

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****Women 55 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points
Finals						
1 Chatham, Diarra	FR	Macalester	7.68	7.29	3	
2 Ring, Camille	FR	Crown	8.18	7.70	3	
3 Carver, Zoe	SO	Macalester	8.63	7.80	2	
4 Lott, Bianca	SO	Carleton	8.51	7.86	3	7.851
5 Roberts, Riley	JR	Carleton	8.42	7.86	3	7.855
6 Campbell, Takia	FR	Augsburg	8.67	7.97	2	
7 Rahberg, Zoe	SO	Luther	8.55	8.03	3	
8 Musa, Michelle	FR	Carleton	8.64	x8.05	2	
9 Marks, Amara	JR	Luther	8.41	8.06	3	
10 Yoder, Katie	SO	St. Catherin	8.72	8.08	2	
11 Falkowski, Caitlin	JR	Macalester	9.04	x8.30	2	
12 Chen, Lily	SR	Luther	8.96	x8.33	2	
13 Berman-Schneider, Natali	FR	Carleton	9.08	x8.35	1	
14 Boyd, Roen	SO	Macalester	9.06	x8.37	2	
15 Damiani, Gianna	FR	Luther	9.40	x8.38	1	
16 Saba, Yinka	SR	Macalester	8.96	x8.41	2	
17 Lundvall, Julianne	FR	Luther	9.37	x8.58	1	
18 Schei, Gabbie	SR	Luther		x8.59	1	
19 Bosman, Neenah	JR	Carleton		x8.67	1	
20 Koehler, Jenna	JR	Martin Luther	9.71	9.10	1	
21 Cook, Jeanne	SO	Bethany Lutheran		9.25	1	
22 Jorgenson, Kaleigh	FR	Crown	11.27	10.65	1	

Women 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Ring, Camille	FR	Crown	27.08	27.19	1	
2 Hunter, Penny	SR	Macalester	27.71	27.36	2	
3 Twichell, Hadley	SO	Carleton	27.83	27.69	2	
4 Roberts, Riley	JR	Carleton	28.56	27.86	2	27.851
5 Gibson, Cassidy	FR	Bethany Lutheran	27.56	27.86	1	27.852
6 Lott, Bianca	SO	Carleton	29.04	x28.73	3	
7 Brueckner, Ruth	SO	Crown	29.15	29.12	3	
8 Yoder, Katie	SO	St. Catherin	29.56	29.17	4	
9 Saba, Yinka	SR	Macalester	30.40	29.22	4	
10 Hobby, Sarah Beth	SR	Macalester	29.00	x29.29	3	
11 Musa, Michelle	FR	Carleton	29.66	x29.65	4	
12 Holzbauer, MacKenzie	SR	Martin Luther	30.58	29.91	5	
13 Berman-Schneider, Natali	FR	Carleton	30.65	x30.49	5	
14 Groppoli, Emily	JR	Luther		30.95	6	
15 Lundvall, Julianne	FR	Luther	31.50	31.14	5	
16 Hedin, Linnea	SO	Luther		x32.42	6	

Women 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Hookom, Allison	SO	Augsburg	58.80	57.94	2	
27.202 (27.202)		57.935 (30.733)				
2 Edison, Elise	FR	Macalester	1:00.91	1:02.25	2	
29.200 (29.200)		1:02.242 (33.043)				

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....Women 400 Meter Dash

3	Twichell, Hadley	SO Carleton	1:03.00	1:03.71	2
	29.422 (29.422)	1:03.703 (34.281)			
4	Foley, Naomi	SO Martin Luther	1:05.24	1:05.96	1
	31.741 (31.741)	1:05.958 (34.217)			
5	Anderson, Naomi	JR Bethany Lutheran	1:09.48	1:08.76	1
	33.087 (33.087)	1:08.756 (35.670)			
6	Merwin, Jordan	JR Bethany Lutheran		1:11.71	1
	35.295 (35.295)	1:11.702 (36.408)			
7	Zaccaria, Angela	JR Bethany Lutheran	1:16.42	x1:12.64	1
	34.968 (34.968)	1:12.631 (37.664)			

Women 600 Meter Run

Name	Year School	Seed	Finals	Points
1 Brueckner, Ruth	SO Crown	1:50.62	1:42.71	
	32.080 (32.080)	1:05.970 (33.890)	1:42.706 (36.736)	
2 Wilkins, Hadley	SO Macalester	1:46.44	1:46.02	
	32.369 (32.369)	1:06.492 (34.123)	1:46.016 (39.525)	
3 Warren, Anna	JR Macalester	1:51.17	1:51.06	
	35.540 (35.540)	1:14.504 (38.964)	1:51.055 (36.551)	
4 Peterson, Kaitlyn	FR St. Catherin		1:57.35	
	34.125 (34.125)	1:12.450 (38.325)	1:57.342 (44.893)	
5 Lantz, Annabel	JR Augsburg	2:08.38	2:12.03	
	35.969 (35.969)	1:21.114 (45.146)	2:12.024 (50.910)	

Women 800 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Erickson, Lara	JR Carleton	2:24.55	2:22.30	2	
	33.743 (33.743)	1:09.129 (35.387)	1:46.563 (37.434)	2:22.300 (35.737)	
2 Cutter, Alice	JR Carleton	2:25.06	2:25.24	2	
	33.573 (33.573)	1:10.483 (36.910)	1:47.309 (36.826)	2:25.239 (37.930)	
3 Grams, Sarah	JR Luther	2:30.00	2:32.53	2	
	34.348 (34.348)	1:11.193 (36.846)	1:50.296 (39.103)	2:32.525 (42.229)	
4 Foley, Naomi	SO Martin Luther	2:32.53	2:35.85	2	
	35.463 (35.463)	1:15.081 (39.618)	1:57.045 (41.965)	2:35.848 (38.803)	
5 Castellano, Julia	SO Macalester	2:39.00	2:38.25	2	
	36.506 (36.506)	1:14.780 (38.274)	1:55.438 (40.658)	2:38.241 (42.804)	
6 McEwen, Sophie	FR Macalester	2:39.00	2:47.03	2	
	38.353 (38.353)	1:18.533 (40.180)	2:02.699 (44.166)	2:47.028 (44.329)	
7 Halverson, Kjerstin	SR Luther	2:50.00	2:47.25	1	
	41.332 (41.332)	1:23.036 (41.704)	2:07.036 (44.001)	2:47.246 (40.210)	
8 VanDenHeuvel, Liberty	FR Martin Luther	2:56.63	2:48.32	1	
	37.998 (37.998)	1:20.182 (42.184)	2:05.542 (45.360)	2:48.316 (42.774)	
9 Grass, Samantha	FR Martin Luther	2:49.58	x2:57.46	1	
	42.071 (42.071)	1:24.912 (42.842)	2:11.010 (46.098)	2:57.454 (46.444)	

Women 1000 Meter Run

Name	Year School	Seed	Finals	Points
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....Women 1000 Meter Run

1	Rowland, Libby	JR Carleton	3:06.49	3:10.46	
	37.518 (37.518)	1:15.615 (38.098)	1:55.054 (39.440)	2:33.160 (38.106)	
	3:10.458 (37.298)				
2	Daley, Nora	FR Carleton	3:08.11	3:11.78	
	37.390 (37.390)	1:15.361 (37.972)	1:54.802 (39.442)	2:33.982 (39.180)	
	3:11.774 (37.793)				
3	Osemwengie, Destiny	FR Macalester	3:17.00	3:18.40	
	39.976 (39.976)	1:19.806 (39.830)	1:59.993 (40.188)	2:40.116 (40.124)	
	3:18.396 (38.280)				
4	Hansen, Penelope	SO Luther	3:25.00	3:21.56	
	40.591 (40.591)	1:21.761 (41.170)	2:02.146 (40.385)	2:43.951 (41.806)	
	3:21.560 (37.610)				
5	Pirone, Mara	SO Macalester	3:17.00	3:21.94	
	38.558 (38.558)	1:17.998 (39.440)	1:59.474 (41.476)	2:41.270 (41.796)	
	3:21.931 (40.662)				
6	Merwin, Jordan	JR Bethany Lutheran	3:26.78	3:26.80	
	39.561 (39.561)	1:20.091 (40.530)	2:01.170 (41.079)	2:43.222 (42.053)	
	3:26.791 (43.569)				
7	Zaccaria, Angela	JR Bethany Lutheran		3:43.25	
	41.295 (41.295)	1:25.416 (44.121)	2:10.996 (45.580)	2:57.892 (46.896)	
	3:43.242 (45.351)				
8	Rethemeyer, Hannah	JR Bethany Lutheran		x3:53.83	
	43.959 (43.959)	1:30.162 (46.204)	2:17.240 (47.078)	3:06.320 (49.080)	
	3:53.824 (47.505)				
9	Olson, Abbee	JR Martin Luther	4:11.95	4:04.28	
	42.846 (42.846)	1:30.898 (48.053)	2:21.547 (50.649)	3:13.732 (52.186)	
	4:04.272 (50.540)				
10	Lehmann Duke, Celia	SO Carleton	4:11.00	x4:08.61	
	47.290 (47.290)	1:38.215 (50.925)	2:30.678 (52.463)	3:20.910 (50.233)	
	4:08.602 (47.692)				
11	Peterson, Cassie	FR Luther	4:05.00	4:09.31	
	44.788 (44.788)	1:35.193 (50.406)	2:29.106 (53.913)	3:21.237 (52.132)	
	4:09.306 (48.070)				

Women 1 Mile Run

Name	Year School	Seed	Finals	H#	Points
1 Blanchard, Mary	JR Carleton	5:14.82	5:07.36	3	
	37.100 (37.100)	1:13.382 (36.282)	1:52.482 (39.100)	2:31.533 (39.051)	
	3:11.342 (39.809)	3:50.892 (39.550)	4:30.046 (39.154)	5:07.354 (37.308)	
2 Daley, Nora	FR Carleton	5:19.05	5:15.74	3	
	37.507 (37.507)	1:13.932 (36.425)	1:52.961 (39.030)	2:32.372 (39.412)	
	3:12.692 (40.320)	3:54.036 (41.344)	4:35.903 (41.867)	5:15.731 (39.828)	
3 Nevo, Timna	FR Macalester	5:42.87	5:36.35	3	
	44.688 (44.688)	1:25.964 (41.276)	2:09.028 (43.065)	2:52.034 (43.006)	
	3:35.628 (43.594)	4:18.856 (43.228)	4:59.297 (40.442)	5:36.342 (37.046)	
4 Osemwengie, Destiny	FR Macalester	5:43.34	5:37.40	3	
	44.634 (44.634)	1:26.117 (41.483)	2:09.150 (43.033)	2:52.133 (42.984)	
	3:35.876 (43.743)	4:18.366 (42.491)	4:59.418 (41.052)	5:37.391 (37.973)	
5 Habben, Maya	SR Martin Luther	5:53.06	5:41.81	2	
	40.987 (40.987)	1:20.897 (39.910)	2:03.275 (42.378)	2:47.657 (44.382)	
	3:31.817 (44.160)	4:16.137 (44.320)	5:00.617 (44.481)	5:41.807 (41.190)	
6 Corbin, Lucy	SO Luther	5:50.61	5:45.91	3	
	45.144 (45.144)	1:26.469 (41.326)	2:09.415 (42.946)	2:52.430 (43.015)	
	3:36.209 (43.780)	4:19.704 (43.495)	5:03.490 (43.787)	5:45.909 (42.419)	

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7	Pirone, Mara	SO Macalester	5:43.34	x5:48.60	3
	44.414 (44.414)	1:25.894 (41.480)	2:08.895 (43.001)	2:51.877 (42.982)	
	3:35.745 (43.868)	4:19.160 (43.416)	5:03.982 (44.822)	5:48.596 (44.614)	
8	Stacy, Cate	FR Macalester	5:57.81	x5:50.79	2
	41.690 (41.690)	1:22.843 (41.153)	2:06.780 (43.938)	2:51.741 (44.962)	
	3:36.688 (44.947)	4:21.361 (44.674)	5:06.225 (44.864)	5:50.781 (44.556)	
9	Ellis, Samantha	FR Macalester	6:00.00	x5:51.29	2
	42.890 (42.890)	1:25.366 (42.476)	2:09.190 (43.824)	2:54.005 (44.815)	
	3:38.917 (44.913)	4:24.069 (45.152)	5:09.379 (45.310)	5:51.288 (41.910)	
10	Hatrick, Lily	SO Macalester	5:57.12	x5:52.09	2
	42.267 (42.267)	1:24.860 (42.594)	2:08.909 (44.050)	2:53.707 (44.798)	
	3:38.569 (44.862)	4:23.025 (44.456)	5:08.377 (45.353)	5:52.084 (43.707)	
11	Sulzle, Hope	SR Martin Luther	6:00.84	5:52.46	2
	41.308 (41.308)	1:22.042 (40.734)	2:05.681 (43.639)	2:51.243 (45.563)	
	3:37.325 (46.082)	4:23.399 (46.074)	5:08.625 (45.226)	5:52.451 (43.826)	
12	Loeffler-Kemp, Mariah	SR Macalester	6:03.22	x5:57.27	2
	42.643 (42.643)	1:25.777 (43.134)	2:10.789 (45.013)	2:57.580 (46.791)	
	3:43.654 (46.074)	4:29.117 (45.463)	5:15.353 (46.237)	5:57.267 (41.914)	
13	Korey, Adrienne	SR Macalester	6:06.33	x5:57.58	2
	42.971 (42.971)	1:26.769 (43.798)	2:12.355 (45.586)	2:57.401 (45.047)	
	3:42.274 (44.873)	4:28.207 (45.934)	5:13.730 (45.523)	5:57.575 (43.846)	
14	Juzenas, Norah	FR Macalester	6:05.46	x6:10.52	2
	43.159 (43.159)	1:26.097 (42.938)	2:10.956 (44.859)	2:57.752 (46.796)	
	3:44.597 (46.846)	4:32.389 (47.792)	5:21.813 (49.424)	6:10.511 (48.699)	
15	Tobin, Kayla	JR Bethany Lutheran	6:12.34		1
	43.960 (43.960)	1:29.641 (45.681)	2:17.123 (47.483)	3:04.151 (47.028)	
	3:51.061 (46.911)	4:38.053 (46.992)	5:25.650 (47.597)	6:12.335 (46.686)	
16	Schwartz, Anna	FR Bethany Lutheran	6:14.04		1
	44.464 (44.464)	1:29.669 (45.205)	2:17.329 (47.660)	3:04.208 (46.880)	
	3:51.421 (47.214)	4:39.095 (47.674)	5:26.794 (47.700)	6:14.039 (47.246)	
17	Kloos, Greta	FR Luther	6:20.48	6:18.16	1
	48.637 (48.637)	1:36.703 (48.067)	2:25.277 (48.574)	3:13.154 (47.877)	
	4:01.704 (48.550)	4:50.161 (48.458)	5:36.619 (46.458)	6:18.152 (41.534)	
18	Hough, Abbie	FR Crown	6:47.97	6:22.47	1
	47.705 (47.705)	1:35.309 (47.604)	2:24.289 (48.980)	3:12.787 (48.498)	
	4:00.485 (47.698)	4:49.749 (49.264)	5:38.964 (49.216)	6:22.470 (43.506)	
19	Veit, Annika	FR Luther	6:20.52	x6:25.87	1
	47.841 (47.841)	1:35.628 (47.787)	2:24.225 (48.598)	3:12.451 (48.226)	
	4:01.338 (48.887)	4:50.543 (49.205)	5:38.448 (47.906)	6:25.861 (47.413)	
20	Grass, Samantha	FR Martin Luther	6:32.77	x6:26.81	1
	45.469 (45.469)	1:30.155 (44.686)	2:18.023 (47.869)	3:04.852 (46.829)	
	3:52.427 (47.575)	4:38.255 (45.828)	5:21.672 (43.418)	6:26.810 (1:05.138)	
21	Montgomery, Callie	JR Bethany Lutheran	6:39.72	x6:34.44	1
	45.703 (45.703)	1:33.370 (47.667)	2:23.560 (50.190)	3:12.306 (48.746)	
	4:01.126 (48.820)	4:53.175 (52.050)	5:47.071 (53.896)	6:34.439 (47.368)	
22	Trapp, Nicole	SO Martin Luther	6:55.89	x6:46.48	1
	48.851 (48.851)	1:37.987 (49.136)	2:28.319 (50.332)	3:20.206 (51.888)	
	4:13.566 (53.360)	5:06.273 (52.707)	6:00.171 (53.898)	6:46.474 (46.304)	
23	Olson, Abbee	JR Martin Luther	6:48.17	x6:52.26	1
	48.210 (48.210)	1:37.258 (49.048)	2:26.405 (49.147)	3:18.101 (51.697)	
	4:11.262 (53.161)	5:05.016 (53.754)	5:58.927 (53.912)	6:52.255 (53.328)	

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Name	Year	School	Seed	Finals	H#	Points
1 Cross, Helen	JR	Carleton	10:00.63	9:48.85	2	
38.39 (38.39)	1:18.98 (40.59)	1:58.55 (39.57)	2:37.83 (39.28)			
3:18.42 (40.59)	3:58.26 (39.84)	4:38.45 (40.19)	5:18.56 (40.11)			
5:58.78 (40.22)	6:38.88 (40.10)	7:17.46 (38.58)	7:55.31 (37.85)			
8:33.15 (37.84)	9:11.07 (37.92)	9:48.844 (37.79)				
2 Ward, Phoebe	JR	Carleton	10:05.08	9:55.21	2	
38.10 (38.10)	1:17.93 (39.83)	1:57.35 (39.42)	2:36.66 (39.31)			
3:17.58 (40.92)	3:57.22 (39.64)	4:37.71 (40.49)	5:17.83 (40.12)			
5:57.91 (40.08)	6:37.83 (39.92)	7:17.38 (39.55)	7:57.32 (39.94)			
8:37.66 (40.34)	9:17.52 (39.86)	9:55.204 (37.70)				
3 Preisser, Hannah	SO	Carleton	10:13.91	x9:55.68	2	
38.11 (38.11)	1:18.49 (40.38)	1:57.94 (39.45)	2:37.21 (39.27)			
3:17.84 (40.63)	3:57.59 (39.75)	4:38.01 (40.42)	5:18.06 (40.05)			
5:58.11 (40.05)	6:38.17 (40.06)	7:17.67 (39.50)	7:56.99 (39.32)			
8:36.68 (39.69)	9:16.21 (39.53)	9:55.674 (39.48)				
4 McManus, Sophie	JR	Carleton	10:09.25	x9:57.16	2	
38.11 (38.11)	1:18.27 (40.16)	1:57.44 (39.17)	2:36.76 (39.32)			
3:17.39 (40.63)	3:56.90 (39.51)	4:37.35 (40.45)	5:17.29 (39.94)			
5:57.61 (40.32)	6:37.98 (40.37)	7:17.41 (39.43)	7:57.27 (39.86)			
8:37.22 (39.95)	9:18.54 (41.32)	9:57.151 (38.62)				
5 Call, Bella	SR	St. Olaf	10:24.00	10:07.01	2	
38.63 (38.63)	1:19.28 (40.65)	1:59.57 (40.29)	2:39.59 (40.02)			
3:19.70 (40.11)	4:00.30 (40.60)	4:41.36 (41.06)	5:22.64 (41.28)			
6:03.99 (41.35)	6:45.49 (41.50)	7:26.49 (41.00)	8:07.97 (41.48)			
8:49.30 (41.33)	9:29.89 (40.59)	10:07.010 (37.13)				
6 Walda, Lauren	SO	St. Olaf	10:10.00	10:08.50	2	
38.11 (38.11)	1:18.72 (40.61)	1:58.24 (39.52)	2:37.53 (39.29)			
3:18.18 (40.65)	3:57.97 (39.79)	4:38.29 (40.32)	5:18.33 (40.04)			
5:58.56 (40.23)	6:38.76 (40.20)	7:20.27 (41.51)	8:02.79 (42.52)			
8:45.37 (42.58)	9:27.73 (42.36)	10:08.500 (40.78)				
7 Larsen, Aliya	SO	Carleton	10:33.88	x10:17.52	2	
39.53 (39.53)	1:20.63 (41.10)	2:00.97 (40.34)	2:41.20 (40.23)			
3:22.38 (41.18)	4:03.44 (41.06)	4:45.26 (41.82)	5:27.58 (42.32)			
6:09.43 (41.85)	6:51.84 (42.41)	7:33.95 (42.11)	8:15.78 (41.83)			
8:57.39 (41.61)	9:38.77 (41.38)	10:17.52 (38.75)				
8 Bode, Alison	JR	St. Olaf	10:40.00	x10:26.59	2	
39.84 (39.84)	1:20.87 (41.03)	2:01.58 (40.71)	2:43.30 (41.72)			
3:25.92 (42.62)	4:07.94 (42.02)	4:50.03 (42.09)	5:31.82 (41.79)			
6:14.06 (42.24)	6:56.06 (42.00)	7:38.46 (42.40)	8:21.57 (43.11)			
9:03.99 (42.42)	9:45.73 (41.74)	10:26.581 (40.86)				
9 Coldren, Ivy	FR	Macalester	10:49.60	10:30.94	2	
39.24 (39.24)	1:20.30 (41.06)	2:01.74 (41.44)	2:43.56 (41.82)			
3:26.09 (42.53)	4:07.55 (41.46)	4:49.72 (42.17)	5:31.49 (41.77)			
6:13.63 (42.14)	6:55.77 (42.14)	7:38.19 (42.42)	8:21.23 (43.04)			
9:05.14 (43.91)	9:48.93 (43.79)	10:30.936 (42.02)				
10 Johnson, Gracie	SO	Augsburg	10:49.37	10:43.88	2	
40.15 (40.15)	1:21.26 (41.11)	2:01.91 (40.65)	2:43.83 (41.92)			
3:25.86 (42.03)	4:07.30 (41.44)	4:49.82 (42.52)	5:32.67 (42.85)			
6:16.39 (43.72)	7:00.94 (44.55)	7:45.11 (44.17)	8:30.20 (45.09)			
9:15.98 (45.78)	10:00.33 (44.35)	10:43.878 (43.56)				

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****....Women 3000 Meter Run**

11 Dufault, Ella	FR Crown	11:07.55	10:45.85	1
36.25 (36.25)	1:16.00 (39.75)	1:56.98 (40.98)	2:39.07 (42.09)	
3:22.67 (43.60)	4:06.85 (44.18)	4:50.38 (43.53)	5:35.07 (44.69)	
6:19.97 (44.90)	7:04.87 (44.90)	7:50.81 (45.94)	8:35.47 (44.66)	
9:20.93 (45.46)	10:04.96 (44.03)	10:45.845 (40.89)		
12 Hirsche, Katie	FR Carleton	10:39.82	x10:51.27	2
38.80 (38.80)	1:19.56 (40.76)	2:01.23 (41.67)	2:42.67 (41.44)	
3:25.58 (42.91)	4:09.14 (43.56)	4:53.31 (44.17)	5:38.44 (45.13)	
6:23.73 (45.29)	7:08.57 (44.84)	7:53.80 (45.23)	8:38.54 (44.74)	
9:23.89 (45.35)	10:08.35 (44.46)	10:51.261 (42.92)		
13 McCloskey, Molly Kate	SO St. Olaf	10:55.00	x10:54.74	2
40.52 (40.52)	1:22.26 (41.74)	2:05.30 (43.04)	2:48.72 (43.42)	
3:32.39 (43.67)	4:16.36 (43.97)	5:01.42 (45.06)	5:45.48 (44.06)	
6:29.79 (44.31)	7:14.75 (44.96)	8:00.15 (45.40)	8:44.92 (44.77)	
9:30.48 (45.56)	10:15.05 (44.57)	10:54.736 (39.70)		
14 Votruba, Maggie	JR Carleton	11:40.04	x11:21.78	1
42.63 (42.63)	1:27.94 (45.31)	2:14.22 (46.28)	2:59.85 (45.63)	
3:45.06 (45.21)	4:30.57 (45.51)	5:15.50 (44.93)	6:01.70 (46.20)	
6:48.51 (46.81)	7:36.18 (47.67)	8:23.75 (47.57)	9:10.79 (47.04)	
9:57.37 (46.58)	10:42.64 (45.27)	11:21.777 (39.14)		
15 Veit, Julia	SR Luther	11:40.00	11:22.70	1
45.25 (45.25)	1:31.53 (46.28)	2:17.44 (45.91)	3:03.72 (46.28)	
3:50.37 (46.65)	4:35.96 (45.59)	5:21.47 (45.51)	6:07.39 (45.92)	
6:53.85 (46.46)	7:40.17 (46.32)	8:26.15 (45.98)	9:11.90 (45.75)	
9:56.84 (44.94)	10:41.94 (45.10)	11:22.695 (40.76)		
16 Paulsen, Mari	SO Luther	11:40.00	11:23.24	1
45.75 (45.75)	1:32.22 (46.47)	2:18.12 (45.90)	3:04.23 (46.11)	
3:50.86 (46.63)	4:36.60 (45.74)	5:22.02 (45.42)	6:07.99 (45.97)	
6:54.41 (46.42)	7:40.68 (46.27)	8:26.79 (46.11)	9:12.22 (45.43)	
9:57.03 (44.81)	10:42.15 (45.12)	11:23.235 (41.09)		
17 Tung-Mabry, Madelyn	FR St. Olaf	11:35.00	x11:24.86	1
46.19 (46.19)	1:32.99 (46.80)	2:18.81 (45.82)	3:04.98 (46.17)	
3:51.58 (46.60)	4:37.30 (45.72)	5:22.69 (45.39)	6:08.74 (46.05)	
6:55.22 (46.48)	7:41.47 (46.25)	8:27.15 (45.68)	9:12.81 (45.66)	
9:57.75 (44.94)	10:43.05 (45.30)	11:24.853 (41.81)		
18 Moseley, Lindsey	SO Luther	11:50.00	x11:33.49	1
46.10 (46.10)	1:32.50 (46.40)	2:18.51 (46.01)	3:04.65 (46.14)	
3:51.17 (46.52)	4:36.95 (45.78)	5:22.35 (45.40)	6:08.38 (46.03)	
6:54.85 (46.47)	7:41.23 (46.38)	8:27.29 (46.06)	9:13.34 (46.05)	
10:00.67 (47.33)	10:48.18 (47.51)	11:33.489 (45.32)		
19 McDonald, Norah	FR Luther	11:40.00	x11:37.39	1
45.55 (45.55)	1:31.86 (46.31)	2:17.89 (46.03)	3:04.01 (46.12)	
3:50.65 (46.64)	4:36.29 (45.64)	5:21.73 (45.44)	6:07.68 (45.95)	
6:54.11 (46.43)	7:40.43 (46.32)	8:26.48 (46.05)	9:13.65 (47.17)	
10:01.33 (47.68)	10:49.72 (48.39)	11:37.383 (47.67)		
20 Froh, Maggie	SR Macalester	11:15.00	11:52.07	1
39.58 (39.58)	1:24.08 (44.50)	2:10.18 (46.10)	2:55.57 (45.39)	
3:42.60 (47.03)	4:28.65 (46.05)	5:15.68 (47.03)	6:02.22 (46.54)	
6:49.49 (47.27)	7:37.93 (48.44)	8:28.01 (50.08)	9:19.45 (51.44)	
10:11.85 (52.40)	11:03.12 (51.27)	11:52.062 (48.95)		
21 Harvey, Lily	JR St. Catherin	12:48.56	12:33.12	1
49.55 (49.55)	1:38.34 (48.79)	2:26.87 (48.53)	3:17.05 (50.18)	
4:08.27 (51.22)	4:57.94 (49.67)	5:48.62 (50.68)	6:39.46 (50.84)	
7:30.47 (51.01)	8:22.11 (51.64)	9:12.56 (50.45)	10:02.16 (49.60)	
10:53.04 (50.88)	11:44.46 (51.42)	12:33.119 (48.67)		

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****....Women 3000 Meter Run**

22 Hough, Abbie	FR Crown	12:46.31	1
47.30 (47.30)	1:38.87 (51.57)	2:29.10 (50.23)	3:20.51 (51.41)
4:11.32 (50.81)	5:03.33 (52.01)	5:54.49 (51.16)	6:46.77 (52.28)
7:39.02 (52.25)	8:29.96 (50.94)	9:22.72 (52.76)	10:15.68 (52.96)
11:09.89 (54.21)	12:00.36 (50.47)	12:46.304 (45.95)	
23 Trapp, Nicole	SO Martin Luther	13:48.63	13:18.79 1
49.07 (49.07)	1:41.34 (52.27)	2:34.52 (53.18)	3:27.86 (53.34)
4:21.92 (54.06)	5:15.64 (53.72)	6:09.43 (53.79)	7:02.81 (53.38)
7:56.39 (53.58)	8:50.03 (53.64)	9:44.21 (54.18)	10:40.06 (55.85)
11:34.64 (54.58)	12:29.23 (54.59)	13:18.790 (49.57)	
24 Hoyt-Niemiec, Isabel	JR Carleton	13:00.00	x13:33.67 1
49.75 (49.75)	1:41.69 (51.94)	2:35.60 (53.91)	3:29.02 (53.42)
4:22.70 (53.68)	5:17.31 (54.61)	6:10.99 (53.68)	7:06.29 (55.30)
8:02.93 (56.64)	8:59.90 (56.97)	9:57.29 (57.39)	10:53.45 (56.16)
11:48.78 (55.33)	12:42.78 (54.00)	13:33.661 (50.89)	

Women 55 Meter Hurdles

Name	Year School	Seed	Finals	Points
1 Elco, Annika	SO Luther	9.44	8.76	
2 Ring, Camille	FR Crown	9.72	8.96	
3 Hobby, Sarah Beth	SR Macalester	9.90	9.14	
4 Hartzell, Aubrey	FR Martin Luther	11.30	10.53	
5 Brueckner, Ruth	SO Crown		10.90	
6 Berman-Schneider, Natali	FR Carleton		10.92	
7 Damiani, Gianna	FR Luther	12.30	11.24	
8 Myatt, Tessa	FR Macalester	9.97	11.35	

Women 4x200 Meter Relay

School	Seed	Finals	Points
1 Macalester 'A'	1:55.00	1:53.60	
1) Hunter, Penny SR	2) Carver, Zoe SO		
3) Saba, Yinka SR	4) Tomety, Harmony-Keli FR		
2 Luther 'A'	1:59.54	1:53.88	
1) Elco, Annika SO	2) Davidson, Grace SR		
3) Marks, Amara JR	4) Rahberg, Zoe SO		
3 Bethany Lutheran 'A'		1:55.60	
1) Gibson, Cassidy FR	2) Rowen, Emma FR		
3) Schwartz, Anna FR	4) Witbrod, Stephanie JR		
4 Martin Luther 'A'	2:06.77	2:01.43	
1) Hartzell, Aubrey FR	2) Holzbauer, MacKenzie SR		
3) VanDenHeuvel, Liberty FR	4) Foley, Naomi SO		

Women 4x400 Meter Relay

School	Seed	Finals	Points
1 Carleton 'A'	4:16.00	4:18.79	
1) Blanchard, Mary JR	2) Trojan, Emma FR		
3) Cutter, Alice JR	4) Erickson, Lara JR		
2 Macalester 'A'	4:13.00	4:24.17	
1) Edison, Elise FR	2) Wilkins, Hadley SO		

Carleton Meet of Hearts - 2/10/2024

Recreation Center

Results

....Women 4x400 Meter Relay

3) Myatt, Tessa FR	4) Wilson, Seneca FR		
3 Martin Luther 'A'	4:49.44	4:40.00	
1) Foley, Naomi SO	2) Grass, Samantha FR		
3) VanDenHeuvel, Liberty FR	4) Hartzell, Aubrey FR		
4 Luther 'A'	4:46.49	4:40.18	
1) Chen, Lily SR	2) Hansen, Penelope SO		
3) Corbin, Lucy SO	4) Grams, Sarah JR		

Women High Jump

Name	Year School	Seed	Finals	Points
1 Schlei, Ella	SO Martin Luther	1.50m	J1.45m	Tie Breaker: 1.44 O
1.40 1.45 1.50				
O O XXX				
2 Witbrod, Stephanie	JR Bethany Lutheran		J1.45m	
1.40 1.45 1.50				
O O XXX				

Women Pole Vault

Name	Year School	Seed	Finals	Points
1 Ricks, Karissa	Unattached	3.37m	3.36m	
1.95 2.10 2.25 2.40 2.55 2.70 2.85 2.95 3.05 3.22 3.36 3.51				
PPP PPP PPP PPP PPP PPP PPP O O XO XXX				
2 Wilson, Seneca	FR Macalester	2.65m	2.55m	
1.95 2.10 2.25 2.40 2.55 2.70				
PPP PPP PPP O XO XXX				
3 Boyd, Roen	SO Macalester	2.30m	J2.55m	
1.95 2.10 2.25 2.40 2.55 2.70				
O O O O XXO XXX				
4 Hedin, Linnea	SO Luther	2.29m	J2.55m	
1.95 2.10 2.25 2.40 2.55 2.70				
O O O XO XXO XXX				
5 Koehler, Jenna	JR Martin Luther	2.00m	2.25m	
1.95 2.10 2.25 2.40				
O O O XXX				
-- Foley, Naomi	SO Martin Luther	1.90m	NH	
1.95 2.10 2.25 2.40				
PPP PPP PPP XXX				
-- Schwartz, Anna	FR Bethany Lutheran	2.83m	NH	
1.95 2.10 2.25 2.40 2.55				
PPP PPP PPP PPP XXX				

Women Long Jump

Name	Year School	Seed	Finals	Points
1 Ring, Camille	FR Crown	4.63m	4.84m	
4.69m FOUL 4.84m 4.12m 4.59m 4.40m				
2 Myatt, Tessa	FR Macalester	4.56m	4.62m	
4.49m 4.61m 4.48m 4.48m 4.56m 4.62m				
3 Cappellmann, Lauren	SO Macalester	4.13m	4.21m	
4.06m 4.07m 4.01m 4.01m 4.13m 4.21m				

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****....Women Long Jump**

4 Schei, Gabbie	SR Luther	3.87m	4.11m
3.87m 3.96m 3.93m 3.88m 4.11m 3.78m			
5 Holzbauer, MacKenzie	SR Martin Luther	3.89m	3.91m
3.73m 3.77m 3.52m 3.79m 3.91m 3.60m			
-- Jorgenson, Kaleigh	FR Crown		FOUL
FOUL PASS PASS			

Women Triple Jump

Name	Year School	Seed	Finals	Points
1 Anderson, Naomi	JR Bethany Lutheran		9.35m	
FOUL 8.76m 9.35m 9.30m FOUL 9.14m				
-- Hartzell, Aubrey	FR Martin Luther		FOUL	
FOUL FOUL FOUL				

Women Shot Put

Name	Year School	Seed	Finals	H#	Points
1 Lin, Jessica	FR Macalester	11.63m	11.64m	2	
11.45m 10.79m 11.03m 10.67m 11.03m 11.64m					
2 Nolte, Elise	SO Martin Luther	11.32m	11.19m	2	
11.01m 10.91m 10.01m 11.05m 10.89m 11.19m					
3 Hobby, Sarah Beth	SR Macalester	11.36m	11.12m	2	
10.72m FOUL 10.78m 10.66m 11.06m 11.12m					
4 Lundvall, Julianne	FR Luther	10.60m	10.74m	2	
10.48m 10.64m 10.52m 10.03m 10.66m 10.74m					
5 Horvath, Chando	SR St. Catherin	10.93m	10.63m	2	
10.44m 10.63m 10.42m 9.93m 9.62m 9.53m					
6 Althoff, Abby	JR St. Catherin	9.72m	9.72m	2	
9.42m 9.35m 9.51m 9.50m 9.72m FOUL					
7 Tortorella, Katelynn	FR Bethany Lutheran	9.70m	9.62m	2	
9.19m 9.02m 9.62m 9.09m 9.26m 9.39m					
8 Schlei, Ella	SO Martin Luther	9.71m	9.12m	2	
8.97m 9.12m 9.09m 9.08m 8.82m 8.55m					
9 Johnson, Meghan	SO Martin Luther	8.74m	x9.08m	1	
9.08m 8.86m 8.51m					
10 Lewandowski, Maggie	FR St. Catherin	9.08m	x8.98m	1	
8.15m 8.16m 8.98m					
11 Kordus, Grace	SO St. Catherin	7.94m	x8.85m	1	
7.33m 8.40m 8.85m					
12 Domke, Leah	SO Martin Luther	9.10m	x8.61m	1	
8.08m 8.31m 8.61m					
13 Fawcett, Gabby	FR Crown	8.62m	8.60m	1	
8.60m 8.40m 8.09m					
14 Cappelmann, Lauren	SO Macalester		x8.19m	1	
8.11m 7.93m 8.19m					
15 Imdieke, Ashley	JR Luther	7.39m	8.18m	1	
8.18m 7.01m 8.00m					
16 Gardner, Ellie	JR Luther	7.53m	x7.65m	1	
6.76m 7.65m 7.29m					
17 Groth, Rachel	FR Martin Luther	7.30m	x7.39m	1	
6.53m 6.84m 7.39m					

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****Women Weight Throw**

Name	Year	School	Seed	Finals	H#	Points
1 Bosman, Neenah	JR	Carleton	13.29m	13.62m	2	
13.15m 12.82m 13.62m 11.99m 12.70m 12.27m						
2 Lin, Jessica	FR	Macalester	12.44m	13.31m	2	
13.25m 13.29m FOUL FOUL 13.31m FOUL						
3 Horvath, Chando	SR	St. Catherin	13.93m	12.90m	2	
FOUL 12.90m FOUL 11.92m 12.31m 12.61m						
4 Hardy, Payten	SR	Luther	12.93m	12.59m	2	
12.53m 12.59m 12.52m 10.21m 11.33m 12.08m						
5 Nolte, Elise	SO	Martin Luther	12.55m	11.82m	2	
8.70m 10.45m 9.99m 11.06m 10.13m 11.82m						
6 Domke, Leah	SO	Martin Luther	10.27m	11.75m	1	
10.55m FOUL 11.59m 11.24m 10.91m 11.75m						
7 Schlei, Ella	SO	Martin Luther	11.28m	x11.58m	2	
10.86m FOUL 11.20m 11.58m 11.08m 10.88m						
8 Johnson, Meghan	SO	Martin Luther	10.18m	x10.39m	1	
7.76m 8.17m 9.96m 10.39m 8.44m FOUL						
9 Tortorella, Katelynn	FR	Bethany Lutheran	10.07m	10.33m	1	
9.74m 10.02m FOUL 9.77m 9.72m 10.33m						
10 Althoff, Abby	JR	St. Catherin	10.41m	9.57m	2	
FOUL FOUL 9.57m						
11 Fawcett, Gabby	FR	Crown	7.84m	8.94m	1	
8.64m 7.98m 8.94m						
12 Lewandowski, Maggie	FR	St. Catherin	7.90m	x8.65m	1	
7.73m 7.76m 8.65m						
13 Gardner, Ellie	JR	Luther		8.14m	1	
FOUL FOUL 8.14m						
14 Groth, Rachel	FR	Martin Luther	7.18m	x7.15m	1	
6.82m 6.63m 7.15m						
15 Cook, Jeanne	SO	Bethany Lutheran	7.22m	5.33m	1	
FOUL FOUL 5.33m						