

2018-19 Trinity College Indoor Track and Field Stats

Men

Event	Men's Best Times	Athlete (s)	Meet	Career Best	Meet & Year
55 m Dash					
60 m Dash	6.98	Alex Tomcho	1 st at Wes -Meet	6.98	2018 at Wes Tri-Meet
	7.06	Alex Tomcho	1 st at Smith		
	7.06	Robert Allen	9 th at NE D3 & 5 th at Tufts Q	7.06	2019 at NE D3
	7.07	Robert Allen	1 st at Cupid		
	7.08	Alex Tomcho	Prelim at Triangle		
	7.09	Robert Allen	Prelim at Tufts Q		
	7.10	Samuel Oyebefun	4 th at Pioneer & 2 nd at Smith	6.94	2017 at Smith
	7.10	Robert Allen	2 nd at Triangle		
	7.12	Alex Tomcho	Prelim at Smith		
	7.13	Robert Allen	Prelim at Triangle		
	7.14	Alex Tomcho	4 th at Triangle		
	7.15	Robert Allen	2 nd at Mass & 3 rd at Smith		
	7.16	Samuel Oyebefun	3 rd at Tufts & 1 st at MIT &* 3 rd at Mass		
	7.16	Robert Allen	2 nd at Wes Tri-Meet		
	7.17	Samuel Oyebefun	Semis at Cupid & prelim at Mass & prelim at Triangle & 14 th at NE D3		
			Prelim at Mass		
	7.18	Robert Allen	Prelim at Smith		
	7.20	Samuel Oyebefun	Prelim at Pioneer		
	7.21	Robert Allen	Prelims at Mass		
	7.22	Samuel Oyebefun	Prelim at Smith & 6 th at Triangle		
	7.23	Samuel Oyebefun	Prelims at Cupid		
	7.24	Samuel Oyebefun	10 th at Tufts Q		
	7.25	Robert Allen	Semis at Cupid		
	7.25	Carlos Cortes	7 th at Triangle		
	7.25	Samuel Oyebefun	3 rd at Wes Tri-Meet		
	7.32	Luke Mayer	9 th at MIT	7.32	2019 at MIT
	7.38	Kinnard Hughes	6 th at Wes Tri-Meet	7.38	2018 at Wesleyan
	7.43	Ben Feola	Prelim at Mass	7.43	2019 at Mass
	7.43	Luke Mayer	10 th at Smith		
	7.44	Ben Feola	7 th at Mass		
	7.49	Kinnard Hughes	11 th at Smith		
	7.51	Luke Mayer	22 nd at Triangle		
	7.59	Abel Ngala	10 th at Wes Tri-Meet	7.59	2018 at Wes Tri-Meet
	7.61	Abel Ngala	Prelim at Pioneer		
	7.62	Joe DiBacco	Prelim at Pioneer	7.62	2019 at Pioneer

	7.64	Abel Ngala	16 th at Smith		
	7.64	Joe DiBacco	11 th at Wes Tri-Meet		
	7.66	Joe DiBacco	24 th at Triangle		
	7.67	Joe DiBacco	Prelim at Mass		
	7.67	Jack McInnis	Prelim at Pioneer		
	7.70	Joe DiBacco	18 th at Smith		
	7.74	Jack McInnis	19 th at MIT		
	8.60	William Duggan	27 th at Smith	8.44	2017 at Smith
		Josh Rocco		7.83	2018 at Mass
		Kevin Oleskewicz		7.97	2017 at Smith
		William Anderson		7.56	Prelim at Smith
200m Dash	22.23	Robert Allen	35 th at BU LC	22.23	2019 at BU LC
	22.66	Robert Allen	7 th at NE D3		
	22.87	Robert Allen	2 nd at Triangle		
	22.96	Robert Allen	4 th at Cupid		
	23.04	Alex Tomcho	3 rd at Smith	21.71	2016 at SC Outdoor
	23.07	Robert Allen	1 st at Mass		
	23.21	Robert Allen	4 th at Pioneer		
	23.43	Robert Allen	3 rd at Wes Tri-Meet		
	23.90	Robert Allen	5 th at Smith		
	23.99	Samuel Oyebefun	10 th at Triangle	22.69	2017 NED3 Outdoor
	24.00	Luke Mayer	7 th at Smith	23.37	2018 at Valentine
	24.30	Andrew Coutu	8 th at Mass	24.30	2019 at Mass
	24.37	Ben Feola	13 th at Triangle	23.24	2017 at Amherst Outdoor
	24.38	Ben Feola	10 th at Smith		
	24.57	Ben Feola	18 th at Pioneer		
	24.60	Samuel Oyebefun	11 th at Smith		
	24.74	Abel Ngala	19 th at Pioneer	24.74	2019 at Pioneer
	24.74	Abel Ngala	12 th at Smith		
	24.74	Luke Mayer	20 th at Pioneer		
	24.84	Jyles Romer	18 th at Triangle	24.84	2019 at Triangle
	24.85	Samuel Oyebefun	22 nd at Pioneer		
	24.86	Abel Ngala	5 th at Wes Tri-Meet		
	25.12	Jack McInnis	14 th at Smith	23.92	2016 at Valentine
	25.02	Joe DiBacco	19 th at Triangle	25.02	2019 at Triangle
	25.05	Joe DiBacco	16 th at MIT		
	25.43	Joe DiBacco	16 th at Mass		
	25.81	Jyles Romer	21 st at Mass		
	25.85	Joe DiBacco	19 th at Smith		
	26.17	Joe DiBacco	9 th at Wes Tri-Meet		
		Josh Rocco		25.41	2017 at Amherst Outdoor
400m Dash	50.32	Alex Tomcho	81 st at Valentine	50.32	2019 at Valentine
	50.35	Ben Feola	82 nd at Valentine	49.48	2017 at NED3 Outdoor
	50.60	Alex Tomcho	1 st at Wes Tri-Meet		
	50.83	Alex Tomcho	3 rd at Cupid		

	51.24	Robert Allen	120 th at Valentine	51.24	2019 at Valentine
	51.53	Ben Feola	11 th at NE D3		
	51.60	Ben Feola	3 rd at Wes Tri-Meet		
	51.84	Ben Feola	1 st at Pioneer		
	51.90	Ben Feola	1 st at Triangle		
	52.02	Ben Feola	1 st at Mass		
	52.53	Robert Allen	3 rd at Pioneer		
	52.57	Ben Feola	2 nd at Smith		
	53.14	Andrew Coutu	6 th at Pioneer	53.14	2019 at Pioneer
	54.42	Andrew Coutu	8 th at Mass		
	54.78	Luke Mayer	10 th at Mass	54.78	2019 at Mass
	54.97	Jyles Romer	12 th at Triangle	54.13	2018 at NESAC
	55.01	Jyles Romer	14 th at Pioneer		
	55.10	Jyles Romer	14 th at MIT		
	56.49	Jyles Romer	17 th at Mass		
	59.47	Deric Penn	4 th at Wes Tri-Meet	59.47	2018 at Wesleyan
		Samuel Oyebefun		52.89	2016 at Amherst
500 m Dash					
600 m Run	1:26.04	Stephen Tyler	9 th at Triangle	1:26.04	
	1:27.95	Erkin Verbeek	8 th at Wesleyan	1:27.95	2019 at Wesleyan
	1:28.74	Erkin Verbeek	7 th at Pioneer		
		Luke Mayer		1:29.10	2017 at Wesleyan
800 m Run	1:55.42	Stephen Tyler	85 th at Valentine	1:55.42	2019 at Valentine
	1:57.43	Stephen Tyler	2 nd at Pioneer		
	1:59.33	Tim Lautenbach	4 th at Triangle	1:59.33	2019 at Triangle
	2:00.04	Henry Potter	7 th at Triangle	2:00.04	2019 at Triangle
	2:01.13	Henry Potter	2 nd at Smith		
	2:02.00	Ace McAlister	7 th at Pioneer	2:02.00	2019 at Pioneer
	2:02.21	Henry Potter	2 nd at Mass		
	2:02.35	Stephen Tyler	24 th at NE D3		
	2:02.35	Joe Ruggiero	3 rd at Smith	2:01.17	2016 at Cupid
	2:03.05	Erkin Verbeek	11 th at Triangle	2:01.36	2018 at Valentine
	2:05.54	Erkin Verbeek	5 th at Mass		
1,000 m Run	2:35.03	Stephen Tyler	1 st at Wes Tri-Meet	2:36.68	2018 at ERAU
	2:35.12	Henry Potter	2 nd at Wes Tri-Meet	2:35.12	2018 at Wes Tri-Meet
	2:35.80	Tim Lautenbach	1 st at Mass	2:35.80	2019 at Mass
	2:35.97	Henry Potter	15 th at NE D3		
	2:36.01	Stephen Tyler	2 nd at Mass		
	3:19.62	Peter Finucane	3 rd at Wes Tri-Meet	3:19.62	2018 at Wesleyan
		Joe Ruggiero		2:33.41	2016 at NE Open
1,500 m Run					
Mile Run	4:19.38	Tim Lautenbach	124 th at Valentine	4:19.38	2019 at Valentine
	4:24.32	Henry Potter	171 st at Valentine	4:24.32	2019 at Valentine
	4:27.07	Henry Potter	2 nd at Pioneer	4:27.07	2019 at Pioneer
	4:27.49	Ace McAlister	1 st at Wes Tri-Meet	4:27.49	2018 at Wes Tri-Meet
	4:27.70	Tim Lautenbach	13 th at NE D3		
	4:29.99	Ace McAlister	3 rd at Pioneer		
	4:32.76	Tim Lautenbach	2 nd at Wes Tri-Meet	4:32.76	2018 at Wes Tri-Meet
	4:41.80	Tim Bogomolov	9 th at Wes Tri-Meet	4:37.08	2017 at BU
	4:50.49	Luke Duros	12 th at Pioneer	4:50.49	2019 at Pioneer

	5:15.25	Brendan Coffey	11 th at Triangle	5:15.25	2019 at Triangle
	5:22:05	Brendan Coffey	5 th at MIT	5:22.05	2019 at MIT
	5:25.05	Brendan Coffey	21 st at Mass		
	5:31.07	Peter Finucane	12 th at Triangle	5:31.07	2019 at Triangle
	5:36.45	Peter Finucane	22 nd at Mass		
	5:38.04	Peter Finucane	7 th at MIT		
	5:38.40	Peter Finucane	8 th at Smith		
	5:40.10	Peter Finucane	25 th at Pioneer		
		Stephen Tyler		4:27.50	2018 at Valentine
		Joe Ruggiero		4:29.40	2015
3,000m run	8:45.32	Ace MacAlister	12 th at NE D3	8:33.97	2018 at BU
	8:46.35	Ace McAlister	1 st at Mass		
	8:48.55	Joe Ruggiero	2 nd at Mass	8:45.65	2018 at BU
	8:49.80	Ace McAlister	1 st at Triangle		
	8:59.75	Joe Ruggiero	1 st at Wes Meet		
	9:01.15	Tim Lautenbach	2 nd at Pioneer	9:01.15	2019 at Pioneer
	9:14.26	Lucas Doros	2 nd at Smith	9:14.26	2018 at Smith
	9:22.23	Will Estony	7 th at Mass	9:19.72	2018 at Wesleyan Outdoor
	9:23.04	Timothy Bogomolov	5 th at Smith	9:13.01	2018 at Wesleyan
	9:25.84	Will Estony	7 th at Wes Tri-Meet		
	9:27.67	Will Estony	15 th at Triangle		
	10:58.15	Brendan Coffey	14 th at Wes Tri-Meet	10:58.15	2018 at Wes Tri-Meet
	11:22.86	Brendan Coffey	9 th at Smith		
	11:31.37	Brendan Coffey	18 th at Pioneer		
		Ace McAlister			
5,000 m Run	14:52.19	Ace McAlister	6 th at Cupid	14:48.96	2018 at MIT Outdoor
	15:02.30	Ace McAlister	4 th at Tufts Q		
	15:06.70	Ace McAlister	3 rd at Smith		
	15:28.83	Joe Ruggiero	1 st at Pioneer	15:28.83	2019 at Pioneer
	15:33.74	Joe Ruggiero	14 th at NE D3		
	15:56.70	Tim Lautenbach	7 th at Smith	15:56.70	2018 at Smith
	16:26.57	Will Estony	7 th at Pioneer	16:23.14	2018 at Wesleyan
	16:29.60	Will Estony	8 th at Smith		
	16:45.12	Will Estony	2 nd at MIT		
55 m Hurdles					
60 m Hurdles	8.47	Luke Mayer	5 th at NE D3	8.47	2019 at NE D3
	8.48	Luke Mayer	Prelim at NE D3		
	8.49	Luke Mayer	2 nd at Smith		
	8.53	Luke Mayer	2 nd at Mass		
	8.57	Luke Mayer	4 th at Triangle		
	8.58	Luke Mayer	2 nd at Cupid & 1 st at Wes Tri-Meet		
	8.59	Luke Mayer	2 nd at Pioneer & 1st at MIT		
	8.61	Luke Mayer	5th at Tufts Q		
	8.65	Luke Mayer	Prelim at Triangle		
	8.66	Luke Mayer	Prelim at Pioneer		

	8.71	Luke Mayer	Prelim at Mass		
	8.75	Luke Mayer	Prelims at Cupid		
	8.75	Jack McInnis	6 th at Cupid	8.44	2016 at NE D3
	8.89	Jack McInnis	4 th at Pioneer		
	8.92	Jack McInnis	7 th at Mass		
	8.92	Jack McInnis	Prelim at Pioneer		
	8.96	Jack McInnis	Prelims at Cupid		
	9.01	Jack McInnis	Prelim at Smith		
	9.02	Jack McInnis	Prelim at Mass		
	9.09	Jack McInnis	5 th at Smith		
	9.33	Jack McInnis	8 th at MIT		
High Jump	6'02.75"	Kinnard Hughes	3 rd at Smith	6'02.75"	2018 at Smith
	6'02.75	Kinnard Hughes	2 nd at Pioneer		
	6'1.5"	Kinnard Hughes	1 st at Wes Tri-Meet		
	6'00.75"	Kinnard Hughes	1 st at Mass		
Long Jump	22'07.25"	Kinnard Hughes	1 st at Triangle	22'07.25"	2019 at Triangle
	22'05.00"	Kinnard Hughes	2 nd at NE D3		
	22'01.00"	Kinnard Hughes	1 st at MIT		
	22' 09.00"	Kinnard Hughes	1 st at Pioneer		
	22'05.00"	Kinnard Hughes	2 nd at Smith		
	22'02.50"	Kinnard Hughes	8 th at NE Open		
	21' 10.75"	Kinnard Hughes	1 st at Wes Tri-Meet		
	21'10.25"	Kinnard Hughes	2 nd at Tufts Q		
	21'07.50"	Abel Ngala	5 th at NE D3	21'07.50	2019 at NE D3
	21'04.75"	Kinnard Hughes	3 rd at Mass		
	21'03.50"	Abel Ngala	2 nd at Wes Tri-Meet	21'03.50"	2018 at Wesleyan Tri-Meet
	20' 11.25"	Abel Ngala	4 th at Mass		
	20'08.00"	Abel Ngala	4 th at Smith		
	20' 04.50	Abel Ngala	4 th at Pioneer		
	20'01.75"	Abel Ngala	11 th at Triangle		
	19'08.50"	Robert Allen	11 th at Smith	19'8.50"	2018 at Smith
	19' 04.00"	Robert Allen	6 th at Wes Tri-Meet		
		Ben Feola		17'6.25"	2018 at Wesleyan
		Luke Mayer		20'06.25"	2016 at Wesleyan Outdoor
	16'06.5"	Abel Ngala	26 th at MIT		
Triple Jump	39' 02.50"	Abel Ngala	9 th at Mass	39'02.50"	2019 atMAss
	37'05.75"	Abel Ngala	8 th at MIT		
Shot Put	34'06.00"	Kevin Oleskewicz	8 th at Smith	40'03.00"	2017 at Smith
		Ben Feola		40'03.50"	2017 at Smith
		Josh Rocco		29'04.00"	2018 at Wesleyan
Discus Throw		Ben Feola		100'03"	2018 at ERAU
		Kevin Oleskewicz		104'01"	2017 at Trinity Outdoor

		Myles Walsh		95'07"	2017 at Trinity
		William Duggan		77'05.50"	2-18 at ERAU
Weight Throw	49'05.00"	Kevin Oleskewicz	3 rd at Triangle	49'05.25"	2019 at Triangle
	46'06.25"	Kevin Oleskewicz	3 rd at Mass		
	44' 09.50"	Myles Walsh	1 st at Wes Tri-Meet	44' 09.50"	2018 at Wes Tri-Meet
	44'07.00"	Kevin Oleskewicz	29 th at NE D3		
	43'10.50"	Myles Walsh	8 th at Triangle		
	42'07.5	Myles Walsh	18 th at MIT		
	42'03.25"	Kevin Oleskewicz	2 nd at Wes Tri-Meet		
	41'11.50"	Myles Walsh	7 th at Springfield		
	41' 7.00"	Jake Dieterle	3 rd at Wes Tri-Meet	41' 7.00"	2018 at Wes Tri-Meet
	40'06.50"	Jake Dieterle	5 th at Smith		
	40'04.75"	Myles Walsh	6 th at Smith		
	39'05.25	Kevin Oleskewicz	20 th at Pioneer		
	39'05.00	Myles Walsh	21 st at Pioneer		
Pole Vault	12'5.5"	Mike Zarra	10 th at MIT	12'05.50"	2019 at MIT
	10' 6"	Mike Zarra	3 rd at Wes Tri-Meet		
	10' 0.00"	Mike Zarra	10 th at Mass		
Pentathlon					
4x200 m Relay					
4x400 m Relay	3:33.49	Trinity	3 rd at Smith		
	3:35.48	Trinity	2 nd at Mass		
4x800 m Relay	8:19.55	Trinity	2 nd at Triangle		
4x1500 m Relay					
4x1600 m Relay					
4x1 mile Relay					
Distance Medley Relay	10:19.23	Trinity	8 th at NE Open		
	10:21.46	Trinity	5 th at NE D3		
	10:34.52	Trinity	9 th at Tufts Q		
Sprint Medley Relay					

*College Record

Women

Event	Women's Best	Athlete (s)	Meet	Career Best	Meet & Year
55 m dash					
60 m dash	7.91	Katie Marlow-Benedick	2 nd at Smith	7.88	2018 at NE D3
	8.01	Katie Marlow-Benedick	Prelim at Smith		
	8.04	Katie Marlow-Benedick	1 st at Wes Tri-Meet		
	8.16	Emma Buckley	2 nd at Wes Tri-Meet	8.06	2017 at Smith
	8.16	Morgan Hallow	3 rd at Mass	8.16	2019 at Mass
	8.18	Emma Buckley	Prelim at Smith		
	8.18	Morgan Hallow	3 rd at Wes Tri-Meet		
	8.18	Katie Lazur	3 rd at Triangle	8.18	2019 at Triangle
	8.19	Morgan Hallow	Prelim at Mass		
	8.27	Katie Lazur	Prelim at Triangle		

	8.30	Emma Buckley	6 th at Smith		
	8.31	Hannah Neufeld	10 th at Smith & prelim at Triangle	8.31	2018 at Smith
	8.32	Katie Lazur	Prelim at Mass		
	8.32	Hannah Neufeld	Prelim at Mass		
	8.34	Hannah Neufeld	7 th at Triangle		
	8.35	Emma Buckley	Prelim at Mass		
	8.37	Hannah Neufeld	7 th at Wes Tri-Meet		
	8.44	Katherine Bullock	8 th at Wes Tri -Meet	8.44	2018 at Wesleyan
	8.45	Hannah Neufeld	Prelims at Pioneer		
	8.46	Katherine Bullock	9 th at Smith		
	8.46	Emma Sternberg	9 th at Wes Tri-Meet	8.46	2018 at Wesleyan
	8.47	Emma Sternberg	15 th at Triangle		
	8.48	Emma Sternberg	11 th at Smith		
	8.58	Emma Sternberg	Prelims at Pioneer		
	8.66	Mia Conte	Prelims at Pioneer Invite	8.66	2019 at Springfield
	8.66	Mia Conte	Prelims at Springfield		
	8.67	Mia Conte	11 th at Wes Tri-Meet		
	8.71	Mia Conte	14 th at Smith	8.71	2018 at Smith
	8.77	India Shay	18 th at Triangle	8.77	2019 at Triangle
	8.87	Nina Marco	13 th at Wes Tri-Meet	8.87	2018 at Wesleyan
	8.91	India Shay	Prelims at Mass		
	8.93	Nina Marco	17 th at Smith		
	8.94	Hannah Kelleher	19 th at Smith	8.94	2018 at Smith
	9.03	Alexandra Bieling	Prelims at Mass	8.42	2015 at Smith
	9.13	Nina Marco	Prelims at Pioneer		
	9.14	Dayna Vadala	15 th at Wes Tri-Meet		
	9.32	Dayna Vadala	27 th at Smith	8.69	2017 at Smith
		Maeve Rabbit		9.29	2018 at Mass
200m dash	25.62	Morgan Hallow	52 nd at Valentine	25.62	2019 at Valentine
	26.63	Morgan Hallow	23 rd at BU Last		
	25.86	Morgan Hallow	1 st at Triangle & 1 st at NE D3		
	26.22	Morgan Hallow	1 st at Mass		
	26.23	Morgan Hallow	1 st at Cupid		
	26.35	Morgan Hallow	8 th at Tufts Q		
	26.37	Morgan Hallow	1 st at Pioneer		
	26.38	Morgan Hallow	1 st at Smith		
	26.45	Hannah Neufeld	114 th at BU	26.45	2019 at Valentine
	26.48	Morgan Hallow	1 st at Wes Tri-Meet		
	26.53	Katie Marlow Benedick	2 nd at Wes Tri-Meet	25.14	2017 at NED3 Outdoor
	26.58	Katie Marlow Benedick	2 nd at Smith		

	26.74	Hannah Neufeld	11 th at Tufts Q		
	26.77	Hannah Neufeld	16 th at NE D3		
	27.01	Katie Lazur	155 th at Valentine	26.68	2018 at Valentine
	27.23	Emma Buckley	8 th at Pioneer	25.56	2018 at NE Open Outdoor
	27.26	Hannah Neufeld	5 th at Smith		
	27.42	Hannah Neufeld	5 th at Mass		
	27.75	Katie Lazur	6 th at Mass		
	28.27	Katie Lazur	19 th at Pioneer		
	28.38	Mia Conte	197 th at Valentine	28.38	2019 at Valentine
	28.61	Hannah Neufeld	24 th at Pioneer		
	28.68	India Shay	13 th at Triangle	28.68	2019 at Triangle
	28.78	Mia Conte	14 th at Triangle		
	28.80	Alexandra Bieling	9 th at Smith	27.29	2017 & 2018 at NESAC
	28.88	Mia Conte	10 th at Smith		
	29.09	Alexandra Bieling	207 th at Valentine	27.29	2017 at NESAC
	29.37	Whitney Hoban	16 th at Triangle	29.37	2019 at Triangle
	29.48	India Shay	19 th at Mass		
	29.48	Caroline I. Sullivan	13 th at Wes Tri-Meet	29.48	2018 at Wesleyan
	29.82	Emma Sternberg	17 th at Smith	29.78	2018 at ERAU
	29.91	Alexandra Bieling	34 th at Pioneer		
	30.23	Whitney Hoban	26 th at Mass		
	30.70	Marina Flandrick	21 st at Triangle	30.70	2019 at Triangle
	30.91	Marina Flandrick	16 th at Wes Tri-Meet		
	31.05	Dayna Vadala	31 st at Mass	28.79	2018 at Silfen Outdoor
	31.34	Maeve Rabbit	17 th at Wes Tri-Meet	30.32	2018 at Silfen Outdoor
		Katherine Bullock		27.83	2017 at Smith
400m dash	57.43	Morgan Hallow	15 th at BU LC	57.43	2019 at BU LC
	57.48	Morgan Hallow	39 th at Valentine		
	57.78	Morgan Hallow	1 st at Tufts Q		
	57.91	Morgan Hallow	3 th at NCAA		
	58.04	Morgan Hallow	1 st at Triangle		
	58.57	Morgan Hallow	3 rd at NE D3		
	58.70	Morgan Hallow	1 st at Cupid		
	58.83	Morgan Hallow	1 st at Smith		
	59.10	Morgan Hallow	1 st at Mass		
	59.79	Morgan Hallow	1 st at Wes -Meet		
	59.93	Katie Lazur	100 th at Valentine	59.80	2018 at Valentine
	1:00.87	Katie Lazur	16 th at NE D3		
	1:02.00	Emma Buckley	9 th at Pioneer	1:00.01	2018 at Valentine
	1:02.12	Emma Buckley	3 rd at Wes Tri-Meet		
	1:02.32	Emma Buckley	2 nd at Mass		
	1:02.49	Katie Lazur	3 rd at Triangle		
	1:02.57	Emma Buckley	3 rd at Smith		

	1:03.13	Alexandra Bieling	12 th at Pioneer	1:03.13	2019 at Pioneer
	1:03.79	Hannah Neufeld	8 th at Triangle	1:03.74	2017 at Valentine
	1:04.45	Bridget McKiernan	5 th Wes Tri-Meet	1:04.45	2018 at Wes Tri-Meet
	1:04.59	Taylor Burns	11 th at Triangle	1:04.59	2019 at Triangle
	1:04.63	Alexandra Bieling	6 th at Smith		
	1:05.65	Mia Conte	17 th at Pioneer	1:05.65	2018 at Pioneer
	1:05.86	Taylor Burns	6 th at Mass		
	1:05.88	Taylor Burns	5 th at MIT		
	1:06.39	Whitney Hoban	14 th at Triangle	1:06.39	2019 at Triangle
	1:06.42	Taylor Burns	6 th at Wes Tri-Meet		
	1:07.42	Mia Conte	17 th at Triangle		
	1:07.80	Whitney Hoban	12 th at MIT		
	1:08.37	Whitney Hoban	7 th at Wes Tri-Meet		
	1:08.66	Maeve Rabbit	8 th at Smith	1:08.66	2018 at Smith
	1:08.67	Alexandra Bieling	8 th at Mass		
	1:08.71	India Shay	15 th at MIT	1:08.71	2019 at MIT
	1:08.89	Whitney Hoban	9 th at Mass		
	1:10.57	Maeve Rabbit	8 th at Wes -Meet		
		Dayna Vadala		1:06.60	2018 MIT
500 m run		Hannah Neufeld		1:23.51	2018 at Valentine
		Molly Ryan		1:29.17	2015 at SC
600 m run	1:39.65	Morgan Hallow	2 nd at Pioneer	1:39.65	2019 at Pioneer
	1:39.92	Anna Barnes	3 rd at Pioneer	1:39.92	2019 at Pioneer
	1:47.90	Bridget McKiernan	2 nd at Smith	1:47.90	2018 at Smith
	1:50.76	Taylor Burns	4 th at Smith	1:50.76	2018 at Smith
	1:51.99	Maeve Rabbitt	17 th at Pioneer	1:51.99	2019 at Pioneer
	1:52.22	Bridget McKiernan	18 th at Pioneer		
		Hannah Neufeld		1:48.68	2018 at Wesleyan
800 m run	2:21.67	Anna Barnes	1 st at Springfield	2:14.57	2016 at ECAC Outdoor
	2:22.10	Anna Barnes	4 th at Tufts		
	2:29.83	Bridget McKiernan	3 rd at Triangle	2:29.83	2019 at Triangle
	2:29.84	Julia Burdulis	4 th at Triangle	2:29.84	2019 at Triangle
	2:34.23	Julia Burdulis	6 th at Mass		
	2:40.28	Maeve Rabbitt	12 th at MIT	2:40.28	2019 MIT
	2:40.68	Maeve Rabbitt	15 th at Mass		
	2:46.32	Katarina Bade	4 th at Smith	2:46.32	2018 at Smith
	2:50.16	Maeve Rabbitt	9 th at Triangle		
		Rachel Scheub		2:24.61	2018 at TC

		Caroline Sullivan		2:37.10	2018 at ERAU
1,000 m Run	2:56.62	Anna Barnes	4 th at NE D3	2:56.62	2019 at NE D3
	2:59.01	Anna Barnes	45 th at Valentine		
	3:02.34	Isabella Montes De Oca	9 th at NE D3	3:02.34	2019 at NE D3
	3:06.68	Isabella Montes De Oca	71 st at Valentine		
	3:08.92	Isabella Montes De Oca	1 st at Wes Tri-Meet		
	3:11.26	Julia Burdulis	2 nd at Wes Tri-Meet	3:11.26	2018 at Wes Tri-Meet
	3:12.34	Rachel Scheub	85 th at Valentine	3:12.34	2019 at Valentine
	3:14.58	Julia Burdulis	23 rd at NE D3		
	3:18.40	Julia Burdulis	4 th at MIT		
		Caroline Sullivan		3:05.44	2016 at NE Open
Mile Run	5:08.29	Anna Barnes	4 th at Tufts Q	5:05.86	2018 at BU
	5:16.43	Isabella Montes De Oca	3 rd at Smith	5:16.43	2018 at Smith
	5:18.13	Lauren Barrett	135 th at Valentine	5:18.13	2019 at BU
	5:21.00	Samantha Feenstra	3 rd at Wes Tri-Meet	5:21.00	2018 at Wes Tri-Meet
	5:21.32	Caroline Sullivan	149 th at Valentine	5:21.32	2019 at BU
	5:27.27	Isabella Montes de Oca	6 th at Triangle		
	5:32.85	Nina Bourgeois	6 th at Pioneer	5:30.63	2018 at Valentine
	5:35.74	Isabella Montes De Oca	8 th at Pioneer		
	5:38.01	Isabella Montes De Oca	4 th at Mass		
	5:39.76	Anna Barnes	7 th at Smith		
	5:40.34	Julia Burdulis	8 th at Smith	5:40.34	2018 at Smith
	5:49.16	Rachel Scheub	9 th at Mass	5:49.16	2019 at Mass
	5:52.80	Julia Burdulis	17 th at Pioneer		
	5:59.86	Katarina Bade	7 th at Wes -Meet	5:59.86	2018 at Wes Tri-Meet
	6:03.00	Emma Casey	8 th at Wes -Meet	5:54.90	2018 at Wes Tri-Meet
	6:07.23	Katrina Bade	13 th at MIT		
	6:11.03	Katarina Bade	17 th at Mass		
	6:12.50	Katarina Bade	25 th at Pioneer		
	6:25.25	Isabelle Scalise	17 th at MIT	6:25.25	2019 at MIT
	6:27.45	Isabella Scalise	11 th at Wes Tri-Meet		
	6:32.00	Isabelle Scalise	16 th at Smith		
	6:59.79	Isabelle Scalise	22 nd at Mass		
	7:06.86	Isabella Scalise	32 nd at Pioneer		
		Caroline Sullivan		5:18.96	2017 at Wesleyan
		Lauren Barrett		5:23.01	2016 at Valentine
3,000 m run	10:35.90	Lauren Barrett	16 th at NE D3	10:35.90	2019 at NE D3
	10:36.21	Lauren Barrett	1 st at Triangle		
	10:45.64	Lauren Barrett	1 st at Mass		
	10:52.54	Nina Bourgeois	2 nd at Mass	10:52.54	2019 at Mass
	10:52.98	Carolina Sullivan	3 rd at Mass	10:17.50	2017 at Valentine
	11:02.06	Nina Bourgeois	5 th at Triangle		
	11:03.20	Nina Bourgeois	1 st at Wes -Meet		

	11:19.70	Carolina Sullivan	5 th at Pioneer		
	11:52.98	Emma Casey	6 th at Smith	11:52.98	2018 at Smith
5,000 m run	18:16.47	Caroline Sullivan	2 nd at Smith	17:50.47	2017 at Conn Outdoor
	18:23.18	Lauren Barrett	9 th at Cupid	18:23.18	2019 at Tufts
	18:29.36	Samantha Feenstra	3 rd at Smith	18:29.36	2018 at Smith
	18:39.79	Nina Bourgeois	14 th at Tufts	18:39.31	2018 at CGA
	18:46.45	Lauren Barrett	4 th at Smith		
	18:51.90	Nina Bourgeois	22 nd at NE D3		
	18:51.99	Lauren Barret	1 st at Pioneer		
	19:08.71	Caroline Sullivan	25 th at NE D3		
	19:09.09	Nina Bourgeois	5 th at Smith		
55 m High Hurdles					
60 m High Hurdles	10.13	Hannah Kelleher	1 st at Wes Tri-Meet	10.13	2018 at Wes Tri-Meet
	11.37	Abigail Allardi	14 th at Smith	11.37	2018 at Smith
High Jump	5'03.25"	Isabel Bruno	1 st at Wes -Meet	5'03.25"	2018 at Wes Tri-Meet
	5'01.50"	Isabel Bruno	4 th at Smith	5'01.50"	
	5'00.25"	Isabel Bruno	21 st at NE D3		
	4'10.25"	Caroline I. Sullivan	3 rd at Wes Tri-Meet	4'10.25"	2018 at Wes Tri-Meet
	4'11	Isabel Bruno	7 th at MIT & 8 th at Triangle		
	4'09.50"	Abigail Allardi	8 th at Smith	5'01.75"	2016 at Mass
	4'09.00"	Isabel Bruno	20 th at Pioneer		
	4'07.50"	Caroline Sullivan	9 th at Smith	4'07.50"	2018 at Smith
	4'07.00"	Abigail Allardi	19 th at Mass		
	4'07.00"	Abigail Allardi	6 th at Wesleyan		
		Morgan Hallow		4'06.00"	2017 at Wesleyan
Long Jump	15'09.00"	Emma Sternberg	5 th at Smith	15'09.00"	2018 at Wes Tri-Meet
	15'08.25"	Katherine Bullock	12 th at MIT	16'08.50"	2018 at ERAU
	15'07.00"	Katherine Bullock	9 th at Triangle		
	15'06.25"	Emma Sternberg	10 th at Triangle		
	15'04.25"	Katherine Bullock	4 th at Wes Tri-Meet		
	15'03.00"	Katherine Bullock	8 th at Smith		
	15'00.75	Kathrine Bullock	12 th at Pioneer		
	15'00.50	Emma Sternberg	13 th at Pioneer		
	14'10"	Emma Sternberg	7 th at Wes Tri-Meet		
	14'01.00"	Emma Sternberg	11 th at Mass		
	13'07.75	Emma Sternberg	24 th at MIT		
	12'11.25"	Nina Marco	15 th at Smith	12'11.25"	2018 at Smith
	11'11.00"	Nina Marco	16 th at Triangle		
	11'10.50"	Nina Marco	15 th at Mass		
	11'9.75"	Nina Marco	11 th at Wes Tri-Meet		
	9'11.25	Nina Marco	31 st at MIT		
Triple Jump	35'01.00"	Katherine Bullock	5 th at Triangle	35'01.00"	2019 at Triangle

	32'11.75"	Abigail Allardi	3 rd at Smith	34'02.00"	2017 at NESAC
	31'01.75"	Abigail Allardi	7 th at Mass		
	31'00.00"	Emma Sternberg		31'01.75"	2018 at Springfield
	30'10.50"	Emma Sternberg	12 th at Triangle		
	30'00.00"	Katherine Bullock			
Pole Vault	10'02.25"	Marina Flandrick	17 th at NE D3	10'02.25"	2019 at NE D3
	10'00.00"	Marina Flandrick	12 th at Triangle		
	9'08.00"	Marina Flandrick	1 st at Wes Tri-Meet		
	9'00.25	Marina Flandrick	8 th at MIT		
	8'06.25"	Marina Flandrick	6 th at Smith		
Shot Put	43'01.50"	Peace Kabari	3 rd at Tufts Q	43'10.50"	2019 at Tufts Q
	42'04.75"	Peace Kabari	5 th at BU LC		
	33'00.25"	Ally Conde	11 th at Triangle		
	32' 02.25"	Ally Conde	12 th at Mass		
	31'09.75"	Ally Conde	3 rd at Smith		
	31' 04.75"	Ally Conde	24 th at Pioneer		
	31'02.75"	Hannah Kelleher	6 th at Smith	31'02.75"	2018 at Smith
	31'01.75"	Ally Conde	3 rd at Wes Tri-Meet		
	30'09.25"	Larisa Bogomolov	17 th at MIT		
	30'04.25	Ally Conde	18 th at MIT		
	30'00.75"	Larisa Bogomolov	16 th at Mass	32'00.25"	2018 at Wesleyan
	29'10.00"	Larisa Bogomolov	16 th at Triangle		
	29'09.5"	Hannah Kelleher	4 th at Wes Tri-Meet		
	26'05.75"	Charlotte Robbins	26 th at Mass	26'09.75"	2017 at Trinity Outdoor
	24'07.25"	Dayna Vadala	25 th at Triangle	24'07.25"	2019 at Triangle
	23'10.75"	Danya Vadala	37 th at MIT		
	23'01.25"	Dayna Vadala	28 th at Mass		
	22' 08.00"	Dayna Vadala	42 nd at Pioneer		
	21'05.25"	Dayna Vadala	5 th at Wes Tri-Meet		
	21'03.50"	Dayna Vadala	26 th at Smith		
Weight Throw	38'08.25"	Charlotte Robbins	5 th at Smith	38'08.25"	2018 at Smith
	36'09.00"	Larisa Bogomolov	17 th at MIT	36'09.00"	2019 at MIT
	36'02.75"	Charlotte Robbins	19 th at Triangle		
	35'10.75"	Larisa Bogomolov	20 th at Triangle		
	35'07.25	Charlotte Robbins	19 th at MIT		
	35'04.5"	Charlotte Robbins	3 rd at Wes Tri-Meet		
	35' 01.75"	Charlotte Robbins	21 st at Pioneer		
	34' 00.00"	Larisa Bogomolov	26 th at Pioneer		
	33'08.75"	Ally Conde	22 nd at Triangle	33'08.75"	2019 at Triangle

	31'11.25"	Ally Conde	27 th at MIT		
	31' 03.75"	Ally Conde	29 th at Pioneer		
	30' 05.75"	Charlotte Robbins	17 th at Mass		
	30' 04.25"	Ally Conde	19 th at Mass		
	28'05.25"	Ally Conde	12 th at Smith		
	27'0.0"	Ally Conde	4 th at Wes Tri-Meet		
	25'04.75"	Danya Vadala	35 th at MIT	25'04.75"	2019 at MIT
	22'01.75"	Dayna Vadala	29 th at Triangle		
	18' 10.50"	Dayna Vadala	23 rd at Mass		
Discus Throw		Charlotte Robbins		100'10"	2018 at ERAU
		Larisa Bogomolov		99'00"	2017 at Trinity Outdoor
4x200 m Relay	1:59.67	Trinity	3 rd at Smith		
4x400 m Relay	4:14.43	Trinity	3 rd at Smith		
	4:14.48	Trinity	2 nd at Wes Tri-Meet		
	4:22.09	Trinity	5 th at Triangle		
4x800m Relay					
4xmile Relay					
4x1600 m Relay					
Distance Medley Relay	12:18.05	Trinity	12 th at Tufts Q		
	12:27.13	Trinity	6 th at NE D3		
Sprint Medley Relay					

*College record

2018-19 Men's Team Results (12-0)

12/1 at Smith Winter Invitational no team scores
12/7 at Wesleyan w/Connecticut College no team scores
1/19 Pioneer Invitational at Smith 1st of 13 teams
1/26 Massasoit Invitational at Springfield no team scores
2/2 at Wesleyan Invitational no team scores
2/2 New England Open Championships at Roxbury CC T27th of 28 teams
2/2 Cupid Challenge at Tufts no team scores
2/9 Valentine Invitational at Boston no team scores
2/9 Gordon Kelly Invitational at MIT no team scores
2/16 Triangle Invitational at Springfield no team scores
2/22-23 New England Division III Championships at Bowdoin 13th of 26 teams
MIT 164, Tufts 78, Worcester Tech 67, Southern Maine 65.5, Middlebury 64, Williams 56, Amherst 46, Bates 31.5, Springfield 31, Mass.-Dartmouth 30, Worcester State 30, Coast Guard 25, Trinity (Conn.) 22, Bridgewater State 15, Plymouth State 14, Bowdoin 12, Wesleyan 11.5, Colby 4, Husson 4, Fitchburg State 3.5, Connecticut College 3, Mass.-Bosrtton 2, Rhode Island College 1
2/24 at Boston Last Chance Meet no team scores
3/2 at Tufts Qualifier no team scores

2018-19 Women's Team Results (9-5)

12/1 at Smith Winter Invitational no team scores
12/7 at Wesleyan w/Connecticut College no team scores
1/19 Pioneer Invitational at Smith 6th of 15 teams
1/26 Massasoit Invitational at Springfield no team scores
2/2 at Wesleyan Invitational no team scores

2/2	Cupid Challenge at Tufts	no team scores
2/8	Valentine Invitational at Boston	no team scores
2/9	Gordon Kelly Invitational at MIT	no team scores
2/16	Triangle Invitational at Springfield	no team scores
2/22-23	New England Division III Championships at Bowdoin	13 th of 26 teams
	Williams 140, MIT 87.5, Tufts 67, Middlebury 57, Bowdoin 52, Rhode Island College 48, Wesleyan 48, Worcester Tech 44.5, Coast Guard 44, Bates 40, Amherst 31, Springfield 27, Trinity (Conn.) 24, Connecticut College 23, Southern Maine 17, Colby 13, Bridgewater State 12, Wheaton (Mass.) 11, Keene State 9, Suffolk 6, Westfield State 5, Husson 5, Regis College 3, Newbury 2, Eastern Connecticut 2, Smith 1	
2/24	at Boston Last Chance Meet	no team scores
3/2	at Tufts Qualifier	no team scores
3/10	NCAA Division III Championships at Mass.-Boston	no team scores