

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results - Heptathlon****Men Heptathlon**

	Points	55	LJ	SP	HJ	Day1	55H	PV	1000
1 Bailey Evans St. John's (Minn.) SO	2933	(861)	6.57 6.38m (670)	13.48m 44-02.75 (697)	1.89m 6-02.25 (705)	2933	(0)	(0)	(0)
2 Josh Pretasky St. John's (Minn.) FR	2556	(716)	6.97 6.32m (657)	12.00m 39-04.5 (606)	1.74m 5-08.5 (577)	2556	(0)	(0)	(0)
3 Noah Besemann St. John's (Minn.) JR	2542	(749)	6.87 6.07m (602)	12.54m 41-01.75 (639)	1.71m 5-07.25 (552)	2542	(0)	(0)	(0)
4 Connor McCormick Gustavus Adolphus SR	2443	(769)	6.82 6.19m (628)	8.88m 29-01.75 (419)	1.80m 5-10.75 (627)	2443	(0)	(0)	(0)
5 Soren Kaster Carleton JR	2438	(772)	6.81 5.96m (578)	10.83m 35-06.5 (536)	1.71m 5-07.25 (552)	2438	(0)	(0)	(0)
6 Eli Leafblad Bethel (Minn.) JR	2401	(806)	6.72 6.08m (604)	10.03m 32-11 (487)	1.65m 5-05 (504)	2401	(0)	(0)	(0)
7 Joey Molstre Concordia-Moorhead JR	2388	(782)	6.78 5.85m (554)	9.40m 30-10.25 (450)	1.77m 5-09.75 (602)	2388	(0)	(0)	(0)
8 Timothy Hubers Bethel (Minn.) FR	2279	(723)	6.95 5.77m (537)	10.89m 35-08.75 (539)	1.62m 5-03.75 (480)	2279	(0)	(0)	(0)
9 Jesse Olson St. Olaf JR	2245	(675)	7.09 5.72m (527)	10.09m 33-01.25 (491)	1.71m 5-07.25 (552)	2245	(0)	(0)	(0)
10 Amos Anderson Gustavus Adolphus FR	2234	(713)	6.98 5.91m (567)	9.41m 30-10.5 (450)	1.65m 5-05 (504)	2234	(0)	(0)	(0)
11 Aaron Elseth Bethel (Minn.) SR	2227	(703)	7.00 5.50m (481)	11.28m 37-00.25 (563)	1.62m 5-03.75 (480)	2227	(0)	(0)	(0)
12 Michael Crowder Concordia-Moorhead FR	2186	(765)	6.83 5.76m (535)	8.66m 28-05 (406)	1.62m 5-03.75 (480)	2186	(0)	(0)	(0)
13 Alan Haglin Hamline SO	2153	(678)	7.08 5.83m (550)	8.52m 27-11.5 (397)	1.68m 5-06 (528)	2153	(0)	(0)	(0)
14 Gavin Hoelzel St. Olaf JR	2127	(739)	6.90 5.67m (516)	9.59m 31-05.75 (461)	1.53m 5-00.25 (411)	2127	(0)	(0)	(0)

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results - Heptathlon****....Men Heptathlon**

15	Charles VanGrinsven St. John's (Minn.) FR	7.06	5.44m	9.41m	1.59m					
			17-10.25	30-10.5	5-02.5					
		2060	(684)	(469)	(450)	(457)	2060	(0)	(0)	(0)

16	Josh Peterson Concordia-Moorhead JR	7.11	5.06m	10.04m	1.59m					
			16-07.25	32-11.25	5-02.5					
		2007	(668)	(394)	(488)	(457)	2007	(0)	(0)	(0)

17	Reed White Carleton FR	6.85	5.52m	6.04m	1.53m					
			18-01.5	19-09.75	5-00.25					
		1906	(759)	(485)	(251)	(411)	1906	(0)	(0)	(0)

18	Isak Brandt St. John's (Minn.) JR	7.44	5.04m	10.11m	1.53m					
			16-06.5	33-02	5-00.25					
		1853	(560)	(390)	(492)	(411)	1853	(0)	(0)	(0)

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results - Men's Heptathlon Day 1****Heptathlon: #1 Men 55 Meter Dash Heptathlon**

Name	Year	School	Finals	H#	Points
Finals					
1 Bailey Evans	SO	St. John's (Minn.)	6.57	3	861
2 Eli Leafblad	JR	Bethel (Minn.)	6.72	3	806
3 Joey Molstre	JR	Concordia-Moorhead	6.78	3	782
4 Soren Kaster	JR	Carleton	6.81	3	772
5 Connor McCormick	SR	Gustavus Adolphus	6.82	3	769
6 Michael Crowder	FR	Concordia-Moorhead	6.83	3	765
7 Reed White	FR	Carleton	6.85	2	759
8 Noah Besemann	JR	St. John's (Minn.)	6.87	2	749
9 Gavin Hoelzel	JR	St. Olaf	6.90	2	739
10 Timothy Hubers	FR	Bethel (Minn.)	6.95	2	723
11 Josh Pretasky	FR	St. John's (Minn.)	6.97	1	716
12 Amos Anderson	FR	Gustavus Adolphus	6.98	2	713
13 Aaron Elseth	SR	Bethel (Minn.)	7.00	2	703
14 Charles VanGrinsven	FR	St. John's (Minn.)	7.06	1	684
15 Alan Haglin	SO	Hamline	7.08	1	678
16 Jesse Olson	JR	St. Olaf	7.09	1	675
17 Josh Peterson	JR	Concordia-Moorhead	7.11	1	668
18 Isak Brandt	JR	St. John's (Minn.)	7.44	1	560

Heptathlon: #4 Men High Jump Heptathlon

Name	Year	School	Finals	Points
1 Bailey Evans	SO	St. John's (Minn.)	1.89m	6-02.25 705
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74	1.77 1.80 1.83 1.86 1.89 1.92	PPP PPP PPP PPP PPP	PPP PPP PPP O O O O XXX
2 Connor McCormick	SR	Gustavus Adolphus	1.80m	5-10.75 627
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74	1.77 1.80 1.83	PPP PPP PPP PPP PPP	PPP PPP XO XO XO O XXO XXX
3 Joey Molstre	JR	Concordia-Moorhead	1.77m	5-09.75 602
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74	1.77 1.80	PPP PPP PPP PPP PPP	PPP O O XO O O XXX
4 Josh Pretasky	FR	St. John's (Minn.)	1.74m	5-08.50 577
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74	1.77	PPP PPP PPP PPP O	O XO O O O XXX
5 Noah Besemann	JR	St. John's (Minn.)	1.71m	5-07.25 552
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74		PPP PPP PPP PPP PPP	O XXO O O XXX
5 Jesse Olson	JR	St. Olaf	1.71m	5-07.25 552
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74		PPP PPP PPP PPP PPP	O O O O XXX
5 Soren Kaster	JR	Carleton	1.71m	5-07.25 552
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71 1.74		PPP PPP PPP XO PPP	O O XO XO XXX
8 Alan Haglin	SO	Hamline	1.68m	5-06.00 528
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68 1.71		PPP PPP PPP PPP PPP	O O O XXX
9 Eli Leafblad	JR	Bethel (Minn.)	1.65m	5-05.00 504
1.47 1.50 1.53 1.56 1.59	1.62 1.65 1.68		PPP PPP PPP O PPP	XO O XXX

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results - Men's Heptathlon Day 1****....Heptathlon: #4 Men High Jump Heptathlon**

9	Amos Anderson	FR Gustavus Adolphus	1.65m	5-05.00	504
	1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68				
	PPP PPP PPP O PPP O XO XXX				
11	Timothy Hubers	FR Bethel (Minn.)	1.62m	5-03.75	480
	1.47 1.50 1.53 1.56 1.59 1.62 1.65				
	PPP O PPP XO O O XXX				
11	Michael Crowder	FR Concordia-Moorhead	1.62m	5-03.75	480
	1.47 1.50 1.53 1.56 1.59 1.62 1.65				
	PPP PPP PPP O O O XXX				
11	Aaron Elseth	SR Bethel (Minn.)	1.62m	5-03.75	480
	1.47 1.50 1.53 1.56 1.59 1.62 1.65				
	PPP PPP O PPP O O XXX				
14	Josh Peterson	JR Concordia-Moorhead	1.59m	5-02.50	457
	1.47 1.50 1.53 1.56 1.59 1.62				
	O O XXO O XO XXX				
14	Charles VanGrinsven	FR St. John's (Minn.)	1.59m	5-02.50	457
	1.47 1.50 1.53 1.56 1.59 1.62				
	O O O XO XO XXX				
16	Isak Brandt	JR St. John's (Minn.)	1.53m	5-00.25	411
	1.47 1.50 1.53 1.56				
	O XO O XXX				
16	Reed White	FR Carleton	1.53m	5-00.25	411
	1.47 1.50 1.53 1.56				
	O XO XO XXX				
16	Gavin Hoelzel	JR St. Olaf	1.53m	5-00.25	411
	1.47 1.50 1.53 1.56				
	O O XO XXX				

Heptathlon: #2 Men Long Jump Heptathlon

Name	Year School	Finals	Points
1 Bailey Evans	SO St. John's (Minn.)	6.38m 20-11.25	670
	6.33m 6.26m 6.38m		
2 Josh Pretasky	FR St. John's (Minn.)	6.32m 20-09.00	657
	6.02m 5.93m 6.32m		
3 Connor McCormick	SR Gustavus Adolphus	6.19m 20-03.75	628
	6.19m 6.06m FOUL		
4 Eli Leafblad	JR Bethel (Minn.)	6.08m 19-11.50	604
	5.75m 5.92m 6.08m		
5 Noah Besemann	JR St. John's (Minn.)	6.07m 19-11.00	602
	6.06m 6.07m 6.04m		
6 Soren Kaster	JR Carleton	5.96m 19-06.75	578
	FOUL 5.96m 5.86m		
7 Amos Anderson	FR Gustavus Adolphus	5.91m 19-04.75	567
	5.83m FOUL 5.91m		
8 Joey Molstre	JR Concordia-Moorhead	5.85m 19-02.50	554
	5.49m 5.83m 5.85m		
9 Alan Haglin	SO Hamline	5.83m 19-01.50	550
	5.63m 5.79m 5.83m		
10 Timothy Hubers	FR Bethel (Minn.)	5.77m 18-11.25	537
	4.89m 5.64m 5.77m		
11 Michael Crowder	FR Concordia-Moorhead	5.76m 18-10.75	535
	5.51m 5.62m 5.76m		

MIAC Championships - 2/26/2026 to 2/28/2026**Carleton Rec. Center****Results - Men's Heptathlon Day 1****....Heptathlon: #2 Men Long Jump Heptathlon**

12	Jesse Olson	JR St. Olaf	5.72m	18-09.25	527
	5.63m 5.72m 5.70m				
13	Gavin Hoelzel	JR St. Olaf	5.67m	18-07.25	516
	5.49m 5.62m 5.67m				
14	Reed White	FR Carleton	5.52m	18-01.50	485
	5.52m FOUL FOUL				
15	Aaron Elseth	SR Bethel (Minn.)	5.50m	18-00.50	481
	5.50m 5.45m 5.23m				
16	Charles VanGrinsven	FR St. John's (Minn.)	5.44m	17-10.25	469
	5.22m 5.44m 5.30m				
17	Josh Peterson	JR Concordia-Moorhead	5.06m	16-07.25	394
	5.06m 4.91m 3.92m				
18	Isak Brandt	JR St. John's (Minn.)	5.04m	16-06.50	390
	4.85m 4.79m 5.04m				

Heptathlon: #3 Men Shot Put Heptathlon

Name	Year School	Finals	Points
1 Bailey Evans	SO St. John's (Minn.)	13.48m 44-02.75	697
		13.48m 12.62m 13.08m	
2 Noah Besemann	JR St. John's (Minn.)	12.54m 41-01.75	639
		11.79m 12.54m 10.78m	
3 Josh Pretasky	FR St. John's (Minn.)	12.00m 39-04.50	606
		11.19m 12.00m 11.12m	
4 Aaron Elseth	SR Bethel (Minn.)	11.28m 37-00.25	563
		FOUL 11.28m 11.20m	
5 Timothy Hubers	FR Bethel (Minn.)	10.89m 35-08.75	539
		10.89m 10.08m 9.43m	
6 Soren Kaster	JR Carleton	10.83m 35-06.50	536
		9.88m 10.83m FOUL	
7 Isak Brandt	JR St. John's (Minn.)	10.11m 33-02.00	492
		10.11m FOUL 10.01m	
8 Jesse Olson	JR St. Olaf	10.09m 33-01.25	491
		9.02m 9.99m 10.09m	
9 Josh Peterson	JR Concordia-Moorhead	10.04m 32-11.25	488
		10.02m 9.69m 10.04m	
10 Eli Leafblad	JR Bethel (Minn.)	10.03m 32-11.00	487
		FOUL 9.68m 10.03m	
11 Gavin Hoelzel	JR St. Olaf	9.59m 31-05.75	461
		9.59m 9.53m 8.92m	
12 Charles VanGrinsven	FR St. John's (Minn.)	9.41m 30-10.50	450
		8.42m 8.32m 9.41m	
12 Amos Anderson	FR Gustavus Adolphus	9.41m 30-10.50	450
		FOUL 9.41m 9.23m	
14 Joey Molstre	JR Concordia-Moorhead	9.40m 30-10.25	450
		8.79m 9.40m 8.72m	
15 Connor McCormick	SR Gustavus Adolphus	8.88m 29-01.75	419
		8.72m FOUL 8.88m	
16 Michael Crowder	FR Concordia-Moorhead	8.66m 28-05.00	406
		8.62m 8.66m FOUL	
17 Alan Haglin	SO Hamline	8.52m 27-11.50	397
		8.52m 8.51m 7.15m	
18 Reed White	FR Carleton	6.04m 19-09.75	251
		6.04m 6.04m 5.96m	