



# Student-Athlete Medical Clearance Check-List

All student-athletes must provide the following information in order to be medically cleared to participate in UMass Boston Athletics. Use this check-list as a guide to ensure you have all information you need. You cannot participate in any practice, competition, lift, or team activity until this information is complete. If you have any questions, please reach out to Alexa Cappione, Assistant Athletic Trainer, at [alexa.cappione@umb.edu](mailto:alexa.cappione@umb.edu).

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## Sportsware Online Account (SWOL)

- Directions are website under Sports Medicine titled “SWOL Account Directions”

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## Physical Examination

- For incoming freshman, has to be dated after March 1<sup>st</sup>, 2020
- Must be signed by an MD
- See attached file for UMB Physical Form or MD can use their own
- Upload to SWOL

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## Immunizations Record

- This is in addition to submitting them to UMB Health Services
- Upload to SWOL

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## Front and Back of Insurance Card

- There is a section to upload a picture on SWOL

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## Baseline ImPACT Test

- Directions are listed under SWOL and on the Sports Medicine section of our website labeled “ImPACT Test Instructions”
- This still needs to be completed even if you are a returning student-athlete

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## SCAT5 Test

- Performed by UMB Sports Medicine Staff when you arrive to campus in the fall

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The following forms will be on Sportsware and will require signatures in order to begin participation:

1. Acknowledgement & Consent Form
2. Drug Test Policy Consent Form
3. Sickle Cell Test Form
  - a. You CAN waive this test, if not, you must provide results
4. COVID-19 Assumption of Risk Form