



**Berea College**  
**Athletics**

**2018-19 Student-Athlete Handbook**

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*While every effort is made to provide accurate and current information, the College reserves the right to change, without notice, statements in this Student-Athlete Handbook, the Student Handbook, College Catalog or other publications concerning rules, policies, fees and other matters. In cases where a discrepancy in information exists between various College publications, the information contained in the Student Handbook or College Catalog will prevail.*



Welcome to the intercollegiate athletics program at Berea College. This student-athlete handbook has been developed to provide you with pertinent information about our teams and programs. It is our hope that this information will answer many questions you may have as a Berea College student-athlete and help ensure you have a positive student-athlete experience. **It is the responsibility of each student-athlete to read and understand all the information contained in this handbook.** Please let me know if you have any questions as you read through the information which has been provided.



*Mark R. Cartmill*

Mark R. Cartmill  
Director of Athletics and the Seabury Center  
Seabury Center x3922

## INTRODUCTION

### Athletic Department Mission Statement

The Berea College intercollegiate athletic department seeks to carry forth the mission of the institution through athletic participation. The mission of our institution is grounded in a challenging set of Great Commitments built upon the college's scriptural foundation, "God has made of one blood all peoples of the earth." Berea College recognizes this mission can be manifested through intercollegiate athletics and seeks to develop athletic abilities within our student-athletes that model the high standards of our institution and the established foundational principles. To achieve this purpose, the Berea College athletic department commits itself

- To develop student-athletes who gain an understanding and respect for individuals from other backgrounds and cultures, both teammates and opponents, while recognizing their competitors as worthy adversaries.
- To field disciplined teams who find value in the competitive experience and appreciation for physical performance; thus, compete out of love for the sport, the thrill of competition and the fulfillment of personal and team goals.
- To promote pride in the campus community among students, alumni, faculty, staff and larger Berea community by providing a forum for social gatherings and the development of athletic traditions.
- To encourage student-athletes to become servant leaders through involvement in community service activities, initiatives and projects.
- To provide superior facilities for competition, teaching and training.
- To offer personal enrichment programs designed to develop an understanding of teamwork, character, ethics, maturity and fair play for student-athletes.
- To teach student-athletes how to focus energies and live balanced lives through incorporating healthy habits of wellness in both exercise and study.
- To have our department recognized as an example of excellence in both academic scholarship and conduct.

## INTRODUCTION

### Athletic Department Statement of Philosophy

At Berea College the intercollegiate athletic program is an integral part of the total educational curriculum and operates under the auspices of the Academic Vice President and Dean of the Faculty. Intercollegiate athletics represent the peak of a well planned physical education and intramural sports program, serving as a stimulus to and being strengthened by, these programs. As such, the department's purpose is 1) to emphasize the learning of athletic skills and 2) to provide athletic experiences which promote the physical, moral, social, spiritual and intellectual growth and development of the students through involvement in intercollegiate athletics. The following goals are designed to strive toward achievement of these purposes.

### Goals and Objectives

- 1) The Berea College Intercollegiate Athletics program seeks to maintain a program that is integrated with the educational goals and commitments of the institution. Students participating in intercollegiate sports are expected to fulfill their academic and labor responsibilities as well as act as representatives of the College. Prospective athletes must meet all institutional requirements for admission and are given no preferential treatment in the admissions process. The college provides no financial assistance to student-athletes other than that which is awarded to any student based solely on need. They are expected to meet all academic requirements of the College for progress toward graduation and grade point average maintenance, as well as the scholastic membership regulations of any conference and national athletic affiliations. Only full time students with regard to institutional and athletic affiliation requirements are eligible for participation.
- 2) The Berea College Intercollegiate Athletics program emphasizes equitable opportunities for both men and women to experience a wide variety of intercollegiate sports. Team offerings are established through long range planning to develop a well-balanced program consistent with, and in consideration of, student interest and gender equity, as well as availability of facilities and competition.
- 3) It is expected that intercollegiate athletics will serve the students and institution through the development of goals, time management and leadership skills, as well as the commitment to work. The program serves to promote athletic competitions that focus attention on the positive aspects of physical achievement and the physiological benefits afforded by the lifetime carryover of physical activity and wellness. In addition the fundamental principles of honesty, effort and attitude are of value to the rest of the collegiate community and the larger institutional constituency. Intercollegiate athletics are expected to contribute to the well balanced life on the campus, to the physical and social development of many young men and women and to vigorous and friendly civic and interschool relationships.
- 4) Student-athletes, although varied and diverse in interest and ability, share a common interest in athletic participation. The Berea College intercollegiate athletic program seeks, as do

other extracurricular activities, to offer the interested student an opportunity for development in a special field of activity.

- 5) Coaches are expected to schedule campus departures through the athletic department, who will clear the events with the appropriate offices. Individual students are responsible for informing their instructors of any absences as a result of intercollegiate competition and for making arrangements to complete all class assignments.
- 6) Athletic program personnel are expected to be an integral part of the institution, personally committed to its mission and philosophy. The full and part-time coaches, operating on a philosophy that athletes are students first, function as teachers and leaders of individuals. Coaching is considered to be an extension of teaching, which is the primary responsibility of coaches. Academic credit for intercollegiate athletic participation is available; however, it is limited to one quarter course credit for a particular sport. To receive credit, participants must register for each term in the academic year in which that sport is scheduled.
- 7) Coaches intend to develop and maintain in student-athletes proper attitudes toward winning and losing as well as respect for fellow competitors. Coaches are expected to encourage competition, not for the tangible rewards, but for the moral and ethical values of goal development, fair play and sportsmanship. To that end, competition levels and intercollegiate affiliations are sought which are compatible with Berea's educational philosophy. It is understood that our team schedules are limited, by practicality and economic necessity, to schools within our geographical region. Berea's athletic program personnel are expected to regularly assess the College's affiliate relationships and take advantage of any opportunity that would provide a comparable level of competition and benefit the student-athlete.

## INTRODUCTION

### Program Overview

Berea College currently declares sixteen (16) athletic programs, eight for men and eight for women, as well as sponsoring a co-ed cheerleading team. For men, we have programs in baseball, basketball, cross country, golf, indoor track and field, outdoor track and field, soccer and tennis. For women, we sponsor sports in basketball, cross country, indoor track and field, outdoor track and field, soccer, softball, tennis and volleyball.

With the exception of golf, we are fortunate to have all of our athletic facilities for practice and competition on campus. The basketball teams play and practice in the main arena of the Seabury Center, the volleyball team plays and practices in the upper gym of the Seabury Center and our indoor track teams utilize the indoor track located on the third floor of the Seabury Center. Our tennis teams play and practice at the Evans Tennis Complex, which is adjacent to the Berea College Track. Across the street from the track is the Berea College Sports Complex, home of the Mountaineer baseball, softball and soccer teams. The cross country teams train mostly on the cross country trails beyond the alumni fields. The golf team calls Battlefield Golf Club, located just a few miles from campus, their home course.

The College is in the process of transitioning all athletic programs to the National Collegiate Athletic Association (NCAA) Division III and we are currently in our second provisional year. Throughout this process, we are maintaining a joint membership in the United States Collegiate Athletic Association (USCAA).

## INTRODUCTION

### NCAA Division III Philosophy

Academics are the primary focus for Division III student-athletes. The division minimizes the conflicts between athletics and academics and keeps student-athletes on a path to graduation through shorter practice and playing seasons, the number of contests, no red-shirting and regional competition that reduces time away from academic studies. Student-athletes are integrated on campus and treated like all other members of the general student-body, keeping them focused on being a student first.

#### *Discover*

Division III student-athletes are encouraged to pursue their interests and passions beyond the classroom and field of play...to discover themselves.

#### *Develop*

Division III institutions provide an environment that encourages student-athletes to develop into well-rounded adults. Small class sizes, the ability to participate in more than one sport, and an emphasis on participating activities outside of the classroom are all hallmarks of the Division III experience.

#### *Dedicate*

Division III institutions expect student-athletes to dedicate themselves to achieving their potential. Student-athletes must manage their busy schedules, keep up with class work and face the same challenges as the rest of the student-body.

## STUDENT-ATHLETE INFORMATION

### Sportsmanship Statement

Berea College Athletics will promote the character development of our student-athletes, to enhance the integrity of higher education and to promote civility among student-athletes, coaches and all others associated with our athletic programs. Athletic events should adhere to such fundamental values as respect, fairness, civility, honesty and responsibility. These values should be manifest not only in athletics participation but also in the broad spectrum of activities affecting the athletic program.

To assist in achieving these purposes, the college has adopted this sportsmanship statement, which will be read aloud prior to every home athletic contest:

*“Berea College welcomes all players, officials, coaches, and fans to today’s contest. As a member of the National Collegiate Athletic Association and [conference], Berea is committed to the true spirit of competition and strives to be a champion of character institution. As part of that commitment, the College embraces these core character values:*

- *Respect*
- *Integrity*
- *Responsibility*
- *Servant Leadership, and*
- *Sportsmanship.*

*Berea College expects both athletes and fans alike to abide by these five values and work to create a positive environment in which the athletes may compete, the referees may officiate, and the spectators may enjoy the contest. Fans, athletes, coaches and any others who do not respect these values may be asked to leave the contest area especially when using profane speech, racial or ethnic comments, physical violence, or other intimidating actions.*

*We appreciate your compliance with the character values Berea College and its opponents embrace. Please enjoy today’s contest.*

## STUDENT-ATHLETE INFORMATION

### Responsibilities as a Student-Athlete

As a member of an athletics team at Berea College you are expected to do the following:

1. Represent Berea College with exemplary behavior (see Code of Conduct)
2. Maintain eligibility
  - a. **Academic** - with regard to GPA, class load, and credits earned
  - b. **Medical** – up-to-date physical or medical screening, current medical history, and proof of insurance on file per ATS software program
3. Follow policies and procedures concerning conflicts between classes and practices and contests
4. Assume responsibility for assigned equipment in accordance with Uniform Responsibility Waiver
5. Participate in post-season coach and program evaluations
6. Follow Athletics Department and specific team rules and policies
7. Attend all informational meetings and eligibility meetings with the Athletics Director or Compliance Coordinator
8. Follow guidelines on conditioning and injury care as recommended by the athletics training staff

## STUDENT-ATHLETE INFORMATION

### Eligibility

#### *Academic*

To be eligible for participation in intercollegiate athletics practices and competition, a student-athlete must meet the requirements listed in each of the following areas:

- a. Full-Time Enrollment: must be registered for a minimum of 3.0 credits (equivalent to 12 semester hours). Withdrawing below 3.0 credits will result in immediate ineligibility. You must inform your coach and check with the Compliance Coordinator before withdrawing from any class during the semester.
- b. Good Academic Standing: must maintain good academic standing at Berea College. Berea currently defines good academic standing as any non-suspended student.
- c. Satisfactory Progress: must maintain satisfactory progress towards their degree. Berea College expects all enrolled students to make Satisfactory Academic Progress (SAP) toward completion of degree requirements. Satisfactory Academic Progress includes both GPA and credits standards. Students will be placed on Academic Probation at the end of any regular term for failure to maintain a minimum 2.0 cumulative grade point average (GPA) or meet the credit requirements identified in the Satisfactory Academic Progress (SAP) Chart.

Term One: 3 credits/12 hours

Term Two: 6 credits/24 hours

Term Three: 9 credits/36 hours

Term Four: 13 credits/52 hours

Term Five: 18 credits/72 hours

Term Six: 22 credits/88 hours

Term Seven: 26 credits/104 hours

Term(s) Eight or more: 32 credits/128 hours

In accordance with Division III by-laws, student-athletes will not be allowed to compete while on academic probation. The following exceptions to probation policies and the policy regarding appeal of probation status from the College Catalog will apply and are listed below:

#### Exceptions to Probation Policies

Students who do not meet the SAP standards as a result of one or more incomplete (I) grades will have their probation status re-evaluated once the incomplete(s) has been resolved. If the student meets all of the SAP standards at that point, the probation status will be removed as of the term the incomplete is resolved.

Students who are placed on Academic Probation at the end of the spring term will have the opportunity to meet the SAP standards for that term with summer coursework either at Berea or another college (please see the College Catalog and Student Handbook for policies regarding transfer credits). At the end of summer term, student status will be re-evaluated with the addition of summer courses using the prior spring term's standards for performance and credit completion. Students will be removed from academic probation when they are in compliance with the standards of performance and progress stated above.

Students who are approved for an extension of terms will be held accountable for the credits earned/passed as outlined on their approved curriculum plan submitted with their extension of terms request form rather than those listed on the SAP chart. Deviation from this curriculum plan must be approved by the student's advisor and the Office of Academic Services. Failure to follow the curriculum plan may result in revocation of the extension approval and suspension from the college.

#### Appeals of Academic Probation

Students who remain in violation of the SAP policies as a result of early academic difficulties, but have a track record of successful academic work, may submit an appeal to the SAAS committee for removal from Academic Probation.

Students who are placed on Academic Probation solely for not meeting the SAP credits progress standards and who have been accepted to a major and have an approved curriculum plan that demonstrates they will be able to complete their degree within the 8-term limit without overloading in any term, can appeal their probationary status to the SAAS Committee. Students in this situation will be required to request a waiver of probation status each term and demonstrate they are following their approved curriculum plan. Students may modify and update their curriculum plan to respond to changes in course sequencing, availability or registration with the approval of their advisor.

- d. Four Seasons/10 Semester Rule: A student-athlete is allowed four seasons of participation in an intercollegiate sport. A student-athlete is charged with a season of competition if he/she appears for even one second in a contest or practices with a team after its first scheduled competition of the season. Student-athletes must complete their four seasons of eligibility during the first 10 semesters in which they are enrolled on a full-time basis.
- e. NCAA Student-Athlete Statement & Drug-Testing Consent Form: Each student-athlete must read and sign the NCAA Student-Athlete Statement, Drug-Testing Consent forms and the Berea College Student-Athlete Code of Conduct which will be administered annually by the Compliance Coordinator.

*Medical*

To be eligible for participation in intercollegiate athletics practices and competition, a student-athlete must complete registration through the College's Athletic Training System (ATS) and submit all required paperwork to the athletic training staff.



## STUDENT-ATHLETE INFORMATION

### Transfer Students

There may be a situation or circumstance for which a Berea College student-athlete would consider transferring to another institution. In such an instance, the student-athlete should discuss a transfer with his/her head coach before contacting or being contacted by another institution. NCAA rules require that another institution must request permission from Berea College before being able to contact a current Berea College student-athlete unless the Berea College student-athlete completes and sends a self-release form which is available from the NCAA website ([www.ncaa.org](http://www.ncaa.org)) or the Berea College Athletic Department website ([www.BereaAthletics.com](http://www.BereaAthletics.com)).

In some circumstances, NCAA rules require a one-year residency at the new institution before an athlete is eligible to participate in athletics. In transfers from one Division III school to another Division III school, the residency requirement may be waived if the student-athlete would have been eligible to participate at the institution from which he/she was transferring.



## STUDENT-ATHLETE INFORMATION

### Academic Priority

Berea College believes our student-athletes are students first and that academic commitments will, in most cases, have priority over athletic activities. Student-athletes are expected to attend classes and adhere to the attendance policy outlined by their professors.

**Practices:** Classes **always** have priority over any practice session. In cases when a practice is scheduled at the same time a class is scheduled, the student-athlete must attend class.

**Contests:** When a student-athlete is required to miss a class to attend an athletics contest, his/her absence may not be excused by the professor. It is the responsibility of the student-athlete to notify each instructor **in advance** of the absence, to make necessary arrangements for missed assignments, quizzes and exams and to seek ways to compensate for the missed class content. **There will be some instances (e.g., guest lectures, field trips, etc.) where it will be imperative the student-athlete attend the class rather than attend the athletics contest.** Returning home late after an away contest is not an acceptable excuse for missing a class the following morning.

**Academic Monitoring:** One of the most important goals of the athletics staff at Berea College is to see every student-athlete graduate. In order to assist in the transition from high school to college, the athletics staff, in partnership with the faculty, will be monitoring the academic status of each student-athlete regularly during the year. Both formal (mid-semester progress reports) and informal (e-mail, phone calls) means will be used. All information gathered by the Athletics Department regarding a student-athlete's academic progress will be kept strictly confidential.

## STUDENT-ATHLETE INFORMATION

### Labor Priority

Berea College requires **all** students to participate in the college's labor program. As a student-athlete at Berea, you are expected to meet the requirements of this program, just as you would the academic standards. On most occasions, labor will also have priority over athletic activities. Student-athletes are expected to inform their labor supervisors of their participation in athletics and should seek to arrange a work schedule that athletics will affect minimally.

**Practices:** Labor **always** has priority over any practice session. In cases when a practice is scheduled at the same time a student-athlete is scheduled to work, the student-athlete must go to work.

**Contests:** When a student-athlete is required to miss a shift to attend an athletics contest, his/her absence may not be excused by the labor supervisor. It is the responsibility of the student-athlete to notify their labor supervisor **in advance** of the absence, to make necessary arrangements for a substitute and to seek ways to compensate for the missed time. **There may be some instances (e.g., student behind on hours, essential work being done, etc.) where it will be imperative the student-athlete attend the work shift rather than attend the athletics contest.** Returning home late after an away contest is not an acceptable excuse for missing a work shift the following morning.

## STUDENT-ATHLETE INFORMATION

### Practice Guidelines

#### *Times*

The coaching staff will make every effort to schedule practices at times that will allow the most team members to attend. This may result in different practice times on different days of the week. When necessary practices are scheduled early in the morning or late in the evening, by NCAA rule, athletes cannot skip class to attend a practice if there is a time conflict. **Athletes must attend class in such a situation.** When classes are in session, teams may not practice more than six days in a one-week cycle. The off-day may be at the beginning, the end, or any time during the week in question.

#### *Pre-Season/Early Returns*

In order to provide the proper time to condition and prepare for contests, it is often necessary for our student-athletes to return to campus prior to the return times for the general student population. In such cases, the coaches will work with Residence Life staff and Dining Services for hall and meal accommodations.

## STUDENT-ATHLETE INFORMATION

### Team Travel

Our athletic teams typically travel to and from intercollegiate contests in one of our college buses, a charter bus, one of our school's fleet vehicles or an Enterprise vehicle. Only College-approved drivers will be allowed to drive. Coaches and other approved drivers must follow safe driving practices at all times while transporting student-athletes. When more than one vehicle is required, the vehicles should remain in sight of each other throughout the trip. All drivers are responsible for any traffic infractions they may commit.

All student-athletes are required to travel with the team to and from all athletic contests. Permission may be granted by the head coach to allow a student-athlete to travel to or from a contest with a family member. On rare occasion, a situation may arise that requires a student-athlete to drive their own vehicle. In these cases, the student-athlete must sign a waiver form and present to their coach. This waiver form is also necessary if a student-athlete will be a passenger in a vehicle other than a family member. This form is available in the office of the Administrative Assistant or the Scheduling Coordinator.

**Dress Code:** All Berea College athletes and members of the travel party are expected to dress in a manner that represents the university in a positive way. Coaches may have specific dress requirements for their team members.

**Meals:** The coach will provide meals for all members of the team when the trip distance results in a missed meal. The coach is responsible for securing receipts for all meal expenses and for staying within budget limitations. When possible, coaches will arrange to have meals provided from Dining Services.

**Conduct:** All members of the travel party are expected to conduct themselves in an appropriate manner during travel and at the site of the contest. The coaching staff is/are responsible for enforcing appropriate conduct.

**Alcohol/Tobacco/Drugs:** No alcohol, tobacco (including chew) or illegal drugs are permitted by student-athletes, coaches, or any other member of the travel party throughout the duration of any athletic trip per NCAA policy.

**Hotels:** When overnight lodging is involved, student-athletes are not permitted to leave the hotel unless they are with a member of the coaching staff or have received permission from the coaching staff to do so.

## ATHLETIC TRAINING

### Athletic Training Policies

1. Berea College has a certified athletic trainer on staff. A certified athletic trainer is a well-trained professional who specializes in athletic health care. Specifically, the certified athletic trainer is responsible for prevention, evaluation, treatment and rehabilitation of athletic injuries.
2. The Seabury Center has a training room fully equipped with the necessary modalities and equipment used for the treatment and rehabilitation of athletic injuries. These modalities include a whirlpool and muscle stimulator/ultrasound units.
3. The athletic trainer maintains a current medical file on all student-athletes. Student-athletes are not allowed to participate in any sports until this file includes an annual pre-participation medical exam from a licensed physician, a complete medical history and medical insurance coverage information.
4. If a student-athlete requires taping or other treatment before practices or contests, he/she should report to the athletic training room early enough to allow for this treatment prior to the start of practice. Some treatments may require a special appointment with the trainer. The training room opens at 2:30 each weekday, with weekend hours depending on practice/game schedules.

#### *Intercollegiate Athletics Injury:*

In the event that an athlete should be injured, the following steps should be followed:

- a. The athlete must notify both the coach and the athletic trainer when an injury occurs. If the injury occurs away from campus, the athlete should report it to the athletic trainer as soon as possible.
- b. After the athletic trainer assesses the injury, the athlete will be released for participation, prescribed a treatment/rehab program, or referred for further medical care.
- c. An athlete cannot return to practice or competition until they have been released by the athletic trainer or, if appropriate, the attending physician.
- d. If further medical care is required, the athletic trainer will make all referrals. Berea College carries an athletic insurance policy for student-athlete's but the student's primary insurance policy will be billed first, with the College's insurance being secondary. The athletic insurance policy will be the final billed policy.
- e. A claim for coverage of medical treatment must be submitted to the athletic trainer and they will facilitate submitting the claim.
- f. Athletes must follow the athletic trainer's directions for athletic injuries, including any prescribed treatment/rehab program.

## GENERAL ATHLETICS PROGRAM INFORMATION

### Student-Athlete Advisory Committee

The Student-Athlete Advisory Committee, also known as SAAC, is comprised of one member from each of the 16 intercollegiate varsity teams (indoor/outdoor track will have one male and one female representative total) plus a member of the cheerleading squad at Berea College. The committee members discuss the concerns and ideas that the student-athletes have about our athletics program and work to make improvements. The group also coordinates a variety of community service projects in which all teams participate.

### Multi-Sport Athletes

Berea College welcomes multi-sport participation by student-athletes who have the skills and desire to play more than one intercollegiate sport. Multi-sport athletes are required to follow these guidelines:

- a. An athlete participating during the regular season of a sport will not be required to participate in pre-season activities of the next sport if their time frame should overlap. Athletes wishing to participate in these pre-season activities may do so only after receiving permission from their current season coach.
- b. Traditional seasons of a sport always take priority over any non-traditional season of another sport.

### Equipment

Student-athletes have access to a variety of training and athletics equipment and are asked to see a member of the athletics staff about equipment check-out procedures. Student-athletes are responsible for any equipment that they check out.

### Hazing

Students involved in the Berea College athletics program are strictly prohibited from engaging in any type of hazing activity. Hazing or "forced activity" means any activity which is a condition of initiation or admission into or affiliation with an organization, regardless of a student's willingness to participate in the activity. Hazing also includes any action taken or situation created intentionally, whether on or off-campus, that produces mental or physical discomfort, embarrassment, harassment or ridicule. This includes any action that endangers the health or well-being of an individual, is personally degrading, has an adverse effect on the academic performance of the student, or which violates any federal, state or local statute or College policy. Individual or group consent to hazing activity in no way validates the activity or excludes those perpetuating it from being charged with a crime.

Examples of activities or situations that could meet the definition of hazing include, but are not limited to, the following:

- Keeping the date of initiation/induction a secret; requiring signatures for initiation
- "Kidnapping" any member, leaving members stranded in a remote location to find their way home, or scavenger/treasure hunts
- Any form of forced physical activity and/or exercise, whether extreme or not (i.e. push-ups, sit-ups, or other calisthenics, runs, walks, etc.)
- Physical harassment such as paddling, hitting, beating, slapping, pushing or striking
- Marking or branding
- Personal servitude of any kind (i.e., phone duty, cleaning, yard work, doing errands, etc.)
- Forcing or encouraging ingesting of any type of liquid or solid matter, edible or non-edible (i.e., alcohol, chewing tobacco, goldfish, raw onions, spoiled food, dirt, etc.)
- Requiring the carrying of any item around campus such as paddles, rocks, books, shields, etc.
- Requiring the wearing of unusual, embarrassing or uncomfortable clothing
- Sleep deprivation or requiring/encouraging anyone to sleep anywhere other than their own residence or bed
- Preventing personal hygiene, communication with certain groups, and/or restricting places that new members can go on campus or in the community
- Verbal abuse such as yelling or screaming or labeling with silly or embarrassing nicknames
- Any activity that interferes with a student's academic pursuits (class attendance, studying, etc.)
- Requiring or suggesting that members vandalize, destroy or steal property or commit crimes
- Requiring anything of one group of members that is not required of another

Individual student-athletes who violate this policy are subject to disciplinary action which could include community service up to and including dismissal from the team.

## ALCOHOL/TOBACCO/DRUG POLICY

### Alcohol

The Commonwealth of Kentucky requires that persons be 21 years of age or older to purchase, possess or consume alcoholic beverages. The athletics program at Berea College has a responsibility to promote the health and well-being of our student-athletes. In view of the fact that alcohol consumption has been proven to be detrimental to general health, academic and athletic performance, we encourage student-athletes to exercise self-discipline and self-awareness in their alcohol consumption. We strongly recommend that student-athletes of legal age (21 in Kentucky) refrain from alcohol consumption during their season. Underage drinking is against the law. All student-athletes are subject to state legal sanctions as well as standards of conduct and College sanctions concerning illicit drugs and alcohol as outlined in the Berea College Student Handbook. Coaches, in consultation with athletics administration, may have more restrictive team policies ranging from community service to dismissal from the team.

### Tobacco

The athletics program prohibits the use of any tobacco product by student-athletes during any team function (practice, game, trips) and by all student-athletes in the Seabury Center and at the athletic fields. The use of chewing tobacco is a violation of NCAA policy and will result in disciplinary action up to and including removal from the team.

### Illegal Drugs

Possession or use of any illegal drug by any student-athlete is strictly prohibited.

For further information about the College's alcohol and drug policy, please refer to the Student Handbook.

## TEAM GUIDELINES

In addition to the rules and policies outlined in this handbook, each team may have specific rules that pertain to its members. These rules may include required dress codes, stricter alcohol policies, mandatory team study sessions and curfews.



# Berea College Athletics *Student-Athlete Code of Conduct*

*“That they may here learn to play in generous rivalry and cooperation; to face danger without fear, defeat without dismay, victory without conceit....”* (engraved upon Seabury Gymnasium dedicatory tablet, 1928)

## **Statement of Conduct**

Because all Berea College students are expected to conduct themselves in accordance with the high values that arise from the College’s mission and traditions, student-athletes at Berea College are asked to represent themselves, their team and the College with honesty, integrity, and character in all facets of their college experience. This expectation extends to their academic studies, athletic participation, labor assignment and social interactions. Our athletes seek to embody the true definition of student-athlete and, therefore, must embrace the dedication and desire required to successfully fulfill both commitments. While gratefully acknowledging that participation is a privilege, Berea student-athletes pledge to earn the opportunity to compete, gaining valuable lessons in sportsmanship, teamwork and athletic achievement.

The student-athletes who represent our intercollegiate programs are viewed as representatives of Berea College and the Athletic Department. Student-athletes often are in the spotlight and, fair or not, their behavior is subject to special scrutiny by their peers, members of the campus, local and national communities and by the media. The actions of one student-athlete may result in a generalization to all student-athletes and reflects on the individual, team, Athletic Department and the College, whether it be positively or negatively. Therefore, it is expected that all student-athletes abide by team, department and College policies.

In addition to all Berea College policies, student-athletes are responsible for following the standards regulated by the National Collegiate Athletic Association and any conference membership, both of which provide membership to Berea College, as well as city, state and federal laws.

## **Guidelines**

All Berea College student-athletes are expected to:

1. Treat coaches, teammates, visiting team members and officials with respect.
2. Communicate with their teammates, coaches, faculty, labor supervisors and other members of the campus community with honesty and respect.
3. Make a commitment to practice and compete in accordance with team, Berea College, and NCAA rules and guidelines.
4. Attend all classes as scheduled unless absences are approved.
5. Complete their academic coursework in a timely fashion and make progress towards a degree each semester.
6. Accept responsibility for all equipment and apparel issued.
7. Refrain from the use of inappropriate language, signs, symbols, or unsportsmanlike conduct.
8. Exhibit self-discipline, a positive attitude, and provide proper rest, nutrition and care for their body.
9. Refrain from the use of any non-prescription drug and alcohol consumption while a member of a Berea College athletic team.
10. Not engage in any form of verbal or physical confrontation during an athletic contest or practice.

## **Penalties**

Student-athletes who fail to abide by this code of conduct shall be subject to disciplinary action from the coach and/or the Athletic Director. Sanctions for violations may include, but are not limited to, a warning, community service, game suspensions, dismissal from the team and termination of athletic eligibility or dismissal from the college.

A written copy of the Student-Athlete Code of Conduct will be provided to, and signed by all, student-athletes on an annual basis.

*By signing below, I affirm that I have read and understand this Student-Athlete Code of Conduct and agree to abide by all policies and regulations contained herein.*

\_\_\_\_\_  
Printed Name of Student-Athlete

\_\_\_\_\_  
Signature of Student-Athlete

\_\_\_\_\_  
Date