



DELAWARE FIGHTIN' BLUE HENS FIELD HOCKEY GAME NOTES



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SERIES HISTORY

All Time	7-21-2
Streak	L5
At Home	2-6-2
On the Road	1-11
Neutral	3-4
Largest Win	W, 4-0 - 11/21/82
Largest Loss	L, 5-0 - 9/20/13
Last Win	W, 3-1 - 9/8/19
Last Loss	L, 2-3 (2OT) - 9/5/25

HOW TO FOLLOW

TV/Stream	BIG+
Live Stats	bluehenstats.statb.us
Announcer ...	Julia Henry, Isaac Hallock
X/Instagram	@Delaware_FH

WHO ARE WE

Only refer to our institution as the University of Delaware or UD. Do not use "U of D," "UofD," "the U of D" or "UDel." Do not use periods in "UD."

We are the Fightin' Blue Hens on first reference and Blue Hens, Hens, or Blue & Gold after that.

MEDIA RELATIONS

For interview requests for field hockey players or coaches, please contact Noah Barraclough, Assistant Director of Communications & Creative Services

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DELAWARE (1-1)

GM
3

PENN STATE (1-1)



Head Coach: Tara Zollinger
Record at UD: 8-12 (Second year)
Career Record: 126-37 (Ninth year)
Last: W, 2-1 at #18 Monmouth



Head Coach: Hannah Prince
Record at PSU: 1-1 (First year)
Career Record: 65-25 (Fifth year)
Last: W, 8-0 vs. Lock Haven

sunday, september 6, 2026 | noon | university park, pa. | penn state fh complex (750) | BTN+

OPENING PASS

Delaware Fightin' Blue Hens field hockey takes on Penn State University in its second-straight road game, looking to avenge a 3-2 double-overtime loss in 2025 against the Nittany Lions.

UD is coming off of a 2-1 win over No. 18 Monmouth, its first ranked win since 2023, and first under head coach **Tara Zollinger**.

Penelope Kousouris recorded her first-career goal against Monmouth, while fellow Wake Forest transfer **Lexi Causa** dished out her first-collegiate assist against Villanova.

In the win over the Hawks, **Alexa Michielsen** scored a goal on a putback to keep the two-goal margin, fending off any comeback from the ranked foe.

For the Nittany Lions, prior to the weekend, they took No. 5 Virginia to double overtime, falling 4-3. They followed that battle up with an 8-0 victory over Lock Haven.

Four-different Nittany Lions have recorded two goals this season. Josephine Purdy has two goals and an assist on the year, and netted two goals against UD in last year's matchup.

In 2025, **Gabby Prentice** recorded her first-career start, taking the ranked Nittany Lions to double overtime in the cage. **Kate Fiest** and **Michielsen** scored goals for UD, including the latter netting her tally with 43 seconds remaining in regulation.

SEASON LEADERS



points
2 points

(m) kousouris, (f) michielsen, (f) van't hek



goals
1 goal

(m) kousouris, (f) michielsen, (f) van't hek



assists
1 assist

(m) lexi causa



defensive
saves
1 defensive save

(m) avary miller

2026 SCHEDULE

*all times ET

 aug. 28 L, 1-2	 aug. 30 W, 2-1	 sept. 6 University Park, Pa. BIG+ Noon	 sept. 11 Columbus, Ohio BIG+ 4 PM	 sept. 13 Kent, Ohio ESPN+ Noon	 sept. 18 TBD tbd 4 PM	 sept. 20 Norfolk, Va. ESPN+ Noon	 sept. 27 Philadelphia, Pa. tbd Noon	 oct. 2 Philadelphia, Pa. ESPN+ 4 PM
 oct. 4 College Park, Md. BIG+ Noon	 oct. 9 Newark, Del. YouTube 5 PM	 oct. 11 Easton, Pa. ESPN+ 1 PM	 oct. 16 Richmond, Va. ESPN+ 5 PM	 oct. 18 Richmond, Va. ESPN+ 1 PM	 oct. 23 Newark, Del. YouTube 5 PM	 oct. 25 Newark, Del. YouTube 1 PM	 oct. 31 Newark, Del. YouTube 6 PM	 nov. 6-7 MPSF Tournament Newark, Del.

A NEW ERA

The University of Delaware has accepted an invitation to join the Mid-American Conference (MAC) as an affiliate member for field hockey beginning with the 2027-28 academic year, the organizations announced jointly on Thursday, August 6. Field hockey becomes the second Fightin' Blue Hens program to compete in the MAC, joining rowing, which started in the 2025-26 academic year.

"We are excited to continue our partnership with the MAC and be able to join in field hockey," Director of Athletics & Campus Recreation Jordan Skolnick said. "I'm grateful to the MAC Presidents and Commissioner Jon Steinbrecher for affording us the opportunity to join such a strong conference and further our commitment to an extraordinary student-athlete experience and championship aspirations for our field hockey program."

A program with rich tradition and history, Delaware enters the MAC after claiming 11 league titles in the last 14 seasons. Overall, UD has won 17 league crowns since the program's inception in 1971. The Blue & Gold have appeared in 17 NCAA/AIAW Tournament appearances, highlighted by a NCAA

National Championship in 2016. This will mark the fifth conference affiliation in the program's 54-year history.

"I am pleased to welcome the University of Delaware as an affiliate member in field hockey," MAC Commissioner Dr. Jon A. Steinbrecher said. "Delaware brings a nationally recognized program with an outstanding tradition of championship success. Its addition further strengthens an already competitive field hockey conference while expanding our valued partnership with the institution."

Field hockey is led by second-year head coach Tara Zollinger and welcomes back a strong roster in 2026, highlighted by four all-conference selections from 2025, including Sarah Rigual who spent time with the US U-21 National Team this past summer.

"We are excited and grateful for the opportunity to join a league with such a rich tradition in field hockey. I want to thank the MAC presidents and Commissioner Jon Steinbrecher," Zollinger said. "This new home creates incredible opportunities for our student-athletes to compete against outstanding programs and challenge themselves at the highest level."

Founded in 1946, the Mid-American Conference is an NCAA Division I conference that sponsors 23 championships and is one of 10 members of the Football Bowl Subdivision (FBS). The conference office is based in Cleveland, Ohio.



USA SPONSORED DELAWARE SPORTS

- Baseball
- M/W Basketball
- W Cross Country/Track & Field
- Football
- M/W Golf
- W Soccer
- Softball
- M/W Tennis
- Volleyball

OTHER DELAWARE SPORTS AFFILIATIONS

- | | | | |
|----------------|--------------------|-----------------|-------------------|
| - Field Hockey | MPSF - MAC in 2027 | - W Lacrosse | Atlantic Sun |
| - W Ice Hockey | Atlantic Hockey | - W Rowing | Mid-American |
| | America | - M Soccer | The Summit League |
| - M Lacrosse | Atlantic 10 | - M/W Swim/Dive | Atlantic Sun |

QUICK FACTS

School.....	University of Delaware
Location.....	Newark, Del.
Founded	1743
Enrollment	24,039
President	Laura Carlson
Director of Athletics.....	Jordan Skolnick
School Website.....	www.udel.edu
Nickname.....	Fightin' Blue Hens
School Colors	Blue & Gold
Athletics Website	www.bluehens.com

FIELD HOCKEY PROGRAM

Stadium.....	Fred P. Rullo Jr. Stadium
Surface	Artificial Turf
Capacity	2,000
First Season of Field Hockey.....	1971
All-Time Record	611-383-39
All-Time Rullo Stadium Record.....	158-108
National Championships	1 (2016)
Conference Championships.....	17 (last: 2025)
Head Coach	Tara Zollinger (Maryland '13)
Career Record.....	126-37 / Nine seasons
Record at UD.....	8-12
2025 Record	7-11
Letterwinners Returning/Lost.....	15/10
Starters Returning/Lost	
Field Players	5/5
Goalkeepers.....	0/1
Newcomers.....	10
2025 Overall Record.....	7-11
2025 MPSF Record.....	0-0
2025 MPSF Finish. 1st, Won MPSF Tournament	
2025 Postseason.....	N/A

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WHAT TO LOOK FOR...

- A win would earn Tara Zollinger her first win against a BIG Ten opponent, and the Hens first since September 13, 2019, a 1-0 win over Rutgers
- Three Fightin' Blue Hens are looking to make their first collegiate appearance.

on track to the mac

On Thursday, August 6, Delaware announced its new affiliation for field hockey to compete in the Mid-American Conference (MAC) starting in 2027. The Fightin' Blue Hens return to a conference that holds an NCAA Tournament autobid, that had four teams finish in the top 30 teams in RPI in 2025.

mpsf update

On September 2, 2025, Delaware announced its affiliation for field hockey to compete in the Mountain Pacific Sports Federation (MPSF). The Fightin' Blue Hens jointly founded the league with UC Davis, who they defeated 2-1, in the inaugural championship game. UD will be hosting the 2026 iteration of the championship, where a semifinal and championship will be played at Fred P. Rullo Stadium between UC Davis, Queens (NC), and Delaware.

returning rockstars

In the first season MPSF Field Hockey action, Delaware had six players named to the all-conference team, with four returning to the squad in 2026. **Kate Fiest, Linde van Leeuwen, Alexa Michielsen, and Sarah Rigual** all earned the nod.

hens go national & international

Senior midfielder **Sarah Rigual** was named to the United States U-21 Women's National Field Hockey Team in February 2026, coached by alumnae **Ange Bradley '88**. She competed for Team USA in the Junior Pan American Cup in April, scoring a goal against Mexico. Rigual also played in the 4 Nation's Tournament in England, where the United States took first.

the biz gets to work fast

Delaware freshman **Avary Miller** nicknamed "**The Biz**" earned MPSF Defensive Player of the Week after a stellar defensive weekend against Villanova and Monmouth. She is the first freshman in program history to win an MPSF weekly award

penn state connections

Delaware's **Tetje Williamson** competed with Penn State's **Morgan Snyder** on the field hockey team at Oley Valley HS. The Nittany Lions' **Kira Takahashi-Trader** and **Kate Fiest** teamed up at Tabb High School.

fresh hens

Seven freshmen join UD in 2026, with two staying in The First State and two from the Netherlands. **Jane Baldy, Saar de Boer, Kate Judy, Avary Miller, Juulke Zanders, Claire O'Connor, and Kate Klesel** are all in their first collegiate season. Judy and Miller come to Newark from Caravel Academy and Cape Henlopen HS.

playing at psu

Delaware has played Penn State each of the last six seasons. **Alexa Michielsen and Kate Fiest** have scored against the Nittany Lions in their careers.

pep in her step

Delaware sophomore **Penelope Kousouris** scored her first-career goal on a breakaway in a win against No. 18 Monmouth.

nfca nods

On Thursday, August 27, the NFCA named **Kate Fiest, Alexa Michielsen, and Sarah Rigual** to its Division I preseason watchlist.

2026 STATISTICAL COMPARISON

Category	DEL	NCAA	MPSF	PSU	NCAA	BIG
Assists Per Game	0.50	51st	2nd	5.50	3rd	1st
Defensive Saves	1	7th	3rd	--	--	--
Goals Against Average	1.50	25th	1st	1.91	38th	7th
Goals Per Game	1.50	34th	1st	5.50	2nd	1st
Penalty Corners Per Game	5.00	33rd	1st	7.00	17th	3rd
Points Per Game	3.50	46th	2nd	16.50	2nd	1st
Save Percentage	0.400	69th	3rd	0.600	54th	7th
Saves Per Game	1.00	65th	3rd	3.00	47th	3rd
Scoring Average	1.50	34th	2nd	5.26	2nd	1st
Scoring Margin	--	--	--	3.35	7th	1st
Shutouts Per Game	--	--	--	0.50	4th	2nd
Winning Percentage	0.500	21st	1st	0.500	21st	5th

returning production

UD will return several key field players to the squad for the 2026 season. Fourteen field players return for Delaware this year and account for 60-percent of the program's goals and 71-percent of the team's assists.

a hek of a season

Livia van't Hek returns for her second year in Blue & Gold after leading the MPSF in goals by a freshman with five.

destined to be a hen

Head coach **Tara Zollinger** was coached by **Missy Meharg** '85 as an undergraduate at the University of Maryland and took her first collegiate coaching job under **Ange Bradley** '88 at Syracuse in 2013.

mvp mvp mvp

Freshman goalkeeper **Jane Baldy** was named MVP of the 2026 Longstreth Senior All-American Game for Team South at The Proving Grounds in Conshohocken, Pennsylvania in July.

dancing duo

Sophomore midfielders **Brynn String** and **Carmella Gannon** are both from Felton, Delaware and attended dance class together as young kids before playing field hockey for Lake Forest HS and Delaware.

back home

Delaware hired assistant coach **Sydney Rhodes-James** in July 2025. The program alum returned to Newark after four seasons as an assistant coach at Penn. Rhodes-James appeared in 50 games in goal at Delaware, including nine in 2016, the year in which the Blue Hens captured the national championship.

ranked win

In Delaware's win over No. 18 Monmouth, head coach Tara Zollinger earned her first ranked win since November 10, 2024, when her Shippensburg Raiders took down No. 10 Limestone in the Division II NCAA Quarterfinal.

family ties

Delaware field hockey has become a family affair over the years. Many sisters and mother-daughter pairs have suited up in the blue & gold over the programs 55 seasons. The Blue Hens have four such duos across the 2026 roster.

M **Tetje Williamson** is the daughter of **Kelly Cawley** '99, a Delaware Athletics Hall of Famer who ranks second all-time in points.

M **Kate Judy** is the daughter of **Jenn Fotiou** '02, who now works at Delaware as the Sr. Associate AD, Talent Management & Organizational Development.

M **Sarah Rigual's** sister, **Morgan Rigual**, made 68 appearances for Delaware. She graduated in 2023, assisting the Blue Hens to the NCAA Tournament three times.

Assistant coach **Sydney Rhodes-James** and her twin sister, **Sabrina**, shared the field in 2016 and 2017, winning an NCAA Championship in Sydney's freshman season.

elite company

Tara Zollinger currently holds the eighth-highest active winning percentage in the NCAA of a coach who has coached over 100 games (.776).

tara's tale

Tara Zollinger was hired in March 2025 to be the seventh head coach in program history. She won three DII National Championships at Shippensburg, and made the semifinal game in all six of her NCAA Tournament appearances. Zollinger coached to a record of 118-25 (.825), producing 41 all-league players, and 23 All-Americans in her time with the Raiders.

throwback to 2016

2026 marks 10 years since Delaware won the NCAA Division I Field Hockey National Championship. That win secured the third NCAA national championship in school history. The team will be honored against Lehigh on October 9.

host school

The Blue Hens are set to host the MPSF Tournament at Fred P. Rullo Stadium this fall. The semifinal will take place on November 6, with the championship following on November 7. All three MPSF institutions: Queens, UC Davis, and Delaware will compete. The last time the Blue Hens have hosted a conference tournament was in 2022, their eighth-consecutive time hosting the CAA Tournament. Delaware is 15-1 since 2002 in conference tournament games at Rullo Stadium and 17-1 overall in postseason play at the venue. There will be two Conference USA championships that will be hosted at Stuart and Suzanne Grant Stadium in the 2026-27 academic year, with women's soccer taking place in the fall, along with the outdoor track & field championships in the spring of 2027. UD also hosted the CUSA Softball Tournament in May 2026.

kate cubed

On the 2026 roster, Delaware has three student-athletes named Kate. **Kate Fiest**, **Kate Judy**, and **Kate Klesel**. This is the first time since 2021 that the team has rostered three members with the same first name (**Grace - Franden**, **Hoepfner**, **Miller**).

starting fast

The fastest goal to open a game in program history was set by **Michelle Drummonds** vs. Vermont on August 28, 2010 at 31 seconds into the contest. The fastest goal scored under **Tara Zollinger** was netted by **Iris Bekker** vs. William & Mary on September 26, 2025 at 1:28.

familiar foe turned friend

Lafayette graduate **Josephine van Wijk** serves as team manager for Delaware as she pursues a masters of science in Sport Business Analytics. In the Leopard's 6-4 win at Delaware last season at Fred P. Rullo Stadium, van Wijk scored a goal.

nfhca's highest honor

Program alumnae **Ange Bradley** '88 HOF '05 was selected to the NFHCA HOF in August and will be inducted on January 14, 2027.

team usa overseas

During the 2026 World Masters Cup in the Netherlands and Belgium, **Erin Tarburton (Marihugh) '10, Missy Arenz (Woodie) '11, Michelle Finegan (Reilly) '84, Lindsey Heppner (Piester) '07, Kelly Williamson (Cawley) '99, Jenn Judy (Fotiou) '02, Patti Webb (Fichter) '94, Elaine Pomian '82, and Karen Stout '82/EdD '95** all competed for Team USA.

history repeats itself

In 1998, **Kelly Williamson (Cawley)** was a senior on Delaware's field hockey team, when a freshman named **Jenn Fotiou (Judy)** started her collegiate career. In 2026, Kelly's daughter **Tetje Williamson** is a senior for the Blue Hens as Jenn's daughter, **Kate Judy**, is a freshman.

smurf turf!

University of Delaware's Fred P. Rullo Stadium, which is home to the Fightin' Blue Hens' field hockey program, is undergoing a turf renovation, the Department of Athletics announced Friday, May 29. This is the first turf renovation at Rullo Stadium since 2017. The new AstroTurf Poligras Platinum Turf System over 10mm Elayer over porous asphalt is currently being installed and is replacing the AstroTurf A12 turf system. The new field will feature a blue main field with a green border.

standing in the hall of fame

Program alumnae **Greta Nauck '19** was selected to the University of Delaware Athletics Hall of Fame in August and will be inducted on October 10, 2026.

coach kristi

Delaware alum **Kristi Merashoff '26** became an assistant coach at DIII Goucher College in her home state of Maryland starting in the 2026 season.

green stamina bar

Across Delaware's two contests on the 2026 season, **Lily Cosner** and **Linde van Leeuwen** have played all 120 minutes.

all year hockey!

Penelope Kousouris, a sophomore transfer from Wake Forest, competed in both ice hockey and field hockey in high school.

mpsfs mates

The University of Delaware is not the only CUSA member institution that competes in the MPSF. New Mexico State Women's Swimming & Diving is also a member of the conference, who placed second last year at the MPSF Championships.

familiar homes as foes

Delaware coaching staff members **Devin Kinzel** and **Tara Zollinger** will be taking on their alma maters, Temple and Maryland, respectively, as opposing coaches for the first time in their careers when UD hits the road from October 2-4.

new, but also experienced

Head Coach **Tara Zollinger** and staff have three transfers joining the Fightin' Blue Hens for 2026. **Penelope Kousouris** and **Lexi Causa** come to UD from Wake Forest, while **Josefina D'Alessandro** will play her first NCAA season as a fifth year after time at Argentina de la Empresa.

keeping them out of the corner

In Delaware's win over Monmouth, they only allowed one penalty corner. The one foul allowed by UD ties for the least under **Tara Zollinger**, tying the one given up in wins over Lock Haven and Towson in 2025. In those three games, the defense has conceded just one goal in the 180 minutes.

CAREER GAMES/STARTS

Back	Games	Starts
Lily Cosner	42	22
Linde van Leeuwen	37	33
Elle Patterson	14	0
Midfield	Games	Starts
Alexa Michielsen	60	31
Kate Fiest	57	47
Sarah Rigual	53	26
Tetje Williamson	46	12
Katie Clarke	20	10
Ella Cellini	20	0
Brynn String	18	0
Avary Miller	2	1
Juulke Zanders	2	0
Carmella Gannon	1	0
Kate Klesel	1	0
Forward	Games	Starts
Amanda Rattay	20	4
Livia van't Hek	19	2
Lexi Causa	16	1
Charlotte Robertson	7	0
Penelope Kousouris	4	0
Josefina D'Alessandro	2	0
Goalkeeper	Games	Starts
Gabby Prentice	8	6
Jane Baldy	1	0

CURRENT STREAKS

	Consecutive GP/GS	Pos
Alexa Michielsen	42/18	F
Lily Cosner	40/3	B
Linde van Leeuwen	36/15	B
Katie Clarke	20/4	M
Ella Cellini	20/2	M
Amanda Rattay	20/0	
Brynn String	12/2	M
Livia van't Hek	5/2	F
Josefina D'Alessandro	2/2	F
Gabby Prentice	2/2	GK
Lexi Causa	2/1	M
Avary Miller	2/1	M
Penelope Kousouris	2/0	
Charlotte Robertson	2/0	
Juulke Zanders	2/0	
Tetje Williamson	1/0	
Carmella Gannon	1/0	

ON THIS DATE IN DELAWARE FIELD HOCKEY HISTORY...**SEPT.**

Delaware is 9-3 in games played on September 6.

6

In 2009, Delaware defeated Brown 10-2, tying its record for goals in a game, while Casey Howard scored five on her own. The five scores marked the most in a game by an individual in program history.

DELAWARE RECORD WHEN...

	2026	ZOLLINGER
Overall	1-1	8-12
Conference	--	0-0
Non-conference	1-1	8-12
Playoffs	--	1-0
Home	--	3-7
Away	1-0	3-4
Neutral	0-1	1-1
Current streak	W1	W1
Current home streak	--	L5
Current road streak	W1	W1
Current neutral streak	L1	L1
Day game	1-1	7-12
Night game	--	1-0
August	1-1	0-2
September	--	4-4
October	--	2-4
November	--	1-1
vs. Top 5 teams	--	0-2
vs. Top 10 teams	--	0-0
vs. Top 25 teams	1-0	1-2
vs. unranked teams	0-1	7-8
On natural grass	--	0-0
On artificial surface	1-1	8-12
Scoring first	1-0	8-2
Opponent scores first	0-1	0-10
Leading after 1st	--	2-2
Trailing after 1st	--	1-6
Tied after 1st	1-1	4-1
Leading at halftime	1-0	5-3
Trailing at halftime	0-1	0-5
Tied at halftime	--	2-3
Leading after 3rd	1-0	7-2
Trailing after 3rd	0-1	0-6
Tied after 3rd	--	0-3
Overtime	--	0-2
Shootout	--	0-0
Scoring 0 goals	--	0-2
Scoring 1 goal	0-1	1-5
Scoring 2 goals	1-0	4-2
Scoring 3+ goals	--	3-2
Allowing 0 goals	--	3-0
Allowing 1 goal	1-0	5-0
Allowing 2 goals	0-1	0-3
Allowing 3+ goals	--	0-9
Game decided by 1	1-1	4-7
Game decided by 2	--	2-1
Game decided by 3+	--	2-4
With 1-5 shots	--	1-2
With 6-10 shots	1-0	1-5
With 11-15 shots	--	3-1
With 16-20 shots	0-1	2-4
With 21+ shots	--	1-0
Allowing 1-5 shots	--	2-0
Allowing 6-10 shots	1-1	4-3
Allowing 11-15 shots	--	0-4
Allowing 16-20 shots	--	2-3
Allowing 21+ shots	--	0-2
Leading in shots	1-1	6-4
Trailing in shots	--	2-7
Tied in shots	--	0-1
Leading in corners	1-1	5-6
Trailing in corners	--	1-6
Tied in corners	--	2-0
Leading in saves	--	1-5
Trailing in saves	1-1	7-5
Tied in saves	--	0-2
Received yellow card	1-0	2-3
Opp. received yellow	--	2-3
Received red card	--	0-0
Opp. received red card	--	0-0
Black on black uniform	--	1-3
Blue on blue uniform	0-1	3-5
White on white uniform	1-0	4-4

bringing some friends along

Head coach **Tara Zollinger** brought her assistant coach from Shippensburg in **Ally Mooney** to the 302 to coach the goalkeepers. Mooney played for Zollinger from 2017-18, where the pair won two national championships. Graduate M/F **Alexa Michielsen** joined the Fightin' Blue Hens after three seasons at Shippensburg, where she played in 40 games, scoring 10 goals. She earned All-PSAC Third Team honors and was the 2024 PSAC Field Hockey Tournament MVP.

elite eight

Delaware has eight returners this year that appeared in all 18 games last year, including three rising sophomores - **Kate Fiest, Sarah Rigual, Alexa Michielsen, Lily Cosner, Linde van Leeuwen, Katie Clarke, Ella Cellini, and Amanda Rattay.**

TEAM RECORDS

Most goals scored in a game
10, twice 8/28/15
at Central Michigan

Most assists in a game
10 8/28/15
at Central Michigan

Most Points in a game
30, 10 goals, 10 assists 8/28/15
at Central Michigan

INDIVIDUAL RECORDS TO KNOW

Most goals scored in a game
5, Casey Howard, vs Brown 9/6/09

Most assists in a game
Three with 3, Femke Strein vs. JMU 11/8/19

Most Points in a game
12, Casey Howard, vs Brown 9/6/09

Most Saves in a game
28, Kim Lockbaum, vs. Maryland 9/13/94

LAST TIME A BLUE HEN...

Multiple goals in a game
Emma Miller vs. California 8/31/25

Hat trick in a game
Kiki Oudshoorn vs. Columbia 9/3/23

Scored on a penalty stroke
Rachael Whitehead vs. Lafayette 10/31/25

Had multiple assists in a game
Rachael Whitehead vs William & Mary 9/26/25

Had three assists in a game
Berber Bakermans vs. Drexel 11/6/22

5 points in a game
Iris Bekker vs. California 8/31/25

6 points in a game
Kiki Oudshoorn vs. Columbia 9/3/23

8 points in a game
Lotte de Koning vs. James Madison 11/8/19

8 shots in a game
Julia Duffhuis vs. Northeastern 10/6/23

Multiple defensive saves in a game
Lily Cosner vs. Lafayette 10/31/25

10 saves in a game
Kristi Merashoff vs Northwestern (10) 9/19/25

Solo GK shutout
Kristi Merashoff at Towson 10/3/25

ZOLLINGER ALL-TIME VS DI OPPONENTS

American	0-1	Lehigh	0-0	Penn State	0-1	Wake Forest	0-1
Bucknell	1-0	Lock Haven	1-0	Richmond	0-0	William & Mary	1-0
Cal	0-1	Maryland	0-0	Saint Joseph's	0-1	*bold indicates 2026 opponent	
Drexel	1-0	Monmouth	1-0	Temple	0-1		
Fairfield	0-0	Northwestern	0-1	Towson	1-0		
Georgetown	0-0	Ohio State	0-1	UC Davis	1-0		
Kent State	1-0	Old Dominion	0-1	VCU	0-0		
Lafayette	0-1	Penn	0-1	Villanova	0-1		

2026 DELAWARE NUMERICAL ROSTER

NOTE: All student-athletes' roster classification are listed based on the new age-based eligibility model. Freshman = first year, sophomore = second year, junior = third year, senior = fourth year, 5th = fifth year. Those who have been granted waivers by the NCAA under the previous eligibility model could be indicated as 6th.

#	NAME	YR.	POS.	HT.	HOMETOWN/HIGH SCHOOL (PREV. SCHOOL)
1	Lily Cosner	Jr.	B	5-2	Doylestown, Pa. / Central Bucks West
2	Penelope Kousouris	So.	M/F	5-2	Baltimore, Md. / Bryn Mawr School (Wake Forest)
3	Kate Judy	Fr.	M	5-8	Newark, Del. / Caravel Academy
4	Avary Miller	Fr.	M	5-2	Lewes, Del. / Cape Henlopen
5	Amanda Rattay	So.	F	5-6	Newark, Del. / Newark Charter
6	Tetje Williamson	Sr.	M	5-4	Oley, Pa. / Oley Valley
7	Linde van Leeuwen	Jr.	B	5-6	Heemstede, Netherlands / Lyceum Sancta Maria (Bryant)
9	Lexi Causa	Jr.	M/F	5-8	Easton, Pa. / Easton Area (Wake Forest)
10	Ella Cellini	So.	M	5-5	Phoenixville, Pa. / Villa Maria Academy
11	Elle Patterson	Sr.	B	5-7	Ashburn, Va. / Independence
12	Charlotte Robertson	So.	M/F	5-6	Edinburgh, Scotland / Millfield School
13	Saar de Boer	Fr.	M	5-7	Amersfoort, Netherlands / Vathorst College
14	Brynn String	So.	M	5-7	Felton, Del. / Lake Forest
15	Sarah Rigual	Sr.	M	5-3	Fredericksburg, Va. / James Monroe
17	Kate Fiest	Sr.	M	5-6	Yorktown, Va. / Tabb
18	Livia van't Hek	So.	F	5-8	Amsterdam, Netherlands / St. Nicolasslyceum
19	Carmella Gannon	So.	M	5-9	Felton, Del. / Lake Forest
20	Kate Klesel	Fr.	F	5-5	Houston, Texas / Episcopal
21	Alexa Michielsen	5th	M/F	5-4	Bloemendaal, Netherlands / (Shippensburg)
22	Claire O'Connor	Fr.	M/B	5-6	Narberth, Pa. / Lower Merion
24	Katie Clarke	So.	M	5-8	Purcellville, Va. / Loudoun Valley
26	Josefina D'Alessandro	5th	F	5-6	Buenos Aires, Argentina / United (Argentina de la Empresa)
28	Juulke Zanders	Fr.	M	5-5	Venlo, Netherlands / Wings Agora, Roermond
86	Gabby Prentice	So.	GK	5-8	Arnold, Md. / Archbishop Spalding
99	Jane Baldy	Fr.	GK	5-7	Ellicott City, Md. / Centennial

Head Coach: Tara Zollinger (Maryland '13) - second season at UD, ninth overall

Assistant Coach: Ally Mooney (Shippensburg '18) - second season

Assistant Coach: Devin Kinzel (Temple '24) - second season

Assistant Coach: Sydney Rhodes-James (Delaware '19) - second season

Student Manager: Josephine van Wijk (Lafayette '26)

ALPHABETICAL

#	NAME	POS.
99	Jane Baldy	GK
9	Lexi Causa	M/F
10	Ella Cellini	M
24	Katie Clarke	M
1	Lily Cosner	B
26	Josefina D'Alessandro	F
13	Saar de Boer	M
17	Kate Fiest	M
19	Carmella Gannon	M
3	Kate Judy	M
20	Kate Klesel	M
2	Penelope Kousouris	M/F
21	Alexa Michielsen	M/F
4	Avary Miller	M
22	Claire O'Connor	M/B
11	Elle Patterson	B
86	Gabby Prentice	GK
5	Amanda Rattay	F
15	Sarah Rigual	M
12	Charlotte Robertson	M/F
14	Brynn String	M
18	Livia van't Hek	F
7	Linde van Leeuwen	B
6	Tetje Williamson	M
28	Juulke Zanders	M

PRO-NUN-SEE-AY-SHUNS

PLAYERS & COACHES

#2	Penelope Kousouris	koh-SAW-ruhs
#5	Amanda Rattay	RUH-tay
#6	Tetje Williamson	TOT-chee
#7	Linde van Leeuwen	linda von lay-WIN
#9	Lexi Causa	KAW-zuh
#13	Saar de Boer	sahr deh-BOOR
#15	Sarah Rigual	rig-AL
#17	Kate Fiest	like feisty
#18	Livia van't Hek	live-e-ya von tek
#20	Kate Klesel	KLEH-suhl
#21	Alexa Michielsen	meek-YULE-son
#26	Josefina D'Alessandro	ho-seh-FEE-nah dah-less-AHN-dro
#28	Juulke Zanders	YOOL-kuh ZAN-derz

HC	Tara Zollinger	zoll-in-GRR
AC	Ally Mooney	moon-EE
AC	Devin Kinzel	kin-zell
Manager: Josephine van Wijk yo-zay-FEEN fahn VEYK		

TOWNS

Newark	new-ARK
Lewes	LOU-is
Oley	ol-EE
Heemstede	heem-STED
Bloemendaal	BLUE-min-doll

HEAR OUR NAMES



2026 DELAWARE ROSTER BREAKDOWN

BACKS (3)

1	Lily Cosner	B	Jr.	5-2	Doylestown, Pa. / Central Bucks West
7	Linde van Leeuwen	B	Jr.	5-6	Heemstede, Netherlands / Lyceum Santa Maria (Bryant)
11	Elle Patterson	B	Sr.	5-7	Ashburn, Va. / Independence

FORWARDS (5)

5	Amanda Rattay	F	So.	5-6	Newark, Del. / Newark Charter
18	Livia van't Hek	F	So.	5-8	Amsterdam, Netherlands / St. Nicolaaslyceum
20	Kate Klesel	F	Fr.	5-5	Houston, Texas / Episcopal
21	Alexa Michielsens	M/F	Gr.	5-4	Bloemendaal, Netherlands / Intl. School of Amsterdam (Shippensburg)
26	Josefina D'Alessandro	F	5th	5-6	Buenos Aires, Argentina / United (Argentina de la Empresa)

MIDFIELDERS (15)

2	Penelope Kousouris	M/F	So.	5-2	Baltimore, Md. / The Bryn Mawr School (Wake Forest)
3	Kate Judy	M	Fr.	5-8	Newark, Del. / Caravel Academy
4	Avary Miller	M	Fr.	5-2	Lewes, Del. / Cape Henlopen
6	Tetje Williamson	M	Sr.	5-4	Oley, Pa. / Oley Valley
9	Lexi Causa	M	Jr.	5-8	Easton, Pa. / Easton Area (Wake Forest)
10	Ella Cellini	M	So.	5-5	Phoenixville, Pa. / Villa Maria Academy
12	Charlotte Robertson	M/F	So.	5-6	Edinburgh, Scotland / Millfield School
13	Saar de Boer	M	Fr.	5-7	Amersfoort, Netherlands / Vathorst College
14	Brynn String	M	So.	5-7	Felton, Del. / Lake Forest
15	Sarah Rigual	M	Sr.	5-3	Fredericksburg, Va. / James Monroe
17	Kate Fiest	M	Sr.	5-6	Yorktown, Va. / Tabb
19	Carmella Gannon	M	So.	5-9	Felton, Del. / Lake Forest
22	Claire O'Connor	M/F	Fr.	5-6	Narberth, Pa. / Lower Merion
24	Katie Clarke	M	So.	5-8	Purcellville, Va. / Loudoun Valley
28	Juulke Zanders	M	Fr.	5-5	Venlo, Netherlands / Wings Agora, Roermond

GOALKEEPERS (2)

86	Gabby Prentice	GK	So.	5-8	Arnold, Md. / Archbishop Spalding
99	Jane Baldy	GK	Fr.	5-7	Ellicott City, Md. / Centennial

GEOGRAPHICAL

Argentina (1)

26	Josefina D'Alessandro	F
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Delaware (5)

3	Kate Judy	M
4	Avary Miller	M
5	Amanda Rattay	F
14	Brynn String	M
19	Carmella Gannon	M

Maryland (3)

2	Penelope Kousouris	M/F
86	Gabby Prentice	GK
99	Jane Baldy	GK

Netherlands (5)

7	Linde van Leeuwen	B
13	Saar de Boer	M
18	Livia van't Hek	F
21	Alexa Michielsens	M/F
28	Juulke Zanders	M

Pennsylvania (5)

1	Lily Cosner	B
6	Tetje Williamson	M
9	Lexi Causa	M
10	Ella Cellini	M
22	Claire O'Connor	M/F

Scotland (1)

12	Charlotte Robertson	M
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Texas (1)

20	Kate Klesel	F
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Virginia (4)

11	Elle Patterson	B
15	Sarah Rigual	M
17	Kate Fiest	M
24	Katie Clarke	M

ROSTER BY CLASS

FIFTH YEARS (2)	SENIORS (4)	JUNIORS (3)	SOPHOMORES (10)	FRESHMEN (6)
Josefina D'Alessandro	Kate Fiest	Lily Cosner	Ella Cellini	Jane Baldy
Alexa Michielsens	Elle Patterson	Lexi Causa	Katie Clarke	Saar de Boer
	Sarah Rigual	Linde van Leeuwen	Carmella Gannon	Kate Judy
	Tetje Williamson		Penelope Kousouris	Kate Klesel
			Claire O'Connor	Avary Miller
			Gabby Prentice	Juulke Zanders
			Amanda Rattay	
			Charlotte Robertson	
			Brynn String	
			Livia van't Hek	

302 BUILT

For the second-consecutive season, Delaware field hockey rosters five players who hail from The First State.

Kate Judy, Avary Miller, Amanda Rattay, Brynn String, and Carmella Gannon all stay home for college field hockey.

In 2026, all three Delaware counties (New Castle, Kent, and Sussex) are represented by field hockey student-athletes.



HEAD COACH TARA ZOLLINGER

Hometown: Jeannette, Pa.
High School: Hempfield Area
Alma Mater: Maryland '13
Degree: Sociology
Year in Coaching: 12th in 2025
 (Second as head coach at UD)

NOTABLE HIGHLIGHTS

3x Division I National Champ. (10, 11, 15)
 3x Division II National Champ. ('17, '18, '21)
 Division II Runner-Up (2022)
 6x Division II Semifinal Appearances
 ('17, '18, '21, '22, '23, '24)
 4x NFHCA National Staff of the Year
 2x PSAC Coach of the Year
 3x Conference Champ. (PSAC (2x), MPSF)

AS DELAWARE HEAD COACH

Year	2nd in 2026
Overall Record	8-12
Home	3-7
Away/Neutral	5-5
vs. Top 25 Teams	1-1
vs. Top 10/Top 5 Teams	0-0/0-2
In Conference Games	0-0

ZOLLINGER YEAR-BY-YEAR

YEAR	W-L	PCT.	CONF
2017	17-4	.810	9-1
2018	19-4	.826	8-2
2019	12-6	.667	8-2
2021	20-0	1.000	10-0
2022	16-4	.800	7-2
2023	15-5	.750	8-1
2024	19-2	.905	9-0
2025	7-11	.389	0-0
2026	1-1	.500	0-0
TOTAL	8-12	.400	0-0
CAREER	126-37	.773	59-8
Postseason: 10-3 in NCAA DII Playoffs			

HEAD COACH TARA ZOLLINGER

Three-time Division II national championship winning head coach **Tara Zollinger** enters her second season as the head coach for Delaware field hockey in 2026-27 after leading the team to a conference championship in her first year at the helm.

In her first season, she coached Iris Bekker to the MPSF Defensive Player of the Year, while Bekker and five others earned All-MPSF honors.

She joined the Fightin' Blue Hens in March 2025 after eight seasons at Division II Shippensburg University. During her first campaign, Delaware joined the Mountain Pacific Sports Federation (MPSF), where Zollinger coached the Hens to a 2-1 victory over UC Davis in the conference's inaugural championship.

Zollinger came to Newark after spending the previous eight seasons (2017-24) as the head coach at DII Shippensburg in Pennsylvania where she won national championships in 2017, 2018, and 2021. She also led the Raiders to the 2022 national title game and semifinal appearances in 2023 and 2024.

A Jeannette, Pennsylvania native, Zollinger boasts a 118-25 career record, including 59-8 in conference play, and 10-3 in NCAA Tournaments. She has directed four National Field Hockey Coaches Association (NFHCA) Regional Coaching Staffs of the Year, and a trio of NFHCA National Coaching Staffs of the Year.

Over the course of her eight seasons in Shippensburg, Zollinger has produced 41 all-league players, and 23 All-Americans. She's claimed four regular season Pennsylvania State Athletic Conference (PSAC) titles and a pair of conference tournament titles.

Prior to taking the reins for the Raiders, she spent four seasons (2013-16) as an assistant coach at Syracuse where she worked for former Blue Hen and UD Athletics Hall of Fame inductee (2005) Ange Bradley. She helped Bradley and the Orange to a national championship, ACC regular season title, and both NFHCA regional and national coaching staff of the year awards.

At Syracuse, Zollinger was a part of one of the school's most successful seasons. She

helped instruct a 2015 team that posted a perfect 16-0 regular-season record – the first team in 25 seasons to achieve the feat. The No. 1-ranked Orange also swept the 2015 ACC postseason awards, becoming the first team to do so since North Carolina in 1994.

A two-time PSAC Coach of the Year, Zollinger also serves as a coach with USA Field Hockey. She's held a number of roles including nexus coach (2021-25), supplemental coach for the women's U21 team (2024), high performance mid-atlantic region coach (2017-19), talent selection (2013-15, 2018, 2021-24), U14 futures national championship coach (2016-17), futures head coach and director (2014-17), and futures assistant coach (2010-14).

On the national level, Zollinger served a two-year term (2017-18 and 2018-19) as the field hockey representative on the coaches' council for WeCOACH (formerly Alliance of Women Coaches). She was one of 15 coaches from across the country spanning all three NCAA divisions that served on the council, serving as an ambassador in coaching communities and networks. At the completion of her term, Zollinger graduated from WeCOACH Academy 2.0.

She played college field hockey for former Blue Hen and UD Athletics Hall of Famer (1998) Missy Meharg at Maryland. For the Terps, Zollinger was an attacker who won two NCAA Championships (2010, 2011) and two ACC Championships (2009, 2010) – reaching the Final Four in all four of her collegiate seasons. She received Maryland's Kateri Simon Award in 2012, recognizing an athlete that persevered in times of adversity and displayed courage while bringing positive energy to all team sessions.

Zollinger earned her undergraduate degree in sociology in 2013 and was an active member of the Student-Athlete Advisory Committee (SAAC). She was also a development assistant with the University of Maryland Terrapin Club, coordinating and organizing member and donor events.

She also holds two master's degrees in sport administration (2019) and sport and exercise psychology (2018) from Lock Haven.

ZOLLINGER'S COACHING HISTORY

YEAR	SCHOOL	POSITION
2025-Pres.	Delaware	Head Coach
2017-24	Shippensburg	Head Coach
2013-16	Syracuse	Assistant Coach

SUPERLATIVES UNDER TARA ZOLLINGER

Most Goals	6, vs. William & Mary (9/26/25)
Goals Allowed	6, vs. Lafayette (10/31/25)
Shots	22, vs. Towson (10/3/25)
Shots Allowed	30, vs. Northwestern (9/19/25)
Shots on Goal	16, vs. William & Mary (9/26/25)
Saves	10, vs. Northwestern (9/19/25)

ASSISTANT COACHES



ALLY MOONEY
ASSISTANT COACH

Mooney enters her second season as an assistant coach with Delaware field hockey in 2026 after being hired in April of 2025.

Primarily working with the goalies, Mooney assisted both netminders to shutouts in 2025, marking the first time that multiple goalkeepers recorded clean sheets in a season since 2018.

During her first campaign, Delaware joined the Mountain Pacific Sports Federation (MPSF), where Mooney helped the Hens to a 2-1 victory over UC Davis in the conference's inaugural championship.

Mooney came to Newark after spending the previous three seasons under Zollinger at DII Shippensburg, where she served as the program's defensive coordinator. She led a unit that sat atop the nation in goals against average (0.80) and scoring margin (+2.71), while sitting third in shutouts per game (0.48).

In charge of the Raider goalkeepers, Mooney oversaw the emergence of the NCAA Division II leader in save percentage (.821) and helped guide the Raiders to the PSAC Championship game and the NCAA DII Semifinals during the 2023 season.

Mooney joined the coaching staff at her alma mater in 2022, and helped guide the Raiders to their second-consecutive NCAA Division II National Championship Game appearance.

Mooney returned to Shippensburg after spending three seasons as an assistant coach at Appalachian State University, contributing to numerous accomplishments with the Mountaineers.

As a student-athlete at Shippensburg, Mooney was a starting goalkeeper who helped the Raiders win three consecutive NCAA Division II National Championships from 2016-18. She registered a 68-16 record and had an .816 save percentage, recording 24 shutouts between the posts and allowing less than a goal per game over the course of her career.

A native of Spring City, Pa., Mooney earned a bachelor's degree in exercise science with a minor in coaching in December 2018 and her master's degree from Shippensburg in 2023 in organizational development and leadership with a concentration in business.



DEVIN KINZEL
ASSISTANT COACH

Kinzel will begin her second campaign as an assistant coach with the Delaware field hockey program for the 2026 season after being hired in July 2025.

During her first campaign, Delaware joined the Mountain Pacific Sports Federation (MPSF), where Kinzel helped the Hens to a 2-1 victory over UC Davis in the conference's inaugural championship.

Kinzel spent four seasons on the Temple University field hockey team and assumed a role as a volunteer assistant with her alma mater beginning in January of 2025.

During her playing career, she was a team captain her senior season and earned All-BIG EAST Second Team honors while helping the Owls achieve their furthest postseason run since 2015.

Her stint as a coach with her former team allowed her to assist with team management and game preparation, as well as mentoring players while encouraging academic and athletic success.



SYDNEY RHODES-JAMES
VOLUNTEER ASSISTANT COACH

Sydney Rhodes-James will begin her second campaign as an assistant coach with the Delaware field hockey program for the 2026 season after being hired in July 2025.

During her first campaign, Delaware joined the Mountain Pacific Sports Federation (MPSF), where Kinzel helped the Hens to a 2-1 victory over UC Davis in the conference's inaugural championship. This was the fifth conference championship Rhodes-James has been a part of as a Fightin' Blue Hen.

Rhodes-James returned to Newark after graduating in 2019 and making multiple coaching stops along the way.

The Delaware alum was a five-year goalie for the Blue Hens, who made 50 appearances, including nine during the Hen's run to capturing the 2016 NCAA Division I Championship. She graduated in 2019 with a bachelor's degree in health behavior science from Delaware's College of Health Sciences.

Her collegiate coaching experience includes time as an assistant coach with the University of Pennsylvania, where she spent four seasons from 2021-24 with a specialized focus in coaching the goalkeepers and organizing team logistics.

During that time, Penn was able to have a goalie earn First Team All-Ivy League under Rhodes-James' tutelage.

After leaving Philadelphia, Rhodes-James reconnected with H2O in January 2025, becoming the program's co-director, head coach, and head goalkeepers coach for players aged 10-19.

SUPPORT STAFF

Dorian Shaw // Sport Administrator
Bridget Burger // Academic Advisor
Madison Feeser // Athletic Trainer
Katie Bertolet // Strength & Conditioning
Hanalyn Podgurski // Nutritionist
Christina Rasnake // Director, Sports Science & Analytics

Andrew Reisman, MD // Chief Medical Officer
Noah Barraclough // Communications Contact
Josephine van Wijk // Team Manager
Nico Campbell // Practice Player

COACHES IN COLLEGE



TARA ZOLLINGER

MARYLAND '13

Quick Facts: Played in 19 games as a member of the Terrapins... Coached by Delaware field hockey program alum, Missy Meharg '85... Part of the 2010 and 2011 Division I National Championship teams... Appeared in a 4-0 win at Delaware in her sophomore season.... Recorded an assist against Rutgers in her senior year... Maryland played to a 19-0 record in Zollinger's games played.



ALLY MOONEY

SHIPPENSBURG '18

Quick Facts: Started 84 games in goal for Shippensburg across four seasons... Was a two-time national champion, as well as a two-time NFHCA All-American... Held a 68-16 record with 27 shutouts, in addition to a .816 save percentage in goal... Led the NCAA in GAA (0.43) and save percentage (.894) in 2016.



DEVIN KINZEL

TEMPLE '24

Quick Facts: Played four seasons for the Owls... Played 77 games, starting 70... Scored 14 goals and dished out nine assists, including a career high seven goals in 2024... Earned BIG EAST All-Conference Second Team in her senior season.



SYDNEY RHODES-JAMES

DELAWARE '19

Quick Facts: Played 50 games in cage for the Blue Hens from 2015-19... Was part of the 2016 Division I NCAA Championship team... Earned All-CAA first team in her final two seasons... Started her final 35 games of her career, playing to a 24-11 record.



STAFF

Foti MellisCommissioner
 Darren Preston.....
Associate Commissioner, Media Relations
 Steve Robertello.....
Associate Commissioner, Championships
 Kaia Hedlund.....
Associate Commissioner, SWA
 Eli Henderson.....Administrative Intern

FIELD HOCKEY MEMBERS

University of Delaware - Field Hockey - 2025-26

University of California, Davis - Field Hockey
 (2025-PRESENT), Women's Gymnastics
 (2002-PRESENT), STUNT (Starting in 2027)

Queens University, Charlotte - Field Hockey -
 (2026-PRESENT)

WEEKLY SCHEDULE

*all times in ET

Friday, September 4

Columbia at UC Davis	3:00 pm
Ohio at Queens	5:00 pm

Sunday, September 6

Delaware at Penn State	12:00 pm
Bellarmine at UC Davis	3:00 pm

2026 RETURNING ALL-CONFERENCE

2025 MPSF Offensive Player of the Year
 Karly Redman, UC Davis

2025 MPSF Offensive Player of the Year
 Addy Collingwood, UC Davis

2025 All-MPSF Team (Returners)

Karly Redman, UC Davis
 Ella Franken, UC Davis
 Morgan Caldera, UC Davis
Sarah Rigual, Delaware
Kate Fiest, Delaware
Alexa Michielsen, Delaware
Linde van Leeuwen, Delaware



2026 MPSF WEEKLY AWARDS

Offensive Player of the Week

Sept: 1 - Morgan Caldera (UC Davis)
 Sept. 8 -
 Sept. 15 -
 Sept. 22 -
 Sept. 29 -
 Oct. 6 -
 Oct. 13 -
 Oct. 20 -
 Oct. 27 -
 Nov. 3 -

Defensive Player of the Week

Sept: 1 - **Avary Miller (Delaware)**
 Sept. 8 -
 Sept. 15 -
 Sept. 22 -
 Sept. 29 -
 Oct. 6 -
 Oct. 13 -
 Oct. 20 -
 Oct. 27 -
 Nov. 3 -



delaware

STARTERS BY GAME

OPP	B	B	B	M	M	M	F	F	F	B/M/F	GK
vs. Villanova	Cosner	van Leeuwen	String	Rigual	Cellini	Clarke	Kousouris	Michielsen	D'Alessandro	van't Hek	Prentice
at Monmouth	Cosner	van Leeuwen	String	Miller	Cellini	Clarke	Causa	Michielsen	D'Alessandro	van't Hek	Prentice
at Penn State											
at Ohio State											
at Kent State											
vs. Wake Forest											
at Old Dominion											
vs. Fairfield											
at Temple											
at Maryland											
Lehigh											
at Lafayette											
at Richmond											
at VCU											
UC Davis											
Georgetown											
Towson											



delaware

MISCELLANEOUS GAME INFO

OPP	DAY/NIGHT GAME	FIRST POSS.	LENGTH	JERSEY	RESULT
vs. Villanova	Day	Villanova	1:27	Blue	L, 1-2
at No. 18 Monmouth	Day	Delaware	1:24	White	W, 2-1
at Penn State					
at Ohio State					
at Kent State					
vs. Wake Forest					
at Old Dominion					
vs. Fairfield					
at Temple					
at Maryland					
Lehigh					
at Lafayette					
at VCU					
UC Davis					
Georgetown					
Towson					



delaware

STATISTICAL LEADERS

OPP	GOALS	SHOTS	ASSISTS	SAVES
vs. Villanova	van't Hek (1)	Michielsen (4)	Causa (1)	Baldy (1)
at No. 18 Monmouth	Kousouris, Michielsen (1)	Michielsen (3)	none	Prentice/Miller (1)
at Penn State				
at Ohio State				
at Kent State				
vs. Wake Forest				
at Old Dominion				
vs. Fairfield				
at Temple				
at Maryland				
Lehigh				
at Lafayette				
at VCU				
UC Davis				
Georgetown				
Towson				

delaware

SCORING PLAYS

GOAL SCORER	ASSIST(S)	OPPONENT	TIME & QUARTER	SEASON GOAL NUM.
Livia van't Hek	Causa	Villanova	2:11, Fourth Quarter	1
Penelope Kousouris	none	Monmouth	9:52, Second Quarter	1
Alexa Michielsen	none	Monmouth	12:54, Third Quarter	1

2026 SEASON STATS (A9/6)

2026 University of Delaware Field Hockey
Overall Statistics (as of Aug 30, 2026)

Record:	Overall	Home	Away	Neutral
All Games	1-1	0-0	1-0	0-1

Date	Opponent	W/L	Score	Att.
8/28/2026	VILLANOVA	L	1-2	127
8/30/2026	at Monmouth University	W	2-1	212

Team Statistics		DELAWARE	OPP
SHOT STATISTICS			
Goals-Shot Att.		3-27	3-13
Goals Per Game		1.50	1.50
Shot Pct.		0.111	0.231
Shots on Goal-Att.		15-27	6-13
SOG Pct.		0.556	0.462
Shots/Game		13.5	6.5
PENALTY CORNERS		10	5
PENALTY STROKES		0-0	0-0
PENALTIES			
Yellow Cards		0	1
Red Cards		0	0
ATTENDANCE			
Total		127	212
Dates-Avg Per Date		1/127	1/212
Neutral Site #-Avg		0/	

#	Player	GP	G	A	PTS	SH	SH%	SOG	SOG%	YC-RC	GW	PK-ATT	DS
2	Kousouris, Penelope	2	1	0	2	2	0.500	2	1.000	0-0	1	0-0	0
21	Michielsen, Alexa	2	1	0	2	7	0.143	3	0.429	0-0	0	0-0	0
18	van't Hek, Livia	2	1	0	2	3	0.333	2	0.667	0-0	0	0-0	0
9	Causa, Lexi	2	0	1	1	0	0.000	0	0.000	0-0	0	0-0	0
99	Baldy, Jane	1	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
10	Cellini, Ella	2	0	0	0	2	0.000	0	0.000	0-0	0	0-0	0
24	Clarke, Katie	2	0	0	0	2	0.000	1	0.500	0-0	0	0-0	0
1	Cosner, Lily	2	0	0	0	1	0.000	1	1.000	0-0	0	0-0	0
	Dalessandro, Josefina	2	0	0	0	4	0.000	2	0.500	0-0	0	0-0	0
19	Gannon, Carmella	1	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
20	Klesel, Kate	1	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
7	van Leeuwen, Linde	2	0	0	0	5	0.000	3	0.600	0-0	0	0-0	0
4	Miller, Avary	2	0	0	0	0	0.000	0	0.000	0-0	0	0-0	1
86	Prentice, Gabby	1	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
86	Prentice, Gabby	1	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
5	Rattay, Amanda	2	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
15	Rigual, Sarah	1	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
12	Robertson, Charlotte	2	0	0	0	1	0.000	1	1.000	0-0	0	0-0	0
14	String, Brynn	2	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
6	Williamson, Tetje	1	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
28	Zanders, Juulke	2	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
Total		2	3	1	7	27	0.111	15	0.556	0-0	1	0-0	1
Opponent		2	3	3	9	13	0.231	6	0.462	1-0	1	0-0	0

#	Goalie	GP	MIN	GA	GAA	SAVE	PCT	W-L-T	SHO
99	Baldy, Jane	1	26:51	1	2.23	1	0.500	0-0-0	0/0
86	Prentice, Gabby	1	30:00	1	2.00	0	0	0-1-0	0/0
86	Prentice, Gabby	1	60:00	1	1.00	1	0.500	1-0-0	0/0
Total		2	116:51	3	1.54	2	0.400	1-1-0	0
Opponents		2	117:19	3	1.53	12	0.800	--	0

Goals by Period	1st	2nd	3rd	4th	Total
Delaware	0	1	1	1	3
Opponents	0	1	2	0	3

Shots by Period	1st	2nd	3rd	4th	Total
Delaware	5	5	8	9	27
Opponents	0	2	9	2	13

Saves by Period	1st	2nd	3rd	4th	Total
Delaware	0	0	2	1	3
Opponents	3	1	4	4	12

Corners by Period	1st	2nd	3rd	4th	Total
Delaware	4	0	2	4	10
Opponents	0	1	4	0	5

Fouls by Period	1st	2nd	3rd	4th	Total
Delaware	6	12	8	11	37
Opponents	13	11	10	9	43

NCAA RANKINGS

Statistic	National Rank	Conference Rank	Value	National Leader	Value	Conference Leader	Value
Assists Per Game (51 ranked)	51	2	0.50	Richmond Villanova	6.00 6.00	Queens (NC)	1.50
Defensive Saves (7 ranked)	7	3	1	UAlbany	3	Queens (NC) UC Davis	2 2
Goals Against Average (68 ranked)	25	1	1.50	Duke Northwestern	0.00 0.00	Delaware	1.50
Goals Per Game (58 ranked)	34	1	1.50	Richmond	6.00	Delaware Queens (NC) UC Davis	1.50 1.50 1.50
Penalty Corners Per Game (69 ranked)	33	1	5.00	Colgate	13.00	Delaware	5.00
Points Per Game (62 ranked)	46	2	3.50	Richmond	18.00	Queens (NC)	4.50
Save Percentage (69 ranked)	69	3	0.400	Duke Northwestern	1.000 1.000	UC Davis	0.733
Saves Per Game (65 ranked)	65	3	1.00	Stonehill William & Mary	19.00 19.00	Queens (NC)	12.50
Scoring Average (63 ranked)	34	2	1.50	Richmond	6.00	Queens (NC)	1.57
Scoring Margin (30 ranked)				Richmond	5.50		
Shutouts Per Game (21 ranked)				Duke Northwestern	1.00 1.00		
Winning Percentage (52 ranked)	21	1	0.500	20 teams tied	1.000	Delaware Queens (NC) UC Davis	0.500 0.500 0.500

Statistic	Player	National Rank	Conference Rank	Value	National Leader	Value	Conference Leader	Value
Assists Per Game (44 ranked)	Lexi Causa	44	2	0.50	Maeve Boston, Villanova Carly Green, Merrimack	2.00 2.00	Olivia Gain, Queens (NC)	1.00
Defensive Saves (0 ranked)								
Goalie Win-Loss Pct (22 ranked)	Gabrielle Prentice	22	1	0.500	21 players tied	1.000	Addison Collingwood, UC Davis Madison Destefano, Queens (NC) Gabrielle Prentice, Delaware	0.500 0.500 0.500
Goals Against Average (73 ranked)	Gabrielle Prentice	25	1	1.33	5 players tied	0.00	Gabrielle Prentice, Delaware	1.33
Goals Per Game (56 ranked)	Penelope Kousouris Alexa Michielsen Livia van 't Hek	56 56 56	2 2 2	0.50 0.50 0.50	5 players tied	2.00	Morgan Caldera, UC Davis	1.00
Points Per Game (96 ranked)	Penelope Kousouris Alexa Michielsen Livia van 't Hek	96 96 96	2 2 2	1.00 1.00 1.00	Gemma Lysaght, Villanova	5.50	Morgan Caldera, UC Davis	2.00
Save Percentage (73 ranked)	Gabrielle Prentice	73	3	0.333	5 players tied	1.000	Addison Collingwood, UC Davis	0.733
Saves Per Game (73 ranked)	Gabrielle Prentice	73	3	0.50	Isabelle Morton, Stonehill Alexandra de Jesus, William & Mary	19.00 19.00	Madison Destefano, Queens (NC)	11.50

delaware TV ROSTER



1

**LILY
COSNER**

Junior
B | 5-2
Doylestown, Pa.
Central Bucks West



2

**PENELOPE
KOUSOURIS**

Sophomore
M/F | 5-2
Baltimore, Md.
Bryn Mawr School
(Wake Forest)



3

**KATE
JUDY**

Freshman
M | 5-8
Newark, Del.
Caravel Academy



4

**AVARY
MILLER**

Freshman
M | 5-2
Lewes, Del.
Cape Henlopen



5

**AMANDA
RATTAY**

Sophomore
F | 5-6
Newark, Del.
Newark Charter



6

**TETJE
WILLIAMSON**

Senior
M | 5-4
Oley, Pa.
Oley Valley



7

**LINDE
VAN LEEUWEN**

Junior
B | 5-6
Heemstede, Netherlands
Lyceum Sancta Maria
(Bryant)



9

**LEXI
CAUSA**

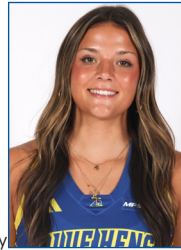
Junior
M/F | 5-8
Easton, Pa.
Easton Area
(Wake Forest)



10

**ELLA
CELLINI**

Sophomore
M | 5-5
Phoenixville, Pa.
Villa Maria Academy



11

**ELLE
PATTERSON**

Senior
B | 5-7
Ashburn, Va.
Independence HS



12

**CHARLOTTE
ROBERTSON**

Sophomore
M/F | 5-6
Edinburgh, Scotland
Millfield School



13

**SAAR
DE BOER**

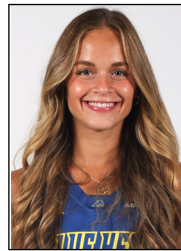
Freshman
M | 5-7
Amersfoort, Netherlands
Vathorst College



14

**BRYNN
STRING**

Sophomore
M | 5-7
Felton, Del.
Lake Forest



15

**SARAH
RIGUAL**

Senior
M | 5-3
Fredericksburg, Va.
James Monroe



17

**KATE
FIEST**

Senior
M | 5-6
Yorktown, Va.
Tabb HS



18

**LIVIA
VAN'T NEK**

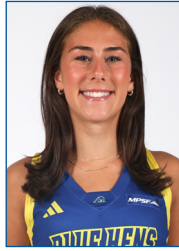
Sophomore
F | 5-8
Amsterdam, Netherlands
St. Nicolasslyceum

delaware TV ROSTER



19
CARMELLA
GANNON

Sophomore
M | 5-9
Felton, Del.
Lake Forest



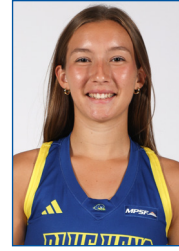
20
KATE KLEISEL

Freshman
F | 5-5
Houston, Texas
Episcopal



21
ALEXA
MICHIENSEN

Fifth Year
M/F | 5-4
Bloemendaal, Netherlands
Int. School of Amsterdam
(Shippensburg)



22
CLAIRE
O'CONNOR

Freshman
M/B | 5-6
Narberth, Pa.
Lower Merion



24
KATIE
CLARKE

Sophomore
M | 5-8
Purcellville, Va.
Loudoun Valley



26
JOSEFINA
D'ALESSANDRO

Fifth Year
F | 5-6
Buenos Aires, Argentina
United
(Argentina de la Empresa)



28
JUULKE
ZANDERS

Freshman
M | 5-5
Venlo, Netherlands
Wings Agora, Roermond



86
GABBY
PRENTICE

Sophomore
GK | 5-8
Arnold, Md.
Archbishop Spalding



99
JANE
BALDY

Freshman
GK | 5-7
Ellicott City, Md.
Centennial



TARA
ZOLLINGER

Head Coach
2nd season
Maryland '13



ALLY
MOONEY

Assistant
Coach
2nd season
Shippensburg '18



DEVIN
KINZEL

Assistant
Coach
2nd season
Temple '24



SYDNEY
RHODES-JAMES

Assistant Coach
2nd season
Delaware '19