

## FRIDAY, APRIL 16

<u>TIME</u>	<u>FIELD EVENTS</u>	<u>LOCATION</u>
12:00pm	Hammer (Men)	Behind West Grandstands
2:00pm	Pole Vault (Women)	West Side Pit
3:00pm	Hammer (Women)	Behind West Grandstands
4:00pm	Javelin (Men)	Infield
5:00pm	Pole Vault (Men)	West Side Pit
7:00pm	Javelin (Women)	Infield
<u>TIME</u>	RUNNING EVENTS	<u>HEATS</u>
7:00pm	1,500m (Women)	3
7:20pm	1,500m (Men)	3
7:40pm	5,000m (Women)	
8:05pm	5,000m (Men)	

## SATURDAY, APRIL 17

TIME	FIELD EVENTS	LOCATION
9:30am	Discus (Men)	Behind West Grandstands
11:30am	Discus (Women)	Behind West Grandstands
12:00pm	Long Jump (Men)	East Side Pit (1)
	Long Jump (Women)	East Side Pit (2)
1:00pm	Pole Vault Premier (Women)	West Side Pit
1:30pm	Discus Premier (Men)	Infield
	Shot Put (Women)	Infield
3:00pm	Discus Premier (Women)	Infield
3:30pm	Shot Put (Men)	Infield
	Triple Jump (Women)	East Side Pit
4:30pm	High Jump (Women)	D Zone
5:00pm	Pole Vault Premier (Men)	West Side Pit
6:00pm	Shot Put Premier (Men)	Infield
6:30pm	Triple Jump (Men)	East Side Pit
	High Jump (Men)	D Zone
7:00pm	Shot Put Premier (Women)	Infield



## SATURDAY, APRIL 17

<u>TIME</u>	RUNNING EVENTS	<u>ORDER</u>
1:30pm	100m/110m Hurdles	Women/Men
1:50pm	800m	Women/Men
2:05pm	100m	Women/Men
2:20pm	400m	Women/Men
2:40pm	400m Hurdles	Women/Men
3:00pm	200m	Women/Men
BREAK		
4:45pm	Senior Recognition	
5:25pm	National Anthem	
5:30pm	4 x 100m Relay	Women/Men
5:40pm	100m/110m Hurdles Premier	Women/Men
5:50pm	400m Premier	Women/Men
6:05pm	100m Premier	Women/Men
6:20pm	800m Premier	Women/Men
6:35pm	400m Hurdles Premier	Women/Men
6:50pm	200m Premier	Women/Men
7:10pm	3,000m Steeplechase	Women/Men
7:45pm	Legends Award	
7:55pm	4 x 400m Relay	Women/Men