

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****Men 55 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Riehle, Austyn	FR Luther	7.33	6.81	3	
2 Zong-Naba, Sylvain	JR Macalester	7.21	6.83	3	
3 Smith, Kameron	FR Augsburg	7.43	6.83	3	
4 Hueske, Trevor	FR Martin Luther	7.59	6.96	3	
5 Sanchez, Peter	SO Macalester	7.56	7.01	3	
6 Hosler, Ashton	FR Crown	7.58	7.03	3	
7 Kogut, Jacob	JR Macalester	7.56	x7.06	3	
8 Hillmer, Matthew	JR Martin Luther	7.95	7.12	2	
9 Shanno, Hugh	JR Carleton	7.77	7.21	2	
10 Mahamud, Hamza	SO Macalester		x7.22	1	
11 Shariff, Nasiruddin	SO Augsburg	7.82	7.37	2	
12 McVety, Jude	FR Crown		7.43	1	
13 VonEdeskuty, Matthew	FR Crown	7.97	x7.51	2	
14 Dunn, Jude	FR Crown	8.71	x8.07	2	
15 Buckheit, Alex	FR Crown	8.79	x8.77	2	

Men 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Heitler, Arlo	JR Macalester	22.80	22.64	1	
2 Nathan, Asher	FR Carleton	23.48	23.26	1	
3 Demetriades, Theo	SO Carleton	24.14	23.76	2	
4 Holtz, Lucas	FR Martin Luther	23.80	23.86	1	
5 Riehle, Austyn	FR Luther	24.24	24.02	2	
6 Raasch, Eric Martin	JR Martin Luther	24.77	24.11	3	
7 Shanno, Hugh	JR Carleton	24.15	x24.40	2	
8 Hosler, Ashton	FR Crown	24.45	24.51	3	
9 Sanchez, Peter	SO Macalester	24.80	24.56	4	
10 Lefort, Tancrede	JR Luther	24.50	24.69	3	
11 Hillmer, Matthew	JR Martin Luther	24.79	x24.88	4	
12 Othman, Nandos	Luther		x25.10	7	
13 Lieberman, Boaz	FR Macalester	25.28	x25.16	5	
14 Wietzke, Andrew	JR Martin Luther	25.15	x25.18	4	
15 Abdi, Hassan	FR Augsburg	25.19	25.98	4	
16 VonEdeskuty, Matthew	FR Crown	26.34	26.11	6	
17 Shariff, Nasiruddin	SO Augsburg	26.21	26.30	5	
18 McVety, Jude	FR Crown		x26.80	7	
19 Weyiouanna, Skye	FR Bethany Lutheran		27.66	6	
20 Buckheit, Alex	FR Crown		x31.89	7	

Men 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Clement, Emmanuel	FR Augsburg	54.76	54.43	2	
24.948 (24.948)	54.428 (29.480)				
2 Pierce, Charlie	FR Macalester	55.30	55.65	2	
27.648 (27.648)	55.650 (28.002)				
3 Klassen, Luke	FR Crown	56.40	55.73	2	
27.486 (27.486)	55.724 (28.238)				

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****....Men 400 Meter Dash**

4 Hillmer, Matthew	JR Martin Luther	57.30	56.67	1
26.948 (26.948)	56.661 (29.714)			
5 Abdi, Hassan	FR Augsburg	57.51	57.30	1
27.252 (27.252)	57.294 (30.042)			
6 Othman, Nandos	Luther		57.87	1
25.872 (25.872)	57.870 (31.998)			
7 Bolarinwa, Moudjibou	SO Bethany Lutheran		1:02.04	1
27.801 (27.801)	1:02.039 (34.238)			

Men 600 Meter Run

Name	Year School	Seed	Finals	Points
1 Schonebaum, Henry	SO Macalester	1:25.55	1:25.11	
26.506 (26.506)	54.299 (27.793)	1:25.108 (30.810)		
2 Duffy, Leo	SR Luther	1:24.00	1:25.83	
26.231 (26.231)	54.120 (27.890)	1:25.828 (31.708)		
3 Malecha, Thomas	SO Macalester	1:26.82	1:25.91	
26.609 (26.609)	54.654 (28.045)	1:25.901 (31.247)		
4 Lebakken, Jay	SO Macalester	1:29.30	x1:27.89	
27.711 (27.711)	56.595 (28.884)	1:27.883 (31.288)		
5 Taylor, Ike	JR Luther	1:28.00	1:28.15	
28.441 (28.441)	57.141 (28.701)	1:28.143 (31.002)		

Men 800 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Moresi, Kelvin	FR Macalester	2:00.00	2:01.26	2	
28.933 (28.933)	59.281 (30.348)	1:30.334 (31.053)	2:01.252 (30.918)		
2 Wiltse, Daniel	FR Macalester	1:58.63	2:01.66	2	
28.342 (28.342)	58.631 (30.290)	1:29.700 (31.069)	2:01.656 (31.956)		
3 Oty, Shareef	FR Augsburg	2:03.35	2:02.05	2	
28.776 (28.776)	59.175 (30.399)	1:30.154 (30.980)	2:02.045 (31.891)		
4 Schibbelhut, Micah	JR Martin Luther	2:05.72	2:02.83	2	
29.205 (29.205)	59.759 (30.554)	1:31.763 (32.004)	2:02.829 (31.067)		
5 Ali, Kalid	JR Macalester	2:00.00	x2:02.95	2	
28.545 (28.545)	58.921 (30.376)	1:29.708 (30.787)	2:02.946 (33.238)		
6 Wondimu, Bereket	JR Augsburg	2:04.06	2:03.29	2	
28.960 (28.960)	59.409 (30.450)	1:30.643 (31.234)	2:03.281 (32.638)		
7 Pausma, Nathan	JR Martin Luther	2:09.53	2:04.52	1	
29.764 (29.764)	1:01.565 (31.801)	1:33.809 (32.245)	2:04.512 (30.703)		
8 Binsfeld, Matthew	SO Luther	2:10.00	2:05.41	1	
30.651 (30.651)	1:02.655 (32.004)	1:34.183 (31.528)	2:05.407 (31.224)		
9 McDevitt, Hayden	FR Carleton	2:10.12	2:07.92	1	
29.924 (29.924)	1:01.995 (32.072)	1:34.324 (32.329)	2:07.920 (33.596)		
10 Bodnar, Alex	FR Luther	2:09.00	2:09.21	1	
30.363 (30.363)	1:02.364 (32.001)	1:34.862 (32.498)	2:09.203 (34.342)		
11 Hoppe, Josiah	JR Bethany Lutheran		2:11.88	1	
30.619 (30.619)	1:03.057 (32.438)	1:37.129 (34.073)	2:11.875 (34.746)		
12 Munson, Caleb	FR Martin Luther	2:36.22	x2:12.69	1	
31.248 (31.248)	1:03.514 (32.266)	1:37.683 (34.170)	2:12.686 (35.003)		

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****Men 1000 Meter Run**

Name	Year	School	Seed	Finals	H#	Points
1 Bati, Mohammed	SO	Augsburg	2:34.00	2:34.71	2	
31.661 (31.661)	1:03.543 (31.882)	1:35.135 (31.593)	2:06.423 (31.288)			
2:34.703 (28.280)						
2 Lyness, Indy	SO	Carleton	2:38.47	2:36.08	2	
31.141 (31.141)	1:02.892 (31.751)	1:34.863 (31.972)	2:06.986 (32.123)			
2:36.071 (29.086)						
3 Asfaw, Getinat	JR	Augsburg	2:37.34	2:36.28	2	
31.914 (31.914)	1:03.875 (31.961)	1:35.499 (31.624)	2:07.111 (31.613)			
2:36.277 (29.166)						
4 Olsson, Tor	JR	Macalester	2:35.55	2:36.66	2	
32.219 (32.219)	1:04.189 (31.971)	1:35.009 (30.820)	2:06.656 (31.648)			
2:36.655 (29.999)						
5 Getty, Drew	SR	Macalester	2:37.00	2:36.79	2	
31.449 (31.449)	1:03.183 (31.734)	1:35.249 (32.066)	2:07.397 (32.149)			
2:36.785 (29.388)						
6 Chambers-Trubatch, Simon	FR	Carleton	2:45.58	2:41.44	1	
31.269 (31.269)	1:04.084 (32.816)	1:37.275 (33.191)	2:10.094 (32.820)			
2:41.439 (31.345)						
7 Hansen, Evan	SO	Luther	2:50.00	2:42.62	1	
30.941 (30.941)	1:04.199 (33.258)	1:37.798 (33.600)	2:11.484 (33.686)			
2:42.619 (31.135)						
8 Dizon, Jermaine	SO	Luther	2:44.00	2:45.90	2	
32.625 (32.625)	1:04.649 (32.024)	1:37.937 (33.288)	2:12.879 (34.943)			
2:45.893 (33.014)						
9 Engstrom, Zinabu	FR	Augsburg	2:45.83	x2:48.18	1	
31.677 (31.677)	1:05.773 (34.097)	1:40.849 (35.076)	2:14.471 (33.622)			
2:48.175 (33.704)						
10 Carey, Noah	FR	Luther	2:46.00	x2:49.76	1	
31.373 (31.373)	1:05.065 (33.692)	1:41.300 (36.236)	2:18.230 (36.930)			
2:49.759 (31.530)						
11 Taylor, Ike	JR	Luther	2:46.00	x2:49.92	1	
32.755 (32.755)	1:07.273 (34.519)	1:43.202 (35.929)	2:19.023 (35.822)			
2:49.913 (30.890)						
12 Klassen, Luke	FR	Crown	3:09.58	3:00.82	1	
33.101 (33.101)	1:09.239 (36.139)	1:46.821 (37.582)	2:26.201 (39.380)			
3:00.814 (34.614)						
13 Duffy, Leo	SR	Luther	2:46.00	x3:00.86	1	
34.008 (34.008)	1:08.871 (34.863)	1:45.804 (36.934)	2:25.151 (39.347)			
3:00.857 (35.707)						

Men 1 Mile Run

Name	Year	School	Seed	Finals	H#	Points
1 Llewellyn, Roy	SO	Carleton	4:20.93	4:16.11	4	
31.584 (31.584)	1:02.893 (31.309)	1:35.403 (32.511)	2:08.237 (32.834)			
2:41.042 (32.805)	3:13.925 (32.883)	3:25.837 (11.913)	4:16.101 (50.264)			
2 Bati, Mohammed	SO	Augsburg	4:17.30	4:21.75	4	
32.896 (32.896)	1:01.713 (28.817)	1:33.051 (31.338)	2:06.247 (33.197)			
2:39.869 (33.622)	3:14.224 (34.356)	3:48.272 (34.048)	4:21.747 (33.475)			
3 Getty, Drew	SR	Macalester	4:24.16	4:27.69	4	
34.348 (34.348)	1:07.201 (32.854)	1:40.985 (33.784)	2:15.473 (34.488)			
2:48.299 (32.826)	3:21.935 (33.637)	3:54.685 (32.750)	4:27.689 (33.004)			

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****....Men 1 Mile Run**

4 Galloway, Jordan	SO Macalester	4:37.06	4:28.81	4
34.837 (34.837)	1:07.803 (32.967)	1:41.826 (34.023)	2:16.519 (34.694)	
2:51.170 (34.651)	3:25.533 (34.364)	3:58.440 (32.907)	4:28.805 (30.366)	
5 Lange, Emerson	SO Carleton	4:32.36	4:30.84	4
34.099 (34.099)	1:07.031 (32.932)	1:40.818 (33.788)	2:15.849 (35.032)	
2:49.975 (34.126)	3:24.585 (34.611)	3:58.778 (34.193)	4:30.831 (32.054)	
6 Fendig, Alex	SR Macalester	4:34.71	x4:32.43	4
34.730 (34.730)	1:07.556 (32.826)	1:41.583 (34.027)	2:16.245 (34.662)	
2:50.901 (34.656)	3:59.791 (1:08.891)	4:32.427 (32.636)		
7 Pierce, Charlie	FR Macalester	4:45.00	x4:35.69	3
35.356 (35.356)	1:09.743 (34.388)	1:44.787 (35.044)	2:20.390 (35.604)	
2:55.999 (35.609)	3:30.657 (34.658)	4:04.382 (33.726)	4:35.685 (31.303)	
8 Lebakken, Kurt	SO Luther	4:45.00	4:35.98	3
36.311 (36.311)	1:11.003 (34.692)	1:45.346 (34.344)	2:20.867 (35.522)	
2:56.650 (35.783)	3:31.726 (35.076)	4:04.733 (33.007)	4:35.973 (31.241)	
9 Swoboda, Caden	SO Crown	4:44.28	4:36.17	3
35.751 (35.751)	1:10.188 (34.438)	1:44.656 (34.468)	2:20.179 (35.524)	
2:54.859 (34.680)	3:29.557 (34.698)	4:03.467 (33.911)	4:36.165 (32.698)	
10 Bode, Jack	FR Luther	4:44.00	4:36.68	4
34.990 (34.990)	1:08.146 (33.156)	1:42.285 (34.140)	2:17.439 (35.154)	
2:52.629 (35.190)	3:28.819 (36.190)	4:04.194 (35.375)	4:36.677 (32.483)	
11 Haugland, Jonas	JR Luther	4:45.00	x4:37.21	3
36.029 (36.029)	1:10.701 (34.672)	1:45.593 (34.892)	2:20.493 (34.900)	
2:56.275 (35.782)	3:30.589 (34.314)	4:03.897 (33.309)	4:37.207 (33.310)	
12 Hanley, Brett	JR Carleton	4:47.28	x4:38.72	3
35.624 (35.624)	1:10.024 (34.400)	1:45.057 (35.033)	2:20.261 (35.204)	
2:55.763 (35.502)	3:30.189 (34.426)	4:05.390 (35.202)	4:38.715 (33.326)	
13 Deedon, Andrew	FR Crown	4:48.26	4:38.87	3
35.880 (35.880)	1:10.460 (34.580)	1:45.186 (34.726)	2:19.947 (34.762)	
2:55.179 (35.232)	3:30.115 (34.936)	4:04.889 (34.774)	4:38.862 (33.974)	
14 Thompson, Gabe	FR Macalester	4:46.17	x4:39.23	3
35.419 (35.419)	1:09.369 (33.951)	1:44.159 (34.790)	2:20.025 (35.866)	
2:55.449 (35.425)	3:30.427 (34.978)	4:05.255 (34.828)	4:39.226 (33.971)	
15 Fox, Johnny	FR Luther	4:50.00	x4:46.13	2
36.326 (36.326)	1:12.957 (36.631)	1:49.798 (36.841)	2:27.238 (37.441)	
3:03.510 (36.272)	3:39.771 (36.261)	4:14.094 (34.323)	4:46.122 (32.028)	
16 Nelson, Henry	SO Augsburg	4:44.70	4:46.37	3
34.969 (34.969)	1:09.107 (34.139)	1:43.875 (34.768)	2:19.770 (35.895)	
2:56.052 (36.282)	3:32.519 (36.467)	4:09.476 (36.958)	4:46.367 (36.891)	
17 Hoisington, Quinn	FR Macalester	4:55.00	x4:48.56	2
36.157 (36.157)	1:13.204 (37.048)	1:50.067 (36.863)	2:28.308 (38.242)	
3:05.226 (36.918)	3:40.084 (34.859)	4:16.076 (35.992)	4:48.554 (32.479)	
18 Adams, Brock	JR Macalester	4:44.21	x4:49.75	3
34.875 (34.875)	1:08.979 (34.104)	1:43.646 (34.667)	2:19.545 (35.899)	
2:55.721 (36.177)	3:32.133 (36.412)	4:10.111 (37.979)	4:49.750 (39.639)	
19 Sulzle, Camden	SR Martin Luther	4:53.88	4:50.03	2
36.380 (36.380)	1:13.271 (36.892)	1:50.183 (36.912)	2:27.907 (37.724)	
3:05.072 (37.166)	3:41.830 (36.758)	4:17.992 (36.162)	4:50.027 (32.036)	
20 Swanstrom-Arnold, Sorley	JR Luther	4:55.00	x4:50.13	2
36.189 (36.189)	1:13.436 (37.248)	1:50.350 (36.914)	2:28.455 (38.106)	
3:05.494 (37.040)	3:42.065 (36.571)	4:16.977 (34.912)	4:50.128 (33.151)	
21 Koch, Noah	FR Macalester	4:55.00	x4:50.32	2
36.726 (36.726)	1:13.686 (36.960)	1:50.531 (36.846)	2:28.632 (38.102)	
3:04.652 (36.020)	3:39.715 (35.063)	4:14.521 (34.806)	4:50.315 (35.794)	

Carleton Meet of Hearts - 2/10/2024
Recreation Center
Results

....Men 1 Mile Run

22	Younge, James	FR Bethany Lutheran	4:57.64	4:50.59	2
	36.684 (36.684)	1:13.559 (36.875)	1:50.416 (36.858)	2:28.040 (37.624)	
	3:04.942 (36.902)	3:40.750 (35.808)	4:16.727 (35.978)	4:50.582 (33.856)	
23	Michaelson, Jacob	SO Luther	4:50.00	x4:51.17	2
	35.594 (35.594)	1:12.834 (37.240)	1:49.752 (36.918)	2:27.567 (37.815)	
	3:03.944 (36.378)	3:40.316 (36.372)	4:15.772 (35.456)	4:51.164 (35.392)	
24	Anderson, Charlie	SR Luther	5:00.00	x4:52.65	1
	37.367 (37.367)	1:12.403 (35.036)	1:49.081 (36.678)	2:27.221 (38.140)	
	3:05.239 (38.018)	3:42.610 (37.372)	4:18.910 (36.300)	4:52.647 (33.737)	
25	Jamison, Andrew	SO Carleton	5:00.00	x4:53.25	1
	36.369 (36.369)	1:11.644 (35.275)	1:48.455 (36.811)	2:26.533 (38.078)	
	3:04.643 (38.111)	3:42.263 (37.620)	4:18.895 (36.633)	4:53.249 (34.354)	
26	Mazor, Ben	JR Carleton	4:52.70	x4:53.95	2
	35.912 (35.912)	1:12.564 (36.652)	1:49.534 (36.970)	2:28.279 (38.746)	
	3:05.845 (37.566)	3:42.602 (36.757)	4:19.195 (36.594)	4:53.947 (34.752)	
27	Quinn, Wil	FR Luther	5:05.00	x4:58.50	1
	36.967 (36.967)	1:12.037 (35.070)	1:48.727 (36.690)	2:26.806 (38.079)	
	3:04.903 (38.098)	3:43.159 (38.256)	4:20.932 (37.773)	4:58.493 (37.562)	
28	Melendez, Jordan	JR Luther	5:10.00	x5:05.38	1
	37.820 (37.820)	1:14.319 (36.500)	1:52.190 (37.871)	2:31.053 (38.864)	
	3:11.164 (40.111)	3:51.665 (40.502)	4:30.580 (38.915)	5:05.373 (34.793)	
29	Munson, Caleb	FR Martin Luther	5:14.95	5:06.38	1
	39.191 (39.191)	1:16.661 (37.470)	1:55.319 (38.659)	2:34.895 (39.576)	
	3:13.765 (38.870)	3:53.105 (39.340)	4:31.341 (38.236)	5:06.377 (35.037)	
30	Hutchinson, Elijah	SO Martin Luther	5:29.44	x5:11.54	1
	39.787 (39.787)	1:16.943 (37.156)	1:55.505 (38.562)	2:35.222 (39.718)	
	3:14.713 (39.491)	3:54.723 (40.011)	4:33.973 (39.250)	5:11.538 (37.565)	
31	Edmondson, Trace	JR Bethany Lutheran	5:18.79	5:14.85	1
	38.118 (38.118)	1:15.403 (37.285)	1:54.442 (39.040)	2:35.067 (40.626)	
	3:15.248 (40.181)	3:56.128 (40.880)	4:37.183 (41.056)	5:14.841 (37.658)	
32	Nelson, Ryan	FR Luther	5:20.00	x5:15.64	1
	38.337 (38.337)	1:14.869 (36.532)	1:53.436 (38.568)	2:33.407 (39.972)	
	3:13.317 (39.910)	3:54.546 (41.230)	4:35.393 (40.848)	5:15.638 (40.245)	
33	Cowles, Alex	FR Luther	5:35.00	x5:31.99	1
	39.563 (39.563)	1:17.453 (37.890)	1:57.723 (40.270)	2:40.431 (42.708)	
	3:23.942 (43.512)	4:07.171 (43.230)	4:51.041 (43.870)	5:31.989 (40.948)	

Men 3000 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 McKee, Reece	JR Macalester	8:44.92	8:32.30	2	
	34.46 (34.46)	1:07.46 (33.00)	1:41.90 (34.44)	2:16.76 (34.86)	
	2:52.59 (35.83)	3:26.82 (34.23)	4:01.54 (34.72)	4:36.46 (34.92)	
	5:11.50 (35.04)	5:46.63 (35.13)	6:20.45 (33.82)	6:54.33 (33.88)	
	7:28.62 (34.29)	8:01.18 (32.56)	8:32.291 (31.13)		
2 Crotteau, Ben	JR Macalester	8:51.93	8:36.58	2	
	35.16 (35.16)	1:08.05 (32.89)	1:42.69 (34.64)	2:17.46 (34.77)	
	2:53.56 (36.10)	3:27.86 (34.30)	4:02.35 (34.49)	4:37.27 (34.92)	
	5:11.96 (34.69)	5:47.10 (35.14)	6:20.59 (33.49)	6:54.53 (33.94)	
	7:28.85 (34.32)	8:02.02 (33.17)	8:36.575 (34.57)		

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****....Men 3000 Meter Run**

3 Nichols, Gabe	SO Carleton	9:00.00	8:38.85	2
35.41 (35.41)	1:08.98 (33.57)	1:43.38 (34.40)	2:17.86 (34.48)	
2:53.74 (35.88)	3:28.46 (34.72)	4:02.55 (34.09)	4:36.88 (34.33)	
5:11.74 (34.86)	5:46.87 (35.13)	6:21.32 (34.45)	6:55.90 (34.58)	
7:31.27 (35.37)	8:06.32 (35.05)	8:38.846 (32.54)		
4 Edwards, Tyler	SO Macalester	8:57.43	x8:39.31	2
34.92 (34.92)	1:07.84 (32.92)	1:42.45 (34.61)	2:17.34 (34.89)	
2:53.33 (35.99)	3:27.64 (34.31)	4:02.18 (34.54)	4:37.18 (35.00)	
5:12.32 (35.14)	5:47.67 (35.35)	6:21.94 (34.27)	6:56.38 (34.44)	
7:31.68 (35.30)	8:06.67 (34.99)	8:39.310 (32.65)		
5 Koller, Adam	SR Luther	8:45.00	8:49.75	2
34.39 (34.39)	1:07.37 (32.98)	1:41.98 (34.61)	2:17.05 (35.07)	
2:53.03 (35.98)	3:27.25 (34.22)	4:01.82 (34.57)	4:36.85 (35.03)	
5:12.21 (35.36)	5:48.15 (35.94)	6:24.01 (35.86)	7:00.86 (36.85)	
7:38.24 (37.38)	8:15.25 (37.01)	8:49.746 (34.51)		
6 Ihrke, Nick	JR Macalester	8:58.67	x8:50.99	2
36.17 (36.17)	1:09.59 (33.42)	1:44.24 (34.65)	2:19.65 (35.41)	
2:54.82 (35.17)	3:29.90 (35.08)	4:04.86 (34.96)	4:40.64 (35.78)	
5:16.17 (35.53)	5:52.40 (36.23)	6:28.01 (35.61)	7:04.71 (36.70)	
7:41.35 (36.64)	8:17.69 (36.34)	8:50.987 (33.31)		
7 Iselin, Dan	Unattached	8:38.00	8:52.25	2
34.06 (34.06)	1:07.08 (33.02)	1:41.63 (34.55)	2:16.63 (35.00)	
2:52.72 (36.09)	3:28.79 (36.07)	4:04.07 (35.28)	4:39.72 (35.65)	
5:15.55 (35.83)	5:51.57 (36.02)	6:28.38 (36.81)	7:05.03 (36.65)	
7:41.87 (36.84)	8:17.97 (36.10)	8:52.248 (34.29)		
8 Gillikin, Benjamin	JR Luther	9:00.00	8:55.57	2
35.93 (35.93)	1:09.21 (33.28)	1:43.80 (34.59)	2:19.27 (35.47)	
2:54.39 (35.12)	3:29.91 (35.52)	4:05.26 (35.35)	4:40.98 (35.72)	
5:17.02 (36.04)	5:53.81 (36.79)	6:31.47 (37.66)	7:08.68 (37.21)	
7:45.75 (37.07)	8:23.20 (37.45)	8:55.562 (32.38)		
9 Fellingham, Kaeden	SR Luther	9:00.00	x8:56.88	2
34.96 (34.96)	1:08.75 (33.79)	1:43.57 (34.82)	2:18.56 (34.99)	
2:54.06 (35.50)	3:29.11 (35.05)	4:03.77 (34.66)	4:39.16 (35.39)	
5:15.28 (36.12)	5:51.94 (36.66)	6:28.91 (36.97)	7:05.79 (36.88)	
7:43.54 (37.75)	8:20.63 (37.09)	8:56.873 (36.26)		
10 Thompson, Malachi	SR Luther	9:00.00	x8:58.67	2
35.72 (35.72)	1:08.53 (32.81)	1:43.24 (34.71)	2:18.92 (35.68)	
2:55.22 (36.30)	3:31.16 (35.94)	4:07.33 (36.17)	4:43.96 (36.63)	
5:21.18 (37.22)	5:58.30 (37.12)	6:35.36 (37.06)	7:12.43 (37.07)	
7:49.70 (37.27)	8:25.49 (35.79)	8:58.664 (33.19)		
11 Montover, Christian	SO Luther	9:15.00	x9:12.44	1
39.33 (39.33)	1:16.74 (37.41)	1:53.53 (36.79)	2:30.65 (37.12)	
3:07.30 (36.65)	3:43.61 (36.31)	4:20.02 (36.41)	4:57.05 (37.03)	
5:34.18 (37.13)	6:11.52 (37.34)	6:47.80 (36.28)	7:25.14 (37.34)	
8:01.53 (36.39)	8:37.72 (36.19)	9:12.438 (34.73)		
12 Appel, Aidan	JR Macalester	9:18.00	x9:26.60	1
39.67 (39.67)	1:17.07 (37.40)	1:53.89 (36.82)	2:30.95 (37.06)	
3:07.02 (36.07)	3:43.34 (36.32)	4:19.70 (36.36)	4:56.84 (37.14)	
5:34.15 (37.31)	6:11.68 (37.53)	6:48.26 (36.58)	7:27.03 (38.77)	
8:07.37 (40.34)	8:48.60 (41.23)	9:26.599 (38.01)		
13 Vanspriell, Sam	SR Macalester	9:19.19	x9:28.96	1
39.48 (39.48)	1:16.94 (37.46)	1:53.77 (36.83)	2:30.75 (36.98)	
3:07.74 (36.99)	3:44.10 (36.36)	4:21.30 (37.20)	4:59.81 (38.51)	
5:38.26 (38.45)	6:17.12 (38.86)	6:55.77 (38.65)	7:34.75 (38.98)	
8:13.54 (38.79)	8:52.19 (38.65)	9:28.956 (36.78)		

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****....Men 3000 Meter Run**

14 Deedon, Andrew	FR Crown	9:49.88	9:36.60	1
40.39 (40.39)	1:17.77 (37.38)	1:54.35 (36.58)	2:31.55 (37.20)	
3:08.16 (36.61)	3:44.63 (36.47)	4:21.07 (36.44)	4:59.89 (38.82)	
5:38.96 (39.07)	6:18.34 (39.38)	6:58.60 (40.26)	7:39.91 (41.31)	
8:20.62 (40.71)	8:59.75 (39.13)	9:36.595 (36.85)		
15 Swoboda, Caden	SO Crown	9:57.39	9:46.04	1
40.68 (40.68)	1:17.85 (37.17)	1:54.45 (36.60)	2:31.90 (37.45)	
3:08.65 (36.75)	3:44.98 (36.33)	4:22.17 (37.19)	5:00.20 (38.03)	
5:39.12 (38.92)	6:18.71 (39.59)	6:59.05 (40.34)	7:41.74 (42.69)	
8:24.46 (42.72)	9:06.52 (42.06)	9:46.039 (39.53)		
16 Sulzle, Camden	SR Martin Luther	9:59.49	9:49.30	1
41.47 (41.47)	1:20.14 (38.67)	2:00.63 (40.49)	2:40.79 (40.16)	
3:19.95 (39.16)	3:57.09 (37.14)	4:34.80 (37.71)	5:14.47 (39.67)	
5:54.88 (40.41)	6:35.13 (40.25)	7:16.01 (40.88)	7:57.03 (41.02)	
8:37.21 (40.18)	9:15.20 (37.99)	9:49.296 (34.10)		
17 Adams, Brock	JR Macalester	9:25.00	x9:52.54	1
40.59 (40.59)	1:19.23 (38.64)	1:59.81 (40.58)	2:39.05 (39.24)	
3:17.44 (38.39)	3:56.13 (38.69)	4:34.99 (38.86)	5:14.68 (39.69)	
5:54.85 (40.17)	6:35.33 (40.48)	7:16.12 (40.79)	7:57.23 (41.11)	
8:37.71 (40.48)	9:15.34 (37.63)	9:52.539 (37.21)		
18 Younge, James	FR Bethany Lutheran	9:56.29	9:59.87	1
40.21 (40.21)	1:19.27 (39.06)	1:59.72 (40.45)	2:40.07 (40.35)	
3:19.62 (39.55)	3:59.01 (39.39)	4:38.84 (39.83)	5:19.37 (40.53)	
6:00.27 (40.90)	6:40.66 (40.39)	7:21.29 (40.63)	8:01.93 (40.64)	
8:42.33 (40.40)	9:22.00 (39.67)	9:59.866 (37.88)		
19 Hutchinson, Elijah	SO Martin Luther	10:30.32	10:20.46	1
42.48 (42.48)	1:22.89 (40.41)	2:03.59 (40.70)	2:44.71 (41.12)	
3:25.65 (40.94)	4:06.35 (40.70)	4:47.47 (41.12)	5:28.98 (41.51)	
6:11.16 (42.18)	6:53.87 (42.71)	7:36.61 (42.74)	8:18.73 (42.12)	
9:00.89 (42.16)	9:41.64 (40.75)	10:20.458 (38.83)		
-- Madell, Joe	JR Macalester	9:01.17	DNF	2
36.24 (36.24)	1:09.88 (33.64)	1:44.62 (34.74)	2:19.97 (35.35)	
2:55.13 (35.16)	3:30.47 (35.34)	4:05.68 (35.21)	4:41.34 (35.66)	
-- Kipchirchir, Calvin	FR Bethany Lutheran		DNF	1
41.18 (41.18)	1:19.95 (38.77)	2:00.40 (40.45)	2:40.52 (40.12)	
3:19.11 (38.59)	3:53.79 (34.68)	4:32.99 (39.20)	5:30.10 (57.11)	

Men 55 Meter Hurdles

Name	Year School	Seed	Finals	Points
1 Stefanowicz, Sebastian	SO Macalester	8.91	8.25	
2 Mahamud, Hamza	SO Macalester	9.38	8.37	
3 Kaster, Soren	FR Carleton	9.36	8.43	
4 Stanton, Jeremiah	SO Martin Luther	9.36	8.51	
5 Demetriades, Theo	SO Carleton	9.43	8.82	
6 Powell, Danny	FR Macalester	9.66	x8.99	
7 Cline-Cole, Ethan	SO Carleton	10.27	x9.27	

Men 4x200 Meter Relay

School	Seed	Finals	Points
1 Martin Luther 'A'		1:35.02	
1) Stanton, Jeremiah SO	2) Holtz, Lucas FR		

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****....Men 4x200 Meter Relay**

3) Raasch, Eric Martin JR	4) Hueske, Trevor FR	
2 Macalester 'A'	1:35.00	1:37.07
1) Stefanowicz, Sebastian SO	2) Powell, Danny FR	
3) Lieberman, Boaz FR	4) Sanchez, Peter SO	
3 Bethany Lutheran 'A'		1:44.34
1) Kipchirchir, Calvin FR	2) Skaden, Austin FR	
3) Rethemeyer, Andrew FR	4) Strom, Matthew SO	

Men 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Macalester 'A'	3:33.17	3:31.60	2	
1) Heitler, Arlo JR	2) Schonebaum, Henry SO			
3) Malecha, Thomas SO	4) Ali, Kalid JR			
2 Augsburg 'A'	3:41.07	3:32.26	2	
1) Clement, Emmanuel FR	2) Oty, Shareef FR			
3) Wondimu, Bereket JR	4) Asfaw, Getinat JR			
3 Martin Luther 'A'	3:35.71	3:34.49	2	
1) Pausma, Nathan JR	2) Schibbelhut, Micah JR			
3) Stanton, Jeremiah SO	4) Raasch, Eric Martin JR			
4 Luther 'A'	3:38.58	3:40.99	2	
1) Duffy, Leo SR	2) Dizon, Jermaine SO			
3) Swanstrom-Arnold, Sorley JR	4) Lefort, Tancrede JR			
5 Luther 'B'	3:48.00	x3:46.27	1	
1) Riehle, Austyn FR	2) Carey, Noah FR			
3) Bodnar, Alex FR	4) Taylor, Ike JR			
6 Carleton 'B'	3:50.00	3:48.49	1	
1) Demetriades, Theo SO	2) Lange, Emerson SO			
3) Mazor, Ben JR	4) Llewellyn, Roy SO			
7 Luther 'C'	3:52.00	x3:50.76	1	
1) Bode, Jack FR	2) Lebakken, Kurt SO			
3) Anderson, Charlie SR	4) Quinn, Wil FR			
8 Luther 'D'	4:00.00	x3:50.97	1	
1) Michaelson, Jacob SO	2) Fox, Johnny FR			
3) Binsfeld, Matthew SO	4) Pederson, Markus SO			

Men High Jump

Name	Year School	Seed	Finals	Points
1 Cline-Cole, Ethan	SO Carleton	1.80m	1.68m	
1.53 1.58 1.63 1.68 1.73				
PPP PPP O O XXX				
2 Plocher, Thomas	FR Martin Luther	1.85m	1.63m	
1.53 1.58 1.63 1.68				
PPP PPP O XXX				
3 Wietzke, Andrew	JR Martin Luther	1.70m	J1.63m	
1.53 1.58 1.63 1.68				
PPP XXO XXO XXX				
4 Weyiouanna, Skye	FR Bethany Lutheran	1.61m	1.58m	
1.53 1.58 1.63				
O XO XX				

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****Men Pole Vault**

Name	Year	School	Seed	Finals	Points
1 Kaster, Soren	FR	Carleton	4.07m	3.98m	
2.80 3.10 3.25 3.40 3.55 3.70 3.85 3.98 4.08 4.18					
PPP PPP PPP PPP PPP XO PPP O PPP XXX					
2 Hammerschmidt, Jon		Unattached	4.00m	3.85m	
2.80 3.10 3.25 3.40 3.55 3.70 3.85 3.98					
PPP PPP PPP PPP PPP O O XXX					
3 Schibbelhut, Micah	JR	Martin Luther	3.75m	3.55m	
2.80 3.10 3.25 3.40 3.55 3.70 3.85					
PPP PPP PPP O O PPP XXX					
4 Adams, Tim	JR	Carleton	3.52m	3.40m	
2.80 3.10 3.25 3.40 3.55					
PPP PPP XO O XXX					
5 Wietzke, Andrew	JR	Martin Luther	3.45m	J3.40m	
2.80 3.10 3.25 3.40 3.55					
PPP PPP XO XXO XXX					
6 Weyiouanna, Skye	FR	Bethany Lutheran	3.16m	3.25m	
2.80 3.10 3.25 3.40					
O O O XXX					
7 Little, Caleb	SR	Martin Luther		x2.80m	
2.80 3.10					
XO XXX					
-- Ross, Chandler	SO	Martin Luther		NH	
2.80					
XXX					
-- Frankel, Charlie	FR	Macalester		NH	
2.80					
XXX					

Men Long Jump

Name	Year	School	Seed	Finals	Points
1 Raasch, Eric Martin	JR	Martin Luther	6.75m	6.33m	
6.33m 5.95m 5.88m FOUL FOUL 5.88m					
2 Stanton, Jeremiah	SO	Martin Luther	6.23m	6.28m	
FOUL 5.94m 6.28m FOUL FOUL 6.02m					
3 Smith, Kameron	FR	Augsburg	6.22m	6.15m	
5.85m FOUL 6.05m FOUL 5.93m 6.15m					
4 Lefort, Tancrede	JR	Luther	6.00m	5.83m	
FOUL FOUL 5.83m FOUL 5.66m 5.43m					
5 Hodin, Riley	JR	Macalester	5.99m	5.82m	
5.51m 4.75m 5.82m PASS PASS PASS					
6 Plocher, Thomas	FR	Martin Luther	6.15m	x5.65m	
5.34m FOUL 4.08m FOUL 5.65m 3.86m					
7 Demetriades, Theo	SO	Carleton	5.88m	5.55m	
5.54m 5.36m 5.55m FOUL FOUL FOUL					
8 Shariff, Nasiruddin	SO	Augsburg	5.45m	5.33m	
5.33m 5.06m 5.10m PASS 4.80m 4.84m					
9 Wang, Kevin	SO	Macalester	4.67m	4.28m	
4.28m FOUL 4.27m FOUL FOUL FOUL					
-- Veimau, Justin	SR	Macalester	5.83m	FOUL	
FOUL FOUL FOUL					

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****Men Triple Jump**

Name	Year	School	Seed	Finals	Points
1 Hodin, Riley	JR	Macalester	12.41m	13.23m	
FOUL 12.83m 12.81m 13.23m FOUL 11.45m					
2 Cline-Cole, Ethan	SO	Carleton	12.45m	12.51m	
12.12m 12.25m 12.24m 11.88m 11.85m 12.51m					
3 Smith, Kameron	FR	Augsburg		12.10m	
10.88m 12.10m 11.82m 12.00m 12.02m PASS					
4 Stanton, Jeremiah	SO	Martin Luther		11.84m	
11.84m FOUL PASS FOUL FOUL FOUL					
5 Plocher, Thomas	FR	Martin Luther	12.50m	11.50m	
FOUL 11.43m 11.47m FOUL 11.07m 11.50m					
6 Wietzke, Andrew	JR	Martin Luther		x11.21m	
10.77m 11.09m PASS 10.51m 11.03m 11.21m					
7 Skaden, Austin	FR	Bethany Lutheran		10.80m	
FOUL 10.80m FOUL FOUL FOUL 10.01m					
8 Hosler, Ashton	FR	Crown		10.47m	
10.47m PASS FOUL FOUL FOUL FOUL					

Men Shot Put

Name	Year	School	Seed	Finals	H#	Points
1 Burnham, Alexander	FR	Crown	12.83m	12.62m	2	
12.62m 11.67m 11.43m FOUL FOUL FOUL						
2 Perry, Robert	FR	Martin Luther	12.32m	12.19m	2	
12.17m 12.19m FOUL 11.54m FOUL FOUL						
3 Mills, Austin	SO	Macalester	11.77m	12.09m	2	
FOUL FOUL 11.88m 11.85m 11.71m 12.09m						
4 Strom, Logan	FR	Luther	12.21m	11.52m	2	
10.43m 11.52m FOUL 10.87m FOUL 11.06m						
5 DeLoach, Corey	FR	Augsburg	11.23m	11.06m	2	
10.90m 11.06m 10.95m 10.54m 10.89m FOUL						
6 Moldenhauer, Alexander	SO	Martin Luther	10.72m	10.78m	2	
10.76m 10.70m 10.78m 10.49m FOUL FOUL						
7 Yang, Aiden	SO	Macalester	10.61m	10.62m	1	
10.62m 9.91m 10.51m						
8 Mehlhorn, Joey	SO	Luther	10.82m	10.31m	2	
10.31m 10.23m FOUL 10.01m 9.66m 9.93m						
9 Morris, Noah	FR	Carleton	10.69m	10.27m	2	
10.00m 8.56m 10.27m 9.81m 9.68m FOUL						
10 Sullivan, Liam	FR	Carleton	10.24m	10.16m	1	
10.16m 9.89m 10.04m						
11 Demetriades, Theo	SO	Carleton	9.33m	x8.85m	1	
8.23m 8.85m 8.01m						
12 Muzatko, Evan	FR	Martin Luther	9.15m	x8.48m	1	
8.23m 8.48m 7.87m						
13 Ahmed, Ali	SO	Augsburg	8.70m	8.25m	1	
8.25m 8.21m 7.97m						
14 Schlei, Peter	FR	Bethany Lutheran	9.25m	8.19m	1	
8.19m 6.58m 7.32m						
15 Dahl, Joseph	FR	Luther	7.08m	x7.32m	1	
7.19m 6.58m 7.32m						

Carleton Meet of Hearts - 2/10/2024**Recreation Center****Results****Men Weight Throw**

=====									
Name			Year School				Seed	Finals	Points
=====									
1	Mills, Austin			SO Macalester			14.23m	14.06m	
	13.35m	FOUL	13.27m	14.06m	FOUL	13.66m			
2	Perry, Robert			FR Martin Luther			11.16m	12.36m	
	12.36m	12.08m	10.57m	11.76m	11.94m	11.43m			
3	Yang, Aiden			SO Macalester			12.42m	11.96m	
	10.04m	11.70m	11.96m	FOUL	FOUL	FOUL			
4	Moldenhauer, Alexander			SO Martin Luther			11.49m	11.48m	
	10.82m	10.93m	FOUL	11.48m	11.36m	10.98m			
5	Mehlhorn, Joey			SO Luther			12.89m	11.42m	
	10.90m	FOUL	11.42m	10.45m	10.86m	11.31m			
6	Burnham, Alexander			FR Crown			11.32m	11.41m	
	11.41m	10.08m	10.57m	FOUL	FOUL	FOUL			
7	Strom, Logan			FR Luther			11.74m	11.30m	
	9.02m	10.57m	10.15m	10.45m	10.48m	11.30m			
8	Morris, Noah			FR Carleton			9.70m	10.43m	
	FOUL	FOUL	10.43m	10.25m	7.80m	9.20m			
9	Sullivan, Liam			FR Carleton			8.71m	8.74m	
	8.40m	8.74m	FOUL	7.39m	FOUL	8.24m			
10	Dahl, Joseph			FR Luther			9.82m	x8.49m	
	8.49m	7.17m	8.21m						
11	Schlei, Peter			FR Bethany Lutheran			7.73m	7.81m	
	7.81m	7.63m	7.40m						
12	Muzatko, Evan			FR Martin Luther			7.46m	x7.35m	
	6.80m	6.47m	7.35m						