

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****Women 55 Meter Dash**

Name	Year	School	Prelims	H#
Preliminaries				
1 Zari Young	SO	Saint Mary's	7.11Q	2
2 Alethia Olson-Skog	FR	Bethel (Minn.)	7.19Q	3
3 Ariella Rogahn-Press	SO	Macalester	7.24Q	1
4 Samantha Munson	SR	Saint Mary's	7.30Q	2 7.295
5 Emily Rengo	SR	Concordia-Moorhead	7.30Q	1 7.299
6 Gabriella Lund	JR	St. Benedict	7.41Q	3
7 Ella Paulson	SO	Bethel (Minn.)	7.36q	1
8 Claire Siems	SO	Hamline	7.39q	2
9 Claire Beckley	SO	Macalester	7.43	3
10 Andie Sandman	JR	Concordia-Moorhead	7.44	2
11 Ashlyn Jore	SR	St. Olaf	7.47	2
12 Lydia Fynboh	JR	Concordia-Moorhead	7.48	3 7.472
13 Allison Stacy	SO	Gustavus Adolphus	7.48	1 7.476
14 Raina Kaping	JR	Bethel (Minn.)	7.48	2 7.480
15 Terri Mensah	FR	Carleton	7.49	3
16 Alexi Schneider	SO	Hamline	7.51	1
17 Autumn Maki	SO	Bethel (Minn.)	7.52	1
18 Evangeline Sappington	FR	St. Olaf	7.56	3
19 Mabel Badejo	FR	Hamline	7.59	1
20 Laura Thauvin	SO	Gustavus Adolphus	7.61	2
21 Nacia Griffin	SO	Augsburg	7.62	2
22 Grace Buntrock	JR	St. Benedict	7.64	3
23 McKenzie Munson	SR	Saint Mary's	7.67	1

Women 400 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Ariella Rogahn-Press	SO	Macalester	55.79	5	10
2 Shalom Sulungaine	JR	Bethel (Minn.)	55.94	5	8
3 Allison Hookom	SR	Augsburg	57.66	4	6
4 Ellie Semple	FR	St. Olaf	58.66	2	5
5 Madi Pelowski	SR	Bethel (Minn.)	58.76	3	4
6 Izzi Jaeckle	SO	St. Olaf	58.79	4	3
7 Josie Brown	FR	Concordia-Moorhead	58.99	3	2
8 Ashley Slaybaugh	FR	Bethel (Minn.)	59.39	2	1
9 Deni Zaharieva	FR	Saint Mary's	59.96	3	
10 Isabel Fynboh	SR	Gustavus Adolphus	1:00.01	1	
11 Arissa Rydberg	SO	Bethel (Minn.)	1:00.79	4	
12 Adyson Gerbig	FR	Bethel (Minn.)	1:00.97	1	
13 Emma Norton	FR	Concordia-Moorhead	1:01.00	5	
14 Adelyn Ellefson	SO	Bethel (Minn.)	1:01.16	1	
15 Taylor Dean	FR	St. Benedict	1:01.57	4	
16 Morgan Dean	SR	Bethel (Minn.)	1:02.01	2	
17 Kayla Nelson	SR	St. Scholastica	1:02.41	5	
18 Ella Kienitz	SO	Gustavus Adolphus	1:02.52	2	
19 Macy Piechowski	FR	St. Benedict	1:02.76	1	
20 Lauren Rocheford	SR	Gustavus Adolphus	1:02.84	3	

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****Women 800 Meter Run**

Name	Year	School	Finals	H#	Points
1 Isabel Wyatt	SR	St. Olaf	2:13.96	3	10
2 Kyla Nygaard	JR	Concordia-Moorhead	2:14.83	3	8
3 Cora DenHartog	FR	St. Olaf	2:16.46	3	6
4 Pamina Nemet	FR	Carleton	2:17.29	3	5
5 Lauren Berg	SR	St. Benedict	2:17.84	3	4
6 Charlotte Kusch	SO	Carleton	2:21.45	2	3
7 Abbie Manhard	SR	St. Olaf	2:22.22	2	2
8 Molly DiNardo	JR	St. Olaf	2:22.52	2	1
9 Anabella Witschen	JR	St. Benedict	2:23.63	2	
10 Taylor Radaich	JR	St. Benedict	2:26.34	2	
11 Londyn Ames	JR	Concordia-Moorhead	2:26.87	3	
12 Addie Dahl	SO	Concordia-Moorhead	2:27.19	2	
13 Anabel Bradley	JR	Hamline	2:27.23	3	
14 Brooke Baumann	JR	Hamline	2:29.55	2	
15 Brooke Verkinnes	SR	St. Benedict	2:29.87	1	
16 Bailey Link	JR	St. Benedict	2:30.73	1	
17 Aftyn Hahn	FR	Concordia-Moorhead	2:31.20	1	
18 Kaitlyn Peterson	JR	St. Catherin	2:31.31	1	
19 Estle Nelson	FR	Bethel (Minn.)	2:32.21	1	
20 Meaghan McDonald	SR	St. Benedict	2:32.78	1	
21 Ellyn Soli	FR	Gustavus Adolphus	2:32.86	1	

Women 1 Mile Run

Name	Year	School	Finals	H#	Points
1 Mya Slavin	SO	Saint Mary's	5:00.60	3	10
2 Lauren Tittel	FR	Carleton	5:02.81	3	8
3 Kate Fox	SO	Macalester	5:05.07	3	6
4 Claire Vukovics	FR	Carleton	5:13.34	3	5
5 Amelia Campbell	FR	Carleton	5:13.37	3	4
6 Abigale Lindquist	SO	St. Olaf	5:13.59	3	3
7 Kelyn Henry-Perlich	SO	Concordia-Moorhead	5:13.69	3	2
8 Megan Timmerman	SR	St. Olaf	5:13.78	3	1
9 Anna-Britta Helmer	FR	St. Olaf	5:15.37	2	
10 Nina Peterson	FR	Carleton	5:16.83	2	
11 Regan Niemi	JR	St. Scholastica	5:22.73	3	
12 Anna Cargill	SR	Bethel (Minn.)	5:24.16	1	
13 Siiri Anderson	FR	Gustavus Adolphus	5:24.50	2	
14 Safiya Ait Ali	SO	St. Olaf	5:27.95	1	
15 Brylee Cavanaugh	FR	Bethel (Minn.)	5:28.04	1	
16 Julia Babineau	JR	St. Benedict	5:28.29	1	
17 Alicia Maddux	SR	Hamline	5:31.35	2	
18 Sierra Cherniavsky	FR	Carleton	5:32.03	1	
19 Lilly Dickinson	FR	Concordia-Moorhead	5:33.52	2	
20 Natalie Zielsdorf	SR	St. Benedict	5:34.12	1	
21 Laura Sunnarborg	JR	Gustavus Adolphus	5:34.27	2	
22 Willemijn Leiner	SO	St. Olaf	5:38.92	2	
23 Anna Blaich	FR	Carleton	5:39.62	1	
24 Anna Gould	FR	Gustavus Adolphus	5:43.10	1	
25 Emery Holland	FR	Concordia-Moorhead	5:48.03	1	

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****Women 5000 Meter Run**

Name	Year	School	Finals	Points
1 Molly Liston	SR	Gustavus Adolphus	17:13.28	10
2 Hannah Preisser	SR	Carleton	17:14.38	8
3 Lauren Walda	SR	St. Olaf	17:27.94	6
4 Aliya Larsen	SR	Carleton	18:02.96	5
5 Ashley Nelson	SO	Concordia-Moorhead	18:28.54	4
6 Eleanor Lindeman	FR	St. Catherin	18:39.72	3
7 Arabella England	SO	St. Olaf	18:46.43	2
8 Abby Wood	SO	St. Scholastica	18:47.36	1
9 Mary Kenney	SR	St. Benedict	18:50.18	
10 Ava Nibbelink	SO	Bethel (Minn.)	18:50.79	
11 Samantha Ellis	JR	Macalester	18:51.91	
12 Molly Kate McCloskey	SR	St. Olaf	18:53.61	
13 Mollie Ping	SO	St. Benedict	19:11.17	
14 Anna Forbord	FR	Gustavus Adolphus	19:12.33	
15 Brooklyn Hart	SO	Concordia-Moorhead	19:14.44	
16 Kathleen Madden	JR	St. Olaf	19:17.81	
17 Lydia Feldhahn	FR	St. Catherin	19:24.48	
18 Addy Giles	FR	St. Benedict	20:09.86	

Women 55 Meter Hurdles

Name	Year	School	Prelims	H#
Preliminaries				
1 Juslene Chea	FR	St. Benedict	8.34Q	2
2 Michaela Zenz	FR	Bethel (Minn.)	8.61Q	1
3 Claire Stein	FR	St. Olaf	8.69Q	3 8.685
4 Hannah Bingham	SO	Bethel (Minn.)	8.59Q	2
5 Emily Podulke	SO	Gustavus Adolphus	8.73Q	3
6 Ellie Hernes	SR	Bethel (Minn.)	8.77Q	1
7 Svea Frantzich	FR	St. Olaf	8.68q	2
8 Laura Thauvin	SO	Gustavus Adolphus	8.69q	2 8.684
9 Kaili Malvey	FR	Concordia-Moorhead	8.76	3
10 Sophia Vogel	FR	Gustavus Adolphus	8.79	1 8.783
11 Ava Loftness	FR	Gustavus Adolphus	8.79	2 8.784
12 Rylee O'Konek	FR	Saint Mary's	8.86	3
13 Lauren Pearson	FR	Concordia-Moorhead	8.95	1
14 Anya Adelgren	JR	St. Benedict	8.99	1
15 Lucy Rappana	FR	St. Scholastica	9.04	3 9.034
16 Annika Walsh	FR	St. Olaf	9.04	3 9.037
17 Brianna Hexum	FR	Bethel (Minn.)	9.05	3
18 Kayla Kajer	SO	Gustavus Adolphus	9.06	1
19 Aliyah Robran	SR	Hamline	9.07	2
20 Ally Tyvoll	JR	Bethel (Minn.)	9.25	2
21 Morgan Hanlin	FR	St. Benedict	9.28	1
22 Kayla Evans	SO	Bethel (Minn.)	9.30	3
23 Aubree Klein	JR	St. Olaf	9.42	2

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****Women 4x200 Meter Relay**

School	Finals	H#	Points
Finals			
1 St. Olaf 'A'	1:43.42	3	10
1) Claire Stein FR	2) Izzi Jaeckle SO		
3) Ellie Semple FR	4) Evangeline Sappington FR		
2 Concordia-Moorhead 'A'	1:45.01	2	8
1) Emma Warner SO	2) Emily Rengo SR		
3) Piper Osborne JR	4) Andie Sandman JR		
3 Bethel (Minn.) 'A'	1:45.51	2	6
1) Ashley Slaybaugh FR	2) Raina Kaping JR		
3) Autumn Maki SO	4) Arissa Rydberg SO		
4 Saint Mary's (Minn.) 'A'	1:45.66	3	5
1) Joscelyn Saamanen FR	2) Zari Young SO		
3) Melissa Torres SO	4) Samantha Munson SR		
5 Hamline 'A'	1:46.45	3	4
1) Alexi Schneider SO	2) Jaz Turnbaugh FR		
3) Claire Siems SO	4) Aliyah Robran SR		
6 Gustavus Adolphus 'A'	1:47.41	1	3
1) Allison Stacy SO	2) Sophia Vogel FR		
3) Ava Loftness FR	4) Isabel Fynboh SR		
7 Macalester 'A'	1:47.44	1	2
1) Claire Beckley SO	2) Ariella Rogahn-Press SO		
3) Emma Cunningham SO	4) Hadley Wilkins SR		
8 St. Benedict 'A'	1:49.94	2	1
1) Allee Feldman SO	2) Gabriella Lund JR		
3) Myah Nelson SR	4) Grace Buntrock JR		
9 St. Scholastica 'A'	1:49.95	1	
1) Shayna Wick SO	2) Kayla Nelson SR		
3) Molly King FR	4) Allison Fink FR		
10 Carleton 'A'	1:51.74	1	
1) Alice Islam SO	2) Jillian Muglia FR		
3) Sophie Syverson FR	4) Willa Bishop SO		

Women Distance Medley

School	Finals	Points
1 Concordia-Moorhead 'A'	12:27.98	10
1) Londyn Ames JR	2) Josie Brown FR	
3) Kyla Nygaard JR	4) Kelyn Henry-Perlich SO	
2 Macalester 'A'	12:30.35	8
1) Aubrey Jensen FR	2) Hadley Wilkins SR	
3) Kyra Morris SO	4) Kate Fox SO	
3 St. Olaf 'A'	12:32.36	6
1) Grace Moeller SR	2) Alice Wagner-Hemstad SO	
3) Nora Mickelson JR	4) Ella Landis SR	
4 Carleton 'A'	12:34.57	5
1) Nicole Peterson FR	2) Charlotte Kusch SO	
3) Amelia Campbell FR	4) Louise Ruzanic FR	
5 Bethel (Minn.) 'A'	12:46.97	4
1) Emerson Mullen FR	2) Adyson Gerbig FR	
3) Kiara Gentz JR	4) Anna Hay SR	
6 St. Benedict 'A'	12:57.76	3
1) Taylor Radaich JR	2) Taylor Dean FR	

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Results

....Women Distance Medley

3) Daphne Grobstein FR	4) Anabella Witschen JR	
7 Gustavus Adolphus 'A'	13:00.10	2
1) Addison Enfield FR	2) Brooke Viner FR	
3) Katja Wallin FR	4) Mackenzie Murphy JR	
8 St. Scholastica 'A'	13:14.60	1
1) Abby Wood SO	2) Regan Niemi JR	
3) Liliana Hoard FR	4) Grace McCormick JR	
9 Hamline 'A'	14:11.12	
1) Briyanna Burkhardt SO	2) Adrienne Karpen SR	
3) Savannah Janes JR	4) Tessa Meyers SO	
10 St. Catherine (Minn.) 'A'	14:37.86	

Women Pole Vault

Name	Year School	Finals	Points
1 Jaylyn Ahlberg 2.78 2.93 3.08 3.23 3.33 3.43 3.53 3.63 PPP PPP PPP O O O XO XXX	SR St. Benedict	3.53m	11-07.00 10
2 Xara Gin 2.78 2.93 3.08 3.23 3.33 3.43 3.53 PPP PPP O O XXO XO XXX	SO Saint Mary's	3.43m	11-03.00 7
2 LiLi Raidt 2.78 2.93 3.08 3.23 3.33 3.43 3.53 PPP PPP O O XXO XO XXX	JR St. Benedict	3.43m	11-03.00 7
4 Raina Kaping 2.78 2.93 3.08 3.23 3.33 3.43 PPP XO O O XO XXX	JR Bethel (Minn.)	3.33m	10-11.00 5
5 Brynley Coleman 2.78 2.93 3.08 3.23 3.33 PPP O O XO XXX	SO Concordia-Moorhead	3.23m	10-07.00 3.50
5 McKenna Flinn 2.78 2.93 3.08 3.23 3.33 PPP PPP O XO XXX	SO St. Benedict	3.23m	10-07.00 3.50
7 Camille Finney 2.78 2.93 3.08 3.23 3.33 PPP PPP O XXO XXX	JR Gustavus Adolphus	J3.23m	10-07.00 2
8 Maddox Lee 2.78 2.93 3.08 3.23 3.33 PPP PPP XXO XXO XXX	SR Gustavus Adolphus	J3.23m	10-07.00 1
9 Ava Brosam 2.78 2.93 3.08 3.23 O O O XXX	FR Carleton	3.08m	10-01.25
9 AnnaGrace Nelson 2.78 2.93 3.08 3.23 O PPP O XXX	SR Bethel (Minn.)	3.08m	10-01.25
11 Abigail Frei 2.78 2.93 3.08 3.23 PPP PPP XO XXX	FR St. Olaf	J3.08m	10-01.25
12 Elly Stamp 2.78 2.93 3.08 3.23 XO O XO XXX	FR Bethel (Minn.)	J3.08m	10-01.25
13 Savannah Brown 2.78 2.93 3.08 PPP XO XXX	JR Hamline	2.93m	9-07.25

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14	Sophie Syverson	FR Carleton	J2.93m	9-07.25
	2.78 2.93 3.08			
	O XXO XXX			
15	Bria Luepke	SR Hamline	2.78m	9-01.50
	2.78 2.93			
	O XXX			
16	Seneca Wilson	JR Macalester	J2.78m	9-01.50
	2.78 2.93			
	XO XXX			
--	Emily Pearson	JR Bethel (Minn.)	NH	
	2.78 2.93			
	PPP XXX			
--	Erika Nesseth	SO St. Olaf	NH	
	2.78			
	XXX			
--	Roan Boyd	SR Macalester	NH	
	2.78			
	XXX			

Women Triple Jump

Name	Year School	Finals	H#	Points
1 Ellie Hernes	SR Bethel (Minn.)	11.45m	37-06.75	2 10
	11.04m 11.14m 11.45m	FOUL FOUL FOUL		
2 Sabriya Farquharson	JR St. Benedict	11.29m	37-00.50	2 8
	11.01m 11.29m 11.07m	10.88m 11.23m 10.98m		
3 Ava Loftness	FR Gustavus Adolphus	11.25m	36-11.00	1 6
	FOUL 11.23m FOUL FOUL	11.25m 11.18m		
4 Kaylee Hawks	FR Gustavus Adolphus	10.92m	35-10.00	2 5
	FOUL 10.92m 10.79m	10.33m 10.58m 10.61m		
5 Allison Fink	FR St. Scholastica	10.79m	35-05.00	2 4
	10.51m 10.79m 10.63m	10.45m FOUL 10.27m		
6 Juslene Chea	FR St. Benedict	10.75m	35-03.25	2 3
	10.75m 10.70m	PASS FOUL FOUL PASS		
7 Piper Osborne	JR Concordia-Moorhead	10.72m	35-02.00	2 2
	10.50m 10.65m 10.72m	10.56m 9.77m FOUL		
8 Kaili Malvey	FR Concordia-Moorhead	10.65m	34-11.25	2 1
	10.36m 9.75m 10.52m	10.65m FOUL PASS		
9 Anna Gries	SO St. Benedict	10.64m	34-11.00	2
	FOUL 10.58m 10.51m	10.40m 10.63m 10.64m		
10 Sophia Vogel	FR Gustavus Adolphus	10.53m	34-06.75	1
	FOUL 10.52m FOUL	10.53m FOUL FOUL		
11 Jordan Stanislowski	JR Bethel (Minn.)	10.50m	34-05.50	2
	10.50m 10.34m	FOUL		
12 Terri Mensah	FR Carleton	10.44m	34-03.00	1
	9.95m 10.10m	10.44m		
13 Kayla Kajer	SO Gustavus Adolphus	10.42m	34-02.25	1
	10.20m 10.42m	10.34m		
14 Ameryn Dostal	SO Saint Mary's	10.39m	34-01.25	2
	10.39m 10.22m	10.25m		
15 Hannah Scharnberg	FR St. Benedict	10.17m	33-04.50	1
	FOUL FOUL	10.17m		
16 Julia Pankratz	FR Bethel (Minn.)	10.10m	33-01.75	1
	9.88m 9.83m	10.10m		

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17	Keityshia Houston	FR Hamline	10.08m	33-01.00	1
	9.62m 10.08m 9.01m				
18	Ellie Machayya	SO Concordia-Moorhead	10.06m	33-00.25	1
	10.06m 9.89m 9.87m				
19	Peyton Swenson	FR Bethel (Minn.)	9.91m	32-06.25	1
	FOUL FOUL 9.91m				
20	Elli Schritz	JR St. Scholastica	9.79m	32-01.50	1
	FOUL 9.53m 9.79m				

Women Weight Throw

Name	Year School	Finals	H#	Points
1 Anna Speratos	SR Bethel (Minn.)	17.45m	57-03.00	2 10
	17.09m 17.35m 17.45m FOUL 17.36m 17.44m			
2 Lexi Brainer	SR Hamline	17.37m	57-00.00	2 8
	FOUL 16.97m 17.37m FOUL 17.10m 16.71m			
3 Ella Stritesky	SR St. Scholastica	16.10m	52-10.00	2 6
	16.10m 16.10m 16.00m 15.76m 15.56m 15.53m			
4 Gracie Gallagher	FR Concordia-Moorhead	15.73m	51-07.25	2 5
	15.07m 15.15m 15.73m 14.84m 14.55m 14.36m			
5 Nora Larsen	SR Bethel (Minn.)	15.41m	50-06.75	2 4
	14.32m 14.93m 13.30m FOUL 15.26m 15.41m			
6 Genevieve Dabout	FR Concordia-Moorhead	14.65m	48-00.75	2 3
	FOUL 14.30m FOUL 14.65m 13.74m 13.99m			
7 Brooke Tracy	SR Hamline	14.63m	48-00.00	1 2
	14.16m 14.53m 14.63m FOUL 14.11m 14.02m			
8 Yonna Harris	FR Gustavus Adolphus	14.57m	47-09.75	1 1
	13.77m 13.44m 14.57m 12.57m 12.27m 13.68m			
9 Logan Paulsen	SO St. Olaf	14.37m	47-01.75	2
	14.37m 14.12m 13.09m 12.85m 13.27m 13.96m			
10 Ella Engen	SR St. Scholastica	13.77m	45-02.25	2
	13.77m 12.93m 13.00m			
11 Kaycee Endreson	FR Concordia-Moorhead	13.52m	44-04.25	1
	11.92m 13.52m 13.32m			
12 Jessica Lin	JR Macalester	13.45m	44-01.50	2
	13.45m 13.42m 12.72m			
13 Rebecca Hoffman	JR Gustavus Adolphus	13.44m	44-01.25	1
	12.71m 13.44m FOUL			
14 Magenta Owens	SO Hamline	13.35m	43-09.75	1
	13.09m 13.35m FOUL			
15 Cecilia Dooley	SO Hamline	13.24m	43-05.25	1
	13.24m 11.99m 13.02m			
16 Ella Boelter	SR Bethel (Minn.)	13.06m	42-10.25	1
	13.06m 11.94m 11.97m			
17 Isabella Schei	JR Saint Mary's	13.03m	42-09.00	1
	12.35m 13.03m 11.85m			
18 Lena Sampy	SO Hamline	13.01m	42-08.25	1
	FOUL 13.01m 12.91m			
18 Christian Smith	JR St. Benedict	13.01m	42-08.25	1
	11.51m 13.01m FOUL			
20 Ella Heins	SO St. Scholastica	12.73m	41-09.25	2
	12.73m FOUL FOUL			

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Results

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year School	Finals	Points
1 Brooke Baumann	JR Hamline	2:24.54	763
2 Claire Stein	FR St. Olaf	2:25.26	753
3 Lauren Pearson	FR Concordia-Moorhead	2:25.26	753
4 Abby Lovelace	JR Concordia-Moorhead	2:29.52	699
5 Ellie Hernes	SR Bethel (Minn.)	2:31.79	671
6 Maddox Lee	SR Gustavus Adolphus	2:33.07	655
7 Morgan Hanlin	FR St. Benedict	2:34.52	637
8 Ally Tyvoll	JR Bethel (Minn.)	2:34.63	636
9 Svea Frantzich	FR St. Olaf	2:34.76	634
10 Lauren Selle	FR Concordia-Moorhead	2:34.90	633
11 Tessa Myatt	JR Macalester	2:35.42	627
12 Taylor Christenson	SO Concordia-Moorhead	2:42.08	549
13 Emily Podulke	SO Gustavus Adolphus	2:43.83	530
14 Annika Walsh	FR St. Olaf	2:49.41	470
15 Kaili Malvey	FR Concordia-Moorhead	2:49.79	466
16 Claire Keech	SR St. Olaf	2:50.22	461
17 Reese Laposky	FR St. Benedict	2:56.72	396

Indoor Pentathlon: #1 Women 55 Meter Hurdles Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Lauren Pearson	FR Concordia-Moorhead	8.46	5	889
2 Claire Stein	FR St. Olaf	8.63	6	852
3 Ellie Hernes	SR Bethel (Minn.)	8.68	5	840
4 Kaili Malvey	FR Concordia-Moorhead	8.79	5	818
5 Svea Frantzich	FR St. Olaf	8.81	6	812
6 Annika Walsh	FR St. Olaf	8.81	6	812
7 Taylor Christenson	SO Concordia-Moorhead	8.94	3	785
8 Emily Podulke	SO Gustavus Adolphus	8.97	4	779
9 Ally Tyvoll	JR Bethel (Minn.)	9.07	2	758
10 Morgan Hanlin	FR St. Benedict	9.07	4	758
11 Tessa Myatt	JR Macalester	9.23	3	725
12 Abby Lovelace	JR Concordia-Moorhead	9.31	4	710
13 Maddox Lee	SR Gustavus Adolphus	9.32	2	708
14 Brooke Baumann	JR Hamline	9.47	1	677
15 Claire Keech	SR St. Olaf	9.52	1	668
16 Caroline Kelleher	SO Carleton	9.81	3	613
17 Lauren Selle	FR Concordia-Moorhead	10.07	2	565
18 Reese Laposky	FR St. Benedict	10.34	1	517

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Annika Walsh	FR St. Olaf	1.65m	5-05.00 795
		1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68	
		PPP PPP PPP PPP PPP PPP PPP O PPP O O XO O XO XXX	
2 Lauren Pearson	FR Concordia-Moorhead	1.62m	5-03.75 759
		1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65	
		PPP PPP PPP PPP PPP PPP O O O O O O XO XXX	

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Results

....Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

3	Claire Stein	FR St. Olaf	1.59m	5-02.50	724
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62			
	PPP PPP PPP PPP PPP	O PPP O O XO O O XXX			
4	Kaili Malvey	FR Concordia-Moorhead	1.56m	5-01.25	689
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47 1.50 1.53 1.56 1.59			
	PPP PPP PPP PPP PPP	PPP PPP XXO O XXO XXO XXX			
5	Lauren Selle	FR Concordia-Moorhead	1.53m	5-00.25	655
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47 1.50 1.53 1.56			
	PPP PPP PPP PPP PPP	PPP O O O XO XXX			
5	Abby Lovelace	JR Concordia-Moorhead	1.53m	5-00.25	655
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47 1.50 1.53 1.56			
	PPP PPP PPP PPP PPP	PPP O XO XXO XO XXX			
5	Ellie Hernes	SR Bethel (Minn.)	1.53m	5-00.25	655
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47 1.50 1.53 1.56			
	PPP PPP PPP PPP PPP	O O XO O XXO XXX			
8	Reese Laposky	FR St. Benedict	1.50m	4-11.00	621
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47 1.50 1.53			
	PPP PPP PPP PPP PPP	O O O XO XXX			
9	Svea Frantzich	FR St. Olaf	1.47m	4-09.75	588
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47 1.50			
	PPP PPP PPP PPP O	XO O O XXX			
10	Ally Tyvoll	JR Bethel (Minn.)	1.44m	4-08.75	555
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47			
	PPP PPP PPP O XO	O XO XXX			
10	Emily Podulke	SO Gustavus Adolphus	1.44m	4-08.75	555
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47			
	PPP PPP PPP O O	XXO XO XXX			
10	Taylor Christenson	SO Concordia-Moorhead	1.44m	4-08.75	555
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47			
	PPP PPP PPP PPP O	XO O XXX			
13	Morgan Hanlin	FR St. Benedict	1.41m	4-07.50	523
	1.26 1.29 1.32 1.35 1.38	1.41 1.44			
	PPP PPP O O O	XO XXX			
13	Claire Keech	SR St. Olaf	1.41m	4-07.50	523
	1.26 1.29 1.32 1.35 1.38	1.41 1.44			
	O PPP O O XO	O XXX			
13	Maddox Lee	SR Gustavus Adolphus	1.41m	4-07.50	523
	1.26 1.29 1.32 1.35 1.38	1.41 1.44			
	PPP PPP PPP O XO	XO XXX			
16	Brooke Baumann	JR Hamline	1.35m	4-05.00	460
	1.26 1.29 1.32 1.35 1.38				
	O O XO XO XXX				
--	Tessa Myatt	JR Macalester	NH		
	1.26 1.29 1.32 1.35 1.38				
	PPP PPP PPP PPP XXX				

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

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Name	Year	School	Finals	Points	
=====					
1	Claire Stein	FR St. Olaf	5.30m	17-04.75	643
	5.20m	FOUL	5.30m		
2	Ellie Hernes	SR Bethel (Minn.)	5.25m	17-02.75	628
	FOUL	FOUL	5.25m		

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3 Svea Frantzich	FR St. Olaf	5.20m	17-00.75	614
5.05m FOUL 5.20m				
4 Morgan Hanlin	FR St. Benedict	5.18m	17-00.00	609
5.18m 4.61m FOUL				
5 Kaili Malvey	FR Concordia-Moorhead	5.15m	16-10.75	601
4.84m 4.82m 5.15m				
6 Annika Walsh	FR St. Olaf	5.04m	16-06.50	570
4.94m 5.03m 5.04m				
7 Lauren Pearson	FR Concordia-Moorhead	4.93m	16-02.25	540
FOUL 4.93m FOUL				
7 Tessa Myatt	JR Macalester	4.93m	16-02.25	540
FOUL 4.73m 4.93m				
9 Abby Lovelace	JR Concordia-Moorhead	4.86m	15-11.50	522
4.30m 4.62m 4.86m				
10 Reese Laposky	FR St. Benedict	4.80m	15-09.00	506
4.71m 4.65m 4.80m				
11 Maddox Lee	SR Gustavus Adolphus	4.74m	15-06.75	490
4.69m 4.50m 4.74m				
12 Ally Tyvoll	JR Bethel (Minn.)	4.69m	15-04.75	477
FOUL 4.61m 4.69m				
13 Claire Keech	SR St. Olaf	4.61m	15-01.50	456
4.36m 4.61m 4.47m				
14 Taylor Christenson	SO Concordia-Moorhead	4.32m	14-02.25	384
4.32m FOUL FOUL				
15 Brooke Baumann	JR Hamline	4.21m	13-09.75	357
FOUL FOUL 4.21m				
16 Lauren Selle	FR Concordia-Moorhead	3.97m	13-00.25	301
3.97m FOUL FOUL				
-- Emily Podulke	SO Gustavus Adolphus	FOUL		
FOUL FOUL FOUL				

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year School	Finals	Points
1 Tessa Myatt	JR Macalester	12.81m	42-00.50 715
12.81m 12.48m 11.39m			
2 Abby Lovelace	JR Concordia-Moorhead	10.52m	34-06.25 564
9.79m 10.48m 10.52m			
3 Claire Keech	SR St. Olaf	10.40m	34-01.50 556
9.57m 9.89m 10.40m			
4 Brooke Baumann	JR Hamline	10.33m	33-10.75 551
9.83m 10.33m 10.11m			
5 Lauren Pearson	FR Concordia-Moorhead	10.02m	32-10.50 531
9.94m 9.63m 10.02m			
6 Lauren Selle	FR Concordia-Moorhead	9.89m	32-05.50 522
9.55m 9.89m 9.15m			
7 Taylor Christenson	SO Concordia-Moorhead	9.85m	32-03.75 520
9.85m 8.91m 9.53m			
8 Morgan Hanlin	FR St. Benedict	8.93m	29-03.75 460
8.31m 8.72m 8.93m			
9 Claire Stein	FR St. Olaf	8.84m	29-00.00 454
8.02m FOUL 8.84m			
10 Svea Frantzich	FR St. Olaf	8.68m	28-05.75 443
8.04m 8.45m 8.68m			

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****....Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

11	Ellie Hernes	SR Bethel (Minn.)	8.50m	27-10.75	432
	7.69m 8.02m 8.50m				
12	Annika Walsh	FR St. Olaf	8.41m	27-07.25	426
	7.15m 8.41m 8.34m				
13	Maddox Lee	SR Gustavus Adolphus	8.12m	26-07.75	407
	8.12m 8.04m 7.28m				
14	Reese Laposky	FR St. Benedict	8.07m	26-05.75	404
	7.65m 8.07m 8.03m				
15	Kaili Malvey	FR Concordia-Moorhead	8.05m	26-05.00	403
	8.05m 7.90m FOUL				
16	Emily Podulke	SO Gustavus Adolphus	7.97m	26-01.75	397
	6.62m 7.69m 7.97m				
17	Ally Tyvoll	JR Bethel (Minn.)	7.17m	23-06.25	346
	7.07m 7.17m 6.48m				

Women Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Lauren Pearson	FR Concordia-Moorhead	3472	10	
2 Claire Stein	FR St. Olaf	3426	8	
3 Ellie Hernes	SR Bethel (Minn.)	3226	6	
4 Abby Lovelace	JR Concordia-Moorhead	3150	5	
5 Svea Frantzich	FR St. Olaf	3091	4	
6 Annika Walsh	FR St. Olaf	3073	3	
7 Morgan Hanlin	FR St. Benedict	2987	2	
8 Kaili Malvey	FR Concordia-Moorhead	2977	1	
9 Brooke Baumann	JR Hamline	2808		
10 Taylor Christenson	SO Concordia-Moorhead	2793		
11 Maddox Lee	SR Gustavus Adolphus	2783		
12 Ally Tyvoll	JR Bethel (Minn.)	2772		
13 Lauren Selle	FR Concordia-Moorhead	2676		
14 Claire Keech	SR St. Olaf	2664		
15 Tessa Myatt	JR Macalester	2607		
16 Reese Laposky	FR St. Benedict	2444		
17 Emily Podulke	SO Gustavus Adolphus	2261		

Women - Team Rankings - 10 Events Scored

1) St. Olaf	70	2) Concordia-Moorhead	64.50
3) Bethel (Minn.)	58	4) Carleton	43
5) St. Benedict	41.50	6) Gustavus Adolphus	30
7) Macalester	26	8) Saint Mary's (Minn.)	22
9) Hamline	14	10) St. Scholastica	12
11) Augsburg	6	12) St. Catherine (Minn.)	3