicole Piper

2003 Monique Boley, Dionne Bonds, Edwina Bourn, Charity Brady, Amy Calvo, Theresa Dennis, Maria Garcia, Rehana Lanewala, Kiley MacDonald, Nicole Piper

2004 **First Team:** Ann Doty, Tolu Fayanjuola, Maria Garcia, Angie Hall  
**Second Team:** Lauren Bricker, Melanie Buczko, Amy Calvo, Megan Frederick, Jennifer Marsh, Katie Pfeifer, Christa Sawko, Jenny Stevens

2005 **First Team:** Lauren Bricker, Melanie Buczko, Amy Calvo, Ann Doty, Marjorie Grap, Jennifer Marsh, Angela McFarland, Christa Sawko  
**Second Team:** Kat Allen, Monique Boley, Lauren Bricker, Tolu Fayanjuola, Marjorie Grap, Jennifer Marsh, Amanda Mockbee, Nina

Reinhardt, Beverly Rogers, Christa Sawko

2006 **First Team:** Kerryann Branker, Lauren Bricker, Melanie Buczko, Erin Cranmer-Hart, Marjorie Grap, Christa Sawko, Catherine Trentacoste  
**Second Team:** Nicole Ayala, Megan Hathaway, Kathleen Hart, Leanna Nastase, Nina Reinhardt, Beverly Rogers, Christa Sawko, Catherine Trentacoste, Sarah Vanden Broek

2007 **First Team:** Christa Sawko, Christine Totten, Marjorie Grap, Amy Mantush, Erin Cranmer-Hart, Offeibea Hanson-Hall, Victoria Gilbert  
**Second Team:** Melanie Buczko, Erin Cranmer-Hart, Ann Doty, Marjorie Grap, Kathleen Hart, Megan Hathaway, Allison Janda, Jennifer Pierce, Nina Reinhardt, Beverly Rogers, Catherine Trenacoste

2008 **First Team:** Amanda Mockbee, Beverly Rogers  
**Second Team:** Lindsay Appel, Erin Cranmer-Hart, Jenny Dalzell, Rebecca Frey, Offeibea Hanson-Hall, Megan Hathaway, Allison Janda, Amy Mantush, Jennifer Pierce, Laura Rycek, Andrea Wright



MELANIE BUCZKO

2009 **First Team:** Sarah Bella, Jenny Dalzell, Rebecca Frey, Stephanie Fulmer, Megan Hathaway, Kalle James-Wintjen, Jamie Leacock, Amy Mantush, Jennifer Pierce, Amanda Steinke  
**Second Team:** Chelsey Musante, Laura Rycek

2010 **First Team:** Stephanie Fulmer, Allison Janda, Casey Krause, Amy Mantush, Rebecca Misko, Sarah Moniz, Chelsey Musante, Caroline Tolli  
**Second Team:** Lindsay Appel, Sarah Bella, Kristin Bretscher, Sasha Hornock, Amy Mantush, Sarah Moniz, Christina Muccio, Chelsey Musante, Laura Rycek

2011 **First Team:** Taylor Funk, Leah Goeke, Sasha Hornock, Jamie Leacock, Christina Muccio, Laura Rycek, Jennifer Zymet  
**Second Team:** Beth Braunegg, Hana Casalnova, Kelly Grosskurth, Sasha Hornock, Rebecca Misko, Sarah Moniz, Caroline Tolli, Jennifer

Zymet

2012 **First Team:** Emily Ando, Sarah Bella, Beth Braunegg, Hana Casalnova, Kat Folger, Taylor Funk, Caroline Tolli, Emily Waksmunski, Jennifer Zymet  
**Second Team:** Leah Goeke

\* - All-Patriot League teams began in 1994. First and second team designation began in 2004.

### EAST COAST CONFERENCE AWARDS

1988 Jill Wise Outstanding Athlete

**PATRIOT LEAGUE AWARDS**

1988 Jill Wise Outstanding Athlete

1995 Tameka Hinton Athlete of the Meet

1996 Norine Nadeau Athlete of the Meet

1999 Art Gulden Coach of the Year

2000 Art Gulden Coach of the Year

2001 Art Gulden Coach of the Year

2002 Kevin Donner Coach of the Year

2004 Kevin Donner Coach of the Year

Maria Garcia Field Athlete of the Meet

2005 Kevin Donner Coach of the Year

Marjorie Grap Field Athlete of the Meet

Beverly Rogers Rookie of the Meet

2006 Catherine Trentacoste Track Athlete of the Meet

2007 Kevin Donner Coach of the Year

2009 Amy Mantush Field Athlete of the Meet

Sarah Bella Rookie of the Meet

2010 Chelsey Musante Field Athlete of the Meet

Kevin Donner Coach of the Year

2011 Kevin Donner Coach of the Year

### PATRIOT LEAGUE MEET RECORD HOLDERS

2004 Maria Garcia hammer

2006 Melanie Buczko pole vault

2008 Amanda Mockbee discus

2012 Emily Waksmunski 4x800m

Beth Braunegg

Caroline Tolli

Hana Casalnova

### MOST CONFERENCE CHAMPIONSHIPS

Athlete	Years Competed	Titles
Tameka Hinton	1992-95	9
Stephanie Bango	1999-2002	8
Susan Rowland	1986-89	8
Yetunde Daniels	1997-2000	7
Tricia Plasko	1989-92	7
Christa Sawko	2004-07	7
Lynette McBride	1988-91	6
Marjorie Grap	2004-07	5
LaTonya McSwain	1999-2002	5
Norine Nadeau	1993-96	5
Jill Wise	1986-88	5



Rick Van Emburgh  
4x PL Champion



Carly Graytock  
7x All-PL Selection

# Men's Track & Field All-Time Top 10

## MEN'S TOP-10 ALL-TIME: INDOOR

### 55-Meter Dash

1. 6.44	Martin Carter	1982
6.44	Jim Bock	1991
6.44	Brad Bernardini	1993
6.44	Ibikari Brown	1995
6.44	Karim Abdul-Matin	1996
6.44	Michael Pistella	1996
6.44	Isaih Bell	2010
7. 6.47	David Gabriel	2001
8. 6.51	Joseph Tyler	1979
9. 6.54	Brett Rosen	1985
6.54	Troy White	1995
6.54	Noel Powell	2002
6.54	A.J. Kizekai	2008

### 55-Meter HH

1. 7.53	Andrew Yehl	2010
2. 7.54	Roger Gary	1976
3. 7.58	Ed Loges	1996
4. 7.64	James Long	1978
5. 7.72	Kevin MacLeod	2007
6. 7.74	Jeffrey King	1977
7.74	Richard Alexander	2003
8. 7.78	Darrell Perry	2002
9. 7.84	Gary Thompson	1981
7.84	Chocky Spadafore	1984
7.84	Mark Baralo	1991
7.84	Jean Simon	1991
7.84	Blaine Fawcett	1991
7.84	Rick Van Emburgh	1991
7.84	Tim Schnurr	1999

### 60-Meter Dash (run since 2002)

1. <b>6.84</b>	<b>Justin Hicks</b>	<b>2012</b>
2. 6.85	Marlon Woods	2009
3. 6.87	Isaih Bell	2009
4. <b>6.97</b>	<b>Christian Lupica</b>	<b>2012</b>
5. <b>7.00</b>	<b>Kamal Riley</b>	<b>2012</b>
6. 7.01	Noel Powell	2004
7. 7.01	A.J. Kizekai	2008
7. <b>7.06</b>	<b>Patryk Najbar</b>	<b>2012</b>
9. 7.08	Rashad Bumpers	2008
7.08	Thomas McGarrigle	2010

### 60-Meter Hurdles (run since 2002)

1. 8.07	Robert Arent	2011
2. <b>8.11</b>	<b>Christian Lupica</b>	<b>2012</b>
3. 8.12	Andrew Yehl	2010
4. 8.29	Kevin MacLeod	2007
5. 8.32	Sean Coyne	2010
6. 8.39	Dan Mularz	2010
7. 8.42	Richard Alexander	2003
8. <b>8.45</b>	<b>Jason Brown</b>	<b>2012</b>
8. 8.47	Ryan White	2010
10. 8.48	Andrew Powell	2012

### 200-Meter Dash

1. <b>21.58</b>	<b>Christian Lupica</b>	<b>2012</b>
2. 21.80	Noel Powell	2003
3. <b>21.88</b>	<b>Justin Hicks</b>	<b>2012</b>
4. 21.93	Ryan Newberger	2003
5. 21.98	David Gabriel	2001
6. 22.00	Isaih Bell	2010
7. 22.15	Robert Arent	2012
8. 22.19	Kerry Boyle	2007
9. 22.43	Jim Bock	1991
22.43	Kevin MacLeod	2008

### 300-Meter Dash

(No longer competed in Division I)

1. 34.86	Kerry Boyle	2006
2. 35.34	Robert Arent	2011
3. <b>35.43</b>	<b>Justin Hicks</b>	<b>2010</b>
4. 35.48	Kevin MacLeod	2006
5. <b>35.98</b>	<b>Kevin Tapper</b>	<b>2012</b>
6. 36.03	Matthew Bonelli	2006
7. 36.04	Ray Wood	1988
8. 36.05	Gregory Baxter	2006
9. 36.14	Tim Henkel	1989
36.14	Jim Bock	1991

### 400-Meter Dash

1. 47.46	Robert Arent	2012
2. 47.56	Kerry Boyle	2008
3. 48.05	Kevin MacLeod	2008
4. 49.01*	Mike Geraghty	1984
5. 49.18	Guy Castranova	2008
6. 49.30	Ryan Newberger	2003
7. 49.37	Steve Williamson	1998
8. 49.70	Brian Klotz	2003
9. 49.74	Rick Van Emburgh	1993
10. 49.78	Matt Bonelli	2006

### 500-Meter Dash

1. 1:02.34*	Mike Geraghty	1984
2. 1:02.74*	Glenn McLaughlin	1973
3. 1:03.76	Kerry Boyle	2007
4. 1:03.84	John Picardo	2010
5. 1:03.89	Rick Van Emburgh	1993
6. 1:04.14	Jordan Donaldson	2011
7. 1:04.53	Mike Ditzel	1998
8. 1:04.74*	Vince O'Boyle	1985
9. 1:04.77	Clement Gyan	2009
10. 1:05.28	Robert Arent	2010

### 800-Meter Run

1. 1:50.30*	Thomas McLean	1977
2. 1:50.41	Chris Sacks	2011
3. 1:51.77*	Mike Geraghty	1984
4. 1:51.87	Ron Hess	2000
5. 1:51.90*	Doug Butler	1975
6. 1:52.00	Brian Torres	1997
7. 1:52.10*	Dave White	1983
8. 1:52.18	Aaron Hanlon	2004
9. 1:52.20*	Mike Jackson	1983
10. 1:53.21	Jordan Donaldson	2012

### 1,000-Meter Run

1. 2:23.44*	Thomas McLean	1977
2. 2:23.61	Mark Hulme	1982
3. 2:23.91	Ron Hess	2000
4. 2:24.11	Dave White	1982
5. 2:25.14	Eric Furst	2002
6. 2:25.32	Chris Sacks	2011
7. 2:26.44*	Doug Butler	1974
2:26.44	Ted Neu	1988
9. 2:26.54*	Steve West	1989
10. 2:26.74*	Steve Bigotto	1981

### 1 Mile

1. 4:04.54	Steve West	1989
2. 4:05.94	George Buckheit	1979
3. 4:07.64	Mark Hulme	1982
4. 4:07.79	Brian Harshman	1985
5. 4:08.94	Norbert Berenyi	1991
6. 4:09.25	Ken Sevensky	1988
7. 4:09.26	Wallace Campbell	2008
8. 4:09.44	Frank Carroll	1974
4:09.44	Ted Neu	1988
10. 4:09.64	Doug Butler	1974

### 1,500-Meter Run

(No longer competed in Division I)

1. 3:45.24	Mark Hulme	1982
2. 3:51.04	Mike Smith	1988
3. 3:51.94	Steve West	1989
4. 3:52.09	Brian Fullem	1986
5. 3:52.14	Mike Sgambelluri	1988
6. 3:53.14	Ted Neu	1988
7. 3:54.44	Tom Eagleson	1992
8. 3:55.94	Rick Hughey	1985
3:55.94	Ken Sevensky	1987
10. 3:57.14	Jeff Hines	1983
3:57.14	Chris Priestaf	1995

### 3,000-Meter Run

1. 8:05.04	Brian Harshman	1985
2. 8:05.64	Matthew Forsy	2007
3. 8:05.94*	Bill Reifsnnyder	1983
4. 8:12.24*	Tom Richardson	1984
5. 8:13.34*	Brian Fullem	1984
6. 8:13.54*	Jerry Jurick	1983
7. 8:13.64*	George Buckheit	1977
8. 8:14.27	Wallace Campbell	2008
9. 8:16.04*	Dave Hawes	1984
10. 8:18.14	Greg Costello	2002

### 5,000-Meter Run

1. 14:03.34*	George Buckheit	1979
2. 14:10.44*	Bill Reifsnnyder	1982
3. 14:11.84	Rick Sayre	1980
4. 14:16.28	Matthew Forsy	2007
5. 14:20.48	Chris Priestaf	1995
6. 14:26.34*	Mike Deckert	1984
7. 14:26.64*	Bob Bickel	1979
14:26.64*	Lee Edmonds	1979
9. 14:27.87	Matt Deardorff	1992
10. 14:28.59	Greg Costello	2004

### Long Jump

1. 25-0	Noel Powell	2003
2. 24-2 1/2	Bryan Schiding	2000
3. 23-11 3/4	James Hollins	2001
4. 23-11 1/4	Kyle Anthony	2006
5. 23-9 1/2	Karim Abdul-Matin	1996
6. 23-5 1/2	Isaih Bell	2011
7. 23-4 3/4	Ed Loges	1993

8. 23-3	Chocky Spadafore	1985
23-3	Tim Henkel	1988
10. 22-9 1/2	Brian Mathieson	1996

### Triple Jump

1. 50-3 1/2	Bill Gravelly	1977
2. 49-7 3/4	Kyle Anthony	2007
3. 48-2	Karim Abdul-Matin	1996
4. 47-9 1/4	Bryan Schiding	2000
5. 47-9	James Hollins	2000
6. 47-1 1/2	Dean Malatino	1985
7. <b>47-0 3/4</b>	<b>Ray Holmes</b>	<b>2012</b>
8. <b>47-0 3/4</b>	<b>Alex Prieto</b>	<b>2012</b>
9. 46-10 3/4	Robert Grady	1975
10. 46-10 1/4	Ted Lewis	1981

### High Jump

1. 6-10 3/4	Ted Lewis	1982
2. 6-10 1/4	Drew Fitzgerald	2009
6-10 1/4	Nicholas Hruh	2009
4. 6-10	Brian Preputnick	1995
5. 6-9 1/2	David Laukus	1988
6. 6-9	Matt Murdock	1999
7. 6-8 3/4	Larry Smith	1985
6-8 3/4	Andrew Powell	2012
9. 6-7	Drew Folk	2005
6-7	Ryan Robinson	2006
6-7	Richard Simpson	2007

### Shot Put

1. 55-6 1/2	Tom Barr	2012
2. 54-0 1/2	Timothy Medlock	2008
3. <b>53-1 3/4</b>	<b>Quinten Marcott</b>	<b>2012</b>
4. 52-8 1/4	Erik Stieler	1995
5. 51-5 3/4	Zachary Shapiro	2011
6. <b>51-4 1/4</b>	<b>Stephen Koullias</b>	<b>2012</b>
7. 51-1 1/2	Greg Keller	1989
8. 51-0 3/4	Jon Lockhart	2010
9. 50-8 3/4	Don Shump	2000
10. 50-6 1/4	Darryl Volpicelli	1998

### 35-Pound Weight

1. 65-10 1/2	Tyler Hoffman	2007
2. 64-3	Darryl Volpicelli	1998
3. 64-2 1/2	Tom Barr	2012
4. <b>63-0</b>	<b>Leonard Joseph</b>	<b>2012</b>
5. 58-10 3/4	Ryan Stairs	1996
6. 57-7	James Heizman	2001
7. 57-2 1/2	Paul Austin	1991
8. 57-1 1/2	Bill Wilson	1986
9. 56-1	James Meyer	2008
10. 53-11 3/4	Dan Frake	2006

### Pole Vault

1. 17-3	Dave Pomfret	2000
2. 16-3 1/4	David Mante	2008
3. 15-9	J.C. Whittaker	2001
15-9	Daniel Markwalter	2012
15-9	Nathaniel Witter	2012
6. 15-6	Justin Alden-Dunn	2003
7. 15-5 3/4	Ryan White	2010
8. 15-5	Joe LaBarge	1992
15-5	Tim Evans	1998
15-5	Adam Jacob	2003

### Heptathlon

1. 5,143	Andrew Powell	2012
2. 4,973	Ryan White	2008
3. 4,826	Drew Fitzgerald	2009
4. 4,651	Mike Mellas	2004
5. <b>4,482</b>	<b>Sam Brandstadt</b>	<b>2012</b>
6. 4,478	Thomas Vogler	2009
7. 4,355	Robert Gradoville	2007
8. <b>4,242</b>	<b>Jason Brown</b>	<b>2010</b>
9. 4,128	Greg Barbier	2012
10. 4,030	David Mante	2006

### 4x400-Meter Relay (Mile Relay+1.2)

1. 3:15.51	Boyle, Corbetta, MacLeod, Bonelli	2006
2. <b>3:15.79</b>	<b>Eaton-Hall, Arent</b>	<b>2011</b>
3. 3:15.96	Boyle, Baxter, Mooney, MacLeod	2007
4. <b>3:16.82</b>	<b>Arent, Hicks,</b>	<b>2010</b>
5. 3:17.59	Harris, Castranova, Donaldson, Gyan, Picardo, Boyle	2009
6. <b>3:17.73</b>	<b>Donaldson, Picardo,</b>	<b>2011</b>
7. <b>3:18.54</b>	<b>Eaton-Hall, Arent,</b>	<b>2012</b>
8. 3:18.86	Tapper, Arent, Mularz, Hicks, Ditzel, Cagno, Warner, Akwei	1996

9. 3:19.11	Arent, Donaldson, Novakowski, Picardo	2010
10. 3:19.29	Corbetta, Mooney, Bonelli, Boyle	2006
<b>3:19.29</b>	<b>Eaton-Hall, Donaldson,</b>	<b>2011</b>
	Picardo, Arent	

### 4x800-Meter Relay (Two-mile-3.0)

1. 7:29.44	Bonasorte, Williamson, Butler, McLean	1976
2. 7:32.34	Bonasorte, McAndrew, Butler, McLean	1977
3. 7:33.14	Unknown	1977
4. 7:33.44	Bonasorte, Nagelberg, Boyd, Donaldson	1975
5. 7:34.15	Sacks, Smith	2011
6. 7:34.64	Bonasorte, Nagelberg, Carroll, Butler	1975
7:34.64	Butler, Bonasorte, Williamson, McLean	1976
8. <b>7:35.14</b>	<b>Horning, Jagelsky,</b>	<b>2012</b>
	Logan, Donaldson	
9. 7:35.20	Ward, Furst, Bartsch, Hess	2000
10. 7:35.24	Bonasorte, Williamson, Butler, McLean	1976

### Distance Medley Relay (DMR metric+5.0)

1. 9:53.04	McAndrew, Lockett, Debraggio, Buckheit	1979
2. <b>9:55.24</b>	<b>Boyd, Logan,</b>	<b>2011</b>
	Smith, Sacks	
3. 9:55.55	Sgambelluri, Bock, Loomis, Berenyi	1990
4. <b>9:56.63</b>	<b>Horning, Logan,</b>	<b>2011</b>
	Smith, Boyd	
5. 9:57.24	Unknown	
6. 9:59.61	Caroleo, Mooney, Syty, Brown	2006
7. 9:59.72	Caroleo, Bonelli, Syty, Brown	2006
8. 10:00.10	Beaver, Akwei, Schilling, Roeser	1996
9. 10:00.14	Bigotto, Geraghty, White, Hulme	1983
10. 10:01.19	Smith, O'Boyle, Sevensky, Kemmerer	1987

### Sprint Medley Relay

1. 3:32.21	Boyle, Johnson, MacLeod, Mooney	2007
2. 3:33.4	Dzurinko, Goforth, Scott, Williamson	1976
3. 3:33.73	Edwards, Powell, Gabriel, Palavecino	2001
4. 3:33.8	Unknown	1975
5. 3:34.5	Unknown	1975
3:34.50	Castranova, Coyne, Yehl, Boyd	2010
7. 3:35.25	Castranova, Anthony, Yehl, Smith	2009
8. 3:35.41	Boyle, Johnson, Corbetta, Mooney	2006

# Men's Track & Field All-Time Top 10

## MEN'S TOP-10 ALL-TIME: OUTDOOR

### 100-Meter Dash

1.	10.52	Noel Powell	2003
2.	10.61	Isaih Bell	2010
3.	10.62	Martin Carter	1980
4.	10.64	Brad Bernardino	1994
5.	10.64	Ibikari Brown	1995
6.	10.65	David Gabriel	2001
7.	<b>10.67</b>	<b>Justin Hicks</b>	<b>2011</b>
8.	10.71	Michael Pistella	1997
9.	10.74	Jim Bock	1992
10.	<b>10.77</b>	<b>Kamal Riley</b>	<b>2012</b>

### 200-Meter Dash

1.	21.24	Kerry Boyle	2007
2.	21.34	Noel Powell	2002
3.	21.43	Isaih Bell	2011
4.	21.44	Ryan Newberger	2003
5.	21.55	David Gabriel	1999
6.	21.58	Antwan Minter	1988
7.	21.59	Martin Carter	1982
8.	<b>21.59</b>	<b>Justin Hicks</b>	<b>2011</b>
9.	<b>21.69</b>	<b>Christian Lupica</b>	<b>2012</b>
10.	21.86	Ray Wood	1987

### 400-Meter Dash

1.	46.84	Thomas McLean	1976
2.	47.50	Mike Geraghty	1983
3.	47.54	Kerry Boyle	2007
4.	47.94	Glenn McLaughlin	1974
5.	48.12	Robert Arent	2010
6.	48.51	Guy Castranova	2008
7.	48.52	Mike Ditzel	1998
8.	48.66	Ryan Newberger	2003
9.	48.74	Ray Wood	1987
10.	48.76	Tim Henkel	1989

### 800-Meter Run

1.	1:45.24	Thomas McLean	1974
2.	1:49.84	Mike Geraghty	1983
3.	1:50.19	Ron Hess	2000
4.	1:50.52	Jordan Donaldson	2010
5.	1:52.03	Brian Torres	1997
6.	1:52.10	Mike Jackson	1983
7.	1:52.11	Clayton Smith	2011
8.	1:52.17	Dave White	1983
9.	<b>1:52.60</b>	<b>Alex Jagelsky</b>	<b>2012</b>
10.	1:53.09	Ken Sevensky	1988

### 1,500-Meter Run

1.	3:43.84	Mark Hulme	1983
2.	3:44.95	Dave White	1983
3.	3:45.14	Ron Hess	2000
4.	3:46.17	Mike Sgambelluri	1990
5.	3:46.76	Ken Sevensky	1988
6.	3:46.88	Ted Neu	1988
7.	3:48.20	George Buckheit	1979
8.	3:49.39	Steve West	1988
9.	3:49.85	Lou Palma	2003
10.	3:50.33	Christopher Boyd	2011

### Mile Run

(No longer competed in Division I)

1.	4:08.14	Frank Carroll	1974
2.	4:08.34	Mark Hulme	1980
3.	4:11.14	Kenneth Linfield	1976
4.	4:12.24	Doug Butler	1974
5.	4:12.94	Robert Bickel	1979
6.	4:13.03	Ron Hess	1999
7.	4:13.44	John McAndrew	1979
8.	4:15.34	Daniel Nagelberg	1974
9.	4:16.24	John Noll	1966
10.	4:16.24	William Ledgerwood	1974

### 3,000-Meter Steeplechase

1.	8:42.54	Rick Sayre	1980
2.	8:47.93	Matthew Forsy	2007
3.	8:52.68	Andrew Huebner	2010
4.	8:56.24	Mike Deckert	1984
5.	8:57.14	Carl Kemmerer	1987
6.	8:58.55	David Bronfenbrenner	2000
7.	8:59.25	Stephen Clarke	1994
8.	9:02.04	Michael McCoy	1976
9.	9:02.22	Bryan Johnston	2002
10.	9:02.57	Nick Mousetis	2002

### 5,000-Meter Run

1.	13:57.04	Brian Harshman	1984
2.	13:57.84	George Buckheit	1979
3.	14:07.14	Jerry Jurick	1984
4.	14:07.83	Matthew Forsy	2007
5.	14:16.64	Lee Edmonds	1979
6.	14:18.84	Charles Cole	1986
7.	14:21.84	Mike Deckert	1983
8.	14:24.74	Mark Hulme	1981
9.	14:25.64	Brian Fullem	1985
10.	14:26.04	Ray Sullivan	1986

### 10,000-Meter Run

1.	28:50.54	Bill Reifsnnyder	1982
2.	28:55.36	George Buckheit	1979
3.	29:06.14	Lee Edmonds	1979
4.	29:07.94	Robert Bickel	1979
5.	29:16.14	Mike Deckert	1984
6.	29:33.14	Rich Stark	1987
7.	29:41.74	Wayne Bargiel	1977
8.	29:43.14	Bob Murdock	1983
9.	29:44.14	Matt Deardorff	1992
10.	29:45.44	James O'Shea	1980

### 110-Meter High Hurdles

1.	14.31	Robert Arent	2012
2.	14.33	Andrew Yehl	2010
3.	14.44	Ed Loges	1996
4.	<b>14.45</b>	<b>Christian Lupica</b>	<b>2012</b>
5.	14.64	Jeffrey King	1977
6.	14.64	Paul Gutowski	1979
7.	14.69	Kevin MacLeod	2007
8.	14.80	Tim Schnurr	1999
9.	14.86	Dan Mularz	2011
10.	14.94	Roger Gary	1978

### 400-Meter Int. Hurdles

1.	51.59	Robert Arent	2010
2.	51.87	Kevin MacLeod	2008
3.	51.88	Rick Van Emburgh	1994
4.	52.98	Mark Barolo	1990
5.	53.30	Dan Mularz	2010
6.	53.65	Vincent Guandolo	1995
7.	54.67	Sean Coyne	2009
8.	<b>54.93</b>	<b>Christian Lupica</b>	<b>2012</b>
9.	54.94	Gary Thompson	1982
10.	55.18	Blair Hopkin	1994
11.	55.18	Kerry Boyle	2006

### Long Jump

1.	24-10 1/2	Noel Powell	2004
2.	24-6 1/2	Tim Henkel	1988
3.	24-0 1/2	Chocky Spadafore	1985
4.	23-11 1/2	Kyle Anthony	2010
5.	23-10 1/4	Isaih Bell	2010
6.	23-8 1/4	Emory Strother	2001
7.	23-8	Bryan Schoding	2000
8.	23-2 1/2	Shawn Smith	1982
9.	23-0 3/4	Karim Abdul-Matin	1995
10.	23-0 1/2	Peter Legan	1980

### Triple Jump

1.	50-11 3/4	Bill Gravely	1976
2.	50-6 1/4	Kyle Anthony	2010
3.	<b>48-8</b>	<b>Ray Holmes</b>	<b>2012</b>
4.	48-3 1/4	Dean Malatino	1985
5.	47-6 1/2	Peter Legan	1980
6.	47-6 1/4	Karim Abdul-Matin	1994
7.	47-2 1/2	Bob Gift	1986
8.	47-2 1/4	James Hollins	2000
9.	<b>47-1</b>	<b>Alex Prieto</b>	<b>2012</b>
10.	47-0 3/4	James Johnson	2000

### High Jump

1.	6-10 3/4	Drew Fitzgerald	2009
2.	6-10	Ted Lewis	1980
3.	6-9	Brian Preputnick	1995
4.	6-8 1/4	Richard Simpson	2007
5.	6-8 1/4	Nicholas Hruch	2009
6.	6-8 1/4	Andrew Powell	2011
7.	<b>6-8 1/4</b>	<b>Jason Brown</b>	<b>2012</b>
8.	6-8	Paul Miller	1976
9.	6-8	David Laukas	1989
10.	6-8	Matt Murdock	2000
11.	6-8	Emory Strother	2001

### Pole Vault

1.	16-3	Dave Pomfret	2000
2.	16-2	David Mante	2007
3.	15-10	Jamie Dodd	1983
4.	15-9	Drew Fitzgerald	2011
5.	<b>15-9</b>	<b>Daniel Markwalter</b>	<b>2012</b>
6.	15-3	Mark Campbell	1990
7.	15-3	Tim Evans	1997
8.	15-3	J.C. Whittaker	2000
9.	15-3	Jeff Arek	2002
10.	15-3	Jason Inzana	2007
11.	<b>15-3</b>	<b>Nathaniel Witter</b>	<b>2012</b>

### Shot Put

1.	54-2 1/2	Tom Barr	2012
2.	53-5 1/2	Timothy Medlock	2009
3.	53-2	Erik Stieler	1995
4.	<b>52-7 1/4</b>	<b>Stephen Koullias</b>	<b>2012</b>
5.	<b>52-4 1/2</b>	<b>Quinten Marcott</b>	<b>2012</b>
6.	52-2 3/4	Dan Frake	2006
7.	51-7 3/4	Nick DeGregorio	2007
8.	51-7 3/4	Jonathan Lockhart	2010
9.	51-5 3/4	Greg Keller	1989
10.	51-4 1/4	Zachary Shapiro	2008

### Hammer Throw

1.	209-3	James Heizman	1996
2.	<b>206-3</b>	<b>Leonard Joseph</b>	<b>2012</b>
3.	206-2	Tyler Hoffman	2007
4.	200-2	Dan Frake	2006
5.	194-7	Ryan Stairs	2001
6.	188-11 3/4	Darryl Volpicelli	1998
7.	183-4 1/4	Paul Austin	1991
8.	182-11	Tom Barr	2012
9.	177-8	James Meyer	2008
10.	176-9	Adam Kaufman	2002

### Discus

1.	169-0	J. Michael Dakan	1978
2.	<b>168-6</b>	<b>Luke Webster</b>	<b>2012</b>
3.	166-11	Shawn Matthews	2000
4.	163-5	Greg Keller	1987
5.	162-3	Tom Barr	2012
6.	159-1	Erik Swarts	1996
7.	<b>157-10</b>	<b>Leonard Joseph</b>	<b>2012</b>
8.	157-5 1/4	Thomas Kadien	1978
9.	156-9	Mitchell Farbstein	1972
10.	156-1	James Heizman	1996

### Javelin (after 1986)

1.	237-0	Ted Heitzman	2011
2.	230-6	Joshua Kaehler	2007
3.	225-7	Rich Rebeck	1990
4.	225-1	Steven Pierce	2010
5.	212-3	Bob McCormick	1988
6.	209-4	Dave Pomfret	2000
7.	<b>208-7</b>	<b>Laddie Trees</b>	<b>2012</b>
8.	208-3	Blaine Fawcett	1992
9.	207-0	Justin McKnight	2003
10.	198-8	Mark Kunkel	1989

### Javelin (pre-1986)

1.	231-7	Doug Nauman	1971
2.	208-8	David Henry	1971
3.	206-1	William Allardice	1965
4.	205-3	Al Wegener	1981
5.	201-2 3/4	Ronald Barrett	1976

### Decathlon

1.	6,667	Andrew Powell	2012
2.	6,437	Ryan White	2008
3.	6,353	Mike Mellas	2004
4.	6,240	Thomas Vogler	2010
5.	<b>5,902</b>	<b>Sam Brandstadt</b>	<b>2012</b>
6.	5,803	Robert Gradoville	2007
7.	4,858	Kyle McLaughlin	2006
8.	4,499	Shota Ike	2005

### 4x100-Meter Relay

1.	<b>40.95</b>	<b>Woods, Hicks, Riley, Bell</b>	<b>2011</b>
2.	41.33	Solomon, Gabriel, Coen, Powell	2001
3.	<b>41.37</b>	<b>Yehl, Hicks, McGarrigle, Bell</b>	<b>2010</b>
4.	<b>41.44</b>	<b>Lupica, Eaton-Hall, Riley, Hicks</b>	<b>2012</b>

5.	41.57	Solomon, Gabriel, Newberger, Powell	2002
6.	41.63	Solomon, Wright, Newberger, Powell	2003
7.	41.68	Newberger, Powell, Solomon, Wright	2003
8.	41.76	Novotny, Newberger, Crane, Powell	2004
9.	41.78	Solomon, Gabriel, Unknown	2001

### 4x400-Meter Relay

1.	3:11.9*	Goforth, Korkuch, DePalma, McLean	1975
2.	3:13.66	Picardo, Donaldson, Mularz, Arent	2010
3.	3:14.0*	Goforth, Korkuch, DePalma, McLean	1973
4.	<b>3:14.58</b>	<b>Tapper, Hicks, Eaton-Hall, Arent</b>	<b>2012</b>
5.	3:14.76	Boyle, Castranova, Gyan, MacLeod	2008
6.	3:15.17	Gyan, Castranova, Boyle, MacLeod	2008
7.	3:15.24	Craig, Jackson, Smith, Geraghty	1983
8.	3:15.59	Gyan, Picardo, Mularz, Boyle	2009
9.	<b>3:15.73</b>	<b>Donaldson, Picardo, Hicks, Gyan</b>	<b>2010</b>
10.	3:15.85	Gyan, Guja, Mooney, Boyle	2007

### 4x800-Meter Relay

1.	<b>7:30.63</b>	<b>Horning, Logan, Oesterlin, Donaldson</b>	<b>2012</b>
2.	7:31.84	White, Kaplan, Geraghty, Hulme	1982
3.	7:31.84	White, Jackson, Hulme, Geraghty	1983
4.	7:32.42	Hess, Kelly, Yarosz, Torres	1998
5.	7:32.76	Novakowski, Boyd, Picardo, Donaldson	2011
6.	7:33.05	Ward, Furst, Bartsch, Hess	2000
7.	7:33.61	Hanlon, Palma, Furst, Walsh	2003
8.	7:33.81	Donaldson, Boyd, Picardo, Smith	2011
9.	7:34.78	Smith, Ramer, Donaldson, Boyd	2010
10.	7:34.95	McGoldrick, Boyd, Smith, Ramer	2009

### Distance Medley Relay

1.	9:51.36	Furst, Palma, Newberger, Walsh	2003
2.	9:51.44	Neu, Luther, Sevensky, Smith	1988
3.	9:54.04	Geraghty, Jackson, Hulme, White	1983
4.	9:54.81	Caroleo, Boyle, Mooney, Forsy	2007
5.	9:55.14	Bonasorte, Williamson, Nagelberg, Carroll	1975
6.	9:56.74	McAndrew, Lockett, Debraggio, Buckheit	1979

# Women's Track & Field All-Time Top 10

## WOMEN'S TOP-10 ALL-TIME: INDOOR

### 55-Meter Dash

1.	7.12	Tameka Hinton	1994
2.	7.24	Lynnette McBride	1990
3.	7.28	Sue Rowland	1987
	7.28	Yetunde Daniels	2000
5.	7.31	Tricia Plasko	1991
	7.31	Christina Muccio	2009
7.	7.34	Tolu Fayanjuala	2003
8.	7.35	Chessa Forer	2006
9.	7.38	Danielle Todman	2006
10.	7.41	Stephanie Evans	2008

### 55-Meter HH

1.	8.24	Karen Shimomura	1991
2.	8.25	Catherine Trentacoste	2007
3.	8.32	Melanie Buczko	2006
4.	8.37	Kiley MacDonald	2003
5.	8.38	Danielle Todman	2006
6.	8.40	Jamie Lilien	2003
7.	8.43	Tina Hall	1996
8.	8.47	Edwina Bourn	2003
9.	8.52	Margaret Wilkes	1989
	8.52	Sara Vargo	1999

### 60-Meter Dash (run since 2002)

1.	7.75	Tolu Fayanjuala	2004
	<b>7.75</b>	<b>Sasha Hornock</b>	<b>2012</b>
3.	<b>7.88</b>	<b>Emma Rice</b>	<b>2012</b>
4.	7.90	Christina Muccio	2009
5.	7.92	Stephanie Evans	2008
6.	7.99	Chessa Forer	2007
7.	8.00	Kalle James-Wintjen	2006
	8.00	Jaime Rasmussen	2008
9.	8.03	Catherine Trentacoste	2006
10.	<b>8.04</b>	<b>Olivia Massey</b>	<b>2010</b>

### 60-Meter Hurdles (run since 2002)

1.	8.78	Catherine Trentacoste	2007
2.	8.84	Taylor Funk	2012
3.	8.89	Melanie Buczko	2005
4.	9.02	Jamie Leacock	2011
5.	9.10	Jamie Lilien	2004
6.	9.15	Danielle Todman	2005
7.	9.16	Kiley McDonald	2003
8.	9.25	Samantha Klotz	2002
	9.25	Ashley Curry	2005
10.	9.27	Nina Reinhardt	2005

### 200-Meter Dash

1.	24.94	Yetunde Daniels	2000
2.	24.95	Tameka Hinton	1994
3.	<b>25.22</b>	<b>Jennifer Zymet</b>	<b>2012</b>
4.	<b>25.61</b>	<b>Kim Nagotko</b>	<b>2012</b>
5.	25.72	Rehana Lanewala	2002
6.	25.76	Chessa Forer	2006
7.	25.78	Charity Brady	2003
8.	25.79	Sue Rowland	1989
9.	25.80	Tricia Plasko	1991
10.	<b>25.84</b>	<b>Sasha Hornock</b>	<b>2011</b>

### 300-Meter Dash

(No longer competed in Division I)

1.	41.54	Tameka Hinton	1992
2.	41.81	Catherine Trentacoste	2006
3.	<b>41.97</b>	<b>Kim Nagotko</b>	<b>2012</b>
4.	41.99	Kalle James-Wintjen	2006
5.	42.34	Lynnette McBride	1991
6.	<b>42.45</b>	<b>Jennifer Zymet</b>	<b>2011</b>
7.	42.77	Lindsay Appel	2009
8.	42.84	Tricia Plasko	1991
9.	43.10	Taylor Funk	2011
10.	43.20	Kristin Steele	2009

### 400-Meter Dash

1.	56.74	Yetunde Daniels	2000
2.	56.89	Stephanie Bango	2002
3.	57.26	Amy Calvo	2004
4.	57.28	Charity Brady	2003
5.	<b>57.49</b>	<b>Jennifer Zymet</b>	<b>2011</b>
6.	57.52	Catherine Trentacoste	2007
7.	57.59	Rehana Lanewala	2002
8.	58.03	Jennifer Pierce	2009
9.	58.07	Monique Boley	2004
10.	58.19	Lindsay Appel	2009

### 500-Meter Dash

1.	1:14.25	Megan Hathaway	2009
2.	1:15.01	Amy Calvo	2003
3.	1:15.27	LaTonya McSwain	2000
4.	1:15.37	Stephanie Bango	2002
5.	1:15.56	Monique Boley	2005
6.	<b>1:15.58</b>	<b>Jennifer Zymet</b>	<b>2012</b>
7.	1:15.59	Christa Sawko	2005

8.	1:15.94	Jennifer Pierce	2010
9.	1:16.45	Laura Ryan	2001
10.	<b>1:16.81</b>	<b>Hana Casalnova</b>	<b>2011</b>

### 800-Meter Run

1.	2:09.08	Stephanie Bango	2002
2.	2:09.18	Christa Sawko	2005
3.	2:12.13	Megan Hathaway	2009
4.	2:13.42	LaTonya McSwain	2002
5.	2:13.60	Pamela Richardson	1996
6.	<b>2:13.88</b>	<b>Hana Casalnova</b>	<b>2012</b>
7.	2:14.22	Amy Calvo	2005
8.	2:14.29	Lauren Bricker	2006
9.	2:14.56	Offeiba Hanson-Hall	2008
10.	2:14.58	Nicki Piper	2003

### 1,000-Meter Run

1.	<b>2:52.33</b>	<b>Hana Casalnova</b>	<b>2012</b>
2.	<b>2:53.33</b>	<b>Beth Braunegg</b>	<b>2012</b>
3.	2:53.90	Christa Sawko	2006
4.	2:54.21	Jennifer Marsh	2005
5.	<b>2:54.30</b>	<b>Caroline Tolli</b>	<b>2012</b>
6.	2:54.35	Pamela Richardson	1998
7.	2:54.38	Gena Korrell	1989
8.	2:54.50	Julie Sweitzer	1998
9.	2:54.81	Stephanie Bango	2002
	2:54.81	Stephanie Fulmer	2010

### 1,500-Meter Run

(No longer competed in Division I)

1.	4:39.63	Julie Sweitzer	1997
2.	4:39.93	Kathy Wurster	1994
3.	4:40.37	Gena Korrell	1989
4.	4:40.66	Gabi Czaja	1985
5.	4:41.74	Gina Abraham	1991
6.	4:42.44	Liz Ludwigson	1987
7.	4:44.74	Katrina Bikis	1983
8.	4:46.14	Tracey Bigley	1985
9.	4:46.88	Debbie Passmore	1983
10.	4:47.22	Mary Beth Allen	1988

### Mile

1.	4:52.41	Julie Sweitzer	1997
2.	4:53.78	Erin Cranmer-Hart	2007
3.	4:55.74	Kelly McConnell	2002
4.	<b>4:57.26</b>	<b>Maddie Dulac</b>	<b>2012</b>
5.	4:58.11	Christa Sawko	2007
6.	<b>4:58.62</b>	<b>Caroline Tolli</b>	<b>2012</b>
7.	4:59.15	Emily Liggett	2012
8.	4:59.16	Stephanie Fulmer	2009
9.	<b>4:59.50</b>	<b>Beth Braunegg</b>	<b>2012</b>
10.	4:59.74	Jenny Stevens	2006

### 3,000-Meter Run

1.	9:46.27	Gabi Czaja	1985
2.	9:50.01	Becki Marshall	2001
3.	9:50.33	Sarah Moniz	2010
4.	9:50.93	Emily Liggett	2012
5.	9:53.65	Stephanie Fulmer	2011
6.	<b>9:55.00</b>	<b>Maddie Dulac</b>	<b>2012</b>
7.	9:55.24	Stacey Nicholson	1984
8.	9:59.04*	Ann Bischoff	1980
9.	10:00.74	Kristen Opdyke	1992
10.	10:02.26	Jenny Stevens	2007

### 5,000-Meter Run

1.	16:56.76	Gabi Czaja	1985
2.	16:59.78	Judy Perry	1987
3.	17:12.57	Theresa Dennis	2003
4.	17:16.61	Jennifer Hart	2000
5.	17:22.73	Leanna Nastase	2007
6.	17:25.64*	Stacey Nicholson	1983
7.	17:27.15	Carly Graytock	2000
8.	17:29.92	Andrea Beisser	2001
9.	17:30.78	Jenny Stevens	2007
10.	17:32.64*	Kelly Hoskins	1983

### Long Jump

1.	19-1 1/2	Jen Rice	1998
2.	19-0 1/2	Tolu Fayanjuala	2005
3.	18-10 3/4	Lynnette McBride	1991
4.	18-8 1/2	Kim McGrath	2000
5.	18-8	Nina Reinhardt	2006
6.	18-3 1/4	Nicole Ayala	2008
	<b>18-3 1/4</b>	<b>Alexandra Romanelli</b>	<b>2012</b>
8.	18-2 3/4	Kate Dei Cas	1997
9.	18-2 3/4	Jamie Lilien	2000
10.	18-2 1/2	Kati Dempsey	2006

### Triple Jump

1.	41-1 1/2	Jill Wise	1988
2.	39-3 1/4	Kim McGrath	2000
3.	38-10 1/2	Ann Doty	2004
4.	<b>38-9 3/4</b>	<b>Alexandra Romanelli</b>	<b>2012</b>
5.	38-8 3/4	Amy Mantush	2008
6.	38-8 1/2	Jen Rice	1998
7.	38-0	Nicole Ayala	2008
8.	37-10 3/4	Dionne Bonds	2003
	37-10 3/4	Lauren Bricker	2004
10.	37-8	Casey Krause	2010

### High Jump

1.	5-8	Amy Mantush	2010
2.	5-7 1/4	Heather Dahl	1986
3.	5-6 1/2	Jen Rice	1998
4.	5-5 1/2	Lonnie Fertik	1980
5.	5-5 1/4	Jamie Lilien	2001
6.	5-5	Pam DelRio	1985
	5-5	Shannon Maher	2002
	5-5	Kati Dempsey	2005
	<b>5-5</b>	<b>Emily Ando</b>	<b>2012</b>
10.	5-4 1/2	Dawn Ellery	1991
	5-4 1/2	Norine Nadeau	1995

### Shot Put

1.	47-10 3/4	Chelsey Musante	2010
2.	47-0 3/4	Sarah Bella	2012
3.	46-2	Marjorie Grap	2007
4.	45-5 1/4	Lori Allen	2000
5.	44-4	Tria Tyler	1999
6.	43-7	Rebecca Misko	2012
7.	43-2 1/2	Amanda Mockbee	2008
8.	43-2 1/4	Lisa Allen	1997
9.	43-0 1/2	Beth Bittel	1980
10.	42-11 3/4	Laura Schaffer	2003

### 20-Pound Weight Throw

1.	65-7 1/2	Marjorie Grap	2007
2.	59-7	Chelsey Musante	2009
3.	<b>56-5 3/4</b>	<b>Abby Monaghan</b>	<b>2012</b>
4.	54-11 1/2	Amanda Mockbee	2008
5.	54-11 1/4	Sarah Bella	2012
6.	54 1/2	Maria Garcia	2004
7.	53-9 3/4	Angie McFarland	2005
8.	53-0 1/4	Lisa Allen	1997
9.	52-4	Joylyn Brown	1998
10.	51-6	Liz Pendleton	2005

### Pole Vault

1.	13-5 1/2	Melanie Buczko	2005
2.	12-3 1/2	Angie Hall	2005
3.	12-1 1/2	Rebecca Frey	2009
4.	12-1	Andrea Nyce	2002
5.	<b>11-9 3/4</b>	<b>Emily Ando</b>	<b>2012</b>
6.	<b>11-9 3/4</b>	<b>Autumn Schellenberger</b>	<b>2012</b>
7.	11-3 3/4	Ashley Curry	2005
8.	10-11 3/4	Andrea Asimoglou	2009
	<b>10-11 3/4</b>	<b>Rebekka Vuojolainen</b>	<b>2012</b>
10.	10-10	Shannon Benson	2002
	10-10	Sam Klotz	2001
	<b>10-10</b>	<b>Yanelis Mestre</b>	<b>2012</b>

### Pentathlon

1.	3,504	Nina Reinhardt	2007
2.	3,460	Lonnie Fertik	1982
3.	3,449	Amy Mantush	2010
4.	3,403	Sara Vargo	1999
5.	3,400	Norine Nadeau	1994
6.	3,271	Jamie Lilien	2001
7.	3,267	Danielle Todman	2006
8.	3,147	Karen Middleton	2000
9.	3,114	Kristin Bretscher	2011
10.	3,098	Megan Frederick	2004

### 4x400-Meter Relay (Mile Relay+1.2)

1.	3:47.13	McSwain, Daniels, Wolfgang, Bango	2000
2.	3:47.64	Bango, McSwain, Wolfgang, Daniels	2000
3.	3:49.84	Calvo, McSwain, Lanewala, Bango	2002
4.	3:50.82	Bango, Ryan, McSwain, Daniels	1999
5.	3:51.54	Calvo, Lanewala, McSwain, Bango	2002
6.	3:52.99	Appel, Dalzell, Pierce, Hathaway	2009
7.	3:53.05	Wolfgang, Shariff, McSwain, Bango	2001
8.	3:53.15	Trentacoste, Sawko, James-Wintjen, Pierce	2007

9.	3:53.47	Quintana, Wolfgang, Ryan, Daniels	1999
10.	3:53.89	Wolfgang, Shariff, McSwain, Bango	2001

### 4x800-Meter Relay (Two-mile-3.0)

1.	8:57.71	Ryan, McConnell, McSwain, Bango	2001
2.	8:58.26	Bricker, Hanson-Hall, Gilbert, Sawko	2006
3.	8:59.38	Ryan, McConnell, McSwain, Bango	2001
4.	9:00.10	Bango, McSwain, Sweitzer, O'Doherty	1999
5.	9:00.22	Bango, McSwain, Sweitzer, O'Doherty	1999
6.	<b>9:01.92</b>	<b>Braunegg, Waksunski, Tolli, Casalnova</b>	<b>2012</b>
7.	9:02.37	Bricker, Hanson-Hall, Branker, Sawko	2006
8.	9:04.40	Fulmer, Dalzell, Janda, Hathaway	2009
9.	9:04.95	Sawko, Bricker, Gilbert, Hanson-Hall	2006
10.	9:04.98	C. Hamlin, A. Hamlin, Richardson, Sweitzer	1998

### Distance Medley Relay (DMR metric+5.0)

1.	11:35.10	Bango, Lanewala, McSwain, McConnell	2002
2.	11:36.05	Cranmer-Hart, Sawko, Trentacoste, Stevens	2006
3.	<b>11:41.76</b>	<b>Braunegg, Zymet, Casalnova, Liggett</b>	<b>2012</b>
4.	<b>11:51.47</b>	<b>Braunegg, Zymet, Horleman, Liggett</b>	<b>2011</b>
5.	11:55.00	Mc	

# Women's Track & Field All-Time Top 10

## WOMEN'S TOP-10 ALL-TIME: OUTDOOR

### 100-Meter Dash

1.	12.07	Tricia Plasko	1990
2.	12.09	Tameka Hinton	1995
3.	12.10	Yetunde Daniels	1999
4.	12.12	Tolu Fayanjuola	2004
5.	12.17	Sue Rowland	1988
6.	12.21	Lynnette McBride	1990
7.	<b>12.25</b>	<b>Sasha Hornock</b>	<b>2012</b>
8.	<b>12.32</b>	<b>Emma Rice</b>	<b>2012</b>
9.	12.34	Karen Leonard	1995
10.	12.36	Stephanie Evans	2007

### 200-Meter Dash

1.	24.60	Yetunde Daniels	2000
2.	24.74	Tricia Plasko	1992
3.	24.85	Tameka Hinton	1995
4.	<b>24.91</b>	<b>Jennifer Zymet</b>	<b>2011</b>
5.	24.93	Charity Brady	2003
6.	25.11	Rehana Lanewala	2002
7.	25.21	Sue Rowland	1988
8.	<b>25.22</b>	<b>Sasha Hornock</b>	<b>2011</b>
9.	25.30	Kiley McDonald	2003
10.	25.38	Stephanie Evans	2009

### 400-Meter Dash

1.	55.50	Yetunde Daniels	2000
2.	<b>55.72</b>	<b>Jennifer Zymet</b>	<b>2012</b>
3.	56.41	Stephanie Bango	2002
4.	56.71	Catherine Trentacoste	2006
5.	56.88	Khadija Shariff	2001
6.	57.02	Rehana Lanewala	2002
7.	57.08	LaTonya McSwain	2000
8.	57.13	Charity Brady	2003
9.	57.13	Amy Calvo	2004
10.	57.15	Monique Boley	2005

### 800-Meter Run

1.	2:08.98	Christa Sawko	2006
2.	2:09.33	Stephanie Bango	2002
3.	<b>2:09.90</b>	<b>Hana Casanova</b>	<b>2012</b>
4.	2:11.17	Megan Hathaway	2009
5.	<b>2:11.74</b>	<b>Beth Braunnegg</b>	<b>2012</b>
6.	<b>2:12.02</b>	<b>Caroline Tolti</b>	<b>2012</b>
7.	2:12.34	LaTonya McSwain	2002
8.	2:12.34	Lauren Bricker	2005
9.	2:12.45	Jenny Dalzell	2008
10.	2:12.54	Julie Sweitzer	1999

### 1,500-Meter Run

1.	4:28.28	Christa Sawko	2006
2.	4:29.63	Sarah Moniz	2010
3.	4:30.14	Lauren Bricker	2006
4.	<b>4:31.14</b>	<b>Hana Casanova</b>	<b>2012</b>
5.	<b>4:31.18</b>	<b>Caroline Tolti</b>	<b>2012</b>
6.	4:33.04	Julie Sweitzer	1998
7.	4:33.57	Jennifer Marsh	2005
8.	4:33.98	Emily Liggett	2012
9.	4:34.56	Erin Cranmer-Hart	2006
10.	4:34.68	Stephanie Fulmer	2010

### 3,000-Meter Run

(No longer competed in Division I)

1.	9:40.32	Julie Sweitzer	1999
2.	9:41.15	Sarah Moniz	2010
3.	9:45.55	Emily Liggett	2012
4.	9:54.30	Stephanie Fulmer	2010
5.	9:58.24	Leanna Nastase	2007
6.	9:59.79	Jenny Stevens	2007
7.	10:01.17	Stacey Nicholson	1983
8.	10:04.41	Becki Marshall	2000
9.	10:08.54	Annie Hamlin	1999
10.	10:10.34	Mary Beth Allen	1988

### 3,000 Steeplechase

1.	10:41.98	Chris Crowe	2002
2.	10:52.97	Lauren Bricker	2006
3.	<b>11:02.70</b>	<b>Leah Goeke</b>	<b>2012</b>
4.	11:05.17	Christine Totten	2007
5.	11:08.2	Kelly Grosskurth	2011
6.	11:19.27	Samantha Bower	2009
7.	11:20.70	Nichole Smith	2007
8.	11:27.40	Rebecca Pierotti	2006
9.	11:31.02	Kelly Rafferty	2005
10.	11:31.52	Jamie Gow	2004

### 5,000-Meter Run

1.	16:51.95	Emily Liggett	2012
2.	16:56.23	Sarah Moniz	2011
3.	16:59.98	Becki Marshall	2001
4.	17:09.74	Kelly Hoskins	1984
5.	17:10.94	Judy Perry	1987
6.	17:18.64	Jennifer Hart	2000
7.	17:18.98	Alysha Hooper	2011

8.	17:20.88	Jenny Stevens	2006
9.	17:21.94	Leanna Nastase	2007
10.	17:27.54	Andrea Beisser	2000

### 10,000-Meter Run

1.	35:05.14	Judy Perry	1987
2.	35:59.62	Carly Graytock	2000
3.	36:03.24	Kelly Hoskins	1984
4.	36:18.28	Theresa Dennis	2003
5.	36:18.74	Helene Weiting	1989
6.	36:24.97	Katie Pfeifer	2004
7.	36:35.75	Leanna Nastase	2007
8.	36:45.14	Kelly Marsh	1991
9.	36:45.67	Alaina Chodoff	2011
10.	36:50.80	Gillian Nordquist	2009

### 100-Meter High Hurdles

1.	14.14	Catherine Trentacoste	2007
2.	14.41	Taylor Funk	2012
3.	14.44	Edwina Bourn	2002
4.	14.48	Kiley MacDonald	2003
5.	14.56	Margaret Wilkes	1990
6.	14.57	Melanie Buczko	2006
7.	14.57	Jamie Leacock	2011
8.	14.69	Jamie Lilien	2003
9.	14.73	Tina Hall	1996
10.	14.74	Nina Reinhardt	2007

### 400-Meter Int. Hurdles

1.	1:00.75	Khadija Shariff	2001
2.	1:01.17	Catherine Trentacoste	2006
3.	1:01.95	Taylor Funk	2012
4.	1:02.81	Edwina Bourn	2000
5.	1:02.84	Bridget Dean	1995
6.	1:02.95	Jamie Leacock	2009
7.	1:03.12	Christa Sawko	2004
8.	1:03.14	Sue Lorch	1986
9.	1:03.32	Jen Flanders	1998
10.	1:04.05	Hannah Jones	2011

### Long Jump

1.	19-8 1/4	Tolu Fayanjuola	2004
2.	19-0 1/4	Jill Wise	1988
3.	19-0 1/4	Lynette McBride	1990
4.	19-0	Kate Dei Cas	1997
5.	19-0	Jen Rice	1997
6.	18-6	Jennifer Pierce	2008
7.	18-5 3/4	Nina Reinhardt	2006
8.	18-5 1/4	Kim McGrath	2000
9.	18-4 1/4	Amy Mantush	2008
10.	<b>18-4 1/4</b>	<b>Sasha Hornock</b>	<b>2012</b>

### Triple Jump

1.	41-3 1/4	Jill Wise	1988
2.	39-1	Amy Mantush	2008
3.	39-0 1/2	Ann Doty	2005
4.	38-10 1/4	Kim McGrath	2000
5.	38-10 1/4	Casey Krause	2010
6.	38-7 3/4	Lauren Bricker	2004
7.	38-4	Nicole Ayala	2006
8.	38-2	Stephanie Evans	2009
9.	38-1 1/2	Dionne Bonds	2003
10.	<b>38-0 1/4</b>	<b>Alexandra Romanelli</b>	<b>2012</b>

### High Jump

1.	5-7	Amy Mantush	2007
2.	5-6 1/2	Karen Middleton	1998
3.	5-6	Norine Nadeau	1996
4.	5-5 3/4	Lonnie Fertik	1983
5.	5-5	Shannon Maher	2002
6.	5-5	Tolu Fayanjuola	2005
7.	5-5	Kati Dempsey	2006
8.	5-4 1/2	Jen Rice	1998
9.	5-4	Pam DelRio	1984
10.	5-4	Dawn Ellery	1991

### Shot Put

1.	46-10 1/4	Chelsey Musante	2010
2.	46-4	Sarah Bella	2009
3.	45-0 1/2	Lori Allen	2000
4.	44-9 1/2	Marjorie Grap	2004
5.	43-11 3/4	Laura Schaffer	2004
6.	43-8 1/2	Beth Bittel	1990
7.	43-5 3/4	Rebecca Misko	2011
8.	43-4	Triya Tyler	1999
9.	42-10 1/4	Tameka Hinton	1995
10.	42-7 1/2	Amanda Mockbee	2008

### Hammer Throw

1.	202-8	Maria Garcia	2004
2.	192-0	Marjorie Grap	2007
3.	175-7	Chelsey Musante	2010
4.	173-1	Angie McFarland	2004
5.	170-3	Triya Tyler	1999
6.	166-2	Amanda Mockbee	2007
7.	164-3	Jen Kirschner	2000
8.	163-7	Erin Lee	2004
9.	163-4	Joylyn Brown	1998
10.	162-5	Liz Pendleton	2005

### Discus

1.	159-10	Triya Tyler	1999
2.	157-8	Amanda Mockbee	2008
3.	152-11	Rebecca Misko	2011
4.	<b>151-9</b>	<b>Abby Monaghan</b>	<b>2012</b>
5.	151-3	Marjorie Grap	2007
6.	148-5	Kathleen Hart	2007
7.	147-4	Emily Hoch	1999
8.	145-10	Erin Lee	2002
9.	139-10	Joanne Skinner	1985
10.	139-5	Sarah Bella	2009

### Javelin (1999-pres.)

1.	158-7	Laura Rycyk	2011
2.	157-3	Beverly Rogers	2008
3.	156-6	Kat Folger	2012
4.	<b>144-1</b>	<b>Taylor Siegrist</b>	<b>2011</b>
5.	131-11	Danielle Brown	2002
6.	131-0	Erin Lee	2002
7.	130-8	Megan Frederick	2004

### Javelin (old implement)

1.	152-9	Heather Korhammer	1986
2.	143-11	Corinne Dinardo	1984
3.	139-10	Norine Nadeau	1993
4.	137-1	Jen Hafer	1994
5.	134-8	Sarah Vargo	1998
6.	127-10	Miriam Lopez	1996
7.	127-7	Juli Winkler	1987
8.	126-0	Tona Williams	1986

### Pole Vault

1.	13-3 1/2	Melanie Buczko	2004
2.	12-4	Angie Hall	2004
3.	<b>12-1 1/2</b>	<b>Emily Ando</b>	<b>2012</b>
4.	12-0	Rebecca Frey	2009
5.	11-11 3/4	Andrea Nyce	2001
6.	<b>11-7 3/4</b>	<b>Autumn Schellenberger</b>	<b>2012</b>
7.	<b>11-1 3/4</b>	<b>Yanelis Mestre</b>	<b>2012</b>
8.	<b>11-0 3/4</b>	<b>Kristin Sundy</b>	<b>2012</b>
9.	11-0	Samantha Klotz	2002
10.	11-0	Ashley Curry	2006

### Heptathlon

1.	4,816	Lonnie Fertik	1983
2.	4,807	Norine Nadeau	1995
3.	4,640	Sara Vargo	1999
4.	4,630	Nina Reinhardt	2007
5.	4,434	Amy Mantush	2007
6.	4,258	Kristin Bretscher	2011
7.	4,208	Kat Allen	2007
8.	4,161	Danielle Todman	2006
9.	4,027	Karen Middleton	2000
10.	3,426	Rebecca Eppleman	2009

### 4x100-Meter Relay

1.	<b>47.45</b>	<b>Funk, Zymet, Rice, Hornock</b>	<b>2012</b>
2.	<b>47.70</b>	<b>Zymet, Funk, Muccio, Hornock</b>	<b>2011</b>
3.	48.06	Brady, Lanewala, Bourn, MacDonald	2003
4.	48.08	Diercks, Plasko, Wilson, Hinton	1992
5.	48.08	Calvo, Vanden Broek, Lanewala, Fayanjuola	2004
6.	48.11	Calvo, Vanden Broek, Lanewala, Fayanjuola	2004
7.	48.16	Evans, Pierce, Steele, Bretscher	2008
8.	48.19	Evans, Pierce, Steele, Muccio	2009
9.	48.30	Daniels, Bourn, Vargo, McGrath	2000
10.	48.33	Daniels, Rice, Leonard	1998

### 4x200-Meter Relay

1.	<b>1:41.40</b>	<b>Zymet, Rice, Hornock, Nagotko</b>	<b>2012</b>
2.	1:43.42	Bourn, McDonald, Lanewala, Brady	2003
3.	1:43.54	Evans, James-Wintjen, Steele, Muccio	2009
4.	1:43.68	Dean, Plasko, Wilson, Hinton	1992
5.	1:43.84	Harbst, Plasko, Wilson, Hinton	1992
6.	1:44.08	Daniels, Quintana, Wolfgang, Vargo	1999
7.	1:44.15	Daniels, Nyce, Wolfgang, Bourn	2000
8.	1:44.52	Appel, James-Wintjen, Krause, Leacock	2010
9.	<b>1:45.70</b>	<b>Zymet, Muccio, Bretscher, Hornock</b>	<b>2011</b>
10.	1:47.04	Gilbert, Sawko Miller, Burke	2007

### 4x400-Meter Relay

1.	3:47.09	Calvo, McSwain, Lanewala, Bango	2002
2.	3:48.51	McSwain, Quintana, Daniels, Bango	1999
3.	3:48.53	Calvo, McSwain, Lanewala, Bango	2002
4.	3:49.08	McSwain, Quintana, Daniels, Bango	1999
5.	3:50.13	Kyzmir, Bango, McSwain, Daniels	2000
6.	3:50.28	Kyzmir, Shariff, Daniels, McSwain	2000
7.	3:50.49	Kyzmir, Bango, McSwain, Daniels	2000
8.	3:50.65	Pierce, Janda, Hathaway, Trentacoste	2007
9.	3:50.86	Calvo, Boley, Piper, Brady	2003
10.	3:51.47	Calvo, Boley, Piper, Brady	2003

### 4x800-Meter Relay

1.	<b>8:44.94</b>	<b>Wakmsunski, Braunnegg, Tolti, Casalnova</b>	<b>2012</b>
2.	8:53.63	Bango, Kyzmir, McConnell, McSwain	2001
3.	8:53.63	Calvo, Bricker, Marsh, Sawko	2005
4.	8:		

# Academic Honors/Mission Statement



**LaTonya McSwain**  
12x PL Champion

## MEN'S CROSS COUNTRY/TRACK & FIELD ACADEMIC HONORS

ACADEMIC ALL-AMERICANS		
1989	Steve West	First Team
1990	Pete O'Brien	Third Team
1991	Matt Deardorff	First Team
1992	Matt Deardorff	First Team
	Bob Kelly	Second Team
1999	Ron Hess	Third Team
2000	Ron Hess	Second Team
2003	Bryan Johnston	Second Team
	Adam Kaufman	Second Team
2008	David Mante	Third Team

ACADEMIC ALL-DISTRICT		
1983	Mike Deckert	
1984	Mike Deckert	
1989	Steve West	
1990	Pete O'Brien	
1991	Matt Deardorff	
1992	Matt Deardorff	
	Bob Kelly	
1996	Terrance Shea	
1999	Ron Hess	
	Matt Kodak	
2000	Ron Hess	
2003	Eric Furst	Second Team
	Bryan Johnston	First Team
	Adam Kaufman	First Team
2004	Mike Mellas	First Team
2006	Dan Frake	First Team
2007	Joshua Kaehler	First Team
	David Mante	First Team
2008	David Mante	First Team
	Kevin MacLeod	First Team
2009	Jonathan Lockhart	First Team
	Kevin MacLeod	First Team
2010	Kyle Anthony	First Team
	Jonathan Lockhart	First Team
2011	John Picardo	First Team
2012	Rob Arent	First Team
	Jordan Donaldson	First Team

NCAA POSTGRADUATE SCHOLARSHIPS		
1982	Rick Sayre	
1989	Steve West	
1992	Matt Deardorff	
	Jason Cahilly	

ECC SCHOLAR-ATHLETES		
1980	Rick Sayre	Cross Country
1981	Rick Sayre	Cross Country
1982	Mike Deckert	Cross Country
1983	Mike Deckert	Indoor/Outdoor
	Mike Deckert	Cross Country
1984	Mike Deckert	Indoor/Outdoor
1985	Chocky Spadafore	Outdoor
	Rich Stark	Cross Country
1986	Charles Cole	Cross Country
1987	Rich Stark	Indoor/Outdoor
	Charles Cole	Cross Country
1988	Ken Sevinsky	Indoor
	Charles Cole	Outdoor
	Steve West	Cross Country
1989	Steve West	Indoor/Outdoor
	Pete O'Brien	Cross Country

PATRIOT LEAGUE SCHOLAR-ATHLETES		
1991	Matt Deardorff	Indoor/Outdoor
1992	Bob Kelly	Indoor
	Matt Deardorff	Outdoor
1994	Chris Priestaf	Cross Country
1995	Chris Priestaf	Indoor/Outdoor
	Terrance Shea	Cross Country
1996	Matt Kodak	Cross Country
1997	Matt Kodak	Cross Country
1998	Ron Hess	Indoor
	Matt Kodak	Cross Country
1999	Ron Hess	Indoor/Outdoor
2000	Ron Hess	Indoor/Outdoor
	Kevin Weatherill	Cross Country
2002	Bryan Johnston	Cross Country
2007	David Mante	Indoor
	Joshua Kaehler	Outdoor

ECAC MEDALLION		
1974	Scott Bartram	
1980	Chet Palesko	
1984	Mike Deckert	
1991	Matt Deardorff	
1995	Terrance Shea	
1999	Kevin Weatherill	

## WOMEN'S CROSS COUNTRY/TRACK & FIELD ACADEMIC HONORS

ACADEMIC ALL-AMERICANS		
1984	Kelly Hoskins	Second Team
1990	Kelly Marsh	First Team
1991	Kelly Marsh	First Team
1999	Julie Sweitzer	Third Team
2002	Becki Marshall	Third Team
2002	Kelly McConnell	Third Team
2007	Melanie Buczko	Third Team

ACADEMIC ALL-DISTRICT		
1983	Lonnie Fertik	
1984	Kelly Hoskins	
1990	Kelly Marsh	
1991	Kelly Marsh	
1999	Julie Sweitzer	
2000	Julie Sweitzer	
2001	Becki Marshall	First Team
2002	Stephanie Bango	Second Team
	Becki Marshall	First Team
2006	Kelly McConnell	First Team
	Melanie Buczko	Second Team
	Catherine Trentacoste	Second Team
2007	Lauren Bricker	First Team
	Melanie Buczko	First Team
	Christa Sawko	First Team
2008	Gillian Nordquist	First Team
	Beverly Rogers	First Team
2009	Megan Hathaway	Second Team
	Gillian Nordquist	First Team
2010	Allison Janda	First Team
2011	Kristin Bretscher	First Team
	Sarah Moniz	First Team
	Caroline Tolli	First Team
2012	Caroline Tolli	First Team

NCAA POSTGRADUATE SCHOLARSHIPS		
1984	Kelly Hoskins	

ECC SCHOLAR-ATHLETES		
1983	Kelly Hoskins	Cross Country
1984	Kelly Hoskins	Outdoor
1987	Judy Perry	Cross Country
1988	Judy Perry	Outdoor
1989	Margaret Wilkes	Indoor
1989	Judy Perry	Outdoor
1990	Kelly Marsh	Indoor

PATRIOT LEAGUE SCHOLAR-ATHLETES		
1990	Kelly Marsh	Cross Country
1991	Lynette McBride	Indoor
1996	Julie Sweitzer	Cross Country
1997	Lisa Allen	Outdoor
	Julie Sweitzer	Cross Country
1998	Julie Sweitzer	Indoor
	Julie Sweitzer	Cross Country
1999	Julie Sweitzer	Indoor
	Julie Sweitzer	Outdoor
	Becki Marshall	Cross Country
2000	Carly Graytock	Outdoor
	Becki Marshall	Cross Country
2001	Becki Marshall	Indoor
	Becki Marshall	Cross Country
2002	Kelly McConnell	Indoor
2005	Melanie Buczko	Indoor
2006	Melanie Buczko	Indoor
2007	Gillian Nordquist	Cross Country
2012	Caroline Tolli	Indoor
	Caroline Tolli	Outdoor

ECAC MEDALLION		
1984	Kelly Hoskins	
1990	Kelly Marsh	
1999	Amanda Youmell	

NACDA/DISNEY SCHOLARSHIP		
1991	Kelly Marsh	



**Dave Bronfenbrenner**  
3x PL Champion

## BUCKNELL DEPARTMENT OF ATHLETICS MISSION STATEMENT

The Department of Athletics and Recreation strives to set the standard of excellence for intercollegiate and intramural programs in higher education, thereby advancing and drawing attention to the mission, core values, and educational goals of Bucknell University.

The Department believes that student-athletes' academic programs must be their first priority. It is therefore committed to maintaining Bucknell's high national ranking for student-athletes' graduation rates and for producing Academic All-Americans, and to continued leadership of the Patriot League in Academic Honor Roll nominations, based on grade-point averages. The coaches' and staff's paramount responsibility is maintaining academic priorities and supporting student-athletes' education, even while providing the rigorous and serious NCAA Division I athletic opportunities Bucknell student-athletes seek.

Further, the Department promotes the personal growth of student-athletes and the general student body by encouraging personal health, development, and balance among intellectual, social, civic, and physical pursuits; by celebrating challenge and competition; and by preparing participants for service and leadership in the world. Coaches and staff direct a rich array of athletic programs and recreational opportunities aimed at increasing student engagement, as well as strengthening character, healthy living, teamwork, sportsmanship, and spirit. In creating shared experiences for students, faculty, and staff, as well as alumni, family, and friends, the Department's programs add substantially to Bucknell's sense of community and foster life-long relationships with Bucknell.

The Department embraces the University's decision to compete at the highest extramural level, in Division I of the National Collegiate Athletic Association (NCAA). Division I membership is valuable not only because this level of competition maximally challenges student-athletes, but also because it signals clearly Bucknell's high standards and seriousness of purpose in all extracurricular endeavors and it helps position Bucknell apart from other National Liberal Arts Colleges. Likewise, the competitive success the Department seeks, measured in part by consistent contention for the Patriot League Presidents' Cup, reflects positively upon Bucknell's student-athletes and the University alike, and it brings distinction and national recognition to Bucknell.

A student-centered operation, the Department is committed to providing equitable opportunities to women and men, as well as members of minority and majority groups of all kinds. The Department subscribes to, and complies with, all principles and regulations of the Patriot League, the Eastern College Athletic Conference, and the NCAA.

The department is proud that so many of today's exemplary Bison scholar-athletes will be tomorrow's outstanding leaders.



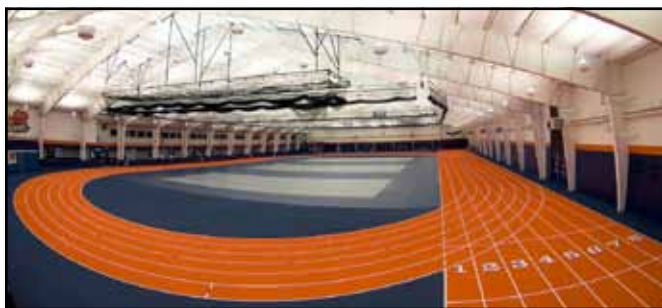
## CROSS COUNTRY/TRACK & FIELD FACILITIES



### Cross Country Course, Bucknell Golf Club

The Bucknell cross country teams run on the challenging, scenic course of the Bucknell Golf Club. The men's course measures 8,000 meters, and the women's 6,000. Bucknell has hosted the Patriot League Cross Country Championships twice, and the course has also been the site of the Pennsylvania Interscholastic Athletic Association (PIAA) State Championships.

**XC Course Length: 8,000 meters (men); 6,000 meters (women)**



### Gerhard Fieldhouse

Gerhard Fieldhouse serves as Bucknell's indoor track and field facility. Renovated in 1995 and in the summer of 2008, the Bison boast one of the finest indoor tracks in the East. The facility has attracted several outstanding teams to Lewisburg, and has played host to the Patriot League Championships four times. The main floor of the fieldhouse includes a 200-meter track; courts for basketball, tennis and volleyball; and facilities for field events. The two-and-one-half acre building also includes five racquetball/handball courts, five squash courts, an erg room, a climbing wall, a dance studio and aerobics room, a wrestling room, locker rooms, a classroom, offices, two lounges and the Bucknell Athletics Hall of Fame.

**Surface: Rubberized eight-lane track, all-purpose flooring**  
**Built: Feb. 1978**  
**Renovated: 1995 & 2008**



### Christy Mathewson-Memorial Stadium

Christy Mathewson-Memorial Stadium, Bucknell's outdoor facility, has been almost completely refurbished in the last 20 years. In 1988, the horseshoe edifice was totally resurfaced and new seating was added. New concession stands, restrooms, ticket booths and souvenir stands were added a year later, along with an eight-lane, all-weather track. The most recent upgrades include new lights, which feature a nearly 10-fold increase in candle power, and a new FieldTurf playing surface. Encircling the football field is an eight-lane Rekortan Track, originally laid in 1989 and replaced in 2002 and 2012.

**Surface: Eight-lane Rekortan Track/Synthetic Field Turf**  
**Built: 1924**  
**Renovated: 1988, 1989, 2001, 2002, 2012**

## GERHARD FIELDHOUSE RECORDS

Men		Women	
55m	D. Ross (Lincoln)/D. Bobb (Unattached) ... 6.27 2000	55m	S. Patterson (G. Mason) ..... 6.89 1998
60m	P. Obuon (VMI) ..... 6.72 2004	60m	M. Jackson (UMBC) ..... 7.52 2011
200m	J. Hicks (Bucknell) ..... 2:18.88 2012	200m	M. Hargrove (Georgetown) ..... 24.52 2003
300m	L. Gordon (Zenith Velocity) ..... 34.13 2011	300m	A. Johnson (Georgetown) ..... 39.61 2009
400m	K. Boyle (Bucknell) ..... 48.32 2007	400m	L. McNary (Howard) ..... 55.07 2006
500m	M. Geraghty (Bucknell) ..... 1:02.24 1984	500m	J. Helms (Navy) ..... 1:13.22 2000
600y	M. Eneyart (Pacific Coast) ..... 1:09.4 1982	600m	T. Hart (Penn St.) ..... 1:31.7 1982
800m	S. Strauman (IUP) ..... 1:51.09 2007	800m	T. Hart (Penn St.) ..... 2:09.64 1984
1000y	S. Bigotto (Bucknell) ..... 2:11.6 1981	1000m	D. Startare (Penn St.) ..... 2:50.14 1983
1000m	M. Hulme (Bucknell) ..... 3:23.6 1982	1500m	B. Leddy (Villanova) ..... 4:29.14 1980
1500m	M. Hulme (Bucknell) ..... 3:45.1 1982	1500m	D. Startare (Penn St.) ..... 4:29.14 1982
Mile	J. Derenzo (NYAC) ..... 4:03.2 1979	Mile	R. Donaahue (Unattached) ..... 4:42.13 2006
3000m	B. Reifsnider (Bucknell) ..... 8:08.1 1983	3000m	Carolyn Ihrig (Penn St.) ..... 9:26.6 1980
5000m	G. Buckheit (Bucknell) ..... 14:03.34 1979	5000m	Mary Walsh (Maryland) ..... 16:38.1 1982
2-Mile	B. Reifsnider (Bucknell) ..... 8:42.9 1983	55m HH	V. Johnson (Unattached) ..... 7.57 2006
R. Melbourne (Team Ist) ..... 7.24 2006	60m H	L. Buckley (Howard) ..... 8.42 2009	
C. Lavanne (Speed City) ..... 7.99 2007	4x200	UMBC ..... 1:44.26 2007	
C. Kinney (Georgetown) ..... 7.99 2008	4x400	Maryland "A" ..... 3:46.32 2000	
C. Queen (Zenith Velocity) ..... 7.99 2011	4x800	George Mason ..... 8:59.06 1997	
4x200	UMBC ..... 1:30.51 2007	DMR	George Mason ..... 11:55.2 1996
4x400	Hampton ..... 3:15.05 1999	SMR	George Mason ..... 4:04.87 1998
4x800	Navy ..... 7:33.74 2004	SHR	Mount St. Mary's ..... 32.54 2006
DMR	Navy ..... 9:55.86 2004	LJ	A. Brown (G. Mason) ..... 20-8 1997
SMR	James Madison ..... 3:25.93 1999	TJ	D. Brown (Cornell) ..... 40-9 1/2 1999
SHR	Lincoln ..... 29.62 1998	HJ	K. Gaito (Open) ..... 5-10 1982
LJ	J. Gorham (Penn St.) ..... 25-0 1998	Shot	C. Borel (UMBC) ..... 55-4 1/4 2002
	N. Powell (Bowson) ..... 25-0 2003	WT	J. Leatherman (Unattached) ..... 68-6 1/2 2006
TJ	J. Goodell (Towson) ..... 51-9 3/4 2003	Pent.	J. Alston (Maryland) ..... 3,863 1982
HJ	J. Carter (Hartford CC) ..... 7-0 1983	PV	M. Buczeko (Bucknell) ..... 13-4 1/4 2007
	S. Blais (Villanova) ..... 7-0 1995		
Shot	K. Kirton (UMES) ..... 61-5 2007		
WT	T. Carey (Saint Francis) ..... 67-7 1/2 2004		
Pent.	M. Stinson (Lock Haven) ..... 3,885 2003		
Hept.	R. Belany (Navy) ..... 5,311 2008		
PV	J. Scott (Allegheny) ..... 17-7 1/4 2003		

## CHRISTY MATHEWSON-MEMORIAL STADIUM RECORDS

Men		Women	
100m	A. Campbell (Vermont) ..... 10.38 2009	100m	D. DeFusco (Penn State) ..... 11.71 2010
200m	B. Gehret (Penn State) ..... 20.99 2012	200m	S. Greaves (Penn State) ..... 23.67 2009
400m	M. Fabio (Adelphi) ..... 47.15 2012	400m	F. Dorr (Penn State) ..... 53.61 2010
800m	R. Foster (Penn State) ..... 1:48.79 2009	800m	A. Henry (Buffalo) ..... 2:07.49 2012
1500m	R. Creese (Penn State) ..... 3:43.79 2012	1500m	R. Simko (Penn State) ..... 4:20.11 2010
Mile	W. Rogers (Lehigh) ..... 4:14.8 1973	Mile	L. Young (West Chester) ..... 5:14.4 1983
5000m	B. Fennell (American) ..... 14:02.53 2007	3000m	L. Gubicza (Fordham) ..... 9:19.7 1993
10000m	N. Edelman (Cornell) ..... 29:31.93 2009	5000m	J. Cullery (Unattached) ..... 16:08.08 2007
110m HH	D. Sylve (Army) ..... 13.90 2010	10000m	R. Donaghy (Reebok Boston) ..... 34:05.18 2006
400m IH	C. Hood (Penn State) ..... 52.15 2007	100m HH	A. Barber (Penn State) ..... 13.52 2007
Steeple	L. Watson (adidas) ..... 8:51.10 2009	400m IH	A. Barber (Penn State) ..... 58.54 2007
HJ	L. Toney (Shippensburg) ..... 7-0 1/2 2008	Steeple	B. Franek (Penn State) ..... 9:53.70 2009
LJ	D. Eradiri (St. Francis (Pa.)) ..... 24-6 1/4 2009	HJ	C. Morse (Lock Haven) ..... 5-8 3/4 2008
TJ	M. McClure (Nittany) ..... 51-5 3/4 2004	LJ	J. Maduka (Cornell) ..... 20-6 1/4 2007
Shot Put	J. Kovacs (Penn State) ..... 61-5 1/2 2010	TJ	J. Maduka (Cornell) ..... 43-2 1/4 2007
Discus	T. Pendleton (Army) ..... 182-10 2003	Shot Put	K. Woods (Buffalo) ..... 51-9 1/4 2010
PV	R. Quiller (Binghamton) ..... 17-6 1/2 2007	Discus	R. O'Brien (Buffalo) ..... 169-3 2011
Javelin	T. Heitzman (Bucknell) ..... 237-8 2011	PV	C. Fairbairn (Penn State) ..... 12-7 1/2 2009
Hammer	G. Ingalls (Army) ..... 222-0 1996	Javelin	S. Gorton (SUNY Brockport) ..... 154-2 1992
4x100	Cornell ..... 40.77 2012	Hammer	F. Thompson (Buffalo) ..... 197-6 2005
4x400	Army ..... 3:12.57 2010	4x100	Buffalo ..... 45.94 2012
4x800	Army ..... 7:24.16 2010	4x400	Penn State ..... 3:39.18 2007
Decath.	O. Brown (Moravian) ..... 6797 2007	4x800	Bucknell ..... 8:59.33 2010
		Hept.	A. Huffman (Monmouth) ..... 4,922 2005

Bucknell athletes in *italics*



# Bucknell Athletics Hall of Fame

## BUCKNELL ATHLETICS HALL OF FAME

The following is an alphabetical list of Bucknell Athletics Hall of Fame members inducted for their cross country and track & field accomplishments:

**Stephanie Bango '02** .....  
*Track & Field - Inducted in 2012* - Bango graduated with 21 Patriot League gold medals, which still stands as the school record, 15 of which came in the 800 meters or 4x800. She also led her team to seven titles and one runner-up finish. Bango broke the six-year-old indoor record in the 800 by more than four seconds, a record that stills tands. A six-time All-East performer, she was named to the Patriot League All-Decade Team and was the recipient of the Christy Mathewson Award.

**Robert W. Bickel '79** .....  
*Cross Country/Track - Inducted in 2002* - Bickel was ranked among the top 50 American runners in 1978 and 1979, ran on cross country teams that were a perfect 49-0 in dual meets and won Bucknell's first four of 18 consecutive East Coast Conference and Patriot League championships. Bickel competed in the 1978 NCAA Cross Country Championship, won ECC championships in the indoor 3-mile run in 1978 and outdoors in the 10,000 meters 1978 and 1979.

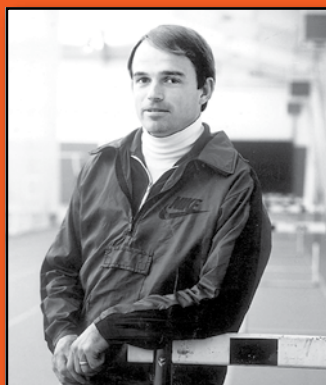
**George A. Buckheit '79** .....  
*Cross Country/Track - Inducted in 1986* - The East Coast Conference cross country champion in 1977 and 1978 and winner of eight ECC indoor and outdoor track titles, Buckheit was All-East three straight years and an All-American in indoor and outdoor track as a senior. He captained both sports and was on seven ECC championship teams.



**Francis J. Carroll, Jr. '75** .....  
*Cross Country/Track - Inducted in 1994* - A co-captain and four-year letterman in cross country and track and field, Carroll twice earned All-East honors in cross country and ran on a relay team that placed 11th at the 1974 NCAA Indoor Championships.

**Charles Cole '88** .....  
*Cross Country/Track - Inducted in 2010* - Cole led the cross country and track and field teams to 11 East Coast Conference championships as well as a pair of cross country NCAA Championship appearances. He was a two-time ECC individual cross country champion, a three-time All-ECC selection and a two-time ECC Scholar-Athlete of the Year. He also captured four ECC gold medals in indoor and outdoor track and field.

**Gabrielle L. Czaja '85** .....  
*Cross Country/Track - Inducted in 2000* - Czaja won 12 letters as a standout for the cross country and track & field teams. She led the cross country team to three ECC crowns and improved her individual finish at the championship meet each season, capping her career with an individual title in 1984.



### + ART GULDEN + A BISON LEGEND

Legendary Bucknell cross country and track and field coach Art Gulden passed away in May of 2001. Gulden was at the helm of the Bucknell cross country and track and field programs for 31 years. Gulden led Bucknell to 68 conference titles and was named the Patriot League Coach-of-the-Year 20 times in the 11 years he coached in the conference.

Gulden's men's cross country teams, arguably Bucknell's most nationally accomplished program, won 18 straight conference titles from 1975-92. At one point, men's cross country posted 167-straight dual meet wins, a streak spanning 16 years.

He sent men's teams to the NCAA Championships nine times in the last 21 years of his career and also saw the women receive an at-large selection to the NCAA meet in 1999 for the first time in school history.

He served in many positions in the world of cross country and track and field including stints as the president of the IC4A Cross Country and Track and Field Coaches Association and the U.S. Cross Country Coaches Association. Gulden was inducted into the USTFCCA Hall of Fame in 2009.

A 1964 graduate of Rutgers University, Gulden received his master's degree at Rutgers a year later. He served as a lieutenant in the U.S. Army for two years, then returned to Rutgers for three years before coming to Bucknell to begin his illustrious career with the Orange and Blue.

Gulden was inducted into the Bucknell Athletics Hall of Fame in 2001.

**Yetunde Daniels Rubinstein '00** .....  
*Track & Field - Inducted in 2012* - Daniels graduated with six school track & field records and 16 Patriot League gold medals. A member of the Patriot League All-Decade Team, she was named the Athlete of the Meet at the 1997 PL Indoor Championships and four won league titles in the outdoor 200 meters. The co-winner of the 2000 Christy Mathewson Award, Daniels still holds the Bucknell records in the indoor 200, 400 and 4x400 relay as well as the outdoor 200, 400 and sprint medley relay.

**Lee C. Edmonds '79** .....  
*Track & Field - Inducted in 2002* - Edmonds was ranked among the top 50 American runners in 1978 and 1979 and ran on cross country teams that were a perfect 49-0 in dual meets and won Bucknell's first four of 18 consecutive East Coast Conference and Patriot League championships. Edmonds competed in the 1978 NCAA Cross Country Championship, won ECC indoor titles in the 3-mile run in 1978 and 1979, and outdoor titles in the 10K in 1978 and 1979.

**Mitchell Farbstein '73** .....  
*Track & Field - Inducted in 1991* - Farbstein set a school discus record and won the event at the Middle Atlantic Conference Championships in 1971. In football, he was twice an honorable mention Little All-America fullback and an ECAC All-East choice in 1972.

**Lonnie Fertik Williard '83** .....  
*Track & Field - Inducted in 1994* - The first woman to earn All-America honors in track & field at Bucknell, Williard set seven indoor and outdoor school records and finished fourth in the heptathlon at the AIAW Division II National Championships in 1982.



**Mike Geraghty '84** .....  
*Track & Field - Inducted in 2002* - One of the top middle distance runners in the history of Bucknell's vaunted men's track and field program, Geraghty won East Coast Conference championships in the outdoor 400 meters in 1982 and 1984, and he competed in the NCAA Indoor Championships in 1982 and 1984. His standout performances helped lead Bucknell to six ECC team titles - three indoors and three more outdoors.

**William H. Gravely '77** .....  
*Track & Field - Inducted in 1998* - A four-year letterman in track and field and two-year starter in basketball, Gravely won two East Coast Conference outdoor titles and was runner-up his other two years in the triple jump.

**Brian S. Harshman '85** .....  
*Cross Country/Track - Inducted in 2003* - Harshman won six East Coast Conference individual titles,



**Beverly Rogers**  
2x All-East Selection



**Mark Caroleo**  
2006 All-East Selection



## BUCKNELL ATHLETICS HALL OF FAME

including the indoor mile and 1,000 meters in 1984 and 1985, the indoor 2-mile run in 1983 and the outdoor 1,500 meters in 1985. He is one of only two men in Bucknell history to run the 5,000 meters in under 14 minutes.

**Tameka Hinton '95**.....

*Track & Field - Inducted in 2005* - Hinton graduated with 19 conference track & field gold medals, including four straight in the 55-meter dash, 100-meter dash and 200-meter dash. Proving her versatility and incredible athleticism, she also earned a league title in the shot put. Hinton was named Outstanding Performer of the Patriot League Championships three times and was elected to the Patriot League All-Decade Team.



**Mark D. Hulme '83**.....

*Cross Country/Track - Inducted in 2001* - Hulme played a big part in Art Gulden's program while at Bucknell as a member of nine ECC cross country and track & field championship teams. Hulme still holds records in the 1,500 meter run both indoors and outdoors.

**Lynnette McBride '91**.....

*Track & Field - Inducted in 2010* - A superior athlete who helped set the stage for the championship-caliber program of today, McBride won Patriot League long jump titles both indoors and outdoors as a senior and was the East Coast Conference outdoor long jump champion in 1990. McBride also ran the anchor leg of Bucknell's victorious 4x400-meter relay that clinched the team title for the Bison at the inaugural Patriot League Outdoor Championships in 1991 and won the Patriot League Scholar-Athlete of the Year award for indoor track and field as a senior.

**Glenn McLaughlin '74**.....

*Cross Country/Track - Inducted in 1999* - McLaughlin was a four-year letterwinner in cross country and outdoor track & field and earned three letters in indoor track and field. He qualified for the NCAA indoor track championships in the 600-yard dash in 1973, where he finished 12th. In 1974, McLaughlin was a member of the distance medley relay that placed 11th at the NCAA championships.

**Thomas E. McLean '78**.....

*Track & Field - Inducted in 1983* - A track All-American, McLean was the 1976 NCAA outdoor 800-meter champion and represented the USA in several international competitions. McLean also won two IC4A and four ECC 800-meter titles and was basketball co-captain in 1974-75.

**Susan Rowland Miller '89**.....

*Track & Field - Inducted in 1999* - Rowland was a four-year letterwinner in both indoor and outdoor track and served as a co-captain of the track teams during her junior and senior seasons. She became one of the premier sprinters in Bucknell history and continues to rank in the program's top-10 lists for the 100 and 200.

**J. Douglas Nauman '73**.....

*Track & Field - Inducted in 1984* - Nauman was Middle Atlantic Conference javelin champion in 1973 and scored in the event all three years prior. An All-Pennsylvania, All-East and Academic All-America defensive tackle in football, Nauman was named Bucknell's Outstanding Senior Athlete in 1973.

**Judy Perry West '90**.....

*Cross Country/Track - Inducted in 2008* - Earned 12 career varsity letters in cross country, indoor and outdoor track and field, and she was the No. 1 runner on four East Coast Conference cham-

pion cross country teams. She was also part of three ECC track championship teams and five others that finished second. At the 1987 Penn Relays, she ran 35:05.14 in the 10,000-meter run. That smashed the previous school record by 58 seconds, and today her time still holds up as the Bucknell record by more than 54 seconds.

**William P. Reifsnnyder '84**.....

*Cross Country/Track - Inducted in 1989* - The finest distance runner in Bucknell history, Reifsnnyder was an All-American three times in cross country, was All-East eight times in cross country and track and led Bucknell to 10 conference championships.



**Richard J. Sayre '82**.....

*Cross Country/Track - Inducted in 1991* - An NCAA finalist and All-American in the steeplechase in 1981, Sayre was on four cross country teams that qualified for the NCAA meet and earned All-East recognition six times in cross country and track & field.

**Edwin S. Stebbins '37**.....

*Track & Field - Inducted in 1997* - Considered one of the finest sprinters in Bucknell history, Stebbins captained the 1937 Bison track & field team. Though details of many of his meets are incomplete, he is rightfully regarded as one of the premier track & field athletes in Bucknell history.



**Julie Sweitzer Granger '99**.....

*Cross Country/Track & Field - Inducted in 2011* - In cross country, Sweitzer became Bucknell's first NCAA Championship qualifier in 1997 and was the Patriot League individual champion in 1997 and 1998. Sweitzer was also All-East in the indoor mile and outdoor 3,000 meters. She was named Patriot League Athlete of the Meet at the 1998 PL Indoor Championships, and her seven indoor gold medals are tied for fourth-most in program history. A part of four PL Championship teams, Sweitzer was a six-time PL Scholar-Athlete of the Year and a Third Team Academic All-American in 1999.



**David White '83**.....

*Cross Country/Track - Inducted in 2010* - White qualified for the NCAA Indoor Championships in the 1,000 meters in 1982, where he finished fourth in his heat and had the 12th-fastest time in the preliminaries. He was part of five East Coast Conference championship teams and also competed in the 1982 NCAA Cross Country Championship as part of a Bison squad that finished 12th in the nation.

**William F. "Bud" Wilkinson '36**.....

*Track & Field - Inducted in 1992* - A three-year letterman in football and track & field, Wilkinson was the first Bucknell sprinter to break 10 seconds for the 100-yards dash, was on a mile relay team that won two races at the Penn Relays and once won the 100, 220 and 440-yard dashes and was second in the shot put and javelin in a single dual meet.

**Jill Wise Smith '89**.....

*Track & Field - Inducted in 2001* - Wise became the first Bucknell woman to compete in an NCAA Track & Field Championship when she qualified for the indoor meet in the triple jump in 1988. She continues to hold both program triple jump marks by wide margins.



**Tyler Hoffman**  
3x PL Champion



**Erin Cranmer-Hart**  
5x PL Champion

# Recruiting Information



Allison Daley



Robert Yamnicky

## THE ABC'S OF THE RECRUITING PROCESS

### ADMISSIONS & APPLICATIONS

You can reach our Admissions Office by calling (570) 577-1101. To receive an application, please call our admissions office or send a written request to: Bucknell Admissions Office, Freas Hall, Bucknell University, Lewisburg, PA 17837.

### CALENDAR

A typical recruiting calendar for a prospective student-athlete interested in cross country or track and field would go something like this:

- \*\* **Summer 2013** — Make unofficial visits to schools of interest.
- \*\* **September 2013** — Contact head coach Kevin Donner if Bucknell falls within your top five list of potential colleges. Send a letter expressing interest in the cross country/track & field program. It would be helpful to include a transcript and any videotape you may have available. Also, the student-athlete should be registered with the NCAA Clearinghouse. See your high school athletics director or guidance counselor for information.
- \*\* **October 2013** — Coach Donner will be in contact regarding the student-athlete's interest and possible visit date. The student-athlete and family should file CSS Financial Aid Profile Form. See your college guidance counselor for information.
- \*\* **November 15, 2013** — Deadline for Admissions and Financial Aid for Early Decision I.
- \*\* **Late December, 2013** — Target date for Admissions letters to go out for Early Decision I candidates.
- \*\* **January 15, 2014** — Deadline for Admissions and Financial Aid for Regular Decision and Early Decision II.
- \*\* **Late January, 2014** — Target date for Admissions decision letters to go out for Early Decision II candidates.
- \*\* **Late March, 2014** — Target date for Admissions decision letters to go out for Regular Decision candidates.
- \*\* **Mid-April, 2014** — Target date for open house weekend for all accepted applicants.
- \*\* **May 1, 2014** — Deadline for securing spot in class of 2015 with deposit.

### CLEARINGHOUSE

Before making an official visit, the NCAA mandates that all student-athletes interested in competing at the Division I or II level be certified through the NCAA Initial Eligibility Clearinghouse. Contact high school coaches, athletics director and/or guidance counselor for necessary paperwork.

### CONTACTS

As per NCAA by-law 13.02.3, a contact is any face-to-face encounter between a prospect or the prospect's parent or legal guardian and an institutional staff member or athletics representative during which any dialogue occurs in excess of an exchange of a greeting. Any such face-to-face encounter that is prearranged or takes place on the grounds of the prospect's high school, or at the site of organized competition or practice involving the prospect's high school, preparatory school, two-year college, or all-star team is considered a contact, regardless of the conversation that occurs. We are limited to three off-campus contact days per prospective student-athlete.

### CORRESPONDENCE

It's important that the prospective student-athlete get in touch with coach Donner as soon as possible. A simple letter of inquiry into the cross country/track & field program will initiate the recruiting process. In the spring of your junior year or early senior year is the most appropriate time to contact coach Donner.

### ADMISSIONS DEADLINES

**November 15** — Early Decision I Application and Financial Aid deadline  
**January 15** — Early Decision II and Regular Decision Application and Financial Aid deadline

### EARLY DECISION

Students who are absolutely, 100% confident Bucknell is their top college choice are encouraged to apply during the Early Decision process. Advantages are that you'll have an Admissions decision prior to Christmas and all

students accepted during the early decision process are guaranteed financial aid for which they qualify.

### EVALUATIONS

As per NCAA by-law 13.02.6.1, an evaluation is any off-campus activity designed to assess the academic qualifications or athletic ability of a prospect, including any visit to a prospect's educational institution (during which no contact occurs) or the observation of a prospect participating in any practice or competition at any site. We are limited in our number of evaluations per prospective student-athlete.

### FINANCIAL AID

Bucknell University does not offer athletic scholarships in the sports of cross country and track and field. All financial aid is awarded on the basis of need. Prospective student-athletes should complete the CSS "Profile Form" in the early Fall.

### INTERVIEWS

Coach Donner strongly encourages all prospective student-athletes to arrange for an on-campus interview with the Admissions Office. If it is not possible to interview on campus, alumni interviews are highly recommended. All interviews should be arranged through the Admissions Office by calling (570) 577-1101.

### TELEPHONE CALLS

As per NCAA by-law 13.1.3.1, institutional staff members may not telephone a prospect (or the prospect's relatives or legal guardians) prior to July 1 following the prospect's completion of the junior year in high school. After July 1, institutional staff members may telephone a prospect once per week (measured Sunday through Saturday). The once-per-week limit applies to the entire institution.

### VIDEO TAPES

In an attempt to make an accurate assessment early in the process, it is recommended videotapes be forwarded to head coach Donner's attention as soon as possible. The video need not be an elaborate production. Some simple meet or practice tape is sufficient.

### VISITS, Official

According to NCAA by-law 13.7.1.2, a prospect may not make more than five expense-paid visits to NCAA member institutions, regardless of the number of sports in which the prospect is involved. An institution may not provide an expense-paid visit to a prospect who has not presented the institution with a high school (or college) academic transcript and a score from a PSAT, an SAT, a PACTPlus, or an ACT test taken on a national testing date under national testing conditions. The official visit may not exceed 48 hours.

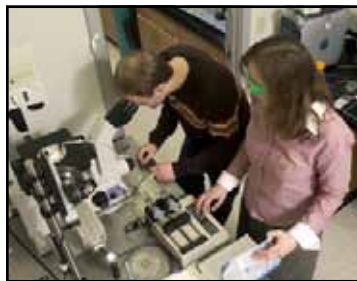
### VISITS, Unofficial

According to NCAA by-law 13.8.1, a prospect may visit an institution's campus at the prospect's own expense an unlimited number of times and may make an unofficial visit before the prospect's senior year in high school.

**If a prospective student-athlete and/or parent has any questions, please feel free to call head coach Kevin Donner at (570) 577-1482 and/or visit the Recruiting and Compliance links on Bucknell's athletics Web site, [www.BucknellBison.com](http://www.BucknellBison.com). Best times to reach coach Donner are between the hours of 9 a.m. and 3 p.m. Monday-Friday, and between 8 p.m. and 10 p.m. Monday thru Thursday. Also, please feel free to forward any correspondence you feel will be helpful in the coaching staff's assessment of a prospective student-athlete.**

# The Plan for Bucknell/Patriot League

## THE PLAN FOR BUCKNELL



Bucknell is a unique national university where liberal arts and professional programs complement each other, where 3,500 full-time students are educated for a lifetime of critical thinking and strong leadership. For more than 160 years, the University has remained true to its fundamental purpose: to educate and prepare students for lives that make a difference and have a positive impact on the world.

In keeping with that purpose, the University has developed **The Plan for Bucknell**, which includes its collective vision — "To provide students with the premier undergraduate experience in American higher education." Students helped shape this vision because of their confidence in the University.

**The Plan** comprises five strategies:

**Strengthen the Academic Core** aims to ensure that a Bucknell education is challenging and engaging, with openness to new ideas and a culture of innovation;

**Deepen the Residential Learning Experience** will provide a residential

learning and living experience that complements the academic program, integrates the athletics and recreation program and promotes personal growth and development and civic and ethical responsibility;

**Enhance Diversity** is a commitment to diversity in all its forms within a civil and supportive environment of open exchange to prepare Bucknell graduates to live and work in a globally integrated and intercultural world;

**Build Bridges** will bring the world to Bucknell — through visiting scholars and sports teams, international students and alumni, guest speakers, international focus semesters, and electronic communications — and bring Bucknell to the world through strategic partnerships and community engagement activities as well as opportunities for off-campus study and faculty research;

**Secure Our Financial Future** will secure resources necessary to engage new opportunities, lessen dependence on tuition, and ensure our financial future.

**The Plan for Bucknell** was unanimously approved by the Board of Trustees on April 29, 2006, having previously been approved by the students and faculty. We have begun implementing it and are determined to make it a reality over the next decade. To read the complete version of **The Plan for Bucknell** or to request a published version, see <http://www.bucknell.edu/ThePlanforBucknell>

## THE PATRIOT LEAGUE

**Patriot League Academic and Athletic Success**

Now in its third decade as an all-sport conference combining academic and athletic excellence, the Patriot League sponsors championships in 24 men and women's sports. Initially started as an NCAA Division I-AA football conference in 1986, the Patriot League became an all-sport conference in 1990 and includes American, Army, Bucknell, Colgate, Holy Cross, Lafayette, Lehigh and Navy as full members, and Fordham, Georgetown and MIT as associate members. Boston University will join the Patriot League as a full member beginning in the 2013-14 season. These institutions are among the oldest and most prestigious in the nation and their alumni have and continue to play leadership roles in shaping our country.

Since 1998, the Patriot League has ranked first each year among all Division I conferences awarding athletic aid in the NCAA Graduation Rate Report. The League finished at the top spot with nearly all of its teams reporting a graduation rate of 85 percent or higher in the most recent data. In addition, 84 teams from Patriot League full-member institutions earned NCAA Academic Performance Program Public Recognition Awards after posting academic progress rate scores in the top 10 percent of all squads in their respective sports.

The Patriot League's mission is simple, to provide successful competitive athletic experiences while maintaining high academic standards, and to prepare its student-athletes to be leaders in society.

During the 2011-12 academic year, Patriot League student-athletes and teams accomplished the following:

- In the latest release of NCAA Academic Progress Rate, 94 percent of Patriot League teams scored at or above the national Division I four-year average score of 973.
- 79 Patriot League teams, and 84 overall from full-member institutions, earned Public Recognition Awards from the NCAA for finishing in the top 10 percent of all teams in the most recent four-year APR scores.
- Navy won the Patriot League Presidents' Cup for the first time in school history, and also won the women's title. Lehigh edged the Mids for the men's crown.
- Lehigh, a No. 15 seed, defeated No. 2 Duke 75-70 in a second-round NCAA Tournament game on March 16. The victory was nominated for a "best upset" award for the ESPYS.



**Bucknell has won the Patriot League Presidents' Cup in 17 of the last 22 years.**

• Colgate's Peter Baum became the first player in Patriot League history to win the Tewaaron Award as the top collegiate lacrosse player, and also claimed the Lt. Enners Award for the same distinction.

• Colgate's Elise DeRoo was named the Patriot League Female Scholar-Athlete of the Year, while Army's Brendan Buckley won the Male Scholar-Athlete of the Year award.

• DeRoo was also one of two nominees from the Patriot League for the NCAA Woman of the Year award, along with Navy's Jess Palacio.

• Ten student-athletes were named Capital One Academic All-Americans, including first-team selections for Army's Brendan Buckley (lacrosse), Army's Zach Price (Baseball), Bucknell's Tim Bolte (Football) and Lehigh's Jennifer Colquhoun (Softball).

• 48 student-athletes earned Capital One Academic All-District recognition.

• It was the first time in Patriot League men's basketball history that three teams played in the postseason tournament: Lehigh (NCAA), Bucknell (NIT), American (CIT).

• For just the second time in history, two teams won a postseason game as Bucknell also beat Arizona 65-54 in the first round of the NIT on March 14.

• Eight players were named FCS All-Americans overall, with Lehigh's Ryan Spadola and Bucknell's Bryce Robertson joining Schaezke as first-team selections.

• Jess Palacio (Navy) was a second-team All-America selection by the United States Track and Field and Cross Country Coaches Association (USTFCCCA) and competed at both the NCAA Cross Country and Indoor Track and Field Championships.

• Navy's Laura Gorinski was invited to the NCAA Women's Swimming Championships, where she competed in the 200 IM and 100 and 200 breast-stroke events.

• Army junior pitcher Chris Rowley earned second-team All-America honors from two organizations while teammate Kevin McKague garnered third-team honors. Both players were also up for national awards throughout the season.

• Colgate's Chris Johnson became the fourth men's cross country runner to represent the Patriot League in the NCAA championships.



**Chris Applegate**



**Laura Lutzker**

# CROSS COUNTRY

## AUGUST

31 BISON OPEN  
LEWISBURG, PA.

## SEPTEMBER

1 HARRY LANG INVITATIONAL  
HAMILTON, N.Y.

8 RUNNING FIT-DETROIT TITAN INVITE  
NORTHVILLE, MICH.

29 SAINT FRANCIS (PA.) INVITE  
LORETTO, PA.

## OCTOBER

13 PRE-NATIONALS  
LOUISVILLE, KY.

GETTYSBURG INVITE  
GETTYSBURG, PA.

27 PATRIOT LEAGUE CHAMPIONSHIPS  
HAMILTON, N.Y.

## NOVEMBER

9 MID-ATLANTIC REGIONAL CHAMPIONSHIPS  
UNIVERSITY PARK, PA.

## INDOOR TRACK & FIELD

## DECEMBER

1 BISON OPENER  
LEWISBURG, PA.

## JANUARY

5 BUCKNELL MINI MEET  
LEWISBURG, PA.

19 GULDEN INVITE  
LEWISBURG, PA.

25-26 BISON OPEN & MULTI  
LEWISBURG, PA.

PENN STATE NATIONAL INVITE  
UNIVERSITY PARK, PA.

## FEBRUARY

1-2 YOUNGSTOWN STATE INVITE  
YOUNGSTOWN, OHIO

9 BUCKNELL WINTER CLASSIC  
LEWISBURG, PA.

15-17 PATRIOT LEAGUE CHAMPIONSHIPS  
WEST POINT, N.Y.

## MARCH

1-3 IC4A/ECAC CHAMPIONSHIPS  
BOSTON, MASS.

## OUTDOOR TRACK & FIELD

## MARCH

30 UMBC INVITE  
BALTIMORE, MD.  
SUSQUEHANNA INVITATIONAL  
SELINGROVE, PA.

## APRIL

5-6 COLONIAL RELAYS  
WILLIAMSBURG, VA.

12-14 BISON OUTDOOR CLASSIC  
LEWISBURG, PA.

20 BUCKNELL TEAM CHALLENGE  
LEWISBURG, PA.

25-27 PENN RELAYS  
PHILADELPHIA, PA.

27 MAROON & GOLD INVITE  
BLOOMSBURG, PA.

## MAY

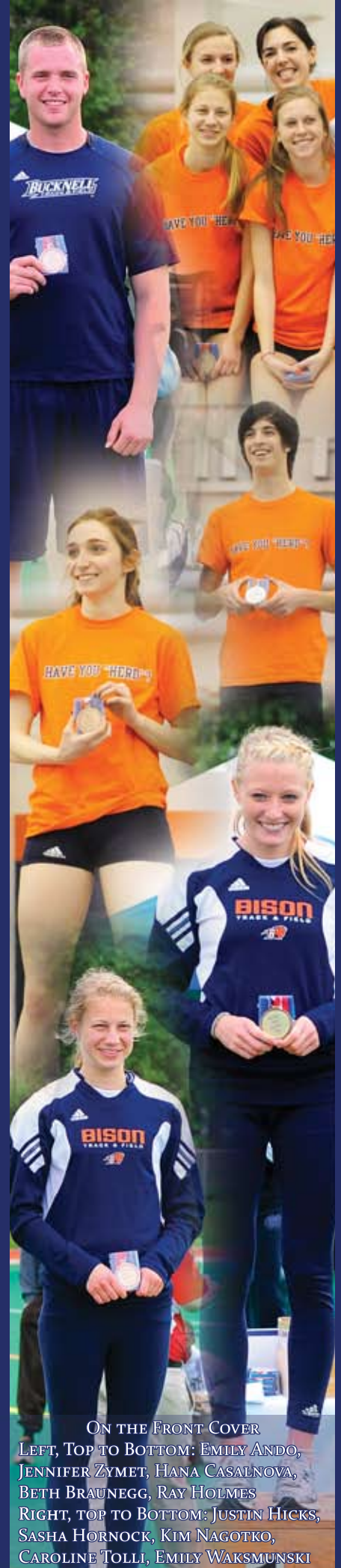
3-4 PATRIOT LEAGUE CHAMPIONSHIPS  
BETHLEHEM, PA.

10-12 IC4A/ECAC CHAMPIONSHIPS  
PRINCETON, N.J.

23-24 NCAA EAST PRELIMINARIES  
GREENSBORO, N.C.

## JUNE

5-8 NCAA CHAMPIONSHIPS  
EUGENE, ORE.



ON THE FRONT COVER  
LEFT, TOP TO BOTTOM: EMILY ANDO,  
JENNIFER ZYMET, HANA CASALNOVA,  
BETH BRAUNEGG, RAY HOLMES  
RIGHT, TOP TO BOTTOM: JUSTIN HICKS,  
SASHA HORNOCK, KIM NAGOTKO,  
CAROLINE TOLLI, EMILY WAKSMUNSKI

