

Dear Student-Athlete:

Welcome and congratulations on earning the privilege to compete in intercollegiate athletics at Delaware Valley University. We hope that your athletic experience is rewarding and enriching. College is a time for learning and exploration. A commitment to excellence in both the classroom and competition venue will maximize your experience. Our goal in Athletics is to help you reach your fullest potential. We also strive for your athletic experience to be profoundly meaningful in your personal development and influential in your life.

We encourage you to take full advantage of the outstanding resources and support provided here. Your overall success is contingent upon your effort in all areas. It is also important to be mindful of your responsibilities to the greater good of your team, the Department of Athletics, and Delaware Valley University. We expect you to represent all these members in an exemplary manner.

Please review the material in this handbook as it contains important information regarding participation in varsity athletics at Delaware Valley University. Carefully review the section on NCAA and MAC regulations. You are responsible for knowing and complying with all bylaws related to your competitive eligibility.

Commitment to the development of the whole person and cultivating an environment that is inclusive and supportive are central to our mission. Furthermore, we all understand that your participation in intercollegiate athletics is an extraordinary complement to your academic learning at the University.

On behalf of the Department, I wish you well in the coming year and look forward to watching you develop and compete!

Sincerely,

David Duda
Director of Athletics

Table of Contents

Athletic Director Letter	1	Drug, Alcohol and Tobacco Policy	12
Mission Statement	2	NCAA Banned Drugs	13-14
MAC Philosophies and Principles	3	Equipment	15
NCAA Division III Philosophy	4	Sports Information	16
Academics	5-6	Student-Athlete Advisory Committee	17
Financial Aid	7	Team Travel	18
Hazing	8	Program Offerings	19
Social Media Policy	9-10	Phone Directories	20-22
Sports Medicine/Athletic Training	11		

MISSION STATEMENT:

The athletic programs at Delaware Valley University serve to support the portion of the University mission of providing students with the opportunity to reach their highest potential, and to prepare them for meaningful personal and professional lives and leadership roles. The intercollegiate, intramural and wellness programs are designed to promote a well-rounded educational experience where students gain social, physical and leadership skills through experiential learning, leading to positive personal development. Additionally, the programs and staff will encourage diversity, support gender equity, and promote teamwork, competition, sportsmanship, personal self-esteem and campus pride. The athletic programs are vital in attracting, recruiting and retaining quality students and providing visibility of the University to the local, regional and national community.

The University is a member of the Middle Atlantic Conferences (MAC). DelVal also holds membership with the National Collegiate Athletic Association, (NCAA) Division III.

As defined by the NCAA, Delaware Valley University Athletics will follow the principles of fair play and amateur competition while always keeping the health and well-being of our student-athletes as a top priority.

The Delaware Valley University Athletic Department may apply academic standards in addition to the institution's requirements for the student-athlete to ensure eligible participation; maintain high ethical standards; compete with other institutions that have similar athletic philosophies and constantly evaluate the program so as to support the educational mission of the University.

MAC PHILOSOPHIES AND PRINCIPLES

The MAC (Middle Atlantic Conferences) is an association of colleges and universities for the purpose of athletic competition under the principles of NCAA Division III. The presidents of the member institutions actively govern the conference to advance its well-being and to ensure fulfillment of and accountability to the conference philosophy and principles. The presidents also work to foster productive educational collaboration among the members in areas other than athletics.

Consistent with the Division III philosophy, Conference schools are committed to the primacy of educational mission and values, viewing athletic participation as one complement to their educational programs. Among student-athletes, the “student” component is primary, and athletic participation is seen as a means for further educational development of students’ intellectual, moral, civic and physical capacities. Conference schools demonstrate the integration of athletics with the academic enterprise of their institutions, and coaches are considered active participants in the educational process.

In the same manner that institutions assess educational outcomes in academic programs, MAC institutions assess the educational outcomes of athletics for student-athletes, and the athletic directors provide regular reports on those outcomes. Faculty Athletic Representatives in MAC schools are active participants in the formulation and monitoring of the educational integrity and value of athletics, making regular reports to their faculties and presidents and participating in the work of the Conference. The Conference also actively involves students in the ongoing assessment of institutional and conference programs.

To ensure the most complete educational experience for athletes, MAC institutions are committed to nurturing and advancing ethnic and cultural diversity, as well as full gender equity, both in their overall institutional development and in the conduct of their athletic programs. In addition, financial aid is not awarded for athletic achievement or promise; student-athlete awards are comparable to those awarded to non-athletes, consistent with NCAA standards. MAC schools have adopted high standards of sportsmanship and conduct for coaches, athletes, and fans. The presidents actively ensure that those standards are upheld in all athletic competition.

Consistent with educational primacy and success, the MAC will seek to model the best practices in Division III. Eligibility for athletic competition will be monitored by the conference annually for each institution by sport and gender. The retention, academic achievement, and graduation rates of student-athletes will be comparable to those of non-athletes.

DIVISION III PHILOSOPHY

Colleges and universities in Division III place highest priority on the overall quality of the educational experience and on the successful completion of all students' academic programs. They seek to establish and maintain an environment in which a student-athlete's athletics activities are conducted as an integral part of their educational experience, and in which coaches play a significant role as educators. They also seek to establish and maintain an environment that values cultural diversity and gender equity among their student-athletes and athletics staff.

To achieve this end, Division III institutions:

- (a) Expect that institutional presidents and chancellors have the ultimate responsibility and final authority for the conduct of the intercollegiate athletics program at the institutional, conference and national governance levels;
- (b) Place special importance on the impact of athletics on the participants rather than on the spectators and place greater emphasis on the internal constituency (e.g., students, alumni, institutional personnel) than on the general public and its entertainment needs;
- (c) Shall not award financial aid to any student on the basis of athletics, leadership, ability, participation, or performance;
- (d) Primarily focus on intercollegiate athletics as a four year undergraduate experience;
- (e) Encourage the development of sportsmanship and positive societal attitudes in all constituents, including student-athletes, coaches, administrative personnel and spectators;
- (f) Encourage participation by maximizing the number and variety of sport offerings for their students through broad-based athletics programs;
- (g) Assure that the actions of coaches and administrators exhibit fairness, openness and honesty in their relationships with student-athletes;
- (h) Assure that athletics participants are not treated differently from other members of the student body;
- (i) Assure that student athletes are supported in their efforts to meaningfully participate in non-athletic pursuits to enhance their overall educational experience;
- (j) Assure that athletics recruitment complies with established institutional policies and procedures applicable to the admission process;
- (k) Exercise institutional and/or conference autonomy in the establishment of initial and continuing eligibility standards for student-athletes;
- (l) Assure that academic performance of student-athletes is, at a minimum, consistent with that of the general student body;
- (m) Assure that admission policies for student-athletes comply with policies and procedures applicable to the general student body;
- (n) Provide equitable athletics opportunities for males and females and give equal emphasis to men's and women's sports;
- (o) Support ethnic and gender diversity for all constituents;
- (p) Give primary emphasis to regional in-season competition and conference championships;
- (q) Support student-athletes in their efforts to reach high levels of athletics performance, which may include opportunities for participation in national championships, by providing all teams with adequate facilities, competent coaching and appropriate competitive opportunities.

The purpose of the NCAA is to assist its members in developing the basis for consistent, equitable competition while minimizing infringement on the freedom of individual institutions to determine their own special objectives and programs. The above statement articulates principles that represent a commitment to Division III membership and shall serve as a guide for the preparation of legislation by the division and for planning and implementation of programs by institutions and conferences.

ACADEMICS

Academic Eligibility

In accordance with the Division III philosophy of “Academics First” and in an effort to augment Delaware Valley University’s academic policy, the athletic department has developed an academic policy with a Grade Point Average (GPA) and credit completion requirement for athletic eligibility that has been established to encourage academic success and helps with the progression toward graduation. The department’s established minimum required cumulative GPA is as follows:

1.70 GPA after completion of first-year

1.90 GPA after completion of sophomore year

2.00 GPA after completion of first semester of the student’s junior year and through graduation

In addition, each student-athlete must **complete** 24 credits per academic year (August-May) to maintain eligibility. Summer and winter courses, completed during the academic year, can be used to meet this requirement.

Credit Requirements:

Student-athletes must earn 24 academic credits after each academic year. This will maintain progress toward their degree.

Full-Time Enrollment

All student-athletes must be enrolled in a minimum of 12 credits to be eligible to practice or compete in college athletics. This requirement, set forth by the NCAA, was established to ensure the progression and completion of the student-athletes degree.

Transfer Students

Student-Athletes that transfer into Delaware Valley University must adhere to the NCAA Division III transfer regulations. The student-athlete must be eligible at their previous institution to partake in athletics. All transfers will have their eligibility certified by our compliance coordinator prior to joining a team.

Once the transfer student enrolls and completes a semester at Delaware Valley University, the student-athlete will follow the GPA criteria set forth by the athletic department.

Summer and winter courses will be applied to the previous semester’s GPA. Any courses that a student takes over the summer or winter must be accepted courses through the Delaware Valley University Registrar’s Office. The Director of Athletics, Faculty Athletic Representative (FAR) and the Compliance Coordinator will review those classes at the end of winter or summer sessions to determine the effect on the previous semester’s GPA.

Attendance

Regular attendance is expected of all students at Delaware Valley University. With Experiential Learning being one of the hallmarks of our curriculum, DelVal faculty plan instruction with an emphasis on participation and student involvement. You should attend every class and consider an absence a rarity.

Faculty members will outline their attendance policies in their course syllabus, as well as any effect on course grades due to poor attendance. They will also make reasonable allowances for extenuating circumstances, such as serious illness or death in the immediate family.

It is your responsibility as the student to work with the faculty member in case of a rare absence, understanding that some exams or other coursework cannot be made up.

Students who are frequently absent, or who are absent for long periods (several days), should expect their grades to suffer. As a general rule, missing the equivalent of more than two weeks of classes (more than 4 classes in a two-day-a-week course) for any reason will put you in jeopardy of failing the course.

Students on an athletic team or who participate in an extra- or co-curricular activity that requires them to miss class occasionally should speak with the professor the first week of classes or as soon as they know of the conflicts. They should provide the faculty member with the known dates of the school-sanctioned absences. Students who know that their activities will cause them to miss a significant number of classes should refrain from registering for certain courses or timeslots if at all possible. Should a game or activity be scheduled after the beginning of the semester, the athletic office or sponsor will send the affected faculty members a list of students participating; however, students should also talk with faculty members directly about the expected conflicts.

FINANCIAL AID

Students on academic probation for two or more semesters, who are not making satisfactory progress towards graduation or demonstrate a lack of commitment towards their coursework, may be placed on non-degree status or be dismissed from the college. Students on non-degree status are removed from degree candidacy, are limited to 12 credits per semester, lose financial aid, and cannot participate in intercollegiate sports.

All student-athletes who receive financial aid must renew their FASFA each year in order to collect financial support. One responsibility as a student-athlete to maintain eligibility and financial aid is to sustain the required grade-point average (GPA).

Delaware Valley University does not provide athletic scholarships for the student-athlete and athletic personnel are not to interfere with financial matters. Financial Aid, although, is provided through the University. Please refer to the Student Handbook or contact the Financial Aid Office for more information.

HAZING

Delaware Valley University strictly prohibits hazing.

Hazing is defined by the NCAA as any act committed against someone joining or becoming a member or maintaining membership in any organization that is humiliating, intimidating or demeaning, or endangers the health and safety of the person.

Hazing includes active or passive participation in such acts and occurs regardless of the willingness to participate in the activities. Hazing creates an environment/climate in which dignity and respect are absent.

What you should know about hazing:

- Has caused a team's season to be cancelled at various NCAA institutions.
- Has caused a student-athlete's institutional eligibility to be taken away.
- Has caused student-athletes to be arrested, because it is against the law in most states.
- Has caused student-athletes to have to appear in the court system at their own expense.
- Has caused teams to be torn apart and fragmented.
- Has caused serious physical and psychological injuries, and even deaths.

Is it hazing or team building?

Hazing	Team Building
Humiliates and degrades	Promotes respect and dignity
Tears down individuals	Supports and empowers
Creates division	Creates real teamwork
Lifelong nightmares	Lifelong memories
Shame and secrecy	Pride and integrity
Is a power trip	Is a shared positive experience

* As a captain, you can be held accountable for hazing activities within your program and as such, could be legally charged in a hazing incident.

Hazing activities may include but are by no means limited to the following team functions: use of alcohol; nudity; paddling in any form; branding or shaving; creation of excessive fatigue; consumption of excessive and/or an unusual combination of food; physical and psychological shocks; quests, treasure hunts, scavenger hunts, road trips or any other such activities conducted on or off campus; wearing of apparel that is conspicuous and not normally in good taste; engaging in public stunts and buffoonery; morally degrading or humiliating games and activities; and any other activities that are not consistent with state and local law (including legal drinking age), or the regulations and policies of Delaware Valley University.

For more information from the NCAA regarding hazing, visit:

<http://caps.sdes.ucf.edu/docs/hazinghandbook0108%5B1%5D.pdf>

STUDENT-ATHLETE SOCIAL MEDIA POLICY

Social media is a popular and useful part of everyday life on a college campus. Through participation in online social networking sites (Facebook, Twitter, Instagram, etc.) student-athletes can be positive ambassadors for DelVal and the athletics program by:

- Promoting upcoming games, encouraging your friends and followers to attend events, and promoting official DelVal social media channels
- Supporting your teammates, coaches and fans for their efforts
- Re-tweeting, re-posting or "like-ing" news content that has been released through official DelVal web, social media and news channels
- Effectively and positively communicating with friends, family teammates and others in your social circles.

Student-athletes have the privilege of representing Delaware Valley University. With that privilege comes quite a bit of responsibility -- for yourself, your team and your university. As a student-athlete you are in the public eye more than many other students and your peers, family, friends, faculty, staff, opposing teams, recruits, coaches and even future employers can view what you post or represent on your social media sites. Because your impact can be so significant and because the Internet is "permanent" we encourage student-athletes to adhere to the following best practices for social media use:

Best practices and helpful reminders:

- Think before you post! If you wouldn't want your coach, your parents or a future employer to see it, don't post it;
- You can delete what you post, but the Internet is permanent. What you post is "out there" somewhere, and out of your control;
- Don't post personal information about yourself (address, phone number, birthdate, etc.);
- Avoid accepting friend or follow requests from people you don't know;
- Be in a positive state of mind when you post -- posting when you are angry, or when your judgment is impaired may lead to a decision you regret later; and
- Think about your privacy settings -- the strongest security settings for Facebook is recommended, as is having "protected tweets" on Twitter, where only approved followers will be able to view tweets.

Inappropriate behavior:

While social media can be used for positive purposes, there are also times when its use can cross the line for what is appropriate under team, university and NCAA guidelines and expectations for conduct. The social media practices outlined below are inappropriate for student-athletes:

STUDENT-ATHLETE SOCIAL MEDIA POLICY

- Accepting "friend" or "follow" requests from members of the working media. Your social media page is not an authorized news source for DelVal athletics or the University and should not be used in that way;
- Posting personally identifying information about another person without their consent;
- Commenting on team information that should be kept within the team and athletic program (examples include information about injuries, rosters, playbook information, scrimmages, officiating);
- Posting information and images that depict behavior that is illegal or in violation of university, MAC or NCAA rules (examples include but are not limited to hazing, harassment, sexually explicit/pornographic images, assault, gambling/sports wagering, underage drinking, illegal drug use, vandalism, academic dishonesty); and
- Posting content targeted at other institutions, teams or student-athletes that is unsportsmanlike, derogatory, demeaning or threatening in nature.

Accountability for inappropriate behavior:

Student-athlete conduct on social media which run counter to this policy are reviewed by the director of athletics and the associate dean of students to ensure a consistent and equitable response. Resolution may be informal or formal, depending on the nature of the incident and may be resolved by athletics staff, by the student conduct officer/process, or some combination. Instances of inappropriate behavior as noted above are also reported to the MAC and the NCAA.

Outcomes of a resolution process may range, depending on the infraction from education, counseling and similar actions to restore you to good standing in the eyes of the University, to suspension from games, the team and potentially the University.

Taking the time to think carefully about what you post will help you to avoid difficulties. When in doubt, think about whether what you are about to post reflects your values, and those of your team, coach and college. Maintaining a positive image as a student-athlete is a worthy goal.

By signing below, you are indicating that you have read this policy, and that you acknowledge that failure to follow these guidelines may result in consequences that could alter your status with your team and with the University.

Printed name: _____

Signature: _____

Date: _____

Credit: St. Michael's College, Centenary College of Louisiana, Dartmouth College, Widener University

SPORTS MEDICINE & ATHLETIC TRAINING SERVICES

The purpose of the athletic training staff is fourfold. First, we desire to allow efficient access to athletic training services to the student-athletes. Second, we hope to encourage a philosophy of sport that places a high value on health and wellness. Third, we hope to enable injured athletes to return to their sport as soon as medically safe. Finally, we hope to substantially reduce the risk of athletic injury the athletes at DelVal.

The Training Staff delivers traditional athletic training and sports medicine services to the student-athletes of DelVal. The services to be delivered can be broken down into five areas: injury prevention (screening, taping, bracing, padding), injury recognition and evaluation, injury management/treatment and disposition (emergency care, referrals), rehabilitation, and education and counseling.

A certified athletic trainer will be available for student-athletes for prevention and treatment of sports related injuries. The athletic trainer(s) will be available before, during and after scheduled practice and game times.

Each year, all student-athletes **MUST** have the following completed and sent to the Athletic Training Department in order to be able to participate in any athletic-related activities:

- * Completed Insurance Verification Form
- * Copy of his or her Insurance Form (front and back)
- * Physical Evaluation Form
- * Medical History Questionnaire
- * Concussion Acknowledgement
- * Medical Authorization/Release of Information Authorization/Consent and Release Form
- * Sickle Cell Trait Reporting Form

All forms including the student-athlete medical clearance packet can be found on the Athletics website: www.delval.edu/athletics.

For further questions or concerns you may either contact the athletic training office at 215-489-2353 or refer to the DelVal Athletics website.

DRUG, ALCOHOL AND TOBACCO POLICY

NCAA Drug Policy

Any student-athlete who has been tested by the NCAA and is found to have utilized a substance on the list of banned drugs will be ineligible for one calendar year after the positive drug test, and will lose a minimum of one season of competition in all sports. The student-athlete will remain ineligible until the student-athlete tests negative and eligibility is restored by the Eligibility Subcommittee. If the student tests positive a second time for the use of any drug other than a “street drug” as defined by the NCAA, he or she shall lose all remaining regular season and post-season eligibility in all sports. If the student-athlete tests positive for the use of a “street drug” after being restored to eligibility, he or she shall lose a minimum of one additional season of competition in all sports and also shall remain ineligible for regular season and post-season competition at least through the next calendar year.

Alcohol

The drinking age in the State of Pennsylvania is 21, therefore, no student-athlete under the age of 21 shall be provided with or consume any alcoholic beverages. Fall sport athletes are prohibited from the consumption of alcohol during the pre-season period. Teams representing Delaware Valley College are prohibited from the use of alcoholic beverages while on any university-sponsored trip.

Tobacco

Tobacco use is banned at all practices and competitions.

Nutritional Ergogenic aids

Nutritional supplements are marketed to athletes to improve performance, recovery time required after a workout or to build muscles. Many athletes use nutritional supplements despite the lack of long-term studies to assess possible harmful side effects. In addition, such substances may be ineffective, are expensive, and may be harmful to health or performance. Contents of many of these compounds are not subject to the strict regulations of the U.S. Food and Drug Administration and may contain impurities or banned substances which may cause a student-athlete to test positive. Physical Education & Athletics discourages their use and coaches will not distribute or endorse “nutritional” supplements. The use of drugs, alcohol and tobacco are banned during recruit visits.

All nutritional/dietary supplements carry some risk of containing an NCAA banned substance because they are not well regulated and may be contaminated. Failure to check out any supplement with your sports medicine staff prior to use may result in a failed appeal for a positive drug test. Student-athletes are responsible for anything they ingest.

NCAA BANNED DRUGS

2018-19 NCAA Banned Drugs

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

The NCAA bans the following classes of drugs:

- a. Stimulants.
- b. Anabolic Agents.
- c. Alcohol and Beta Blockers (banned for rifle only).
- d. Diuretics and Other Masking Agents.
- e. Illicit Drugs.
- f. Peptide Hormones and Analogues.
- g. Anti-estrogens.
- h. Beta-2 Agonists.

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified. See *exceptions* in the following examples listed for each class.

Drugs and Procedures Subject to Restrictions:

- a. Blood Doping.
- b. Gene Doping.
- c. Local Anesthetics (under some conditions).
- d. Manipulation of Urine Samples.
- e. Beta-2 Agonists permitted only by prescription and inhalation (i.e. Albuterol).

NCAA Nutritional/Dietary Supplements WARNING:

Before consuming any nutritional/dietary supplement product, review the product with the appropriate or designated athletics department staff!

- Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result.
- Student-athletes have tested positive and lost their eligibility using dietary supplements.
- Many dietary supplements are contaminated with banned drugs not listed on the label.
- **Any product containing a dietary supplement ingredient is taken at your own risk.**

Check with your athletics department staff prior to using a supplement.

Some Examples of NCAA Banned Substances in Each Drug Class.

**THERE IS NO COMPLETE LIST OF BANNED SUBSTANCES.
Do not rely on this list to rule out any label ingredient.**

NCAA BANNED DRUGS

Stimulants:

amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; methamphetamine; methylphenidate (Ritalin); synephrine (bitter orange); dimethylamylamine (DMAA, methylhexanamine); “bath salts” (mephedrone); Octopamine; hordenine; dimethylbutylamine (DMBA, AMP, 4-amino methylpentane citrate); phenethylamines (PEAs); dimethylhexylamine (DMHA, Octodrine) etc.

exceptions: phenylephrine and pseudoephedrine are not banned.

Anabolic Agents (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione):

Androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; testosterone; etiocholanolone; methasterone; methandienone; nandrolone; norandrostenedione; stanozolol; stenbolone; trenbolone; SARMS (ostarine, ligandrol, LGD-4033); etc.

Alcohol and Beta Blockers (banned for rifle only):

alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

Diuretics (water pills) and Other Masking Agents:

bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

exceptions: finasteride is not banned.

Illicit Drugs:

heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (e.g., spice, K2, JWH-018, JWH-073).

Peptide Hormones and Analogues:

growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); IGF-1 (colostrum, deer antler velvet); etc.

exceptions: insulin, Synthroid are not banned.

Anti-Estrogens :

anastrozole; tamoxifen; formestane; ATD, clomiphene; SERMS (nolvadex); Arimidex; clomid; evista; fulvestrant; aromatase inhibitors (Androst-3,5-dien-7,17-dione), letrozole; etc.

Beta-2 Agonists:

bambuterol; formoterol; salbutamol; salmeterol; higenamine; norcoclaurine; etc.

Any substance that is chemically related to one of the above classes, even if it is not listed as an example, is also banned!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting Drug Free Sport AXIS, 877-202-0769 or www.drugfreesport.com/axis password ncaa1, ncaa2 or ncaa3.

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

EQUIPMENT

Equipment managers are located at James Work Memorial Stadium (football) and in Rudley-Neumann Gymnasium (all other sports).

All clothing and equipment that is issued to you is the property of Delaware Valley University. The items issued are for your use during practice, competition, training and conditioning. They are to be worn only in conjunction with official practices, games and conditioning sessions and otherwise should not be removed from the recreational facilities.

Items that become unusable or items that need to be replaced may be turned in to the Equipment Room at James Work Stadium or in Rudley-Neumann Gymnasium. New items will be re-issued only upon written request by your coaching staff.

LAUNDRY: After each practice and game student-athletes should put their practice gear/uniforms in the laundry chute right away to ensure that it is cleaned. Practice gear should be placed inside the laundry bag provided for them and closed appropriately. Laundry service is provided only for clothing issued from the Equipment Room; personal items should not be turned in to the Equipment Room. If personal items are identified in a laundry bag, then the bag will not be laundered.

Upon completion of the season, all issued clothing and equipment including towels and laundry bags, must be returned and checked into the Equipment Room. Failure to return items will result in the student-athlete being charged for the replacement cost of the non-returned item. Adherence to this policy is essential to Physical Education & Athletics' financial ability to provide clothing and equipment for all student-athletes, as well as to comply with NCAA rules.

SPORTS INFORMATION

The Delaware Valley University Sports Information Office serves as the primary liaison between Athletics and the general public. Our goal is to promote Delaware Valley's intercollegiate sports teams and individual athletes. We work on behalf of the athletes, coaches, and the University, but we are also here to serve campus, local, and national media; alumni, parents, and other supporters; the Middle Atlantic Conference and the NCAA; and competing institutions.

Specifically, the Sports Information Office is responsible for: (1) publicity and promotions, (2) website maintenance, (3) social media, (4) game day audio, (5) publications, (6) press box/scorer's table operations, (6) statistical compilation and reporting, (7) historical research, (8) photography, (9) award nominations and (10) the Athletics Hall of Fame.

At the beginning of each sports season we ask that you complete a questionnaire that will be used throughout the season in promoting team and individuals through releases sent to your hometown newspapers, local papers and national media outlets.

The Sports Information Director (SID) oversees all aspects of the office with help from an Assistant Sports Information Director as well as student assistants.

PREGAME/WARM-UP MUSIC

The sports information department is responsible for game day audio and allows teams to submit their own pre-game/warm-up music. All music must be approved by the sports information office prior to the season. Music must be clean and contain no vulgar language or display any discrimination on the basis of gender, age, race, religion or sexual orientation. If the first attempt at music is denied by the office the team is given one more chance to make a new submission for review.

STUDENT-ATHLETE ADVISORY COMMITTEE

The Student-Athlete Advisory Committee (SAAC) is a NCAA mandated program. The MAC also mandates SAAC participation.

In accordance with the mission of Delaware Valley University and the Student Affairs Office, SAAC, as representatives of all student-athletes, seeks to uphold the University's ideas and traditions of academic excellence and sportsmanship through community involvement and intercollegiate athletics.

The SAAC strives to promote effective communication between the Athletic Department and student-athletes on matters including:

- Soliciting student-athlete input on the operation of the intercollegiate athletic program.
- Soliciting student-athlete response to proposed NCAA legislation.
- Disseminating pertinent information to student-athletes.
- Creating support for athletics from the student body and the community.

SAAC membership shall be representative of the diversity of the student-athlete population. The committee should be composed of at least one and no more than two representatives from each varsity sport. Representatives must be recommended by their coach and shall be appointed by the Director of Athletics or the SAAC Advisors.

Through collaboration with the entire DelVal community, the SAAC will adhere to rules and regulations of the National Collegiate Athletic Association (NCAA) and Middle Atlantic Conferences (MAC).

Each Committee member shall serve as a liaison between the Committee and his or her team. Members must serve for one full year and can serve a maximum of two years.

TEAM TRAVEL

Student-athletes should remember that they are representatives of Delaware Valley University whenever their team is traveling for competition. All trips begin when the team leaves campus and end upon return to campus.

Class Attendance and Course Work

Athletes will not receive preferential treatment with regard to class attendance. Absence from class because of athletic competition does not excuse an athlete from any course requirement. Students must clear any absence related to athletics with his or her professor well before the absence. Most faculty members are very supportive of students' extracurricular or personal interests and are willing to work with you regarding accommodations – especially if you are already a diligent and responsible student and if you manage any requests for accommodation in a mature fashion.

At the beginning of the semester, students who are seeking some kind of accommodation due to athletics scheduling should:

- (1) Introduce themselves to their professor in person – not by email and identify themselves as a varsity athlete; provide the professor with a schedule; explain where the conflict is and inquire how to arrange alternatives.
- (2) Do not assume that your varsity sport participation automatically excuses you from any academic commitment
- (3) Always be prepared to put academic obligations before your team commitments. Your coach and teammates will understand and are prepared to work around these conflicts when they do arise.

Transportation

All athletes and coaches must travel with the team to and from all intercollegiate contests. Athletes must return to campus with their team unless permission has been granted by the coach. Team members may only leave the team with members of their immediate family. Unusual circumstances must be approved in advance by the Athletic Director or Assistant Athletic Director and Head Coach.

Dress Code

Athletes should be aware of their status as representatives of Delaware Valley University and dress accordingly. Coaches may also have specific dress codes for their teams.

Lodging

Charges for hotel rooms and tax are the responsibility of the University; incidental expenses such as room service and pay movies are to be paid by the room occupants. Hotels and coaches may prohibit telephone calls and pay movies from being charged to hotel rooms

PROGRAM OFFERINGS

Delaware Valley University is proud to offer students the opportunity to participate in the following NCAA intercollegiate sports:

MEN

Baseball
Basketball
Cross Country
Football
Golf
Lacrosse
Soccer
Track & Field - Indoor
Track & Field – Outdoor
Wrestling

WOMEN

Basketball
Cross Country
Equestrian – Dressage
Equestrian – Hunt Seat
Field Hockey
Lacrosse
Soccer
Softball
Track & Field – Indoor
Track & Field - Outdoor
Volleyball
Wrestling

* The Athletics Department also sponsors Cheerleading