



Coast-to-Coast Battle in Beantown ***Boston College Cross Country Invitational***

Friday, September 21, 2018
Franklin Park, Boston, MA

RACES

Women's Featured 5K: 3:00pm
Men's Featured 8K: 3:30pm
Combined Men's & Women's 5K: 4:15pm

CONTACT INFO

Julie Heyde, heyde@bc.edu, 857-231-2827
Randy Thomas, thomasjh@bc.edu, 857-231-2890
bceagles.com / @Eagles_XCTF

IMPORTANT DATES

Friday, Sept 1, 2018 – entries open.
Tuesday, September 18, 2018 – entries close at 5pm.
Thursday, September 20, 2018 – facility open for practice 2:00pm-5:00pm. *
Friday, September 21, 2018 – facility opens prior to races at 12:00pm. *

** The park is public and open during all daylight hours, these are recommended times. If you would like to be on the course at any other time, please simply notify BC coaches: heyde@bc.edu.*

ENTRIES & FEES

Entries must be submitted via Direct Athletics no later than 5:00pm on Tuesday, Sept. 18, 2018.

The participant limit is ten (10) athletes per gender to run in the featured race sections (3pm women, 3:30pm men). Any additional athletes beyond 10 from any team may run in the combined men's and women's 5K race (4:15pm), unlimited athletes per team in that section.

There is no cutoff on the number of athletes per team that may be entered to either section of the meet on Direct Athletics, however, the declarations of the ten (10) or fewer athletes who will run in the featured sections are due to the meet administration tent 30 minutes prior to the start of each race.

The entry cost per team per gender is \$300.00. Please mail check, or bring cash or check to packet pick-up.
Payable to: Boston College Women's Cross Country.

CHECK-IN & SCRATCHES

Scratches and changes are due to the meet administration tent 30 minutes prior to the start of each race. Final check of timing chips (bibs) and spikes will be done by officials 10 minutes prior to the race at the start line.

MEET INFORMATION & RESULTS

Meet information and updates will be posted on bceagles.com, @Eagles_XCTF twitter, and millenniumrunning.com, as well as final results on TFRRS. All timing for the meet will be handled by Millennium Running.

PACKET PICK-UP

Packets will be issued to coaches from 2:00pm-4:00pm on Thursday, September 20, and beginning at 12:30pm on Friday, September 21. Packets will not be issued to athletes, entry fees must be turned in prior to receiving packets.

SPORTS MEDICINE

Please contact Bert Lenz (bert.lenz@bc.edu), 617-552-8779 regarding medical questions. A tent will be set up at the course in order to provide on-site treatment/care. There will be an ambulance and EMTs on-site. If a Certified Athletic Trainer will not be traveling with you, please bring necessary authorization forms from your ATC or team physician.

TENTS

If you wish to reserve a tent for your team, contact B.C. Tent & Awning at 508-586-0900. The contact person for this event is Valerie. Available tents are 14' x 14', 16' x 16', or 20' x 20', tables and chairs also available.

PARKING

Parking is available at two lots along Circuit Drive, leading to the Playstead field area, and on Circuit Drive itself. Please cooperate with park ranger instructions, and please do not park in spaces dedicated to the golf club or zoo.

Limited parking for team vans will be available at the course start/finish line area in the Playstead Field Lot via parking pass. Teams traveling by bus will be required to drop off and relocate their bus to the lot off Circuit Drive and Glen Lane.

COURSE MAPS

