

Bethel University Women's Track & Field



Top 10 Indoor Performances

60M Dash

1. ASHLEY MAGELSSSEN	7.82	2012
2. MIRIAM NORDQUIST	7.86	2015
3. JACKI MOE	7.87*	1993
4. JILLIAN KRIER	7.93	2017
5. DELIA LABATT	7.93	2017
6. VANESSA MOORE	7.94*	2008
7. KRISTA MCCRIGHT	8.00	2012
8. NOEL GREEN	8.01*	1998
9. SHERI NETLAND	8.01*	2006
10. COURTNEY FREGEAU	8.04	2014

200M Dash

1. ASHLEY MAGELSSSEN	25.67	2014
2. DELIA LABATT	25.70	2018
3. SHERI NETLAND	26.09	2007
4. VANESSA MOORE	26.18	2007
5. HANNAH SANKEY	26.33	2018
6. ADDIEKAY JOHNSON	26.39	2016
7. JILLIAN KRIER	26.53	2017
8. COURTNEY FREGEAU	26.69	2014
9. KRISTA MCCRIGHT	26.73	2012
10. JACKIE MOE	26.78	1992

400M Dash

1. DELIA LABATT	55.91	2018
2. COURTNEY FREGEAU	56.48	2014
3. HANNAH SANKEY	58.41	2019
4. MARIE BORNER	59.02	2008
5. SHERI NETLAND	59.18	2006
6. ADDIEKAY JOHNSON	59.23	2019
7. JANE DUEHN	60.04	1984
8. BRITTA NORDBERG	60.06	2020
9. HOLLY LARSEN	60.10	1992
10. CORIN MCKINSTREY	60.12	2020

600M Dash

1. MARIE BORNER	1:34.52	2009
2. RACHEL BJORKLUND	1:35.74	2001
3. ADDIEKAY JOHNSON	1:37.12	2019
4. ERIN ALPERS	1:37.53	2018
5. SARA WEGNER	1:38.57	2017
6. HANNAH SANKEY	1:38.65	2019
7. NICOLE BALZER	1:38.92	2016
8. REBECCA WESLEY	1:39.26	2015
9. KATHY FERDEVA*	1:40.15	1990
10. KAYLA JELEN	1:40.56	2010

800M Run

1. MARIE BORNER	2:11.39	2010
2. ERIN ALPERS	2:16.00	2016
3. HEATHER JELEN	2:16.25	2009
4. REBECCA WESLEY	2:16.36	2014
5. PATTY SAVANICK	2:18.17	1988
6. RACHEL BJORKLUND	2:18.19	2001
7. NICOLE BALZER	2:19.51	2014
8. LIV BJORK	2:20.02	1998
9. ASHLEY KEEFE	2:20.11	2007
10. MOLLIE GILLBERG	2:20.72	2012

1000M Run

1. MARIE BORNER	2:54.87	2010
2. MOLLIE GILLBERG	2:58.32	2013
3. ANNIKA HALVERSON	2:59.26	2017
4. HEATHER JELEN	3:00.43	2008
5. RACHEL BJORKLUND	3:02.63	1999
6. REBECCA WESLEY	3:03.80	2014
7. PATTY SAVANICK	3:05.10	1988
8. ALEX POTTER	3:05.74	2010
9. LAURA SLOAN	3:05.99	1994
10. BECKY LOGAN	3:06.26	1995

Mile Run

1. MARIE BORNER	4:47.73	2010
2. ANNIKA HALVERSON	4:54.61	2018
3. HEATHER JELEN	4:58.37	2009
4. MOLLIE GILLBERG	5:09.94	2013
5. ANNA HAGE	5:10.58	2018
6. NIKKI UMHOEFER	5:10.62	2007
7. TERA HEREID	5:19.02	2014
8. LAURA SLOAN*	5:20.33	1994
9. BECKY SLOAN*	5:20.81	1995
10. NATALIE KESSLER	5:25.73	2015

3000M Run

1. LINDA CHANNER	9:53.74	1983
2. ANNIKA HALVERSON	10:03.47	2018
3. MOLLIE GILLBERG	10:06.04	2016
4. NIKKI UMHOEFER	10:25.10	2006
5. MILLICENT TWEATT	10:25.14	1989
6. AMY LYONS	10:26.21	2005
7. WENDY NORBERG	10:31.34	1982
8. KRISTIN MORK	10:32.54	2010
9. NATALIE KESSLER	10:36.72	2016
10. CHERYL MOCK	10:40.04	1985

5000m Run

1. MOLLIE GILLBERG	17:25.58	2016
2. NIKKI UMHOEFER	17:48.39	2007
3. KRISTIN MORK	17:55.30	2010
4. AMY LYONS	18:09.93	2005
5. DANIELLE BARRY	18:31.26	1999
6. ANGIE VOIGHT	18:33.76	1999
7. LISA RENSENBRINK	18:50.23	1996
8. MELODY WALTON	19:05.29	2015
9. ELLIE NELSON	19:05.32	2019
10. NATALIE KESSLER	19:09.47	2016

60M Hurdles

1. KELSIE SEALOCK	8.78	2020
2. RACHEL KALK	9.21*	2012
3. CORIN MCKINSTREY	9.22	2020
4. MIRIAM NORDQUIST	9.23	2015
5. MICHAELA OTTO	9.39*	2008
6. BRENDA SUDERMAN	9.47*	1989
7. ABBY FURLONG	9.48*	2001
8. SYRI WILLIAMS	9.51	2018
9. JULIA TAYLOR	9.54*	1998
10. ALLIE TERPSTRA	9.61	2017

High Jump

1. VANESSA MOORE	5'5¾"	1.67	2006
2. STEPHANIE SKOOG	5'5¾"	1.67	2013
3. SHERI NETLAND	5'3¾"	1.62	2006
4. DEB SENSION	5'3"	1.60	1980
5. LAUREN WEST	5' 2½"	1.59	2011
6. TRICIA STEELE	5'2¼"	1.58	2003
7. KARI WHITNEY	5'2¼"	1.58	2011
8. KATIE DILLIE	5'2¼"	1.58	2015
9. LAURA KOLPIEN	5' 1¾"	1.57	1991
10. AUTUMN ADKINS	5'1¾"	1.57	2007

Long Jump

1. ANNE HABBENA	17'9"	5.41	2000
2. HANNA FREKOT	17'7½"	5.37	2016
3. GRACE PERRENOUD	17' 5¼"	5.31	2020
4. NICOLE BERSCHIED	17'3½"	5.27	2011
5. RACHEL KALK	17' ¼"	5.19	2012
6. BOBBIE HERSHEY	16'10"	5.13	1977
7. MICHAELA OTTO	16'10"	5.13	2008
8. JENNAE PALMER	16'9¼"	5.11	2007
9. ESTHER SOWLES	16'8¾"	5.10	2006
10. KENDRA MONROE	16' 8¼"	5.09	2007

Triple Jump

1. JENNAE PALMER	36'9¼"	11.21	2008
2. NICOLE BERSCHIED	36'3¾"	11.07	2011
3. GRACE PERRENOUD	35'9¼"	10.90	2020
4. RACHEL KALK	35'4½"	10.78	2011
5. GRETA SCHUTTE	35'1¼"	10.70	2001
6. ANNE HABBENA	35' ½"	10.68	1999
7. HULDEH OMESA	34'11¾"	10.66	2009
8. SALLY PAUL	34'9½"	10.60	2019
9. LINNEA ERICKSON	34'3½"	10.45	2011
10. ANNA GAY	34'3"	10.44	2013

Pole Vault

1. JESSICA LILLAND	10'11¾"	3.35	2020
2. KELLIANNE O'LEARY	10'10¾"	3.32	2015
3. ANGELA SUBSTAD	10'10¼"	3.31	2014
4. SADIE KOELZ	10' 8"	3.25	2018
5. LIZ LABOTT	10'6"	3.20	2008
6. JILLIAN KRIER	10'4"	3.15	2014
7. VANESSA MOORE	10'2½"	3.11	2006
8. KELLEY FROST	10'2"	3.10	2010
9. SARAH FORKER	9' 8½"	2.96	2018
10. TERA KAZEK	9'6¼"	2.90	2001
MADISON DORN	9'6¼"	2.90	2020

Shot Put

1. KELLI NEWMAN	46'1¼"	14.05	1991
2. RACHEL LACEY	45'3"	13.79	1988
3. JANNA POWELL	40'9½"	12.43	1996
4. HEIDI SCHAPP	40'5¼"	12.32	1991
5. SARA BARKER	39'5¼"	12.02	1980
6. LAURA TURNER	38'8¼"	11.79	2003
7. PENNY MARSHALL	37'9"	11.50	1984
8. KATHY KVAM	37'7"	11.45	1982
9. J. ENGEL	37'5"	11.40	1977
10. JASMINE LUND	37'4½"	11.39	2001

20# Weight Throw

1. ALYSSA SOLBERG	54'2"	16.51	2015
2. AMANDA PASSAGLIA	48'3½"	14.72	2015
3. LAUREN WEGNER	43'5¾"	13.25	2019
4. EMMA KLAUSTERMEIER	43'2¼"	13.16	2019
5. BECKY MADVIG	41'7¾"	12.69	2003
6. AMY NELSON	40'6¼"	12.35	2018
7. THERESE OWEN	39'9¼"	12.12	2008
8. ANIKA AGERLIE	38'11"	11.86	2017
9. BETHANY ANDERSON	36'8¼"	11.18	2012
10. RACHEL COLE	35'5¾"	10.81	2013

Pentathlon

1. LINNEA ERICKSON	2885	2012
2. LIZ LABATT	2838	2007
3. SYRI WILLIAMS	2807	2019
4. AMY NEUBAUER	2723	2009
5. TRISH STEELE	2676	2004
6. JACY ROSTE	2633	2020
7. SALLY PAUL	2599	2020
8. KARI WHITNEY	2597	2011
9. GRETA SCHUTTE	2348	2000
10. ABBY KEELIN	2246	2017

4 x 200M Relay

1. MAGELSSSEN, FREGEAU, QUICK, MCCRIGHT	1:43.44	2012
2. FREGEAU, STEELE, PETERSON, MAGELSSSEN	1:44.56	2014
3. SANKEY, NORDBERG, MCKINSTREY, SEALOCK	1:45.32	2020
3. SANKEY, PERRENOUD, SCOTT, MCKINSTREY	1:45.88	2019
4. ADKINS, PALMER, MOORE, NETLAND	1:45.99	2007
5. LABATT, JOHNSON, KRIER, FREKOT	1:46.02	2017
6. KRIER, JOHNSON, PETERSON, FREKOT	1:46.03	2016
7. LABATT, SANKEY, OLSEN-RODEL, JOHNSON	1:46.26	2018
8. FREGEAU, KRIER, PETERSON, MAGELSSSEN	1:46.35	2014
9. LABATT, MCKINSTREY, NORDBERG, SANKEY	1:46.59	2020
10. MCCRIGHT, FREGEAU, QUICK, KALK	1:46.73	2013

4 x 400M Relay

1. SANKEY, LABATT, MCKINSTREY, JOHNSON	3:50.28	2019
2. SANKEY, LABATT, ALPERS, JOHNSON	3:51.06	2018
3. SANKEY, MCKINSTREY, TUREK, LABATT	3:51.81	2020
4. FREGEAU, BALZER, WESLEY, MAGELSSSEN	3:58.34	2014
5. SANKEY, LABATT, PERRENOUD, JOHNSON	4:01.11	2019
6. JOHNSON, WEGNER, LABATT, BALZER	4:01.47	2017
7. FREGEAU, QUICK, MCCRIGHT, MAGELSSSEN	4:01.57	2012
8. FREGEAU, QUICK, MCCRIGHT, GILLBERG	4:02.68	2013
8. SANKEY, ALPERS, WILLIAMS, JOHNSON	4:02.86	2018
10. BORNER, HOLMBERG, JELEN, BORNER	4:02.93	2010

Distance Medley Relay

1. HAGE, JOHNSON, ALPERS, HALVERSON	12:03.56	2018
2. GILLBERG, THIELEN, WESLEY, HALVERSON	12:08.19	2015
3. BORNER, KEEFE, JELEN, JELEN	12:27.15	2008
4. JELEN, BORNER, POTTER, BORNER	12:27.20	2010
5. JELEN, NEUBAUER, BENSON, BORNER	12:36.26	2009
6. KEEFE, NETLAND, JELEN, UMHOEFER	12:37.09	2007
7. BALZER, DUEVEL, HERATH, HALVERSON	12:41.71	2016
8. ALPERS, WHEALY, BALZER, GILLBERG	12:42.18	2015
9. CHASE, WEGNER, HERATH, REIMER	12:44.73	2017
10. HERATH, MCKINSTREY, SUNDERMAN, HAGE	12:46.33	2018

*Times converted from 55m
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