

Carleton Relays (4/19/2025) Tentative Schedule
(Carleton, Crown, Macalester, Minnesota Morris, St. Olaf, Wisconsin River Falls)

Field Events

11:00	Men's Javelin
	Men's Hammer
	Women's Discus
11:00	Women's Long Jump
12:00	Men's Pole Vault
	Men's High Jump
12:15 (est)	Men's Shot
12:30 (est)	Women's Javelin (follows men's javelin)
12:45 (est)	Men's Long Jump (follows women's long jump)
1:00 (est)	Women's Hammer (follows men's hammer and women's discus)
1:30 (est)	Men's Discus (follows men's shot and women's discus)
	(est) Women's High Jump (follows men's high jump)
2:00 (est)	Women's Triple Jump (follows men's long jump)
2:30 (est)	Women's Pole Vault (follows men's pole vault)
	(est) Women's Shot (follows women's hammer)
3:00 (est)	Men's Triple Jump (follows women's triple jump)

Running Events

10:45	Men's 10k
11:30	Men's 3000 Steeplechase
11:45	Women's 3000 Steeplechase
12:05	Men's 4 x 100 Relay
12:10	Women's 4 x 100 Relay
12:15	Men's 1500
12:45	Women's 1500
1:10	Men's 110 Hurdles
1:20	Women's 100 Hurdles
1:30	Men's 100
1:40	Women's 100
1:50	Men's 400
2:00	Women's 400
2:10	Men's 800
2:30	Women's 800
2:50	Men's 400 hurdles
3:00	Women's 400 hurdles
3:10	Men's 200
3:25	Women's 200
3:35	Men's 5000
3:55	Women's 5000
4:20	Men's 4 x 400 relay
4:25	Women's 4 x 400 Relay