BROWN UNIVERSITY
TRACK & FIELD/CROSS COUNTRY
RECRUITING STANDARDS

TARGET PERFORMANCE MEN	WALK ON CONSIDERATION MEN	*EVENTS	TARGET PERFORMANCE WOMEN	WALK ON CONSIDERATION WOMEN
10.55s	10.75s	100m	11.75s	12.00s
21.40s	21.75s	200m	24.50s	25.00s
47.50s	48.70s	400m	55.20s	57.00s
1:53.50s	1:55.50s	800m	2:12.00s	2:16.00s
3:55.00s	3:58.00s	1500m	4:32.00s	4:42.00s
4:13.00s	4:18.00s	1600m	4:52.00s	5:05.00s
8:32.00s	8:37.00s	3000m	9:54.00s	10:10.00s
9:12.00	9:17.00s	3200m	10:35.00s	10:52.00s
14.20s	14.60s	110mH/100mH	14.20s	14.70s
53.50s	54.20s	400mH	61.30s	62.50s
38.30s	39.00s	300mH	43.50s	45.00s
6'8 2.03m	6'6" 1.98m	High Jump	5'8" 1.73m	5'5" 1.65m
16'0" 4.88m	15'0" 4.57m	Pole Vault	12'6" 3.81m	12'0" 3.66m
23'0" 7.01m	22'6" 6.86m	Long Jump	19'6" 5.94m	18'6" 5.64m
48'0" 14.63m	47'0" 14.33m	Triple Jump	40'0" 12.19m	39'0" 11.89m
55'0" 16.76m	53'0" 16.15m	Shot Put	44'0" 13.41m	42'0" 12.80m
180'0" 54.86m	170'0" 51.82m	Discus	145'0" 44.20m	135'0" 41.15m
185'0" 56.39m	175'0" 51.82m	Javelin	130'0" 39.62m	120'0" 36.58m
185'0" 56.39m	165'0" 50.29m	Hammer	150'0" 45.72m	140'0" 42.67m

***Combined events scores will be evaluated on a case by case basis. If your performance meets the standards listed above please include that information when contacting us.**

***Cross country athletes will be evaluated on performances at their State Championship, National Competitions, and/or other select meets/invitationals as determined by the coaching staff.**

Updated 9/1/26