

**Bethel College Track & Field  
Outdoor School Records**

**WOMEN**

<b>Event</b>	<b>Athlete</b>	<b>Mark</b>	<b>Year</b>
100 Meters	Marla Kaufman	12.00	1981
200 Meters	Jennifer Andres	24.94	2018
400 Meters	Debbie Reiger	56.23	1985
800 Meters	Cynthia Alexander	2:14.60	1976
1500 Meters	Shantierra Jackson	4:58.78	2021
5000 Meters	Natasha Esau	18:45.88	2010
10,000 Meters	Anette Gingerich	38:33.52	2009
100 Meter Hurdles	Kendra Doyle	14.47	2001
400 Meter Hurdles	Kendra Doyle	1:01.44	2001
3000 Meter Steeplechase	Natalie Graber	12:24.81	2022
5000 Meter Racewalk	Lynnzey Young	39:53.93	2022
High Jump	Michelle Rempel	5'8"/1.73m	1989
Pole Vault	Anna Bucklin	9'6"/2.89m	2005
Long Jump	Alyjah Kennedy	18'7.75"/5.67m	2019
Triple Jump	Alyjah Kennedy	38'3.5"/11.67m	2019
Shot Put	Bonnie Welty	42'4"/12.90m	1989
Discus Throw	Erin Bradley	140'0"/42.68m	2013
Javelin Throw	Stacy Koontz	143'5"/43.71m	1995
Hammer Throw	Kristen Herzet	156'3"/47.62m	2019
Heptathlon			
4X100m Relay	Aubry Grame, Laiya Palmer, Mia Roman, Stephany Meyer	49.54	2022
4X400m Relay	Connie Regier, Carmen Goering, Andrea Schmidt, Debbie Regier	3:54.81	1983
4X800m Relay	Christina Hull, Jackie Kamphaus, Alyssa Schrag, Kristen Schrag	10:11.40	2008
1/2 Marathon			
Marathon			

**MEN**

<b>Event</b>	<b>Athlete</b>	<b>Mark</b>	<b>Year</b>
100 Meters	Trey Palmer	10.42	2021
200 Meters	Kemroy Cupid	20.91	2021
400 Meters	Braylen Brewer	46.93	2021
800 Meters	Isaiah Bartel	1:53.82	2022
1500 Meters	John Muthama	3:45.74	1976
5000 Meters	John Muthama	14:00.14	1976
10,000 Meters	Tim Lohrentz	32:25.14	1984
110 Meter Hurdles	Phillip Everett	14.54	1976
400 Meter Hurdles	Brandon Carter	52.61	1997
3000 Meter Steeplechase	John Muthama	9:24.64	1976
5000 Meter Racewalk			
High Jump	Eric Unrau	6'10"/2.08m	1984
Pole Vault	Eric Peters	16'1"/4.90m	1996
Long Jump	Joe Scott	24'0.5"/7.32	1993
Triple Jump	Scott Goering	45'8"/13.92	2009
Shot Put	Kyle Wilson	56'3.25"/17.15m	2019
Discus Throw	Tim Conrad	174'0"/53.04m	1984
Javelin Throw	Jeff Buller	216'3"/65.91m	1984
Hammer Throw	Tim Conrad	167'5"/51.03	1984
Decathlon			
4X100m Relay	Trey Palmer, Kemroy Cupid, Rudy Juarez, Braylen Brewer	40.69	2021
4X400m Relay	Al Berganza, Brent Martens, Chad Unrau, Doug DeGroot	3:18.69	2001
4X800m Relay	Nick Morgan, Isaiah Bartel, Arran Kearney, Mauro A. Campos	7:52.77	2021
½ Marathon			
Marathon			