

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****Women 55 Meter Dash**

Name	Year	School	Prelims	H#
Preliminaries				
1 Zari Young	SO	Saint Mary's	7.11Q	2
2 Alethia Olson-Skog	FR	Bethel (Minn.)	7.19Q	3
3 Ariella Rogahn-Press	SO	Macalester	7.24Q	1
4 Samantha Munson	SR	Saint Mary's	7.30Q	2 7.295
5 Emily Rengo	SR	Concordia-Moorhead	7.30Q	1 7.299
6 Gabriella Lund	JR	St. Benedict	7.41Q	3
7 Ella Paulson	SO	Bethel (Minn.)	7.36q	1
8 Claire Siems	SO	Hamline	7.39q	2
9 Claire Beckley	SO	Macalester	7.43	3
10 Andie Sandman	JR	Concordia-Moorhead	7.44	2
11 Ashlyn Jore	SR	St. Olaf	7.47	2
12 Lydia Fynboh	JR	Concordia-Moorhead	7.48	3 7.472
13 Allison Stacy	SO	Gustavus Adolphus	7.48	1 7.476
14 Raina Kaping	JR	Bethel (Minn.)	7.48	2 7.480
15 Terri Mensah	FR	Carleton	7.49	3
16 Alexi Schneider	SO	Hamline	7.51	1
17 Autumn Maki	SO	Bethel (Minn.)	7.52	1
18 Evangeline Sappington	FR	St. Olaf	7.56	3
19 Mabel Badejo	FR	Hamline	7.59	1
20 Laura Thauvin	SO	Gustavus Adolphus	7.61	2
21 Nacia Griffin	SO	Augsburg	7.62	2
22 Grace Buntrock	JR	St. Benedict	7.64	3
23 McKenzie Munson	SR	Saint Mary's	7.67	1

Women 55 Meter Dash

Name	Year	School	Finals	Points
Finals				
1 Zari Young	SO	Saint Mary's	7.14	10
2 Alethia Olson-Skog	FR	Bethel (Minn.)	7.18	8
3 Ariella Rogahn-Press	SO	Macalester	7.32	6
4 Emily Rengo	SR	Concordia-Moorhead	7.34	5
5 Ella Paulson	SO	Bethel (Minn.)	7.39	4
6 Samantha Munson	SR	Saint Mary's	7.41	3
7 Claire Siems	SO	Hamline	7.42	2 7.414
8 Gabriella Lund	JR	St. Benedict	7.42	1 7.419

Women 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Samantha Munson	SR	Saint Mary's	25.42	5	10
2 Ariella Rogahn-Press	SO	Macalester	25.44	6	8
3 Emily Rengo	SR	Concordia-Moorhead	25.93	5	6
4 Andie Sandman	JR	Concordia-Moorhead	26.09	3	5
5 Izzi Jaeckle	SO	St. Olaf	26.19	6	4
6 Allison Stacy	SO	Gustavus Adolphus	26.51	2	3
7 Emma Warner	SO	Concordia-Moorhead	26.52	4	2
8 Ellie Semple	FR	St. Olaf	26.53	4	1
9 Zari Young	SO	Saint Mary's	26.60	2	
10 Evangeline Sappington	FR	St. Olaf	26.68	3	

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****...Women 200 Meter Dash**

11	AriSSa Rydberg	SO Bethel (Minn.)	26.82	5
12	Claire Siems	SO Hamline	26.86	1
13	Raina Kaping	JR Bethel (Minn.)	26.98	1
14	Autumn Maki	SO Bethel (Minn.)	27.03	2
15	Allee Feldman	SO St. Benedict	27.06	6
16	Ava Loftness	FR Gustavus Adolphus	27.11	5
17	Alexi Schneider	SO Hamline	27.19	3
18	Jaz Turnbaugh	FR Hamline	27.20	2
19	Alethia Olson-Skog	FR Bethel (Minn.)	27.22	4
20	Piper Osborne	JR Concordia-Moorhead	27.34	1
21	Melissa Torres	SO Saint Mary's	27.36	6
22	Adyson Gerbig	FR Bethel (Minn.)	27.51	3
23	Aliyah Robran	SR Hamline	27.55	1
24	Adelyn Ellefson	SO Bethel (Minn.)	27.69	4

Women 400 Meter Dash

Name	Year School	Finals	H#	Points
1	Ariella Rogahn-Press	SO Macalester	55.79	5 10
2	Shalom Sulungaine	JR Bethel (Minn.)	55.94	5 8
3	Allison Hookom	SR Augsburg	57.66	4 6
4	Ellie Semple	FR St. Olaf	58.66	2 5
5	Madi Pelowski	SR Bethel (Minn.)	58.76	3 4
6	Izzi Jaeckle	SO St. Olaf	58.79	4 3
7	Josie Brown	FR Concordia-Moorhead	58.99	3 2
8	Ashley Slaybaugh	FR Bethel (Minn.)	59.39	2 1
9	Deni Zaharieva	FR Saint Mary's	59.96	3
10	Isabel Fynboh	SR Gustavus Adolphus	1:00.01	1
11	AriSSa Rydberg	SO Bethel (Minn.)	1:00.79	4
12	Adyson Gerbig	FR Bethel (Minn.)	1:00.97	1
13	Emma Norton	FR Concordia-Moorhead	1:01.00	5
14	Adelyn Ellefson	SO Bethel (Minn.)	1:01.16	1
15	Taylor Dean	FR St. Benedict	1:01.57	4
16	Morgan Dean	SR Bethel (Minn.)	1:02.01	2
17	Kayla Nelson	SR St. Scholastica	1:02.41	5
18	Ella Kienitz	SO Gustavus Adolphus	1:02.52	2
19	Macy Piechowski	FR St. Benedict	1:02.76	1
20	Lauren Rocheford	SR Gustavus Adolphus	1:02.84	3

Women 600 Meter Run

Name	Year School	Finals	H#	Points
1	Shalom Sulungaine	JR Bethel (Minn.)	1:34.61	3 10
2	Kyla Nygaard	JR Concordia-Moorhead	1:35.66	3 8
3	Allison Hookom	SR Augsburg	1:35.73	2 6
4	Lauren Berg	SR St. Benedict	1:36.80	2 5
5	Josie Brown	FR Concordia-Moorhead	1:37.09	1 4
6	Madi Pelowski	SR Bethel (Minn.)	1:37.60	3 3
7	Molly DiNardo	JR St. Olaf	1:38.32	2 2
8	Charlotte Kusch	SO Carleton	1:38.44	3 1
9	Taylor Dean	FR St. Benedict	1:39.17	2
10	Anabel Bradley	JR Hamline	1:39.64	1
11	Abbie Manhard	SR St. Olaf	1:39.99	1

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****....Women 600 Meter Run**

12	Katja Wallin	FR	Gustavus Adolphus	1:41.64	3
13	Pamina Nemet	FR	Carleton	1:41.74	1
14	Nora Mickelson	JR	St. Olaf	1:42.14	2
15	Emma Norton	FR	Concordia-Moorhead	1:42.40	1
16	Alice Wagner-Hemstad	SO	St. Olaf	1:43.36	3
17	Emma Dauner	JR	St. Olaf	1:44.42	1
18	Ella Kienitz	SO	Gustavus Adolphus	1:44.60	2

Women 800 Meter Run

Name	Year	School	Finals	H#	Points
1	Isabel Wyatt	SR	St. Olaf	2:13.96	3 10
2	Kyla Nygaard	JR	Concordia-Moorhead	2:14.83	3 8
3	Cora DenHartog	FR	St. Olaf	2:16.46	3 6
4	Pamina Nemet	FR	Carleton	2:17.29	3 5
5	Lauren Berg	SR	St. Benedict	2:17.84	3 4
6	Charlotte Kusch	SO	Carleton	2:21.45	2 3
7	Abbie Manhard	SR	St. Olaf	2:22.22	2 2
8	Molly DiNardo	JR	St. Olaf	2:22.52	2 1
9	Anabella Witschen	JR	St. Benedict	2:23.63	2
10	Taylor Radaich	JR	St. Benedict	2:26.34	2
11	Londyn Ames	JR	Concordia-Moorhead	2:26.87	3
12	Addie Dahl	SO	Concordia-Moorhead	2:27.19	2
13	Anabel Bradley	JR	Hamline	2:27.23	3
14	Brooke Baumann	JR	Hamline	2:29.55	2
15	Brooke Verkinnes	SR	St. Benedict	2:29.87	1
16	Bailey Link	JR	St. Benedict	2:30.73	1
17	Aftyn Hahn	FR	Concordia-Moorhead	2:31.20	1
18	Kaitlyn Peterson	JR	St. Catherin	2:31.31	1
19	Estle Nelson	FR	Bethel (Minn.)	2:32.21	1
20	Meaghan McDonald	SR	St. Benedict	2:32.78	1
21	Ellyn Soli	FR	Gustavus Adolphus	2:32.86	1

Women 1000 Meter Run

Name	Year	School	Finals	H#	Points
1	Lauren Tittel	FR	Carleton	2:57.67	3 10
2	Isabel Wyatt	SR	St. Olaf	2:57.68	3 8
3	Mya Slavin	SO	Saint Mary's	2:57.79	3 6
4	Londyn Ames	JR	Concordia-Moorhead	3:00.57	3 5
5	Kate Fox	SO	Macalester	3:01.40	3 4
6	Ella Landis	SR	St. Olaf	3:02.36	3 3
7	Anna-Britta Helmer	FR	St. Olaf	3:03.14	2 2
8	Kelyn Henry-Perlich	SO	Concordia-Moorhead	3:03.63	3 1
9	Regan Niemi	JR	St. Scholastica	3:03.88	2
10	Nina Peterson	FR	Carleton	3:04.53	2
11	Anabella Witschen	JR	St. Benedict	3:05.29	2
12	Taylor Radaich	JR	St. Benedict	3:05.99	1
13	Grace Moeller	SR	St. Olaf	3:06.87	2
14	Cora DenHartog	FR	St. Olaf	3:07.14	3
15	Kyra Morris	SO	Macalester	3:08.05	1
16	Louisa Lamarre	SO	St. Olaf	3:08.28	1
17	Aubrey Jensen	FR	Macalester	3:08.33	2

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18 Addison Enfield	FR Gustavus Adolphus	3:08.85	2
19 Emerson Mullen	FR Bethel (Minn.)	3:10.00	1
20 Tilia Iverson	SO Macalester	3:11.87	1
21 Bailey Link	JR St. Benedict	3:12.19	1
22 Alicia Maddux	SR Hamline	3:13.01	2
23 Kiara Gentz	JR Bethel (Minn.)	3:15.51	1

Women 1 Mile Run

Name	Year School	Finals	H#	Points
1 Mya Slavin	SO Saint Mary's	5:00.60	3	10
2 Lauren Tittel	FR Carleton	5:02.81	3	8
3 Kate Fox	SO Macalester	5:05.07	3	6
4 Claire Vukovics	FR Carleton	5:13.34	3	5
5 Amelia Campbell	FR Carleton	5:13.37	3	4
6 Abigale Lindquist	SO St. Olaf	5:13.59	3	3
7 Kelyn Henry-Perlich	SO Concordia-Moorhead	5:13.69	3	2
8 Megan Timmerman	SR St. Olaf	5:13.78	3	1
9 Anna-Britta Helmer	FR St. Olaf	5:15.37	2	
10 Nina Peterson	FR Carleton	5:16.83	2	
11 Regan Niemi	JR St. Scholastica	5:22.73	3	
12 Anna Cargill	SR Bethel (Minn.)	5:24.16	1	
13 Siiri Anderson	FR Gustavus Adolphus	5:24.50	2	
14 Safiya Ait Ali	SO St. Olaf	5:27.95	1	
15 Brylee Cavanaugh	FR Bethel (Minn.)	5:28.04	1	
16 Julia Babineau	JR St. Benedict	5:28.29	1	
17 Alicia Maddux	SR Hamline	5:31.35	2	
18 Sierra Cherniavsky	FR Carleton	5:32.03	1	
19 Lilly Dickinson	FR Concordia-Moorhead	5:33.52	2	
20 Natalie Zielsdorf	SR St. Benedict	5:34.12	1	
21 Laura Sunnarborg	JR Gustavus Adolphus	5:34.27	2	
22 Willemijn Leiner	SO St. Olaf	5:38.92	2	
23 Anna Blaich	FR Carleton	5:39.62	1	
24 Anna Gould	FR Gustavus Adolphus	5:43.10	1	
25 Emery Holland	FR Concordia-Moorhead	5:48.03	1	

Women 3000 Meter Run

Name	Year School	Finals	H#	Points
1 Hannah Preisser	SR Carleton	10:06.23	2	10
2 Molly Liston	SR Gustavus Adolphus	10:08.68	2	8
3 Claire Vukovics	FR Carleton	10:08.94	2	6
4 Lauren Walda	SR St. Olaf	10:11.90	2	5
5 Amelia Campbell	FR Carleton	10:22.19	2	4
6 Aliya Larsen	SR Carleton	10:23.16	2	3
7 Ashley Nelson	SO Concordia-Moorhead	10:27.66	2	2
8 Abigale Lindquist	SO St. Olaf	10:27.92	2	1
9 Megan Timmerman	SR St. Olaf	10:29.63	2	
10 Nicole Peterson	FR Carleton	10:34.50	2	
11 Louise Ruzanic	FR Carleton	10:37.53	2	
12 Anna Cargill	SR Bethel (Minn.)	10:46.63	1	
13 Molly Kate McCloskey	SR St. Olaf	10:47.39	2	
14 Arabella England	SO St. Olaf	10:48.15	1	

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****...Women 3000 Meter Run**

15 Anna Hay	SR Bethel (Minn.)	10:48.30	1
16 Lucy Upton	FR Bethel (Minn.)	10:48.65	1
17 Siiri Anderson	FR Gustavus Adolphus	10:49.39	1
18 Samantha Ellis	JR Macalester	10:50.28	2
19 Julia Babineau	JR St. Benedict	10:52.89	1
20 Mary Kenney	SR St. Benedict	10:53.61	2
21 Brylee Cavanaugh	FR Bethel (Minn.)	10:55.83	1
22 Kathleen Madden	JR St. Olaf	10:58.17	1
23 Eleanor Lindeman	FR St. Catherin	11:00.21	2
24 Laura Sunnarborg	JR Gustavus Adolphus	11:01.12	1
25 Grace McCormick	JR St. Scholastica	11:01.63	1
26 Mackenzie Murphy	JR Gustavus Adolphus	11:02.66	1
27 Lilly Dickinson	FR Concordia-Moorhead	11:05.91	1
28 Daphne Grobstein	FR St. Benedict	11:05.99	1
29 Lydia Feldhahn	FR St. Catherin	11:13.83	1
30 Sierra Cherniavsky	FR Carleton	11:26.76	1

Women 5000 Meter Run

Name	Year School	Finals	Points
1 Molly Liston	SR Gustavus Adolphus	17:13.28	10
2 Hannah Preisser	SR Carleton	17:14.38	8
3 Lauren Walda	SR St. Olaf	17:27.94	6
4 Aliya Larsen	SR Carleton	18:02.96	5
5 Ashley Nelson	SO Concordia-Moorhead	18:28.54	4
6 Eleanor Lindeman	FR St. Catherin	18:39.72	3
7 Arabella England	SO St. Olaf	18:46.43	2
8 Abby Wood	SO St. Scholastica	18:47.36	1
9 Mary Kenney	SR St. Benedict	18:50.18	
10 Ava Nibbelink	SO Bethel (Minn.)	18:50.79	
11 Samantha Ellis	JR Macalester	18:51.91	
12 Molly Kate McCloskey	SR St. Olaf	18:53.61	
13 Mollie Ping	SO St. Benedict	19:11.17	
14 Anna Forbord	FR Gustavus Adolphus	19:12.33	
15 Brooklyn Hart	SO Concordia-Moorhead	19:14.44	
16 Kathleen Madden	JR St. Olaf	19:17.81	
17 Lydia Feldhahn	FR St. Catherin	19:24.48	
18 Addy Giles	FR St. Benedict	20:09.86	

Women 55 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1 Juslene Chea	FR St. Benedict	8.34Q	2
2 Michaela Zenz	FR Bethel (Minn.)	8.61Q	1
3 Claire Stein	FR St. Olaf	8.69Q	3 8.685
4 Hannah Bingham	SO Bethel (Minn.)	8.59Q	2
5 Emily Podulke	SO Gustavus Adolphus	8.73Q	3
6 Ellie Hernes	SR Bethel (Minn.)	8.77Q	1
7 Svea Frantzich	FR St. Olaf	8.68q	2
8 Laura Thauvin	SO Gustavus Adolphus	8.69q	2 8.684
9 Kaili Malvey	FR Concordia-Moorhead	8.76	3
10 Sophia Vogel	FR Gustavus Adolphus	8.79	1 8.783

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****...Women 55 Meter Hurdles**

11	Ava Loftness	FR Gustavus Adolphus	8.79	2	8.784
12	Rylee O'Konek	FR Saint Mary's	8.86	3	
13	Lauren Pearson	FR Concordia-Moorhead	8.95	1	
14	Anya Adelgren	JR St. Benedict	8.99	1	
15	Lucy Rappana	FR St. Scholastica	9.04	3	9.034
16	Annika Walsh	FR St. Olaf	9.04	3	9.037
17	Brianna Hexum	FR Bethel (Minn.)	9.05	3	
18	Kayla Kajer	SO Gustavus Adolphus	9.06	1	
19	Aliyah Robran	SR Hamline	9.07	2	
20	Ally Tyvoll	JR Bethel (Minn.)	9.25	2	
21	Morgan Hanlin	FR St. Benedict	9.28	1	
22	Kayla Evans	SO Bethel (Minn.)	9.30	3	
23	Aubree Klein	JR St. Olaf	9.42	2	

Women 55 Meter Hurdles

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Name	Year	School	Finals	Points	
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Finals					
1	Michaela Zenz	FR Bethel (Minn.)	8.43	10	
2	Juslene Chea	FR St. Benedict	8.45	8	
3	Claire Stein	FR St. Olaf	8.53	6	
4	Laura Thauvin	SO Gustavus Adolphus	8.64	5	
5	Svea Frantzich	FR St. Olaf	8.66	4	
6	Hannah Bingham	SO Bethel (Minn.)	8.69	3	8.682
7	Emily Podulke	SO Gustavus Adolphus	8.69	2	8.690
8	Ellie Hernes	SR Bethel (Minn.)	8.73	1	

Women 4x200 Meter Relay

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School		Finals	H#	Points	
=====					
1	St. Olaf 'A'	1:43.42	3	10	
	1) Claire Stein FR				
	3) Ellie Semple FR				
2	Concordia-Moorhead 'A'	1:45.01	2	8	
	1) Emma Warner SO				
	3) Piper Osborne JR				
3	Bethel (Minn.) 'A'	1:45.51	2	6	
	1) Ashley Slaybaugh FR				
	3) Autumn Maki SO				
4	Saint Mary's (Minn.) 'A'	1:45.66	3	5	
	1) Joscelyn Saamanen FR				
	3) Melissa Torres SO				
5	Hamline 'A'	1:46.45	3	4	
	1) Alexi Schneider SO				
	3) Claire Siems SO				
6	Gustavus Adolphus 'A'	1:47.41	1	3	
	1) Allison Stacy SO				
	3) Ava Loftness FR				
7	Macalester 'A'	1:47.44	1	2	
	1) Claire Beckley SO				
	3) Emma Cunningham SO				
8	St. Benedict 'A'	1:49.94	2	1	
	1) Allee Feldman SO				
	2) Gabriella Lund JR				

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****....Women 4x200 Meter Relay**

3) Myah Nelson SR	4) Grace Buntrock JR		
9 St. Scholastica 'A'		1:49.95	1
1) Shayna Wick SO	2) Kayla Nelson SR		
3) Molly King FR	4) Allison Fink FR		
10 Carleton 'A'		1:51.74	1
1) Alice Islam SO	2) Jillian Muglia FR		
3) Sophie Syverson FR	4) Willa Bishop SO		

Women 4x400 Meter Relay

School	Finals	H#	Points
1 Bethel (Minn.) 'A'	3:54.90	3	10
1) Madi Pelowski SR	2) Ashley Slaybaugh FR		
3) Hannah Bingham SO	4) Shalom Sulungaine JR		
2 Concordia-Moorhead 'A'	3:55.28	3	8
1) Josie Brown FR	2) Emily Rengo SR		
3) Emma Warner SO	4) Kyla Nygaard JR		
3 St. Olaf 'A'	4:01.53	3	6
1) Izzi Jaeckle SO	2) Abbie Manhard SR		
3) Molly DiNardo JR	4) Ellie Semple FR		
4 Macalester 'A'	4:01.82	3	5
1) Claire Beckley SO	2) Tessa Myatt JR		
3) Hadley Wilkins SR	4) Ariella Rogahn-Press SO		
5 St. Benedict 'A'	4:06.24	2	4
1) Taylor Dean FR	2) Lauren Berg SR		
3) Taylor Radaich JR	4) Macy Piechowski FR		
6 Gustavus Adolphus 'A'	4:06.89	2	3
1) Lauren Rocheford SR	2) Teagan Stark SO		
3) Katja Wallin FR	4) Isabel Fynboh SR		
7 Hamline 'A'	4:10.75	2	2
1) Brooke Baumann JR	2) Alexi Schneider SO		
3) Aliyah Robran SR	4) Jaz Turnbaugh FR		
8 Saint Mary's (Minn.) 'A'	4:10.82	1	1
1) Deni Zaharieva FR	2) Mya Slavin SO		
3) Rylee O'Konek FR	4) Melissa Torres SO		
9 St. Scholastica 'A'	4:11.65	1	
1) Shayna Wick SO	2) Molly King FR		
3) Regan Niemi JR	4) Kayla Nelson SR		
10 Carleton 'A'	4:13.43	2	
1) Willa Bishop SO	2) Charlotte Kusch SO		
3) Pamina Nemet FR	4) Lauren Tittel FR		

Women Distance Medley

School	Finals	Points
1 Concordia-Moorhead 'A'	12:27.98	10
1) Londyn Ames JR	2) Josie Brown FR	
3) Kyla Nygaard JR	4) Kelyn Henry-Perlich SO	
2 Macalester 'A'	12:30.35	8
1) Aubrey Jensen FR	2) Hadley Wilkins SR	
3) Kyra Morris SO	4) Kate Fox SO	
3 St. Olaf 'A'	12:32.36	6
1) Grace Moeller SR	2) Alice Wagner-Hemstad SO	

MIAC Championships - 2/26/2026 to 2/28/2026

Carleton Rec. Center

Results

....Women Distance Medley

3) Nora Mickelson JR	4) Ella Landis SR		
4 Carleton 'A'		12:34.57	5
1) Nicole Peterson FR	2) Charlotte Kusch SO		
3) Amelia Campbell FR	4) Louise Ruzanic FR		
5 Bethel (Minn.) 'A'		12:46.97	4
1) Emerson Mullen FR	2) Adyson Gerbig FR		
3) Kiara Gentz JR	4) Anna Hay SR		
6 St. Benedict 'A'		12:57.76	3
1) Taylor Radaich JR	2) Taylor Dean FR		
3) Daphne Grobstein FR	4) Anabella Witschen JR		
7 Gustavus Adolphus 'A'		13:00.10	2
1) Addison Enfield FR	2) Brooke Viner FR		
3) Katja Wallin FR	4) Mackenzie Murphy JR		
8 St. Scholastica 'A'		13:14.60	1
1) Abby Wood SO	2) Regan Niemi JR		
3) Liliana Hoard FR	4) Grace McCormick JR		
9 Hamline 'A'		14:11.12	
1) Briyanna Burkhardt SO	2) Adrienne Karpen SR		
3) Savannah Janes JR	4) Tessa Meyers SO		
10 St. Catherine (Minn.) 'A'		14:37.86	

Women High Jump

Name	Year	School	Finals	Points
1 Lauren Pearson	FR	Concordia-Moorhead	1.60m	5-03.00 10
1.41 1.46 1.51 1.54 1.57 1.60 1.63				
PPP PPP O XO XO XO XXX				
2 Emma Norton	FR	Concordia-Moorhead	1.57m	5-01.75 8
1.41 1.46 1.51 1.54 1.57 1.60				
PPP O XO XXO O XXX				
3 Lauren Selle	FR	Concordia-Moorhead	J1.57m	5-01.75 6
1.41 1.46 1.51 1.54 1.57 1.60				
PPP PPP O XO XO XXX				
4 Kiera Stommes	SO	St. Benedict	J1.57m	5-01.75 5
1.41 1.46 1.51 1.54 1.57 1.60				
O O O O XXO XXX				
5 Annika Walsh	FR	St. Olaf	1.54m	5-00.50 4
1.41 1.46 1.51 1.54 1.57				
PPP PPP O O XXX				
6 Kaili Malvey	FR	Concordia-Moorhead	J1.54m	5-00.50 2.50
1.41 1.46 1.51 1.54 1.57				
PPP O XO XO XXX				
6 Kaylee Hawks	FR	Gustavus Adolphus	J1.54m	5-00.50 2.50
1.41 1.46 1.51 1.54 1.57				
PPP O XO XO XXX				
8 Abby Lovelace	JR	Concordia-Moorhead	J1.54m	5-00.50 1
1.41 1.46 1.51 1.54 1.57				
PPP O XO XXO XXX				
9 Tessa Myatt	JR	Macalester	J1.54m	5-00.50
1.41 1.46 1.51 1.54 1.57				
XXO XO O XXO XXX				
10 Reese Laposky	FR	St. Benedict	1.46m	4-09.50
1.41 1.46 1.51				
O O XXX				

MIAC Championships - 2/26/2026 to 2/28/2026

Carleton Rec. Center

Results

...Women High Jump

10 Anna Kemp	JR St. Benedict	1.46m	4-09.50
1.41 1.46 1.51			
O O XXX			
10 Frankie Witham	JR Hamline	1.46m	4-09.50
1.41 1.46 1.51			
O O XXX			
10 Drea Terwedo	JR St. Benedict	1.46m	4-09.50
1.41 1.46 1.51			
O O XXX			
14 Molly King	FR St. Scholastica	1.41m	4-07.50
1.41 1.46			
O XXX			
14 Andrea Chavarria	FR St. Olaf	1.41m	4-07.50
1.41 1.46			
O XXX			
14 Xara Gin	SO Saint Mary's	1.41m	4-07.50
1.41 1.46			
O XXX			
14 Sydnie Wgeishofski	SR St. Scholastica	1.41m	4-07.50
1.41 1.46			
O XXX			
-- Kayla Kajer	SO Gustavus Adolphus	NH	
1.41 1.46 1.51			
PPP PPP XXX			

Women Pole Vault

Name	Year School	Finals	Points
1 Jaylyn Ahlberg	SR St. Benedict	3.53m	11-07.00 10
2.78 2.93 3.08 3.23 3.33 3.43 3.53 3.63			
PPP PPP PPP O O O XO XXX			
2 Xara Gin	SO Saint Mary's	3.43m	11-03.00 7
2.78 2.93 3.08 3.23 3.33 3.43 3.53			
PPP PPP O O XXO XO XXX			
2 LiLi Raidt	JR St. Benedict	3.43m	11-03.00 7
2.78 2.93 3.08 3.23 3.33 3.43 3.53			
PPP PPP O O XXO XO XXX			
4 Raina Kaping	JR Bethel (Minn.)	3.33m	10-11.00 5
2.78 2.93 3.08 3.23 3.33 3.43			
PPP XO O O XO XXX			
5 Brynley Coleman	SO Concordia-Moorhead	3.23m	10-07.00 3.50
2.78 2.93 3.08 3.23 3.33			
PPP O O XO XXX			
5 McKenna Flinn	SO St. Benedict	3.23m	10-07.00 3.50
2.78 2.93 3.08 3.23 3.33			
PPP PPP O XO XXX			
7 Camille Finney	JR Gustavus Adolphus	J3.23m	10-07.00 2
2.78 2.93 3.08 3.23 3.33			
PPP PPP O XXO XXX			
8 Maddox Lee	SR Gustavus Adolphus	J3.23m	10-07.00 1
2.78 2.93 3.08 3.23 3.33			
PPP PPP XXO XXO XXX			

MIAC Championships - 2/26/2026 to 2/28/2026

Carleton Rec. Center

Results

....Women Pole Vault

9	Ava Brosam	FR Carleton	3.08m	10-01.25
	2.78 2.93 3.08 3.23			
	O O O XXX			
9	AnnaGrace Nelson	SR Bethel (Minn.)	3.08m	10-01.25
	2.78 2.93 3.08 3.23			
	O PPP O XXX			
11	Abigail Frei	FR St. Olaf	J3.08m	10-01.25
	2.78 2.93 3.08 3.23			
	PPP PPP XO XXX			
12	Elly Stamp	FR Bethel (Minn.)	J3.08m	10-01.25
	2.78 2.93 3.08 3.23			
	XO O XO XXX			
13	Savannah Brown	JR Hamline	2.93m	9-07.25
	2.78 2.93 3.08			
	PPP XO XXX			
14	Sophie Syverson	FR Carleton	J2.93m	9-07.25
	2.78 2.93 3.08			
	O XXO XXX			
15	Bria Luepke	SR Hamline	2.78m	9-01.50
	2.78 2.93			
	O XXX			
16	Seneca Wilson	JR Macalester	J2.78m	9-01.50
	2.78 2.93			
	XO XXX			
--	Emily Pearson	JR Bethel (Minn.)	NH	
	2.78 2.93			
	PPP XXX			
--	Erika Nesseth	SO St. Olaf	NH	
	2.78			
	XXX			
--	Roen Boyd	SR Macalester	NH	
	2.78			
	XXX			

Women Long Jump

Name	Year School	Finals	H#	Points
1 Ashlyn Jore	SR St. Olaf	5.57m	18-03.25	2 10
	5.06m 5.39m 5.47m 5.24m 4.98m 5.57m			
2 Ellie Hernes	SR Bethel (Minn.)	5.46m	17-11.00	2 8
	5.41m FOUL 5.39m 5.46m FOUL 5.25m			
3 Sabriya Farquharson	JR St. Benedict	5.43m	17-09.75	2 6
	5.43m 5.39m 5.24m FOUL FOUL 5.39m			
4 Svea Frantzich	FR St. Olaf	5.31m	17-05.25	2 5
	5.17m 5.12m FOUL 5.30m 5.25m 5.31m			
5 Mabel Badejo	FR Hamline	5.26m	17-03.25	2 4
	FOUL 4.97m 5.26m FOUL FOUL 5.26m			
6 Allison Fink	FR St. Scholastica	5.25m	17-02.75	1 3
	4.48m 4.99m 5.17m 4.99m 5.25m 5.17m			
7 Claire Stein	FR St. Olaf	5.23m	17-02.00	2 2
	5.22m 4.70m 4.88m 5.23m FOUL 4.83m			
8 Lauren Pearson	FR Concordia-Moorhead	5.21m	17-01.25	2 1
	FOUL 5.10m 5.21m 5.08m FOUL 5.02m			

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****...Women Long Jump**

9	Harmony-Keli Tomety	JR Macalester	5.17m	16-11.50	1
	4.95m 5.17m FOUL FOUL FOUL FOUL				
10	Juslene Chea	FR St. Benedict	5.14m	16-10.50	2
	5.14m 5.09m 5.07m				
11	Jordan Stanislawski	JR Bethel (Minn.)	5.12m	16-09.75	2
	4.94m 5.12m 5.04m				
12	Kaili Malvey	FR Concordia-Moorhead	5.09m	16-08.50	1
	5.09m 4.70m 4.96m				
13	Terri Mensah	FR Carleton	5.05m	16-07.00	1
	4.67m 5.05m 5.01m				
14	Kaylee Hawks	FR Gustavus Adolphus	5.02m	16-05.75	1
	FOUL 4.95m 5.02m				
15	Morgan Hanlin	FR St. Benedict	4.92m	16-01.75	1
	4.92m 4.79m FOUL				
16	Taylor Christenson	SO Concordia-Moorhead	4.89m	16-00.50	1
	4.89m 4.82m 4.72m				
17	Annika Walsh	FR St. Olaf	4.85m	15-11.00	1
	4.85m 4.73m 4.71m				
18	Shayna Wick	SO St. Scholastica	4.81m	15-09.50	2
	4.81m 4.78m 4.69m				
19	Sophia Vogel	FR Gustavus Adolphus	4.70m	15-05.00	1
	4.57m 4.70m 4.61m				

Women Triple Jump

Name	Year School	Finals	H#	Points
1 Ellie Hernes	SR Bethel (Minn.)	11.45m 37-06.75	2	10
	11.04m 11.14m 11.45m FOUL FOUL FOUL			
2 Sabriya Farquharson	JR St. Benedict	11.29m 37-00.50	2	8
	11.01m 11.29m 11.07m 10.88m 11.23m 10.98m			
3 Ava Loftness	FR Gustavus Adolphus	11.25m 36-11.00	1	6
	FOUL 11.23m FOUL FOUL 11.25m 11.18m			
4 Kaylee Hawks	FR Gustavus Adolphus	10.92m 35-10.00	2	5
	FOUL 10.92m 10.79m 10.33m 10.58m 10.61m			
5 Allison Fink	FR St. Scholastica	10.79m 35-05.00	2	4
	10.51m 10.79m 10.63m 10.45m FOUL 10.27m			
6 Juslene Chea	FR St. Benedict	10.75m 35-03.25	2	3
	10.75m 10.70m PASS FOUL FOUL PASS			
7 Piper Osborne	JR Concordia-Moorhead	10.72m 35-02.00	2	2
	10.50m 10.65m 10.72m 10.56m 9.77m FOUL			
8 Kaili Malvey	FR Concordia-Moorhead	10.65m 34-11.25	2	1
	10.36m 9.75m 10.52m 10.65m FOUL PASS			
9 Anna Gries	SO St. Benedict	10.64m 34-11.00	2	
	FOUL 10.58m 10.51m 10.40m 10.63m 10.64m			
10 Sophia Vogel	FR Gustavus Adolphus	10.53m 34-06.75	1	
	FOUL 10.52m FOUL 10.53m FOUL FOUL			
11 Jordan Stanislawski	JR Bethel (Minn.)	10.50m 34-05.50	2	
	10.50m 10.34m FOUL			
12 Terri Mensah	FR Carleton	10.44m 34-03.00	1	
	9.95m 10.10m 10.44m			
13 Kayla Kajer	SO Gustavus Adolphus	10.42m 34-02.25	1	
	10.20m 10.42m 10.34m			
14 Ameryn Dostal	SO Saint Mary's	10.39m 34-01.25	2	
	10.39m 10.22m 10.25m			

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****...Women Triple Jump**

15	Hannah Scharnberg	FR St. Benedict	10.17m	33-04.50	1
	FOUL FOUL 10.17m				
16	Julia Pankratz	FR Bethel (Minn.)	10.10m	33-01.75	1
	9.88m 9.83m 10.10m				
17	Keityshia Houston	FR Hamline	10.08m	33-01.00	1
	9.62m 10.08m 9.01m				
18	Ellie Machayya	SO Concordia-Moorhead	10.06m	33-00.25	1
	10.06m 9.89m 9.87m				
19	Peyton Swenson	FR Bethel (Minn.)	9.91m	32-06.25	1
	FOUL FOUL 9.91m				
20	Elli Schritz	JR St. Scholastica	9.79m	32-01.50	1
	FOUL 9.53m 9.79m				

Women Shot Put

Name	Year School	Finals	H#	Points
1 Tessa Myatt	JR Macalester	13.22m	43-04.50	2 10
	13.22m 12.46m 12.08m 13.06m 12.12m FOUL			
2 Nora Larsen	SR Bethel (Minn.)	13.06m	42-10.25	2 8
	13.06m 12.64m 12.01m 12.10m FOUL 12.61m			
3 Allison Banse	SO St. Benedict	12.68m	41-07.25	2 6
	11.93m 11.74m 11.79m 12.68m 11.56m FOUL			
4 Lexi Brainer	SR Hamline	12.23m	40-01.50	2 5
	11.03m 12.17m 11.82m FOUL 12.23m FOUL			
5 Chloe Mueffelmann	SO Concordia-Moorhead	12.13m	39-09.75	2 4
	FOUL 12.13m FOUL FOUL 11.57m 11.78m			
6 Logan Paulsen	SO St. Olaf	12.11m	39-08.75	2 3
	12.11m 11.03m 11.70m 11.74m 12.06m FOUL			
7 Yonna Harris	FR Gustavus Adolphus	12.02m	39-05.25	2 2
	11.13m 12.02m 11.82m FOUL 10.98m 11.29m			
8 Gracie Gallagher	FR Concordia-Moorhead	11.85m	38-10.50	2 1
	11.85m 11.06m 11.53m 11.84m 11.54m 11.45m			
9 Genevieve Dabout	FR Concordia-Moorhead	11.75m	38-06.75	1
	11.00m FOUL 11.75m 11.38m FOUL FOUL			
10 Morgan Akason	FR Gustavus Adolphus	11.70m	38-04.75	2
	11.61m FOUL 11.70m			
11 Gracie Hartl	SO Concordia-Moorhead	11.51m	37-09.25	1
	11.17m 11.38m 11.51m			
12 Miranda Travis	SR Concordia-Moorhead	11.34m	37-02.50	2
	10.29m 11.34m FOUL			
13 Grace Banse	SR Gustavus Adolphus	11.25m	36-11.00	1
	10.85m 11.00m 11.25m			
14 Kaycee Endreson	FR Concordia-Moorhead	11.15m	36-07.00	1
	FOUL 11.08m 11.15m			
15 Rachel Wehrman	SO Bethel (Minn.)	11.09m	36-04.75	1
	11.04m 9.94m 11.09m			
16 Lena Sampy	SO Hamline	10.93m	35-10.50	1
	9.79m 10.93m 10.02m			
17 Christian Smith	JR St. Benedict	10.90m	35-09.25	1
	10.03m 10.50m 10.90m			
18 Jada Henrikson	FR Bethel (Minn.)	10.84m	35-06.75	1
	10.38m 10.84m 10.32m			
19 Cecilia Dooley	SO Hamline	10.74m	35-03.00	1
	9.39m 10.66m 10.74m			

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****...Women Shot Put**

20 Magenta Owens SO Hamline 9.87m 32-04.75 1
 FOUL FOUL 9.87m

Women Weight Throw

Name	Year	School	Finals	H#	Points
1 Anna Speratos	SR	Bethel (Minn.)	17.45m	57-03.00	2 10
		17.09m 17.35m 17.45m FOUL 17.36m 17.44m			
2 Lexi Brainer	SR	Hamline	17.37m	57-00.00	2 8
		FOUL 16.97m 17.37m FOUL 17.10m 16.71m			
3 Ella Stritesky	SR	St. Scholastica	16.10m	52-10.00	2 6
		16.10m 16.10m 16.00m 15.76m 15.56m 15.53m			
4 Gracie Gallagher	FR	Concordia-Moorhead	15.73m	51-07.25	2 5
		15.07m 15.15m 15.73m 14.84m 14.55m 14.36m			
5 Nora Larsen	SR	Bethel (Minn.)	15.41m	50-06.75	2 4
		14.32m 14.93m 13.30m FOUL 15.26m 15.41m			
6 Genevieve Dabout	FR	Concordia-Moorhead	14.65m	48-00.75	2 3
		FOUL 14.30m FOUL 14.65m 13.74m 13.99m			
7 Brooke Tracy	SR	Hamline	14.63m	48-00.00	1 2
		14.16m 14.53m 14.63m FOUL 14.11m 14.02m			
8 Yonna Harris	FR	Gustavus Adolphus	14.57m	47-09.75	1 1
		13.77m 13.44m 14.57m 12.57m 12.27m 13.68m			
9 Logan Paulsen	SO	St. Olaf	14.37m	47-01.75	2
		14.37m 14.12m 13.09m 12.85m 13.27m 13.96m			
10 Ella Engen	SR	St. Scholastica	13.77m	45-02.25	2
		13.77m 12.93m 13.00m			
11 Kaycee Endreson	FR	Concordia-Moorhead	13.52m	44-04.25	1
		11.92m 13.52m 13.32m			
12 Jessica Lin	JR	Macalester	13.45m	44-01.50	2
		13.45m 13.42m 12.72m			
13 Rebecca Hoffman	JR	Gustavus Adolphus	13.44m	44-01.25	1
		12.71m 13.44m FOUL			
14 Magenta Owens	SO	Hamline	13.35m	43-09.75	1
		13.09m 13.35m FOUL			
15 Cecilia Dooley	SO	Hamline	13.24m	43-05.25	1
		13.24m 11.99m 13.02m			
16 Ella Boelter	SR	Bethel (Minn.)	13.06m	42-10.25	1
		13.06m 11.94m 11.97m			
17 Isabella Schei	JR	Saint Mary's	13.03m	42-09.00	1
		12.35m 13.03m 11.85m			
18 Lena Sampy	SO	Hamline	13.01m	42-08.25	1
		FOUL 13.01m 12.91m			
18 Christian Smith	JR	St. Benedict	13.01m	42-08.25	1
		11.51m 13.01m FOUL			
20 Ella Heins	SO	St. Scholastica	12.73m	41-09.25	2
		12.73m FOUL FOUL			

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Year	School	Finals	Points
1 Brooke Baumann	JR	Hamline	2:24.54	763
2 Claire Stein	FR	St. Olaf	2:25.26	753
3 Lauren Pearson	FR	Concordia-Moorhead	2:25.26	753

MIAC Championships - 2/26/2026 to 2/28/2026

Carleton Rec. Center

Results

....Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

4	Abby Lovelace	JR Concordia-Moorhead	2:29.52	699
5	Ellie Hernes	SR Bethel (Minn.)	2:31.79	671
6	Maddox Lee	SR Gustavus Adolphus	2:33.07	655
7	Morgan Hanlin	FR St. Benedict	2:34.52	637
8	Ally Tyvoll	JR Bethel (Minn.)	2:34.63	636
9	Svea Frantzich	FR St. Olaf	2:34.76	634
10	Lauren Selle	FR Concordia-Moorhead	2:34.90	633
11	Tessa Myatt	JR Macalester	2:35.42	627
12	Taylor Christenson	SO Concordia-Moorhead	2:42.08	549
13	Emily Podulke	SO Gustavus Adolphus	2:43.83	530
14	Annika Walsh	FR St. Olaf	2:49.41	470
15	Kaili Malvey	FR Concordia-Moorhead	2:49.79	466
16	Claire Keech	SR St. Olaf	2:50.22	461
17	Reese Laposky	FR St. Benedict	2:56.72	396

Indoor Pentathlon: #1 Women 55 Meter Hurdles Indoor Pentathlon

Name	Year School	Finals	H#	Points
1	Lauren Pearson	FR Concordia-Moorhead	8.46	5 889
2	Claire Stein	FR St. Olaf	8.63	6 852
3	Ellie Hernes	SR Bethel (Minn.)	8.68	5 840
4	Kaili Malvey	FR Concordia-Moorhead	8.79	5 818
5	Svea Frantzich	FR St. Olaf	8.81	6 812
6	Annika Walsh	FR St. Olaf	8.81	6 812
7	Taylor Christenson	SO Concordia-Moorhead	8.94	3 785
8	Emily Podulke	SO Gustavus Adolphus	8.97	4 779
9	Ally Tyvoll	JR Bethel (Minn.)	9.07	2 758
10	Morgan Hanlin	FR St. Benedict	9.07	4 758
11	Tessa Myatt	JR Macalester	9.23	3 725
12	Abby Lovelace	JR Concordia-Moorhead	9.31	4 710
13	Maddox Lee	SR Gustavus Adolphus	9.32	2 708
14	Brooke Baumann	JR Hamline	9.47	1 677
15	Claire Keech	SR St. Olaf	9.52	1 668
16	Caroline Kelleher	SO Carleton	9.81	3 613
17	Lauren Selle	FR Concordia-Moorhead	10.07	2 565
18	Reese Laposky	FR St. Benedict	10.34	1 517

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Annika Walsh	FR St. Olaf	1.65m	5-05.00 795
1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68			
PPP PPP PPP PPP PPP PPP PPP O PPP O O XO O XO XXX			
2 Lauren Pearson	FR Concordia-Moorhead	1.62m	5-03.75 759
1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65			
PPP PPP PPP PPP PPP PPP O O O O O O XO XXX			
3 Claire Stein	FR St. Olaf	1.59m	5-02.50 724
1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62			
PPP PPP PPP PPP PPP O PPP O O XO O O XXX			
4 Kaili Malvey	FR Concordia-Moorhead	1.56m	5-01.25 689
1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59			
PPP PPP PPP PPP PPP PPP PPP XXO O XXO XXO XXX			

MIAC Championships - 2/26/2026 to 2/28/2026

Carleton Rec. Center

Results

....Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

5	Lauren Selle	FR Concordia-Moorhead	1.53m	5-00.25	655
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47 1.50 1.53 1.56			
	PPP PPP PPP PPP PPP	PPP O O O XO XXX			
5	Abby Lovelace	JR Concordia-Moorhead	1.53m	5-00.25	655
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47 1.50 1.53 1.56			
	PPP PPP PPP PPP PPP	PPP O XO XXO XO XXX			
5	Ellie Hernes	SR Bethel (Minn.)	1.53m	5-00.25	655
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47 1.50 1.53 1.56			
	PPP PPP PPP PPP PPP	O O XO O XXO XXX			
8	Reese Laposky	FR St. Benedict	1.50m	4-11.00	621
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47 1.50 1.53			
	PPP PPP PPP PPP PPP	O O O XO XXX			
9	Svea Frantzich	FR St. Olaf	1.47m	4-09.75	588
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47 1.50			
	PPP PPP PPP PPP O	XO O O XXX			
10	Ally Tyvoll	JR Bethel (Minn.)	1.44m	4-08.75	555
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47			
	PPP PPP PPP O XO	O XO XXX			
10	Emily Podulke	SO Gustavus Adolphus	1.44m	4-08.75	555
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47			
	PPP PPP PPP O O	XXO XO XXX			
10	Taylor Christenson	SO Concordia-Moorhead	1.44m	4-08.75	555
	1.26 1.29 1.32 1.35 1.38	1.41 1.44 1.47			
	PPP PPP PPP PPP O	XO O XXX			
13	Morgan Hanlin	FR St. Benedict	1.41m	4-07.50	523
	1.26 1.29 1.32 1.35 1.38	1.41 1.44			
	PPP PPP O O O	XO XXX			
13	Claire Keech	SR St. Olaf	1.41m	4-07.50	523
	1.26 1.29 1.32 1.35 1.38	1.41 1.44			
	O PPP O O XO	O XXX			
13	Maddox Lee	SR Gustavus Adolphus	1.41m	4-07.50	523
	1.26 1.29 1.32 1.35 1.38	1.41 1.44			
	PPP PPP PPP O XO	XO XXX			
16	Brooke Baumann	JR Hamline	1.35m	4-05.00	460
	1.26 1.29 1.32 1.35 1.38				
	O O XO XO XXX				
--	Tessa Myatt	JR Macalester	NH		
	1.26 1.29 1.32 1.35 1.38				
	PPP PPP PPP PPP XXX				

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

=====						
Name	Year	School	Finals		Points	
=====						
1	Claire Stein	FR St. Olaf	5.30m	17-04.75	643	
	5.20m FOUL 5.30m					
2	Ellie Hernes	SR Bethel (Minn.)	5.25m	17-02.75	628	
	FOUL FOUL 5.25m					
3	Svea Frantzich	FR St. Olaf	5.20m	17-00.75	614	
	5.05m FOUL 5.20m					
4	Morgan Hanlin	FR St. Benedict	5.18m	17-00.00	609	
	5.18m 4.61m FOUL					
5	Kaili Malvey	FR Concordia-Moorhead	5.15m	16-10.75	601	
	4.84m 4.82m 5.15m					

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****....Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

6	Annika Walsh	FR St. Olaf	5.04m	16-06.50	570
	4.94m 5.03m 5.04m				
7	Lauren Pearson	FR Concordia-Moorhead	4.93m	16-02.25	540
	FOUL 4.93m FOUL				
7	Tessa Myatt	JR Macalester	4.93m	16-02.25	540
	FOUL 4.73m 4.93m				
9	Abby Lovelace	JR Concordia-Moorhead	4.86m	15-11.50	522
	4.30m 4.62m 4.86m				
10	Reese Laposky	FR St. Benedict	4.80m	15-09.00	506
	4.71m 4.65m 4.80m				
11	Maddox Lee	SR Gustavus Adolphus	4.74m	15-06.75	490
	4.69m 4.50m 4.74m				
12	Ally Tyvoll	JR Bethel (Minn.)	4.69m	15-04.75	477
	FOUL 4.61m 4.69m				
13	Claire Keech	SR St. Olaf	4.61m	15-01.50	456
	4.36m 4.61m 4.47m				
14	Taylor Christenson	SO Concordia-Moorhead	4.32m	14-02.25	384
	4.32m FOUL FOUL				
15	Brooke Baumann	JR Hamline	4.21m	13-09.75	357
	FOUL FOUL 4.21m				
16	Lauren Selle	FR Concordia-Moorhead	3.97m	13-00.25	301
	3.97m FOUL FOUL				
--	Emily Podulke	SO Gustavus Adolphus	FOUL		
	FOUL FOUL FOUL				

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year School	Finals	Points
1 Tessa Myatt	JR Macalester	12.81m 42-00.50	715
		12.81m 12.48m 11.39m	
2 Abby Lovelace	JR Concordia-Moorhead	10.52m 34-06.25	564
		9.79m 10.48m 10.52m	
3 Claire Keech	SR St. Olaf	10.40m 34-01.50	556
		9.57m 9.89m 10.40m	
4 Brooke Baumann	JR Hamline	10.33m 33-10.75	551
		9.83m 10.33m 10.11m	
5 Lauren Pearson	FR Concordia-Moorhead	10.02m 32-10.50	531
		9.94m 9.63m 10.02m	
6 Lauren Selle	FR Concordia-Moorhead	9.89m 32-05.50	522
		9.55m 9.89m 9.15m	
7 Taylor Christenson	SO Concordia-Moorhead	9.85m 32-03.75	520
		9.85m 8.91m 9.53m	
8 Morgan Hanlin	FR St. Benedict	8.93m 29-03.75	460
		8.31m 8.72m 8.93m	
9 Claire Stein	FR St. Olaf	8.84m 29-00.00	454
		8.02m FOUL 8.84m	
10 Svea Frantzich	FR St. Olaf	8.68m 28-05.75	443
		8.04m 8.45m 8.68m	
11 Ellie Hernes	SR Bethel (Minn.)	8.50m 27-10.75	432
		7.69m 8.02m 8.50m	
12 Annika Walsh	FR St. Olaf	8.41m 27-07.25	426
		7.15m 8.41m 8.34m	
13 Maddox Lee	SR Gustavus Adolphus	8.12m 26-07.75	407
		8.12m 8.04m 7.28m	

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results****....Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

14	Reese Laposky	FR St. Benedict	8.07m	26-05.75	404
	7.65m 8.07m 8.03m				
15	Kaili Malvey	FR Concordia-Moorhead	8.05m	26-05.00	403
	8.05m 7.90m FOUL				
16	Emily Podulke	SO Gustavus Adolphus	7.97m	26-01.75	397
	6.62m 7.69m 7.97m				
17	Ally Tyvoll	JR Bethel (Minn.)	7.17m	23-06.25	346
	7.07m 7.17m 6.48m				

Women Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Lauren Pearson	FR Concordia-Moorhead	3472	10	
2 Claire Stein	FR St. Olaf	3426	8	
3 Ellie Hernes	SR Bethel (Minn.)	3226	6	
4 Abby Lovelace	JR Concordia-Moorhead	3150	5	
5 Svea Frantzich	FR St. Olaf	3091	4	
6 Annika Walsh	FR St. Olaf	3073	3	
7 Morgan Hanlin	FR St. Benedict	2987	2	
8 Kaili Malvey	FR Concordia-Moorhead	2977	1	
9 Brooke Baumann	JR Hamline	2808		
10 Taylor Christenson	SO Concordia-Moorhead	2793		
11 Maddox Lee	SR Gustavus Adolphus	2783		
12 Ally Tyvoll	JR Bethel (Minn.)	2772		
13 Lauren Selle	FR Concordia-Moorhead	2676		
14 Claire Keech	SR St. Olaf	2664		
15 Tessa Myatt	JR Macalester	2607		
16 Reese Laposky	FR St. Benedict	2444		
17 Emily Podulke	SO Gustavus Adolphus	2261		

Women - Team Rankings - 20 Events Scored

1) Concordia-Moorhead	144	2) St. Olaf	136
3) Bethel (Minn.)	123	4) Carleton	77
5) St. Benedict	76.50	6) Macalester	59
7) Gustavus Adolphus	55.50	8) Saint Mary's (Minn.)	52
9) Hamline	27	10) St. Scholastica	15
11) Augsburg	12	12) St. Catherine (Minn.)	3