

CAL POLY POMONA TRACK & FIELD

ALL-TIME TOP 10 WOMEN'S OUTDOOR RECORD BOOK

By The Numbers

1980

First Season

11

National Titles

120

All-Americans

35

CCAA Athletes of the Week

SCHOOL RECORD HOLDERS

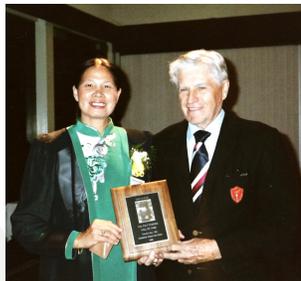
EVENT	ATHLETE(S)	MARK	YEAR
100 Meters	Ayana Fields	11.48	2023
200 Meters	Ayana Fields	22.92	2023
400 Meters	Jakki Henderson	52.49	1991
800 Meters	Arissa Hatcher	2:08.80	2025
1500 Meters	Vivian Martinez	4:21.87	2025
3000 Meters	Joann Howard	9:30.54	1985
3000 Meter Steeplechase	Araseli Servin	10:43.02	2018
5000 Meters	Joann Howard	16:38.80	1985
10,000 Meters	Tiffany Dinh	35:00.56	2013
100 Meter Hurdles	Neshara Smith	13.40	2025
400 Meter Hurdles	Tabreisha Lawrence	58.95	1998
Long Jump	Veronica Bell	6.19m	1982
Triple Jump	Jade De Souza	13.09m	2023
High Jump	Janet Nicholls	1.84m	1984
Pole Vault	Isabelle Carreon	3.96m	2025
Shot Put	Brandi Gail	15.44m	1988
Discus	Ana Tovi	50.54m	2019
Javelin	Durelle Schimek	56.94m	1988
Hammer Throw	Carissa English	53.97m	2015
Heptathlon	Debra Larsen	5827	1986
4x100 Relay	Thomas, Ehinlaiye, Queniat, Fields	45.15	2023
4x200 Relay	Moecks, Lawrence, Hughes, Pruitt	1:38.87	1997
4x400 Relay	Thomas, Queniat, Milton, Fields	3:38.81	2023
4x800 Relay	Jimenez, Hatcher, Arias, Martinez	9:09.37	2025
4x1600 Relay	Harkins, Hunter, York, Niederhaus	21:34.0	1992
800 Meter Sprint Medley	Thomas, Queniat, Milton, Jardstrom	1:46.81	2024
Sprint Medley	May, Weatherford, George, Hunter	4:12.35	1993
Distance Medley	Huerta, Gamble, Moreno, Dinh	11:58.78	2012

Chi Cheng

Considered one of the greatest female Asian athletes of the 20th century, Chi Cheng (1971), broke track and field world records and received numerous awards, including a bronze medal in the 1968 Olympics in Mexico City in the 80m hurdles.

Cheng transferred to Cal Poly Pomona from the University of Hawai'i, and received most of her athletic training at CPP. While a student, she won four U.S. national championships and was the winner in 153 of the 154 events she entered, all unaffiliated with the university. Representing China, she ran in the 1960, 1964, and 1968 Olympic games, winning a bronze medal in the last.

The CPP women's outdoor track & field program was later established ahead of the 1980 season. Cheng was named an honorary inductee into the Cal Poly Pomona Athletics Hall of Fame on May 21, 1994.



Cheng's induction into the CPP Hall of Fame on May 21, 1994.

100 METERS

1.	Ayana Fields	11.48	2023
2.	Jocalyn Pruitt	11.64	1997
3.	Angela Garcia	11.77	2013
4.	Zaria Francis	11.82	2019
5.	Yuna Queniat	11.89	2023
6.	Ta'Ajhah Fann	11.90	2025
7.	Tyla Graves	11.91	2017
8.	Samira Stevenson	11.92	2025
9.	Lana Cantrell	11.94	1988
10.	Jaelyn Thomas	11.97	2023
	Susie Fowler	11.97	2023

200 METERS

1.	Ayana Fields	22.92	2023
2.	Yuna Queniat	23.92	2023
3.	Jocalyn Pruitt	24.00	1997
4.	Jaelyn Thomas	24.05	2023
5.	Jessica James	24.14	2025
6.	Angela Garcia	24.15	2013
7.	Kelsey Ehinlaiye	24.22	2023
8.	Tabreisha Lawrence	24.40	1997
9.	Doris Williams	24.54	1989
10.	Samira Stevenson	24.58	2025

400 METERS

1.	Jakki Henderson	52.49	1991
2.	Ayana Fields	53.25	2024
3.	Tokunbo Adeniji	55.00	2010
4.	Roxanne Jackson	55.06	1984
5.	Tabreisha Lawrence	55.24	1997
6.	Jessica James	54.92	2025
7.	Yuna Queniat	55.63	2023
8.	Carmen Franklin	56.11	2004
9.	Kendahl Gaines	56.45	2015
10.	Laura Jackson	56.60	1984
	Jaelyn Thomas	56.60	2024

800 METERS

1.	Arissa Hatcher	2:08.80	2025
2.	Carmen Franklin	2:09.34	2006
3.	Ellie Carey	2:09.85	1986
4.	Rosetta Hunter	2:10.04	1995
5.	Casey Monoszlay	2:10.49	2019
6.	Karen Farley	2:10.60	1985
7.	Kristin Harkins	2:11.61	1989
8.	Miste Garcia	2:12.31	1985
9.	Alondra Arias	2:12.38	2024
10.	Lizette Huerta	2:13:45	2013

1500 METERS

1.	Vivian Martinez	4:21.87	2025
2.	Lizette Huerta	4:24.64	2016
3.	Joann Howard	4:25.45	1986
4.	Casey Monoszlay	4:26.43	2019
5.	Miste Garcia	4:27.96	1985
6.	Kristin Harkins	4:29.80	1990
7.	Ellis Carey	4:31.63	1986
8.	Calene Morris	4:34.15	2017
9.	Rosette Hunter	4:34.63	1995
10.	Karen Fraley	4:35.05	1987

CAL POLY POMONA TRACK & FIELD

ALL-TIME TOP 10 WOMEN'S OUTDOOR RECORD BOOK

3000 METERS

1.	Joann Howard	9:30.54	1985
2.	Vivian Martinez	9:41.56	2025
3.	Kellie Taylor	9:45.63	1991
4.	Gina Placencio	9:50.67	1988
5.	Sherrie Roach	9:53.29	1986
6.	Jade Kingston	9:57.59	2025
7.	Kim Difilippo	9:58.35	1986
8.	Alondra Arias	9:59.25	2024
9.	Tiffany Dinh	10:02.58	2013
10.	Regina Lopez	10:02.90	2015

400 METER HURDLES

1.	Tabreisha Lawrence	58.95	1998
2.	Lana Cantrell	59.99	1988
3.	Aldora George	60.60	1993
4.	Suzy Boehner	61.14	1979
5.	Mia Moreno	61.76	2012
6.	Ari Milton	62.06	2024
7.	Sarah Regan	62.07	2015
8.	Tianna Jardstrom	62.18	2024
9.	Sue Rupel	62.24	1983
10.	Janet Nicholls	62.64	1984

SHOT PUT

1.	Brandi Gail	15.44m	1988
2.	Tiffany Gray	14.85m	2015
3.	Nicole Beauregard	14.56m	1995
4.	Ana Tovi	14.47m	2022
5.	Debra Larsen	14.38m	1985
6.	Shona Christensen	14.20m	2024
7.	Susanne Back	13.98m	2003
8.	Mi'ah Molette	13.87m	2025
9.	Monica Wren	13.76m	1984
10.	Demisha Price	13.64m	2022

3000 METER STEEPLECHASE

1.	Araseli Servin	10:43.02	2018
2.	Miranda Palacios	10:51.31	2025
3.	Tiffany Turner	10:52.91	2009
4.	Galilea Jimenez	10:57.68	2025
5.	Elizabeth Hernandez	11:17.81	2018
6.	Emma Hartel	11:18.88	2007
7.	Jamie Ray	11:22.14	2003
8.	Kelly Castillo	11:27.60	2017
9.	Julia Butler	11:34.79	2025
10.	Naomi Bisagno	11:45.69	2008

LONG JUMP

1.	Veronica Bell	6.19m	1982
2.	Debra Larsen	6.15m	1986
3.	Neshara Smith	6.03m	2025
4.	Dominique Hughes	5.93m	1995
5.	Imani Williams	5.91m	2022
6.	Jasmine Winn	5.88m	2007
7.	Kelsey Ehinlaiye	5.86m	2023
	Tramieka Thomas	5.86m	2011
9.	Suzy Boehner	5.84m	1979
10.	Kendahl Gaines	5.74m	2014

DISCUS

1.	Ana Tovi	50.54m	2019
2.	Brandi Gail	50.06m	1988
3.	Samantha Swanson	46.45m	2013
4.	Jodie Warr	46.20m	1994
5.	Christy Buehler	45.94m	2002
6.	Monica Wren	45.74m	1984
7.	Jenna Gonzalez	45.25m	2018
8.	Nina Pritchett	44.27m	2015
9.	Jaqueline Neisen	43.73m	1984
10.	Lorna Gregory	43.12m	1984

5000 METERS

1.	Joann Howard	16:38.80	1985
2.	Casey Monoszlay	16:41.95	2019
3.	Calene Morris	16:45.89	2017
4.	Vivian Martinez	16:49.73	2025
5.	Sherie Roach	16:54.40	1987
6.	Alondra Arias	16:55.78	2024
7.	Jade Kingston	16:58.63	2025
8.	Lizette Huerta	16:59.00	2016
9.	Tiffany Dinh	16:59.64	2011
10.	Lorraine Fernandez	17:19.87	2017

TRIPLE JUMP

1.	Jade De Souza	13.09m	2023
2.	Dominique Hughes	12.43m	1995
3.	Ruth Moecks	12.15m	1997
4.	Nia Vance	12.14m	2019
5.	Valerie Henderson	11.89m	2004
6.	Natalie Lin	11.84m	2025
7.	Nyah Paulding	11.78m	2024
8.	Debra Larsen	11.73m	1986
9.	Ngozi Agwuenu	11.59m	2012
10.	Tramieka Thomas	11.56m	2009

JAVELIN

1.	Durelle Schimek	56.94m	1988
2.	Jaqueline Nelsen	51.07m	1984
3.	Janet Nicholls	49.04m	1986
4.	Debra Larsen	47.32m	1986
5.	Kimber Reed	46.88m	1988
6.	Raedean Rona	46.69m	1981
7.	Dana Carlson	44.50m	1988
8.	June Wintermute	43.56m	1983
9.	Monica Wren	43.43m	1983
10.	Susanne Back	43.35m	2002

10,000 METERS

1.	Tiffany Dinh	35:00.56	2013
2.	Sherie Roach	35:10.90	1987
3.	Regina Lopez	36:04.87	2015
4.	Lorraine Fernandez	36:05.04	2018
5.	Joann Howard	36:09.00	1985
6.	Adrienne Schumm	36:23.54	2008
7.	Claudia Garcia	36:27.04	2008
8.	Trisha Molina	36:31.40	1987
9.	Jade Kingston	36:34.88	2025
10.	Paige Moore	36:52.24	2025

HIGH JUMP

1.	Janet Nicholls	1.84m	1984
2.	Durelle Schimek	1.82m	1988
	Debra Larsen	1.82m	1986
4.	Kimber Reed	1.75m	1988
5.	Jillian Schmidt	1.74m	2013
6.	Jessica Giacoietti	1.72m	2014
	Topaz Marcos	1.72m	2004
8.	Suzy Boehner	1.71m	1979
9.	Christina Glenn	1.70m	1985
10.	Sarah Lindenthal	1.69m	2024

HAMMER THROW

1.	Carissa English	53.97m	2015
2.	Keiana Turner	52.18m	2023
3.	Ileana Tejada	51.28m	2010
4.	Samantha Swanson	50.64m	2014
5.	Mi'ah Molette	49.58m	2025
6.	Avia Bateman	49.41m	2022
7.	Shona Christensen	49.01m	2024
8.	Halle McDaniels	48.45m	2026
9.	Isabelle Campos	47.75m	2025
10.	Katy Everett	47.62m	2001

100 METER HURDLES

1.	Neshara Smith	13.40	2025
2.	Doris Williams	13.41	1989
3.	Lana Cantrell	13.69	1988
4.	Susie Fowler	13.70	2023
5.	Tabreisha Lawrence	13.82	1999
6.	Aldora George	13.86	1993
7.	Nia Vance	13.92	2019
8.	Heather Corder	13.99	2011
9.	Tramieka Thomas	14.10	2011
10.	Kiyota Reed	14.12	2002

POLE VAULT

1.	Isabelle Carreon	3.96m	2025
2.	Lyric Teigen	3.82m	2007
3.	Hannah Stueve	3.75m	2019
4.	Deirdre Mercado	3.56m	2017
5.	Makayla Jacoubs	3.55m	2016
6.	Nicole Worden	3.55m	2013
7.	Baillie Horton	3.50m	2026
	Kendra Williams	3.50m	2025
9.	Dalarie Manda	3.46m	1999
10.	Shannon Gaitan	3.43m	2025

HEPTATHLON

1.	Debra Larsen	5827	1986
2.	Janet Nicholls	5766	1986
3.	Durelle Schimek	5507	1989
4.	Christina Glenn	5088	1985
5.	Jillian Schmidt	4960	2013
6.	Erin Zwinger	4933	2015
7.	Neshara Smith	4792	2025
8.	Ruth Moecks	4787	1997
9.	Sue Girard	4502	1990
10.	Amanda Smith	4458	2010

CAL POLY POMONA TRACK & FIELD

ALL-TIME TOP 10 WOMEN'S OUTDOOR RECORD BOOK

4 X 100 RELAY

1.	Thomas, Ehinlaiye, Queniat, Fields	45.15	2023
2.	Thomas, Queniat, Carrigan, Fields	45.62	2024
3.	Stevenson, James, Fann, Luster	45.86	2025
4.	Thomas, Fields, Fowler, Queniat	45.90	2023
5.	Francis, Napoleon, Vance, Fields	46.04	2019
6.	Thomas, Ehinlaiye, Camello, Fields	46.38	2022
7.	Moseby, Fann, James, Stevenson	46.67	2025
8.	Moecks, Lawrence, Hughes, Pruitt	46.75	1997
9.	Ehinlaiye, Thomas, Fowler, Fields	47.04	2022
10.	George, Clavin, Henderson, Weatherford	47.16	1991

4 X 200 RELAY

1.	Moecks, Lawrence, Hughes, Pruitt	1:38.87	1997
2.	Barker, Fortner, L. Jackson, R. Jackson	1:40.93	1984
3.	McDade, R. Jackson, Robinson, Bell	1:42.69	1982
4.	Pruitt, Dismuke, Lawrence, Hughes	1:42.84	1996
5.	L. Jackson, Laving, Williams, R. Jackson	1:46.60	1984
6.	Teigen, Franklin, Winn, Henderson	1:48.65	2006
7.	Franklin, Everett, Tomlin, Schaffner	1:49.93	2004
8.	Fabbrio, Nicolls, Beatty, Piersma	1:51.00	1983
9.	McDade, Spears, Robinson, Williams	1:52.88	1982
10.	Nicolls, Miranda, Beatty, Piersma	1:53.10	1983

4 X 400 RELAY

1.	Thomas, Queniat, Milton, Fields	3:38.81	2023
2.	Thomas, Queniat, Jardstrom, Fields	3:43.01	2024
3.	L. Jackson, Glenn, Nicolls, R. Jackson	3:44.98	1984
4.	Glaude, Salazar, Hatcher, Fields	3:45.98	2022
5.	Thomas, Queniat, Hatcher, Fields	3:46.50	2023
6.	Garcia, Hatcher, Delgado, James	3:47.58	2026
7.	Moseby, Hatcher, Garcia, James	3:47.61	2025
8.	Garcia, Jardstrom, Hatcher, James	3:49.26	2025
9.	Napoleon, Byrd, Francis, Fields	3:49.34	2019
10.	Wolff, Whitney, Gamble, Adeniji	3:50.11	2010

4 X 800 RELAY

1.	Jimenez, Hatcher, Arias, Martinez	9:09.37	2025
2.	Harkins, Hunter, Tobias, York	9:16.00	1992
3.	Farley, Gonzales, Placencio, Garcia	9:29.60	1987
4.	Hatcher, Madrid, Glaude, Shadrick	9:34.66	2022
5.	Palacios, Delgado, Butler, Alchin	9:50.52	2025
6.	R. Jackson, Flores, Lawson, Piersma	9:54.70	1982
7.	Tobias, McGrath, Gann, Taylor	9:57.30	1991
8.	Harkins, Placencio, Alarcon, McGrath	9:59.30	1988
9.	McGrath, O'Neill, Girard, Hawkins	9:59.50	1990
10.	Brown, Franklin, Winfrey, Miano	10:00.38	2004

800 METER SPRINT MEDLEY

1.	Shillingford, Metsarinta, James, Garcia	1:45.26	2026
2.	Thomas, Queniat, Milton, Jardstrom	1:46.81	2024
3.	McDade, Bell, R. Jackson, Piersma	1:47.00	1982
4.	Ehinlaiye, Thomas, Rodriguez, Salazar	1:48.75	2022
5.	Burton, Ehinlaiye, Delgado, Hatcher	1:48.87	2026
6.	Stevenson, Fann, Garcia, Rodriguez	1:50.52	2025
7.	McDade, Bell, R. Jackson, Piersma	1:50.40	1982
8.	Teigen, Henderson, Winn, Franklin	1:52.93	2006
9.	Fowler, Moseby, Adamson, Polk	1:53.53	2024
10.	McDade, Robinson, Durand, Nicolls	1:53.80	1982

SPRINT MEDLEY

1.	May, Weatherford, George, Hunter	4:12.35	1993
2.	Barker, L. Jackson, Williams, Farley	4:16.30	1984
3.	McDade, Robinson, Nicolls, Flores	4:19.00	1982
4.	Hughes, Pruitt, Dismuke, Lawrence	4:21.26	1996
5.	Spears, Miranda, Lawson, Piersma	4:31.48	1982

DISTANCE MEDLEY

1.	Huerta, Gamble, Moreno, Dinh	11:58.78	2012
2.	Farley, Nicolls, Carey, Howard	12:09.90	1986
3.	Garcia, Glenn, Farley, Howard	12:10.95	1985
4.	Calvin, Henderson, Gann, Taylor	12:17.82	1981
5.	Monoszlay, Fields, Aguilar, Fernandez	12:18.17	2019
6.	Calvin, York, Harkins, Hunter	12:28.90	1992
7.	Miano, Wooten, Franklin, Valdez	12:42.34	2005
8.	Jimenez, Smith, Miano-Batres, Valdez	12:47.86	2006
9.	York, McGrath, O'Neill, Harkins	12:48.00	1990
	Difilippo, Locke, Webb, Roach	12:48.00	1986

4 X 1600 RELAY

1.	Harkins, Hunter, York, Niederhaus	21:34.00	1992
2.	Valdez, Vega, Miano-Batres, Jimenez	21:52.78	2006
3.	Miano, Valdez, Jimenez, Ray	21:59.24	2005
4.	Jimenez, Vega, Hurley, Grothe	22:29.17	2004
5.	Gann, Harkins, Hunter, York	22:38.00	1992
6.	Ray, Hakimdavar, Lopez, Hurley	23:07.08	2006
7.	Ghiglieri, Villescascas, Falcon, McCoy	24:05.50	1997
8.	Swift, Gomez, Trejo, Murena	24:44.70	1997