

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****Men 55 Meter Dash**

Name	Year	School	Prelims	H#
Preliminaries				
1 Landen Liu	SR	Bethel (Minn.)	6.30Q	3
2 Ryan Cramer	SO	Saint Mary's	6.48Q	2
3 Kieran Murnan	JR	St. John's (Minn.)	6.50Q	1
4 Jade Anstine	JR	Gustavus Adolphus	6.51Q	1
5 Aiden Jones	FR	St. John's (Minn.)	6.55Q	2 6.541
6 Stephen Feig	FR	Bethel (Minn.)	6.55Q	3 6.545
7 Cristian Escobar Pearson	SO	St. Olaf	6.55q	1 6.546
8 Brennan Blake	JR	St. John's (Minn.)	6.56q	2
9 Jukari Blackshere	FR	Hamline	6.57	2
10 Anthony Ferrante	SO	St. John's (Minn.)	6.58	3 6.574
11 Gage Hatch	FR	Saint Mary's	6.58	3 6.580
12 Andrei Pettis	SR	Hamline	6.61	3
13 Sebastian Stefanowicz	SR	Macalester	6.63	1
14 Sam Raitz	JR	Bethel (Minn.)	6.66	3
15 Frank Terway	SO	Gustavus Adolphus	6.67	1
16 Carter O'Bey	JR	St. Scholastica	6.70	1 6.691
17 Drew Morral	FR	Macalester	6.70	3 6.692
18 Jaden Alexander	FR	St. John's (Minn.)	6.70	2 6.699
19 Abdul Sesay	JR	St. John's (Minn.)	6.71	2
20 Ethan Lebrija	JR	Concordia-Moorhead	6.72	1
21 Josiah Budiman	SR	Hamline	6.74	2
22 Falens Byron	SO	Augsburg	6.75	3
23 Nolan Morical	SR	Concordia-Moorhead	6.76	1
24 Woody Bien-Aime	JR	St. John's (Minn.)	6.84	2

Men 55 Meter Dash

Name	Year	School	Finals	Points
Finals				
1 Landen Liu	SR	Bethel (Minn.)	6.31	10
2 Ryan Cramer	SO	Saint Mary's	6.45	8
3 Jade Anstine	JR	Gustavus Adolphus	6.52	6
4 Cristian Escobar Pearson	SO	St. Olaf	6.56	5
5 Kieran Murnan	JR	St. John's (Minn.)	6.58	4
6 Stephen Feig	FR	Bethel (Minn.)	6.62	3
7 Brennan Blake	JR	St. John's (Minn.)	6.63	2
8 Aiden Jones	FR	St. John's (Minn.)	6.88	1

Men 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Grant Nelson	SR	Bethel (Minn.)	21.91	6	10
2 Kieran Murnan	JR	St. John's (Minn.)	22.39	5	8
3 Jade Anstine	JR	Gustavus Adolphus	22.43	5	6
4 Noah Kubicek	SR	St. Scholastica	22.48	6	5
5 Conner Martens	SO	Gustavus Adolphus	22.57	4	4
6 Elliot Kent	FR	Bethel (Minn.)	22.59	2	3
7 Cooper Smith	JR	St. John's (Minn.)	22.61	4	2
8 Sam Raitz	JR	Bethel (Minn.)	22.70	3	1
9 Jukari Blackshere	FR	Hamline	22.90	2	

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10	Gage Hatch	FR Saint Mary's	22.92	3	
11	Ty McCall	SO Bethel (Minn.)	23.03	4	
12	Will Sportel	SO Bethel (Minn.)	23.07	2	
13	Trevor Stundahl	FR Bethel (Minn.)	23.11	6	
14	Carter O'Bey	JR St. Scholastica	23.15	1	
15	Logan Swanson	FR Bethel (Minn.)	23.16	4	
16	Nolan Morical	SR Concordia-Moorhead	23.20	1	23.197
17	Blake Viesselman	JR Bethel (Minn.)	23.20	6	23.199
18	Derek Guth	FR St. John's (Minn.)	23.30	1	
19	Asher Nathan	JR Carleton	23.31	1	
20	Andy White	SO St. John's (Minn.)	23.37	3	
21	Anikan Larson	FR Gustavus Adolphus	23.43	5	

Men 400 Meter Dash

Name	Year	School	Finals	H#	Points
1	Grant Nelson	SR Bethel (Minn.)	48.75	5	10
2	Noah Kubicek	SR St. Scholastica	48.99	5	8
3	Elliot Kent	FR Bethel (Minn.)	50.00	4	6
4	Caleb Ketterling	JR Bethel (Minn.)	50.10	3	5
5	Conner Martens	SO Gustavus Adolphus	50.30	3	4
6	Brody Schelhaas	FR Bethel (Minn.)	50.45	5	3
7	Cooper Smith	JR St. John's (Minn.)	50.64	2	2
8	Brayden Carlson	SO Concordia-Moorhead	50.66	4	1
9	Daniel Scheider	SR Carleton	50.79	2	
10	Austin McInturff	SO St. Olaf	50.88	2	
11	Tony Haack	SR Bethel (Minn.)	50.95	1	
12	Wyatt Witschen	JR St. John's (Minn.)	50.99	5	
13	Luke Scheel	FR Gustavus Adolphus	51.22	1	51.212
14	Tyler Heil	JR Gustavus Adolphus	51.22	3	51.213
15	Gavin Vogel	SO St. Olaf	51.60	1	
16	Anikan Larson	FR Gustavus Adolphus	51.86	4	
17	Ryan Richardson	SO Concordia-Moorhead	51.94	3	
18	Cullen Arneson	JR Gustavus Adolphus	52.05	4	
19	Finn Eskeli	FR St. Scholastica	52.48	2	
20	Cohen Stursa	JR Gustavus Adolphus	52.72	1	

Men 600 Meter Run

Name	Year	School	Finals	H#	Points
1	Noah Kubicek	SR St. Scholastica	1:20.47	3	10
2	Victor Lelinga	JR Bethel (Minn.)	1:21.05	1	8
3	Paxon Myers	FR St. Olaf	1:21.27	2	6
4	Owen Montreuil	SR St. John's (Minn.)	1:21.52	2	5
5	Austin McInturff	SO St. Olaf	1:21.59	3	4
6	Lance Nemecek	SR St. Olaf	1:22.17	3	3
7	Aaron Ruesink	SO St. Olaf	1:22.50	2	2
8	Caleb Ketterling	JR Bethel (Minn.)	1:22.81	1	1
9	Jakob Eenigenburg	SO St. Olaf	1:23.77	3	
10	Goi Ruei	SO Saint Mary's	1:24.32	1	
11	Zachary Bartsch	SO St. Scholastica	1:24.42	2	
12	James Alexander	SO Carleton	1:24.43	3	
13	Henry Johnson	JR St. Olaf	1:24.57	2	

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14	Brady Andrews	SO	Concordia-Moorhead	1:24.67	1
15	Jeffrey Kayfes	SR	St. Scholastica	1:24.78	3
16	Logan Jandro	FR	Gustavus Adolphus	1:24.98	1
17	Daniel Scheider	SR	Carleton	1:25.28	2
18	Zander Olmschenk	SO	St. John's (Minn.)	1:26.20	1

Men 800 Meter Run

Name	Year	School	Finals	H#	Points
1	Cullen Moore	SR St. Olaf	1:53.05	3	10
2	Lance Nemecek	SR St. Olaf	1:53.06	3	8
3	Christian Fells	JR St. Olaf	1:53.84	3	6
4	Paxon Myers	FR St. Olaf	1:54.62	3	5
5	Victor Lelinga	JR Bethel (Minn.)	1:54.79	2	4
6	Owen Montreuil	SR St. John's (Minn.)	1:54.85	3	3
7	John Ihrke	SO Macalester	1:57.01	3	2
8	Trigg Heimdal	FR St. Olaf	1:57.25	3	1
9	Goi Ruei	SO Saint Mary's	1:58.60	2	
10	Aaron Ruesink	SO St. Olaf	1:58.72	2	
11	Henry Johnson	JR St. Olaf	2:00.13	2	
12	Ronen Silberman	SO Carleton	2:01.38	2	
13	Jay Lebakken	SR Macalester	2:02.25	1	
14	Zander Olmschenk	SO St. John's (Minn.)	2:02.30	1	
15	Nolan Pfeilsticker	FR St. John's (Minn.)	2:02.50	2	
16	Thomas Malecha	SR Macalester	2:02.65	1	
17	Colin Talle	FR Gustavus Adolphus	2:04.66	1	
18	Finnegan Rodefeld	FR Gustavus Adolphus	2:04.70	1	
19	Jameson Drieslein	SO St. Olaf	2:05.56	2	
20	Kelvin Moresi	JR Macalester	2:06.69	1	
--	Joel Bouley	SO St. Scholastica	DQ	1	Lane line violation

Men 1000 Meter Run

Name	Year	School	Finals	H#	Points
1	Cole Stencil	SO St. John's (Minn.)	2:27.44	3	10
2	John Ihrke	SO Macalester	2:27.47	3	8
3	Cullen Moore	SR St. Olaf	2:27.85	3	6
4	Nicholas Brauer	JR Gustavus Adolphus	2:28.10	3	5
5	Jackson Bullock	SO St. Olaf	2:30.70	3	4
6	Nick St. Peter	SR St. John's (Minn.)	2:30.89	3	3
7	Micah Larsen-Schmidt	SO St. Olaf	2:32.99	2	2
8	Jacob Hopkins	FR Carleton	2:33.00	2	1
9	Trigg Heimdal	FR St. Olaf	2:33.67	2	
10	Owen Chamberlin	SR St. Olaf	2:33.80	2	
11	Emerson Lange	SR Carleton	2:34.15	1	
12	Lars Molenkamp	JR St. John's (Minn.)	2:34.23	2	
13	Connor Feldt	FR St. Scholastica	2:34.31	2	
14	Christian Fells	JR St. Olaf	2:34.96	3	
15	Max McCoy	JR St. John's (Minn.)	2:35.67	1	
16	Michael Schultz	SO Bethel (Minn.)	2:35.80	1	
17	TJ Strubbe	SO Bethel (Minn.)	2:35.88	1	
18	Indy Lyness	SR Carleton	2:35.99	3	
19	Lucas Olson	SO St. Olaf	2:36.64	2	

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20 Ronen Silberman	SO Carleton	2:36.89	1
21 Luke Jenneke	JR Gustavus Adolphus	2:38.77	1
22 Garrett Seppanen	SO St. Olaf	2:39.83	2
23 Donovan Connole	FR Macalester	2:40.11	1

Men 1 Mile Run

Name	Year School	Finals	H#	Points
1 Cole Stencel	SO St. John's (Minn.)	4:10.26	3	10
2 Gabe Nichols	SR Carleton	4:12.40	3	8
3 Jackson Bullock	SO St. Olaf	4:13.61	3	6
4 Nicholas Brauer	JR Gustavus Adolphus	4:16.46	3	5
5 Alex Bjork	JR St. Olaf	4:18.09	3	4
6 Emerson Lange	SR Carleton	4:20.29	2	3
7 Indy Lyness	SR Carleton	4:21.33	3	2
8 Dashiell Coyier	FR Carleton	4:22.45	3	1
9 Ben Westholm	SO St. Scholastica	4:22.95	2	
10 Ethan Martel	JR St. Olaf	4:23.61	2	
11 Gus Schafer	FR Carleton	4:25.11	2	
12 Simon Chambers-Trubatch	JR Carleton	4:26.81	2	
13 Micah Larsen-Schmidt	SO St. Olaf	4:27.20	3	
14 Caleb Hatlevig	SO Macalester	4:27.45	2	
15 Lucas Olson	SO St. Olaf	4:27.71	2	
16 Ethan Cozine	JR St. Olaf	4:28.27	2	
17 Eli Doran	SR St. Olaf	4:32.48	3	
18 Owen Chamberlin	SR St. Olaf	4:33.00	2	
19 Jordan Galloway	SR Macalester	4:33.91	1	
20 Gavin Hansen	SO Bethel (Minn.)	4:34.45	1	
21 Jonathan Koehler	FR Macalester	4:35.66	1	
22 Ben Walton-Scott	FR Macalester	4:35.83	1	
23 Gavin Carl	FR Concordia-Moorhead	4:36.96	1	
24 Evan Dallas	SR Bethel (Minn.)	4:37.72	1	
25 Henry Nelson	SR Augsburg	4:39.59	1	
26 Kyle Thompson	SO Carleton	4:40.79	1	
27 Peyton Martinek	JR St. John's (Minn.)	4:44.19	1	

Men 3000 Meter Run

Name	Year School	Finals	H#	Points	
1 Kevin Turlington	SR St. Olaf	8:16.34	2	10	
2 Gabe Nichols	SR Carleton	8:18.58	2	8	
3 Quinn Hoisington	JR Macalester	8:38.51	2	6	
4 Alex Bjork	JR St. Olaf	8:39.54	2	5	
5 Tyler Goss	JR Concordia-Moorhead	8:41.98	2	4	
6 Tyler Edwards	SR Macalester	8:42.81	2	3	8:42.810
7 Will Janzen	SR Gustavus Adolphus	8:43.04	2	2	8:42.810
8 Gael Manzur Strandlund	SR St. Olaf	8:43.61	2	1	
9 Dashiell Coyier	FR Carleton	8:45.82	2		
10 Hootie Hage	SO Bethel (Minn.)	8:46.08	2		
11 Quinn McCabe	JR St. Olaf	8:46.89	2		
12 Daniel Wiltse	JR Macalester	8:52.88	1		
13 Parker Max	SR St. Olaf	8:52.97	2		
14 Evan Goddard	FR St. Olaf	8:53.21	1		

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15	Vincent Kaluza	JR	St. John's (Minn.)	8:55.31	1
16	Roy Llewellyn	SR	Carleton	8:56.89	2
17	Martin Moshfeghi	FR	Carleton	8:57.37	1
18	Travis Brown	SO	Carleton	8:57.43	1
19	Simon Chambers-Trubatch	JR	Carleton	8:58.58	1
20	Ian Guasco	FR	St. Olaf	8:59.42	1
21	Isaiah Fitzgerald	JR	Saint Mary's	8:59.64	2
22	Jordan Galloway	SR	Macalester	9:00.16	1
23	Andrew Jamison	SR	Carleton	9:00.39	1
24	Soren Sackreiter	SR	Gustavus Adolphus	9:00.65	1
25	Weston Catton	JR	Bethel (Minn.)	9:01.41	1
26	Torte Torstenson	JR	Carleton	9:01.50	2
27	Caleb Hatlevig	SO	Macalester	9:05.00	1
28	Jacob Malecha	JR	St. John's (Minn.)	9:07.11	1
29	Jack Deaver	SR	St. Olaf	9:10.06	1
30	Evan Pouliot	JR	Gustavus Adolphus	9:18.01	1

Men 5000 Meter Run

Name	Year	School	Finals	Points
1	Kevin Turlington	SR	St. Olaf	15:03.46 10
2	Tyler Edwards	SR	Macalester	15:08.21 8
3	Will Janzen	SR	Gustavus Adolphus	15:08.27 6
4	Gael Manzur Strandlund	SR	St. Olaf	15:08.70 5
5	Tyler Goss	JR	Concordia-Moorhead	15:13.79 4
6	Jonathan Pattie	SR	St. Olaf	15:18.60 3
7	Roy Llewellyn	SR	Carleton	15:21.71 2
8	Quinn McCabe	JR	St. Olaf	15:24.30 1
9	Noah DuVivier	FR	St. Olaf	15:26.80
10	Isaiah Fitzgerald	JR	Saint Mary's	15:27.74
11	Travis Brown	SO	Carleton	15:27.87
12	Connor Hitchcock	FR	St. Olaf	15:32.70
13	Jacob Malecha	JR	St. John's (Minn.)	15:32.95
14	Angelo Fiataruolo	SR	St. Olaf	15:34.43
15	Jack Deaver	SR	St. Olaf	15:35.46
16	Soren Sackreiter	SR	Gustavus Adolphus	15:53.88
17	Torte Torstenson	JR	Carleton	16:06.51
18	Lucas LiaBraaten	SR	Hamline	16:30.93

Men 55 Meter Hurdles

Name	Year	School	Prelims	H#
Preliminaries				
1	Logan Swanson	FR	Bethel (Minn.)	7.61Q 3
2	Pryce Ferrin	SO	Bethel (Minn.)	7.79Q 2
3	Morris Suah	JR	Hamline	7.94Q 1
4	Blake Viesselman	JR	Bethel (Minn.)	7.92Q 2
5	Spencer Strohm	FR	St. Scholastica	7.96Q 1 7.954
6	Sebastian Stefanowicz	SR	Macalester	7.96Q 3 7.959
7	Trae Headlee	FR	St. John's (Minn.)	8.00q 3
8	Hayden Hauf	FR	Concordia-Moorhead	8.01q 1
9	Connor McCormick	SR	Gustavus Adolphus	8.04 2
10	Logan Clark	SR	Concordia-Moorhead	8.18 2

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11 Trevor Stundahl	FR Bethel (Minn.)	8.29	3
12 Landon Gilbertson	SO Gustavus Adolphus	8.33	2 8.323
13 Joey Molstre	JR Concordia-Moorhead	8.33	1 8.325
14 Aaron Elseth	SR Bethel (Minn.)	8.36	1
15 Eric Richards	SO Gustavus Adolphus	8.44	2
16 Hamza Mahamud	SR Macalester	8.45	3
17 Jamir Horton	FR Augsburg	8.65	1
18 Jacob Aki	FR Hamline	8.77	3
19 Will Lapinski	JR St. Olaf	8.88	2
20 Kenan Tchounbia	SO St. Olaf	9.15	3
-- James Kirch	FR Concordia-Moorhead	DNF	1

Men 55 Meter Hurdles

Name	Year School	Finals	Points
Finals			
1 Pryce Ferrin	SO Bethel (Minn.)	7.68	10
2 Logan Swanson	FR Bethel (Minn.)	7.69	8
3 Spencer Strohm	FR St. Scholastica	7.83	6
4 Morris Suah	JR Hamline	7.85	5
5 Blake Viesselman	JR Bethel (Minn.)	7.90	4
6 Hayden Hauf	FR Concordia-Moorhead	7.98	3
7 Trae Headlee	FR St. John's (Minn.)	8.00	2
-- Sebastian Stefanowicz	SR Macalester	DQ	Hurdle violation

Men 4x200 Meter Relay

School	Finals	H#	Points
1 Bethel (Minn.) 'A'	1:28.36	3	10
1) Sam Raitz JR	2) Stephen Feig FR		
3) Will Sportel SO	4) Grant Nelson SR		
2 St. John's (Minn.) 'A'	1:28.79	3	8
1) Aiden Jones FR	2) Andy White SO		
3) Hunter Mohr SO	4) Kieran Murnan JR		
3 Gustavus Adolphus 'A'	1:29.30	2	6
1) Tyler Heil JR	2) Luke Scheel FR		
3) Conner Martens SO	4) Jade Anstine JR		
4 St. Olaf 'A'	1:31.66	2	5
1) Gavin Vogel SO	2) Jakob Eenigenburg SO		
3) Abe Polzien FR	4) Max Albertson JR		
5 Carleton 'A'	1:32.26	1	4
1) Max Jones SO	2) Isaac Robertson FR		
3) James Alexander SO	4) Asher Nathan JR		
6 Macalester 'A'	1:32.70	1	3
1) Henry Schonebaum SR	2) Mike Zhao FR		
3) Drew Morral FR	4) Sebastian Stefanowicz SR		
7 Hamline 'A'	1:33.23	1	2
1) Jukari Blackshere FR	2) Michael Williams SO		
3) Miquel Pittman FR	4) Rufus Zulu FR		
8 Augsburg 'A'	1:35.89	3	1
1) Falens Byron SO	2) Foster Mulvehill FR		
3) Evan Bitengo SO	4) Nahom Negassie FR		
-- Concordia-Moorhead 'A'	DQ	3	Lane line viol. 4th

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1) Nolan Morical SR	2) Hunter Caillier FR		
3) Brayden Carlson SO	4) Jake Merseith SO		
-- Saint Mary's (Minn.) 'A'		DQ 2	Zone violation Ex2-3
1) Jinwoo Jung JR	2) Curtis Schupp SO		
3) Jackson Williams FR	4) Gage Hatch FR		

Men 4x400 Meter Relay

School	Finals	H#	Points
1 Bethel (Minn.) 'A'	3:18.48	3	10
1) Elliot Kent FR	2) Victor Lelinga JR		
3) Tony Haack SR	4) Grant Nelson SR		
2 St. Olaf 'A'	3:21.95	3	8
1) Lance Nemecek SR	2) Austin McInturff SO		
3) Cullen Moore SR	4) Paxon Myers FR		
3 Concordia-Moorhead 'A'	3:22.91	3	6
1) Brayden Carlson SO	2) Ryan Richardson SO		
3) Joey Molstre JR	4) Michael Crowder FR		
4 St. John's (Minn.) 'A'	3:23.01	3	5
1) Wyatt Witschen JR	2) Owen Montreuil SR		
3) Hunter Mohr SO	4) Cooper Smith JR		
5 Gustavus Adolphus 'A'	3:24.16	2	4
1) Luke Scheel FR	2) Cullen Arneson JR		
3) Nicholas Brauer JR	4) Conner Martens SO		
6 Carleton 'A'	3:24.31	2	3
1) James Alexander SO	2) Isaac Robertson FR		
3) Reed White FR	4) Daniel Scheider SR		
7 St. Scholastica 'A'	3:29.23	2	2
1) Finn Eskeli FR	2) Jeffrey Kayfes SR		
3) Ben Westholm SO	4) Zachary Bartsch SO		
8 Macalester 'A'	3:29.53	2	1
1) Henry Schonebaum SR	2) Andrew Lamb FR		
3) John Ihrke SO	4) Donovan Connole FR		
9 Augsburg 'A'	3:37.21	1	
1) Nahom Negassie FR	2) Evan Bitengo SO		
3) Tyler Anderson FR	4) Kyler Bad Warrior SO		
-- Hamline 'A'		DQ 1	Cut line violation
1) Manny Poscher SO	2) Jayden Rentz FR		
3) Jacob Aki FR	4) Rufus Zulu FR		

Men Distance Medley

School	Finals	Points
1 St. Olaf 'A'	10:15.94	10
1) Jackson Bullock SO	2) Aidan McKeever FR	
3) Austin McInturff SO	4) Garrett Seppanen SO	
2 Carleton 'A'	10:19.92	8
1) Jacob Hopkins FR	2) James Alexander SO	
3) Indy Lyness SR	4) Gabe Nichols SR	
3 St. John's (Minn.) 'A'	10:21.61	6
1) Lars Molenkamp JR	2) Wyatt Witschen JR	
3) Max McCoy JR	4) Nick St. Peter SR	
4 Macalester 'A'	10:24.74	5

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Results

....Men Distance Medley

1) Daniel Wiltse JR	2) Henry Schonebaum SR		
3) Donovan Connole FR	4) Quinn Hoisington JR		
5 Bethel (Minn.) 'A'		10:26.62	4
1) TJ Strubbe SO	2) Tony Haack SR		
3) Michael Schultz SO	4) Hootie Hage SO		
6 St. Scholastica 'A'		10:48.95	3
1) Jeffrey Kayfes SR	2) Ben Westholm SO		
3) Zachary Bartsch SO	4) Connor Feldt FR		
7 Gustavus Adolphus 'A'		10:52.91	2
1) Luke Jenneke JR	2) Ty Swanson SO		
3) Logan Jandro FR	4) Hogan Smith SR		
8 Concordia-Moorhead 'A'		11:03.00	1
1) Brady Andrews SO	2) Weston Mahar FR		
3) Jonas Hagemeister SO	4) Carter Ferber SR		
9 Hamline 'A'		11:57.51	
1) Jayden Rentz FR	2) Jacob Aki FR		
3) Brandon Li SO	4) Wade Tuggle SO		

Men High Jump

Name	Year School	Finals	Points
1 Eli Hegland 1.66 1.71 1.76 1.81 1.84 1.87 1.90 1.93 1.96 PPP PPP PPP O O XO XO XXX	SO Concordia-Moorhead	1.93m	6-04.00 10
2 Kyler Flunker 1.66 1.71 1.76 1.81 1.84 1.87 1.90 1.93 PPP PPP PPP XO O O O XXX	SO Gustavus Adolphus	1.90m	6-02.75 8
3 Trevor Turner 1.66 1.71 1.76 1.81 1.84 1.87 1.90 1.93 PPP PPP O O O O XO XXX	FR St. Scholastica	J1.90m	6-02.75 6
4 Shawn Huberty 1.66 1.71 1.76 1.81 1.84 1.87 1.90 PPP PPP O XXO O O XXX	FR Augsburg	1.87m	6-01.50 5
5 Landon Gilbertson 1.66 1.71 1.76 1.81 1.84 1.87 PPP XO O XXO XXO XXX	SO Gustavus Adolphus	1.84m	6-00.50 4
6 Bailey Evans 1.66 1.71 1.76 1.81 1.84 PPP PPP PPP XO XXX	SO St. John's (Minn.)	1.81m	5-11.25 3
7 Connor O'Brien 1.66 1.71 1.76 1.81 1.84 PPP O O XXO XXX	JR St. John's (Minn.)	J1.81m	5-11.25 2
8 Colten Eggleston 1.66 1.71 1.76 1.81 O O O XXX	SO Hamline	1.76m	5-09.25 1
9 Ataa Mensah 1.66 1.71 1.76 1.81 PPP PPP XO XXX	SO Macalester	J1.76m	5-09.25
9 Matthew Erickson 1.66 1.71 1.76 1.81 PPP PPP XO XXX	JR St. Scholastica	J1.76m	5-09.25
9 Luc Swanson 1.66 1.71 1.76 1.81 O O XO XXX	JR Bethel (Minn.)	J1.76m	5-09.25

MIAC Championships - 2/26/2026 to 2/28/2026

Carleton Rec. Center

Results

....Men High Jump

9	Jackson Reade	FR Carleton	J1.76m	5-09.25
	1.66 1.71 1.76 1.81			
	PPP O XO XXX			
13	Ben LePard	JR Concordia-Moorhead	J1.76m	5-09.25
	1.66 1.71 1.76 1.81			
	PPP XXO XO XXX			
14	Lucas Heldman	SO Carleton	1.71m	5-07.25
	1.66 1.71 1.76			
	O O XXX			
14	Jesse Olson	JR St. Olaf	1.71m	5-07.25
	1.66 1.71 1.76			
	O O XXX			
16	James Kirch	FR Concordia-Moorhead	1.66m	5-05.25
	1.66 1.71			
	XXO XXX			
--	Eli Leafblad	JR Bethel (Minn.)	NH	
	1.66			
	XXX			
--	Kenan Tchounbia	SO St. Olaf	NH	
	1.66			
	XXX			

Men Pole Vault

Name	Year	School	Finals	Points
1 Austin Schloeder	SR	Hamline	4.68m	15-04.25 10
	3.83 3.98 4.13 4.28 4.38 4.48 4.58 4.68 4.78			
	PPP PPP PPP PPP PPP XXO O XXO XXX			
2 Tyler Evans	SO	Concordia-Moorhead	4.58m	15-00.25 8
	3.83 3.98 4.13 4.28 4.38 4.48 4.58 4.68			
	PPP PPP PPP XO O O O XXX			
3 Stephen Feig	FR	Bethel (Minn.)	J4.58m	15-00.25 6
	3.83 3.98 4.13 4.28 4.38 4.48 4.58 4.68			
	PPP PPP PPP PPP O O XXO XXX			
4 Austin Mohr	FR	St. John's (Minn.)	4.48m	14-08.25 5
	3.83 3.98 4.13 4.28 4.38 4.48 4.58			
	PPP PPP O O XO XXO X			
5 Alex Chirhart	FR	St. John's (Minn.)	4.38m	14-04.50 4
	3.83 3.98 4.13 4.28 4.38 4.48			
	PPP O O O O XXX			
6 James Gates	SO	Carleton	J4.38m	14-04.50 3
	3.83 3.98 4.13 4.28 4.38 4.48			
	PPP XO O O O XXX			
7 Joshua Graske	JR	Bethel (Minn.)	J4.38m	14-04.50 2
	3.83 3.98 4.13 4.28 4.38 4.48			
	PPP XXO O O O XXX			
8 Alex Palmer	SO	Gustavus Adolphus	4.28m	14-00.50 1
	3.83 3.98 4.13 4.28 4.38			
	O O O XXO XXX			
9 Kole Guth	SR	St. John's (Minn.)	J4.28m	14-00.50
	3.83 3.98 4.13 4.28 4.38			
	PPP XO O XXO XXX			

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****....Men Pole Vault**

10	Noah Besemann	JR St. John's (Minn.)	4.13m	13-06.50
	3.83 3.98 4.13 4.28			
	PPP O O XXX			
11	Connor McCormick	SR Gustavus Adolphus	J4.13m	13-06.50
	3.83 3.98 4.13 4.28			
	O XO O XXX			
12	Soren Kaster	JR Carleton	J4.13m	13-06.50
	3.83 3.98 4.13 4.28			
	XO XXO O XXX			
13	Lucas Frank	FR Bethel (Minn.)	J4.13m	13-06.50
	3.83 3.98 4.13 4.28			
	PPP XO XXO XXX			
13	Josh Johnston	SR St. John's (Minn.)	J4.13m	13-06.50
	3.83 3.98 4.13 4.28			
	PPP XO XXO XXX			
15	Joe Ream	SR Gustavus Adolphus	3.98m	13-00.75
	3.83 3.98 4.13			
	O O XXX			
16	Reed White	FR Carleton	J3.98m	13-00.75
	3.83 3.98 4.13			
	XO O XXX			
17	Gavin Hoelzel	JR St. Olaf	3.83m	12-06.75
	3.83 3.98			
	O XXX			
18	Trey Peterson	JR St. Olaf	J3.83m	12-06.75
	3.83 3.98			
	XO XXX			

Men Long Jump

Name	Year	School	Finals	H#	Points	
1 Max Albertson	JR	St. Olaf	7.02m	23-00.50	2 10	
	6.78m	6.89m	FOUL	6.76m	7.02m	FOUL
2 Nick Bovitz	JR	Bethel (Minn.)	J7.02m	23-00.50	2 8	
	6.51m	6.48m	5.47m	5.54m	6.62m	7.02m
3 Tommy Schreiner	SO	Concordia-Moorhead	6.83m	22-05.00	2 6	
	6.50m	6.59m	5.06m	6.59m	6.66m	6.83m
4 Josiah Budiman	SR	Hamline	6.77m	22-02.50	2 5	
	6.27m	6.77m	FOUL	6.47m	6.48m	6.45m
5 Rik Cumps	SO	St. Olaf	6.76m	22-02.25	2 4	
	FOUL	6.16m	6.76m	6.49m	6.11m	FOUL
6 Brayden Waldron	FR	Bethel (Minn.)	6.67m	21-10.75	1 3	
	6.54m	6.31m	6.31m	6.45m	6.36m	6.67m
7 Anthony Mahowald	SO	St. Scholastica	6.56m	21-06.25	2 2	
	6.56m	6.54m	6.51m	6.46m	6.21m	6.07m
8 Liam Frommelt	SO	Gustavus Adolphus	J6.56m	21-06.25	2 1	
	6.56m	FOUL	FOUL	FOUL	6.33m	FOUL
9 Anthony Sletta	SO	St. John's (Minn.)	6.45m	21-02.00	2	
	6.18m	6.12m	6.45m	5.89m	6.07m	6.45m
10 Vicente Bolivar	FR	Augsburg	6.41m	21-00.50	2	
	6.10m	6.00m	6.41m			
11 Nick Hasbargen	SO	Concordia-Moorhead	6.36m	20-10.50	1	
	FOUL	6.02m	6.36m			

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****...Men Long Jump**

12	Isaiah Watson	SO Hamline	6.33m	20-09.25	2
	6.30m 6.33m 6.22m				
13	Matthew Erickson	JR St. Scholastica	J6.33m	20-09.25	1
	6.24m 6.33m FOUL				
14	Jace Fadden	FR Bethel (Minn.)	5.96m	19-06.75	1
	5.95m 5.86m 5.96m				
15	Alex Palmer	SO Gustavus Adolphus	5.90m	19-04.25	1
	5.48m 5.90m FOUL				
16	Rufus Zulu	FR Hamline	5.87m	19-03.25	1
	5.70m 5.87m FOUL				
17	Miquel Pittman	FR Hamline	5.73m	18-09.75	1
	5.51m 5.65m 5.73m				
18	Chris Verdier	FR Concordia-Moorhead	5.11m	16-09.25	1
	FOUL FOUL 5.11m				
--	Ben Wynia	JR Gustavus Adolphus	FOUL		1
	FOUL FOUL FOUL				
--	Iain Lee	SR Hamline	FOUL		1
	FOUL FOUL FOUL				

Men Triple Jump

=====									
Name	Year	School	Finals			H#	Points	=====	
1	Isaiah Watson	SO Hamline	14.44m	47-04.50	2	10			
	13.96m 14.07m 14.05m	14.11m 13.94m 14.44m							
2	Ataa Mensah	SO Macalester	14.14m	46-04.75	2	8			
	13.69m 13.51m 13.29m	13.44m 13.61m 14.14m							
3	Nick Bovitz	JR Bethel (Minn.)	13.99m	45-10.75	2	6			
	12.99m PASS PASS	13.99m 13.41m 13.13m							
4	Chris Verdier	FR Concordia-Moorhead	13.67m	44-10.25	2	5			
	FOUL FOUL 13.67m	FOUL FOUL 13.48m							
5	D'Vante McElroy	FR Augsburg	13.46m	44-02.00	2	4			
	13.34m 13.00m 13.46m	13.32m 13.11m 13.27m							
6	Liam Frommelt	SO Gustavus Adolphus	13.29m	43-07.25	2	3			
	FOUL FOUL 13.29m	FOUL 13.06m 13.23m							
7	Vicente Bolivar	FR Augsburg	13.16m	43-02.25	2	2			
	13.16m FOUL 12.13m	12.53m 12.24m PASS							
8	Max Albertson	JR St. Olaf	13.13m	43-01.00	2	1			
	13.07m 12.77m PASS	12.69m PASS 13.13m							
9	Rik Cumps	SO St. Olaf	12.91m	42-04.25	2				
	FOUL 12.76m 12.71m	12.36m 12.79m 12.91m							
10	Bangaly Kaba	JR St. John's (Minn.)	12.53m	41-01.50	2				
	12.08m 12.53m 12.51m								
10	Eli Hegland	SO Concordia-Moorhead	12.53m	41-01.50	1				
	FOUL 12.53m 12.23m								
12	Matthew Erickson	JR St. Scholastica	12.47m	40-11.00	1				
	11.45m 12.45m 12.47m								
13	R.E Jamieson	FR St. Olaf	12.46m	40-10.50	1				
	12.46m 11.49m 11.97m								
14	Nathan Longfors	SO Concordia-Moorhead	12.27m	40-03.25	1				
	12.27m FOUL FOUL								
15	Lucas Lenz	FR Carleton	12.11m	39-08.75	1				
	12.11m 11.70m 11.67m								
16	Amos Anderson	FR Gustavus Adolphus	12.07m	39-07.25	1				
	12.01m 12.07m FOUL								

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****...Men Triple Jump**

17 Taylor Young	FR Gustavus Adolphus	11.50m	37-08.75	1
FOUL FOUL 11.50m				
18 Jackson Perkins	FR Saint Mary's	11.35m	37-03.00	1
11.35m 11.05m FOUL				
-- Garner Miyagawa	FR Macalester	FOUL		1
FOUL FOUL FOUL				
-- Ben Wynia	JR Gustavus Adolphus	FOUL		1
FOUL FOUL FOUL				

Men Shot Put

Name	Year School	Finals	H#	Points
1 Cooper Folkestad	SR Concordia-Moorhead	18.54m	60-10.00	2 10
16.85m 17.09m 18.09m 17.66m 17.72m 18.54m				
2 Grady Minnerath	SO St. John's (Minn.)	15.26m	50-00.75	2 8
15.26m 15.11m FOUL FOUL 14.37m 14.48m				
3 Blake Houska	JR Concordia-Moorhead	14.91m	48-11.00	2 6
14.91m 14.21m 14.15m 14.90m 14.12m 14.27m				
4 Adam Hokanson	SR Bethel (Minn.)	14.75m	48-04.75	2 5
14.48m 13.87m 14.29m 14.21m 14.06m 14.75m				
5 Timmy Ball	SO Bethel (Minn.)	14.34m	47-00.75	2 4
FOUL 14.34m FOUL FOUL 14.27m FOUL				
6 Dylan Hageman	FR Bethel (Minn.)	14.12m	46-04.00	2 3
14.12m FOUL FOUL 12.71m 12.70m 13.05m				
7 Joshua Monreal	JR St. Scholastica	14.08m	46-02.50	2 2
FOUL 13.84m 13.93m 14.08m FOUL FOUL				
8 Artur Porto	SO Macalester	13.97m	45-10.00	1 1
13.97m 13.41m FOUL 13.80m 13.59m 13.67m				
9 Davian Vu	FR Hamline	13.80m	45-03.50	1
13.77m 13.51m 12.70m 13.80m 12.61m FOUL				
10 Jonathan Ritz	SO Bethel (Minn.)	13.40m	43-11.75	2
13.40m 13.30m 13.34m				
11 Mason Sundquist	SO St. Scholastica	13.39m	43-11.25	2
12.95m FOUL 13.39m				
12 Rylan Turqueza	JR St. John's (Minn.)	13.36m	43-10.00	1
13.36m FOUL FOUL				
13 Carter Will	FR Gustavus Adolphus	13.29m	43-07.25	2
13.29m 12.91m 10.83m				
14 Eddie Herman	SO Hamline	12.75m	41-10.00	1
12.43m 12.75m FOUL				
15 Dillon Thurston	FR Hamline	12.67m	41-07.00	1
12.67m 12.57m 12.02m				
16 Alex Peters	FR Macalester	12.42m	40-09.00	1
FOUL 12.42m FOUL				
17 Rowan Sween	FR Saint Mary's	11.89m	39-00.25	1
11.89m FOUL FOUL				
18 Ron White	JR Saint Mary's	11.61m	38-01.25	1
FOUL FOUL 11.61m				
19 Erik Malmberg	FR St. Scholastica	11.59m	38-00.25	1
10.40m 11.59m 11.17m				
-- Sam Ruprecht	FR St. John's (Minn.)	FOUL		1
FOUL FOUL FOUL				

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****Men Weight Throw**

Name	Year	School	Finals	H#	Points
1 Joshua Monreal	JR	St. Scholastica	18.25m	59-10.50	2 10
18.06m	FOUL	FOUL	18.25m	FOUL	17.63m
2 Austin Mills	SR	Macalester	17.10m	56-01.25	2 8
16.31m	17.10m	17.07m	16.72m	FOUL	FOUL
3 Timmy Ball	SO	Bethel (Minn.)	16.60m	54-05.50	2 6
16.60m	FOUL	16.14m	FOUL	16.51m	16.52m
4 Philip Conant	JR	Bethel (Minn.)	16.21m	53-02.25	2 5
15.29m	15.21m	14.65m	FOUL	FOUL	16.21m
5 Adam Hokanson	SR	Bethel (Minn.)	16.00m	52-06.00	2 4
15.92m	FOUL	15.46m	15.73m	15.04m	16.00m
6 Ron White	JR	Saint Mary's	15.39m	50-06.00	1 3
14.05m	15.39m	14.24m	FOUL	FOUL	FOUL
7 Grady Minnerath	SO	St. John's (Minn.)	15.04m	49-04.25	2 2
14.81m	FOUL	FOUL	FOUL	15.04m	FOUL
8 Blake Houska	JR	Concordia-Moorhead	15.00m	49-02.50	2 1
14.39m	14.67m	15.00m	14.80m	FOUL	14.52m
9 Davian Vu	FR	Hamline	14.16m	46-05.50	1
FOUL	14.16m	FOUL	FOUL	FOUL	FOUL
10 Doug Gill	JR	Hamline	14.08m	46-02.50	2
14.08m	FOUL	13.94m			
11 Esosa Edo-Ohanba	JR	St. Olaf	13.87m	45-06.25	1
13.87m	12.83m	13.18m			
12 Rylan Turqueza	JR	St. John's (Minn.)	13.82m	45-04.25	1
FOUL	13.82m	13.75m			
13 Ricky Ramirez	SR	Concordia-Moorhead	13.80m	45-03.50	1
13.30m	13.80m	FOUL			
14 Carter Will	FR	Gustavus Adolphus	13.71m	44-11.75	1
13.19m	13.71m	12.86m			
15 Dillon Thurston	FR	Hamline	13.61m	44-08.00	1
13.61m	13.05m	FOUL			
16 Eddie Herman	SO	Hamline	13.17m	43-02.50	1
FOUL	FOUL	13.17m			
17 Mason Sundquist	SO	St. Scholastica	13.10m	42-11.75	2
FOUL	FOUL	13.10m			
18 Jalen Graham	SO	St. John's (Minn.)	12.23m	40-01.50	1
12.23m	FOUL	FOUL			
19 Rowan Sween	FR	Saint Mary's	12.15m	39-10.50	1
FOUL	FOUL	12.15m			
20 Jonathan Ritz	SO	Bethel (Minn.)	11.47m	37-07.75	2
FOUL	11.47m	FOUL			

Heptathlon: #1 Men 55 Meter Dash Heptathlon

Name	Year	School	Finals	H#	Points
1 Bailey Evans	SO	St. John's (Minn.)	6.57	3	861
2 Eli Leafblad	JR	Bethel (Minn.)	6.72	3	806
3 Joey Molstre	JR	Concordia-Moorhead	6.78	3	782
4 Soren Kaster	JR	Carleton	6.81	3	772
5 Connor McCormick	SR	Gustavus Adolphus	6.82	3	769
6 Michael Crowder	FR	Concordia-Moorhead	6.83	3	765
7 Reed White	FR	Carleton	6.85	2	759
8 Noah Besemann	JR	St. John's (Minn.)	6.87	2	749

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9	Gavin Hoelzel	JR St. Olaf	6.90	2	739
10	Timothy Hubers	FR Bethel (Minn.)	6.95	2	723
11	Josh Pretasky	FR St. John's (Minn.)	6.97	1	716
12	Amos Anderson	FR Gustavus Adolphus	6.98	2	713
13	Aaron Elseth	SR Bethel (Minn.)	7.00	2	703
14	Charles VanGrinsven	FR St. John's (Minn.)	7.06	1	684
15	Alan Haglin	SO Hamline	7.08	1	678
16	Jesse Olson	JR St. Olaf	7.09	1	675
17	Josh Peterson	JR Concordia-Moorhead	7.11	1	668
18	Isak Brandt	JR St. John's (Minn.)	7.44	1	560

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year	School	Finals	Points
1	Reed White	FR Carleton	2:42.13	850
2	Soren Kaster	JR Carleton	2:43.63	833
3	Joey Molstre	JR Concordia-Moorhead	2:47.83	788
4	Timothy Hubers	FR Bethel (Minn.)	2:50.47	761
5	Connor McCormick	SR Gustavus Adolphus	2:51.05	755
6	Amos Anderson	FR Gustavus Adolphus	2:51.33	752
7	Jesse Olson	JR St. Olaf	2:52.51	740
8	Michael Crowder	FR Concordia-Moorhead	2:54.42	720
9	Aaron Elseth	SR Bethel (Minn.)	2:54.57	718
10	Noah Besemann	JR St. John's (Minn.)	2:55.91	705
11	Eli Leafblad	JR Bethel (Minn.)	2:57.25	691
12	Gavin Hoelzel	JR St. Olaf	2:59.92	665
13	Alan Haglin	SO Hamline	3:00.08	663
14	Bailey Evans	SO St. John's (Minn.)	3:01.61	649
15	Charles VanGrinsven	FR St. John's (Minn.)	3:03.06	635
16	Isak Brandt	JR St. John's (Minn.)	3:08.60	582
17	Josh Pretasky	FR St. John's (Minn.)	3:26.88	425
18	Josh Peterson	JR Concordia-Moorhead	3:29.91	401

Heptathlon: #5 Men 55 Meter Hurdles Heptathlon

Name	Year	School	Finals	H#	Points
1	Connor McCormick	SR Gustavus Adolphus	7.93	6	851
2	Soren Kaster	JR Carleton	8.21	6	781
3	Joey Molstre	JR Concordia-Moorhead	8.26	6	770
4	Aaron Elseth	SR Bethel (Minn.)	8.39	5	739
5	Timothy Hubers	FR Bethel (Minn.)	8.39	4	739
6	Michael Crowder	FR Concordia-Moorhead	8.44	5	726
7	Eli Leafblad	JR Bethel (Minn.)	8.55	2	700
8	Gavin Hoelzel	JR St. Olaf	8.60	5	690
9	Alan Haglin	SO Hamline	8.63	4	683
10	Amos Anderson	FR Gustavus Adolphus	8.82	4	639
11	Noah Besemann	JR St. John's (Minn.)	8.83	1	637
12	Reed White	FR Carleton	8.98	3	605
13	Bailey Evans	SO St. John's (Minn.)	9.03	3	595
14	Isak Brandt	JR St. John's (Minn.)	9.12	2	576
15	Josh Pretasky	FR St. John's (Minn.)	9.23	2	552
16	Jesse Olson	JR St. Olaf	9.32	3	535
17	Charles VanGrinsven	FR St. John's (Minn.)	9.58	1	484

MIAC Championships - 2/26/2026 to 2/28/2026

Carleton Rec. Center

Results

....Heptathlon: #5 Men 55 Meter Hurdles Heptathlon

18 Josh Peterson JR Concordia-Moorhead 9.75 1 450

Heptathlon: #4 Men High Jump Heptathlon

Name	Year	School	Finals	Points
1 Bailey Evans	SO	St. John's (Minn.)	1.89m 6-02.25	705
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92	PPP PPP PPP PPP PPP PPP PPP PPP O O O O O O O XXX		
2 Connor McCormick	SR	Gustavus Adolphus	1.80m 5-10.75	627
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83	PPP PPP PPP PPP PPP PPP PPP XO XO O XXO XXX		
3 Joey Molstre	JR	Concordia-Moorhead	1.77m 5-09.75	602
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74 1.77 1.80	PPP PPP PPP PPP PPP PPP O O XO O O XXX		
4 Josh Pretasky	FR	St. John's (Minn.)	1.74m 5-08.50	577
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74 1.77	PPP PPP PPP PPP O O XO O O O XXX		
5 Noah Besemann	JR	St. John's (Minn.)	1.71m 5-07.25	552
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74	PPP PPP PPP PPP PPP O XXO O O XXX		
5 Jesse Olson	JR	St. Olaf	1.71m 5-07.25	552
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74	PPP PPP PPP PPP PPP O O O O XXX		
5 Soren Kaster	JR	Carleton	1.71m 5-07.25	552
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74	PPP PPP PPP XO PPP O O XO XO XXX		
8 Alan Haglin	SO	Hamline	1.68m 5-06.00	528
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71	PPP PPP PPP PPP PPP O O O XXX		
9 Eli Leafblad	JR	Bethel (Minn.)	1.65m 5-05.00	504
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68	PPP PPP PPP O PPP XO O XXX		
9 Amos Anderson	FR	Gustavus Adolphus	1.65m 5-05.00	504
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68	PPP PPP PPP O PPP O XO XXX		
11 Timothy Hubers	FR	Bethel (Minn.)	1.62m 5-03.75	480
1.47 1.50 1.53 1.56 1.59	1.62 1.65	PPP O PPP XO O O XXX		
11 Michael Crowder	FR	Concordia-Moorhead	1.62m 5-03.75	480
1.47 1.50 1.53 1.56 1.59	1.62 1.65	PPP PPP PPP O O O XXX		
11 Aaron Elseth	SR	Bethel (Minn.)	1.62m 5-03.75	480
1.47 1.50 1.53 1.56 1.59	1.62 1.65	PPP PPP O PPP O O XXX		
14 Josh Peterson	JR	Concordia-Moorhead	1.59m 5-02.50	457
1.47 1.50 1.53 1.56 1.59	1.62	O O XXO O XO XXX		
14 Charles VanGrinsven	FR	St. John's (Minn.)	1.59m 5-02.50	457
1.47 1.50 1.53 1.56 1.59	1.62	O O O XO XO XXX		
16 Isak Brandt	JR	St. John's (Minn.)	1.53m 5-00.25	411
1.47 1.50 1.53 1.56		O XO O XXX		

MIAC Championships - 2/26/2026 to 2/28/2026

Carleton Rec. Center

Results

....Heptathlon: #4 Men High Jump Heptathlon

16 Reed White	FR Carleton	1.53m	5-00.25	411
1.47 1.50 1.53 1.56				
O XO XO XXX				
16 Gavin Hoelzel	JR St. Olaf	1.53m	5-00.25	411
1.47 1.50 1.53 1.56				
O O XO XXX				

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year School	Finals	Points
1 Soren Kaster	JR Carleton	4.40m 14-05.25	731
2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50			
PPP O PPP O O O XXX			
2 Noah Besemann	JR St. John's (Minn.)	4.20m 13-09.25	673
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30			
PPP O PPP O O O XXX			
3 Connor McCormick	SR Gustavus Adolphus	4.10m 13-05.25	645
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20			
PPP O PPP XO O XXO XO XXX			
4 Gavin Hoelzel	JR St. Olaf	4.00m 13-01.50	617
2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50			
PPP PPP PPP PPP PPP PPP PPP XO PPP O O XO XXO XXP PPP PPP PPP PPP			
5 Amos Anderson	FR Gustavus Adolphus	3.80m 12-05.50	562
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90			
PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP XXO O O XXX			
5 Joey Molstre	JR Concordia-Moorhead	3.80m 12-05.50	562
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90			
PPP O O XO XXX			
7 Aaron Elseth	SR Bethel (Minn.)	3.70m 12-01.50	535
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80			
PPP PPP PPP PPP PPP PPP PPP O O O O O XO XXX			
7 Reed White	FR Carleton	3.70m 12-01.50	535
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90			
PPP O PPP XXX			
7 Bailey Evans	SO St. John's (Minn.)	3.70m 12-01.50	535
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80			
PPP PPP PPP PPP PPP O O O O O O O XXX			
10 Timothy Hubers	FR Bethel (Minn.)	3.50m 11-05.75	482
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60			
PPP XO PPP O XXO O O XO O XXO XXX			
11 Josh Pretasky	FR St. John's (Minn.)	3.40m 11-01.75	457
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50			
PPP PPP O PPP O XO XXO O O XXX			
11 Alan Haglin	SO Hamline	3.40m 11-01.75	457
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50			
PPP O PPP O O XO O O XXX			
11 Josh Peterson	JR Concordia-Moorhead	3.40m 11-01.75	457
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50			
PPP PPP PPP PPP PPP PPP XO O O XXX			
11 Jesse Olson	JR St. Olaf	3.40m 11-01.75	457
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50			
PPP PPP PPP O PPP O O XXO XXO XXX			

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15	Charles VanGrinsven	FR St. John's (Minn.)	3.10m	10-02.00	381
	2.60 2.70 2.80 2.90 3.00 3.10 3.20				
	XXO O O O O O XXX				
15	Michael Crowder	FR Concordia-Moorhead	3.10m	10-02.00	381
	2.60 2.70 2.80 2.90 3.00 3.10 3.20				
	PPP O PPP O O O XXX				
15	Eli Leafblad	JR Bethel (Minn.)	3.10m	10-02.00	381
	2.60 2.70 2.80 2.90 3.00 3.10 3.20				
	PPP PPP PPP O PPP O XXX				
18	Isak Brandt	JR St. John's (Minn.)	2.90m	9-06.25	333
	2.60 2.70 2.80 2.90 3.00				
	O O O O XXX				

Heptathlon: #2 Men Long Jump Heptathlon

Name	Year	School	Finals	Points
1 Bailey Evans	SO	St. John's (Minn.)	6.38m 20-11.25	670
			6.33m 6.26m 6.38m	
2 Josh Pretasky	FR	St. John's (Minn.)	6.32m 20-09.00	657
			6.02m 5.93m 6.32m	
3 Connor McCormick	SR	Gustavus Adolphus	6.19m 20-03.75	628
			6.19m 6.06m FOUL	
4 Eli Leafblad	JR	Bethel (Minn.)	6.08m 19-11.50	604
			5.75m 5.92m 6.08m	
5 Noah Besemann	JR	St. John's (Minn.)	6.07m 19-11.00	602
			6.06m 6.07m 6.04m	
6 Soren Kaster	JR	Carleton	5.96m 19-06.75	578
			FOUL 5.96m 5.86m	
7 Amos Anderson	FR	Gustavus Adolphus	5.91m 19-04.75	567
			5.83m FOUL 5.91m	
8 Joey Molstre	JR	Concordia-Moorhead	5.85m 19-02.50	554
			5.49m 5.83m 5.85m	
9 Alan Haglin	SO	Hamline	5.83m 19-01.50	550
			5.63m 5.79m 5.83m	
10 Timothy Hubers	FR	Bethel (Minn.)	5.77m 18-11.25	537
			4.89m 5.64m 5.77m	
11 Michael Crowder	FR	Concordia-Moorhead	5.76m 18-10.75	535
			5.51m 5.62m 5.76m	
12 Jesse Olson	JR	St. Olaf	5.72m 18-09.25	527
			5.63m 5.72m 5.70m	
13 Gavin Hoelzel	JR	St. Olaf	5.67m 18-07.25	516
			5.49m 5.62m 5.67m	
14 Reed White	FR	Carleton	5.52m 18-01.50	485
			5.52m FOUL FOUL	
15 Aaron Elseth	SR	Bethel (Minn.)	5.50m 18-00.50	481
			5.50m 5.45m 5.23m	
16 Charles VanGrinsven	FR	St. John's (Minn.)	5.44m 17-10.25	469
			5.22m 5.44m 5.30m	
17 Josh Peterson	JR	Concordia-Moorhead	5.06m 16-07.25	394
			5.06m 4.91m 3.92m	
18 Isak Brandt	JR	St. John's (Minn.)	5.04m 16-06.50	390
			4.85m 4.79m 5.04m	

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****Heptathlon: #3 Men Shot Put Heptathlon**

Name	Year School	Finals	Points
1 Bailey Evans 13.48m 12.62m 13.08m	SO St. John's (Minn.)	13.48m 44-02.75	697
2 Noah Besemann 11.79m 12.54m 10.78m	JR St. John's (Minn.)	12.54m 41-01.75	639
3 Josh Pretasky 11.19m 12.00m 11.12m	FR St. John's (Minn.)	12.00m 39-04.50	606
4 Aaron Elseth FOUL 11.28m 11.20m	SR Bethel (Minn.)	11.28m 37-00.25	563
5 Timothy Hubers 10.89m 10.08m 9.43m	FR Bethel (Minn.)	10.89m 35-08.75	539
6 Soren Kaster 9.88m 10.83m FOUL	JR Carleton	10.83m 35-06.50	536
7 Isak Brandt 10.11m FOUL 10.01m	JR St. John's (Minn.)	10.11m 33-02.00	492
8 Jesse Olson 9.02m 9.99m 10.09m	JR St. Olaf	10.09m 33-01.25	491
9 Josh Peterson 10.02m 9.69m 10.04m	JR Concordia-Moorhead	10.04m 32-11.25	488
10 Eli Leafblad FOUL 9.68m 10.03m	JR Bethel (Minn.)	10.03m 32-11.00	487
11 Gavin Hoelzel 9.59m 9.53m 8.92m	JR St. Olaf	9.59m 31-05.75	461
12 Charles VanGrinsven 8.42m 8.32m 9.41m	FR St. John's (Minn.)	9.41m 30-10.50	450
12 Amos Anderson FOUL 9.41m 9.23m	FR Gustavus Adolphus	9.41m 30-10.50	450
14 Joey Molstre 8.79m 9.40m 8.72m	JR Concordia-Moorhead	9.40m 30-10.25	450
15 Connor McCormick 8.72m FOUL 8.88m	SR Gustavus Adolphus	8.88m 29-01.75	419
16 Michael Crowder 8.62m 8.66m FOUL	FR Concordia-Moorhead	8.66m 28-05.00	406
17 Alan Haglin 8.52m 8.51m 7.15m	SO Hamline	8.52m 27-11.50	397
18 Reed White 6.04m 6.04m 5.96m	FR Carleton	6.04m 19-09.75	251

Men Heptathlon

Name	Year School	Finals	H#	Points
1 Soren Kaster	JR Carleton	4783	10	
2 Bailey Evans	SO St. John's (Minn.)	4712	8	
3 Connor McCormick	SR Gustavus Adolphus	4694	6	
4 Noah Besemann	JR St. John's (Minn.)	4557	5	
5 Joey Molstre	JR Concordia-Moorhead	4508	4	
6 Timothy Hubers	FR Bethel (Minn.)	4261	3	
7 Aaron Elseth	SR Bethel (Minn.)	4219	2	
8 Amos Anderson	FR Gustavus Adolphus	4187	1	
9 Eli Leafblad	JR Bethel (Minn.)	4173		
10 Gavin Hoelzel	JR St. Olaf	4099		
11 Michael Crowder	FR Concordia-Moorhead	4013		
12 Josh Pretasky	FR St. John's (Minn.)	3990		

MIAC Championships - 2/26/2026 to 2/28/2026

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Results

...Men Heptathlon

13	Jesse Olson	JR St. Olaf	3977
14	Alan Haglin	SO Hamline	3956
15	Reed White	FR Carleton	3896
16	Charles VanGrinsven	FR St. John's (Minn.)	3560
17	Isak Brandt	JR St. John's (Minn.)	3344
18	Josh Peterson	JR Concordia-Moorhead	3315

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 Men - Team Rankings - 20 Events Scored
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1) Bethel (Minn.)	167	2) St. Olaf	145
3) St. John's (Minn.)	108	4) Gustavus Adolphus	74
5) Concordia-Moorhead	69	6) St. Scholastica	54
7) Carleton	53	7) Macalester	53
9) Hamline	33	10) Augsburg	12
11) Saint Mary's (Minn.)	11		