BSC Panther Icebreaker Meet
December 3, 2021 – Birmingham CrossPlex
Attention: SPIKE CHECK WILL CLOSE AT 5PM!!
ALL 200M RUNNERS MUST BE DECLARED BY 3:00PM

9:00 a.m.	Men's Weight, followed by Women's Weight, followed by Men's Shot, followed by Women's Shot
	Men's Long Jump and Women's Long Jump
10:00 a.m.	Men's Pole Vault (Women's Pole Vault to follow)
1:00 p.m.	Men's Triple Jump followed by Women's Triple Jump
2:00 p.m.	Women's High Jump followed by Men's High Jump

Running

8:30 a.m.	W 60H Prelim
9:00 a.m.	W 60m Prelim
9:15 a.m.	M 60m Prelim
10:00 a.m.	W 3000m
10:30 a.m.	M 3000m

Track Banking

11:00 a.m.	W 60m Semifinal
11:15 a.m.	M 60m Semifinal
11:30 a.m.	W 60H Semifinal
12:00 p.m.	M 60H Prelim
1:00 p.m.	M 60H Final
1:10 p.m.	W 60H Final
1:20 p.m.	M 60m Final
1:25 p.m.	W 60m Final

Track Banking

2:00 p.m.	M Mile
	W Mile
3:00 p.m.	M 400m
	W 400m
	******ALL 200M ATHLETES MUST BE DECLARED BY 3:00PM!!**
4:00 p.m.	M 800m
	W 800m
	******We will go to a rolling schedule after the 800m race**
.	M 200m
	W 200m
	M DMR Relay
	W DMR Relay
	M 1600 Relay
	W 1600 Relay