

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****Men 55 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Oestreich, Carson	Martin Luther	6.80	6.61	3	10
2 Folston, Malek	Crown	7.21	6.79	3	8
3 Zewou, Danny	Luther	7.25	6.85	3	6
4 Swecker, Ryan	Crown	7.42	6.90	3	5
5 Demetriades, Theo	Carleton	7.51	7.01	2	4
6 Raasch, Eric Martin	Martin Luther	6.80	7.02	3	3
7 Shanno, Hugh	Carleton	7.77	7.10	2	2 7.098
8 Hillmer, Matthew	Martin Luther	6.80	7.10	3	1 7.100
9 Johnson, Seth E.	Crown	7.70	7.12	2	
10 Ehlke, Joseph	Martin Luther	6.80	7.17	3	
11 Famuyide, Success	Augsburg	7.73	7.19	2	
12 Veimau, Justin	Macalester	7.90	7.33	2	
13 Laumb, Evan	Crown	7.93	7.46	2	
14 Shariff, Nasiruddin	Augsburg	8.02	7.47	2	
15 Garcia, Daniel	Augsburg	8.20	7.53	1	
16 Strom, Matthew	Bethany Lutheran	8.13	7.58	2	
17 Pausch, Colten	Crown	8.37	7.70	1	
18 Simba, Chrino	Bethany Lutheran	9.61	8.71	1	

Men 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Kogut, Jacob	Macalester	23.65	23.76	6	10
2 Kennedy, Liam	Carleton	24.21	23.94	5	8
3 Demetriades, Theo	Carleton	25.00	24.08	4	6
4 Prince, Stefan	Unattached	24.01	24.14	6	5
5 Shanno, Hugh	Carleton	24.66	24.15	4	4
6 Swecker, Ryan	Crown	24.63	24.52	5	3
7 Zong-Naba, Sylvain	Macalester	24.98	24.53	4	2
8 Carey-Odden, Leif	Luther	27.00	25.03	2	1
9 Hillmer, Matthew	Martin Luther	24.20	25.05	5	
10 Famuyide, Success	Augsburg	25.31	25.12	3	
11 Johnson, Seth E.	Crown	25.37	25.20	3	
12 Felsing, Joshua	Martin Luther	24.50	25.54	5	
13 Bolarinwa, Moudjibou	Bethany Lutheran	26.93	25.93	2	
14 Garcia, Daniel	Augsburg	26.24	26.03	3	
15 Laumb, Evan	Crown	26.56	26.60	2	
16 Shariff, Nasiruddin	Augsburg	27.58	27.03	2	
17 Pausch, Colten	Crown		27.84	2	

Men 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Heitler, Arlo	Macalester	50.74	49.67	4	10
2 Kennedy, Liam	Carleton	54.23	52.47	3	8
3 Landherr, Fritz	Augsburg	53.31	53.30	4	6
4 Ali, Kalid	Macalester	53.25	53.60	4	5
5 Prince, Stefan	Unattached	52.00	53.61	4	4
6 Clayton, Trajen	Augsburg	54.59	54.80	3	3
7 Folston, Malek	Crown	55.22	54.94	2	2

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Men 400 Meter Dash**

8	Carlson, Austin	Crown		55.08	1	1
9	Wenninger, Joshua	Bethany Lutheran	56.03	55.64	2	
10	Felsing, Joshua	Martin Luther	57.50	55.76	2	
11	Hagen, Josh	Crown		58.85	2	
12	Bolarinwa, Moudjibou	Bethany Lutheran		1:02.00	1	
13	Lippert, Noah	Bethany Lutheran		1:03.70	1	

Men 600 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1	Pattison, Alistair	Carleton	1:25.72	1:23.48	2	10
2	Schonebaum, Henry	Macalester	1:26.02	1:24.68	2	8
3	Witt, Lachlan	Macalester	1:28.47	1:28.95	2	6
4	Swanstrom-Arnold, Sorley	Luther	1:32.00	1:29.17	1	5 1:29.164
5	Prentice, Harrison	Luther	1:32.00	1:29.17	1	4 1:29.169
6	Bosley, Mason	Macalester	1:28.00	1:29.33	2	3
--	Duffy, Leo	Luther	1:27.00	DQ	2	Lane infraction

Men 800 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1	Meier, Josh	Carleton	2:00.19	1:57.26	2	10
2	Kelly, Ian	Luther	1:58.00	1:57.64	2	8
3	Schwarz, Lane	Luther	2:01.00	1:59.05	2	6
4	Taylor, Ike	Luther		2:03.84	1	5
5	Lebakken, Jay	Macalester	2:06.53	2:04.55	2	4
6	Schibbelhut, Micah	Martin Luther	2:07.00	2:05.29	1	3
7	Wondimu, Bereket	Augsburg	2:05.00	2:05.89	2	2
8	Malecha, Thomas	Macalester	2:06.66	2:05.98	2	1
9	Pausma, Nathan	Martin Luther	2:06.00	2:07.66	2	
10	Christopherson, Hans	Augsburg	2:16.66	2:13.03	1	
11	Hagen, Josh	Crown		2:23.28	1	

Men 1000 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1	Fong, Jeremy	Carleton	2:36.86	2:33.64	2	10
2	Lyness, Indy	Carleton	2:35.09	2:34.36	2	8
3	Asfaw, Getinat	Augsburg	2:36.45	2:34.52	2	6
4	Hussien, Sakariya	Augsburg	2:37.00	2:34.96	2	5
5	Olsson, Tor	Macalester	2:34.75	2:35.55	2	4
6	Adams, Brock	Macalester	2:38.00	2:39.88	2	3
7	Chao, Ben	Carleton	2:42.72	2:41.34	2	2
8	Useche, Mateo	Macalester	2:39.00	2:42.25	2	1
9	Carlson, Austin	Crown		2:43.30	1	
10	Hanley, Brett	Carleton	2:46.83	2:43.31	1	
11	Mazor, Ben	Carleton	2:45.38	2:44.01	1	
12	Duffy, Leo	Luther	2:45.00	2:48.45	1	
13	Zander, Joshua	Martin Luther	3:00.00	2:59.72	1	

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****Men 1 Mile Run**

Name	Year School	Seed	Finals	H#	Points
1 Nichols, Gabe	Carleton	4:12.26	4:13.37	3	10
2 Llewellyn, Roy	Carleton	4:17.30	4:22.91	3	8
3 Jones, Elijah	Carleton	4:21.42	4:23.42	3	6
4 Crotteau, Ben	Macalester	4:23.34	4:27.16	3	5
5 Thompson, Malachi	Luther	4:38.00	4:35.19	3	4
6 Bernstein, Ryan	Carleton	4:43.08	4:35.84	3	3
7 Binsfeld, Matthew	Luther	4:38.00	4:36.20	3	2
8 Lange, Emerson	Carleton	4:35.58	4:36.89	3	1
9 Madell, Joe	Macalester	4:50.00	4:39.00	2	
10 Taylor, Ike	Luther	4:38.00	4:40.70	3	
11 Ode, Will	Luther	4:40.00	4:41.79	2	
12 Watts, Avery	Carleton	4:40.00	4:43.38	3	
13 Fendig, Alex	Macalester	4:42.00	4:43.47	2	
14 Galloway, Jordan	Macalester	4:40.23	4:47.05	3	
15 Jamison, Andrew	Carleton	4:51.75	4:49.33	2	
16 Lebakken, Kurt	Luther	4:48.00	4:49.37	2	
17 Haugland, Jonas	Luther	4:48.00	4:49.86	2	
18 Hansen, Evan	Luther	4:52.00	4:50.65	2	
19 Montover, Christian	Luther	5:04.00	4:50.86	1	
20 Dutt, Sergey	Luther	4:56.00	4:50.88	1	
21 Zander, Joshua	Martin Luther	4:50.00	4:52.55	2	
22 Shubatt, Eli	Luther	4:50.00	4:52.93	2	
23 Thompson, Logan	Luther	4:56.00	4:53.32	1	
24 Hoppe, Josiah	Bethany Lutheran	5:14.50	4:55.44	1	
25 Sulzle, Camden	Martin Luther	4:50.00	4:55.51	2	
26 Hatlevig, Ike	Macalester	5:00.89	4:56.16	1	
27 Kubly, Joseph	Augsburg	4:56.19	4:57.90	2	
28 Puent, Aaron	Augsburg	5:10.45	5:00.77	1	
29 Edmondson, Trace	Bethany Lutheran		5:01.60	1	
30 Dizon, Jermaine	Luther	5:04.00	5:02.33	1	
31 Michaelson, Jacob	Luther	5:04.00	5:04.15	1	
32 Dahlen, Peter	Luther	5:04.00	5:20.90	1	

Men 3000 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Altier, Tom	Luther	8:30.00	8:25.35	2	10
2 Bowman, Henry	Carleton	8:50.71	8:27.59	2	8
3 Melville, Chris	Carleton	9:03.05	8:42.04	2	6
4 Ihrke, Nick	Macalester	8:50.69	8:45.30	2	5
5 McKee, Reece	Macalester	8:58.97	8:47.35	2	4
6 Koller, Adam	Luther	9:00.00	8:52.32	2	3
7 Gillikin, Benjamin	Luther	9:00.00	8:53.42	2	2
8 Fellingham, Kaeden	Luther	9:00.00	9:00.78	2	1
9 Aoki-Sherwood, Ben	Carleton	9:18.23	9:04.13	2	
10 Edwards, Tyler	Macalester	9:24.92	9:10.68	2	
11 Appel, Aidan	Macalester	9:14.73	9:12.85	2	
12 Peske, Cole	Macalester	9:25.00	9:18.73	1	
13 Anderson, Jakin	Bethany Lutheran	9:37.70	9:21.51	1	
14 Adams, Brock	Macalester	9:25.00	9:25.09	1	
15 Lash, Caleb	Martin Luther	10:30.00	9:31.96	1	
16 Kober, Ethan	Luther	9:52.00	9:40.24	1	

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Men 3000 Meter Run**

17 Hutchinson, Elijah	Martin Luther	10:30.00	9:55.96	1
18 Hoppe, Josiah	Bethany Lutheran	10:07.82	9:59.73	1
19 Sulzle, Camden	Martin Luther	10:30.00	10:00.11	1
20 Edmondson, Trace	Bethany Lutheran	10:15.82	10:04.98	1
-- Schwarz, Lane	Luther	8:45.00	DNF	2

Men 55 Meter Hurdles

Name	Year School	Seed	Finals	Points
1 Mortensen, Ian	Carleton	9.17	8.55	10
2 Stefanowicz, Sebastian	Macalester	9.46	8.61	8
3 Clayton, Trajen	Augsburg	9.34	8.65	6
4 Stanton, Jeremiah	Martin Luther	8.00	8.81	5
5 Wada, Aki	Macalester	9.75	8.91	4
6 Malliet, Samuel	Martin Luther	8.20	8.92	3
7 Owens, Jarvis	Bethany Lutheran	9.97	10.02	2
8 Lippert, Noah	Bethany Lutheran	10.49	10.03	1

Men 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Macalester 'A'	1:32.90	1:33.40	2	10
1) Wang, Jeff	2) Schonebaum, Henry			
3) Kinnucan, Ryan	4) Kogut, Jacob			
2 Luther 'A'	1:35.00	1:35.62	2	8
1) Chisora, Tinashe	2) Zewou, Danny			
3) Lefort, Tancrede	4) Deas, Brandon			
3 Crown 'A'		1:36.67	1	6
1) Folston, Malek	2) Johnson, Seth E.			
3) Swecker, Ryan	4) Laumb, Evan			
4 Macalester 'B'		x1:37.87	1	
1) Stefanowicz, Sebastian	2) Mahamud, Hamza			
3) Wada, Aki	4) Zong-Naba, Sylvain			
5 Bethany Lutheran 'A'		1:38.37	2	5
1) Owens, Jarvis	2) Wenninger, Joshua			
3) Anderson, Jakin	4) Marzinske, Jake			

Men 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Carleton 'A'	3:31.41	3:28.40	2	10
1) Pattison, Alistair	2) Fong, Jeremy			
3) Meier, Josh	4) Anderson, Reese			
2 Macalester 'A'	3:29.00	3:30.14	2	8
1) Schonebaum, Henry	2) Wang, Jeff			
3) Kinnucan, Ryan	4) Ali, Kalid			
3 Augsburg 'A'	3:33.99	3:33.36	2	6
1) Landherr, Fritz	2) Hussien, Sakariya			
3) Wondimu, Bereket	4) Asfaw, Getinat			
4 Luther 'A'	3:35.08	3:34.02	2	5
1) Chisora, Tinashe	2) Ode, Will			
3) Swanstrom-Arnold, Sorley	4) Duffy, Leo			

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Men 4x400 Meter Relay**

5 Carleton 'B'	3:45.00	x3:36.66	1
1) Mortensen, Ian	2) Nichols, Gabe		
3) Llewellyn, Roy	4) Lyness, Indy		
6 Martin Luther 'A'	3:43.00	3:40.63	2 4
1) Pausma, Nathan	2) Stanton, Jeremiah		
3) Schibbelhut, Micah	4) Wegner, Luke		
7 Macalester 'B'	3:38.00	x3:41.68	1
1) Bosley, Mason	2) Malecha, Thomas		
3) Witt, Lachlan	4) Useche, Mateo		
8 Luther 'B'	3:45.00	x3:46.64	1
1) Lefort, Tancrede	2) Hansen, Evan		
3) Prentice, Harrison	4) Thompson, Logan		
9 Luther 'C'	3:50.00	x3:51.60	1
1) Dizon, Jermaine	2) Shubatt, Eli		
3) Thompson, Malachi	4) Carey-Odden, Leif		
10 Luther 'D'	3:55.00	x3:54.95	1
1) Anderson, Charlie	2) Lebakken, Kurt		
3) Dahlen, Peter	4) Binsfeld, Matthew		
11 Carleton 'C'	3:50.00	x3:59.05	1
1) Demetriades, Theo	2) Jones, Elijah		
3) Lange, Emerson	4) Hanley, Brett		

Men High Jump

Name	Year	School	Seed	Finals	Points
1 Malliet, Samuel		Martin Luther	1.85m	1.83m	6-00.00 10
1.33 1.38 1.43 1.48 1.53 1.58 1.63 1.68 1.73 1.78 1.83 1.88					
P P P P P P P P P O XO O XXX					
2 Marzinske, Jake		Bethany Lutheran		1.68m	5-06.00 8
1.33 1.38 1.43 1.48 1.53 1.58 1.63 1.68					
P P P P XXO O O XO					
3 Wietzke, Andrew		Martin Luther	1.63m	1.58m	5-02.25 6
1.33 1.38 1.43 1.48 1.53 1.58 1.63					
P P P P O O XXX					
4 Owens, Jarvis		Bethany Lutheran		1.53m	5-00.25 5
1.33 1.38 1.43 1.48 1.53 1.58					
P P O O O XXX					
5 Strom, Matthew		Bethany Lutheran		1.43m	4-08.25 4
1.33 1.38 1.43 1.48					
O O O XXX					

Men Pole Vault

Name	Year	School	Seed	Finals	Points
1 Mortensen, Ian		Carleton	3.50m	4.17m	13-08.25 10
2.77 2.92 3.07 3.22 3.37 3.52 3.67 3.92 4.07 4.17					
P P P O O XO O O O O					
2 Adams, Tim		Carleton	3.88m	3.67m	12-00.50 8
2.77 2.92 3.07 3.22 3.37 3.52 3.67 3.92					
P P P P XO XO XO XXX					
3 Wietzke, Andrew		Martin Luther	3.00m	3.22m	10-06.75 6
2.77 2.92 3.07 3.22 3.37					
XXO O O O XXX					

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Men Pole Vault**

4	Schibbelhut, Micah	Martin Luther	3.30m	3.07m	10-00.75	5
	2.77 2.92 3.07 3.22 3.37 3.52					
	P O O XPP P XX					
5	Strom, Matthew	Bethany Lutheran	3.35m	2.92m	9-07.00	4
	2.77 2.92 3.07					
	P O XXX					
--	Chrenshaw, Christoper	Martin Luther		NH		
	2.77					
	XXX					

Men Long Jump

Name	Year	School	Seed	Finals	Points
1 Hodin, Riley		Macalester		6.14m	20-01.75 10
	6.14m 5.88m 5.91m 5.91m 5.89m 5.49m				
2 Lefort, Tancrede		Luther	5.83m	6.01m	19-08.75 8
	FOUL 5.78m 5.74m 5.34m 5.31m 6.01m				
3 Raasch, Eric Martin		Martin Luther	5.80m	5.97m	19-07.00 6
	FOUL 5.70m 5.63m 5.97m FOUL 5.96m				
4 Ehlke, Joseph		Martin Luther	5.80m	5.93m	19-05.50 5
	5.80m FOUL 5.93m FOUL 5.76m FOUL				
5 Petkau, Steven		Crown	6.14m	5.81m	19-00.75 4
	5.53m 5.74m 5.81m 5.58m 5.60m 5.62m				
6 Stanton, Jeremiah		Martin Luther		5.52m	18-01.50 3
	FOUL FOUL 5.38m 5.52m 5.21m 5.04m				
7 Carey-Odden, Leif		Luther		5.24m	17-02.25 2
	FOUL FOUL 4.94m 5.01m 5.12m 5.24m				
--	Wang, Kevin	Macalester	6.10m	FOUL	
	FOUL FOUL FOUL FOUL PASS PASS				

Men Triple Jump

Name	Year	School	Seed	Finals	Points
1 Hodin, Riley		Macalester	12.91m	13.12m	43-00.50 10
	13.03m 12.97m 13.12m 12.78m 12.56m PASS				
2 Petkau, Steven		Crown	13.15m	12.72m	41-08.75 8
	12.16m 12.35m 12.44m 12.53m 12.72m 12.56m				
3 Wang, Kevin		Macalester		12.26m	40-02.75 6
	FOUL 12.16m 12.26m FOUL FOUL PASS				
4 Ehlke, Joseph		Martin Luther	11.40m	12.21m	40-00.75 5
	11.28m FOUL FOUL 11.74m 12.21m 11.43m				
5 Owens, Jarvis		Bethany Lutheran	12.29m	12.13m	39-09.75 4
	FOUL FOUL 11.80m 12.02m 12.03m 12.13m				
6 Veimau, Justin		Macalester		10.60m	34-09.50 3
	10.60m PASS PASS 10.36m PASS PASS				
7 Lippert, Noah		Bethany Lutheran		10.44m	34-03.00 2
	10.25m 10.44m 10.33m FOUL 10.34m FOUL				
--	Hagen, Josh	Crown		FOUL	
	FOUL FOUL FOUL FOUL FOUL FOUL				

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****Men Shot Put**

Name	Year	School	Seed	Finals	Points
1 Mills, Austin		Macalester	12.25m	12.84m	42-01.50 10
FOUL 11.93m 12.84m	FOUL	FOUL 12.64m			
2 Moldenhauer, Alexander		Martin Luther		11.60m	38-00.75 8
11.16m 11.21m 11.60m	FOUL	FOUL FOUL			
3 Yang, Aiden		Macalester	10.13m	10.43m	34-02.75 6
FOUL 9.56m 10.39m	10.06m	10.43m FOUL			
4 Johannes, Kelvin		Martin Luther		9.24m	30-03.75 5
8.84m 8.69m 8.36m	8.91m	8.38m 9.24m			
5 Mehlhorn, Joey		Luther	9.63m	9.08m	29-09.50 4
8.40m 8.78m 8.61m	FOUL	9.08m 9.08m			
6 Costin, William		Martin Luther		8.66m	28-05.00 3
8.35m 8.66m 7.94m	8.57m	FOUL 8.64m			
7 Hailu, Alazar		Macalester	7.58m	8.31m	27-03.25 2
8.04m 7.40m 8.31m	7.50m	7.55m 7.74m			
8 Simba, Chrino		Bethany Lutheran	7.83m	8.02m	26-03.75 1
7.56m 7.87m 7.71m	7.90m	8.02m 7.68m			
9 Curtis, Matthew		Martin Luther		7.95m	26-01.00
7.69m 7.53m FOUL	7.95m	7.40m 7.71m			
10 Ahmed, Ali		Augsburg	6.59m	7.07m	23-02.50
FOUL 7.07m 6.60m					

Men Weight Throw

Name	Year	School	Seed	Finals	Points
1 Wright, Victor		Macalester	14.76m	14.86m	48-09.00 10
FOUL 13.00m 14.86m	FOUL	14.13m FOUL			
2 Menache, Max		Macalester	15.33m	14.19m	46-06.75 8
FOUL FOUL 11.79m	FOUL	FOUL 14.19m			
3 Mills, Austin		Macalester	11.69m	13.03m	42-09.00 6
12.30m FOUL 12.20m	FOUL	13.03m FOUL			
4 Mehlhorn, Joey		Luther	9.04m	10.27m	33-08.50 5
FOUL 9.27m FOUL	10.27m	9.22m FOUL			
5 Moldenhauer, Alexander		Martin Luther		9.70m	31-10.00 4
6.95m 8.18m FOUL	9.61m	8.72m 9.70m			
6 Curtis, Matthew		Martin Luther		8.78m	28-09.75 3
7.61m 6.62m 8.08m	7.51m	8.78m 8.06m			
7 Costin, William		Martin Luther		8.71m	28-07.00 2
7.96m 7.47m 7.61m	8.25m	8.46m 8.71m			
8 Johannes, Kelvin		Martin Luther		8.45m	27-08.75 1
7.95m 7.99m 8.07m	7.21m	8.45m 7.73m			
9 Simba, Chrino		Bethany Lutheran	5.79m	6.32m	20-09.00
FOUL 5.55m FOUL	FOUL	5.60m 6.32m			

Men - Team Rankings - 17 Events Scored

1) Macalester	172	2) Carleton	152
3) Martin Luther	101	4) Luther	89
5) Crown	37	6) Bethany Lutheran	36
7) Augsburg	34		