

Carleton Relays - 4/22/2023**Carleton College****Results****Women 100 Meter Dash**

	Name	Yr	School	Finals	Wind	H#
Finals						
1	Gray, Jordan		Multi Stars	12.39	1.9	2
2	Roberts, Riley	SO	Carleton	13.06	1.9	2
3	Lott, Bianca	FR	Carleton	13.22	1.9	2
4	Kubera, Kyla	FR	UW River Falls	13.42	1.9	2
5	Aladetan, Amira	SO	Carleton	13.54	1.9	2
6	Frias, Elizabeth	SO	Minnesota Morris	13.83	0.5	1
7	Hoppe, Cianna	JR	Bethany Lutheran	13.96	0.5	1
8	Diekmann, Paige	FR	Minnesota Morris	14.20	0.5	1
9	Salzman, Jordan	FR	UW River Falls	14.62	1.9	2

Women 200 Meter Dash

	Name	Yr	School	Finals	Wind	H#
Finals						
1	Roberts, Riley	SO	Carleton	27.29	2.4	2
2	Kubera, Kyla	FR	UW River Falls	28.21	2.4	2
3	Blanchette, Grace	JR	Carleton	28.25	2.4	2
4	Neuhart, Triniti	FR	Minnesota Morris	28.26	0.1	1
5	Aladetan, Amira	SO	Carleton	28.57	2.4	2
6	Anderson, Naomi	SO	Bethany Lutheran	30.61	0.1	1
7	Hintzman, Megan	FR	UW River Falls	31.13	0.1	1
8	Kraemer, Kat	FR	Minnesota Morris	32.34	0.1	1

Women 400 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Twicheil, Hadley	FR	Carleton	59.98
2	Langlois, Sarah	FR	UW River Falls	1:00.21

Women 800 Meter Run

	Name	Yr	School	Finals	H#
Finals					
1	Silverstein, Celia	FR	Carleton	2:20.79	3
2	Kuechle, Cailyn	FR	UW River Falls	2:21.93	3
3	Erickson, Lara	SO	Carleton	2:22.98	3
4	Halbach, Megan	FR	UW River Falls	2:26.50	3
5	Theodosopolous, Sky	FR	Macalester	2:26.56	3
6	Thurston, Karley	JR	Macalester	2:29.97	2
7	Smith, Sadie Ray	JR	Carleton	2:30.99	3
8	Warren, Anna	SO	Macalester	2:32.41	2
9	Hoppe, Cianna	JR	Bethany Lutheran	2:34.60	3
10	Smith, Eden	SO	Concordia	2:35.86	3

Carleton Relays - 4/22/2023**Carleton College****Results****Finals ... (Women 800 Meter Run)**

	Name	Yr	School	Finals	H#
11	Langerud, McKenna	SR	Minnesota Morris	2:38.33	2
12	Merwin, Jordan	JR	Bethany Lutheran	2:41.70	2
13	Tobin, Kayla	JR	Bethany Lutheran	2:47.63	1
14	Lin, Grace	SR	Macalester	2:48.52	1
15	Kuhlman, Chloe	JR	Bethany Lutheran	2:51.09	2
16	Zaccaria, Angela	SO	Bethany Lutheran	2:54.42	1
17	Prieve, Taylor	SR	Minnesota Morris	2:56.71	1
18	Rethemeyer, Hannah	SO	Bethany Lutheran	2:56.90	1
19	Gudahl, Emma	FR	UW River Falls	2:58.98	1
20	Hachmeister, Abby	SO	Minnesota Morris	3:03.67	1
21	Larson, Greta	JR	Concordia	3:08.05	1

Women 1500 Meter Run

	Name	Yr	School	Finals	H#
Finals					
1	McManus, Sophie	SO	Carleton	4:49.52	2
2	Blanchard, Mary	SO	Carleton	4:56.50	2
3	Rowland, Libby	SO	Carleton	5:01.84	2
4	Frolek, Drew	SO	Concordia	5:09.58	2
5	Pirone, Mara	FR	Macalester	5:11.01	2
6	Dieschbourg, Morgan	SO	Carleton	5:11.66	2
7	Jay, Annie	SO	Carleton	5:15.68	1
8	Franke, Erin	SR	Macalester	5:16.17	1
9	Ulrich, Kate	SO	Carleton	5:16.62	2
10	Lewis, Margo	SO	Carleton	5:21.83	1
11	Krumm, Ella	SO	Macalester	5:24.78	2
12	Coyle, Sylvia	SO	Macalester	5:27.16	2
13	Viscontie, Ella	FR	Carleton	5:27.96	1
14	Borash, Erin	FR	UW River Falls	5:27.99	2

Carleton Relays - 4/22/2023**Carleton College****Results****Finals ... (Women 1500 Meter Run)**

	Name	Yr	School	Finals	H#
15	Merwin, Jordan	JR	Bethany Lutheran	5:29.49	1
16	Braunlich, Sammy	FR	UW River Falls	5:33.33	1
17	McAlpine, Jaidyn	FR	UW River Falls	5:39.90	2
18	Hatrick, Lily	FR	Macalester	5:40.44	1
19	Colnes, Jesse	SR	Macalester	5:43.92	2
20	Kuhlman, Chloe	JR	Bethany Lutheran	5:49.05	1
21	Gudahl, Emma	FR	UW River Falls	5:53.57	1
22	Zaccaria, Angela	SO	Bethany Lutheran	6:06.96	1
23	Rethemeyer, Hannah	SO	Bethany Lutheran	6:24.80	1
24	Lehmann Duke, Celia	FR	Carleton	6:32.64	1

Women 5000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Ward, Phoebe	SO	Carleton	17:56.45
2	Tilley, Rainey	JR	Carleton	18:27.68
3	Schafer, Nell	JR	Carleton	18:57.00
4	Johnson, Airial	SO	Concordia	19:29.37
5	Greelis, Maddie	FR	UW River Falls	19:48.10
6	Hatlevig, Elsie	FR	Concordia	19:58.70

Carleton Relays - 4/22/2023**Carleton College****Results****Finals ... (Women 5000 Meter Run)**

	Name	Yr	School	Finals
7	Ivesdal, Grace	SR	Concordia	21:21.35
8	Sovacool, Rachel	SO	Bethany Lutheran	23:07.33
9	Montgomery, Callie	SO	Bethany Lutheran	26:26.93
---	Hoaglund, Zoe	SO	Minnesota Morris	DNF
---	Hoaglund, Ilsa	SO	Minnesota Morris	DNF

Women 100 Meter Hurdles

	Name	Yr	School	Finals	Wind
Finals					
1	Gray, Jordan		Multi Stars	14.39	3.2
2	Blanchette, Grace	JR	Carleton	15.41	3.2
3	Hambike, Grace	SO	Minnesota Morris	18.26	3.2
4	McCue, Megan	JR	Bethany Lutheran	18.93	3.2
5	Kubera, Kyla	FR	UW River Falls	19.54	3.2

Women 400 Meter Hurdles

	Name	Yr	School	Finals
Finals				
1	Dietrich, Marlee	FR	UW River Falls	1:06.57
2	Hansen, Sarah	FR	UW River Falls	1:11.61
3	McCue, Megan	JR	Bethany Lutheran	1:22.26

Women 3000 Meter Steeplechase

	Name	Yr	School	Finals
Finals				
1	Lund, Amelia	SR	Minnesota Morris	16:28.27

Women 4x100 Meter Relay

	Team	Relay	Finals
Finals			
1	UW River Falls	A	49.57
	1) Hansen, Sarah FR	2) LeFever, Lexi FR	3) Gunderson, Annika FR
2	Carleton	A	50.65
	1) Roberts, Riley SO	2) Ferguson, Jocelyn SO	3) Lott, Bianca FR
3	Minnesota Morris	A	52.64
			4) Twichell, Hadley FR

Carleton Relays - 4/22/2023**Carleton College****Results****Women 4x400 Meter Relay**

Team		Relay		Finals	
Finals					
1	UW River Falls	A		4:02.68	
	1) Dietrich, Marlee FR	2) Langlois, Sarah FR	3) LeFever, Lexi FR	4) Hansen, Sarah FR	
2	Carleton	B		4:24.85	
	1) Smith, Sadie Ray JR	2) Erickson, Lara SO	3) Roberts, Riley SO	4) Ulrich, Kate SO	
3	UW River Falls	B		4:28.16	
	1) Kuechle, Cailyn FR	2) Halbach, Megan FR	3) Kubera, Kyla FR	4) McAlpine, Jaidyn FR	
4	Macalester	A		4:33.34	
	1) Wilkins, Hadley FR	2) Rodriguez, Madeline SR	3) Warren, Anna SO	4) Pirone, Mara FR	
---	Carleton	A		DQ	
	1) Ferguson, Jocelyn SO	2) Blanchard, Mary SO	3) Silverstein, Celia FR	4) Twichell, Hadley FR	

Women High Jump

Name		Yr	School	Finals	
Finals					
1	Blanchette, Grace	JR	Carleton	1.50m	4-11.00
2	Beckius, Ellen	SO	Minnesota Morris	1.40m	4-07.00
3	Kraemer, Kat	FR	Minnesota Morris	1.20m	3-11.25
---	Salzman, Jordan	FR	UW River Falls	NH	

Women Pole Vault

	Name	Yr	School	Finals	
Finals					
1	Gunderson, Annika	FR	UW River Falls	3.56m	11-08.00
2	Litton, Emily	JR	Carleton	2.73m	8-11.50
3	Landwer, Maggie	SO	Minnesota Morris	2.58m	8-05.50
3	Hintzman, Megan	FR	UW River Falls	2.58m	8-05.50
5	Boyd, Roen	FR	Macalester	2.28m	7-05.75
6	Overturf, Siri	FR	Minnesota Morris	1.98m	6-06.00
---	Falkowski, Caitlin	SO	Macalester	NH	
---	Tornell, Elizabeth	FR	Minnesota Morris	NH	

Women Long Jump

Name		Yr	School	Finals	Wind	
Finals						
1	Gray, Jordan		Multi Stars	5.12m	16-09.75	0.8
2	LeFever, Lexi	FR	UW River Falls	5.03m	16-06.00	1.7
3	McCue, Megan	JR	Bethany Lutheran	4.08m	13-04.75	0.7
4	Salzman, Jordan	FR	UW River Falls	4.04m	13-03.25	2.0
5	Cappelmann, Lauren	FR	Macalester	4.02m	13-02.25	1.3
6	DeRosa, Kendra	SR	Minnesota Morris	3.38m	11-01.25	1.9

Women Triple Jump

	Name	Yr	School	Finals		Wind
Finals						
1	Peters, Kim	SO	Minnesota Morris	9.25m	30-04.25	1.8
2	Anderson, Naomi	SO	Bethany Lutheran	9.14m	30-00.00	1.7
---	DeRosa, Kendra	SR	Minnesota Morris	FOUL		

Carleton Relays - 4/22/2023**Carleton College****Results****Women Shot Put**

Name		Yr	School	Finals	
Finals					
1	Witbrod, Stephanie	SO	Bethany Lutheran	11.65m	38-02.75
2	Rosenbush, Jackie	FR	UW River Falls	11.34m	37-02.50
3	Briggs, Anna	SO	Minnesota Morris	10.52m	34-06.25
3	Allen, Olivia	FR	UW River Falls	10.52m	34-06.25
5	Gerdes, Alexis	FR	Minnesota Morris	9.03m	29-07.50
6	Graham, Jasmine	FR	UW River Falls	8.93m	29-03.75
6	Big Crow, Kianna	SO	Minnesota Morris	8.93m	29-03.75
8	Steinbring, Jennifer	SO	Minnesota Morris	8.63m	28-03.75
9	Siedow, Kassidy	SO	Minnesota Morris	8.57m	28-01.50
10	Parsons, Lauren	FR	Minnesota Morris	8.53m	28-00.00
11	Salzman, Jordan	FR	UW River Falls	7.57m	24-10.00
12	Gerdes, Madison	FR	Minnesota Morris	7.54m	24-09.00
13	knopp, Bethany	FR	Minnesota Morris	7.25m	23-09.50

Women Discus Throw

Name			Yr	School	Finals	
Finals						
1	Haase, Katie	FR	UW River Falls	37.15m	121-10	
2	Gray, Jordan		Multi Stars	37.08m	121-08	
3	Steinbring, Jennifer	SO	Minnesota Morris	32.79m	107-07	
4	Allen, Olivia	FR	UW River Falls	32.60m	106-11	
5	Nelson, Abby	JR	Bethany Lutheran	28.71m	94-02	
6	Siedow, Kassidy	SO	Minnesota Morris	27.48m	90-02	
7	Big Crow, Kianna	SO	Minnesota Morris	27.30m	89-07	
8	Parsons, Lauren	FR	Minnesota Morris	24.84m	81-06	
9	Overturf, Siri	FR	Minnesota Morris	24.22m	79-05	
10	Gerdes, Madison	FR	Minnesota Morris	23.19m	76-01	
11	Briggs, Anna	SO	Minnesota Morris	22.59m	74-01	
12	knopp, Bethany	FR	Minnesota Morris	22.00m	72-02	
13	Gerdes, Alexis	FR	Minnesota Morris	20.74m	68-00	
14	Salzman, Jordan	FR	UW River Falls	20.54m	67-05	

Women Hammer Throw

Women's Hammer Throw					
	Name	Yr	School	Finals	
Finals					
1	Rosenbush, Jackie	FR	UW River Falls	41.84m	137-03
2	Bosman, Neenah	SO	Carleton	41.54m	136-03
3	Haase, Katie	FR	UW River Falls	41.06m	134-08
4	Witbrod, Stephanie	SO	Bethany Lutheran	40.43m	132-08
5	Overturf, Siri	FR	Minnesota Morris	36.20m	118-09
6	Graham, Jasmine	FR	UW River Falls	34.32m	112-07
7	Big Crow, Kianna	SO	Minnesota Morris	33.64m	110-04
8	Briggs, Anna	SO	Minnesota Morris	33.27m	109-02
9	Steinbring, Jennifer	SO	Minnesota Morris	30.77m	100-11

Women Javelin Throw

	Name	Yr	School	Finals	
Finals					
1	Blanchette, Grace	JR	Carleton	34.51m	113-03

Carleton Relays - 4/22/2023**Carleton College****Results****Finals ... (Women Javelin Throw)**

	Name	Yr	School	Finals	
2	Hobby, Sarah Beth	JR	Macalester	32.48m	106-07
3	Siedow, Kassidy	SO	Minnesota Morris	29.46m	96-08
4	Franke, Erin	SR	Macalester	26.42m	86-08
5	Parsons, Lauren	FR	Minnesota Morris	25.39m	83-04
6	LeFever, Lexi	FR	UW River Falls	24.39m	80-00
7	Salzman, Jordan	FR	UW River Falls	21.78m	71-05
8	Cappelmann, Lauren	FR	Macalester	21.71m	71-03
9	Anderson, Naomi	SO	Bethany Lutheran	20.38m	66-10
10	Gerdes, Alexis	FR	Minnesota Morris	16.45m	54-00
11	Ivesdal, Grace	SR	Concordia	14.65m	48-01
12	knopp, Bethany	FR	Minnesota Morris	14.45m	47-05
13	Gerdes, Madison	FR	Minnesota Morris	14.43m	47-04

Men 100 Meter Dash

	Name	Yr	School	Finals	Wind	H#
Finals						
1	Stewart, Kemarri	FR	UW River Falls	10.85	1.7	2
2	Boss, Izayah	FR	Minnesota Morris	11.23	1.7	2
3	Dodge, Eli	FR	UW River Falls	11.25	1.7	2
4	Trochlil, Luke	FR	UW River Falls	11.58	1.7	2
5	Kennedy, Liam	SO	Carleton	11.71	1.9	1
6	Shanno, Hugh	SO	Carleton	11.81	1.7	2
7	Demetriades, Theo	FR	Carleton	11.99	1.9	1
8	Nerison, Laden	FR	UW River Falls	12.07	1.7	2
9	Stauffer, Joe	FR	UW River Falls	12.29	1.9	1
10	Stamp, Owen	FR	UW River Falls	12.56	1.9	1
11	Shackelford, Rory	JR	Minnesota Morris	12.63	1.9	1
12	Longua, James	SO	Minnesota Morris	12.74	1.7	2
13	Owens, Jarvis	SO	Bethany Lutheran	13.17	1.9	1

Men 200 Meter Dash

	Name	Yr	School	Finals	Wind	H#
Finals						
1	Stewart, Kemarri	FR	UW River Falls	22.04	-0.4	3
2	Doumbia, Christian	FR	UW River Falls	22.51	-0.4	3
3	Boss, Izayah	FR	Minnesota Morris	23.09	-0.4	3
4	Jensen, Trever	FR	UW River Falls	23.48	-0.4	3
5	Kennedy, Liam	SO	Carleton	23.60	0.9	2
6	Trochlil, Luke	FR	UW River Falls	23.74	0.9	2
7	Heggstad, Luke	FR	UW River Falls	23.78	2.7	1
7	Shanno, Hugh	SO	Carleton	23.78	0.9	2
9	Demetriades, Theo	FR	Carleton	24.02	0.9	2
10	Alexander, Joel	FR	UW River Falls	24.54	2.7	1
11	Diakite, Sean	FR	Minnesota Morris	24.71	2.7	1
12	Fronk, Nathan	FR	Minnesota Morris	25.80	2.7	1
13	Strom, Matthew	FR	Bethany Lutheran	26.64	2.7	1

Carleton Relays - 4/22/2023**Carleton College****Results****Men 400 Meter Dash**

	Name	Yr	School	Finals	H#
Finals					
1	Wachter, Dylan	FR	UW River Falls	50.18	2
2	Doumbia, Christian	FR	UW River Falls	51.75	2
3	Heggstad, Luke	FR	UW River Falls	53.23	2
4	Kinnucan, Ryan	SR	Macalester	53.60	2
5	Welch, Joshua	JR	Minnesota Morris	56.67	1
6	Fronk, Nathan	FR	Minnesota Morris	57.91	1
7	Bolarinwa, Moudjibou	FR	Bethany Lutheran	58.62	1

Men 800 Meter Run

	Name	Yr	School	Finals	H#
Finals					
1	Meier, Josh	SO	Carleton	1:56.95	4
2	Ash, Ethan	SO	Carleton	1:57.87	4
3	Nichols, Gabe	FR	Carleton	1:58.04	4
4	Lyness, Indy	FR	Carleton	1:58.91	4
5	Fong, Jeremy	JR	Carleton	1:59.99	3
6	Birkeland, David	SR	Concordia	2:00.75	3
7	Scott, Ian	FR	Carleton	2:01.58	2
8	Groshelle, Gavin	FR	Concordia	2:01.87	3
9	Ali, Kalid	SO	Macalester	2:02.32	2
10	McCullough, Kyle	FR	UW River Falls	2:02.55	4
11	Schonebaum, Henry	FR	Macalester	2:02.89	3
12	Prince, Stefan		Unattached	2:04.16	4
13	Llewellyn, Roy	FR	Carleton	2:05.19	4
14	Jones, Elijah	JR	Carleton	2:05.31	2
15	Malecha, Thomas	FR	Macalester	2:05.60	2
16	Gallmeier, Zander	FR	Concordia	2:06.57	2
17	Morefield, Colin	SR	Macalester	2:06.72	2
18	Anderson, Jakin	SR	Bethany Lutheran	2:07.67	3
19	Mazor, Ben	SO	Carleton	2:07.88	1
20	Nowacki, Cole	JR	Concordia	2:07.92	2

Carleton Relays - 4/22/2023**Carleton College****Results****Finals ... (Men 800 Meter Run)**

	Name	Yr	School	Finals	H#
21	Matuszak, Chase	FR	UW River Falls	2:07.97	2
22	Witt, Lachlan	SR	Macalester	2:08.25	2
23	Hinojos, Lucas	JR	Concordia	2:08.49	3
24	Lange, Emerson	FR	Carleton	2:09.13	1
25	Korstad, Magnus	FR	UW River Falls	2:09.38	1
26	Feda, Dan		Unattached	2:09.86	1
27	Lenz, Luke	FR	UW River Falls	2:10.46	1
28	Poitra, Liam	SR	Minnesota Morris	2:12.50	1
29	Watts, Avery	JR	Carleton	2:12.79	3
30	Grover, Evan	FR	Concordia	2:20.80	1
31	Rekala-Jasper, Max	FR	UW River Falls	2:38.11	1
---	Gilbertson, Henrik		Unattached	DNF	1

Men 1500 Meter Run

	Name	Yr	School	Finals	H#
Finals					
1	Nichols, Gabe	FR	Carleton	3:59.14	2
2	Llewellyn, Roy	FR	Carleton	3:59.95	2
3	Lyness, Indy	FR	Carleton	4:01.93	2
4	Olsson, Tor	SO	Macalester	4:04.72	2
5	Crotteau, Ben	SO	Macalester	4:04.98	2
6	Gilbertson, Henrik		Unattached	4:06.54	2
7	Jones, Elijah	JR	Carleton	4:08.51	2
8	Adams, Brock	SO	Macalester	4:09.66	2
9	Munson, Logan	FR	UW River Falls	4:10.67	2
10	Madell, Joe	SO	Macalester	4:15.46	2
11	Lange, Emerson	FR	Carleton	4:15.69	1
12	Shackelford, Rory	JR	Minnesota Morris	4:15.89	2
13	Peske, Cole	SR	Macalester	4:16.68	1

Carleton Relays - 4/22/2023**Carleton College****Results****Finals ... (Men 1500 Meter Run)**

	Name	Yr	School	Finals	H#
14	Fendig, Alex	JR	Macalester	4:17.11	2
15	Edwards, Tyler	FR	Macalester	4:19.73	2
16	Johnson, Solomon	SR	Concordia	4:19.82	2
17	Krueger, Jonathan	FR	Concordia	4:20.77	1
18	Peterson, Gregory	JR	Minnesota Morris	4:20.86	1
19	Bernstein, Ryan	FR	Carleton	4:23.11	1
20	Hanley, Brett	SO	Carleton	4:23.43	1
21	Jamison, Andrew	FR	Carleton	4:23.79	1
22	Appel, Aidan	SO	Macalester	4:27.73	1
23	Korstad, Magnus	FR	UW River Falls	4:28.15	1
24	Knopp, Joel	SR	Minnesota Morris	4:28.46	1
25	Opsahl, Jordan	FR	UW River Falls	4:28.57	1
26	Matuszak, Chase	FR	UW River Falls	4:28.93	1
27	Strukel, Grant	JR	Minnesota Morris	4:29.88	1
28	Rachlin, Peter	SR	Macalester	4:37.84	1
29	Grover, Evan	FR	Concordia	4:44.14	1
30	Hatlevig, Ike	SO	Macalester	4:47.05	1

Men 5000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Peters, Sam	FR	UW River Falls	16:29.81
2	Pfeifer, Cory	FR	UW River Falls	16:41.19
3	Ferber, Carter	FR	Concordia	16:46.08

Carleton Relays - 4/22/2023**Carleton College****Results****Finals ... (Men 5000 Meter Run)**

	Name	Yr	School	Finals
4	Durdle, Sage	FR	UW River Falls	16:48.59
5	Hjelmen, Christian	FR	UW River Falls	16:49.56
6	Nelson, Calvin	SO	Minnesota Morris	17:39.30
7	Rozycki, Leif	FR	UW River Falls	17:46.27

Men 110 Meter Hurdles

	Name	Yr	School	Finals	Wind
Finals					
1	Theis, Charlie	FR	UW River Falls	18.47	2.7

Men 400 Meter Hurdles

	Name	Yr	School	Finals	H#
Finals					
1	Boche, Matt	FR	UW River Falls	58.84	2
2	Anderson, Reese	FR	Carleton	59.71	2
3	Wada, Aki	FR	Macalester	1:01.30	2
4	Kudrle, Matt	SO	Minnesota Morris	1:04.61	2
5	Stamp, Owen	FR	UW River Falls	1:05.71	1
6	Lippert, Noah	FR	Bethany Lutheran	1:09.85	1
7	Lueck, Brooks	FR	UW River Falls	1:11.66	1

Men 3000 Meter Steeplechase

	Name	Yr	School	Finals
Finals				
1	McKee, Reece	SO	Macalester	9:37.61
2	Nowacki, Cole	JR	Concordia	10:25.47
3	Trzynka, Nick	SO	Concordia	10:34.12
4	Anderson, Jakin	SR	Bethany Lutheran	11:06.47
5	Hoppe, Josiah	SO	Bethany Lutheran	11:18.62

Carleton Relays - 4/22/2023**Carleton College****Results****Finals ... (Men 3000 Meter Steeplechase)**

Name	Yr	School	Finals
6 Edmondson, Trace	JR	Bethany Lutheran	11:21.61

Men 4x100 Meter Relay

Team	Relay	Finals
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Finals

1	UW River Falls	A	43.65	
	1) O'Connor, Isaiah FR	2) Dodge, Eli FR	3) Doumbia, Christian FR	4) Jensen, Trever FR
2	Bethany Lutheran	A	48.95	
	1) Reasor, Hunter JR	2) Wenninger, Joshua FR	3) Wildauer, Nathan JR	4) Kabengele, Aaron JR

Men 4x400 Meter Relay

Team	Relay	Finals
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Finals

1	Carleton	A	3:24.23	
	1) Kennedy, Liam SO	2) Meier, Josh SO	3) Ash, Ethan SO	4) Anderson, Reese FR
2	UW River Falls	A	3:37.60	
	1) Boche, Matt FR	2) Munson, Logan FR	3) McCullough, Kyle FR	4) Nerison, Laden FR
3	UW River Falls	B	3:38.26	
	1) Heggstad, Luke FR	2) Doumbia, Christian FR	3) Dodge, Eli FR	4) Jensen, Trever FR
4	Macalester	A	3:42.45	
	1) Schonebaum, Henry FR	2) Kinnucan, Ryan SR	3) Ali, Kalid SO	4) Malecha, Thomas FR

Men High Jump

Name	Yr	School	Finals
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Finals

1 Marial, Yaih	FR	UW River Falls	1.95m	6-04.75
2 Subramanian, Aravindh	JR	Carleton	1.80m	5-10.75
3 Cline-Cole, Ethan	SO	Carleton	1.75m	5-08.75
4 Kudrle, Matt	SO	Minnesota Morris	1.65m	5-05.00
5 Anderson, Reese	FR	Carleton	1.45m	4-09.00
--- Diakite, Sean	FR	Minnesota Morris	NH	

Men Pole Vault

Name	Yr	School	Finals
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Finals

1 Alexander, Joel	FR	UW River Falls	3.75m	12-03.50
2 Adams, Tim	SO	Carleton	3.60m	11-09.75
3 Lueck, Brooks	FR	UW River Falls	3.30m	10-10.00
4 Strom, Matthew	FR	Bethany Lutheran	3.15m	10-04.00
--- Stauffer, Joe	FR	UW River Falls	NH	

Men Long Jump

Name	Yr	School	Finals	Wind
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Finals

1 O'Connor, Isaiah	FR	UW River Falls	6.73m	22-01.00	1.1
2 Demetriades, Theo	FR	Carleton	5.71m	18-09.00	0.5
3 Theis, Charlie	FR	UW River Falls	5.68m	18-07.75	0.9
4 Anderson, Reese	FR	Carleton	5.39m	17-08.25	1.8
5 Veimau, Justin	JR	Macalester	5.16m	16-11.25	1.3
6 Wang, Kevin	FR	Macalester	3.95m	12-11.50	1.4

Carleton Relays - 4/22/2023**Carleton College****Results****Finals ... (Men Long Jump)**

	Name	Yr	School	Finals	Wind
7	Marzinske, Jake	JR	Bethany Lutheran	3.62m	11-10.50 1.6

Men Triple Jump

	Name	Yr	School	Finals	Wind
Finals					
1	Nerison, Laden	FR	UW River Falls	13.44m	44-01.25 2.1
2	Marial, Yaih	FR	UW River Falls	13.22m	43-04.50 2.6
3	Theis, Charlie	FR	UW River Falls	12.67m	41-07.00 1.6
4	Alexander, Joel	FR	UW River Falls	12.28m	40-03.50 1.5
5	Cline-Cole, Ethan	SO	Carleton	11.52m	37-09.50 2.7
6	Lippert, Noah	FR	Bethany Lutheran	10.61m	34-09.75 2.5

Men Shot Put

	Name	Yr	School	Finals
Finals				
1	Nye, Cody	JR	Minnesota Morris	14.63m 48-00.00
2	Sindelir, Brady	FR	UW River Falls	14.15m 46-05.25
3	Zepeda, Bryan	SR	Minnesota Morris	13.41m 44-00.00
4	Paulson, Ben	SO	Minnesota Morris	11.75m 38-06.75
5	Thornbrugh, Conor	SO	Minnesota Morris	10.37m 34-00.25
6	Ohman, Greg	FR	Minnesota Morris	10.32m 33-10.25
7	Petersen, Luke	SR	Minnesota Morris	9.07m 29-09.25
---	Staryszak, Anthony	FR	Minnesota Morris	FOUL

Men Discus Throw

	Name	Yr	School	Finals
Finals				
1	Staryszak, Anthony	FR	Minnesota Morris	44.96m 147-06
2	Wright, Victor	SR	Macalester	39.14m 128-05
3	Menache, Max	SO	Macalester	37.12m 121-09
4	Zepeda, Bryan	SR	Minnesota Morris	36.74m 120-06
5	Paulson, Ben	SO	Minnesota Morris	36.55m 119-11
6	Ohman, Greg	FR	Minnesota Morris	34.86m 114-04
7	Petersen, Luke	SR	Minnesota Morris	33.95m 111-05
8	Mills, Austin	FR	Macalester	29.72m 97-06
9	VanGundy, Alex	FR	UW River Falls	29.70m 97-05
10	Lueck, Brooks	FR	UW River Falls	26.43m 86-08
11	Theis, Charlie	FR	UW River Falls	25.97m 85-02
12	Simba, Chrino	FR	Bethany Lutheran	22.65m 74-04
13	Anderson, Reese	FR	Carleton	20.48m 67-02
14	Anderson, Jakin	SR	Bethany Lutheran	20.34m 66-09

Men Hammer Throw

	Name	Yr	School	Finals
Finals				
1	Petersen, Luke	SR	Minnesota Morris	51.39m 168-07
2	Staryszak, Anthony	FR	Minnesota Morris	46.95m 154-00
3	Menache, Max	SO	Macalester	45.32m 148-08
4	Wright, Victor	SR	Macalester	43.45m 142-07
5	Nye, Cody	JR	Minnesota Morris	43.39m 142-04
6	Bergstrom-Luoma, Rob	FR	UW River Falls	39.74m 130-04

Carleton Relays - 4/22/2023**Carleton College****Results****Finals ... (Men Hammer Throw)**

	Name	Yr	School	Finals	
7	Paulson, Ben	SO	Minnesota Morris	39.29m	128-11
8	Thornbrugh, Conor	SO	Minnesota Morris	36.78m	120-08
9	Mills, Austin	FR	Macalester	32.40m	106-03
10	Ohman, Greg	FR	Minnesota Morris	30.36m	99-07

Men Javelin Throw

	Name	Yr	School	Finals	
Finals					
1	Eckersley-Ray, Noah	JR	Carleton	53.56m	175-09
2	VanOrdt, Josh	FR	UW River Falls	48.24m	158-03
3	VanGundy, Alex	FR	UW River Falls	43.28m	142-00
4	Thornbrugh, Conor	SO	Minnesota Morris	42.15m	138-03
5	Anderson, Reese	FR	Carleton	39.68m	130-02
6	Veimau, Justin	JR	Macalester	37.62m	123-05
7	Longua, James	SO	Minnesota Morris	28.11m	92-03
8	Theis, Charlie	FR	UW River Falls	21.65m	71-00
9	Simba, Chrino	FR	Bethany Lutheran	19.33m	63-05