

CENTRAL OKLAHOMA WRESTLING RECORD BOOK

100-plus Career Wins

Place	Name and Weight	Years	Record
1.	Keith Cunningham, 158-67	1990-94	141-41-0
2.	Casy Rowell, 125-33-41	2009-14	134-32-0
3.	Randy Zellner, 118	1990-94	132-42-0
4.	Shawn Silvis, 165-74	2000-04	131-28-0
4.	Johnny Nimmo, 150-58	1986-90	131-38-1
6.	Chris Watson, 157-65	2010-15	130-28-0
6.	Cole Province, 133	2000-04	130-22-0
6.	Jeff Gowens, 126-34	1987-91	130-56-4
9.	Jody Marple, 150-65	1996-00	126-49-0
10.	Kyle Evans, 141	2005-08	125-20-0
11.	Cory Dauphin, 157	2010-14	124-22-0
12.	Ronnie James, 134-42	1980-84	122-16-1
13.	Jarrett Edison, 197	2007-12	122-55-0
14.	Todd Drake, 142-50	1989-93	121-54-4
15.	Shawn Fleming, 118	1986-90	120-32-3
16.	David James, 126-34	1976-80	116-16-0
17.	Mark Cunningham, 150-77	1993-97	113-49-0
18.	Greg Oplotnik, 190-Hvy	1987-91	111-44-2
19.	Howard Moore, 167-77	1988-92	104-39-5
20.	Muhammed Lawal, 184-97	1999-02	103-22-0
20.	Cody Dauphin, Hvy	2010-14	103-49-0
22.	Benny Coleman, 167-77	1980-84	101-18-0
23.	Gable Sullivan, 134-49	1996-01	100-33-0
23.	Joe Starzenski, 126	1981-86	100-40-2
23.	Josh LeadingFox, Hvy	2002-07	100-43-0
23.	Tanner Keck, 184	2009-13	100-55-0

Top 10 Single-Season Wins

Place	Name and Weight	Season	Record
1.	Mike Keim, 134	1994-95	47-3-0
2.	Todd Steidley, 142	1986-87	43-6-1
2.	Keith Cunningham, 158	1991-92	43-9-0
2.	Tim Elliott, 125-33	2008-09	43-12-0
5.	Chris Watson, 165	2014-15	42-0-0
6.	Shawn Silvis, 165	2003-04	41-4-0
6.	Brian Melchiori, 126	1994-95	41-5-0
6.	Ronnie James, 142	1983-84	41-4-0
9.	Five tied		40

Top 10 Career Winning Percentage

Place	Name and Weight	Years	Record	Pct.
1.	Heath Gray, 184	2018-22	94-4-0	.959
2.	Dalton Abney, 197	2019-24	89-7-0	.927
3.	Bill Mitchell, 167-77	1973-76	92-11-0	.893
4.	Ronnie James, 134-42	1980-84	122-16-1	.881
5.	David James, 126-34	1976-80	116-16-0	.879
6.	Kyle Evans, 141	2004-08	125-20-0	.862
7.	Mike Keim, 134	1992-95	72-11-0	.867
8.	Jerry Best, 142	1994-96	77-13-0	.856
9.	Cole Province, 133	2000-04	130-22-0	.855
10.	Cory Dauphin, 157	2010-14	124-22-0	.849
10.	Benny Coleman, 167-77	1980-84	101-18-0	.849

(Minimum 70 career wins)

Top 10 Career Falls

Place	Name and Weight	Years	Falls
1.	Gable Sullivan, 149	1996-01	54
2.	Johnny Nimmo, 150-58	1986-90	50
3.	Joshua Ailey, 141	2015-17	39
4.	Cody Dauphin, Hvy.	2010-14	36
5.	Dustin Finn, Hvy.	2006-10	35
5.	Jeremiah Constant, 197-Hvy.	1998-00	35
7.	Keith Cunningham, 158-67	1990-94	33
7.	Mark Dodgen, 125-33	1999-03	33
7.	Jason Tapia, 174	2002-04	33
7.	Benny Coleman, 177	1980-84	33

Top 10 Single-Season Falls

Place	Name and Weight	Season	Falls
1.	Jeremiah Constant, 197	1998-99	23
2.	Benny Coleman, 177	1983-84	21
3.	Joshua Ailey, 141	2016-17	20
3.	Jason Tapia, 174	2003-04	20
5.	Joshua Ailey, 141	2015-16	19
6.	Gable Sullivan, 149	1997-98	18
7.	Jordan Basks, 149	2013-14	17
8.	Gable Sullivan, 149	2000-01	16
8.	Mark Dodgen, 125	2000-01	16
8.	Wayne Cole	1991-92	16

Top 10 Career Technical Falls

Place	Name and Weight	Years	T. F.
1.	Kyle Evans, 141	2005-08	25
2.	Shawn Fleming, 118	1986-90	22
3.	Heath Gray, 184	2018-22	20
4.	Anthony DesVigne, 157-65-74-84	2019-24	19
5.	Casy Rowell, 125-33-41	2009-14	17
5.	Kevin Freeman, 150	1984-88	17
7.	Gabe Johnson, 149-57	2020-24	16
8.	Muhammed Lawal, 184-97	1999-02	15
7.	Five tied		12

Top 10 Single-Season Technical Falls

Place	Name and Weight	Season	T. F.
1.	Kyle Evans, 141	2007-08	11
1.	Shawn Streck, Hvy	2023-24	11
3.	Gabe Johnson, 157	2023-24	10
4.	Caleb Cotter, Hvy	2016-17	9
4.	Shawn Fleming, 118	1989-90	9
4.	Anthony DesVigne, 174-84	2023-24	9
7.	Heath Gray, 184	2018-19	8
7.	Casy Rowell, 133	2012-13	8
7.	Muhammed Lawal, 197	2000-01	8
7.	Kevin Freeman, 150	1985-86	8

Top 10 Career Major Decisions

Place	Name and Weight	Years	M.D.
1.	Chris Watson, 157-65	2010-15	36
2.	Heath Gray, 184	2018-22	34
3.	Cole Province, 133	2001-04	33
3.	Shawn Fleming, 118	1986-90	33
5.	Casy Rowell, 125-33-41	2009-14	31
6.	Jarrett Edison, 197	2007-12	29
6.	Joe Starzenski, 126	1981-86	29
6.	Ronnie James, 142	1980-84	29
9.	Mark Cunningham, 158	1993-99	28
9.	Keith Kizarr, 118	1993-99	28
9.	Keith Cunningham, 167	1990-94	28

Top 10 Single-Season Major Decisions

Place	Name and Weight	Season	M.D.
1.	Chris Watson, 165	2014-15	18
2.	Keith Kizarr, 118	1994-95	14
2.	Greg Oplotnik, 190	1989-90	14
2.	Ronnie James, 142	1983-84	14
4.	Miguel Barreras, 174	2016-17	13
4.	Chris Watson, 165	2013-14	13
4.	Muhammed Lawal, 197	2001-02	13
4.	Mike Keim, 134	1994-95	13
9.	Heath Gray, 184	2019-20	12
9.	Tim Elliott, 125	2008-09	12
9.	Shawn Fleming, 118	1987-88	12
9.	Howard Seay, 167	1985-86	12

Top Five Winning Streaks

Place	Name and Weight	Season(s)	Streak
1.	Cory Dauphin, 157	2012-14	54
2.	Heath Gray, 184	2019-22	50
3.	Ronnie James, 142	1982-84	47
4.	Cole Province, 133	2001-04	46
5.	Kyle Evans, 141	2006-08	43