

MICHAEL JOHNSON INVITATIONAL

APRIL 21 & 22, 2023

TENTATIVE SCHEDULE



FRIDAY EVENTS		
FIELD EVENTS		
TIME	EVENT	LOCATION
11:00am	Hammer (W)	W of Grandstands
12:00pm	Pole Vault (W)	W Side
1:30pm	Hammer (M)	W of Grandstands
2:00pm	Long Jump (W)	W Side Pit
3:30pm	Discus (W)	Infield
5:15pm	Long Jump (M)	W Side Pit
6:00pm	Discus (M)	Infield

RUNNING EVENTS		
TIME	EVENT	LOCATION
6:00pm	400mh (W)	
6:20pm	400mh (M)	
6:40pm	200m (W)	
7:05pm	200m (M)	
7:30pm	1500m (W)	
7:40pm	1500m (M)	
7:55pm	5000m (W)	
8:20pm	5000m (M)	

SATURDAY EVENTS		
FIELD EVENTS		
TIME	EVENT	LOCATION
11:00am	Javelin (W)	Infield/S Runway
12:00pm	Triple Jump (W)	W Side Pit
	Pole Vault (M)	W Side
1:30pm	Javelin (M)	Infield/S Runway
2:00pm	High Jump (W)	D Zone
2:30pm	Triple Jump (M)	W Side Pit
3:00pm	Shot Put (W)	E Ring
4:30pm	High Jump (M)	D Zone
	Shot Put (M)	E Ring

RUNNING EVENTS		
TIME	EVENT	LOCATION
2:30pm	4x100m (W)	
2:40pm	4x100m (M)	
2:50pm	3k Steeplechase (W)	
3:05pm	3k Steeplechase (M)	
3:25pm	100mh (W)	
3:40pm	110mh (M)	
3:55pm	400m (W)	
4:10pm	400m (M)	
4:30pm	100m (W)	
4:50pm	100m (M)	
5:10pm	800m (W)	
5:25pm	800m (M)	
5:40pm	4x400m (W)	
5:55pm	4x400m (M)	
6:10pm	Projected Finish	

Senior Recognition will take place at 10:30am prior to the start of events on Saturday, April 22

TENTATIVE SCHEDULE UPDATED 3/27/23