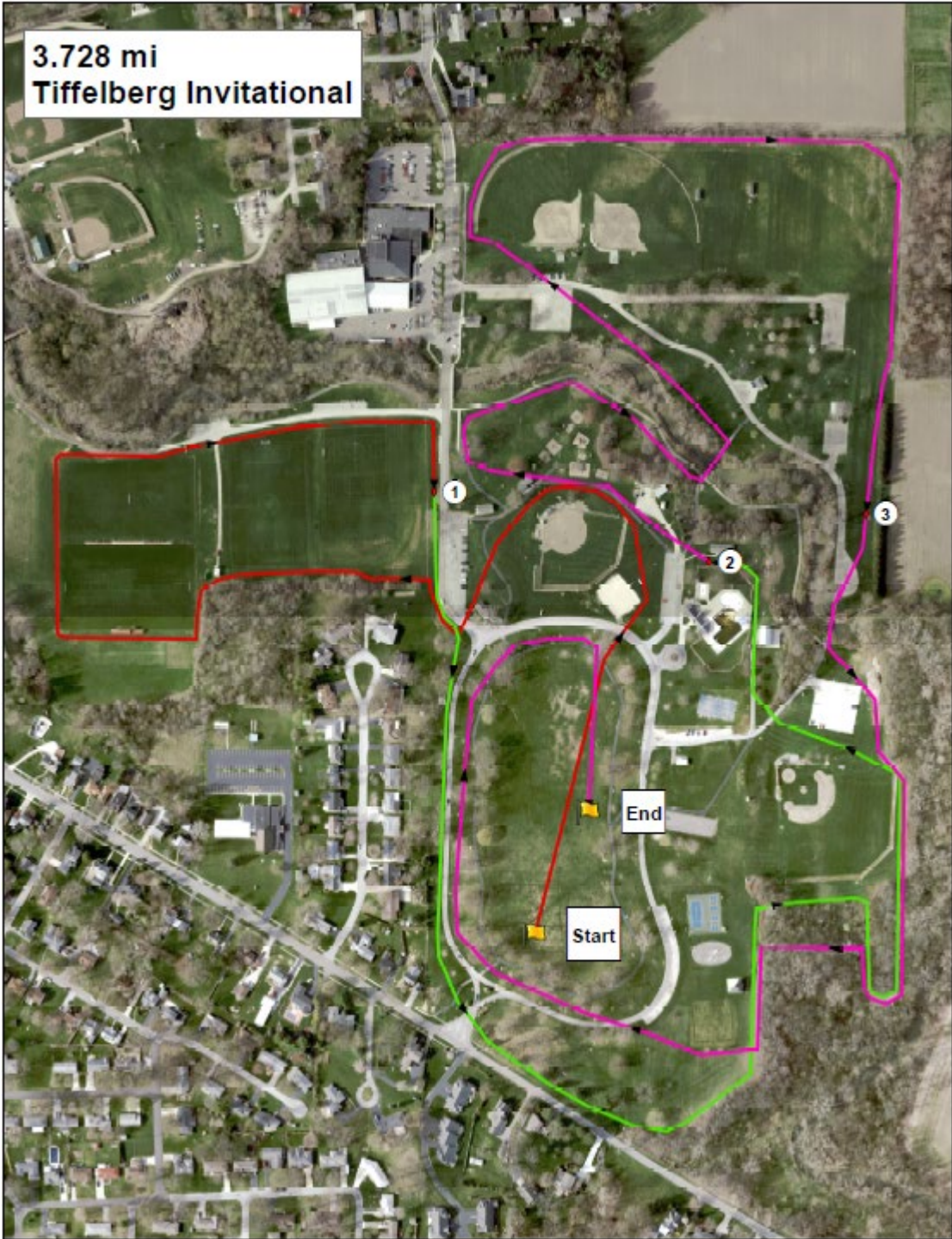


2019 Tiffelberg Open

Saturday, September 14th, 2019

- Race Times:** 8:00 AM—Packet Pick Up, Course Opens
10:00 AM—Women's 6k
10:45 AM—Men's 8k
12:00 PM—Awards Presentation
- Location:** Hedges Boyer Park—491 Coe St, Tiffin, OH 44883
- Entry Fee:** \$100.00 per gender or \$200.00 per institution, payable to Heidelberg University Cross Country
- Entries:** All entries will be done through Direct Athletics.
- Course Description:** Both races are 5k loops, with additional 1k loop for the 6k and an 1.5k loop run at two different points during the 8k race. All miles will be marked, and course maps are on the following pages and will be included in race packets.
- Athletic Trainers:** Athletic Trainers will be available with ice and water. No electric modalities will be available at the course.
- Awards:** Plaques will be awarded to the winning team for each gender in each race, along with a t-shirt to the top 10 finishers per gender per race. Awards ceremony will take place at the amphitheater by the tennis courts.
- Restrooms/Facilities:** Portable restrooms will be available on site near the start line, as well as throughout the park. Shelters are located in numerous spots in the park.
- Questions:** Contact Brian Grime at 567-207-1601 or bgrime@heidelberg.edu

Women's 6K Course Map



Men's 8K Course Map

