

Jacksons Open
December 14, 2019
Final Time Schedule

FIELD EVENTS

9:00 AM	High Jump	(M)	1 Flight
9:30 AM	Weight Throw	(M)	1 Flight
9:30 AM	Shot Put	(W)	2 Flights
10:00 AM	Pole Vault	(M)	1 Flight
10:00 AM	Long Jump Pit #1	(W)	1 Flight
10:00 AM	Long Jump Pit #2	(M)	1 Flight
12:30 PM	Shot Put	(M)	1 Flight
12:30 PM	Weight Throw	(W)	2 Flights
1:00 PM	Pole Vault	(W)	1 Flight
1:30 PM	Triple Jump Pit #1	(W)	1 Flight
1:30 PM	Triple Jump Pit #2	(M)	1 Flight
1:50 PM	High Jump	(W)	1 Flight

RUNNING EVENTS

10:45 AM	Masters Mile		1 Heat
11:00 AM	60m Dash	<u>Prelim</u> (W)	3 Heats
11:10 AM	60m Dash	<u>Prelim</u> (M)	3 Heats
11:25 AM	60m Hurdles	<u>Prelim</u> (W)	3 Heats
11:35 AM	60m Hurdles	<u>Prelim</u> (M)	2 Heats
<u>BREAK</u>			
12:45 PM	400m Dash	(W)	3 Heats
12:55 PM	400m Dash	(M)	4 Heats
1:10 PM	60m Hurdles	<u>FINAL</u> (M)	1 Heat
1:15 PM	60m Hurdles	<u>FINAL</u> (W)	1 Heat
1:20 PM	60m Dash	<u>FINAL</u> (W)	1 Heat
1:25 PM	60m Dash	<u>FINAL</u> (M)	1 Heat
1:30 PM	600m Dash	(W)	2 Heats
1:35 PM	600m Dash	(M)	1 Heat
1:40 PM	800m Run	(M)	1 Heat
1:45 PM	200m Dash	(W)	6 Heats
2:05 PM	200m Dash	(M)	5 Heats
2:20 PM	4 x 400 Relay	(W)	2 Heats
2:30 PM	4 x 400 Relay	(M)	1 Heat