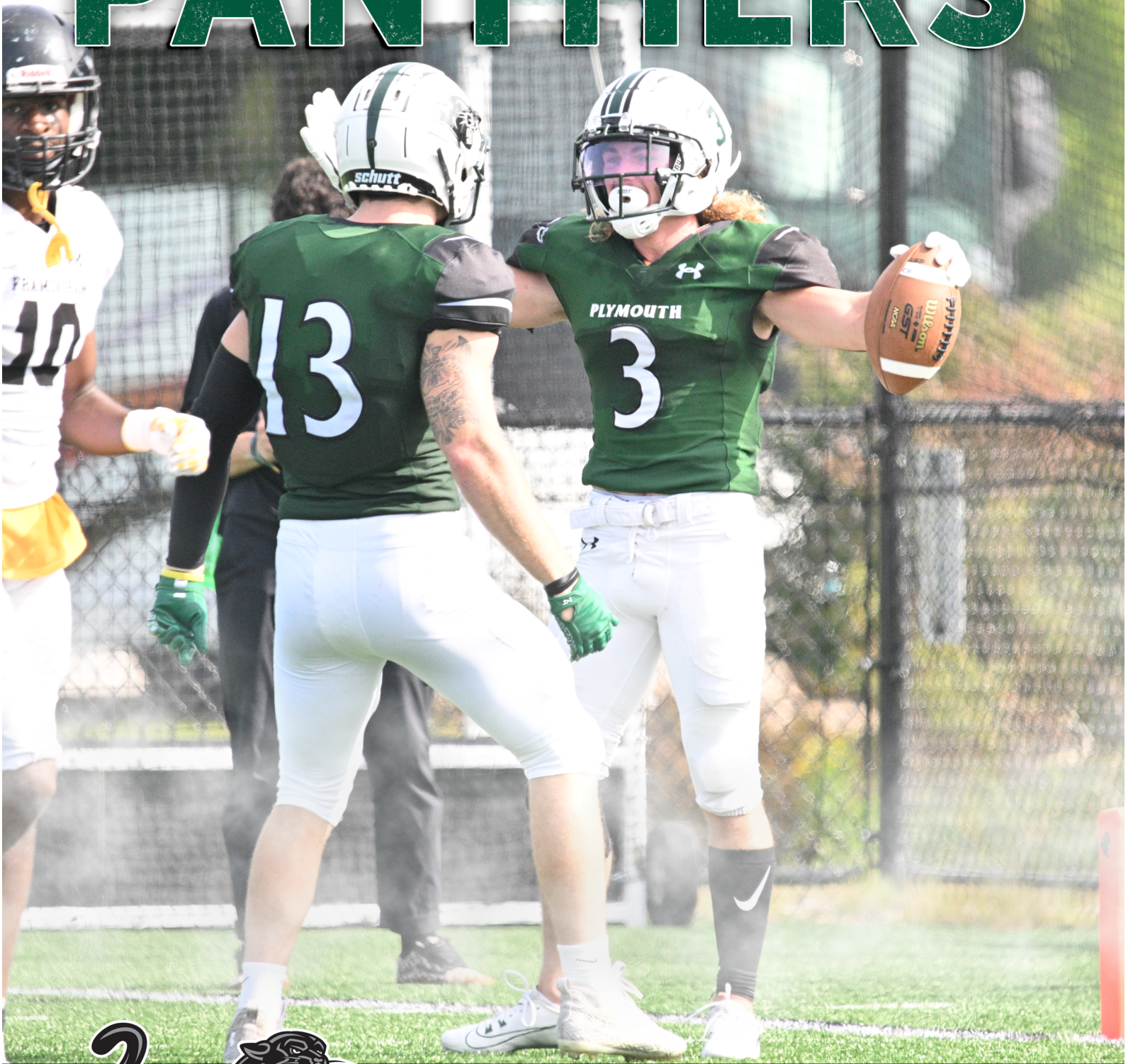


PLYMOUTH STATE PANTHERS



2024 FOOTBALL MEDIA GUIDE



CONNECT WITH THE PANTHERS AT athletics.plymouth.edu





Plymouth State University (PSU) evolved from Holmes Plymouth Academy, a pioneering institution for teacher training that dates back to 1808. PSU's 170-acre campus is located in Plymouth, NH, between the Lakes Region and White Mountains Region.

With more than 4,000 undergraduate and graduate students representing 46 states and 30 countries, PSU produces society's global leaders within interdisciplinary integrated clusters, open labs, and partnerships, as well as through entrepreneurial, innovative, and experiential learning.

PSU connects with community and business partners to promote economic development, technological advances, healthier living, and cultural enrichment, with a special commitment of service to the North Country and Lakes Region of New Hampshire.

Plymouth State recognizes that athletics has much to offer the university community. The Panther sports programs afford students the opportunity to develop physically, emotionally, intellectually and socially. The athletics programs have given students many reasons to be proud of PSU while stimulating school spirit. Intercollegiate competition has provided valuable "laboratory experiences" to hundreds of young men and women who have gone on to coaching careers throughout New England and beyond.

The University's investment in athletics has been demonstrated with the recent additions of the campus' first multi-use turf field, ALLWell North, and the Human Performance Center, home to the Morgridge Strength & Performance Lab. The 16,000 square foot, state-of-the-art facility provides student-athletes with ample space and equipment, including a 45-yard strip of artificial turf for rehab and speed training. Additionally, the Physical Education Center houses a swimming pool, 2,000-seat gymnasium, athletic training facility and offices, while the complex is surrounded by over 35 acres of playing fields.

ALLWell North (Active Living, Learning and Wellness) is an advanced academic and athletic complex that is home to the Panthers' men's and women's track & field and wrestling teams. The facility also contains the Bank of New Hampshire Field House and George E. Davis '63 Track, as well as the Outdoor Center, classrooms, offices and five varsity locker rooms.

PSU proudly sponsors 25 varsity teams (12 for men, 13 for women) and an accredited Athletic Training program. As a member of the NCAA Division III, the Panthers have consistently enjoyed individual and team success at the conference, regional and national levels.

PLYMOUTH STATE ATHLETIC DIRECTORY

ADMINISTRATORS

Director of Athletics	Kim Bownes	603-535-2771
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Head Athletic Trainer	Mark Legacy	603-535-2757
Associate Athletic Trainer	Rachel Springmann	603-535-2702
Assistant Athletic Trainer	Eric Gibbs	603-535-2791
Assistant Athletic Trainer	Marissa Rivera	603-535-2791

HEAD COACHES

Baseball	Ryan McIntosh	603-535-2756
Men's Basketball	Andrew Novick	603-535-2753
Women's Basketball	Curtis Arseneault	603-535-3229
Men's & Women's Cross Country	Alice Field	603-535-2752
Field Hockey	Molly Saunders	603-535-2759
Football	Paul Castonia	603-535-2761
Men's Ice Hockey	Craig Russell	603-535-2744
Women's Ice Hockey	Ben Chipman	603-535-2776
Men's Lacrosse	Mike Wilus	603-535-2764
Women's Lacrosse	Becky Dale	603-535-3015
Men's & Women's Skiing	Trevor Hamilton	603-535-2773
Men's Soccer	Rob Wright	603-535-2516
Women's Soccer	Peter Simonini	603-535-2732
Softball	Mike Bernier	603-535-3016
Men's & Women's Swimming	Anne Barbeau	603-535-2765
Women's Tennis	Kathy Peverly	603-535-2768
Men's & Women's Track & Field	Will Tiffit	603-535-2752
Women's Volleyball	Joan Forge	603-535-2778
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PLYMOUTH STATE UNIVERSITY PANTHERS

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2024 SCHEDULE

SEPT.

Sat. 7	New England College (Exhibition)	12:00 pm
Sat. 14	at Worcester State	12:00 pm
Sat. 21	Bridgewater State	12:00 pm
Sat. 28	at Mass. Maritime	1:00 pm

OCT.

Sat. 5	Western Connecticut (Homecoming)	12:00 pm
Sat. 19	at VTSU Castleton	2:30 pm
Sat. 26	Westfield State	12:00 pm

NOV.

Sat. 2	at Framingham State	12:00 pm
Sat. 9	at Fitchburg State	12:00 pm
Sat. 16	UMass Dartmouth (Senior Day)	12:00 pm



Editor: Chris Kilmer
Content: Chris Kilmer
Photography: Kim Bownes, Frank Poulin, Bob Blanchard
Design: Chris Kilmer
Printing: Minuteman Press

2024 PSU FOOTBALL ROSTER

No.	Name	Yr.	Pos.	Ht.	Wt.	Hometown/Previous School	No.	Name	Yr.	Pos.	Ht.	Wt.	Hometown/Previous School
1	Grady Collins	Fr.	DB	6-0	178	Rochester, N.H. / Spaulding	59	Frank Capaldo	Sr.	OL	5-11	268	Melrose, Mass. / Melrose
2	Robert Leveillee	So.	LB	5-9	186	Rumford, Maine / Mountain Valley	60	Nathaniel Blais	Fr.	LB	5-10	181	Middleton, Mass. / Masconomet Reg.
3	Willie Lombard	Sr.	RB	5-8	170	Bridgewater, Mass. / Bridgewater-Raynham Regional	61	Phil Gulizio	Fr.	LB	5-9	208	Jericho, Vt. / Mount Mansfield Union
4	Greg Berthiaume	So.	WR	6-0	194	North Attleborough, Mass. / North Attleborough	64	Jackson Witchley	Jr.	OL	5-9	268	Brownfield, Maine / Fryeburg Acad.
5	Mikey Levesque	Sr.	DB	6-0	178	Manchester, N.H. / Goffstown	65	Ashton Duran	Fr.	OL	5-7	220	Glenburn, Maine / Orono
6	Seth DiSalvo	Sr.	K	5-11	206	North Andover, Mass. / North Andover	66	Trent McDaniel	Sr.	DL	5-10	241	Helendale, Calif. / Oak Hills
7	Tommy Napolitano	Fr.	QB	5-8	158	Williston Park, N.Y. / Herricks	67	Jack Walsh	Fr.	OL	5-6	268	Southington, Conn. / Southington
8	Seamus Murphy	Jr.	RB	6-0	197	Norwich, Vt. / Hanover (N.H.)	68	Jack Claeys	So.	OL	5-10	242	Melrose, Mass. / Melrose
9	Owen Walton	So.	DB	6-0	179	Bow, N.H. / Bow / Husson Univ.	70	Drake Sutton	So.	OL	6-2	259	Bedford, N.H. / Bedford
10	Lane Davide	Sr.	DB	5-10	165	West Warwick, R.I. / West Warwick	71	Teddy Fellows	Sr.	OL	6-1	282	Topsfield, Mass. / Masconomet Reg.
11	Braden Lynn	Sr.	QB	6-2	230	Littleton, Mass. / Littleton	73	Michael Pesiridis	Sr.	OL	5-8	277	Arlington, Mass. / Arlington
12	Gustavo Regalado	Sr.	LB	5-10	188	Lawrence, Mass. / Greater Lawrence Technical	74	Justin Roche	Jr.	DL	5-9	253	Pelham, N.H. / Pelham
13	Ned Drena	So.	DB	6-0	197	Rochester, N.H. / Spaulding	75	Sean Quinn	Jr.	OL	6-4	279	Norwood, Mass. / Norwood
14	Mitchell Cripps	Jr.	WR	6-0	191	Dracut, Mass. / Dracut	76	Jarrett Lamoureux	Jr.	DL	5-11	251	Concord, N.H. / Tilton School / Southern Connecticut State Univ.
15	Matt Phillips	Fr.	QB	5-11	195	Clinton, Mass. / Clinton	77	Jason Osborne	So.	OL	6-0	279	Andover, Mass. / Andover
16	Jake Dreyfus	Jr.	DB	5-8	163	Weymouth, Mass. / Archbishop Williams	80	Derek Thomas	So.	WR	5-10	180	Glastonbury, Conn. / Glastonbury
17	Robbie Engel	Fr.	DB	5-9	167	Topsfield, Mass. / Masconomet Reg.	81	Josh Crosswhite	Sr.	WR	6-2	217	Littleton, Mass. / Littleton
18	Jonah Bassett, Jr.	So.	DB	5-10	176	Rutland, Vt. / Rutland	82	Shane McCormick	Fr.	TE	5-11	219	Plainville, Conn. / Plainville
19	Sam Weidemier	Jr.	QB	5-11	163	Watertown, Conn. / Watertown	83	Zach Hodge	Jr.	WR	5-11	189	Springfield, N.H. / Kearsarge Regional
20	Caden Dubiel	Sr.	LB	5-8	197	Swampscott, Mass. / Swampscott	84	Drake Connally	Fr.	WR	5-11	175	Boynton Beach, Fla. / Park Vista
21	Steven Clark, Jr.	Fr.	RB	5-7	215	Riverside, R.I. / East Providence	86	Ben Brown	Fr.	WR	5-9	164	York, Maine / York
23	Aidan Fritz	So.	LB	5-9	188	Colchester, Conn. / Bacon Academy	87	Jacob Morris	So.	TE	6-5	262	Kennebunk, Maine / Kennebunk
24	Chris McCarthy	Fr.	WR	5-10	191	Middleton, Mass. / Masconomet Reg.	88	Christian McGarry	Fr.	LB	6-3	194	Amesbury, Mass. / Amesbury
25	Gregory Walker	Jr.	RB	5-11	205	Boxford, Mass. / Masconomet Reg.	89	Owen Dorion	So.	WR	5-10	174	Foxboro, Mass. / Xaverian Brothers / American International College
26	Beau Fellows	So.	DB	5-11	175	Topsfield, Mass. / Masconomet Reg.	90	TJ Taveras	So.	DL	5-9	231	Rochester, N.H. / Spaulding
27	Reece Davis	So.	DB	6-0	194	Livermore, Maine / Spruce Mountain	91	Jacob Daigle	Fr.	DL	6-2	242	North Haven, Conn. / Xavier
28	Shea McClellan	Jr.	RB	5-9	215	Abington, Mass. / Abington	93	Drew Cakouros	So.	LB	5-9	194	Milton, Mass. / Milton
29	Connor Graham	So.	DB	5-11	203	Tolland, Conn. / Tolland	94	Seamus Ross	Fr.	K/P	5-8	161	Windham, N.H. / Windham
30	Cam Moreira	Fr.	DB	5-7	161	Methuen, Mass. / Methuen	95	Khari Whitehead	So.	DL	5-11	248	Manchester, N.H. / Manchester Central
31	Shawn Harrington	Jr.	RB	5-11	218	South Weymouth, Mass. / Archbishop Williams	96	Brady Dwyer	Fr.	WR	6-1	160	Epping, N.H. / Epping
32	Matthew Griffing	Sr.	RB	5-8	200	West Brookfield, Mass. / Quaboag Regional	97	Anes Omar	Fr.	K/P	5-8	171	Almaty, Kazakhstan / John Bapst Memorial
33	Ryan Fleming	So.	DL	6-5	240	Boxborough, Mass. / Acton-Boxborough Regional	98	Dustin Silvia	Sr.	DL	5-11	316	Bridgewater, Mass. / Bridgewater-Raynham Regional
34	Jack Cataldi	So.	LB	5-9	185	Kennebunk, Maine / Kennebunk							
35	Ryan Catino	Fr.	RB	5-9	195	Bridgewater, Mass. / Bridgewater-Raynham Regional							
36	Dylan Leonard	Sr.	RB	5-7	210	West Bridgewater, Mass. / West Bridgewater Middle-Senior							
38	Rob Macri	Jr.	WR	6-2	201	Reading, Vt. / Woodstock Union							
39	Nick Marcinoski	Jr.	LB	5-10	217	Lynnfield, Mass. / Lynnfield / Framingham State University							
40	Lucas Tremblay	So.	RB	5-8	214	Beverly, Mass. / Beverly							
41	Adam Coletti	So.	TE	5-10	195	Ipswich, Mass. / Ipswich							
42	Jake Daniell	Jr.	LB	5-10	205	Woburn, Mass. / Woburn Memorial							
43	Axel Ramos	Fr.	DB	5-10	158	Clinton, Mass. / Clinton							
44	Evan Wilson	Sr.	LB	5-9	219	Derry, N.H. / Pinkerton Academy							
45	Eli Williams	Fr.	DB	5-11	168	Hartford, Conn. / CREC Acad. of Computer Science and Engineering							
46	Shane Napolitano	So.	RB	5-9	184	Winchester, Mass. / Winchester / Merrimack College							
47	Jack Milano	Jr.	LB	5-11	209	Pelham, N.H. / Windham / Univ. of New England							
48	Eddie Camp	Fr.	LB	5-10	217	Plymouth, N.H. / Plymouth Regional							
49	Luke Beaulac	Fr.	WR	5-11	170	Fitchburg, Mass. / Fitchburg							
50	Harry Gaudet	Jr.	DL	6-0	260	Hartford, Vt. / Hartford							
51	John Ogden	So.	LB	5-10	176	Arundel, Maine / Kennebunk							
52	Hunter Burke	Fr.	LB	5-9	197	Pembroke, Mass. / Pembroke							
54	Pat Grimmett	So.	DL	6-0	230	Bridgewater, Mass. / Bristol-Plymouth Regional Technical							
55	J'Vion Serrano	Fr.	DL	5-10	255	Hartford, Conn. / CREC Civic Leadership							
56	Josiah Funches	Fr.	LB	5-9	174	Bow, N.H. / Bow							
57	Steven Wojciechowski	Fr.	DL	5-10	192	Abington, Mass. / Abington							
58	Brendan Lynch	Fr.	DL	5-11	224	Ansonia, Conn. / Ansonia							

Head Coach:

Paul Castonia (Trinity '86, 21th year)

Co-Head Coach:

Devin Zeman (Defensive Coordinator/ Defensive Backs)

Assistants:

Mitch Banuskevich (Running Backs), Sal Giglio (Linebackers), Chris West (Quarterbacks), Christopher Snook (Wide Receivers), Anderson Larosiliere (Defensive Line)

Athletic Trainers:

Rachel Springmann, Marissa Rivera

Dir. of Strength & Conditioning:

John "JT" Thomas

Filmers:

Jacob Laird, Quinn Walsh

Manager:

Keegan O'Connor, Aaric Adams Jr.



2024 SEASON PREVIEW

FRESH FACES AND HIGH HOPES FOR PANTHERS IN 2024

As the dog days of summer come to an end, Panther Nation is gearing up for another season of Plymouth State football.

Captained by head coach Paul Castonia, who now enters his 22nd year atop the program, the Panthers will look to several new faces to make contributions alongside a key core of returners on Saturdays. Plymouth State was chosen fifth in the Massachusetts State Collegiate Athletic Conference (MASCAC) Preseason Coaches' Poll for the second straight year, though the Panthers have their sights set on the upper echelon of the league.

"We have some returners on both sides of the ball that have done things," said Castonia, "but we will be looking for contributions from some new guys in several roles, so there are a lot of question marks. Hopefully the guys progress so we can take advantage of the returners, who can be our strength."

A LOOK BACK

Plymouth State stumbled out of the gates to start the 2023 season in an 0-5 hole. The Panthers held a 21-12 lead in the fourth quarter of the season opener at VTSU Castleton, but the Spartans rallied for two fourth-quarter TDs, including the go-ahead score with less than two minutes to play, to steal a 25-21 victory.

It was the Panthers attempting a late rally in the home opener, using 14 fourth-quarter points to slash into a UNE lead, but the Nor'easters were able to stave off the comeback bid for a 31-21 win.

PSU ran into a gauntlet to open league play, dropping games to Bridgewater State, Framingham State and Western Connecticut State – three of the top four teams in the final league standings – before finding success in week seven.

After falling behind Fitchburg State, 7-0, late in the first quarter, Willie Lombard ripped off a 95-yard return for a touchdown on the ensuing kickoff to ignite the Panthers. PSU would end up scoring 33 unanswered points to secure the first win of the season, 40-21, over the Falcons.

That victory would jumpstart a four-game winning streak. Plymouth State blanked Worcester State, 35-0, the following week when Lombard was once again the spark, rushing for 132 yards and a score. Quarterback Braden Lynn threw a pair of touchdown passes in the victory.

The most exciting game of the season was the week nine contest, a back-and-forth battle at Westfield State that came down to the final play of the game. The Panthers took a 7-0 lead on Lynn's 14-yard touchdown pass, but Westfield State answered with 13-straight points to take the lead into halftime. Lombard's third quarter touchdown run put PSU back in front, but Westfield State found the end zone with just 36 seconds remaining to go ahead 19-14. Plymouth State's defense came up big to deny the two-point conversion attempt. It would end up being a significant play in the final outcome. The Panthers advanced the ball to midfield with 7.4 seconds left and on the final play of the day, Lynn launched a Hail Mary to the front of the end zone, where Jacob Morris hauled in the pass for a dramatic 20-19 win.

The Panthers capped off the winning streak with a 31-21 win over Mass. Maritime where Lynn matched a career high with three touchdown passes. The Panthers dominated the time of possession, holding the ball for over 40 minutes, while converting 10-of-15 third down attempts and going a perfect 3-for-3 in fourth down conversions.

Although UMass Dartmouth spoiled the season finale, a 41-7 decision on the road, Plymouth State finished an even 4-4 in conference play, extending a streak of seven straight years with a .500 or better league record.

OFFENSE

Quarterback Braden Lynn returns for his third year as the starting quarterback. The signal caller showed improvement across the board from his 2022 campaign, when he earned MASCAC Offensive Rookie of the Year honors. Lynn finished with 1,507 yards and 14 touchdowns last fall, posting a 61.2% completion percentage, second best in the league, and a 140.19 rating that ranked third in the MASCAC.

"Hopefully Braden can continue doing the good things he did last year, while also being more efficient with his progressions and consistency. We want him to look for the big play but take what they give us when they give it to us and not miss out on opportunities."

Willie Lombard returns as the featured back after rushing for 760 yards last year. He averaged 84.4 yards per game and posted a 5.1 yards per carry. The dual threat option finished with ten total touchdowns (seven rushing, two receiving and one kick return), doing the lion's share of work on the ground.

Joining him in the backfield are Gregory Walker and Matthew Griffing, giving Castonia a pair of physical runners to complement Lombard's slashing style.

The biggest change for the offense comes at the wide receiver position, where Castonia will sport an entirely new receiving corps. Seven of the 11 players who caught a pass last year graduated, and of the four returners, Lombard hauled in 14 passes while the remaining three players combined for just five.

"We moved Josh Crosswhite over from DB and he'll be capable. After that we have several newcomers who are trying to sort themselves out. We do have some depth there; we're just waiting for some guys to rise above and seize the opportunity."

Castonia expects Jacob Morris, the projected starting tight end, will progress from his freshman year. Morris made the most of his one catch last year, hauling in the Hail Mary in the Panthers' thrilling win at Westfield State. Look for him to be more involved in the passing game, while also leveraging his size to provide strong blocking.

Despite the significant changes at receiver, Castonia doesn't anticipate a run-first, ball control offense.

"I think we should be equally capable of moving the ball on the ground and through the air. Week by week we'll see what we can take advantage of."

The offensive line is anchored by Teddy Fellows, a two-time First Team All-MASCAC honoree. Frank Capaldo, Michael Pesiridis and Jack Claeys have all been contributors up front, though there is an ongoing competition to round out the front five.

"We've got a couple of spots to fill there, so we've got some work to do."

DEFENSE

The PSU defense will look quite different in 2024 following the graduation of several key players. TJ Taveras appeared in all ten games and registered 1.5 sacks as a freshman last year, while Ryan Fleming has recorded double digit tackles as a lineman each of the past two seasons. The duo will anchor the d-line, with several newcomers also seeing time.

"TJ is the most experienced guy on the line, and Fleming is right behind him. We'll need a couple freshman to be able to rotate through and take some snaps up there."

The strength of the defense should be at the linebacker position. The group is led by Evan Wilson, the team's leading tackler each of the past two seasons. Wilson easily paced the team last fall, recording 95 tackles with 62 solo stops to go with team highs of four sacks and 11.5 tackles for loss.

Transfer Jackson Milano earned Castonia's praise after having a good spring and strong preseason camp, while Robert Leveillee, Jack Cataldi and Caden Dubiel are all capable playmakers.

"Our linebackers need to be football smart and diagnose what's across from them. They need to be in the right spot at the right time and have a nose for the ball."

Beau Fellows, Reece Davis, Jonah Bassett, Jr. and Jake Dreyfus will all see time at corner, while Connor Graham excelled during camp to lock down one of the safety spots. The rest of the secondary will be made up of fresh faces.

SPECIAL TEAMS

Castonia's squads have typically been known for their special teams play and with Lombard in the fold as the most dangerous return man in the MASCAC there's no reason to think 2024 will be any different.

Lombard's big-play ability last year was appreciated by MASCAC coaches as they voted him All-MASCAC First Team as a return specialist after leading the league with more than 700 return yards. He was also recognized by D3football.com with All-Region honors.

Seth DiSalvo is the incumbent placekicker, while newcomers Anes Omar and Seamus Ross give Castonia competent alternatives. Lynn will likely serve as the primary punter with Ross and Omar also getting opportunities.

SEASON OUTLOOK

Plymouth State has a pair of exhibition contests to prep for the season – a preseason trip to Norwich on Aug. 30 before a home junior varsity exhibition against first-year program New England College on Sept. 7.

"With us being so young, particularly on defense and special teams, the NEC exhibition will be a valuable thing for us to help sort out where some of the new guys fit best."

After that the Panthers dive right into the nine-game MASCAC schedule, as VTSU Castleton joins the league for one year.

"Last year we kind of had the murderer's row of the conference all right in a row. With the revamped schedule, it's a little more balanced this year, but every game will be a test. Hopefully we can get off to a good start and gain some momentum."

Although the team will feature many young players, Castonia is hesitant to call the season a rebuilding year.

"It's tough to say that because we have a handful of players who have produced in this league at a very high level, but there are a lot of question marks, too. To a degree, our success will be based on how quickly the less experienced guys pick up on techniques and learn what it takes to be a consistent competitor at the collegiate level."

HEAD COACH PAUL CASTONIA



603-535-2761

pfcastonia@plymouth.edu

2003-Present

Plymouth State University

Head Coach

2001-02

Bryant University

Defensive Coordinator

1998-00

UMass Boston

Head Coach

1997

Lynn Classical High School (MA)

Assistant Coach

1993-96

Ferrum College

Offensive Coordinator/Special Teams
Recruiting Coordinator

1992

Hartwick College

Offensive Coordinator/Special Teams

1989-91

University of Maryland

Defensive Backs/ Offensive Line
Running Backs/ Special Teams

1986-88

University of Rhode Island

Graduate Assistant/ Head JV Coach

Paul Castonia begins his 22nd season atop the Plymouth State football program in 2024-25. Easily the longest tenured coach in program history, Castonia is also the program's all-time leader in wins and has led the team to five postseason appearances.

Castonia coached the Panthers through the final season in the Freedom Football Conference in 2003, two years of being a Division III Independent (2004-05), seven years in the New England Football Conference (2006-12), and helped usher Plymouth State in as a member of the Massachusetts State Collegiate Athletic Conference (MASCAC) starting in 2013.

A two-time MASCAC Champion's Choice Coach of the Year in 2016 and 2017, the Joe Yukica Chapter of the National Football Foundation recognized Castonia's impact on New England college football in 2015, presenting him with the *Andy Mooradian Award for Outstanding Contribution to Amateur Football*.

In 2017 the Panthers won seven straight league games to capture the program's first MASCAC title and clinch a spot in the NCAA Division III Championship Tournament for the fifth time in program history. PSU also made an NCAA Tournament appearance under Castonia's guidance in the 2008 season following a perfect 7-0 mark in the NEFC.

Castonia has also lifted the Panthers to three Bowl games, rallying his troops from a 20-0 deficit to capture the New England Bowl against Husson in 2022 while capturing the ECAC North Atlantic Bowl title in 2007. The Panthers also appeared in the ECAC Northeast Bowl in 2009.

Castonia inherited a team that was winless in 2002, but he quickly turned things around. Starting in 2007, the team posted four straight winning seasons with a combined record of 33-10 and three straight post-season berths. Castonia boasts a career record of 98-105.

The Panthers won the ECAC North Atlantic Bowl to finish 9-1 in 2007, then followed with a 10-2 mark in 2008, winning the Bogan Division title (7-0), the NEFC Championship and earning a berth in the NCAA Division III Tournament. Castonia led the Panthers to an 8-3 record in 2009 with a third straight post-season berth with a trip to the ECAC Northeast Bowl.

Following their NEFC run, the Panthers joined the MASCAC in 2013. After opening MASCAC play with three losing seasons, Castonia's squad has finished .500 or better in league action every year since 2016, going 35-21 in conference games and 45-27 overall. The 2022 team finished 9-2, matching the record of the 2017 NCAA Tournament team, which represents the most wins since the 2008 team won 10 games.

Castonia was named NEFC Boyd Division Coach of the Year in 2007 and New England Division II/ III Coach of the Year in 2008. They were well-deserved honors for a coach who had long paid his dues with previous stints at Divisions 1-A, 1-AA, 2 and 3.

When Castonia arrived in 2003 as the 11th head coach in the program's history, he brought experience from previous coaching stops at the University of Rhode Island, University of Maryland, Hartwick College, Ferrum College, the University of Massachusetts Boston and Bryant University.

Since his arrival, Castonia has been adamant that the program's focus is on more than just wins and losses. While the Panthers no doubt aim to have a winning program year in and year out, being good students and quality citizens is equally as important.

"We recruit young men who want to graduate, and who are willing to work hard to be successful in the classroom and on the football field," says Castonia, a 1986 graduate of Trinity College (Conn.) who earned a Master's degree from the University of Rhode Island in 1989. "We try to put them in a position to succeed both as students and as football players."

For proof of Castonia's commitment to grooming well-rounded student-athletes, look no further than the academic achievements of his players. During his tenure, 532 students have earned All-Academic honors, with another 56 claiming spots as National Football Foundation (NFF) Hampshire Honor Society members.

Castonia says the biggest rewards for him don't come on Saturdays in the fall, but on graduation day in the spring.

"It's very gratifying when a guy graduates and is excited about pursuing his chosen career," says Castonia, "and he is using the habits and lessons he learned and developed on the football field in those endeavors."

Castonia and his wife Leslie reside in Ashland.

COACHING STAFF

DEVIN ZEMAN Co-Head Coach / Def. Coordinator
Plymouth State '04, U.S. Sports Acad. '09G



Devin Zeman is in his 22nd season with the Plymouth State football staff. The former defensive back played for the Panthers from 2001-02, then finished his undergraduate degree as a member of the coaching staff. A native of Nashua, Zeman served as Associate Head Coach for 12 seasons before being promoted to Co-Head Coach in July 2020. He has also filled the role of Defensive Coordinator for 16 seasons. Zeman was named Division II/III Assistant Coach of the Year by the Gridiron Club of Greater Boston following the 2017 season. He boasted the top scoring defense in the MASCAC in 2017, '18, '21 and '22.

MITCH BANUSKEVICH Running Backs
Plymouth State '19



Mitch Banuskevich begins his fifth season as an assistant coach with the PSU football staff following a tremendous four-year career with the Panthers. Banuskevich spent his first two seasons as the cornerbacks coach before transitioning to wide receivers coach for two years. He will work with the running backs in 2024. Banuskevich was a two-year captain and earned All-MASCAC honors three years. He ranks 11th all-time with 1,435 career rushing yards despite playing as a DB his senior year.

SAL GIGLIO Linebackers
Springfield '22



Sal Giglio joins the Panthers' coaching staff for his first season in 2024. Giglio played as a cornerback for Springfield College from 2019-21, helping the Pride to an NCAA Tournament appearance in 2021 following a perfect 6-0 run through the NEWMAC. Giglio spent two years as an assistant coach for Jackson Memorial High School (N.J.), working with the linebackers in 2022 and wide receivers in 2023. He also served as head track coach during that time.

CHRIS WEST Quarterbacks
Westfield State '22



Chris West returns for his second season on the sidelines after playing for a pair of MASCAC rivals. West spent three years as a defensive back at Westfield State before finishing his playing career at Worcester State in the Fall of 2022. A Dean's List honoree, West will work with the quarterbacks again this season.

ANDERSON LAROSILIERE Defensive Line
Framingham State '24



Anderson Larosiliere brings a pair of NCAA Tournament appearances to the staff after a five-year career at Framingham State. The defensive lineman helped the Rams to undefeated MASCAC titles (8-0) in both 2019 and 2021. Larosiliere also served as the Framingham State Football Strength & Conditioning Intern and was a Dean's List honoree. He will work with the defensive line.

CHRISTOPHER SNOOK Wide Receivers
Mayville State '16, Univ. of New Hampshire JD '21



Christopher Snook is now in his third season with the Panthers' staff. After leading the defensive backs in 2022, Snook mentored the linebacker corps last fall. This year he switches sides of the ball to oversee the wide receivers. Snook played linebacker for the Comets for three years before moving to kicker as a senior.

KEY PANTHER RETURNERS



#3 WILLIE LOMBARD

Senior RB

Bridgewater, Mass. / Bridgewater -
Raynham Regional
Criminal Justice

2021:

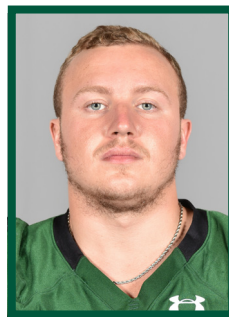
6 games, 53 carries, 209 yds, 1 TD

2022:

7 games, 78 carries, 443 yds, 8 TD

2023:

9 games, 149 carries, 760 yds, 7 TD



#44 EVAN WILSON

Senior LB

Derry, N.H. / Pinkerton Academy
Business Management

2021:

9 games, 38 tackles, 24 solo, 9 TFL, 2 sacks,
1 INT, 4 BrUp, 1 FR

2022:

10 games, 80 tackles, 49 solo, 9 TFL, 1 INT,
2 BrUp, 1 FR

2023:

10 games, 95 tackles, 62 solo, 11.5 TFL, 4
sacks, 2 BrUp, 2 FR



#11 BRADEN LYNN

Senior QB

Littleton, Mass. / Littleton
Marketing

2022:

11 games, 120-of-192, 1413 yds, 10 TD

2023:

10 games, 126-of-206, 1507 yds, 14 TD



#90 TJ TAVERAS

Sophomore DL

Rochester, N.H. / Spaulding
Computer Science

2023:

10 games, 19 tackles, 11 solo, 3 TFL, 1.5
sacks, 1 Blk



#71 TEDDY FELLOWS

Senior OL

Topsfield, Mass. / Masconomet Regional

2021:

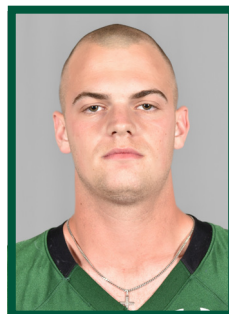
10 games

2022:

11 games

2023:

10 games



#33 RYAN FLEMING

Sophomore DL

Boxborough, Mass. / Acton-Boxborough
Regional
Business Administration

2022:

8 games, 14 tackles, 6 solo, 4.5 TFL

2023:

7 games, 10 tackles, 2 solo



#87 JACOB MORRIS

Sophomore TE

Kennebunk, Maine / Kennebunk
Criminal Justice

2023:

7 games, 1 rec, 53 yds, 1 TD



#26 BEAU FELLOWS

Sophomore DB

Topsfield, Mass. / Masconomet Regional
Psychology

2023:

9 games, 20 tackles, 17 solo, 1 INT, 4 BrUp,
1 Blk

2023 SEASON REVIEW

INDIVIDUAL HONORS

NFF Hampshire Honor Society:

Kyle Baker, WR
Nikos Bouzakis, WR
Collin Crowe, DL
Alex Flynn, DL
Tyler Gleifert, RB
Jyaire Hatcher, DB
Jack Marsden, K/P
Jon Proia, TE
Patrick Rush, OL
David Salazar, LB
Dylan Szostak, LB
Mike Terrazzano, DL
Bryan Warren, TE

College Sports Communicators Academic All-District:

Collin Crowe, DL
Braden Lynn, QB
Jon Proia, TE
Patrick Rush, OL
Mike Terrazzano, DL

D3football.com All-Region 1 (Second Team):

Willie Lombard, PR/KR

All-MASCAC (First Team):

Willie Lombard, PR/KR

MASCAC Fall Sportsmanship Team:

Collin Crowe

MASCAC Fall/Winter All-Academic Team:

Kyle Baker
Cooper Bartlett
Jonah Bassett
Greg Berthiaume
Nikos Bouzakis
Frank Capaldo
Jack Claeys
Mitchell Cripps
Collin Crowe
Jake Daniell
Ja'Vony De'Leon
Seth DiSalvo
Jake Dreyfus
Liam Faherty
Alex Flynn
Tyler Gleifert
Connor Graham
Matthew Griffing
Cedric Hakian
Shawn Harrington
Jyaire Hatcher
Zach Hodge
Ruchan Karagoz
Jarrett Lamoureux

Mikey Levesque
Reese Lopez
Braden Lynn
Luke MacNeil
Jack Marsden
Sam Merrill
Keegan O'Connor
Charlie Palmer
Michael Pesiridis
Jon Proia
Justin Roche
Quinn Rotche
Patrick Rush
David Salazar
Kevin Saturno
Drake Sutton
Dylan Szostak
Edwin Taveras
Icean Taylor
Mike Terrazzano
Bryan Warren
Sam Weidemier
Khari Whitehead
Evan Wilson



FINAL INDIVIDUAL LEADERS (2023)

PASSING	COMP-ATT	PCT	YDS	TD	INT	LONG	EFFIC.
Braden Lynn*	126-206	61.2%	1507	14	5	68	140.19

RUSHING	ATT	YDS	YDS/G	AVG.	TD	LONG
Willie Lombard*	149	760	84.4	5.1	7	65
Matthew Griffing*	36	134	16.75	3.7	1	19
Manny Sanchez	39	107	35.67	2.7	1	12

RECEIVING	REC.	YDS	YDS/G	AVG.	TD	LONG
Jack Donahue	35	481	48.1	13.7	5	37
Kyle Baker	25	305	30.5	12.2	2	68
Nikos Bouzakis	20	190	23.8	9.5	1	24
Bryan Warren	18	187	20.8	10.4	1	39

KICKING	FG GOOD	FG ATT	FG PCT.	FG LONG	XP GOOD	XP ATT	XP PCT.
Seth DiSalvo*	1	3	33%	21	14	17	82%

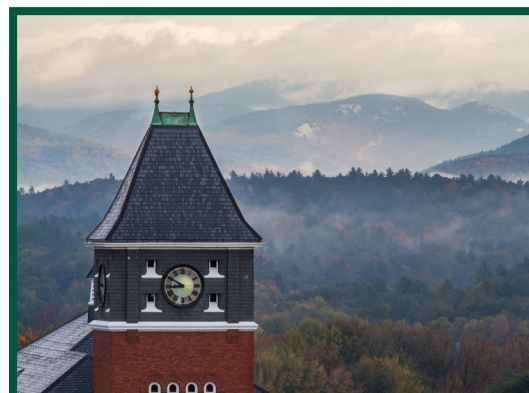
DEFENSIVE LEADERS	Tackles							Fumbles	
	Solo	Asst.	Total	TFL	Sack	INT	BrUp	Rec.	Forc.
Evan Wilson*	62	33	95.0	11.5	4	--	2	2	--
Luc Normandeau	44	27	71.0	3	.5	1	5	--	3
Josh Crosswhite*	37	11	48.0	2	--	--	--	2	0
David Salazar	19	20	39.0	1	--	--	--	--	--
Robert Leveillee*	25	8	33.0	7	1	--	--	--	2
Jyaire Hatcher	23	9	32.0	--	--	--	2	--	--
Connor Graham*	16	14	30.0	--	--	--	--	--	--
Jake Dreyfus*	13	7	20.0	1	--	--	2	--	--

* - Returning in 2024

PUNTING	ATT	YDS	AVG.	LONG	INS. 20
Jack Marsden	16	566	35.4	48	3
Conner Sheehan	13	499	38.4	52	3
Braden Lynn*	7	269	38.4	44	3

KICK RETURNS	RET.	YDS	AVG.	TD	LONG
Willie Lombard*	29	709	24.5	1	95
Jake Dreyfus*	4	56	14.0	0	23

PUNT RETURNS	RET.	YDS	AVG.	TD	LONG
Jonah Bassett, Jr.	3	18	6.0	0	13
Jake Dreyfus*	1	15	15.0	1	8





EXPLORE

PLYMOUTH STATE UNIVERSITY

Plymouth State is an extraordinary place that defies description. We can give you facts and photos, but ultimately, you won't understand why we love it here so much until you experience our campus for yourself. So, why not plan a visit?

We're located in central New Hampshire, an easy drive from anywhere in New England and just an hour away from Manchester-Boston Regional Airport. Morning and afternoon tours are offered on most weekdays throughout the fall and spring semesters. Schedule your campus visit at: plymouth.edu/visit



CAMPUS VISIT SCHOLARSHIP

Students who visit before February 8, 2025 will receive Plymouth State's renewable \$1,000 Visit Scholarship!



At Plymouth State, you're only footsteps away from Plymouth's vibrant Main Street where you'll find lively nightlife, restaurants and cafes, vintage stores and other hidden gems. Or hop in the car for a short drive to experience the best the White Mountains and Lakes Region have to offer.

The possibility for adventure is right in your backyard.

WHERE ARE THEY NOW?

Numerous PSU Football players have gone on to enter the work force with outstanding positions. Below is a sampling of some of the professions entered by Panther Football Alumni.

EDUCATION / COACHING / ATHLETIC ADMINISTRATION

Chris Belmont, 2005

Physical Education Teacher, Campton Elementary School, Campton, NH, 2011 National Teacher of the Year

Jim Davis, 1985 (Ret.)

Director of Athletics, Physical Education and Student Activities, Belmont, MA Public Schools

Kevin Hebert, 2000

Athletic Director, CAA / Head Football Coach, Spaulding High School, Rochester, NH

Brad Largy, 2008

Principal, Hooksett Memorial School, Hooksett, NH

Theodore Moccia, 1984

Principal (Ret.), Oxford Hills High School, South Paris, ME

Matthew MacLean, 2011

Teacher, Sandwich High School, Sandwich, MA

Matt McKinnon, 2008

Head Football Coach, Wethersfield High School, Wethersfield, CT

Scott Parseghian, 1996

K-12 Wellness Director, Head Football Coach, Head Wrestling Coach, Wayland High School, Wayland, MA

Alex Sobolov, 2011

Physical Education Teacher, Inter-Lakes High School, Meredith, NH

Steve Tirrell, 1988

Special Assistant to Head Football Coach, UMass, Amherst, MA

John Trisciani, 2009

Physical Education Teacher / Head Football Coach, Bishop Guertin High School, Nashua, NH

Chad Zibolis, 2002

Physical Education / Health Teacher / Head Football Coach, Nashua North High School, Nashua, NH

ENTREPRENEUR / BUSINESS OWNER

Steve Avedesian, 1986

Owner, Avedesian Landscaping L.L.C. / Landscape Contracting and General Construction, Methuen, MA

Scott Biederman, 1975

Owner, Chase Street Market, Plymouth, NH

Dave Fuccillo, 1982

President and Owner, D.P. Fuccillo Concrete Specialists, Falmouth, MA

Tom Proulx, 1975

Vice President and Chief Financial Officer, Proulx Oil and Propane, Newmarket, NH

John Tucker, 1987

Chief Executive Officer, scPharmaceuticals Burlington, MA

Nicholas Vilas, 1975

President, Bedford Ambulatory Surgical Center Bedford, NH Founder of CHAD (NH); East-West Football Game

FINANCE / INSURANCE

Chris McCormack, 1988

Head of Group Insurance and Risk, Reed Elsevier Inc., Newton, MA

Dave Poulin, 1985

Financial Advisor, Senior Portfolio Manager, Portfolio Focus at RBC Wealth Management

LAW ENFORCEMENT

Scott Allen, 1993 (Ret.)

Chief of Police, East Bridgewater Police Department, East Bridgewater, MA

John DiPasquale, 2006

State Special Police Office, Boston University Medical Campus, Boston, MA / Sergeant, US Army Reserves

Aaron Ellston, 2008

Police Officer, Manchester Police Department, Manchester, NH

Joe Esposito, 2018

Police Officer, Manchester Police Department, Manchester, NH

Cory Gaff, 2014

Massachusetts State Police, New Braintree, MA

Steve Henry

Police Officer, Tilton Police Department, Tilton, NH

Eric Rajkowski, 2013

Massachusetts State Police, New Braintree, MA

Eric Shirley, 1990

State Trooper, New Hampshire State Police

Dan Thau

Sergeant, Metropolitan Police, Washington, DC

Andrew Vollaro, 2016

Patrolman, New Boston Police Department, New Boston, NH

MEDIA / FILM / COMMUNICATIONS

David Dyer, 2008

Sports Writer, Kennebec Journal, Augusta, ME

Vinny Manfrate, 2013

Journalist Hippo Press / Script Writer, Manchester, NH

SALES / MANAGEMENT

Ryan Harrington, 2009

Recruiter, Travel Nurse Division, CoreMedical Group, Salem, NH

Brian Keenan, 2009

Product Specialist, Utility, Overhead Distribution, Burndy, L.L.C., Manchester, NH

Steven Krasinski, 1992

District Sales Manager at GlaxoSmithKline, Pharmaceutical Sales, Western / North-Central MA

Justin Smith, 2008

Sales Professional, BSN Sports, NH-MA

Doug Martin, 2004

Principal, Colliers International Commercial Real Estate, Manchester, NH

Matt Bailey, 2013

Key Account Sales Representative for UnitedHealth Group, Boston, MA

Don Lewis, 2008

Boston Sports Medicine Sales Manager, Stryker

Corporation, Boston, MA

Chris Kelly, 2018

Senior Business Development Manager, Healthcare and Revenue Cycle, Medix Healthcare, Boston, MA

TRADE / UNION WORK

Jeff Ethier, 2009

Linesman, International Brotherhood of Electrical Workers Local #104

STRENGTH COACHING

David Feeley, 2004

Director of Football Sports Performance, Duke University, Durham, NC

Mike Gittleston, 1977

Former Weight Training & Conditioning Coach, University of Michigan, Ann Arbor, MI; 2003 National Collegiate Football Strength and Conditioning Coach of the Year

Greg Johnson, 2002

Founder, Varimex Fitness, Sacramento, CA; 2015 Life Fitness Trainer of the Year

Brandon Hourigan, 1995

Director of Football Strength and Conditioning, Vanderbilt University, Nashville, TN

Ryan Bellerose, 2016

Assistant Strength Coach / Sports Science Coordinator, Carolina Panthers, NFL, Charlotte, NC

ENVIRONMENTAL

Tim Butler, 2007

Executive Vice President, Primary Loss Control, Danvers, MA

MILITARY

Justin Kane, 2012

Sergeant, US Army, Schofield Barracks, Oahu, Hawaii, Infantry Mortarman, Fire Detection Services



PLYMOUTH STATE FOOTBALL HISTORY

ALL TIME SEASON RECORDS

Year	Head Coach	Record	Postseason
2023	Paul Castonia	4-6	
2022	Paul Castonia	9-2	New England Bowl Champions
2021	Paul Castonia	5-5	
2020	Paul Castonia	N/A (COVID)	
2019	Paul Castonia	6-4	
2018	Paul Castonia	6-4	
2017	Paul Castonia	9-2	NCAA
2016	Paul Castonia	6-4	
2015	Paul Castonia	2-8	
2014	Paul Castonia	1-9	
2013	Paul Castonia	2-8	
2012	Paul Castonia	2-8	
2011	Paul Castonia	4-6	
2010	Paul Castonia	6-4	
2009	Paul Castonia	8-3	ECAC
2008	Paul Castonia	10-2	NCAA
2007	Paul Castonia	9-1	ECAC Champions
2006	Paul Castonia	4-5	
2005	Paul Castonia	4-6	
2004	Paul Castonia	1-8	
2003	Paul Castonia	0-10	
2002	Chris Rorke	0-10	
2001	Chris Rorke	7-3	
2000	Chris Rorke	5-5	
1999	Chris Rorke	8-3	ECAC Champions
1998	Mike Kemp	7-4	ECAC
1997	Mike Kemp	7-4	ECAC
1996	Mike Kemp	5-4	
1995	Don Brown	9-1	NCAA
1994	Don Brown	10-1	NCAA 2nd Round
1993	Don Brown	6-4	ECAC
1992	Lou Desloges	4-4-1	
1991	Lou Desloges	6-3-1	ECAC
1990	Lou Desloges	9-2	ECAC
1989	Lou Desloges	7-2	
1988	Lou Desloges	10-1	ECAC
1987	Lou Desloges	10-1	ECAC Champions
1986	Lou Desloges	9-2-1	ECAC
1985	Jay Cottone	8-3	ECAC
1984	Jay Cottone	10-1	NCAA
1983	Jay Cottone	9-2	ECAC Champions
1982	Jay Cottone	10-0	
1981	Jay Cottone	9-1	
1980	Jim Aguiar	6-3-1	
1979	Dan Zaneski	4-6	
1978	Dan Zaneski	3-6	
1977	Charlie Currier	2-6-1	
1976	Charlie Currier	5-4	
1975	Tom Bell	6-4	
1974	Tom Bell	7-1-1	
1973	Tom Bell	6-2	
1972	Tom Bell	4-2-1	
1971	Walter Murphy	5-3	
1970	Walter Murphy	0-3	

SINGLE SEASON RUSHING LEADERS

	Year	Att.	Yards	Avg.	TD
Jeff Mack	2008	284	1779	6.3	20
Joe Dudek	1985	216	1615	7.5	24
Joe Dudek	1983	247	1483	6.0	15
Joe Dudek	1984	199	1378	6.9	21
Jeff Mack	2007	242	1353	5.6	14
Shawn Redburn	1996	194	1208	6.2	16
Matt Friedman	1993	249	1179	4.7	8
Joe Dudek	1982	123	1094	8.9	16
Bill Flynn	1979	229	1068	4.7	10
Russ Massahos	1999	207	1042	5.0	12

NCAA PLAYOFF RESULTS W-1, L-5

1984	Union 26, PSC 14
1994	PSC 19, Kings Point 18
	Ithaca 22, PSC 7
1995	Union 24, PSC 7
2008	Cortland State 31, PSU 14
2017	Brockport 66, PSU 0



ECAC BOWL RESULTS W-4, L-9

1983	New England	PSC 35, Mass. Maritime 24
1985	North	University at Albany 33, PSC 12
1986	North	Alfred 30, PSC 3
1987	North	PSC 13, Ithaca 12
1988	North	Coast Guard 31, PSC 14
1990	North	Union 33, PSC 19
1991	Northwest	Cortland State 21, PSC 6
1993	Northwest	Rensselaer 13, PSC 0
1997	Northwest	Buffalo State 21, PSC 17
1998	Northeast	Salve Regina 36, PSC 6
1999	Northeast	PSC 13, Salve Regina 7
2007	North Atlantic	PSU 24, Bridgewater State 21
2009	Northeast	Springfield 42, PSU 13

NEW ENGLAND BOWL RESULTS W-1, L-0

2022	PSU 21, Husson 20
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CAREER RUSHING LEADERS

Name	Years	Att.	Yards	Avg.	TD
Joe Dudek	1982-85	785	5570	7.1	76
Jeff Mack	2004-08	710	3944	5.6	43
Russ Massahos	1998-01	707	3276	4.6	36
David Hamilton	2016-19	562	2589	4.6	25
Matt Friedman	1990-93	481	2591	5.2	23
Shawn Redburn	1994-96	437	2583	5.9	27
Andrew Foglia	2010-13	571	2503	4.4	19
Tracey Manter	1987-90	429	2244	5.2	14
John DeMarco	2005-08	523	1932	3.7	35
Manny Sanchez	2021-23	405	1781	4.4	20
Ty Long	2009-10	302	1565	5.2	7
Mitch Banuskevich	2015-18	365	1435	3.9	9
Willie Lombard	2021-23	280	1412	5.0	16
Brandon Clough	2005-08	271	1328	4.9	12
JJ Brooks	2007-10	335	1219	3.6	19
Dwayne Anderson	1980-82	235	1143	4.9	8
David Bowman	1993-94	251	1124	4.5	13
Jim Paltanawick	1981-84	258	1115	4.3	9
Bill Flynn	1979	229	1068	4.7	10

PLYMOUTH STATE CONFERENCE HONORS

MASCAC Coach of the Year

2017 Paul Castonia
2016 Paul Castonia

NEFC Coach of the Year

2007 Paul Castonia

FFC Coach of the Year

1995 Don Brown
1994 Don Brown
1993 Don Brown

ECAC Player of the Year

1994 Joel Perry QB
1990 Matt Jozokos QB
1988 Pat McAniff LB
1985 Joe Dudek RB
1984 Joe Dudek RB

ECAC Rookie of the Year

2004 Adam Long TE
1987 Matt Jozokos QB
1982 Joe Dudek RB

FFC Offensive Player of the Year

1995 Joel Perry QB
1994 Joel Perry QB

FFC Defensive Player of the Year

1999 Colt Meredith DB
1997 Dave Gibson LB
1995 Colby Compton LB
1994 Colby Compton LB

FFC Special Teams Player of the Year

1997 Brent Bardellini PR

FFC Offensive Rookie of the Year

1999 Matt Simpson QB

FFC Defensive Rookie of the Year

2003 Dan Fallon DB

MASCAC Defensive Player of the Year

2017 Zach Ziemba DB

MASCAC Offensive Rookie of the Year

2022 Braden Lynn QB
2015 Brandonn Drumgole WR

MASCAC Defensive Rookie of the Year

2016 Prince Gbaley DB

First Team All-Conference Honorees

MASCAC (2013-Present)

2023 Willie Lombard PR/KR
2022 Emmanuel Ughu DL
Teddy Fellows OL
Thanos Boulukos FB
2021 James Mauro OL
Zach Caffrey FB
Ryan Milliken PR/KR
Bryce Wronski LB
Teddy Fellows OL
2019 Matt Shea DB
Nick Cusano OL
DJ Hersom RB
2018 Mitch Banuskevich DB
Jeremy Martin P/K
Nick Cusano OL
2017 Zach Ziemba DB
Blair Zentek DB
Joe Esposito DL
2016 Zach Ziemba DB
Brad Drewek DL
2013 Rob Giles K

NEFC (2006-2012)

2012 Matt Fiore DL
2011 Christian Mulcahy DB
2010 Brian Castellucci LB
Nick Fuccillio C
2009 Alex Battaglino DL
Brian Castellucci LB
Zac Duval OL
Christian Mulcahy RS
Zach Parsons S
Nick Provost P
Jim Sestito DL
Alex Smith WR
Matt Vahey OL
2008 Jeff Mack RB
Tim Nicholson TE
Joe Duval OL
Zac Duval OL
Justin Jarvis DL
Jim Sestito DL
Brian Keenan LB
Kevin Whalen LB
2007 Jeff Mack RB
Adam Long TE
Craig Baird C
Justin Smith DL
Brad Largy P
2006 Jeff Ethier DL
Dan Fallon DB
Joe Fellini OL

FFC (1992-2003)

2002 Tim Boothroyd LB
Chris Holton WR
2001 Chris Kelliher LB
Russ Massahos RB
Mike Pellitier DB
John Walters TE
Chad Zibolis OLB
2000 Chris Belmont OLB
Chris Kelliher LB
1999 Chris Belmont OL
Jason Marcell DB
Russ Massahos RB
John McLaughlin DB
Colt Meredith DB
Sean Murphy DE
Charlie Schubert WR
1998 Brent Bardellini KR
Joel Carey WR
John McLaughlin DB
Colt Meredith DB
Sean Murphy DE
1997 Brian Arakelian OL
Joe Attubato DL
Brent Bardellini WR/PR
Rocky Criscone LB
Paul D'Ascoli PK
Dave Gibson LB
Matt Horan OL
Jose Raymond RB
Marc Turcotte DB
1996 Chris Beaulé TE
Rocco Criscone LB
Dave Gibson LB
Butch McCarthy C
Shawn Redburn RB
1995 Brent Bardellini PR
Colby Compton LB
Paul D'Ascoli PK
Jason Friedman DE
Dave Gibson LB
Andy Lavigne DB
RJ Letendre WR
Joel Perry QB
Shawn Redburn RB
Jeff Ziegler OL
1994 Colby Compton LB
Paul D'Ascoli PK
Brandon Hourigan OL
RJ Letendre WR
John Morley DE
Joel Perry QB
Joe Podgorni OL
1993 Colby Compton LB
Matt Friedman RB
PJ Hanson DB

Matt Moore OT
Mark Sawicki OG
1992 Doug Cantrell WR
Mike Giard DB
Tony Reddington OG

NEFC (1971-1991)

1991 Chris McMahon OG
Jay Chabot PK
Joe Barressi P
Scott Allen LB
Mike Giard DB
Steve Krasinski DE
1990 Matt Jozokos QB
Eric Ball OT
Jay Chabot PK
Sean Holt NG
Pete D'Agostino LB
Charles Struckel DB
1988 Matt Jozokos QB
Paul Belanger WR
Eric Ball OT
Chris McCormack C
Scott Fillion DE
Steve Tirrell DT
Pat McAniff LB
Craig Burns CB
1987 Matt Jozokos QB
Paul Belanger WR
Chris McCormack C
Brian Harrington PK
Leo Cooney DE
Tim Marini DT
Pat McAniff LB
Bob Conti DB
1986 Eric Shirley OG
Leo Cooney DE
Tim Marini DT
Bob Conti DB
John Sullivan DB
1985 Joe Dudek RB
Dave Watson OT
Pat McAniff LB
Keith Godbout DT
Rich Minehan OG
John Sullivan DB
John Tucker DE
1984 Joe Dudek RB
Larry Cummings QB
Ed Iodice DB
John Posiviata WR
Glenn Segalla LB
Ken Vancini OG
Dave Watson OT
John DeStafanis DE
Scott Anson TE

1983 Joe Dudek RB
John Posiviata WR
Scott Anson TE
Ted Moccia C
Gerald Perreault OT
Mike Cuomo DE
Glenn Segalla LB
Ed Iodice DB
1982 Joe Dudek RB
Scott Anson TE
Kevin Bradley QB
Ron Simmons OG
Ted Moccia C
John McNulty DT
Paul Hirschfield DT
Rob May NG
Mike Cuomo DE
Mark Barrows MLB
Ed Iodice DB
1981 Lee Richard DB
Duane Dahlheimer DB
Dave Fuccillo OG
George Gifford OT
Paul Hirschfield DT
John McNulty DT
Tim Keliher MLB
1980 Ernie Genice WR
Ron Simmons MLB
Steve Bonoli NG
1979 Bill Flynn RB
Dan Owens TE
Charlie Brown C
Mark Taylor OT
1978 Rick Kilekas MLB
1977 Rick Kilekas MLB
1976 Robin Carrera DB
Bill Hay OG
Rick Kilekas MLB
Skip Capone DT
1975 Gary Boyle HB
Robin Carrera DB
Bill Stumpf OLB
Tom Williams PK
1974 Arthur Irzyk DB
Bob Gibson DB
1972 Jamie Fish WR
Les Wolfgram RB
Don Sweet DT
Arthur Irzyk DB
Bob Gibson DB
1971 Bill Bullock OT
Les Wolfgram RB
Bob Gibson DB
Ed Small DT
Tom Cassese MLB



PLYMOUTH STATE FOOTBALL ALL-AMERICANS



Bob Gibson - DB
1974 Kodak
All-American



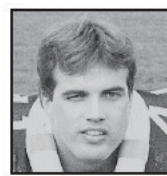
Fred Quinlan - OG
1974, 1975 NAIA
All-American
1975 AP Honorable Mention



Bill Stumpf - OLB
1974 NAIA
Honorable Mention



Lee Richard - DB
1980 CoSIDA
Honorable Mention



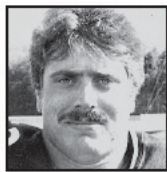
Mark Barrows - LB
1982 Kodak All-American
CoSIDA 2nd Team,
AP Hon. Mention



John McNulty - DT
1982 CoSIDA 3rd Team
AP Honorable Mention



Ron Simmons - OT
1982 CoSIDA 3rd Team
AP Honorable Mention



Ted Moccia - C
1983 CoSIDA
Honorable Mention



Ed Iodice - DB
1984 Pizza Hut 1st Team



Glenn Segalla - LB
1984 Pizza Hut 3rd Team



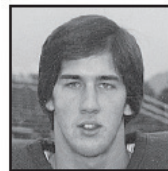
John Posiviata - WR
1984 Pizza Hut
Honorable Mention



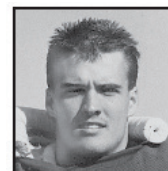
Dave Watson - OT
1984 Pizza Hut 2nd Team
1985 Pizza Hut 1st Team



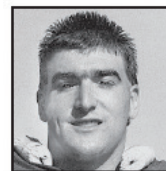
Pat McAniff - LB
1985 Pizza Hut 3rd Team
1988 Pizza Hut 1st Team



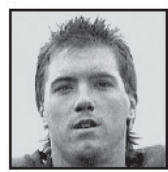
Joe Dudek - RB
1982 CoSIDA 2nd Team,
AP Hon. Ment.,
1983 Kodak, CoSIDA 1st Team,
1985-86 Kodak Pizza Hut 1st Team,
AP Little All-American,
"Football News", 9th in 1985 Heisman
Trophy Balloting



Bob Mudge - DE
1986 Pizza Hut
Honorable Mention



John Sullivan - CB
1986 Pizza Hut
Honorable Mention
"Football News" 2nd Team



Matt Jozokos - QB
1988 Pizza Hut 3rd Team
1989 Pizza Hut
Honorable Mention



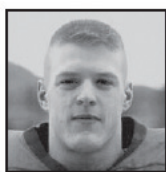
Paul Belanger - WR
1989 Pizza Hut
Honorable Mention



Scott Allen - LB
1991 Champion Div. III
1st Team



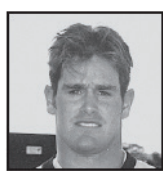
Steve Krasinski - DE
1991 Champion Div. III
Honorable Mention



Colby Compton - LB
1994 CoSIDA 1st Team,
Football News 1st Team
A.P. Second Team,
1995 AFCA 1st Team,
Hewlett Packard/CoSIDA 2nd Team



Jeff Ziegler - OT
1995 Hewlett Packard
CoSIDA 3rd Team



Dave Gibson - LB
1997 Don Hansen's
FB Gazette Second Team,
Hewlett Packard/CoSIDA
3rd Team



Colt Meredith - DB
1999 Hewlett-Packard/
CoSIDA Honorable Mention



John Walters - TE
2001 Hewlett-Packard/
CoSIDA 3rd Team
2001 Football Gazette
3rd Team



Zac Duval - OL
2009 D3Football.com
Honorable Mention

PLYMOUTH STATE FOOTBALL AWARDS

CHARLES CURRIER AWARD

Presented annually for outstanding dedication, desire and hustle.

2023 – Mike Terrazzano	2002 – Justin Falite
2022 – James Mauro	2001 – Cory Skillin
2021 – James Mauro	2000 – Mike Donahue
2019 – Nick Cusano	1999 – Dan Demuth
2018 – Grant McGregor	1998 – Jason Lussier
2017 – Andrew Romeo	1997 – Jeff Goode
2016 – Brad Drewek	1996 – Shawn Redburn
2015 – Ryan Bellerose	1995 – Paul Drone
2014 – Ryan Bellerose	1994 – Jack Dalton
2013 – Gregg Callanan	1993 – John Barry
2012 – Dustin Matthews	1992 – Paul Landry
2011 – Justin Kane	1991 – Greg Demetri
2010 – Zack Parsons, Aaron Getz	1990 – Tony Mann
2009 – Zac Duval	1989 – Fred Pimental
2008 – Jeff Mack	1988 – Dave Notte
2007 – Craig Baird	1987 – Paul Sheehan
2006 – Joe Fellini	1986 – Tom Lamb
2005 – Joe Fellini	1985 – Bill Troy
2004 – Joe Fellini	1984 – Bob Batson
2003 – Jeff Robinson	1983 – Ted Moccia
	1982 – Ron Simmons

ROSS DEACHMAN AWARD

Presented annually to the underclassmen who made the most significant contributions to the offense and defense.

2023 – Braden Lynn (O), Evan Wilson (D)	2007 – Jeff Mack (O) Justin Jarvis (D)
2022 – Braden Lynn (O), Evan Wilson (D)	2006 – Jeff Mack (O) Mike Lannon (D)
2021 – Teddy Fellows (O), Quinn Girard (D)	2005 – Joe Duval (O) Jeff Ethier (D)
2019 – Brett Lavanchy (O), Matt Tosone (D)	2004 – Tye Seastedt (O) Tim Butler (D)
2018 – Nick Cusano (O) Zac Garside (D)	2003 – Joe Fellini (O) Dana Flanders (O) Scott Viscardi (D)
2017 – Mitch Banuskevich (O) Matt Shea (D)	2002 – Harry Payne (O) Brian Francis (D)
2016 – Mitch Banuskevich (O) Blair Zentek (D)	2001 – Mike Bicchieri (O) Shawn McGowan (D)
2015 – Zack Edwards (O) Zach Ziemba (D)	2000 – Bobby Maylone (D)
2014 – Rick Ordway (O) Sam Bellamy (D)	1999 – Chris Belmont (O) Jason Marcell (D)
2013 – Ryan Bellerose (O) Mike Leonard (D) Rick Ordway (D)	1998 – Chris Belmont (O) Colt Meredith (D)
2012 – Zac Iovanella (O) Gregg Callanan (O) Josh Morgan (D)	1997 – Bryan Sinatro (O) Kevin Hebert (D)
2011 – Dave Button (O) Peter LaBreck (D)	1996 – Brian Arakelian (O) Joe Attubato (D)
2010 – Joel Mignault (O) Ray Boulay (D)	1995 – Jeff Ziegler (O) Dave Gibson (D)
2009 – J.J. Brooks (O) Brain Castellucci (D)	1994 – R.J. Letendre (O) Andy Lavigne (D)
2008 – Matt Vahey (O) Mike Vahey (O) Nick Fuccillo (O) Aaron Ashburner (O) Jim Sestito (D)	

DONALD P. WHARTON PRESIDENTIAL AWARD

Presented to senior football players who have overcome adversity and shown exceptional leadership, dedication and perseverance.

2023 – Patrick Rush, Collin Crowe, Dylan Szostak	2014 – Drew Bolton
2022 – Thanos Boulukos, Luc Normandeau, Sam Fleming, Austin Harnish, Chris Coburn, Christian Paillet, Manny Sanchez, Jake Donahue, Bryce Wronski	2013 – Nate Dubois, Cory Gaff, Xander Fuccillo, Jake Matthews, Andrew Foglia
2021 – Rowan Drew, Trevor Hnyda, Kayden Baillargeon	2012 – Matt Bailey, Paul Capaldo, Andrew Foglia, Ray Boulay, Eric Rajkowski, Dave Button
2019 – David Hamilton, DJ Hersom, Brandt O'Hara, CJ Perrino, Matt Palma, Nick Lancia	2011 – Chris Corey, Chad Croteau
2018 – John Devlin, Zack Edwards, Malcolm Huesman	2010 – Brendan Fontaine, Matt MacLean, Harry Fallon, Steve Campbell, Mike Bruning
2017 – Jack Howarth, Andrew Romeo, Blair Zentek, Zach Ziemba	2009 – Bill Horan, Jim Sestito, Matt Vahey, Mike Vahey
2016 – Brandon Mitchell, RJ Ramsden, Tyler Mahoney	2008 – John DeMarco, Joe Duval, Tim Nicholson, Brandon Clough
2015 – Mike Leonard, Ryan Bentley, Drew Bolton	2007 – Adam Long, Donny Lewis, Drew Richardson
	2006 – John DiPasquale, Dana Flinders
	2005 – Sean Elwood, Caleb Hooker, Jake Meserve, Pat Quinlan

CHRISTOPHER R. CLARKE AWARD

Presented annually to the first-year and upper-class students with the highest grade point averages.

2023 – Drake Sutton (FY), Greg Berthiaume (FY), Zack Hodge (UC)
2022 – Zack Hodge (FY), Gannon Stewart (UC)
2021 – Emmanuel Ughu (FY), Andrew Consalvo (UC)
2019 – Cody Sheehan (FY), Andrew Consalvo (UC)
2018 – Connor Robert (FY), Emil Cederblad (UC), Zac Garside (UC)
2017 – Matt Tosone (FY), Patrick Morkis (FY), Zach Hunter (FY), Emil Cederblad (UC), Nick Photos (UC)
2016 – Emil Cederblad (FY), Brandon Mitchell (UC)
2015 – Matt Ordway (FY), Will Perotti (UC)
2014 – Lucas McCue (FY), Will Perotti (UC), RJ Ramsden (UC)
2013 – Will Perotti (FY), Tyler Mahoney (FY), Gregg Callanan (UC), James McCormack (UC)
2012 – Sam Bellamy (FY), James McCormack (FY), Jake Harris (UC)
2011 – Jake Harris (FY), Josh Duford (UC)
2010 – Greg Callanan (FY), Josh Duford (UC)
2009 – Josh Duford (FY), JJ Brooks (UC), Kevin Whalen (UC), Chris Corey (UC)
2008 – Chris Corey (FY), Alex Sobolov (UC)
2007 – Alex Sobolov (FY), Josh Brainard (UC), Drew Richardson (UC)

PLYMOUTH STATE FOOTBALL AWARDS

FRED MADORE AWARD

Presented to the player who best epitomizes the hard-nosed tradition, gritty determination and competitiveness of Plymouth State Football.

2023 – Jon Proia
2022 – Kayden Baillargeon
2021 – David Salazar
2019 – Matt Shea
2018 – Mitch Banuskevich
2017 – Chris Kelly
2016 – Rick Ordway
2015 – Rick Ordway
2014 – Rob Giles
2013 – Zac Iovanella
2012 – Matt Fiore
2011 – Matt Fiore
2010 – Dan Kelly
2009 – Alex Smith
2008 – Ryan Harrington, Justin Jarvis
2007 – Brad Largy, Justin Smith
2006 – Dan Fallon
2005 – Dan Fallon
2004 – Pat Quinlan
2003 – Matt Coddaira, Jay Zinis
2002 – Shawn Boyle
2001 – Bobby Maylone
2000 – Chris Belmont
1999 – John McLaughlin
1998 – Sam Carey
1997 – Jose Raymond
1996 – Butch McCarthy
1995 – Mike Rauner
1994 – Toby Cloutier
1993 – Paul Carlow

LOU DESLOGES AWARD

Awarded to a person affiliated with the Plymouth State Football program who embodies the best qualities of Coach Lou Desloges - exceptional toughness, loyalty and kindness.

2023 – Micah Dion
2022 – Matt Elsker
2021 – Cory Gaff
2019 – Geoff McGlone
2018 – Devin Zeman
2017 – Lou Desloges

JASON D. HOLDER AWARD

Presented annually to the Most Valuable Player in the Homecoming Game.

2023 – Willie Lombard
2022 – Jake Donahue
2021 – Quinn Girard
2019 – Matt Shea
2018 – Mitch Banuskevich
2017 – Johnny Delvin
2016 – Blair Zentek
2015 – Zack Edwards
2014 – Joe Walsh
2013 – Sam Bellamy
2012 – Josh Morgan
2011 – Ray Boulay
2010 – Brian Castellucci
2009 – J.J. Brooks
2008 – Jeff Mack
2007 – John DeMarco
2006 – Mike Lannon
2005 – Dan Fallon
2004 – Pat Quinlan
2003 – Dan Fallon
2002 – Tim Boothroyd
2001 – Mike Pelletier
2000 – Jason Marcell
1999 – Russ Massahos
1998 – Matt Botz
1997 – Offensive Line
1996 – Shawn Redburn & Andy Jackson

1995 – Tyler Moore
1994 – Joel Perry
1993 – Toby Cloutier
1992 – P.J. Hanson
1991 – Paul Landry
1990 – Matt Jozokos
1989 – Tracey Manter
1988 – Paul Belanger
1987 – Matt Jozokos
1986 – Tim Marini
1985 – Joe Dudek
1984 – Joe Dudek
1983 – Gary Turgeon
1982 – Scott Anson
1981 – Lee Richard
1980 – Lee Richard
1979 – Bill Flynn
1978 – Richard Kilekas
1977 – Robin Carrera
1976 – Mike Kelly
1975 – Skip Capone
1974 – John L. Sullivan
1973 – Les Wolfgram
1972 – James Anctil
1971 – Les Wolfgram
1970 – Steve Barjiel

JAMES HAMILTON AWARD

Presented annually for outstanding contribution to the defense and for displaying spirit, enthusiasm and desire.

2023 – Evan Wilson
2022 – Quinn Girard
2021 – Bryce Wronski
2019 – Eric Smith
2018 – Matt Shea
2017 – Joe Esposito
2016 – Zach Ziemba
2015 – Zach Wilkins
2014 – Kyle Wilson
2013 – Josh Morgan
2012 – Wyatt Huston
2011 – Ray Boulay
2010 – Brian Castellucci
2009 – Alex Battaglini
2008 – Brian Keenan
2007 – Jeff Ethier
2006 – Tim Butler

2005 – Jake Meserve
2004 – Dan Fallon
2003 – Eric Lawless, Doug Martin, Erik Stanley
2002 – Jamey Funk
2001 – Jim Stacy
2000 – Seth Howard
1999 – Sean Murphy
1998 – Kevin Hebert
1997 – Bill Lawrence
1996 – Mark Crossman
1995 – Andy Lavigne
1994 – Jeff Jarry
1993 – R.J. Hanson
1992 – Ric Deignan
1991 – Chris Atwood, Coach Christopher Clarke

WALTER L. MURPHY COACHES AWARD

Presented in recognition of outstanding leadership and dedication as a teacher, motivator and mentor.

(Award suspended after 2016)

2016 – Tyler Scudder
2015 – Zach Parsons
2014 – Vaughn Beckwith
2013 – David Feeley
2012 – Devin Zeman
2011 – Paul Lavigne
2010 – Kevin Bradley
2009 – Bryon Murphy
2008 – Ken Osbon
2007 – Mike McLaughlin
2006 – John Bownes
2005 – Tom Pabst
2004 – Nick Vailas
2003 – Jay Foster
2002 – Lou Desloges
2001 – Christopher Clarke
2000 – Steve Tirrell
1999 – Don Brown
1998 – Charles Currier
1997 – Jay Cottone
1996 – Ted Moccia
1995 – Gary Emanuel
1994 – Skip Capone
1993 – Charles Lenahan
1992 – Walter L. Murphy



MASSACHUSETTS STATE COLLEGIATE ATHLETIC CONFERENCE

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WESTFIELD, Mass. – Reigning MASCAC Regular Season Champion UMass Dartmouth has been tabbed by the coaches from around the league to win their third straight conference crown in the 2024 preseason poll.

The Corsairs earned four first place votes to sit on top of this year's poll. They finished 7-1 to take home a share of the MASCAC regular season title. Grabbing the second spot with four first place votes is WestConn. The Wolves were also 7-1 to grab a part of the regular season title. Sitting in third with the final two first place votes is Bridgewater State. The Bears were also 7-1 for a piece of the regular season crown.

Landing in fifth is Plymouth State. The Panthers finished 4-4 during the league campaign last season. Braden Lynn finished the season with 1,507 yards, 14 touchdowns, a 61.2 completion percentage and a 140.2 pass efficiency rating during the 2023 year.

Nine of the ten MASCAC football teams begin their 2024 season Labor Day weekend with non-conference play while league play kicks off September 13-14.

Courtesy of MASCAC Media Relations

2023 MASCAC STANDINGS

	MASCAC	ALL
Western Connecticut	7-1	7-3
UMass Dartmouth	7-1	9-2
Bridgewater State	7-1	7-3
Framingham State	5-3	5-4
Plymouth State	4-4	4-6
Westfield State	3-5	3-7
Mass. Maritime	2-6	2-8
Worcester State	1-7	1-9
Fitchburg State	0-8	0-10

2024 MASCAC FOOTBALL PRESEASON COACHES' POLL

Rank	School (FPV)	Points
1	UMass Dartmouth (4)	76
2	Western Connecticut (4)	74
3	Bridgewater State (2)	68
4	Framingham State	56
5	Plymouth State	49
6	Mass. Maritime	39
7	Westfield State	32
8	VTSU Castleton	27
9	Worcester State	15
10	Fitchburg State	13

PLYMOUTH STATE FOOTBALL CONFERENCE AFFILIATIONS

1971-91	New England Football Conference
1992-03	Freedom Football Conference
2004-05	Independent
2006-12	New England Football Conference
2013 -	Massachusetts State Collegiate Athletic Conference



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