



DELAWARE FIGHTIN' BLUE HENS FIELD HOCKEY GAME NOTES



Noah Barraclough, Assistant Director, Communications & Creative Services | 484-877-6149 | noahcb@udel.edu

SERIES HISTORY - VU

All Time	6-0
Streak	W6
At Home	5-0
On the Road	1-0
Neutral Site	0-0
Last Win	8-0 - 9/1/23
Last Loss	n/a

SERIES HISTORY - MU

All Time	6-5
Streak	W2
At Home	4-2
On the Road	1-3
Neutral Site	1-0
Last Win	4-3 - 11/10/24 (CAA Final)
Last Loss	3-2 - 9/4/22

HOW TO FOLLOW

TV/Stream.....VU - YouTube, MU - N/A
Live Stats.....bluehenstats.statb.us
X/Instagram.....@Delaware_FH

WHO ARE WE

Only refer to our institution as the University of Delaware or UD. Do not use "U of D," "UofD," "the U of D" or "UDel." Do not use periods in "UD."

We are the Fightin' Blue Hens on first reference and Blue Hens, Hens, or Blue & Gold after that.

MEDIA RELATIONS

For interview requests for field hockey student-athletes or coaches, please contact Noah Barraclough, Assistant Director of Communications & Creative Services

Email.....noahcb@udel.edu
Number.....484-877-6149

DELAWARE (0-0)

GM
1



Head Coach: Tara Zollinger
Record at UD: 7-11 (Second year)
Career Record: 125-36 (Ninth year)
Last: W, 2-1 vs. UC Davis



Head Coach: Joanie Milhous
Record at VU: 290-348-4(36th year)
Career Record: same
Last: L, 3-1 at Liberty

friday, august 28, 2026 | 4 p.m. | philadelphia, pa. | buckley field @ drexel | youtube

DELAWARE (0-0)

GM
2



Head Coach: Tara Zollinger
Record at UD: 7-11 (Second year)
Career Record: 125-36 (Ninth year)
Last: W, 2-1 vs. UC Davis



Head Coach: Carli Figlio
Record at MU: 209-147 (20th year)
Career Record: same
Last: L, 3-2 vs. Drexel

sunday, august 30, 2026 | noon | west long branch, n.j. | so sweet a cat field

RETURNING LEADERS



goals
20 points



assists
8 assists



points
6 goals



minutes
1,073 mins



saves
9 saves



**defensive
saves**
3 def sv

2026 SCHEDULE

*all times ET



aug. 28
Philadelphia, Pa.
YouTube | 4 PM



aug. 30
West Long Branch, N.J.
tbd | Noon



sept. 6
University Park, Pa.
BIG+ | Noon



sept. 11
Columbus, Ohio
BIG+ | 4 PM



sept. 13
Kent, Ohio
ESPN+ | Noon



sept. 18
TBD
tbd | 4 PM



sept. 20
Norfolk, Va.
ESPN+ | Noon



sept. 27
Philadelphia, Pa.
tbd | Noon



oct. 2
Philadelphia, Pa.
ESPN+ | 4 PM



oct. 4
College Park, Md.
BIG+ | Noon



oct. 9
Newark, Del.
YouTube | 5 PM



oct. 11
Easton, Pa.
ESPN+ | 1 PM



oct. 16
Richmond, Va.
ESPN+ | 5 PM



oct. 18
Richmond, Va.
ESPN+ | 1 PM



oct. 23
Newark, Del.
YouTube | 5 PM



oct. 25
Newark, Del.
YouTube | 1 PM



oct. 31
Newark, Del.
YouTube | 6 PM



nov. 6-7
MPSF Tournament
Newark, Del.

A NEW ERA

The University of Delaware has accepted an invitation to join the Mid-American Conference (MAC) as an affiliate member for field hockey beginning with the 2027-28 academic year, the organizations announced jointly on Thursday, August 6. Field hockey becomes the second Fightin' Blue Hens program to compete in the MAC, joining rowing, which started in the 2025-26 academic year.

"We are excited to continue our partnership with the MAC and be able to join in field hockey," Director of Athletics & Campus Recreation Jordan Skolnick said. "I'm grateful to the MAC Presidents and Commissioner Jon Steinbrecher for affording us the opportunity to join such a strong conference and further our commitment to an extraordinary student-athlete experience and championship aspirations for our field hockey program."

A program with rich tradition and history, Delaware enters the MAC after claiming 11 league titles in the last 14 seasons. Overall, UD has won 17 league crowns since the program's inception in 1971. The Blue & Gold have appeared in 17 NCAA/AIAW Tournament appearances, highlighted by a NCAA

National Championship in 2016. This will mark the fifth conference affiliation in the program's 54-year history.

"I am pleased to welcome the University of Delaware as an affiliate member in field hockey," MAC Commissioner Dr. Jon A. Steinbrecher said. "Delaware brings a nationally recognized program with an outstanding tradition of championship success. Its addition further strengthens an already competitive field hockey conference while expanding our valued partnership with the institution."

Field hockey is led by second-year head coach Tara Zollinger and welcomes back a strong roster in 2026, highlighted by four all-conference selections from 2025, including Sarah Rigual who spent time with the US U-21 National Team this past summer.

"We are excited and grateful for the opportunity to join a league with such a rich tradition in field hockey. I want to thank the MAC presidents and Commissioner Jon Steinbrecher," Zollinger said. "This new home creates incredible opportunities for our student-athletes to compete against outstanding programs and challenge themselves at the highest level."

Founded in 1946, the Mid-American Conference is an NCAA Division I conference that sponsors 23 championships and is one of 10 members of the Football Bowl Subdivision (FBS). The conference office is based in Cleveland, Ohio.



USA SPONSORED DELAWARE SPORTS

- Baseball
- M/W Basketball
- W Cross Country/Track & Field
- Football
- M/W Golf
- W Soccer
- Softball
- M/W Tennis
- Volleyball

OTHER DELAWARE SPORTS AFFILIATIONS

- | | | | |
|----------------|--------------------|-----------------|-------------------|
| - Field Hockey | MPSF - MAC in 2027 | - W Lacrosse | Atlantic Sun |
| - W Ice Hockey | Atlantic Hockey | - W Rowing | Mid-American |
| | America | - M Soccer | The Summit League |
| - M Lacrosse | Atlantic 10 | - M/W Swim/Dive | Atlantic Sun |

QUICK FACTS

School.....	University of Delaware
Location.....	Newark, Del.
Founded	1743
Enrollment	24,039
President	Laura Carlson
Director of Athletics.....	Jordan Skolnick
School Website.....	www.udel.edu
Nickname.....	Fightin' Blue Hens
School Colors	Blue & Gold
Athletics Website	www.bluehens.com

FIELD HOCKEY PROGRAM

Stadium.....	Fred P. Rullo Jr. Stadium
Surface	Artificial Turf
Capacity	2,000
First Season of Field Hockey.....	1971
All-Time Record	610-382-39
All-Time Rullo Stadium Record.....	158-108
National Championships.....	1 (2016)
Conference Championships.....	17 (last: 2025)
Head Coach	Tara Zollinger (Maryland '13)
Career Record.....	125-36 / Nine seasons
Record at UD.....	7-11
2025 Record	7-11
Letterwinners Returning/Lost.....	15/10
Starters Returning/Lost	
Field Players	5/5
Goalkeepers.....	0/1
Newcomers.....	10
2025 Overall Record.....	7-11
2025 MPSF Record.....	0-0
2025 MPSF Finish. 1st, Won MPSF Tournament	
2025 Postseason.....	N/A

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WHAT TO LOOK FOR...

– A win would earn Tara Zollinger her eighth season-opening win in her nine seasons as a head coach.

– Nine Fightin' Blue Hens are looking to make their first collegiate appearance.

on track to the mac

On Thursday, August 6, Delaware announced its new affiliation for field hockey to compete in the Mid-American Conference (MAC) starting in 2027. The Fightin' Blue Hens return to a conference that holds an NCAA Tournament autobid, that had four teams finish in the top 30 teams in RPI in 2025.

mpsf update

On September 2, 2025, Delaware announced its affiliation for field hockey to compete in the Mountain Pacific Sports Federation (MPSF). The Fightin' Blue Hens jointly founded the league with UC Davis, who they defeated 2-1, in the inaugural championship game. UD will be hosting the 2026 iteration of the championship, where a semifinal and championship will be played at Fred P. Rullo Stadium between UC Davis, Queens (NC), and Delaware.

returning rockstars

In the first season MPSF Field Hockey action, Delaware had six players named to the all-conference team, with four returning to the squad in 2026.

Kate Fiest, Linde van Leeuwen, Alexa Michielsen, and Sarah Rigual all earned the nod.

hens go national & international

Senior midfielder **Sarah Rigual** was named to the United States U-21 Women's National Field Hockey Team in February 2026, coached by alumnae **Ange Bradley '88**. She competed for Team USA in the Junior Pan American Cup in April, scoring a goal against Mexico. Rigual also played in the 4 Nation's Tournament in England, where the United States took first.

big success at buckley

Delaware has won seven-straight contests at Buckley Field dating back to 2015, including two neutral site contests. In 2025, UD beat Drexel 2-1 in its first year as non-conference foes. The year prior, the Hens went 2-0 in the CAA Tournament hosted by Drexel, including a thrilling double-overtime win over Monmouth sending UD to the NCAA Tournament.

villanova connections

Delaware's **Ella Cellini** competed with Villanova's **Erin Mitchell** on the field hockey team at Villa Maria Academy.

new, but also experienced

Head Coach **Tara Zollinger** and staff have three transfers joining the Fightin' Blue Hens for 2026. **Penelope Kousouris** and **Lexi Causa** come to UD from Wake Forest, while **Josefina D'Alessandro** will play her first NCAA season as a fifth year after time at Argentina de la Empresa.

fresh hens

Seven freshmen join UD in 2026, with two staying in The First State and two from the Netherlands.

Jane Baldy, Saar de Boer, Kate Judy, Avary Miller, Juulke Zanders, Claire O'Connor, and Kate Klesel are all in their first collegiate season. Judy and Miller come to Newark from Caravel Academy and Cape Henlopen HS.

wild wins over the wildcats

Delaware is 6-0 all time against Villanova, including 5-0 at home. In their last matchup in 2023, UD took an 8-0 win. **Kate Fiest** made her first-career start in the win alongside **Sarah Rigual** playing in her first-collegiate game. **Elle Patterson** and **Tetje Williamson** also appeared for the Blue Hens.

hawking for a ranked win

Monmouth enters Sunday's contest ranked No. 18 nationally, a win would be **Tara Zollinger's** first ranked win as a Division I head coach.

nfhca nods

On Thursday, August 27, the NFHCA named **Kate Fiest, Alexa Michielsen, and Sarah Rigual** to its Division I preseason watchlist.

returning production

UD will return several key field players to the squad for the 2026 season. Fourteen field players return for Delaware this year and account for 60-percent of the program's goals and 71-percent of the team's assists.

a hek of a season

Livia van't Hek returns for her second year in Blue & Gold after leading the MPSF in goals by a freshman with five.

destined to be a hen

Head coach **Tara Zollinger** was coached by **Missy Meharg** '85 as an undergraduate at the University of Maryland and took her first collegiate coaching job under **Ange Bradley** '88 at Syracuse in 2013.

mvp mvp mvp

Freshman goalkeeper **Jane Baldy** was named MVP of the 2026 Longstreth Senior All-American Game for Team South at The Proving Grounds in Conshohocken, Pennsylvania in July.

dancing duo

Sophomore midfielders **Brynn String** and **Carmella Gannon** are both from Felton, Delaware and attended dance class together as young kids before playing field hockey for Lake Forest HS and Delaware.

back home

Delaware hired assistant coach **Sydney Rhodes-James** in July 2025. The program alum returned to Newark after four seasons as an assistant coach at Penn. Rhodes-James appeared in 50 games in goal at Delaware, including nine in 2016, the year in

which the Blue Hens captured the national championship.

family ties

Delaware field hockey has become a family affair over the years. Many sisters and mother-daughter pairs have suited up in the blue & gold over the programs 55 seasons. The Blue Hens have four such duos across the 2026 roster.

M Tetje Williamson is the daughter of **Kelly Cawley** '99, a Delaware Athletics Hall of Famer who ranks second all-time in points.

M Kate Judy is the daughter of **Jenn Fotiou** '02, who now works at Delaware as the Sr. Associate AD, Talent Management & Organizational Development.

M Sarah Rigual's sister, **Morgan Rigual**, made 68 appearances for Delaware. She graduated in 2023, assisting the Blue Hens to the NCAA Tournament three times.

Assistant coach **Sydney Rhodes-James** and her twin sister, **Sabrina**, shared the field in 2016 and 2017, winning an NCAA Championship in Sydney's freshman season.

elite company

Tara Zollinger currently holds the eighth-highest active winning percentage in the NCAA of a coach who has coached over 100 games (.776).

tara's tale

Tara Zollinger was hired in March 2025 to be the seventh head coach in program history. She won three DII National Championships at Shippensburg, and made the semifinal game in all six of her NCAA Tournament appearances. Zollinger coached to a record of 118-25 (.825), producing 41 all-league players, and 23 All-Americans in her time with the Raiders.

host school

The Blue Hens are set to host the MPSF Tournament at Fred P. Rullo Stadium this fall. The semifinal will take place on November 6, with the championship following on November 7. All three MPSF institutions: Queens, UC Davis, and Delaware will compete. The last time the Blue Hens have hosted a conference tournament was in 2022, their eighth-consecutive time hosting the CAA Tournament. Delaware is 15-1 since 2002 in conference tournament games at Rullo Stadium and 17-1 overall in postseason play at the venue. There will be two Conference USA championships that will be hosted at Stuart and Suzanne Grant Stadium in the 2026-27 academic year, with women's soccer taking place in the fall, along with the outdoor track & field championships in the spring of 2027. UD also hosted the CUSA Softball Tournament in May 2026.

STATISTICAL COMPARISON

Category	DEL	NCAA	MPSF	VU	NCAA	BE	MU	NCAA	CAA
Assists Per Game	1.89	33rd	1st	1.22	61st	7th	3.41	4th	1st
Defensive Saves	7	14th	1st	2	62nd	4th	3	49th	4th
Goals Against Average	2.53	57th	2nd	2.42	55th	8th	1.76	36th	2nd
Goals Per Game	2.22	41st	1st	1.39	73rd	8th	3.94	2nd	1st
Penalty Corners Per Game	6.17	36th	1st	5.61	53rd	7th	7.71	10th	1st
Points Per Game	6.33	39th	1st	4.00	68th	7th	11.29	2nd	1st
Save Percentage	.598	79th	2nd	.672	58th	6th	.750	18th	1st
Saves Per Game	3.89	56th	1st	5.00	32nd	3rd	5.29	31st	5th
Scoring Average	2.15	39th	1st	1.37	73rd	7th	3.94	2nd	1st
Scoring Margin	--	--	--	--	--	--	2.17	4th	1st
Shutouts Per Game	0.17	49th	1st	0.17	49th	7th	0.18	44th	2nd
Winning Percentage	.389	55th	1st	.278	65th	8th	.765	8th	1st

kate cubed

On the 2026 roster, Delaware has three student-athletes named Kate. **Kate Fiest, Kate Judy, and Kate Klesel**. This is the first time since 2021 that the team has rostered three members with the same first name (**Grace - Franden, Hoepfner, Miller**).

starting fast

The fastest goal to open a game in program history was set by **Michelle Drummonds** vs. Vermont on August 28, 2010 at 31 seconds into the contest. The fastest goal scored under **Tara Zollinger** was netted by **Iris Bekker** vs. William & Mary on September 26, 2025 at 1:28.

familiar foe turned friend

Lafayette graduate **Josephine van Wijk** serves as team manager for Delaware as she pursues a masters of science in Sport Business Analytics. In the Leopard's 6-4 win at Delaware last season at Fred P. Rullo Stadium, van Wijk scored a goal.

throwback to 2016

2026 marks 10 years since Delaware won the NCAA Division I Field Hockey National Championship. That win secured the third NCAA national championship in school history. The team will be honored against Lehigh on October 9.

team usa overseas

During the 2026 World Masters Cup in the Netherlands and Belgium, **Erin Tarburton (Marihugh) '10, Missy Arenz (Woodie) '11, Michelle Finegan (Reilly) '84, Lindsey Heppner (Piester) '07, Kelly Williamson (Cawley) '99, Jenn Judy (Fotiou)**

'02, Patti Webb (Fichter) '94, Elaine Pomian '82, and Karen Stout '82/EdD '95 all competed for Team USA.

history repeats itself

In 1998, **Kelly Williamson (Cawley)** was a senior on Delaware's field hockey team, when a freshman named **Jenn Fotiou (Judy)** started her collegiate career. In 2026, Kelly's daughter **Tetje Williamson** is a senior for the Blue Hens as Jenn's daughter, **Kate Judy**, is a freshman.

smurf turf!

University of Delaware's Fred P. Rullo Stadium, which is home to the Fightin' Blue Hens' field hockey program, is undergoing a turf renovation, the Department of Athletics announced Friday, May 29. This is the first turf renovation at Rullo Stadium since 2017. The new AstroTurf Poligras Platinum Turf System over 10mm Elayer over porous asphalt is currently being installed and is replacing the AstroTurf A12 turf system. The new field will feature a blue main field with a green border.

standing in the hall of fame

Program alumnae **Greta Nauck '19** was selected to the University of Delaware Athletics Hall of Fame in August and will be inducted on October 10, 2026.

elite eight

Delaware has eight returners this year that appeared in all 18 games last year, including three rising sophomores - **Kate Fiest, Sarah Rigual, Alexa Michielsen, Lily Cosner, Linde van Leeuwen, Katie Clarke, Ella Cellini, and Amanda Rattay**.

all year hockey!

Penelope Kousouris, a sophomore transfer from Wake Forest, competed in both ice hockey and field hockey in high school.

CAREER GAMES/STARTS

Back	Games	Starts
Lily Cosner	40	22
Linde van Leeuwen	35	33
Elle Patterson	14	0

Midfield	Games	Starts
Alexa Michielsen	58	31
Kate Fiest	57	47
Sarah Rigual	53	26
Tetje Williamson	45	12
Katie Clarke	18	10
Ella Cellini	18	0
Brynn String	16	0

Forward	Games	Starts
Amanda Rattay	18	4
Livia van't Hek	17	2
Lexi Causa	9	0
Charlotte Robertson	5	0
Penelope Kousouris	2	0

Goalkeeper	Games	Starts
Gabby Prentice	6	4

CURRENT STREAKS

	Consecutive GP/GS	Pos
Kate Fiest	56/18	M
Sarah Rigual	50/18	M
Alexa Michielsen	40/18	M/F
Lily Cosner	38/3	B
Linde van Leeuwen	34/15	B
Katie Clarke	18/4	M
Ella Cellini	18/0	
Amanda Rattay	18/0	
Brynn String	8/0	
Tetje Williamson	5/0	
Livia van't Hek	3/0	

ON THIS DATE IN DELAWARE FIELD HOCKEY HISTORY...

AUG
28

Delaware is 4-3 in games played on August 28.

In 2010, UD defeated Central Michigan 10-3, setting a program record for goals in a game.

AUG
30

Delaware is 4-3 in games played on August 30.

This includes a 2-0 record in California, and a win over Michigan State.

DELAWARE RECORD WHEN...

	2026	ZOLLINGER
Overall	--	7-11
Conference	--	0-0
Non-conference	--	6-11
Playoffs	--	1-0
Home	--	3-7
Away	--	3-4
Neutral	--	1-0
Current streak	--	W1
Current home streak	--	L5
Current road streak	--	L2
Current neutral streak	--	W1
Day game	--	6-11
Night game	--	1-0
August	--	0-2
September	--	4-4
October	--	2-4
November	--	1-1
vs. Top 5 teams	--	0-2
vs. Top 10 teams	--	0-0
vs. Top 25 teams	--	0-2
vs. unranked teams	--	7-7
On natural grass	--	0-0
On artificial surface	--	7-11
Scoring first	--	7-2
Opponent scores first	--	0-9
Leading after 1st	--	2-2
Trailing after 1st	--	1-6
Tied after 1st	--	4-1
Leading at halftime	--	5-3
Trailing at halftime	--	0-5
Tied at halftime	--	2-3
Leading after 3rd	--	7-2
Trailing after 3rd	--	0-6
Tied after 3rd	--	0-3
Overtime	--	0-2
Shootout	--	0-0
Scoring 0 goals	--	0-2
Scoring 1 goal	--	1-4
Scoring 2 goals	--	3-2
Scoring 3+ goals	--	3-2
Allowing 0 goals	--	3-0
Allowing 1 goal	--	4-0
Allowing 2 goals	--	0-2
Allowing 3+ goals	--	0-9
Game decided by 1	--	3-6
Game decided by 2	--	2-1
Game decided by 3+	--	2-4
With 1-5 shots	--	1-2
With 6-10 shots	--	0-5
With 11-15 shots	--	3-1
With 16-20 shots	--	2-3
With 21+ shots	--	1-0
Allowing 1-5 shots	--	2-0
Allowing 6-10 shots	--	3-2
Allowing 11-15 shots	--	0-4
Allowing 16-20 shots	--	2-3
Allowing 21+ shots	--	0-2
Leading in shots	--	5-3
Trailing in shots	--	2-7
Tied in shots	--	0-1
Leading in corners	--	4-5
Trailing in corners	--	1-6
Tied in corners	--	2-0
Leading in saves	--	1-5
Trailing in saves	--	6-4
Tied in saves	--	0-2
Received yellow card	--	1-3
Opp. received yellow	--	2-3
Received red card	--	0-0
Opp. received red card	--	0-0
Black on black uniform	--	1-3
Blue on blue uniform	--	3-4
White on white uniform	--	3-4

nfhca's highest honor

Program alumnae **Ange Bradley '88 HOF '05** was selected to the NFHCA HOF in August and will be inducted on January 14, 2027.

mpsf mates

The University of Delaware is not the only CUSA member institution that competes in the MPSF. New Mexico State Women's Swimming & Diving is also a member of the conference, who placed second last year at the MPSF Championships.

familiar homes as foes

Delaware coaching staff members **Devin Kinzel** and **Tara Zollinger** will be taking on their alma maters, Temple and Maryland, respectively, as opposing coaches for the first time in their careers when UD hits the road from October 2-4.

bringing some friends along

Head coach **Tara Zollinger** brought her assistant coach from Shippensburg in **Ally Mooney** to the 302 to coach the goalkeepers. Mooney played for Zollinger from 2017-18, where the pair won two national championships. Graduate M/F **Alexa Michielsen** joined the Fightin' Blue Hens after three seasons at Shippensburg, where she played in 40 games, scoring 10 goals. She earned All-PSAC Third Team honors and was the 2024 PSAC Field Hockey Tournament MVP.

TEAM RECORDS

Most goals scored in a game
10, twice 8/28/15
at Central Michigan

Most assists in a game
10 8/28/15
at Central Michigan

Most Points in a game
30, 10 goals, 10 assists 8/28/15
at Central Michigan

INDIVIDUAL RECORDS TO KNOW

Most goals scored in a game
5, Casey Howard, vs Brown 9/6/09

Most assists in a game
Three with 3, Femke Strein vs. JMU 11/8/19

Most Points in a game
12, Casey Howard, vs Brown 9/6/09

Most Saves in a game
28, Kim Lockbaum, vs. Maryland 9/13/94

LAST TIME A BLUE HEN...

Multiple goals in a game
Emma Miller vs. California 8/31/25

Hat trick in a game
Kiki Oudshoorn vs. Columbia 9/3/23

Scored on a penalty stroke
Rachael Whitehead vs. Lafayette 10/31/25

Had multiple assists in a game
Rachael Whitehead vs William & Mary 9/26/25

Had three assists in a game
Berber Bakermans vs. Drexel 11/6/22

5 points in a game
Iris Bekker vs. California 8/31/25

6 points in a game
Kiki Oudshoorn vs. Columbia 9/3/23

8 points in a game
Lotte de Koning vs. James Madison 11/8/19

8 shots in a game
Julia Duffhuis vs. Northeastern 10/6/23

Multiple defensive saves in a game
Lily Cosner vs. Lafayette 10/31/25

10 saves in a game
Kristi Merashoff vs Northwestern (10) 9/19/25

Solo GK shutout
Kristi Merashoff at Towson 10/3/25

ZOLLINGER ALL-TIME VS DI OPPONENTS

American	0-1	Lehigh	0-0	Penn State	0-1	Wake Forest	0-1
Bucknell	1-0	Lock Haven	1-0	Richmond	0-0	William & Mary	1-0
Cal	0-1	Maryland	0-0	Saint Joseph's	0-1	*bold indicates 2026 opponent	
Drexel	1-0	Monmouth	0-0	Temple	0-1		
Fairfield	0-0	Northwestern	0-1	Towson	1-0		
Georgetown	0-0	Ohio State	0-1	UC Davis	1-0		
Kent State	1-0	Old Dominion	0-1	VCU	0-0		
Lafayette	0-1	Penn	0-1	Villanova	0-0		

2025 DELAWARE NUMERICAL ROSTER

NOTE: All student-athletes' roster classification are listed based on the new age-based eligibility model. Freshman = first year, sophomore = second year, junior = third year, senior = fourth year, 5th = fifth year. Those who have been granted waivers by the NCAA under the previous eligibility model could be indicated as 6th.

#	NAME	YR.	POS.	HT.	HOMETOWN/HIGH SCHOOL (PREV. SCHOOL)
1	Lily Cosner	Jr.	B	5-2	Doylestown, Pa. / Central Bucks West
2	Penelope Kousouris	So.	M/F	5-2	Baltimore, Md. / Bryn Mawr School (Wake Forest)
3	Kate Judy	Fr.	M	5-8	Newark, Del. / Caravel Academy
4	Avary Miller	Fr.	M	5-2	Lewes, Del. / Cape Henlopen
5	Amanda Rattay	So.	F	5-6	Newark, Del. / Newark Charter
6	Tetje Williamson	Sr.	M	5-4	Oley, Pa. / Oley Valley
7	Linde van Leeuwen	Jr.	B	5-6	Heemstede, Netherlands / Lyceum Sancta Maria (Bryant)
9	Lexi Causa	Jr.	M/F	5-8	Easton, Pa. / Easton Area (Wake Forest)
10	Ella Cellini	So.	M	5-5	Phoenixville, Pa. / Villa Maria Academy
11	Elle Patterson	Sr.	B	5-7	Ashburn, Va. / Independence
12	Charlotte Robertson	So.	M/F	5-6	Edinburgh, Scotland / Millfield School
13	Saar de Boer	Fr.	M	5-7	Amersfoort, Netherlands / Vathorst College
14	Brynn String	So.	M	5-7	Felton, Del. / Lake Forest
15	Sarah Rigual	Sr.	M	5-3	Fredericksburg, Va. / James Monroe
17	Kate Fiest	Sr.	M	5-6	Yorktown, Va. / Tabb
18	Livia van't Hek	So.	F	5-8	Amsterdam, Netherlands / St. Nicolasslyceum
19	Carmella Gannon	So.	M	5-9	Felton, Del. / Lake Forest
20	Kate Klesel	Fr.	F	5-5	Houston, Texas / Episcopal
21	Alexa Michielsens	5th	M/F	5-4	Bloemendaal, Netherlands / (Shippensburg)
22	Claire O'Connor	Fr.	M/B	5-6	Narberth, Pa. / Lower Merion
24	Katie Clarke	So.	M	5-8	Purcellville, Va. / Loudoun Valley
26	Josefina D'Alessandro	5th	F	5-6	Buenos Aires, Argentina / United (Argentina de la Empresa)
28	Juulke Zanders	Fr.	M	5-5	Venlo, Netherlands / Wings Agora, Roermond
86	Gabby Prentice	So.	GK	5-8	Arnold, Md. / Archbishop Spalding
99	Jane Baldy	Fr.	GK	5-7	Ellicott City, Md. / Centennial

Head Coach: Tara Zollinger (Maryland '13) - second season at UD, ninth overall

Assistant Coach: Ally Mooney (Shippensburg '18) - second season

Assistant Coach: Devin Kinzel (Temple '24) - second season

Assistant Coach: Sydney Rhodes-James (Delaware '19) - second season

PRO-NUN-SEE-AY-SHUNS

PLAYERS & COACHES

#2	Penelope Kousouris	koh-SAW-ruhs
#5	Amanda Rattay	RUH-tay
#6	Tetje Williamson	TOT-chee
#7	Linde van Leeuwen	linda von lay-WIN
#9	Lexi Causa	KAW-zuh
#13	Saar de Boer	sahr deh-BOOR
#15	Sarah Rigual	rig-AL
#17	Kate Fiest	like feisty
#18	Livia van't Hek	live-e-ya von tek
#20	Kate Klesel	KLEH-suhl
#21	Alexa Michielsens	meek-YULE-son
#26	Josefina D'Alessandro	ho-seh-FEE-nah dah-less-AHN-dro
#28	Juulke Zanders	YOOL-kuh ZAN-derz

HC	Tara Zollinger	zoll-in-GRR
AC	Ally Mooney	moon-EE
AC	Devin Kinzel	kin-zell
Manager: Josephine van Wijk yo-zay-FEEN fahn VEYK		

TOWNS

Newark	new-ARK
Lewes	LOU-is
Oley	ol-EE
Heemstede	heem-STED
Bloemendaal	BLUE-min-doll

ALPHABETICAL

#	NAME	POS.
99	Jane Baldy	GK
9	Lexi Causa	M/F
10	Ella Cellini	M
24	Katie Clarke	M
1	Lily Cosner	B
26	Josefina D'Alessandro	F
13	Saar de Boer	M
17	Kate Fiest	M
19	Carmella Gannon	M
3	Kate Judy	M
20	Kate Klesel	M
2	Penelope Kousouris	M/F
21	Alexa Michielsens	M/F
4	Avary Miller	M
22	Claire O'Connor	M/B
11	Elle Patterson	B
86	Gabby Prentice	GK
5	Amanda Rattay	F
15	Sarah Rigual	M
12	Charlotte Robertson	M/F
14	Brynn String	M
18	Livia van't Hek	F
7	Linde van Leeuwen	B
6	Tetje Williamson	M
28	Juulke Zanders	M

HEAR OUR NAMES



2025 DELAWARE ROSTER BREAKDOWN

BACKS (3)

1	Lily Cosner	B	Jr.	5-2	Doylestown, Pa. / Central Bucks West
7	Linde van Leeuwen	B	Jr.	5-6	Heemstede, Netherlands / Lyceum Santa Maria (Bryant)
11	Elle Patterson	B	Sr.	5-7	Ashburn, Va. / Independence

FORWARDS (5)

5	Amanda Rattay	F	So.	5-6	Newark, Del. / Newark Charter
18	Livia van't Hek	F	So.	5-8	Amsterdam, Netherlands / St. Nicolaaslyceum
20	Kate Klesel	F	Fr.	5-5	Houston, Texas / Episcopal
21	Alexa Michielsens	M/F	Gr.	5-4	Bloemendaal, Netherlands / Intl. School of Amsterdam (Shippensburg)
26	Josefina D'Alessandro	F	5th	5-6	Buenos Aires, Argentina / United (Argentina de la Empresa)

MIDFIELDERS (15)

2	Penelope Kousouris	M/F	So.	5-2	Baltimore, Md. / The Bryn Mawr School (Wake Forest)
3	Kate Judy	M	Fr.	5-8	Newark, Del. / Caravel Academy
4	Avary Miller	M	Fr.	5-2	Lewes, Del. / Cape Henlopen
6	Tetje Williamson	M	Sr.	5-4	Oley, Pa. / Oley Valley
9	Lexi Causa	M	Jr.	5-8	Easton, Pa. / Easton Area (Wake Forest)
10	Ella Cellini	M	So.	5-5	Phoenixville, Pa. / Villa Maria Academy
12	Charlotte Robertson	M/F	So.	5-6	Edinburgh, Scotland / Millfield School
13	Saar de Boer	M	Fr.	5-7	Amersfoort, Netherlands / Vathorst College
14	Brynn String	M	So.	5-7	Felton, Del. / Lake Forest
15	Sarah Rigual	M	Sr.	5-3	Fredericksburg, Va. / James Monroe
17	Kate Fiest	M	Sr.	5-6	Yorktown, Va. / Tabb
19	Carmella Gannon	M	So.	5-9	Felton, Del. / Lake Forest
22	Claire O'Connor	M/F	Fr.	5-6	Narberth, Pa. / Lower Merion
24	Katie Clarke	M	So.	5-8	Purcellville, Va. / Loudoun Valley
28	Juulke Zanders	M	Fr.	5-5	Venlo, Netherlands / Wings Agora, Roermond

GOALKEEPERS (2)

86	Gabby Prentice	GK	So.	5-8	Arnold, Md. / Archbishop Spalding
99	Jane Baldy	GK	Fr.	5-7	Ellicott City, Md. / Centennial

GEOGRAPHICAL

Argentina (1)

26	Josefina D'Alessandro	F
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Delaware (5)

3	Kate Judy	M
4	Avary Miller	M
5	Amanda Rattay	F
14	Brynn String	M
19	Carmella Gannon	M

Maryland (3)

2	Penelope Kousouris	M/F
86	Gabby Prentice	GK
99	Jane Baldy	GK

Netherlands (5)

7	Linde van Leeuwen	B
13	Saar de Boer	M
18	Livia van't Hek	F
21	Alexa Michielsens	M/F
28	Juulke Zanders	M

Pennsylvania (5)

1	Lily Cosner	B
6	Tetje Williamson	M
9	Lexi Causa	M
10	Ella Cellini	M
22	Claire O'Connor	M/F

Scotland (1)

12	Charlotte Robertson	M
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Texas (1)

20	Kate Klesel	F
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Virginia (4)

11	Elle Patterson	B
15	Sarah Rigual	M
17	Kate Fiest	M
24	Katie Clarke	M

302 BUILT

For the second-consecutive season, Delaware field hockey rosters five players who hail from The First State.

Kate Judy, Avary Miller, Amanda Rattay, Brynn String, and Carmella Gannon all stay home for college field hockey.

In 2026, all three Delaware counties (New Castle, Kent, and Sussex) are represented by field hockey student-athletes.

ROSTER BY CLASS

FIFTH YEARS (2)

Josefina D'Alessandro
Alexa Michielsens

SENIORS (4)

Kate Fiest
Elle Patterson
Sarah Rigual
Tetje Williamson

JUNIORS (3)

Lily Cosner
Lexi Causa
Linde van Leeuwen

SOPHOMORES (9)

Ella Cellini
Katie Clarke
Carmella Gannon
Penelope Kousouris
Gabby Prentice
Amanda Rattay
Charlotte Robertson
Brynn String
Livia van't Hek

FRESHMEN (7)

Jane Baldy
Saar de Boer
Kate Judy
Kate Klesel
Avary Miller
Claire O'Connor
Juulke Zanders



HEAD COACH TARA ZOLLINGER

Hometown: Jeannette, Pa.
High School: Hempfield Area
Alma Mater: Maryland '13
Degree: Sociology
Year in Coaching: 12th in 2025
 (Second as head coach at UD)

NOTABLE HIGHLIGHTS

3x Division I National Champ. (10, 11, 15)
 3x Division II National Champ. ('17, '18, '21)
 Division II Runner-Up (2022)
 6x Division II Semifinal Appearances
 ('17, '18, '21, '22, '23, '24)
 4x NFHCA National Staff of the Year
 2x PSAC Coach of the Year
 3x Conference Champ. (PSAC (2x), MPSF)

AS DELAWARE HEAD COACH

Year	1st in 2025
Overall Record	7-11
Home	3-7
Away/Neutral	4-4
vs. Top 25 Teams	0-1
vs. Top 10/Top 5 Teams	0-0/0-2
In Conference Games	0-0

ZOLLINGER YEAR-BY-YEAR

YEAR	W-L	PCT.	CONF
2017	17-4	.810	9-1
2018	19-4	.826	8-2
2019	12-6	.667	8-2
2021	20-0	1.000	10-0
2022	16-4	.800	7-2
2023	15-5	.750	8-1
2024	19-2	.905	9-0
2025	7-11	.389	0-0
2026	0-0	.353	0-0
TOTAL	7-11	.389	0-0
CAREER	125-36	.776	59-8
Postseason: 10-3 in NCAA DII Playoffs			

HEAD COACH TARA ZOLLINGER

Three-time Division II national championship winning head coach **Tara Zollinger** enters her second season as the head coach for Delaware field hockey in 2026-27 after leading the team to a conference championship in her first year at the helm.

In her first season, she coached Iris Bekker to the MPSF Defensive Player of the Year, while Bekker and five others earned All-MPSF honors.

She joined the Fightin' Blue Hens in March 2025 after eight seasons at Division II Shippensburg University. During her first campaign, Delaware joined the Mountain Pacific Sports Federation (MPSF), where Zollinger coached the Hens to a 2-1 victory over UC Davis in the conference's inaugural championship.

Zollinger came to Newark after spending the previous eight seasons (2017-24) as the head coach at DII Shippensburg in Pennsylvania where she won national championships in 2017, 2018, and 2021. She also led the Raiders to the 2022 national title game and semifinal appearances in 2023 and 2024.

A Jeannette, Pennsylvania native, Zollinger boasts a 118-25 career record, including 59-8 in conference play, and 10-3 in NCAA Tournaments. She has directed four National Field Hockey Coaches Association (NFHCA) Regional Coaching Staffs of the Year, and a trio of NFHCA National Coaching Staffs of the Year.

Over the course of her eight seasons in Shippensburg, Zollinger has produced 41 all-league players, and 23 All-Americans. She's claimed four regular season Pennsylvania State Athletic Conference (PSAC) titles and a pair of conference tournament titles.

Prior to taking the reins for the Raiders, she spent four seasons (2013-16) as an assistant coach at Syracuse where she worked for former Blue Hen and UD Athletics Hall of Fame inductee (2005) Ange Bradley. She helped Bradley and the Orange to a national championship, ACC regular season title, and both NFHCA regional and national coaching staff of the year awards.

At Syracuse, Zollinger was a part of one of the school's most successful seasons. She

helped instruct a 2015 team that posted a perfect 16-0 regular-season record – the first team in 25 seasons to achieve the feat. The No. 1-ranked Orange also swept the 2015 ACC postseason awards, becoming the first team to do so since North Carolina in 1994.

A two-time PSAC Coach of the Year, Zollinger also serves as a coach with USA Field Hockey. She's held a number of roles including nexus coach (2021-25), supplemental coach for the women's U21 team (2024), high performance mid-atlantic region coach (2017-19), talent selection (2013-15, 2018, 2021-24), U14 futures national championship coach (2016-17), futures head coach and director (2014-17), and futures assistant coach (2010-14).

On the national level, Zollinger served a two-year term (2017-18 and 2018-19) as the field hockey representative on the coaches' council for WeCOACH (formerly Alliance of Women Coaches). She was one of 15 coaches from across the country spanning all three NCAA divisions that served on the council, serving as an ambassador in coaching communities and networks. At the completion of her term, Zollinger graduated from WeCOACH Academy 2.0.

She played college field hockey for former Blue Hen and UD Athletics Hall of Famer (1998) Missy Meharg at Maryland. For the Terps, Zollinger was an attacker who won two NCAA Championships (2010, 2011) and two ACC Championships (2009, 2010) – reaching the Final Four in all four of her collegiate seasons. She received Maryland's Kateri Simon Award in 2012, recognizing an athlete that persevered in times of adversity and displayed courage while bringing positive energy to all team sessions.

Zollinger earned her undergraduate degree in sociology in 2013 and was an active member of the Student-Athlete Advisory Committee (SAAC). She was also a development assistant with the University of Maryland Terrapin Club, coordinating and organizing member and donor events.

She also holds two master's degrees in sport administration (2019) and sport and exercise psychology (2018) from Lock Haven.

ZOLLINGER'S COACHING HISTORY

YEAR	SCHOOL	POSITION
2025-Pres.	Delaware	Head Coach
2017-24	Shippensburg	Head Coach
2013-16	Syracuse	Assistant Coach

SUPERLATIVES UNDER TARA ZOLLINGER

Most Goals	6, vs. William & Mary (9/26/25)
Goals Allowed	6, vs. Lafayette (10/31/25)
Shots	22, vs. Towson (10/3/25)
Shots Allowed	30, vs. Northwestern (9/19/25)
Shots on Goal	16, vs. William & Mary (9/26/25)
Saves	10, vs. Northwestern (9/19/25)

ASSISTANT COACHES



ALLY MOONEY
ASSISTANT COACH

Mooney enters her second season as an assistant coach with Delaware field hockey in 2026 after being hired in April of 2025.

Primarily working with the goalies, Mooney assisted both netminders to shutouts in 2025, marking the first time that multiple goalkeepers recorded clean sheets in a season since 2018.

During her first campaign, Delaware joined the Mountain Pacific Sports Federation (MPSF), where Mooney helped the Hens to a 2-1 victory over UC Davis in the conference's inaugural championship.

Mooney came to Newark after spending the previous three seasons under Zollinger at DII Shippensburg, where she served as the program's defensive coordinator. She led a unit that sat atop the nation in goals against average (0.80) and scoring margin (+2.71), while sitting third in shutouts per game (0.48).

In charge of the Raider goalkeepers, Mooney oversaw the emergence of the NCAA Division II leader in save percentage (.821) and helped guide the Raiders to the PSAC Championship game and the NCAA DII Semifinals during the 2023 season.

Mooney joined the coaching staff at her alma mater in 2022, and helped guide the Raiders to their second-consecutive NCAA Division II National Championship Game appearance.

Mooney returned to Shippensburg after spending three seasons as an assistant coach at Appalachian State University, contributing to numerous accomplishments with the Mountaineers.

As a student-athlete at Shippensburg, Mooney was a starting goalkeeper who helped the Raiders win three consecutive NCAA Division II National Championships from 2016-18. She registered a 68-16 record and had an .816 save percentage, recording 24 shutouts between the posts and allowing less than a goal per game over the course of her career.

A native of Spring City, Pa., Mooney earned a bachelor's degree in exercise science with a minor in coaching in December 2018 and her master's degree from Shippensburg in 2023 in organizational development and leadership with a concentration in business.



DEVIN KINZEL
ASSISTANT COACH

Kinzel will begin her second campaign as an assistant coach with the Delaware field hockey program for the 2026 season after being hired in July 2025.

During her first campaign, Delaware joined the Mountain Pacific Sports Federation (MPSF), where Kinzel helped the Hens to a 2-1 victory over UC Davis in the conference's inaugural championship.

Kinzel spent four seasons on the Temple University field hockey team and assumed a role as a volunteer assistant with her alma mater beginning in January of 2025.

During her playing career, she was a team captain her senior season and earned All-BIG EAST Second Team honors while helping the Owls achieve their furthest postseason run since 2015.

Her stint as a coach with her former team allowed her to assist with team management and game preparation, as well as mentoring players while encouraging academic and athletic success.



SYDNEY RHODES-JAMES
VOLUNTEER ASSISTANT COACH

Sydney Rhodes-James will begin her second campaign as an assistant coach with the Delaware field hockey program for the 2026 season after being hired in July 2025.

During her first campaign, Delaware joined the Mountain Pacific Sports Federation (MPSF), where Kinzel helped the Hens to a 2-1 victory over UC Davis in the conference's inaugural championship. This was the fifth conference championship Rhodes-James has been a part of as a Fightin' Blue Hen.

Rhodes-James returned to Newark after graduating in 2019 and making multiple coaching stops along the way.

The Delaware alum was a five-year goalie for the Blue Hens, who made 50 appearances, including nine during the Hen's run to capturing the 2016 NCAA Division I Championship. She graduated in 2019 with a bachelor's degree in health behavior science from Delaware's College of Health Sciences.

Her collegiate coaching experience includes time as an assistant coach with the University of Pennsylvania, where she spent four seasons from 2021-24 with a specialized focus in coaching the goalkeepers and organizing team logistics.

During that time, Penn was able to have a goalie earn First Team All-Ivy League under Rhodes-James' tutelage.

After leaving Philadelphia, Rhodes-James reconnected with H2O in January 2025, becoming the program's co-director, head coach, and head goalkeepers coach for players aged 10-19.

SUPPORT STAFF

Dorian Shaw // Sport Administrator
Bridget Burger // Academic Advisor
Madison Feeser // Athletic Trainer
Katie Bertolet // Strength & Conditioning
Hanalyn Podgurski // Nutritionist
Christina Rasnake // Director, Sports Science & Analytics

Andrew Reisman, MD // Chief Medical Officer
Noah Barraclough // Communications Contact
Josephine van Wijk // Team Manager
Nico Campbell // Practice Player

COACHES IN COLLEGE



TARA ZOLLINGER

MARYLAND '13

Quick Facts: Played in 19 games as a member of the Terrapins... Coached by Delaware field hockey program alum, Missy Meharg '85... Part of the 2010 and 2011 Division I National Championship teams... Appeared in a 4-0 win at Delaware in her sophomore season.... Recorded an assist against Rutgers in her senior year... Maryland played to a 19-0 record in Zollinger's games played.



ALLY MOONEY

SHIPPENSBURG '18

Quick Facts: Started 84 games in goal for Shippensburg across four seasons... Was a two-time national champion, as well as a two-time NFHCA All-American... Held a 68-16 record with 27 shutouts, in addition to a .816 save percentage in goal... Led the NCAA in GAA (0.43) and save percentage (.894) in 2016.



DEVIN KINZEL

TEMPLE '24

Quick Facts: Played four seasons for the Owls... Played 77 games, starting 70... Scored 14 goals and dished out nine assists, including a career high seven goals in 2024... Earned BIG EAST All-Conference Second Team in her senior season.



SYDNEY RHODES-JAMES

DELAWARE '19

Quick Facts: Played 50 games in cage for the Blue Hens from 2015-19... Was part of the 2016 Division I NCAA Championship team... Earned All-CAA first team in her final two seasons... Started her final 35 games of her career, playing to a 24-11 record.



MPSF



STAFF

Foti MellisCommissioner
 Darren Preston.....
Associate Commissioner, Media Relations
 Steve Robertello.....
Associate Commissioner, Championships
 Kaia Hedlund.....
Associate Commissioner, SWA
 Eli Henderson.....Administrative Intern

FIELD HOCKEY MEMBERS

University of Delaware - Field Hockey - 2025-26

University of California, Davis - Field Hockey
 (2025-PRESENT), Women's Gymnastics
 (2002-PRESENT), STUNT (Starting in 2027)

Queens University, Charlotte - Field Hockey -
 (2026-PRESENT)

WEEKLY SCHEDULE

Aug. 28	Time (ET)
Central Michigan @ UC Davis	4:00 P.M.
Villanova @ Delaware	5:00 P.M.
Queens @ Richmond	5:00 P.M.
Aug. 30	Time (ET)
Delaware @ Monmouth	12:00 P.M.
Queens @ Longwood University	12:00 P.M.
UMass Lowell @ UC Davis	4:00 P.M.

2026 RETURNING ALL-CONFERENCE

2025 MPSF Offensive Player of the Year
 Karly Redman, UC Davis

2025 MPSF Offensive Player of the Year
 Addy Collingwood, UC Davis

2025 All-MPSF Team (Returners)

Karly Redman, UC Davis
 Ella Franken, UC Davis
 Morgan Caldera, UC Davis
Sarah Rigual, Delaware
Kate Fiest, Delaware
Alexa Michielsen, Delaware
Linde van Leeuwen, Delaware



2026 MPSF WEEKLY AWARDS

Offensive Player of the Week

Sept. 1 -
 Sept. 8 -
 Sept. 15 -
 Sept. 22 -
 Sept. 29 -
 Oct. 6 -
 Oct. 13 -
 Oct. 20 -
 Oct. 27 -
 Nov. 3 -

Defensive Player of the Week

Sept. 1 -
 Sept. 8 -
 Sept. 15 -
 Sept. 22 -
 Sept. 29 -
 Oct. 6 -
 Oct. 13 -
 Oct. 20 -
 Oct. 27 -
 Nov. 3 -



delaware

STARTERS BY GAME

OPP	B	B	B	M	M	M	F	F	F	B/M/F	GK
-----	---	---	---	---	---	---	---	---	---	-------	----

vs. Villanova
at Monmouth
at Penn State
at Ohio State
at Kent State
vs. Wake Forest
at Old Dominion
vs. Fairfield
at Temple
at Maryland
Lehigh
at Lafayette
at Richmond
at VCU
UC Davis
Georgetown
Towson



delaware

MISCELLANEOUS GAME INFO

OPP	DAY/NIGHT GAME	FIRST POSS.	LENGTH	JERSEY	RESULT
vs. Villanova					
at Monmouth					
at Penn State					
at Ohio State					
at Kent State					
vs. Wake Forest					
at Old Dominion					
vs. Fairfield					
at Temple					
at Maryland					
Lehigh					
at Lafayette					
at VCU					
UC Davis					
Georgetown					
Towson					



delaware

STATISTICAL LEADERS

OPP	GOALS	SHOTS	ASSISTS	SAVES
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vs. Villanova
 at Monmouth
 at Penn State
 at Ohio State
 at Kent State
 vs. Wake Forest
 at Old Dominion
 vs. Fairfield
 at Temple
 at Maryland
 Lehigh
 at Lafayette
 at VCU
 UC Davis
 Georgetown
 Towson

delaware

SCORING PLAYS

GOAL SCORER	ASSIST(S)	OPPONENT	TIME & QUARTER	SEASON GOAL NUM.
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delaware

2025 SEASON STATS

Record:	Overall	Home	Away	Neutral
All Games	7-11	3-7	3-4	1-0

Date	Opponent	W/L	Score	Att.
11/8/2024	vs UC Davis	W	2-1	175
8/29/2025	TEMPLE	L	4-5	319
8/31/2025	CALIFORNIA	L	4-5	284
9/5/2025	at Penn State	L	2-3	440
9/12/2025	KENT ST.	W	2-0	350
9/14/2025	BUCKNELL	W	3-1	288
9/19/2025	NORTHWESTERN	L	0-4	498
9/21/2025	at HAVEN	W	4-0	369
9/24/25	at Saint Joseph's	L	1-2	295
9/26/2025	WILLIAM & MARY	W	6-1	283
9/28/2025	OHIO ST.	L	0-4	386
10/3/2025	at Towson	W	1-0	219
10/5/2025	at Drexel	W	2-1	0
10/12/2025	at Wake Forest	L	1-4	255
10/19/2025	OLD DOMINION	L	1-2	331
10/26/2025	AMERICAN	L	1-5	292
10/31/2025	LAFAYETTE	L	4-6	205
11/2/2025	at Penn	L	2-3	205

Team Statistics	DELAWARE	OPP
SHOT STATISTICS		
Goals-Shot Att.	40-229	47-241
Goals Per Game	2.22	2.61
Shot Pct.	0.175	0.195
Shots on Goal-Att.	130-229	124-241
SOG Pct.	0.568	0.515
Shots/Game	12.7	13.4
PENALTY CORNERS	111	128
PENALTY STROKES	2-4	3-6
PENALTIES		
Yellow Cards	6	8
Red Cards	0	0
ATTENDANCE		
Total	3,236	1,958
Dates-Avg Per Date	10/323	8/244
Neutral Site #-Avg	1/175	

#	Player	GP	G	A	PTS	SH	SH%	SOG	SOG%	YC-RC	GW	PK-ATT	DS
8	Bekker, Iris	18	8	4	20	53	0.151	30	0.566	0-0	2	1-3	1
17	Fiest, Kate	18	5	8	18	18	0.278	13	0.722	1-0	0	0-0	0
21	Michielsen, Alexa	18	6	2	14	29	0.207	17	0.586	2-0	1	0-0	0
15	Rigual, Sarah	18	3	7	13	15	0.200	5	0.333	0-0	0	0-0	0
18	van't Hek, Livia	17	5	1	11	18	0.278	11	0.611	0-0	1	0-0	0
3	Whitehead, Rachael	18	3	3	9	14	0.214	7	0.500	0-0	0	1-1	0
2	Miller, Emma	18	3	1	7	21	0.143	13	0.619	1-0	0	0-0	0
7	van Leeuwen, Linde	18	2	2	6	16	0.125	7	0.438	0-0	1	0-0	1
22	Sabbagh, Noelle	18	2	2	6	24	0.083	11	0.458	1-0	1	0-0	0
5	Rattay, Amanda	18	2	0	4	6	0.333	5	0.833	0-0	0	0-0	0
1	Cosner, Lily	18	1	1	3	2	0.500	2	1.000	0-0	1	0-0	3
24	Clarke, Katie	18	0	2	2	7	0.000	6	0.857	1-0	0	0-0	0
10	Cellini, Ella	18	0	1	1	5	0.000	3	0.600	0-0	0	0-0	0
25	Baker, Lainey	1	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
4	Medinger, Cameron	16	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
99	Merashoff, Kristi	14	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
11	Patterson, Elle	7	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
86	Prentice, Gabby	6	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
12	Robertson, Charlotte	6	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
20	Rothwell, Izzy	6	0	0	0	0	0.000	0	0.000	0-0	0	0-0	0
14	String, Brynn	16	0	0	0	1	0.000	0	0.000	0-0	0	0-0	0
6	Williamson, Tetje	17	0	0	0	0	0.000	0	0.000	0-0	0	0-0	2
Total		18	40	34	114	229	0.175	130	0.568	6-0	7	2-4	7
Opponent		18	47	38	132	240	0.196	123	0.513	8-0	11	3-6	2

#	Goalie	GP	MIN	GA	GAA	SAVE	PCT	W-L-T	SHO
99	Merashoff, Kristi	14	802:36	37	2.77	61	0.622	5-8-0	2/0
86	Prentice, Gabby	6	303:56	9	1.78	9	0.500	2-3-0	1/0
Total		18	1106:32	46	2.49	70	0.603	7-11-0	3
Opponents		18	1111:52	40	2.16	88	0.688	--	2

Goals by Period	1st	2nd	3rd	4th	OT	OT2	Total
DELAWARE	6	12	11	11	0	0	40
Opponents	8	11	11	14	1	2	47

Shots by Period	1st	2nd	3rd	4th	OT	OT2	Total
DELAWARE	61	58	51	56	3	0	229
Opponents	48	55	54	75	5	4	241

Saves by Period	1st	2nd	3rd	4th	OT	OT2	Total
DELAWARE	15	18	13	28	2	1	77
Opponents	25	17	20	28	0	0	90

Corners by Period	1st	2nd	3rd	4th	OT	OT2	Total
DELAWARE	24	34	22	30	1	0	111
Opponents	27	19	37	42	1	2	128

Fouls by Period	1st	2nd	3rd	4th	OT	OT2	Total
DELAWARE	97	91	101	109	5	0	403
Opponents	100	120	101	104	3	0	428

delaware

NCAA RANKINGS

Statistic	National Rank	Conference Rank	Value	National Leader	Value	Conference Leader	Value
Assists Per Game (78 ranked)	33	1	1.89	Miami (OH)	3.86	Delaware	1.89
Defensive Saves (70 ranked)	14	1	7	Lehigh	14	Delaware	7
Goals Against Average (79 ranked)	57	2	2.53	Massachusetts	0.71	UC Davis	2.18
Goals Per Game (79 ranked)	41	1	2.22	Miami (OH)	4.05	Delaware	2.22
Penalty Corners Per Game (79 ranked)	36	1	6.17	Cornell	10.53	Delaware	6.17
Points Per Game (79 ranked)	39	1	6.33	Miami (OH)	11.95	Delaware	6.33
Save Percentage (79 ranked)	79	2	0.598	Massachusetts	0.826	UC Davis	0.625
Saves Per Game (79 ranked)	56	1	3.89	Lock Haven	11.33	Delaware	3.89
Scoring Average (79 ranked)	39	1	2.15	Miami (OH)	3.99	Delaware	2.15
Scoring Margin (44 ranked)				Northwestern	2.82		
Shutouts Per Game (75 ranked)	49	1	0.17	Massachusetts	0.55	Delaware	0.17
Winning Percentage (79 ranked)	55	1	0.389	Northwestern	0.957	Delaware	0.389

Statistic	Player	National Rank	Conference Rank	Value	National Leader	Value	Conference Leader	Value
Assists Per Game (149 ranked)	Kate Fiest	60	1	0.44	Pati Strunk, Syracuse	1.15	Kate Fiest, Delaware	0.44
	Sarah Rigual	76	2	0.39				
Defensive Saves (19 ranked)	Lily Cosner	19	1	3	Zoe Day, Lehigh	9	Lily Cosner, Delaware	3
Goalie Win-Loss Pct (80 ranked)	Krista Merashoff	54	2	0.385	Juliana Boon, Northwestern	0.950	Addison Collingwood, UC Davis	0.429
Goals Against Average (80 ranked)	Krista Merashoff	64	2	2.77	Linde Burger, Harvard	0.70	Addison Collingwood, UC Davis	2.20
Goals Per Game (144 ranked)	Iris Bekker	85	3	0.44	Dionne van Aalsum, Iowa	1.40	Ella Franken, UC Davis	0.50
	Alexa Michielsen	144	4	0.33			Karly Redman, UC Davis	0.50
Points Per Game (145 ranked)	Iris Bekker	98	2	1.11	Lotte Haagmans, LIU	3.12	Ella Franken, UC Davis	1.31
	Kate Fiest	115	3	1.00				
Save Percentage (80 ranked)	Krista Merashoff	78	2	0.622	Myrte van Herwijnen, Massachusetts	0.826	Addison Collingwood, UC Davis	0.632
Saves Per Game (80 ranked)	Krista Merashoff	41	1	4.36	Sophie Mooldijk, Longwood	10.35	Krista Merashoff, Delaware	4.36

delaware TV ROSTER



1

**LILY
COSNER**

Junior
B | 5-2
Doylestown, Pa.
Central Bucks West



2

**PENELOPE
KOUSOURIS**

Sophomore
M/F | 5-2
Baltimore, Md.
Bryn Mawr School
(Wake Forest)



3

**KATE
JUDY**

Freshman
M | 5-8
Newark, Del.
Caravel Academy



4

**AVARY
MILLER**

Freshman
M | 5-2
Lewes, Del.
Cape Henlopen



5

**AMANDA
RATTAY**

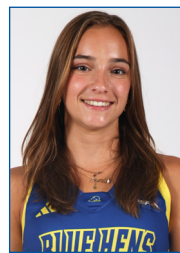
Sophomore
F | 5-6
Newark, Del.
Newark Charter



6

**TETJE
WILLIAMSON**

Senior
M | 5-4
Oley, Pa.
Oley Valley



7

**LINDE
VAN LEEUWEN**

Junior
B | 5-6
Heemstede, Netherlands
Lyceum Sancta Maria
(Bryant)



9

**LEXI
CAUSA**

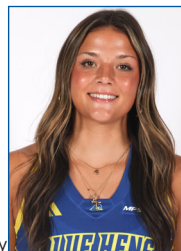
Junior
M/F | 5-8
Easton, Pa.
Easton Area
(Wake Forest)



10

**ELLA
CELLINI**

Sophomore
M | 5-5
Phoenixville, Pa.
Villa Maria Academy



11

**ELLE
PATTERSON**

Senior
B | 5-7
Ashburn, Va.
Independence HS



12

**CHARLOTTE
ROBERTSON**

Sophomore
M/F | 5-6
Edinburgh, Scotland
Millfield School



13

**SAAR
DE BOER**

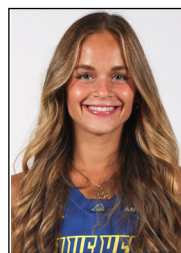
Freshman
M | 5-7
Amersfoort, Netherlands
Vathorst College



14

**BRYNN
STRING**

Sophomore
M | 5-7
Felton, Del.
Lake Forest



15

**SARAH
RIGUAL**

Senior
M | 5-3
Fredericksburg, Va.
James Monroe



17

**KATE
FIEST**

Senior
M | 5-6
Yorktown, Va.
Tabb HS



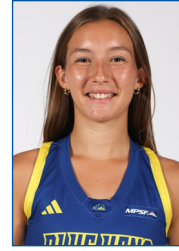
18

**LIVIA
VAN'T NEK**

Sophomore
F | 5-8
Amsterdam, Netherlands
St. Nicolasaslyceum

delaware

TV ROSTER

**19****CARMELLA
GANNON**Sophomore
M | 5-9
Felton, Del.
Lake Forest**20****KATE KLEISEL**Freshman
F | 5-5
Houston, Texas
Episcopal**21****ALEXA
MICHIELSEN**Fifth Year
M/F | 5-4
Bloemendaal, Netherlands
Int. School of Amsterdam
(Shippensburg)**22****CLAIRE
O'CONNOR**Freshman
M/B | 5-6
Narberth, Pa.
Lower Merion**24****KATIE
CLARKE**Sophomore
M | 5-8
Purcellville, Va.
Loudoun Valley**26****JOSEFINA
D'ALESSANDRO**Fifth Year
F | 5-6
Buenos Aires, Argentina
United
(Argentina de la Empresa)**28****JUULKE
ZANDERS**Freshman
M | 5-5
Venlo, Netherlands
Wings Agora, Roermond**86****GABBY
PRENTICE**Sophomore
GK | 5-8
Arnold, Md.
Archbishop Spalding**99****JANE
BALDY**Freshman
GK | 5-7
Ellicott City, Md.
Centennial**TARA
ZOLLINGER**Head Coach
2nd season
Maryland '13**ALLY
MOONEY**Assistant
Coach
2nd season
Shippensburg '18**DEVIN
KINZEL**Assistant
Coach
2nd season
Temple '24**SYDNEY
RHODES-JAMES**Assistant Coach
2nd season
Delaware '19