

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****Women 55 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Stinson, Makayla	St. Catherine	8.19	7.60	4	10
2 Amundson, Journey	Macalester	8.30	7.65	4	8
3 Lott, Bianca	Carleton	8.33	7.73	4	6
4 Roberts, Riley	Carleton	8.32	7.78	4	5
5 Nichols, Claire	St. Catherine	8.48	7.83	4	4
6 Rodriguez, Santrice	Augsburg	8.40	7.90	4	3
7 Davidson, Grace	Luther	8.42	7.92	4	2
8 Aladetan, Amira	Carleton	8.56	7.94	4	1
9 Rahberg, Zoe	Luther	8.64	8.00	3	
10 Bishop, Mya	Augsburg	8.67	8.09	3	
11 Brueckner, Ruth	Crown	8.77	8.13	3	
12 Sturgeon, Audri	Crown		8.16	1	
13 Pankow, Maia	Martin Luther		8.22	1	8.211
14 Lynch, MacKenzie	Martin Luther		8.22	1	8.213
15 Hoppe, Cianna	Bethany Lutheran		8.23	1	
16 Crewey, Amanda	Macalester	8.90	8.24	3	
17 Carver, Zoe	Macalester	9.03	8.28	3	
18 Yoder, Katie	St. Catherine	8.90	8.29	3	
19 Schanbacher, Ellie	Crown	9.12	8.32	2	
20 Caballero, Gaby	Luther	8.81	8.37	3	
21 Nolan, Kiley	Luther	8.89	8.41	3	8.401
22 Anderson, Laura	Crown		8.41	1	8.409
23 Smith, Savannah	Augsburg	9.27	8.52	2	

Women 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Hookom, Allison	Augsburg	26.79	26.77	8	10
2 Keller, Kasandra	Luther	28.14	27.88	8	8
3 Stinson, Makayla	St. Catherine	28.16	28.03	7	6
4 Rodriguez, Santrice	Augsburg	27.93	28.17	8	5
5 Lott, Bianca	Carleton	28.73	28.19	6	4
6 Cesare, CC	Augsburg	28.54	28.38	6	3
7 Roberts, Riley	Carleton	28.21	28.40	7	2
8 Davidson, Grace	Luther	28.70	28.43	6	1
9 Elco, Annika	Luther	29.00	28.63	5	
10 Hunter, Penny	Macalester	29.22	28.66	5	
11 Brueckner, Ruth	Crown	28.40	28.74	7	
12 Anderson Sanchez, Anna	Crown	29.44	28.90	5	
13 Aladetan, Amira	Carleton	28.45	28.99	7	
14 Marks, Amara	Luther	28.92	29.03	5	
15 Bishop, Mya	Augsburg	28.85	29.37	6	
16 Lynch, MacKenzie	Martin Luther		30.00	1	
17 Falkowski, Caitlin	Macalester	30.00	30.33	4	
18 Sturgeon, Audri	Crown		30.45	1	
19 Anderson, Naomi	Bethany Lutheran		30.66	1	
20 Schanbacher, Ellie	Crown	31.67	30.98	4	
21 Anderson, Laura	Crown		31.02	3	
22 McCue, Megan	Bethany Lutheran		31.49	1	
23 Kane, Morgan	Luther	32.33	31.58	3	
24 Smith, Savannah	Augsburg	32.33	31.93	4	

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Women 200 Meter Dash**

25	Hollander, Ella	Crown		32.56	1
26	Nolan, Kiley	Luther	32.64	32.63	3
27	Zaccaria, Angela	Bethany Lutheran	33.52	32.70	3

Women 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Hookom, Allison	Augsburg	58.92	59.37	3	10
2	Twitchell, Hadley	Carleton	1:01.15	1:01.12	3	8
3	Preston, Adisa	Macalester	1:02.11	1:02.27	3	6
4	Anderson Sanchez, Anna	Crown		1:06.11	2	5
5	Foley, Naomi	Martin Luther	1:09.00	1:07.05	3	4
6	Pankow, Maia	Martin Luther		1:07.20	1	3
7	VanDenHeuvel, Macie	Martin Luther		1:08.29	1	2
8	Anderson, Naomi	Bethany Lutheran		1:08.94	1	1
9	Kuhlman, Chloe	Bethany Lutheran		1:12.13	2	
10	Hollander, Ella	Crown		1:13.19	2	
11	Zaccaria, Angela	Bethany Lutheran	1:14.88	1:14.61	2	

Women 600 Meter Run

Name	Year	School	Seed	Finals	Points
1	Ferguson, Jocelyn	Carleton	1:43.39	1:40.07	10
2	Grams, Sarah	Luther	1:50.00	1:46.26	8
3	Smith, Sadie Ray	Carleton	1:50.78	1:46.96	6
4	Hansen, Penelope	Luther	2:02.00	1:54.80	5
5	Merwin, Jordan	Bethany Lutheran		1:54.93	4

Women 800 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1	Silverstein, Celia	Carleton	2:25.96	2:23.41	2	10
2	Blankenship, Alyssa	Luther	2:28.00	2:24.18	2	8
3	Wilkins, Hadley	Macalester	2:29.15	2:26.72	2	6
4	Thurstun, Karley	Macalester	2:32.21	2:29.36	2	5
5	Rodriguez, Madeline	Macalester	2:30.52	2:32.10	2	4
6	Hoppe, Cianna	Bethany Lutheran	2:37.27	2:34.24	2	3
7	Hansen, Morgan	Luther	2:32.00	2:34.46	2	2
8	Brueckner, Ruth	Crown		2:34.79	1	1
9	Perkins, Megan	St. Catherine	2:40.34	2:40.04	1	
10	Marsolek, Anna	St. Catherine	2:54.16	2:44.48	1	
11	Witbrod, Stephanie	Bethany Lutheran	2:53.20	2:46.00	1	
12	Dailey, Katie	Luther	2:45.00	2:48.38	1	
13	Rethemeyer, Hannah	Bethany Lutheran	2:55.32	3:03.92	1	

Women 1000 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1	Blaesing, Maria	Macalester	3:03.00	3:02.67	2	10
2	Cutter, Alice	Carleton	3:10.40	3:08.62	2	8
3	Erickson, Lara	Carleton	3:06.00	3:11.23	2	6

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Women 1000 Meter Run**

4	Pirone, Mara	Macalester	3:10.00	3:13.82	2	5
5	Ulrich, Kate	Carleton	3:21.69	3:14.89	2	4
6	Conrad, Brooklyn	Augsburg	3:25.62	3:16.63	1	3
7	Dieschbourg, Morgan	Carleton	3:23.00	3:17.21	2	2
8	Lewis, Margo	Carleton	3:22.90	3:19.99	2	1
9	Jay, Annie	Carleton	3:23.19	3:20.77	2	
10	Corbo, Olivia	Carleton	3:26.00	3:24.74	1	
11	Viscontie, Ella	Carleton	3:30.00	3:28.68	1	
12	Krumm, Ella	Macalester	3:21.00	3:29.69	2	
13	Castellano, Julia	Macalester	3:25.00	3:29.89	1	
14	Lin, Grace	Macalester		3:35.16	1	
15	Espeleta, Ana	Macalester		3:39.69	1	
16	Hatrick, Lily	Macalester	3:42.91	3:41.95	1	
17	Lantz, Annabel	Augsburg		3:57.52	1	

Women 1 Mile Run

Name	Year	School	Seed	Finals	H#	Points
1	Mayfield, Clara	Carleton	5:00.00	4:53.77	2	10
2	Blanchard, Mary	Carleton	5:10.78	5:02.03	2	8
3	Blaesing, Maria	Macalester	5:08.03	5:08.57	2	6
4	Lewis, Steph	Luther	5:25.00	5:16.96	2	5
5	Pausch, Abby	Crown	5:32.27	5:25.70	2	4
6	Tilley, Rainey	Carleton	5:24.02	5:27.86	2	3
7	Johnson, Gracie	Augsburg	5:36.60	5:31.77	2	2
8	Schafer, Nell	Carleton	5:30.16	5:36.01	2	1
9	Habben, Maya	Martin Luther	5:40.00	5:41.90	2	
10	Skogen, Berit	Luther	5:45.00	5:44.44	1	
11	Merwin, Jordan	Bethany Lutheran	5:48.76	5:50.29	1	
12	Coyle, Sylvia	Macalester	5:40.00	5:51.11	2	
13	Perkins, Megan	St. Catherine	6:05.23	5:59.12	1	
14	Paulsen, Mari	Luther	6:00.00	6:01.97	1	
15	Corbin, Lucy	Luther	6:10.00	6:09.90	1	
16	Kuhlman, Chloe	Bethany Lutheran	6:04.51	6:10.58	1	
17	Sovacool, Rachel	Bethany Lutheran	6:10.45	6:25.08	1	
18	Brandt, Morgan	St. Catherine		6:32.69	1	
19	Rethemeyer, Hannah	Bethany Lutheran	7:16.44	6:54.36	1	
20	Schneider, Teagan	St. Catherine	7:53.71	8:04.94	1	

Women 3000 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1	Cross, Helen	Carleton	10:02.92	9:54.44	2	10
2	Preisser, Hannah	Carleton	10:19.10	9:58.86	2	8
3	McManus, Sophie	Carleton	10:19.15	10:06.19	2	6
4	Rowland, Libby	Carleton	10:17.71	10:07.40	2	5
5	Larsen, Aliya	Carleton	11:00.00	10:50.13	2	4
6	Tobin, Kayla	Bethany Lutheran	11:23.94	10:59.71	2	3
7	Franke, Erin	Macalester	11:09.00	11:06.76	2	2
8	Borgmann, Marte	Carleton	11:19.92	11:07.06	2	1
9	Pausch, Abby	Crown		11:12.12	1	
10	Votruba, Maggie	Carleton	11:34.19	11:22.17	1	
11	Merwin, Jordan	Bethany Lutheran	12:53.64	11:53.37	1	

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Women 3000 Meter Run**

12 Veit, Julia	Luther	12:20.00	11:57.31	1
13 Schmidt, Sarah	Luther	12:00.00	11:58.08	1
14 Moseley, Lindsey	Luther	12:20.00	12:10.69	1
15 Breed, Brittany	St. Catherine	12:23.48	12:17.62	1
16 Moseley, Ally	Luther	12:20.00	12:18.42	1
17 Nelson, Brenna	St. Catherine	12:28.63	12:26.78	1
18 Sovacool, Rachel	Bethany Lutheran	13:19.37	12:42.53	1
19 Harvey, Lily	St. Catherine	12:51.91	12:42.58	1
20 Trapp, Nicole	Martin Luther		14:51.83	1
-- Colnes, Jesse	Macalester	11:48.15	DNF	1

Women 55 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Blanchette, Grace	Carleton	9.24	9.09	2	10
2 Elco, Annika	Luther	9.88	9.28	2	8
3 Barlue, Burnices	St. Catherine	9.92	9.35	2	6
4 Sims, Jaeden	Macalester	10.15	9.62	2	5
5 Hobby, Sarah Beth	Macalester	10.32	10.07	2	4
6 Cappellmann, Lauren	Macalester	11.01	10.16	1	3
7 Dailey, Katie	Luther	11.44	10.17	1	2
8 Foxen, Alison	Martin Luther		11.22	1	1
9 Marks, Amara	Luther	10.79	11.39	2	

Women 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Carleton 'A'	1:53.68	1:48.89	3	10
1) Twichell, Hadley				
3) Lott, Bianca				
2 Macalester 'A'	1:52.00	1:51.60	3	8
1) Gregor, Sara				
3) Hunter, Penny				
3 Luther 'A'	1:55.20	1:54.32	2	6
1) Davidson, Grace				
3) Keller, Kasandra				
4 St. Catherine 'A'		1:55.41	1	5
1) Doyle, Erin				
3) Barlue, Burnices				
5 Augsburg 'A'	1:52.55	1:55.66	3	4
1) Bishop, Mya				
3) Rodriguez, Santrice				
6 Martin Luther 'A'		1:58.31	1	3
1) Pankow, Maia				
3) Lynch, MacKenzie				
7 Crown 'A'		1:58.51	2	2
1) Brueckner, Ruth				
3) Schanbacher, Ellie				
8 Macalester 'B'		x2:00.01	1	
1) Hobby, Sarah Beth				
3) Cappellmann, Lauren				
9 Luther 'B'	2:05.00	x2:02.49	2	
1) Kane, Morgan				
2) Caballero, Gaby				

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Women 4x200 Meter Relay**

3) Rahberg, Zoe

4) Nolan, Kiley

Women 4x400 Meter Relay

School	Seed	Finals	Points
1 Carleton 'A'	4:13.94	4:14.26	10
1) Twichell, Hadley	2) Silverstein, Celia		
3) Blanchard, Mary	4) Cutter, Alice		
2 Luther 'A'	4:22.44	4:26.03	8
1) Sieve, Rose	2) Elco, Annika		
3) Lewis, Steph	4) Keller, Kasandra		
3 Macalester 'A'	4:30.00	4:26.87	6
1) Hobby, Sarah Beth	2) Warren, Anna		
3) Rodriguez, Madeline	4) Wilkins, Hadley		
4 Luther 'C'	4:45.00	x4:32.82	
1) Blankenship, Alyssa	2) Corbin, Lucy		
3) Hansen, Penelope	4) Skogen, Berit		
5 Carleton 'B'	4:13.94	x4:37.94	
1) Smith, Sadie Ray	2) Tilley, Rainey		
3) Ulrich, Kate	4) Lewis, Margo		
6 Luther 'B'	4:45.00	x4:45.86	
1) Kane, Morgan	2) Rahberg, Zoe		
3) Grams, Sarah	4) Hansen, Morgan		

Women High Jump

Name	Year School	Seed	Finals	Points
1 Dailey, Katie	Luther	1.50m	1.55m	5-01.00 10
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60				
P P P P O O O O XXX				
2 Nichols, Claire	St. Catherine	1.50m	1.50m	4-11.00 8
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55				
P P O O XO XXO O XXX				
3 Schlei, Ella	Martin Luther	1.42m	1.45m	4-09.00 6
1.20 1.25 1.30 1.35 1.40 1.45 1.50				
P P P O O XO XXX				
4 Caballero, Gaby	Luther		1.30m	4-03.25 5
1.20 1.25 1.30 1.35				
O O O XXX				
5 Foxen, Alison	Martin Luther		J1.30m	4-03.25 4
1.20 1.25 1.30 1.35				
P O XXO XXX				
6 Marks, Amara	Luther	1.31m	1.25m	4-01.25 3
1.20 1.25 1.30				
P XO XXX				

Women Pole Vault

Name	Year School	Seed	Finals	Points
1 Ricks, Karissa	Whittier	3.35m	3.32m	10-10.75 10
2.07 2.22 2.37 2.52 2.67 2.82 2.97 3.12 3.32 3.47				
P P P P P P P XO O XXX				

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Women Pole Vault**

2	Litton, Emily	Carleton	3.11m	2.97m	9-09.00	8
	2.07 2.22 2.37 2.52 2.67 2.82 2.97 3.12					
	P P P P O O O XXX					
3	Ploor, Mya	Luther	3.15m	J2.97m	9-09.00	6
	2.07 2.22 2.37 2.52 2.67 2.82 2.97 3.12					
	P P P P P O XO XXX					
4	Boyd, Roen	Macalester	2.26m	2.37m	7-09.25	5
	2.07 2.22 2.37 2.52					
	XXO O XXO XXX					
--	Foxen, Alison	Martin Luther		NH		
	2.07					
	XXX					
--	Koehler, Jenna	Martin Luther		NH		
	2.07					
	XXX					
--	Faulk, Abby	Luther	2.80m	NH		
	2.07 2.22 2.37 2.52 2.67 2.82					
	P P P P P XXX					
--	Falkowski, Caitlin	Macalester		NH		
	2.07					
	XXX					
--	Prunty, McKenna	Luther	2.29m	NH		
	2.07 2.22					
	P XXX					

Women Long Jump

Name	Year	School	Seed	Finals	Points
1 Blanchette, Grace		Carleton	5.14m	5.00m	16-05.00 10
	FOUL	5.00m 4.87m 4.69m	FOUL PASS		
2 Nichols, Claire		St. Catherine	4.82m	4.85m	15-11.00 8
	FOUL	4.85m FOUL FOUL 4.71m	FOUL		
3 Schepper, Reilee		St. Catherine	4.91m	4.65m	15-03.25 6
	4.65m	FOUL 4.65m 4.37m	PASS PASS		
4 Doyle, Erin		St. Catherine	4.26m	4.35m	14-03.25 5
	4.35m	4.19m FOUL 4.19m	4.29m 4.21m		
5 Lynch, MacKenzie		Martin Luther	3.70m	4.06m	13-04.00 4
	3.98m	3.89m 4.06m 3.84m	3.78m 3.86m		
6 McCue, Megan		Bethany Lutheran	4.37m	4.00m	13-01.50 3
	3.77m	3.98m 4.00m 3.76m	3.82m PASS		
7 Schei, Gabbie		Luther	4.20m	3.96m	13-00.00 2
	3.96m	FOUL 3.92m	PASS PASS PASS		
8 Aladetan, Amira		Carleton		3.90m	12-09.50 1
	3.90m	FOUL FOUL FOUL FOUL FOUL			

Women Triple Jump

Name	Year	School	Seed	Finals	Points
1 Amundson, Journey		Macalester	11.63m	11.51m	37-09.25 10
	FOUL	11.19m FOUL 11.11m	11.51m 11.34m		
2 Sims, Jaeden		Macalester		10.44m	34-03.00 8
	10.44m	10.00m FOUL FOUL	FOUL FOUL		

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Women Triple Jump**

3	Schepper, Reilee	St. Catherine	10.78m	10.36m	34-00.00	6
	FOUL FOUL 9.98m 10.36m 10.20m 10.23m					
4	Cesare, CC	Augsburg	9.91m	9.98m	32-09.00	5
	FOUL 9.73m 9.88m 9.96m FOUL 9.98m					
5	Barlue, Burnices	St. Catherine	10.16m	9.88m	32-05.00	4
	9.88m 9.78m 9.73m 9.47m FOUL FOUL					
6	Elco, Annika	Luther	10.07m	J9.88m	32-05.00	3
	FOUL 9.56m 9.53m 9.59m 9.88m 9.66m					
7	Anderson, Naomi	Bethany Lutheran		9.11m	29-10.75	2
	9.11m 8.81m 8.69m PASS PASS PASS					
--	McCue, Megan	Bethany Lutheran		FOUL		
	FOUL FOUL FOUL PASS PASS PASS					

Women Shot Put

Name	Year School	Seed	Finals	H#	Points
1 Horvath, Chando	St. Catherine	11.15m	10.82m	35-06.00	2 10
	10.74m 10.82m 10.37m 10.16m 10.76m 10.23m				
2 Nolte, Elise	Martin Luther		10.77m	35-04.00	1 8
	10.74m 10.21m 10.44m 10.77m 10.43m 10.75m				
3 Hobby, Sarah Beth	Macalester	10.81m	10.64m	34-11.00	2 6
	10.15m 10.32m 10.64m 8.93m 10.35m 9.91m				
4 Romsdahl, Madelinn	Martin Luther		10.22m	33-06.50	1 5
	9.88m 9.89m 9.93m 9.74m 10.22m 9.74m				
5 Stucker, Margaret	Luther	10.70m	10.20m	33-05.75	2 4
	9.40m 9.73m 8.91m 10.20m 9.60m 9.33m				
6 Hagedorn, Emmaline	Martin Luther		9.59m	31-05.75	1 3
	8.56m 7.28m 9.38m 9.15m 9.59m 9.57m				
7 Schlei, Ella	Martin Luther		9.51m	31-02.50	1 2
	FOUL 8.89m 9.51m FOUL FOUL FOUL				
8 Hardy, Payten	Luther	9.42m	9.42m	30-11.00	2 1
	9.42m 8.61m 8.22m 8.43m 8.26m 8.62m				
9 Imdieke, Ashley	Luther	9.35m	9.38m	30-09.25	2
	8.74m 9.38m FOUL FOUL 8.43m 8.88m				
10 Wehrspann, Lydia	St. Catherine	9.45m	9.04m	29-08.00	2
	9.04m 8.87m 8.30m				
11 Althoff, Abby	St. Catherine	9.66m	8.81m	28-11.00	2
	8.64m 8.81m 8.61m				
12 Faulk, Abby	Luther		8.74m	28-08.25	1
	8.74m 7.24m 7.87m				
13 Domke, Leah	Martin Luther		8.59m	28-02.25	1
	FOUL 8.59m 8.13m				
14 Felt, Haylee	Luther	8.73m	8.34m	27-04.50	2
	7.78m 7.85m 8.34m				
15 Kettler, Isabelle	Martin Luther		7.67m	25-02.00	1
	7.60m 6.96m 7.67m				
16 Kordus, Grace	St. Catherine	7.06m	7.43m	24-04.50	2
	6.48m 7.43m 6.99m				

Women Weight Throw

Name	Year School	Seed	Finals	H#	Points
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Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Women Weight Throw**

1	Horvath, Chando	St. Catherine	14.10m	14.45m	47-05.00	2	10
	13.97m	FOUL	14.45m	12.43m	FOUL	13.44m	
2	Witbrod, Stephanie	Bethany Lutheran	13.28m	13.70m	44-11.50	2	8
	12.63m	13.13m	FOUL	FOUL	13.70m	FOUL	
3	Imdieke, Ashley	Luther	13.17m	12.60m	41-04.25	2	6
	11.27m	12.60m	11.85m	11.53m	11.25m	10.33m	
4	Stucker, Margaret	Luther	12.76m	12.34m	40-06.00	2	5
	9.21m	12.34m	11.89m	11.48m	FOUL	FOUL	
5	Hardy, Payten	Luther	12.66m	11.64m	38-02.25	2	4
	11.64m	11.47m	11.51m	11.64m	11.42m	10.78m	
6	Althoff, Abby	St. Catherine	11.58m	11.48m	37-08.00	2	3
	10.08m	10.87m	10.34m	11.12m	11.48m	11.30m	
7	Hagedorn, Emmaline	Martin Luther		11.12m	36-05.75	1	2
	11.12m	10.73m	10.71m	FOUL	FOUL	9.23m	
8	Nolte, Elise	Martin Luther		10.74m	35-03.00	1	1
	10.74m	10.46m	FOUL	FOUL	FOUL	10.19m	
9	Felt, Haylee	Luther		9.84m	32-03.50	1	
	9.83m	9.84m	9.74m	FOUL	9.30m	9.38m	
10	Kettler, Isabelle	Martin Luther		9.28m	30-05.50	1	
	8.23m	7.77m	9.28m				
11	Schlei, Ella	Martin Luther		8.88m	29-01.75	1	
	7.50m	8.46m	8.88m				
12	Romsdahl, Madelinn	Martin Luther		8.66m	28-05.00	1	
	8.66m	7.63m	8.26m				
13	Domke, Leah	Martin Luther		7.12m	23-04.50	1	
	7.12m	FOUL	6.71m				

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Women - Team Rankings - 17 Events Scored

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1) Carleton	178	2) Luther	112
3) Macalester	107	4) St. Catherine	91
5) Martin Luther	48	6) Augsburg	45
7) Bethany Lutheran	24	8) Crown	12
9) Whittier	10		