

**MIAC Championships - 2/26/2026 to 2/28/2026****Carleton Rec. Center****Results****Men 55 Meter Dash**

| Name                       | Year | School             | Prelims | H#      |
|----------------------------|------|--------------------|---------|---------|
| <b>Preliminaries</b>       |      |                    |         |         |
| 1 Landen Liu               | SR   | Bethel (Minn.)     | 6.30Q   | 3       |
| 2 Ryan Cramer              | SO   | Saint Mary's       | 6.48Q   | 2       |
| 3 Kieran Murnan            | JR   | St. John's (Minn.) | 6.50Q   | 1       |
| 4 Jade Anstine             | JR   | Gustavus Adolphus  | 6.51Q   | 1       |
| 5 Aiden Jones              | FR   | St. John's (Minn.) | 6.55Q   | 2 6.541 |
| 6 Stephen Feig             | FR   | Bethel (Minn.)     | 6.55Q   | 3 6.545 |
| 7 Cristian Escobar Pearson | SO   | St. Olaf           | 6.55q   | 1 6.546 |
| 8 Brennan Blake            | JR   | St. John's (Minn.) | 6.56q   | 2       |
| 9 Jukari Blackshere        | FR   | Hamline            | 6.57    | 2       |
| 10 Anthony Ferrante        | SO   | St. John's (Minn.) | 6.58    | 3 6.574 |
| 11 Gage Hatch              | FR   | Saint Mary's       | 6.58    | 3 6.580 |
| 12 Andrei Pettis           | SR   | Hamline            | 6.61    | 3       |
| 13 Sebastian Stefanowicz   | SR   | Macalester         | 6.63    | 1       |
| 14 Sam Raitz               | JR   | Bethel (Minn.)     | 6.66    | 3       |
| 15 Frank Terway            | SO   | Gustavus Adolphus  | 6.67    | 1       |
| 16 Carter O'Bey            | JR   | St. Scholastica    | 6.70    | 1 6.691 |
| 17 Drew Morral             | FR   | Macalester         | 6.70    | 3 6.692 |
| 18 Jaden Alexander         | FR   | St. John's (Minn.) | 6.70    | 2 6.699 |
| 19 Abdul Sesay             | JR   | St. John's (Minn.) | 6.71    | 2       |
| 20 Ethan Lebrija           | JR   | Concordia-Moorhead | 6.72    | 1       |
| 21 Josiah Budiman          | SR   | Hamline            | 6.74    | 2       |
| 22 Falens Byron            | SO   | Augsburg           | 6.75    | 3       |
| 23 Nolan Morical           | SR   | Concordia-Moorhead | 6.76    | 1       |
| 24 Woody Bien-Aime         | JR   | St. John's (Minn.) | 6.84    | 2       |

**Men 400 Meter Dash**

| Name                | Year | School             | Finals | H# | Points |
|---------------------|------|--------------------|--------|----|--------|
| <b>Finals</b>       |      |                    |        |    |        |
| 1 Grant Nelson      | SR   | Bethel (Minn.)     | 48.75  | 5  | 10     |
| 2 Noah Kubicek      | SR   | St. Scholastica    | 48.99  | 5  | 8      |
| 3 Elliot Kent       | FR   | Bethel (Minn.)     | 50.00  | 4  | 6      |
| 4 Caleb Ketterling  | JR   | Bethel (Minn.)     | 50.10  | 3  | 5      |
| 5 Conner Martens    | SO   | Gustavus Adolphus  | 50.30  | 3  | 4      |
| 6 Brody Schelhaas   | FR   | Bethel (Minn.)     | 50.45  | 5  | 3      |
| 7 Cooper Smith      | JR   | St. John's (Minn.) | 50.64  | 2  | 2      |
| 8 Brayden Carlson   | SO   | Concordia-Moorhead | 50.66  | 4  | 1      |
| 9 Daniel Scheider   | SR   | Carleton           | 50.79  | 2  |        |
| 10 Austin McInturff | SO   | St. Olaf           | 50.88  | 2  |        |
| 11 Tony Haack       | SR   | Bethel (Minn.)     | 50.95  | 1  |        |
| 12 Wyatt Witschen   | JR   | St. John's (Minn.) | 50.99  | 5  |        |
| 13 Luke Scheel      | FR   | Gustavus Adolphus  | 51.22  | 1  | 51.212 |
| 14 Tyler Heil       | JR   | Gustavus Adolphus  | 51.22  | 3  | 51.213 |
| 15 Gavin Vogel      | SO   | St. Olaf           | 51.60  | 1  |        |
| 16 Anikan Larson    | FR   | Gustavus Adolphus  | 51.86  | 4  |        |
| 17 Ryan Richardson  | SO   | Concordia-Moorhead | 51.94  | 3  |        |
| 18 Cullen Arneson   | JR   | Gustavus Adolphus  | 52.05  | 4  |        |
| 19 Finn Eskeli      | FR   | St. Scholastica    | 52.48  | 2  |        |
| 20 Cohen Stursa     | JR   | Gustavus Adolphus  | 52.72  | 1  |        |

**MIAC Championships - 2/26/2026 to 2/28/2026****Carleton Rec. Center****Results****Men 800 Meter Run**

| Name                  | Year School           | Finals  | H# | Points              |
|-----------------------|-----------------------|---------|----|---------------------|
| 1 Cullen Moore        | SR St. Olaf           | 1:53.05 | 3  | 10                  |
| 2 Lance Nemecek       | SR St. Olaf           | 1:53.06 | 3  | 8                   |
| 3 Christian Fells     | JR St. Olaf           | 1:53.84 | 3  | 6                   |
| 4 Paxon Myers         | FR St. Olaf           | 1:54.62 | 3  | 5                   |
| 5 Victor Lelinga      | JR Bethel (Minn.)     | 1:54.79 | 2  | 4                   |
| 6 Owen Montreuil      | SR St. John's (Minn.) | 1:54.85 | 3  | 3                   |
| 7 John Ihrke          | SO Macalester         | 1:57.01 | 3  | 2                   |
| 8 Trigg Heimdal       | FR St. Olaf           | 1:57.25 | 3  | 1                   |
| 9 Goi Ruei            | SO Saint Mary's       | 1:58.60 | 2  |                     |
| 10 Aaron Ruesink      | SO St. Olaf           | 1:58.72 | 2  |                     |
| 11 Henry Johnson      | JR St. Olaf           | 2:00.13 | 2  |                     |
| 12 Ronen Silberman    | SO Carleton           | 2:01.38 | 2  |                     |
| 13 Jay Lebakken       | SR Macalester         | 2:02.25 | 1  |                     |
| 14 Zander Olmschen    | SO St. John's (Minn.) | 2:02.30 | 1  |                     |
| 15 Nolan Pfeilsticker | FR St. John's (Minn.) | 2:02.50 | 2  |                     |
| 16 Thomas Malecha     | SR Macalester         | 2:02.65 | 1  |                     |
| 17 Colin Talle        | FR Gustavus Adolphus  | 2:04.66 | 1  |                     |
| 18 Finnegan Rodefeld  | FR Gustavus Adolphus  | 2:04.70 | 1  |                     |
| 19 Jameson Drieslein  | SO St. Olaf           | 2:05.56 | 2  |                     |
| 20 Kelvin Moresi      | JR Macalester         | 2:06.69 | 1  |                     |
| -- Joel Bouley        | SO St. Scholastica    | DQ      | 1  | Lane line violation |

**Men 1 Mile Run**

| Name                       | Year School           | Finals  | H# | Points |
|----------------------------|-----------------------|---------|----|--------|
| 1 Cole Stencel             | SO St. John's (Minn.) | 4:10.26 | 3  | 10     |
| 2 Gabe Nichols             | SR Carleton           | 4:12.40 | 3  | 8      |
| 3 Jackson Bullock          | SO St. Olaf           | 4:13.61 | 3  | 6      |
| 4 Nicholas Brauer          | JR Gustavus Adolphus  | 4:16.46 | 3  | 5      |
| 5 Alex Bjork               | JR St. Olaf           | 4:18.09 | 3  | 4      |
| 6 Emerson Lange            | SR Carleton           | 4:20.29 | 2  | 3      |
| 7 Indy Lyness              | SR Carleton           | 4:21.33 | 3  | 2      |
| 8 Dashiell Coyier          | FR Carleton           | 4:22.45 | 3  | 1      |
| 9 Ben Westholm             | SO St. Scholastica    | 4:22.95 | 2  |        |
| 10 Ethan Martel            | JR St. Olaf           | 4:23.61 | 2  |        |
| 11 Gus Schafer             | FR Carleton           | 4:25.11 | 2  |        |
| 12 Simon Chambers-Trubatch | JR Carleton           | 4:26.81 | 2  |        |
| 13 Micah Larsen-Schmidt    | SO St. Olaf           | 4:27.20 | 3  |        |
| 14 Caleb Hatlevig          | SO Macalester         | 4:27.45 | 2  |        |
| 15 Lucas Olson             | SO St. Olaf           | 4:27.71 | 2  |        |
| 16 Ethan Cozine            | JR St. Olaf           | 4:28.27 | 2  |        |
| 17 Eli Doran               | SR St. Olaf           | 4:32.48 | 3  |        |
| 18 Owen Chamberlin         | SR St. Olaf           | 4:33.00 | 2  |        |
| 19 Jordan Galloway         | SR Macalester         | 4:33.91 | 1  |        |
| 20 Gavin Hansen            | SO Bethel (Minn.)     | 4:34.45 | 1  |        |
| 21 Jonathan Koehler        | FR Macalester         | 4:35.66 | 1  |        |
| 22 Ben Walton-Scott        | FR Macalester         | 4:35.83 | 1  |        |
| 23 Gavin Carl              | FR Concordia-Moorhead | 4:36.96 | 1  |        |
| 24 Evan Dallas             | SR Bethel (Minn.)     | 4:37.72 | 1  |        |
| 25 Henry Nelson            | SR Augsburg           | 4:39.59 | 1  |        |
| 26 Kyle Thompson           | SO Carleton           | 4:40.79 | 1  |        |
| 27 Peyton Martinek         | JR St. John's (Minn.) | 4:44.19 | 1  |        |

**MIAC Championships - 2/26/2026 to 2/28/2026****Carleton Rec. Center****Results****Men 5000 Meter Run**

| Name                     | Year | School             | Finals   | Points |
|--------------------------|------|--------------------|----------|--------|
| 1 Kevin Turlington       | SR   | St. Olaf           | 15:03.46 | 10     |
| 2 Tyler Edwards          | SR   | Macalester         | 15:08.21 | 8      |
| 3 Will Janzen            | SR   | Gustavus Adolphus  | 15:08.27 | 6      |
| 4 Gael Manzur Strandlund | SR   | St. Olaf           | 15:08.70 | 5      |
| 5 Tyler Goss             | JR   | Concordia-Moorhead | 15:13.79 | 4      |
| 6 Jonathan Pattie        | SR   | St. Olaf           | 15:18.60 | 3      |
| 7 Roy Llewellyn          | SR   | Carleton           | 15:21.71 | 2      |
| 8 Quinn McCabe           | JR   | St. Olaf           | 15:24.30 | 1      |
| 9 Noah DuVivier          | FR   | St. Olaf           | 15:26.80 |        |
| 10 Isaiah Fitzgerald     | JR   | Saint Mary's       | 15:27.74 |        |
| 11 Travis Brown          | SO   | Carleton           | 15:27.87 |        |
| 12 Connor Hitchcock      | FR   | St. Olaf           | 15:32.70 |        |
| 13 Jacob Malecha         | JR   | St. John's (Minn.) | 15:32.95 |        |
| 14 Angelo Fiataruolo     | SR   | St. Olaf           | 15:34.43 |        |
| 15 Jack Deaver           | SR   | St. Olaf           | 15:35.46 |        |
| 16 Soren Sackreiter      | SR   | Gustavus Adolphus  | 15:53.88 |        |
| 17 Torte Torstenson      | JR   | Carleton           | 16:06.51 |        |
| 18 Lucas LiaBraaten      | SR   | Hamline            | 16:30.93 |        |

**Men 55 Meter Hurdles**

| Name                    | Year | School             | Prelims | H#      |
|-------------------------|------|--------------------|---------|---------|
| Preliminaries           |      |                    |         |         |
| 1 Logan Swanson         | FR   | Bethel (Minn.)     | 7.61Q   | 3       |
| 2 Pryce Ferrin          | SO   | Bethel (Minn.)     | 7.79Q   | 2       |
| 3 Morris Suah           | JR   | Hamline            | 7.94Q   | 1       |
| 4 Blake Viesselman      | JR   | Bethel (Minn.)     | 7.92Q   | 2       |
| 5 Spencer Strohm        | FR   | St. Scholastica    | 7.96Q   | 1 7.954 |
| 6 Sebastian Stefanowicz | SR   | Macalester         | 7.96Q   | 3 7.959 |
| 7 Trae Headlee          | FR   | St. John's (Minn.) | 8.00q   | 3       |
| 8 Hayden Hauf           | FR   | Concordia-Moorhead | 8.01q   | 1       |
| 9 Connor McCormick      | SR   | Gustavus Adolphus  | 8.04    | 2       |
| 10 Logan Clark          | SR   | Concordia-Moorhead | 8.18    | 2       |
| 11 Trevor Stundahl      | FR   | Bethel (Minn.)     | 8.29    | 3       |
| 12 Landon Gilbertson    | SO   | Gustavus Adolphus  | 8.33    | 2 8.323 |
| 13 Joey Molstre         | JR   | Concordia-Moorhead | 8.33    | 1 8.325 |
| 14 Aaron Elseth         | SR   | Bethel (Minn.)     | 8.36    | 1       |
| 15 Eric Richards        | SO   | Gustavus Adolphus  | 8.44    | 2       |
| 16 Hamza Mahamud        | SR   | Macalester         | 8.45    | 3       |
| 17 Jamir Horton         | FR   | Augsburg           | 8.65    | 1       |
| 18 Jacob Aki            | FR   | Hamline            | 8.77    | 3       |
| 19 Will Lapinski        | JR   | St. Olaf           | 8.88    | 2       |
| 20 Kenan Tchounbia      | SO   | St. Olaf           | 9.15    | 3       |
| -- James Kirch          | FR   | Concordia-Moorhead | DNF     | 1       |

**Men 4x200 Meter Relay**

| School               | Finals             | H# | Points |
|----------------------|--------------------|----|--------|
| Finals               |                    |    |        |
| 1 Bethel (Minn.) 'A' | 1:28.36            | 3  | 10     |
| 1) Sam Raitz JR      | 2) Stephen Feig FR |    |        |

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**Results**

**....Men 4x200 Meter Relay**

|                             |                             |         |   |                      |
|-----------------------------|-----------------------------|---------|---|----------------------|
| 3) Will Sportel SO          | 4) Grant Nelson SR          |         |   |                      |
| 2 St. John's (Minn.) 'A'    |                             | 1:28.79 | 3 | 8                    |
| 1) Aiden Jones FR           | 2) Andy White SO            |         |   |                      |
| 3) Hunter Mohr SO           | 4) Kieran Murnan JR         |         |   |                      |
| 3 Gustavus Adolphus 'A'     |                             | 1:29.30 | 2 | 6                    |
| 1) Tyler Heil JR            | 2) Luke Scheel FR           |         |   |                      |
| 3) Conner Martens SO        | 4) Jade Anstine JR          |         |   |                      |
| 4 St. Olaf 'A'              |                             | 1:31.66 | 2 | 5                    |
| 1) Gavin Vogel SO           | 2) Jakob Eenigenburg SO     |         |   |                      |
| 3) Abe Polzien FR           | 4) Max Albertson JR         |         |   |                      |
| 5 Carleton 'A'              |                             | 1:32.26 | 1 | 4                    |
| 1) Max Jones SO             | 2) Isaac Robertson FR       |         |   |                      |
| 3) James Alexander SO       | 4) Asher Nathan JR          |         |   |                      |
| 6 Macalester 'A'            |                             | 1:32.70 | 1 | 3                    |
| 1) Henry Schonebaum SR      | 2) Mike Zhao FR             |         |   |                      |
| 3) Drew Morral FR           | 4) Sebastian Stefanowicz SR |         |   |                      |
| 7 Hamline 'A'               |                             | 1:33.23 | 1 | 2                    |
| 1) Jukari Blackshere FR     | 2) Michael Williams SO      |         |   |                      |
| 3) Miquel Pittman FR        | 4) Rufus Zulu FR            |         |   |                      |
| 8 Augsburg 'A'              |                             | 1:35.89 | 3 | 1                    |
| 1) Falens Byron SO          | 2) Foster Mulvehill FR      |         |   |                      |
| 3) Evan Bitengo SO          | 4) Nahom Negassie FR        |         |   |                      |
| -- Concordia-Moorhead 'A'   |                             | DQ      | 3 | Lane line viol. 4th  |
| 1) Nolan Morical SR         | 2) Hunter Caillier FR       |         |   |                      |
| 3) Brayden Carlson SO       | 4) Jake Merseth SO          |         |   |                      |
| -- Saint Mary's (Minn.) 'A' |                             | DQ      | 2 | Zone violation Ex2-3 |
| 1) Jinwoo Jung JR           | 2) Curtis Schupp SO         |         |   |                      |
| 3) Jackson Williams FR      | 4) Gage Hatch FR            |         |   |                      |

**Men Distance Medley**

| School                   | Finals                 | Points |
|--------------------------|------------------------|--------|
| 1 St. Olaf 'A'           | 10:15.94               | 10     |
| 1) Jackson Bullock SO    | 2) Aidan McKeever FR   |        |
| 3) Austin McInturff SO   | 4) Garrett Seppanen SO |        |
| 2 Carleton 'A'           | 10:19.92               | 8      |
| 1) Jacob Hopkins FR      | 2) James Alexander SO  |        |
| 3) Indy Lyness SR        | 4) Gabe Nichols SR     |        |
| 3 St. John's (Minn.) 'A' | 10:21.61               | 6      |
| 1) Lars Molenkamp JR     | 2) Wyatt Witschen JR   |        |
| 3) Max McCoy JR          | 4) Nick St. Peter SR   |        |
| 4 Macalester 'A'         | 10:24.74               | 5      |
| 1) Daniel Wiltse JR      | 2) Henry Schonebaum SR |        |
| 3) Donovan Connole FR    | 4) Quinn Hoisington JR |        |
| 5 Bethel (Minn.) 'A'     | 10:26.62               | 4      |
| 1) TJ Strubbe SO         | 2) Tony Haack SR       |        |
| 3) Michael Schultz SO    | 4) Hootie Hage SO      |        |
| 6 St. Scholastica 'A'    | 10:48.95               | 3      |
| 1) Jeffrey Kayfes SR     | 2) Ben Westholm SO     |        |
| 3) Zachary Bartsch SO    | 4) Connor Feldt FR     |        |
| 7 Gustavus Adolphus 'A'  | 10:52.91               | 2      |
| 1) Luke Jenneke JR       | 2) Ty Swanson SO       |        |
| 3) Logan Jandro FR       | 4) Hogan Smith SR      |        |
| 8 Concordia-Moorhead 'A' | 11:03.00               | 1      |

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**Results**

**....Men Distance Medley**

- |                         |                     |
|-------------------------|---------------------|
| 1) Brady Andrews SO     | 2) Weston Mahar FR  |
| 3) Jonas Hagemeister SO | 4) Carter Ferber SR |
| 9 Hamline 'A'           | 11:57.51            |
| 1) Jayden Rentz FR      | 2) Jacob Aki FR     |
| 3) Brandon Li SO        | 4) Wade Tuggle SO   |

**Men High Jump**

| Name   | Year School           | Finals | Points     |
|--|-----------------------|--------|------------|
| 1 Eli Hegland<br>1.66 1.71 1.76 1.81 1.84 1.87 1.90 1.93 1.96<br>PPP PPP PPP O O XO XO XXX | SO Concordia-Moorhead | 1.93m  | 6-04.00 10 |
| 2 Kyler Flunker<br>1.66 1.71 1.76 1.81 1.84 1.87 1.90 1.93<br>PPP PPP PPP XO O O XXX       | SO Gustavus Adolphus  | 1.90m  | 6-02.75 8  |
| 3 Trevor Turner<br>1.66 1.71 1.76 1.81 1.84 1.87 1.90 1.93<br>PPP PPP O O O O XO XXX       | FR St. Scholastica    | J1.90m | 6-02.75 6  |
| 4 Shawn Huberty<br>1.66 1.71 1.76 1.81 1.84 1.87 1.90<br>PPP PPP O XXO O O XXX             | FR Augsburg           | 1.87m  | 6-01.50 5  |
| 5 Landon Gilbertson<br>1.66 1.71 1.76 1.81 1.84 1.87<br>PPP XO O XXO XXO XXX               | SO Gustavus Adolphus  | 1.84m  | 6-00.50 4  |
| 6 Bailey Evans<br>1.66 1.71 1.76 1.81 1.84<br>PPP PPP PPP XO XXX                           | SO St. John's (Minn.) | 1.81m  | 5-11.25 3  |
| 7 Connor O'Brien<br>1.66 1.71 1.76 1.81 1.84<br>PPP O O XXO XXX                            | JR St. John's (Minn.) | J1.81m | 5-11.25 2  |
| 8 Colten Eggleston<br>1.66 1.71 1.76 1.81<br>O O O XXX                                     | SO Hamline            | 1.76m  | 5-09.25 1  |
| 9 Ataa Mensah<br>1.66 1.71 1.76 1.81<br>PPP PPP XO XXX                                     | SO Macalester         | J1.76m | 5-09.25    |
| 9 Matthew Erickson<br>1.66 1.71 1.76 1.81<br>PPP PPP XO XXX                                | JR St. Scholastica    | J1.76m | 5-09.25    |
| 9 Luc Swanson<br>1.66 1.71 1.76 1.81<br>O O XO XXX   | JR Bethel (Minn.)     | J1.76m | 5-09.25    |
| 9 Jackson Reade<br>1.66 1.71 1.76 1.81<br>PPP O XO XXX                                     | FR Carleton           | J1.76m | 5-09.25    |
| 13 Ben LePard<br>1.66 1.71 1.76 1.81<br>PPP XXO XO XXX                                     | JR Concordia-Moorhead | J1.76m | 5-09.25    |
| 14 Lucas Heldman<br>1.66 1.71 1.76<br>O O XXX  | SO Carleton           | 1.71m  | 5-07.25    |
| 14 Jesse Olson<br>1.66 1.71 1.76<br>O O XXX  | JR St. Olaf           | 1.71m  | 5-07.25    |

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## Carleton Rec. Center

## Results

## ...Men High Jump

|    |                 |                       |       |         |
|----|-----------------|-----------------------|-------|---------|
| 16 | James Kirch     | FR Concordia-Moorhead | 1.66m | 5-05.25 |
|    | 1.66 1.71       |                       |       |         |
|    | XXO XXX         |                       |       |         |
| -- | Eli Leafblad    | JR Bethel (Minn.)     | NH    |         |
|    | 1.66            |                       |       |         |
|    | XXX             |                       |       |         |
| -- | Kenan Tchounbia | SO St. Olaf           | NH    |         |
|    | 1.66            |                       |       |         |
|    | XXX             |                       |       |         |

## Men Long Jump

| Name                | Year | School             | Finals                              | H#       | Points |
|---------------------|------|--------------------|-------------------------------------|----------|--------|
| 1 Nick Bovitz       | JR   | Bethel (Minn.)     | 7.02m                               | 23-00.50 | 2 9    |
|                     |      |                    | 6.51m 6.48m 5.47m 5.54m 6.62m 7.02m |          |        |
| 1 Max Albertson     | JR   | St. Olaf           | 7.02m                               | 23-00.50 | 2 9    |
|                     |      |                    | 6.78m 6.89m FOUL 6.76m 7.02m FOUL   |          |        |
| 3 Tommy Schreiner   | SO   | Concordia-Moorhead | 6.83m                               | 22-05.00 | 2 6    |
|                     |      |                    | 6.50m 6.59m 5.06m 6.59m 6.66m 6.83m |          |        |
| 4 Josiah Budiman    | SR   | Hamline            | 6.77m                               | 22-02.50 | 2 5    |
|                     |      |                    | 6.27m 6.77m FOUL 6.47m 6.48m 6.45m  |          |        |
| 5 Rik Cumps         | SO   | St. Olaf           | 6.76m                               | 22-02.25 | 2 4    |
|                     |      |                    | FOUL 6.16m 6.76m 6.49m 6.11m FOUL   |          |        |
| 6 Brayden Waldron   | FR   | Bethel (Minn.)     | 6.67m                               | 21-10.75 | 1 3    |
|                     |      |                    | 6.54m 6.31m 6.31m 6.45m 6.36m 6.67m |          |        |
| 7 Liam Frommelt     | SO   | Gustavus Adolphus  | 6.56m                               | 21-06.25 | 2 1.50 |
|                     |      |                    | 6.56m FOUL FOUL FOUL 6.33m FOUL     |          |        |
| 7 Anthony Mahowald  | SO   | St. Scholastica    | 6.56m                               | 21-06.25 | 2 1.50 |
|                     |      |                    | 6.56m 6.54m 6.51m 6.46m 6.21m 6.07m |          |        |
| 9 Anthony Sletta    | SO   | St. John's (Minn.) | 6.45m                               | 21-02.00 | 2      |
|                     |      |                    | 6.18m 6.12m 6.45m 5.89m 6.07m 6.45m |          |        |
| 10 Vicente Bolivar  | FR   | Augsburg           | 6.41m                               | 21-00.50 | 2      |
|                     |      |                    | 6.10m 6.00m 6.41m                   |          |        |
| 11 Nick Hasbargen   | SO   | Concordia-Moorhead | 6.36m                               | 20-10.50 | 1      |
|                     |      |                    | FOUL 6.02m 6.36m                    |          |        |
| 12 Matthew Erickson | JR   | St. Scholastica    | 6.33m                               | 20-09.25 | 1      |
|                     |      |                    | 6.24m 6.33m FOUL                    |          |        |
| 12 Isaiah Watson    | SO   | Hamline            | 6.33m                               | 20-09.25 | 2      |
|                     |      |                    | 6.30m 6.33m 6.22m                   |          |        |
| 14 Jace Fadden      | FR   | Bethel (Minn.)     | 5.96m                               | 19-06.75 | 1      |
|                     |      |                    | 5.95m 5.86m 5.96m                   |          |        |
| 15 Alex Palmer      | SO   | Gustavus Adolphus  | 5.90m                               | 19-04.25 | 1      |
|                     |      |                    | 5.48m 5.90m FOUL                    |          |        |
| 16 Rufus Zulu       | FR   | Hamline            | 5.87m                               | 19-03.25 | 1      |
|                     |      |                    | 5.70m 5.87m FOUL                    |          |        |
| 17 Miquel Pittman   | FR   | Hamline            | 5.73m                               | 18-09.75 | 1      |
|                     |      |                    | 5.51m 5.65m 5.73m                   |          |        |
| 18 Chris Verdier    | FR   | Concordia-Moorhead | 5.11m                               | 16-09.25 | 1      |
|                     |      |                    | FOUL FOUL 5.11m                     |          |        |
| -- Iain Lee         | SR   | Hamline            | FOUL                                |          | 1      |
|                     |      |                    | FOUL FOUL FOUL                      |          |        |
| -- Ben Wynia        | JR   | Gustavus Adolphus  | FOUL                                |          | 1      |
|                     |      |                    | FOUL FOUL FOUL                      |          |        |

**MIAC Championships - 2/26/2026 to 2/28/2026****Carleton Rec. Center****Results****Men Weight Throw**

| Name                | Year   | School             | Finals | H#       | Points |
|---------------------|--------|--------------------|--------|----------|--------|
| 1 Joshua Monreal    | JR     | St. Scholastica    | 18.25m | 59-10.50 | 2 10   |
| 18.06m              | FOUL   | FOUL               | 18.25m | FOUL     | 17.63m |
| 2 Austin Mills      | SR     | Macalester         | 17.10m | 56-01.25 | 2 8    |
| 16.31m              | 17.10m | 17.07m             | 16.72m | FOUL     | FOUL   |
| 3 Timmy Ball        | SO     | Bethel (Minn.)     | 16.60m | 54-05.50 | 2 6    |
| 16.60m              | FOUL   | 16.14m             | FOUL   | 16.51m   | 16.52m |
| 4 Philip Conant     | JR     | Bethel (Minn.)     | 16.21m | 53-02.25 | 2 5    |
| 15.29m              | 15.21m | 14.65m             | FOUL   | FOUL     | 16.21m |
| 5 Adam Hokanson     | SR     | Bethel (Minn.)     | 16.00m | 52-06.00 | 2 4    |
| 15.92m              | FOUL   | 15.46m             | 15.73m | 15.04m   | 16.00m |
| 6 Ron White         | JR     | Saint Mary's       | 15.39m | 50-06.00 | 1 3    |
| 14.05m              | 15.39m | 14.24m             | FOUL   | FOUL     | FOUL   |
| 7 Grady Minnerath   | SO     | St. John's (Minn.) | 15.04m | 49-04.25 | 2 2    |
| 14.81m              | FOUL   | FOUL               | FOUL   | 15.04m   | FOUL   |
| 8 Blake Houska      | JR     | Concordia-Moorhead | 15.00m | 49-02.50 | 2 1    |
| 14.39m              | 14.67m | 15.00m             | 14.80m | FOUL     | 14.52m |
| 9 Davian Vu         | FR     | Hamline            | 14.16m | 46-05.50 | 1      |
| FOUL                | 14.16m | FOUL               | FOUL   | FOUL     | FOUL   |
| 10 Doug Gill        | JR     | Hamline            | 14.08m | 46-02.50 | 2      |
| 14.08m              | FOUL   | 13.94m             |        |          |        |
| 11 Esosa Edo-Ohanba | JR     | St. Olaf           | 13.87m | 45-06.25 | 1      |
| 13.87m              | 12.83m | 13.18m             |        |          |        |
| 12 Rylan Turqueza   | JR     | St. John's (Minn.) | 13.82m | 45-04.25 | 1      |
| FOUL                | 13.82m | 13.75m             |        |          |        |
| 13 Ricky Ramirez    | SR     | Concordia-Moorhead | 13.80m | 45-03.50 | 1      |
| 13.30m              | 13.80m | FOUL               |        |          |        |
| 14 Carter Will      | FR     | Gustavus Adolphus  | 13.71m | 44-11.75 | 1      |
| 13.19m              | 13.71m | 12.86m             |        |          |        |
| 15 Dillon Thurston  | FR     | Hamline            | 13.61m | 44-08.00 | 1      |
| 13.61m              | 13.05m | FOUL               |        |          |        |
| 16 Eddie Herman     | SO     | Hamline            | 13.17m | 43-02.50 | 1      |
| FOUL                | FOUL   | 13.17m             |        |          |        |
| 17 Mason Sundquist  | SO     | St. Scholastica    | 13.10m | 42-11.75 | 2      |
| FOUL                | FOUL   | 13.10m             |        |          |        |
| 18 Jalen Graham     | SO     | St. John's (Minn.) | 12.23m | 40-01.50 | 1      |
| 12.23m              | FOUL   | FOUL               |        |          |        |
| 19 Rowan Sween      | FR     | Saint Mary's       | 12.15m | 39-10.50 | 1      |
| FOUL                | FOUL   | 12.15m             |        |          |        |
| 20 Jonathan Ritz    | SO     | Bethel (Minn.)     | 11.47m | 37-07.75 | 2      |
| FOUL                | 11.47m | FOUL               |        |          |        |

**Heptathlon: #1 Men 55 Meter Dash Heptathlon**

| Name               | Year | School             | Finals | H# | Points |
|--------------------|------|--------------------|--------|----|--------|
| 1 Bailey Evans     | SO   | St. John's (Minn.) | 6.57   | 3  | 861    |
| 2 Eli Leafblad     | JR   | Bethel (Minn.)     | 6.72   | 3  | 806    |
| 3 Joey Molstre     | JR   | Concordia-Moorhead | 6.78   | 3  | 782    |
| 4 Soren Kaster     | JR   | Carleton           | 6.81   | 3  | 772    |
| 5 Connor McCormick | SR   | Gustavus Adolphus  | 6.82   | 3  | 769    |
| 6 Michael Crowder  | FR   | Concordia-Moorhead | 6.83   | 3  | 765    |
| 7 Reed White       | FR   | Carleton           | 6.85   | 2  | 759    |
| 8 Noah Besemann    | JR   | St. John's (Minn.) | 6.87   | 2  | 749    |

**MIAC Championships - 2/26/2026 to 2/28/2026****Carleton Rec. Center****Results****...Heptathlon: #1 Men 55 Meter Dash Heptathlon**

|    |                     |                       |      |   |     |
|----|---------------------|-----------------------|------|---|-----|
| 9  | Gavin Hoelzel       | JR St. Olaf           | 6.90 | 2 | 739 |
| 10 | Timothy Hubers      | FR Bethel (Minn.)     | 6.95 | 2 | 723 |
| 11 | Josh Pretasky       | FR St. John's (Minn.) | 6.97 | 1 | 716 |
| 12 | Amos Anderson       | FR Gustavus Adolphus  | 6.98 | 2 | 713 |
| 13 | Aaron Elseth        | SR Bethel (Minn.)     | 7.00 | 2 | 703 |
| 14 | Charles VanGrinsven | FR St. John's (Minn.) | 7.06 | 1 | 684 |
| 15 | Alan Haglin         | SO Hamline            | 7.08 | 1 | 678 |
| 16 | Jesse Olson         | JR St. Olaf           | 7.09 | 1 | 675 |
| 17 | Josh Peterson       | JR Concordia-Moorhead | 7.11 | 1 | 668 |
| 18 | Isak Brandt         | JR St. John's (Minn.) | 7.44 | 1 | 560 |

**Heptathlon: #7 Men 1000 Meter Run Heptathlon**

| Name | Year                | School                | Finals  | Points |
|------|---------------------|-----------------------|---------|--------|
| 1    | Reed White          | FR Carleton           | 2:42.13 | 850    |
| 2    | Soren Kaster        | JR Carleton           | 2:43.63 | 833    |
| 3    | Joey Molstre        | JR Concordia-Moorhead | 2:47.83 | 788    |
| 4    | Timothy Hubers      | FR Bethel (Minn.)     | 2:50.47 | 761    |
| 5    | Connor McCormick    | SR Gustavus Adolphus  | 2:51.05 | 755    |
| 6    | Amos Anderson       | FR Gustavus Adolphus  | 2:51.33 | 752    |
| 7    | Jesse Olson         | JR St. Olaf           | 2:52.51 | 740    |
| 8    | Michael Crowder     | FR Concordia-Moorhead | 2:54.42 | 720    |
| 9    | Aaron Elseth        | SR Bethel (Minn.)     | 2:54.57 | 718    |
| 10   | Noah Besemann       | JR St. John's (Minn.) | 2:55.91 | 705    |
| 11   | Eli Leafblad        | JR Bethel (Minn.)     | 2:57.25 | 691    |
| 12   | Gavin Hoelzel       | JR St. Olaf           | 2:59.92 | 665    |
| 13   | Alan Haglin         | SO Hamline            | 3:00.08 | 663    |
| 14   | Bailey Evans        | SO St. John's (Minn.) | 3:01.61 | 649    |
| 15   | Charles VanGrinsven | FR St. John's (Minn.) | 3:03.06 | 635    |
| 16   | Isak Brandt         | JR St. John's (Minn.) | 3:08.60 | 582    |
| 17   | Josh Pretasky       | FR St. John's (Minn.) | 3:26.88 | 425    |
| 18   | Josh Peterson       | JR Concordia-Moorhead | 3:29.91 | 401    |

**Heptathlon: #5 Men 55 Meter Hurdles Heptathlon**

| Name | Year                | School                | Finals | H# | Points |
|------|---------------------|-----------------------|--------|----|--------|
| 1    | Connor McCormick    | SR Gustavus Adolphus  | 7.93   | 6  | 851    |
| 2    | Soren Kaster        | JR Carleton           | 8.21   | 6  | 781    |
| 3    | Joey Molstre        | JR Concordia-Moorhead | 8.26   | 6  | 770    |
| 4    | Aaron Elseth        | SR Bethel (Minn.)     | 8.39   | 5  | 739    |
| 5    | Timothy Hubers      | FR Bethel (Minn.)     | 8.39   | 4  | 739    |
| 6    | Michael Crowder     | FR Concordia-Moorhead | 8.44   | 5  | 726    |
| 7    | Eli Leafblad        | JR Bethel (Minn.)     | 8.55   | 2  | 700    |
| 8    | Gavin Hoelzel       | JR St. Olaf           | 8.60   | 5  | 690    |
| 9    | Alan Haglin         | SO Hamline            | 8.63   | 4  | 683    |
| 10   | Amos Anderson       | FR Gustavus Adolphus  | 8.82   | 4  | 639    |
| 11   | Noah Besemann       | JR St. John's (Minn.) | 8.83   | 1  | 637    |
| 12   | Reed White          | FR Carleton           | 8.98   | 3  | 605    |
| 13   | Bailey Evans        | SO St. John's (Minn.) | 9.03   | 3  | 595    |
| 14   | Isak Brandt         | JR St. John's (Minn.) | 9.12   | 2  | 576    |
| 15   | Josh Pretasky       | FR St. John's (Minn.) | 9.23   | 2  | 552    |
| 16   | Jesse Olson         | JR St. Olaf           | 9.32   | 3  | 535    |
| 17   | Charles VanGrinsven | FR St. John's (Minn.) | 9.58   | 1  | 484    |

## MIAC Championships - 2/26/2026 to 2/28/2026

## Carleton Rec. Center

## Results

## ...Heptathlon: #5 Men 55 Meter Hurdles Heptathlon

18 Josh Peterson JR Concordia-Moorhead 9.75 1 450

## Heptathlon: #4 Men High Jump Heptathlon

| Name                     | Year                     | School                        | Finals  | Points |
|--------------------------|--------------------------|-------------------------------|---|--------|
| 1 Bailey Evans           | SO                       | St. John's (Minn.)            | 1.89m 6-02.25                                     | 705    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65 1.68 1.71 1.74 | 1.77 1.80 1.83 1.86 1.89 1.92 | PPP PPP PPP PPP PPP PPP PPP PPP O O O O O O O XXX |        |
| 2 Connor McCormick       | SR                       | Gustavus Adolphus             | 1.80m 5-10.75                                     | 627    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65 1.68 1.71 1.74 | 1.77 1.80 1.83                | PPP PPP PPP PPP PPP PPP PPP PPP XO XO O XXO XXX   |        |
| 3 Joey Molstre           | JR                       | Concordia-Moorhead            | 1.77m 5-09.75                                     | 602    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65 1.68 1.71 1.74 | 1.77 1.80                     | PPP PPP PPP PPP PPP PPP O O XO O O XXX            |        |
| 4 Josh Pretasky          | FR                       | St. John's (Minn.)            | 1.74m 5-08.50                                     | 577    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65 1.68 1.71 1.74 | 1.77                          | PPP PPP PPP PPP O O XO O O O XXX                  |        |
| 5 Noah Besemann          | JR                       | St. John's (Minn.)            | 1.71m 5-07.25                                     | 552    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65 1.68 1.71 1.74 |                               | PPP PPP PPP PPP PPP O XXO O O XXX                 |        |
| 5 Jesse Olson            | JR                       | St. Olaf                      | 1.71m 5-07.25                                     | 552    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65 1.68 1.71 1.74 |                               | PPP PPP PPP PPP PPP O O O O XXX                   |        |
| 5 Soren Kaster           | JR                       | Carleton                      | 1.71m 5-07.25                                     | 552    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65 1.68 1.71 1.74 |                               | PPP PPP PPP XO PPP O O XO XO XXX                  |        |
| 8 Alan Haglin            | SO                       | Hamline                       | 1.68m 5-06.00                                     | 528    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65 1.68 1.71      |                               | PPP PPP PPP PPP PPP O O O XXX                     |        |
| 9 Eli Leafblad           | JR                       | Bethel (Minn.)                | 1.65m 5-05.00                                     | 504    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65 1.68           |                               | PPP PPP PPP O PPP XO O XXX                        |        |
| 9 Amos Anderson          | FR                       | Gustavus Adolphus             | 1.65m 5-05.00                                     | 504    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65 1.68           |                               | PPP PPP PPP O PPP O XO XXX                        |        |
| 11 Timothy Hubers        | FR                       | Bethel (Minn.)                | 1.62m 5-03.75                                     | 480    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65                |                               | PPP O PPP XO O O XXX                              |        |
| 11 Michael Crowder       | FR                       | Concordia-Moorhead            | 1.62m 5-03.75                                     | 480    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65                |                               | PPP PPP PPP O O O XXX                             |        |
| 11 Aaron Elseth          | SR                       | Bethel (Minn.)                | 1.62m 5-03.75                                     | 480    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62 1.65                |                               | PPP PPP O PPP O O XXX                             |        |
| 14 Josh Peterson         | JR                       | Concordia-Moorhead            | 1.59m 5-02.50                                     | 457    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62                     |                               | O O XXO O XO XXX                                  |        |
| 14 Charles VanGrinsven   | FR                       | St. John's (Minn.)            | 1.59m 5-02.50                                     | 457    |
| 1.47 1.50 1.53 1.56 1.59 | 1.62                     |                               | O O O XO XO XXX                                   |        |
| 16 Isak Brandt           | JR                       | St. John's (Minn.)            | 1.53m 5-00.25                                     | 411    |
| 1.47 1.50 1.53 1.56      |                          |                               | O XO O XXX  |        |

**MIAC Championships - 2/26/2026 to 2/28/2026**

**Carleton Rec. Center**

**Results**

**....Heptathlon: #4 Men High Jump Heptathlon**

|                     |             |       |         |     |
|---------------------|-------------|-------|---------|-----|
| 16 Reed White       | FR Carleton | 1.53m | 5-00.25 | 411 |
| 1.47 1.50 1.53 1.56 |             |       |         |     |
| O XO XO XXX         |             |       |         |     |
| 16 Gavin Hoelzel    | JR St. Olaf | 1.53m | 5-00.25 | 411 |
| 1.47 1.50 1.53 1.56 |             |       |         |     |
| O O XO XXX          |             |       |         |     |

**Heptathlon: #6 Men Pole Vault Heptathlon**

| Name  | Year School           | Finals         | Points |
|---|-----------------------|----------------|--------|
| 1 Soren Kaster  | JR Carleton           | 4.40m 14-05.25 | 731    |
| 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 |                       |                |        |
| PPP O PPP O O O XXX                           |                       |                |        |
| 2 Noah Besemann   | JR St. John's (Minn.) | 4.20m 13-09.25 | 673    |
| 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 |                       |                |        |
| PPP O PPP O O O XXX                           |                       |                |        |
| 3 Connor McCormick  | SR Gustavus Adolphus  | 4.10m 13-05.25 | 645    |
| 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20      |                       |                |        |
| PPP O PPP XO O XXO XO XXX                         |                       |                |        |
| 4 Gavin Hoelzel   | JR St. Olaf           | 4.00m 13-01.50 | 617    |
| 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 |                       |                |        |
| PPP PPP PPP PPP PPP PPP PPP XO PPP O O XO XXO XXP PPP PPP PPP PPP                         |                       |                |        |
| 5 Amos Anderson   | FR Gustavus Adolphus  | 3.80m 12-05.50 | 562    |
| 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90                     |                       |                |        |
| PPP PPP PPP PPP PPP PPP PPP PPP O PPP XXO O O XXX   |                       |                |        |
| 5 Joey Molstre  | JR Concordia-Moorhead | 3.80m 12-05.50 | 562    |
| 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90                     |                       |                |        |
| PPP O O XO XXX                                    |                       |                |        |
| 7 Aaron Elseth  | SR Bethel (Minn.)     | 3.70m 12-01.50 | 535    |
| 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80                          |                       |                |        |
| PPP PPP PPP PPP PPP PPP PPP O O O O O XO XXX  |                       |                |        |
| 7 Reed White  | FR Carleton           | 3.70m 12-01.50 | 535    |
| 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90                     |                       |                |        |
| PPP O PPP XXX                                     |                       |                |        |
| 7 Bailey Evans  | SO St. John's (Minn.) | 3.70m 12-01.50 | 535    |
| 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80                          |                       |                |        |
| PPP PPP PPP PPP PPP O O O O O O O XXX   |                       |                |        |
| 10 Timothy Hubers   | FR Bethel (Minn.)     | 3.50m 11-05.75 | 482    |
| 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60                                    |                       |                |        |
| PPP XO PPP O XXO O O XO O XXO XXX   |                       |                |        |
| 11 Josh Pretasky  | FR St. John's (Minn.) | 3.40m 11-01.75 | 457    |
| 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50   |                       |                |        |
| PPP PPP O PPP O XO XXO O O XXX  |                       |                |        |
| 11 Alan Haglin  | SO Hamline            | 3.40m 11-01.75 | 457    |
| 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50   |                       |                |        |
| PPP O PPP O O XO O O XXX  |                       |                |        |
| 11 Josh Peterson  | JR Concordia-Moorhead | 3.40m 11-01.75 | 457    |
| 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50   |                       |                |        |
| PPP PPP PPP PPP PPP PPP XO O O XXX  |                       |                |        |
| 11 Jesse Olson  | JR St. Olaf           | 3.40m 11-01.75 | 457    |
| 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50   |                       |                |        |
| PPP PPP PPP O PPP O O XXO XXO XXX   |                       |                |        |

**MIAC Championships - 2/26/2026 to 2/28/2026****Carleton Rec. Center****Results****....Heptathlon: #6 Men Pole Vault Heptathlon**

|    |                                    |                       |       |          |     |
|----|------------------------------------|-----------------------|-------|----------|-----|
| 15 | Charles VanGrinsven                | FR St. John's (Minn.) | 3.10m | 10-02.00 | 381 |
|    | 2.60 2.70 2.80 2.90 3.00 3.10 3.20 |                       |       |          |     |
|    | XXO O O O O O XXX                  |                       |       |          |     |
| 15 | Michael Crowder                    | FR Concordia-Moorhead | 3.10m | 10-02.00 | 381 |
|    | 2.60 2.70 2.80 2.90 3.00 3.10 3.20 |                       |       |          |     |
|    | PPP O PPP O O O XXX                |                       |       |          |     |
| 15 | Eli Leafblad                       | JR Bethel (Minn.)     | 3.10m | 10-02.00 | 381 |
|    | 2.60 2.70 2.80 2.90 3.00 3.10 3.20 |                       |       |          |     |
|    | PPP PPP PPP O PPP O XXX            |                       |       |          |     |
| 18 | Isak Brandt                        | JR St. John's (Minn.) | 2.90m | 9-06.25  | 333 |
|    | 2.60 2.70 2.80 2.90 3.00           |                       |       |          |     |
|    | O O O O XXX                        |                       |       |          |     |

**Heptathlon: #2 Men Long Jump Heptathlon**

| Name                   | Year  | School             | Finals | Points   |     |
|------------------------|-------|--------------------|--------|----------|-----|
| 1 Bailey Evans         | SO    | St. John's (Minn.) | 6.38m  | 20-11.25 | 670 |
|                        | 6.33m | 6.26m              | 6.38m  |          |     |
| 2 Josh Pretasky        | FR    | St. John's (Minn.) | 6.32m  | 20-09.00 | 657 |
|                        | 6.02m | 5.93m              | 6.32m  |          |     |
| 3 Connor McCormick     | SR    | Gustavus Adolphus  | 6.19m  | 20-03.75 | 628 |
|                        | 6.19m | 6.06m              | FOUL   |          |     |
| 4 Eli Leafblad         | JR    | Bethel (Minn.)     | 6.08m  | 19-11.50 | 604 |
|                        | 5.75m | 5.92m              | 6.08m  |          |     |
| 5 Noah Besemann        | JR    | St. John's (Minn.) | 6.07m  | 19-11.00 | 602 |
|                        | 6.06m | 6.07m              | 6.04m  |          |     |
| 6 Soren Kaster         | JR    | Carleton           | 5.96m  | 19-06.75 | 578 |
|                        | FOUL  | 5.96m              | 5.86m  |          |     |
| 7 Amos Anderson        | FR    | Gustavus Adolphus  | 5.91m  | 19-04.75 | 567 |
|                        | 5.83m | FOUL               | 5.91m  |          |     |
| 8 Joey Molstre         | JR    | Concordia-Moorhead | 5.85m  | 19-02.50 | 554 |
|                        | 5.49m | 5.83m              | 5.85m  |          |     |
| 9 Alan Haglin          | SO    | Hamline            | 5.83m  | 19-01.50 | 550 |
|                        | 5.63m | 5.79m              | 5.83m  |          |     |
| 10 Timothy Hubers      | FR    | Bethel (Minn.)     | 5.77m  | 18-11.25 | 537 |
|                        | 4.89m | 5.64m              | 5.77m  |          |     |
| 11 Michael Crowder     | FR    | Concordia-Moorhead | 5.76m  | 18-10.75 | 535 |
|                        | 5.51m | 5.62m              | 5.76m  |          |     |
| 12 Jesse Olson         | JR    | St. Olaf           | 5.72m  | 18-09.25 | 527 |
|                        | 5.63m | 5.72m              | 5.70m  |          |     |
| 13 Gavin Hoelzel       | JR    | St. Olaf           | 5.67m  | 18-07.25 | 516 |
|                        | 5.49m | 5.62m              | 5.67m  |          |     |
| 14 Reed White          | FR    | Carleton           | 5.52m  | 18-01.50 | 485 |
|                        | 5.52m | FOUL               | FOUL   |          |     |
| 15 Aaron Elseth        | SR    | Bethel (Minn.)     | 5.50m  | 18-00.50 | 481 |
|                        | 5.50m | 5.45m              | 5.23m  |          |     |
| 16 Charles VanGrinsven | FR    | St. John's (Minn.) | 5.44m  | 17-10.25 | 469 |
|                        | 5.22m | 5.44m              | 5.30m  |          |     |
| 17 Josh Peterson       | JR    | Concordia-Moorhead | 5.06m  | 16-07.25 | 394 |
|                        | 5.06m | 4.91m              | 3.92m  |          |     |
| 18 Isak Brandt         | JR    | St. John's (Minn.) | 5.04m  | 16-06.50 | 390 |
|                        | 4.85m | 4.79m              | 5.04m  |          |     |

**MIAC Championships - 2/26/2026 to 2/28/2026****Carleton Rec. Center****Results****Heptathlon: #3 Men Shot Put Heptathlon**

| Name  | Year School           | Finals          | Points |
|---|-----------------------|-----------------|--------|
| 1 Bailey Evans<br>13.48m 12.62m 13.08m      | SO St. John's (Minn.) | 13.48m 44-02.75 | 697    |
| 2 Noah Besemann<br>11.79m 12.54m 10.78m     | JR St. John's (Minn.) | 12.54m 41-01.75 | 639    |
| 3 Josh Pretasky<br>11.19m 12.00m 11.12m     | FR St. John's (Minn.) | 12.00m 39-04.50 | 606    |
| 4 Aaron Elseth<br>FOUL 11.28m 11.20m        | SR Bethel (Minn.)     | 11.28m 37-00.25 | 563    |
| 5 Timothy Hubers<br>10.89m 10.08m 9.43m     | FR Bethel (Minn.)     | 10.89m 35-08.75 | 539    |
| 6 Soren Kaster<br>9.88m 10.83m FOUL         | JR Carleton           | 10.83m 35-06.50 | 536    |
| 7 Isak Brandt<br>10.11m FOUL 10.01m         | JR St. John's (Minn.) | 10.11m 33-02.00 | 492    |
| 8 Jesse Olson<br>9.02m 9.99m 10.09m         | JR St. Olaf           | 10.09m 33-01.25 | 491    |
| 9 Josh Peterson<br>10.02m 9.69m 10.04m      | JR Concordia-Moorhead | 10.04m 32-11.25 | 488    |
| 10 Eli Leafblad<br>FOUL 9.68m 10.03m        | JR Bethel (Minn.)     | 10.03m 32-11.00 | 487    |
| 11 Gavin Hoelzel<br>9.59m 9.53m 8.92m       | JR St. Olaf           | 9.59m 31-05.75  | 461    |
| 12 Charles VanGrinsven<br>8.42m 8.32m 9.41m | FR St. John's (Minn.) | 9.41m 30-10.50  | 450    |
| 12 Amos Anderson<br>FOUL 9.41m 9.23m        | FR Gustavus Adolphus  | 9.41m 30-10.50  | 450    |
| 14 Joey Molstre<br>8.79m 9.40m 8.72m        | JR Concordia-Moorhead | 9.40m 30-10.25  | 450    |
| 15 Connor McCormick<br>8.72m FOUL 8.88m     | SR Gustavus Adolphus  | 8.88m 29-01.75  | 419    |
| 16 Michael Crowder<br>8.62m 8.66m FOUL      | FR Concordia-Moorhead | 8.66m 28-05.00  | 406    |
| 17 Alan Haglin<br>8.52m 8.51m 7.15m         | SO Hamline            | 8.52m 27-11.50  | 397    |
| 18 Reed White<br>6.04m 6.04m 5.96m          | FR Carleton           | 6.04m 19-09.75  | 251    |

**Men Heptathlon**

| Name               | Year School           | Finals | H# | Points |
|--------------------|-----------------------|--------|----|--------|
| 1 Soren Kaster     | JR Carleton           | 4783   | 10 |        |
| 2 Bailey Evans     | SO St. John's (Minn.) | 4712   | 8  |        |
| 3 Connor McCormick | SR Gustavus Adolphus  | 4694   | 6  |        |
| 4 Noah Besemann    | JR St. John's (Minn.) | 4557   | 5  |        |
| 5 Joey Molstre     | JR Concordia-Moorhead | 4508   | 4  |        |
| 6 Timothy Hubers   | FR Bethel (Minn.)     | 4261   | 3  |        |
| 7 Aaron Elseth     | SR Bethel (Minn.)     | 4219   | 2  |        |
| 8 Amos Anderson    | FR Gustavus Adolphus  | 4187   | 1  |        |
| 9 Eli Leafblad     | JR Bethel (Minn.)     | 4173   |    |        |
| 10 Gavin Hoelzel   | JR St. Olaf           | 4099   |    |        |
| 11 Michael Crowder | FR Concordia-Moorhead | 4013   |    |        |
| 12 Josh Pretasky   | FR St. John's (Minn.) | 3990   |    |        |

**MIAC Championships - 2/26/2026 to 2/28/2026**

**Carleton Rec. Center**

**Results**

**...Men Heptathlon**

|    |                     |                       |      |
|----|---------------------|-----------------------|------|
| 13 | Jesse Olson         | JR St. Olaf           | 3977 |
| 14 | Alan Haglin         | SO Hamline            | 3956 |
| 15 | Reed White          | FR Carleton           | 3896 |
| 16 | Charles VanGrinsven | FR St. John's (Minn.) | 3560 |
| 17 | Isak Brandt         | JR St. John's (Minn.) | 3344 |
| 18 | Josh Peterson       | JR Concordia-Moorhead | 3315 |

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 Men - Team Rankings - 10 Events Scored  
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|     |                      |    |     |                   |       |
|-----|----------------------|----|-----|-------------------|-------|
| 1)  | St. Olaf             | 87 | 2)  | Bethel (Minn.)    | 74    |
| 3)  | St. John's (Minn.)   | 49 | 4)  | Gustavus Adolphus | 43.50 |
| 5)  | Carleton             | 38 | 6)  | St. Scholastica   | 28.50 |
| 7)  | Concordia-Moorhead   | 27 | 8)  | Macalester        | 26    |
| 9)  | Hamline              | 8  | 10) | Augsburg          | 6     |
| 11) | Saint Mary's (Minn.) | 3  |     |                   |       |